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Sunplay Bangsaray is a luxury community for the over 50's seeking a more active lifestyle. Located just 2 hours from Bangkok in Bangsaray, part of Thailand's emerging Eastern Economic Corridor (EEC). Comprising 70 spacious condominiums and 50 private pool villas, set amidst beautifully landscaped gardens with a private clubhouse offering a full-range of active lifestyle options with jogging and biking trails.

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- Stylish contemporary units with fully fitted kitchens
- · High-security, eco-friendly environment

Project: Bangsaray Heights, Moo 6 Bangsaray, Sattahip, Chonburi, Thailand. Construction Permit: In process of submitting. Construction Start: 04/2017 Expected Completion: 01/2019 Land Title Deed Nos.: 59966. Project Area: Approx. 5 Rai, 0 Ngan, 53.6 Sq.Wah. The residential condominium project consists of three 6-Storey buildings and 1 basement floor with approximately 44 residential units. The project will be registered and expenses and taxes will be paid by unit owners under the condominium law after construction is completed. Mortgage: a mortgage will be registered on Land and Building. Developer: Bangsaray Heights Registered Capital THB 100,000,000. Authorized Directors: Ms. Jutamart and Ms. Viparwan Smanattanon.

Project: Baan Phing Fah Moo 6 Bangsaray, Sattahip, Chonburi, Thailand. Development License No. 133/2555, Total 26 plots, Title Deed Nos.: 5627 (partial), 23845 (partial), Project Area approx. 97-0-1 rais Development License No. 145/2558, Total 76 plots, Title Deed Nos.: 53961 (partial), 53962 (partial), 53966, 53969, 53970 (partial) and 53971, Project Area: Approx. 108-3-64.2 rais. Public Facilities and Public Services: there Park & 3 ponds total 1,270 sq.w. EIA approval letter dated IB June 2009. Land are ready to register transfer at Land Department after receive payment. Encumbrance: All plots are not mortgaged and are not registered with any encumbrance with any person, juristic person, or financial institution Developer: Bangaray Property Co., Ltd. (Formerly known as Buraran Property Co., Ltd.) 19/2 Sithakarn 3/f, Soi Chidlom, Lumpinee, Pathumwan, Bangkok 10330. Registered Capital: THB 90,000,000 (THB 90,000,000 paid-up). Authorized Directors: Ms. Jutamart Jiratana and Ms. Viparwan Smanattanon.



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Vice Chairman Ali Adam

vicechairman@britishclubbangkok.org

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Paul Cheesman honorary.secretary@britishclubbangkok.org

Honorary Treasurer

James Crossley-Smith

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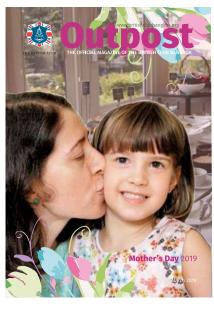
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Front Cover

UK Mother's Day this year is held on Sunday 31st March and as always there will be brunch at the Verandah to celebrate.

From the Editor

Another packed edition!

The ever popular Pancake day will be held on Sunday the 3rd of March on the front with lots of activities for the kids.

It's hard to believe that we are already heading into the third month of the year and my 7th edition of Outpost.

Cheers





Preferred Partner

OUTPOST is the monthly magazine of THE BRITISH CLUB BANGKOK, the social sports and cultural centre for the English-speaking community in Bangkok A full version of the magazine is also available online at www.britishclubbangkok.org Design & Layout - CJW Design Studio Editor - Chris Watt cjwatt@loxinfo.co.th Opinions expressed do not necessarily represent those of the Club. All events, dates and times are correct at the time of press. Outpost welcomes contributions from Members, email outpost@britishclubbangkok.org

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MESSAGE FROM THE CHAIRMAN

Jack Dunford

nce again another General Committee Year is drawing to a close and preparations are under way for the Annual General Meeting on 19th March.

This has been an extraordinarily busy and productive year. Besides opening the Silom Wing in October and re-opening the Nielsen Hays Library Garden Café in July, the Club hosted two successful open events with the Royal Wedding in May and Living In Bangkok in September. The Clubhouse was repainted in April and looks stunning in its original glory with exposed brickwork. It will be further enhanced in 2019 when the Front Lawn landscaping and lighting is upgraded to accommodate the War Memorial when it is moved from the British Embassy.

A priority for the General Committee has been to attract younger families to the Club to address the challenge of an aging Membership, and of course redevelopment of the poolside has been aimed at just that. Although it is early days, this does seem to be working. We have hit new record membership levels for the last 5 months, currently standing at 1,152, and the proportion of young families has increased.

Of course all of this has boosted the bottom line providing a healthy surplus for the last financial year and revenues are already ahead of budget in the new financial year with poolside revenues up over 20% compared with a year ago for the first three months since the Silom Wing opened.

All of this is 'work in progress'. We are still fixing snags and adding finishing touches to the Silom Wing, we are still fitting out the new Entrance Gate/Guardhouse and we are still finalising preparations for Phase 2 of the Poolside Redevelopment. On the operations side we are close to commissioning new management software and, with increasing

membership and patronage, staff recruitment has become the most urgent priority. We are committed to improving service levels and adding quality and variety to our F&B offerings and events programmes.

We have had a hard working General Committee this year and I am pleased that most, if not all, are willing to serve again in 2019/20, and will stand for reelection at the AGM. Nominations remain open right up to the start of the Meeting but all received by the office in advance will be posted on notice boards in the Club House and at the Poolside. Nominations are invited from any qualifying Member and we welcome new candidates who feel they can offer something special and are willing to put in the required hours. We would in particular welcome lady candidates.

I would encourage all eligible voting Members to attend the AGM. Proxy voting forms will be sent out with the Calling Papers for those unable to attend.

Phase 2: We now have planning permission from BMA and the construction drawings will be complete in March. The intention is for the new GC to take this to an EGM for Member approval in late April and all will be set for tenders to be invited and temporary works to begin.



Reportings

War Memorial: Four local architects submitted proposals for preparing plans to accommodate the War Memorial in the Club Landscape and once the architect has been appointed we will be working with the Embassy for the installation to take place before the rainy season.

Club Management Software: After years of discussion, we are close to commissioning a new management software package to replace our old accounting, and membership data systems. This will have a huge impact on the efficiency of our operations and Members will soon see lots of changes, including the elimination of bits of paper when they take orders, paperless and intelligible monthly billings, smart membership cards for entry and service and much more. It will take a few months to install and although we can guess it will not be seamless, it will be another huge step into the 21st Century.

Going Green: Many Members have been urging the Club to go green and this month plastic straws are being replaced with paper ones and plastic water bottles with recyclable glass. Paper cups are being replaced by washable plastic cups and for some time we have replaced Styrofoam takeaway boxes with organic ones. We are also looking at replacing the plastic laundry bags with biodegradable versions. Let us know if you have other suggestions.

Honours Boards: We are working with the Loyal Societies and Sports Sections to replace the large, expensive-to-maintain, wooden honours boards with framed paper versions, which take up less space and are much cheaper to take care of and update. This is giving extra impetuous to our search for names from the past that went missing when the Japanese army occupied our Clubhouse during WW2. It is now possible to slot in names from the early years without having to completely repaint entire boards in expensive gold leaf. This month our industrious Honorary Secretary has unearthed yet two more forgotten Chairman's names from the pre-war period.

Members Gathering and Honorary Members: Our 12th February annual Members Gathering for Members of more than 20 years plus new Members who joined during the last year was its usual convivial affair, with over 100 members in attendance. We now have over 300 Members who have been with us more than 20 years.

It was a pleasure to have Bob Barber (B545) with us who was made an Honorary Member of the Club. Bob is our most distinguished Sportsman having played cricket 28 times for England in the 1960s, most famously hitting 185 in a day opening the batting with Geoff Boycott against Australia in Sydney in 1966. He lives most of the year Switzerland but over-winters in Thailand.



I am also delighted that Vernon Unsworth MBE, who played a crucial role in the Wild Boars cave rescue last year, has also accepted the GC's offer of Honorary Membership. Vernon is now in much demand as a speaker and will give a talk at the Club soon.



On behalf of the outgoing General Committee I thank all Members for their support over the last year and, on all our behalves, the Club Management and staff for all of their incredibly hard work serving us and moving the Club forward during times of considerable change.



Many Brits feel comfortable with property as an investment, with good reason as it has often proved to be a valuable asset-class over the long term.

However, UK property is taxed in numerous ways and here we look at the main taxes that apply, as well as some upcoming tax changes.

Initial Tax - Stamp Duty Land Tax

- Payable at the time of purchase
- An additional 3% may apply when you own any two properties – and overseas properties are included
- If you are replacing your main home within 36 months, additional SDLT can be reclaimed
- Joint purchasers are treated as one unit

Stamp Duty Land Tax Rates (if two or more properties are owned) 2018/19

Lower Limit		Upper Limit	Tax Rate	Tax in Band	Cumulative
0	to	£125,000	3%	£3,750	£3,750
£125,001	to	£250,000	5%	£3,750	£10,000
£250,001	to	£925,000	8%	£54,000	£64,000
£925,001	to	£1,500,000	13%	£74,700	£138,750
£1,500,001		and above	15%		

Source: HMRC website

Ongoing Tax – Income Tax on Rental Income

If you own UK property and choose to rent it out, income above the UK personal allowance (currently £11,850 for the tax year 2018/2019) is liable to UK income tax.

Most UK tax residents are entitled to the personal allowance. Non-UK passport holders may not be entitled to the Personal Allowance if UK non-tax resident. The long-term future of the UK Personal Allowance for non-residents is uncertain.

Non-UK residents are also required to register under the 'Non-Resident Landlord Scheme' to avoid a requirement for 20% tax to be withheld at source from their rental income.

Do I Need to File a Tax Return?

Contact HMRC if your income from property rental is between £1,000 and £2,500 a year.

You must report via a Self-Assessment tax return if your income is between £2,500 and £9,999 after allowable expenses or £10,000 or more before allowable expenses.

Many expenses can be claimed if they are incurred wholly and exclusively by you and not the tenant in connection with the letting and are regarded as being of a revenue nature.

For finance costs, including loan interest, there are two types of deduction: Deduction from Rental Income and Deduction from Tax Liability (at 20%).

Deduction from Rental Income is being phased out between 5th April 2017 and 5th April 2021 by which time the tax will be fully deducted from the tax liability, as opposed to rental income historically, effectively restricting finance costs to a maximum of 20% tax relief.

Final Tax - Capital Gains Tax on Sale

From 6th April 2015, non-UK residents are liable to UK Capital Gains Tax on property gains over the Annual Exempt Amount of £11,700 currently, with tax rates ranging between 18% and 28%.

The base cost is automatically rebased to 5th April 2015, and you can elect to use original cost or a straight-line basis for calculation purposes.

Final Tax - UK Inheritance Tax on Death

UK property = UK asset = UK IHT liability

Everyone has a UK nil rate band of £325,000, as well as an additional allowance for their Main Residence of £125,000 this tax year (2018/2019), increasing to a maximum of £175,000 by (2020/2021). Over these levels, UK inheritance tax of 40% is payable on UK property.

Upcoming UK Legislation Changes

- From April 2020, the final period CGT exemption for owner-occupied residential property will be reduced from 18 months to nine months.
- The Personal Allowance will be raised to £12,500 from April 2019, the higher rate threshold will rise to £50,000.
- From 5 April 2019, gains that accrue to non-UK residents on non-residential property will be subject to tax

Your investments in property can gain an extra edge from well-managed tax liabilities: it pays to ensure you have accessed the allowances available to you and that the costs associated with running your properties are factored into your annual Income Tax calculations. Don't let property ownership become a drag – plan your taxes so you can enjoy your investments in the future.



Martin Wright Senior Consultant The Fry Group (Singapore)

The Fry Group offer a holistic financial planning service – guiding on investments, UK tax planning and mitigation and retirement planning as well as wills, trusts and estate planning. We are a British firm that specialises in helping British Expatriates. What makes us different is how we work with our clients. We build long-term relationships based upon trust and transparency. Our advisers are experts, they're focused on understanding client's individual needs and simplifying all aspects of financial planning.

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LETTER FROM THE GENERAL MANAGER



n January, our staff party was held at the In – di Pub and Thai Restaurant in Rama 3. This year it was decided to stay in Bangkok as we had a maximum number of staff joining which was the same as last year.

In February we had our Chinese Buffet and Lion Dance which was enjoyed by all and the kids were very interested to see the show.

Also on the 12th February we had Member Gathering on the back lawn where almost 100 Members joined us. This event is always a very nice and an opportunity for our ordinary Members who had joined the Club over 20 years to meet each other and also meet new Members.

We had big outside catering events for BWG and BCCT at British Embassy on 5th - 7th February, the Rugby 10's on 16th -17th February, with over 2,000 people per day, so we had a very good month for our outside catering.

Our end of month event held on last Friday of each month, we had the combined the Wine tasting and our Friday Affair with a Jazz band at the front lawn. We received very good feedback from our Members for this great evening. Please come and join us or make the reservation at the reception for these events.

On 19th March we will be have the Annual General Committee Meeting at 7.00 pm. in Suriwongse room. Our Ordinary and Country Members are encouraged to attend this meeting. You can vote for our new General Committee and other motions. If you are not able to attend, please ask for the proxy form at the reception and you can email me your completed form. We will put the Nominations for the Committee on boards at the Clubhouse and Poolside for you to see after 26th February

February was a busy month for club operations. We had two new Assistant Food and Beverage, Khun Tum and Khun Nung join us. Khun Tum is taking care of Clubhouse and Khun Nung is taking care of Poolside. Also we had two new Membership Managers, Khun Yuthasit and Khun Weetara, and Khun Aof rejoined us as our Duty Manager. In the kitchen we had new head Thai Chef, Khun Duang and some junior chef in the main kitchen. Please welcome them for joining us to work in our Club.

In sport for February, we had Koodle come for our Sunday kids craft and activities, they had many classes for the kids to learn and enjoy themselves. Please check all detail at the fitness center.

Work is underway on the new reception area which includes a flap gate for members to pass through. There will be a waiting room for Members Guests and others. We are also looking at a Software System to handle our Front of house and Back of house operations and it is my target to achieve this before the year is out.

I am looking forward to see you all around the Club.



F&B MORSELS by our EXECUTIVE CHEF



n February, the Kitchen team had a lot hard work as the Club was busy for both functions and outside catering events. The new western menu has been getting a good feedback and much popular in some dishes such as New York Dog and Avocado & Crab Meat Salad.

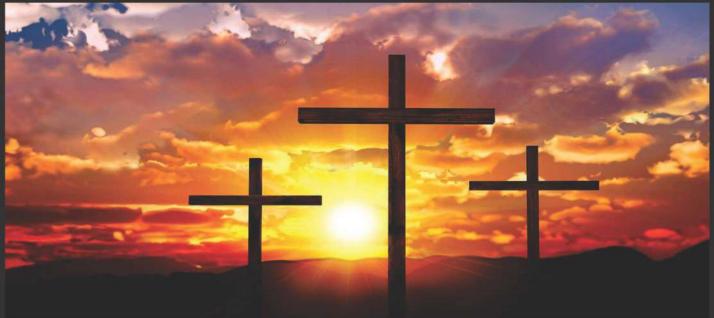
At the end of this month, we will make a special buffet Sunday brunch for the occasion of UK Mother's Day which will be held in The Verandah, this starts from 11.30 a.m. to 3:00 p.m. We will also be having a Pancake promotion for this month. You and your lovely children can enjoy a selection of fruits,

strawberry or mango cake which are all served with vanilla ice cream.

The kitchen gets very busy at weekends, but all our staff work as much as possible and try to maintain the standard of service. This can mean food may take a while sometimes. We apologize for this inconvenience and seek your understanding at the busy times. We are working hard to make improvements and are doing our best for you.

Happy Eating!

Easter @ Christchurch Bangkok 2019



Apr	14th	10.00am	ı
Apr	18th	07.00pm	1
Apr	19th	12.00 N	I
		07 00	

Palm Sunday - Hosanna in the Highest Maundy Thursday - Institution of Communion Good Friday - an Hour At The Cross

Good Friday - Remembering The Cross
Combined English/Thai Language Service

Apr 21st 07.30am. 10.00am.

Easter Sunday - He Is Risen
Easter Sunday - He Is Risen



BUSINESS LUNCHEONS

4TH - 8TH MARCH

STARTERS:

65 BAHT

- Pasta, chicken and pesto salad
- Chef's soup of the day

MAIN COURSES:

160 BAHT

- Chicken breast stuffed with mozzarella & pesto
- BBQ pork spare ribs
- Mushroom stroganoff with tagliatelle
- Gaeng Pa Gai, Kai Jiew Moo Sub, Phad Khana Nam Man Hov

18TH - 22ND MARCH

STARTERS:

65 BAHT

- Mixed salad with smoked chicken breast, beetroots and mango.
- Chef's soup of the day

MAIN COURSES:

160 BAHT

- Chicken breast stuffed with mozzarella & pesto
- BBQ pork spare ribs
- Mushroom stroganoff with tagliatelle
- Gaeng Pa Gai, Kai Jiew Moo Sub, Phad Khana Nam Man Hoy

STARTERS: 65 BAHT

11TH- 15TH MARCH

- Chicken, apple salad - Chef's soup of the day

160 BAHT MAIN COURSES:

- Cajun chicken.
- Fillet of pork with light curry sauce.
- Macaroni with white wine creamy sauce, baked with cheese
- Panaeng Moo, Gai Phad Khing Sod, Phad Phak Ruam Nam Man Hov.

25TH - 29TH MARCH

STARTERS:

65 BAHT

- Chicken and cranberry salad
- Chef's soup of the day

160 BAHT MAIN COURSES:

- Chicken Tikka Masala.
- Pan-fried Dory fish with mornay sauce
- Fillet of pork wrapped in Parma with ham grain mustard and honey sauce.
- Gaeng Kiew Wan Gai, Moo Tod Krathiem, Phad Phak Ruam Nam Man Hoy.



FITNESS - AM I BROKEN FOR GOOD?



Sandy Rem

Personal Trainer, Wellness Coach Accredited Rehab Master Trainer

ARRIVATED ASSETTION OF THE SECONDARY SECONDARY

Something, somewhere went terribly wrong.

he most common question I am asked on almost a daily basis is "Is it really possible to do something about this?"

This question is asked in relation to many things: lifestyle diseases such as diabetes, heart conditions, thyroid and other hormone disorders, auto-immune conditions, movement pattern dysfunctions, postural abnormalities, injuries past and present and chronic pain and the effect that has the mental and physical state. The prevalence of these conditions has exponentially increased in the last decade. The short answer is yes. The long answer varies extensively from person to person and no two people are the same.

What we do need to understand that we as the human race are largely responsible for the state we are in. Our bodies are amazingly intricate machines designed for movement – we were never designed for the sedentary lifestyles that our highly automated lives have made the norm. Research shows that the main contributors to autoimmune responses and lifestyle diseases are caused by individual lifestyle choices, habits, stress and combined with the intense lack of nutrition largely due to the amounts of processed foods we consume we are in a bad way.

"With any autoimmune disease or any other health challenge for that matter, the condition does not just pop up overnight...the process starts years, if not decades earlier." -Paula Owens MS

What this means is that the process of dealing with any disease or injury or chronic condition is usually one of unraveling the layers that have contributed to its formation, creating new habits, be that in the way you move or think or plan or work. This is Lifestyle Management. One layer at a time requires patience and perseverance and good guidance.

The Dalai Lama, when asked what surprised him most about humanity, answered "Man.
Because he sacrifices his health in order to make money. Then he sacrifices money to recuperate his health. And then he is so anxious about the future that he does not enjoy the present; the result being that he does not live in the present or the future; he lives as if he is never going to die, and then dies having never really lived."

So the long answer to the question is still yes – these things that have / are affecting your life negatively can be managed well to help make your health and mobility better. You are not broken for good. All you have to do is be committed to the possibility that things can get better with proper management. It's our job to coach you in how to make that happen. That is what we do!

Come and see us at the British Club Fitness Centre. We would love to hear all about your ailments because we know that we can help.

You are welcome to email Sandy directly at sandy@bangkokstormtraining.com or check out some of the Client Testimonials of people who have made massive improvements in their lives with conditions, diseases and hurdles that have seemed insurmountable.

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DARE TO BE BETTER THAN YESTERDAY!

Following the Path of Excellence..

Bangkok Patana School is pleased to congratulate our students who have received offers from Oxbridge for September 2019.





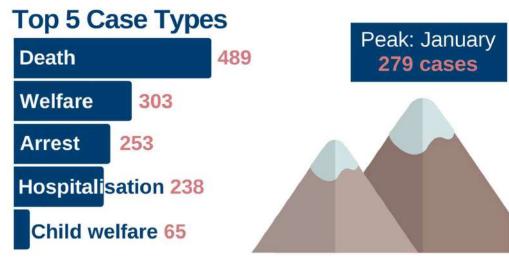




What did Bangkok Consular tray **Team do in 2018?**







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safety





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Mr Nikorn Chimkong
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Online and face-to-face services to create and sustain health, wellness and effectiveness in your staff and teams.

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Leadership Coaching

Identify your gifts and deploy them more often. Identify the areas you need to strengthen in yourself and others, build the skills to anticipate yourself and others.





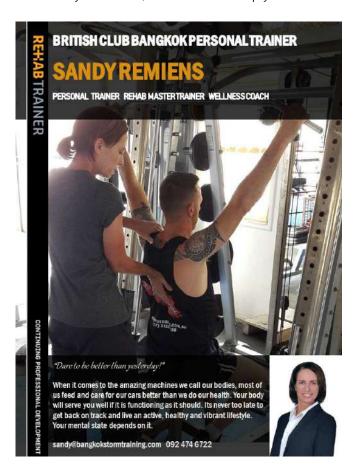
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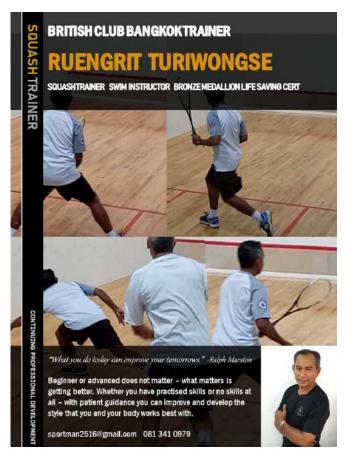
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encompasses every aspect of health and
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Everyone is different, which is why personal training is 'personal'!

Everyone's lifestyle is individual and has unique stressors and needs. Personal Training is not just about the physical but also neurological adaptations and lifestyle changes - *creating solutions that help you gain control of your life back*.

The collective experience and knowledge of the British Club Health & Fitness Team is extensive and whatever your needs/wants we can help you.









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STAFF PARTY 29 January 2019

fter a very long and challenging year all of our staff finally got to take a well-deserved break and enjoy a day off. The team all met in a great restaurant on Rama 3, the theme for the night was Thailand in the 1950's, all the staff made a fantastic effort with some real stand out costumes. The management and the committee would like to thank all the team that made 2018 possible and for all their hard work making the club a great success. We all look forward to another record-breaking year in 2019.





COMEDY NIGHT

stand up international comedians

IMRAN GUSUF KEVIN GILDEA

TREVOR LOCK



Kevin Gildea (IRL) & Imran Yusuf (UK), Host: Trevor Lock (UK)

Thursday 14th March 2019

at The British Club Bangkok, Suriwongse Room | 7.30pm

Members: 400 Baht | Guests: 600 Baht

Book at Reception or contact: 02-234-0247 | events@britishclubbangkok.org













MARCH

THE BRITISH CLUB

SUN



MON



TUE



Afternoon pancake 125 Boht per portion
Topping with mixed fruits and ice-cream
Perent & child races | Pencake kids' competition
Children's games & crefts | Trompoline

Front Lown
Agmin-Gpm
No admission
Charge

HAVE FUN WITH
THE FAMILY

03

Kids Cricket 8am-11am Book first!

Swimming Lessons
9am-12pm

Pancake Day 3-6pm

Open Bridge 2pm Silom Room BWG Mahjong
10am-1pm

Tennis Mixed
Doubles Team
Practice
7pm-9pm

05

(P)

Spoofers 8pm

Football 7pm-9pm





10

Kids Cricket 8am-11am Book fürst!

Swimming Lessons 9am-12pm

Sunday Brunch 11.30am-3pm

Open Bridge 2pm Silom Room

Tennis Mix-In 4pm-7pm 11

BWG Mahjong 10am-1pm

Tennis Mixed
Doubles Team
Practice
7pm-9pm

12

Bangkok Gentlemen Spoofers

8pm

Quiz Night 7.15pm The Verandah

Football 7pm-9pm





17

Kids Cricket 8am-11am Book first!

Swimming Lessons 9am-12pm

Sunday Brunch 11.30am-3pm

Open Bridge 2pm Silom Room

Tennis Mix-In 4pm - 7pm 18

BWG Mahjong 10am-1pm

Tennis Mixed
Doubles Team
Practice
7pm-9pm

19

Bangkok Gentlemen Spoofers 8pm

Football 7pm-9pm

Annual General Meeting 7pm

Registration will open at 6pm



24

Kids Cricket 8am-11am Book first!

Swimming Lessons
9am-12pm

Sunday Brunch 11.30am-3pm

Open Bridge 2pm Silom Room

Tennis Mix-In 4pm-7pm



BWG Mahjong 10am-1pm

Tennis Mixed
Doubles Team
Practice
7pm-9pm

2

Bangkok Gentlemen Spoofers 8pm

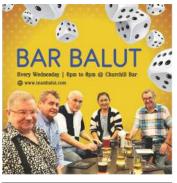
Football 7pm-9pm



HAPPENINGS

WED





BAMBI 9.30-11.30am **Junior Tennis** 4pm-6pm **Kid's Movie Night** 6pm

> Tennis Mix-In 6pm-10pm

SAT

Swimming Lessons 9am-12pm Squash Mix-In 9 2.15pm-6pm Squash Coaching with K Ruegrit 🖍

Ladies Tennis Coaching 9.30am-10.30am

9.00AM-10.30AM

Tennis Mix-In 6pm-10pm Balut Tournament 7pm

Paella Dinner Only

Squash Mix-In 4.30pm-7.30pm 🛣

BAMBI 9.30-11.30am **Junior Tennis** 4pm-6pm

Kid's Movie Night 6pm

Tennis Mix-In 6pm-10pm

Swimming Lessons 9am-12pm Squash Mix-In 9 2.15pm-6pm

Squash Coaching with K Ruegrit 🖍

13

Ladies Tennis Coaching 9.30am-10.30am

Tennis Mix-In 6pm-10pm

Balut 6pm-8pm **Paella**

Dinner Only

Squash Mix-In 🦞 4.30pm-7.30pm 💃 **Comedy Night** 7.30pm

BAMBI 9.30-11.30am

Junior Tennis 4pm-6pm

Kid's Movie Night 6pm

Tennis Mix-In 6pm-10pm

16

Swimming Lessons 9am-12pm **~**

Squash Mix-In 9 2.15pm-6pm

Squash Coaching with K Ruegrit 🖍

Ladies Tennis Coaching 9.30am-10.30am

Tennis Mix-In 6pm-10pm

Balut 6pm-8pm

Paella Dinner Only

Squash Mix-In 2 4.30pm-7.30pm **3**·



BAMBI 9.30-11.30am

> **Junior Tennis** 4pm-6pm

Kid's Movie Night 6pm

Tennis Mix-In 6pm-10pm

Swimming Lessons 9am-12pm **~**

Squash Mix-In 9 2.15pm-6pm

Squash Coaching with K Ruegrit 🍂

Ladies Tennis Coaching 9.30am-10.30am

Tennis Mix-In 6pm-10pm

Balut 6pm-8pm

Paella Dinner Only

Squash Mix-In 🦞 4.30pm-7.30pm 🕏

Junior Tennis 4pm-6pm

Kid's Movie Night 6pm

Tennis Mix-In 6pm-10pm

Wine Tasting 6pm-9pm

Squash Mix-In 9 2.15pm-6pm

Swimming Lessons

5 A-Side Football

~

9am-12pm

Tournament

2pm

Squash Coaching with K Ruegrit 🧘

X





CHINESE NEW YEAR WELCOME THE PIG!

HE YEAR OF THE PIG for 2019 is coupled with the Earth Element, thus defining such souls born this year as highly social people who will have friends from the humble to the great ... the same as any soul born in 1959. For the rest of us, it was a reminder that we are one year older but still young enough to enjoy the Chinese Festival.

The Club welcomed the Year of the Pig a few days early with our traditional Dum Sum Luncheon, followed by a Lion Dance with the offerings of Good Luck to the Club. Sunday 3rd February was the chosen day and about sixty members gathered in The Verandah, with some children taking their Dim Sum over to the Silom Wing! The Dim Sum included favourites of Har Gow, Shu Mai and Spring Rolls balanced by lots of types of noodles and soups. Staff wore wonderful bright red and gold dresses and set the mood for the afternoon.

No sooner had the food, and lots of wine, been consumed, then it was off to the front lawn to 'meet the Lions' ... and dozens of families joined us from the Silom Wing, sheltering under the muchneeded awnings ... it wasn't just the food that was hot. A few Members even ventured from the Churchill Bar.

The usual performances from our local Chinese Troop had lions dancing, fighting and standing on hind legs with children being balanced precariously three bodies up! After a few rounds of the lawn, they presented two General Committee members with good fortune banners and symbols for the New Year ... in exchange, of course for 'red packets' ... although this time without the packets!

Blessings given, and tokens taken, the whole ensemble took a final picture and the year of the Pig had begun ... only 354 more days until the year of the Rat!!!



















SUNDAY, March 31ST 2019 AT THE VERANDAH | 111.30AM - 3PM

> Adults THB 595 Child THB 350 (less than 10 years)

Complimentary glass of house wine for each mother having brunch

Book at Reception or by email: events@britishclubbangkok.org



WINE TASTING Argento Malbec

"It was launched to bring a new style of Malbec to wine drinkers around the world"



f you liked the Rioja I tasted back in November's edition of Outpost, then you will definately enjoy this Argento Malbec.

Not being able to attend the Wine Tasting in February, I decided to try a wine from the club's wine list and the one I selected was the Malbec.

Pouring it into the wine glass you could not help but notice the lovely deep purple colour and then you became aware of aromas of red berries and even floral notes. Taking the first sip of this wine, you could tell it was a good one, with flavours of sweet blackberries. Truly a delightful wine.

If you are a meat and pasta lover this is the perfect wine paring.

As the name suggest, this is an Argentinian wine from Mendoza which is a wine growing region with a combination that is unique in the world in terms of altitude, desert climate, low humidity and natural meltwater irrigation. The Mendoza province is the biggest and most important wine region in Argentina, producing more than 80% of the country's premium wines.

Now for the Technical Info.

100% Malbec

Alcohol 13.2%.

Fermentation; Stainless steel for 7 days Oak 4 months ageing in 50% French and 50% American oak Residual sugar 2.9 g/l

Acidity 5.1 g/l

PH 3.67

Vegetarian - Yes

Why not try a bottle, I know you will enjoy it.

Cheers

Where the OldMeet the New

or over a decade now the Annual Members' Gathering has been the place where we bring together not only all Members with 20 years or more of Membership but also, those who joined in the past year. For 2019 this was Tuesday 12th February and a crowd of just under one hundred attended the Gathering.

So, our longest serving Member, of a staggering sixty years and four months, Brian Thompson met some of the newest, who only joined a few weeks ago. Sadly, our eldest member, at 89 years and nine months, Dr Patrick 'Paddy' Dickson could not attend but if he had then he would have met several new members in the twenties!

As well as the usual pictures, and the raffle, our Chairman, Jack Dunford MBE, used the occasion to name two new Honorary Members at the Club – a distinction given to few, whose skills, in the words of our Constitution, have led to national/international recognition in their field.

First the General Committee honoured Vernon Unsworth MBE who is the only one of the UK Tham Luang Nang Non cave rescuers living in Thailand. Vernon was first on scene, arranged for the UK divers to come over and was the co-mastermind behind the whole rescue plan. All twelve Wild Boar players and their coach were eventually rescued. Vernon could not attend the Members' Gathering so received his Honorary Membership some weeks ago. He is scheduled to come to the Club soon to present an evening devoted to this incredible miracle.

Second, and present to receive his Honorary Membership, was Bob Barber, a First Class and England Test Cricketeer, now resident in Hua Hin. Bob's career included playing for Cambridge University, Lancashire and Warwickshire from 1954 to 1969, during which time he played 28 Test matches for England. His 185 runs off 255 balls in the Third Ashes test in Sydney in January 1966 was the highest score by an Englishman on the opening day of an Ashes Test.

There was an attempt to calculate the total membership years of all those present ... but the abacus ran out of beads! Here's to next year!



















Happenings































SQUASHY BITS

Chiang Mai 2019 and DJ



hiang Mai: This is typically where Bits abuses the participants and embellishes the facts to create a ridiculous tale involving scarcely believable events. But not this time. This is actually what happened.



We - the BCB Squash Section - put together a strong team of eight, including the likes of Rob, Ricky Thompson and Shiraz who'd not previously joined our CM trips, to reclaim our Peter Corney Cup by beating the Gymkhana Club 6-2. All played very, very well. Noticeably, Ricky who beat their no.1 player, Gerard, who is half his age, and Nick White who won a five-set match which nearly put him in hospital. We won because we took the competition seriously and picked a solid team of most of our best players, plus



a few others like me. And because we wore our new BC squash shirts.

All those who took part or even just came along to support us deserve credit. A special mention should

go to Mark Rayfield, who lost again to their only female player, Nid, but only narrowly having had match point, for showing incredible sportsmanship by calling several of his balls down or even lets



and strokes against himself which were all unnoticed by the referee or his opponent. "Very, very fair" remarked Bob of the Gymkhana team.



After the match, which was one of the most competitive and enjoyable in recent years, Bob was very gracious in defeat and thanked us again for our commitment commenting that this annual event had been in place since 1979 and possibly even further back than that. Forty years or even more. Pretty incredible. Peter and Neil had some kind words too before our hosts invited us to join them for a delicious buffet prepared by Willy's wife. The food was superb, our hosts very sociable and the entire

Sports

weekend a great success once again. Later in the year we hope to repeat the competition in Bangkok where we can show off our new courts to the Gymkhana players.

DJ: This refers to the Don Johnson Cup which is the BCB Squash Section Annual Championships. It includes plate and bowl categories and the winner of the DJ Cup is deemed to be the best squash player of the year - The BCB Squash Champ. First, some history. Don Johnson was apparently an ex-squashie, but none of the current players have ever heard of him and no one can remember meeting him. He may or may not have lived. A King Arthur type or perhaps a Santa Claus or a Jesus. There is scant, or no, evidence to suggest any of those mythical characters existed and it seems that is also the case with Don Johnson. We are not sure if anyone cares either.

Anyway, we have a comp in his name each year and the current champion is Marc Sayer. Here is a selection of the contenders for this year's event.

Robert Lockhart. Nicknamed Lobby. Young, tall, supple, lithe, athletic, hard-hitting. Has dark hair, an important job and was born in Canada. Sometimes wears a suit. Likes girls and God. Drinks beer and smokes fags. He is the favourite because he is the best. If he doesn't become champ, it will be because Shiraz put a sedative in his water prior to the final.

Shiraz. Doesn't have a nickname, but a surname 57 characters long that starts with a Z. The second best player behind Ricky Thompson who ain't competing this year. Should make the final but will have to cheat to beat Lobby. Hence, the sedative which is deemed fair if he's not caught slipping it into Lobby's drink. Just sufficient to put Lobby off, but not enough to kill him. That would be fine.

Ja. Local player and former champ. Looks like Jacki Chan. Enjoys golf and swimming. Calm on the court and very fair. Deceptive in his calmness and sometimes falls asleep - literally - in between points and games. Was once found snoozing in Shiraz's bag. Would never resort to drugging an opponent to win.

Marc Sayer. Current BCB Squash Champion but apparently 'away' for the finals' day. Genuine excuse or fear of a thrashing by Lobby? Difficult to tell. A Donald Trump character. Lots of talk, little substance. However, came up with new, exciting league format for this year's comp. Revolutionary. A maverick. Trump-like.

Neil Evans. Premier League regular, yet never club champ. Probably never will be. Good with numbers and physics. Earns a lot of money. Drives a Ford. Should make the semifinals.

Mark Rayfield. Overweight but moves fairly well despite the girth. Has a Scottish wife. Likes mountain biking. Not good enough to be club champ but might win the plate. Might not.

Chris Childs. Supports West Ham United. Speaks Thai well. Once saw a naked woman. Likes to lob the ball. Likes beer. Pleasant chap. Rarely moody. Plate contender but may lose in the cup semis.

Rit. Another local. Apparently works at the BC. Position unclear. Fit. Good at retrieving. A golden retriever. Sometimes teaches BC kids; skill unknown. Good enough to win the plate.

Antoine Meyrignac. Smashes the ball all over the place; trying to knock the walls down. Erratic, frantic, hectic, effective. Plate contender despite being French.

Ranjan Isaacs. Well-spoken Indian player. Articulate, erudite, eloquent, worldly. More intelligent, refined, cultured and sophisticated than all the others lumped together. Bowl Champion for sure.

Until the finals.....

















THE BRITISH CLUB

CAN'T PLAY - WON'T PLAY!

s many Members will know Balut – the dice game – was a thriving Club section just a few years ago with over 50 players and hosting several International Championships, called Interports. In fact, the previous incarnation of the Churchill Bar had whole wall dedicated to the highest scores and memorabilia of twenty Members Clubs in the SE Asian network.

After a few years of virtually no play, we restarted Bar Balut, a social game, every Wednesday evening back in January and we now attract five or six players from a crowd of over a dozen. So, in March we will hold a mini-tournament

WEDNESDAY 6th MARCH – 7pm – BALUT TOURNAMENT – SPORTS BAR

This will be a mini tournament of only four games played to get players, old and hopefully new, to improve their game with Prizes for the Highest single score and highest overall score, sponsored by Det 5 Bar, Sukhumvit 8 and using the Balut Online Scoring System devised by Yes Technologies.



TENNIS Dear Fellow Yellow Dot Bashers



s I write, we are approaching the business end of The 2019 British Club Bangkok Tennis Section Club Championships sponsored by Ramada Plaza by Wyndham Bangkok Menam Riverside. It is fair to say that the championships have not disappointed to date!

Quite fittingly your chairman, having been the first player through to the 2nd Round of the Men's Singles, was also the first to exit at that stage. Cheers Geoff! It was fun while it lasted ©.



Players of the past Month have been the Zahra & Rhea who have really taken the Championships by storm this year and ripped their way through the draws. As of right now, they are both still in all

three events and have together already secured a place in the ladies doubles final. Great stuff ladies!

On the men's side, Christian (Mad Prof) Roland deserves a share of the coveted **Player of the Month**

award having worked his way through a tough draw to take a place in the SFs of the Men's Singles. His reward for 3-set victory over Andrey in Round 2 was a match-up with the equally hard-hitting Taimur in the QF. There was no firm favourite in



the pre-match courtside whispering, but on the day Chris impressed even himself to take it in two comprehensive sets.

The two **Matches of the Tournament** to date have both involved Jim Fralick who has really got his money's worth so far in his first Club Championships. The first was a Mixed Doubles QF were Jim & Edie held match point before going down to Raquel and Faheeme in a

3rd set tie-break while the second was a 2nd round Men's Singles match with Frank Gluck which lasted



over 2.5 hours and saw Jim make up for the aforementioned disappointment. His reward? A QF with my mate Geoff ... good luck sir!

We also squeezed in a match with the returning Guilt Club from Shanghai Racquet Club. Nick skippered the team to victory and the night was long.



In other news, it seems several moons ago but Series 4 of the BCTS League was wrapped up with Big Andrei (D1), Yuki (D2), Dmitry (D3a), Alex (D3b), Pin (D4) & Anurag (D5) taking the honours. The Race to Bangkok Finals will be announced on our Facebook page as soon as I get replacement batteries for my calculator.

Last but not least, good luck to our ladies in the upcoming Interclub Tournament and don't forget to join us at the club for the Club Championships Finals Day on March 9th!

All the best Graham

P.S

In the midst of all of this, some members found the time to go 'on tour' to Chiang Mai. Ladies & Gentlemen I give you a new feature ... 'Postcards from Dawa'.

Sports



On Feb 2nd 12 BC tennis Section troopers set off on the now annual Chiang Mai Gymkhana Club trip. BC had played against them last year when our team had



an overwhelming victory. This year they wanted add a twist and requested that the BC team offer me up on a free transfer. BC naturally obliged. Although most of the matches were close, BC team came ahead again this year. Overall,

the weekend trip for the BC tennis section was another big success with players enjoying tennis, golf, watching the cricket team get battered and tiny bit of nightlife.

Yours truly Dawa Sherpa



























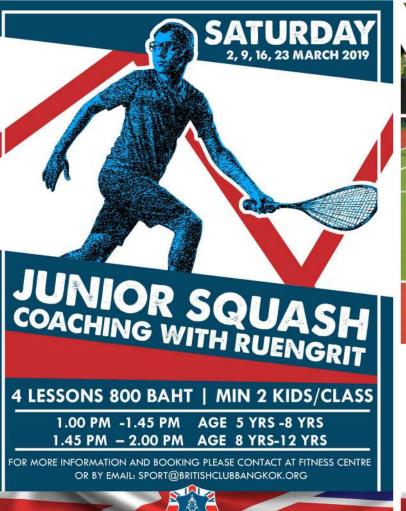
Follow the matches F British Club Bangkok Tennis Section



2019 CHAMPIONSHIP

Saturday 09 March Starting 8:00 am







Every Sunday 2, 9, 16, 23, 30 of March 2019

1 pm to 2 pm for Children ages 4 to 8 years old. 2 pm to 3 pm for Children ages 8 to 12 years old.

THB 750 / session
Per course / 5 session get discount 10 %

For more information & booking please contact Fitness Centre Tel: 02-234-0247 ext.26 | email sport@britishclubbangkok.org

* Be aware *

Children should attend our classes wearing appropriate clothing and foot wear





JUNIOR TENNIS

Age 5-8 years 4pm-5pm : 6,000 THB
Age 8-12 years 5pm-6pm : 6,600 THB

Bookings and more information available at the Fitness Centre 02-234-0247 ext.26 or email: sport@britishclubbangkok.org



THE BRITISH CLUB

HARDBALLS

Chiang Mai Tour February 1st – 3rd 2019



ollowing touring success in Phuket at the end of last year, BC embarked on their second tour of the season to Chiang Mai – a trip that dates back as far as the 80s when the British club veterans established the event, many of who are still very



much part of it today. As forged on the last Chiang Mai outing, the tennis and squash sections also joined and strengthened the social numbers whilst playing their respective competitions in amongst the picturesque Gymkhana Club grounds.

Most of the squad arrived on Friday night, ushered into the Dusit near the night bazar in town, and more importantly next to the cookie-cutter Irish bar to begin the weekend of cultural activity. The 'slightly'



different shade of new blazers which featured amongst the crowds made it even harder for Jack to carry out his textbook disappearing act, although after Denz had eaten every single piece of salad in town and Dilip had scared away all the locals, most of the merry squad retired early ahead of the double header of games looming.

The social game on Saturday was played in the tried and tested 12-a-side format made up of an all BC line-up of head-to-head mixed pairs, with a few of the Chiang Mai Thai youth thrown in for good measure. Each pair faced four overs, and wickets were unlimited (penalised by 5 runs) to keep the social spirit.



Starting things off, Dilip and Denzyl capitalised on some juicy full tosses from one of Thailand's 'hasbeens' to score 59 - 0 from their 4 overs - the lion's share of the runs coming from Mr. Mishra who came off wearing a smile wider than Mossy's second ball for the remainder of the game. The score was 129 at drinks after 12 overs following useful knocks from Ian/Glenn and Nick/James before a fielding turnaround as the opposing side looked to reduce the deficit. Mossy, facing his nemesis alongside Patrick racked up 42 of the pair total (47) - most



stolen back from Dilip
who was still on cloud 9,
not realising he'd been
pipped by 1 for highest
run scorer of the day. A
flurry of boundaries from
Dale was countered by
Sir Nick in the 11th over
who had clearly not
received the memo

Sports



about social etiquette unable to resist the temptation of slaughtering the inexperienced players – the chase was paused on 88 - 41 behind at the halfway stage.

Guest appearances from Josh and Ben did a great job of unraveling the commanding lead in losing 5 wickets during 4 deadly overs from Pramodh and David (also missing the memo), before a fightback from the Thai contingent who carried Colin through and patched up the innings to close on 186 after 24 overs. Despite a couple of wickets, a steady reply from David/Pramodh saw their side creep just ahead at the respective stage of the match, but with Anthony and the Thai Youth requiring 75 off the last 8 overs - it was no easy task. A wicketless 30 left the last pair no option but go looking for the big shots; a risk which didn't pay off on this occasion as they fell 26 short of the target. Needless to say, a couple of cold beers under the canopy of trees topped off a great day out at the venue - and left everyone feeling well prepared for the match the next morning.

Following a gluttonous feast a-top the hotel and a few late nights witnessing England's heroic defeat over Ireland in the Six Nations, BC assembled at the ground once more to prepare for the cup game V Gymkhana. The home side won the toss and elected to bat first - faced with the threat of 9 men in the slip cordon from Sir Nick's (20, 0-23) first ball. Denzyl (60, 2-23) and Patrick (60, 2-43) took advantage of the



grass wicket, striking thrice in their 8 overs after the umpire agreed with a couple of LBW appeals and a sharp take behind the stumps from the captain. Pramodh (60, 2-36) and Dilip (60, 1-47) continued, to take the team to drinks on 74/4 after Glenn (20, 0-10) grabbed a stray ball off one of Dilip's pies with BC looking on top. Following an expensive over from Sir Nick and a change of guard after 2 retirees, Anthony (20, 0-11) impressed with a top-drawer direct hit run out in amongst some tidy bowling to regain momentum. Patrick scalped his second after Mossy plucked a skyer on the rope before a mis-calculated run out in the 23rd over permitted one of the retirees to return, and despite Pramodh picking up a maiden brace of wickets for BC - Gymkhana CC collected 66 runs off the last 5 overs, boosting their total to 213 - 9 after 30.

After the innings break and a well-earned lunch, Glenn was dismissed early for 0 which saw Dilip to the crease at 3 after impressing selectors in the warm up match. However, a single run off 12 balls before being run out left BC floundering on 20-2, and Denzyl (14) stopped in his tracks the next ball compounded the touring side's problems. Sir Nick (14) and Mossy (51) strengthened the innings with a 40+ partnership as the run rate crept up before his highness was removed just shortly before drinks where BC sat at 75/4 - 1 more than the hosts at the same stage. A big six signaled Mossy's retirement before Dale (7) and Anthony (5) lost their wickets in quick succession as BC began to run out of options. David (19) looked to provide a twist in the tale with a convincing start, as did Pramodh (9) who opened his account with a 4 over long off - but the fate of the match was eventually left to the James' ability to strike 70 runs off the last 25 balls, which inevitably ended with Mossy unsuccessfully manufacturing a shot in the 28th after just passing his personal milestone for the day with JCS stranded at the other end. An extended fines session rounded off the weekend, with BC promising to steal back the Dick Wood Trophy next year which would mark the 10th anniversary since the last win...

Sports



BCGS GOLFING NEWS

January Medal, Royal GCC, Lat Krabang

eemingly, some of our members have taken more extreme measures to avoid the smog, with skiing excursions to Canada and even work commitments in Iraq.

Roy Barrett and Peter Gale clearly enjoyed the sublime playing conditions and emerged victorious in their respective Flights.

Roy carding a net 70 to take Flight A honors with Varghese Rose and Peter Clark taking second and third places respectively.

Despite carding an 11 on the final hole Peter Gale still managed to score an impressive net 76 to take Flight B honours over Neil Davis and Peter Bond.

As Peter Gale is both a winning player and the handicap secretary we await to see if any handicap cut will be forthcoming. Unlikely updates to follow.





February Stableford

Thirteen adventurous or foolhardy (depending on your view) members of the BCGS braved the hazy conditions of Krung Kavee golf course for the February stableford competition.

Despite the adverse conditions there were still some shining performances on the course.

Top honours, with 39 points, went to Andy Coop, just out performing joint runners up Karen Carter and Neil Davis with 38 points. Well done all.

A nice course, and good exercise for those walking – given the length between the greens and some of the next tees. At the 9th they even laid on a taxi...

Sports

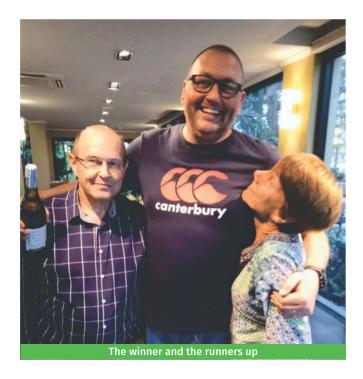
Everyone is still getting used to the new golf rules introduced at the beginning of the year, not least the caddies. One particular rule change over which there is much debate (and with the caddies, confusion) is on the preference for putting with the pin in (which used not to be allowed) or out.

General opinion seems to be in for long putts but out for short. However comprehensive testing has apparently shown that there is a higher chance of success with the pin in, even for short puts. No doubt the debate will continue and much will depend on personal preference. But the real secret of good putting is to get the ball on target in the first place!











Why not join us? We welcome players of all abilities, from enthusiastic hackers to semi-pros. If you're interested, do visit our website

http://www.bcgsthailand.org/

for details of upcoming events and the contact details of our Captain.



Outpost Classifieds

Classified is a way for members to move new and used merchandise and to advertise various services to other members. The cost is THB800 for 55x40cm, 9 lines, approx. 50 words. Text is required to be emailed by the 10th of the month for inclusion in the following month of Outpost. For further details contact Sales Manager kotchaphan@britishclubbangkok.org

Services

AUSTRALIAN MIGRATION ADVICE & ASSISTANCE

Philip Summerbell, Lawyer & Registered Migration Agent (9896806). 20 years Migration Law experience. British Club member.

T: 02 2385571 **M**: 08 7081 7888

E: ps@strategicmigration.com.au **W:** www.strategicmigration.com.au



Tel: 02-635 6618

Membership Plus Partner - Refer to page 12



Tel: 02-088 5666

Membership Plus Partner - Refer to page 12

Services



Tel: 02-639 7351

Membership Plus Partner - Refer to page 12



สมาคมสโมสรราชวรุณในพระบรมราชูปถัมภ์ ROYAL VARUNA YACHT CLUB

Tel: 038-250116

Membership Plus Partner - Refer to page 12



Tel: 02-022 0700 Ext: IPC

Membership Plus Partner - Refer to page 12

For Sale



FURNITURE

Rattan Chair with cushion Bt3,000. Small Round Rattan Glass Top Table Bt2,300.

Rattan Bar Stool with cushion THB2.000.

Contact: the Club Reception or Tel: 02-234 0247.

Sample Size Ad 55x40mm THB 800

Special offer first month free

Accounts Office	9am - 6pm Mon-Fri. Closed Sat-Sun	OFFICIAL ODENING TIMES				
Poolside Bar	6:15am - 11pm Last food order 9:30pm OFFICIAL OPENING TIME					
Garden Bar	10am - 10pm Mon-Thu, Fri-Sun and Public Holidays 8am - 11pm					
Family Room	10am - 10pm Mon-Thu, Fri-Sun and Public Holidays 8am - 11pm					
Games Room	10am - 10pm Mon-Thu, Fri-Sun and Public Holidays 8am - 11pm					
Interactive Room	10am - 10pm Mon-Thu, Fri-Sun and Public Holidays 8am - 11pm					
The Verandah	11am - 2pm, 5pm - 10pm Mon-Thu, Fri-Sun and Public Holidays 11am - 10pm					
Churchill Bar	10am - Midnight Mon-Wed & Thu-Sun to 2am*	Fitness Centre 6am - 10pm Mon-Fri				
1910 Balcony	3pm - Midnight. Afternoon Tea 3pm - 5pm	Fitness Centre 6am - 9pm Sat-Sun				
1910 Sports Bar	5pm - 11pm Mon-Wed & Thu-Sun 5pm-2am*	Thai Massage 10am - 5pm Tue-Sun				
* If members are present at 11.30pm, otherwise it will close at midnight						



ANNUAL GENERAL MEETING

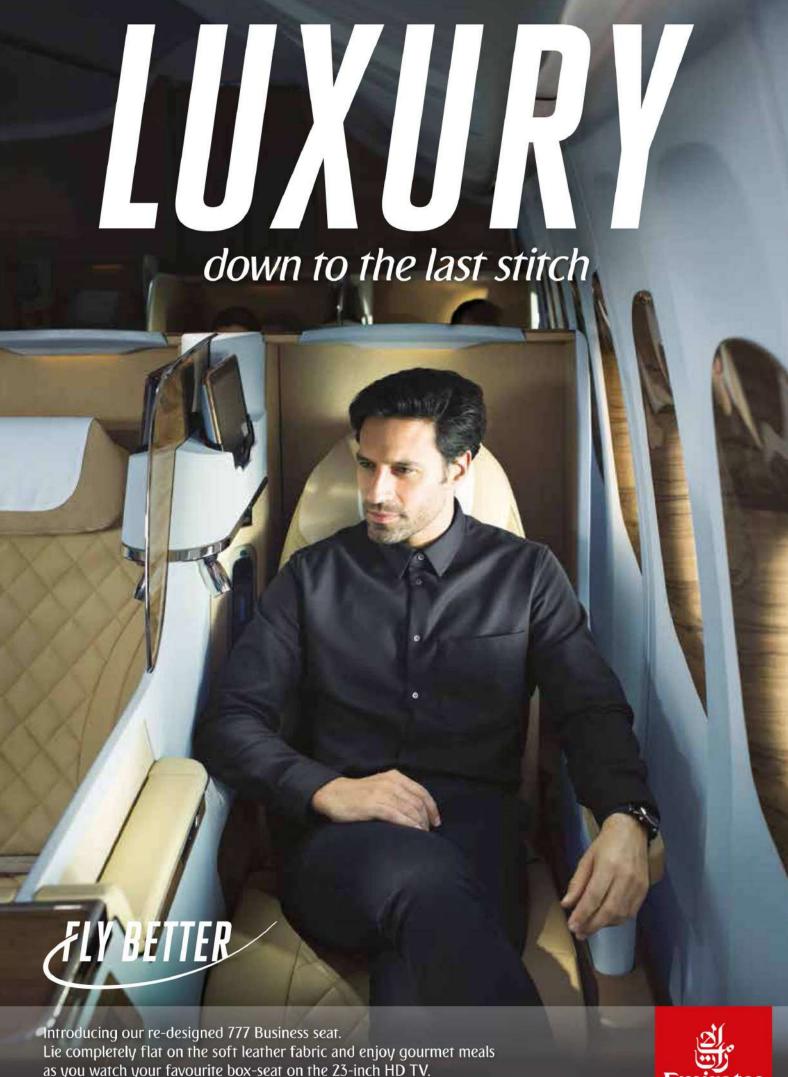
TUESDAY 19TH MARCH AT SURAWONGSE ROOM | 7PM



REGISTRATION WILL OPEN AT 6PM.
THERE WILL BE A MINI BUFFET IN THE VERANDAH FROM 5PM
ORDINARY & COUNTRY MEMBERS ARE URGED TO ATTEND



THE BRITISH CLUB



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