



Outpost

M A G A Z I N E



M A R C H • 1 9 9 7

- *Massage by the Pool* • *Peter and the Crow* • *BC Rugby Invade Phuket* •
- *The Treadmill Arrives* • *New Sport & Recreation Coordinator* •

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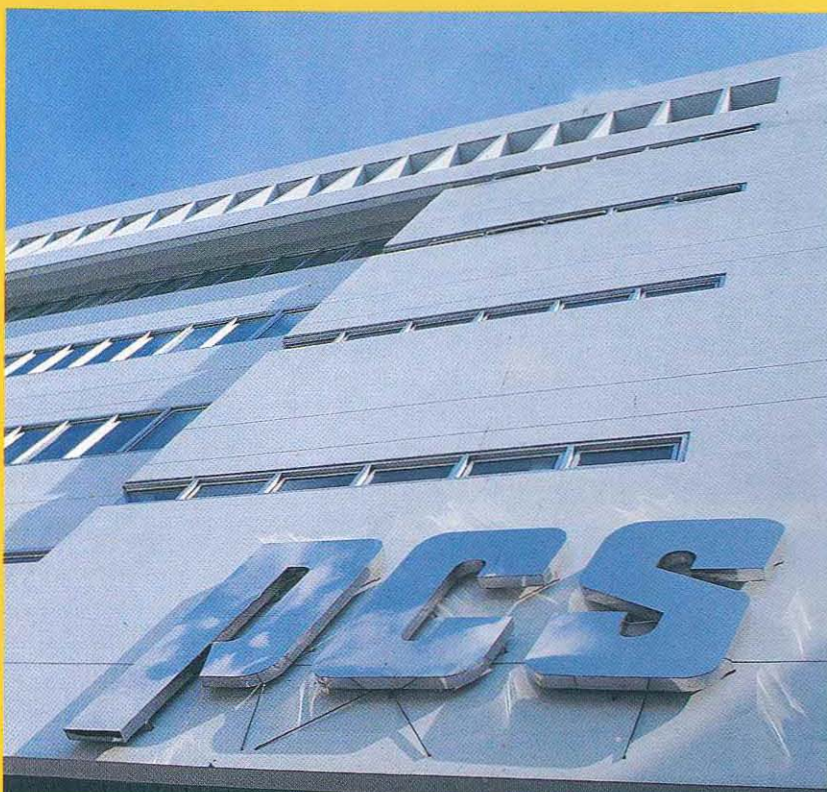
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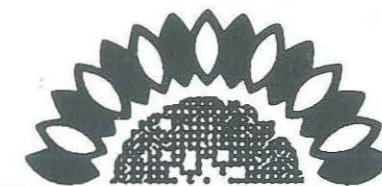


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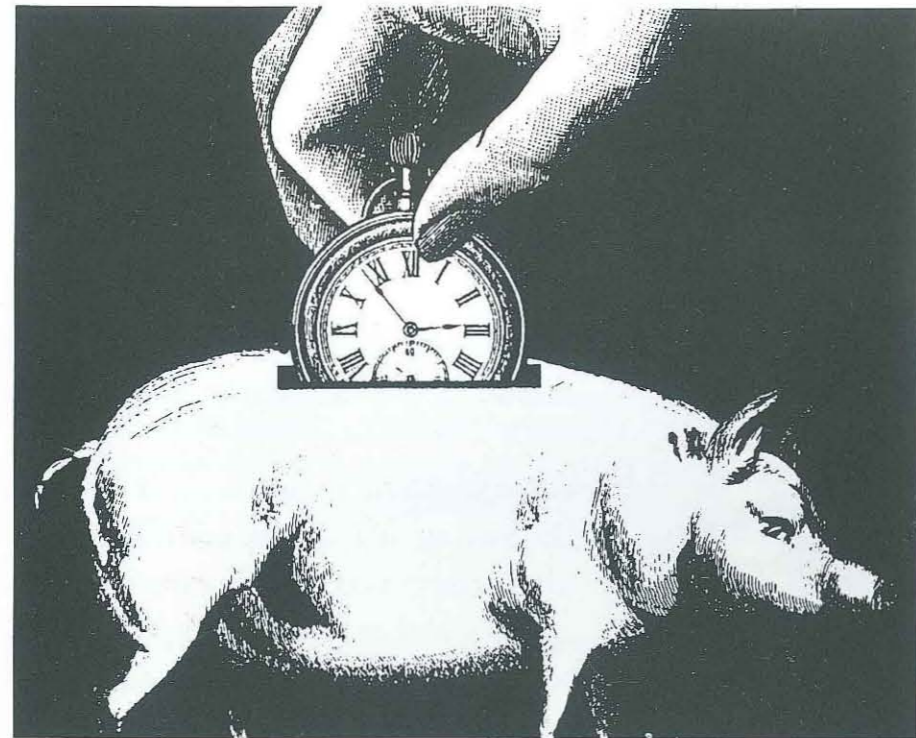


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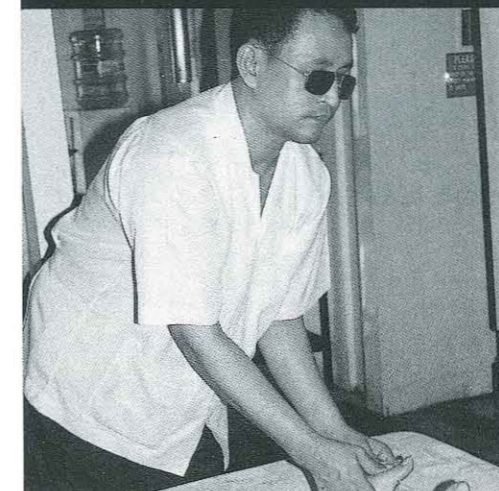
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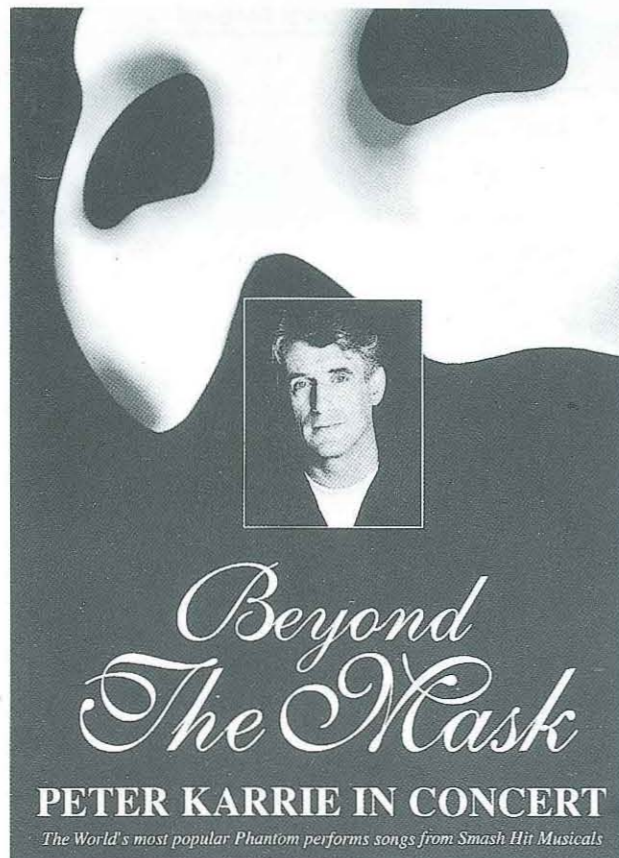
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From the Editor

OK, I'm impressed; the sports sections have outdone themselves this month, with a representation from no less than seven sports, most with photographs, something we haven't seen in Outpost for some time. At least it'll give the right impression to our new Sports and Recreation Coordinator, Lisa Fitzpatrick, in that the major sports sections of the Club are alive and well and active, with many members participating for fun as well as fitness.

We have still to find people to take up the reins again in the snooker room, the dart board and the swimming pool, with many people still interested in these sports but no one willing to help run an organised section with, say, one club competition annually. To my knowledge, the last children's swimming gala was held in early '95, and I can barely remember the last snooker tournament. It really doesn't take too much time to run a sports section, as long as the work is shared between a few people pulling equal weight, but it does require enthusiasm and a little self-motivation.

The same goes for running the club. This month is the AGM and several new General Committee members will be needed to steer

the ship for another year, and the more people there are, the less each individual has to do. Get involved!

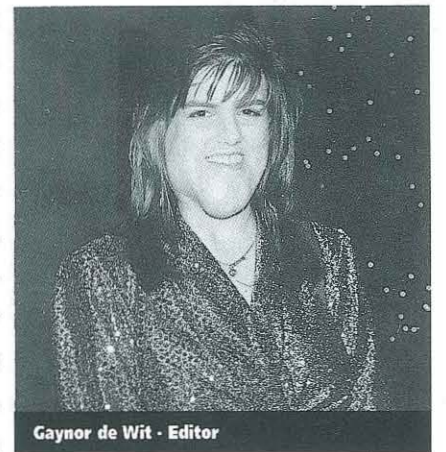
In Outpost this month there's a profile of a little-known facility at the Club - the masseur.

Khun Champen has been practising Thai traditional massage outside squash court 3 for over 8 years but, being externally contracted by the Club, is given little promotion for his services. So if you have any aches and pains, perhaps after that last match you played, book an hour with Khun Champen.

Many thanks to Lisa Fitzpatrick for providing us with a brief biography of herself to introduce herself to the membership; let's hope she settles in quickly to the "normal" life of Bangkok.

See you at the AGM!

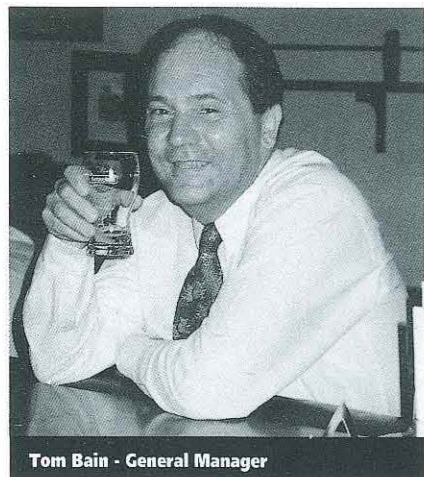
Gaynor de Wit
Editor



Gaynor de Wit - Editor

From the Manager

I would like to announce that the Club has decided to appoint Ms Lisa Fitzpatrick to the newly formed position of Sport and Recreation Coordinator (SRC) at the Club. Lisa has provided a personal profile included later in this month's magazine. However, let me say that Lisa is well qualified for the position, with excellent qualifications and experience in P.E. teaching, coaching and gym management.



Tom Bain - General Manager

It was recently decided that the Club should employ a sports specialist directly rather than continue with the existing management contract with Sportathlon. I should state that the service and cooperation we have received from Sportathlon have been excellent; however, it was felt that the interests of the Club members could be better served by having a directly employed staff person on site. One important criterion set by the Committee was that the employment of a SRC should not cost the Club more than we pay currently. The Club has been able to set a package for the SRC which will not expose the Club to more expenditure than our outlay with Sportathlon.

Lisa's primary responsibilities will be to improve the Club's sporting activities and services in a number of ways, including increasing the sports coaching available, managing the gym, putting on a range of sport and recreation activities, reorganising and promoting a sports goods shop and liaising with

and assisting Club sports sections. I am quite sure she will have her hands full from day one and I trust the membership will make her feel welcome.

The security system is now fully operational. Unfortunately we have been plagued with technical teething problems both with the encoding of the cards and the gate control's reader system. All members have been sent a circular to advise how the new gate security system will operate and a copy of the instructions sent to the guards. Please cooperate and adhere to the system so that the aims of improved member access and increased security can be achieved.

A new menu has been introduced in the Lords restaurant. Please come along and try the mouth-watering dishes on offer. Also do not forget that there will be a Spanish food promotion in Lords on 21st and 22nd March. These promotions were highly successful in 1996 and we are looking to improve them further this year. Finally, on the subject of food and beverage, the poolside menu has been improved and updated. The printing of the menu has been kindly sponsored by **Carlsberg** and should be available in the salas very soon.

Last but not least for this month, I would like to advise all Ordinary and Up-country members that this year's AGM will be held on 25th March. Please make every effort to attend.

Tom Bain
General Manager

Management News

Sport and Recreation Coordinator

The big news this month is the appointment of Lisa Fitzpatrick to the newly created position of Sport and Recreation Coordinator at the Club. Lisa commenced duties on the 1st March. You can find more detailed information about her elsewhere in this magazine. Please make Lisa feel welcome.

Membership Secretary

Sadly, Khun Goong our Membership Secretary has left for pastures greener. However, we have been interviewing for a replacement so by the time you read this we should have the position filled - more next month.

Spanish Food Promotion

There will be a Spanish Food Promotion in Lords on 21st and 22nd March at Bt 550 per head. Please come along and enjoy the fine cuisine. Please book at reception or directly with Lords.

Croquet Evenings

Friday croquet evenings will be held at the Club on 28th March and 25th April. All equipment, sandwiches and Pimms will be provided.

Easter Egg Hunt

There will be a Children's Easter Egg Hunt at the Club on Easter Sunday, 30th March, at 11.30am. After the Egg Hunt there will be a barbecue lunch for all to enjoy. The price, including egg hunt, barbecue and a glass of sparkling wine for the adults and soft drinks for the kids, is Bt 250 for adults and Bt 150 for children 12 years and under.



David Turner with lucky proposer Len Johnstone at the February New Members Night

New Treadmill

The new Lifestride Treadmill has arrived and has been installed in the gym. This piece of equipment is state-of-the-art. Apart from being able to provide you with anything from a walk to a strenuous run, you can programme a fitness test or check your heart rate as you exercise. For those of you who have never used the machine, come along and try it. You'll be impressed!

Security Gates

Most of the new members cards have now been received and are available at reception. Despite continuing teething problems with the gates, the new system will become fully operational on 1st March. Please be prepared to use your card!

New Members

Elizabeth Doherty and Stuart Beale



Elizabeth and Stuart

When Stuart talks of his love of dog racing, forget Walthamstow, this is team husky racing! He and Elizabeth have a Siberian husky and a 'gos d'atura' (a Spanish pooch), which raise eyebrows when they take them for a walk here! Previously in Spain and Holland (therefore yet to experience quarantine), Elizabeth is a Commercial Director with Levers and enjoys skiing, golf (sort of!), gardening and Spanish while Stuart is a computer consultant and loves golf, skiing and diving.

John and Sharon Bevan



Sharon and John

Aussies John and Sharon are out here for 3 years; John is MD at Thai Industrial Gases. Both play tennis and golf and John likes cricket while Sharon enjoys swimming; they have two children called Harry (5) and Sally (9) and, no, that film wasn't made when these two were born! Before landing here the Bevans were posted to Korea for a couple of years.

Brian and Agnes Elias



Agnes and Brian

Another SGS bod, Brian is here as Manager of the SGS-ICS Environment section for Thailand for a couple of years. Welsh but lived in Scotland for 20 years, Brian enjoys hill-walking in Scotland and geology; Agnes on the other hand has always been Scottish and their two sons are students at St Andrews University. This is their first overseas posting but they have worked in Japan, Korea and Indonesia over the last 2 years.

Julian and Helen Frost

Previously in Belgium, Helen and Julian are here with CPC-AJI, a food manufacturer based out in Bangna and they have three children at school in Patana: James 16, Emily 6 and Alys 5. Julian is a cricket and squash player while Helen plays tennis and badminton, and they expect to be here for three years.



Helen and Julian

Frank Goudsmit and Michelle Zielinski

BCT'ers of semi-veteran status already, having been involved in several productions since arriving 18 months ago; Frank and Michelle are due to be here until the end of next year. Frank is an insurance underwriter with Chubb Insurance while Michelle is currently an editor but her background is in ecology. Frank likes golf and downhill skiing (obviously not here) while Michelle likes the safer volleyball and was teaching computer skills at Rahab mission and learning Thai for 9 months.



Frank and Michelle

Roger Jarrett

Roger was on his own tonight as Beverley was looking after Holly, 7; Roger described his wife as a "domestic engineer" which I'm sure will please her! Roger is a stockbroker with Schroder Securities as Head of Sales,



Roger

and has previously been posted in Australia and Japan. Both he and Beverley apparently play all sports, with a particular leaning towards camping and sketching and while Roger wreaks havoc with aikido Beverley practices yoga.

Nigel Lightbody

Nigel's another one who has been here for more than two years and only recently joined the Club and another one of the well-travelled set, having worked in Kenya, Qatar, Cyprus and Kuwait. Here in Bangkok he's MD of Mouchel and has no idea how long he's staying. Wife Jane couldn't make it tonight, and their two daughters Catherine (17) and Louise (15) are at boarding school in the UK. Nigel plays squash, golf, scuba diving and rugby (in the past) and hopes to start tennis while Jane is already a reasonable tennis player.



Nigel

Ian Lafferty

Replacing Derek Brinkley as BT's man in Thailand, Ian has just hopped up here from a few years in Singapore so he shouldn't need much acclimatising. A sporting enthusiast and a half, Ian enjoys football, squash, tennis, snow-skiing, golf, not to mention the more sedate hobbies of travelling, reading, eating and drinking, socialising, cooking, music and



Ian

chess, although he assures me he hardly gets time to do any of the above!

Desmond and Karen Spencer-Harty

Previously in Saudi for 4 years and Hong Kong for two, Desmond and Karen have been here for two years already and intend to be here "for as long as it takes." Desmond is an architect with Palmer and Turner and is a squash and golf fan while Karen, a midwife in Britain, is working at Bumrungrad Hospital, plays netball and I believe loves a good margarita and singing... They have a 2 year old son, Matthew, who talks a great deal.



Desmond getting the treatment from wife Karen (right) and Karen Hollis!

David and Sylvie Hurn

David is the Business Development Manager with National Power from Britain for "X" number of years; he and French wife Sylvie share a love of golf and swimming. This is their second 'warm' posting, having come from Spain. They have one child, Eliot, who is three years old.



David and Sylvie

Atul and Shilpa Jogani

Both Atul and Shilpa work for the family business, the Jogani group of companies, and they have been here for 9 years already. Their daughter Karishma is 7 and at school, but Isha at 2 and a half is still at home; however, when Shilpa get some time off she enjoys playing tennis while Atul prefers cricket, and both enjoy reading.



Atul and Shilpa

Stone the Crows!

Onwards and forwards, the only way to go! I can't believe that I'm writing this for March. It seems like only yesterday when we got back



Flight Winners: Phil Wittke, Dugal Forrest & Peter Griffiths

from Oz and settled into the Thai way of life once more. Much has been happening here in the land of Golfers. We had to postpone Bernie's Bowl as there were not many starters on the 4th January. We started the first of the Quarterly Medal sponsored by **Johnnie Walker**, which was held at royal on the 12th January. This day saw Phil Wittke win Flight A, Dugal Forrest win Flight B and Peter Griffiths win Flight C. This was Peter's last match with the Club as he and Pauline have left Thailand, sad to see them go, just as Peter was improving his game so much. We have a little story about them - like a grand exit, if you will:

'Something to Crow About'

Peter Griffiths, playing his last game in Thailand on Sunday 12th January at Royal Bangkok Sports Club, had plenty to crow about. On his way to winning the Flight C medal competition, he had to invoke one of those helpful golf rules allowing him to drop a new ball without penalty. This was after a CROW swooped down and made off with his ball which was nestling neatly on the open

fairway some 200 yards from the tee. First Pauline and that dog, now Peter and the crow - what excuses will they come up with next?!

The flights for the medal have now been defined as follows:

- A Handicaps up to and including 16
- B Handicaps from 17 up to and including 28
- C Handicaps from 29 upwards

Club Championship

The Club Championships were played over two Sundays (26th January and 2nd February). This championship was generously sponsored by **Guardian Assurance**. The first day out at Kiarti Thani had a good response of about 30+ players all vying for a spot on the board. The second day out had about 25+ players. We had day prizes for both days and the overall winners of the two days. On a par 3 we saw Sriwan, one shoe on and one shoe off, standing in about a foot of water saying "If you don't try you will never know," I guess she will take the penalty drop next time! The results are as follows:

Day One

Mens Low Gross Peter Talbot



Mark Verheyen, winner of the MacMahon Trophy and Paul Barritt from Guardian Assurance

Mens Low Net Alex Southcombe
Ladies Low Gross Diana Lamb
Ladies Low Net not awarded

Day Two

Mens Low Gross David Williamson
Mens Low Net Bernie Adams
Ladies Low Gross Liz Southcombe
Ladies Low Net not awarded

Overall Winners

Mens Low Gross - MacMahon Trophy
Mark Verheyen
Mens Low Net - Sam Boyd Cup
Dugal Forrest
Ladies Low Gross - Castrol Cup
Sriwan Forrest
Ladies Low Net - Italthai Cup
Lauren Lambert

Now I wonder if I can find a space amongst Greg's trophies to put my one and only (so far); I could always relegate his to the back of the cupboard!



Sriwan Forrest, winner of the Castrol Cup

To all the newcomers and old members of the British Club, if you enjoy fun days out playing golf with the odd competition thrown in, come along to one of our golf days (at the moment once a fortnight). Just sign your name on the sign-up sheet on the Golf Section



Lauren Lambert, winner of the Italthai Cup

Dugal Forrest, winner of the Sam Boyd Cup

board or maybe you want to know more about what we do; just phone any of the committee members (numbers also on the board). High, low or no handicap, we would love to see you.

That's it for another month. By the time you read this we will have selected a new committee to take us into another year of great golfing.

Keep up the good golfing
Lauren Lambert

Farewells and Welcome Backs

This month we say goodbye to the following exodus: Andrew Barrett, Christopher Bottomley, John and Patricia Duffy, Peter and Pauline Griffiths, Kim and Voraram MacGregor, Chris and Della Markay, Robert and Carolyn McClory, Thomas and Sukanya Nicholson, Jettana and Pranee Pongfuengfu, Michael and Marwati Prinz, Andrew Smith, Paul Talty, Lawrence and Andrea Taylor, Alex and Maureen Thorburn, Andre and Anoja Tissera, David Took, Phyl and Puangsan Xumsai; and we welcome back Simon Baker, Royal Hughes and Stephen Powley!

Volvo Drive Off with the Match Again

Before we kick off with the month's reports, can I please remind you all that it's Finals Day of the Club Championships on Saturday 8th March, starting early morning



See, Barry - all plates licked clean!

with the men's singles (try not to "do a Marc" and get too drunk if you're playing...) and ending with the doubles matches in the afternoon. At the time of writing we were all still waiting with baited breath for the Plate competition to be pinned on the board, but in order to stamp some authority onto the inert masses our resident genius Bruce produced a memo enforcing deadlines to ensure that matches were completed sooner rather than later. However, the first sentence - making up the first paragraph - went something like this: "Please note that as of Monday 17th February the Tournament Committee has decided to close off all matches that have not been played by the next shut off date following on from the actual published shut off date for any one round as shown on the draw." Say what?! Where's Esther Rantzen when you need her...

Lotsaluv

Me

Mix-In Tournament

Sunday 11th February

Despite the later start of 3pm, the participants straggled in from 2-4pm making organisation of a tournament somewhat difficult. However, we overcame all yet again and a final turnout of 18 enjoyed a mixed doubles-new partner each match competition. With the individual scores being based on number of games won, the canny ones soon realised to win 7-5 was better than 6-0 for a normal set. So we were entertained with the sight of the better players trying to lose 5 games yet not blow it and lose the set.

Victory for the men was a tie with Dick Blackmore and Ti Williams and a very popular ladies winner, a well deserving Marie Goode. Due to poor preparation, prizes had not been obtained in advance so I.O.U.s were issued to the suitably impressed victors.

Next tournament will be held on Sunday 9th March at 3pm.

David Henton

BC v Volvo

Sunday 26th January

This match was originally going to be played as an away event at the new Volvo Club premises somewhere near Soi 72. However, due to the limited availability of courts there, we were asked if we wouldn't mind if Volvo hosted us at the British Club, something we never mind doing as it puts coppers into the BC's hat.

Consequently it once again fell to your scribe to get things organised on behalf of Volvo and as you have all come to expect, the whole event went off smoothly. Except the result of

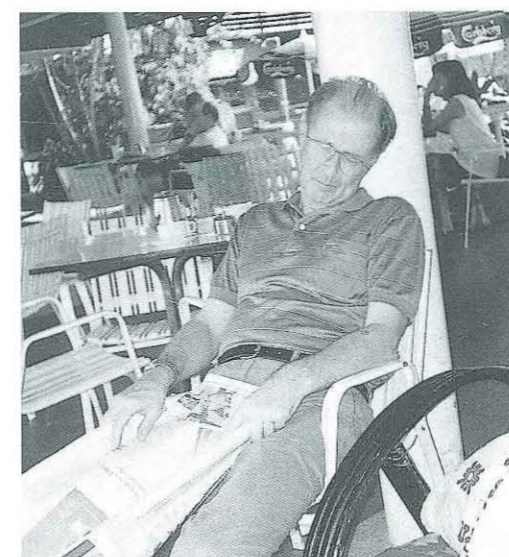
course, which even your redoubtable Captain couldn't fix.

There was the usual dearth of top talent due to injury and the rival attractions of the greensward, but this was more than made up for by an unexpectedly high number of lady participants. This was particularly pleasing to see after so many matches where we have struggled to recruit even six ladies.

As luck would have it, on the day Volvo were the first team ever to turn up with only 3 ladies and they were rather reluctant to play in the sun at that. One other did turn up later which helped a bit but not much.

As a result, your Captain was under extreme pressure to ensure that his record number of lady players were all able to play at least the promised 3 sets. In fact, by resorting to an early start to the mixed doubles format, virtually all managed to get in no less than 4 sets and by a strange coincidence, so did the men.

In spite of once again being on the losing end of things, it seems that everyone enjoyed themselves with plenty of good tennis and a



The shock of the solid ladies turnout was all too much for our Captain...



Volvo Captain expressing how urgently he needs the gents

higher than usual number of extremely close games. Looking at the results it is clear that playing "tie breaks" is something at which we all need a great deal more practice. In fact, had we won all the tie breaks played, we would have come very close indeed to winning the match. Perhaps this is something with which the new Sports Coordinator will be able to assist us.

Amongst some notable wins the most devastating was undoubtedly that of the two Davids (Henton & Blowers) who in taking on the Volvo Goliaths promptly demolished them 6-1. Paul and Lawrence achieved a similar massacre at 6-0 but against slightly less fearsome opponents.

Other famous victories were to the credit of Sharon and Raymonde (our only lady victors), Kamol with David Blowers and again Kamol with Kip together scoring 2 wins. Well done both and Kamol was also the only player to win 3 of his 4 matches. Perhaps he will now seriously consider giving up golf with so much success to be found on the courts! Also to be included amongst that select body of winning pairs were Pat and Ken as well as Terry and Gaynor.

All in all, although we once again managed to



avoid a victory, by common acclaim we all had an extremely good day's tennis with a very friendly bunch of players from Volvo and we now look forward to a rematch later in the season.

Barry as usual provided all the food and drink we could manage and all within the agreed budget. What a man! If Mr Blair finds out about him he might just end up as the new UK Chancellor.

Prof Bruce Moriarty

JUNIOR TENNIS

Junior Round Robin Tournament

Sunday 2nd February.

A smaller than usual, but no less enthusiastic group of juniors joined in this month. There were 15 in total, which allowed us to run a knock-out competition. There was a surprise or two in the first round in which many of the older players were matched against younger ones, but on the whole it worked out well. Overall winner was Andrew Jones, who just beat Darren Rayner in an exciting match. Darren had only just finished his semi-final match against Frederick Marshall, which was equally well matched. In the Plate, Murray Jewell beat David Weekes. After the singles matches, most went on, in the increasing

heat, to play doubles, while some of the Junior Juniors were able to play their Championship matches.

Juniors in the Championships

By the time this is printed, most of the matches should have been played. The Finals Day is on March 8th, and all Juniors are very welcome to come and watch, if they are not playing, and to join the celebration supper, the same evening, in the Silom Sala.

More and More Tennis.....

On the 16th February, we will have held a Junior Mix-in - from 0800 to 1100. If this has been a success, we will be holding more mix-ins and the next should be 16th March. This will be an opportunity for friendly games, changing partners throughout the morning, and, unlike the Tournaments, you don't have to be there on the dot of 0800 to join in! However, if you do not come, we will assume there is no interest, and will reconsider the plan!

More Tournaments.....

Next Junior Round Robin is on 02 March, at 0800 prompt!

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Things are Happening on Court

The new courts at Soi 22 (Soi Sai Nam Thip) off Sukhumvit are proving popular, in part because they're slightly more central and, being a slightly later booking, they're easier to get to after work in time for a solid two hours swatting... if you're up to it! For newcomers, we're booked on court 4 every Tuesday evening from 8-10pm and on court 11 every Thursday evening, same time. Then of course there's the Sunday civilised morning start of 11am over at Soi Nares courts, just behind the British Club. There are nearly always people meeting up at the Club at 10.45am (half of whom normally stop for a relaxed breakfast in order to have something to work off later!), so if you pop along to the Surawong Sala just before 11 you're bound to see someone with a badminton racquet sticking awkwardly out of a bag!

New System

From now on your esteemed committee have decided to introduce the popular sticker system to the Sunday morning sessions, partly to standardise the accounting system and partly to make life easier for Barry, Anant and Henry with their "chittees" (love that word!) as opposed to writing everyone's name down each week. It's still 60 baht per sesh, for two

hours of badders with the occasional rest, and nowadays shuttles are provided free of charge at both venues. This should avoid confusion and the occasional appearance of some of Gaynor's dried-out bits of plastic which once could have been called a shuttle.

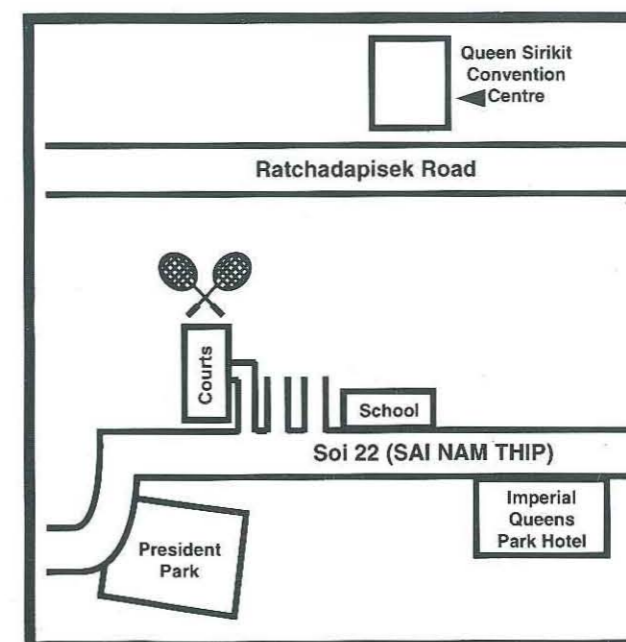
Challenges Afoot

There are signs from outside that matches are required of our presence! Yes, members of your committee have been contacted and the gauntlet is about to be thrown down. As soon as we pick a date, please let any committee member know (which is most of the old-hands of the section) that you will be able to play on that day and that you'll forsake all other engagements.

Where Are We?

The map below shows a tad more accurately where the courts at Soi 22 are! Note that it's three soi-lets after the school on the right hand side (coming from Sukhumvit), not one as the previous map may have inadvertently led you to believe...

Lek Farang



Calendar

British Club Sports and Entertainment Calendar - March

Sunday



30

11am-1pm **Badminton Mix-In-Soi Nares**
 24-6pm **Tennis Tournament**
 5-7pm **Children's Video**

2

11am-1pm **Badminton Mix-In-Soi Nares**
 2 -6pm **Tennis Tournament**
 5-7pm **Children's Video**

Monday



31

8am **BWG Mahjong**
 2pm **Aerobics**
 6-8pm **Squash Coaching**
 7-9pm **Tennis Team Training**

3

8am **BWG Mahjong**
 2pm **Aerobics**
 6-8pm **Squash Coaching**
 7-9pm **Tennis Team Training**

7.30 pm **New Members Night**

Tuesday



Opening Times

10am-11pm **Churchill Bar**
 11.30am-2pm **Lords Restaurant - Lunch**
 6-10pm **Lords Restaurant - Dinner**
 7.30am-10pm **Poolside Bar**
 6am-9pm **Fitness Centre - Mon-Sat**
 9am-9pm **Fitness Centre - Sun/Hols**
 9am-5pm **Thal Massage - Tue/Sun**

4

7am **Ladies Golf**
 2.30pm **Ladies Squash**
 7-9pm **Soccer Training**
 8-10 pm **Badminton - Soi 22**
 8-11pm **Friendly Bridge**
 9pm **Gentlemen's Spoof**

Wednesday




Sports - Contact the following:

Badminton **Gaynor de Wit 237-4031**
 Cricket **Peter Young 679-7644**
 Golf **Geoff Lamb 326-0381**
 Rugby **Joe Grunwell 262-0220**
 Squash **David Turner 279-1234**
 Soccer **Peter Rodgers 240-0678**
 Tennis **James Young 714-9040**

5

9.30am **Aerobics**
 5-8pm **Squash Coaching**
 6-9pm **Tennis Mix-In**

Thursday



Venues

Soi 15 **NIST grounds**
 Soi Nares **Behind Bangrak Police Station**

Golf - As advertised

6

6-9pm **Squash Mix-In**
 7pm **Aerobics**
 7-9pm **Rugby Training**
 8-10 pm **Badminton - Soi 22**

Friday



Sports - Contact the following:

Non-BC Sports

Ladies Golf
 BCLG **Will Agerbeek 259-7019**
 LIGIT **Eileen Cook 295-4596**
 Hockey **Lois Carson 258-5295**

7

9.30am **Aerobics**
 4-9pm **Sportathlon Tennis Coaching**

Saturday



1

8am **Junior Tennis**
 8-11am **Tennis Coaching**
 4.30pm **Casuals Soccer - Soi 15**

8

8am **Junior Tennis**
 8-11am **Tennis Coaching**
 4.30pm **Casuals Soccer - Soi 15**

Tennis Championship Finals

Children's Sports Activities

Tennis Coaching **Friday Evening & Saturday Morning**
Swimming Coaching **Saturday Morning**

Don't Forget !!

Rattle those maracas at the Spanish Food Promotion on the 21st and 22nd !

9

7.30am **Golf - President**
 11am-1pm **Badminton Mix-In - Soi Nares**
 3-6pm **Tennis Mix-In**
 5-7pm **Children's Video**

16

11am-1pm **Badminton Mix-In - Soi Nares**
 3-6pm **Tennis Mix-In**
 5-7pm **Children's Video**

23

7.30am **Golf vs Wanderers-Vintage**
 11am-1pm **Badminton Mix-In - Soi Nares**
 3-6pm **Tennis Mix-In**
 5-7pm **Children's Video**

10

8am **BWG Mahjong**
 2pm **Aerobics**
 6-8pm **Squash Coaching**
 7-9pm **Tennis Team Training**

17

8am **BWG Mahjong**
 2pm **Aerobics**
 6-8pm **Squash Coaching**
 7-9pm **Tennis Team Training**

24

8am **BWG Mahjong**
 2pm **Aerobics**
 6-8pm **Squash Coaching**
 7-9pm **Tennis Team Training**

11

7am **Ladies Golf**
 2.30pm **Ladies Squash**
 7-9pm **Soccer Training**
 8-10 pm **Badminton - Soi 22**
 8-11pm **Friendly Bridge**
 9pm **Gentlemen's Spoof**

18

7am **Ladies Golf**
 2.30pm **Ladies Squash**
 7-9pm **Soccer Training**
 8-10 pm **Badminton - Soi 22**
 8-11pm **Friendly Bridge**
 9pm **Gentlemen's Spoof**

25

7am **Ladies Golf**
 2.30pm **Ladies Squash**
 7-9pm **Soccer Training**
 8-10 pm **Badminton - Soi 22**
 8-11pm **Friendly Bridge**
 9pm **Gentlemen's Spoof**

12

9.30am **Aerobics**
 5-8pm **Squash Coaching**
 6-9pm **Tennis Mix-In**

19

9.30am **Aerobics**
 5-8pm **Squash Coaching**
 6-9pm **Tennis Mix-In**

26

9.30am **Aerobics**
 5-8pm **Squash Coaching**
 6-9pm **Tennis Mix-In**

13

6-9pm **Squash Mix-In**
 7pm **Aerobics**
 7-9pm **Rugby Training**
 8-10 pm **Badminton - Soi 22**

20

6-9pm **Squash Mix-In**
 7pm **Aerobics**
 7-9pm **Rugby Training**
 8-10 pm **Badminton - Soi 22**

27

6-9pm **Squash Mix-In**
 7pm **Aerobics**
 7-9pm **Rugby Training**
 8-10 pm **Badminton - Soi 22**

14

9.30am **Aerobics**
 4-9pm **Sportathlon Tennis Coaching**

21

9.30am **Aerobics**
 4-9pm **Sportathlon Tennis Coaching**

Spanish Food Promotion

28

9.30am **Aerobics**
 4-9pm **Sportathlon Tennis Coaching**

Croquet Evening

15

8am **Junior Tennis**
 8-11am **Tennis Coaching**
 4.30pm **Casuals Soccer - Soi 15**

22

8am **Junior Tennis**
 8-11am **Tennis Coaching**
 4.30pm **Casuals Soccer - Soi 15**

Spanish Food Promotion

29

8am **Junior Tennis**
 8-11am **Tennis Coaching**
 4.30pm **Casuals Soccer - Soi 15**



BC Unbeaten

Cricket has got off to a slow start in the 1996/97 Thailand Cricket League. Several postponed games prior to Christmas and



BC 1st Eleven ready for battle

early in the New Year has left little to write about... unless you want to read about England's wonderful tour of Zimbabwe, the less said the better...

However, three games have been played by the British Club this season and three victories have been registered.

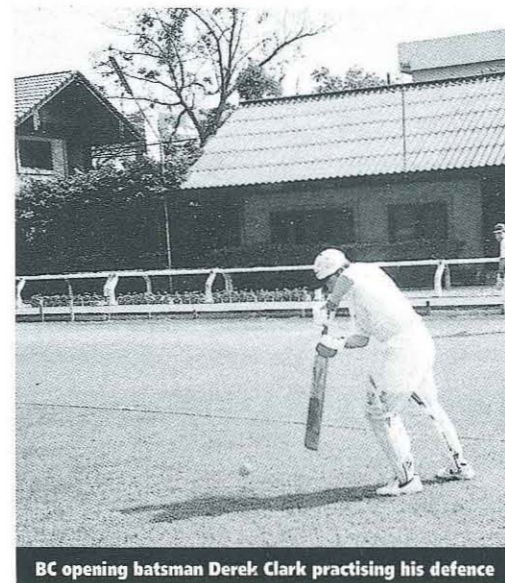
Prior to Christmas, a convincing 7-wicket win was recorded over a weakened ABAC side and during the only game of January the BC snuck home by 3 wickets against the Indian Cricket Club in a 40 Over League fixture.

However, the big game that the British Club had been waiting for was the chance to meet arch-rivals the Royal Bangkok Sports Club who are a pretty formidable outfit — just ask them!

At the very picturesque grounds of the Polo Club, the BC met the RBSC in a 40 Over fixture on a rather warm Sunday in early February. It must be said that the Opposition were weakened by the no-show of star national player Larn Thongyai but to even it up the BC were missing skipper Steve Sloman

who was holidaying in Chiang Mai with his girlfriend!! Heavy fines for you, Steve! The BC won the toss and rightly batted. Slow going by our openers Clark and Dr White made an ordinary bowling attack look quite reasonable. The two did get us off to a solid start with Clark making 29. Good support came from the ever-reliable Adam Caro (28) and new boy Andy Wright (30). The BC finished with a reasonable 182/7 from their 40 overs. This would mean that for victory we would have to bowl the Sport Club out as they possess several big hitters in their line-up, including BC turncoat... er, Member Greg Brown.

Another new cap - Speedster James Frost - started off a little erratic in his opening over bowling several wides and a few "looseners" but once he got his rhythm going he was unstoppable. James removed the RBSC batsmen with ease, taking wickets in each of his first 4 overs. Greg Bunny Brown was one of his victims, trying helplessly to cut a ball too close to his body and only succeeding in dragging the ball onto his wicket and thus making a complete mess!



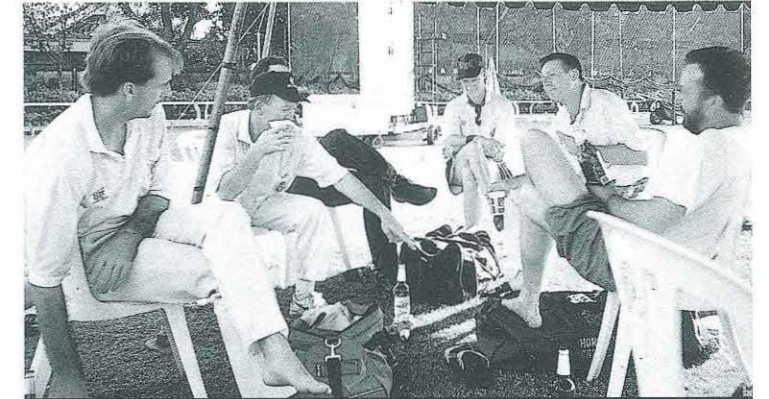
BC opening batsman Derek Clark practising his defence

The RBSC never recovered from James' onslaught and were soundly beaten by 50 runs with only their tailenders offering resistance. They particularly enjoyed Peter Young's variety of usual rubbish - two full tosses and three long hops, nothing like trying to extend the game...

So the BC are unbeaten. Australia head to South Africa as the number one team in cricket (Test Match Cricket) and England have won, yes, WON a Test Match! No, it's



The RBSC 8/98 - a rather British-like score!



BC all-rounder Adam Caro (foreground left) relaxing with the opposition over a beer or two!

not April 1st. The big breakthrough occurred against that other world power, New Zealand. Don't be surprised if the boys go on and win the series. A nice confidence booster for Australia's Ashes Tour to England beginning in May...

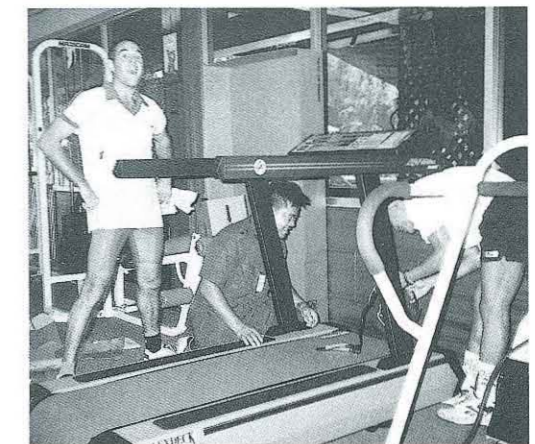
Richie B

The New Treadmill

Yes, it's arrived at last, the new Lifestride Treadmill! As you can see, Barry Crawford looks ecstatic as he supervises the installation.

Not only does the new treadmill give you a great workout, it can also give you a full fitness test and measure your heart rate as you run.

If you haven't been to the gym for a while come in next time you're at the Club and give the treadmill a try.



Tom Bain





Outsiders for the League?

As the Farang League reaches the midway mark the BC finds itself struggling in the unfamiliar position of being outsiders for the title. Two losses and a draw and a string of close-call victories have brought Terry Grogan and his team firmly down to earth. They now need to lift themselves for the second half of the season in an attempt to salvage pride and hopefully a top two finish. At this stage the championship looks like it is too much to ask for. Here follows match reports on the five games up to the 11th February 1997.

BC 2 - 1 Italians

11/2/97

A plaintive memo dispatched on the day of the match to all BC squad members had skipper Terry Grogan pleading for an improved performance and imploring more commitment. The tear-jerking memo did its work and the BC attacked this game with far more gusto than previous matches.

The Italians had held the Brazilians to a draw recently but on this night's showing the BC looked the far stronger side and thoroughly deserved their 2-1 victory. Barry Crawford opened the scoring in the first half with his first goal in nine matches as a BC striker. Moving well onto a well-weighted cross from Adam Caro he surprised the defence, the keeper and himself when his outstretched boot deflected the ball into the goal. The goal gave him confidence and early in the second half he rounded off a great run down the right by providing Tim Ross with an easy scoring opportunity which was clinically put away. As a number of BC midfielders started to tire, the Italians started to get on top. A defensive slip by Terry Grogan was capitalised on and *mama mia* it was 2-1.

BC held on comfortably in the end to record a morale boosting win. Good performances in particular from Mel and Ian in the back,

Adam and Dave in midfield and Barry upfront led to a happier dressing room environment. Unfortunately veteran Italian referee Augusto took umbrage at BC's 'goodwill ambassador' Dave Atkinson's lack of chivalry and a refused handshake at the end of the game led to his second booking of the match for ungentlemanly conduct.

All now wait with baited breath for the next Grogan pearl of wisdom.

BC 2 - 3 French

4/2/97

The scoreline indicates that this was a tough match and indeed the referee gave 5 yellow cards, but amazingly no one was sent off. The French, in particular, seemed intent to literally leave their mark with every challenge made and a tougher referee would have had no hesitation in giving red cards to at least two of their midfielders. Not that the BC didn't get involved, in fact, they competed well in most departments, but on the night it was difficult to get the ball moving freely as virtually every tackle had the referee blowing for a foul.

BC opened the scoring with a scorching left footer from D. Atkinson that hit the bar from 25 yards out and then bounced on the goal line before crashing back into the top of the net. C. Davin, back from 6 weeks or so on a research ship in the Andaman Sea, took some time to find his land legs but, even though clearly short of match practice, his presence helped lift the midfield and the team started to put some moves together reminiscent of last season's sparkling form. Unfortunately some neat work by the French, and perhaps a little indecisiveness at the back for BC, saw the French equalise first and then shortly after take a 2-1 lead into halftime.

Tim Ross came on for Barry Crawford at halftime and immediately got into the action

linking with Atkinson who released a perfect ball from the right for T. Grogan to meet beautifully and his powerful header from 8 yards out gave the keeper no chance. The game then degenerated into something of a brawl as the referee lost what little control he had shown. W. Carruthers took the sort of action that perhaps others should have used earlier when a firm challenge only marginally "off the ball" send one French player into a frenzy of late challenges that would have seen him ejected from most games.

Towards the end Tim Ross found himself alone in the box only yards from goal as a cross from A. Caro flew to his right foot. He failed to connect meaningfully and the ball evaded the empty net, an occurrence that in previous seasons would have been unheard of from the league's most prolific marksman. Pretty much straight away, the French scored the winner when yet another slight defensive lapse let the French striker through and he made no mistake slotting the ball skillfully wide of the fast advancing Chris Hall in the BC goal. Despite their over-physical approach to the game, the French played good football throughout and on this form even the table-topping Brazilians have their work cut out to contain them.

BC 1 - 0 Delaneys

29/1/97

A scrappy match to say the least. An Atkinson penalty in the first half was all that separated the sides and although BC defended well there was little to get excited about for most of the game. Atkinson had got the ball into the net earlier in the first half but that blistering effort from 30 yards was ruled out for offside.

Delaneys are apparently improving with every game and certainly were generous with their after-game drinks back at headquarters.

But on the evidence of the night's game they are one or two players short of competing with better sides in the league. Unfortunately the same could probably also be said for BC, who are clearly not the outfit they were 12 months ago, if this performance is anything to go by.

RBSC 0 - 0 BC

21/1/97

A fast improving RBSC put up a determined fight to contain the BC in this dour goalless match. Although Bryce Bercompass did get the ball in the net, the referee was well-placed to rule out the goal. In the end, BC were pleased with the potion as two late strikes from RBSC could have resulted in goals if it had not been for the alert reactions of Chris Hall in goal. Ian Lafferty made his debut and turned in a reasonable performance before being substituted in the second half.

BC 2 - 0 Scandinavians

16/1/97

Ross and Bercompass were the scorers in this fast-paced match that saw the BC put in their best display of the season so far.

Chris Hall debuted in goal and looked a good replacement for the departed George Everest. Greg Watkins had a stray game tidying up any loose balls during the accessioned Viking attacks. Captain Tel was elated at halftime and showered deserved praise on the whole team for at last showing some of the commitment needed to take control of matches. The second half fizzled out somewhat but the Scans never really looked like breaking the BC down.

Twelfth Man





Look Out Phuket!

The Rugby Section's tour to Phuket in early December and the January annual general meeting both proved a tremendous success.



Real men do it in threes



Making the coach do it in one

Leaving for Phuket on the auspicious occasion of HM the King's birthday, fortune was with us as the boys blew the froth off a few in the pleasant surroundings of Don Muang's domestic terminal decorated in our Hong Kong 'best dressed team' outfit. The tortuous experience of playing sardines on the outward flight was however eased somewhat by the lubrication of a few more beers along the way.

Arriving at Patong Beach Resort and a few photo calls later we all felt desperately in need of a wind down and a determined focus on the arduous tasks ahead of us. So, what better way than a massage. Christine could not service us all as she was pretty pricey - let alone taking on the full 30-plus of us at once - so our friendly songthaew driver took us to a communal joint where we were to spend regular periods over the next few days.

Refreshed, we made our way to a feast of an evening laid on by the Vagabonds and with a few good songs along the way we arrived in a cacophony of farm noises. A great evening was had by all: good grub, the kitty was taken care of (kittymaster Ramsay!); indeed much revelry and singing. We were then shown the

town, but despite many of the joints being shut on H.M.'s birthday there was still enough fun to go round.

The call to meet at 10am was largely heeded to with a nudge from Heidi and friends. Whether we made it to bed (alone?) or strolled in at 9am, the rounds of Bloody Marys and G&Ts soon took their refreshing toll, made all the better by those oh-so-unforgettable shirts. While some decided to have a dip (or wallow, Benny), others took the high road to go biking and see the sights.

Then, back for a massage and a slap-up binge at the Dive Inn led by the Vagabonds where the others arrived from Bangkok and a curry was laid on. Then down to the Moonshine, accompanied by the delectable girlies, and off to School. Showing our machismo, Fred managed to get punched in the face by a girl and Youngy was made good use of as a battering ram - much to our amusement.

Rising at an ungodly hour we dressed to thrill in our rugby shirts and set off to Dulwich International School where we were to christen the newly-laid pitch. It was a tough game despite the fact that we were feeling rather jaded, with good back-play by the opposition and with us deciding it would be a good idea to retain the ball in the scrum - again. Injuries abounded and as half of our players didn't play through age or injury, and splitters play-

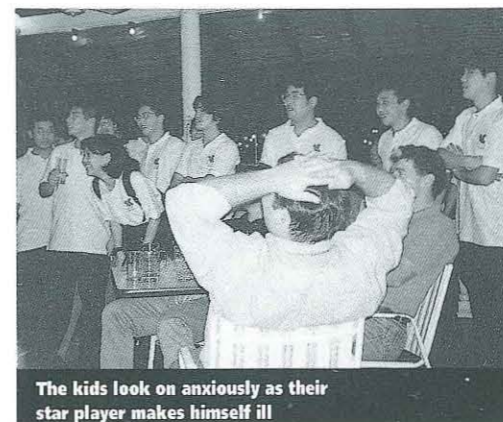


Jacko leading into one of the team songs...

ing for the oppo, a tired and troubled BC was all that was left at full time.

Tour fines were then dealt out accompanied by some of the apparently younger hotel staff boys and girls, along with necking tabascos and tequilas and copious amounts of beer. But as all good things must come to an end, the staff at Patong Peach were sorry to see us go - on behalf of our gentlemanly conduct, of course. The bar bill had reached astronomical proportions and untold amounts of guests probably complained. But back in Bangkok the fun was to continue with a curry lunch at Maharaja's, a visit to the Cowgirls and a shedful more beers while tossing the boss at the Bull's Head. Hoorah!

But not much time to recover as the festive season sped ahead and the boys got together to celebrate several occasions and make merry. The AGM proved a roaring success with much debating and contesting of positions - not. JP was ushered in as chairman, while Paul Kane retained his position as treasurer. Lamby and Robin provided the hottest contested seas as the former scraped by the winning post to retain the secretary post. The latter won an overwhelming vote for membership secretary - a position which was not contested at all.



The kids look on anxiously as their star player makes himself ill



New boy Robin does the honours

At long last, farangs shorter than me!

Trev Day won the post of first team captain while Alan Lovell retained that of second team boss and Jacko finally got retribution for his satellite ordeal.

N. de Plume

(Photographs taken from a recent reception at the BC given to a visiting Japanese university side)



The tail end of the snake - note the opposition already has his trousers undone...

The role of thanks from Alec, translated into Japanese by Owen

New Year Frolics

The Squash section kicked off the New Year with a fun tournament on 19 January. Starting at 10.00 am, 5 teams of 6 players



The aftermatch

competed against each other in a novelty tournament devised by Marvyn. (It was so novel, some of the rules were being made up as the games progressed!). Essentially it involved a continuous game (American scoring) in which every player from each team had to win 15 points. The intricacies were such that most of the participants were thoroughly confused to the extent that we discovered at one point that different scoring systems were being used on the different courts. Nevertheless, a lot of fun was had by all and the consensus was to do it again during the year now that the glitches have been ironed out. Drinks, food and music followed so that everyone could relax and contemplate the poor state of their fitness after the Xmas excesses.

Many thanks to Marvyn and Barb for their efforts in organising the day. Marvyn, in particular, deserves special praise for his quiz on famous Welsh pop stars, which unfortu-

nately had only one question (the answer was Tom Jones)

Chiang Mai Gymkhana Club visit

Hot on the heels of the BC jaunt to Chiang Mai at the end of November last year, a team of four keen players from the north visited Bangkok in mid January for a return match. This time the BC team of Nick White, Mark Reading, Marvyn Lewis and yours truly had a good 3-1 victory over the visitors who included Chiang Mai stalwarts, Bob and Thomas plus some promising young Thai players.

Snippets

For the record, the winners of the November/December leagues were :

- League 1. Khun Chaturan (Ja)
- League 2. Dave Jewell
- League 3. Mark Prothero
- League 4. John Vivian
- League 5. Steen M-Petersen
- League 6. Barry Daniel



This was taken before he found

- League 7. Robert Ralph
- League 8. Paul Jensen
- League 9. James Howard
- League 10. Chris Jones
- League 11. no matches played
- League 12. David Turner

Dave Hedge thought he'd sprained his ankle during the fun tournament - unfortunately, a check at the hospital revealed a snapped Achilles requiring surgery and plaster for several weeks. His departure for pastures new in USA in April means that we won't be seeing his style on the court again (and he was planning to be No.1 this year too)

The Sunday Mix-in on 1 February was again well attended, though numbers were down a bit on the big crowd that turned out on 5 January. Winners this time were Charles Gregory and David Turner.

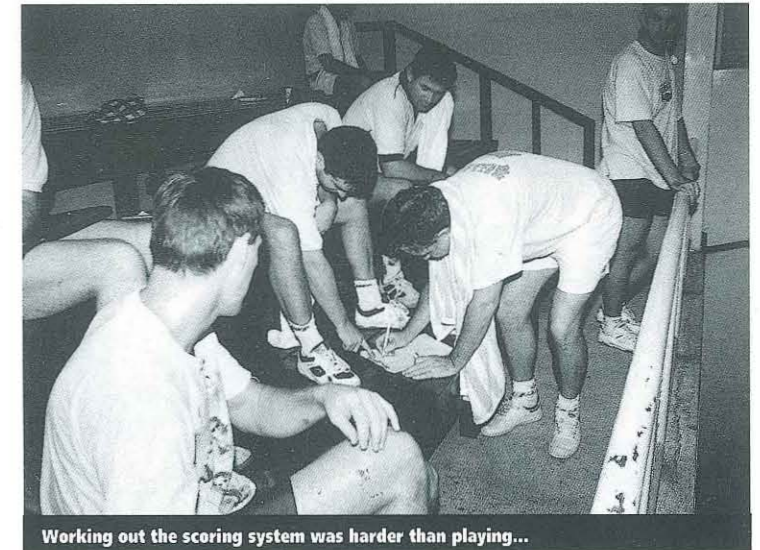
The Squash section is always looking for sponsorship for our tournaments and other events. If you are working for a company that may be interested or know someone who is, please let one of the Committee know.

Once again, it has been noticed that a lot of people are playing without putting a sticker on the booking sheet. The sticker system pays for the lights and court maintenance and the amount we pay is very reasonable, provided everyone contributes.

Upcoming Events

AGM

Your Outpost may arrive a little late, but the AGM is on Sunday 2 March after the regular mix-in (approx. 4.30 pm). All are welcome.



Working out the scoring system was harder than playing...

Sunday Mix-in

Handicap mix-in for players of all levels on the first Sunday of every month. Next one is 2 March and then 6 April. Sign up on the day at 12.30 pm.

Ladies Championship

The date is not fixed yet (as at the time of going to print) but will be during March or April. Keep your eye on the noticeboard outside Court 1.

Intersociety Tournament

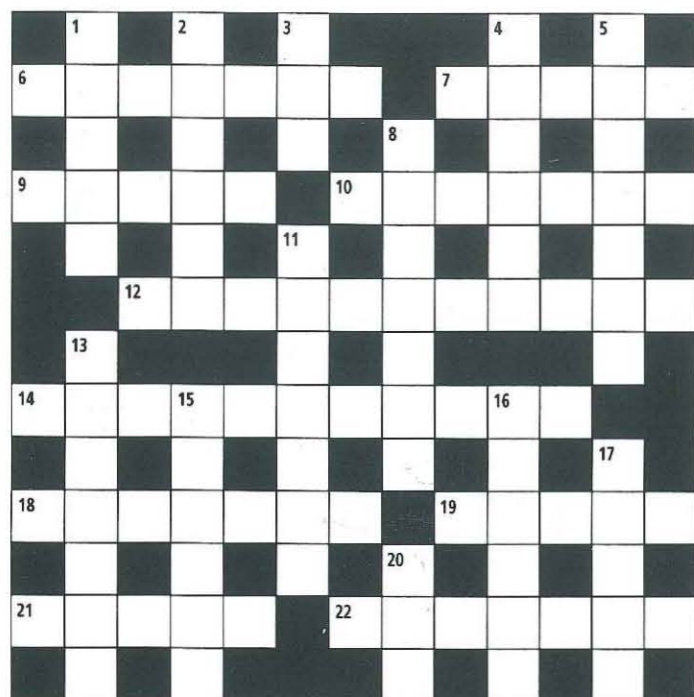
This regular battle between the Poms, Jocks, Taffys, Micks, Kiwis, Ockers and the rest will be on again in April. Start organising your teams now and watch the noticeboard for the date of the showdown.

Keep on squashing.

Dave Jewell

Crossword

Back to Basics



Clues

Across

- 6 The man on the ground with the gun
- 7 Make petitions on them
- 9 Crave madly to sculpture
- 10 Leaves high and dry - on the beaches?
- 12 You washing may depend on it (7,4)
- 14 Superintending, but missing something
- 18 Break into fragments
- 19 It's peculiar if it is!
- 21 Little Bill free is bitter
- 22 Could be 16 down too

Down

- 1 Collection of ground plans
- 2 This agent will get you going
- 3 A hum bug?
- 4 The Duty Officer is (2,4)
- 5 Badly aligned at the front
- 8 The colour is not even - is it the bacon?
- 11 Make slow progress by street car.
- 13 Greed for caviare spread
- 15 Stay as a miner possibly
- 16 Hot gun for no number...
- 17 ... and a row of these is worth it!
- 20 Effervescent kind of music



We've returned to the basic format crossword this month, with a cryptic twist. Grab yourself a stiff drink and work your way through this one.

February's Solution

- A - Offensive
- B - Sovereign
- C - Come off
- D - Anonymity
- E - Radiate
- F - Women in Love
- G - Insolent
- H - Leaveth
- I - Deaf ear
- J - Easter Day

Reading down, the initial letters give the name of the author, OSCAR WILDE. The quotation is from his play "A Woman of No Importance":

"Men over seventy always offer one the devotion of a lifetime. I consider seventy an ideal age for a man."

Jane's Saturday

5:00am: Woken by a noisy Saylor in the soi.

7:00am: Same breakfast as yesterday.

9:00am: Spent 2 hours in traffic buying groceries.

12:00 noon: Scrambled eggs on toast - again

2:00pm: Phoned Joanna but she's apparently in Katmandu

4:00pm: My tennis game washed out by rain

7:00pm: Soi flooded so ate at home. John didn't like the food

9.30pm: Bored so went to bed early

Joanna's Saturday

5:00am: Watched the sun come up over Mount Everest

7:00am: Had some incredible goat cheese and ham for breakfast

9:00am: Bought fabulous Nepalese jacket in market

12:00 noon: Ate lunch in a Tibetan camp in the hills

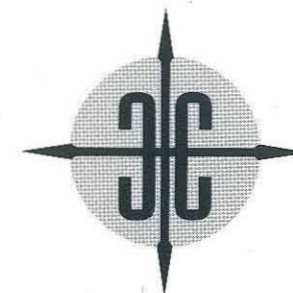
2:10pm: Phoned Jane only to learn she's bored with the traffic

4:00pm: Had tea with our Sherpa guide before wishing him goodbye

7:00pm: Watched exquisite dance show over a candle lit dinner

9.30pm: Went to bed excited about tomorrow's trip to Bhutan

"GET OUTTA TOWN"



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Massage by the Pool

All over Bangkok you see advertised 'Thai traditional massage' and like many others you may have wondered exactly what it



Meet Khun Champen, your trained traditional Thai masseur

entails. Several are keen to try "the real thing" but are afraid to try a parlour without recommendation in case you end up with a damaged back or more than you bargained for...

Yet how many of you are aware that the Club has its very own masseur on the grounds? Trained in the ancient art of applying pressure to certain parts of the body in a revitalising technique which has been handed down through the generations in this region, Khun Champen Promthong has been working as a masseur at the Club for over eight and a half years now.

Born and brought up in Nakorn Sri Thammarat, Khun Champen was just like any other young lad, playing volleyball, football and table tennis with friends. All that changed when he was 15 years old, when an accident with a gun left him without sight in both eyes. However, Khun Champen was one of the lucky ones who was brought up to the special school in Pakkred, north of Bangkok, which caters for the blind, where he completed his education and learned his trade.

He still lives in Pakkred, commuting down every day (except Mondays) to offer relief to sport-injured limbs and joints as well as giving a general revitalising massage.

Given the location of his 'room' beside the entrance to squash court 3 (next to the children's pool area), it's hardly surprising that most of his customers are tennis and squash players complaining of sore shoulders and weak lower backs or swimmers with leg and back troubles, but any member can book an hour or two to cure those football legs, rugby shoulders and golfing backs. However, as several of the stalwart customers move on, such is the transience of expat life - so goes with them the knowledge of this gem, as there is little or no promotion of this service to new or even current members. And at the ridiculously low Bt 150 per hour, this is an opportunity you can't miss if you want to try an authentic traditional massage.

Simply walk down to the entrance of squash court 3 to see Khun Champen at work, or tell him what time you'd like to book. There is a board outside the door but that is not as



Feeling for those pressure points

effective as talking to him yourself. Indeed, the 'booking system' (or lack of) was the only complaint I heard when asking for comments from satisfied customers. Perhaps this is an area that our new SRC could look at when she settles in.

Here's what random people interviewed in the Surawong Sala one Sunday afternoon had to say about Khun Champen:

"Have used him several times and find him very good." (J.S.)

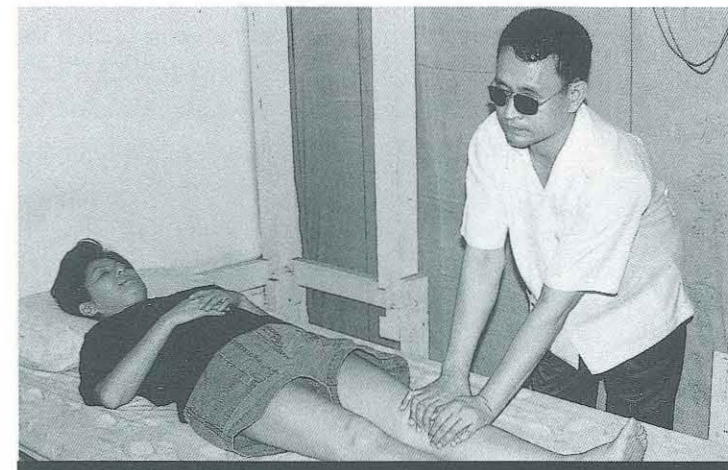
"I think he's magic, he cures all my aches and pains." (B.G.)

"It's not one of those violent Thai massages where they pull your arms and legs everywhere, it's more a pressure points thing." (J.W.)

"You can ask him not to press too hard for those not too keen on the traditional style." (C.B.)

"Loads of friends have used him and think he's fantastic." (L.Y.)

"He's very good; sports injuries and pains



Bringing relief to aching limbs

he's very good for." (J.W.)

"After I broke my arm and damaged some muscles in my shoulder, he sorted out my shoulder - he's really good. Also, he recognises you and remembers your ailments." (J.S.)

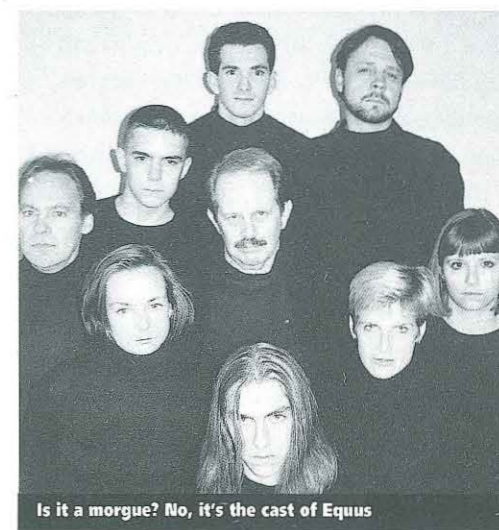
"Very polite; very nice man. I'd recommend him."

Gaynor de Wit

BCT Gets Serious

BCT opens its 1997 production season with Peter Schaffer's psychological drama "Equus", a powerful and thought-provoking production for an adult audience. The play centres around psychiatrist Martin Dysart (Patrick L'Argent), who must untangle the mystery of why stableboy Alan Strang (Jonathan Newton), who used to love horses, has blinded six of them in an apparently motiveless attack.

Playing: Alliance Francaise, South Sathorn Road; Thursday 20th - Saturday 22nd March. Tickets from British Club, Alliance Francaise, Asia Books (Sukh. 15 & Bangna), price: Bt 300 (Bt 250 for students), or call Sara Fielding for further information on tel: 652 2515-9.



Is it a morgue? No, it's the cast of Equus

Meet the New Sport & Recreation Coordinator

I have great pleasure in introducing Ms Lisa Fitzpatrick, our new Sport and Recreation Coordinator, who commenced duties



at the Club on 1st March. Please refer to the Manager's report for more background information on the appointment, but for now I hope you enjoy reading her personal profile that follows

Tom Bain GM

As this is my first contribution to the magazine, I would like to take the opportunity to say how much I am looking forward to meeting everyone at the British Club.

I am sure that the position at the Club will be a demanding one, and through my training and experience in coaching and physical education, I feel confident of meeting the demands of this new job. I aim to provide for members, a high level of service and commitment to furthering skills, knowledge and enjoyment.

I was born in Perth and travelled extensively throughout my childhood - living in some 25 houses and attending 10 schools in Australia, Singapore and Germany. The life of a daugh-

ter of a Lt. Col. in the army is definitely one of change and challenge - something that has made me very adaptable.

I graduated from school in Melbourne. Four years later in Perth I had completed a degree in Human Movement and Recreation and a Diploma of Education at the University of Western Australia. I then chose to travel around Australia for a year before accepting a teaching position at Karratha Senior High School in Northeru, Westem Australia. Here I was actively involved in the coaching and organisation of numerous sports at a club level. My experience is broad but my interests lie with tennis, swimming, volleyball and most watersports.

I took one year's leave from teaching (which soon became three!) to travel further afield to Africa for 6 months and South America for 5 months. I also travelled and worked throughout Ireland, Scotland and England before commencing teaching at St James Catholic High School in northwest London. Living in Marylebone and Lancaster Gate gave me a great taste of London life - something I will treasure forever. I began work at Portobello Green Fitness Club in West London in the summer of 1994 and continued working there in the capacity of Duty Manager until my departure from the UK in August 1996.

Naturally I chose the least direct route home, via the States, Canada, Pacific Islands and New Zealand.

I have enjoyed a wonderful summer in Perth with friends and family, but am well and truly ready to throw myself into my newly-acquired job as Sport and Recreation Coordinator. Again, I look forward to meeting you all and hope that my contribution at the Club will be appreciated.

Lisa Fitzpatrick S&R Coordinator

From the Chairman

This month sees the end of the Committee year. During the year we have lost a number of committee members for various reasons. Recently it has been difficult to make the required number for quorums! To make matters worse, a number of surviving committee members have indicated that they will step down at the AGM. This means several new faces will be required on next year's committee so if there are any of you out there who would like to stand for election please put your names forward.

The AGM will take place on Tuesday 25th March. Do please try to be there but remember that if you cannot attend your views may still be recorded, either by your giving a proxy to someone who will be there, or by transferring your right to attend to your spouse.

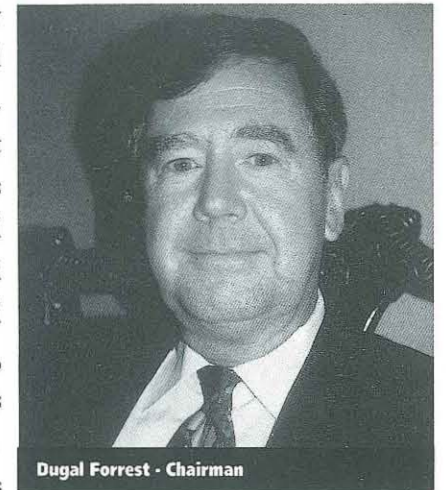
During 1996 the new security gates and drivers' room were constructed. These have given the Club a much-needed uplift in appearance as the old wooden guardhouses were in a very sorry state. The gates are now fully operational and the guards are being instructed to let members open the gates themselves with their cards, or by showing suitable proof of membership or valid reason to enter the Club. You should not expect the gates to be opened for you just because you drive or walk up.

I would also ask that you cooperate with the guards if they ask you for identification. Please do not see it as an affront; they are only trying to do their job, and better security will be a benefit for all members.

This month we welcome Miss Lisa Fitzpatrick to the staff. Lisa has been employed as the Club's Sport and Recreation Coördinator, and her personal profile appears earlier in this issue. I wish her my best wishes for a long and productive stay at the Club. I am sure her appointment will ensure the Club's sporting and recreational activities are well looked after and I hope there will be an increase in activities, such as swimming galas and sports days.

I would like to take this opportunity to thank Tom, Barry and their staff for all the hard work that they have put in during the past year. Due mainly to their efforts the Club's finances seem to be in good order and our premises and facilities are in excellent condition. However, the committee members have played their part too and I would like to thank them all for all the time they have put into the management and running of the Club on a purely voluntary basis. Thank you also to all members for your cooperation and support of the Club throughout the past year. I hope to see you all at the AGM on 25th March!

Dugal Forrest Chairman



Dugal Forrest - Chairman

British Club General Committee



**Bernie
Adams**



**Jack
Dunford**



**Dugal
Forrest**



**Dave
Haworth**



**David
Henton**



**Mike
O'Connor**



**James
Rand**



**David
Turner**



**James
Young**

The Committee is:

Bernie Adams	Club Development	T. 674-0810-1	F. 210-2332
Jack Dunford	Membership Development	T. 236-0211	F. 236-7000
Dugal Forrest	Chairman	T. 398-3807	F. 399-1564
Dave Haworth	Entertainments/Promotions	T. 661-9250	F. 661-9252
David Henton	Club Development	T. 254-6819	F. 254-4849
Mike O'Connor	Finance	T. 234-0247	F. 235-1560
James Rand	Sponsorship/Advertising	T. 233-6565	F. 233-6208
David Turner	Sponsorship/Advertising	T. 279-1234	F. 279-1234
James Young	Sports	T. 714-9040	F. 714-9039

Staff

Tom Bain General Manager



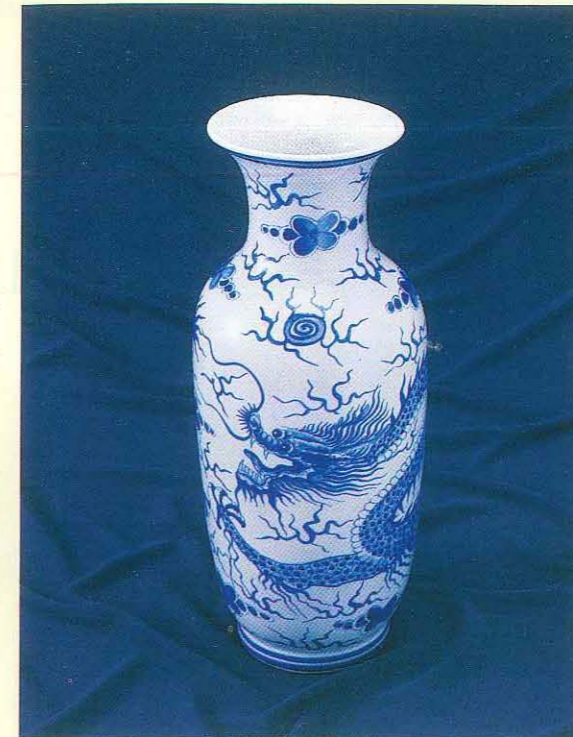
**Tom
Bain**

Barry Osborne Operations Manager

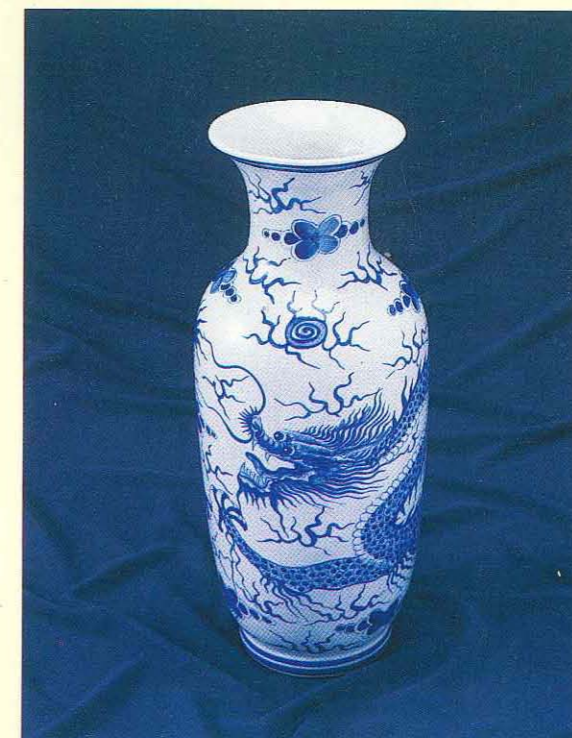


**Barry
Osborne**

If you have any questions about the British Club or if you have any suggestions, please call any of the Committee Members or the General Manager on 234-0247



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