



OUTPOST

THE BRITISH CLUB
BANGKOK

JANUARY 2008



Mid-winter Issue

Bangkok's first ever Polar Swim

Annual Christmas Ball, Fitness stories, Soi Dog Dao makes good, Sudoku mania

Unlock

your child's future potential



the pleasures of planning

In the fast paced, competitive world we live in today, the demand for excellence is ever increasing.

The importance of a university education cannot be underestimated when it comes to unleashing the academic potential of your child. The costs of a good education are growing astronomically, good financial advice is invaluable.

Consider establishing an education savings plan early to avoid future financial burdens.

Infinity Financial Solutions Ltd

Thailand T +66 (0) 2 261 1571

Malaysia T +60 (0) 3 2164 6585

info@infinsolutions.com

www.infinsolutions.com

LOFSA License No.BS200548

infinity
FINANCIAL SOLUTIONS

LIVE IN A FIVE STAR NEIGHBOURHOOD
Because your address reflects who you are

The Show Suites. Now Open.

Visit our on-site Show Suites at The River Promenade and discover the new standard in design and quality, or drop in first to our Sales Office at the Shangri-La.

Raimon Land Head Office: +66-2651-9600
Sales office at Chaophraya Tower
Shangri-La Hotel: +66-2237-9927

Computer generated images



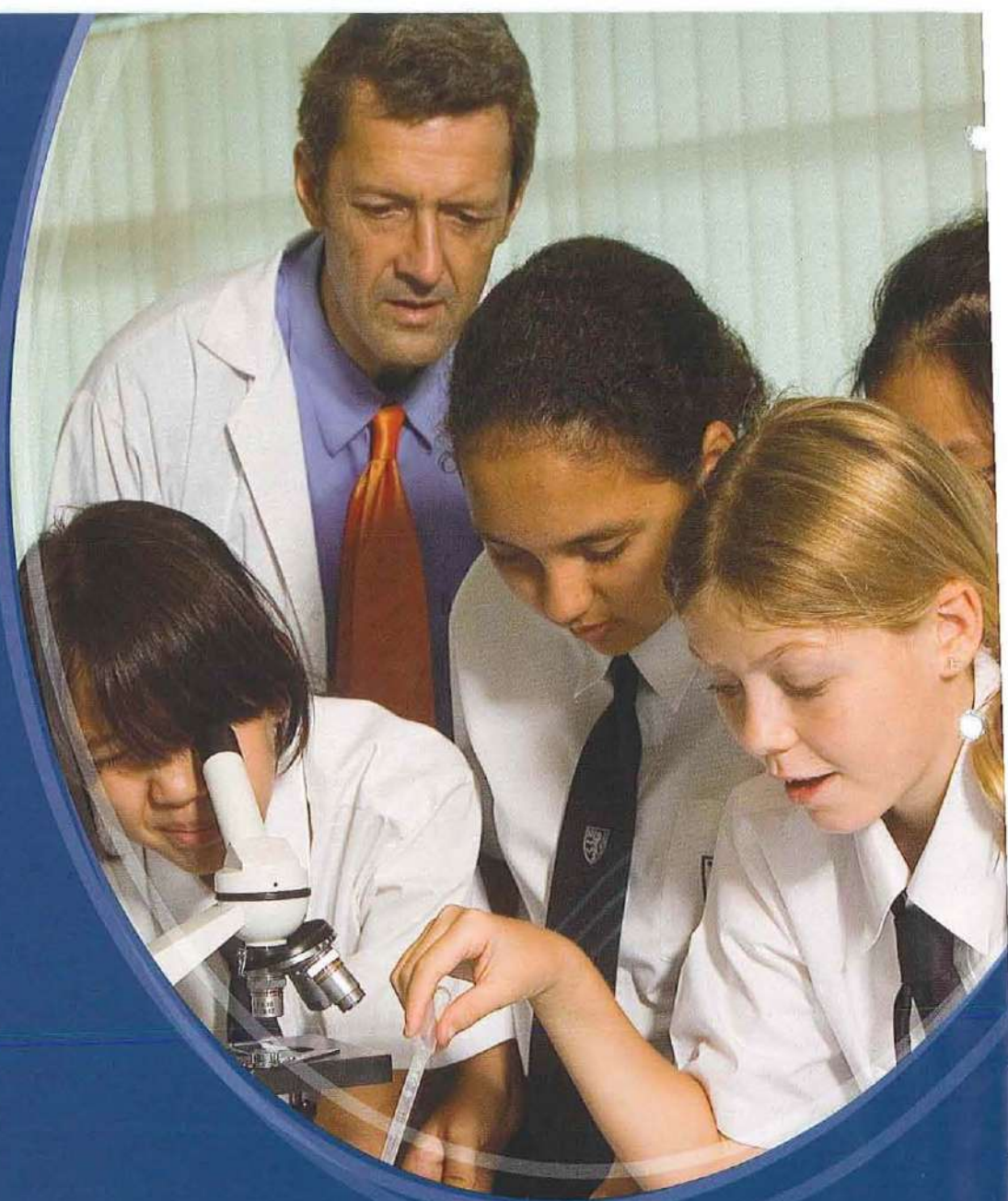
...developing a better environment

raimonland.com

THE RESIDENCE. THE LIFESTYLE. THE ADDRESS.

THE RIVER

Project owner: TAKSIN PROPERTIES CO., LTD., Registered capital Baht 265,000,000 (Paid up capital Baht 265,000,000), Registered address at 22nd Floor Unit 2201-3 The Millenia Tower, 62 Langsuan Road, Lumpini, Pathumwan, Bangkok 10330, Site location: on title deed no. 1158/4529 Lot no. 209, 208, Klong Jansai subdistrict, Klongsan district, Bangkok. Project area: 12 Rai 3 Ngan 41 Sq.Wat. This project has received approval of EIA (Environmental Impact Assessment) report from ONEP (Office of Natural Resources and Environmental Policy and Planning) as per letter number Tor Ser 1069/7754 dated 7th September 2006. This project has construction permit as per letter number 816/2542 dated 2nd October 2006 and attended letter for construction as per letter number Kor Tor 0907/Kor/2485 dated 15th December 2006. Presently managed with The Hong Kong and Shanghai Banking Corporation Limited, Bangkok Branch. Construction has begun with construction completion around the 4th quarter of 2011. Juristic person will be registered after project completion and common area fee will be paid by customer to the project Juristic person according to Sales and Purchase agreement and/or regulations of the condominium Juristic person, contact Tel. no. Bangkok +66-2651-9600 Fax no. +66-2651-9614



Harrow is celebrating ten years... why not join us?

In 1572 a school was founded in Harrow, London that during its long history has surely become one of the most famous and prestigious schools in the world. In 1998, Harrow International School was founded in Bangkok, with the aim of bringing the best of British day and boarding education to Thailand. Since then, Harrow International School has gained a reputation for academic excellence and a broad-based educational experience for students - it's what we call *"the best that you can be."*

For more information about your child's future
please contact the Admissions Office

Tel: +66 (0) 2503 7222 Ext 1127, 1129, 1130

Fax: +66 (0) 2503 8286

Email: admissions@harrowschool.ac.th

Web: www.harrowschool.ac.th



HARROW
INTERNATIONAL SCHOOL



CONTENTS



THE BRITISH CLUB
BANGKOK

Letter from the Chairman

5

CEO's Report

5

Bazza's Banter

7

What's Going On

Your guide to Special Club Events

9

Doctor Who

10

Sport on TV

10

Balut

11

Regular Weekly Events

12

Monthly Calendar

24-25

Club Features

Susie's Kids Korner

13

Soi Dog Dao's Letter from America

16-17

On the Menu

26

They've done it again - "Trial By Jury"

28-29

The Agony and the Ecstasy - Fitness stories

30

Book Reviews

48

Looking Back

Loy Krathong

14

Britstock IV

18

Quiz Night

20

Annual Christmas Ball

22-23

Wine Tasting

46

Sports

Sports, Games & Activities: times & prices

38

Football

32-33

Rugby

35-37

Golf

40-41

Tennis

42

Golf Championship - Europe v Asia

43

Squash

44-45

Sudoku Mania

39



They've done it again! - "Trial by Jury", another hilarious and charming Gilbert & Sullivan operetta from the Daniel & Zellerbach team, played to packed houses in the Suriwongse Room last month - see pages 28-29.

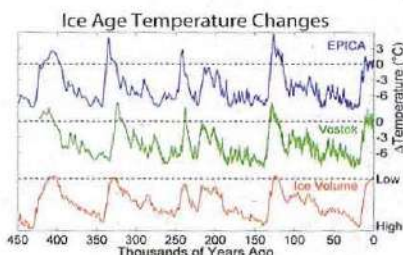
Feeling warm? Everything is relative!

Winter in the Big Mango is always a brief affair. In some years, it passes in the blink of eye. Late November looked very promising this year with glorious cool evenings sinking into the low 20Cs and clear crisp days where the temperature would rise sedately to touch 30C and then, as if tired from the exertion, sink down again into the comfortable mid-20s comfort zone. Bliss!

But here we are, at the time of writing just days away from the winter solstice and it's stinking hot again. While the brief 'winter' may come and go, what hope is there for some seriously long-term cool & comfy weather in Bangkok? Well, not much, unless you want to put your money on some pretty unpleasant global disasters, like a very big asteroid collision, super-volcano eruption or nuclear winter . . .

Sadly, it looks as if global warming is only going to make Bangkok even hotter and stickier than it already is. There's certainly no shortage of striking graphs that have been produced to show that the world's average temperature is rising alarmingly. But amongst the many and varied offerings on the internet are some earnest attempts to give perspective to the global warming debate. One particular site (http://www.globalwarmingart.com/wiki/Temperature_Gallery) contains, among other gems, a reconstruction from multiple sources of the average surface temperature of the earth over the past 12,000 years, showing a fairly flat plateau with, if anything, a temperature decrease from 4,000 years ago to today. Apparently, we are currently in a nice little warm relatively flat spot in between glacial periods, called an 'interglacial'. Expand the timescale slightly and the glacial periods can be seen as part of a much bigger ice age - one of many the earth has experienced over the past few billion years or so.

This graph extends back 450,000 years, based on data from two sets of ice cores. The little flat bit of about 2mm at the extreme right is the last 10,000 years, spanning pretty much the whole history of human civilization!



The cycles of roughly 100,000 years are thought to be caused by variations in the earth's axial tilt and eccentricities in its orbit (called Milankovitch cycles). It seems that huge 10C temperature variations are just a routine part of the climate scene and, more excitingly for Bangkokians, we seem to be on the verge of a big cooling phase! Ok, well, everything is relative and the much-anticipated cooling may not happen for the next 10,000 years or so - and by that time the dreaded global warming may have sent the world's climate off in the other direction . . .

Never mind. At least there is the polar swim and a pool full of ice to look forward to at the Club on the 1st of January. Of that we can be certain.

Billy Beefeater

OUTPOST MAGAZINE

The contents of this magazine are not necessarily the opinion of the Editor, the General Committee or the Club's management. Criticisms and suggestions are welcomed by the Club's management or by Veritas Enterprises.

OUTPOST is produced on behalf of the British Club by Veritas Enterprises. For advertising inquiries contact Jim Fowler (081-844-7015 or Jim@VeritasEnterprises.com); and for editorial matters contact the Editor at OutpostEditor@VeritasGraphics.com

The British Club is a family, social and sporting club set in relaxing grounds, conveniently located between Silom and Surawongse Roads, with an ever-growing international membership.

The British Club

189 Surawongse Road, Bangkok, Thailand 10500

Tel: 02 234 0247

Fax: 02 235 1560

Entrance via Silom Soi 18



Cover pic:

An Emperor penguin chick has to survive some of the coldest weather on earth - the Antarctic winter.

Snack café for patients
after their fast

Series of stations
for vital signs,
imaging, etc.
Comfortable seats, LCDs

Digital mammography
w/ computer-aided
detection

M&F locker rooms for changing
& storing valuables

Experience new levels of comfort, service, and technology at our innovative Health Screening Center.

When you walk into the 11th floor of our new building, you'll find a curiously quiet and beautiful atmosphere. It doesn't feel like a hospital, and it isn't. This is all about keeping yourself healthy. 🌿 It's brilliantly engineered into one spacious floor, so efficient that you'll spend less time but have most of your results before you leave. 🌿 We changed the things people hate about check-ups (like parading down a crowded hall clutching your specimens). We invested in modern technology that works smoothly and accurately. 🌿 About the only thing we didn't change was the price. That's because we want you to experience what a health check-up should be.



Internationally accredited since
2002, the first JCI hospital in Asia.

www.bumrungrad.com 33 Sukhumvit 3, Bangkok 10110, Thailand. Tel: +66 (0) 2667 1000



Bumrungrad
International

Letter from **the Chair**



Dear Members,

On behalf of the General Committee and Club management I would like to wish to all British Club members and their families a very happy New Year for 2008. I hope you all had a very happy time over the holiday season and welcome back to those of you who went to your home country to visit friends and families.

While on the subject of festivities, I'd like to take this opportunity to say a big thank you to Michael, Barry and all the staff for another fun and very successful Christmas Ball held on the 8th December. I would also like to thank the two major sponsors, Thai Airways and EVA Air for donating the major prizes for the evening. It is always such a wonderful atmosphere and this year was no exception. All the staff once again did us proud keeping the Christmas spirit flowing until the small hours!

While this may seem somewhat early, I would like to remind all Ordinary and Country members that this year's Annual General Meeting will be held on Tuesday, March 18th 2008 at 7:00 pm in the Suriwongse Room. The official calling notice will be sent to all Ordinary and Country members during February 2008. I strongly encourage all voting members to attend. I also urge all Ordinary members to consider standing for election to the General Committee of the Club. In recent years there has not been a competitive election due to there having been only a minimum number of nominations for the Committee (the General Committee requires a minimum of 8 and a maximum of 10 people). A number of current Committee members have already indicated that they will not be standing for election at the upcoming AGM so there are a number of vacant positions that need to be filled. If you are interested in standing for election for the General Committee and have questions regarding the duties of a General Committee member, please don't hesitate to contact any of the current Committee. This is your Club so please take this opportunity to have a say in its future.

Best regards,

Dr Stuart Blacksell

Chairman

BCB General Committee 2007/2008

and the **CEO's report**

Dear Members,

At the start of a new year, as we look forward to new experiences and opportunities that we hope will come our way, it is also traditional to look back over the previous 12 months. As one does look back on 2007 it is I believe a good time to recall that there have been some great achievements that should be acknowledged.

The Club, despite having at least one venue under renovation during much of the last year, has still produced a cash surplus and has traded well throughout 2007. Our cash flow is positive and we now have two renovated outlets in the Clubhouse that should serve the Club for some time to come. Additional works on some defects will be completed in early 2008. Despite the delays in the development and the angst this produced amongst the membership, several Club members volunteered their services and worked hard together to complete the development of the Verandah in time for the festive season.

In addition, most of our hard working staff have been retained and continue to serve our membership well, and I take this opportunity to thank all of them for their efforts. In particular I must thank Mr. Barry Osborne, our General Manager, who makes everything happen at the Club, and Khun Prem Tanyaluk for her able management of the Club's finances. I must also offer a personal thank you to both Barry and Khun Prem for their loyalty and assistance during these my first months at the British Club. Barry's tireless work over the last few months has resulted in many successful events held by the Club over the Festive Season.

A number of our longer serving staff have achieved milestones during 2007 and they will be listed in detail in a future edition of Outpost . . . well done to all. I would like to take this opportunity to welcome Mr. Reed Passmore to our management team as the Sports and Recreation Manager, who will inject a lot of enthusiasm into our sports areas. So look out for increased opportunities at poolside, on the courts and in the fitness area in the New Year.

I am confident that the Club is heading in the right direction and that the coming year will be an enjoyable time for all members.

Happy New Year to all our members, families and friends and I hope individually and as a Club we have a healthy and successful 2008 together.

Michael Silcock
Chief Executive Officer



*The best relaxation
is the one
that continues.*



In the air and on the ground, continue the luxury with Royal First Class.

ROYAL FIRST

The pleasure of travel should always go beyond flying. That's why Royal First Class on THAI includes our legendary service in the air, in our world-best Royal First Lounge at Bangkok Suvarnabhumi Airport, and everywhere in between. Enjoy our exclusive spa retreat, and take the feeling of luxury and relaxation with you always, around the world on Royal First Class from THAI. Smooth as silk.

New Royal First Class seats available on A340-600 and selected B747-400 aircraft on selected routes.



 **THAI**
Smooth as silk

Not the New Year already . . . is it?

Dear Members,

Firstly, from everyone here at the Club, I would like to wish you all a very happy and safe New Year and I hope to see you back down at the Club in the very near future. I honestly cannot believe that we are now already into the year 2008. This month we re-start our detective nights with Morse and Prime Suspect, but there are only a few episodes of these series left.

On Monday, 14th of January, **the Club will be closed** for our annual staff party. All the Club's F&B outlets will be closed as well as the Fitness Centre and the main Clubhouse building. However, the pool, tennis and squash courts will remain open but unsupervised. Members can book courts as per normal through the Fitness Centre.

This year we are off to the normally quiet resort of Sattahip. I only wonder if they know what to expect when we show up and whether we will be allowed back again!! The staff really have a great time on these trips, where they can unwind after the chaotic but enjoyable 'high season' months here at the Club.

January sees the first Quiz Night of the year, now firmly set in its new home of the Suriwongse Room and with a loyal following. Why not get a team together and come along to these entertaining nights with Bangkok's premiere quizmaster, Mr. Rodney Bain? Last year it was great to see a record number of different teams coming out on top, with the dominance of one or two teams, who were always foregone winners, being dented somewhat.

On Monday 21st of January we will once again be bringing in the monks to bless our Club and our spirit house, hopefully giving us good luck for the next twelve months. The blessing ceremony is due to begin in the Suriwongse Room at 10am and any members who wish to attend are welcome.

On Tuesday 29th of January we welcome back our members with our annual New Year's Members Gathering where we also make special mention of all our 20-years-plus members. The event begins at 7pm with an open bar, with free pouring brand spirits and draught Tiger beer from 7-8 pm, and four wine companies will also be on hand to offer their wines at reduced prices. There'll be live music on the balmy back lawn and a range of canapés created by Khun Laak. To book, simply sign up at the reception.

The Sunday Carverys in their new home of The Verandah Bar have proven to be very popular and it is good to see families who had not been to the Club for a while now back again and enjoying a family day at their Club. Susie is still continuing with her regular Sunday afternoon slot at 1pm in the Silom Room, leaving mum and dad with a bit of peace to enjoy a drink in one of the outlets around the Club. There are lots of promotions taking place in the Verandah: High Tea is available from 4pm-6pm on Tuesdays and weekends; there is also 'Best of British' on Mondays and Thursdays. For full details check out the posters around the Club and see page 12 of this issue.



Last year we catered for over 400 members' functions. If you are interested in the Club's catering services give a call to Khun Somboon, Koy or myself here at the Club. You can meet us here or we can meet you at your home. Our catering services team is very flexible and we can create a menu that suits your needs and does not hurt your wallet. We receive many positive reports from members on the catering service staff, who they sometimes also have to thank for the following morning's hangover after the staff have swiftly and silently replenished their glasses all night!!

Member Get Member . . . continues!

You can earn credit of 3,300 baht to your account simply by formally introducing and proposing a new full fee-paying member to join the Club with full membership.

**THE MORE MEMBERS YOU INTRODUCE
THE MORE YOU EARN !!**

The initial promotional period finished on 1 December, but the offer continues indefinitely!

For further information and conditions please contact the Membership Department, Barry Osborne or Khun Prem.

This year we are planning many more new trips: a day tour to Chockchai farm at Saraburi; a full day out to Suan Thip and Koh Kred island, known also as "Pot" island (for some reason); and we will of course keep attending the many concerts and events held over at Muang Thong Thani.

If you have indulged a little too much over this past festive season then why not work out with the Club's very own personal trainer, Khun Amnaj? Amnaj last month ran two mini-marathons in Bangkok with members who have gotten into shape thanks to their workouts with Amnaj. See page 30 of this issue for photos and articles on their efforts and well done to them.

Just a reminder that no food or drink from outside is to be brought into the Club's dining areas and consumed. And, further to the Club's non-smoking policy, the area around the baby pool has been designated Non-Smoking, but members may smoke in the Silom Sala café area.

Regards,

Barry Osborne
General Manager

www.bangkokair.com



Shenzhen • Hong Kong • Fukuoka
Jinghong • Hiroshima
Gullin • Chiang Mai
Xi'an • Sukhothai
Maldives • Yangon
Bangkok
Luang Prabang
Singapore
Pakse
Siem Reap
Phnom Penh
Samui
Ho Chi Minh City
Phuket
Krabi
Pattaya (U-Tapao)
Trat (Koh Chang)

Flying to more exotic gems of Asia
Bangkok Airways - Your airline



BOUTIQUE AIRPORTS



BOUTIQUE LOUNGES



EXCLUSIVE SERVICE



NEW FLEET

Bangkok Office

1771

Tel : +66 (02) 265 5555 Fax : +66 (02) 265 5556

E-mail : reservation@bangkokair.com

Four Consecutive Years.



ASIA'S BOUTIQUE AIRLINE
Exclusive Service to Exotic Gems

Special Events at the Club this month

** RECOVERY DAY AND POLAR SWIM

Tuesday 1st January, 11am, Poolside

Yes! We have really gone nuts! We are going to COOL down the pool with lots of ice for Bangkok's very first polar swim! There will be medals for all participants as well as a hot drink to warm you up after your swim. We will also have a special discount on our all day breakfast and a special New Year's buffet also. Khun Susie will also be along with lots of really COOL!! activities at the poolside and later in the afternoon we will show the movies "Happy Feet" and "Surfs Up" in the Suriwongse Room. Keep your eyes peeled around poolside - you may just see the odd few penguins and snowmen walking around the pool deck! Who says all the fun stops after New Year? Come along for a day of fun for the whole family. There is no cost for the event but all food and beverage is charged extra to your member's account.

** MONTHLY BALUT TOURNAMENT

Wednesday, 2nd January, 7pm, Churchill Bar & Silom Room

Played under Balut Section Tournament rules. Entry fee is 100 baht charged to your Club account. BC members who are not Section members are welcome to 'try' one Tournament and if they then wish to play each month they must join the section: annual fee 300 baht.

** MORSE VIDEO NIGHT

Thursday, 10th January, 7-8.30pm, Suriwongse Room

We continue our showing of the entire series of Inspector Morse this month with the episode: THE DAUGHTERS OF CAIN. There is no charge for this event but we ask members to please book in advance as this helps us with our seating arrangements. Full F&B service is available.

** TEN FACES OF DOCTOR WHO

Sunday, 13th January, 11am, Clubhouse

See page 10 for details

** CLUB CLOSED

Monday 14th January

On this day the Clubhouse, Fitness Centre and all F&B outlets will be closed for our annual staff party. However, the pool, tennis courts and squash courts will remain open. Members can book the courts in advance as per normal through the Fitness Centre. The Club will re-open as per normal on Tuesday 15th of January.

** QUIZ NIGHT

Date TBA, 7.30pm, Suriwongse Room

As usual Bangkok's premier Quizmaster, Rodney Bain, will be asking four rounds of 19 questions (on a range of subjects from Asia to famous people - or their dogs) each ending in the dreaded "Common Denominator". Prizes go to First, Second, Third and 'Second to Last', and in addition, there are also three 'between round' questions where your team has the chance to win a bottle of wine sponsored by Crown Worldwide Relocations. So, get a team of friends (up to six) to come along and join in the fun - at least one Club member per team, or just pop along to see if we can fit you in. The cost to enter is 100 baht per person. Members are reminded that the Suriwongse Room is NON-SMOKING.

** ADDITIONAL BALUT TOURNAMENT

Wednesday, 16th January, 7pm, Churchill Bar & Silom Room

The Balut section will hold an extra tournament this month to help players reach the minimum Tournament requirements. Played under Balut Section Tournament rules. Entry fee is 100 baht charged to your Club account. BC members who are not Section members are welcome to 'try' one Tournament and if they then wish to play each month they must join the section: annual fee 300 baht. All players who play six Tournaments in each year will be eligible to win the BCB Shield.

** PRIME SUSPECT VIDEO NIGHT

Thursday, 24th January, 7-10.15pm, Suriwongse Room

This month we will show the fifth episode from the hit British detective series "Prime Suspect" starring Helen Mirren as Detective Jane Tennison. This series went on to run for seven seasons and won a number of BAFTA awards. There is no charge for this event but we ask members to please book in advance as this assists us with our seating arrangements. Full F&B service will be available. This episode lasts 3 hours and 15 minutes.

** NEW YEAR'S MEMBERS GATHERING

Tuesday, 29th January, 7-9pm, Back Lawn

A great opportunity for members to get together and meet the Club's latest new members, as well as the 20-years-plus members. The evening kicks off with an open bar from 7-8pm, live music, plus four wine companies on hand to offer their wines at reduced rates, and delicious canapés as well. See you there.

To book for an event send a fax or email to the Club, book online at the Club's website, or sign up at the Clubhouse reception. For further information please contact Khun Koy or Barry.

"Torchwood
outside the Government,
beyond the Police. Tracking
down Alien life on Earth,
arming the Human race
against the future - the 21st
century is when everything
changes and you've got to
be ready."



Series 2 coming soon to the British Club.

SPORT on TV

"LIVE TV SPORT - THE LESS ENERGETIC WAY TO ENJOY SPORT"

TV Sport will be shown on the two screens in the Churchill Bar and selected matches on the screen in The Verandah.

1 st	Soccer	Fulham v Chelsea	7.45pm-9.45pm*
2 nd	Cricket	Australia v India 2 nd Test	8.30am-4pm
2 nd	Cricket	SA v West Indies 2 nd Test	3.30pm-11pm
3 rd	Cricket	Australia v India 2 nd Test	8.30am-4pm
3 rd	Cricket	SA v West Indies 2 nd Test	3.30pm-11pm
4 th	Cricket	Australia v India 2 nd Test	8.30am-4pm
4 th	Cricket	SA v West Indies 2 nd Test	3.30pm-11pm
5 th	Cricket	Australia v India 2 nd Test	8.30am-4pm
5 th	Cricket	SA v West Indies 2 nd Test	3.30pm-11pm
5 th	Soccer	FA Cup Third Round	8.30pm-10.30pm*
6 th	Cricket	Australia v India 2 nd Test	8.30am-4pm
6 th	Cricket	SA v West Indies 2 nd Test	3.30pm-11pm
10 th	Cricket	SA v West Indies 3 rd Test	3.30pm-11pm
11 th	Cricket	SA v West Indies 3 rd Test	3.30pm-11pm
12 th	Cricket	SA v West Indies 3 rd Test	3.30pm-11pm
13 th	Cricket	SA v West Indies 3 rd Test	3.30pm-11pm
13 th	Soccer	Sunderland v Portsmouth	8.30pm-10.30pm*
14 th	Cricket	SA v West Indies 3 rd Test	3.30pm-11pm
16 th	Cricket	Australia v India 3 rd Test	10.30am-6pm
17 th	Cricket	Australia v India 3 rd Test	10.30am-6pm
18 th	Cricket	Australia v India 3 rd Test	10.30am-6pm
19 th	Cricket	Australia v India 3 rd Test	10.30am-6pm
20 th	Cricket	Australia v India 3 rd Test	10.30am-6pm
20 th	Cricket	SA v West Indies 1 st ODI	3.00pm-10pm
20 th	Soccer	Wigan v Everton	8.30pm-10.30pm*
24 th	Cricket	Australia v India 4 th Test	10.00am-5.30pm
25 th	Cricket	Australia v India 4 th Test	10.00am-5.30pm
25 th	Cricket	SA v West Indies 1 st ODI	3.00pm-10pm
26 th	Cricket	Australia v India 4 th Test	10.00am-5.30pm
26 th	Soccer	FA Cup Fourth Round	8.30pm-10.30pm*
27 th	Cricket	Australia v India 4 th Test	10.00am-5.30pm
27 th	Cricket	SA v West Indies 1 st ODI	3.00pm-10pm
28 th	Cricket	Australia v India 4 th Test	10.00am-5.30pm

* For final details & times of ALL soccer matches see 'Sports This Week' posters.

To accommodate the most members enjoying different TV Sports, it may be necessary for staff to switch channels on the Bar TVs when a second sport is advertised - please assist staff by moving tables as requested.

THE WIBBLY WOBBLY VOYAGE OF THE DAMNED

SUNDAY 13th JANUARY 2008 - 11am



We conclude our series of the "TEN FACES OF DOCTOR WHO" with two BRAND NEW DOCTOR WHO The 2007 Christmas Special plus a little extra!

At the conclusion of 'Last of the Time Lords' the Royal Mail Steamer Titanic crashes through the wall of the TARDIS bringing The Doctor (David Tennant) to April 10th 1912 when the now infamous 'unsinkable' liner set sail from Southampton. There he meets Captain Edward Smith (Geoffrey Palmer) and one of the 890 other crew, the waitress Astrid Perth (Kylie Minogue) ... but who are the golden angels? Have we seen them before? Or was it after? As The Doctor tells us, time is not a straight line but sort of "wibbly-wobbly"

Hence at the end of 'Last of the Time Lords' the RMS Titanic did not crash through the wall of the TARDIS ... confused? Well, first of all the TARDIS hits another TARDIS from 250 years ago belonging to The Doctor (Peter Davison). Still confused? Well The Doctor did say it was "wibbly-wobbly" ... So we start our Tenth Face of Doctor Who with an 8-minute special episode written for the Children In Need charity entitled "Time Crash" ... oh and at the end of Time Crash, well you know what happened.

All children from 8 to 80 are welcome!



BALUT MONTHLY UPDATE

9th and 1st!

The British Club's first visit to the STC Inter-Port Tournament held in Sarawak in November gained us a ranking of 9th overall out of the 37 teams who took part. Our congratulations to Phil, Roger, Caroline and Steve. The Tournament was won by a team from Sabah Golf & Country Club (SGCC) and their President George Bandusena offered the hosting rights for the '28th STC INTERPORT BALUT TOURNAMENT' to the British Club Bangkok which was greeted with much acclaim from all Convenors & Participants – so next November around 160 Baluters may well descend on Bangkok! See Tournament Report below.

BALUT NEWS

- The January Tournament will be on **Wednesday 2nd January** at 7pm.
- There will be an 'Extra Tournament' on **Wednesday 16th January** at 7pm to give an equal chance for every player to complete the six Tournaments/year required to be eligible for the BCB Shield.
- The Balut Committee is looking to run additional Balut Tournaments in January and February to give all members an equal chance to qualify for the BCB BALUT TROPHY which will be awarded each September on the basis of a player's best six Tournaments in the past year.
- The BCB BALUT CUP Tournament will be held on Friday 29th February 2008. This will be a Black-tie dinner tournament with five rounds to decide the Cup Winner for 2008.
- Our teams picture from the 27th Inter-Port is now on display in the Churchill Bar.

Full details of Balut on www.britishclubbangkok.org under Sports & Games.

TOURNAMENT REPORT

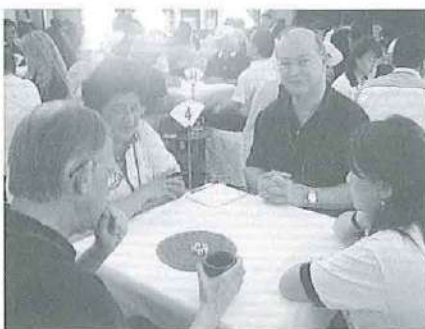
The 27th Annual 'Interport' Balut Tournament in Kuching, Sarawak

On the weekend of 24th November, Phil Alexander (Balut Section Chairman), Steve Eaton and Roger & Caroline Willbourn flew to Kuching in Sarawak to represent the Club at the 27th Interport Balut Tournament.

This was the first time that the British Club had participated in this annual event, although Roger & Caroline had taken part in Interport competitions in Singapore in the mid-1990s. The Sarawak Club were superb hosts – which was all the more remarkable given that the Clubhouse had been completely razed to the ground in an all-consuming fire only sixteen months beforehand, in July 2006. Astonishingly, the new clubhouse was open for business only nine months after the conflagration! The organisation was excellent, with the eight-game tournament being held on the Saturday afternoon and early evening, bracketed within very sociable dinners and drinks parties held on the Friday and Saturday evenings. Some 37 teams of four players took part from a total of twelve Clubs – so there were over 150 people involved, once the organisers and various travelling supporters were included. The participating Clubs were mainly from Singapore and Sabah, plus Brunei, Sarawak and ourselves from Bangkok.

The event and the whole weekend were most enjoyable and we even managed to do pretty well at the competition – coming 9th out of 37 teams; our highest individual scorer was Roger, being 16th out of the 148 players with an average of 105 over the eight games.

The winning Team was from the Sabah Golf and Country Club of Kota Kinabalu. Traditionally the winning team hosts the following year's Interport but often 'nominates' another willing Club in order to vary the geographical



location. Our readership will not be surprised to learn that there was a universal and very enthusiastic demand for the British Club of Bangkok to host the 2008 Balut Interport in late November of next year. This proposal is now being actively considered by the Balut Section Committee and the Club Management – we anticipate a favourable response and so firmly hope and expect that Balut will continue its current popularity amongst the Churchill Bar fraternity and that the Club will be in a position to enter three or four experienced Teams by November 2008!



REGULAR WEEKLY EVENTS

MONDAYS The Verandah

6-10pm BEST OF BRITISH NIGHT - Order Cod (or Plakapong or Fish Cakes) & chips and receive a free half-pint of local draught beer or soft drink or a cup of tea or filter coffee.

TUESDAYS Churchill Bar

8:30pm-late Spoofing

The Verandah

4-6pm HIGH TEA - Small pot of filter coffee or tea with smoked salmon and cucumber sandwich, scone with jam & cream, mini-quiche and mini-meringue pie. Special price Bt.120.
6-10pm PIZZA NIGHT - Order a Pizza of your choice and receive a free half pint of local draught beer or soft drink or a cup of tea or filter coffee.

WEDNESDAYS The Verandah

Noon-2pm & 6-10pm THE MIDWEEK CARVERY - Choose from soup, two roasts carvery with potatoes & vegetables (Bt.250) and salad (Bt.285)

Churchill Bar

7pm and 8pm PRESTIGE WINES ACCUMULATOR
Any member could win from Bt.5,000 to Bt.25,000 - prize increases each week.
7:30pm BOTTLE DRAW - somebody present in the Bar will win a bottle of whisky, tequila, vodka or gin.

THURSDAYS The Verandah

6-10pm BEST OF BRITISH NIGHT - Order a British Club home-made Pie & chips and receive a free half-pint of local draught beer or soft drink or a cup of tea or filter coffee.

FRIDAYS The Verandah

6-10pm THE FRIDAY BUFFET - Themed buffet.

Silom Sala

7pm and 9pm 'Kids' VDO - It's free. Includes free Nestle ice creams for the kids.

SATURDAYS The Verandah

4-6pm HIGH TEA - Small pot of filter coffee or tea with smoked salmon and cucumber sandwich, scone with jam & cream, mini-quiche and mini-meringue pie. Special price Bt.120.
6-7pm COCKTAILS HOUR - Sample Khun Boom's special cocktails.

SUNDAYS The Verandah

Noon-2pm & 6-10pm THE SUNDAY CARVERY - Choose from soup, cold cuts, three roasts carvery, with potatoes and veggies, hot dishes, children's buffet, fresh salad bar and a range of desserts. Adults Bt.350; children Bt.180 including fee Coke/Sprite.

Silom Room

1-3pm CHILDREN'S ACTIVITIES. Games, videos, crafts, soft drinks and snacks with Khun Susie. Cost: FREE

Suriwongse Room

3pm onwards Bridge tournament (except last Sunday in the month)

Official Opening Times

The Verandah	11am - 11pm	Fitness Centre (Mon-Fri)	6am - 10pm
Churchill Bar	10am - 11pm	Fitness Centre (weekends)	6am - 9pm
Poolside Bar	7am - 10pm (last food orders - 9.30pm)	Thai Massage (Tues-Sun)	9am - 6pm



BACK TO SCHOOL CRAFTS

Terra Cotta Pot Apple Container

Use this pot to hold candies, erasers or any other goodies you like. Makes a great gift for teachers!

Materials for the Apple Container:

- 1 terra cotta pot (any size). I made a fairly small container (8 cm pot) big enough to hold candies, but small enough to fit on a desk.
- 1 terra cotta saucer (a size smaller than the pot). It should be just large enough to fit on top of the pot.
- paint brushes or sponge brush
- green leaves (clipped off old silk flowers) OR green fun foam OR green construction paper
- raffia or ribbon
- tacky craft glue or low temp glue gun (tacky glue is easily used by children)

Paints for the Apple Container:

- Acrylic paints work best for this project, though you can use tempera (poster) paints.
- bright red (or yellow if you want a golden apple)
- black (or dark green) for the chalkboard
- light yellow (or white) for the chalk writing (or use a acrylic white paint pen)
- OPTIONAL: clear acrylic spray varnish



Instructions for the Apple Container:

1. Paint the terra cotta pot red. You can just paint the outside or you can do the inside too (we just did the outside).
2. Let dry (if using acrylic paints, the paint will be dry before you're ready for the next step with the pot).
3. Paint the bottom of the saucer the same colour red. Again, you can paint the whole thing red if you prefer.
4. Paint a black square onto the front of the pot (to look like a chalkboard). You can use low tack masking tape to tape off the area you'll be painting if you want to be really exact, but we just did it free hand.
5. Use tacky glue to attach the two leaves to the centre of the bottom of the saucer

OR

Cut leaf shapes from fun foam or construction paper and glue them on

6. Tie the raffia or ribbon into a bow and glue that on top of the leaves.
7. Use a small paintbrush to paint school messages onto the chalkboard. Some suggestions are ABC's, 123's, I Love School, stick figures, the teacher's name, the child's name or a picture of an apple.
8. Fill with sweets, paper clips, push pins, small erasers, etc, to give as gifts to children and place on desk (or give to the teacher as a gift).

NOTE: If the hole in the bottom of the pot is too large and lets the contents out the bottom, trace the pot bottom onto a piece of red construction paper or fun foam. Cut about 5 mm inside the circle you traced and slip the circle inside the pot so it blocks the hole.

Mouse Pad

Add some cuteness to your child's desktop with this cute computer mouse pad, a study buddy who'll be as quiet as, well, a mouse.

Craft Materials:

- 22 x 30 cm piece of grey craft foam
- Non-slip liner (sold at most department stores)
- Sheet of purple craft foam
- Tacky glue
- Purple, grey, and black felt
- Ribbon
- Waxed paper

Time needed: Under 1 Hour

1. Round the corners of one short side of a 22 x 30 cm piece of grey craft foam and trim the other short side to a point.
2. Trace this shape onto a piece of non-slip liner (sold at most department stores) and cut it out.
3. Create a face by tracing the pointed side of the grey foam onto a sheet of purple craft foam. Add a curved line for the top of the face, then cut it out.
4. With tacky glue, stick a length of yarn to the rounded end of the grey foam for a tail, then glue the non-slip liner to the foam, covering the end of the tail.
5. For ears, glue two purple felt circles to the centres of two slightly larger grey felt circles, then glue the grey circles just under the top edge of the purple face.
6. Glue ribbon whiskers to the end of the snout. Cover the whiskers with a black felt nose, add black felt eyes, and glue the purple face in place on the grey body.
7. Cover the mouse with a piece of waxed paper, set a large, heavy book on top, and allow the glue to dry completely.



SCHOOL JOKE S

Father: What did the teacher think of your idea?
Son: She took it like a lamb
Father: Really? What did she say?
Son: Baa!

Teacher: It's clear that you haven't studied your geography. What's your excuse?
Pupil: Well, my dad says the world is changing every day. So I decided to wait until it settles down!

Teacher: What was Camelot?
Pupil: A place where people parked their camels!

Teacher: What family does the octopus belong to?
Pupil: Nobody I know!

Teacher: I hope I didn't see you looking at Fred's test paper.

Pupil: I hope you didn't see me either!

Teacher: You copied from Fred's exam paper didn't you?

Pupil: How did you know?

Teacher: Fred's paper says "I don't know" and you have put "Me neither"!

LOOKING BACK

A joyous release

To celebrate the Thai water festival of Loy Krathong, which is to mark the end of the rainy season, we took the members to the beautiful riverside restaurant of Suan Thip in deepest Nonthaburi. We left the Club at just after 5pm with 57 members and their guests. As usual we took along our police escorts to help us glide through the traffic and those red lights!! What red lights? We made it all the way to Pakred Nonthaburi, despite the Loy Krathong traffic, in 50 minutes and it only took 23 minutes getting back!! Marvellous!



Anyway, we had our tables laid out in the beautiful grounds of this restaurant, and there was a special BC Buffet laid on just for our members . . . plus, provided we were wearing our special "Bristish Club" (sic) badges, we were also able to eat from the various BBQ, som tum, pasta and dessert stations set around the gardens. The food was excellent and I am sure everybody had plenty to eat.

Laid on for the children there was krathong and Thai handicraft making and games for kids to play, again with a Thai theme. There were also various Thai shows to keep us entertained and a show for all the kids to take part in - thankfully EVERYONE was a winner so there were no tears.

Just after 9pm there was a beautiful fireworks display and we were also able to watch fireworks from various other restaurants. In the clear night sky there were hundreds of Thai lanterns making their way northwards under a stunning full moon. In due course everybody was invited to follow the procession and make their way to the River, where they could float their krathongs along the mighty Chao Praya and watch all their bad spirits for the year float away.

The scene on the river was totally amazing as there was literally a thousand krathongs lit up and floating in streams, making it seem like a river of fire. And there in the distant shadows of the river was a boat with kids scooping up the krathongs to recycle! Well, maybe not. Anyway just after 9.47pm we were all aboard the coaches full of good food and wine (and there were even more drinks served on the bus) so we were all feeling better, with a whole year of spirits - good, bad or even out of a bottle - to accumulate over the course of the next year before we once again celebrate their joyous release at the next Loy Krathong.

Barry Osborne



shrewsbury international school



Music Scholarships

Shrewsbury International School welcomes applications from talented musicians who are interested in joining this prestigious centre of learning excellence.

Candidates for audition will be expected to perform to Grade VIII on their main instrument and approximately Grade V on a second instrument.

Auditions will take place at the school on
Friday 25 January 2008

Application forms are available from the school upon request and should be returned to the Director of Music.

The Director of Music,
Shrewsbury International School,
1922 Charoen Krung Road,
Wat Prayakrai,
Bang Kholame,
Bangkok 10120

Tel: (662) 675 1888

Fax: (662) 675 3606

E-mail: enquiries@shrewsbury.ac.th

www.shrewsbury.ac.th

The closing date for applications is Thursday 10 January 2008.

Born Under a Lucky Star

A tale from America



A shower before leaving Bangkok

In Bangkok, I was just another stray dog struggling to survive in a hostile world, but since I arrived in the USA, I cause a stir wherever I go. People stare because they've never seen a dog like me before. They're always stopping to ask my human what breed I am. The thing is though - I'm unique; there's not another dog in the world who's just like me. Let me tell you my story....

Like so many dogs in Bangkok, I was abandoned on the streets, left to fend for myself in an unfriendly world. I gotta tell you, it's a terrifying experience for a young pup - many of us don't survive very long. There's no food and no shelter, but plenty of kicking feet and noisy cars to hurt us. I was lucky - I was found by SCAD - a cat & dog welfare group in Bangkok - and given the chance of a better life.

The guys at SCAD sent me to Massachusetts, USA where I stayed with a foster mom. Lots of people came to visit me, but one lady in particular made my heart swell. She must have felt the same too - we both just stared at each other, ignoring the other pups jumping and barking around us. It sounds crazy I know, but this was love at first sight.

Confidence tricks

Now, I'm a shy kinda guy and Laura, my new mom, decided I needed some confidence boosting. So when we arrived home in New York, she took me everywhere with her - even to work each day - which I wasn't too keen on at first. That's a big scary world out there you know! Laura figured that it wasn't good for me to run round like a frightened rabbit all day - so she enrolled me in school. I know! - go figure that one! A Sooi dog in school - wild huh? But, you know, I loved it from the get-go. My teacher was sooo nice and the lessons were cool. I found out that learning new things is fun. Laura calls this 'positive reinforcement' - all I know is that I got loads of praise and treats just for doing something right. What more could a dog ask for? Well, pals for one - and that



DAO with Laura, USA



DAO with Sherry, Bangkok

was the next thing I learnt to enjoy. Laura and I joined a group class and we both made new buddies and learnt loads of great new stuff. Gee, I had a ball, let me tell you. But it didn't stop there - I'm proud to say that we're now in the ADVANCED class. How's that for a dog from the streets of Bangkok? We're not so dumb as people think.

Knowing the Score

The most important thing I've learned, is that doing what I'm told is not a bad thing at all - I know exactly what's expected of me so there's no surprises. I can relax, safe in the knowledge that Laura's in charge, so I don't have to be. This is important for a sensitive little guy like me. I understand the 'rules of the house' too - like I can get on the couch when Laura invites me to, otherwise, it's a big no-no. But don't go thinking that Laura's a toughie - no way. We have so much fun together, you won't believe. She takes me canoeing and hiking and I get to wear my own special doggy rucksack and carry my own provisions. Because Laura knows I'll come back when she wants me, I get to go off-leash to romp with my best pal Pingo.

Dogs with Jobs

So that's cool - but guess what - here's the really great part: I was so good in school, that I joined a special class to learn a really important job. After many months of hard work, I finally passed my examinations and am now officially an 'International Canine Good Citizen and Therapy Dog'. This means that I'm invited into hospitals and nursing homes. Apparently my waggy tail and cold nose makes people feel better faster and cheers up folk who are sad. Mostly, all I have to do is to stand there and look cute whilst people coo over me - pretty easy for a one-eyed gorgeous guy like me, right? I'm used to wheelchairs and walkers, trolleys and bed curtains - nothing fazes me after my training. It's funny, you know - it makes people so happy to have me there, everyone is smiling and laughing and there's a real buzz in the air. Laura tells me I'm getting too big for my britches - I think she means that I'm just about bursting with pride. And here's another strange thing: 5 out of the 6 dogs who passed the exam were former strays too!

A chance to shine

So anyway, you see what I mean? I'm special: I'm from the Sooi. There's not another dog like me, because we're ALL different - but under all the dirt and fear, us streeties have all got something extraordinary to offer, we just need the chance to show you. Be kind to us, let us know what you expect from us, share your life with us and in return we'll give you love and loyalty, fun and friendship. Forever.

Sooi Dog "Dao" (meaning "Star")
Hillsdale, New York USA



DAO & hiking rucksack



Visiting a Nursing Home, Nov07

About SCAD

<www.scadbangkok.org>

SCAD is a not-for-profit organisation in Bangkok dedicated to improving the lives and reducing the number of stray and abandoned cats and dogs – not only for the benefit of the animals, but for the people too. Through programmes of sterilisation, treatment, vaccination, adoption and education, SCAD hopes to change lives and shape attitudes within local Thai communities, making everyone aware of the rewards that caring for animals can bring to us all.

For more information: Email: info@scadbangkok.org
Tel: 02 713 3354



www.scadbangkok.org

ReTails Too

BANGKOK'S "SECOND-CHANCE" STORE

*Setting up home or restyling your current abode?
... or moving on and offloading the heavy items?*

Get over to...ReTails Too to sell, donate or buy previously-owned

"BIG STUFF"

All profits to **SCAD** www.scadbangkok.org
to give Bangkok's strays a second chance at a better life
and to support their spay/neuter projects.

View stock online at

www.scadbangkok.org/bigstuff/

OPEN: TUES – SATURDAY
9AM – 5PM



Call: 0-2713 3354

Free collection and delivery in Central Bangkok
sponsored by Crown Relocations

ReTails Too 289, Soi Pridi Phanomyong Soi Sukhumvit 71, Sub Soi 42 Prakanong, Wattana, Bangkok 10110

LOOKING BACK



BRITSTOCK IV

The weather was perfect and just over 200 people attended the Club's Britstock IV Music Festival on December 5th to celebrate the King's Birthday. Although one of the bands let us down at the last moment, six bands played their hearts out and there was even music from the British Club Pipe Section. This year's extended programme featured over 7 hours of music from around 2pm to 10pm, with a break in the middle for the playing of the Thai national Anthem in honour of his Majesty the King.

There were plenty of activities to keep the kids occupied as well, including pony rides, bouncy castle, craft-making and cookie decorating . . . leaving parents plenty of time to enjoy the music and a few drinks. The large 3-litre condos of draught Tiger beer proved very popular, as did our new lower priced house wines.

The event was once again opened by Mr Tambourine Man, aka Paul Williams, who had the original idea for Britstock. Many thanks once again to 'Marvellous' Marvyn Lewis who organised the event and liaised with the bands, to produce a feast of local music . . .

Tambourine Man/Dr. Blues kicked off . . .

Red Sleeve
Maria
BC Pipe Band
Celtic Colours
Cruisers

KING'S ANTHEM
Cruisers
BC Pipe Band
Soi Dog Blues Band
Fake Degrees

Barry Osborne



A photograph of a hotel room interior at night. A bed with white linens and two large reddish-brown pillows is in the foreground. A small brown teddy bear sits on the bed between the pillows. A purple towel is folded on the left side of the bed. Two bedside tables with lit lamps are on either side of the bed. A large window in the background shows a dark city skyline at night.

AT HOME RELAXED
sirisathorn.com

BREAK OUT FROM THE MONOTONOUS HOTEL LIFE.

let us assist in planning your stay at bangkok.
+(662)266-2345 | reservation@sirisathorn.com

 **SIRI SATHORN**
A beautiful Serviced Residence

LOOKING BACK



"Here's looking at you babe!"



Nine teams gathered on November 20th for the penultimate Club Quiz of 2007, minus the semi-resident Jim's Junkies, the occasional Sminky Binky Bang Bang and the roaming Barbary Coast Barbarians, who were all missing. The erection of a stage (for a forthcoming dinner theatre) meant Quizmaster Rodney Bain was on stage looking down on us, which clearly helped him exert his authority, as a good humoured and fun time was had by all.



Round two had every team end up with 'something-and-a-half points' as no-one (out of 54 persons gathered) knew that Kojak's first name was Theo ... well here's looking at you babe! 'Trivia Mix' did however know the population of Macedonia and when rubber fire hoses were first used so they picked up two of the bottle prizes (donated by Crown Worldwide Relocations) ... hic!

With the third bottle going to 'Under Par' it meant that five of the teams came away with one prize or another ... to make a good evening great.

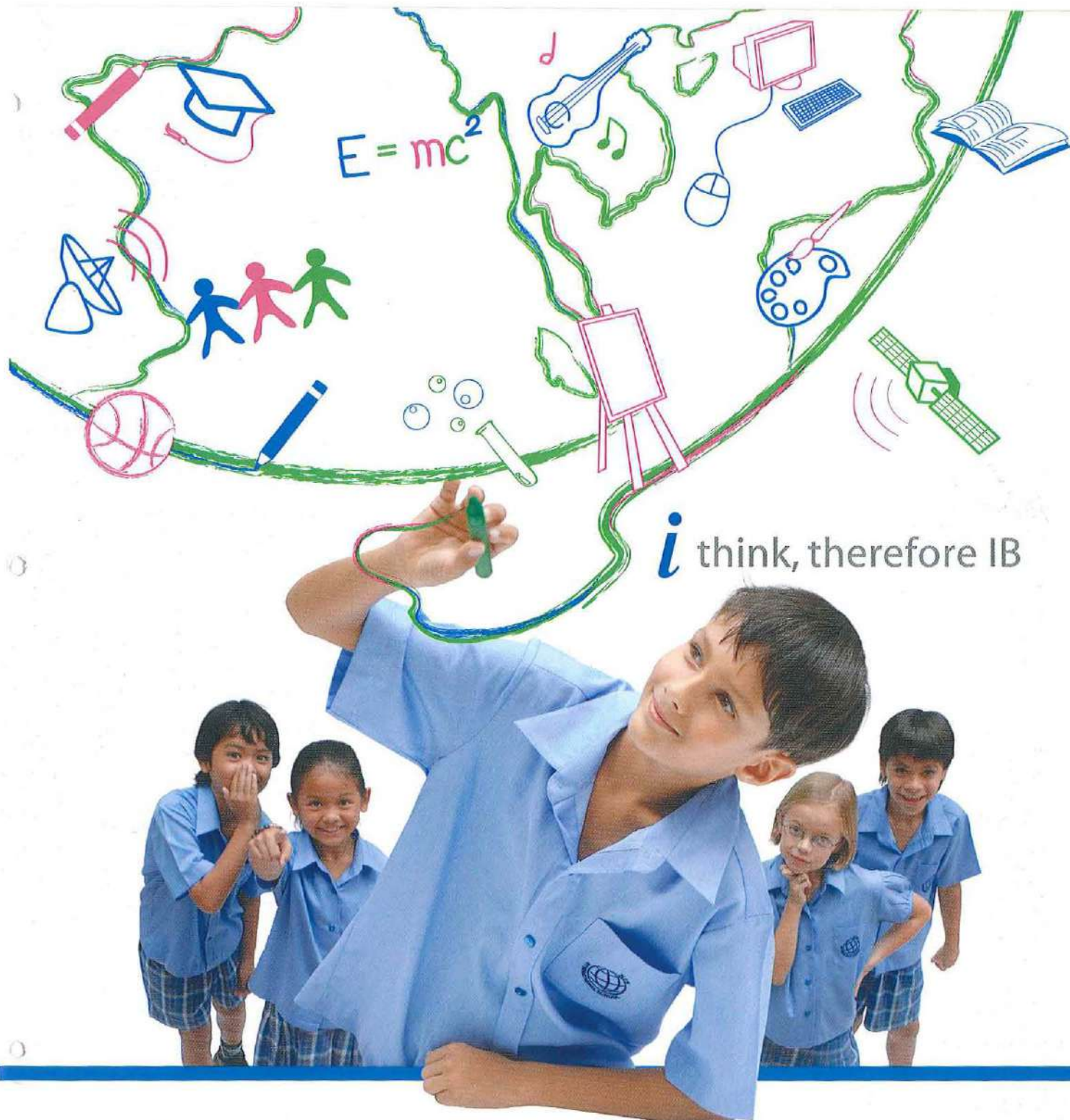


Oh, and the scores:

1. Bookworms	132.5
2. The Crown Southerners	129
3. Bangkok Gentlemen Spoofers	125
4. Joker's Wild	120.5
5. Under Par	120.5

Congratulations to the Bookworms on their first Quiz win!

6. Trivia Mix	113.5
7. Some Other Team	105.5
8. Scratch Cards	90.5
9. BGGs	74.5



i think, therefore IB

Thinkers, inquirers, communicators, risk takers, knowledgeable, well-balanced, principled, caring, open-minded and reflective... qualities that are encouraged in an International Baccalaureate student... qualities that give your child the foundation to become a successful global citizen and a lifelong learner.

KIS offers the International Baccalaureate Primary Years and Middle Years Programs, leading up to the pre-university Diploma Program. By combining IB philosophies with our academically challenging curriculum, the programs promote inquiry through the quest for *knowledge* and understanding. Our teachers have the qualifications, experience and passion to ensure the individual needs and learning styles of your child are met and that they are *inspired* to be the best they can be.

The *spirit* of KIS is one of community, caring and warmth. Come and share our love of learning and zest for life that is abundant in all we do.



www.kis.ac.th

Tel +66 (0) 2274 3444

kis
International School
Knowledge Inspiration Spirit

LOOKING BACK



A Ball to Remember . . .

The unique British Club Christmas Ball was held this year on the 8th December on yet another of Bangkok's balmy nights. The Ball of Balls got underway in traditional fashion with cocktails on the front lawn, but this year the 325 arriving members were piped onto the lawn by the Club's very own Pipe Section led by Angus McKernan. As the guests mixed, mingled, sipped and nibbled . . . inside the Verandah was a hive of activity as an army of chefs from the Shangri-La Hotel worked furiously to put together the delicious three-course Christmas Dinner that has become synonymous with the Ball. They even found time to make some exceptional canapés for the front lawn - especially delicious were the Herb Boursin Éclairs!

On the back lawn, everything was ready. The elaborately set tables were almost totally covered with little gifts, nibbles, crackers, hats, hooters, whistles and things that go pop in the night - everything necessary for a fun party. Eventually, all the ball-goers made their way around to the back lawn and took their seats. Following a welcome by Club Chairman Stuart Blacksell, dinner began to the accompaniment of some excellent music provided by Major Somkiat and the Royal Thai Army Band.

Three cheers for Khun Siriporn and her team from the Shangri-La Hotel who once again did a brilliant job not just with their excellent Christmas food but also with the decorations and service.

The MC for the evening and DJ was once again Paul Jackson whose all-digital disco kept the dance floor full most of the evening and on until the wee small hours.

This year's prize draw, always a highlight of the Ball, featured 28 prizes, the star attractions being two return tickets to London with Thai International and one return ticket to London with EVA Air. Other prizes included days away at the Anantara Resort & Spa and the Marriot Resort, and dining vouchers for the Shangri-La Hotel, the Erawan Hotel, Suan Thip Restaurant, and lots more.

This year, around 60 members made it to the BC mega-breakfast at 2am . . . the disco wound down at around 3am . . . and the last hardy stalwarts staggered off at about 5am. By 10am that same morning all the grounds were cleared up and outlets ready to open - you'd never have known there had been a big bash on the back lawn!

Many thanks to all our sponsors, the Club's staff, and of course all the members who attended and made this a Ball to remember.

Barry Osborne



DINNER MENU

Home Cured Salmon Gravlax with Yoghurt Rilette,

Organic Thai Salads and Honey Lime Dressing



Roasted Traditional Turkey, Bacon Rolled Chipolata Sausages,

Roasted & Creamed Potatoes, Brussels Sprouts, Buttered Carrots,

Turkey Gravy, Bread Sauce, Cranberry Sauce



Shangri-La Christmas Pudding, Brandy Sauce and Butter



Freshly Brewed Coffee or Tea

Served with Warm Mince Pies

BC CALENDAR January – The Month at a Glance

Sunday



Europcar
www.europcar.co.th

Why settle for the second, when you already have the BEST!

Door to door service of vehicle with Chauffeur and Short Term rental. Long Term rental or full maintenance leasing for company executives with irresistible rates.

All new fleet of late 2006
Reservation : 02 696 8240
info@europcar.co.th

Langkhal Station M

6 10:30am-2:15pm
Squash Mix-in

Poolside
11:30-3:00pm
Poolside BBQ

The Verandah
Noon-2:00pm,
6:00-10:00pm
THE SUNDAY CARVERY

Silom Room
1:00-3:00pm
Children's Activities

Suriwongse Room
3:00-6:30pm
Bridge Tournament

4:00-6:00pm
Tennis Mix-In

13 **Clubhouse**
11:00am
TEN FACES OF DOCTOR WHO

Poolside
11:30-3:00pm
Poolside BBQ

The Verandah
Noon-2:00pm,
6:00-10:00pm
THE SUNDAY CARVERY

Monday

7 9:00am-12noon
BWG Mahjong

6:00-10:00pm
Tennis Match Play

7:00-10:30pm
Pipe Band Practice

14 **CLUB CLOSED**

Tuesday

1 8:00-11:00am
Tennis Ladies Mix-In

9:00-10:30am
Ladies Tennis Clinic

10:00-11:00am
Aqua Aerobics

Poolside
11am
RECOVERY DAY and POLAR SWIM

7:00-9:00pm
Football Practice

Churchill Bar
8:30pm-late
Spoofing

8 8:00-11:00am
Tennis Ladies Mix-In

9:00-10:30am
Ladies Tennis Clinic

10:00-11:00am
Aqua Aerobics

7:00-9:00pm
Football Practice

Churchill Bar
8:30pm-late
Spoofing

15 8:00-11:00am
Tennis Ladies Mix-In

9:00-10:30am
Ladies Tennis Clinic

10:00-11:00am
Aqua Aerobics

Wednesday

2 **The Verandah**
Noon-2:00pm,
6:00-10:00pm
THE MIDWEEK CARVERY

5:00-6:30pm
Junior Tennis

6:00-10:00pm
Tennis Mix-in

7:00-10:30pm
Pipe Band Practice

Churchill Bar
7:00pm
BALUT TOURNAMENT
7:00 & 8:00pm
PRESTIGE WINE ACCUMULATOR
7:30pm Bottle Draw

9 **The Verandah**
Noon-2:00pm,
6:00-10:00pm
THE MIDWEEK CARVERY

5:00-6:30pm
Junior Tennis

6:00-10:00pm
Tennis Mix-in

7:00-10:30pm
Pipe Band Practice

Churchill Bar
7:00 & 8:00pm
PRESTIGE WINE ACCUMULATOR
7:30pm Bottle Draw

16 **The Verandah**
Noon-2:00pm,
6:00-10:00pm
THE MIDWEEK CARVERY

5:00-6:30pm
Junior Tennis

6:00-10:00pm
Tennis Mix-in

Thursday

3 8:00-11:00am
Tennis Ladies Mix-in

5:15-9:00pm
Squash Mix-in

6:00-8:30pm
Cricket Practice

7:00-9:00pm
Rugby Practice

9:00-11:00pm
Hockey Practice

10 8:00-11:00am
Tennis Ladies Mix-in

5:15-9:00pm
Squash Mix-in

6:00-8:30pm
Cricket Practice

7:00-9:00pm
Rugby Practice

Suriwongse Room
7:00-8:30pm
MORSE VIDEO NIGHT

9:00-11:00pm
Hockey Practice

17 8:00-11:00am
Tennis Ladies Mix-in

5:15-9:00pm
Squash Mix-in

6:00-8:30pm
Cricket Practice

Friday

4 2:00-5:30pm
Junior Swimming Classes

3:30-5:30pm
Junior Tennis

6:00-10:00pm
Tennis Mix-in

The Verandah
6:00-10:00pm
THE FRIDAY BUFFET

Silom Sala
7:00-9:00pm
Kid's VDO

11 2:00-5:30pm
Junior Swimming Classes

3:30-5:30pm
Junior Tennis

6:00-10:00pm
Tennis Mix-in

The Verandah
6:00-10:00pm
THE FRIDAY BUFFET

Silom Sala
7:00-9:00pm
Kid's VDO

18 2:00-5:30pm
Junior Swimming Classes

3:30-5:30pm
Junior Tennis

6:00-10:00pm
Tennis Mix-in

Saturday

5 9:00am-2:00pm
Junior Swimming Classes

12 9:00am-2:00pm
Junior Swimming Classes

19 9:00am-2:00pm
Junior Swimming Classes

Silom Room 1:00-3:00pm Children's Activities	20 Poolside 11:30-3:00pm Poolside BBQ	Silom Room 1:00-3:00pm Children's Activities	27 Poolside 11:30-3:00pm Poolside BBQ	Silom Room 1:00-3:00pm Children's Activities
Suriwongse Room 1:00-6:30pm Bridge Tournament	The Verandah Noon-2:00pm, 6:00-10:00pm THE SUNDAY CARVERY	Suriwongse Room 3:00-6:30pm Bridge Tournament	The Verandah Noon-2:00pm, 6:00-10:00pm THE SUNDAY CARVERY	4:00-6:00pm Tennis Mix-In
4:00-6:00pm Tennis Mix-In		4:00-6:00pm Tennis Mix-In		
5:00-10:00pm Tennis Match Play	21 9:00am-12noon BWG Mahjong	6:00-10:00pm Tennis Match Play	28 9:00am-12noon BWG Mahjong	6:00-10:00pm Tennis Match Play
7:00-10:30pm Pipe Band Practice		7:00-10:30pm Pipe Band Practice		7:00-10:30pm Pipe Band Practice
7:00-9:00pm Football Practice	22 8:00-11:00am Tennis Ladies Mix-In	7:00-9:00pm Football Practice	29 8:00-11:00am Tennis Ladies Mix-In	Back Lawn 7:00-9:00pm NEW YEAR'S MEMBERS GATHERING
Churchill Bar 8:30pm-late Spoofing	9:00-10:30am Ladies Tennis Clinic	Churchill Bar 8:30pm-late Spoofing	9:00-10:30am Ladies Tennis Clinic	Churchill Bar 8:30pm-late Spoofing
	10:00-11:00am Aqua Aerobics		10:00-11:00am Aqua Aerobics	
			7:00-9:00pm Football Practice	
7:00-10:30pm Pipe Band Practice	23 The Verandah Noon-2:00pm, 6:00-10:00pm THE MIDWEEK CARVERY	7:00-10:30pm Pipe Band Practice	30 The Verandah Noon-2:00pm, 6:00-10:00pm THE MIDWEEK CARVERY	7:00-10:30pm Pipe Band Practice
Churchill Bar 7:00pm EXTRA BALUT TOURNAMENT 7:00 & 8:00pm PRESTIGE WINE ACCUMULATOR 7:30pm Bottle Draw	5:00-6:30pm Junior Tennis	Churchill Bar 7:00 & 8:00pm PRESTIGE WINE ACCUMULATOR 7:30pm Bottle Draw	5:00-6:30pm Junior Tennis	Churchill Bar 7:00 & 8:00pm PRESTIGE WINE ACCUMULATOR 7:30pm Bottle Draw
	6:00-10:00pm Tennis Mix-In		6:00-10:00pm Tennis Mix-in	
7:00-9:00pm Rugby Practice	24 8:00-11:00am Tennis Ladies Mix-in	7:00-9:00pm Rugby Practice	31 8:00-11:00am Tennis Ladies Mix-in	7:00-9:00pm Rugby Practice
9:00-11:00pm Hockey Practice	5:15-9:00pm Squash Mix-in	Suriwongse Room 7:00-10:15pm PRIME SUSPECT VIDEO NIGHT	5:15-9:00pm Squash Mix-in	9:00-11:00pm Hockey Practice
	6:00-8:30pm Cricket Practice	9:00-11:00pm Hockey Practice	6:00-8:30pm Cricket Practice	
The Verandah 6:00-10:00pm THE FRIDAY BUFFET	25 2:00-5:30pm Junior Swimming Classes	The Verandah 6:00-10:00pm THE FRIDAY BUFFET		
Silom Sala 7:00-9:00pm Kid's VDO	3:30-5:30pm Junior Tennis	Silom Sala 7:00-9:00pm Kid's VDO		
	6:00-10:00pm Tennis Mix-in			
	26 9:00am-2:00pm Junior Swimming Classes			

On the menu . . .



Are you ready to go COLD TURKEY?

This month we feature two delicious recipes that will help use up all that cooked turkey you have left over from the festive season!



Sweet Potato and Turkey Croquettes

INGREDIENTS:

- 1 tablespoon butter
- 1 small onion, finely chopped
- Salt
- Freshly ground black pepper
- Grinding of fresh nutmeg
- 1 egg yolk
- 1 tablespoon milk or heavy cream
- 1-1/2 cups mashed sweet potato (or white potato, but it's not as nutritious!)
- 1/2 cup diced cooked turkey
- 1 cup flour (about)
- 1 cup bread crumbs (about)
- 2 eggs
- Peanut oil

PREPARATION:

1. In a large skillet, melt the butter over moderate heat. Sauté the onion with a sprinkling of salt, pepper, and nutmeg for about 5 minutes, or until softened but not brown.
2. Place onion in a large bowl. Add the mashed sweet potatoes, egg yolk, milk, and turkey and mix together. Season generously with salt, pepper, and nutmeg.
3. Cover and refrigerate the potato mixture for several hours, or overnight, until well chilled.
4. Place the flour on a large plate. Place the bread crumbs on another plate. Whisk the eggs in a bowl and season with salt and pepper.
5. To form the croquettes, take about a tablespoon of mixture in your hands and form into a ball. Roll the ball in the flour; remove and shake off excess. Dip into the egg and coat thoroughly, and then coat in the bread crumbs. Place the prepared croquettes on a large plate while you heat the oil.
6. Add enough peanut oil to a large skillet or deep-fat fryer to come 6cm up the side. Heat the oil to 190C (375F). (If you don't have a thermometer, simply add a tiny bit of bread crumbs or flour to the fat, and when it's ready it will sizzle vigorously.) Fry the croquettes about 2 to 3 minutes, or until golden brown. (Be careful not to crowd the skillet.) Remove and drain on paper towels and serve immediately.

Yield: About 12-14 croquettes



Turkey and Spinach Stuffed Tomatoes

Serves 6

INGREDIENTS:

- 1 1/2 cups sliced mushrooms
- 1 small minced onion
- 2 tablespoons butter
- 1 1/2 cup milk
- 5 tablespoons flour
- 3 teaspoons chicken bouillon
- 1 cup grated swiss cheese (or cheddar cheese)
- 3 cups cooked diced turkey
- 10 ounces (300g) chopped spinach
- 6 large tomatoes, tops removed and insides cut out

PREPARATION:

1. Preheat oven to 350 degrees.
2. Sauté the mushrooms and onions in the butter until soft. In a medium saucepan heat the milk, flour, and bouillon until hot and thickened. Add the grated cheese and heat until melted.
3. In a large bowl combine the turkey, spinach, onion mixture, and 1 cup of the sauce. Mix well until blended.
4. Stuff the tomatoes with this mixture and carefully place in a large flat casserole dish. Cover and bake for 20 minutes. Serve remaining sauce on the side.

January Fruit Fiesta

Papaya and Lychee Cup

Ingredients

- | | | |
|-----|------|--------------------|
| 2 | pcs | Papaya |
| 150 | ml | Fresh Orange Juice |
| 3 | pcs | Lychees in syrup |
| 2 | tbsp | Yoghurt |
| | | Cracked ice |

Method

Place all the ingredients to be blended, including the cracked ice, in blender. Blend for 1-2 minutes. Pour into glass



Strawberry Delight

Ingredients

- | | | |
|-----|-------|--------------------|
| 300 | gm | Fresh strawberries |
| 2 | tbsp | Yoghurt |
| 1 | scoop | Vanilla ice cream |
| 1 | tbsp | Whipped cream |

Method

Cut strawberries in half. Place all the ingredients to be blended, including the scoop of ice cream, in a blender. Blend for 1-2 minutes. Pour into glass and top with the cream



BNH Spine Centre

Thailand's First Comprehensive and Advanced Spine Centre.



BNH Spine Centre



Here is the very first Spine Centre in Thailand. World-class technological advancements in spinal diagnosis, treatment and surgeries, are professionally offered by a team of highly qualified medical experts in the field.



Here, you will find a team of highly regarded bone physicians, who have been intensively and professionally trained to deliver the best and most affordable spinal treatment.



Here is Thailand's most resourceful Spine Centre. A complete range of sophisticated and innovative surgical procedures is available, including Minimal Access Spine Surgery (MASS) which results in smaller aperture, less pain and faster recovery.



Here is a world-class hospital offering world-class hospitality. BNH Spine Centre is a centre of full-cycle, most up-to-date spinal treatment and research from around the world.



Photos by David Quine

They've done it again!

The festive season got off to a magnificent and hilarious start with a Daniel & Zellerbach production of *Trial by Jury*, the second and earliest surviving collaborative light opera by the only slightly more famous pair – Gilbert & Sullivan. The short but sweet one-act show played as "dinner theatre" to a packed Suriwongse Room six times from 28 November through to 4th December. The British Club's new Verandah venue and a recently expanded wine list, combined with a cocktail reception on the front lawn and a sumptuous buffet in the Silom Room, very much enhanced the experience and ensured a most replete and receptive audience for the performance.

Trial by Jury, which follows on from the success of *Pirates of Penzance* last year, is the only one-act G&S operetta – and the only one with no spoken dialogue. The libretto revolves around a young woman's court action to get damages for a breach of a man's promise to marry her. Right from the start, Gilbert turns everything humorously on its head – The Court of Law, supposedly concerned with justice, is awash with prejudice, corruption and hypocrisy, the judge is a total cad and nearly everyone (the jury is all-male) is making lustful eyes at the plaintiff. As the play nears its climax, the defendant, fearing he is about to be bankrupted by a jury that calls him "monster", desperately concedes: "If it will appease her sorrow, I'll marry this lady today, And marry the other tomorrow!" The Judge thinks this is a fine solution but Counsel interjects that to marry two wives at a time is a serious offence, "Burglaree!" This "nice dilemma" is sung





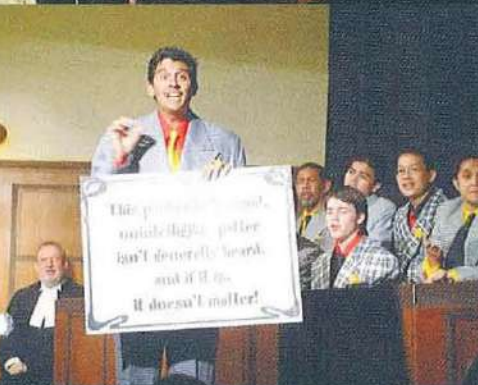
back & forth in one of Sullivan's clever parodies of operatic musical forms, until eventually, in an astonishing twist, the judge agrees to marry the plaintiff himself! Wishing to be gone, he immediately declares the case settled with a concluding comment: "Though homeward as you trudge, You declare my law is fudge, But of beauty I'm a judge." To this all reply: "And a good judge, too!"

In addition to the fine individual performances – Jonathan Truslow was superb as the judge – the show was also carried by the beautiful ensemble work and multi-layered harmonies. Even at this early stage in their collaboration, Gilbert & Sullivan were already showing the brilliance and complexity of their musical choreography. Congratulations to Angela Daniel, Bonnie Zellerbach and all the cast, crew and musicians who worked so hard to bring this show to the British Club and at such a high standard. As with "Pirates" last year, the intimate setting added to the ambiance. The players moved in and out of the court through the audience and even delivered some of the performance IN the audience!



Some G&S aficionados may even have heard a few 'rogue' numbers in the mix. Apparently, as the show is quite short, some liberties were taken with the score and it was expanded to include four other G&S classics: "Three Little Maids" and "My Object All Sublime" from *The Mikado*, "My Eyes are Fully Open" (a very fast patter song which the audience joins in) from *Ruddigore* and "Misery" from *Patience*. The extra songs, and the updating of some of the verses to include some local and topical references, certainly made this particular Bangkok performance unique and even more hilarious (sorry Mr Taksin!).

Now, about next year . . .
Billy Beefeater





The Agony and the Ecstasy

Are you thinking it's time to get into shape? Here are two 'fitness stories' from BC members to inspire you . . .

Maybe I can do a half marathon next year . . .

The 'Standard Chartered' run on November 18th was fun and exhilarating. There were over 10,000 runners, aged from 10 to 70+. By the time Khun Amnat and I arrived at the site, around 6:10 am, the first runner of the full marathon, which had started at 3.30am, had just crossed the finish line. The 10.5K run started at 6:45am. I came in with a time of 1 hour and 17 minutes, about 10 minutes after K.Amnat. I didn't think I was going to last when we had to run up the lengthy Rama VIII bridge but the atmosphere and extra energy from being part of a large group of runners helped me to keep moving forward.

I started training with K. Amnat at the beginning of last year. I just wanted to get healthy and have time out from my normal routine! I also wanted to ease back into exercising properly because I haven't had any exercise for the past 8 years (I'm not getting any younger either). The most difficult thing was actually getting motivated and making time to exercise. Once it became a habit, it became a lot easier. I wanted to run so K. Amnat designed a particular training programme for me which was a combination of cardio and weights. I trained twice a week. We started with a little walk/run and light weight training and gradually increased the intensity.

My very first run last year was a United Nations 10K run and a 12K run in the Phuket Laguna Team Triathlon. It was a lot of fun and very exciting.

I feel healthier and more energetic. I definitely sleep much better and have more energy to handle my little monkeys at home!

I still am training with K. Amnat . . . maybe I can do a half marathon next year!

T.P. McLean



These feet were made for walking . . .

If you ever make the effort to go to Lumpini Park between 5.30 am and 8.00 am you will be surprised at how many people you will see there. There are walkers, joggers, runners, aerobic dancers, ballroom dancers, groups practicing martial arts (with swords) and tai chi, people meditating, swimmers, people playing tennis and working out in open air gyms and, of course, people eating – there is a very busy and popular food stall area near the Rama IV Road side of the park.

On December 5th 2007 there were many thousands more than usual though as people came to join in a charity walk and quarter marathon (10.55 kms) run in honour of His Majesty the King's 80th Birthday. Having recently started jogging around Lumpini Park (only one circuit at the moment – 2.5 kms) I thought I would try this event, part walking – part jogging. I had arranged to meet Khun Amnat, who also wanted to run the distance, outside the Library just before 6.00 am. Easier said than done – I looked for him amongst the crowd but decided that he must have set off already. I went to the Start Line and set off jogging around the circuit but I think in the early morning light I missed my way and soon met up with a group of school children and scouts who were marching around the park behind a brass band, so I joined them (I always wanted to be a marching girl!). After completing one round of the park we returned to the Library and I was presented with a plaque. As I hadn't completed the circuit, I decided to walk around the park a further 4 times to achieve the 10.55 km distance and justify my trophy! Khun Amnat, being young and fit, had already completed the run . . .

Angela Stafford

Queen's Carpet's

Direct from Persia, Pakistan Afghanistan and the Central Asia

EXCLUSIVELY HANDMADE CARPETS AND KILMS

For centuries, the finest hand-made carpets and rugs have come from PERSIA, the ancient empire founded by Cyrus the great.

To look at a Persian carpet is to gaze into a world of artistic magnificence nurtured for more than 2,500 years. For this reason we bring to you. The best of hand-knotted carpets is always with us. We are different from others because:

- We stock various sizes and designs to suit your taste and budget
- All our carpets come with a certificate of origin
- Our trained staff will always be at hand to assist you



**SPECIALISED IN WASHING & REPAIRING HAND-MADE CARPETS
WE ACCEPT TRADE-IN OR BUY YOUR OLD HAND-MADE CARPETS.**

For more information, contact:

Mr. Shahid Qadeer Kanwar Mob: 086-377-6366

Mr. Mehrdad Tabei Mob: 087-918-9104

DE-RAO INTERNATIONAL CO., LTD.

591/14 Villa Market Bet. Soi 33-33/1

Sukhumvit Rd., Bangkok 10110

Tel / Fax: 02-662-0274



ASIA INTERNATIONAL LEGAL ADVISORS, Co., Ltd.

*Thai Visa Application ♦ All Thai Business Issues ♦ Thai Family Law
♦ Thai Real Estate Purchase / Sales ♦ Thai Work Permits
Thai Company Registration & Set-Up ♦ Accounting for Thai Tax Dept.
U.S. Non-Immigrant Visas ♦ U.S. Employment-based Visas-Permanent/
Temporary ♦ U.S. Green Cards ♦ Immediate Work Permits*

THAI Work Permits / Visa & extensions U.S. Visa & Green Card / U.S. Work Permits

- | | |
|--|--|
| ✓ Thai Company Start-up and Registration | ✓ Thai Visas, Extension of Stay, Change of Status |
| ✓ Thai Work Permits and Renewals | ✓ Thai Marriage Registration and Real Estate |
| ✓ Thai Family Law, Child Custody | ✓ U.S. Visa -Non Immigrant & Immigrant |
| ✓ U.S. Green Cards and residency | ✓ U.S. Business Consulting & English Contract Review |
| ✓ Allow to work in the U.S. legally | |

540 Mercury Tower, Floor 11, Ploenchit Rd. Chidlom Station ("Across from Central Chidlom")

Email: info@asiainterlegal.com www.asiainterlegal.com

T: +66-2-305-8777 M: +66-86-779-0342, F: +66-2-658-7574

A SLIGHT STUTTER?

Why a stutter you may ask? Well, as we once again welcome you to another instalment from the life of the BC football section some sad news. But, before that apologies are in order.

In our last report, we were, shall we say, a little uncomplimentary about the ongoing shenanigans at Chelsea in the UK.

The new manager was reminded of his only claim to fame being the winning of the North Israel Lady's Netball Championship or something, and whilst we did state that we were sure things would shake down, the results to date have only served to prove that in football, nothing is predictable. So, from the BC, so far so good and well done Mr. Grant.

Anyway, back to Bangkok and the sad news.

After over 30 years in the top level of amateur football in Bangkok, the Section has decided that this year, no team will be entered into the Chang League.

After generously sponsoring the team for a couple of years, the Barbican has reluctantly decided that they were unable to do so for the upcoming season. Jamie tried hard to find alternative sponsorship, however this proved not possible. The Section looked to see if funds could stretch to supporting the side, but after much soul searching, the Section decided that with so few full members playing in the league (we're all getting too old!) funds could be put to better use elsewhere. A difficult decision to not play was therefore made. We believe it to be the best at this time and a full review will be carried out later in the year to decide on the Section's future at this level.

Casuals League

At the casual level, however, things continue at a pace where the team is now chasing for promotion from Division 2.

Participation in this year's tournament was based on the results of last year when, as reported previously, Joe and his lads managed a storming mid-table place. As a result, the BC joined several teams required to play off for the somewhat dubious opportunity of playing with the big boys in Division 1 or being the big fish in the smaller Division 2 pond. The BC was successful in securing Division 2.

The plan therefore is promotion at the end of the season giving the Section the opportunity of fielding a second team next season, thus providing more places which are at present very much in demand.

So, it looks like it's up to you Joe.

Vets and Friendlies



Manila. End of tournament Dinner – very formal!

Vets

The interest in the Vets also remains strong with a number of friendlies arranged and played with varying results.

The team continues to provide sides for the Sunday Vets tournament which continues to grow in size and competitiveness.

Now starting earlier to allow for the up to 20 teams wishing to play, the afternoon comprises: a lot of beer, a BBQ buffet and on occasions we actually get to play football.

As regular followers of the Section will know, we actually win the thing sometimes too, although in the latest our 7th place was more representative of a team that always makes sure the beer runs out long before it's time to go home.

Training

Training nights have continued as usual.

Numbers continue to swell and the Section Committee is still looking to see how the additional players can be accommodated.

The second 6-a-side tournament was held at the BC and again a good turnout. The BC lads were again successful in beating off challenges from the favourites, The Winking Frog. The Germans once again did their usual trick of being the first to exit and the first into the after-match beer and food. Some planning here methinks!!

Manila Tour

November saw the first of our two annual excursions into Manila when Jimmy Howard led a mixed bunch of finely tuned, if somewhat aged, athletes to the final of the Jimmy Howard trophy.

Played on pitches that would perhaps have been better put to use planting rice (well there was a typhoon the day before), the lads fought bravely despite the added disadvantage of Jim's pre-match training. This seemed to comprise solely of an attempt at having a beer in every bar in Mekati the night before.

Thanks to Jim and to Derek for arrangements and of course for organizing the beautiful kit. Lovely!!



Keith. What am I doing here?

UP Coming events

Casuals

With the season underway, the Casual teams will continue to play most weekends at Patana School. Anyone wishing to get involved should contact the Section or Joe, and everyone is more than welcome to come and watch. You are again reminded that it's actually not bad entertainment and drinks and snacks are available.



Adrian waiting for his flight home

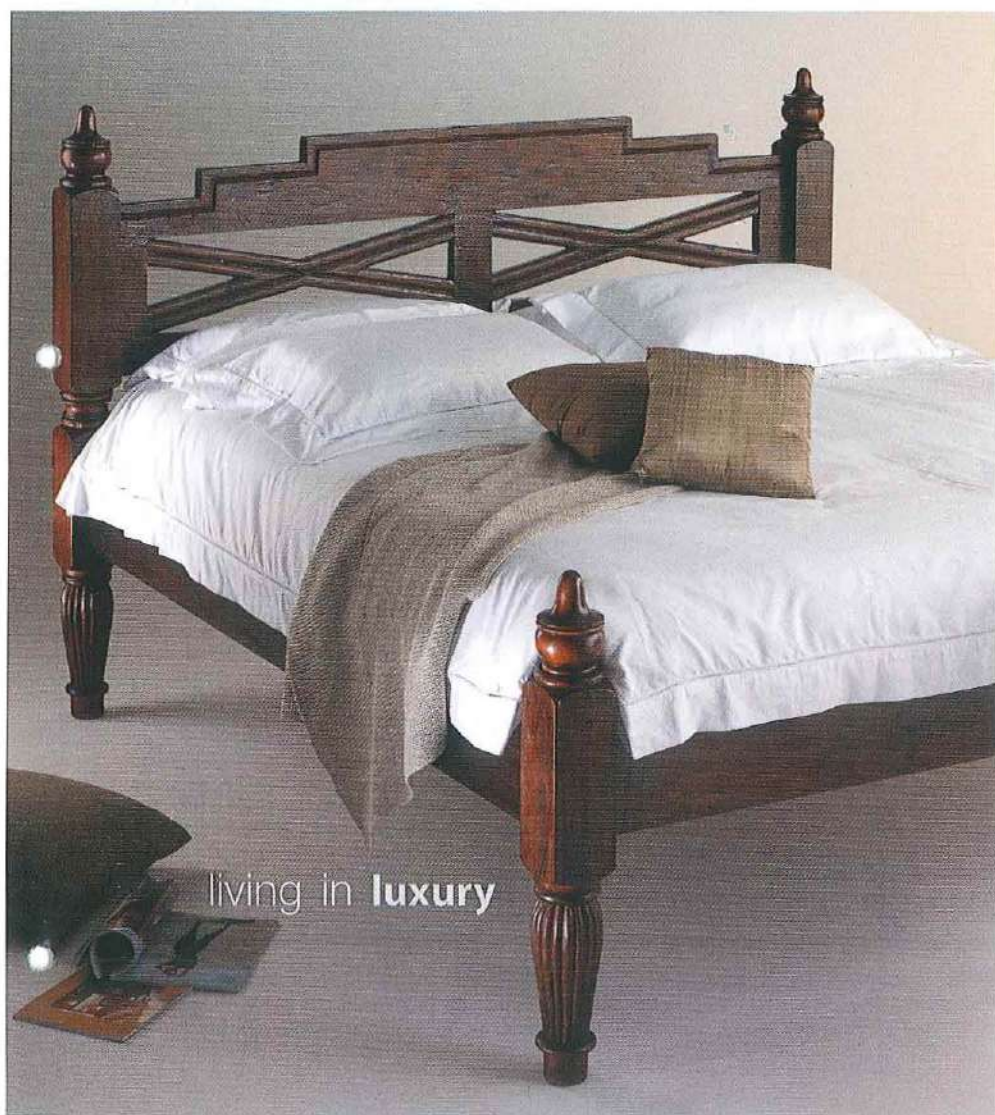
Vets

For anyone wishing to join the Vets league, again you are more than welcome. It is held at Harrow School on the first Sunday in every month, kick off is at 12.00, just turn up and ask for us.

So, that's it for now, more to follow.

Until then, enjoy your football and for those of you interested,

Hope to see you soon.
The Football Section

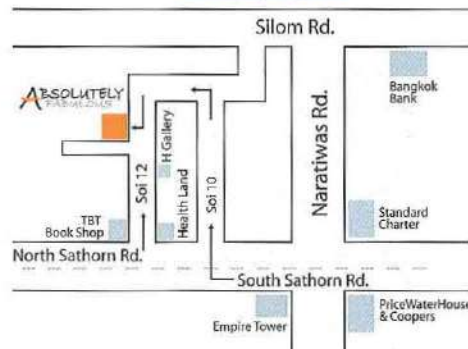


living in luxury

"Ab Fab
Happy New Year"



**ABSOLUTELY
FABULOUS**
Classic & Contemporary Interiors



ABSOLUTELY FABULOUS (Thailand)

142/40-41 Sathorn Soi 12, North Sathorn Rd.,
Silom, Bangruak, Bangkok 10500, Thailand
Tel: (02) 635-2040 Fax: (02) 635-2041
E-mail: p.mclean@clear.net.nz

Opening hours: Tue-Sun 10 am-5 pm Closed: Monday
Closed for Holidays: 24th Dec. - 2nd Jan.



BY APPOINTMENT TO HER MAJESTY QUEEN ELIZABETH II
TEA & COFFEE MERCHANTS (TWINS) & CO. LTD.

TWININGSTM
OF LONDON

*Taste the art
of blending*



*From tea leaf to cup with the art of unique blending of
Twinings, the world premium tea with over 300 years
of blending expertise.*

OUR FINEST MOMENT



I am proud to present another month full of rugby events. After a long rugby season the British Club Rugby Section hosted for the first time Kedah State Rugby Union. The Section was the only expatriate rugby club in Thailand invited to compete in the Royal Bangkok Sports Club's Centenary Celebration Rugby 7's. We are also covering the Bangkok 7s that took place in late October.



Hosting Kedah



President of Kedah Rugby Union and BC Rugby Section Club Captain

Further, our cooperation with Thonburi University is developing by giving players an opportunity to play together with the Section's more senior players. The Section's members Morcar McConnell, Team Captain, and Vorawut (Wai) Vaidyanuvatti, Vice Captain, have been successful in training the development team and giving them opportunities to play against other universities and this has clearly been a fruitful investment. This is an important part of the Section's efforts to foster and develop the tradition of rugby in Thailand.

Fixture report - First XV

Bangkok 7s, October 27 – October 28, 2008

It was the first year for a while that the British Club was able to field a full strength 7's side in the Bangkok 7's. After a hard fought first day, the British Club were in the quarter-finals of the Cup against the Southerners, of all teams. The game was close-fought with the Southerners taking the lead early on and the British Club boys using their superior speed to level and then eventually take the lead with 3 minutes to go. The Southerners had one last crack and managed to score in injury time and take the win.

The British Club then dropped to the Plate quarter-finals and successfully managed a comfortable win to go into the semi-final where the Darwin Dingos were waiting



Line out against Kedah



Did Rob Milsom gain weight in Frankfurt?

for us - a team full of what can only be described as monsters compared to our little Thai guys. The Dingos used brute force to get a quick lead and then again doubling that lead straight after the kick off. It was looking ominous, with the Bangkok Bangers incredibly booing our lads and cheering the Dingos on - and with only one half to go. Morcar McConnell pulled the lads together, told the boys to stop running at the bigger Dingos, but pass the ball and support each other - we were much quicker and obviously fitter, so use the space on the field and shut the booing Bangers up!

RUGBY



Our newest player



BC's strong push



Police cadet on the hunt

The whistle for the 2nd half went, Dud put in a towering kick and Moo, our very own Fijian, chased it down and completely levelled the Dingos who caught the ball and then immediately lost it back to the BC . . . the booing Bangers became silent. The game quickly changed from there. We played a tactical game, passing the ball around, drawing the big Dingos into the tackle and then quickly moving the ball on. Mark made a break down the blindside with two Dingos charging him down at the 22-meter line, but in a flash of quick thinking he grubber-kicked the ball along the touch line for the chasing Mac to touch down in the corner. The try, although not giving the British Club the lead, did knock the wind out of the Dingos, and from then on the British Club bossed the bigger Dingos around and playing some inspired rugby, truly Fijian at times, crossing the line on 3 further occasions and running rings around the big brutes. The BC walked off heading for the final to huge cheers from the loyal BC fans and silence from the Bangers section!



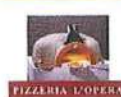
RSBC 7s

Food Delivery Service

Great food from Bangkok's finest restaurants delivered to you



WE OFFER
OVER 5,500 DISHES
FROM MORE THAN
80 OF BANGKOK'S FINEST
RESTAURANTS DELIVERED TO YOUR DOOR



02 663 4663
www.foodbyphone.com

The final of the plate was for the taking, but the boys had worked too hard and were too tired. With only 9 fit players left for the final it was a game too far. The British Club went ahead first against the Royal Thai Police, but with the Police being able to make sub after sub our boys just couldn't keep up, eventually losing; but they could still hold their heads high after a fantastic performance over the two days and playing some spectacular rugby at Thailand's premier rugby event.

Bangkok Sports Club's Centenary Celebration Rugby 7's, November 17, 2008

The British Club Rugby Section was very honoured to be invited to the Royal Bangkok Sports Club Centenary Celebration Rugby 7's and to compete in this very prestigious event. As the British Club performed so well in the TRU league this year most of our players had been selected for various teams in the "All Star Rugby League", and with Morcar McConnell tearing his hamstring at touch training on the Thursday before the RBSC 7's, we did not have many experienced players to pick from. We entered the toughest group with the Thai National Team and the Royal Thai Army and after playing very tough games against both sides, where our team played admirably, we nevertheless lost to both sides. The British Club in losing did unearth two new talents who recently joined the Section from Srinakharinvirot University. Both boys from Yala Province in the deep South showed us all how tough they are down there! With Moo leading from the front and the Yala boys Ab and Jub pulling the strings, the British Club forced their way into the final of the Bowl competition losing out to the Royal Thai Air force in the final. The day was rounded off in splendid style as the host laid on a fabulous buffet dinner for all the teams with some fantastic shows from dancing coyote girls, who were actually out-done by the Bangkok Japanese Mums and children!

Bangkok Pattana International School, November 25, 2007

So the first match of 15s rugby in November took place a late Sunday afternoon against the Bangkok Japanese. We got a request earlier this year to host the Kedah

Rugby Union on their tour of Bangkok and we were very proud to organize this afternoon of rugby together with the Bangkok Japanese. Kedah State is located in northern Malaysia on the border with Thailand. The team had just ended their season with a strong win so the boys were awarded a tour to Bangkok as a reward for a successful season. The team took the train all the way from Malaysia arriving in Bangkok at noon on the 25th of November. The team and its senior management arrived late to kick off but were starting with full strength against the British Club. The Kedah players were big and played a very physical rugby with hard tackles and good technical skills. The 20+ hour train ride did not seem to have had any impact on these strong Malaysian rugby players. The British Club could not keep up with the hard pressure from the strong Kedah scrum and the well played match was lost in favour of the guests. I would like to express special thanks to David Viccars for refereeing the matches in the usual good spirit.

The British Club hosted the Kedah Rugby Union in the Verandah Bar which made an excellent impression on our guests. The British Club was proud to welcome Dato' Amiruddin Embi, President of the Kedah Rugby Union and also the Emissary of Ke Bawah Duli Yang Maha Mulia Al-Sultan Sir Almu'tasimu Billahi Muhibbuddin Tuanku Alhaj Abdul Halim Mu'adzam Shah ibni Almarhum Sultan Badlishah, the ruling Sultan of Kedah State. The Sultan inherited the throne in 1958 and will therefore celebrate the Royal Golden Jubilee during 2008. President Dato' Amiruddin Embi has been given the task of organising an International 7s tournament in honour of the Royal Golden Jubilee and the British Club was the first foreign rugby club to be invited to participate in this event. We were proud to accept the invitation and have already started to plan a tour to Kedah in late August 2008.

Overall, this month of high quality rugby has been the product of many months of hard training and effort from all Section members.

Yours in rugby,
Magnus Andersson
Rugby Section Club Captain

Results

Play off

Thai National Team 38	British Club 0
Royal Thai Army 23	British Club 5

Bowl Competition

Royal Thai Police Cadets 0	British Club 15
Royal Thai Air force 10	British Club 5 (Final)

Friendly Matches Against Visiting Teams

British Club 18	Bangkok Japanese 12
British Club 12	Kedah Rugby Union 24

Regular Sports, Games & Activities

Aqua Aerobics

Tuesday 10:00–11:00

Bridge

Sunday 3:00pm–6:30pm Tournament play in Suriwongse Room (except last Sunday of every month)

Cricket

Thursday 6:00–8:30pm Practice - Back lawn

Football

Tuesday 7:00–9:00pm Practice on the Tennis Court

Hockey

Thursday 9:00–11:00pm Practice on the Tennis Court

Pipe Band

Monday 7:00–10:30pm Practice - upstairs Clubrooms
Wednesday 7:00–10:30pm Practice - upstairs Clubrooms

Rugby

Thursday 7:00–9:00pm Practice on the Tennis court

Spoofing

Tuesday 8:30pm until late - Churchill Bar

Squash

Thursday 5:15–9:00pm Mix-in
And 1st Sunday of every month 10:30am–2:15pm

Swimming

Friday 2:00–5:30pm junior classes
Saturday 9:00am–2:00pm junior classes

Tennis

Match Play

Monday 6:00–10:00pm

Mix-in All Standards

Wednesday 6:00–10:00pm

Friday 6:00–10:00pm

Sunday 4:00–6:00pm

Ladies Mix-in

Tuesday 8:00–11:00am

Thursday 8:00–11:00am

Tennis Coaching

With Khun Pierre...

Friday 3:30–5:30pm: Junior tennis

(Contact Amnat or Rit in the Fitness Centre for more details)

Yoga

Sunday 2:30–3:30pm

Sports/Activities Price List

Aqua Aerobics

Bt 3,000 for 10 sessions

Cricket

Use of cricket nets - Bt 300 day/Bt 600 evening if lights needed

Massage

Thai massage/foot massage - Bt 250 per hourly session (except Mondays)

Squash

Private coaching with David Lines - Bt 700 for 1 hour

Squash courts

Bt 50 per 45 min

Swimming

Classes with Bangkok Dolphins - Bt 3,500 for 10 lessons of 30 min

Tennis

Private coaching with Khun Jang - Bt 550/hour

Junior Tennis

Bt 5,500 for 10 lessons (Friday)

Tennis courts

Bt 30 per hour am/Bt 90 per hour pm

Tennis knockers

Hourly knocking sessions with - Khun Kaew (Bt 500), Khun Tom (Bt 400), Khun Choon (Bt 400), Khun Phon (Bt 300), Khun Champ (Bt 300)

Yoga

Bt 2,500/month for 10 sessions; drop-in Bt 300 per session

SUDOKU MANIA

Well, we've finally run out of Margaret Miller's marvelous crosswords . . . and if that were not bad enough, the gremlins got into last month's sudoku and added a couple of numbers where they shouldn't 'ave been! Abject apologies to sudoku fans.

To make amends, we have a special Sudoku Mania page this issue (carefully checked before printing), with THREE Sudoku puzzles of graduated difficulty – and THREE bottles of wine up for grabs. There will be three separate draws for each Sudoku, so it's theoretically possible for one person to win all three bottles of wine and establish themselves as the British Club Sudoku Master (*Sudoku-Sensai*).

Fax or deliver your completed sudoku/s to Barry Osborne as soon as possible after receiving Outpost. Entries must be received by the 10th of the month. The author of the first correct entry (for each Sudoku) drawn out of a hat will win a bottle of wine.

Each sudoku has a unique solution that can be reached logically without guessing. Enter digits from 1 to 9 into the blank spaces. Every row must contain one of each digit. So must every column, as must every 3x3 square.

3		7	9					4
	2							
						5	6	
	6	5		9				
		4	3		5	7		
				8		1	2	
	8	6						
							7	
5					7	8		3

Rating: 'Jolly Difficult'

Solution times: < 30mins – keep eating those walnuts; 30-60mins – Grab a fly-swat and give yourself a pat on the back!; longer than 60 mins – just be thankful that you solved it at all!

Puzzles

						1		4
2					6			
		5	8				2	
		9	1				6	
6					4			
						9		7
	5	6	7	1			8	
	2		3					
	7	4	6	2			3	

Rating: 'Difficult'

Solution times: < 15mins – you don't belong on this planet; 16-30mins – sublime; 31-60mins – well done; longer than 60 mins – keep practising . . .

	8		9	2				
						3		7
	6							
7		5			3			
			8				1	
3								
			6	1			9	
4						5		

Rating: 'Diabolically Difficult'

Solution times: Forget the time, Sudoku-san! Can you do it or not?

December Crossword

Sorry folks! There were no correct answers to the crossword last month (you were all undone by the Robt. Browning quote at 5 down).

Solution

Across: 7 Enigma, 8 Polish, 10 Exhausted, 11 Eid, 12 Deciduous, 14 Paw, 15 Hop, 16 Rigmarole, 18 Jug, 20 Cashpoint, 21 Campus, 22 Adrift.

Down: 1 Legend, 2 Nightcap, 3 Smoulder, 4 Pond, 5 Rise, 6 Shadow, 9 Strongest, 13 Stampede, 14 Prolific, 15 Hijack, 17 Estate, 19 Game, 20 Clue.

First of all let me wish everyone a Healthy and Happy New Year on behalf of our Captain, Peter Skinner, Vice Captain, Gordon Milne and all the Committee. We have had a wonderful year of golf with many special memories and even those of us who didn't improve much in our game, still had a great time. However several of our members have improved in leaps and bounds and their handicaps have been cut to prove it! Congratulations to Belinda and Laurie, Mary, Maureen, Rosemarie and Jenny for the ladies and Peter S., Gordon, David H. and Robert who have dropped several strokes this year.

Golf is a funny game; when you are playing well you can't understand how you ever played badly and when you play badly you can't understand how you ever played well. It seems either quite easy or impossibly difficult. Let's hope 2008 brings it all together for those of us still struggling.

Millward Brown Firefly Medal

A slightly smaller (but select!) field than usual due to various competitions happening, but some really good results, especially in Division 1. Roy came in with 68 and so did Gaeow who lost on countback; hard luck Gaeow, no medal but a 1 stroke handicap down to 15. Never mind, she can handle it! Karen H. came in third. Division 2: Bob with 73, Peter Gale, 74 and Rosemarie 74. Roy also took a sliver off his handicap and is now down to 11.

Thanks to all our sponsors this year: Pat Dean, Seara Sports, for the matchplay competition, Peter Skinner for our Hassall stableford and Gordon Milne for the Millward Brown Firefly Medal - we couldn't have done it without you! Thanks also to the sponsors for the many other events throughout the year.

DOUG'S WAY TO PLAY

Mental Game Focus: In your pre-shot routine you must picture 'where you want the ball to go' and NOT 'where you don't want the ball to go'. The subconscious mind does not understand the word 'don't'. The subconscious mind controls your swing. All good players have the ability to visualise where they want the ball to go before they hit it.

Successful shot making on the golf course involves the following process: SEE IT (visualize the shot) - FEEL IT (make a practice swing with the shot in mind) and TRUST IT (confidence in your swing). You should develop this with some GAME SITUATION practice on the driving range. Finish off each practice session by pretending you are on the golf course and playing a hole you are familiar with and go through your whole routine. Develop your SEE IT, FEEL IT and TRUST IT players' mode.

Doug Hood, USPGA Master Teaching Professional

A big thank you and Happy New Year to Doug and his family for his great Doug's Way to Play.

The SUAL Cup - match against the Golfers Cocktail Lounge

A fine way to end the year! We are proud to announce the SUAL Cup remains in our trophy cabinet. It was a great day at Majestic Creek; perfect weather and the course in good condition. Very difficult greens - really slow uphill (really slow, really, really slow) and fairly fast coming down, though some of them much faster than others with some pin positions on the sides of slopes. Okay I know it makes sense slow up, fast down, but go and play it and see how confident you are at the end of the round! However, the scores were excellent and special congratulations to Maureen and Gaeow who won their match 7 and 6. Near pins taken by Barry, David H., Laurie and Ray, long drive to Peter Skinner for the men and Belinda for the ladies. Tom got the long putt. The GCL didn't have as big a field as usual so we lent them Todd and Cheryl who won for the opposition. Should have lent them Dave and I - would have made a more impressive victory for the B.C. Everyone went to Ben's lovely house on the beach as always, for an excellent barbeque. Our thanks to the GCL Captain, David and his team for the friendly competition and to Ben for his generous hospitality.

The DeMed Cup and the Ambassador and Inaugural Cups

Our annual Committee against the rest of the group match, and Barry has maintained his record of never playing on the winning team. That means the Committee stormed to victory with a 34.8 average over the members 33.62. I failed the committee badly with the only stableford score in the twenties, but was happily balanced by Edward for the members; only score in the twenties for them! A Flight went to Peter Skinner, 39; second, third and fourth Tom, Frank and George with 38. Congratulations to Peter for winning the Inaugural Cup. Flight B: Absolutely fantastic score of 44 points for Laurie to secure the Ambassador Cup, Barry second with 37 and Maureen and Jenny with 36. Jenny managed to score her 36 on the first 15 holes, which gives you some idea of the quality of her golf that day; however it was really bad luck that the wheels wobbled on the last few holes - a little more food available on the course would probably have made the difference but the Ashmans had given it all to the dogs. Well done Jenny for a great round. Near pins: David H., George, Laurie, Peter Skinner. Men's long drive Edward, ladies Maureen. Long putt - and it really was a very short putt - Belinda. I am sure she could scarcely believe it when she found it had held up as she was first group out, but no-one could putt on that green so she well deserved the prize! A very nice Eagle for David Humphries on the 10th hole, who chipped in with his second shot. Very well done on that one. Peter, Belinda, Laurie and Tom had to take off early and so missed the prize giving. Laurie I hope you got the wine, there were a lot of thirsty people eyeing it.



B.C. for the Cup



Committee rule OK?

Hassall at Rachakram

An enjoyable event at a new course for the B.C. Opinion seemed to be that it was challenging but interesting and one we should definitely play again. We were delighted to welcome guest Todd, whose surname is Guest, thus causing some slight confusion when Maureen signed him up! Todd took long drive and long putt - need I say more! Nice to see Andy and well done with 36 points, Bob second with 34 and Frank third, also with 34. Near pins to Karen H., Maureen, Ray and Frank. No ladies long drive - drat, I might have stood a chance if I had been there.

Seara Sports Matchplay competition

Pat def. George 2 and 1 at Rachakram; very tight game that one.

Frank and David H. tied at Amata Springs and will replay.

Peter Bond will play Gordon this week - sorry you will have to curb your excitement for the results of that one and in fact for the rest of the results. Give you all something to look forward to in the New Year.

A new Outpost golf section writer will be with you for the rest of the year; it's been fun ...

Valerie



Dream team



Welcome Guest



Golfer: I've never played this badly before"

Caddy: "You've played before??!"



"You heard me! Spit it out!"



Quote of the month:

Wonder why Jimmy Connors was such a cutthroat? According to his mother, Gloria Connors:

“Jimmy was taught to be a tiger on the court. When he was young, if I had a shot I could hit down his throat, I did. And I'd say, 'See, Jimmy, even your mother will do that to you.'”

COACH'S CORNER

By Marcel Petit



ATP tournament at Birkerød, Denmark

This month, Coach Marcel talks to BC tennis parents about the DOs and DON'Ts of supporting children who wish to compete.

Your darling has decided to participate in competition: how do you help him have a good time and progress at the same time? Tennis is a game, and the fun in competing is above all, the fun of playing. Win or lose, the most important thing is for your child to do his best. Since parents play a vital role in the sports education of their child, I would like to address a few issues which I believe are vital to a child's tennis education.

All the youngsters I have coached over the years, whether it be in France or abroad, on a national level (ITP, ATP, or WTA), have the following points in common:

- They have very concerned and involved parents able to provide encouragement and material support; they keep a distance from short and mid-term results; they never try to take the coach's place.
- They are children who really love tennis, children, in fact, who live and breathe tennis!

Look at the Eysserics, parents of No. 1 junior champion Jonathan, a finalist at last year's Australian Open Junior event, and, at 17, currently ranked about 500 on the ATP.

I say "Bravo Pascale, Didier...and of course, to the principal actor, Jonathan!!" Of course, there are exceptions to the rule, but they are few and far between....and often these kids succeed IN SPITE of their parents, not THANKS TO them.

PARENTS: IT'S ALL UP TO YOU!

THE DON'Ts

Do NOT over-congratulate your child for a win or dramatize a loss. You could simply make him feel that he's "made it" and unconsciously encourage him to be satisfied with his current level of play. On the other hand, in dramatizing a loss, you only add to his natural disappointment and increase the stress he will experience when playing matches in the future.

Do NOT try to realize your own dreams and ambitions through the performances of your child. If your child is to succeed, it will be because tennis is HIS passion. If you try to impose your dreams on him, you run the risk of being totally disappointed the day he comes into his own as a person.

THE DOs

Try to help your child ENJOY match play. Competition must remain just that: a game! The child must experience a match as a special moment in his life. In order to maintain the pleasure of match play, it is important for the child to win more often than he loses. This might mean playing in lower-level events if the child chalks up too many losses.

Try to develop your child's sense of sportsmanship: he must learn to compete while respecting his opponents. Aggressiveness, courage, and determination are not synonymous with "hate". Respect should be the foundation of your child's sports education – it is a key value and must be learned early.

Try to help your child become increasingly independent. Teach him to prepare his own tennis bag, and let him carry it. Make sure he introduces himself to the tournament referee by himself. It is by letting him handle things, little by little, that he will learn to make the right decisions on his own. And remember that he is all alone on the court – all by himself in making the right – or wrong – choices.

Next month, I will discuss the following issues:

- How your attitude increases stress during competition
- Accepting unacceptable behaviour
- Setting impossible goals
- Using irony and sarcasm to motivate your child
- Supporting your child in silence
- Congratulating your child when he behaves well
- Staying positive after a loss; your job is to encourage him
- Respecting your child's opponents as well as his parents.

FRIDAY IS KIDS' DAY ON THE TENNIS COURTS

Since last October, Friday has become a VERY special day for the BC's youngest tennis aficionados thanks to weekly lessons given by one of Bangkok's top tennis coaches, our own Pierre Sequier!

All children aged 5 and older are welcome!

Classes are organized according to age and level of skill of each individual child. Appropriate teaching materials are used so that the classes are both fun and productive! The youngsters come to have a good time as well as to improve their tennis. The one-hour group lessons give the children a chance to learn proper technique and exercise their bodies through group games as well as skill-specific drills. At this age, it is of the utmost importance to give children the proper foundations in stroke production, coordination, speed, control and other motor skills that are necessary for the child to progress. And all this in a relaxed atmosphere where FUN is the game plan.

WHEN: Every Friday, 15:30-17:30, starting in January. Contact the Fitness Centre for further information.

Best wishes for a New Year filled with good tennis for all!!





THE ROYAL TROPHY



EUROPE vs ASIA GOLF CHAMPIONSHIP

AMATA SPRING COUNTRY CLUB

BANGKOK, THAILAND

11 - 13 JANUARY, 2008

FOR CORPORATE HOSPITALITY : 662-651-9499 www.TheRoyalTrophy.com

DESIGNED BY: IDEACONNECT IN THAILAND



HOST VENUE



OFFICIAL SUPPLIERS



EVENT OWNER/PROMOTER



Squashy Bits



Marvyn sees sense



Granddad and Newdad



Rit loses to two girls

Happy Squashy New Year! I'm actually writing this early in December, with all the Christmas festivities ahead ... but I hope you all had a good one.

Christmas Mix-in and Party

The Squash Section was first off the mark with its Christmas Mix-in and Party on December 2nd. It was gorgeous cool season weather and 12 players playing in the mix-in. This was a day for the ladies with Da and Nan winning the two sections, David Fisher and Mark Smith being the runners up. The Christmas Party is normally well-attended but for some reason there were a lot of no-shows this year (you will be billed!). But for those who made it, it was a nice leisurely afternoon with friends in the sunshine accompanied by Marvo's marvellous music machine.



Party Time



Mix-in Winners Da and Nan



Action in Hong Kong

Hong Kong Football Club Veterans Team

In a new venture, BCB entered a veterans team (OFs as we affectionately call ourselves) in the HKFC DBS International 3s tournament in the second week of November. For eligibility in the event the sum of the ages of the 3 players had to be at least 150 years with a minimum age of 45 years, which meant of course that the BC could put out virtually any team it wanted to. Peter Corney, BC's leading OF, reports:

"Originally the team entered was David Lines, Steve Bell and Brian Ross with reserve Peter Corney. Unfortunately Steve had to go back to the UK for personal reasons and we managed to recruit Stuart Hardy who was visiting Thailand at the time. This gave us a very strong team.

We arrived in Hong Kong on Friday 9th with our first match scheduled for 7.30 pm in the evening. David Lines was very impressed with his hotel as he could put one leg in the bath, switch on the TV with his foot, and lie in bed all at the same time. There were 6 teams entered in the competition and these were divided into two groups of 3 with the winners of each group to play in the final on Sunday.

BCB had to play a Hong Kong team who were one player short and asked for Peter to fill in for them. Peter then had to play Brian Ross in the first match and kindly let him win 3-1. Stuart and David then won their closely fought matches. That evening I regret to inform fellow squash players that David Lines walked away from a free bar so that he would be fit for the next match on Saturday morning. I know this is difficult to believe but I was there and witnessed this unusual event.

The next morning the BCB won their second match against the HK Cricket Club with David and Stuart winning and Brian losing his match. They were then due to play in the final on Sunday morning.

On Sunday BCB had to play the tournament number one seeds, Hong Kong 1. Brian played first and in a nail biting game came out the winner. A very focused David Lines went on next and won in straight matches. Our boys had done it - they were the inaugural veterans team champions. The final was followed by an excellent champagne brunch catered for by the HKFC. After the brunch we watched the men and women's final of the HK Open squash championships. This topped off a great weekend.



Peter & the winning BC team

The event was extremely well organized by Phil Head and his team at the HKFC and the catering was very impressive. We didn't have to spend money on food or drink during the whole weekend. I would fully recommend that we go to this event next year and maybe enter a team in the open as well as the veterans."

Well done "boys"!

SEA Games

These will be over by the time you receive this but disappointing news was that only two teams entered the ladies squash event which therefore had to be cancelled, denying Nan a shot at a medal. Watch out for a report on the men's event next month.

Chiang Mai Squash and Cricket

The annual cricket and squash weekend in Chiang Mai will be held over the weekend of February 1/2/3rd. We already have a great squad signed up with two cricket matches and a squash match to play for. This is a very social weekend and if you would like to join the fun let me know.



Baby Emelia

Granddad

In the unlikely event that you have not yet heard, I am proud to announce that I became a Granddad when Vicky gave birth to Emelia in Wellington on 28th November. Mother, baby and Dad are all doing fine! Grandma Da and I are going down under for Christmas and New Year to do a bit of head-wetting.

League Winners: Congratulations to the winners of November League #225, Division 1 Ja Chaturan, 2 Steve Bell, 3 Brian Ross

Happy Squashing.

Jack Dunford



Are these the rogue pies?

'Monster' Wine tasting

“Wine can of their wits the wise beguile,
Make the sage frolic, and the serious smile.”

Homer – Odyssey (9th century BC)



The Club's 'monster' pre-Christmas wine tasting took place on Friday November 16th and was attended by nearly 200 members and their guests. Unfortunately we were let down by seven companies at the last moment as they decided to attend a wine tasting at Siam Paragon instead. There is no doubt it was their loss, as I'm sure our wine-loving Club members would have dug deeper into their pockets and purchased more wines than the freeloading floating crowd at Siam Paragon!

Also on sale were Xmas calendars and gifts from Lotus Design and our very own BC Christmas Cards. As we didn't get the companies we promised, we decided to give an early Christmas present to the members and scrap the 100 baht entrance fee.

Khun Laak created a huge range of canapés for the event including some rather unusual mince pies, which turned out to have been made from Christmas pudding and not mincemeat!! As we sold over 3000 mince pies last year, I thought we had better stick to our traditional recipe, so we quickly removed the offending articles before too many had been consumed and after a polite debrief with the staff the next day the first batch of 'proper' BCB mince pies rolled off the production line!

Mince pies aside, Khun Laak's canapés kept disappearing almost as quickly as they could be put out, and her curry buffet proved to be equally as popular. The Suriwongse Room was packed with eager tasters, and the Club's outlets were so busy that extra chairs had to be brought in. Well done to all the staff for pulling together and making it a night of fun and not 'wining' about being busy. Thanks also to all the wine companies who did come along.

The 'monster' Tasting was so popular that we held another final mini wine tasting on 7th December for those left wanting more. Once again around 60 members attended and snapped up last minute Christmas stocking fillers.

Barry Osborne



"You can't ardy get in edge-ways!"

Behavioral Training Revisited

by Al Lock

After my last column, it's come to my attention that I wasn't clear on what can and cannot be accomplished with behavior training. First of all, let me be very clear that behavior training will not change a person's personality.

So, what exactly do we accomplish with behavior training? Let's start by defining the difference between skill and behavior training. Skill training is knowledge based. If you know how to do something, you have the skill (although it may require practice to be good at it). Behavior training isn't about knowledge. It's about actions.

For example, you probably all know someone who doesn't manage their time very well. Why is that? Is it because they don't know how to use a calendar, a planner or Outlook? Or is because they don't take the time to do so? Most of the time, I'd guess it's the latter. And that is where behavior training can help.

With behavior training, we can provide willing participants (people who are open to this sort of behavior change) with positive experiences and feedback in a new behavior. We can also let them see what is in it for them, so they have a reason to want to modify their behavior.

Will everyone who attends the training adopt the new behavior? Probably not. However, for many organizations, getting 40% (assuming that 80% of them say they are willing to change their behavior and half of those actually do) of the people who don't manage their time to do so would provide a very significant return on investment.

Now, we aren't talking about anything huge here. We're talking about a change in how people use ten to fifteen minutes a day. Yet, it's a change that can have a very significant effect on an organization's success and effectiveness. And that is what behavior training is all about.



Editor's notes: Al Lock is the managing director of NLI Communication Ltd., a training consultancy that specializes in delivering custom-built communications and behavioral -change training to corporate clients.

al.lock@nlicomm.com
www.nlicomm.com

Moving can conjure up all manner of expectations. But it's the best of Asian service that we admire. The politeness, the manner in which people tend to your every needs, the caring attitude and accompanying comfort. Combine this with a decisive action - orientated team that allows you the freedom to make decisions and plan your move as you wish. All so that you can have a better experience wherever in the world you choose to go. It's just another of our Asian specialities.

beyond your **EXPECTASIAN**



The Relocation Specialists

Sirinrat Building, 21st Floor, 3388/74-77,
Rama IV Road, Klongton, Klongtoey,
Bangkok, 10110, Thailand:
Tel: (02) 687 7888; Fax (02) 687 7999
www.asiantigers-thailand.com;
info@asiantigers-thailand.com

- › Cambodia
- › China
- › Hong Kong
- › Indonesia
- › Japan
- › Laos
- › Malaysia
- › Philippines
- › Singapore
- › South Korea
- › Taiwan
- › Thailand
- › Vietnam

Book Reviews



LONELY PLANET CALENDARS

- (1) Wall Calendar
ISBN: 9781741048803
(2) Festivals Calendar
ISBN: 9781741049862
(Lonely Planet)
Bt.450 each

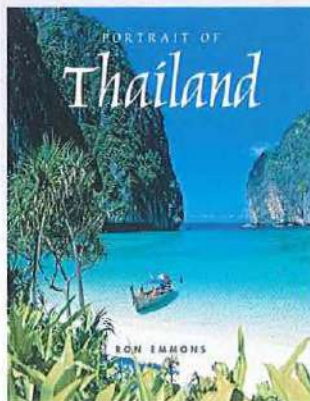
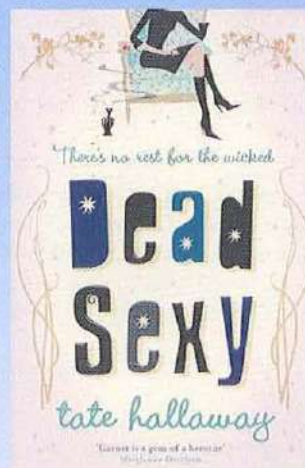
Step into 2008 with these Lonely Planet calendars. The Wall Calendar 2008 offers a new adventure to a different corner of the world each month through evocative text and stunning images. Marked with major holidays worldwide, there's plenty of space to record your own important events. The lush and colourful Festivals Calendar 2008 makes the most of the fantastic visual diversity of festivals and their vibrant nature. Each month features several different festivals from around the world – one illustrated with a large image while other festivals are also pictured.



DEAD SEXY

By Tate Hallaway
ISBN: 9780755336579
Paperback (Headline review)
Bt.399

This is a great example of a rapidly growing genre that takes the best elements of chick-lit and mixes in a darker, sexier magic theme. Sequel to "Tall, Dark and Dead", Garnet Lacey is a witch who frets as much about her vampire boy friend as breaking the heel of her stilettos. She should've known she'd never get away with murder – especially when the people she unleashed Lilith (her inner goddess) on were Vatican witch hunters still chasing her after they destroyed her original coven. Now she's dodging a seriously gorgeous FBI agent on her trail as well as student zombies and her vampire boy friend's ex – there's no rest for the wicked...



PORTRAIT OF THAILAND

By Ron Emmons
ISBN: 9781847730848
(New Holland Publishers)
Bt.695

This is a luxuriously illustrated celebration of The Land of Smiles. Capturing the diversity of Thailand's magnificent scenery, from emerald paddy fields to some of the world's most beautiful beaches, this pictorial tribute also reveals Thailand's rich cultural history, its colourful and vibrant festivals and ceremonies, beautiful temples and exotic wildlife. Featuring a brief introduction to the history and culture of Thailand, a detailed map of the country and 160 sumptuous photographs with informed commentary, this book will adorn even the most discerning of coffee tables.

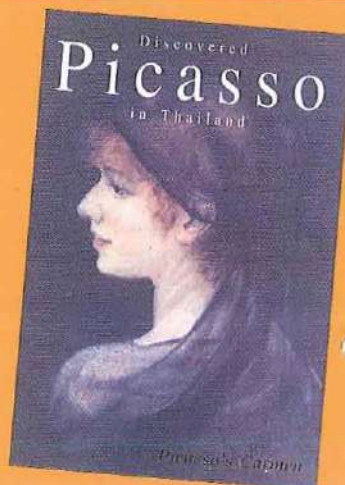
Editor's Note: This month's book reviews are generously provided by B2S bookstores

B2S
Books • Music • Stationery

**A Missing Masterpiece in Thailand
Only @B2S**

"Discovered Picasso in Thailand" is an intriguing art detection story. In 1983 Sittha Tianukrit was shown a beautiful painting on an old piece of cardboard. From the start he was fascinated by the quality and artistry of the image and he became convinced that the signature on the painting was that of Picasso. This book, in its luxurious presentation box, is a culmination of over 30 years of research that reveals the evidence to back up this theory and on the way places in an historical context the importance of the patronage of late 19th Century European Art by King Rama V and the Thai Royal family. Available exclusively at B2S in both Thai and English language versions, price Bt 1890.00.

For more information please contact the B2S hotline on 02-101-7200 or visit www.b2s.co.th





NIST offers a truly international education to its culturally diverse students aged 3 to 18. As the only school in Bangkok offering all three International Baccalaureate programmes, NIST has become the leading IB school in both Thailand and South East Asia.

Being independent of national systems, NIST is able to employ the best educational practices and practitioners from around the world. Our aim is to develop students who have the skills necessary to be life-long learners, confident leaders, decision makers and responsible citizens.

For further information call NIST on 02-651 2065, visit our website at www.nist.ac.th or send an email to admissions@nist.ac.th



NIST - New International School of Thailand
36 Soi 15 Sukhumvit Road, Bangkok 10110 Thailand
Tel: (02) 651-2065
Fax: (02) 253-3800
email: nist@nist.ac.th www.nist.ac.th





Diabetic Care Program

Diabetic Care Program

Descriptions

Physical Examination
 Eye Screening by Ophthalmologist
 Non Mydriatic Fundus Camera
 Nutritionist Consultation
 Fasting Blood Sugar
 Hb A1C
 Total Cholesterol
 Triglyceride
 LDL - Cholesterol
 HDL - Cholesterol
 SGPT
 SGOT
 Alkaline Phosphatase
 Creatinine
 BUN
 Uric acid
 Urine Examination
 Chest X-ray
 Electrocardiogram (EKG)
 Ankle Brachial Index (ABI)
 Complimentary Meal Voucher
 Hospital Service & Nursing Service

Well-Being with Diabetes

Living with diabetes. Make sure you have regular check-ups, at least annually to prevent possible complications.

The Diabetes Care at Samitivej Sukhumvit 49 offers a comprehensive approach treatment of diabetes and other endocrine disorders.

Diabetic Care Program

5,500.-

(Inclusive of doctor's fee and service charge)

Now - March 31, 2008

(Only @ Samitivej Sukhumvit 49)

**Purchase this program;
 and get 10% discount on the below items:**

- Urine Microalbumin
- Creatine Phosphokinase (CPK)
 (Muscle enzymes test)

for more information please contact

Call Center : 0-2711-8181 E-mail : info@samitivej.co.th