



OUTPOST

BRITISH CLUB BANGKOK

MARCH 2006

A Dream Day Out



Spring Issue

The British Club in Photos

Des Kennedy, Members Gathering, Adoptable Dog, Formula One

What a pain in the neck !



Almost everyone has neck pain at some time. The pain may vary from a sudden onset of sharp pain to a persistent dull ache. The causes are many and varied, from merely pulling a muscle from stretching too vigorously or by damage caused in an accident, to bad posture or sleeping patterns.

But one major cause of neck pain that is increasing in incidence is caused by a degeneration of the disc and the spaces in between them (degenerative disc disease - DDD). If undiagnosed and untreated pain and disability from this condition can have a great effect upon your quality of life.

The spine is a flexible and complex column of bones (the vertebra) with a soft spongy disc in between each vertebra (intervertebral discs).

These spongy discs are really joints that allow your spine to move in all directions, they also prevent the bony vertebra from rubbing against each other.

In some people these discs degenerate, they may swell, become displaced either towards the sides or more often forward, pressing on the spinal column.

Occasionally the discomfort caused by DDD may be minor and vague aches that may be localized to the neck or move down to the shoulders and arms.

Bending or stretching may temporarily increase the discomfort, but because the

discomfort is of a temporary transient nature it may be ignored.

Nerves may be pinched or trapped by the degenerative process and cause weakness and numbness in the arms and numbness in the fingers too.

It is unwise to ignore these symptoms as they can lead to poor posture - causing more pain - muscle weakness and wasting that can be very difficult to treat. Indeed if left for a long period permanent disability may result.

Sometimes a pain in the neck may be just that and only needs a small adjustment to your routine to fix.

But neck pain can also be a symptom of something more severe.

Now a new treatment is available so you need not suffer that pain in the neck forever.

People who suffer from neck pain nowadays are luckier than their predecessors as diagnosis is more

accurate and there are a range of treatment options available.

Depending on the symptoms and cause just changing the bed pillows or mattress, or changing sleeping positions may provide relief.

Medication, of course, will help reduce or eliminate pain as will a course of physiotherapy. Consulting a physical medicine specialist for advice on good posture may also prove beneficial in reducing discomfort.

But if neck pain persists to a long lasting state then a consultation with a specialist doctor is the only sensible action.

The doctor will examine your neck and upper body, take x-rays, or other scans that will help to diagnose the condition, its cause and suggest suitable treatment options.

If the degenerative process is advanced and the pain is severe the only option may be corrective surgery. These days surgery is no longer a major procedure as it is possible to replace worn out discs with artificial ones by a technique called Minimal Access Spine Surgery (MASS).

As its name implies the surgical incision is very small, and the discomfort is minimal too. The surgery takes less than two hours, but it is wise to stay in hospital for a day or two, after which it is possible to get on with a normal life, exercising, walking and moving without discomfort.

Even though the neck pain will have disappeared and movement is again free and easy, the new disc will need to be 'bedded in' for at least three months, so vigorous sports must be avoided for that amount of time.

It really isn't worth suffering pain and disability when a simple and quick remedy for your neck pain is available to you.

The BNH Hospital has a brand new spinal centre that is dedicated to treating all kinds of spinal problems including neck pain.

So now there is no need to suffer a pain in the neck when a quick consultation and simple treatment will cure the problem.

The comprehensive SPINE CENTRE in Thailand

For more information, you can contact the BNH Spine Centre at BNH Hospital

Tel: 02-686-2700, fax: 02-632-0579

E-mail: info@BNHhospital.co.th or visit www.BNHhospital.com



a great tradition
for the future

HARROW
INTERNATIONAL SCHOOL

For more information about your child's future
please contact us

Tel: +66 (0) 2503 7222

Tel: +66 (0) 2503 8286

Email: registrar@harrowschool.ac.th

Web: www.harrowschool.ac.th



YOUR NEW LOOK

At last, a hotel where you can really let your hair down,
with Bangkok's best river views from every room.
Discover the cool new face of a legendary brand.



TAKE ME TO THE HILTON

123 Charoennakorn Road, Klongsan, Bangkok 10600, Thailand
Tel: +66 (0) 2 442 2000 Fax: +66 (0) 2 442 2020
Email: bangkok@hilton.com
Visit us at www.bangkok.hilton.com

CONTENTS



Photographer Ben Owen-Browne captures the spirit of the British Club in a series of photos taken for the Club's website. They are previewed in a montage specially created for Outpost (see pp17-19).

Spring has sprung!

In this mad March issue, there's the usual eclectic assortment, including two canine capers making their debut on page 11 and a remarkable photo feature of the British Club, on pp 17-19, by photographer Ben (ph. 06.688.3227, benowenbrowne@gmail.com).

For northern hemisphere people, March 20th is the official beginning of spring. It's the vernal, or spring, equinox, when the noonday sun is directly over the equator and will continue to rise higher in northern skies until the mid-summer solstice on June 21, when it will lie directly over the Tropic of Cancer. Actually, for reasons that I need not go into here, it's quite fortunate that the earth is tilted 23 degrees!

March is the time for mad March hares. The weather is warming up, the snow has gone and it's the onset of the hare's six-month breeding season. The hares' reputation comes from their erratic "chasing and sparring" behaviour, as the unreceptive females use their forelegs to repel overenthusiastic males. Bit like humans really . . .

And then there's the March flies - the less said about those the better. And don't think there aren't any in Thailand. I happen to know there's some vicious ones on the top of Khao Yai . . . but that's another story.

Apart from dodging March flies, one should also "Beware the Ides of March". Here at the Club, I think we got through them OK, but Barry may disagree. Because of Shakespeare's play Julius Caesar and that famous warning, the Ides of March now carries a connotation of doom. But in Roman times the Ides of March was simply the normal way of saying March 15th. In fact the Ides were 12 separate days in the Roman calendar, falling on the 15th of March, May, July and October and on the 13th of the other months. They were supposed to be auspicious but are only famous now because Julius Caesar was assassinated on the Ides of March, 44 BC. According to the Roman writer Plutarch, Caesar had been warned of the danger but had disregarded the warning:

What is still more extraordinary, many report that a certain soothsayer forewarned him of a great danger which threatened him on the Ides of March, and that when the day was come, as he was going to the senate-house, he called to the soothsayer, and said, laughing, "The Ides of March are come"; to which the soothsayer answered, softly, "Yes; but they are not gone."

This March will also be memorable for the total unavailability of tonic water anywhere in the country, a state of affairs which this particular editor is finding very trying indeed. How exactly is one supposed to make a gin & tonic? Ah, but of course, this dire situation was anticipated by the shrewd and the wise - G&Ts may still be had in abundance at the British Club. Jolly good show!

Billy Beefeater

Chairman's Letter

5

Barry's Banter

7

What's Going On

Your guide to Special Club Events

8

Regular Weekly Events/Opening Hours

12

Monthly Calendar

20-21

Club Features

Photo Montage

17-19

Food By John

22-23

Club Events & Notices

Notice of Annual General Meeting

9

Formula 1 motor racing season

9

Tribute to Des Kennedy

10

Adoptable Dog of the month

11

Doggie Destiny

11

Irish Theatre of Testimony

11

Looking Back

A Dream Day Out

13

Bar Quiz

15

Burns Supper

24

Members New Year's Gathering

26-27

Sports

Hanni's Hotspot

28

Tom the Tennis Knocker

29

Chess

29

Sports, Games & Activities: times & prices

30

Golf

31

Squash (The Dunford Wedding)

32-33

Tennis

34-35

Little League Soccer

36

Crossword

37

In Touch

Reciprocal Clubs (St James's Club)

38

Hellos & Goodbyes

39

"Flippin Pancakes!" Outpost cover

39

Club Contacts

40



A Dream Day Out: At the end of February the Club took the kids from the 'Suthisan School for the Deaf' on a day trip to 'Dreamworld'. Huge thanks to the sponsors and all those who helped make their Dream Day possible.

OUTPOST MAGAZINE

The contents of this magazine are not necessarily the opinion of the Editor, the General Committee or the Club's management. Criticisms and suggestions are welcomed by the Club's publications committee or by Veritas Enterprises.

OUTPOST is produced on behalf of the British Club by Veritas Enterprises. For advertising inquiries contact Jim Fowler (01-844-7015 or Jim@VeritasEnterprises.com); and for editorial matters contact the Editor at OutpostEditor@VeritasGraphics.com

The British Club is a family, social and sporting club set in relaxing grounds, conveniently located between Silom and Surawongse Roads, with an ever-growing international membership.

The British Club

189 Surawongse Road, Bangkok, Thailand 10500

Tel: 02 234 0247

Fax: 02 235 1560

Entrance via Silom Soi 18



Always caring for those special emotional needs.

Thailand's Only JCI Accredited Hospital

33 Sukhumvit 3, Bangkok 10110, Thailand.
Tel: +662 667 1000 Fax: +662 667 2525
E-mail: info@bumrungrad.com
www.bumrungrad.com

 **Bumrungrad**
International
A World of Care

Letter from **the Chair**



Dear Members,

The year seems to have flown by, but we now find ourselves at the end of the General Committee Year and the 2006 Annual General Meeting is almost upon us. It's been a great experience chairing the General Committee this year and I have very much

enjoyed working alongside my GC colleagues and of course the BC management team. We set ourselves several objectives at the beginning of the year, and I am pleased to say that we have achieved a good deal of them. However, there have also, inevitably, been areas of the Club that have not received as much attention as we'd have liked, and hopefully these will be addressed by the incoming 2006/2007 General Committee.

Club Development

Our Development Discussion Forum will have already taken place by the time you read this, and I am sure that there was much lively debate! Further to the Forum, the plans will be displayed in the Snooker room together with copies of the presentation so that members can continue to review them. If you did not get a chance to attend the Discussion Forum, please do take the time to view the plans and send any comments or questions to Sally Crossley-Smith at jscrox@ksc.th.com. At the same time we will be re-visiting the plans based on your feedback and any specific timetable for moving forward will, of course, be dependent on how you, the Membership, view the initial proposals.

Annual General Meeting

A reminder that the 2006 Annual General Meeting will be held on Tuesday, March 28th at 7:00 pm. More details about this can be found on page 9. The official calling notice was sent to all Ordinary and Country members at the beginning of March, so if you do not receive this over the next week or so, please do let Barry, our G.M., know.

British Club Website

The Website is undergoing further development and we are still looking at ways to improve it. One of the most important aspects is good photography, and this job was undertaken during February. Some of you may have seen our roving photographer Ben Owen-Browne wandering around the Club during the month

and many thanks to all of you who agreed to pose for the camera. To give you a bit of a preview, some of Ben's work can be viewed on pages 17-19. These shots will also be used in other Club promotional material.

Staff Changes

We were very disappointed to lose both our Deputy General Managers last month. Khun Kantamas, Deputy G.M. Finance, left the Club in early February, and John Hogg, Deputy G.M. F&B, left at the end of February. Since his arrival last April, John has made a real difference in the quality and presentation of food at the Club, and I know that many members will regret his decision to leave for pastures new (in this case a hotel on Koh Lanta!). We wish both Khun Kantamas and John much success in their new positions.

We are pleased to report, however, that the DGM Finance position has already been filled, and we are delighted to welcome back Khun Premrudee Tanyaluck (Prem) who will be joining us at the beginning of May. Khun Prem was Financial Controller at the Club from September 2000 to August 2004 and was a very popular member of staff. She has been working at Challenge Hospitality Co. since she left and says she is now looking forward to being back with the British Club 'family'. Although Khun Prem's current employment contract prevents her from starting full time until May, she will be in the Club from time to time over the next two months and I am sure you will join me in welcoming her back as a member of the British Club staff.

Thanks

That only leaves me to say a big thank you to all those members who have given us such encouragement and support over the Committee year as well as to those who have contributed their time and efforts for the benefit of the Club. I would also like to particularly thank Barry and all his staff, my General Committee colleagues, and also all the members who have worked on our various sub-committees, or volunteered their services in many other ways.

I look forward to seeing you around the Club soon,

Yours sincerely,

Angela Daniel

Chairman

BCB General Committee 2005/2006

BANGKOK INTERNATIONAL PREP SCHOOL



★ We invite you to visit our
school on Sukhumvit road
Next to Thong Lo BTS skytrain



British Preparatory and Secondary Education
on one campus



ISAT

International Schools Association of Thailand

Now Open for registration 3-12+ years old (Pre Prep - Year 8)

23 Sukhumvit 53 Wattana, Bangkok 10110 www.bkkprep.ac.th Tel. 02-260-7890 Fax. 02-662-5444

Spring Madness

Dear Members,

Spring has sprung and things are a little crazy around here! March sees us celebrating St David's Day on the 1st and also St Patrick's Day, one day early, on Thursday 16th March with a 'green' Irish promotion in the Churchill Bar and music by 'No Fixed Abode'.

Last Month Khun Molly, our DGM Finance, left us but I am pleased to announce that Khun Premrudee, better known as Prem, has returned to us here at the Club as the new DGM Finance. John Hogg, our DGM F&B, has also resigned and has gone off to work in a new resort in Koh Lanta. I would like to thank them both for all their work over the past year and wish them all the best for the future.

The latest sports news is that kids' soccer coaching has just taken a quantum leap at the Club. In a joint venture with the British Chamber of Commerce Thailand, we now have a new Soccer Academy in Bangkok available to provide expert coaching to children of all ages. See Hanni's Hotspot (page 29) for more details. The Academy is run by Paul Masefield of ESPN fame and its programme is suitable for children of all ages - a perfect complement to the Socratots Programme that we are running for the toddlers.

We have a host of activities taking place over the next few weeks. Don't forget our regular activities, like the Bar Quiz, the Wine Tasting and our Video Nights. This month we are off on our annual pilgrimage to see Disney on Ice at the Impact Arena Muang Thongthani. We're going to the English performance at 10.30am, which is a nice change as the English show is normally late in the evening. We still have a few tickets available, so if you are interested please contact Khun Benjawan.

This month is the Club's AGM held this year on Tuesday 28th March at 7pm in the Suriwongse Room. The AGM is open to all Ordinary and Country members.

On the maintenance front we have purchased

new playground equipment and a new slide for the children's pool. We are also installing new fencing around the tennis courts and raising the height of the fencing between the courts.



Watch out for our Easter Egg Extravaganza on the back lawn in April and our optional Easter Sunday Buffet in the Lord's. Khun Boonchao, our baker, will also be busy over Easter making his excellent Hot Cross Buns.

You may have noticed that the back lawn took a pounding over Christmas/New Year and never quite recovered, so we are planning to re-grass the whole area and add a sprinkler system to help keep it lush. We'll also be trimming away at the trees around the Club.

We still have furniture from the Salas for sale. At the moment there are eight sets of the granite furniture and just two sets of the wooden furniture remaining at just 6,000 baht per set. If interested, please contact myself at the Club or Khun Somboon. We can also arrange delivery at extra cost. The new furniture in the Salas has proven to be popular with members, but we have been advised that these will need treating with teak oil, so we will be doing this shortly.

This March also sees a new Maintenance Manager here at the Club. His name is Khun Pok. We welcome him to the Club and wish him luck in his new position where he is going to be kept very busy.

Well . . . that's about it for another month.

I look forward to seeing you around the Club very soon.

Regards,

Barry Osborne
General Manager

WHAT'S GOING ON

Special Events at the Club this month

** SAINT DAVID'S DAY

Wednesday, 1st March, Churchill Bar

To celebrate St. David's Day the Churchill Bar is putting on a special St. David's Day spread of delicious Welsh food. The buffet will replace our normal Wednesday Carvery and will be available for lunch and dinner. The Buffet costs 270 baht per head and consists of Leek and Potato soup, Roast leg of Lamb, Lamb Shank and Vegetable Stew, Braised Leeks in Cheese sauce, all rounded off with Welsh griddle Cakes and Rhubarb Crumble with Custard. There's no need to book - simply show up and join in the fun.

** SALSA CLASSES STARTING

Sunday, 5th March, 7:30-8:30pm, Suriwongse Room

Care of "Le Studio, Art of Dance" this is the first in our brand new collection of dance classes to be held at the British Club. The salsa classes will be at beginner level, from 7.30-8.30pm in the Suriwongse Room. The course consists of hourly sessions, running over a course of ten weeks altogether. The price for the full course is 3,500 baht. You can come as a partner, or by yourself. So get shaking and shimmying!

** JAZZ DANCE CLASSES STARTING

Tuesday, 7th March, 7:30-8:30pm, Suriwongse Room

And, if your thing is 'Le Danse Moderne' . . . why not try Jazz? Once again, courtesy of "Le Studio, Art of Dance" this is another first. As above, they're beginner level classes, with 10 one-hour classes every Tuesday for 3,500 baht.

** MORSE VIDEO NIGHT

Thursday, 9th March, 7pm, Wordsworth Lounge

Join us for our third Morse Video Night on the big screen in the Wordsworth Lounge. This month's episode is "The Service of the Dead" which is the third episode from the very first season of this Classic British TV series. Once again there is no cost but we ask members to book in advance as this helps us with the seating arrangements.

** NEW MEMBERS NIGHT

Tuesday, 14th March, 7pm, Churchill Bar

Join us in The Churchill Bar at 7pm for our latest new members night. The Club's kitchens will create some delicious complimentary Canapes and we will also have a barrel of free Draught Tiger Beer. This is a great chance to welcome our newest members to the Club and also catch up with old friends. Representatives from the Loyal Societies and the Club's sports sections will also be present so if you need more information on what's happening around the Club then tonight is an ideal night for you. No need to book - simply show up and join in the fun.

** SAINT PATRICK'S DAY

Thursday, 16th March, 5pm, Churchill Bar

We will be celebrating St Patrick's Day one day early here at the Club - on March 16th from 5pm onwards. On offer will be GREEN foods buffet (270 baht per head) featuring Broccoli & Stilton soup, Roast Leg of Lamb, Spinach & Cheese Quiche, Dolmades, Shepherd's & Spinach pie, with Baileys Cheese-cake, Guinness cake and Green Fruit Salad all for dessert. We will have a promotion on Kilkeny, Guinness, Jameson's

Whiskey and Irish coffees all night long. Traditional Entertainment will be provided by our resident Irish Band 'No Fixed Abode'. No need to book simply come along and join in the Crack. (The what? Ed)

** QUIZ NIGHT

Tuesday, 21st March, 7:30pm, Churchill Bar

Join Host Rodney Bain for our third Bar Quiz for the year. Last month a record eight teams took part. The Quiz is divided into four rounds of 19 questions each, ending in the 'common denominator'. There are also three Crown Relocations spot rounds where you have the chance to win a bottle of house wine. Teams are of 4 to 6 persons with an entry fee of just 100 baht per person. The quiz kicks off at 7.30pm. To book simply send a fax or email to the Club or sign up at the Clubhouse Reception.

** COMEDY CLASSIC VIDEO NIGHT

Thursday, 23rd March, 7pm, Suriwongse Room

This month's Video Classic is the ever popular "Allo Allo". We will be showing the episodes "Flight of Fancy", "Pretty Maids all in a row" and "The Great un-Escape" all from Series 3 of this truly British Comedy Classic. Join Rene Artois, Colonel Von Stromh, Edith, Private Helga Geerhart, Michelle from the resistance and the rest of the cast in a trip down memory lane. As usual there's no cost for the event but we ask members to please book in advance as this helps us with seating arrangements.

** WINE TASTING

Friday, 24rd March, 6-9pm, Suriwongse Room

This month we have four wine companies coming along to let us sample their wines. The wines come from Australia, New Zealand, France, Chile and various other countries. The Club's kitchens will create a range of complimentary Canapes to complement the wines. Members will be able to purchase the wines at specially discounted prices. After the wine tasting why not pop over to the Churchill Bar for a delicious Mediterranean Buffet?

** THE MAGICAL WORLD OF DISNEY ON ICE

Saturday, 25th March, Leave BC at 9am

This is a wonderful trip for all the family. The performance is in English and includes various famous Disney characters such as Minnie and Mickey Mouse, Pinocchio, the Lion King and many more. All transportation from and to the Club is included in the ticket price of 1,250 baht per person and we will leave for Muang Thongthani from the British Club at 9.00am to arrive for the 10.30am performance. To sign up for this event, please contact reception, or Khun Benjawan.

** THE BCB ANNUAL GENERAL MEETING

Tuesday, 28th March, 7pm, Suriwongse Room

Yes it's that time of year again. Another committee year has closed and the AGM has been set for Tuesday 28th March starting at 7pm in the Suriwongse Room.

The official calling notice has been sent out to all Ordinary and Country members who can now vote and elect their new General Committee for the 2006/2007 term. If any eligible members wish to nominate themselves for the GC then please contact Khun Benjawan or Barry at the Club's office.



Meanwhile, at the beginning of April ...

"AND WHO IS THE WATCHER?" . . . TOM BAKER, is The Doctor in the 1981 classic Doctor Who story 'LOGOPOLIS' to be shown for fans of all ages this CHAKRI DAY (April 6th) in the Suriwongse Room at 2pm. Following on from the Doctor Who marathon on February 13th when 11 members watched six hours of Doctor Who non-stop (they really did!), this day we are showing just the one 99 minute story as a precursor to the start of the 2006 New Series. The Story is set on the Barnet By-pass in North London when The Doctor and Adric are looking ... for a Police Box! Come and enjoy this fun and action-packed end to Doctor Who's 18th Season and get yourself in the mood for the start of the 29th!



Adric, Nyssa and The Doctor in 'Logopolis'



THE BRITISH CLUB

189 Surawongse Road
Bangkok 10500
Thailand

March 8, 2006

Attention: all Ordinary & Country Members

Dear Members,

Re: Annual General Meeting of the British Club – Tuesday, March 28th, 2006

Please note that, according to Rule 27 of our Constitution & Rules regarding proxy voting, no Ordinary or Country member may carry more than one discretionary proxy at any one time.

This is contrary to the information given on Page 9 of this month's Outpost where there is an error in the amount of proxy votes which can be held.

If you require any further clarification, please do not hesitate to contact either myself, or Barry Osborne, our General Manager.

Yours sincerely,

Angela Daniel
Chairman
BCB General Committee 2005/2006

"THE RACE IN THE DESERT!"

The Day is Sunday ...
The Date is March 12th ...
The Time is 6.30pm ...
The Occasion ...



2005 winner
Fernando
Alonso



English hopeful
Jensen Button

THE 2006 FORMULA 1 SEASON FIRES INTO ACTION!

Yes, it's that time of year already - Christmas has just gone and now the F1 Season is upon us, and what an amazing season it will be -

11 teams - 28 Drivers - 18 Races

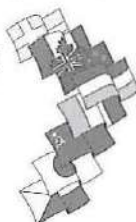
This season sees us with one additional team (Super Aguri) and four rebranded teams (BMW Sauber, Honda F1, MF1, and Toro Rosso) plus the old favourites of Ferrari, McLaren, Red Bull, Renault, Toyota and Williams. Most of the famous, and infamous, drivers are back - the two Schumacher's, David Coulthard, Jensen Button, Rubens Barrichello, Jacques Villeneuve and, of course, 2005 F1 Champion Fernando Alonso. They are joined by lots of newcomers including 23 year-old Scott Speed, the first American in GP for 13 years and Nico Rosberg, the 20-year-old son of 1982 World Champion Keke Rosberg.

Not to miss out, the 2006 Formula 1 season will be shown LIVE each participating Sunday between March and October in The Churchill Bar*. Viewing times are listed below. The new Qualifying race will take place on the Saturday preceding the race, and those rounds will also be shown LIVE in The Churchill Bar as well.

So whether you support Michael Schumacher, Kimi Raikkonen, Juan Pablo Montoya or hope that 2006 will see Jensen Button win his first race - support FORMULA ONE in THE CHURCHILL BAR (almost) EVERY SUNDAY!



race in the desert
Bahrain-formula1.com



Dates - 2006

1	March 12 th	Bahrain Grand Prix	LIVE AT	6.30pm
2	March 19 th	Malaysian Grand Prix	LIVE AT	1pm
3	April 2 nd	Australian Grand Prix	LIVE AT	10am
4	April 23 rd	San Marino Grand Prix	LIVE AT	7pm
5	May 7 th	European Grand Prix	LIVE AT	7pm
6	May 14 th	Spanish Grand Prix	LIVE AT	7pm
7	May 28 th	Monaco Grand Prix	LIVE AT	7pm
8	June 11 th	British Grand Prix	LIVE AT	7pm
9	June 26 th (Mon)	Canadian Grand Prix *	Recorded at	6pm
10	July 3 rd (Mon)	American Grand Prix *	Recorded at	6pm
11	July 16 th	French Grand Prix	LIVE AT	7pm
12	July 30 th	German Grand Prix	LIVE AT	7pm
13	August 6 th	Hungarian Grand Prix	LIVE AT	6pm
14	August 27 th	Turkish Grand Prix	LIVE AT	7pm
15	Sep 9 th	Italian Grand Prix	LIVE AT	7pm
16	Oct 1 st	Chinese Grand Prix	LIVE AT	1pm
17	Oct 8 th	Japanese Grand Prix	LIVE AT	Noon
18	Oct 23 rd (Mon)	Brazilian Grand Prix *	Recorded at	Noon

* For the three races in the Americas Time Zones, the race will be recorded and shown the following Monday - so don't read or listen to the result!!

Annual General Meeting

Tuesday, 28th March 2006, 7:00 pm

PLEASE RESERVE THIS IMPORTANT DATE IN YOUR DIARIES

The Annual General Meeting will be held in the Suriwongse Room on Tuesday, March 28th at 7:00 pm. All Ordinary or Country members are invited to attend in order to consider and approve the affairs of the Club and matters connected to its management; the Club Accounts; the Appointment of Auditors; and to elect a new General Committee.

If you are eligible to vote, but cannot attend the meeting, you may give your proxy vote to another Ordinary or Country member. Proxy forms have already been sent along with the official notice. A maximum of two proxy votes may be held by each member. If you are not sure whether you are eligible to attend, please contact the General Manager or Membership Department for clarification.

Please also note that members may nominate their spouse to attend the meeting and vote on their behalf, provided that they are paying subscriptions at the rate applicable to married members, and that the spouse is eligible for Ordinary or Country membership in their own right. If you wish to nominate your spouse, an application form must be sent to the Club at least 24 hours in advance of the meeting. These forms will also be distributed to members along with the Official Notice.

Request for General Committee Member Nominations

Please consider volunteering some of your time to serve on the British Club General Committee. The role of a BCB General Committee member includes (in brief)

- Attendance at monthly GC meetings (normally 6pm, 1st Monday of every month)
- Involvement with at least one Sub-Committee, such as Maintenance, Development, Sports, Communications, Rules & Procedures, F&B, IT, etc, and relevant Sub-Committee meetings as and when necessary.
- Consideration of, and voting on, issues relating to the management of the property and affairs of the Club.

If you do decide to stand for the GC, please ask the General Manager for an application form. You will need a Proposer and Second, who are either Ordinary or Country members, to sign the form.

For more information regarding the responsibilities and time commitment, please contact either our General Manager, Barry Osborne; the Chairman, Angela Daniel; or any current General Committee member.

Tribute



Des Kennedy 1928 - 2006

I got to know Des in the early days of my arrival in Thailand in 1970, when he was already a long established resident and a successful businessman. By the time we got married, both Penny and I knew Des and Shirley and the "Kennedy girls" very well. As a first tribute, I would say that we always regarded the Kennedy family as a role model for our relationships with our own children and in particular for the way in which they continued to be such a close-knit group as they grew older and the children went out into the world.

Des was the easiest person to be around, conversation flowed and the stories and jokes came easily. Most impressive was his huge range of friends and acquaintances all over the world from both his business and social life. He was not a "name dropper" but, whatever the subject, Des seemed to have a friend or contact who could be relied upon to help solve a problem, or to join forces for a social occasion, or just a bit of fun.

His love of sport was well known and, having been a notable rugby player himself, both in Malaya and here in Thailand, he never lost his enthusiasm for the game.

Later, when there was more time available, we spent days sailing on my boat to Koh Samet or Koh Chang when time was absolutely not of the essence and days were spent chatting as we waited for some wind, or revelling in the pleasure of a sail with a good breeze. When we stopped and went ashore for a beer, we would soon be the centre of a convivial group, as Des had a way of including everyone in his enjoyment of an occasion. He also very quietly and discretely helped people with troubles or problems and was most generous in his support of those in need of charitable assistance. He used, for example, to talk with great affection of the visits that he and Shirley made to an orphanage in Nong Khai which they helped to support financially.

Des loved Thailand and was hugely proud of achieving Thai citizenship and his identity as "Khun Dej". When we sometimes travelled together in Thailand, he delighted in producing his Thai ID card when visiting a National Park and enjoyed the friendly reactions of the Rangers to this smiling grey haired "Thai Farang".

I am sure that the many people whose lives Des touched would want to join me in sending heartfelt condolences to Shirley, her daughters and their families and her grandchildren.

Trevor Whalley

Irish Theatre of Testimony

Despite some clashes with other events, about 35 people attended a memorable performance of "Voices in the Wind" in the Suriwongse Room on Friday 17th February. The theatre was preceded by cocktails on the front lawn, followed by a delicious buffet dinner.

If you'd read your January Outpost, you'd have realized this was to be no Gilbert & Sullivan. The monologues of three contemporary Irish women dealt with the darker side of life - things that were sometimes uncomfortable to hear and also desperately sad.

On one level, the plays threw a harsh revealing light on Irish society, its skeletons in the cupboard, its taboos, religious hypocrisy and double standards. But the universality of these very human experiences also shone through, admirably delivered by Rynagh O'Grady complete with wonderful Irish accent and modulation!

Despite the dark themes - addiction, abuse, isolation - these women's stories contained pungent insights into their lives and the human condition, with the occasional burst of ribald humour. The pieces were full of vivid and sometimes complex imagery, which demanded a fair degree of concentration from the audience. Fortunately, between the somewhat heavy-

After the Show:
Rynagh O'Grady,
Barry, Hemmi,
& Eamon Murray



duty sessions came the soothing and sensitive vocals of Eamon Murray with his saxophone and soulful harmonica.

The warm applause from the British Club audience said it all - whether or not it was one's personal "cup of tea", this was gritty theatre, well done.

The Baglady carries around the baggage of her broken life. She remembers disembodied pieces from her past. She blurts out fragments and shards of anger, as we struggle to understand what has happened to her. Yes, she was once a young teenage girl in a family. Her father gave her a beautiful necklace because she was a good girl who could keep a big secret. But if she breathed a word, the necklace would shrivel, blacken, and choke her . . .

As the **Year of the Dog** has just started, we thought we'd do something canine here at Outpost. We'll feature an Adoptable Dog each month, courtesy of Soi Dog Rescue and, for dog-owners and dogs who can read, the secrets of the canine universe will be revealed in our "Doggie Destiny" column - starting this month with ARIES.

This month's Adoptable Dog . . . Oreo



About "Oreo"

Gender: Female

Age: 4 months

Nature: Sweet as a biscuit!

Dumped at 2 months of age in a temple, Oreo was hungry and unable to fend for herself, and the larger pups were attacking her. Today she lives a happy, well-fed life at Soi Dog Rescue with puppy playmates . . . but she needs a loving forever home and a family to call her own. Is that You?

Contact: **Soi Dog Rescue**

www.soidogrescue.org

Sherry: 02 336 0849 / 05 215 6962

Billie: 01 924 5930

Soi Dogs
a breed apart
www.soidogrescue.org

ARIES (March 21 - April 20)

Keywords: Energetic, bold & adventurous (+)
Impulsive, aggressive & stropky (-)



If you want a quiet life, DON'T get an Aries dog. Their motto is "Me first!" Even if they're stumpy-legged dachshunds, they still want to be leader of the pack. Most Aries dogs can't bear to be tied down and absolutely MUST be taken for walkies NOW! Better still, just let them off the leash, otherwise they may take YOU for a walk! They've got to frantically explore every nook and cranny in their environment and make their mark on it (if you know what I mean). Aries dogs are completely intolerant of other dogs, get into inevitable scraps, and will try to dominate every pet and person in the household.

Survival Tip: Give them lots of exercise or they will punish you!

Outlook for 2006: A rollercoaster year of ups and downs - but Aries dogs are used to that! The good times will be great and the bad times will rarely be so bad as to take the wag out of their tail.

April: Transiting Pluto - Not the floppy-eared Pluto, but the planet of life cycles and regeneration! This only means one thing - more LIBIDO! Your Aries dog will be either in heat or hot for the chase. Incredibly difficult to control at the best of times, your Arian pooch will be almost impossible to reign in during April. And watch out for that macho Aries soi-dog. You know, the one with all the scars. Lock up your daughters! **June:** Bad Mars aspect - keep your dog away from policemen and other authority figures. Don't say you weren't warned!

October-December: With a lucky trine from Jupiter, this should be a bounteous and fortunate time for the Aries pooch. Juicy lamb-bones will rain from the sky and all the neighbourhood dogs will pay homage with doggie-bags full of tasty scraps from the British Club kitchen.

REGULAR WEEKLY EVENTS

MONDAYS Wordsworth Lounge

9:00am-12:00noon

BWG Mahjong

TUESDAYS Churchill Bar

5:30-9:00pm

7:00pm-late

Friendly Bridge

Spoofing

WEDNESDAYS Churchill Bar

Lunch & Dinner

(Noon-2:00pm & 5:30-9:00pm)

CARVERY BUFFET Bt 230. Choose from 3 roast joints, 3 potato styles, 3 veggies. Also with fresh salad (Bt 270).

7:00pm and 8:00pm

PERNOD RICARD ACCUMULATOR

Any member could win from Bt 5,000 to Bt 25,000 - prize increases each week.

7:30pm

CHIVAS REGAL BOTTLE DRAW - somebody present in the Bar will win a bottle of whisky, tequila, vodka or gin.

THURSDAYS Churchill Bar

6:00-9:00pm

Chess

FRIDAYS Churchill Bar

Lunch & Dinner

(Noon-2:00pm & 5:30-9:00pm)

THEME BUFFET - **3rd March:** Indian Curry Buffet - with specialty Indian dishes and music; 230 baht per person.

10th March: Soup and Salad Buffet - with three hearty soups, fresh baked breads, large fresh salad bar with cold cuts; All you can eat at 230 baht.

24th March: Mediterranean Buffet - with delicious classical dishes including risottos, polenta, Spanish tortilla, paella and pizza; priced at only 230 baht includes a free glass of Italian wine . . .

31st March: Middle Eastern Buffet - with an abundance of dishes from the Middle East, from humus and falafel to special marinated and grilled lamb with Arabic rice. Buffet priced at 230 baht.

Silom Sala

7:00pm and 9:00pm

Kids' VDO It's free. Includes free Nestle Sundaes for the kids.

SUNDAYS Lord's Restaurant

Noon-3:00pm

FAMILY CARVERY - Choose from 2 soups, cold cuts, 3 roasts carvery, with potatoes and veggies, hot dishes, children's buffet, fresh salad bar and a range of desserts.

Adults Bt 330 and children Bt 180 (includes soft drink)

Silom Room

1:30-3:30pm

CHILDREN'S ACTIVITIES. Games, videos, crafts, soft drinks and snacks with Khun Suzie. Cost: FREE

Official Opening Times

10:00am - 11:00pm

11:30am - 2:00pm

6:00pm - 10:00pm

7:30am - 10:00pm

6:00am - 10:00pm

6:00am - 9:00pm

9:00am - 6:00pm

Churchill Bar

Lord's Restaurant (Lunch)

Lord's Restaurant (Dinner)

Poolside Bar (last food orders - 9:30pm)

Fitness Centre (Mon-Fri)

Fitness Centre (weekends)

Thai Massage (Tues-Sun)

LOOKING BACK



A Dream Day Out

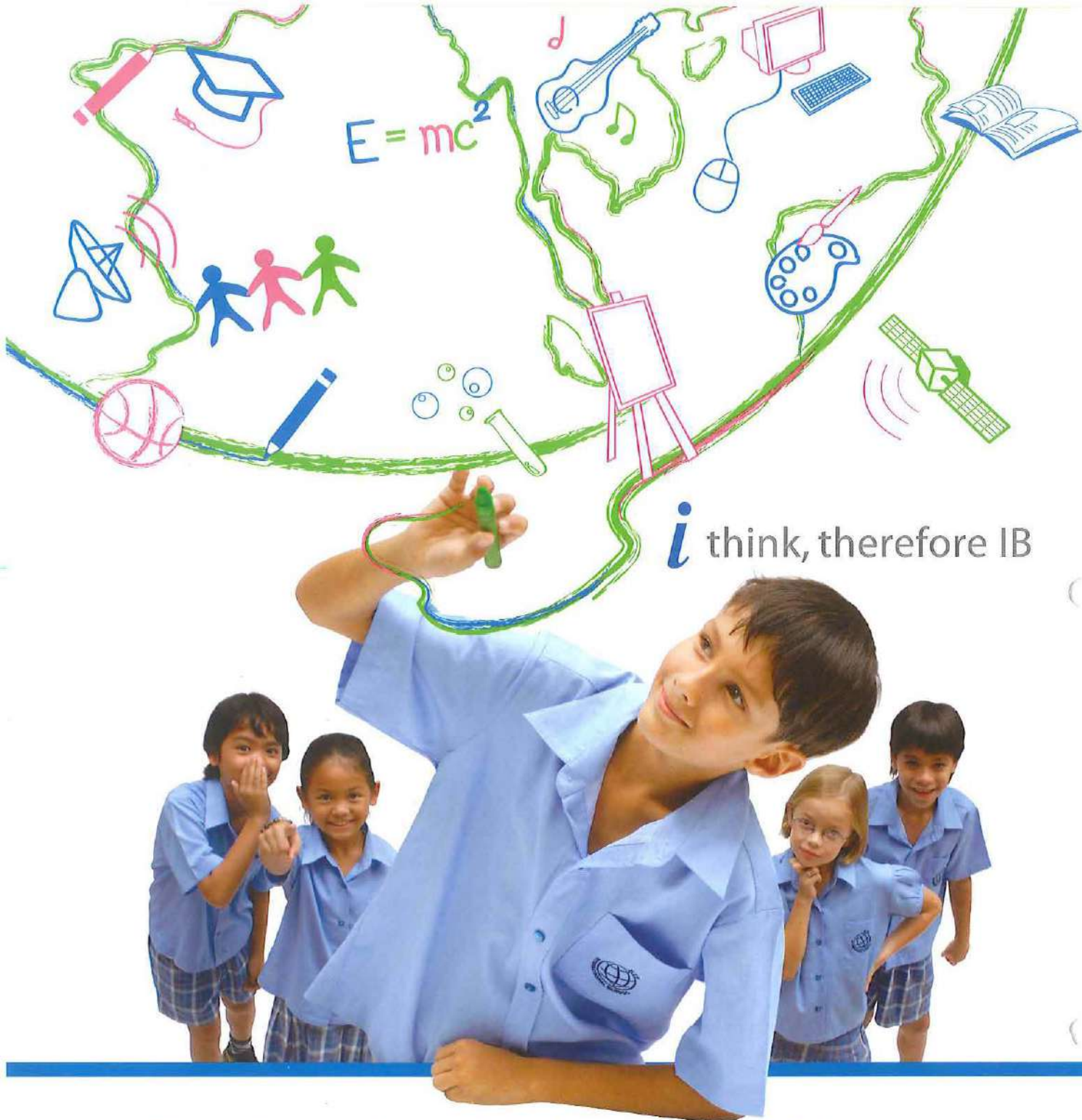


Remember the children from the 'Suthisan School for the Deaf' who had such a great time at their annual party here at the Club? Well, the fun didn't stop there. As well as their party, the Club took the kids to 'Dreamworld' at the end of February.

Well, it'll come as no surprise that they had a ball!! You only need to look at the pictures to see!! They were extremely well behaved and a joy to watch, as they had never been to Dreamworld before. Some of the kids board at the school, so an excursion outside is a real treat for them.

Huge, huge thanks to the British Women's Group for their sponsorship and help on the day, and also to our other sponsors Nestle, Bambi, St. George's Society, St. Andrew's Society, Coke, Bob Coombes from 'Choice Foods' and all the British Club staff who contributed, for their help and sponsorship and for making this magical day possible!





i think, therefore IB

Thinkers, inquirers, communicators, risk takers, knowledgeable, well-balanced, principled, caring, open-minded and reflective...qualities that are encouraged in an International Baccalaureate student... qualities that give your child the foundation to become a successful global citizen and a lifelong learner.

KIS offers the International Baccalaureate Primary Years and Middle Years Programs, leading up to the pre-university Diploma Program. By combining IB philosophies with our academically challenging curriculum, the programs promote inquiry through the quest for *knowledge* and understanding. Our teachers have the qualifications, experience and passion to ensure the individual needs and learning styles of your child are met and that they are *inspired* to be the best they can be.

The *spirit* of KIS is one of community, caring and warmth. Come and share our love of learning and zest for life that is abundant in all we do.



World School



Accredited



Affiliate

www.kis.ac.th

Tel +66 (0) 2274 3444

kis

International School
Knowledge Inspiration Spirit

LOOKING BACK



Below Par is good enough

The February 21st Bar Quiz had to be the most entertaining so far with another record 8-team turnout noisily filling the Churchill Bar and grappling with some very curly questions thrown in from quizmaster Rodney Bain. *Who was Andy Pandy's sister?* (Everybody dredges their subconscious for those distant childhood memories, some more distant than others!). It had to be Looby-loo, right? Wrong! It was Mandy Pandy!

How old was Barings Bank when it collapsed? 115 years? 148 years, 204 years even? Well, the Wild Wimmin it was who nailed the spot prize with "232 years" - just one year short of the correct answer!

Once again, the competition was keen. Up for grabs were quite substantial BC dining vouchers for every member of the first three placed teams, and three Crown Relocations Spot Prizes of wine. Fortunes turned fickle as winners of the last Quiz, the Bangkok Gentlemen Spoofers, raced away to an early lead only to be overhauled by Sminky Minky Bang Bang - but it was Below Par, playing above themselves, who pipped Sminky in the very last round to take first place! Hot on Sminky's heels were Jim's Junkies, securing third place in their Quiz debut, followed by the Spoofers, Six No Trumps, BGGs, Southerners and the Wild Wimmin who added a free round of drinks from the winners to their stunning spot prize win.

Is it possible to cram nine or even ten teams into the Churchill Bar? Can it get any more exciting than this? Find out at the next Quiz Night on 21 March!



Design
with
Vision

The
Heights
Phuket

Exclusive Residences

0 2651 9600, 076 284 289 www.theheightsphuket.com

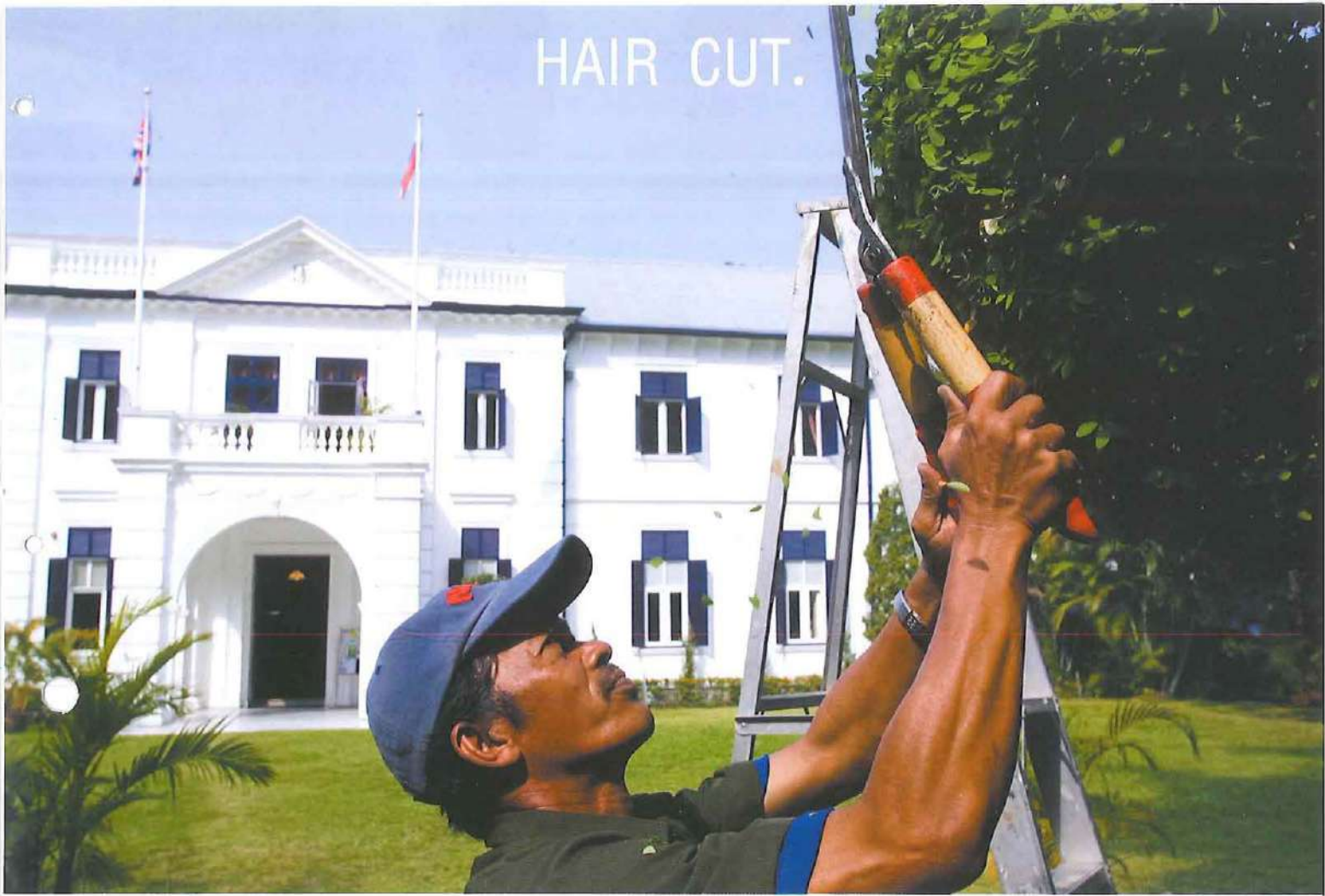
The Heights Phuket. Project Owner: Raimon Land PLC. Registered Capital: Baht 1,349 Billion (Fully paid up). Registered address at 22nd Floor Unit 2201-3, The Millennia Tower, 62 Langsuan Road, Lumpini, Pathumwan, Bangkok: 10330. Site location: on land title deed no. 35480, 38367, 38366 and lot no. 6, 57, 56 and 55, Karon District, Amphur Muang Phuket, Phuket Province. Project area: 14 Rai 0 Ngan 40.5 Sq.wah. Presently mortgaged with Siam Commercial Bank Plc. The construction permit is pending. Construction starts: Q1 2006. Expected completion : Q1 2008. Juristic person will be registered after project completion and common area fee will be paid by buyers to the project Juristic person according to the article of association of the Condominium Juristic Person.. Contact Tel. no: 0 2651 9600, Fax no: 0 2651 9514. www.raimonland.com



RAIMON LAND

...developing a better environment

HAIR CUT.



IN EARLY FEBRUARY, WE HAD SOME PHOTOS TAKEN FOR OUR NEW WEBSITE--->



MAKE OVER.



THANKS TO ALL OF YOU FOR TOLERATING THE INTRUSION AND/OR FOR MODELLING WITH SUCH GRACE.





AND THANKS TO PHOTOGRAPHER BEN FOR CAPTURING THE SPIRIT OF THE BRITISH CLUB.



BC CALENDAR MARCH – The Month at a Glance

Sunday

5

10:30am-2:15pm
Squash Mix-in

Lord's Restaurant
12noon-3:00pm
Family Carvery

Silom Room
1:00-3:30pm
Children's Activities

Wordsworth Room
3:00-4:00pm Yoga
3:00-6:00pm
Cricket Practice
LITTLE LEAGUE SOCCER
3:30-4:30pm (u7s)
4:30-5:30pm (7-10s)
Suriwongse Room
7:30-8:30
SALSA Classes Start

12

Lord's Restaurant
12noon-3:00pm
Family Carvery

Silom Room
1:00-3:30pm
Children's Activities

Wordsworth Room
3:00-4:00pm Yoga

Monday

6

9:00am-12noon
BWG Mahjong

6:00-10:00pm
Tennis Match Play

13

9:00am-12noon
BWG Mahjong

Tuesday

7

8:00-11:00am
Tennis Ladies Mix-In

7:00-9:00pm
Football Practice

Churchill Bar
5:30-9:00pm
Friendly Bridge

7:00pm-late
Spoofing

Suriwongse Room
7:30-8:30
JAZZ DANCE Classes Start

14

8:00-11:00am
Tennis Ladies M

7:00-9:00pm
Football Practice

Churchill Bar
5:30-9:00pm
Friendly Bridge



Wednesday

1

6:00-10:00pm
Tennis Mix-in

Cricket Practice
6:00-8:30pm

CHIVAS

Churchill Bar
Lunch & Dinner
ST DAVID'S DAY
Welsh Food Buffet

7:00 & 8:00pm
PERNOD RICARD ACCUMULATOR
7:30 pm Chivas Regal
Bottle Draw

8

6:00-10:00pm
Tennis Mix-in

Cricket Practice
6:00-8:30pm

CHIVAS

Churchill Bar
Lunch & Dinner
Carvery Buffet

7:00 & 8:00pm
PERNOD RICARD ACCUMULATOR
7:30 pm Chivas Regal
Bottle Draw

15

6:00-10:00pm
Tennis Mix-in

Cricket Practice
6:00-8:30pm

CHIVAS

Thursday

2

8:00-11:00am
Tennis Ladies Mix-in

10:30-11:30am
Aqua Aerobics

5:15-9:00pm
Squash Mix-in

7:00-9:00pm
Rugby Practice

9:00-11:00pm
Hockey Practice

Churchill Bar
6:00-9:00pm Chess

9

8:00-11:00am
Tennis Ladies Mix-in

10:30-11:30am
Aqua Aerobics

5:15-9:00pm
Squash Mix-in

7:00-9:00pm
Rugby Practice

9:00-11:00pm
Hockey Practice

Churchill Bar
6:00-9:00pm Chess

Wordsworth Lounge
7:00pm **VDO NIGHT**
Inspector Morse

16

8:00-11:00am
Tennis Ladies Mix-in

10:30-11:30am
Aqua Aerobics

5:15-9:00pm
Squash Mix-in

7:00-9:00pm
Rugby Practice

Friday

3

6:00-10:00pm
Tennis Mix-in

Churchill Bar
Lunch & Dinner
INDIAN CURRY Buffet

Silom Sala
7.00-9.00pm Kids' VDO

10

6:00-10:00pm
Tennis Mix-in

Churchill Bar
Lunch & Dinner
SOUP and SALAD Buffet

Silom Sala
7.00-9.00pm Kids' VDO

17

6:00-10:00pm
Tennis Mix-in

Saturday

4

Front/back lawn
9:00-11:15am
SOCATOTS!

9:00am-1:30pm
Junior Swimming
Classes

9:30am-12noon
Cricket Practice

4:00 pm
SCUBA Section Meeting

11

Front/back lawn
9:00-11:15am
SOCATOTS!

9:00am-1:30pm
Junior Swimming
Classes

9:30am-12noon
Cricket Practice

18

Front/back lawn
9:00-11:15am
SOCATOTS!

9:00am-1:30pm
Junior Swimming
Classes

9:30am-12noon
Cricket Practice



<p>3:00-6:00pm Cricket Practice</p> <p>LITTLE LEAGUE SOCCER 3:30-4:30pm (u7s) 4:30-5:30pm (7-10s)</p> <p>Suriwongse Room 7:30-8:30 SALSA Classes</p>	<p>19 BC TENNIS CHAMPIONSHIPS Finals</p> <p>Lord's Restaurant 12noon-3:00pm Family Carvery</p> <p>Silom Room 1:00-3:30pm Children's Activities</p>	<p>Wordsworth Room 3:00-4:00pm Yoga 3:00-6:00pm Cricket Practice</p> <p>LITTLE LEAGUE SOCCER 3:30-4:30pm (u7s) 4:30-5:30pm (7-10s)</p> <p>Suriwongse Room 7:30-8:30 SALSA Classes</p>	<p>26 BC JUNIOR TENNIS CHAMPIONSHIPS</p> <p>Lord's Restaurant 12noon-3:00pm Family Carvery</p> <p>Silom Room 1:00-3:30pm Children's Activities</p>	<p>Wordsworth Room 3:00-4:00pm Yoga 3:00-6:00pm Cricket Practice</p> <p>LITTLE LEAGUE SOCCER 3:30-4:30pm (u7s) 4:30-5:30pm (7-10s)</p> <p>Suriwongse Room 7:30-8:30 SALSA Classes</p>
<p>6:00-10:00pm Tennis Match Play</p>	<p>20 9:00am-12noon BWG Mahjong</p>	<p>6:00-10:00pm Tennis Match Play</p>	<p>27 9:00am-12noon BWG Mahjong</p>	<p>6:00-10:00pm Tennis Match Play</p>
<p>7:00pm-late Joojing</p> <p>Churchill Bar 7:00pm NEW MEMBERS NIGHT</p> <p>Suriwongse Room 7:30-8:30 JAZZ Classes</p>	<p>21 8:00-11:00am Tennis Ladies Mix-In</p> <p>7:00-9:00pm Football Practice</p> <p>CROWN RELOCATIONS</p>	<p>Churchill Bar 5:30-9:00pm Friendly Bridge</p> <p>7:00pm BAR QUIZ NIGHT</p> <p>Suriwongse Room 7:30-8:30 JAZZ Classes</p>	<p>28 8:00-11:00am Tennis Ladies Mix-In</p> <p>7:00-9:00pm Football Practice</p> <p>Churchill Bar 5:30-9:00pm Friendly Bridge</p>	<p>7:00pm-late Spoonfing</p> <p>Suriwongse Room 7:00pm ANNUAL GENERAL MEETING</p> <p>Squash Court 3 7:30-8:30 JAZZ Classes</p>
<p>Churchill Bar Lunch & Dinner Carvery Buffet</p> <p>7:00 & 8:00pm PERNOD RICARD ACCUMULATOR 7:30 pm Chivas Regal Bottle Draw</p>	<p>22 6:00-10:00pm Tennis Mix-in</p> <p>Cricket Practice 6:00-8:30pm</p> <p>CHIVAS</p>	<p>Churchill Bar Lunch & Dinner Carvery Buffet</p> <p>7:00 & 8:00pm PERNOD RICARD ACCUMULATOR 7:30 pm Chivas Regal Bottle Draw</p>	<p>29 6:00-10:00pm Tennis Mix-in</p> <p>Cricket Practice 6:00-8:30pm</p> <p>CHIVAS</p>	<p>Churchill Bar Lunch & Dinner Carvery Buffet</p> <p>7:00 & 8:00pm PERNOD RICARD ACCUMULATOR 7:30 pm Chivas Regal Bottle Draw</p>
<p>9:00-11:00pm Hockey Practice</p> <p>Churchill Bar Lunch & Dinner ST PATRICK'S DAY Green Foods Buffet</p> <p>6:00-9:00pm Chess</p>	<p>23 8:00-11:00am Tennis Ladies Mix-in</p> <p>10:30-11:30am Aqua Aerobics</p> <p>5:15-9:00pm Squash Mix-in</p> <p>7:00-9:00pm Rugby Practice</p>	<p>9:00-11:00pm Hockey Practice</p> <p>Churchill Bar 6:00-9:00pm Chess</p> <p>Suriwongse Room 7:00pm VDO NIGHT 'Allo Allo'</p>	<p>30 8:00-11:00am Tennis Ladies Mix-in</p> <p>10:30-11:30am Aqua Aerobics</p> <p>5:15-9:00pm Squash Mix-in</p> <p>7:00-9:00pm Rugby Practice</p>	<p>9:00-11:00pm Hockey Practice</p> <p>Churchill Bar 6:00-9:00pm Chess</p>
<p>Churchill Bar Lunch & Dinner T.G.I.F. CURRY Buffet</p> <p>Silom Sala 7.00-9.00pm Kid's VDO</p>	<p>24 6:00-10:00pm Tennis Mix-in</p> <p></p>	<p>Churchill Bar Lunch & Dinner MEDITERRANEAN Buffet</p> <p>Silom Sala 7.00-9.00pm Kids' VDO</p> <p>Suriwongse Room 6:00-9:00pm WINE TASTING</p>	<p>31 6:00-10:00pm Tennis Mix-in</p>	<p>Churchill Bar Lunch & Dinner MIDDLE EASTERN Buffet</p> <p>Silom Sala 7.00-9.00pm Kids' VDO</p>
<p>BC TENNIS CHAMPIONSHIPS Semi Finals</p> <p></p>	<p>25 DISNEY ON ICE Leave BC at 9:00am</p> <p> Front/back lawn 9:00-11:15am SOCATOTS!</p>	<p>9:00am-1:30pm Junior Swimming Classes</p> <p>9:30am-12noon Cricket Practice</p> <p></p>		

By John

“First comes David
Then comes Chad
Then comes Winnold, roaring like mad.”

St. David's Day Rhyme.
East Anglia

Dear Members,

As many of you may know, I have already left to go to the more tranquil beaches of Koh Lanta Yai, Krabi. I have enjoyed my time here at the Club - it has been a year I am sure I will never forget. Barry has been a great GM to work for and if circumstances had been different I am sure we could have improved the Club's F&B operation for many years to come. So goodbye to the friends I have made here at the Club and I hope our paths will cross again in the future.

What's on in March:

Lord's Restaurant:

Sunday at the Lord's is a lunch buffet with starters, soups and desserts alongside the three roasts carvery, with potatoes and veggies, hot dishes and kids' food and fresh salad bar. Priced at 330 baht for adults and 180 baht for kids with free soft drink.

Churchill Bar:

The Wednesday Carvery, Lunch and Dinner; with three roasts, potatoes and veggies at 230 baht and with fresh salad bar at 270 baht is the perfect complement to the Wednesday accumulator in the evening, now sponsored by Pernod Ricard.

FRIDAY BUFFET AT THE CHURCHILL BAR IN MARCH

Friday 3rd March: Indian Curry Buffet - Lunch and Dinner - with specialty Indian dishes and music. 230 baht per person.

Friday 10th March: Soup and Salad Buffet - Lunch and Dinner - with three Hearty Soups to choose from, fresh baked breads and a large fresh salad bar with cold cuts. All you can eat at 230 baht.

Friday 17th March: T.G.I.F Curry Buffet - Lunch and Dinner - Includes half a pint of draught Tiger Beer. The purrfect way to start your weekend. Only 230 baht.

Friday 24th March: Mediterranean Buffet - Lunch and Dinner - with delicious classical dishes from risottos, polenta, Spanish tortilla, Paella and Pizza to name but a few. Buffet priced at only 230 baht includes a free glass of Italian wine . . .

Friday 31st March: Middle Eastern Buffet - Lunch and Dinner - with an abundance of dishes from the Middle East, from Humus and Falafel to special marinated and grilled Lamb with Arabic rice. Buffet priced at 230 baht.

Thank you . . .

A great night was had by all who joined in the fun and merriment at this year's Burns supper held on the 28th January. Please enjoy the pictures we took on the night (on page 24 following).



Special Events in the month of March

St. David's Day

To celebrate St. David's Day the Club's Churchill Bar is putting on a special St. David's Day spread of delicious Welsh food. The buffet will replace our normal Wednesday carvery and will be available for lunch and dinner.

Wednesday 1st March

St. David's Day Buffet

Churchill Bar @ 270 Baht
MENU

Cawl cennin a Hufen. Leek and Potato Soup

Salads

Freshly prepared salads, dressings and condiments

Carvery

Roasted Leg of Lamb with Rosemary and Mint Sauce
Roasted Rib of Grain Fed Beef with Yorkshire Pudding

Hot Dishes

Grilled Lamb Chops with Mushroom Crust
Cawl Memgu : Lamb Shank and Vegetable Stew
Braised Leeks in Cheese Sauce
Roasted Chicken Breast Wrapped in Bacon served with Bread Sauce

Vegetables and Potatoes

Roasted Potatoes
Peas and Carrots
Mashed Potatoes
Brussels Sprouts

Dessert

Welsh Cake
Rhubarb Crumble and Custard

St. Patrick's Day

The Churchill Bar will be toasting St. Patrick's Day in style and a day earlier too. The buffet will be available from 4 o'clock onwards, for everyone who wishes to start the weekend extra early, and those Irish favourites "No Fixed Abode" will be cranking it up and getting the party into full swing mode.



Thursday 16th March

St. Patrick's Day

**Green Food Buffet
Churchill Bar
@ 270 Baht**

MENU

Soup

Broccoli and Stilton Soup
Green Pea and Mint Soup

Salads

Pasta and Pesto Salad
Tomato, Mozzarella and Pesto
Som Tam Salad
Coleslaw and Green Apple Salad

Appetisers

Tatziki
Spinach and Cheese Flan
Dolmades
Green Shell Mussels - served cold
Mackerel Rolls

Carvery

Roast Hey of Lamb with Herb Crust

Main Course

Broccoli and Celery Cheese Sauce
Shepherd's and Spinach Pie
Beef and Guinness Pie
Green Pizza
Gaeng Kiew Wan Moo

Vegetables

Green Peas
Brussels Sprouts

Potatoes

Baked Potato, Cream Cheese and Chives
Steamed Jasmine Rice
Savoury Mashed Potatoes

Dessert

Baileys Cheese Cake
Guinness Cake
Chocolate and Orange Mousse
Green Fruit Salad



Specials of the month:

As it is the month of St. David's and St Patrick's, the BC kitchens have joined together these two great nations on a plate.



Roast Leg of Lamb with a rosemary crust served with Colcannon (the famous Irish recipe for mashed potatoes with leeks and cabbage) (Price: 180 baht)

(Available at all outlets throughout the Club)



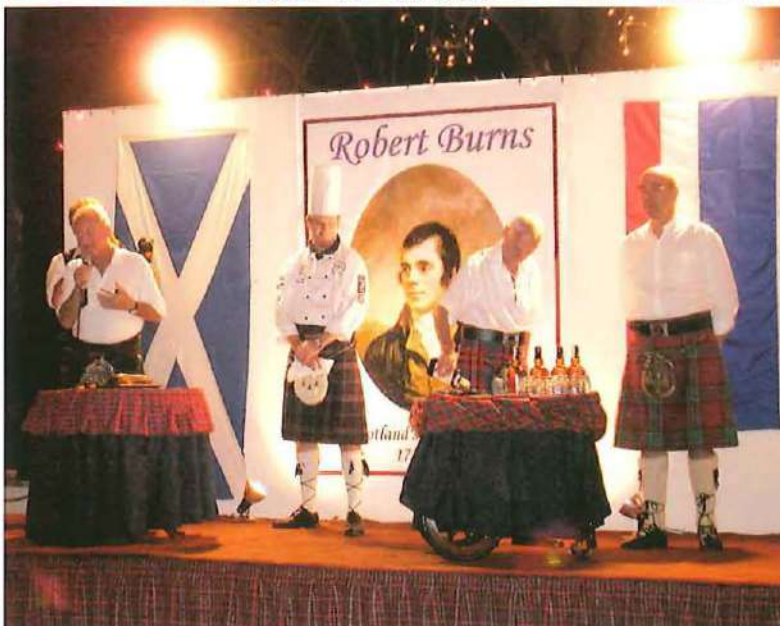
Spotted Dick (that old British favourite that no one can resist) (Price: 60 baht)

(Available at all outlets throughout the Club)



Leek and Potato Soup (here's a Welsh and Irish favourite) (Price: 50 baht)

(Available at all outlets throughout the Club)

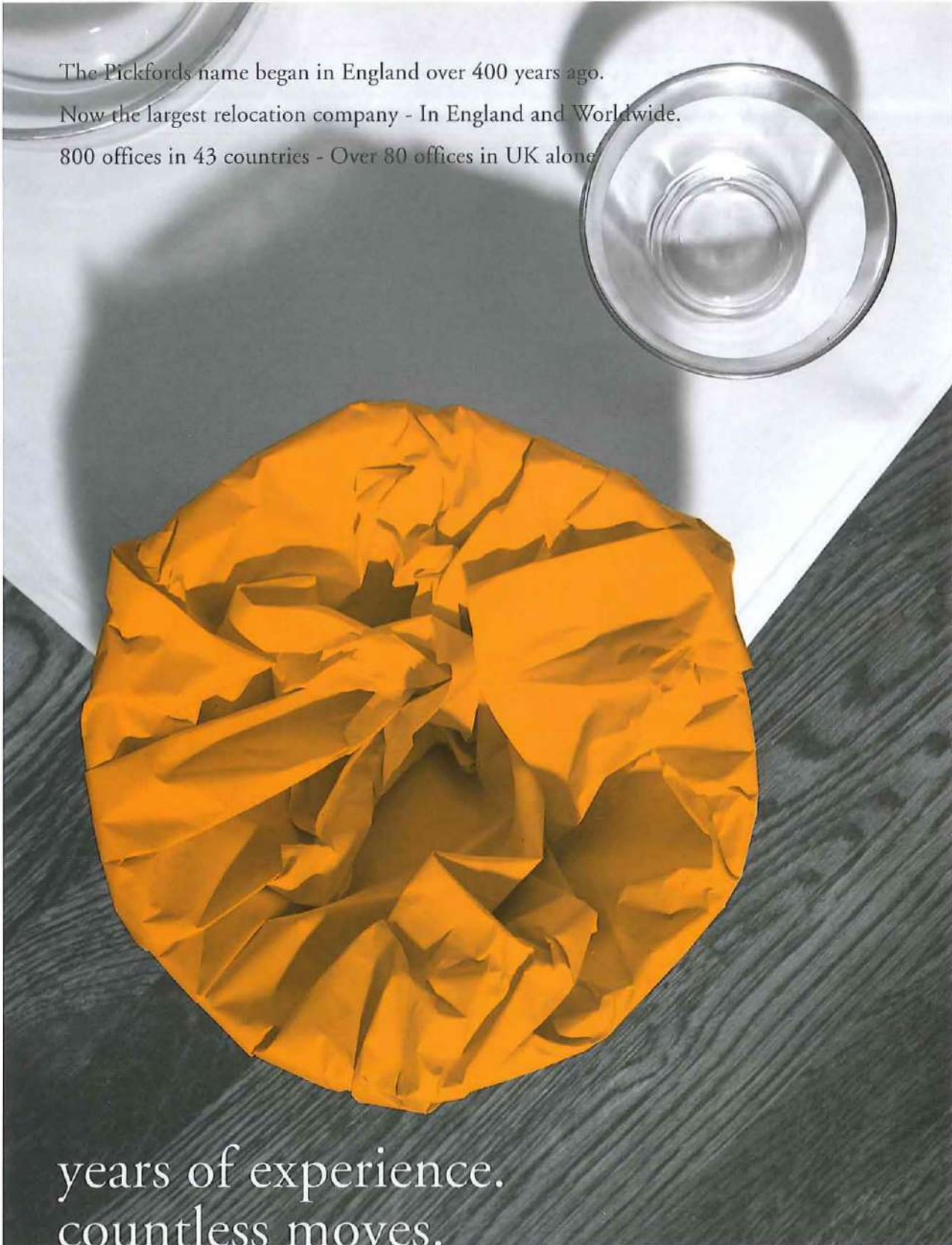


Burns

Supper

The Haggis at the Burns Supper on January 28th received a ceremonious piping-in by the Bangkok Thistle Pipers as over two hundred people enjoyed a memorable evening celebrating all things Scottish on the back lawn of club - fine poetry, Ceilidh dancing, whisky, Haggis and other epicurean delights prepared to perfection by none other than our own Scotsman and chef, John Hogg (alas, recently vanished to some tropical island). Ambassador David Fall spoke on behalf of the Laddies, providing much amusement and the requisite provocation for a return speech from the Lassies, admirably delivered by Kirstie Hastie-Smith. Around midnight the revelry finally dwindled away . . . but next year's Burns will come around soon enough, aye.





The Pickfords name began in England over 400 years ago.
Now the largest relocation company - In England and Worldwide.
800 offices in 43 countries - Over 80 offices in UK alone

years of experience.
countless moves.
one piece at a time.

relax.
we carry
the
load.

ALLIED
PICKFORDS
The Careful Movers™

50/808 Moo 3, Soi La Salle 34, Sukhumvit 105, Bangna, Bangkok 10260, Thailand
Tel : (66) 2 361 3961, Fax : (66) 2 361 3962 E-mail : info@alliedpickfordsthailand.com

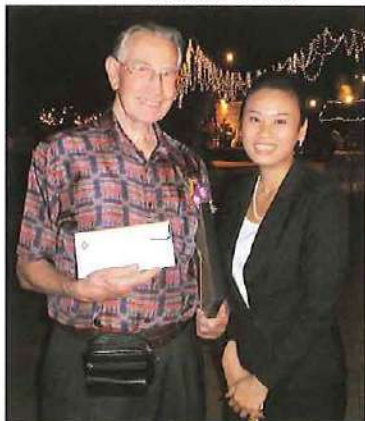
New Year's Members Gathering



*Edith Stewart MBE, Dacre Raikes OBE,
Alastair Hicks*



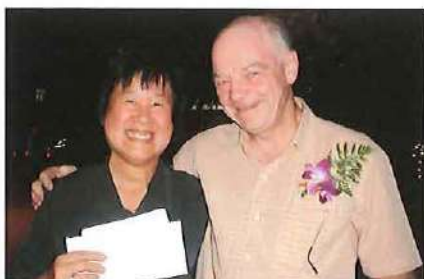
Frances & Emil Siranovich



Barry Whittaker, Khun Phassaranan



Terry & Wan Adams (left), Orin Baldwin, Nisa Young (with Baby Gabby)



Brian & Yurachai Brooke



Geoffrey Thompson, Richard Bones





Chairpersons, past & present (l-r): Dougal Forrest, Brian Heath, Arthur Phillips, Jack Dunford MBE, Angela Daniel, Roy Barrett



Mayurin Fordham, Bhichit & Chareeya Rattakul, Maam Barnes



Presentation to Dacre Raikes OBE



On Tuesday, 31st January, the back lawn of the Club came alive as about 180 members arrived for their New Year's Gathering. As the sun went down, the jazz band started up, the beer started to flow and the wine-tasting began . . .

The balmy night was perfect for starting off the New Year with some of the Club's newest members, but the function was also for the purpose of saying 'thank you' to our 20-years-plus members and also to present honorary memberships to two of the longest term and most distinguished members of the British Club - Nigel Overy and Dacre Raikes. Each has been a member of the British Club for over 50 years and both have made substantial contributions not only to British interests and the British Club, but also to the Thai community over many years. Unfortunately Nigel was unable to attend, but Dacre made it along, with the aid of a stout walking stick, and was persuaded to part with some witty insights into Club life and history (mostly from the vantage point of the Churchill Bar, I suspect).

Amazingly, the Club currently has no fewer than 92 (ninety-two) 20-years-plus Members and each was presented with a gift from the Club. Meanwhile the free Bar was kept open for most of the night, the two barrels of beer donated by Tiger were heartily consumed, as were a great deal of free wine samples courtesy of the four wine companies that brought along their best.

At some point in the evening there was a small draw for our 20-years-plus Members, the top prizes being complimentary weekend tickets to the Amari Resort in Trang. The jazz band played on and the night flowed by like a lazy river. At one stage, no fewer than six past chairmen and our present chairman were on the back lawn. (What *is* the collective noun for a group of chairmen?)

The evening was due to wrap up at 9pm but there were still lots of members on the back lawn in the balmy heat at 10pm. This was truly a fantastic way to start the year off and in fact we aim to make this an Annual Club Event.



HANNI'S HOTSPOT

NEW PRICING:

I would like to clarify the reasoning behind price increases for British Club exercise classes and hitting

sessions with the B.C. tennis knockers. Due to the Club's "no cash" policy and to be fair across the board, a standard contract has been introduced for all coaches and instructors here at the Club. To comply with the Thai tax department, we had to introduce a standardised contract, which increased both the coaches' and the Club's tax liability. We informed the instructors of this and to prevent them losing money, informed them that they could put their prices up if they so wished. The increases in pricing were decided by the coaches themselves.

I hope these increases don't cause too much inconvenience to members and am more than happy to answer any queries you may have regarding this subject.

TENNIS CHAMPIONSHIPS:

It's championship time again!! The British Club tennis championships continue this month. Don't miss the concluding semi-finals on Saturday 18th March and the finals on Sunday 19th March. There will be a trophy presentation for the winners on the Sunday and buffet and drinks available for all section members. Please contact David Eastgate or myself to sign up for this. See David's article for more information.

JUNIOR TENNIS:

The junior championships will be treated as a separate event and held the following Sunday (Sunday 26th March). Matches will be held for 5 to 9 year olds and an older group will be established based on numbers and ages of entrants. A great opportunity to be active and great fun! If you would like to register for the junior tennis championships, please contact David or myself.

SCUBA SECTION:

There has been some interest in re-launching the scuba section here at the B.C. If you would like to help run the section, or indeed join, please let me know.

DANCE CLASSES:

Jazz and Salsa classes will be held at the Club this month. Salsa classes will be held on Sundays from 7.30 - 8.30 pm, from Sunday 5th March - 7th May. Jazz will be on Tuesday evenings from 7.30 pm - 8.30 pm, from Tuesday 7th March - 9th May. Cost for the classes is 3,500 baht for 10 sessions. Salsa will be taught by 'Sombob' and jazz by 'Olivier', care of "Le Studio, Art of

Dance". We need a minimum of six people, so please spread the word!!

SQUASH:

As mentioned in last month's *Outpost*, we are attempting to launch a junior squash programme here at the Club. Classes are over a six week period and cost 1,200 baht. Coaching will be provided by our new in-house coach, Mr. David Lines, with help from experienced squash players from the squash section. Any more information, please contact me.

BODY COMBAT:

Also coming up at the Club is a new fitness class called "Body Combat". This is a high impact course which involves cardiac aerobics mixed with martial arts. This class will be taught by our new instructor Nick at beginners level. He warns that it's not for the faint hearted, however, and is a thorough workout. A great way to tone up and get fit.

There will be a free trial on Saturday April 1st and the first course will be run over six weeks, from Saturday 8th April to Saturday 13th May. This will be at a cost of 2,000 Baht for all six sessions.

Please contact Hanni for more information.

JUNIOR FOOTBALL:

We're a football crazy Club at the moment, what with Socratots and Little League, weekends are 'soccer tastic!!'

You all know about Socratots, but I would like to give you some more information on the 'Little League', which involves proper matches as well as teaching all the skills and techniques needed to become a fantastic footballer.

These Sunday coaching sessions are taken by Paul Macefield (ESPN commentator), ex-Australian National player Darren Stewart, and coach from Geylang United Matthew Greatorex. (see the poster on page 36)

Little League is already hugely successful in Singapore and the guys are keen to get things started in Bangkok. The British Club just happens to be one of their first venues.

The first block of sessions will run from Sunday 26th February to the 2nd April. There are two classes available. The first runs from 3.30-4.30 pm and is open to age 6 and under. The second runs from 4.30-5.30 pm and is open to ages 7 to 10.

So far, the classes have been a huge success, so if you wish to sign up, please contact Hanni.

That's it for now!



Limbs a bit achy? Stiff joints? Feel like Robbie the Robot? You could need some Yoga with Khum Peerawat!

TENNIS KNOCKERS AT THE CLUB

Here's a chance to learn a little more about the familiar faces you see here at the Club on a regular basis. Each month *Outpost* will be interviewing one of the Club's instructors and spilling all their secrets!!

This month we spoke to Khun Tom.

(H = Hanni, T = Tom)

H > Hi Tom, please tell us what your full name is

T > Sure, my full name is "Saroj Jindachot", but everyone knows me as Tom.

H > How old are you Tom (really!)?

T > 46

H > What is your role here at the B.C.?

T > I am a 'tennis knocker'. I am available for booking through the fitness centre for all members. I am here to play tennis with them and offer basic advice for them to improve their game (or I'm available for a quick game if no other members are around!)

H > How long have you worked here at the Club Tom?

T > About 20 years.

H > Who do you prefer 'knocking' with?

T > I am available and willing to work with all members of any age, but prefer to work with experienced tennis players.

H > Tell us a couple of facts about your tennis experience.

T > I was the 'Thailand Junior Champion' and have been coaching since I was 18 years old, that's a start anyway!

H > Do you enjoy working at the Club?

T > Yes of course! I know all the members well and it's a great environment. I enjoy it very much.

H > Any messages for our members?

T > Well, I hope to keep knocking with them all in the future and I have a small request. Could members kindly not book me when it's my break time (indicated daily at the top of each booking sheet), otherwise I'll look 66 before you know it. Thanks.

H > Thanks to you too Tom. Keep up the good work.

If you would like a hitting session with Tom, or indeed any of the knockers, please contact fitness staff or myself for more information.



Checkmate!

Many of us enjoy various sports at the Club such as tennis, squash, and swimming. But there is one sport that is often overlooked - chess! Chess is a mental sport which has been included as a demonstration sport at the Olympics. There is a small group of chess players who meet in the Churchill Bar on Thursday nights at 7:00 pm. We are looking for more people to join us. Chess is enjoyable, exciting and stimulating for the brain. It is a good way to relax as well. I find that every game of chess is like a snowflake - it is always unique, and a thing of beauty. If you're not coming because you haven't been invited, I won't accept that excuse any more, because this is a general invitation to all British Club chess players!

Adrian Hicks

Regular Sports, Games & Activities

Aerobics

Monday 10:00-11:00am - Squash Court 3

Aqua Aerobics

Thursday 10:30-11:30am

Bridge

Tuesday 5:30-9:00pm - Churchill Bar

Chess

Thursday 6:00-9:00pm - Churchill Bar

Cricket

Wednesday 6:00-8:30pm Practice - Back lawn

Saturday 9:30-midday - Back lawn

Sunday 3:00-6:00pm - Back lawn

Football

Tuesday 7:00-9:00pm Practice on the Tennis Court

Hockey

Thursday 9:00-11:00pm Practice on the Tennis Court

Rugby

Thursday 7:00-9:00pm Practice on the Tennis court

Spoofing

Tuesday 7:00pm until late - Churchill Bar
(except on New Members Nights - move to Silom Soi 4)

Squash

Thursday 5.15-9.00pm Mix-in

And 1st Sunday of every month 10:30am-2:15pm

Swimming

Saturday 9:00am-1:30pm Junior classes

Tennis

Match Play

Monday 6:00-10:00pm

Mix-in All Standards

Wednesday 6:00-10:00pm

Friday 6:00-10:00pm

Ladies Mix-in

Tuesday 8:00-11:00am

Thursday 8:00-11:00am

Yoga

Sunday 3:00-4:00pm in Wordsworth Room

Sports/Activities Price List

Aerobics

Aqua aerobics

Cricket

Massage

Squash

Squash courts

Swimming

Tennis courts

Yoga

Bt 3,500 for 10 lessons of 1 hour

Bt 350 per session

Use of cricket nets - Bt 300 day/Bt 500 evening if lights needed

Thai massage/foot massage - Bt 250 per hourly session

Private coaching with David Lines - Bt 700 per 45 min; group session

Bt 1200 per 45 min

Bt 30 per 45 min

Classes with Bangkok Dolphins - Bt 3,500 for 10 lessons of 30 min

Bt 30 per hour am/Bt 90 per hour pm

Hourly knocking sessions with - Khun Kaew (Bt 500), Khun Tom (Bt 400),

Khun Phon (Bt 300), Khun Champ (Bt 250)

Bt 350 per lesson

All sporting activities can be booked through the Fitness Centre. For Churchill Bar games - just show up!



Relaxing after the British vs Sri Lanka match

For the benefit of those who don't know what golf is all about . . . well, simply stated, the goal of golf is to hit the ball with a club into a series of 18 holes laid out in the middle of a large, grassy field with the fewest number of shots possible. After you hit the ball into all the holes, you add up your score from each hole to figure out your total score, which usually comes out to some number IBM's Big Blue couldn't calculate. The lower your score, the better your game! I wish it's that simple. In my case a golf ball just sits there and dares me not to lose it!!!

Rysome Bowl Cup: 22 Jan 2006

The "Rysome Bowl" Cup is soon to be called the "Ebenezer Snodgrass Cup" in memory of the late Bryan Baldwin. With Bryan at the helm, Castrol Thailand had sponsored the Cup for as long as I could remember. Castrol is part of ASPAC Thailand (BP) and for some years now, ASPAC has kindly continued to sponsor the Cup. Thanks ASPAC! The match took place at one of the challenging courses; Kiarti Thane on Bangna-Trad and quite a large number of members turned up. Players were paired up for best ball stableford format. My goodness! The teamwork of many pairs was astonishing, resulting in high scores. There were 4 pairs scoring 44 stableford points; however, only one pair officially was allowed to be the winner! The formidable team of Maureen and George won on count back. They are a very strong team, possibly because they always seem to have a lot of laughs - the more relaxed we are, the better we play. Welcome back to Bridget Snow who is here working and playing for three months. She is missing Guy (we all are) but not the cold weather!

British vs Sri Lanka: 3-4 Feb 2006

This sounded exciting, like one of the World Series with loads of money to be won! Sorry folks, it's only a friendly but international nevertheless. It is a brand new yearly event that will be reciprocated, hopefully, for many years to come. Our Captain, Pete Gale, has the honour of sponsoring the trophy. Thanks Captain. The warm-up on Friday 3rd February

shed some light as to how good they were! They not only hit the ball a long way, but were consistent too. Our advantage was that we played on our own course on the match day - the Royal Golf and Country Club - we know it well. Many members turned up to welcome our Sri Lankan opponents on the 3rd under the moonlight at the British Club for a great carvery dinner and we had a good team out to play the next day. By then we had managed to charm our guests and give them our best hospitality. It was a long hot day with seven groups starting from the first tee. The format was match play, full handicap stableford points and team average. The rumours that got around during the match were not so good for our team but no one gave up and we gave them a good fight! Gosh it was tense! The team result was rather astonishing! It was very close, with 29.5 to them and 30.5 to us. However, individually they took most of the technical prizes. It was a tough match indeed but good fun and our guests appeared to enjoy the event as much as we did - well-done. Next year they will host a reciprocal match in Colombo which we will look forward to - and thanks for the tea!

**Orin Baldwin
Ed Ashman**

The 5th Wave

By Rich Tennant



(not the) Squashy Bits

The first Dunfords and Kellands began arriving in Bangkok on 28th January for the big family day and since then my feet have hardly touched the ground. I am in Bangkok just for a day and have no squashy news at all.



George teaches his sister to be a lady

And so I beg your indulgence as I simply put on record one of the happiest days of my life . . . 4th February 2006, George and Vicky's wedding.

We didn't want it to be grand; we didn't want it to be pretentious. We just wanted the sun to shine on a happy family occasion with close friends. And it did. About 60 family and friends flew into Thailand and we were joined by Bangkok folks, some of whom we have known back to the early 80s.

George and Vicky are wonderfully in love and of course stole the show. But there was a cast of important support actors who made the day very special indeed. Top of the list were Stuart Perry, Pastor of International Church Bangkok who conducted a vibrant and happy wedding service at Christ Church. And then the whole staff of the British Club who made the party so special that evening, including Jun from the Poolside and her friends who put on the Thai dancing. It really was like being at home and rarely have I seen so many smiling and genuinely happy faces.

The bridesmaids, including my lovely daughter Sally were beautiful, the ushers were handsome and charming, my brother Eric played the organ, Vicky's Dad graciously handed her over to the Dunford clan and we were all surrounded by lovely people.

We can't wait to see the official pictures and DVD. But to be going on with I've attached a few pictures taken by friends (and one or two from the Best Man's speech!).

Hopefully my feet will be back on the ground by next month. But thanks for your perseverance!

Jack Dunford



George goes off to university

P.S. One or two people wanted a copy of my reading at the church. Here it is ...

I Wanna Be Yours...

by **JOHN COOPER CLARKE**

*I wanna be your vacuum cleaner
breathing in your dust
I wanna be your Ford Cortina
I will never rust
If you like your coffee hot
let me be your coffee pot
You call the shots
I wanna be yours*

*I wanna be your raincoat
for those frequent rainy days
I wanna be your dreamboat
when you want to sail away
Let me be your teddy bear
take me with you anywhere
I don't care
I wanna be yours*

*I wanna be your electric meter
I will not run out
I wanna be the electric heater
you'll get cold without
I wanna be your setting lotion
hold your hair in deep devotion
Deep as the deep Atlantic ocean
that's how deep is my devotion*

I wanna be yours!



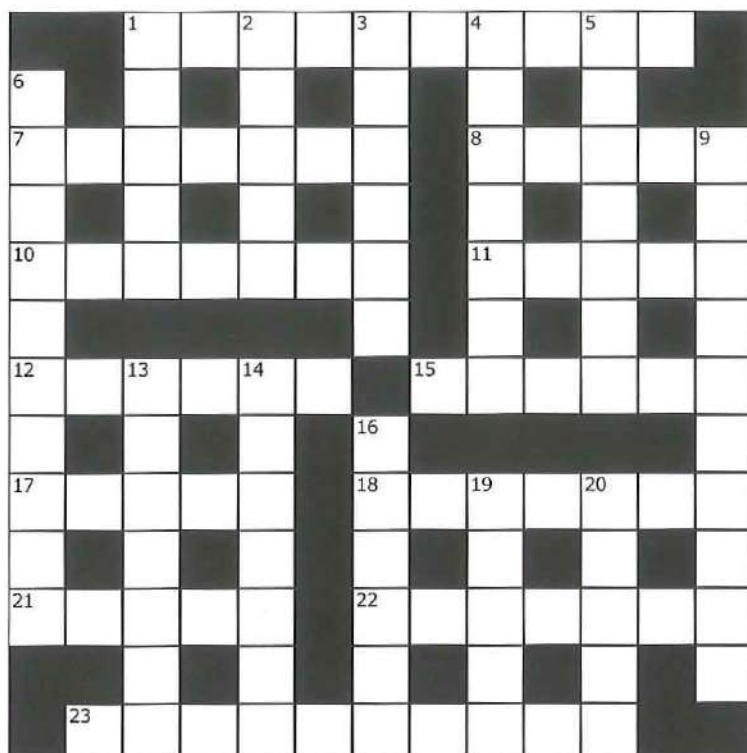
George's last night out!





Crossword Competition

CROSSWORD PUZZLE



February Solution

Across: 1 Misuse, 4 Swedes, 8 Menial, 10 Travel, 11 Pivot, 12 Loom, 14 Aria, 15 Ritualist, 17 Lordmayor, 20 Heir, 21 Tent, 22 Steer, 24 Bubbly, 25 Robust, 26 Avenge, 27 Candle.

Down: 1 Mumble, 2 Senior, 3 Soap, 5 Wart, 6 Divert, 7 Sultan, 9 Liquidity, 10 Toolmaker, 13 Minor, 14 Ascot, 16 Phobia, 17 Liable, 18 Refund, 19 Statue, 22 Slog 23 Rota.

Clues

Across

- 1 Home of the March Hare.
- 7 Christopher _____, author of 'Dr. Faustus'.
- 8 Where to find film the stars. (2,3)
- 10 'The _____ of Edwin Drood.' (Charles Dickens)
- 11 It is colder.
- 12 The water isn't frozen? See it!
- 15 Small hunter of hares.
- 17 One who adds up in the USA.
- 18 Keep it for information and watch out! (4,3)
- 21 A Continental Dance.
- 22 'Time, the _____!' (Byron)
- 23 He advised you not to put your daughter on the stage. (4,6)

Down

- 1 'These are but wild and whirling _____.' (Hamlet)
- 2 Greek girl who was all tears.
- 3 _____ Laye, one-time star of English musicals.
- 4 Treat as a celebrity.
- 5 'All I can say is that she had better give up bird _____.' (Dylan Thomas)
- 6 '_____!' cried Nellie from the Loch. (2,1,7)
- 9 Goldilocks met them. (5,5)
- 13 'It takes two _____,' said the old song. (2,5)
- 14 Mr. _____ wrote about 1 Across.
- 16 It was a famine in Ireland.
- 19 We hope the hospital doesn't give us this!
- 20 Didn't advance in a straight line.



Be the first person to enter the correct entry for this month's puzzle to Barry or Khun Ben and receive a bottle of wine. The winner of February's crossword competition was Mr. Jonathan Truslow (pictured here receiving his McGuigan 'Black Label' Cabernet Merlot from Barry). This wine really is a cracker! It's listed in Billy Beefeater's Australian Wine Guide as having "a berry fruit nose with subtle charred coffee oak in the background, and leathery cigar box aromas also flowing . . ." So it'll probably taste even better if you're a smoker, Jonathan.

Reciprocal Club Benefits

As an active British Club Member, you are entitled to enjoy the full use of other associated Club facilities around the world. This month we feature the reciprocal club . . .



The St James's Club & Hotel



Located in a quiet cul-de-sac near Green Park, the St James's Club is just a stroll away from Buckingham Palace, St James's Palace and Hyde Park Corner.



The Penthouse, with its own private access and large sun terrace.

Club amenities Include:

- Four Conference/Banqueting Rooms
- Restaurant, Lounge & Bar
- Sauna and steam spa
- Personal fax, phone and xerox
- Individually controlled air conditioning
- Twenty-four hour room service

Website: <http://www.stjamesclubandhotel.co.uk>

The St James's Club & Hotel, a unique establishment, has been an integral part of London's fashionable society for many years. Built in 1892 as gentlemen's chambers for the aristocracy and purchased by the present owners in 1994, the building was refurbished throughout to the highest standards and has been maintained as such ever since.

Tucked away in a quiet street in London's premier location, the St James's Club & Hotel provides personalised service to its guests at highly competitive prices. There are 58 elegant bedrooms and 13 excellent suites including the penthouse. All the suites have separate lounges and many have delightful terraces. The St James's is dedicated to providing a unique taste of "Luxury in London" to its guests.



Each suite has its own personal fax and telephone.

Members of the St James's Club & Hotel receive concessionary room rates, upgrades whenever possible and complimentary use of the Conference & Banquet Rooms. Members of clubs that have a relationship with St James's are assured of a most warm welcome and may take advantage of special reciprocal and associate room rates.



The Lounge

For more information please contact the Membership Department at membership@britishclubbangkok.org

HELLOS

Welcome Aboard!

Please join us in welcoming the following new members and their families. We look forward to seeing them around the Club.

1. Gordon & Helen Smith
2. Sunai & Lawan Sathaporn
3. Thomas Christiansen & Araya
4. Sarapong & Nuanapa Saengsiripongpun
5. Chris & Debby Vennell
6. Angela Stafford
7. Robin & David Stiglitz
8. Nicholas Gooch & Somkit
9. Mark & Julie Lacy
10. Garry Cutler
11. Ian Storrs & Siriporn

and GOODBYES

Farewell and best wishes to . . .

1. Andrew & Mary Brown
2. Stuart & Susan Morris
3. Richard & Louise Ball
4. Emma Nickerson
5. Deirdre Vajrabhaya & Parib
6. Grant Walker
7. Bradley Kirk
8. John Duff
9. Richard & Rachel Miles
10. Peter & Joyotee Smith
11. Justin Lalonde & Kate Bishop
12. Brian & Lee Pearson-Fry



Rodney Bain with Jim Fowler.



Khun Lak, reflecting on her achievements.



Barry Osborne presents Julia Kingston-Davies (who was not at the Bar Quiz) with a framed edition on behalf of her son Lucas, who appears on the cover as a small hungry onlooker clutching an empty plate.

"Flippin Pancakes!"

cover best so far . . .

February's Bar Quiz got off to an unusual start on the 21st. Mr. Jim Fowler, Head Honcho of Veritas Enterprises, which produces *Outpost* magazine on behalf of the British Club, presented framed editions of the February cover to two of the cover stars. Khun Lak, the pancake-flipper, is Head Chef at the British Club and Mr Rodney Bain, principal onlooker, just happens to be Quizmaster for the Bar Quiz.

Veritas has been producing *Outpost* for exactly a year and is committed to an ongoing process of improving both presentation and content. "This is probably the best cover we've done so far" was Jim Fowler's verdict. Time will reveal whether the cover stars are able to handle their instant fame. Khun Lak seemed to take it in her stride. Mr Bain afterwards declared that he was available for centrefolds.

If anyone is wondering how the cover was done, the pancake was shot separately and inserted using Adobe Photoshop software, with blurring added to simulate speed. Getting the models to look at an imaginary pancake in the studio was virtually impossible so photographer Ed Giunca suspended a mock pancake from the roof to direct all the eyeballs . . . There's more to making a cover than meets the eye!

Getting in touch

General Committee		email
Angela Daniel	Chairman & Communications /IT Sub Committee	chairman@britishclubbangkok.org
Mark Hamill-Stewart	Hon. Treasurer	gc@britishclubbangkok.org
Rosemary Imlah	Vice Chair & Chair - Operations Sub Committee	gc@britishclubbangkok.org
Nick Day	Vice Chair & Chair - IT Sub Committee	gc@britishclubbangkok.org
Sally Crossley Smith	Hon. Secretary/Operations & M&D Sub Committees	gc@britishclubbangkok.org
Tony Wright	Chair - Maintenance & Development Sub Committee	gc@britishclubbangkok.org
Stuart Blacksell	Maintenance & Development Sub Committee	gc@britishclubbangkok.org
Peter Corney	Operations Sub Committee	gc@britishclubbangkok.org
George Dunford	Communications/ IT Sub Committee	gc@britishclubbangkok.org
Office		
Barry Osborne	General Manager	gm@britishclubbangkok.org or barry.Osborne@britishclubbangkok.org
Hanni Phillips	Manager Sports & Grounds Fitness Centre	sports@britishclubbangkok.org
Khun Aeh	Membership	membership@britishclubbangkok.org
Khun Somboon	Outside Catering and Functions	somboon@britishclubbangkok.org
Khun Benjawan	GM Secretary and Events	eventbooking@britishclubbangkok.org
Sports Sections		
Anand Leighrahathorn	Badminton	
Winlock Hsu/Charlene Wang	Bridge	winlock@duraform.co.th
Zeeshan Khan	Cricket	shan@bangkokgemmart.com
Martin Conisbee	Football	conisbee@mailsvrl.loxinfo.co.th
Brian Brooke	Golf	bbrook@loxinfo.co.th
Jon Prichard	Rugby	jpach@csloxinfo.co.th
Steve Eaton	Spoofers	EatonSteve2000@yahoo.com
Peter Corney	Squash	peter@acagroup.com
David Eastgate	Tennis	davide@loxinfo.co.th
Loyal Societies		
Gale Bailey	St George's	galebailey@hotmail.com
Alan McAllister	St Andrew's	mcallister@bangkokscot.com
Darren Jones	St David's	darren.j@shrewsbury.ac.th
Gerald Wright	St Patrick's	gerryw@amantaresources.com
Miscellaneous		
Tsunami Relief Fund		tsunami@britishclubbangkok.org
BCB Webpage	online	http://www.britishclubbangkok.org
Outpost Submissions	Member magazine	outpost@britishclubbangkok.org

The British Club

189 Surawongse Road, Bangkok, Thailand 10500
Telephone: 02 234 0247, Fax: 02 235 1560

nist

a truly
international
education



NIST offers a truly international education to its culturally diverse students aged 3 to 18. As the only school in Bangkok offering all three International Baccalaureate programmes, NIST has become the leading IB school in both Thailand and South East Asia.

Being independent of national systems, NIST is able to employ the best educational practices and practitioners from around the world. Our aim is to develop students who have the skills necessary to be life-long learners, confident leaders, decision makers and responsible citizens.

For further information call NIST on 02-651 2065, visit our website at www.nist.ac.th or send an email to admissions@nist.ac.th



NIST - New International School of Thailand
36 Soi 15 Sukhumvit Road, Bangkok 10110 Thailand
Tel: (02) 651-2065
Fax: (02) 253-3800
email: nist@nist.ac.th www.nist.ac.th

Est. 1992 United Nations related. Accredited by CIS & NEASC



คิดถึงความรู้สึกนี้ที่สภากาชาด
"Toucher to remember"



โรงพยาบาลสมิติเวช
SAMITIVEJ HOSPITALS
SUKUMVIT | SRINAKARIN | SRIRACHA

We Care

0-2711-8181
www.samitivejhospital.com