



OUTPOST

MAGAZINE

MARCH • 2003



Golf Shots



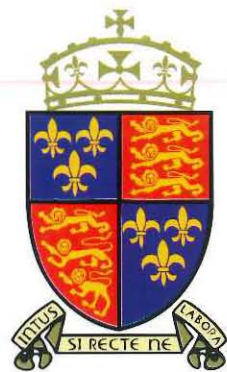
Marvellous Maples



New Members



Barking Mad Members



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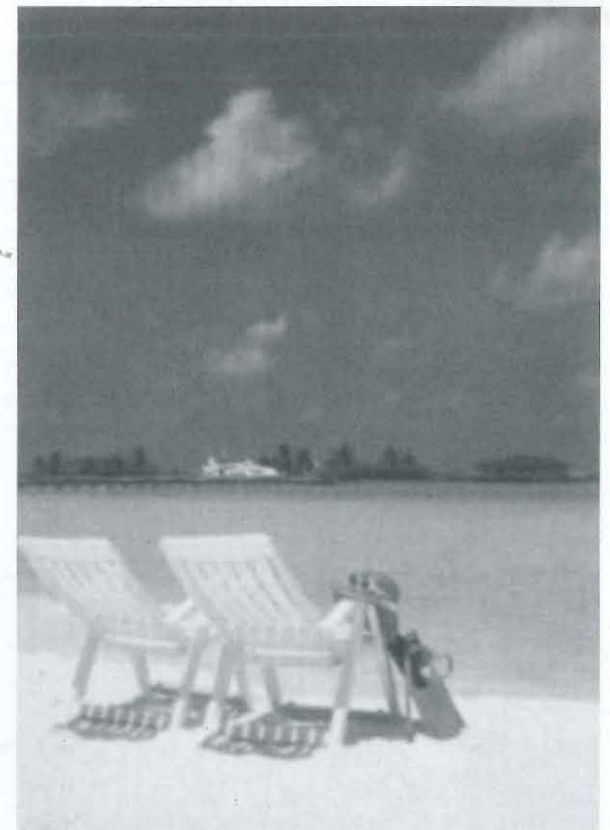
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OUTPOST MAGAZINE

The contents of this magazine are not necessarily the opinion of the Editor, the General Committee or the Management of the Club.

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GM'S BRIEF



Dear Members,

In March we have lined up several events like the Traditional Irish Night on the 19 at the Lord's; for the Centenary Celebrations two events - the "Harmonious Meeting from Byrd to the Beatles" by Bruce Caston and Fong Naam's Magical Mahori Ensemble Concert on 1 March and "The Food through the Century" at the Lord's on 28 March. Khun Boonlerd and his team will prepare a whole selection of traditional dishes from Europe. For the first time in Thailand a Belgian Beer tasting will be hosted by Belgian Beers Company Ltd. on 7 March.

On the development side, the Club House toilets are finished and many apologies for the inconvenience caused to our Members by the delay of this project. In March we will start the renovation of the Children's Changing Room at the back of the Silom Sala. This project will take about 5 weeks to complete.

Unfortunately we had to postpone the swimming gala on 9 February because it clashed with a major sporting event at the Patana School. We do need volunteers to run this event and we would appreciate it if parents could assist us in the running of this event. Please contact Khun O - Office coordinator or myself for further information.

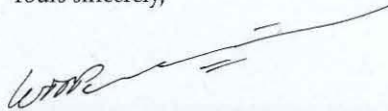
A big thank you to all Members and Organisations who assisted us with the British Club Street party, especially St. George's Society, St. David's Society, St. Andrew's Society, Garden International School, Harrow International School, Bangkok Nursing Home, Kesinee International School, St. John's International School and all the Members involved in this successful event.

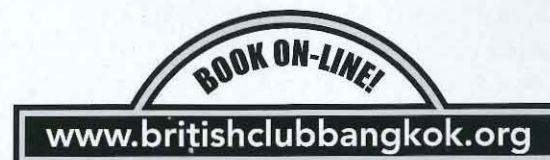
More than 600 persons attended this event and we received great feed back from all participants. It is very likely that we will make this an annual event in Februarys to come!

The launch of the centenary book is scheduled for 23 April 2003 and we will send you updated information about this launch in the near future.

Looking forward to seeing you in the not too distant future at your Club.

Yours sincerely,


Willem T. P. Pentermann
 General Manager



COMMITTEE CONTACTS

The British Club General Committee 2002/2003

Name		Tel	Fax	Email
Chris Moore	Acting-Chairman	(0) 2740 4521	(0) 2740 4530	lasanne@loxinfo.co.th
Paul Cheesman	Vice-Chairman/ Honorary Secretary	(0) 2677 5246	(0) 2677 5246	paulc@loxinfo.co.th
Nick Bellamy	Treasurer	(0) 2955 0099 x 8760	(0) 2955 0300	nbellamy@th.mweb.co
David Eastgate		(0) 2672 0123-5	(0) 2672 0127	davide@loxinfo.co.th
James Young		(0) 2712 5407-9	(0) 2712 5410	asiapac@mozart.inet.co.th
Sarah Allen		(0) 2618 7813	(0) 2618 7811	sarahem@ksc.th.com
Simon Davies		(0) 2253 7719	(0) 2253 7504	simon@jts.jp.co.th
Bruce Hill		(0) 2937 4940	(0) 2937 4952	subru@loxinfo.co.th
Angela Daniel		(0) 2258 8495	(0) 2258 8495	ange@loxinfo.co.th

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NEW MEMBERS' NIGHT

The Churchill Bar is the place to be for new Members, and what a chatty crowd we had at the last New Members' Night in January. Newcomers to the Club came to meet each other over a drink (or two) and introduced themselves, via *Outpost*, to the full Club membership. This is always a good evening and this night was no exception! All Members are welcome to come along and join in the merriment (remember, as it's always held on a Tuesday, it's also Ladies' Night).

ROBERT LEPPER & SABSOMBAT POOJAN

New Zealand & Thai

Another of these families that have lived here for ever and only recently joined the Club! Welcome to the fold! Robert is a man with a mission - to raise Bt 1,000,000 for his charity that helps crippled children in Thailand (www.convoyforkids.com). Good luck to you, Robert. Badminton and golf are the sports of choice for the Lepper family.



Many new Members came for the New Members Night and the following are those who came, drank and left....

RICHARD & JANJIRA BANKS



SIMON WALLER

British

Simon is a very adventurous type and has spent a total of 6 months backpacking around the Philippines and Central America working with reef and forest conservation. Never to let the odd kidnap attempt and near-fatal scuba accidents stop him, Simon continues to have a go at most sports and activities that would make most men's blood curdle.



WILLIAM & MARIE HEWITSON



DAVID & MARIAM KENNEY



CRAIG & TDAFF MCCLEAN



CALENDAR

BRITISH CLUB SPORTS AND ENTERTAINMENT CALENDAR



SPORTS
9.00am - midday Squash Coaching
9.00am - 1.30pm BC Swimming Instruction

SPORTS
7.00am - 1.00pm Tennis Team Practice
9.00am - 11.00am Junior Cricket
10.30am - midday Taekwondo
11.00am - 1.00pm Badminton - Soi Nares
2.00pm - 4.00pm Children's Activities
3.00pm - 6.00pm Tennis Mix-in
3.00pm Yoga

SPORTS
8.00am BWG Mahjong
7.00pm - 9.00pm Tennis Team Practice

SPORTS
7.00am Ladies Golf
8.00am - 10.00am Ladies' Tennis
10.30am - 11.30am Aqua Aerobics
11.30am Yoga
2.00pm - 5.30pm Swim with the Bangkok Dolphins
2.00pm - 7.00pm BC Swimming Instruction
7.00pm - 9.00pm Football Training
CHURCHILL BAR ACTIVITIES
6.00pm - midnight Ladies' Night
8.00pm - 11.00pm Friendly Bridge
9.00pm Gentlemen's Spoof

SPORTS
6.00pm - 9.00pm Tennis Mix-in
6.30pm Cricket Nets
CHURCHILL BAR ACTIVITIES
7.00pm Darts
7.00pm Accumulator

SPORTS
8.00am - 10.00am Ladies Tennis
6.00pm - 9.00pm Squash mix-in
7.00pm - 9.00pm Rugby Training
9.00pm - 10.00pm Hockey Training

SPORTS
9.00am ANZWG Mahjong
3.30pm - 6.00pm BC Tennis Coaching for Children
4.30pm - 5.15pm Mini Squash
5.15pm - 6.00pm Junior Squash
5.00pm Tennis Mix-in
5.30pm Swimming - Junior Squad Training
6.00pm - 7.00pm Adult Tennis
6.30pm - 9.00pm Poolside BBQ
7.00pm Children's Movie Night

March at a Glance

Saturday, 1 March	Gala Programme
Friday, 7 March	Belgian Beer Tasting
Sunday, 9 March	Swimming Gala
Tuesday, 11 March	New Member's Night
Tuesday, 18 March	Bar Quiz
Wednesday, 19 March	Irish Night
Thursday, 27 March	TSPCA Presentation
28 March 2003	Food Promotion

See What's On, page 16 and GM's Message for more details

Sports - Contacts

Aquatics	Susan Kreutzner-Ferguson	0 2391 5374
Badminton	Anant Leighrahathorn	0 2654 0002-29
Bridge	Winlock Hsu/ Charlene Wang	0 2921 6015
Cricket	André Tissera	0 2238 2718-21
Darts	Fitness Centre	0 2234 0247
Football	Martin Conisbee	01 860 4874
Golf	Larry Goodliffe	0 2236 9785-7
Spoofers	Steve Eaton	0 2237 9262
Rugby	Jon Prichard	0 2662 6376
Scuba Diving	Peter Gary	0 2634 7799
Snooker	Khun Kittisak	01 633 9490
Squash	Peter Corney	01 829 2253
Tennis	Terry Adams	01 639 3856

Loyal Societies

St George's	Angela Stafford	0 2632 0560 x 3037
St Andrew's	Meilan Henderson	0 2259 0586
St Patrick's	Ian Kane	0 2678 1813 x 1738
St David's	Basia Filzek	02 286 1348

Venues

Badminton	Soi Nares, behind Bangrak Police Station
Casuals Football	Colgate Ground, Rama III
Massage	Near the Silom Sala

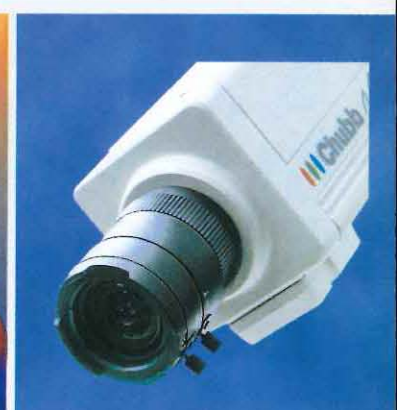
Opening Times

10.00am - 11.00pm	Churchill Bar
11.30am - 2.00pm	Lords Restaurant (Lunch)
6.00pm - 10.00pm	Lords Restaurant (Dinner)
7.30am - 10.00pm	Poolside Bar
6.00am - 9.00pm	Fitness Centre
9.00am - 6.00pm	Thai Massage (Tues-Sun)

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Golf shots

January was a busy month for the BC Golfers with four competitions of varying degrees of seriousness being played! We rounded the month off with a fantastic away weekend at Soi Dao - one of the most breathtaking courses in Thailand.



Guy Snow and Kevin Jones at Burapha

played some great golf to come third in the competition, although his tactics didn't quite work as he returned to the clubhouse without using all of his shots. He finished six up against the course but was left wondering what could have been! Tom Mackay had a fantastic round and soundly thrashed the course. He finished eight up on the course and took second place. Diane Bulow was a very worthy winner. She played some great golf and used her strokes to maximum advantage finishing ten up against the course - well done Diane.

JANUARY MEDAL AT KHAOW KHEO

26 January saw the British Club golfers gather at Khaow Kheo for the first medal of 2003, and our first medal round on the Khaow Kheo course. We had a strong field with 27 players having made the trip from both Bangkok and Pattaya.

Karen Carter got her maiden victory in Flight A with a net 72 ahead of André (73) and Gareth (74). Tom Mackay took B Flight with a net 64, from Mike Poustie (69) and Phil Hall (70), while Edwin Ferner took C Flight, also on net 64 ahead of Vicky Jones (69). There were only two players in the flight but with both playing under par, they deserved their placings. As the scores showed, the course was in great condition, albeit a little short off the white tees.

were able to choose how and when we would use them. Once each hole was completed, the number of strokes used on that hole had to be declared and recorded before moving to the next tee - the aim being to beat the course by as many holes as possible and return to the clubhouse with all strokes having been used.

A combination of good golf and great tactics seemed to be the key to success. Nick White

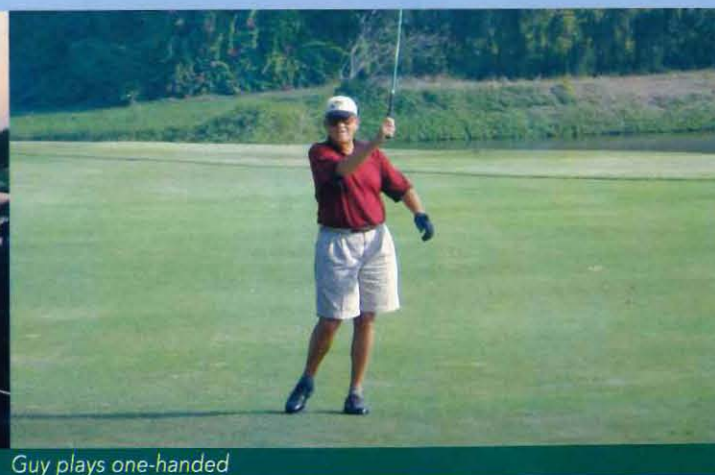
CLUB DAY AT MUANG KAEW

Originally, no golf was scheduled for the British Club Golfers on Sunday 12 January, but demand was such that a club day was hastily arranged at Muang Kaew. A big thank you to Karen Carter for pulling off a last minute booking on a very busy course.

The format of the day was bogey golf - with a difference. Instead of using our strokes on the holes dictated by the stroke index, we



Kevin and Tom - last to leave the bar!



Guy plays one-handed



Kevin wins Bernie's Bowl

Diane Bulow beats the course by 10 holes to win at Maung Kaews

BERNIE'S BOWL AT BURAPHA

There was a good turn out of 27 players for this year's contesting of Bernie's Bowl. As is traditional, the format of the day was best described as 'alternative' with none of the players knowing how the winner would be decided. What we did know was that the winner would not necessarily be the best player on the day!

The format was a standard Stapleford competition, combined with a penalty points system invented by some kind of golfing masochist!! Penalty points were earned for various 'misdemeanors' such as being OB, landing in water, a bunker or the rough, a lost ball and ball unplayable. Many of us wrongly assumed that the winner would be decided by taking the Stapleford points (good golf) and then subtracting the penalties (bad golf). How wrong we were.

The two scores were added together to decide the winner of Bernie's Bowl. There were also prizes for the best Stapleford score and the highest number of penalty points. Kevin Jones was the runaway winner of the Bowl with a round of golf that can only be described as 'an absolute shocker'. He had a point's total of 124, made up of 26 Stapleford points and 98 penalty points. The best Stapleford score went to Mike Poustie with an impressive total of 44 points. Larry Goodliffe was a close second with 43. Mick Murphy picked up the prize for the highest penalty points with a total of 79 (Kevin having made himself ineligible by winning the Bowl).

The technical prizes went to the following people:

Men's drive plus second shot
Ladies' drive plus second shot
Near pins

Bryan Dodd
Kaew

5 David Henton
8 Vicky Jones
11 Bryan Dodd
17 Jo Palmer

We were delighted to welcome three guests on the day; Bryan Dodd brought his sons Kevin and James, and Jo Palmer also joined us.

Congratulations, or should it be commiserations, to the winners!

AWAY WEEKEND AT SOI DAO

Soi Dao is a beautiful course just 20 km from the Cambodian border. Situated in the mountains it has some of the most breathtaking views I have ever seen on a golf course. Fourteen BC golfers made the three hour-plus trip from Bangkok at the beginning

of February and were treated to some great golf, great company and great food. The karaoke, on the other hand, was absolutely appalling!

The format of the weekend was a Stapleford competition on the first day, followed by bogey golf on the second day. The overall winner would be decided by combining the two scores. Bridget Snow was the runaway winner on day 1 with a points total of 36. Joom White was second with 34 and Karen Carter came third with 33. With the golf out of the way, we ended our first day at Soi Dao sitting on the patio of the club house



Tom & Gareth at Maung Kaew

GOLF



Karen Carter wins A Flight

Tom Mackay wins B Flight

Edwin Ferner wins C Flight at Khao Keow

watching the sun set behind the mountains and drinking beer. Life doesn't get much better than that.

The bogey golf competition on the second day saw most of us being soundly thrashed

by the course. Only Joom White and Mike Poustie managed to beat the course finishing on +3 and +2 respectively. Joom White was the deserved overall winner having played steady golf on both days.

Look out for pictures of our trip to Soi Dao in next month's Outpost.

Vicky Jones

MEMBERS' MEMORIES

Marvellous Maples

Lords was decked out in Maple leaf flags to set the scene for the Canadian Food Promotion at the end of January. Feasters tucked into the unique cuisine of Canada so expertly prepared by the BC chefs. Thanks for another chance to savour the flavours of distant countries!



BARKING MAD MEMBERS

From the Streets to the States

It's hard to imagine as I sit at my computer watching a video clip of a young dog jumping about playfully in crisp white snow, that this cute-looking canine began its life on the streets of Thailand. It is a fairy tale come true for this dog.

She was in terrible condition when I found her last August during a BC golfing event near Pattaya. Nursing her back to full health was rewarding and fairly easy - it often is with street pups as they are amazingly resilient. Lots of good food, medication and plenty of TLC is usually all it takes. The hard part was in finding a new home for her.

WAGS TO RICHES

His Majesty, the King of Thailand has done much to promote ownership of strays through his lovely book about Thong Daeng, but it still remains difficult to find anyone in Thailand willing to offer a long-term home to a street dog.

Bemoaning this fact one day to my niece in Massachusetts, she mentioned that perhaps she could help - and, to cut a long story short,



Bathtime for Puppy Song, now enjoying life on a Massachusetts farm.

she did! Sarajane is a trained veterinary technician with a pet-sitting business in New York, lots of doggy-people contacts and a good understanding of the plight of street dogs here in Thailand. A few phone calls by her, some printed posters, and a fantastic website all brought results and by October



Me - enjoying the export business!



Sweet Suay - loving her new life in America

HOW YOU CAN HELP

- Donate your old (but air-worthy) dog carrying crates, cages, baskets, leads, collars...
- Click on the PayPal Donations Button on our website or contact me directly if you are willing to help financially. Funds will go towards medical costs and cutting the cost of shipping the dogs. This makes them MORE affordable to MORE Americans, meaning MORE loving long-term homes for MORE soi dogs.
- Consider adopting a pup - but give this plenty of thought and discuss it thoroughly with the rest of your family as the commitment is a serious one.
- Recommend Soi Dog Rescue to any of your friends who might be thinking of getting a dog.
- If you are heading to New York, Newark or Boston airports, consider chaperoning one of our pups on the flight. No hassle or extra money for you as I arrange everything. Travelling as accompanied excess baggage is much cheaper and far less stressful for the pup than going unaccompanied cargo.
- If unable to adopt, then fostering opportunities exist. Just give me a call.



Handsome Harley - not letting a broken pelvis, broken leg and skin infection get him down.

BARKING MAD MEMBERS



SDR team member, Margot, with rescue pup Seagull and mom.



Saucy Sam still in search of a home.

WWW.SOIDOGRESCUE.ORG

"Nobody made a greater mistake
then he who did nothing because
he could do only a little."

- Edmond Burke

lovely Suay (or Lou as she is now called by her American family) was on a plane and heading to Boston, Massachusetts. Since then - and with lots of encouragement from Sarajane, my husband Martin and pet-friendly SWISS air cargo - I have rescued, nursed and shipped a second pup to America. Both puppies have been adopted by folks who

truly understand the long-term responsibilities of pet ownership, who take their role in these young dogs' lives seriously, and who understand the special needs of rescued animals.

HELP ME, HELP THEM

Trying to get this adoption programme off the ground takes a lot of time, money and patience, and with 3 rescued pups currently in my foster care - all still awaiting new homes - I can't boast of success yet. But I do hope to succeed, and perhaps I can with a little luck - and your help.

Please check out our Soi Dog Rescue website www.soidogrescue.org and discover more about our adoption and capture-neuter-release programmes. If you feel you would like to support our efforts in anyway, then I (and a few ex-street pups) would really appreciate it.

Sheridan Conisbee (C242)

Soi Dog Rescue - Thailand
Tel: 01 611 2865
Email: sheridan@loxinfo.co.th
Website: www.soidogrescue.org

A British Club Evening with the Thai Society for the Prevention of Cruelty to Animals



Thursday 27th March – 19.30 – 21.00 hrs.

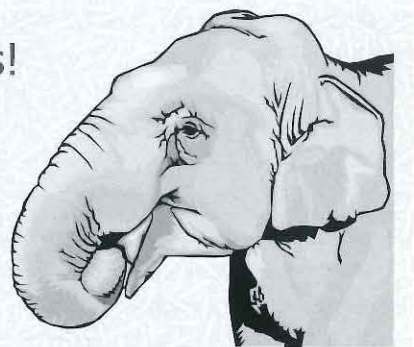
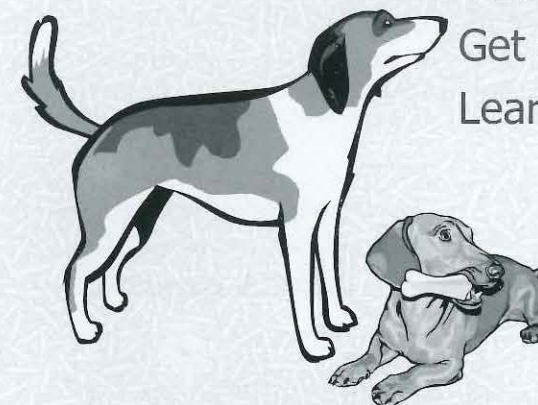
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ART EXHIBITION

Photo Exhibition
ABSOLUTELY ASIA

By Paul Beiboer

6 - 30 March 2003

At Rotunda Gallery, Neilson Hays Library
195 Surawongse Road, Bangrak, Bangkok

A second exhibition of black and white photographs by the well known Dutch photographer, Paul Beiboer, will be shown at the Neilson Hays Gallery in Bangkok.

"Absolutely Asia" is an elegant yet powerful collection of photographs depicting people and their traditions. Each image transports the viewer into a serene and spiritual environment.

Born in Wamena, West Papua, Indonesia, Paul has always felt close to Asia. After having made several photographic journeys through Asia over the past 18 years, he has lived in Hong Kong, Jakarta and now resides in Bangkok.

Over the years, Paul developed a distinctive creative style, and is best known for his unique talent of capturing people and their culture in their natural surroundings. His preferred medium is the power of black and white, which portrays to him moods and expressions encouraging the viewer's imagination. Paul has had previous exhibitions in Jakarta, Singapore, Hong Kong and Bangkok.

Numerous photographs from his collection have been selected for travel magazines, travel books, such as the Insight Guides, and business publications.



ILFORD PRISMA *Paul Beiboer*

The Rotunda Gallery opening hours are:

Tuesday, Thursday - Saturday:	9:30 a.m. - 4:00 p.m.
Wednesday:	9:30 a.m. - 7:00 p.m.
Sunday:	9:30 a.m. - 2:00 p.m.

Telephone: 0 2233-1731 Fax: 0 2233-4999

For further information please contact: Mariana Atkins (Rotunda Gallery Curator). Telephone: 0 2233-1731

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WHAT'S ON

The Heat is Rising...

BELGIAN BEER TASTING

7.00pm on Friday, 7 March

A complimentary Cocktail Buffet will be provided in the Wordsworth Lounge, complemented by a tasty selection of Belgian Beers, provided by the Belgian Beers Company Ltd.

SWIMMING GALA

Sunday, 9 March

Warming up from 8.00am onwards with the actual competition starting from 9.00am. Luncheon is included.

Registration Fee B 200 per entry.

NEW MEMBER'S NIGHT

7.30pm on Tuesday, 11 March

This is an excellent opportunity to meet new Members in the Churchill Bar who recently joined the Club. Entertainment provided by the ever-popular No Fixed Abode.

BAR QUIZ

7.30pm on Tuesday, 18 March

Held in the Dining Room, all Members are encouraged to come along and have an exciting evening with Quizmaster Rodney Bain.

Each team can have a maximum of 6 participants and a registration fee of B 100 is collected for each team player.

IRISH NIGHT

7.00pm on Wednesday, 19 March

Lord's Dining Room will be transformed into a little bit of Ireland to celebrate St. Patrick's Day. Music, food and a great night's entertainment. The Buffet will feature Irish Stew washed down with copious amounts of Guinness! Entertainment courtesy of No Fixed Abode.

TSPCA PRESENTATION

7.30pm on Thursday, 27 March

The Thai Society for the Prevention of Cruelty to Animals will make a presentation of their work and organisation at the British Club. Hear about their work, take part in the animal quiz, get advice on pet care and find out more about helping the TSPCA.

There is no charge to attend this presentation.

FOOD PROMOTION

Friday, 28 March 2003

The Lord's Dining Room is the venue for Members to enjoy the flavours of food that have been prepared throughout the last Century. Barry and the kitchen team will prepare an excellent selection of mouth-watering dishes from all over Europe. Charge: B 600 per person for this once-in-a-lifetime buffet dinner!

APRIL

CLUB MANAGER'S NIGHT

6.30pm on Tuesday, 8 April

In the Churchill Bar, a complimentary curry buffet will be provided to sustain Members through the night. A great evening to catch up with fellow Members and enjoy entertainment from No Fixed Abode.

BRITISH CLUB SPORTS CAMP

8 - 11 April daily

Between the hours of 9.00am and 4.30pm is when the little Members have their very own activities. The camp includes tennis, squash, swimming, cricket, soccer, games, video, snacks and lunch.

Charge: B 850 per day or B 3400 for all 4 days.

CEN 10'S RUGBY TOURNAMENT

Fri-Sun, 18-20 April 2003

18-team International Event at the Police Stadium, Vipavadi Rangsit, with a Gala Dinner at the Conrad Hotel on 19 April.

Guest Speaker: Jeff Robyn

RUGBY

The Battle of the Giants

The rugby section are pleased to announce that, almost exactly a year after one normally timid individual stepped forth, risking the wrath of the chair-boy to propose it, the British Club Centenary Tens competition will take place on the weekend of 19th and 20th of April 2003.

This is an invitational international ten-a-side tournament with 20 competitors consisting mainly of former foes from around the globe, hopeful of attaining this one in a lifetime trophy. Of course, we intend to retain it.

The venue is the Police Stadium on Viphavadi Road, and with ample parking and no entrance fee we are hopeful that many non-rugby club members will turn out to support the event. The event will be catered by the BC and the atmosphere is intended to be very much family orientated, with an abundant supply of Carlsberg to cool weary players and spectators alike.

In addition to the play, which runs from 8:30am on Saturday and 9:00am on Sunday, three great social events have been organised. On Friday and Sunday nights there will a buffet dinner at the Club.

Further details have been painstakingly posted on the BC website, so please take a minute to check it out.

firstly to welcome the contestants and finally for the prize giving. Saturday evening is planned to be a fantastic night out, with a four-course dinner at the spectacular Conrad hotel, with guest speaker, the mighty Jeff Probyn, capped 37 times for England and described as the best tight head prop in Britain in his day (1988-93). Other attractions include an haute couture catwalk show, followed by cabaret action.

A great deal of effort has gone into generating this event to commemorate the 100th Birthday of the Club and we passionately implore all members will join in this celebration.



BCT PRESENTS

"Annie"!

Mark your calendars for the best family entertainment of the year: Bangkok Community Theatre's presentation of the hit family musical "ANNIE"

At the Bangkok Playhouse on Petchburi Road

March 28th & 29th at 7:30pm and March 29th and 30th at 14:30pm

Tickets at B550 for adults and B350 for students and children

Available at CD Warehouse in the Emporium on Sukumvit Road from mid-March.

"ANNIE" has been described as "the perfect family musical." It first opened on Broadway in November 1977 and won 7 Tony Awards including the award for "Best Musical." A film of the musical was made in 1982 which was followed by a Disney remake in 1999. With wonderfully uplifting songs and dances, this is a true "feel good" show. In the words of "ANNIE's" creator: "Those who come to see the show go away with a sense of optimism, a sense of hope and joy and love. I think that is why it is a success." That kind of optimism

from a little orphan girl as she hugs her dog and tells us "The sun will come out tomorrow" is just the kind of uplifting entertainment Bangkok families need this Spring. This local production boasts 48 adult performers, 10 kids and a dog! Don't miss it! (for more information please visit the BCT website at www.bct-th.org) Proceeds to benefit Thai Children's Charities!

"ANNIE" will be made possible through the generous support of our sponsors: NEWCITY (Bangkok) PCL, International School

Bangkok (ISB), Kleenex by Kimberly-Clark, Bangkok Hospital, Toblerone, MBMG International, The Little Gym, Kesinee International School, Raja's Fashions, Transpo International, Covermark and CD Warehouse.



RELAXED REGULARS

Temperatures are Soaring, so do Nothing!!

GENTLEMEN'S SPOOF

Tuesday Evenings - Churchill Bar

Join the gents on Tuesdays for this spiffing spoofing bar game.

LADIES' NIGHT

Tuesday Evenings - Churchill Bar

From 6.00pm til midnight, ladies can enjoy any of our cocktails for B 80 only.

CHILDREN ACTIVITIES

Bring the kiddies to the Silom Room at 2.00pm and let the BC and Kids Care entertain them with a whole range of activities followed by a movie. No charge for this event.

BAR ACCUMULATOR

Wednesday Evenings - Churchill Bar

Every member (and spouse) has the chance to win the ever-growing cash prize. All you have to do is be in the Bar when your membership number is drawn from the hat. You can't win if you're not there!

WEDNESDAY DART NIGHT

Join the lads and lasses every Wednesday evening in the Churchill Bar for a friendly game of 'arrows'. Everyone is most welcome, regardless of whether you can hit the board or not!

CHILDREN'S MOVIE NIGHT

Join us in the Silom sala for our regular Friday screening of great movies for the children at 7.00pm. No charge for the kids.

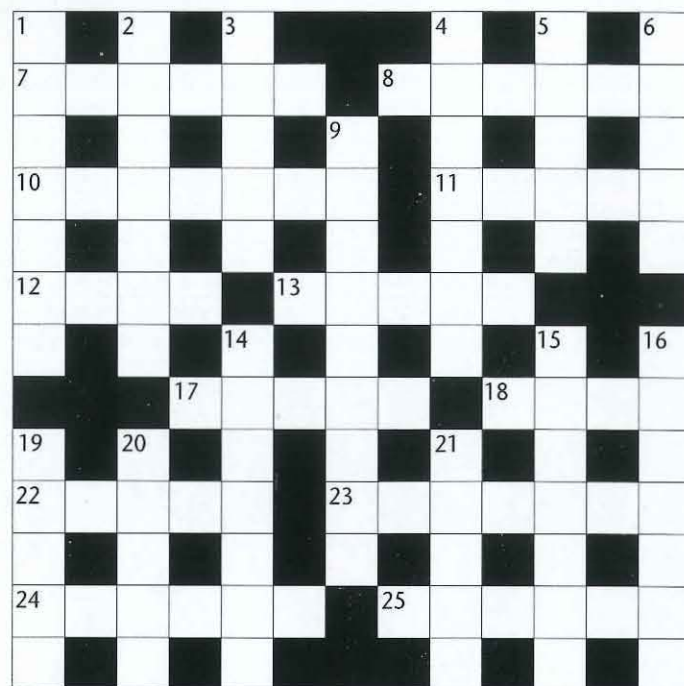
ART ATTACK CLASSES

Vanessa Christian runs these stimulating classes from 1.30pm - 3.00pm every Saturday. Charge: B5000 for 12 weeks, 2 make up sessions. Please register at reception. One-off classes at B 650 per class.

TUESDAY BRIDGE NIGHT

We continue to enjoy a friendly game of Bridge every Tuesday evening in the non-smoking area of the Churchill Bar. Refer to the Calendar page for contact details.

Mind-boggled in March



Compiled by Margaret Miller

CLUES

ACROSS

7. A walk along the blackberry bushes?
8. New residence for Geordies?
10. Deputy ruler of men out East.
11. Gems from the orb, buddies!
12. Not now!
13. Maybe New York or Porterhouse.
17. An 11 Across is a precious one.
18. Church part in a chap's education!
22. Couples do it on the floor.
23. Ice nest? It lures one, certainly.
24. Where Grannies store things!
25. Played smoothly to leg possibly with the middle of the bat!

DOWN

1. It gets you down!
2. A big buss!
3. Tennyson said that "The path of duty was the way to _____"
4. Woman or man can hold such civic office.
5. Jock has one?
6. "A righteous man regardeth the life of his _____" (Proverbs)
9. Just a spectator.
14. Pull out for a period in prison.
15. A kind of UK Cop.
16. Sent one on perhaps - it's a strain.
19. One transaction is perfect.
20. Does a sailor get tied in them?
21. Has this animal got handlebar horns?

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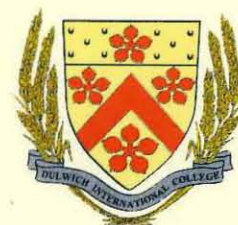
Mark Leoni, Doctor of Chiropractic (USA)

Holistic Health Systems Ltd.

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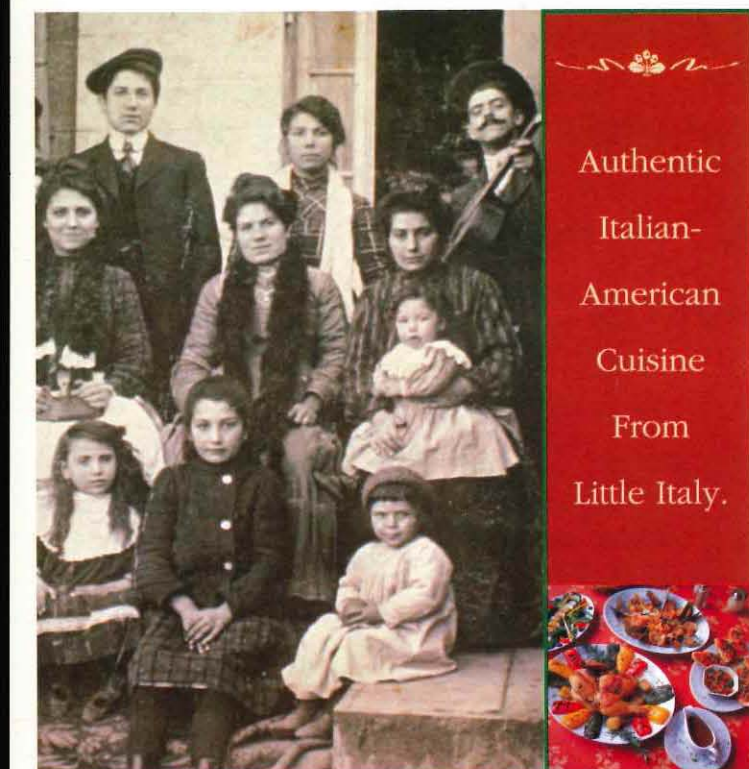
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MEMBERS' MEMORIES

Take a Walk on the Wild Side

The British Club Street Fair was an amazing day out for all the family! You name it, it was there - jumping castle, acrobats, Ferris wheel, Punch and Judy, merry-go-round.... and the grounds were filled with over 600 very happy people throughout the day. Well done to Barry and the crew who put this event together so perfectly!!!



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SQUASH

Not Quite Cricket

168TH LEAGUE

The 168th League finished on 31st January. The winners were:

- Division 1 - David Eastgate
- Division 2 - Shiraz Poonevala
- Division 3 - Charles Whiteley
- Division 4 - Chris Platt

THE 4TH TANGLIN INTERNATIONAL DOUBLES TOURNAMENT

The tournament took place from 17 to 19 January at the Tanglin Club in Singapore. This is the first of three tournaments to be held throughout the year, with the other two being held in Bangkok and Kuala Lumpur. The British Club was once again represented by David Eastgate and Steve Bell, who were competing in their fourth Doubles tournament together.

The standard of the Jumbo Doubles competition is improving dramatically each year, as the game's popularity grows (especially in Singapore and Malaysia). A total of 80 teams took part in the tournament, representing 24 clubs and 10 countries. The popularity of this tournament is demonstrated by the presence of teams from as far away as Canada, Australia, Japan and the UK.

The first round saw David and Steve come up against a team from the Kelab Shah Alam Selangor Club in Malaysia. The game was a closely fought affair with the British Club team coming out on top by two games to one (9-6, 5-9, 9-4). Waiting for the team in the Second Round were the number four seeds, Singapore Cricket Club 2. Whilst David and Steve competed well, they were beaten in straight games by the seeded pair who went on to contest the Semi-Final of the main competition.

The Final of the tournament was fought by the number one seeds, and last year's defending champions, Singapore Cricket Club 1 and number two seeds Hong Kong Football Club. The final was extremely hard fought especially in the first game, which SCC took 15-13. This game alone took 50 minutes. The second and third games produced some excellent squash from SCC which enabled them to complete a well deserved victory, and to retain their title.

Once again this was a thoroughly enjoyable weekend and I would wholeheartedly recommend the next doubles event in Kuala Lumpur to all squash members.

CHIANG MAI - 18 & 19 JANUARY

The idea of a Squash/Cricket tour to Chiang Mai was brilliantly initiated by the Squash section late last year, and the cricket section decided to tag along.

So off we all trekked on our first 3 day Joint Venture consisting of 20 people in total, although numbers did vary depending on the time of day.

Unfortunately we lost the squash match 8-3 but this defeat could all be put down to the following:

MATCH DETAILS: (in seeding order 1-11 Gymkhana players names first)

1. Gai	beat	Nick White	3-1 (9-2, 9-1, 3-9, 10-8)
2. Air	beat	Brian Palmer	3-0 (9-6, 10-8, 9-1)
3. John Francis	beat	Colin Hastings	3-2 (4-9, 9-2, 4-9, 9-5, 9-1)
4. John Nutkins	beat	George Dunford	3-1 (9-4, 9-4, 7-9, 9-6)
5. Thomas van Nes	lost to	Marvyn Lewis (Capt.)	2-3 (8-9, 5-9, 9-2, 9-4, 6-9)
6. Bob Molloy (Capt.)	beat	Barry Daniel	3-0 (9-2, 9-4, 9-2)
7. Hagen Dirksen	beat	Tony Austin	3-0 (9-7, 9-5, 9-5)
8. Willie Bourne	beat	Paul Taylor	3-1 (9-0, 8-9, 9-2, 9-8)
9. Bill Madden	lost to	Brian Brook	0-3 (6-9, 2-9, 2-9)
10. Tae	beat	Nigel Grocock	3-0 (9-4, 9-6, 9-1)
11. Doe	lost to	Jack Dunford	0-3 (0-9, 1-9, 0-9)

1. All our superstars (both of them) were in Singapore playing in a regional doubles competition.
2. Too many cricketers in our team.
3. Still mourning the departure of Tom Livingstone.
4. The night before.
5. Jet lag.

The quality of the squash was of a very high standard and some very entertaining and memorable games were played despite the inclusion of all those cricketers. The fact that Dr. Bob Molloy was playing at number 6 showed the strength and depth of the Gymkhana team. It was good to see the young Thais giving great performances against Prof Nick and Brian Palmer. Thanks to everyone including Tony Austin - still life left in the old boy - and Brian Brook who will be a useful addition to the squash section, and to absent members Nigel Grocock and David Hall. We were treated later to a wonderful BBQ and lots of free-flowing beer under the famous and magnificent 200 year old tree at the Gymkhana.... it's worth a visit for those of you who have not seen this tree. Enough of the environment!

I am very proud to report that there was a stunning victory on the cricket field, which I am quite sure you will hear about elsewhere for ever and a day from Jack (Boy) Dunford and his touring barmy army. Of course it was plainly obvious to all present that the reason why Jack was able to achieve this incredible result was that he flooded the team with squash players!!!

Well done to our lads and to Jack.

Report by Marvyn Lewis

FORTHCOMING EVENTS

Harold Mercer Cup

This is a team competition, with four teams of four players playing against each other over a period of 3 weeks. The competition will start on Wednesday 26 February and continue on successive Wednesday nights, until March 12.

The players in each team will play against their opposite number, ensuring competitive games for everybody. If you are interested in playing in this tournament then please contact either David Eastgate or Steve Bell to register for one of the teams. A registration form will also be available on the notice board next to the squash courts.

ANNUAL GENERAL MEETING

This year's AGM will take place on Sunday 16 March. The AGM will be preceded by a Handicap Competition, open to all players, and will be followed by a family barbeque. Full details of this event will be sent to you, by e-mail, in the next 2-3 weeks.

Steve Bell

SPORTS UPDATE

Beat the Heat!

Although all the sports activities have started already, Members can still join on a pro rata basis, subject to availability.

JUNIOR CRICKET

Every Sunday

Time: 9.00am - 11.00am
 Venue: Back Lawn - Cricket Nets
 Charge: B 3,000 for 10 lessons
 Trainer: Mr. Brian Wiggins, qualified Australian coach

JUNIOR TENNIS

Every Friday afternoon

10 week session
 Beginners age 5 - 8 4.00pm - 4.30pm B 3,000
 Intermediate age 9 - 11 4.30pm - 5.30pm B 4,000
 Advanced age 12 - 16 5.30pm - 6.30pm B 5,000
 Coach Zubin and Piyanart Engineer.

JUNIOR SQUASH

Every Friday

Mini squash age 5 - 7 4.30pm - 5.15pm
 Junior Squash age 8 - 10 5.15pm - 6.00pm
 Venue: Squash Court Number 3
 Charge: B 1,900 for 10 lessons

JUNIOR SWIMMING WITH THE BANGKOK DOLPHINS

Every Friday and Saturday

Charge: B 3,000,- for 10 lessons

TEAKWONDO

Time: 10.30am - 12.00nn
 Venue: Squash Court Number 3
 Charge: B 1,800 for 10 lessons

AQUA AEROBICS

Every Tuesday and Thursday

Time: 10.30am - 11.30am
 Venue: Main Pool
 Charge: B 2,500 for 10 lessons.
 Trainer: Els van den Broecke

Hellos & Farewells

Please join us in welcoming the following new Members and their families. We look forward to seeing them around the Club.

Dr. Nicholas Day

Mr. William Woollett

Mr. Peter Treacy

Mr. Peter Clark

Mr. Neil Evans

Mr. Lee Kornowski

Mr. Martin Walsh

Mr. John Cordova

Mr. Jan Evensen

Mr. Jean Michel Klich

Mrs. Linda Candlish

Mrs. Jenny-Lee Economou

Mrs. Andrea Gaches

Farewell and good luck to the following departing Members and their families:

Frederic & Sonia Resta

Daren Beasley

William & Ann Paton

Hameed & Silmiya Ahmed

Matthew & Jennifer Clark

Simon Hill

Richard & Butsaba Bradford-Knox

Duncan Mackew

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SOCCER

Two Reports, Same Game

FULL MATCH REPORT: COSMOS 1 - BRITISH CLUB 1

On paper, this match should have provided a comfortable victory for a team fancied by many pundits to be Champions this year, Cosmos, against last year's bottom team, British Club. While British Club has been rebuilding with the focus on reducing the average age of the team, they are an unknown quantity and the match against Cosmos provided a second opportunity to gauge progress following a creditable performance in their season opener against Bayer.

The conclusions from this game were that Cosmos are undoubtedly a very good, very fit team with enough talent scattered throughout the side to win the

Championship and that British Club is much improved, although it is too early to make predictions about their final league position. A small crowd at the Bangkok Bank Stadium enjoyed an entertaining game played at cracking pace throughout. British Club took the early honours in general play and almost took the lead following a sweeping move out of defence and a Beckham-like cross by Scott Dowell, but Chatree shot over the crossbar with only the goalie to beat. Shortly afterwards, BC fell behind to an audacious and brilliantly executed goal, engineered from nothing. A Cosmos defender collected a loose ball on the halfway line, advanced

about five metres, looked up and somehow noticed that BC goalie, Kris Hall, was standing about 15 metres from his goal line and hammered a long-distance lob over the frantically retreating keeper. At any level of the game, this was truly a goal of the highest quality, to be appreciated by all except perhaps a stunned BC team.

Undeterred, BC kept their heads and equalised just before half time. When a Cosmos defender handled the ball on the edge of the penalty area, another "Beckham" moment followed, when Gary Barber bent the free kick over and around the wall. The resultant celebrations were justifiably ecstatic.



HALF TIME: COSMOS 1 - BRITISH CLUB 1

The second half gradually settled into a pattern of Cosmos having most of the possession and doing most of the attacking with BC defending and trying to find Jim Vessey and Chatree on the break. Jamie Rowland-Jones seemed to cover every blade of grass on the pitch - one minute chasing the Cosmos wing backs into the defensive corners and the next advancing into the Cosmos penalty area. His central midfield partner, Peter Eyre, played more of an anchor role and Andy Taylor, on the left, gave another impressive and versatile display,

again switching to left back for the last twenty minutes. The BC backline had a strong and determined new central pairing of Max Phelps and Simon Lawther with Steve Simpson on the right, giving another solid, skillful display.

Kris Hall could have been forgiven for being phased by the goal that he conceded, but instead he imposed himself on his territory, cleanly caught every single cross and made two splendid saves in the second half when Cosmos did manage to penetrate the BC defensive line. Substitutes, James King and

Darren Wise, gave a welcome boost in the last twenty minutes as everyone in the BC side ran themselves to a standstill. The Scans came closest to breaking the deadlock near the end with a shot that hit a post, but BC refused to buckle and deservedly secured their first point of the season.

Many thanks go to **THE BARBICAN** for their undying support and sponsorship of all the British Club Soccer events.

Gary Barber

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MEMBERS' MEMORIES

Glad Rags Abound

Members of long-standing gathered together in January for cocktails and hors d'oeuvres, and what an elegant affair it was!



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MEMBERS' MEMORIES

G'day!

Australia Day proved to be a great success, with something for everyone. Good food, good wine, good music and good company.... what more do you want?



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CENTENARY SPECIAL

Let sleeping dogs lie...

Most people like dogs

and like to pet them; however, a dog may not see a human approach as friendly. Rabies is a danger in South East Asia and many stray dogs carry the rabies virus. Here the *BNH International Centre* suggests ways in which you can protect yourself from a dog bite and rabies.



Rabies

The adage that a dog is man's best friend is more often than not true. But even a best friend may bite the hand that feeds it. Most people feel a fondness for dogs, some will approach a dog to pet it. Unfortunately the dog may see your approach in a dog-like manner and interpret it as a threatening gesture. Threatened dogs have one instinct, protection by aggression.

Nearly 50% of Bangkok's dogs are not vaccinated against the fatal condition of rabies. The incidence of rabies in the Bangkok dog population averages 50 cases each month. In rural Thailand this is likely to be much more. Even if vaccinated against the virus a dog may still present a rabies risk to humans.

Ninety-five per cent of human rabies victims have not been vaccinated against the condition, and 50% of these cases are children under the age of 14 years.

Transmission

Rabies virus is transmitted in saliva through a bite or a lick to an open wound or mucous membranes. The virus multiplies rapidly at the site of inoculation where it then infects nerve endings and travels to the spinal cord and brain.

First aid

Clean the wound with copious amounts of clean water. Use a disinfectant like iodine or alcohol to clean the wound. Stop any bleeding by applying a sticking plaster or use a makeshift bandage from a clean handkerchief, tissue or similar material. If possible check the dog's vaccination status. Then attend a doctor's surgery or hospital emergency room as quickly as possible.

Prevention

Prevention relies on being aware of the dangers, avoiding licks to broken skin and mucous membranes, nips and bites, and in pre-exposure vaccination which can help reduce the risk of rabies. Pre-exposure courses are available at many hospitals, including BNH Hospital's International Travel Medicine Clinic, and consist of three vaccinations given over a period of a month, with a booster often recommended after five years. Post-exposure vaccination (Rabies Immune Globulin) is recommended after a dog bite and hospitals in Bangkok will refer victims to the Rabies Post-exposure Clinic at the Thai Red Cross Hospital on Rama IV Road where a stock of the vaccination is available. A pre-exposure vaccination course alone cannot prevent rabies, however, it can 'buy' a victim valuable time and thus reduce the risk of rabies as the post-exposure vaccination is not always readily available in other public or private hospitals in and outside of Bangkok.

Incubation, investigation and treatment

The incubation period is variable and can be as short as two weeks or as long as a number of years. But in most cases the incubation period is less than two months. There are no investigations for rabies until the symptoms show themselves. It is best to get treatment as soon as a bite or a lick occurs. The only sure treatment is by post exposure vaccination, preferably with immune globulin. This must be done as quickly after exposure as possible and at a centre that is used to providing this form of treatment.

Safety Tips

- ❗ Don't run past a dog, they love to chase things, this may be enough to provoke an attack.
- ❗ Don't approach a dog that is nursing a litter of pups, like all mothers dogs are protective of their young. Strangers who approach a nursing bitch will be seen as a threat.
- ❗ Don't approach a dog that is eating, it will be on 'full alert' ready to protect its meal.
- ❗ Don't startle a sleeping dog, it may become aggressive.
- ❗ Don't panic if a dog comes to sniff you.
- ❗ Don't make any sudden movements or loud sounds, if you have to move, then move slowly. Best of all remain still, once a dog has satisfied its curiosity and is satisfied that you are not a threat it will move on.
- ❗ Don't make eye contact, keep your eyes staring ahead, or looking upwards. To a dog prolonged eye contact is threatening behaviour.
- ❗ Don't turn your back and run, this is guaranteed to provoke the dog's hunting response and an attack is more likely. If you feel you must move then slowly back away until you are out of sight.
- ❗ If you or your child are knocked to the ground, roll up into a ball, cover your head, face and neck with your hands and arms and remain still and quiet. This is a submissive posture and informs the dog that you are no threat.



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2003 at a Glance



March

Saturday 1 - Music through the Century
Saturday 22 - BC Tennis Championships
Friday 28 - Food Promotion - Food of the Century

8 - St. David's Ball at JW Marriott Hotel
21 - St. Patrick's Ball at Conrad Hotel

April

Wednesday 23 - BC Centenary Book Launch
18-20 - Rugby Centennial Tournament

6 - Chakri Day (7 Holiday)
13-16 - Songkran



May

Thursday 15 - Exhibition of Photography
16-18 - Khao Yai Trip
1 - May Day (UK)
1 - National Labour Day (T)
2 - Early Holiday (Schools)
3-5 - May Squash Tournament
5 - Coronation Day (T)
10 - St. George's Ball
15 - Visakha Bucha Day

June

Saturday 7 - The British Jubilee Coronation Ball (Contact Sheena Gibson on 0 2254-1581 for more details)

July

1 - Mid-Year Day (Banks)



August

BC Sports Camp
12 - Mother's Day, H.M. The Queen's Birthday (T)

September

Saturday 13 - Family Sports Championships



October

BC Treasure Hunt
Saturday 11 - BC Pink & Black Rugby Ball
Wednesday 15 - Trafalgar Night
5-14 - Vegetarian Festival, Phuket
23 - Chulalongkorn Day

November

Sunday 2 - Guy Fawkes Night
Saturday 8 - Fashion Show
14-16 - Surin Elephant Round-up
Saturday 8 - Loy Kratong
Ploenchit Fair (tbc)
29 - St. Andrew's Ball (Dance Practices on 3, 10, 17, 24 & 26)

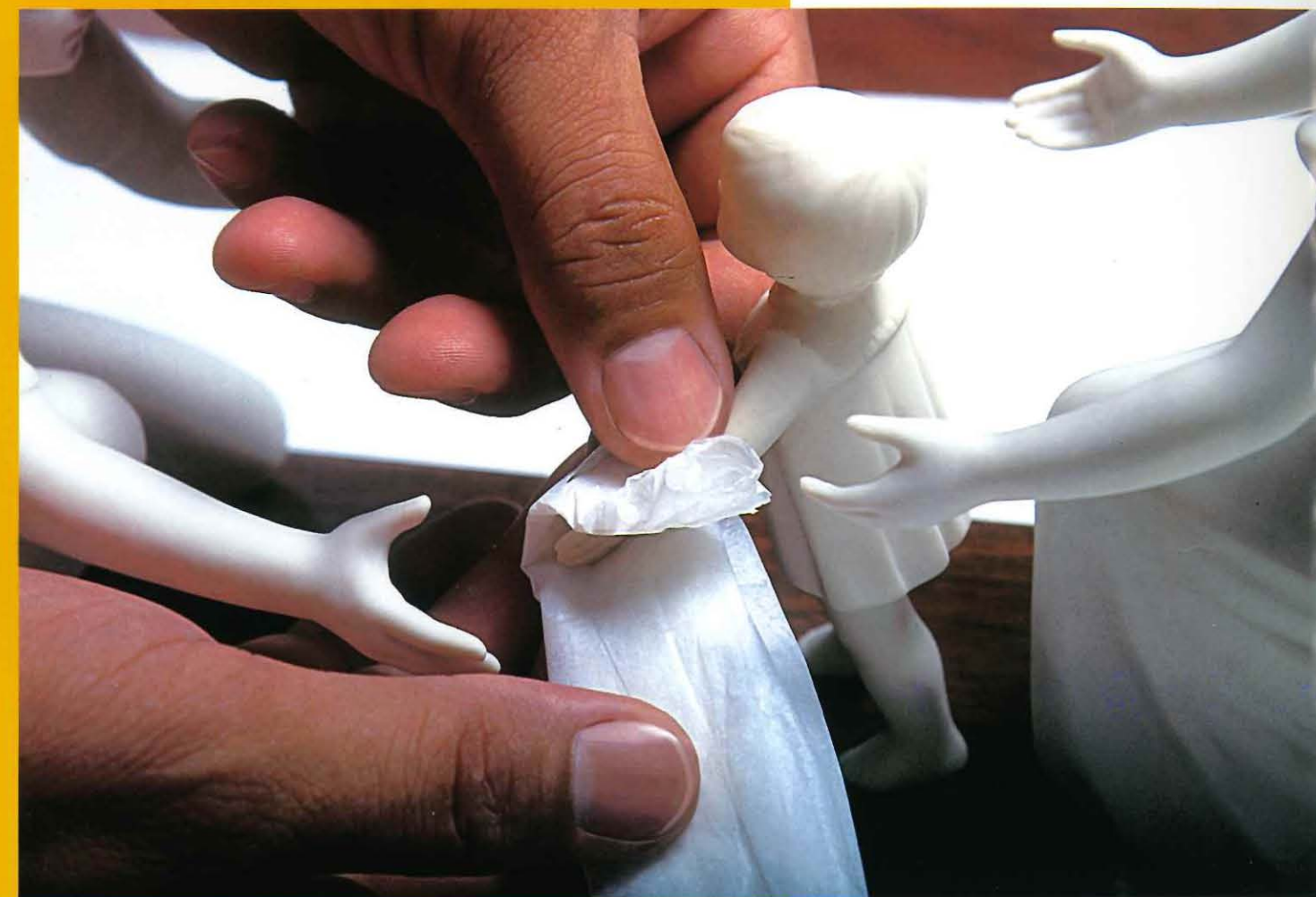
December

Saturday 13 - Centenary Gala Dinner
4 - Centenary Spoofing Championships
5 - Father's Day, H.M. The King's Birthday (T)
10 - Constitution Day (T)
25 - Christmas Day
31 - New Year's Eve



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