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# Outpost MAGAZINE



Ice Rinks and Alligators at Khao Kheow for the Golf Club Champs
Rugby in Training for the Tens M A

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Ode to a Spoofer

# The Taste of Ireland

# Draught Guinness<sub>®</sub> & Kilkenny<sub>m</sub> in Cans

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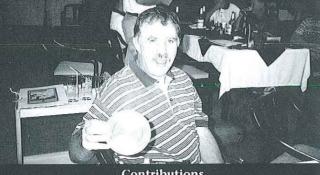
คำเดือน: การดื่มสุราทำให้ถวามสามารถในการขับขี่ยานพาหนะลดลง

GUINNESS





British Club is a family, sporting and social club with an international membership. For details about the Club contact the General Manager at 189 Surawong Road, Bangkok 10500 Tel: 234-0247, 234-2592, 266 4734 or 266 0597 Fax: 235-1560



Contributions If you would like to contribute to Outpost please contact Gaynor on Tel/Fax: 237-4031



The Outpost Magazine The contents of this magazine are not necessarily the opinion of the Editor, the General Committee or the management.



#### Contents

#### **Regular Features**

- 6 From the Editor
- 9 From the Manager
- 10 Management News
- 16. Calendar
- 24 From the Sport & Recreation Coordinator
- 27 Crossword
- 29 From the Chairman
- 30 Committee Page

#### **Sports Sections**

- 13 Rugby
- 15 Badminton
- 18 Golf
- 20 Squash
- 22 Tennis

#### **Specials**

- 11 New Members
- 15 Letters Page
- 26 Ode to a Spoofster



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#### From the Editor

ore Associate members and therefore more Thai members to relieve the latter's waiting list . Opening up the 2-year, spread-payment scheme to Associate members who cannot afford the initial entry fee in one go • Greater public promotion, such as advertising • Corporate memberships • More member incentives to recruit new members...

All of these are suggestions which have been voiced by Club members as possible ways to increase the membership of the Club, and especially the active membershipthose who use the Club regularly, contributing to F&B, sports and functions revenues. This is of particular concern in the present economic climate, where many expatriates returning home are not being replaced here. For as incoming membership falls, so the Club finances suffer from the loss of both the cash injection of the joining fees and operating revenues from members' use of Club facilities.

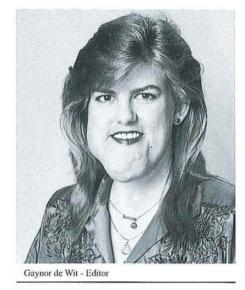
According to my sources the General Committee has been considering a wide range of proposals over the past year to achieve the goal of higher membership numbers, some of which you will already be aware of in the appointment of Khun Chirachada as the Membership Marketing Manager, and others which may make it to the upcoming AGM this month, although at the time of writing (February) the advance agenda has yet to be mailed.

But here's the snag: to properly represent the membership a reasonable number of members need to attend. For some reason this has become increasingly difficult to achieve in recent years; one can only hope this is a lull after several rowdy, full-ish house AGMs during my early days in Bangkok. However, if it isn't a passing phase, then it may be worth the new General Committee considering ideas to increase Ordinary member participation in the running of the Club. Such ideas as an incentive scheme to persuade more Ordinary members to transfer their membership to their (nationality eligible) spouse, where their spouse may be more interested in getting involved, or have more time to do so, by attending AGMs and EGMs or even sitting on the General Committee. Or perhaps you have some brainwaves as to how to attract the Brits, Aussies, Kiwis and Canadians to such meetings? If so, please contact a member of the GC or simply suggest then at the AGM on Tuesday 24th.

Lecture over; welcome to February's Outpost which features a letter from Marie Elias written in her hospital bed as she recovers from all sorts and their complications (get better soon Marie!) but also, at last, the "Ode to Mike Brann" written by a modest Gentleman Spoofer on the occasion of Mike's final spoof before his departure to Cyprus last year. I've been waiting months for this! And for those of you still under the impression that Spoofing is no more than an obscure drinking game with players wearing lurid shirts, well, you may have a point but you might also discover a myriad of complex strategies and psychologies in the corner of the Churchill Bar from 9pm on Tuesday nights ...

Gaynor de Wit Editor

FEBRUARY 1998



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# Club Aldiana Siam means



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A ake sure you have a holiday yourself when taking the family to the coast. Located just south of Hua Hin, International Club Aldiana Siam has all the facilities to keep every member of the family occupied... or simply relaxing under the sun.

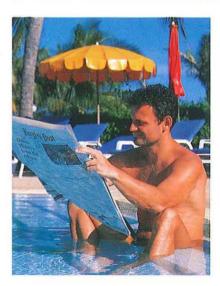
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the kids as well as a beautiful beach with fine sand, a free-form swimming pool, comfortable rooms and 3 delicious buffets every day, there's something for the whole family at Club Aldiana.



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the case, flying via Schiphol will leave you to arrive closer and fresher to your final destination.

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am pleased to report that early indications are that the appointment of Khun Chirachada (Goi) to the position of Membership Marketing Manager is starting to bear fruit already. Goi only started her work in mid-January but February new members are the most we've had join the Club in any month for more than a year. It appears that many memberships can be gained via the personal touch and Goi has spent many hours talking to people on the phone and meeting people. I have also attended numerous functions such as the Australian-Thai Chamber of Commerce Sundowner and am always struck by the number of expatriates who live in Bangkok who are not members of the Club. This means that even in these difficult times there is still a huge potential out there to increase our membership numbers.

The two most common reasons people give for not joining the Club are, first, that they do not live near enough to the Club to make use of the facilities and second, that many non-British people are unaware that they can join, as they think the British Club is only for the British! There's not much that can be done to overcome the objection regarding the Club's location but the new expressway system does mean that for many people the Club is now much easier to get to. The Club does now need to promote the fact that it is open to citizens of all nationalities so that Australians, New Zealanders, Canadians, Americans, Europeans, etc, all realise they can join.

I hope that as members you can do your bit to ensure that membership levels stay high and the Club remains financially healthy. Goi has already received a lot of assistance and referrals from members and she will be very grateful for any further help she can get. So please, if you know of any potential members let myself or Goi know so that she can follow up.

The Club's electronic security gates have been operational for over a year now and appear to be working well. Recently a registration book was introduced at each gate, so members who have forgotten their cards and non-members will be required to sign this book before entry. When you drive in, please use your card to open the gates and don't just expect the guards to open the gates for you. Be prepared - take your card out of your wallet/handbag before reaching the Club!

Thomas Bain General Manager



Thomas Bain - General Manager

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### Security Gates

Please note that members who have forgotten their cards and non-members will have to register at the security gates on entry. This measure is to ensure unauthorised persons are not allowed on site. Please comply with this requirement and cooperate with the guards if they ask you to sign the book.

#### **Masters Swim Training**

Every Tuesday and Thursday evening from 6-7pm. Contact Lisa in the Fitness Centre for details.

#### **Swimming Galas**

There will be swimming galas held at the Club on Sunday 8th March and in April, date TBC. All abilities catered for. Please contact the Fitness Centre staff for more details.

#### Canadian Food & Drink Promotion

There will be a Canadian food and drink promotion in Lords on Saturday 14th March. This event is filling up quickly so please book early to avoid disappointment. The price of Bt 850 per head includes a five-course meal and some (not all) drinks.

#### **The Ultimate Frisbee!**

Come along and join in the fun on Saturday 21st March at 4.30pm on the back lawn. "Ultimate" is a dynamic and challenging game and is the world's fastest growing sport. No experience required!

#### It's A Knockout

On Sunday 22nd March a family "It's a Knockout" fun day will be held at the Club. The activities are sure to provide plenty of excitement, so register your family now! Please contact Lisa at the Fitness Centre for more information.

#### **Club Mini-Triathlon in April**

The Fitness Centre will be holding a minitriathlon competition throughout April. The order of evens are as follows: 600m (24 lengths) swim, 12km (7.5 mile) cycle and a 6km (3.7 mile) run. You may register in a team or individually; in the junior, open or veteran categories. Check the noticeboard in the Fitness Centre for other events in and around Bangkok.

#### **Last Dinner on the Titanic**

The Titanic sank on 14th April 1912. Since then the actual dinner menu for the dinner served that night has been recovered and we will recreate that dinner at the Club on Saturday 4th April. So watch for the flyer with more details and book your place for dinner with Captain Smith!

#### **Good Friday Fun Day**

Following the success of last year's event, there will be a Fun Day on Good Friday, 10th April, for the juniors, which will include a visit to the ice skating rink at the World Trade Centre and a movie. Please enquire at the Fitness Centre for more details.

#### **Easter Sunday Egg Hunt**

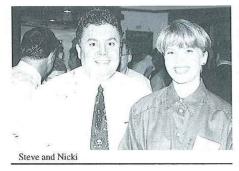
Easter Egg Hunt on Easter Sunday, 12th April. Come and join the fun on the back lawn.

#### **Greek Food Promotion**

There will be a Greek food and wine promotion in Lords on Saturday 25th April. This promises to be an evening to remember dining on this famous southern European cuisine.

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#### Nicki Ashton and Steve Donnelly



Nicki has been posted at the New Zealand Embassy here as a Consular Office for a couple of years while Steve works at Dumex Thailand (no, not a typo! - G). Steve plays tennis, squash and golf and enjoys fishing and diving while Nicki plays tennis and netball but says she'll give anything a go as long as it's social; she also likes watching

movies, wining and dining. A previous posting was in Shanghai, China.

#### Martin and Sherry Connisbee



Martin is in Bangkok for a couple of years as Project Director with Tyco International while Sherry has been a PA in previous postings, which include the Middle East and Vietnam. While in Egypt Martin spent 10 years on the Board of Governors of the British International School, Cairo. Both Martin and Sherry are into dancing of all types,

including Scottish country (yes, they went to the Ball - G), walking, tennis and badminton; Martin also sails, plays golf and claims veteran status in the football stakes!

#### Laurence and Jo Goodliffe



Billed as a 'Technical Specialist' with Cunningham International, Laurence is in fact an insurance adjuster and is expecting to spend at least a decade here, which adds up to a lot of adjusting from where I stand. By comparison Jo holds the position of Bar Drinker - Barbican, and there's several in the Club who could vouch for 10 years of

that sort of job... Laurence is a snooker player and Jo lists her hobbies as Mah-jong and patchwork quilting but I know for a fact that she's an unstoppable force in anything energetic, from aerobics to dancing in pubs...

#### **Ron Glen**



Ron, who plays the jazz piano which one day we may test on the Churchill Bar ivories, is the General Manager of Penn Asia for the next

three years or so. Previously in New Zealand, he and wife Margaret have two grown children in Britain, they both enjoy swimming as their major (only?) sport and hobbies include music, theatre, cinema and travel. Not surprisingly Ron lists jazz as another hobby while Margaret's is singing; Margaret also does some charity work in Bangkok.

#### **Andy Barrett**



Another young, free and single lad, Andy's 33 and here on his first overseas posting for a couple of years as the GM and Actuary, Operations, for Thai

Union Life Assurance. Andy played bridge in the Surrey & London Business Houses Leagues and was a Round Tabler, active in charity fund-raising. On the sports front he skis and has done a fair amount of hiking, like Kilimanjaro in '96 and Italy and Spain "in my younger days" (!) but mainly in the UK of late. While here he has just achieved his PADI Open Water Diving certificate with a view to taking more advanced courses and intends to learn to play golf "properly"!

#### **Greg and Katie Solomon**



Previously in KL for over five years, son Nathan was born in Adelaide just three months before Greg and Katie were posted out here. Greg is an Advising Geologist at Unocal and Katie was also a geologist back home but is now a homemaker. Greg plays football, Katie swims and both are into Taekwondo-and looking for a good instruc-

tor here, anyone know of one? Katie is also interested in computers and sewing while Greg has yet to discover a hobby.

#### **Roger Mitton and Annie Wong**



A recent arrival in Bangkok, having lived previously in Hong Kong, Canada, Singapore and KL, Brit Roger is here for a 3-year stint as a journalist for Asiaweek and his claim to fame is being jailed as a journalist in Malaysia! He and Annie are both tennis players and enjoyed visiting Mozambique together; Roger is a hiker and

has toured Nepal among other places, and also likes all things Spanish while Annie organises professional women's luncheons alongside her hobbies of languages, yoga, Chinese painting and cooking.

#### **Russell Winn**



Born in Hull but of both British and Canadian nationality, Russell has already been in Thailand for three years and only just got around to joining

the Club, gawd knows what he's been doing with himself all this time. Russell's the MD at the Times Mirror Training Group. Russell plays football and swims, and his main hobby is travel. He did put down in his form that he expects to be here "150 years" which would be quite impressive if he pulled it off-he might even live to see the Hopewell project or the underground train system completed. On the other hand ...

#### **Kids Stuff Needed!**

In association with the Pattaya International Ladies Club (PILC), JVK International Movers are collecting surplus

#### children's toys, games and clothes

#### for donation to the Pattaya Orphanage.

Should anyone wish to make a contribution please contact Matt Burden at JVK in Bangkok (tel: 379 4646) or Khun Sasipaen at JVK in Pattaya (tel: 038-425 476) and they will arrange collection and delivery to the Orphanage.

#### Rugby



#### ordan Janson

We are sad to report that a former British Club rugby player passed away in January. Jordan Janson, who played for the BC in their most successful team in the early 1990's, died peacefully in his sleep, aged just thirty years old.



A memorial service for Jordan at the International Church gave friends, relatives and team-mates the opportunity to pay their last respects. Corsairs RFC, who Jordan represented in more recent times, organised the service, while representatives from the Thai Rugby Union, the Southerners RFC and the British Club attended in numbers. BC Chairman, Jon Prichard, spoke movingly of Jordan's prowess on the rugby field and his warmth and friendship off it. A common theme throughout the evening were remembrances of Jordan's generosity, his willing-



ness to help others and his infectious smile. Rest in peace, Jordan.

#### Manila and Hong Kong 🔳

The month of March is a good time not to be in Manila or Hong Kong. Rod Kerr and his troops will be participating (I did not say competing) in the Manila 10s and the Hong Kong 10s competitions. All told, with the Hong Kong 7s included, the British Club boys will be eating little and drinking lots for eleven consecutive days. If you are married to any of the tourists, or don't expect too much from them on their return!



#### Training **managements**

Strange things are happening at training these days. To begin with, even without Simon Dakers, the numbers in attendance has been consistently in the mid-twenties and... wait for it ... fitness training has been taking place-an occurrence most of us thought was reserved for naive young people with rugby aspirations and some talent. For those who wish to witness or even participate in this bizarre spectacle (imagine Bruce Hill sprinting!), turn up at the gym at the Royal Park Executive Residences on Tuesdays (7-9pm) or at the BC on Thursdays (7-9pm). Better still, if there is anyone out there with some expertise in coaching, come along and put us through out paces.

#### Rod Kerr

It is hoped that by the time you read this Rod Kerr's whereabouts is known. Rod was offered as a major prize in the BC Rugby Section's raffle as a slave for the day for one lucky female winner. The draw was to take place at the Cocktail Part at the BC on Friday 6th March and most of us hope that the winner is somebody's octogenarian grandmother of the fascist variety. (Thanks must go to The Spa, Q House Asoke, DTC Travel Co Ltd and Park Royal Condominium.)

#### Sponsorship

We are pleased to welcome our sponsors for 1998 who have been generous enough to assist us in our efforts to both play rugby and spread the game in Thailand and Southeast Asia. The Hong Kong and Shanghai Corp remain our major sponsors and we are very grateful for their continuing support and friendship. Hongkong

#### Rugby



Bank have been very supportive of rugby in Asia, the inaugural Hongkong Bank League in Thailand being just one instance of their great work in the region. The London Brew Co Ltd, Sedgwick Thai Ltd (Insurance), ACS Hammersmith Ltd and Bangkok Drill and Cut have also been most generous in their support and we thank them heartily. If anyone out there has the capacity to put some business their way, please do so.

#### 5 Nations at the BC

The British Club Rugby Section, with the generous support of Carlsberg, laid on a big screen, food and beer for rugby enthusiasts to enjoy the 5 Nations in an atmosphere just like home. Also reminiscent of old times has been the performance of the England rugby team who, in spite of the euphoria following their draw with the All Blacks, returned to their consistency of old.

#### Contact Information

Those new to Bangkok will be warmly welcomed into the Club and anyone interested (in rugby? - G) should contact any of the following listed below:

Name	Position	Tel
Jon Prichard	Chairman	712 1650
Rod Kerr	Captain	691 9880
	lst XV	
Andy Davies	Vice Captain	583 5401
	1st XV	
Matt Minich	Fixtures	518 1000
	Secretary	
Tom Kerr	Secretary	259 3150
Tim Grayson	Membership	679 1434
Bruce Hill	Baa Baa's	652 3000
	Captain	
Paul Kane	Treasurer	262 6062









#### Email Internet

For those wishing to be kept informed of goings on at the Club please email Andy Davies at andrew@isb.ac.th and you will be placed on the BC Rugby email tree. For those with internet access, contact the BC homepage via http://mattitude.com/ bcrugby

Any dinosaurs out there without email, sort your lives out !!

Andy Davies





Andy Davies, Judge; Simon Dakers, Defence; Jon Prichard, Prosecution

Tim Grayson as "Sweaty Betty"

14 BRITISH CLUB BANGKOK

#### Badminton

# The New Boy in Town

For every the amugshot of our new Chairman - Anant Leighrahathorn, who bravely volunteered to take up the helm of the Badminton Section at the recent AGM, and to strive to develop the section in ways a certain remiss ex-Chairperson couldn't manage, so if you have any queries please contact him direct on (w) 654 0002-29. Katy Cherdrumphai was volunteered (!) as Secretary of the section.



Anant taking the Chair

The AGM saw the standing down not only of the previous Chairperson but also the previous Secretary, Barry, as both he and Wanna intend to spend more time both in the UK and on the coast here now that he's finally retired... no, I never thought I'd see the day, either.

#### **Strenuous Sessions**

The section still has two permanent locations: Sunday mornings, 11am until 1pm, at the Nares courts, just around the corner from the BC off Soi Nares (behind Bangrak Police Station; all taxi and tuktuk drivers in this area know it well...); and Tuesday and Thursday evenings, 7-9pm, at the courts in Sukhumvit Soi 22—from Sukhumvit go past the Imperial Queen's Park and it's the third soi on the right, go up that soi and the courts are at the end on the left hand side. Can't miss 'em.

All sessions are mix-in format, so just turn up with your racquet and a smile and we'll look after the rest!

Lek Farang

### Letters Page Blood Brothers...

#### Destaving a pint of the red stuff entitle me to become a member of one of the Club's societies?

During my recent illness over the holidays I was told I'd need at least three pints of blood! Panic set in as my better half and I tried to find my much-needed, common blood type O+. Three very good friends instantly volunteered without hesitation, comprising an English man, an Irish man and a Scottish woman! The Scotswoman was 100% certain she had the correct blood type whilst the Englishman and the Irishman were only 99% certain, so all three were whisked out of my room by the Matron to the blood lab. One of them came back quite a different shade of white than when he left! Bear in mind he had had only a simple blood test to determine what blood group he was! The other two were fine so much mickey-taking was going on!

After the blood was screened I was told that they could start the donation of blood straight away, and could we contact the lads? No we couldn't; it was a Saturday night and you've guessed it, they'd gone off an a stag party to *Pattaya* without telling me! And had turned off their mobile phones to boot. Meanwhile, I thought 'mai pen rai, my true Scottish lassic pal will start giving the red stuff straight away'... until the lab staff came and told me that she couldn't give anything as she was A+, and there she had gone through life believing she was O+ after being told so at a company medical years ago.

So, back to the lads; my other half tried all night and the next morning to get hold of them. Finally they raced back to Bangkok both looking like they'd been on the black stuff all night at a certain newly-opened bar in Pattaya!

In walked my first drunken donor, so we fed him a meal of good, wholesome hospital food and he then kept his word and gave me the necessary pint; the following day the sober, sombre second donor was having second thoughts but his wife wasn't having any of his nonsense and almost physically dragged him up to the hospital. He came back looking so ill afterwards but still managed to go out for dinner later. Rumour has it that he's still wearing the plaster on his arm!

So now I've had a pint of pure Irish blood in my system I can become a bona fide member of the St Patrick's Society, along with the fact that I'm from Liverpool and had an Irish grandmother!

So without further ado I'd like to say a big thank you to the Englishman (Ged), the Irishman (Tell) and the Scotswoman (Linda)!

> Marie Elias (E24)

Editor's Note: This letter was written while still in hospital at the end of January; get better soon Marie! - G

### Calendar

British Club Sports and Entertainment Calendar - March

Sunday	8am 10.30am 11am-1pm 3-6pm 4-6pm 5.30pm	Junior Tennis Tournament Adult Swimming Coaching Badminton - Soi Nares Tennis Mix-In Children's Video Sunday Carvery - Lords	10.30am 11am-1pm 3-6pm 4-6pm 5.30pm	Adult Swimming Coaching Badminton - Soi Nares Tennis Mix - In Children's Video Sunday Carvery - Lords
Monday	22 8am 6pm 9.30pm 6-8pm 7-9pm	BWG Mahjong Ladies Touch Rugby Aerobics Squash Coaching Tennis Team Training	9 8am 6pm 9.30am 6-8pm 7-9pm	BWG Mahjong Ladies Touch Rugby Aerobics Squash Coaching Tennis Team Training
Tuesday Official States of Control of Contro	<b>3</b> 7am 9-11am 10.30am 6-7pm 6-7pm 8-10pm 8-11pm 9pm	Ladies Golf Ladies Tennis Aqua Aerobics Masters Swim Training Soccer Training Badminton - Soi 22 Friendly Bridge Gentlemen's Spoof	7am 9-11am 10.30am 6-7pm 7-9pm 8-10pm 8-11pm 9pm	Ladies Golf Ladies Tennis Aqua Aerobics Masters Swim Training Soccer Training Badminton - Soi 22 Friendly Bridge Gentlemen's Spoof
Wednes day	<b>4</b> 9.30am 5-8pm 6-9pm	Aerobics Squash Coaching Tennis Mix-In	9.30am 5-8pm 6-9pm 6-9pm	Aerobics Squash Coaching Tennis Mix-In Squash Teams competition
Thurs day	5 6-9pm 6-7pm 7-9pm 8-10 pm	Squash Mix-In Masters Swim Traning Rugby Training Badminton - Soi 22	<b>12</b> 6-9pm 6-7pm 7-9pm 8-10 pm	Squash Mix-In Masters Swim Training Rugby Training Badminton - Soi 22
Friday	6 9.30ат 3-9рт 7рт	Aerobics BC Tennis Coaching Social Darts	13 9.30am 3-9pm 7pm	Aerobics BC Tennis Coaching Social Darts
Satur day		Junior Tennis BC Swimming Coaching Aqua Aerobics Tennis Coaching Social Snooker Casuals Football - Soi 15	<b>14</b> 8am 9am-1pm 10.30am 3-6pm 4.30pm	Junior Tennis BC Swimming Coaching Aqua Aerobics Social Snooker Casuals Football - Soi 15

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#### Don't Forget !!

- Raise the maple leaf with the Canadian Food and Wine Promotion in Lords on Saturday 14th
- Get throwing those frisbees on the back lawn on Saturday 21st
- Register your family for the "It's A Knockout" all-action novelty competition on Sunday 22nd

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¢	10.30am 11am-1pm 3-6pm 4-6pm 5.30pm	Adult Swimming Coaching Badminton - Soi Nares Tennis Mix - In Children's Video Sunday Carvery - Lords	222 10.30am 11am-1pm 3-6pm 4-6pm 5.30pm	Adult Swimming Coaching Badminton - Soi Nares Tennis Mix - In Children's Video Sunday Carvery - Lords	229 10.30am 11am-1pm 3-6pm 4-6pm 5.30pm	Adult Swimming Coaching Badminton - Soi Nares Tennis Mix - In Children's Video Sunday Carvery - Lords
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)	7am 9-11am 10.30am 6pm 7-9pm 8-10pm 8-11pm 9pm	Ladies Golf Ladies Tennis Aqua Aerobics Masters Swim Training Soccer Training Badminton - Soi 22 Friendly Bridge Gentlemen's Spoof	7am 9-11am 10.30am 6pm 7-9pm 8-10pm 8-11pm 9pm	Ladies Golf Ladies Tennis Aqua Aerobics Masters Swim Training Soccer Training Badminton - Soi 22 Friendly Bridge Gentlemen's Spoof	7am 9-11am 10.30am 6pm 7-9pm 8-10pm 8-11pm 9pm	Ladies Golf Ladies Tennis Aqua Aerobics Masters Swim Training Soccer Training Badminton - Soi 22 Friendly Bridge Gentlemen's Spoof
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	9.30am 5-8pm 6-9pm 6-9pm	Aerobics Squash Coaching Tennis Mix-In Squash Teams competition	9.30am 5-8pm 6-9pm 6-9pm	Aerobics Squash Coaching Tennis Mix-In Squash Teams competition	10am-11pm 11.30am-2pm 6-10pm 7.30am-10pm 6am-9pm 9am-9pm 9am-5pm	Churchill Bar Lords Restaurant - Lunch Lords Restaurant - Dinner Poolside Bar Fitness Centre - Mon-Sat Fitness Centre - Sun/Hols Thai Massage - Tue/Sun
	19		26		Sports - Cont	act the following:
j	6-9pm 6-7pm 7-9pm 8-10 pm	Squash Mix-In Masters Swim Training Rugby Training Badminton - Soi 22	6-9pm 6-⊼pm 7-9pm 8-10 pm	Squash Mix-In Masters Swim Training Rugby Training Badminton - Soi 22	Aquatics Badminton Cricket Football Golf Rugby Scuba Squash Tennis	Liz Beal 262-9351 Anant 654-0002-29 Leighrahathorn Julian Frost 314-4111-3 Alex Forbes 260-1950 Chris Gething 261-1963 Jon Prichard 712-1650 Cheryl Lamb 258-1382 David Turner 279-1234 David Blowers 285-4721-2
	20 9.30am 3.9pm 7pm	Aerobics BC Tennis Coaching Social Darts	9.30am 3-9pm 7pm	Aerobics BC Tennis Coaching Social Darts	Ladies Golf BCLG LIGIT Hockey Ladies Touch Rugby	Non-BC Sports Will Agerbeek 259-7019 Eileen Cook 295-4596 Lois Carson 258-5295 Lisa Fitzpatrick 266-0597
	21		28			e annord saide of digits
	8am 9am-1pm 10.30am	Junior Tennis BC Swimming Coaching Aqua Aerobics	8am 9am-1pm 10.30am	Junior Tennis BC Swimming Coaching Aqua Aerobics	Venues Soi 15 Soi Nares	NIST grounds Behind Bangrak Police Station
	3-6pm 4.30pm	Social Snooker Casuals Football - Soi 15	3-6pm 4.30pm	Social Snooker Casuals Football - Soi 15		Aerobics Surawong Room Golf - As advertised
ì	1010121000				2	

#### Golf

# Under New Management

Pavid Lamb—probably the best putter in the world— is the new Captain of the Johnnie Walker League. Under his guidance the team thrashed the Thunderbirds four points to one in the first league match of the New Year held at Bangpoo Country Club.



Medal Winners: Flight A John Lee, Flight B Paul Jensen and Flight C Mike Poustie

The Medal Season Tees Off Apologies to Roger Fitzgerald for failing to mention that he won Flight C of the 1997 Medal Final with a net score of 68. I should have remembered... he did ask for the winning plate to be made smaller so that he could fit it more easily into his trophy cabinet. The first Medal event of the year took place at the Royal Lad Krabang golf course. The winners of each flight and their net scores were as follows:

Flight A	John Lee	72
Flight B	Paul Jensen	64
Flight C	Mike Poustie	65

#### Club Championship - Khao Kheow

The 1998 Club Championship was held over two days in the glorious Khao Kheow countryside near Chonburi. The course proved testing with narrow fairways leading to sloping and ice rink-fast greens. Anyone with a good score came unstuck at the 17th island hole. The alligators had a field day, snaffling up hundreds of balls. Congratulations to Angela Poustie and John Lee for getting nearest the pin on that hole. A good turn-out ensured stiff competition. Well done to John Lee and Sriwan Forrest, Men's and Ladies' Club Champions with combined gross scores of 170 and 203 respectively. David Henton and Karen Carter were Nett Club Champions with combined scores of 136 and 148 respectively. Well done also to Khun Joom who has only ever picked up a golf club seven times and very narrowly missed winning the ladies longest drive-someone to watch in the future. A big thank you also to Khun Ekasak, the Club owner who donated the technical prizes for nearest the pin and the longest drive.

### Ryder Cup Raises Bt 100,000 for Father Joe

The proceeds of the Ryder Cup competition held last September were donated to Father Joe's Foundation for Human Development. Chris Gething, the British Club captain, and Duke Kaiser, the American team captain, presented Father Joe with a cheque for 100,000 baht. The money will be used to help deprived families in Klong Toey. Father Joe especially appreciated the donation as government support is becoming increasingly difficult with the worsening economy.

#### Next Outings

The outings planned for March and April are as follows. Please come—we welcome and cater for all standards. Johnnie Walker match vs Lighthouse -Saturday 21st March, 7.30am, Bangpoo Match vs Wanderers - Saturday 28th March, Krissada City Dunlop Cup - Saturday 4th to Monday 6th April, 11am, Nichigo Johnnie Walker match vs British Embassy - Saturday 18th April, 7.30am, Bangpoo Medal - Saturday 25th April, 11.42am, Royal Lad Krabang

#### **Karen Carter**

#### Golf Tip from the Burglar

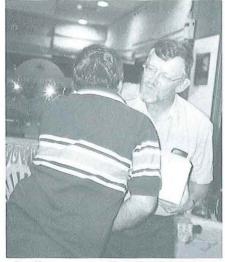
#### Avoiding the Dreaded Disease

As we get older, many golfers suffer from that dreadful disease known as Yipputtinitus. There is no known cure and without proper treatment this affliction gets progressively worse. It affects all standards of golfers, from beginners to professionals. Slammin'

#### Golf







Dave Henton overcome with emotion after winning the Men's Nett Club Championship

Sam Snead had it. Tom Watson still has it. Perhaps the greatest of them all, Ben Hogan, was the best golfer in the world from tee to green until this serious complaint wrecked his career. Worse still is that studies show that the disease is contagious and can spread by golfers simply watching other players suffering.

You know you have the disease when your putts:

- regularly are pushed or pulled well wide of target
- finish less than half way to the hole
- travel at 90 degrees to the intended line.
   Don't despair; we have some time-tested tips to help you avoid this catastrophe or at least minimise its effects.

• First and foremost, you must avoid watching players with this affliction at all costs. If like many of us you can't resist the temptation *always use some form of protection* such as dark sunglasses. Golf etiquette demands that we at least pretend to pay attention when playing partners are on the green. The most important point is to shut your eyes tightly at the moment of impact. *Remember, always practise safe golf!* 

• For those unfortunate enough to be already infected, always carry a flask of Johnnie Walker Black while on the course. This nectar from the gods is a proven inhibitor of Yipputtinitus. The dosage varies between individuals but the standard treatment is two nips before tee-off and one every three holes. You will know when you have exceeded the optimum dosage when your putts finish in the greenside bunkers.

· Dramatically change your putting grip. The reverse overlapping thumb twister is a little gem used by thousands to shut down the effects of Yipputtinitus. This grip minimises the possibility of club judder while still allowing free flowing coit movement without digititus. Firstly place your left hand near (but not touching) the putter head. For some golfers this will mean a slight knee bend. Make sure that the left ring finger points directly down the shaft to promote correct entropy. Next, place the right hand firmly on the butt at a comfortable level with the right thumb pointing directly up the shaft. Don't worry if a little flatulence occursas this will distract your opponents. Now just swing as normal, you'll be surprised at the results. Until next time, good golfing.



Sriwan Forrest, 1998 Ladies Club Champion, surveys the conquered terrain of Khao Kheow



Chris Gething with rising star Khun Joom

#### Squash



Sorry for the lack of news over the past couple of months but Dave Jewell has been busy changing jobs and is now working out of Bangkok; there fore I will be looking after the Outpost contribution until the AGM on 1st March.



Guy and Carrie Bondoux taking a well-earned rest

A big thanks to Dave Jewell and Phil Hall, who unfortunately have had to resign from the committee. They have done much work behind the scenes and their efforts are appreciated by all members. Dave is now working out of Bangkok and only gets back at weekends while Phil is moving with his family to Hong Kong. He will be back on a regular basis, though.

#### League 127 💼

December, sponsored by SGS, were:

- 1. Tony Perkovic
- 2. Dave Jewell
- 3. Mike Staples
- 4. Mike Poustie
- 5. Duncan Ramsey
- 7. Suharsh Mittal
- 8. Janet Vivian
- 9. Id Hastingsing all games.

#### League 128

The winners of the leagues for January/ February, sponsored by SGS, were:

- 1. Tony Perkovic
- 2. Colin Hastings
- 3. Rudi Spaan
- 4. Bob Faherty
- 6. Uwe Warncke
- 7. Jo Goodliffe
- 9. David Turner

mes were not played this league probably due to the holidays and some members with extra workloads because of the cur-



rent economic climate. Remember, you deserve your relaxation time and what better way to relieve the everyday stresses of life than to play a game of squash - just pick up the telephone and call a player in your league. Your health and well-being are just as important as work.

#### League 129

This will run from the 2nd March until the 15th April. If you have not put your name down for the league then please ring me on 391 4236, 712 4398-9 or email on: acapacth@samart.co.th. It is always possible to slot an extra name in even after the leagues have commenced.

#### Recent Events

• The final of the **Rod Carter Open** held on 26th October was won by Khun Peerapon with John Thompson as runner up.

 The January mix-in was won by Martin Reed and Mark Smith, and the February mix-in had 21 starters with Marvyn Lewis, Bob Faherty, Ariane Schneider and Carrie Bondoux winning bottles of wine. Note that a record is being kept of the results to ensure that handicaps are as fair as possible. All outstanding prizes will be presented on Barbara's return from Australia.

• The **Thursday evening mix-in** is still very popular and new members are invited to attend. The original idea of the Thursday

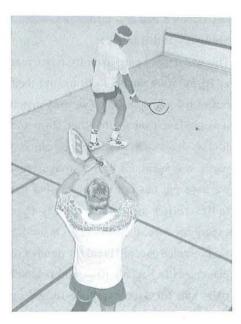


Marc contemplating married life

BRITISH CLUB BANGKOK 20 FEBRUARY 1998

#### Squash





Bob Faherty and John Vivian in action

mix-in is to give players of all standards an opportunity to play each other so even if you are only a beginner don't be embarrassed—just turn up.

• The Harold Mercer Trophy team competition commenced on 17th February. The first round was won by John Vivian's team over Bob Faherty's, and Paul Jensen's team over Ja's team. There were some very tough matches played with Dick Anwar defeating Peter Corney in a long, hard game and John Vivian winning against Bob Faherty in another long match. Unfortunately Guy Bondoux defeated his wife Carrie in one match; I have it on good authority that he didn't get his dinner cooked for the next week. • Congratulations to Marc Hagelauer and Rung (definitely the better half) on their recent marriage.

• Congratulations to Carrie Bondoux, who recently joined the Club, for winning her first Sunday mix-in.

#### **Outpost Contributions**

All members are invited to donate photographs, gossip or any other articles for inclusion into Outpost. Either give them to me or put them in the squash pigeon hole in the main Club building.

#### **Peter Corney**

#### **Oyez! Oyez! It's the AGM**

To ime has come again when the great and the wise assemble in the Surawongse Room for the British Club Annual General Meeting to meet the General Committee, elect a new one, rake through any of the year's contentious issues, ponder the motions proposed, debate the points raised, suggest new proposals, vote, use the vote of anyone who has given their proxy, point out something that needs to be done, watch the democratic process at work and *get involved in the running of their Club*.

#### All Ordinary Members are requested to attend the AGM on Tuesday 24th March.

If however you absolutely cannot make it, please ensure that you give someone your proxy to vote on your behalf. Note that if the named Ordinary Member cannot attend and their spouse is eligible to be an Ordinary Member (British, Canadian, Australian or New Zealander), then the membership name can be transferred to the spouse. There will still time to do this before the AGM by the time your receive this Outpost. In that way, a spouse with more time on their hands can more actively participate in the Club.

#### Your Club needs YOU.

#### Tennis

### Junior Jamboree & the RBSC Predictables

pologies to the Juniors who missed out on having their January report in last month's Outpost; here are both Jan's and Feb's Sunday tournament write-ups care of Kate. Also apologies for the lack of piccies to accompany Bruce's few words on the RBSC match but sadly there were none forthcoming from the RBSC despite my request. Ah well.

Hopefully you're all geared up for Club Championship Finals Day on Saturday 7th of this month, and then we can all get on with normality... rushing to finish off leagues with the Champs no longer an excuse for not being able to book courts in time, signing your name up for the Royal Thai Navy away match coming up soon (I hope), avoiding the midday sun, etc. Pip pip for now,

#### Lotsaluv, Me

### January Juniors

Not content with wrecking the world's weather patterns (and probably the Asian economies for all we know), El Niño swept into the first Junior tournament of the New Year and laid that to waste too! Rain stopped play, at least on the courts, but the juniors, versatile to a person, switched their attention to other pursuits. By the time El Niño had strutted his stuff, the singles competition was well and truly scuppered. A few hardy souls did play a few more singles, but to all intents and purposes, the morning was over.

It was going so well too! Thank you to all players and to our guests for the day, Karn, Alice, James, Angus and Jacob. Please join the Club and become regular players.

### February Juniors

A small, but nonetheless select group of

Juniors joined in the tournament on Sunday 01 February. A number of Patana Juniors were out at school training for a match in Singapore the following week. This meant that we had courts for a tournament and courts available to clear some of the outstanding Championship matches. As a result, the courts were constantly in use all morning and everyone got as much tennis as they could want.

The Junior Juniors section had more players in than before, thanks to new members, the Rodwell family, who made up 50% of the round robin group, with Angus, James and Alice. Tim Weekes came out on top by 1 point. In the "rest of the world" section, Paul Bentley cruised through his games, warming up to his later championship match, and won the T-shirt. Unfortunately our coveted **Asiapac** prize T-shirts this month turned out to be too small for Paul and too big for Tim - watch out next month, we may be measuring you before we allow you to win!

Championship matches have mostly been completed within the time limits this year - thank you to all the parents who have made marathon efforts to get players together in the same place at the same time. By the time this is published we will be well on the way to the Finals - so there are 2 dates for Junior diaries this month - the usual tournament on Sunday 01 March, and Finals day on Saturday 07 March.

### Match vs RBSC

This event was a carry over from last year as RBSC were unable to fit us into their busy 1997 schedule. Being an away match it was played on their rather slow and lifeless grass courts. Our men's team, on paper, was again one of the strongest that we have put out in recent years but our ladies relied more on numbers than experience to see them through. On the day we presented a record breaking number of players with 7 men's pairs and 6 ladies pairs and for once everyone turned up generally ahead of time.

Unfortunately not so with the opposing side whose ladies were not to be seen around the courts until well after 4pm which left virtually no time to complete all the matches we had in mind and resulted in many of our ladies sitting around waiting for a game for more than 2 hours. The men were a little more fortunate but were also unable to start on time as most of the RBSC men were also somewhat late in arriving.

To add to our problems their team captain didn't arrive at the appointed time for the pre-match briefing so no clear understanding was reached on what the match format should be; RBSC apparently carrying on with some predetermined plan of their own which was neither discussed not made clear to us in any way. Hence after a number of games had been played, RBSC declared the match over and won with barely more than one and a half hours of play on the clock, with many of our players still waiting for their first game. Of course, RBSC were always going to win but at this point I had no option but to

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Kate Henton

#### Tennis



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make very strong representations to their captain who had by then arrived to preside over presentation of the Cup. After somewhat earnest discussions, it was finally agreed that RBSC would arrange for some further friendly unofficial mixed doubles games to try to ensure that all our players were able to complete at least two sets each. Amazingly this was in fact accomplished with just a few minutes to spare before darkness finally forced us all off the courts.

By now, most of RBSC's players had already departed but we just managed to hand over the imposing Dunnvatanachit Cup, generously presented by Surin and Chalathip some three or four years ago, to RBSC with a few well chosen words before the remaining players finally dispersed into the night.

On a brighter note, our hosts provided us with an excellent running buffet complete with plenty of beer and soft drinks throughout the afternoon and this was our mainstay in keeping calm under fire. And under fire we certainly were with our total wins amounting to no more than 4 overall from more than 30 played. Of course, it's a familiar story of British Club's best wilting under match pressure after holding what should have been commanding leads with James and Bernie amongst others leading the way.

We managed to win only 2 out of the 7 qualifying men's matches with yours truly being propelled into an astonishing 6-2 victory by partner and newcomer to the side, Tony Percovic, whose huge service aces literally blew the opposition away. My activities were largely confined to repairing the net, retreading the turf from time to time and trying to keep the score, which was quite difficult to do at the speed that this game was played. Philippoussis watch out!! This man really motors and what a find for us; that is, if we can ever lure him from the squash courts and persuade him to play for us again.

The other find amongst our men, though not such a well-kept secret, was Tim Farthing whose tennis is legendary and who had also been persuaded to help out in our hour of need. Of course, just two players on their own cannot hope to turn back the overwhelming tide of RBSC quality play but Tony and Tim together did demonstrate to us all just what is required in the way of consistent, error-free power play in order to beat this experienced RBSC side. Playing as a pair these two ran out very comfortable winners at 6-1.

RBSC declared the match over and won with barely more than 1<sup>1</sup>/<sub>2</sub> hours of play on the clock

Quite the most outstanding performance among our ladies was that of Jaree and Pin, who recorded the only win at 6-4 from a total of 12 ladies doubles matches played. Both of them are to be congratulated for their sheer guts and determination in buttoning up a very closely fought set that could easily have gone against them. This was a great start for Pin in what we hope will be a very long and successful playing career with the BC Tennis team.

The rest of the ladies' scores were in fact

no worse than the men's. There were a couple of other closely fought games by Steve and Henry who lost 5-7 and James and Linda just a bit unlucky to pipped on a tic-break. Otherwise all the losing results were rather one-sided affairs.

After such a daunting experience at the hands of our hosts it was time to repair to the BC to drown our sorrows, helped by celebrating Kn. Joom's birthday with a birthday cake and champagne generously provided by Bernie. Innumerable candles were extinguished in the time-honoured manner to the strains of "SNBUA", and if you don't know what that means you're "NBU" either !! With glasses charged with bubbly, it was the perfect way to end any day. Our next match, due in March, will also be an away one meeting the Royal Thai Navy. This fixture is very popular with those in the 'know', as the hospitality is legendary, so be sure to get your names down early if you want to join in the fun.

#### **Bruce Gordon**

t's hard to believe that I've been at the British Club a year this month. Time sure goes fast when you're having fun.... or as you get older?! February just seemed to disappear this year, largely due to my leave in Perth but also due to the shortness of the month itself.



Of significance last month was the commencement of **Masters Swim Training** every Tuesday and Thursday evening at 6-7pm. This new activity was well supported and even though this was a trial 4-week course I anticipate continued interest. Please come and see me if you are interested.

Other events in February included the Aquatic Section poolside movie on the 20th, but the Junior Disco on the 27th was unfortunately cancelled.

March sees the first **Swimming Gala** of the year, on Sunday 8th. Results and photos of this should be in April's *Outpost*. Being of Irish descent, I must also recognise St Patrick's Day on the 17th March. Happy Saint Pat's Day to you all. On Sunday 22nd March there will be a family "It's A Knockout" sport/novelty competition. A variety of fun activities will be organised for all age levels/abilities. It's time to get the family together to compete for the inaugural trophy. Application forms to be completed in the Fitness Centre.

#### Looking Ahead to April

Next month the Fitness Centre staff will be holding a "mini-triathlon" competition. Competitors will need to register their age/ category at the Fitness Centre. The event involves a 600m swim (24 lengths of the pool), a 12km cycle (on the bicycle machine) and a 6km run (on the treadmill). The order of events is as above and is timed from start to finish. Prizes and medals will be awarded to those placed in each category. Competitors can compete individually or as a team. Nominate yourself/your team now!

That's it for March, but the following article may assist the injury prone or just the unfortunate...

Lisa Fitzpatrick Sport & Recreation Coordinator

#### Prevention and Management of Minor Sporting Injuries

We have probably all heard of RICE (Rest, Ice, Compression, Elevation) but who has heard of HARM (Heat, Alcohol, Running, Massage)? These are the do's and do not's of immediate action following a minor sports injury.

#### The Do's

**R** - Rest the injured site to enable healing and reduce swelling

I - Ice for approximately 10-15 minutes () every 1.5 to 2 hours for the first 24 hours
C - Compress with a firm bandage to help alienate swelling

 ${\bf E}$  - Elevate the injured area

#### The Do Not's

**H** - Heat increases swelling and bleeding around the area if done within the first 24 hours

A - Drinking alcohol increases bleeding

**R** - Running or exercise soon after an injury will make it worse

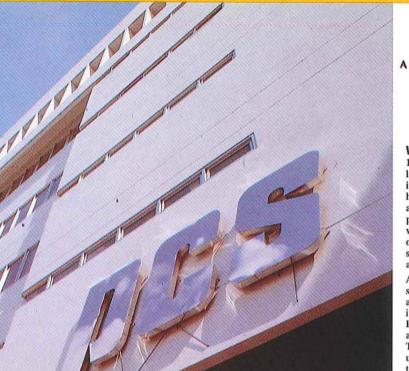
**M** - Massage within the first 24 hours will increase bleeding and slow down healing.

RICE should be started within 15 minutes of sustaining an injury. The individual should consult a doctor if this is deemed necessary.

Warming up and stretching prior to an exercise session will help reduce the risk of a sporting injury. Stretching and cooling down thoroughly will help prevent blood pooling in the extremities and promote circulation back to the heart.

Source: Julie Harrison, Corporate Health Unit, University of Western () Australia







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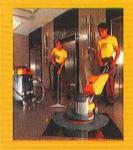
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#### Spoofing

### **Ode to a Spoofster**

The following verses were penned by one of the regular Tuesday Night Churchill Bar gang, aka the Spoofers, on the event of stalwart Mike Brann's departure for Cyprus a few months ago. The photo shows a more recent spoofing night, when some guest Spoofers from abroad (in particular Roger Melly on the Telly)



raised the roof with some abysmal gloating, disgusting ditties and outrageous fines—including, I believe, the record fine for 1997 of goodness knows how many ports. Good grief, I'm there for all the topnotch occasions, huh. Anyway, I'm half hoping the woefully late printing of this cute poem will prompt book-keeper Swampy to finally pull his finger out and write me a piece on Spoofing, which remains an obscure game simply because so few people know about or understand it (or are sober enough afterwards to explain it).

#### Gaynor

#### **Ode to Mike Brann**

Each Tuesday night, without a doubt, At the British Club the hands are out A clutch of coins within each paw— One, two or three, but never four. At 10pm the pace is fraught 'Cos no-one yet has downed a port At midnight, though, the brains are dulled The faces look like they've been mulled

When "ABF" is called we know It's sadly time for one to go So fond farewell to Michael Brann A Spoofer and a gentleman The battery's gone flat at Dale The current's out, all circuits fail— So Spoofers please remember this: (When sober, and not on the piss) If your heart's not set on Limassol For energy take Dextrosol.

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A Gentleman Spoofer

#### Godspell An enchanting musical celebration to delight all ages!



Friday 27th March Special Charity Gala Dinner for BCT and British Club members! Bt 1,250 includes a 4-course meal Book your table now at Reception.

The Bangkok Community Theatre will stage the charming and colourful 1970's hit Broadway musical *Godspell* on March 27th, 28th and 29th in the Kamolthip Ballroom at the Siam City Hotel.

Tickets for the Friday 27th March charity dinner show only available at the British Club.

For dinner and matinee performances on 28th and 29th March please call the Siam City Hotel on 247 0123.

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#### Clues

#### Across

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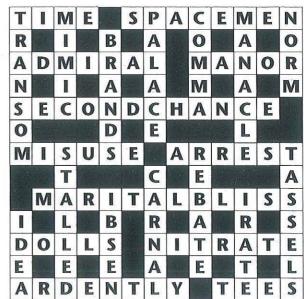
- 7 Large city area in Britain could be danger to loner (7,6)
- 8 Gulps down the birds
- 9 Little Susan with the last letter for the waterway
- **10** Hut for demolition is not in the first three
- 12 Instrument of petty fraud?
- 14 The British Navy on the wrong seat—at the back of the ship
- 16 You'll fall if you measure yours
- 18 Old God-from the North
- 20 Way off the Motorway (4,4)
- 22 Judging by appearances, that one off is different (2,3,4,2,2)

#### Down

X

- 1 Make man sketches to decide by chance (4,4)
- 2 He'll give you a fit!
- 3 Old ruler around in Reno
- 4 Fills bus, perhaps—and it's ecstatic!
- 5 Not accustomed to being new
- 6 The book is coming my way
- 11 Don't touch when the workers are absent! (5,3)
- 13 Lady's man in riot-halo awry
- 15 Unrefined, but possibly hearty
- 17 In war Ron is put about-constricted
- 19 "Her prentice \_\_\_\_\_\_ she tried on man." (Robert Burns)
- 21 Decorate the orlop

#### Last month's solution





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Sharp Ideas

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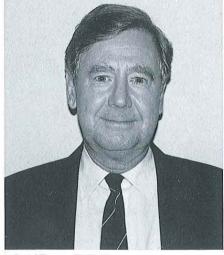
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#### From the Chairman

s I mentioned last month, this year's AGM is scheduled for Tuesday 24th March in the Surawongse Room. Please make a note of this date and do try to come along or if your attendance is absolutely impossible, give your proxy to someone who is able to attend. There does not seem to be any contentious issues to be considered at this meeting but nonetheless we do like to see as many members attending as possible so we are able to judge how the Club is being run in their eyes and also, of course, to assist in the election of the new committee for the coming year.

In this latter context, we shall be looking for new members for the General Committee so if you are interested, please arrange for your nomination to be passed to Tom in advance of the meeting or, if you prefer, be prepared for someone to nominate you from the floor on the night. The GC now meets only once per month, usually on the third Monday of every month, and I would hope that this, together with attendance at New

Members Nights held once a quarter, does not constitute too much of a time commitment to those who might be interested in helping to run the Club.



Dugal Forrest - Chairman

Our drive to find new members is now under way and Khun Chirachada's efforts have already produced a very good response. There is still a long way to go, however, so please give us whatever assistance you can and if you know of anyone who may be interested in joining the Club, let Tom or Khun Chirachada know and they will be sure to follow the matter up.

On top of this, of course, I would urge you all to make maximum use of the Club and its fine facilities. There is an interesting programme of functions planned for the coming months, details of which you will find under Management News in each issue of Outpost. Do please support as many of these as you can and also let us have your ideas on other possible functions that might be arranged in the future.

In these difficult times the Club needs to recruit new members without any doubt but it also needs to be supported as much as possible by its existing membership. Please do your bit to help us.

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Dugal T.M. Forrest Chairman

### **British Club General Committee**



Dugal Forrest



James Young

	The Commit	tee is:
Dugal Forrest	Chairman	T. 398 3807 F. 399 1564
James Young	Vice Chairman/Sport	T. 714 9040 F. 714 9039
Bernie Adams	Club Development	T. 674 0810-1 F. 210 2332
David Henton	Club Development	T. 254 6819 F. 254 4849
David Turner	Sponsorship	T. 618 6516 F. 279 1234
Mike Lamb	Sport/Sponsorship	T. 237 0777 F. 237 0780
Colin Hastings	Club History	T. 240 3700-9x1511
James Woodfor	d	T.326 0660 F. 326 1123 F. 240 3843

**Club Staff** 



Bernie

Adams

David Henton

Colin

Hastings



David

Turner

Mike



James

Woodford

Nick Bellamy



Treasurer

Tom Bain **General Manager** 



T.236 5227-9 F. 236 5226

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Barry Osborne **Operations Manager** 

If you have any questions about the British Club or if you have any suggestions, please call any of the Committee Members above or the General Manager

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- Modern facilities : 2 free-formed swimming pools, Jacuzzi, gym, children playground, jogging track, etc.



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For Further information, please contact : **Bangkok Garden Apartment** New Sathorn Boad (Naradhiwas Bajanakarindra 24)

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