

## BREAK OUT FROM THE MONOTONOUS HOTELLIFE

let us assist in planning your stay at bangkok. +(662)266-2345 1 reservation@sirisathorn.com



### LIVE WITH AWARD-WINNING STYLE Because your address reflects who you are

### Visit our Show Suites. Share in our success.

Visit our on-site Show Suites at The River Promenade and discover our award-winning design and quality for yourself. What you see in our Show Suites is exactly what you get in your home.

Raimon Land Head Office: +66-2651-9600 Sales office at The River Promenade: +66-2861-1971



ter senerated images

raimonland.com



THE RESIDENCE. THE LIFESTYLE. THE ADDRESS. THE RIVER

Project owner: TWS8N PROFERTIES CO., LED., Registered capital Biol 265,000,001 (Paid up capital Biol 265,000,000), Registered address of 22nd Floor Unit 2201/3 The Millennia Tower, 62 Langsoon Road, Lumpini Pathamwan, Bandick (1030), Site Iscalian, on 14to ereal no. 1159, 4528 Lot no. 2 468, Resp Tossia auditative, Reingan dealer, Bandick, Bandick, Bandick, Bandick, Bandick, Bandick (1030), Site Iscalian, on 14to ereal approximation for the second second approximation for the second second approximation for the Second approximation for the Second approximation for the Second approximation for the second second approximation for the second second second approximation for the second second second second and and advected the first construction second second second and and advected the first construction second second approximation for the second second second second and advected the first construction second second approximation for the second second second second second and advected the first construction second second second approximation for the second second second second second second and advected the first construction second second second approximation for the second second second second second and second the second s

# Harrow is celebrating ten years... why not join us?

In 1572 a school was founded in Harrow, London that during its long history has surely become one of the most famous and prestigious schools in the world. In 1998 Harrow International School was founded in Bangkok with the aim of bringing the best of British day and boarding education to Thailand. Since then, Harrow International School has gained a reputation for academic excellence and a broad-based educational experience for students - it's what we call *"the best that you can be."* 

For more information about your child's future please contact the Admissions Office Tel: +66 (0) 2503 7222 Ext 1127, 1129, 1130 Fax: +66 (0) 2503 8286 Email: admissions@harrowschool.ac.th Web: www.harrowschool.ac.th





Accredited by



# **CONTENTS**



Letter from the Chairman	5
CEO's Report	5
Bazza's Banter	7
What's Going On	
Your guide to Special Club Events	9
Formula One	11
Balut	11
Regular weekly Events	12
Monthly Calendar	24-25
Club Features	
Susie's Kids Korner	14
On the Menu	27
Book Reviews	47
Club Events & Notices	
BCB Annual General Meeting	39
Upcoming Attractions	
Harry Connick Jr, live in Bangkok	10
ReTails 'Big Stuff' Auction & Craft Fair	13
St David's Annual Ball	26
Looking Back	
Farm Chokchai Visit	16-17
Quiz Nights	18
New Year's Members Gathering	20
European Young Professionals	
Networking Party	22-23
A Wonderful Special Wedding Day	28-29
Annual Staff Party	32-33
Sports	
Sport & Fitness with Reed Passmore	37
Sports, Games & Activities: times & prices	38

()

O

0



And they re racing: The BIVIT mascots show their pancake tossing skills in one of the many races at the European Young Professionals Networking Party on the back lawn of the Club. See pages 22-23 for more.

### It started with a mouse . . .

Walt Disney (1901-1966) began his career as an advertising cartoonist in Kansas City in 1920 but soon became interested in cartoon animation, which at the time was in its infancy. His first company, Laugh-O-gram, had some success making short, grainy, jerky, black & white humorous animated cartoons, but was forced to declare bankruptcy after its main client went bust.

After nearly starving to death, Disney moved to Hollywood in 1923 with \$40 in his pocket and a sketchbook. He convinced his brother, Roy Disney, to join him as a financial partner in a new business and the Disney Brothers Studio was launched on borrowed money. Disney found a New York distributor for their early cartoons, the most successful of which was "Oswald the Lucky Rabbit". As Oswald's popularity grew, Walt decided to negotiate a higher price for the contract to improve the quality of the animation but, unbeknownst to him, the distributor had not only recruited most of Walt's staff behind his back, but also had worded the distribution contract so that it owned the legal rights to Oswald. When the distributor demanded that Walt Disney give up his business and go to work for him, Walt refused - and immediately lost his studio's source of income.

It was on the long train ride back to Los Angeles from New York City that the 26-year-old Walt Disney started sketching a new character. He knew he had to come up with something to keep his studio alive and so a cute comical little mouse started to take shape. He called it "Mortimer Mouse", but his wife, Lilly, thought that name too pompous and suggested "Mickey". A star was born!

The first two silent Mickey Mouse shorts turned out by the struggling studio did not attract a single distributor. Walt was on the ropes . . . but he refused to give up. Realising that the days of silent films were numbered, Disney took his third Mickey Mouse cartoon - Steamboat Willie - to New York to get a soundtrack added. Walt sank everything he had into the film. At its first screening for New York exhibitors, Steamboat Willie was a hit. A distributor was found and Mickey Mouse made his debut to the general public on 19 November 1928, at the Colony Theatre in New York. Steamboat Willie also featured the first appearance of Minnie Mouse, as well as the world's first use of fully synchronized sound in cartoons. Mickey Mouse, often with Minnie at his side, went on to star in over 100 films, becoming both the icon and the engine of an ever-expanding Disney empire.

Some say Mickey mouse is Disney's alter-ego – a little guy born out of adversity but always cheerful and upbeat. His comic antics and human foibles endear him to people and make them laugh. The cute little mouse is still doing it, 21<sup>st</sup> century style, with the aid of Minnie and a host of other colourful characters - and all on ice.

The British Club is organising a trip to see Disney on Ice in Bangkok on Saturday 22nd March – see What's Going On (page 9) for more details.

**Billy Beefeater** 



Football

Golf

In Touch

Tennis

Sudoku — Double Diabolical

Hellos and Goodbyes

Cover pic-Montage featuring the new Disney On Ice Show - Mickey & Minnie's Magical Journey, The

Club is organising a trip to see the show - see page 9.

### **OUTPOST MAGAZINE**

35-37

42-43

44-46

40

48

The contents of this magazine are not necessarily the opinion of the Editor, the General Committee or the Club's management. Criticisms and suggestions are welcomed by the Club's management or by Veritas Enterprises.

OUTPOST is produced on behalf of the British Club by Veritas Enterprises. For advertising inquiries contact Jim Fowler (081-844-7015 or Jim@VeritasEnterprises.com); and for editorial matters contact the Editor at OutpostEditor@VeritasGraphics.com

The British Club is a family, social and sporting club set in relaxing grounds, conveniently located between Silom and Surawongse Roads, with an ever-growing international membership.

The British Club 189 Surawongse Road, Bangkok, Thailand 10500 Tel: 02 234 0247 Fax: 02 235 1560 Entrance via Silom Soi 18





give OUT child a In the fast paced, competitive world we live in today, the demand for excellence is ever increasing.

The importance of a university education cannot be underestimated when it comes to unleashing the academic potential of your child. The costs of a good education are growing astronomically, good financial advice is invaluable.

Consider establishing an education savings plan early to avoid future financial burdens.

the pleasures of planning

0

0

Infinity Financial Solutions Ltd Thailand T +66 (0) 2 261 1571 Malaysia T +60 (0) 3 2164 6585 info@infinsolutions.com www.infinsolutions.com LOFSA License No.BS200548

# Letter from the Chair



#### Dear Members,

With the Committee year at a close it is appropriate to review the Club's achievements and future challenges. With the ever-changing and fast-paced nature of Bangkok, the Club must strive to be relevant and continue to do what it does best – provide an international oasis in the heart of Bangkok. To do this, the Club needs strength and direction as these factors are key to any successful endeavour. These attributes come to the Club by having a capable General Committee, management and staff as well as members who love the Club with a passion – we are fortunate to have this in abundance. I have every confidence that the Club will meet the challenges of the future and adapt to be relevant in 21<sup>st</sup> century Thailand.

Some of the highlights of the year include the opening of the Verandah bar, successful implementation of an integrated point-of-sale (POS) system to improve billing and financial controls and the high quality and number of events held at the Club. Concentrating on the positive aspects and looking to the future, it's great to have all the Club's outlets open and, importantly, the Verandah bar provides a non-smoking eatery for all members and their guests.

A strong and vibrant British Club requires input from its "heart and soul" – the members. As such, Ordinary members should consider standing for election to the General Committee of the Club at the Annual General Meeting to be held on the 18<sup>th</sup> of March 2008. In recent years there has not been a competitive election due to there being only the minimum number of nominations for the Committee (the General Committee requires a minimum of 8 and a maximum of 10 people). Serving on the General Committee allows you to hear the views of others, get involved with the running of the Club and, importantly, to have a say in the future of the Club.

On behalf of the General Committee of the Club I would like to thank the membership for their generous support of the Club and the Committee during the past 12 months. The General Committee are the representatives of the Club members and, as such, we have always done our best to act in the Club's long-term and membership interests. Periodically, the General Committee will make decisions with which not everyone will agree. However, we have always attempted to act in the interests of the majority of members. On a personal note, I would like to thank the members of the General Committee, Development Rolling Sub-Committee and the Treasury Work Group for their commitment to the Club over the past 12 months. I am also grateful to the senior management team of CEO, Michael Silcock, GM, Barry Osborne and the Deputy GM (Finance) Khun Premrudee Tanyaluck who have given us great service throughout the past year. After three years on the General Committee, I will not be seeking re-election and I would like to thank the members for their support and encouragement during my Chairmanship. May the British Club Bangkok continue to prosper and provide enjoyment to members and the wider community.

Yours sincerely Dr Stuart Blacksell Chairman BCB General Committee 2007/2008

# and the **CEO's report**

#### Dear Members,

There seems to have been an increase in activity around the Club in February. Perhaps the appointment of the new government has also led to a more positive outlook with more functions being booked and members visiting the Club more frequently.

Sports and Recreation Manager Reed has attracted nearly 50 children for swimming classes and he and Khun Amnat's 'Fit Ball' classes have created havoc amongst the participants who are now discovering muscles they never thought they had! The programme offered for the recent children's Sports Camp was also most extensive, so if your kids did not attend the half-term break camp, look forward to the next one and book early. There will be lots of new events on the way around Poolside as the year progresses. Remember that if you want to arrange any individual coaching or training this is now available and Reed will be most happy to arrange this for you.

As has been mentioned elsewhere the AGM is an important Club event and by now all members will have received the Calling Notice with all the formal details re proxy voting, applications and the AGM Agenda. The date of the AGM is Tuesday 18th March at 7 pm and we hope to

see many members there to deal with the business at hand, and to elect a new General Committee. Application forms for the General Committee are available from Membership Services. See page 39 for further details.

The most contentious issue at the Club recently has been the implementation of Thailand's new Smoking Regulations, which have resulted in the banning of smoking in the Churchill Bar and the Salas. The Club's pre-existing non-smoking areas still apply at or near the children's pool or play areas, changing rooms, sports areas and function rooms. We have three designated smoking areas at the front of the Clubhouse on the front lawn, the upstairs balconies and a small area near the Suriwongse Sala.

The Club contacted the Ministry of Public Health to confirm that the bans applied to the British Club - we were assured that this was the case as public health issues cannot be ignored and apply in clubs, restaurants and markets equally. I would like to thank all members for their cooperation, especially the smokers!

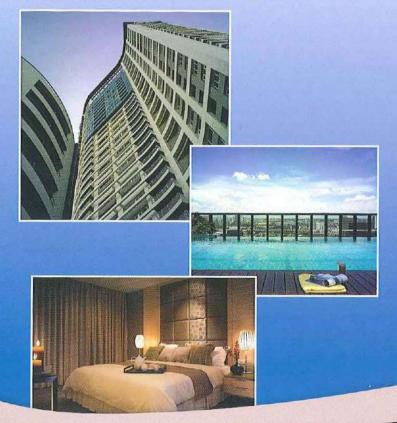
The Club has made a steady start to the year financially and we hope of course that with the members' continued support, this will carry on through 2008. See details of all events on page 9, and in Barry's and Reed's columns.

In future Outposts I will be reporting on the Club Development as we firstly finish off those areas of the Clubhouse that still need attention (the corridor, defects in the Churchill Bar) and then consider the way forward with Phase 2 around Poolside. Member input will be most critical to this process and will be sought actively to assist in getting the best result for all members.

Michael Silcock Chief Executive Officer

British Club Bangkok

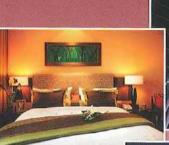
# 



a full suite of facilities and services to meet the needs of all members of the family. With the 135 fully-furnished serviced residences come a spa, outdoor border-less sky pool and Jacuzzi, restaurant, Residents' Lounge and Fraser's signature business centre and meeting facilities, "The Retreat". Also available are extensive sports facilities such as tennis court, basketball court and fully equipped gymnasium. For guests' convenience, a schedule shuttle service is available for easy access to key areas within the vicinity

Fraser Suites Urbana Sathorn provides the utmost comfort and convenience of modern day living, the residence comprises 143 luxurious apartments infused with elegant luxury. For the discerning business traveler and his family, offers spacious one-, two- and three bedroom and penthouses to cater for the varying unique lifestyle needs, including a lush 25-metre swimming pool with paranomic view of the city, exclusive spa, jet pool and sauna, a state-of-the-art fitness centre, basketball, 2 badminton courts and one squash court

55 South Sathorn Road, Thungmahamek, Sathorn, Bangkok 10120 Tel: +66 (0) 2227 9999 Fax: +66 (0) 2227 9800 Email: sales.bangkoklangsuan@fraserhospitality.com





# Bazza's Banter

## Mad as a March Hare!

### Dear Members,

0

S

O

March is going to be a busy month with lots of activities and events taking place. On the 1<sup>st</sup> of March we will be Celebrating St David's Day with a Welsh themed buffet available at lunch and dinner times in the Verandah café. The menu consists of Roast leg of Lamb, Lamb Cawl, Chicken & Leek Casserole, Rhubarb Crumble, Welsh cakes and lots, lots more - there's no need to book, simply show up. The Bangkok St David's Society are celebrating St David's Day with their Annual Ball held on the 8<sup>th</sup> of March at the Intercontinental Hotel. It is a great night with sumptuous dining, with the Hong Kong Welsh choir providing the highlight of the evening – see page 27 for further information.

On March the 3<sup>rd</sup> we are off to see Maroon 5 in concert at Impact Arena, Muang Thong Thani, and as usual we will have coaches leaving from the Club at 6.30pm. We have also booked tickets to see Harry Connick Jr in his first concert here in Bangkok. There are two ticket classes available - Gold ticket @ Bt.3500 and Gold Package ticket @ Bt.4500 each. We will meet at the Central World Plaza and distribute tickets to members - please book now as tickets are limited. And also we still have tickets available for the Disney ice extravaganza taking place on Saturday 22<sup>nd</sup> March. We have once again reserved great seats for Mickey and Minnie's amazing journey. Tickets cost Bt.1700 each. The show is with full English sound track, coaches leave from the Club at 8.30am and the show starts at 10.30am. There's only a few left, so hurry, book now.

On Saturday March 15<sup>th</sup> we'll be celebrating St Patrick's Day with our St Patrick's Minus Two party. Entertainment will be provided by "No Fixed Abode", Khun Laak will create her Green Food Buffet and there will be a special promotion on Guinness and Jameson's whiskey. The Green Buffet will be available at lunch and dinner times in the Verandah at just Bt.325 per person. The evening starts at 6pm and runs until the wee hours of the morning. The St Patrick's Society will be celebrating with their Ball held on March 22<sup>nd</sup> - for more information, see the Club's notice boards.

The Club's Annual AGM will take place on Tuesday 18<sup>th</sup> March upstairs in the Suriwongse room and is open to all Ordinary and Country members from the core nationalities - for more information please see page 39. Members will also receive copies of their new Membership Year Book and Directory in the week before the AGM.

On Sunday 23<sup>rd</sup> of March we will be celebrating Easter Sunday here at the Club. In the Verandah we will have an Easter Brunch, which will be a bigger version of the Sunday carvery, and every child will receive a complimentary soft drink and an Easter goodie chocolate. There'll be lots of delicious chocolate at the Club this

Easter, generously provided by-We will also be holding an Easter Sunday Eggtravaganza on the back lawn from 11am until 1pm. There will be lots of



activities for the kids, including an egg hunt and also a picnic lunch. For details on all events please check out this edition of Outpost or call Khun Koy or myself for further details. Khun Boonchao, our baker, will once again be making the Club's famous hot cross buns, available in all outlets from 15<sup>th</sup> March. They cost Bt.40 each and are the best in town.



The Club enforced new no-smoking policies last month, and now all outlets are non-smoking as well as all function rooms. Members can smoke on the front lawn, on the Clubhouse balcony and at a special designated zone near the Suriwongse sala. These new rules are to comply with the new stricter smoking laws in Thailand.

March also sees the Club's Tennis Section Championships in full swing with the finals taking place on the 15<sup>th</sup> of March. If you find yourself sitting in the Suriwongse sala during this month you are sure to see some great competitive tennis matches taking place.

As you can see there is plenty going on at the Club and we have lots more in the pipeline, including a weekend break at a winery and a trip to Khao Yai. We are also pleased to announce that Canada Day will be held at the Club again this year and that we are hosting a joint event with the St George's Society on Saturday 26<sup>th</sup> of April to celebrate St George's Day with a family day with lots of activities, live bands and Paul Jackson's disco in the evening.

Looking back on some of our February highlights, on Friday 8<sup>th</sup> of February we held a Ratatouille party for the kids to celebrate the Chinese New Year of the Rat. Around 20 kids took part in the Party which ran from 6-9pm and was led by the lads from Khun Susie's Team. There were plenty of games and crafts, as well as supper and soft drinks, followed by the movie 'Ratatouille' which was shown on the big screen - as usual, no parents were allowed to the Party, as we did not want to spoil the kids' fun. Whilst the kids were having fun on the back lawn we held a Chinese New Year's Buffet with a range of dim sums and a menu consisting of Grilled River Prawns, Steamed Fish with Ginger, Prawn Curry and lots, lots more. We also had a promotion on Tsingato Chinese Beer.

Keep a look out for other special themed buffets taking place in the Verandah over the next month - to book a table in the Verandah contact the Club's Reception.

I look forward to seeing you around your Club soon,

Regards,

Barry Osborne General Manager





Bumrungrad International provides experienced counseling for the expatriate community. Appointments are in a private, professional setting at the Behavioral Psychology department on the hospital's third floor. Counselors may be reached at 02 667 2533.

- Marriage and family counseling
- Psychiatric evaluation
- Anger management
- Cultural/living adjustment
- Parenting concerns
- Anxiety, self-esteem issues
- Child psychiatrists (in Pediatrics)



Mr. Carl Janowitz is one of 10 professionals available to help you. He has a Masters in Counseling Psychology with marriage and 0

0

family counseling credentials, and is a member of the California Mental Health Professionals Association. Mr. Janowitz has counseled for 25 years in California and Thailand.



Internationally accredited since 2002, the first JCI hospital in Asia.

www.bumrungrad.com 33 Sukhumvit 3, Bangkok 10110, Thailand.



# WHAT'S GOING ON

## Special Events at the Club this month

### \*\* ST DAVID'S DAY BUFFET

Saturday, 1<sup>st</sup> March, Lunch & Dinner, Verandah Bar This St David's Day we will be celebrating with a Welsh themed buffet available at both lunch and dinner times in the Verandah. The menu consists of Roast Leg of Lamb, Lamb Cawl, Chicken & Leek Casserole, Rhubarb Crumble, Welsh cakes and lots more. Bt.280 per head.

### \*\* MAROON 5, LIVE IN BANGKOK

### Monday, 3rd March, Coaches leave BC at 6.30pm

We have booked great seats at the Impact Arena Muang Thong Thani to see this excellent band live for the first time in Bangkok. Tickets Bt.3,500 each include transportation from/to the Club. The coach leaves from the Club at 6.30pm and the concert begins at 8.30pm. Beverages and snacks served on the coach are charged extra to members' accounts.

### \*\* DETECTIVE VDO NIGHT -- PRIME SUSPECT Thursday, 6<sup>th</sup> March, 7pm, Wordsworth Room

This month's episode is called "Scent of Darkness" starring Helen Mirren as Detective Jane Tennison. There is no charge for the event but we ask members to please book in advance as this assists us with our seating arrangements. Full F&B service will be available. Please note, this episode lasts approx 3 hours and 10 minutes

### \*\* BRITISH CLUB BANGKOK BALUT CUP

Saturday, 8<sup>th</sup> March, 6.30pm, Suriwongse Room See page 11 for details.

### \*\* QUIZ NIGHT

 $\bigcirc$ 

0

 $\odot$ 

#### Thursday, 13th March, 7.30pm, Suriwongse Room

As usual Bangkok's premier Quizmaster, Rodney Bain, will be asking four rounds of 19 questions (on a range of subjects from Asia to famous people – or their dogs) each ending in the dreaded "Common Denominator". Prizes go to First, Second, Third and 'Second to Last', and in addition, there are also three 'between round' questions where your team has the chance to win a bottle of wine sponsored by Crown Worldwide Relocations. So, get a team of friends (up to six) to come along and join in the fun - at least one Club member per team - or just pop along to see if we can fit you in. The cost to enter is now 150 baht per person to cover increasing costs.

### \*★ ST PATRICK'S MINUS TWO PARTY

#### Saturday, 15<sup>th</sup> March, 6pm to the wee hours, Churchill Bar & The Verandah

Once again we are celebrating St Patrick's Day early here at the Club, with our traditional Green food Buffet, available at both lunch and dinner times in the Verandah bar at Bt.325 per person, plus entertainment provided by 'No Fixed Abode', and there will be a special promotion on Guinness and Jameson's whiskey.

### \*\* AUSTRALIAN GRAND PRIX

## Sunday, 16<sup>th</sup> March, 11.30am, Churchill Bar & The Verandah

We will be showing the first Grand Prix of 2008 live at 11.30am in the Verandah and Churchill Bar, and we'll have a promotion on Coopers Australian Beer and on

House Australian Wines. Delicious Aussie pies will also be on sale. No need to book - just show up and enjoy the atmosphere of the new Formula One season which promises to be exciting – see page 11 for more details.

### \*\* HARRY CONNICK JNR, LIVE IN BANGKOK

**Monday, 17<sup>th</sup> March, Meet at Central World Plaza** Harry Connick Jr & his Big Band are coming to the Bangkok Convention Centre, Central World! The Grammy Award winning artist will be performing his first concert in Bangkok, as part of the My New Orleans Tour. We have booked Gold tickets priced at Bt.3,500 and Gold Package tickets at Bt.4,500. Gold Package tickets include front row seating, pre-show cocktails and a Harry Connick Jr Concert DVD and exclusive parking area. Hurry! Book now - tickets are limited. See poster on page 10.

### **\***★ DISNEY ON ICE

**Saturday, 22<sup>nd</sup> March, Coaches leave BC at 8.30am** We are off once again to Impact Arena to see this year's Disney on Ice Family Spectacular, Mickey and Minnie's Amazing Adventure. We have booked excellent seats to see the 10.30am show with an English sound track. Coaches leave the Club at 8.30am and doors to the Arena open at 9.30am.

### ★★ CADBURY ADAMS EASTER SUNDAY EGGSTRAVAGANZA

### Sunday, 23rd March, 11am to 1pm, Back Lawn

We have a wonderful fun day planned for the whole family starting at 11am with our Easter egg hunt on the back lawn, followed by a host of activities including the BC bouncy castle, magic show, puppet show, Easter arts and crafts and face painting. The cost of the event is Bt.350 for children under 12 years and Bt.200 for adults. Cost includes all activities, lunch and soft drinks.

### ★★ EASTER SUNDAY VERANDAH BRUNCH

## Sunday, 23<sup>rd</sup> March, 11.30am to 3pm, The Verandah

We have a wonderful Easter Sunday Brunch in the Verandah from 11.30am until 3pm. The Buffet costs Bt.400 for adults and Bt.250 for children under 12; cost includes soft drinks and Easter chocolates for the children. We will also be showing a video for the kids from 3pm in the Wordsworth lounge at no charge.

### \*★★ MALAYSIAN GRAND PRIX

### Sunday, 23rd March, 2pm, Churchill Bar

Join us in the Churchill Bar for the second Grand Prix of the 2008 season live from Malaysia at 2pm. No need to book - just show up and enjoy the atmosphere of the new Formula One season which promises to be exciting - see page 11 for more details.

### \*\* MONTHLY WINE TASTING

### Friday, 28th March, 6pm, Suriwongse Room

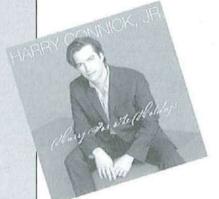
Join us for our regular monthly wine tasting completely free of charge and featuring wines from all over the world. Four companies will be here to let members try unlimited samples of their wines. Members can also purchase wines at specially discounted prices and the Club will create a range of canapés to compliment the wines. What a great way to start your weekend - free wines in the comfort of your Club.

# Harry Connick, Jr.

And his big band Live in Bangkok My New Orleans tour

# Monday 17th March 2007 Bangkok-Convention Centre at Central World

# Gold ticket @ Baht 3,500



# Gold package ticket @ Baht 4,500

Included:

**Book Now** *a* Clubhouse reception

- DVD Special Edition "Harry Connick Jr. Only You Live in Concert"
- Exclusive Parking Area
- Pre-concert Complimentary Cocktails

Door open @ 7 pm & Show time @ 8.30pm



### FORMULA ONE gears up for 18 races in 2008

Formula One racing's governing body, the FIA, has confirmed the calendar for the 2008 world championship. The addition of races in Singapore and Valencia in Spain, combined with the omission of a US Grand Prix, makes for 18 rounds - one more than in 2007.

The Australian Grand Prix will kick off proceedings on March 16, followed by Malaysia and Bahrain, before the championship heads to Europe. Turkey has been brought forward to May, while the sole North American round in Canada provisionally retains its traditional June slot.

The Valencia race, to be known as the European Grand Prix, will take place in August, while the other new event, the first-ever Formula One night race, will be staged in Singapore in late September. The season will finish in Brazil at the start of November

### The 2008 calendar in full:

0

O

0

16 Mar - Australia3 Au23 Mar - Malaysia24 A6 Apr - Bahrain7 Se27 Apr - Spain14 S11 May - Turkey28 S25 May - Monaco12 C8 Jun - Canada\*19 C22 Jun - France2 Ne6 Jul - Great Britain\*Pro20 Jul - Germany\*\*S

3 Aug - Hungary 24 Aug - Europe\*\* 7 Sep - Italy 14 Sep - Belgium 28 Sep - Singapore\*\* 12 Oct - China 19 Oct - Japan 2 Nov - Brazil \*Provisional \*\*Subject to circuit approval

Formula One races are shown LIVE in the Churchill Bar and/or The Verandah See Outpost (p 9), the BC website calendar or notice boards for race times

### BRITISH CLUB BALUT CUP - REVISED DATE

The Inaugural British Club Bangkok Balut Cup will now be held on Saturday  $8^{th}$  March 2008 and is open to all to play.

As previously announced there will, in fact, be TWO Cups up for grabs....

The BRITISH CLUB BANGKOK BALUT CUP ... for Balut Section members.

The BRITISH CLUB BANGKOK ALL-COMERS BALUT CUP ... for guests, BCB non-Section members and overseas players.

The evening will be SMART CASUAL dress code, and start at 6.30pm with free flowing beer in the Suriwongse Room.

Play begins at 7pm with four games ahead of a sumptuous five-course meal prepared by the Club's Executive Chef, Khun Laak. There will be a choice of main courses and a specially prepared vegetarian five-course meal for those who prefer not to eat meat. There will, of course, be wine with the meal and free-flowing beer throughout.

The evening will conclude with the final Game of Balut at 9.30pm, leading to the presentation of both cups at or around 10pm. This leaves the remainder of the evening free for celebrating or commiserating and wondering what would have happened if you had gone for fours instead of trying for an inside straight and for watching the England v. Scotland 6-Nations match which starts at 10.15pm.



The cost of the event is 2,000 Baht per player. Please book direct to paulc@truemail.co.th.

### **BRITISH CLUB BALUT SHIELD**

The seventh BCB Tournament has now been played meaning that three section members have passed the "six tournament" hurdle to qualify for the BCB Balut Shield – from now on only their six highest scores will be used in determining their ranking.

The BCB Balut Shield league now reads:

### QUALIFIED PLAYERS (6 Tournaments minimum)

Rank	Player	Tournaments played	BEST SIX Average
1	Paul Cheesman	7	97.6
2	Steve Eaton	6	96.7
3	John Boisclair	6	91.9

### QUALIFYING PLAYERS

Rank	Player	Tournaments played	Average	
1	Cartoon Merrigan	1	107.2	
2	Caroline Willbourn	4	102.6	
3	Jeremy Watson	4	98.0	
4	Muntana Merrigan	4	97.7	
5	Rohit Naheta	2	97.5	
6	Phil Alexander	4	97.5	
7	Bob Merrigan	4	97.4	
8	Arun Gupta	4	97.1	
9	Simon Davies	vies 2		
10	Peter Deman	1	96.2	
11	Roger Willbourn	5	95.4	
12	Steve Mallon	4	95.3	
13	Christopher Poustie	4	93.4	
14	Bruce McLaren	2	92.3	
15	Paul Williams	1	92.0	
16	Toni Rodriguez	4	91.8	
17	Ben Willbourn	2	91.2	
18	George Okrasa	4	90.1	
19	Paul Mason	3	87.7	
20	Tom Merrigan	2	85.8	

The next tournament is 5th March.

# **REGULAR WEEKLY** EVENTS

### **MONDAYS** The Verandah

From 6pm

VOUCHER OFFER – Buy one meal and pay 50% for a second main course meal (A la carte only - Conditions apply)

0

 $\cap$ 

 $\odot$ 

### **TUESDAYS** Churchill Bar

8:30pm-late	Spoofing
The Verandah	
From 6pm	VOUCHER OFFER - Buy one meal and pay 50% for a second main course meal (A la carte
	only - Conditions apply)

### WEDNESDAYS The Verandah

From 6pm	VOUCHER OFFER – Buy one meal and pay 50% for a second main course meal (A la carte only - Conditions apply)	
Noon-2pm & 6-10pm	THE MIDWEEK CARVERY - Choose from soup, two roasts carvery with potatoes & vegetables (Bt.250) and salad (Bt.285) (Voucher offer does not include carvery)	
Churchill Bar		
7pm and 8pm	PRESTIGE WINES ACCUMULATOR Any member could win from Bt.5,000 to Bt.25,000 – prize increases each week.	
7:30pm	BOTTLE DRAW – somebody present in the Bar will win a bottle of whisky, tequila, vodka or gin.	
Transmer succession with the second second		

### **THURSDAYS** The Verandah

6-10pm THE BRITISH CHIPPY MENU - Voucher offer.

### **FRIDAYS** The Verandah

6-10pm	THE FRIDAY BUFFET – Themed buffet.
Silom Sala	
7pm and 9pm	'Kids' VDO - It's free. Includes free Nestle ice creams for the kids.

### **SUNDAYS** The Verandah

Noon-2pm & 6-10pm	THE SUNDAY CARVERY - Choose from soup, cold cuts, three roasts carvery, with potatoes and veggies, hot dishes, children's buffet, fresh salad bar and a range of desserts. Adults Bt.350; children Bt.180 including fee Coke/Sprite.
Silom Room	
1-3pm	CHILDREN'S ACTIVITIES. Games, videos, crafts, soft drinks and snacks with Khun Susie. Cost: FREE
Suriwongse Room	

3pm onwards

Bridge tournament (except last Sunday in the month)

# **Official Opening Times**

The Verandah	11am - 11pm	Fitness Centre (Mon-Fri)	6am - 10pm
Churchill Bar	10am - 11pm	Fitness Centre (weekends)	6am - 9pm
Poolside Bar	7am - 10pm (last food orders – 9.30pm)	Thai Massage (Tues-Sun)	9am - 6pm



# Sunday, 9th March 2008 10 am - 3 pm

Craft & Gift Fair

Pick up some interesting and unique gifts from the craft fair in our garden and enjoy a drink or snack at our new café retreat, Scoffees! Lots of vendors and all sorts of items on sale - a perfect opportunity to treat yourself to something special or stock up on unusual gifts for friends and family.

ReTails Too, 289 Soi Pridi Phanomyong 42, Sukhumvit Soi 71 more info: www.scadbangkok.org/events Tel: 02 713 3354 (office hours, Tues-Sat)











Sunday 16th March 2008 Viewing from 10.00 am Auction starts 11.30 am

# Fup for all the family!

- beer for the boys



- Pimms for the gals - refreshments by Scolfees THE place in Bangkok to pick up the best

bargains in town. Everything from sofas to coffee makers - going under the hammer vou can't afford to miss it! www.scadbangkok.org/ events













## Join me in the Silom Room every Sunday!

 $\bigcirc$ 

# Egg Garden

Turn your Easter eggs into a blooming centrepiece for the table with these flowering pedestals.

### **Craft Materials:**

- Craft foam in green and other colours
- Cardboard tube •
- Scissors
- Masking tape
- Eggs (real or plastic) .
- Sandwich bag .
- Uncooked rice or beans

### Directions:

- 1. Cut a pair of petal patterns from craft foam. For the centre hole, trace the end of a cardboard tube, then cut out the circle.
- 2. To make the stem, glue a piece of green craft foam around the cardboard tube, using masking tape to secure it until the glue dries.
- 3. Push the foam-covered stem through the holes in the foam petals and set an egg in place for the flower centre. For added stability, place a sealed sandwich bag of uncooked rice or beans inside the stem to anchor it.

# **Bead Bunnies**

Put a little extra hop in your Easter celebration with these tiny rabbits.

### **Craft Materials:**

- · Round wooden beads in different sizes (the holes need to be large enough for double pipe cleaners to fit through)
- Pipe cleaners
- Acrylic paint
- Mini pom-pom
- Fine-point pen

### Directions:

- 1. Paint two beads (one larger and one smaller) with acrylic paint.
- 2. Bend a pipe cleaner into an M shape
- 3. When the beads have dried, bend the ends of the pipe cleaner under the larger bead to form two big feet, and adjust the loops above the smaller bead for ears.
- 4. Glue on a mini pom-pom tail.
- 5. Use a fine-point pen to draw on eyes, nose, and whiskers.

# Standing Cross ecoration

### **Craft Materials:**

- Wood craft sticks
- Green clay or green plastic mould for mound
- Purple cloth
- Flower patterns either paper or foam

### **Directions:**

- 1. Paint the craft sticks a darker brown
- 2. Either with a glue gun or super glue, attach the 2 craft sticks to resemble the cross
- 3. Mould the green clay into a mound and insert the cross
- 4. Arrange and glue on the flower patterns
- 5. Arrange and glue on the purple cloth over the cross

## **KIDS CAN TELL**

### What side of a rabbit has the most fur?

The outside!

What did the Easter bunny say to the carrot? It's been nice gnawing you.

**Chocolate Easter Bunnies:>>** 

What do you get if you pour hot water down a rabbit hole? Hot cross bunnies!

How does the Easter Bunny stay fit?

What's the difference between a counterfeit dollar bill and a crazy rabbit? One is bad money, the other is a mad bunny!

Why did the easter egg hide? He was a little chicken!

How many Easter eggs can you put in an empty basket?

Only one - after that it's not empty any more!

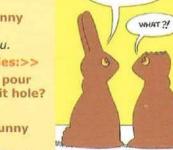
Why shouldn't you tell an Easter egg a joke? It might crack up!

How do you catch the Easter Bunny? Hide in a bush and make a noise like a carrot!

What did the rabbit say to the carrot? It's been nice gnawing you!

How do you know carrots are good for your eyes? Have you ever seen a rabbit wearing glasses?

Why was the Easter Bunny so upset? He was having a bad hare day!



HAPPY

EASTER!

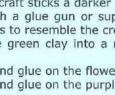


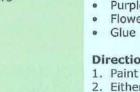
Korn



**USIE'S** 











EGG-xercise and HARE-robics!



Ca218872.047



Taste the art of blending

From tea leaf to cup with the art of unique blending of Twinings, the world premium tea with over 300 years of blending expertise.

AWININGS.

TWININGS

EARL GREY TEA

#### The weekend lay ahead and nothing planned ... and then I spoke to Barry about something else and he asked if I wanted to go on the British Club trip to Chokchai Farm. My initial reaction was "you must be joking" but his persuasive banter and the interest of Khun Name (Surangkhana) in my office, tipped the balance and I heard myself agreeing to have my name, Khun Name's name (confusing or what?) and her mother's name added to the list. And how glad I am that we all went – we had such a good time!

KING

After leaving the British Club early in the morning in our luxury doubledecker coach, Barry and Khun Prem became First Class air stewards passing up and down the gangway with yummy ham and cheese rolls, spinach puffs, sausage rolls, soft drinks and wine and beer for anyone in need. Soon we were settling down to watch the in-house movie – *Chicken Run* – how apt!

In what seemed like no time at all we had arrived at Chokchai Farm and our VIP group of 40 British Club members and friends was being ushered into a small movie theatre where we were shown a short video on the history of the farm and the owner, which was very interesting. We then walked across the 'farmyard' to see a milking demonstration. Some of the children in our group volunteered to have a go . . . yes, I was tempted too but didn't fancy facing Barry's comments, so kept my hands firmly in my pockets. We then watched another short video inside the milking shed and emerged fully informed to start our tour of the farm.

Under the continual and jovial guidance of Barry and Khun Prem, we jumped aboard our VIP tractor train which rumbled us along past dairy cattle feeding pens, hay stacks and fields of sunflowers stretching before the Khao Yai mountain back drop. The weather was perfect and at times I felt I was travelling through the English countryside.

Our next treat was to stop at Chokchai Farm's version of an OK Corral town in the Old West complete with cowboys, Red Indians and cactus bushes. Most of our group enjoyed a short horse ride and then we settled down to watch a lively demonstration of cowboy skills – lassoing cattle,



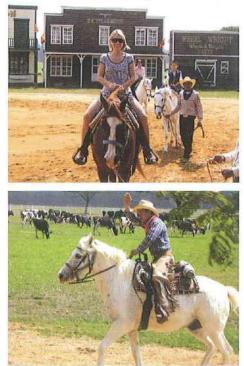
111/18-

0



0

0





0

)





gun-twirling tricks and whip cracking. After the show had finished, we were back on the tractor train once more where we saw a sheep dog (that would have rivalled those on 'One Man and His Dog') skilfully round up and drive a herd of seemingly unruly and nervous sheep into a pen, along a mock sheep dip fenced passage and into a waiting truck – very impressive.

This trip was non-stop fun . . . Next on the agenda was the 'Petting Zoo' where everyone, no matter the age, enjoyed feeding the calves, lambs, rabbits, goats and reindeer. And then it was time to watch the Chokchai animal show starring a cheeky monkey, performing poodles, a parrot that could count and a kindly 'nanny' Labrador who affectionately fed a calf with a bottle of milk!

Reluctantly we left the cuddly animals behind and travelled by tractor train to our private buffet lunch at the Chokchai Ranch. Barbecued steaks, sausages, salmon, lamb chops, chips, jacket potatoes and salad in abundance – followed by Chokchai ice cream and yoghurt – what a treat!

And then it was time for Barry's Treat . . . the finale of the day. Being a VIP group (what else, with Barry in charge of organising everything?) we were entitled to go into the Dairy Farm Ice Cream kitchen to . . . yes . . . make ice cream. After washing our hands and putting on some very attractive plastic hats and Chokchai aprons, we set about making ice cream. I was in the Strawberry group – others made chocolate, rum and raisin and coffee flavours. Thirty minutes later we were back out in the

sunshine once again proudly carrying trays of our 'home made' produce which we could take home to eat later.

After a quick visit to the Chokchai souvenir shop to stock up on farmyard essentials, we were back on our waiting coach for the return trip to Bangkok. Once again, as if by magic -Barry and Khun Prem appeared and took care of our every need, providing more drinks and treats to make the journey enjoyable. We all sat back and enjoyed 'Babe II' . . . Barry really had thought of everything. Thanks to the British Club for a Fun Day Down on the Farm! I shall definitely go again.

The new 'Umm' rep was udderly enthusiastic!





Now, Look! There's no more!







## Quiz Nights get cracking in 2008

The first Quiz of 2008 attracted five teams to the Suriwongse Room on January 22<sup>nd</sup> and, despite being in the 'holiday season' with many teams absent, produced nail biting finishes at both ends of the field. Final scores ended up as follows:

1. Bangkok Gentlemen Spoofers	128	4. Bookworms	101
2. Shminky Binky Bang Bang	128	5. Textile All Stars	100.5
3. All Crown Southerners	110		-

The second Quiz of the year on February 19<sup>th</sup> saw traditional heavyweights Shminky Binky and the Spoofers pushed aside by a new wave of 'upstarts' including Another Team, which perhaps is related in some way to Some Other Team, and the very competitive All Crown Southerners. But it was Under Par, once again playing above themselves, who held their nerve to take out a very hotly contested Quiz, snatching victory from the hapless Jim's Junkies who, much to everyone's surprise (and their own), had managed to lead the Quiz all the way until plummeting out of contention in the final round.

Sometime during the evening we found out that the most popular topping used on American pizzas was . . . pepperoni. And then, some time later, came the Crown Worldwide Relocations bottle prize question: "How many pounds (weight) of pepperoni do Americans eat on their pizzas every year? The answer is a shocking 251,770,000 pounds!

Oh, and the scores:

1. Under Par	133.5	5. Double Jeopardy	127.5
2. Another Team	131	6. Shminky Binky Bang Bang	124.5
3. All Crown Southerners	130.5	7. Bangkok Gentlemen Spoofers	121
4. Jim's Junkies	128.5	8. Ad Hoc	103

See the world, learn more trivia, have a laugh and be entertained at the next Quiz: Thursday 13th March.











0

# ASIA INTERNATIONAL LEGAL ADVISORS, Co., Ltd.

Thai Visa Application \* All Thai Business Issues \* Thai Family Law \* Thai Real Estate Purchase / Sales \* Thai Work Permits Thai Company Registration & Set-Up \* Accounting for Thai Tax Dept. U.S. Non-Immigrant Visas \* U.S. Employment-based Visas-Permanent/ Temporary \* U.S. Green Cards\* Immediate Work Permits

## THAI Work Permits / Visa & extensions U.S. Visa & Green Card / U.S. Work Permits

- Thai Company Start-up and Registration
- Thai Work Permits and Renewals
- ✓ Thai Family Law
- ✓ U.S. Green Cards and residency
- Thai Visas, Extension of Stay, Change of Status
- Thai Marriage Registration and Real Estate
- U.S. Visa Non Immigrant & Immigrant
- U.S. Business Consulting & English Contract Review
- Allow to work in the U.S. legally

496-502 Amarin Tower, 10th Floor, Ploenchit Road, Lumpini, Pathumwan, Bangkok THAILAND 10330 Email: info@asiainterlegal.com www.asiainterlegal.com T: +66 (0) 2-305-6828 / F: +66 (0) 2-305-6827 M: +66-86-779-0342 (English) / +66-89-444-6456 (Thai)

# New Year's Members Gathering



Our annual New Year's gathering took place at the Club on Tuesday 29<sup>th</sup> of January on a beautiful cool night. Around 150 members attended the event, which is open to all members although special attention is paid to our

20-years-plus members of which 40 (out of a total of 121) attended the Party. Special commemorative banknotes to celebrate the King's Birthday were presented to the 20-years-plus members. There was an open bar from 7 until 9pm and four wine companies also came along for a wine tasting where members could sample unlimited amounts of wine and purchase at special prices.

The event was opened by Club Chairman Stuart Blacksell who made a short speech and welcomed everybody along, and also introduced the Club's newest recently joined members. Khun Laak and her team did a wonderful job with an excellent cocktail buffet and carvery laid on. Music was provided by the Royal Thai Army band. Although the evening was due to wrap up at 9 pm, many members stayed on the back lawn or moved into the Verandah and carried on drinking with their friends until the early hours of the morning.

Please make a note in your diary for the next New Members Night on Tuesday 1<sup>st</sup> April, starting @ 7pm in the Verandah bar where you will also get a chance to meet the new General Committee. Complimentary snacks will also be laid on.



0

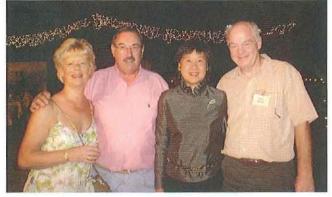
0

0

BRITISH, CLUB

2

S PLUS







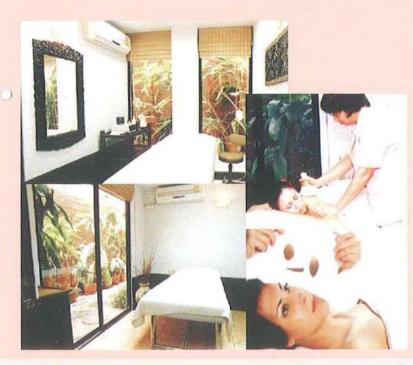
20 British Club Bangkok



## HAIR CARE

From London and Paris' leading salons specialising in current fashion trends professional shape and cut to suit an individual.

- Hair cut / restyling
- Shampoo set / blow dry
- Permanent curls / body / volume
- L'Oreal Kérastase Wella Schwarzkopf Paul Mitchell
- Permanent tint
- Semi-permanent tint
- Natural Glossing / Color Shine
- Frosting / highlights / lowlights
- Hair straightening / relaxing / Rebonding
- Protein / Hair Spa / Detox
- Manicure silk wraps nail extension
  acrylic gel paraffin
- Pedicure



### FACE AND BODY

The most comprehensive skin conditioning available.

- Facial vitamin and vacuum with different type masks for combination skin – collagen - mini lift algae seaweed treatments
- Special anti-wrinkle collagen eye treatment
- Body Spa Treatment including body scrub, massage & masks
- Aromatherapy
- Swedish Oil Massage
- Warm Herbal Compress
- Steam Bath
- Traditional Thai Massage
- Back Massage & Head Massage
- Ultratone the ultimate in professional body shaping, firm, tone – slimming treatment (course of 12 treatments or per treatment)
- G5 gyratory massage for cellulite treatment
- Hair removal: warm wax for face, arms / legs wax for sensitive skin
- Electrolysis
- Eyelash tinting eyebrow shaping / tinting
- Make up for day and evening

PANIPA HAIR AND BEAUTY : at 305 (off Ekamai 19) Sukhumvit 63 Rd, Bangkok Tel. 0-2392-6218, 0-2711-4089, 0-2711-4311 Fax: 0-2391-3666 (08:00 - LAST CLIENT 17:00 CLOSED SUN)

- . NICHADA THANI : (I.S.B.) SAMAKEE RD., PAKKRET Tel. 0-2584-5775, 0-2960-3934 (08:30 LAST CLIENT 17:30 CLOSED SUN)
- NICHADA LA SALLE : Sukhumvit 105 Next to Bangkok Patana School Tel. 0-2744-5070-1 (08:30 LAST CLIENT 17:30 CLOSED SUN)
- SATHORN THANI: 90/2 Ground FI. Tel. 0-2233-9255, 0-2234-2063 NEXT TO CITIBANK NORTH SATHORN RD. (08: 30 LAST CLIENT 17: 30 CLOSED SUN)

THE RIVERINE PLACE : 9/280 Moo 7 Phibulsongkram Rd., Amphoe Muang, Nonthaburi 11000 Tel. 0-2965-2807 (10:30 - LAST CLIENT 19:30 CLOSED MON)

- THE WESTIN GRANDE SUKUMVIT : SUKUMVIT 19, 8th FLOOR TEL. 0-2254-4310 ( 09 : 30 18 : 30 EVERYDAY )
- TRENDY PLAZA : SUKUMVIT 13, 2<sup>th</sup> FLOOR Salon No. 215 (OPENING SOON)

# European Young Professionals (EYP) networking party at the British Club

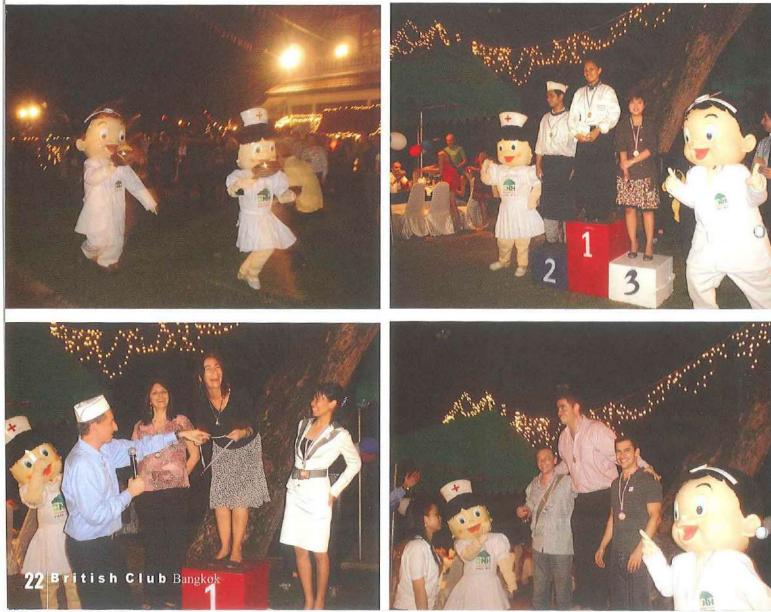
Over 200 young European and Thai professionals enjoyed a British themed 'Pancake Party/Lucky-in-Love Party' on the back lawn of the British Club on Wednesday evening, 13th February (a week after Shrove Tuesday and almost Valentine's Day). Sponsors BNH Hospital and PCS ensured that there were plenty of delicious pancakes available to eat in the famous British Club Pancake Buffet. A generous supply of beer and wine ensured that many were in the mood to participate in the men's and women's pancake races and the mixed pancake/eggand-spoon race. Medals were handed out by President Nick Henley to the winners of the races before the lively finale of the evening - the sponsor's pancake race, which saw two chefs from the British Club, two employees from PCS and two mascot dolls from BNH Hospital in close contention. As you would expect, with their many years of practice in kitchen skills, Khun Laak and Khun Ekasit from the British Club took first place. British Club GM Barry Osborne was understandably proud, saying "I always knew the Club had the best tossers".

A busy night of socialising and fun, as evident in the photos, ensured that everyone attending was a winner and more than likely, many were 'lucky in love' too.





### Angela Stafford





7

in









The following morning bright and early Noddy school was at the Club for their School sports day and once again over 200 people attended.

NI WINNING

The back lawn of the Club is an ideal venue for events and weddings and is being used more and more. If you are interested in hosting a party here at the Club please contact Khun Somboon, Koy or Myself.

**Barry Osborne** 

BRRINK

# BC CALENDAR March – The Month at a Glance

0

Sunday	30 9:00am Tennis Team Practice 10:30am-2:15pm Squash Mix-in Poolside 11:30-3:00pm Poolside BBQ The Verandah Noon-2:00pm, 6:00-10:00pm THE SUNDAY CARVERY	Silom Room 1:00-3:00pm Children's Activities 2:30-3:30pm Yoga 3:00-6:00pm Cricket Practice	2	9:00am Tennis Team Practice <b>Poolside</b> 11:30-3:00pm <b>Poolside BBQ</b> <b>The Verandah</b> Noon-2:00pm, 6:00-10:00pm <b>THE SUNDAY</b> CARVERY	Silom Room 1:00-3:00pm Children's Activities 2:30-3:30pm Yoga 3:00-6:00pm Cricket Practice Suriwongse Room 3:00-6:30pm Bridge Tournament	9	9:00am Tennis Team Practic Poolside 11:30-3:00pm Poolside BBQ The Verandah Noon-2:00pm, 6:00-10:00pm THE SUNDAY CARVERY
Monday	31 9:00am-12noon BWG Mahjong 6:00-10:00pm Tennis Match Play	7:00-10:30pm Pipe Band Practice	3	9:00am-12noon BWG Mahjong 6:00-10:00pm Tennis Match Play	MARCON5 Leave BC at 6:30pm MAROON 5 Live in Bangkok 7:00-10:30pm Pipe Band Practice	10	9:00am-12noon BWG Mahjong 6:00-10:00pm Tennis Match Play
Tuesday	Get this feeling	<u>M</u>	4	8:00-11:00am Tennis Ladies Mix-In 9:00-10:30am Ladies Tennis Clinic 10:00-11:00am Aqua Aerobics	5:15-9:00pm Squash Casual Mix-in 7:00-9:00pm Football Practice <b>Churchill Bar</b> 8:30pm-late Spoofing	11	8:00-11:00am Tennis Ladies Mix-In 9:00-10:30am Ladies Tennis Clinic 10:00-11:00am Aqua Aerobics
Wednesday	Short Term Rental (daily, weekly, monthly Long Term Rental		5	The Verandah Noon-2:00pm, 6:00-10:00pm THE MIDWEEK CARVERY 5:00-6:30pm Junior Tennis 6:00-10:00pm Tennis Mix-in	7:00-10:30pm Pipe Band Practice Churchill Bar 7:00 & 8:00pm PRESTIGE WINE ACCUMULATOR 7:30pm Bottle Draw	12	The Verandah Noon-2:00pm, 6:00-10:00pm THE MIDWEEK CARVERY 5:00-6:30pm Junior Tennis 6:00-10:00pm Tennis Mix-in
Thursday	Rental with Chauffe  Limousine Service  Location: Bangkok • Suvarnabhum  • Chiang Mai • Hua Hin • Pattaya  Tel. 0 2696 8240  E-mail: info@europcar.co.th  www.europcar.co.th		6	8:00-11:00am Tennis Ladies Mix-in 5:15-9:00pm Squash Mix-in 6:00-8:30pm Cricket Practice 7:00-9:00pm Rugby Practice	Suriwongse Room 7:00-10:15pm DETECTIVE VIDEO NIGHT PRIME SUSPECT 9:00-11:00pm Hockey Practice	13	8:00-11:00am Tennis Ladies Mix-in 5:15-9:00pm Squash Mix-in 6:00-8:30pm Cricket Practice
Friday			7	2:00-5:30pm Junior Swimming Classes 5:00-6:30pm Junior Tennis 6:00-10:00pm Tennis Mix-in	The Verandah 6:00-10:00pm THE FRIDAY BUFFET Silom Sala 7:00-9:00pm Kid's VDO	14	2:00-5:30pm Junior Swimming Classes 5:00-6:30pm Junior Tennis 6:00-10:00pm Tennis Mix-in
Saturday 24 Brit	1 9:00am-1:30pm Junior Swimming Classes 9:30am-12noon Cricket Practice	The Verandah Noon-2:00pm, 6:00-10:00pm ST DAVID'S DAY BUFFET 2:00pm Squash Handicap Mix-in	8	9:00am-2:00pm Junior Swimming Classes 9:30am-12noon Cricket Practice	Suriwongse Room 6:30pm BCB BALUT CUP	15	9:00am-2:00pm Junior Swimming Classes 9:30am-12noon Cricket Practice

24 British Club Bangkok

 $\bigcirc$ 

Silom Room 1:00-3:00pm Children's Activities	16	9:00am Tennis Team Practice <b>Poolside</b>	Silom Room 1:00-3:00pm Children's Activities	23	9:00am Tennis Team Practice Back Lawn	Silom Room 1:00-3:00pm Children's Activities Churchill Bar
2:30-3:30pm Yoga 3:00-6:00pm Cricket Practice <b>Suriwongse Room</b> 3:00-6:30pm Bridge Tournament		11:30-3:00pm Poolside BBQ The Verandah & Churchill Bar 11:30am AUSTRALIAN	2:30-3:30pm Yoga 3:00-6:00pm Cricket Practice <b>Suriwongse Room</b> 3:00-6:30pm Bridge Tournament		Cadbury Adams EASTER SUNDAY EGGSTRAVAGANZA Poolside 11:30am-3:00pm	2:00pm MALAYSIAN GRAND PRIX 2:30-3:30pm Yoga 3:00-6:00pm
		GRAND PRIX The Verandah Noon-2:00pm, 6:00-10:00pm THE SUNDAY CARVERY			Poolside BBQ The Verandah 11:30-3:00pm EASTER SUNDAY BRUNCH	Cricket Practice Suriwongse Room 3:00-6:30pm Bridge Tournament
7:00-10:30pm Pipe Band Practice	17	9:00am-12noon BWG Mahjong	6:00-10:00pm Tennis Match Play HARRY CONNICK JR Live in Bangkok 7:00-10:30pm Pipe Band Practice	24	9:00am-12noon BWG Mahjong 6:00-10:00pm Tennis Match Play	7:00-10:30pm Pipe Band Practice
5:15-9:00pm Squash Casual Mix-in 7:00-9:00pm Football Practice <b>Churchill Bar</b> 8:30pm-late Spoofing	18	8:00-11:00am Tennis Ladies Mix-In 9:00-10:30am Ladies Tennis Clinic 10:00-11:00am Aqua Aerobics	5:15-9:00pm Squash Casual Mix-in 7:00-9:00pm Football Practice <b>Churchill Bar</b> 8:30pm-late Spoofing	25	8:00-11:00am Tennis Ladies Mix-In 9:00-10:30am Ladies Tennis Clinic 10:00-11:00am Aqua Aerobics	5:15-9:00pm Squash Casual Mix-in 7:00-9:00pm Football Practice Churchill Bar 8:30pm-late Spoofing
7:00-10:30pm Pipe Band Practice Churchill Bar 7:00 & 8:00pm PRESTIGE WINE ACCUMULATOR 7:30pm Bottle Draw	<b>19</b>	The Verandah Noon-2:00pm, 6:00-10:00pm THE MIDWEEK CARVERY 5:00-6:30pm Junior Tennis 6:00-10:00pm Tennis Mix-in	7:00-10:30pm Pipe Band Practice Churchill Bar 7:00 & 8:00pm PRESTIGE WINE ACCUMULATOR 7:30pm Bottle <sup>7 bestige</sup> Draw	26	The Verandah Noon-2:00pm, 6:00-10:00pm THE MIDWEEK CARVERY 5:00-6:30pm Junior Tennis 6:00-10:00pm Tennis Mix-in	7:00-10:30pm Pipe Band Practice Churchill Bar 7:00 & 8:00pm PRESTIGE WINE ACCUMULATOR 7:30pm Bottle Draw
7:00-9:00pm Rugby Practice <b>ariwongse Room</b> 7:30pm <b>QUIZ NIGHT</b> 9:00-11:00pm Hockey Practice	20	8:00-11:00am Tennis Ladies Mix-in 5:15-9:00pm Squash Mix-in	6:00-8:30pm Cricket Practice 7:00-9:00pm Rugby Practice 9:00-11:00pm Hockey Practice	27	8:00-11:00am Tennis Ladies Mix-in 5:15-9:00pm Squash Mix-in 6:00-8:30pm Cricket Practice	7:00-9:00pm Rugby Practice 9:00-11:00pm Hockey Practice
The Verandah 6:00-10:00pm THE FRIDAY BUFFET Silom Sala 7:00-9:00pm Kid's VDO	21	2:00-5:30pm Junior Swimming Classes 5:00-6:30pm Junior Tennis 6:00-10:00pm Tennis Mix-in	The Verandah 6:00-10:00pm THE FRIDAY BUFFET Silom Sala 7:00-9:00pm Kid's VDO	28	2:00-5:30pm Junior Swimming Classes 5:00-6:30pm Junior Tennis 6:00-10:00pm Tennis Mix-in	The Verandah 6:00-10:00pm THE FRIDAY BUFFET Suriwongse Room 6:00-9:00pm WINE TASTING Silom Sala 7:00-9:00pm Kid's VDO
The Verandah & Churchill Bar Noon-2:00pm, 6:00pm to wee hours ST PATRICK'S TINUS TWO BUFFET & PARTY	22	Leave BC at 8:30am DISNEY ON ICE 9:00am-2:00pm Junior Swimming Classes	9:30am-12noon Cricket Practice	29	9:00am-2:00pm Junior Swimming Classes	9:30am-12noon Cricket Practice

St David's Society

0

0

# Bangkok

Annual Ball 2008



Saturday 8 March at 6.30pm Intercontinental Hotel Grand Ballroom

Featuring the Hong Kong Welsh Male Voice Choir Guest Speaker

## Cocktail Reception Live Music Sumptuous 4-course Dinner Raffle Prizes

Formal or National Dress Babt 2 500 per person For more information & tickets please contact: Darren Jones – Tel: 02 675 1888 Ext 1202 (Work) or 02 8792319

(Home) Roger Kimber – Tel: 0871237380 E-mail: st.davidsball@yahoo.co.uk Website: http://www.stdavidsinbangkok.com

MACKENZIE SMITH LAW



HARROW INTERNATIONAL SCHOOL (Thailand) Limited

# On the menu

### KHUN LAAK RECOMMENDS

1. Cream of stillton SOUP 2. Melow and parma ham with strawberry salsa 3. Mediterranean Pasta salad tuna tomato, black olive caper, egg, trench beans and anchovy 4. Girlled gammoni strak parsley cream or comberland sauce served with french beans, savoyarde potatues cand 5. Mesto slutted chicken breast with Sweet potatoes cand chips and grilled tomatoes 6. cornish Pastie served with carrot and pumpkin-mash and home fried potatoes 7. Cheese and vegetable bake, cauliflower, leek, peas parmesan cheese and breadcrums 220. 8. Park steak with basamic onion served with mixed 8. Pork steak with balsamic onion served with mixed salad and mashed potatoes 250 9. Poached salmon in a pernod and dill sauce served with asparagus, carrots, zuchini and boil potatoes 280 10 chocolate and cherry poit 85. 11 passion fruit cream brulee 85. 12. Tropical Fruit Gratin, plum, strawberry, Pear and grape 85.

### "Hot cross buns! Hot cross buns!"



### Ingredients:

).

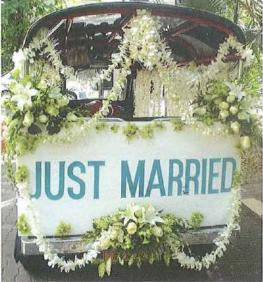
)

.)

4. Shape into 12 balls and place in a greased 9 x 12

Easter is early this year and that means Hot Cross Buns in March! This month we feature a recipe to make your own, or you can order the Club's famous buns using the order form below. Meanwhile, there's plenty to tempt you this month from the "Khun Laak Recommends" board . . .

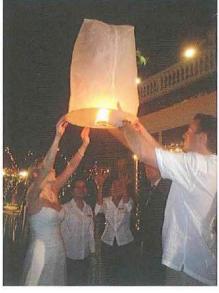














# A Wonderful Special Day ...

Georgina Tarrant and Ewan Sangster celebrated their marriage with a spectacular dinner on the back lawn of the British Club on Saturday 2<sup>nd</sup> February. This was the Finale to the day, after the marriage ceremony which was held at the Holy Rosary Church on the banks of the Chao Phraya river, followed by a cruise on the Chao Phraya Princess and a 40-strong tuk-tuk procession from the Royal Orchid pier, up Siphraya Road to the Surawongse Gate accompanied by police outriders.

Some 70 guests attended from overseas as well as a large contingent of Bangkok residents. On Sunday, despite early morning rain, the Club laid on a spectacular 'Bloody Marys and Barbecue' lunchtime function for those who managed to make it and, all in all, a great weekend of celebrations was enjoyed by all.

David (Des) and Carolyn Tarrant have been members of the British Club since 1978 and both Georgina and their son Richard spent many years attending the children's and other functions at the Club. Georgina was delighted to be able to invite her friends and family from UK to attend her wedding and enjoy a holiday in her much loved Thailand. 0

)



0

0

)





The Tarrant family wish to thank the British Club for all their assistance in making this a day to remember - from organising refreshments at the Church, arranging a fully catered river cruise, procuring all the tuk-tuks including a 'special' wedding tuk-tuk, obtaining police outriders for the day and finally serving up a fantastic special Thai Dinner. Barry and Khun Somboon were absolutely fantastic and worked ceaselessly to create a wonderful special day - we all think Barry is wasted and should turn his talents to 'wedding organiser' of the year. A very special thank you to the British Club and all the staff - we thoroughly recommend you look no further than your Club for any special events in the future.

### **Carolyn Tarrant MBE**









	ST	and	the strate	T A
Pushmail	Increase productive efficiency for business with E Grade Email Grade Smar	nterr 111	surry Annalyinus	
	businee Emar Grade Emar "AIS Smar	toffice		H
	Enterpris	a crode control		

With AIS Smart Office. You can have your own domain name for your company image and reliability. You get 4 in 1 Enterprise Grade productivity tools : Email/Contact/Calendar/Tasks all provided by Microsoft Hosted Exchange. You can synchronize your email, share your customer contacts, scheduled appointments in a shared calendar at your office desktop or when you are traveling on PDA/Mobile phones anywhere anytime and especially for data security with anti-virus, anti-spam.

Affordable and Predictable Costs, No need to pay for capital investment. Just pay 21 baht/day per user\* operating costs, small businesses can now afford the big features previously enjoyed only by large corporations with AIS Smart Office

Domain name register and special offer rate for next year. Sign up Now!!

### Special Packages fit for your business

Mailbox Package	Price (Baht) Mailbox//Month	
Standard (Web Plus)	199	
Premium (Desktop + Mobility)	650	
Premium Mobility with U/L GPRS	999	

\* Calculate from Premium Mobility Package



ree !! 1<sup>st</sup>

For more details about AIS Smart Office, Call AIS Corporate Call Center 1149 or www.smartsolutions.ais.co.th



# Everything you need.

Email and text messaging, media player, phone, browser, organizer, camera and more. All in one sleek, stylish device. BlackBerry smartphones are the obvious choice.

## Just Arrived WiFi BlackBerry Titanium 8120

Smart and Slim 2 megapixel camera with built-in flash and 5x digital zoom

### WiFi BlackBerry Curve 8320 Brains and Beauty

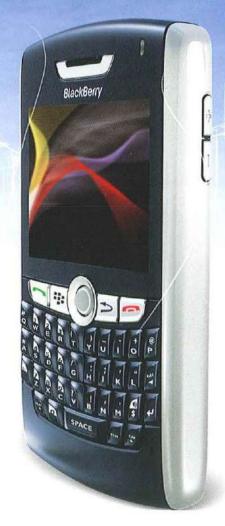
2 megapixel camera with built-in flash, Full QWERTY keyboard

## WiFi BlackBerry 8820

Powerful and Stylish GPS Navigator, WiFi Full QWERTY keyboard









)

)



BlackBerry.

For corporate and SMEs, please contact AIS CORPORATE CALL CENTER 1149 For others, please contact AIS CALL CENTER 1175











# **The Annual Staff Party**

0

0

)

)

The Club was closed on Monday 14<sup>th</sup> January 2008 for the Club's Annual Staff party. Around 65 members of staff with family and friends attended, and two coaches were laid on: one that had no disco or drums and had air-con (the sensible bus); the other with no air-con, lots of karaoke music and drums - and alcohol (the not-so-sensible bus!) . . . and bus two was full! The coaches were due to leave at 7am and remarkably this year we were only 10 minutes late leaving – by this time a few staff already seemed a little uneasy on their feet.

The first authorized port of call was the beautiful Baan Sukawadee in Chonburi. This amazing complex is owned by the Saha Group and staff had great fun exploring its elaborately laid out grounds and houses. We spent an hour there and then all boarded the buses to the beautiful quiet Nang Ram beach at the Thai Navy Club Sataheep.

This normally quiet beach came to life on arrival of the staff. We all tucked into a delicious seafood BBQ lunch and then it was onto the beach for more drinking and lots of fun and activities, including beach soccer, tug of war and the banana boats. We successfully managed to frighten off the other people on the beach and pretty soon the beach was our own. For the less energetic there were plenty of chairs under the shady trees for a quick nap - for others the games and alcohol continued to flow. Pretty soon everybody was hungry again and it was time to return to our restaurant for more delicious seafood bbg and booze.

At 6.30pm, after a brilliant and exhausting day of fun we boarded the coaches back to Bangkok. The Sensible coach (No 1) was very quiet and many dozed off whilst on coach 2 the party continued all the way back

32 British Club Bangkok



)

)

)

)





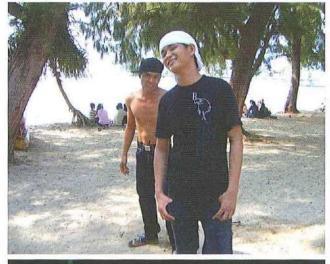




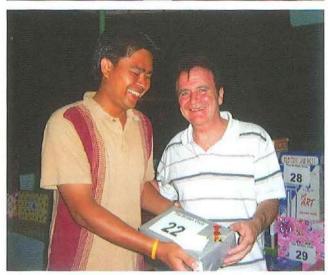
to Bangkok. . . Amazingly, only one member of staff failed to show up for work the next day - and he did not even go to the staff party!!

And not only did the staff have a party, we also had a New Year's Eve Raffle for all staff which we held in the Restaurant during dinner. Lucky winners won DVD players, stereos, fridges and all kinds of useful appliances.

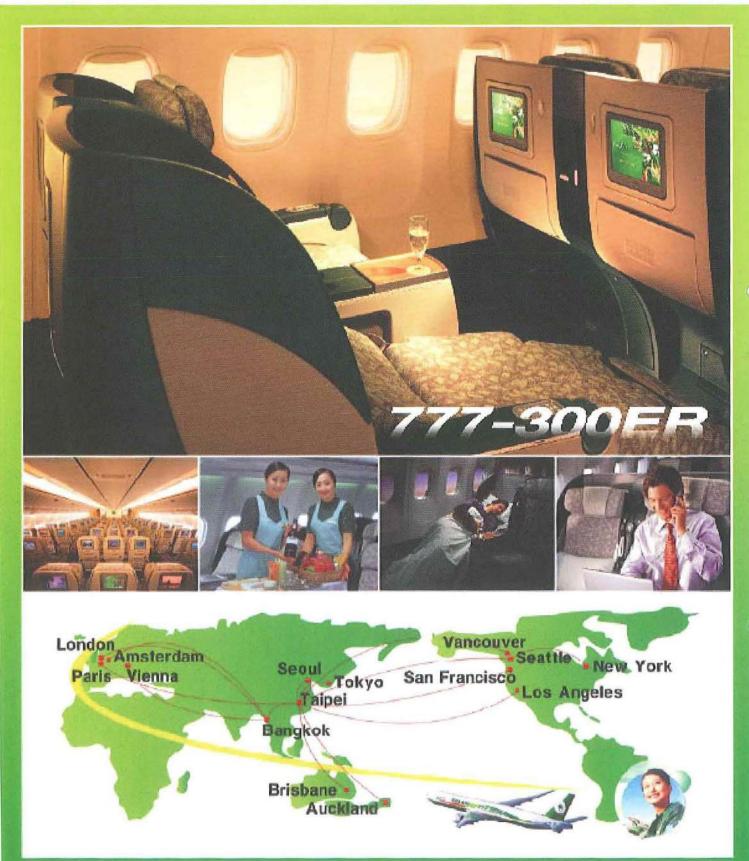
Look out in the next edition of Outpost for pictures of the Staff Long Service Awards presentations, the staff Quarterly Awards and birthday party.











EVA Airways Bangkok Office 3656/4-5 2nd floor, Green Tower, Rama IV Road, Klongton, Klongtoey, Bangkok 10110 Website: www.evaair.com *Tel. 02-269-6288 (Reservation & Ticketing).* 

## FOOTBALI

## STILL GOING . . .

es, we are still going and after last month's sad news, and as we once again welcome you to another instalment from the life of the BC Football Section, we have something slightly better to report. But, as usual, before that, our round-up from the world of the spoilt professionals.

In our previous two editions, we couldn't help but report on the situation at Chelsea. That situation has calmed somewhat with the new expansive era for Chelsea so desired by the owner resulting in a lengthy run of several 1-goal victories. However, two more clubs are in self destruct mode.

Liverpool started the season with so much promise and has now seemed to have lost its way, effectively sliding out of the title race on the back of all sorts of backroom politics. Despite the results, the manager seems to have the support of the supporters (that's a first) but his bosses did their best to help with things by announcing that, whilst they were very happy, they thought they would show their support by interviewing a potential replacement just in case! "Thanks boss!"

)

)

)

Meantime, across the Pennines things are even more bizarre. Having appointed probably one of the best managers around at the moment, and with the team in a fairly comfortable mid-table position, the powers that be at Newcastle decided to part company with him and appoint a ghost from the past.

Now most of us are or have been Kevin Keegan fans at some time in the past, but his reappointment as Manager to capture this long lost glory (which only Newcastle fans over 87 can actually remember) seems a little strange to say the least. To cap it all, they then appointed one Mr Wise who jumped ship from an ailing Leeds promotion run before he was pushed. He has now been given the grand title of Director of Football and if that's not enough, it was done without telling the new appointee. Good luck Kevin!

...And on to England. Played 1, won 1, drawn 0, lost 0. Undefeated so far! Not a bad start for our Italian revolutionary, but we are watching!

Anyway, back to Bangkok and the more positive news.

In the last Outpost submission, we announced that after over 30 years in the top level of amateur football in Bangkok, the Section has decided that this year, no team will be entered into the Chang League.

We advised that after generously sponsoring the team for a couple of years, the Barbican has reluctantly decided that they were unable to do so for the upcoming season. Jamie had tried hard without success to find alternative sponsorship. The Section looked to see if funds could stretch to supporting the side, but after much soul searching, the Section decided that with so few full members playing in this league, funds could be put to better use elsewhere. A difficult decision to not play was therefore made.

Then up stepped Bartek, who after a degree of arm bending managed to persuade Subway to provide the missing sponsorship. The Section therefore agreed to top up a small shortfall and revitalize a set of old kit and the team is back in action. What happens next will depend on the ongoing discussions with the Club re fees, membership arrangements etc, but for now, great news.

Thanks to both Bartek and Subway . . . so all of you out there, in the unlikely event that you get bored with Oh My Cod's fish and chips (our casual sponsor), you can always pick up a nice Tuna Baguette.



Jamie can now run - next week he will try with the ball!

#### **Chang League**

As we move forward, it would seem that the possibility of being disbanded has revitalized the team and despite a couple of minor set backs, they are now nicely placed third in the league. The team is playing well and if you like live football the games are played on Tuesday and Thursday evenings at the RBSC. Food and drinks are available pitch-side until 8.00pm with a cash bar. The football is of a high standard and well worth watching.

#### **Casuals League**



Casual league team February 2008

At the casual level, things continue at a pace where the team is now chasing for promotion from Division 2. The team are presently hovering between second and third and still looking good for securing promotion from Division 2. The plan therefore remains: promotion at the end of the season and the option for the Section to field a second team next season and to provide more playing places which are at present very much in demand.

## **FOOTBALL**



Joe - casuals manager, goal keeper, kit, medic and treasurer!

#### Vets and Friendlies

Vets

As we commence 2008, we have already completed the first Vets friendly when The Winking Frog invited all comers to take them on over a  $3 \times 30$  minute half format (Well, we Vets can't do it in two)

In the end, the more organised Frog side ran out winners against the determined challengers who together could have matched the UN for nationalities and languages spoken.

Following on, the February Vets league followed. As usual the BC were represented in more than one squad with the BC proper having what could only be described as a bit of an off day. More goals scored in the wrong end than in the opposition net didn't help, nor did the failure to understand that you are supposed to pass the ball to someone in the same colour shirt as the one you're wearing. (Goalkeepers please note, this does not mean you. If you have any doubt, please check with your team members before the start of each game, particularly if as happens from time to time, a colour clash kit change is necessary.)

The cold facts: Played 6, lost 6.

This allowed us to challenge for the right to hold the 19th place (22 teams played) and after a bit of a battle against the Japanese, the team stormed to a 1 - 0 victory, the coveted 19th place and at least a bit of honour. Beer was served.

#### Training

Training nights have continued as usual throughout the Christmas period. Numbers continue to swell and for those of you that find the off time a bit too long, bear with us. The Section committee is still looking to see how the additional players can be accommodated. Regardless, I am sure that despite this, it remains a pretty good evening and the after training not a bad way to wind down. Just ask Martin and his all-day Big Breakfast.

And for those of you who don't believe we take the game seriously:



We were only a goal down and the tears started.

#### The Future

#### Casuals

As usual, the Casual teams will continue to play most weekends at Patana School. Anyone wishing to get involved should contact the Section or Joe

#### Vets

For anyone wishing to join the Vets league, again you are more than welcome. It is held at Harrow School on the first Sunday in every month. Kick off is at 12.00. Just turn up and ask for us.

#### **Manila Tour**

November saw the first of our two annual excursions to Manila and as you read this, Jimmy Howard will have led yet another mixed bunch of finely tuned, if somewhat aged, athletes to the February edition of the ongoing Manila Saga.

For those of you who made the tour, I trust you made it home safely. For those of you who want the full tour report, it can be downloaded for a small fee to a numbered Swiss Bank account. For those of you who don't want the full report downloaded, a slightly larger donation to the same account before the end of the month would be in order. And finally for those of you who didn't attend, bookings are now being taken for the next visit.

#### The Section

As we approach the next AGM the Section believes that we are at a turning point. As I hope you can see, we are providing more and more football as we strive to build the Section into something akin to that provided by the RBSC in Bangkok, The Football Club in Hong Kong and of course the many clubs that underpin the game in the UK. Unfortunately, however, to do this we need help from the Club in a number of areas:

We need a clear confirmation that our aims and that of the Club are aligned.

We need help from the Club in securing the younger talent that will sustain us moving forward against a backdrop of aging Club membership and the inability of prospective players to meet the present Club membership criteria.

And we need adequate financial support to achieve whatever can be agreed.

To achieve any of this, however, we need a forum and subsequently a methodology to at least get these issues into the Club membership at large.

)

1)

## <u>FOOTBALL</u>

To date, we have had help from a number of people, but despite regularly raising these issues and pushing for dialog, we remain no further advanced.

With no little thanks to "Yes minister", we will finish therefore with the following:

#### BRITISH CLUB MANAGEMENT DECISION MAKING PROCESS

#### (SPORTS SECTION VERSION)

γ

).

)

The British Club management decision making process comes in six stages.

1. A member with an issue opens a dialogue with the Club and is told that as we're getting very close to the run up to the next AGM it is too late to start the scheme this year. "Better we start with the next committee."

2. The new committee is appointed and when the Club is approached, the member with an issue will be told that as the General Committee has just been elected it has not yet had time to set its priorities.

3. Then if the member still persists with the issue, the Club will say something like, "We quite appreciate what you are trying to do and we agree that certainly something ought to be done. We have therefore decided to put it on the agenda for next General Committee meeting."

4. Hopefully at this stage, the problem will go away but, if not, the Club will shift its position - it will subtly change from telling the member what is to be done, to when it's the best time do it. It will say, "This is now the holiday season and thus not the right time to start new schemes." (At the BC this normally covers August and well into September and by avoiding any contact with the issue in October or in the worst case repeating an intention to check at the next Committee meeting (See 3 above), the same excuse can be used from mid-November to well into January. In the case of sports problems, the sports section meetings can also give one the belief that something is actually happening . . .

5. Regardless, the Club will normally expect members to give up at this stage and lots do. If however, the member in question does not, he'll be confronted with notification that put simply, "The issue has run into difficulties." These could be technical, financial, or constitutional. Now technical are the best sort of difficulty because the Club can make explanation of these totally incomprehensible. Constitutional issues are also pretty good and a great line of defence as the Club can point the finger at the Club's history, the need for a special meeting, the lack of a quorum, etc, and with any luck the stalling techniques described above will have by then lasted for about ten months.

6. The member involved will then know that they're in the final stages of negotiation when informed that as we're getting very close to the run up to the next AGM it is too late to start the scheme this year. "Better we start with the next committee."

In the case of the BC, if all else fails, the CEO can be removed giving the Club the opportunity of using the new CEO who will himself be able to justify starting at point 2 with perhaps just a hint of his own point 1.

As we get into the new Club year and a new Committee, let's hope that we will not follow the same pattern and will be able to make progress regarding the issues outlined above.

In the meantime, enjoy your football and for those of you interested,

Hope to see you soon. The Football Section



### Sport & Fitness

with Reed Passmore

#### **Dear Members**

Well it's March already. February was a busy month with many of the sporting and fitness activities growing rapidly. Swimming numbers are nearing 50 children, Amnat's Fitball classes are expanding, Sports Camp, cricket, personal training, squash coaching, yoga and aqua aerobics are all doing well. We also ran numerous children's parties and corporate games in February which is fun for everyone involved. We are all looking forward to a busy month in March and continuing this trend throughout the year.

#### **Health and Fitness Tip**

YOU'RE never too old (or young) to reap the benefits of a healthy lifestyle - all it takes is three 30-minute sessions a week of light exercise and a healthy eating plan.

#### What is Kettlebell Lifting?

Kettlebell lifting is a dynamic form of full body exercise which combines elements of strength training and cardiovascular fitness. Originally a Russian sport, kettlebell training is now the world's hottest fitness program!



#### **Benefits of Kettlebell Lifting:**

Kettlebell lifting is revolutionizing the way people exercise. kettlebell lifting utilizes the entire body so it is the perfect tool for simultaneously developing strength and lean muscle tone. Hollywood stars and professional athletes are turning to kettlebells to develop their perfect bodies!

#### History of Kettlebells and Kettlebell Lifting:

Kettlebells have a long tradition in Russia as a strength training tool. Kettlebells are very popular among Olympic athletes, military and law enforcement. There is a mention of Kettlebells in a 1704 Russian dictionary.

Steve Cotter is a world-renowned martial artist and strength and conditioning specialist. He is the creator of the highly acclaimed Encyclopedia of Kettlebell Lifting and various other training DVDs, Steve is a two-time US National Full Contact Kuoshu (Kung Fu) Champion with 25 years of internal martial arts training. Steve Cotter and his team will hold a day course in the coming months at the British Club.

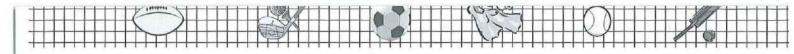
In next months issue: British Club Sports Camp plus more exciting activities.

To make sure you don't miss out on any future programs please contact me about your specific interest.

#### Upcoming and Continuing Programs

- Swimming Lessons
- Junior Cricket training every Saturday and Sunday mornings
- Fitball Courses run by Khun Amnat
- Introduction to Fitness 1<sup>st</sup> Tuesday of every month
- Football Parties & Pool Parties
- Personal Training New personal training packages available - Get fit and stay fit - Individual sports training
- Squash Coaching is also available

Reed Passmore Sports and Recreation Manager



## Regular Sports, Games & Activities

#### **Aqua Aerobics**

Tuesday 10:00-11:00

#### Bridge

Sunday 3:00pm-6:30pm Tournament play in Suriwongse Room (except last Sunday of every month)

#### Cricket

Thursday 6:00-8:30pm Practice - Back lawn Saturday & Sunday mornings – Junior cricket practice

#### Football

Tuesday 7:00-9:00pm Practice on the Tennis Court

#### Hockey

Thursday 9:00-11:00pm Practice on the Tennis Court

#### **Pipe Band**

Monday 7:00-10:30pm Practice - upstairs Clubrooms Wednesday 7:00-10:30pm Practice - upstairs Clubrooms

#### Rugby

Thursday 7:00-9:00pm Practice on the Tennis court

#### Spoofing

Tuesday 8:30pm until late - Churchill Bar

#### Squash

Tuesday 5:15-8:15pm Casual Mix-in 1st Saturday of every month 2:00pm Handicap Mix-in Thursday 5:15-9:00pm Mix-in And 1st Sunday of every month 10:30am-2:15pm

#### Swimming

Friday 2:00-5:30pm junior classes Saturday 9:00am-2:00pm junior classes

#### Tennis

Match Play Monday 6:00-10:00pm **Mix-in All Standards** Wednesday 6:00-10:00pm Friday 6:00-10:00pm Ladies Mix-in Tuesday 8:00-11:00am Thursday 8:00-11:00am

Team Practice Sunday 9:00-11:00am

#### **Tennis Coaching**

With Khun Pierre... Friday 3:30-5:30pm: Junior tennis (Contact Reed in the Fitness Centre for more details)

#### Yoga

Sunday 2:30-3:30pm

## Sports/Activities Price List

Aqua Aerobics	Bt 3,000 for 10 sessions				
Cricket	Use of cricket nets - Bt 300 day/Bt 600 evening if lights needed				
Massage	Thai massage/foot massage - Bt 250 per hourly session (except Mond				
Squash	Private coaching with David Lines - Bt 700 for 1 hour				
Squash courts	Bt 50 per 45 min				
Swimming	Classes with Bangkok Dolphins - Bt 3,500 for 10 lessons of 30 min				
Tennis	Private coaching with Khun Jang – Bt 550/hour				
Junior Tennis	Bt 5,500 for 10 lessons (Friday)				
Tennis courts	Bt 30 per hour am/Bt 90 per hour pm				
Tennis knockers	Hourly knocking sessions with – Khun Kaew (Bt 500), Khun Tom (Bt 400), Khun Choon (Bt 400), Khun Phon (Bt 300), Khun Champ (Bt 300)				
Yoga	Bt 2,500/month for 10 sessions; drop-in Bt 300 per session				

()

.)

()

### Attention all Ordinary & Country Members!

#### Annual General Meeting Tuesday, March 18th, 2008, 7:00 pm

#### PLEASE RESERVE THIS IMPORTANT DATE IN YOUR DIARIES AND GET INVOLVED IN THE RUNNING OF YOUR CLUB!

We would like to give notice that this year's Annual General Meeting will be held in the Suriwongse Room on Tuesday, March 18<sup>th</sup> at 7:00 pm. All Ordinary or Country members are urged to attend in order to consider and approve: the affairs of the Club, the Club Accounts, the Appointment of Auditors, and to elect a General Committee for the 2008/2009 term.

The official Calling Notice - which includes the Agenda, Chairman's Report, Treasurer's Report, Accounts for the 2007/8 Financial Year, Minutes of the 2007 AGM, Proxy Forms and Spouse Forms - has already been sent by mail.

7

)

0

If you are eligible to vote, but cannot attend the meeting, you may give your proxy vote to another Ordinary or Country member. Proxy forms have been sent along with the official calling notice. Please note that each member may only hold one proxy vote. If you are not sure whether you are eligible to attend the meeting, please contact our CEO, Michael Silcock, or our Membership Department for clarification.

Please also note that members may nominate their spouse to attend the meeting and vote on their behalf, provided that they are paying subscriptions at the rate applicable to married members, and that the spouse is eligible for Ordinary or Country membership in their own right. If you wish to nominate your spouse, an application form must be sent to the Club at least 24 hours in advance of the meeting. These forms have also been distributed to members along with the Official Notice.

#### **General Committee Member Nominations**

Please do consider contributing some of your time for the benefit of the Club and its members this year. If you would like more information regarding time commitment or responsibilities, please contact the Chairman, Stuart Blacksell, or any current General Committee member. In brief, if elected you would need to devote a few evenings a month to meetings at the Club, and should anticipate assuming responsibility for one or more key areas such as Strategy & Development, Food & Beverage, Treasury, House & Grounds, Communications, Constitution & Rules, etc. The basic ethos is that the General Committee determines policy while Management controls the daily operation of the Club.

If you do decide to stand for the GC, please ask our CEO for an application form. You will need a Proposer and Seconder, who are either Ordinary or Country members, to sign the form. Nominees can also stand from the floor during the AGM. However, we would like to circulate the list of candidates ahead of the meeting, so if possible please submit your application for the attention of our CEO, Michael Silcock, no later than Tuesday, March 11<sup>th</sup>, 2008.

WE LOOK FORWARD TO SEEING YOU THERE!



## THE REEL CLUB

Set up about 15 years ago, the Reel Club is an informal group of people who meet on the first Tuesday of each month to have a chat and a bite to eat, take in a few drinks, and enjoy a bit of Scottish country dancing. Some of us are Scots, most aren't, and we have the average number of left feet. We welcome everybody including complete beginners and are a bit terrified that one day somebody Really Good is going to come and show us all up. We're not a part of the St Andrew's Society, but of course there's lots of overlap in our memberships, and both groups support each other's events.

After many years dancing in Sukhumvit locations, we've only just moved to the British Club, and are using the large, airconditioned Suriwongse Room upstairs, with its nice wooden floor. Our first session there, on 5 February, was a great success, featuring a Chinese Year of the Rat theme. Feel free to climb the stairs and join us whenever you feel like it: we'll be aiming to start as soon after 7.30 as there are enough people, and we'll definitely finish before 10pm. There is no charge whatever: just sign for your own food and drink. Non-British Club members can make their own arrangements with a member, or buy coupons on the night.

Coming along once doesn't commit you to coming regularly, though of course we hope you will. Come when you can; don't when you can't. Want to know more? Phone or email me, and remember, it's the people who know more than a couple of dances who enjoy the St Andrew's Ball the most!

Meilan Henderson Meilan@mail.com (02 258 5240)

## **Puzzles**

0

1)

### Double Diabolical Sudoku

Having received entries from eight intepid sudoku-sans for last month's sudokus, we have decided to continue with another two Diabolical Sudokus for this issue. Each Sudoku will have its own draw and for each a bottle of wine goes to the skilful – and lucky – winner.

Last month's entrants took an average of 35 minutes to complete each puzzle, with times ranging from an astonishing "17 minutes" to "75 minutes, while watching TV". Keep sending in your times!

Fax or deliver your completed sudoku/s to Barry Osborne as soon as possible after receiving Outpost. Entries must be received by the 10<sup>th</sup> of the month (but we will extend the deadline in the rare event that Outpost is late out). The author of the first correct entry (for each Sudoku) drawn out of a hat will win a bottle of wine.

### February SUDOKU WINNERS

Congratulations to Meilan Henderson (H243), the winner of the first diabolical sudoku draw. This is Meilan's third Sudoku win following on from October 2007 and a double win in both the crossword and sudoku the month before.

The winner of the second diabolical sudoku draw is Cengiz Ertuna (E34) – congratulations Cengiz on your first win!

Just a reminder that we at Outpost are always available to help you drink your wine, should you need assistance...

If you missed out this time, there are two more chances on this page . . .

Each sudoku has a unique solution that can be reached logically without guessing. Enter digits from 1 to 9 into the blank spaces. Every row must contain one of each digit. So must every column, as must every 3x3 square.

		8				3	
	5				6		
		4					
3						7	
			8			4	
	1		5				
2			6		5		
4		7					
				Эг	1		

#### Rating: 'Diabolically Difficult'

Solution times: You tell us! Write down your time next to your completed puzzle(s) – be truthful now!

			8			3		
	6	5						
	4							
8						2		1
7				4				
			3		6			
1			2			7		
				5			6	

Rating: 'Diabolically Difficult'

**Solution times:** You tell us! Write down your time next to your completed puzzle(s) – no fibbing!

0

0





# **ASIAN TIGERS**

Wouldn't it be good to have just one solid friend to call for all your relocation needs? Someone who truly understands Asia, the rest of the world and what you really want. Relocating can be a daunting task but it needn't be. We are a highly professional and resourceful team, eager to listen and offer tailor made solutions. All so that you can have a better experience. It's just another of our Asian specialities.





#### ASIAN TIGERS TRANSPO



#### Move management specialists

Sirinrat Building, 21st Floor, 3388/74-77, Rama IV Road, Klongton, Klongtoey, Bangkok, 10110, Thailand: Tel: (02) 6877888; Fax (02) 6877999 www.asiantigers-thailand.com; info@asiantigers-thailand.com

#### > Cambodia

- > China
- > Hong Kong
- > Indonesia
- ≥ japan
- > Laos
- > Malay
- > Philippine
- > Singapore
- > South Kor
- > Talwan
- > Thailand
- > vietnam

## GOLF

# **Golf Report for January 2008**

#### Hassell Stableford

Our monthly Stableford competition was held at Royal Lakeside in Bangpakong and we had two very high scorers. Bob Randle with 43 points was just beaten by Tom Cerami with 44 points. Bob however won the award for the most mosquito bites. The little beasts were out in force and extremely annoying. Funnily enough I played the course again the following week and did not get bitten once. We must have just encountered a mosquito convention. Near pins were won by Bob R, Simon Fisher, Ray Harries and Bridget Snow (welcome back Simon and Bridget). Robert Gray won the men's long drive and the longest putt and Karen Carter won the ladies' long drive.



Bob gets the prize for the mosquito bites



Stableford winner Tom with Gordon

An impromptu Stableford game was slotted in at the Royal course on the weekend of the postponed Royal Trophy. A number of people braved a very late tee-off and managed to finish the round at dusk. Near pins were won by Bob Randle, Ray Bloom and Todd Guest who took two prizes. The long drives went to David Lamb and Carole Ann Eastgate and Barry Ashman made the longest putt. The overall winner was Ray Bloom with 35 points and Yurachatr Brook came second.

#### Millward Brown Firefly Medal

There was a good turn out for the first medal of the year played, as usual, at the Royal course at Lad Krabang. Our sponsor, Millward Brown, has supplied superb new medal trophies which will surely be highly prized. There was certainly a stiff contest on this day with Andy Flynn on net 65 just losing out to Roy Barrett who shot an excellent net 64 in flight A and Peter Gale winning B flight with net 69 from Karen Carter. Near pins were won by Pat Dean, Peter Gale – twice, and Andy Flynn. John Carter and Val Ashman won the long drives and Roy Barrett took the longest putt.

#### SEARA Sports Matchplay Competition

After a delay to have a replay for one of the semi finals of this match play competition, the final was strongly contested between Bryan Dodd and Barry Ashman and after a fierce tussle on a very rainy day (rain at this time of the year?) at Kiarti Thani, the winner was Bryan Dodd. Congratulations to him and commiserations to Barry. The excellent prizes were presented by Pat Dean of Seara Sports and we are very pleased that he will be sponsoring the competition again in 2008.





()

0

Seara Matchplay runner up Barry

Seara Matchplay winner Bryan Dodd

#### **Bangkok Golf League**

Our first game of the season was a tough one against the bullish Bulls Head team and unfortunately we lost. However there are still eight matches to go so we will not lose heart. It is always a fun day out.

#### **Technical and Eclectic Results for 2007**

We are holding our AGM on 24<sup>th</sup> February where all the trophies for the past year will be presented. In addition to the major competitions, there are prizes for the people who have won the most technicals during the year, ie the most nearest the pins, long drives and longest putts. We also give awards to the best eclectic scores for the medal



competitions at the Royal. This involves adding up each player's best score on each hole for all the games during the year and then deducting their handicap to get their best possible lowest net score.

And the winners for 2007 were:

Competition	Winner	Score
Most near pins	Ray Harries	12
Most long putts	Barry Ashman	4
Most long drives (Men)	Pat Dean	5
Most long drives (Ladies)	Maureen Gibson	9
Best Eclectic Score A Flight	Peter Skinner Net	49
Best Eclectic Score B Flight	Bob Randle Net	47

Our website (see address below) has all the currently booked fixtures for 2008 and more are added as they are set up. There are also

surnames

are



Long Drive winner Maureen

CONDO

Asia

Source

Property

HOUSE

RETAIL

Finally a little thought! Golf is the only game where the slow players are always in front of you and the fast players are always behind you.

Happy Golfing

#### **Jenny Harries**

British Club Golf Section contact details Website www.geocities.com/bcgolfsociety Contact - Starter Maureen Gibson 089 017 2254

### **General Golf Tips**

The R & A have produced comprehensive lists of the drivers which either conform or do not conform to their requirement concerning spring effect. These lists are far too long to reproduce - the non-conforming drivers list runs to over 70 pages but the conforming drivers list is over 350 pages long. If you want to check it for yourself then go to www.randa.org

Many of the illegal clubs are Japanese made and I foresee a rush to Thaniya Plaza or the All Star driving range to try out and buy new clubs.

Most golf societies will be meeting to work out how to apply these new requirements and the British Club Golf Section will post advice on its website.

# EXPAT PROPERTY SPECIALISTS

### **BUY LEASE SELL**

140 One Pacific Place Sukhumvit Rd, Suite 1401 Bangkok 10110

## 02-653-5018 081-381-2910

www.thaipropertysource.com

### TENNIS

#### Quote of the month:

If you can react the same way to winning and losing, that's a big accomplishment. That quality is important because it stays with you the rest of your life, and there's going to be a life after tennis that's a lot longer than your tennis life.

#### Bangkok Men's 2007 Doubles Tennis Tournament Held on Saturday 26th & Sunday 27th January 2008

#### TOURNAMENT REPORT

The 2007 Annual Bangkok Men's Doubles Tournament was held at KS Club's courts over two days on the above dates. The entire event was sponsored and hosted by The British Club at KS Club's courts off Sukhumvit 71 Road. It was the BC Club's turn to host the tournament but due to the increase from 6 to 8 participating teams and in part due to carpet court problems it was decided to use outside courts.

Thanks are due in full measure to 'DUNLOP' our main Tournament sponsors who provided all the balls used over the full two days. Thanks also to long time BC member Khun Chalatip's RC Cola who provided copious quantities of water throughout.

The 8 teams consisted of Polo, Silom, Ratchapruek, Krung Thai, Philippines, Phiyrom, Rama Gardens and British Club. Each team was made up of a maximum of 15 players from which 5 pairs were chosen for each match played. Pairs were selected on a combined age basis of 70, 80, 90, 100 and 110 respectively, with a minimum age of 35 years. The format consisted of two groups of four teams, each group playing 'round robin' with group winners going on to a finals playoff and 1<sup>st</sup> and 2<sup>nd</sup> runners-up from each group vying for the remaining 4 positions.

With the Chinese New Year festive season very nearly upon us, Captain Phairoj had extreme difficulty in recruiting a team, with most of our top players already fully engaged in family preparations for the upcoming holidays or already on their way.

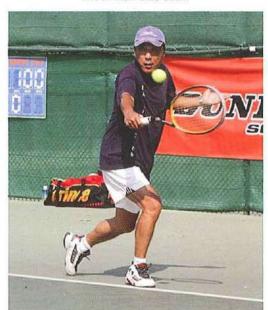
He only succeeded moments before the start and was still on the phone seeking last minute recruits, even on the final day, Sunday. Our team finally consisted of: Captain Phairoj C, Tennis Chairman Marc N, James Y, Marc H, Ken G, Vatchara Y, Kamol S, Keeravoot K, Oud B, Hanao E, Andrew Robertson, Tom Callahan, with Bruce G acting as 'backup' as still recovering from a shoulder injury. However due to the severe shortage of players he found himself right in the front line almost immediately upon arrival.

Drawn in Group 'A', BC had the toughest of opening matches against last year's winners and this year's favourites Polo, which we duly lost 0–5 in short order. Simply too strong in all areas of the game, they were clearly heading for another Final. BC then went on to play Rajpruek, just managing to eek out a close fought 3–2 win. Winners for BC were Phairoj & James, Marc H & Bruce, Marc N & Oud. We followed on by playing the highly fancied Krung Thai Bank Team in mid-afternoon, salvaging just 1 match in a 1–4 loss. Marc N & Oud were BC's well-deserved sole winning pair. Bruce and Marc H had a close encounter too being 5-2 up at one stage but gradually letting their lead slip away on unforced errors combined with effective lobbing from their opponents to finally lose out 6-8.

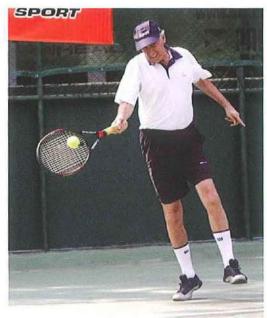
Having completed our 3 scheduled matches for the day at 1 won 2 lost, we found ourselves drawn against Silom for  $5^{th}$  place, the match slated for play on the following day.



The British Club Team



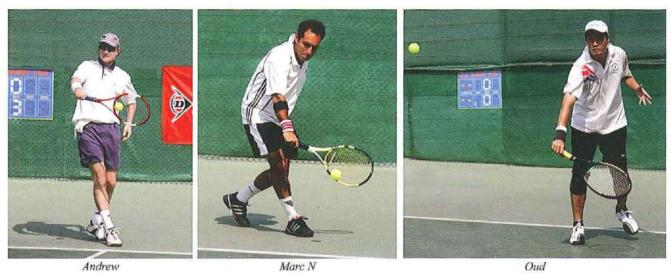




Bruce G

()

Chris Evert



On Sunday morning, with half the previous day's team missing and one or two players not showing up, there was little chance of achieving success. We all did our best but the inevitable outcome was a loss at 2-3. Under the circumstances not a disgrace and all those staunch supporters who came along to help out, they are the real BC tennis players. Special appreciation goes to Tom C who turned up at the shortest possible notice to save us from the embarrassment of not being able to mount a full team. BC's winning pairs were Captain Phairoj & Andrew, Marc N & Oud B. Best BC tournament pair with 3 wins was the Marc N/Oud B combo. Under the difficult circumstances prevailing, Captain Phairoj and his BC Team are to be

congratulated on securing 6th place overall in one of

ÿ

3.

**COACH'S** CORNER

the most competitive fields ever.

#### The Finals match went to the wire with Krung Thai Bank surprise victors over Polo, last year's winners, by the narrowest of margins, taking the third set tie breaker at 11-9. The magnificent 'Colossal' Trophy donated by Khun Suchart Rungsimuntoran was presented to the Krung Thai Bank Team by BC hosts Bruce G and Captain Phairoj, proceedings finally being brought to a close at around 3.30 pm.

Overall the event proved to be a great success, drawing in some of the best club players in Thailand who provided us all with high quality tennis throughout. The weather was ideal too, hot but with just enough cool breezes to keep us all refreshed.

Bruce G.

**By Marcel Petit** PARENTS TAKE NOTE: More advice from coach Marcel DO's



Give your child the opportunity to tell you how he feels about competition: YOU should avoid talking about his matches. He's the one who should be expressing his feelings. This is how he will avoid "issues" in the future, and also a way for him to find his real motivation. Engage him in conversation and let him talk without interrupting him. The more YOU listen, the more he will open up.

Keep up his motivation by programming rest periods: During the season, your child should have a break from tennis on a regular basis, but not a break from athletic activity. Back on the court, his motivation and desire should have intensified. From a physical point of view, tennis puts a strain on the body - the bones and especially the muscles – given the asymmetric aspect of the game. With tendons taking a beating, children having growth spurts, a good rest provides a necessary balance as well as an opportunity to check things out with an osteopath, physical therapist or a doctor.

#### Did you know that it's the QUALITY of training that counts, not QUANTITY?

A short, intense practice session with maximum concentration is worth more than a long, half-hearted session. French players including Jo-Wilfried Tsonga and Richard Gasquet are perfect examples of this.

YOU MUST REALIZE THAT YOUR CHILD'S TENNIS IS HIS AFFAIR: He's the one holding the racket, he's the one who wins or loses, and he's the one who is committed or not. He will not be able to make the effort and sacrifices to become a champion unless he does it of his own accord.

Encourage your child to practice other sports: Other sports activities, whether individual or team sports, will help your child develop physical and psychological strengths which will be useful to him in competition. Think of your child as an athlete first (ages 5-12) who plays tennis among other sports, and only later, as a tennis player! At 13, he is ready to devote himself completely to tennis.

## TENNIS

## **COACH'S** CORNER

**Trust your coach -- help him but don't take his place:** He's a trained coach, a professional. His experience and training are irreplaceable. Talk to him, ask him about his approach but don't interfere. Support him. If you are a trainer, you don't need him. If I look back at my former students in France, they all have one thing in common: parents who keep their distance when it comes to their child's training and his match results. On the other hand, in the short run, children get the best results when parents replace the trainer, when they are physically behind their kids. Ninety-nine percent of children fail or give up at around 15, an age when they are capable of understanding what they really want and can make an intelligent decision. Jennifer Capriati is a good example of a player pushed to her limits by an ambitious parent! And we all know the price she ended up paying!

#### DON'Ts

Do not compare the performances of your child with anyone else's – brother, sister, or friends. He must progress at his own speed. His progress must correspond to his ability and not anyone else's – not even other children his own age. It's not the amount of time it takes to improve, but rather the level that is achieved.

**Do not put your child up on a pedestal:** he's not the best, the brightest or the strongest. Even if he IS excellent, don't turn him into a STAR – help him keep things in perspective. This is the best way to progress on a daily basis and to realize his potential.

**Do not make your child feel guilty about all the efforts you are making** – as long as he himself is committed. Do not add pressure to a match by telling him how much time and money you are spending on his tennis. This applies as long as he is totally committed. If his motivation and commitment are not up to yours, then some straight talk is necessary.

#### BRITISH CLUB & TENNIS SECTION HISTORY FROM 1953 – 1992

Roy Fordham continues with his memories of tennis days gone by in this second instalment covering the period from the early 1960's to the early 1980's. The third and final part will appear in the next issue.

In the early 60's membership of the Club declined sharply and only a handful of tennis players were left. The decline in membership of the BC was due to the fact that in the 60's the social scene changed dramatically with the rise of women's lib. Wives were expected to go out with their husbands and boyfriends on a regular basis, not left at home while, as in the past, their men folk went alone to the pub or the club. As a result, married men were deterred from joining the Club as they could not bring their wives, except on special occasions. There was some very strong resistance to admitting women and it took a number of hard fought AGM's, over a period of several years, before women were eventually admitted as 'Women's Privilege' nonvoting members, for a fee about one third of that paid by the men.

During this period air-conditioning was introduced in the Churchill Bar, women were admitted to it and it was also decided to demolish courts 5, 6 and 7, and build a swimming pool, children's pool and a sala, which was needed now that women and their families required such facilities. The pool was officially opened in September 1966 by the British Charge D'Affairs.

Membership slowly increased and several ladies joined the tennis section. In the late 60's I was asked to take over as Tennis Convener and introduce new activities to attract more players. Initially, I arranged and ran regular Sunday Handicap Tournaments, which became very popular and kept the section alive at a difficult time. I found a Thai tennis coach to give lessons and gradually introduced inter-club matches with the RBSC, the Silom Club and the Old English Students Association to name a few. I was also able to set up occasional matches with teams from Penang, Singapore and Hong Kong, who came to Bangkok to play annual interport matches with the RBSC and were happy to play a friendly match with us.

In 1973, the BC was accused of being a racist club by Gough Whitlam, the Australian Prime Minister, who was on a visit to Thailand and learned that one of their embassy staff had been refused admittance to the Club, because he was not of UK origin, one of the requirements for membership in those days. Mr Whitlam ordered all embassy staff that were members of the BC to resign and banned others from joining. This was taken up by the media and to avoid problems, the General Committee called a meeting to amend the rules so that one third of the membership could be made up of non UK origin nationals. This eventually led to a further increase of tennis members and the section became so crowded that court booking had to be introduced.

About this time the Club began to suffer from heavy flooding during the wet season, partly due to improvements to Surawongse Road, the level of which had been raised and the klong, which lay below the surface, becoming blocked. Our lawn tennis courts began to deteriorate due to this flooding, especially courts 1 and 2, which were just inside the main gate and were lower than the other courts. This meant that for several seasons we could not use those courts for part of the year. It was not until the early 80's that improvements to Courts 1 to 4 were carried out. The work was done in stages and it was not until 1982 that all four were ready for play. Courts 3 and 4 became the equal of any grass courts I had ever played on. Courts 1 and 2 were not so perfect but also quite playable.

Continued next issue . . .

()

13

# **Book Reviews**

#### CHILD 44

#### By Tom Rob Smith ISBN: 9780446539432 Paperback (Grand Central Publishing) Bt.550

This is an extraordinary thriller on a number of levels. Not only is Tom Rob Smith a first time author, almost indecently young at 28 with publication rights for the book already snapped up in over 20 countries, but also Ridley Scott has bought the screen rights even before the novel's release.

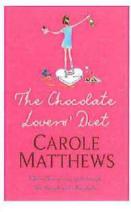
A rising officer in the State Security force in Stalin's Soviet Union, Leo Demidov, is a former war hero

whose only ambition is to serve his country. Ideological crimes – of thought, disloyalty – are forcefully suppressed without question. But then his world falls apart: a different kind of criminal – a murderer – is on the loose, killing young children.

After forcing the parents of a child to accept that his death was just a tragic accident (it is a crime against the State to suggest that a serial killer could exist in such a perfect society), Leo finds himself demoted and denounced by his enemies as his world falls apart. Realizing his previous existence and all that he took for granted – the guilt of those he arrested, the love of his wife – was but a devastating sham, he desperately seeks redemption by hunting down a criminal that the State won't admit even exists.

Certainly this is an assured debut. The author's portrayal of a brutal and brutalising regime, where truth and justice are secondary to the irrational

needs of a paranoid state, feels shockingly authentic. It's terrifying to think that a society like this ever existed and sometimes these details overwhelm the plot. But the story gradually tightens its grip as the plot develops to its climax – altogether an impressive thriller.



#### THE CHOCOLATE LOVERS' DIET By Carole Matthews ISBN: 9780755338214 Paperback (Headline Review) Bt.350

Follow up to "The Chocolate Lovers' Club", which was a firm favourite with B2S customers in 2007, this picks up where the first one ends, slipping you straight back into the whirlwind lives of Lucy, Autumn, Nadia and Chantal with the girls once again congregating in 'Chocolate Heaven' to deal with a situation which requires serious chocolate.

Nadia is still not sure whether her husband Toby has kicked his online gambling habit. Chantal could be pregnant, but who's the father? Lucy is puzzled about the lack of communication from Crush in Australia, and the omnipresent Marcus, her ex. Autumn is still worried about her drug addict brother, and his effect on her new relationship with Addison.

Once again the characters are real and easy to empathise with and Matthews has woven lots of humour into the story, including some very funny scenes surrounding a wedding. Friendship and chocolate are the themes of this heartwarming book so whatever your taste, you are bound to find this a satisfying read.



#### THAILAND, LAND OF CULTURE & HERITAGE

By Maria Grazia Casella ISBN: 9788854009813 Hardback (Asia Books) Bt.995

Thailand, as the land of Siam is now called, is a nation that for many centuries has been justly famous for its remarkable history and traditions. Today each year it attracts millions of visitors eager to enjoy its captivating

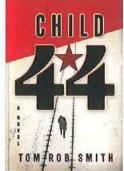
atmosphere. Yet, despite the luxuriant nature and magnificent temples of this verdant country, the civilization that created some of the world's most impressive artistic and architectural creations is still relatively unknown to the general public.

"Thailand, Land of Culture & Heritage" illustrates the rich history and evolution of the land and its people, visionary creators who from the Neolithic era onward established local artistic techniques certainly as refined as the better-known ones of China, and who also absorbed and modified the influence of the great neighbouring cultures from India and adjoining regions, evolving a unique Thai style.

Beautifully illustrated with high-quality photographs, this book describes the beliefs, myths, epic cycles, symbolism, doctrines and traditions that are still at the heart of Thai civilization.

Editor's Note: This month's book reviews are generously provided by B2S bookstores





# HELLOS

#### Welcome Aboard!

Please join us in welcoming the following new members and their families. We look forward to seeing them around the Club.

- 1. Neil Robertson & Lee Cheng
- 2. Samuel & Sarah Fischer
- 3. James Brophy
- 4. Joss Dimock & Sue Lee
- 5. Adam & Kate Jessey
- 6. Amit & Shraddha Bagaria
- 7. Arvind Nangia & Pimchai Chaiyen
- 8. Martin de Vries
- 9. Robert & Lauren Brindley
- 10. Walter Gray III

# and GOODBYES

#### Farewell and best wishes to . . .

- 1. Stephen & Prapeesuk Bennett
- 2. Aloysius & Jenny Wee
- 3. Niklas & Turid Mattson
- 4. Douglas & Chomsri Whittaker
- 5. Jeremy Chase & Genevieve Bulluss
- 6. Craig & Unruan White
- 7. Shaun & Kristen Moroney
- 8. Ori Dolev





### **Training your replacement**

### vs Protecting your job

#### by Al Lock

Last column, I wrote about the increase in the number of "world-class" Thai executives. I listed four reasons that I thought that there were so many more top-notch Thai executives today than there were when I first came to Thailand.

There is one factor that I neglected to mention. It is a cultural factor; business culture that is.

As the global economy develops and businesses along with it, the cultures of the most competitive businesses have also changed. The very top organizations have become learning organizations, and managers, executives, etc. have changed from protecting their job to training their replacement. This is a direct result of the fast-paced, highly-competitive, constantly changing business world that exists today.

Consider, if there is no real expectation of change in your organization, if things are expected to stay the same for an extended period of time, then it makes sense to protect your job. After all, you'll probably be in it for quite a while. On the other hand, if there is an expectation of change, then you need to be preparing for that change, to take on new responsibilities, maybe a new job. This applies whether the change is good (expansion for example) or bad (maybe your boss gets fired for failure to perform). And in today's business world, change is the norm.

Now, if the worst change happens you are looking for a new job. So, do you want to do the job you just left somewhere else? Or a better job?

And if the change is one that means you got a promotion, don't you want to be ready for it?

Either way, you need to spend time preparing to do your bosses' job. In the best of worlds, because the boss got promoted.

And if you need to be prepared to do the next higher job, who is going to do your job when you get that promotion? Will they be working for you? Don't you want them to be prepared?

So, isn't it in our best interest to mentor and help prepare our subordinates to do our job?

As more companies adopt this business culture change, more top-notch executives are developed. In Thailand, and elsewhere.



Editor's notes: Al Lock is the managing director of NLI Communication Ltd., a training consultancy that specializes in delivering custom-built communications and behavioral ochange training to corporate clients.

al.lock@nlicomm.com www.nlicomm.com shrewsbury international school



# The Sixth Form Scholarships

Applications are invited for admission to Year 12 for the school year commencing in August 2008.

Selected candidates will be invited for testing on Friday 7 March 2008.

Shrewsbury International School warmly invites interested families to visit the campus, to tour the new 6th form facilities and to meet the key school leaders. For further details and a scholarship information pack please contact the Registrar at the school.

sńrewsbury international school, 1922 charoen krung road, wat prayakrai, bang kholame, bangkok 10120 tel: (662) 675 1888 fax: (662) 675 3606 e-mail: jip@shrewsbury.ac.th www.shrewsbury.ac.th

### Maintain the health of your wallet. Whatever the economic situation.

In the current economic situation, prices have been increasing across the board. At Samitivej hospitals, however, we are committed to freezing this year's prices for all medical expenses-while maintaining our standards in providing you with the best possible medical service. But ideally, our hope would be for you to remain healthy and active, regardless of how the economic situation turns out.

Samitivej... We Care



