

# OUTPOST

MONTHLY MAGAZINE OF THE BRITISH CLUB

MARCH 1992





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## THE BRITISH CLUB

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*It's a camp out.*



*British Club annual staff bash.*



*Chantaburi orphanage outing.*

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## Meet the New Members



**Laura and Gary Meyers.** Laura is Australian and husband Gary is American. They have been in Bangkok for 4 years and previously lived in Hong Kong for 5 years. They have two children and are joining the British Club because it is family oriented. Gary is with Kendall, dealing in hospital supplies. Laura likes working out and is a dab hand at Indian food. Gary plays squash in a trenchcoat and also likes watersports and tennis.

**Marilyn and Allan Forrest** are from Perth and on the night in question couldn't decide whether they had been here 7 or 8 months. Prior to Bangkok they have lived in Hong Kong and the UK. Allan is with Christiani & Nielson in construction — high rises, golf courses and that sort of thing. They like squash, tennis and aerobics and had to leave early because Allan had been doing aerobics all night on Sunday and all day Monday (the mind boggles!). Oh yes and we think they must be related to Dugal at some point in the past.



**Catherine McGrath and Nicholas Stuart** are from Sydney and are engaged — getting married in September. This is their first international assignment, Nicholas has been here since September and Catherine has only just arrived. They are both journalists — Nick for ABC as Indochina correspondent although he was a bit fuzzy about what he actually does, anyway he does it in Vietnam, Laos, Cambodia, Burma and Thailand. He expects to travel a lot. Catherine works for news on 107 and is also freelance. Nick's hobby is his work(!) and sometimes football and bridge. Catherine enjoys tennis, hockey, travelling and being a spouse in training!



**Bina and Vinod Poomull** are both from Stockport and although Vinod has been here for 2 years, Bina only arrived 4 months ago. She didn't want to come before that. They have lived in Spain but came here from the UK. Bina likes working out, watching TV, social work and looking after their 3 children. Vinod works for Bavin Thailand and exports goods world wide. When not doing that he enjoys snooker and cards.



**Julia and Lee Taylor** have been here for 3 months and it is their first time abroad. Had to leave UK because of pending bankruptcy, paternity suits etc — sounds suspicious to me! Lee is a lawyer for ILCT, says he's Phillip Charlton's improvement both at work and on the rugby field! Julia is a teacher at Patana for the 6 & 7 year olds. Lee is into sex-education and thugby and Julia is a keen swimmer.



**Alistair McLeod** is Australian and has been here for just 7 weeks. His wife Mary is arriving in 3 weeks. He is General Manager of Thai-Bauer and this is his first posting abroad apart from a year in Vietnam during the war. He likes swimming, rugby and rowing-tricky on the Chao Phya! Mary likes swimming and tennis.



**Maura and Frank Duggan.** Both from Eire (all the best people are of course!) and have been here for nine months. Frank is Managing Director of ABB Distribution (for his sins) — distributes electricity but says not to blame him for power cuts! Have lived in South Africa and Sweden but came here after 5 years in Eire and are surprised that they like it! When not looking after their 18 month old son, Maura is studying marketing at Stamford College. Frank likes golf and is a retired rugby and football player but will consider coming out of retirement if pressed. Maura has just started golfing.



**Linda and David Longstaff** are British and came here from Wisbech, after the initial shock they love Bangkok. This is their second posting — during 85-87 they were in Saudi. David is Plant Manager for CMB Packaging in Samrong (SamutPrakan). They have a son and daughter at boarding school in Worcester. Linda is Scottish and likes 10 pin bowling and shopping. David likes golf and non-energetic sports like snooker, cards, darts etc.





**Andy Nash** is Welsh and is in Bangkok with British Gas Thailand as senior Drilling Engineer — starts drilling in the Gulf in March. He arrived 2 months ago and is a reluctantly eligible bachelor. This is his

first time abroad and he finds it different but enjoyable. He is a golfer and squashie (when fit) and retired rugby player but it's still good from the armchair!



**William Caddy.** Missed him but was told that he is Australian with a Thai wife and works for Castrol Thailand. Has been in Thailand on and off for the last 2 years.

As I was away for this month's New Members' Night, Alexis Welsh kindly stepped into the breach. Thanks Alexis — all writs should be addressed to her directly this month!

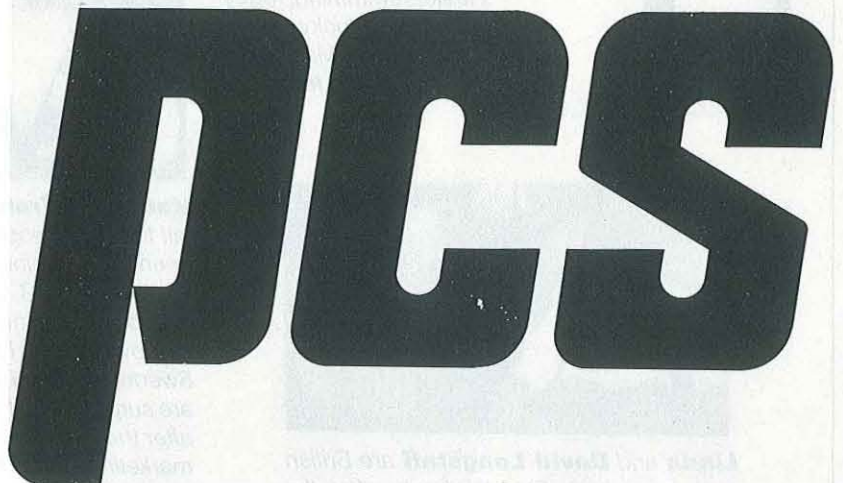
#### FAREWELLS

This month we bid a fond farewell to the following members:

Mrs S.L. Olsen	Mr D. Dowson
Mrs J.M. Molan	Mr M. Wheeler
Mr M. Claringbould	Mr P.H. Coulson.
Mr C.R. Corlett	

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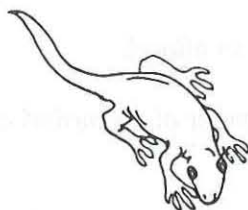
# **F**ROM THE EDITOR

THIS is more of a "begging letter" than a scribble from the editor. We desperately need contributions of articles for *Outpost*. And yet if I asked for financial contributions I suspect I would be more successful. If you have been to a new restaurant we'd like to hear about it or if you've been on holiday, we'd love to read about it. Or even if you've just had one of those frustrating Bangkok experiences that is funny in retrospect (or even if it isn't!) we'd like to hear about it.

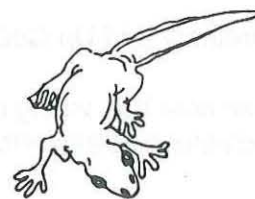
Deadline is 5th of the month (regular contributors please note new deadline) and articles can be left at the Club for me.

Thank you!

Fiona



## **Ching-Chok**



### **TENNIS**

For those 'night owl' tennis players we are or we will have, by the time you read this, installed a new lighting system on the hard courts and the good news is it won't cost you any more to play (unless the tennis committee decide otherwise).

### **SQUASH**

Also for those who have guts to play Court 1 has undergone major renovations — a new air-truss floor together with an armour coat front wall plus new lights.

Now you have no excuse for wearing the wrong type of shoes!!





# **F**ROM THE CLUB MANAGER

## **BACK FROM LEAVE**

It's nice to be back after nearly one month's absence and straight into V.A.T., Annual General Meeting and the Year Book, now I need another holiday. I also commence my 4th year as Club General Manager and look forward to many more years happy association with the Club and its Membership.

## **A.G.M.**

The A.G.M. will soon be upon us and I would like to express my thanks to the members of the General Committee for their efforts and support during the year, it's difficult to single any individual out for praise as they have all worked well together for the benefit of all the Members and various sections. I would be more than happy if they all stood again and were elected as it's a thankless task.

## **NOTICE**

The British Club Annual General Meeting will be held in the Suriwongse Room

7.00 p.m. on Tuesday the 24th of March 1992

All Ordinary and Up-Country Members are requested to attend.

Please note that voting rights apply to the named Member of a married couple and cannot be transferred to the spouse.

## **POOLSIDE LADIES' CHANGING ROOMS**

In order to improve security more lockers will soon be available for rent. We are also introducing a "Bag Deposit" system similar to that in Central Department Store. Both of these systems are being introduced to ensure the safety of articles left in the changing rooms so please use them.

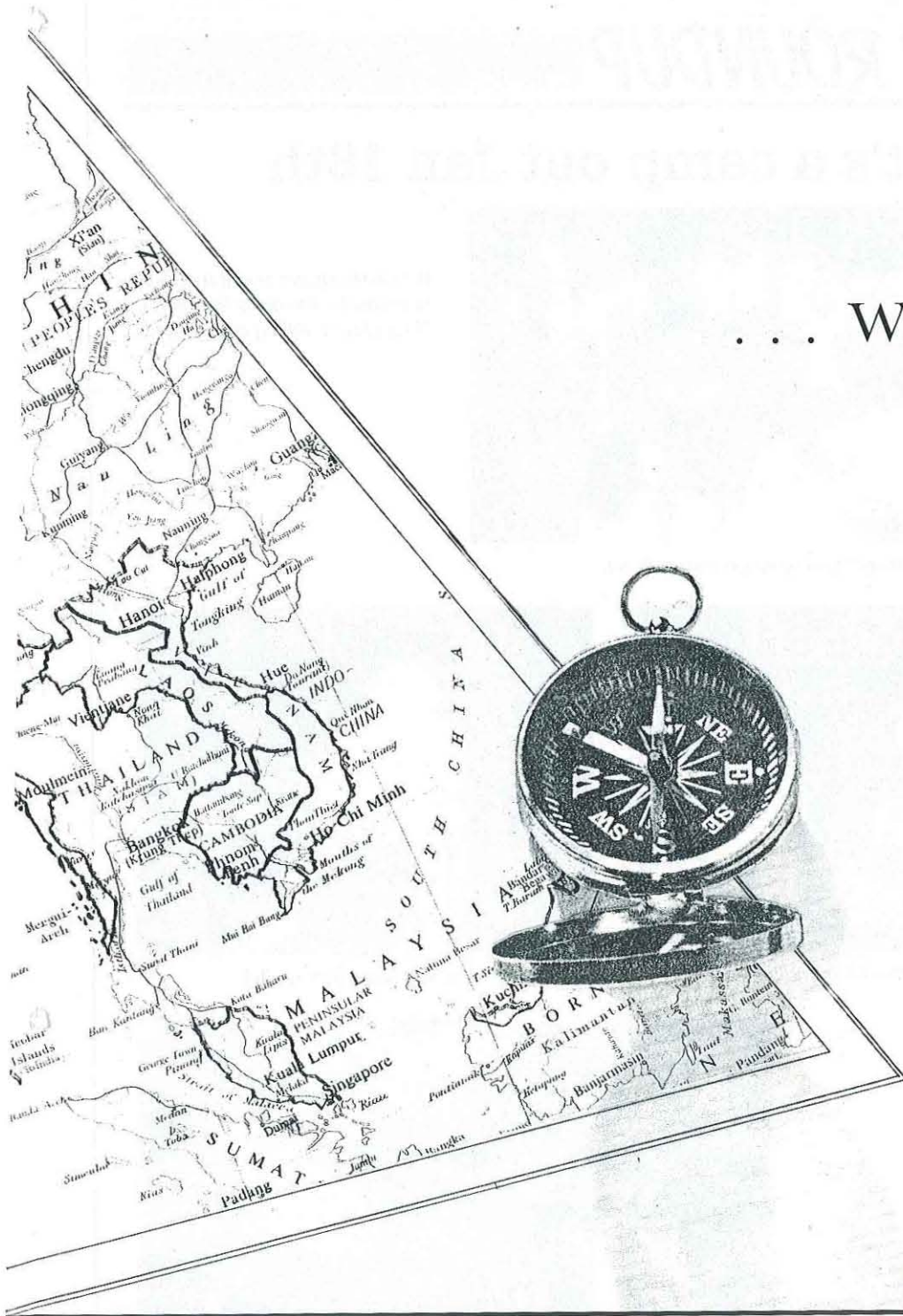
From April 1st a "Magic Eye" camera will be in operation to capture on video any misdemeanors in the Ladies' Changing Room. Volunteers are required to man the monitor — contact me for further details.

Does anyone know of a local lady who would like to work at weekends doing manicures, pedicures, blow dries etc? These facilities would be offered in the Ladies' Changing Rooms (sorry boys!) and members could pay the lady direct.

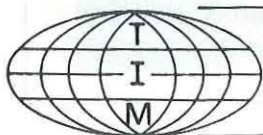


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# CLUB ROUNDUP

## It's a camp out Jan 18th



82 little troopers spent a chilling night under the stars listening to Uncle Frank telling stories (tall).

Sleep!! you must be joking Frank.



Just like Mum makes.



Miss you Mum (not really).

Right get in line.





# British Club's Annual Staff Bash



Photo shows 13 staff with some of the main committee after being presented with long service awards 15 years to 25 years service.



Yes its him again.



RIGHT and one two three.

The day started with a Tamboon ceremony followed by football and various other games.



The evening party and Disco afterwards.





## Members at Work & Play

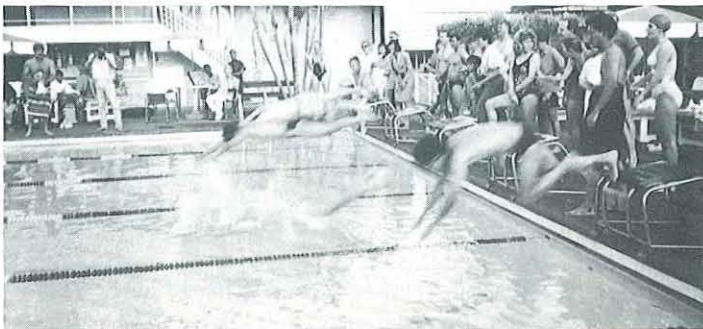


*Dedication to Duty — that's my boy (Brian).*



*Ray enjoying the Frank Forde Christmas show.*

## What's happend around the Club



*UNOCAL (Thailand Ltd.) recently held their swimming tournament at the Club.*

*(T.C.L.) Thailand Cricket League recently hosted the teams from Hong Kong & Malaysia to a dinner at the Club. Photo shows the final winners of the Volvo Tournament Hong Kong.*







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# Borvon Knights



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**SATURDAY 25th APRIL, AT THE ROYAL ORCHID HOTEL**

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# CHANTABURI ORPHANAGE OUTING

FOLLOWING my appeal in the December issue of "Outpost" I am pleased to report a very successful response and I would like to personally thank the following people and companies who so generously donated cash, goods, time and effort:-

## **CORPORATE:**

Carolyn Tarrant	—	U.K.C.T.C.
Bryan Baldwin	—	Castrol
Andrew McDowell	—	Hoechst
Barry Shea	—	Pepsi-Cola
Nigel Hardy	—	Kingfisher Holdings
Philip Poole	—	Lever Thai
Kusa Panyarachun	—	World Travel Service
Khun Paweena	—	Football (Thai) Ltd.
David Thomas	—	Inchcape

## **PERSONAL:**

Keith Bell  
Paul & Anne Marriott  
Peter Snell  
Ernie Jurgens  
Des Kennedy  
BC Rugby Section  
BC Spoofing Section  
Richard Hempson — BC's oldest member  
James Howard  
Khun Aroon and friends  
Khun Paitoon — BC  
Khun Sakdep — BC  
Khun Puvanal — BC  
All the anonymous BC donors  
Last, but by no means least my fiancée and fellow organiser  
Khun Supisa Phatmongkol

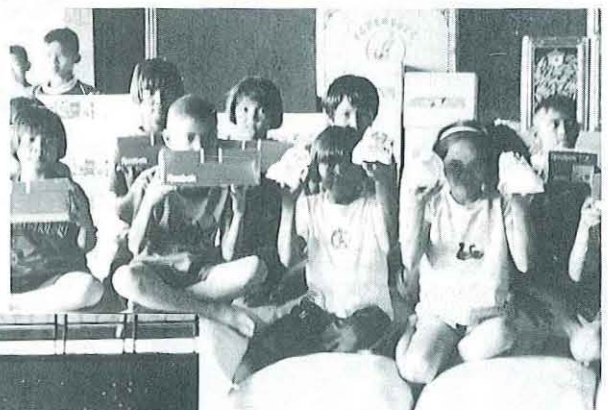
\*\*\*\*\*

The pictures shown on these two pages were taken on the 18th & 19th January when we organised a fun weekend at the orphanage and delivered all your generous donations.





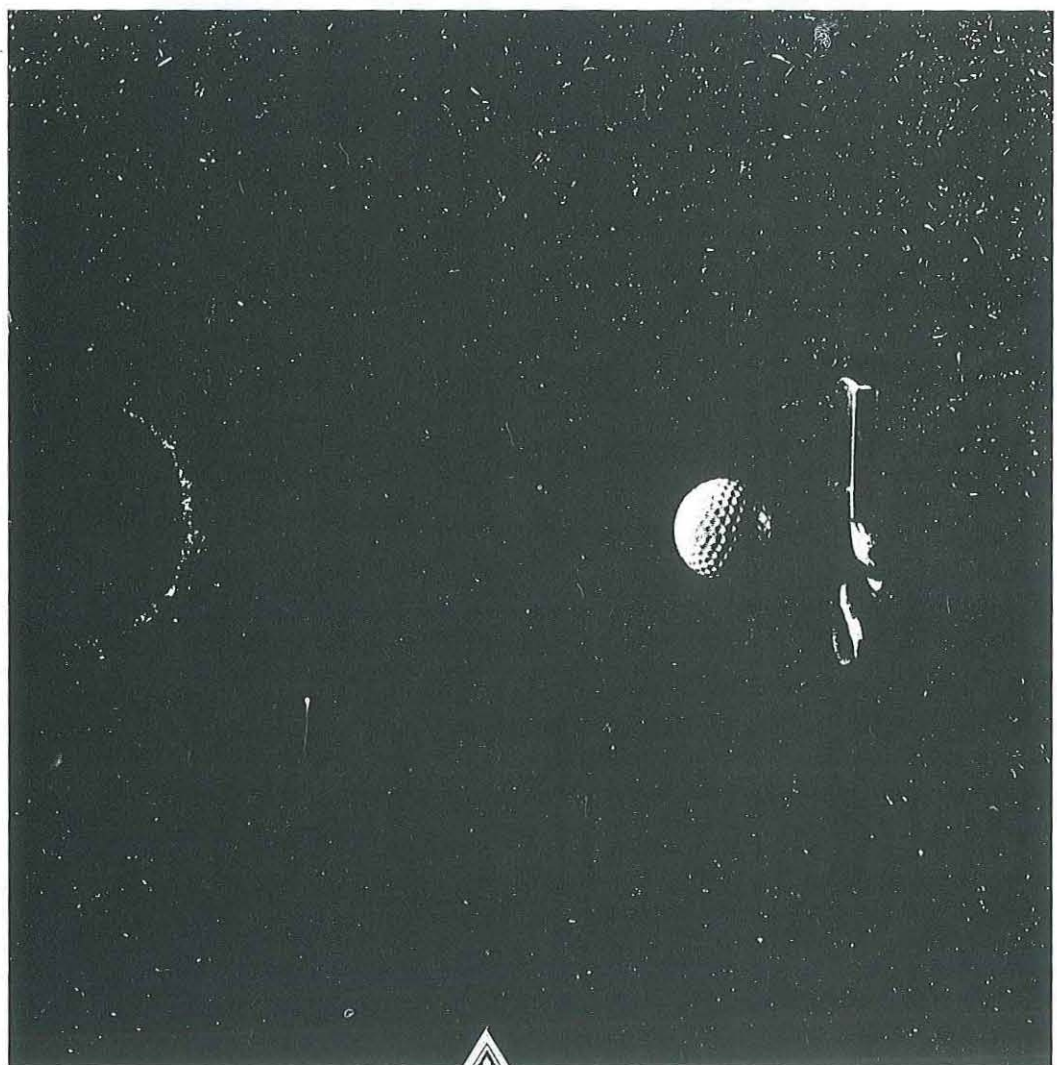






# Is this where you pray on Sunday morning?

We know an even better place to experience joy and fellowship than the golf course.  
Our place. This Sunday experience the miracle of Jesus Christ on our turf.



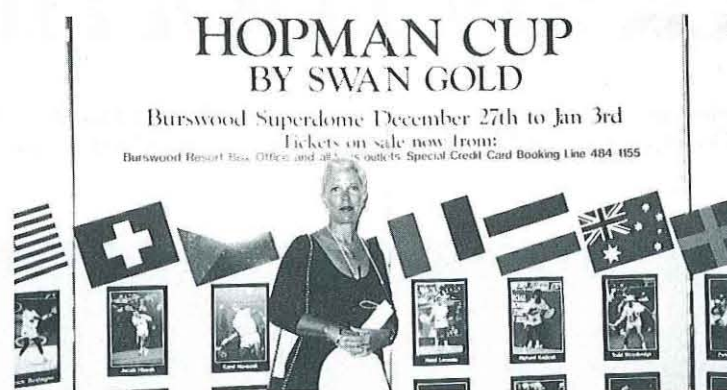
11 CONVENT ROAD  
TEL: 234 3634



SUNDAYS: 07:30, 10:00,  
15:30 - (Thai)  
18:00



## The Hopman/Mallet Cup



YES, I know it's not called the Hopman/Mallet Cup. I know it's called only the Hopman Cup and I certainly have the greatest admiration for Harry Hopman, the late non-playing captain of Australia's Davis Cup teams, after whom the tournament is named. But you'll forgive me if I feel just a little attached to the whole affair. Picture this:

The day: 27 days into the month of December, 1991

The time: 8.25 am

The place: Qantas Flight QF 16, somewhere over south-east Asia

The drink: Black coffee

The habiliment: Shoes - none!

The scenario: A tall, strong handsome, athletic, sturdy, young, blond man walks past a woman unpacking her needlepoint. He's carrying ten tennis rackets in leather racket bags slung over his shoulders. She's got seven magazines and a half-completed Kaffe Fassett needlepoint pillowcase on her lap. Do they have anything in common? She looks at him. He looks at her. He's got a crew cut. So has she. What else? She says to him, "Are you going to play tennis in Perth?" He says to her, "Yes." She says to him, "When?" He says to her, "Monday." She says to him, "Why?" He says to her, "The Hopman Cup." She says to him, "Oh" He waits a moment and then says to her, "See you later." And with that Boris Becker

proceeds to his seat. Wasn't that a brilliant conversation! Now if that isn't enough reason to call the whole tournament mine then I don't know what is!

When I booked to go to Perth for New Year's I'd forgotten all about the fact that the Hopman Cup takes place there at about that time of the year. Nor did I know that all the players would be staying at the same hotel I'd booked for Maria, my daughter, and me. I'd dithered between a room at the Esplanade in Fremantle, site of the Americas Cup some years ago, and the Burswood, a resort complex within minutes of the Perth business district. I'd finally settled on the Burswood because I recalled that it had a nicer swimming pool. Little did I guess that by being at that hotel I was in a unique position to get tickets to the Burswood Superdome to what was an already sold-out event which I hadn't even recalled was going to happen. What luck! Sometimes it was the hotel manager who was giving away tickets — one day it was a complete stranger! I didn't miss a match. For the night that the star attractions Boris Becker and Steffi Graf were scheduled to play I'd been pestering everybody I could lay my hands on for tickets but most just fell down on the floor they laughed so hard — then a woman rang the hotel, her husband was ill and she wanted to give away her two tickets. When



the operator called me and asked me if I'd like them, I quakingly asked how much. The reply was, "No, nothing. The lady just doesn't want them to be wasted." Can you imagine such kindness? The coup de grace was being invited by a friend who had a box for the finals — you know those people you see doing all that eating and drinking on the sidelines at tennis tournaments in Australia (unheard of anywhere else) — well this time I was one of them.

If you're not a tennis buff then perhaps you don't know what it all meant. Having breakfast every morning in the coffee shop with so many of the best tennis players in the world — like Arantxa and Emilio Sanchez. Swimming in the pool with Helena Sukova. Going for a bike ride and seeing Karel Novacek working out. Chatting with Derek Rostagno in the elevator about both of us having places in California probably no more than fifteen minutes apart — he in Pacific Palisades and me in Malibu. Seeing Jacob Hlasek, Manuela Maleeva, and their very wholesome mates, every evening in the dining room — they never went out of the hotel once while they were there except to cross the road to the stadium. And win the tournament! Seeing the two Japanese players, Date and Yamamoto, at every single match — they lost in the first round but were the only two players who remained on after a loss and attended every single match up to, and including, the final — true Japanese dedication. Walking past Henri Leconte and cringing because I'd said "Hi Guy" — I thought he was Forget!

Anyway, it was a big thrill. The Hopman Cup is the first world team championship for men and women; an event designed to showcase unprecedented combinations of the world's best players. The event features two representatives from twelve leading tennis nations. In each tie, the men and women compete against each other in singles and team together for the crucial mixed doubles. Two Rebound Ace courts are laid — one for practise purposes and the other to showcase this innovative sporting event. Sukova and Miloslav Mecir received the first Hopman Cup from Mrs. Lucy Hopman, since then Pat Cash, Hana Mandlikova, John McEnroe, Pam Shriver, Yannick Noah and Monica Seles, amongst others, have participated.

The kids ran all over the place getting everybody's autograph, and I got to see a tennis spectacular that will no doubt continue to grow

in popularity over the next years. All the players love to go to Perth, spend part of the festive season at an event that is so comfortably situated all in the same complex, they bring their families and friends, play golf and relax, there's a casino, and the prize money is good too. This year they gave each finalist a silver tennis ball encrusted with over 35 carats of Argyle diamonds, including the very rare pink one, on top of their trophy and \$140,000 cheque. Even the first round players got \$30,000 each. And I suppose I shouldn't say this, though it was not told to me in confidence and is probably common knowledge — I understand that my aforementioned travelling companion (and his compatriot) got half a million each (under the tennis net, so to speak) to appear whether they won or not, or even if they played or not I suppose. As the very famous female of the duo had a suspected cold and withdrew half way through her first night on court it makes one realise how big a media event tennis is becoming with such large sums being tossed around.

In case you're wondering, I'm already in training for next year. I've booked the Burswood again, and am practising German every single day, for my next encounter of such a close kind.

## **NINKI'S SPECIAL SAUERKRAUT**

### **INGREDIENTS**

1 onion, chopped — 1/4 pound bacon, chopped — 1 red cabbage, shredded

2 apples, quartered — 3 cloves — 2 bay leaves

Salt and pepper — 1 teaspoon sugar — 2 tablespoons vinegar — 1/4 cup red wine

Juice of 1/4 lemon — 1 tablespoon cornstarch






### **METHOD**

Combine onion and bacon in pan. Cook for 3 minutes. Pour an inch of water into another pan and add cabbage and apples. Add cloves and bay leaves. Season with salt and pepper. Add sugar and vinegar, cover and simmer for 30 minutes. Just before serving add wine and lemon juice. Mix cornstarch with enough water to make a paste and stir into pan until smooth and thick. Serves 4.

Ninki Mallet



# MARCH CALENDAR

	SAT	SUN	MON
		<p>1</p> <p>Flicks for Kids – 5 pm Tennis Afternoon – 3-6 pm Family Buffet from 5 pm</p>	<p>2</p> <p>BWG Mahjong* – 9 am Happy Hour 5.30-9 pm</p>
	<p>7</p> <p>Children's Painting Lessons 1-3 pm Flicks for Kids – 6 pm</p>	<p>8</p> <p>Golf – Bangpakong Flicks for Kids – 5 pm Tennis Afternoon – 3-6 pm Family Buffet from 5 pm</p>	<p>9</p> <p>BWG Mahjong* – 9 am Happy Hour 5.30-9 pm</p>
	<p>14</p> <p>Children's Painting Lessons 1-3 pm Flicks for Kids – 6 pm</p>	<p>15</p> <p>Flicks for Kids – 5 pm Tennis Afternoon – 3-6 pm Family Buffet from 5 pm</p>	<p>16</p> <p>BWG Mahjong* – 9 am Happy Hour 5.30-9 pm</p>
	<p>21</p> <p>Children's Painting Lessons 1-3 pm Flicks for Kids – 6 pm Kids Camp Out</p>	<p>22</p> <p>Golf – Ekachai Flicks for Kids – 5 pm Tennis Afternoon – 3-6 pm Family Buffet from 5 pm</p>	<p>23</p> <p>BWG Mahjong* – 9 am Happy Hour 5.30-9 pm Chess Club – 7 pm</p>
	<p>28</p> <p>Children's Painting Lessons 1-3 pm Flicks for Kids – 6 pm</p>	<p>29</p> <p>Golf – Bangprakong Flicks for Kids – 5 pm Tennis Afternoon – 3-6 pm Family Buffet from 5 pm</p>	<p>30</p> <p>BWG Mahjong* – 9 am Happy Hour 5.30-9 pm</p>



For further information see Activities Page for contact names and telephone numbers. If you would like to announce any B.C. related events in the *Outpost* Calendar, please contact Fiona Mulligan — 286-5385. The deadline is the 5th of the preceding month. \*Indicates “to be held in the Wordsworth Room,” +“Silom Room, and #“Suriwongse Room.”

TUE	WED	THU	FRI
<b>3</b>  Ladies' Golf — 7 am Bridge+ — 8 pm	<b>4</b>  Tennis & Squash Club Night from 6 pm	<b>5</b>  Ladies' Squash — 9-12 noon Darts — 8 pm BCT Club Night	<b>6</b>  Accumulator Night — 8 pm
<b>10</b>  Ladies' Golf — 7 am Bridge+ — 8 pm	<b>11</b>  Tennis & Squash Club Night from 6 pm	<b>12</b>  Ladies' Squash — 9-12 noon Darts — 8 pm	<b>13</b>  Accumulator Night — 8 pm
<b>17</b>  Ladies' Golf — 7 am Bridge+ — 8 pm	<b>18</b>  Tennis & Squash Club Night from 6 pm	<b>19</b>  Ladies' Squash — 9-12 noon Darts — 8 pm	<b>20</b>  Accumulator Night — 8 pm
<b>24</b>  Ladies' Golf — 7 am Bridge+ — 8 pm AGM — 7 pm	<b>25</b>  Tennis & Squash Club Night from 6 pm	<b>26</b>  Ladies' Squash — 9-12 noon Darts — 8 pm	<b>27</b>  Accumulator Night — 8 pm
<b>31</b>  Ladies' Golf — 7 am Bridge+ — 8 pm			



# TELEPHONE CONVERSATION

BG: Hello, my name is Bea Grunwell and I would like to enquire about return tickets to Hong Kong plus accommodation ...

Operator 1: Hold the line sir.

Operator 2: Sawasdee Ka.

BG: Hello, I would like to enquire about flights to Hong Kong

Operator 2: A moment please

Operator 3: Herro

BG: Plane tickets to Hong Kong please?

Operator 3: Yes can I help you sir?

BG: I would like to book 25 plane tickets, plus accommodation and tickets to the Hong Kong 7's

Operator 3: One moment (music...)

Operator 4: Swadee

BG: Hello, do you deal with flights to Hong Kong and accommodation there?

Operator 4: I will connect sir

Operator 5: Hellow sir, can I herp you?

BG: I certainly hope so. I would like to book 25 people on a flight to Hong Kong, plus accommodation for 25 people in Hong Kong and 25 tickets for the Hong Kong 7's.

Operator 5: You want fly on 7th?

BG: No, I want to fly on 31st March and return to Bangkok on 6th April.

Operator 5: Aaah, hord on sir please

Operator 6: Herro, you want fry Hong Kong 25 April.

BG: No, I want 25 pax Bkk-HK-Bkk on 31st March, return 6th April, plus accommodation, plus 25 tickets for the Hong Kong 7's

Operator 6: Prease leapeat, I no get

BG: Repeat

Operator 6: What is 7's

BG: Hong Kong 7's is a major rugby tournament where people from all over the world come and play rugby in HK and I want 25 tickets for it.

Operator 6: How spell 7's???

BG: Spells it

Operator 6: Hord on

BG: %\$#@#@\$%

Operator 6: Fright to HK, accommodation in hoter, yes can do. But no understand HK 7's? When you want to go?

BG: %\$#@#\$\$ Mai Pen Rai, Kap Kuhn Ka. Sawasdee Ka.



# SCOFFERIES

## Bei Ottos

BEI Ottos German restaurant to be found in Soi 22, follow the signs from Sukhumvit for the Windsor hotel and you'll find it easily. Parking place is available outside the restaurant.

Bei Ottos has a pub, restaurant, party rooms and German bakery. We had a meal in the restaurant. The staff are quite helpful, and quick and speak good English.

Our starters were Norwegian Smoked Salmon which was very good, Goulash Soup which had a very nice taste and was served with lovely home baked bread and rolls. One of our guests had the prawns baked with cheese and wine sauce which could have easily been a main meal. In fact there was so much of it he found it a bit boring after the first 15 bites.

I had knuckle of pork (grilled), with sauerkraut and mashed potatoes. I also ordered a caesar salad, but it never arrived. The knuckle of pork is ginormous and has lovely crackling and quite a lot of meat. Mash and sauerkraut were very good, but you have to like the stuff. Our guest ordered goulash with noodles, the goulash, once again like the goulash soup, was extremely tasty and the meat was very tender. He was not sure about the noodles, which were homemade spinach noodles, but they looked to much like worms to his taste and they were very bland. My husband went for the schnitzel, which was extremely large and was served with home fried potatoes and vegetables. Once again big portions for big eaters.

We all had strawberries with fresh cream after (delicious as usual), shame about the sugared water in the bottom of the glass. One of our other guests had The Strawberry Special, which was strawberries with a mixture of cream, sugar and kir. Very good but also pretty alcoholic.

The bakery is well worth a visit, they have different kinds of bread white, brown and rye bread. Also all sorts and shapes of rolls. There is Schwarzwaldler Kirschtorte, plain butter cake and strudel too, for those of you with a sweet tooth. Do try the sausages, there are lots of different kinds, veal, beef and pork, farmers and plain ones. They are delicious on the barbecue and lovely for breakfast on Sunday morning. Otto also has meats for sandwiches, everything is vacuum packed so Auf Wiedersehen and go for it.

## CYMDEITHAS DEWI SANT THE ST. DAVID'S SOCIETY

DEWI, as usual, has been enjoying himself. Gorge Trot in January. Golf tournament in February and the annual St. David's Ball on March 6th — and it's not Easter yet!

We couldn't compete with the Johnny Walker Classic, but we certainly had several members at Pinehurst cheering on compatriot Ian Woosnam.

The Revd. Canon Dr. Monty Morris invited us all to participate in a St. David's memorial service on March 1st at 10.00 a.m. A truly uplifting experience. Later, an equally enjoyable, but rather more earthly celebration took place at the Bard's home.

We've recently had a wedding "in the family" and are now anxiously awaiting news of the birth of our newest member. What better way to leave you?

Until next month,

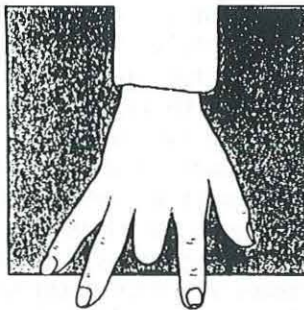
Dewi

## CHILDREN'S CORNER

# IMPOSSIBLE LIFT

Place your hand, palm down, flat on a table. Now bend the second finger inwards so that the back of the joint is touching the table. Keep all your other fingers firmly on the table and see if you can lift your thumb from the table-top.

Easy wasn't it? But that is not the problem. Replace your thumb on the table and try to



lift your little finger and put it back down again. You should have found that was easy to do also. So, let's try something else.

With the rest of your fingers in contact with the table try lifting your third finger. This you will find very difficult indeed – for it just cannot be done! Now try the same stunt on your friends.

### YOU NEED:

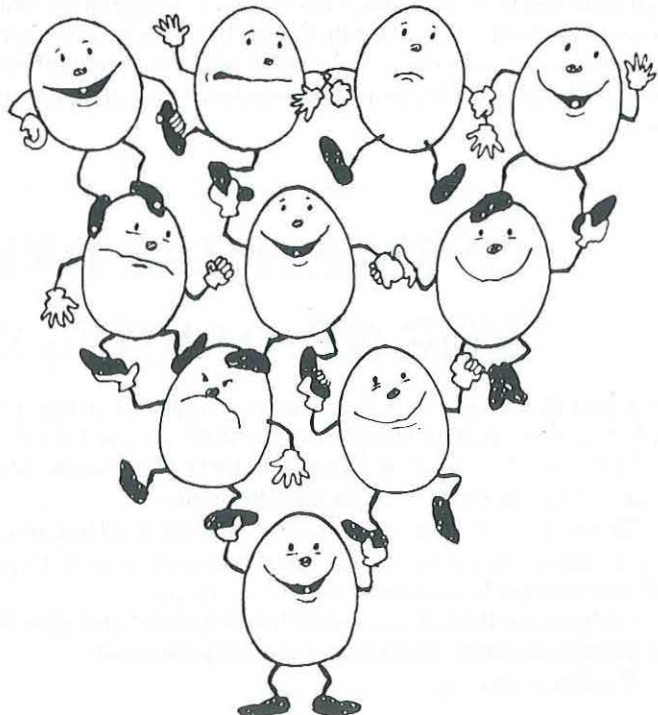
- Two eggs
- Salt

You show an egg and try to stand it on its end on a table. Naturally it rolls over. Then you take another egg, say some magic words, and place it on the table. This one stands upright! But when you hand the same egg to someone else to have a go they will find that it just cannot be done.

Before showing this trick you prepared the egg in a rather clever way. All you have to do is to dampen the base of the egg and then dip it into some salt. Blow all the loose salt crystals away. Some of the salt will remain sticking to the egg and this will be enough to hold it upright on the table. (Be careful not to let anyone else look at the egg too closely.)

As you hand the egg to someone else you casually wipe your hand over the eggshell and remove the salt.

# EGG BALANCE

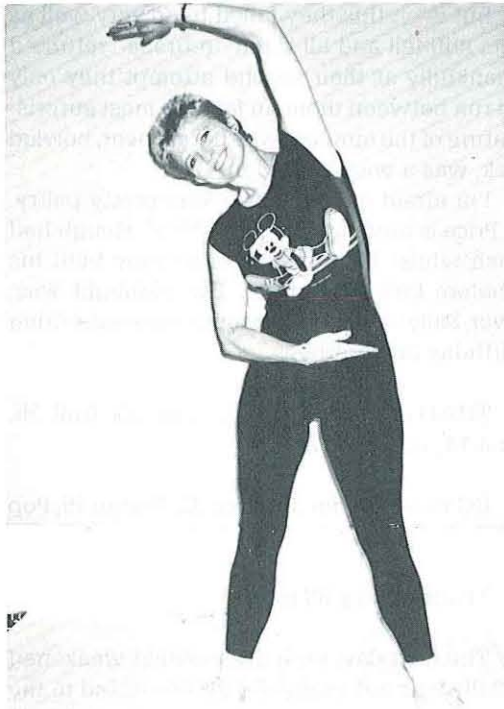




# AEROBICS



# AEROBICS



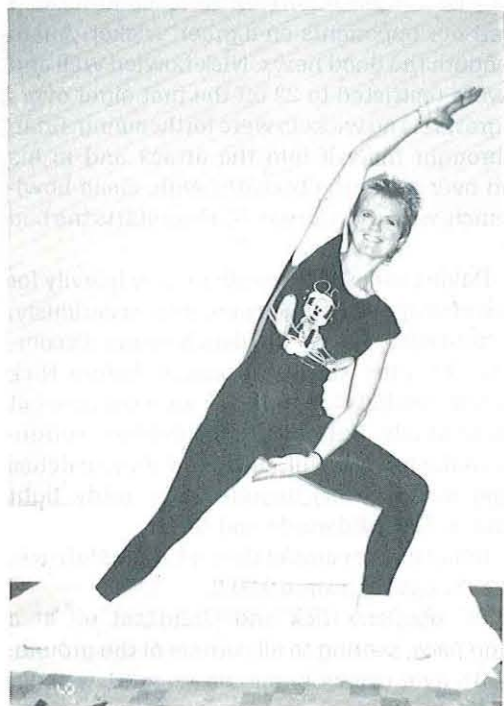
## WAIST SWINGS

Stand upright with your feet a little more than hip width apart and swing your right hand over your head as you lean over to the left as shown in the picture. As soon as you complete this movement, swing over to the other side.

Remember to keep your shoulders back and spine straight. Your arm should be over your ear as it swings over your head.

Keeps swinging from side to side to slim and tone the waist.

20 Reps.



## LUNGE AND REACH OVER

Stand with your feet apart. Keeping your right leg straight, bend your left knee and dip down to the side, at the same time reaching and stretching over your head with your right hand as shown in the picture. Now lunge and reach over to the other side. Keep your shoulder back and your arm directly over your ear as you reach over.

This exercise works the waist, hips and thighs.

20 Reps.

# CRICKET CRICKET

LAST season, at the end of January BC had a 100% record. This season at the beginning of the last weekend of January we once again had a 100% record. There was, however, one small difference — last year we had won every game. Fortunately, our dismal run came abruptly to an end on Sunday 26th January but lamentably at the cost of a defeat for the Pavilionnaires.

Having rounded off 1991 with an embarrassing defeat hopes were much higher for our first match of the New Year — a 25 over encounter against a very strong Thai CC XI. (I should perhaps explain at this juncture that the 25 over game is a rather forced affair with bowlers being limited to four overs each, batsmen being "retired" at the score that takes them to 25 runs and the whole emphasis being on crash, bang, wallop.)

Not only was this our first encounter under these rules, it was also the first occasion that a lady, Sally Dunford, had played for BC, and the only occasion in memory that three members of the same family (Sally was poorly assisted by Jack and George) had played in the team.

Brian won the toss and in the time honoured tradition inserted the Thais. Here endeth the good news. Three of the first four batsmen were "retired", one of the openers being unlucky enough to be the first victim for Keith Welsh who returned to the fold after a year's absence. At the 15 over stage i.e. the last over before the real thrash was due to start the opposition had already amassed 128 runs.

Fortunately, at this stage Nick and Brian put the brakes on things and actually started to take some wickets — the latter being a grievous error. "What" I hear you say, "I though that was the whole point". But that's where you're wrong because in this game as soon as all the non-retirees are out, the "retirees" can return to the crease and the rape starts all over again. So for the next twenty minutes BC were unashamedly seen to be deliberately avoiding taking wickets. Catches were dropped (practicing for Sunday's game, no doubt), run-outs missed and bowling was not very adjacent to the stumps.

But even this they failed to do very well as wickets still fell and all three "retirees" returned but thankfully at their second attempt they only added run between them. In fact the most surprising feature of the innings was the last over, bowled by Nick, was a wicket maiden!

I'm afraid our response was pretty paltry. Craig Price scored quickly and "Elbo" Hough had a thrash whilst Paul Taylor steadfastly built his runs before being "retired". The highlight was, however, Sally's brilliant 1 not out, easily outscoring her birthday boy brother.

THAI CC 180 (Luke 34, Larn 36, Anil 35, White 3-11, Lewis 2-17)

BC 112-7 (Taylor 38, Price 22, Hough 19, Pop 3-15)

Thais won by 68 runs.

The next day, with a somewhat weakened side (Sally was not available) BC converted to the orthodox 45 over game against a very moderate looking RBSC. Again Brian won the toss and decided to insert our opponents on a green wicket. Again here endeth the good news. Nick bowled well and runs were restricted to 22 off the first eight overs but regrettably no wickets were forthcoming. Brian then brought himself into the attack and in his second over made the breakthrough, clean bowling Francis with the score at 32. Here starts the bad news.

Davies and Endley made BC pay heavily for a series of dropped catches and, just as seriously, some "refusals". As the bowlers became discouraged so the runs started to mount before Nick eventually bowled Davies for 79 with the score at 152. Regrettably, butter-fingered fielders continued to make life difficult (Jack had three catches dropped in one over) despite some fairly tight bowling by Dave Edwards and Brian.

Relief finally came at the end of the 45th over with RBSC having scored 260-9.

BC openers Nick and Craig set off at a cracking pace, scoring to all corners of the ground. At the 15 over drinks break we were 81 without



loss and well on course. Just 3 runs short of a century opening stand Craig was out for 42. Nick was then joined, albeit briefly, by our Frank and then he himself was out to a hooligan shot for 55. The middle order added little and it looked as though another embarrassing defeat was on the cards. Simon Fox and Keith Welsh, however, had other ideas. Both batted extremely well, putting on 66 and recording their highest individual scores for BC. Their effort, however, was not enough and the innings fizzled out at 206-9.

RBSC 260-9 (Davies 79, Endley 51, Rakesh 37, Edwards 323, Lewis 3-48)

BC 206-9 (White 55, Price 42, Fox 40, Welsh 31, Gilson 3-32, Sehgal 2-37)

RBSC won by 54 runs.

Our next outing took us back to the 25 over game and our encounter against the highly fancied, star studded Volvo Scribblers. Having elected to bat, Scribblers opener Mendis set after Keith Welsh's first over with a vengeance (14 runs) but thereafter good bowling by both Keith and Adam "The Mighty" Caro, making his first appearance of the season, tied them down. Brian Lewis broke through the middle order removing Mendis, Pasha and Diwan in quick succession and tight support bowling from Mike Reed and Simon Fox saw us contain our opponents to 148 — an attainable target.

Openers Reed and Paul Taylor got us off to a really good start against a high class "imported" Scribblers attack, accumulating 78 at the half way stage. After drinks Paul made a quick exit whilst Mike was "retired". Adam and Brian took up the charge taking the score to 137 with 2 overs left. Then disaster struck; Adam was bowled by Kumar (the only person ever bowled by the Son of Thailand's leading sports writer) and at 14 the aging skipper, dreaming no doubt of yesteryear, was run out going for a tight second run — actually by about 15 yds! At the same score "Elbo" followed in similar fashion. Five balls left, and five runs to draw level and win (due to the loss of fewer wickets). Joe "Ben Johnson", Grunwell had a mighty swish and missed the first, scored off the next, gave the wicket keeper a cold with the daught of air caused by the next miss, scored off the forth and required two off the

last ball. "Ben" clipped the ball to square leg and set off at great haste for his two (Ladbroke's quoted evens), first run complete he turned for the homeward stretch when alas the "uppers" began to wear off and he was beaten by a mere six inches.

VSCC 149-7 (Mendis 34, Lantra 35, Lewis 3-16)

BC 148-5 (Reed 35, Fox 29, Lewis 29, Caro 23)

VSCC won by 1 run.

The following day saw the much awaited clash of the year, BC versus the Pavilionnaires. Long before the appointed start time the gates were closed behind a capacity crowd at the Polo Club. (They were then re-opened to allow certain late arriving players to enter the fray.)

Capt. Lamb once again judged his tossing perfectly and very boldly elected to bat on a green wicket. 10 overs, a mere 25 runs and 5 wickets later he might well have regretted his decision. "The Mighty" Caro was virtually unplayable throughout his five over spell from which only six runs were scored and four batsmen despatched to the marquee. Infact the first six batsmen scored only 15 runs between them! It was left to some lusty blows from Alistair Rider, supported by Gavin Hastings (well, he is a strong lad), to bring an air of respectability to the score. 73, however, was never going to be enough despite good bowling by Simon Edmonds, Paul Hunt and Ian Hamilton plus two excellent catches by Ian and the Rider. "Bambi", securely back at home, chipped in with his usual runs and for the first time this season "Elbo" took charge of events to steer BC to the first league victory of the season. However, perhaps the most surprising feature of the whole game was the fact that for the first time in over 100 appearances Craig Price did not bat!

Pavilionnaires 73 (Rider 21, Hastings 15, Caro 4-6, Taylor 2-2, Reed 1-2)

BC 76-4 (Spyer 28, Hough 25\*, Taylor 14, Hamilton 1-9, Edmonds 1-14, Hunt 1-13)

BC won by six wkts.

# DARTS DARTS

AFTER a shakey start to '92 (trebel 18, double 19) the Lions registered 4 (double 2) straight wins in the Johnnie Walker Darts League.

It looked like the Lions were going to maintain their inconsistent form losing out to Moonshine II 9-8 in the team game — once again double trouble the main culprit.

However, this defeat served to spur the team on to a winning streak, scoring 58 points against 10 to put the Lions in a very respectable position in the league — the Lions most certainly can hold their heads with pride this month.

Notable performances were Cathy's first ever ton for the Lions, Ott's match winning check-out of 62 (trebel 10, double double 8), Jim's 3 tons and 3 check-out against the Unicorns and still didn't get a mention in the local chronicle - well done team.

There are now only 7 games remaining to be played in the Johnnie Walker Darts League 3rd Division, 4 of which are against very strong opposition, nevertheless with the team's present form and confidence they can go all the way.

It is expected that the Airborne Express League will resume again in April and both the Lions and Unicorns would like to see some new faces in their teams so if you fancy yourself on the ochee contact either Lion Frank 391-8693 or Unicorn Orin 399-4582.

## Lions Statistics so far:-

Tons: Frank 55, Ott 7, Middy 32, Paul 10, Jim 21, Cathy 1, Peter 2, Dave 17

Check-outs: Frank 35, Ott 10, Middy 26, Paul 10, Jim 17, Cathy 4, Peter 5, Dave 10

Rogues Gallery: Frank 3, Jim 9, Paul 2, Nee 1 Middy 3, Dave 2, Ott 4, Peter 3, Cathy 1

## PAI THIAW? HAVING A DAY OUT?

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driver (fuel not included).

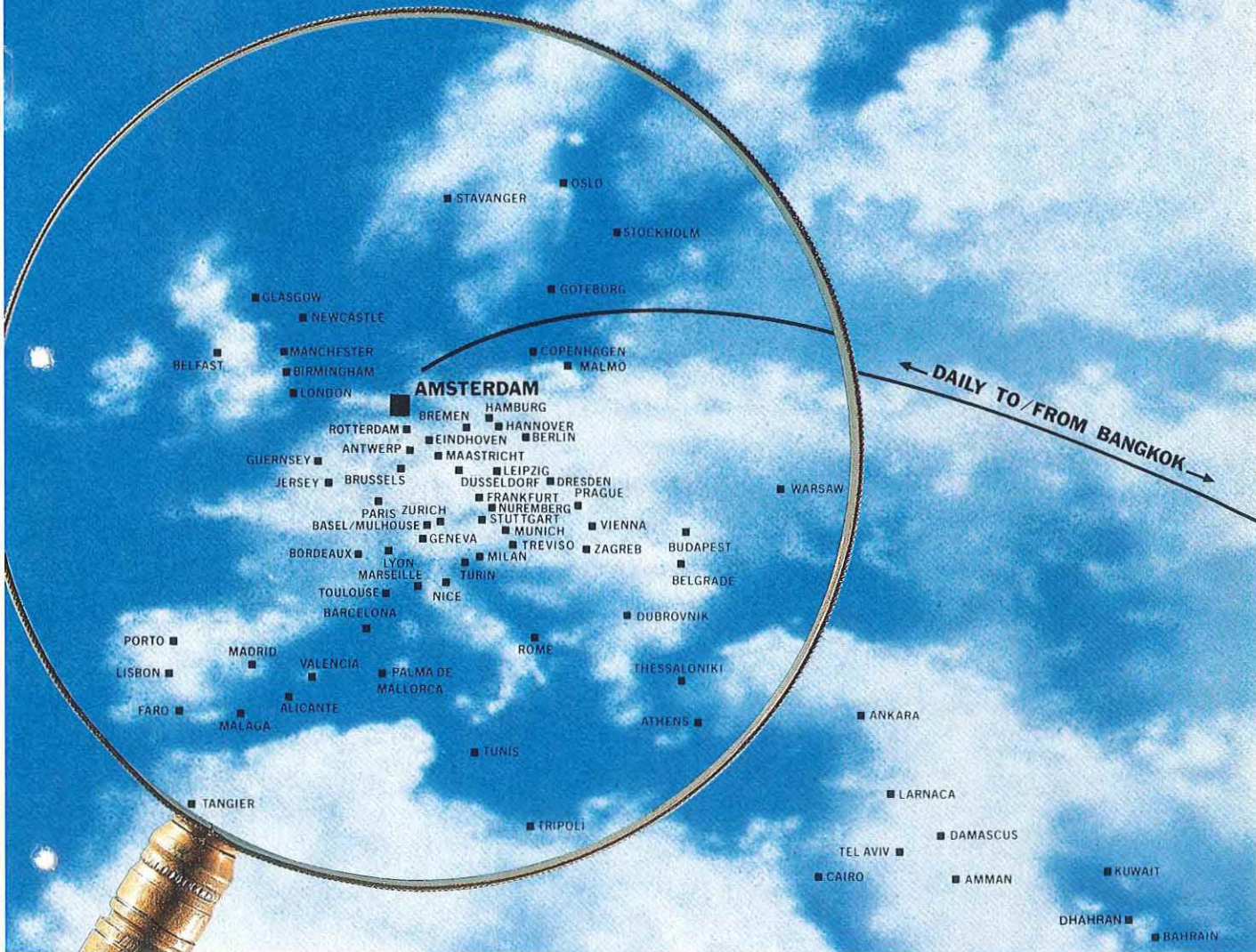


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BANGKOK		MON	TUE	WED	THU	FRI	SAT	SAT	SUN
• CHECK-IN		(TUE)		(THU)					
• DEPARTURE		00.20	23.59	01.30	23.35	23.30	08.15	23.30	23.59
AMSTERDAM a.		06.50	06.30	08.00	06.05	06.00	14.45	06.00	06.30
		TUE	WED	THU	FRI	SAT	FRI	SUN	MON
AMSTERDAM d.		18.45	19.55	18.55	18.45	14.00	18.45	18.45	19.55
BANGKOK a.		11.55	12.55	11.55	11.55	07.00	11.55	11.55	12.55
		TUE	WED	THU	FRI	FRI	SAT	SUN	MON

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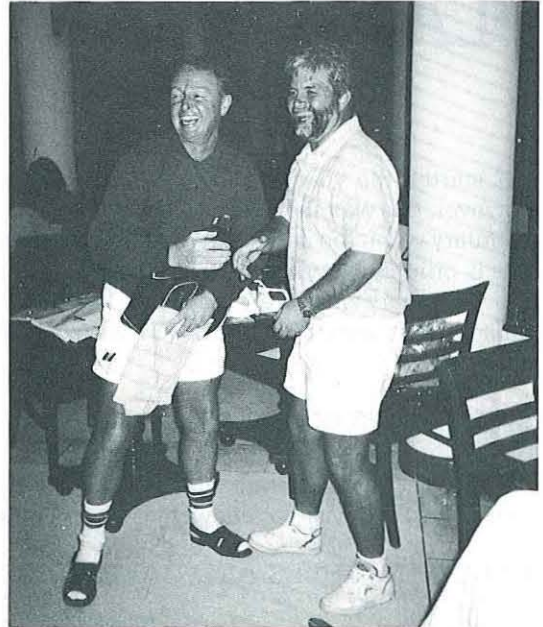
# GOLF GOLF

## BRITISH CLUB GOLF SECTION — COURSE PROGRAMME 01.01.92—30.06.92

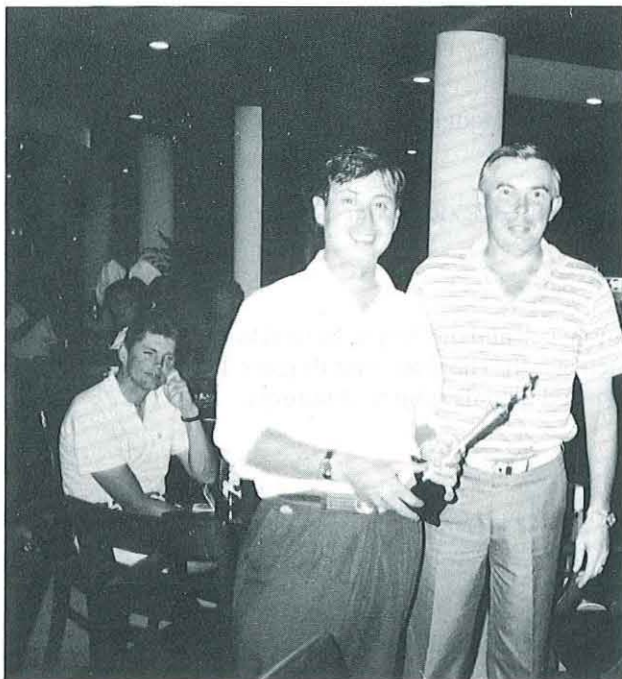
DATE	COURSE	SLOTS	TIME	EVENT
Sun: 12-Jan-92	Bangpakong	10	11.35	
Sun: 26-Jan-92	Bangpakong	10	11.35	Club Champ 1
Sun: 09-Feb-92	Rose Garden	10	12.24	Club Champ 2/Medal 1
Sat: 15-Feb-92	Phattaluang		09.00	Inter-Soc
Sun: 16-Feb-92	Sattahip		09.00	Week-end
Sun: 23-Feb-92	Ekachai	10	12.40	Dunlop 1
Sat: 29-Feb-92	Muang Ake		TBA	BLGS Kitchen Sink
Sun: 08-Mar-92	Bangpakong	10	12.17	Dunlop 2
Sun: 22-Mar-92	Ekachai	10	10.40	Dunlop 3
Sat: 04-Mar-92	Chulachomklao	10	12.00	
Sun: 05-Apr-92	Nakorn Nayok	10	10.00	
Mon: 06-Apr-92	Nakorn Nayok	10	09.00	
Sun: 19-Apr-92	Rose Garden	10	08.42	Dunlop Final
Fri: 01-May-92	Bangpra	10	TBA	Medal 2
Sat: 02-May-92	Siam CC	10	09.12	
Sun: 03-May-92	Sattahip	10	08.30	
Sat: 16-May-92	Rose Garden	10	09.36	Ecclectic
Sun: 17-May-92	Annual	10	09.36	Ecclectic
Mon: 18-May-92	Week-end	10	08.30	Ecclectic
Sun: 31-May-92	Ekachai	10	09.36	Rysome
Sun: 14-Jun-92	Rose Garden	20	11.00	vs Japanese
Sun: 28-Jun-92	Bangpakong	20	11.35	

- NOTE 1: TBA = To be announced as soon as details are available
- 2: Accommodation for the Nakorn Nayok week-end is not available at the academy. A suitable alternative is being sought.
- 3: 20 double rooms have been booked at the Rose Garden Hotel for the Ecclectic week-end





*Peter Ingram and John Lenaghan receiving prizes from Frank Crocker who sponsored the day's competition.*



*Eric Hudson and Dave Stewart being presented with prizes by Roy Barret. Thank you Inchape for sponsoring the competition.*

# LADIES' GOLF LADIES' GOLF

WE started the year with such beautifully cool weather which we thought didn't exist any more however, this was shortlived. No major competitions were held in January but we look forward to 29th February when the annual competition against the British Club will take place. However, by the time this is printed we will have played this competition.

January was surely the month for breaking 100. However in the case of Gill Hough, she not only broke 100 but won the annual LGU Bronze medal from St. Andrews. Well done too Krista who broke 100 as well.

## SUBSCRIPTION FOR 1992

This is your last reminder, if your subs are not received by the end of February, we will presume that you do not wish to renew your membership.

## BCLG NEW RULES AND CALENDAR

Many thanks Penny Whalley for the wonderful BCLG Calendar and the new BCLG rules. Members should make sure they have a copy of each of these.

## STARTER FOR MARCH

Please book with Debbie for this months.

## Forthcoming competitions

March 3rd Stableford  
March 10th Stroke play (Score counts for BCLG Medal 2)  
March 17/18 Astral Cup — Rose Garden overnight  
March 24th Hidden Holes  
March 31st Stroke play — BCLG Medal (3) end of EXEL-ectic

## LGU MEDAL

The Silver LGU medal for 1992 was won by myself and the Bronze by Gill Hough. It would be good to see a big turnout of members at the end of each month. The more medals played by a competitor the better chance she has of winning these much prized medals from St. Andrews.

## New Handicaps

Magda 22  
Krista 26  
Diana 27  
Gill 30

Finally, those of you that followed the Jonny Walker tournament recently, I hope you received as much pleasure as I did, and no doubt, great improvements are ahead of us!

Cheers,

Lavita



## COMPETITION RESULTS — JANUARY 1992

### Tuesday 7th January 1992 — Bogey

Silver Division	—	Winner:	Lynda	(15)	-5
		R/up:	Wil	(12)	-9
Bronze Division	—	Winner:	Hank	(30)	-3
		R/up:	Maggie	(19)	-3
N/Pin	#12	Maud			
	# 8	Fineke			

### Tuesday 14th January 1992 — Stableford

Silver Division	—	Winner:	Maggie	(18)	40 Pts
		R/up	Wil	(12)	32 Pts
Bronze Division	—	Winner:	Krista	(27)	40 Pts
		R/up:	Kanda	(23)	34 Pts
N/Pin	# 6	Guy Marion (didn't know he was a BCLG member!)			
	# 17	Anke			

### Tuesday 21st January 1992 — Greensome:

Winner:	Maggie Asgil/Diana Taylor	70	Nett
2nd:	Magda R./Kerstin Eklund	71	Nett
3rd:	Penny W./Joke Amelsvoort	72	Nett
Star Flight:	Eileen M./Nee Stewart	81	Nett
N/Pin	# 8	Eileen Marion	
	# 12	Wil	

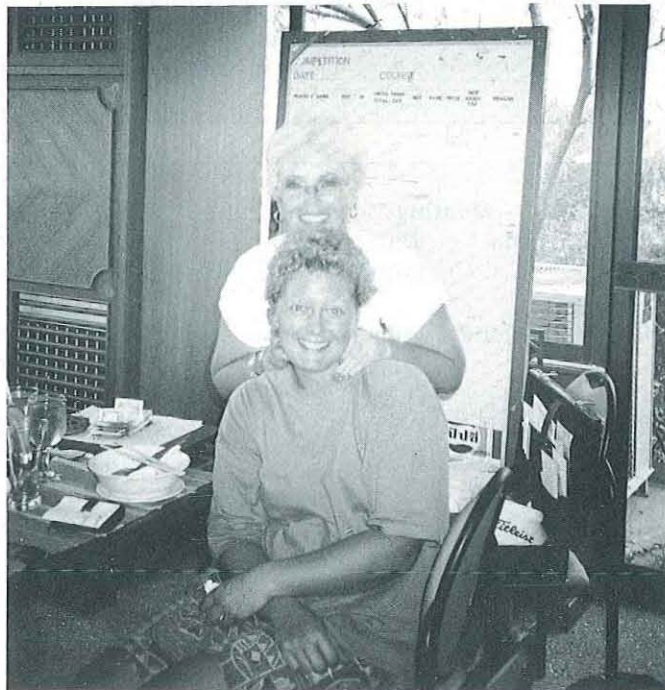
### Tuesday 28th January 1992 — Monthly Medal

Silver Division	Winner:	Wil	76	Nett
	R/up:	Lavita	78	Nett
Bronze Division I	Winner:	Diana	71	Nett
	R/up	Anna	73	Nett
Bronze Division II	Winner:	Gill	67	Nett
	R/up:	Margaretta	69	Nett
	N/Pin # 6	Margaret Morgan		
	# 17	Wil		
L/Drive "A"	Lynda	L/Drive "B"	Magda	
Winners of LGU Medals from St. Andrews				
	Silver	—	Lavita	
	Bronze	—	Gill	

## British Club - Ladies' Golf Section



*Welcome - New Members - Landa and Joke.*



*... and for your massage after golf  
contact Sharon!*



# RUGBY RUGBY

DEAR Rugby fans and sufferers,

6th February saw the AGM for the Rugby Section in the Suriwong Room at the BC. After the approval of the previous minutes of minutes of minutes (which were not available), Joe Grunwell as the present Chairman read his annual report. He took us through a year of successes and failures, coups, arrivals and departures, balls, newsletters and Ladies Nights Out, without too many interruptions from the players. A letter was read out from Mickey Wheeler thanking everybody involved with the rugby. His closing words were: Great players you ain't, but good mates you are, which surely depicts the true rugby spirit.

Peter Snell arrived just in time to hear his name, mentioned in the report and settled down to give us the Treasurer's Report for the 1991 season. Explanations were requested by several people, and promptly given by the Treasurer. There seems to have been a problem with funds transferred into the British Club main account instead of the section account, which hopefully — with the new accounting system — will be prevented in future. The section is in the red, due to unpaid debts, some going as far back as last years. tour to Hong Kong. Questions were asked as how to prevent a similar situation this year. Peter said, that advertisers in the 1992 Hong Kong magazine, will be invoiced immediately and payments should be received before the magazine goes to print. He also suggested to increase the income of the section more fundraisers should be held, which would be extremely difficult as sponsors are already approached for an average of 3 major fundraisers a year and it was generally felt that this was exhausting the sponsors as it was, so a suggestion was made that match fees should be raised.

Jim Howard informed the outgoing committee and payers of the fixtures to be expected for 1992. Several sides have asked to play against BC and some confirmations have already been received. The BC will play a side from Bermuda on 28th March, a Japanese side is expected in February and of course the Singapore 7's (end of February) and Hong Kong 10's (end of March) will be upon us soon. Andrew McDowell — tour man-

ager Hong Kong — told players they needed to sign up asap for the Hong Kong tour, and forms were available to be signed for those who wanted to join.

After this, the Election of officers came about. The new committee looks as follows:

Chairman:	Joe Grunwell
Treasurer:	Andrew McDowell
Captain:	Jon Prichard
Vice Captain:	Steven Rees
Fixtures Secretary:	Jim Howard
Secretary:	Simon Hornby
Social Convener:	Bea Grunwell

Next point on the agenda was any other business, which included questions on a home ground or the BC Rugby Section. Mr Alan Taylor suggested Bangkok Pattana School, which of course has been under consideration for a long time by the General Committee of the BC. Several members of the committee found this ground not big enough and unsafe for playing rugby on. Also the location of the school did not really make it an improvement on Kasetsart University or Vajiravudh where most matches were played in 1991.

Suggestions were made that the committee would take this problem up with the General Committee asap, to see if a solution could be found. A rather lengthy discussion followed, suggestions were made that a ground was purchased. Match fees will now be increased to B150,000 to make the necessary purchase in 1992 of a ground in the Silom Road area.

Bea Grunwell requested players wanting to go to Hong Kong to line up and have their photographs taken for the magazine. She also requested people with talent to join the No Talent Night held on March 20, at the BC.

The meeting was closed by the chairman at 11.30 p.m. and the new captain proceeded to take his team out for a drink.

## NO TALENT NIGHT

The Rugby Section is proud to present a No Talent Night. Players and non-players alike are



invited to come and watch a selection of players, wives and supporters display their talents (other than the usual Rugby skills) on March 20th 1992 from 8 p.m. onwards at the Surawong Room.. Tickets will be available at B450 and dinner will be included. Contracts have been signed by the Paul Meegison Band, Simon Dakers and Beryl McHugh (piano and tap dancing), the Shifters (Jane & Aniek), the RDC (Rugby Drama Company) etc. If nothing else, it should be hilarious. Should you feel you have anything to offer please do not hesitate to contact Bea Grunwell on 2794033 or Jane Prichard on 2587703. Otherwise sign up at the desk as only a limited amount of tickets are being sold. Door prizes will be available and a raffle will be had too.

### NIGHT OUT WITH THE LADIES

The last Night Out with the ladies was combined with Mickey Wheelers leaving do. 50 people turned up at the Chayabodee restaurant, soi 5 Phaholyothin. Brian Baldwin, chairman of the British Club, graced us with his presence. Also there were friends of Mick, including football players, squash players, drinking partners and of course rugby players and their wives/girlfriends. Brian made a very nice speech and presented Micky with a plaque from the British Club. He then handed the microphone to Joe Grunwell, who wished Micky well on behalf of the players. A present in the form of a caricature of MTB was

handed to Micky. All the players and their partners had signed this at the back, which will make for some interesting bedtime reading!!! The buffet was enjoyed by most people and food soon ran out. Our Thai representative Kanch managed to persuade the manager of Chayabodee that more food was needed. So within a few minutes more satay, rice crackers etc appeared. Things were wound up at around 11.30 p.m. after which the boys (and some of the ladies) made their merry ways to Patpong to have farewell drinks with Mick. We already miss Mickey, in the short time he was here he certainly left a big impression on ladies and gentlemen alike. We wish him well!!!

### OVERHEARD IN THE BAR

Supporter: Saam Kloster Gold Krap.

New Captain: I'm late because the maid had gone out.

Wife during a recent visit of a French team: I want to wear a Basque and nothing else.

Trainer to Fly Half: Give me a long hard one.

Captain: If I get a chance I'll put it anywhere in the back row.

Player: Cathay Pacific is an airline I think, isn't that in Australia?

Player: There are three of us in the same

## SQUASH SQUASH

WELL time flies by and it is down to me this month to give you the rung down on the Squash Ladder activities. January was the month of the ICI Sponsored League and we are grateful to them for supplying us with some very comfortable shirts. Overall, it was a good league with 13 divisions. Unfortunately, we had one league where only 3 games were played so there was no winner for that one and Raspberry awards of the month go to Andre Tissera and Roger White for not playing any games at all! The winners were:

1. Peter Corney (yet again!)
2. Brian Roche
3. Franz Wyder
4. Paul Tuffy
5. Graeme Revill
6. Mike O'Connor
7. John Sill
8. Bob Rayner
9. John Coxon
10. No Winner
11. Art de Boer
12. David Bromilow
13. Marianna Atkins & Eirlys Hughes



Please also remember that if you are a winner and do not want to have a pewter trophy then you must advise me of your selection from a sports bag, BC squash shirts (2) or squash balls (4) before the middle of the month following the league or the trophy is automatically ordered.

January also finally saw the completion of the Handicap Tournament which started in December. Winners were:

Champion: Carolyn Tarrant  
Runner-Up: John Coxon  
Plate: Mel Leddy  
Runer-Up: David Barber

Well done, and we hope that everyone found it enjoyable. It would appear, however, that perhaps December is not the best time to run this because of all the other activities and holidays. We will be considering running it in August this year and moving the one-day handicap to December. If anyone has any comments please let us know.

Once again the time is coming round to stage the ever popular Pattaya trip and so keep your eyes on the notice board, it is likely to be early April. If you've never been before then please join us this time as it is a great week-end!

We are still looking for some keen squashies to join us on the committee! You will know from last month's farewells that we are suffering heavy losses. Duties are not arduous unless you have my job! Please remember that leagues, tournaments, trips, etc. do not happen on their own! You only need to spare one evening per month for meetings and then a few hours (about 4) with your specific tasks. OK! That's the plea overwith.

By the time you read this the March league should be in full swing and so lets all try to play our matches. If you find you must withdraw for any reason please let me know as soon as possible. Please also remember that there will be no late entries!

Happy Squashing

Alexis Welsh

## TENNIS TENNIS

### 2 day tournament (18th/19th January)

The annual weekend tournament was very well attended and enjoyed by all who took part. Saturday was confined to the two singles events and after some very close games were eventually won by Pat Dean (Men) and Yenny Basso (Ladies). An honourable mention also to our plate winners Andrew Francis and Kristine Nicol.

Sunday was devoted to the three doubles events and thanks to an almost prompt start at 8.30 a.m. and after over 50 sets the day's events were concluded before dusk fell and in time for the Barbeque.

Honours on the day went to Bruno Straub and Ray Liang in the Men's Doubles, beating Pat Dean and Phillipe Basso, who had not lost a game in their run up to the final. The ladies' went to Yenny Basso and Tharntip Cowie whilst the mixed went to Pat Dean and Terry Merry after a hard fought final with David Ingham and Sandra Thornton.

### Results of main competitions

Men's Singles	—	Pat Dean defeat Bruno Straub 7-6 (7-5)
Ladies' Singles	—	Yenny Basso defeat Terry Merry 7-5
Men's Doubles	—	Straub/Liang defeat Dean/Basso 6-2
Ladies' Doubles	—	Basso/Cowie defeat Van Wickle/Ferrier 6-3
Mixed Doubles	—	Dean/Merry defeat Ingham/Thornton 6-2

## Other news

By the time you read this we hopefully will have our new floodlights installed on the two hard courts. This should eliminate the dark corners presently encountered and end the excuse of "but I couldn't see the ball!". Unfortunately this is only for those who play at night, for those who can't see the ball during the day, I can recommend a good optician!

The "Jardine Trane Airconditioning Championships" are now well underway (as of time of writing) and should be completed on 7th March. Our thanks go to the Sponsors for supporting the section and may we hope it proves beneficial to all concerned, even if only for the goodwill. Now if only the redevelopment of the courts could include airconditioning — that would be the way to go?

David Haworth



*"I always know what Harry's going to say, and he always knows what I'm going to say, so, by and large, we just don't bother."*



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# ACTIVITIES

**ANYONE WHO IS INTERESTED IN PARTICIPATING IN ANY ASPECT OF THE FOLLOWING ACTIVITIES SHOULD CONTACT :**

AEROBICS	-	ASHA WIJEYEKOON	213-2134
BILLARDS/SNOOKER	-	RON ARMSTRONG	390-2445
BRIDGE	-	ELAINE & DARRYL HENNIG	331-5983
CHESS	-	JAMES NICHOLS	236-8834
CRICKET	-	BRIAN LEWIS	253-0557
DARTS	-	FRANK HOUGH (LIONS)	231-0852
		ORIN BALDWIN (UNICORNS)	399-4582
GOLF	-	LLOYD HOUGHTON	252-0435
LADIES' GOLF	-	LAVITA HUGHES	391-2688
OUTPOST	-	FIONA MULLIGAN	286-5385
RUGBY	-	JOE GRUNWELL	541-1970
SCUBA DIVING	-	CHRISTIAN BOUTEILLIER	279-5373
SOCCER	-	ALEX FORBES	260-1950
SQUASH	-	ALEXIS WELSH	260-1973
STAMP COLLECTING	-	JACK DUNFORD	236-0211
SWIMMING	-	SEE NOTICE-BOARD	
TENNIS	-	JANE McFEELEY	255-2721



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