



THE BRITISH CLUB  
BANGKOK

The Magazine of the BRITISH CLUB BANGKOK

# Outpost

April/May 2009



Celebrate The Club's 106th Birthday on April 23

- Wine Tasting**
- Fight Night**
- Balut Cup 2009**
- Squashy Bits**
- Meet the Members**

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THE BRITISH CLUB  
BANGKOK

#### GENERAL COMMITTEE

**JONATHAN TRUSLOW**

**CHAIRMAN**

**SALLY CROSSLEY-SMITH**

**VICE-CHAIRMAN**

**DAVID BLOWERS**

**HONORARY SECRETARY**

**DALE LAMB**

**HONORARY TREASURER**

**ANGELA STAFFORD**

**CHRIS STANFORD**

**IAN HARRY**

**JOHN BLEHO**

**JEREMY WATSON**

**SARAH ALLEN**

#### TREASURY WORKING

**GROUP OFFICERS**

**DALE LAMB**

**CHAIRMAN**

**JONATHAN TRUSLOW**

**CLIVE BUTCHER**

**MARK HAMILL-STEWART**

**JEREMY WATSON**

#### SENIOR MANAGERS

**BARRY OSBORN**

**PREMRUDEE TANYALUCK**

# JOURNAL

*Moving forward, facing challenges ...*

Following a lengthy Annual General Meeting on March 17 and, for the first time in several years, a competitive vote for General Committee membership it was my honour to be elected as the Club's new Chairman. The new committee members and office bearers are listed on page 4 and I am looking forward to working with them all.

I have been a member of the Club since 1990 and have served on the Treasury Work Group for the last three years and so I am familiar with many aspects of the Club's operations and have seen many changes. The Club will continue to change over time as the profile and needs of the British, expatriate and Thai population of Bangkok changes and we will continue to debate development plans, membership fee structures, F&B pricing and other issues in order to move with these changes. I see the role of Chairman and the GC as crystallizing and moderating those debates. A lengthy AGM is clearly indicative of differing views within the membership and while we will never achieve a 100% consensus it is critical that all views are heard. Some of the issues discussed at the AGM were staff and management bonuses, the tennis section, communications, the production of *Outpost* and changes to associate member fees. The new GC will take these as priority issues to review. And of course we will need to consider the search for a new CEO.

**The Club will continue to change over time as the profile and needs of the British, expatriate and Thai population of Bangkok changes...**

Given the economic situation it is likely that 2009 will be a difficult year financially for the club and we may have to temper our more ambitious development plans in order to maintain a prudent level of liquidity. Striking this balance will exercise not only the GC but also the Treasury Workgroup and the Development Special Interest Group, our two principal sub committees. Meetings of these committees are opened to all and I would urge members who wish to know more about the Club or who have something to contribute to attend them. The previous GC approved the setting up of a new F&B subcommittee: Jeremy Watson will chair this, please contact him if you would like to participate.

To move forward on the other issues mentioned above we have also formed several workgroups within the GCO looking at membership, sports, communications and facilities. I will of course keep you updated on the work of all the subcommittees and work groups throughout the year. On behalf of the members, I would like to express my thanks to Andrew Roberts, the outgoing Chairman for his stewardship of the Club over the past year, and to all the members of the previous GC for their hard work and dedication to the needs of the Club.

I look forward to meeting many of you around the Club and exchanging ideas on its continuing successful and happy operation. 🐾

### Jonathan Truslow

*Chairman – General Committee 2009/10*



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- *Outpost* is the monthly publication of THE BRITISH CLUB BANGKOK, the international Club for friends and families in the heart of Bangkok. A full version of the magazine is also available online at [www.britishclubbangkok.org/outpost](http://www.britishclubbangkok.org/outpost)
- Opinions expressed need not necessarily represent those of the Club. All events, dates and times are correct at time of press. *Outpost* welcomes contributions from members, please send them to the Communications Manager at the Club address (left).
- The Club reserves the right to edit all materials or decline publication. No part of this publication may be reproduced without the written permission of the Club.

# NEW GENERAL COMMITTEE 2009/10

Congratulations to all members of our new General Committee recently elected at the AGM on Tuesday, March 17. Our new Chairman is Jonathan Truslow.



Jonathan Truslow  
Chairman

Sally Crossley-Smith  
Vice Chairman



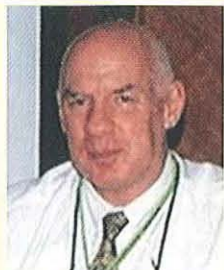
David Blowers  
Honorary Secretary



Dale Lamb  
Honorary Treasurer



Angela Stafford  
GC Member



Chris Stanford  
GC Member

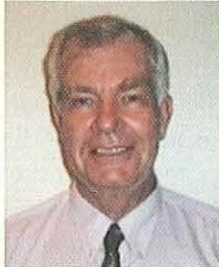


Ian Harry  
GC Member

John Bleho  
GC Member



Jeremy Watson  
GC Member



Sarah Allen  
GC Member



## Regular Events

### TUESDAY

#### Churchill Bar

Spoofing @ 8.30 pm - late

### TUESDAY

#### The Verandah

Tuesday Carvery, choose from soup, two roasts Carvery with potatoes and vegetables. Baht 275 (with salad Baht 30 extra) Available from noon -2.00 pm and 6:00-10:00pm

### WEDNESDAY

#### Churchill Bar

Prestige Wine Accumulator @ 7.00-8.00 pm. Any member could win from Baht 5,000 to Baht 25,000 – prizes increase each week. Bottle Draw @ 7.30 pm. A member present in the Bar will win a bottle of whisky, tequila, vodka or gin.

### FRIDAY

#### The Verandah

The Friday "Themed Buffet" Lunch & Dinner

### SUNDAY

#### The Verandah

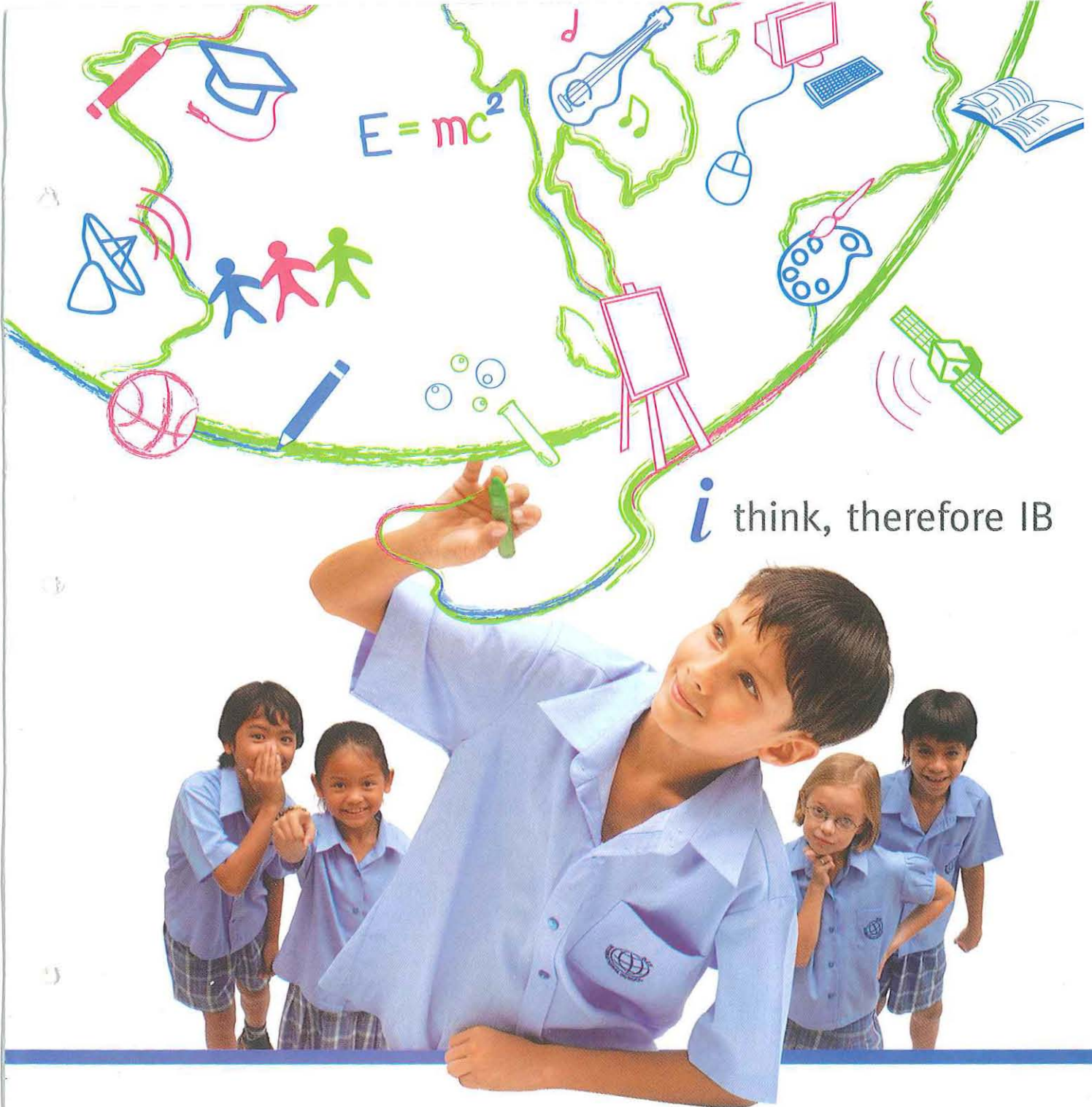
Sunday Carvery – Lunch only from 11.30 am until 3.00 pm

#### Silom Room

Children's Activities – Games, videos, crafts, soft drinks and snacks with Suzie

#### Suriwongse Room

Bridge Tournament @ 2.30-6.00 pm onwards (except last Sunday in the month)



*i* think, therefore IB

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# Barry's ClubLife

Ben O'S



We have a full calendar of events lined up for you this month at the Club.

Dear Members,

March and April were extremely busy months here at the club. We had a great Easter day and Songkran day. On April 23 the Club celebrated its 106th birthday which was also St. Georges Day, Khun Laak and her team created a great British Buffet which was enjoyed by all.

Our regular Friday buffets themed on the recipes of British celebrity chefs during March and April were very popular – thanks to Khun Laak and her team. During the month of May, we have our new SET promotion every Monday, Thursday and Saturday. And every Tuesdays at the Verandah we will have Tuesday Carvery.

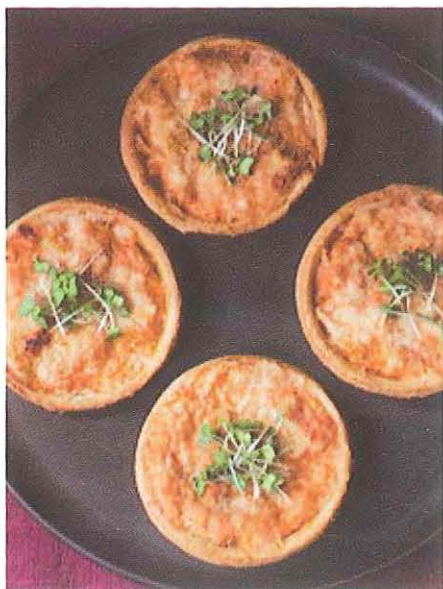
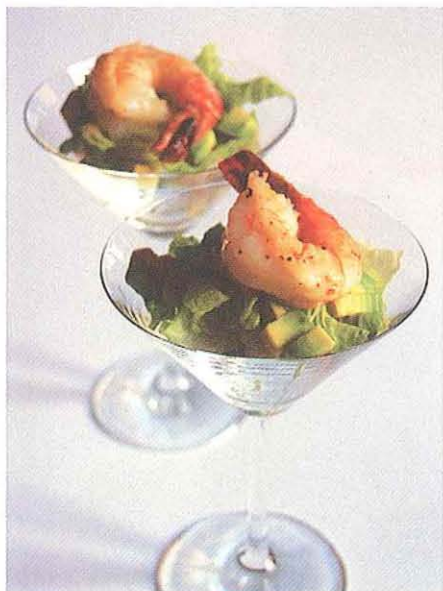
Coming up in May, don't miss *The Fabbagirls Concert* on May 15 at Thailand Cultural Centre. Ticket costs 2,700 Baht. Book early at the reception. Don't forget our regular events – The Bar quiz on May 19 and Monthly Wine Tasting on May 29 and much more. Please visit our Club website for regular updates on events. Alternatively, check out our weekly e-newsletters so not to miss these great events.

If you are planning for a party, don't forget our Catering Services. We can cater for you whether here at the Club, your home or office. For a competitive quote, please call to Khun Somboon or myself.

The Member Get Member Program is still ongoing. Please contact Khun Weena for further detail. The more Members you sign up, the more cash credited to your Club account you earn.

If you are traveling outside of Thailand then do not forget that as a member it is possible for you to use over 160 reciprocal clubs worldwide. To avail yourself of this excellent opportunity and for a full list of reciprocal clubs, contact Khun Weena. Many of the reciprocal clubs also have accommodation available at extremely attractive rates.

Please note that on Saturday, June 27 the Club's car park will be closed for the annual Canada Day celebrations. The car park closure is for safety reasons. I apologize for convenience caused. 🇨🇦





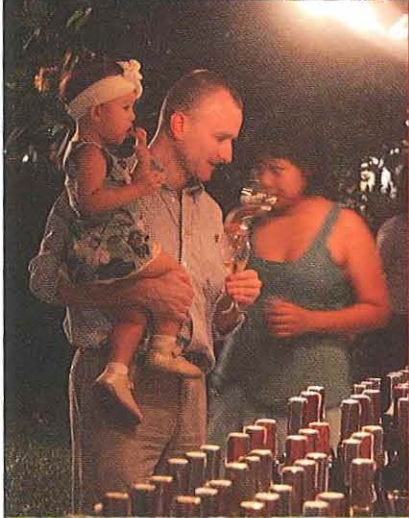
## WINE TASTING

*"Wines are an important part of the enjoyment of life"* Rudy Vallee

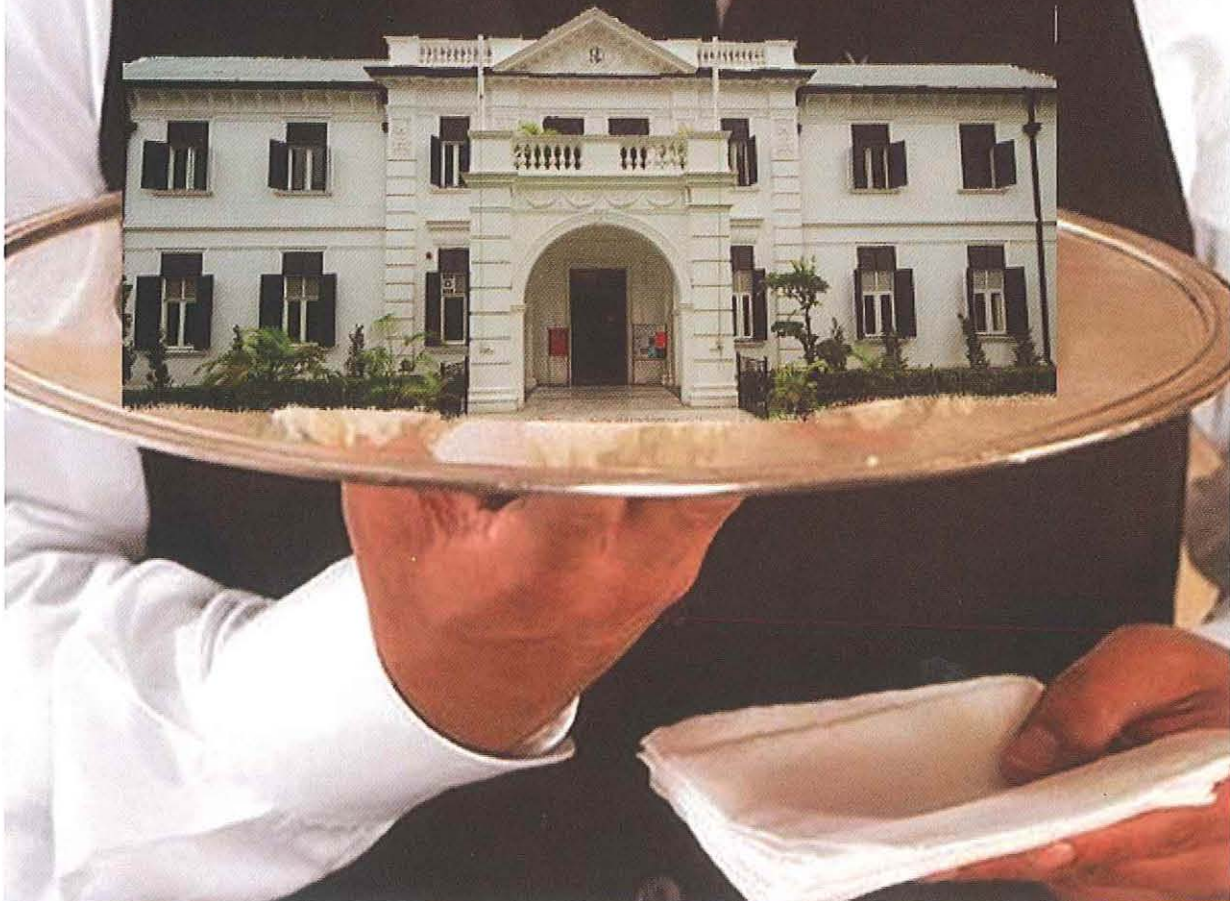
March's wine tasting took place on our beautiful front lawn on the same evening as our first BC Fight Night. We had a great wine tasting with over 60 members in attendance to sample the pleasing variety of wines and enjoy the canapés created by Khun Laak and her team. So don't miss the next wine tasting which will take place on Friday, April 24 and May 29. 🍷

I look forward to seeing you there.

Baz



# *Khun Somboon and British Club's Catering Team*



## **BRING BRITISH CLUB TO YOUR DOORSTEP**

Whether you're planning for a corporate function or a private party, the Club's catering service can help take the pain out of planning.

Call our Catering Manager Khun Somboon to find out how the Club can make your next function a success.



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[www.britishclubbangkok.org](http://www.britishclubbangkok.org)



THE BRITISH CLUB  
BANGKOK



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British Osteopathy



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The Osteo Clinic is the place to find British trained English speaking Osteopaths in Bangkok. We are at Ratchakru Medical Center near Ari BTS. Parking is available at the Clinic  
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Pets - Many E.U. & some Asian countries require blood testing and 3 months or more delay here before shipping can occur. We can provide all the info.



Staying in town but want to change home to a better one? Our Housing division has a large stock of expat rental properties available.

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Reed Passmore

# SPORTS & LEISURE



### Swimming Lessons:

Forty-two children are currently enjoying the swimming lessons offered at The British Club on Fridays and Saturday's. This term finishes April 3-4 and starts up again after Songkran April 24-25. Sign up for next term now.

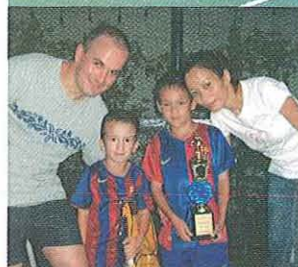
April and March were busy months poolside and around the club with 4-A-Side Football, swimming lessons, junior rugby lessons, charity swim, fight night, tennis championships, junior tennis lessons and more. Looking forward to a fast, fun and active Songkran and May.

### March Activities:

March 14 saw the 2nd 4 A Side Family Football Day and the British Club has some very young football stars.

Marco Charrier was a stand out scoring 7 goals in 4 matches. The Haddon boys were fantastic setting up goals and shooting them from all over the park but the winners of the day went to last years runner's up The Artie Nort's who went through the entire afternoon without a loss. A very enjoyable social day with the crowd really getting behind the teams.

Thank you to everyone that played, supported or just came along to get the fabulous football field cake. 🍷



## Tennis Tennis Tennis

### 2 tournaments in 2 weeks under 2 formats

**Saturday 21st Tennis Extravaganza** with Mexican buffet and margaritas. Thirty-two members participated in the event which was a doubles format. All players played 4 matches with a different partner each match. The top 8 players were paired with the bottom 8 players which created a great semi finals, and final.

Andrew Robertson and K. Ratt faced Khun Nutt and Mineko in the final. This was long hard match (due to the amount of margaritas beforehand). Congratulation to Andrew and K. Ratt who won the event.

**Saturday 28th Tennis doubles tournament** with Spanish buffet and sangrias sponsored by Food by Phone. Forty members joined this exciting event. This was also a double tournament with partners selected the event begun. From the start some pairs looked sharp although with the handicap system the favourites started to drop back and it looked like Andrew Robertson would win his second tournament in as many weeks. The crowd cheered for the under dogs in the semi finals and this put K. Na and Michael in to the finals against James Young and Bernie Adams. With Marc's handicap system and the



crowd Na and Micheal won this event.

Thanks you to all members who participated in these 2 great events and I look forward to many more (margaritas) with you all. Also thanks to Khun Lak who produced 2 special buffets in as many weeks and Marc for organizing and showing off his cocktail skills. 🍷

# FIGHT NIGHT

*The British Club ran the first ever fight night on March 27.*

The British Club ran the first ever fight night on March 27, this was held on the beautiful new backlawn. Three course dinner, beer and wine.

This was a massive success thanks to the great support from members and guests, Pure Blonde Beer, BNH hospital, Mushashi products, PATT, X-treme sports wear plus the men who stood toe to toe and fought for the event.

The event was sold out at 110 people which is a great response and we are looking forward to a bigger and better fight night next time.

The undercard was a French V's Thai format with the local boys just winning on points. The main event was against Ole "Soul Survivor" from Belgium V's Yoksila from Thailand. This was one of the better fights I have ever seen. Both fighters gave 100% throughout the fight and received a standing ovation after the 5 rds. The referee called it a draw which was a fitting result.

Thank you again to all the sponsors, supporters and staff for making this a truly great night and a historical one for The British Club. – Reed Passmore





## Harrow International School Gets Active: **Bringing a business approach to charity**

**A**ctive 10, a group of Harrow students, have set about helping those less fortunate than themselves in Nan province. They aim to raise of 300,000 Baht to renovate 3 village libraries in Parn Yang Village. They will improve washing and drinking facilities as well as creating sports fields and help to raise the general levels of education for the future. As the famous proverb says:

Give a man a fish and you feed him for a day. Teach a man to fish and you feed him for a lifetime.

In this they are not unique. Many schools, to their great credit, undertake this type of task. But Active 10 have a different approach.

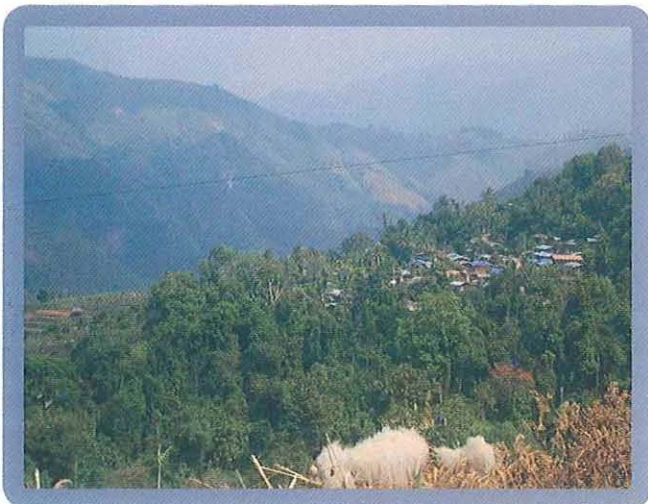
The group are made up of students who have been at Harrow for at least four years and they reflect the values of leadership and compassion that the school is centred



on. Whilst they are all high achievers academically, they know that there needs to be more.

Every single step of the process is organised and presented by them. Careful records are kept, presentations are made to businesses, school groups and parents whilst financial projections are carefully created and reviewed. They have their own office in the school where meetings are held and money raising ideas are plotted. Instead of looking for handouts, this intrepid team of entrepreneurs realise that charity needs to be robustly and professionally delivered, especially in these difficult economic times.

*If you would like to help in any way with this worthy project, please contact Pear (Project finance director) on 0878111897 or email her at: [nan08@live.com](mailto:nan08@live.com)*



# Family Fun at Harrow International School

- Last Sunday saw the Harrow International community come together to celebrate the spirit of competition and friendship.

More than 150 parents came to play football, have tug of war contests and take part in races. Each parent had a chance to represent one of the six houses named after famous old Harrovians

- that is central to Harrow in Thailand, Beijing and, of course, London. Competitions were for mums and dads with everyone getting a chance to take part.



The day was a wonderful showcase for the Friends of Harrow, who organised the food and entertainment and the Heads of Houses who showed their great organisational skills.

Unlike the Premier League there was no diving (apart from into the drinks container) and no dissent (no one had the energy.) But there was plenty of good will and new friendships being made.

Unlike the Premier League there was no diving (apart from into the drinks container) and no dissent (no one had the energy.) But there was plenty of good will and new friendships being made. Next is the Harrow golf tournament as Harrow continues to show how it is the relationship between home and school that is just as important as between teacher and pupil.

**HARROW**  
INTERNATIONAL SCHOOL

Paul Cheesman

Balut Section

# BALUT CUP 2009

A fantastic evening of good wines, free-flowing beer, delicious food and some cracking Balut was missed by the several hundred Club members who decided not to attend this year's British Club Bangkok Balut Cup. Thirty-four people did, however, attend this our second annual event, 32 of whom were players and seven of whom were from overseas. Players attended with a variety of modes of apparel – from Black tie to jeans, and from Balut Section shirts to some superb special Balut Cup 2009 shirts made for and worn by the Merrigan family, more commonly called Team Orange!

The Balut Cup, unlike the Balut Shield, which averages your best scores over the year, is a one-night 'winner

takes all' tournament and didn't we have some winners! Four games were played lubricated quite heavily by the free Beer sponsored by 'Det 5 Bar & Restaurant' (of Sukhumvit Soi 8 fame) ahead of a silver service meal prepared by our Club's Executive Chef Khun Laak. The meal itself was further refreshed by bottles of wine specially chosen and sponsored by 'ACH Management'. The Final Game was played after dinner.

An incredible 11 players were in contention for the main prizes of the evening, all having scored over 500, but there can be but three Cup winners: Carlos Romero, more normally known as 'The Jackal' won the in house Cup, the BCB Balut Cup, with a magnificent score of 554 and from

Taiwan 'So Nice Sophia' took the BCB Balut All-Comers Cup with a score of 559 but the 'winner of the evening', however, was Putthipong Merrigan, commonly known as 'Cartoon', whose record 564 won him the BCB Balut Junior Cup and his best single score of 153 won him that prize as well.

If you have winners then you also have those who did not do so well and two in particular did exceedingly well in not doing so well – Ali Adam took home a teeny-weeny bottle of wine for the lowest single score of 49 and Mr C, the tournament organiser, won the BCB Balut Lowest Score Cup with an impressive 383 ... only 171 short of winning ... better luck next year.

The evening ran late so the Rugby was almost on before most competitors



## THE PRIZE TAKERS

### BALUT CUP & MEDAL

Carlos 'The Jackal' Romero 554

### BALUT ALL-COMERS CUP & MEDAL

'So Nice Sofia' Wang 559

### BALUT JUNIOR CUP & MEDAL

Putthipong 'Cartoon' Merrigan 564

### BALUT LOWEST SCORE CUP

'Mr C' Paul Cheesman 383

### HIGHEST SINGLE SCORE

Putthipong 'Cartoon' Merrigan 153

### LOWEST SINGLE SCORE

Ali Adam 49

Section chairman Phil Alexander passes on the Balut Cup to this year's winner – Carlos 'The Jackal' Romero.



'So Nice Sophia' Wang from Taiwan takes the Balut All-Comers Cup by storm.



Putthipong 'Cartoon' Merrigan was this year's Junior Cup winner and he got a bottle of wine for the highest single score of the whole competition – bet dad drinks that!



Someone has to be last so this year it was Tournament organiser 'Mr C' (Paul Cheesman).



Ali Adam is suitably rewarded with a teeny-weenie bottle of wine for his lowest single score.



Balut – a real family game!

adjourned to the bar, or home. The Balut Section wishes to thank once again our sponsors 'ACH Management' and 'Det 5 Bar & Restaurant', to thank Khun Laak for a wonderful meal, Khun Somboon and his team for the high standard of service, and also to thank David Quine, our resident score master, with his as yet unpatented Balut Internet Scoring System.

Balut is played casually in the Churchill Bar most evenings and all members are welcome to play. The Balut Shield tournaments are held the first Wednesday of the month in the Wordsworth Lounge and results are posted on the Club notice board. 🍷



A good time being had by all.

# FOOTBALL SECTION UPDATE

*Keeping On*

**Peter Rodgers**  
Football Section

As we approach the climax of the football season both here and in Europe we can say that we are quietly pleased with the way things have panned out for the British Club football section. After a few years in the footballing wilderness, the club is once more established in Bangkok's football community with more to come. Teams have been playing regularly in both divisions of the Bangkok Casuals league, we have maintained our 100% attendance record in the Bangkok Vets and we have been able to field sides in all of the major football tournaments held here in Thailand. And to cap it all, the new surface at the rear of the club is once again proving a major attraction on Tuesday evenings for those still seeking additional opportunities to play.

## SO, MORE DETAILS:

In Europe, the Champion's league is down to the last 8 with England's "Big 4" all making it through. In England, Manchester United look to be heading for another premiership title and a potential 5 trophy's after Liverpool seemed to hit the self destruct button with a string of disappointing draws. (Having said that, who would have predicted a 4 – 1 victory for Liverpool at Old Trafford so I guess you never know).

At the bottom of the premiership, who would put money against all three of last years promoted sides making a speedy return to the Championship?

Here in Bangkok after a strong start by all of he teams, all seemed to have settled down to comfortable mid table where post match beers seemed to have taken precedent over on the field excellence. Perhaps the season climax would be more appropriately renamed as the season whimper.



## BC CASUALS:

Having reached the dizzy heights of The Casual League Division 1, in 2nd and chasing 1st the BC Casuals have endured a more difficult start to the second half of the season.

On several occasions, the team managed to secure defeat from the jaws of victory and conceded late goals to turn wins into draws. A 4 – 4 draw against Anatolia in early March with the BC ahead 4 times demonstrated this new found talent.

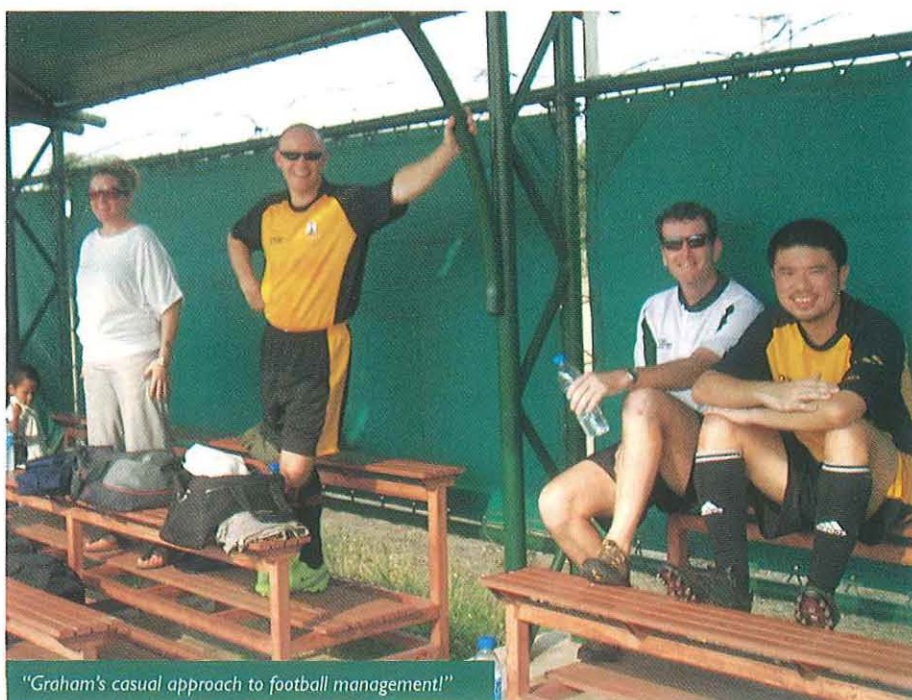




**BC MASTERS:**

And if the Casuals were failing to build on early season's success the Masters were doing even better, regularly shooting themselves in the proverbial foot. Again, a game in early March, this time against the mighty BSL summed up the season so far. Falling behind to a lob from the half way line, the team failed to convert a string of golden chances before conceding a second. A late goal reduced the deficit, but not enough to see another 3 points disappearing over the horizon.

Still, with Graham providing after match beverages to overcome the new Patana School beer ban at least the team had something to celebrate with if not something to actually celebrate.



**BCVETS:**

The BC Vets continued this year and again it should be noted that the recent changes have also impacted here too. Numbers continue to swell and the ever increasing skills of those present are continuing to push the team higher and higher in the monthly rankings with regular appearances in the cup tournament and finals of the plate.

In February the BC also entered teams in the RBSC sevens. Both Masters and the Vets were represented. Both sides made it through into the main tournament only to be knocked out at the first knock out round. Well, who wants to play competitive football at 9.00am on a Sunday morning anyway?

And finally, February saw the inaugural Vets International 8's which took place at Harrow School. The BC were again represented losing finalists in the Plate Competition, where in the interests of international relations, they gave way on penalties to the Shooters from Hong Kong.

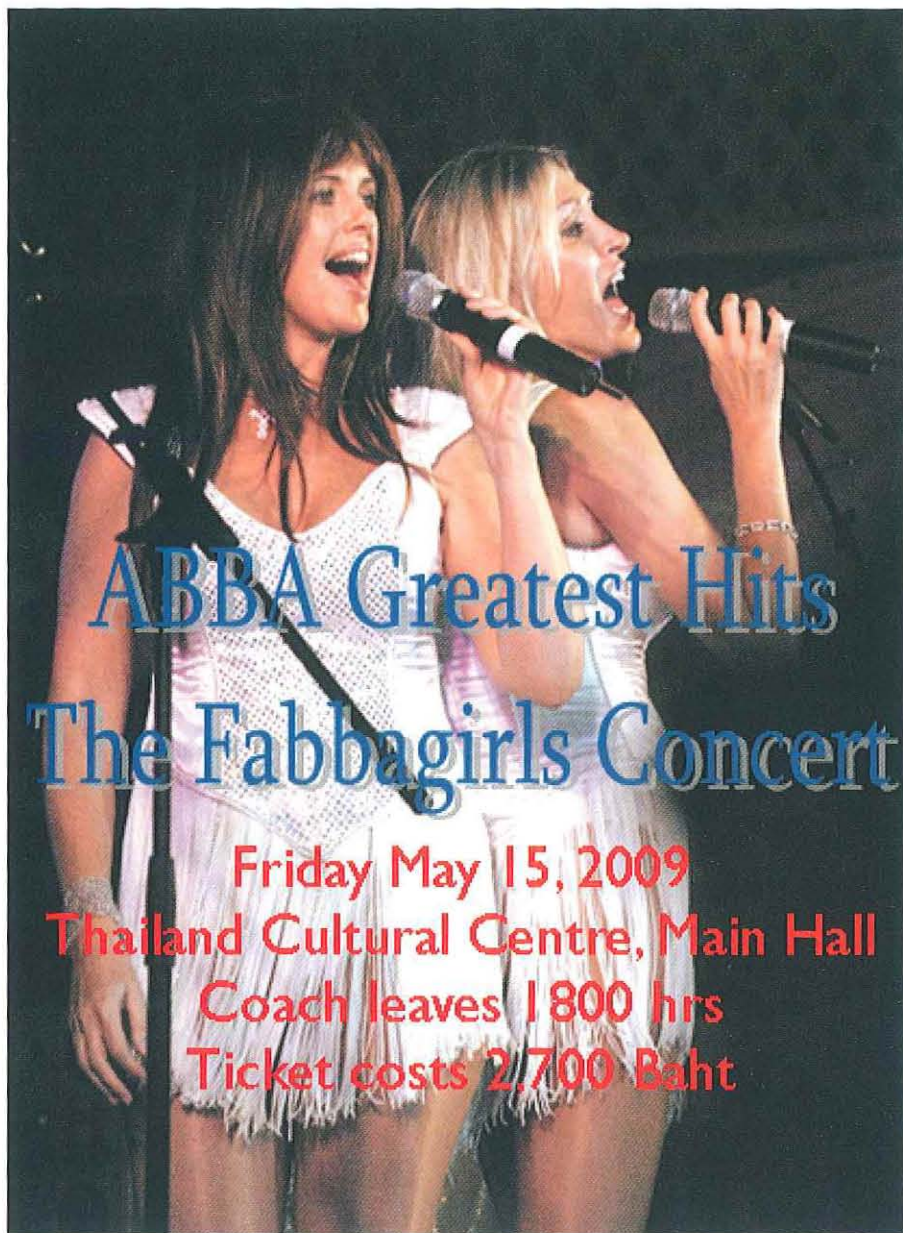
**AND, COMING UP:**

The section will continue training on Tuesdays as before, with the delayed card entry system for football section members implemented shortly. In addition to improving club security, as mentioned previously, this will allow non full members the opportunity of more easily securing food and drinks after training.

In April, the BC will be represented in the world famous German Easter Tournament and in June, we will be supporting a side in the Tesco tournament – definitely not one to miss.

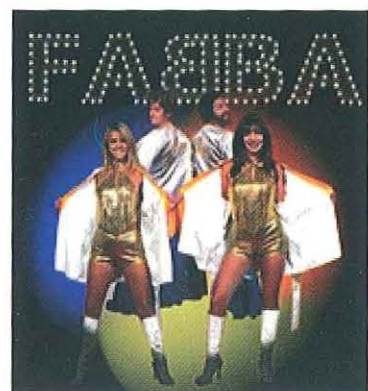
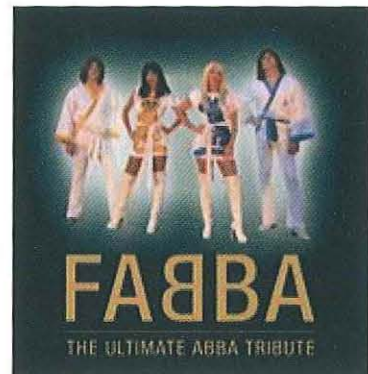
Vets, Masters, Casuals and friendlies will continue playing as usual, so any of you wishing to play, please contact us at the club.

In the meantime, hope to see you soon 🐾



# ABBA Greatest Hits The Fabbagirls Concert

Friday May 15, 2009  
Thailand Cultural Centre, Main Hall  
Coach leaves 1800 hrs  
Ticket costs 2,700 Baht



Experience live On stage the outrageous costumes, the Swedish answer to The FAB Four and most of all, sing a long to all your favourite ABBA songs including... Waterloo, Money Money, Dancing Queen and of course, Mamma Mia.

Here in Bangkok, "The Fabbagirls" will give their world-class performance in a show produced by the multi-talented British producer Chris Craker featuring the Bangkok Symphony Orchestra and **the renowned guest conductor Steve. Sidwell from Great Britain.**

Book early at the reception to avoid disappointment!

## The British Club Bangkok

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Tel +66 (0) 2234 0247 Fax +66 (0) 2235 1560  
[www.britishclubbangkok.org](http://www.britishclubbangkok.org)



THE BRITISH CLUB  
BANGKOK

# Feel Like a Man Again!

## Are you suffering from Andropause?

Andropause is the result of a decline in male hormone (testosterone) levels which can occur with aging. While it can cause health problems you no longer have to accept it as inevitable and unmanageable!

Men Center at Bumrungrad International is a team of doctors who study, understand, and treat health issues faced by men as they age. Starting with an initial evaluation, a Men Center doctor will give you advice and may recommend appropriate treatment by a specialist on the Men Center team.



**We're here to help you take charge of your health.  
Take action and make the call today.**

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# BRITISH CLUB GOLF

Golfing News...

Jenny Harries & Ray Bloom  
Golf Section

## Seniors' and Juniors' Competitions

The annual two day seniors' and juniors' competition was played in February at the new Banyan Golf course in Hua Hin. This spectacular new course provided a great setting for some good play, while the slow greens proved to be a challenge for many of us. The course has been set in a bowl of a valley and it is a feature of the course that all the holes and fairways are viewable from the club house in the centre. The 15th par three, in particular, is very pretty with a view out over the hills to the sea. (Photo 1 & 2)

Nineteen players turned out for the whole weekend so the field was split into 10 juniors and 9 seniors. David Lamb played consistently well over the two days to win the seniors' tournament and Mike Staples, another consistent player, won the juniors' competition. (Photos 3 & 4)

The highlight of the weekend was the wonderful six course dinner laid on by the Banyan staff in the restaurant on Saturday evening. Each course was accompanied by a glass of wine and from the seared tuna steak to start, through the soup, lamb, then steak and finished off with a simple ice cream dessert we ate and drank merrily. With the sun setting outside over the course and the pretty setting of the restaurant, the evening could not have been better. (Photo 5 & 6)

## Stableford

We played the stableford this month at Lam Luk Ka, which is another testing course. The winner was Peter Skinner with 38 points, with young Henry Brown in second place with 37 points and Ray Bloom third on 36 points.

## Medal

There was a great turn out of 37 players for the monthly medal at the Royal course and we enjoyed hot, clear and windy conditions which produced some good scores for some players.



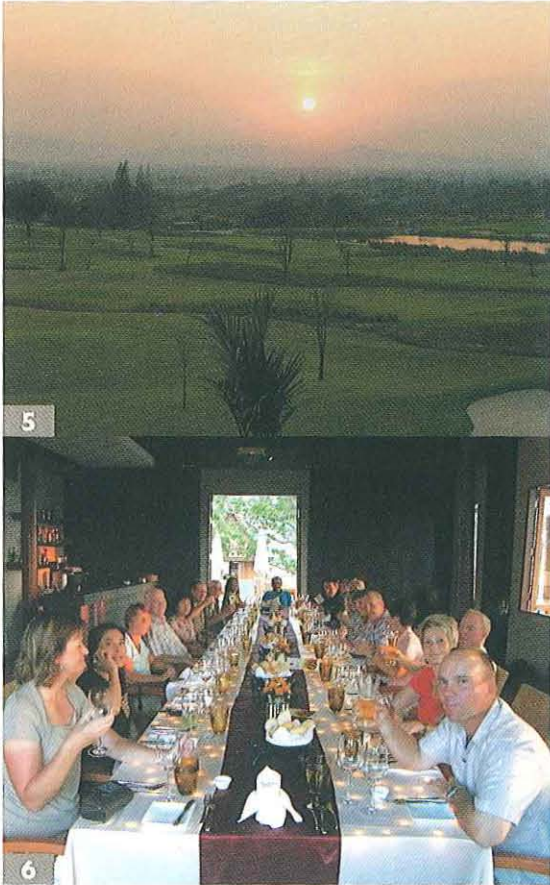
Flight B was won on count back by Simon Fisher with net 72 (Simon is playing really well on his new much lower handicap) with Bob Randle in second place and Val Ashman third.

The scoring for the A flight players was exceptionally good with Vaughan Litton's net 69 and Phil North's net 67 being just beaten by Ray Harries with net 66. Some handicap cuts happened fairly quickly there.

## Annual General Meeting

After the medal we all returned pretty quickly to the British Club where we held a very brief and businesslike AGM followed by the prize giving of all the annual trophies. Captain Maureen thanked the outgoing members of the committee, in particular Mike Staples who has been a fixture on the committee for over 10 years and has managed the handicapping system for most of that time.

He will be missed but will continue to give support to Brian Brook who has taken over the role of keeping



the handicaps up to date. A new committee was subsequently elected consisting of Maureen Gibson who continues as captain, Frank Fawkes, Brian Brook, Peter Bond, Karen Carter, Ray Bloom and Barry Ashman. (Photo 7)

In addition to the trophies won at various events during the year, there were also trophies for the golfer of the year, most improved golfer and the various technical prizes such as most nearest the pins, most long drives and most longest putts. The list is too long to reproduce here but can be found on our website. (Photo 8)

I am now putting the top on my pen as Outpost reporter and handing my files over to Ray Bloom. Good luck Ray and Happy Golfing to Everyone.

Remember a bad day on the golf course beats a good day in the office every time. 🍷

*As the new boy, taking over the pen from Jenny Harries, I do so with some concern, as she will be a difficult act to follow, but, as my Mother always advised me, I'll do my best ...*

*Golfing news...*

March began with Club Days at Ratchadamry Golf Club on March 1, then another at Royal Lakeside on the 8th.

**Stableford**

The more competitive golf was played on March 15 at Bangkok Golf Club, when Ray Bloom took the honours with 38 points, followed by Andrew McLean on 34 points and Simon Fisher with 33 points.

Near pins were achieved by Andrew Mclean (Hole 5), John Carter (Hole 11), guest David Bower (Hole 2) and Tracy Birchall (Hole 14).

Other 'technicals' were: Long Putt – John Carter, Ladies Long Drive – Tracy Birchall and Men's Long Drive – Ray Bloom.

The Club Day at Kiarti Thani Golf Club saw the inaugural Club Scramble event, which will be the format for forthcoming Club Days. All names were drawn randomly into pairs to embark on the day's play.

It resulted in a victory for Simon Fisher and Peter Bond, with Ray Bloom and Bob Randle in 2nd Place and John Bell and Frank Fawkes coming in 3rd.

Near pins were achieved by Peter Gayle (Hole 3), Bob Randle (Hole 8), John Bell (Hole 13) and Ray Bloom (Hole 10). Other 'technicals' were: Long Putt – Bob Randle, Ladies Long Drive – Carol Ann Eastman and Men's Long Drive – Simon Fisher.

Over drinks and food, bottles of wine and golf balls were handed out to the respective winners. Points will be awarded to all participants based on placings in each Scramble event, and will be totalled at the end of the season to determine the recipient of the competition winner's trophy.





## Monthly Medal

At the Royal Golf Club, Lat Krabang, on Sunday, March 29, a large turnout enjoyed the splendid conditions of this beautiful course.

The first group from hole number 1; comprising Barry Ashman, Ray Harries, Jim Moroney and John Bell, looked well prepared to do battle. (Photo 1)

The second group of Peter Skinner, Mike Staples, John Carter and Robert Gray, were looking forward to their following 18 holes. (Photo 2)

The last group of Tracy Birchall, Ray Bloom, Gordon Milne and Frank Fawkes looked equally determined to enjoy their forthcoming round. (Photo 3)

On quick greens and lush fairways all golfers enjoyed their rounds. After imbibing on drinks and clubhouse food, the scores were checked and results announced.

The technical prizes were awarded first: Near Pins were achieved by Frank Fawkes (hole 3), Jim Moroney (hole 7), Simon Fisher (holes 13 and 17). Men's Long Drive was won by John Carter and the Ladies Long Drive by Tracy Birchall. The Longest Putt on hole 18 was made by Barry Ashman

To climax the event the Flight winners were announced. The winner of Flight B was Yurachatr Brook (Photo 4) with a net score of 68 points whilst Flight A winner was Gordon Milne (Photo 5) with 69 net. 🏆

## Midweekers Golf Group

This is a social golf group, which meets every Wednesday morning, usually at Bangkok Golf Club, Pathum Thani, but with occasional outings to surrounding courses.

The size of the turnouts varies. Sometimes only 4 golfers gather for breakfast or coffee, but we have also had 15 on other occasions.

On arrival, the names of participating golfers are pulled out of a hat, so that the make-up of the groups is purely at random, then a discussion is held to decide on the format of the morning's competition. By the way, make-up for the male players is purely optional!

We try to change the format of the competition all the time, normally a variation of the Stableford format. The only prize for the winning team is a round of applause during lunch at the end of the round. Last summer we ran an Eclectic competition to add to the enjoyment and we may run something similar this year.

You will guess from my attempt at a humour above, that fun and banter are an essential part of the Wednesday morning outings. The group enjoys preferential green fees rates, and carts are available on all the courses we play.

If you would like to participate, even on an occasional basis, please contact Ray Bloom on [rbloom\\_364@yahoo.co.uk](mailto:rbloom_364@yahoo.co.uk)

— Ray Bloom, Midweekers Co-ordinator.



**Join us:** Guests and new members are welcome at all our events. Either email or phone for more information, and to sign up for the next games. Website: [www.geocities.com/bcgolfsociety](http://www.geocities.com/bcgolfsociety) Email: [bcgs2002@yahoo.co.uk](mailto:bcgs2002@yahoo.co.uk) Phone: Captain, Maureen Gibson 089 017 2254

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\* Applies to Ordinary, Associate and Country Membership only

## Procedure

Members should complete a lead form which will be passed to the Membership Department to follow up. As soon as the General Committee has approved the applicant as a member, the Member Benefit will be credited to your account.

Simply fill out the form and fax to 0 2235 1560 or 0 2233 5838

Member Name \_\_\_\_\_ Membership No \_\_\_\_\_

Takes pleasure to introduce:

Name \_\_\_\_\_ Company Name \_\_\_\_\_

Home Tel \_\_\_\_\_ Office Tel \_\_\_\_\_

Mobile \_\_\_\_\_ E-mail \_\_\_\_\_

**For more information contact Khun Weena at Membership Department  
Tel 02 234 0247 Email : [membership@britishclubbangkok.org](mailto:membership@britishclubbangkok.org)**

# Squashy Bits

## HAROLD MERCER TEAM COMPETITION

For the first time in a few years the Harold Mercer was held over three Wednesdays between February 18 and March 4. Four teams of four-Pumas, Tigers, Cheetahs and Leopards with Emil, John Vivian, me and Mr. Peter Corney, respectfully, as captains.

The Tigers and Cheetahs both got off to a good with Neil winning 3-0 over Steve Bell on the first Wednesday and Marc Sayer just about managing

to triumph 3-2 over John in a bad-tempered match with all the flack being directed at the marker-me! Mr. Sayer was behind 99% of it with every decision being questioned severely. The fact that I was his team-mate, nay, captain, and a lot of the decisions went his way seemed neither here nor there. Even in victory he didn't seem happy, coining a brand new phrase-bad winner!

Unfortunately not all the actual match results and scores were recorded or even remembered, for that matter,

As Jack was out of town, Bruce Madge stepped in to report the latest goings-on in the squash section.

so here are some highlights.

Emil had to drop out early as did Rit and Steve bell so Ja, Dean Thompson, Jonny Bell and Ken Grimshaw filled in and thanks to them. Jonny did very well winning 3-2 against Peter and Da who Peter beat 3-2 before she thrashed me 3-0 on the final night. Nan won two of her matches with her only defeat being to Charles who came back from two-love down to win 3-2. Charles also beat Jonathan and Nick so won all his matches along with the, by then, slightly less



Competitors on the Final Evening

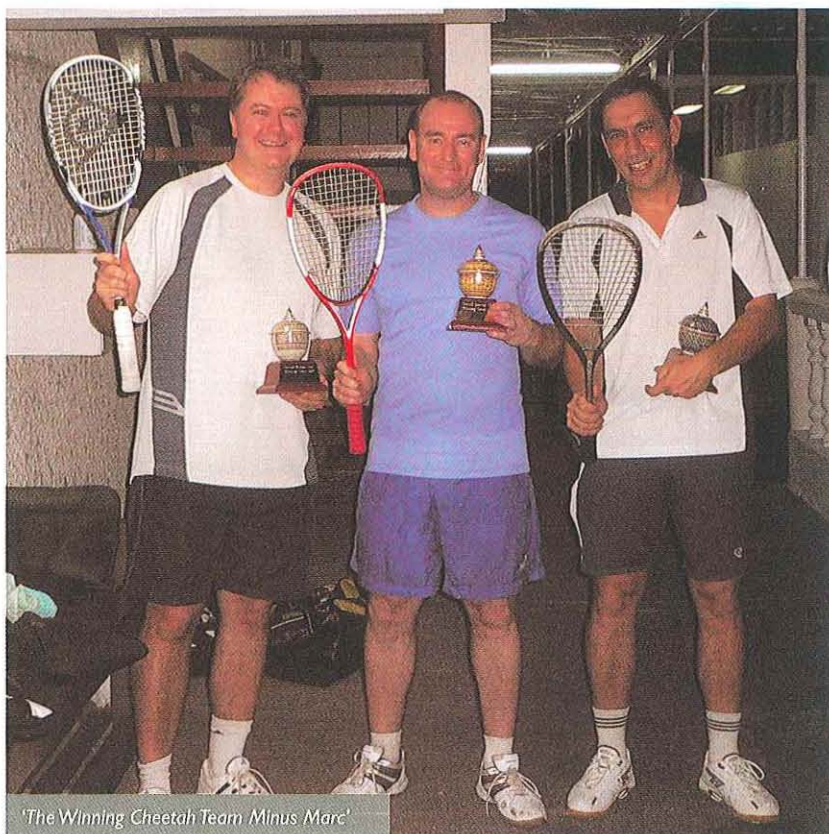


dissenting Mr. Sayer, who by a strange twist of fate had to play Ken twice triumphing on both occasions.

Come the final evening, though Jonathan and I were both comprehensively beaten by the two local girls from the Tigers, Shiraz performed wonderfully against the unlucky Mr. Evans beating him 3-0 so the Cheetahs triumphed with seven wins. The Tigers were unlucky as they beat all the other teams in terms of games won, yet results of other matches conspired against them.

The competition was rounded off with an exhibition of 'the purest' of squash between Dean and David Eastgate before we all tucked in to the eats and drinks and handed out the trophies to the winning Cheetahs. Well done to them.

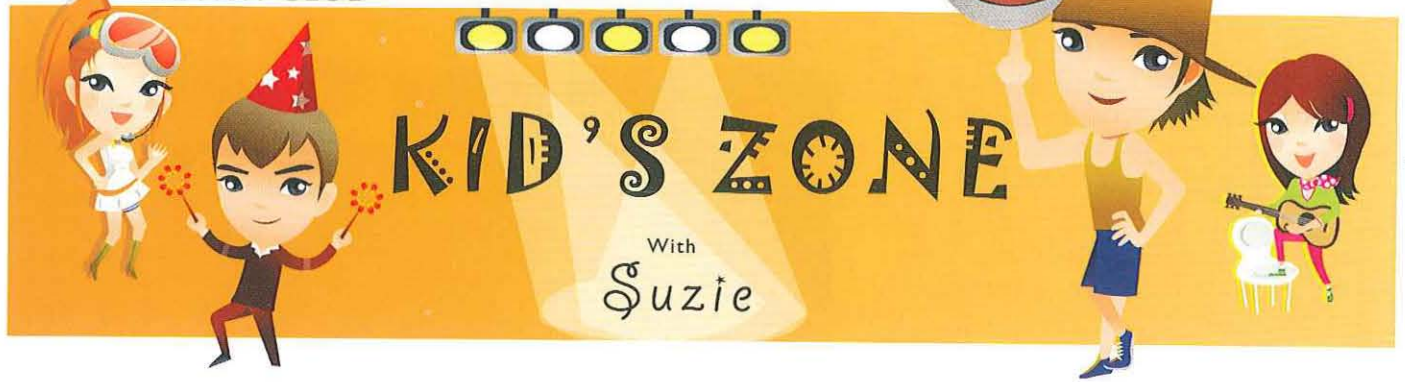
It must be noted that the comp was played in a great spirit and was excellently supported throughout with all helping out with marking and encouragement. Thanks to all who took part and let's do the same again next year. ■



'The Winning Cheetah Team Minus Marc'

Team	A		B		C		D	
	Pumas		Tigers		Cheetahs		Leopards	
	Games	Matches	Games	Matches	Games	Matches	Games	Matches
A			10	2	8	2	8	2
B	9	2			6	2	6	2
C	6	2	8	2			4	1
D	9	2	9	2	11	3		
TOTAL	24	6	27	6	25	7	18	5

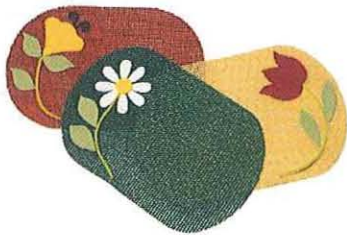
Pumas	Tigers	Cheetahs	Leopards
Chris Venvell	Neil Evans	Shiraz	Steve Bell
Ruengrit	John Vivian-C	Marc Sayer	David E.
Charles W	Nan	Jonathan L.	Nick Mellor
Emil-C	Da	Bruce Madge C	Peter-C
Jonny Bell			



## Mother's Day Gifts Kids Can Make

### Blooming Place Mats

Make every meal a special event with these colorful mats gracing the table.



#### What You Need:

- Pencil
- Tracing paper
- Scissors
- Crafting foam in white, yellow, green, and red-pink

- Green chenille stems
- Silicone glue
- Foam place mats in desired colors

#### Instructions:

1. Draw out the patterns. Cut out. Trace around pattern pieces on coordinating pieces of crafting foam. Cut out shapes.
2. Bend chenille stems into desired shape for stems. Glue in place on foam place mat, bending ends to the mat back.
3. Glue the foam pieces in place to make flowers. Add leaves. Let the glue dry.

### Hand-Warming Mug

Mom won't be mad at you for getting your hands messy when she gets one of these mugs!

#### What You Need:

- Ceramic mug
- Any type of acrylic paint
- Any type of lacquer (even clear nail polish will do!)
- Paintbrushes, including a medium flat and liner



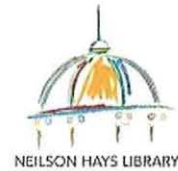
#### Instructions:

1. Wash the mug with soap and water. Rinse the mug well and let dry.
2. Set up newspaper over a table or workspace. Squeeze acrylic paint onto disposable paper or plastic plates, using separate plates for different colors. Ease hand onto the paint, palms down.
4. Place your paint-covered hand on the mug. To avoid smears, try not to move your fingers. Lift your hand straight up from the mug. Immediately wash your hand.
5. Dip the liner brush in paint and write your name beside the hand print. Let the paint dry completely.
6. When the paint is dry, use the flat brush to apply a coat of clear gloss glaze (varnish or lacquer will do) over the painted surface. Let the glaze dry for one hour and apply a second coat.
7. Be sure to wait 10 days before using and washing the mug, or the paint may come off.

### JOKES FOR MOTHERS' DAY

- When Johnny had a new sister, he became envious of the attention she was getting. One day while his mother was nursing the baby, Johnny was getting unyielding about being on mom's lap. Mom wasn't able to deal with both children at that time and told Johnny to go wait for her. He then asked his mom: "Mommy, can you please put Clara back in your tummy now?"
- A Sunday school teacher asked her class why Joseph and Mary took Jesus with them to Jerusalem. A small child replied: "They couldn't get a baby-sitter!"
- A mother and her young son returned from the grocery shop and began putting away the groceries. The boy opened the box of animal crackers and spread them all over the table. "What are you doing?" his mother asked. "The box says you can't eat them if the seal is broken," the boy explained. "Therefore I'm looking for the seal."
- Can people predict the future with cards? My mother can. Really? Yes, she takes one look at my report card and tells me what will happen when my father gets back home.
- "Mom, when I grow up will I be your mom?"
- My mom had been getting on my little sisters about not picking up their clothes. I was sitting in my room, and heard my mom say, "Who left all this underwear all over the floor?" As innocently as an angel, my sister Anne replied, "The Panty Fairy came and left us presents!"
- After putting her children to bed, a mother changed into old slacks and a worn out blouse and proceeded to wash her hair. As she heard the children getting more and more ram-bunctious, her tolerance grew thin. At last she put a towel around her head and stormed into their room, putting them back to bed with severe warnings. While leaving the room, she overheard her three-year-old say with a shaky voice, "Who was 'that'?"

# ART EXHIBITIONS



*Oil painting exhibitions*  
by **Diane Ciotti**  
at **Rotunda Gallery**  
May 6-31, 2009  
Opening Reception,  
May 7, 2009  
at 6.30-9.00 pm



*Shape of Sense* is a series of oil paintings inspired by sensory perception. Memories are retrieved, stored and triggered through the senses. The artist's compositions of image, shape, color and texture creatively take the viewer on a visual escape that evokes fun, pleasant memories.

*Portraits of Thailand* is a series of oil paintings inspired by Southeast Asia. The artist captures the life of Thailand on canvas. The colorful lush land of the countryside and the vibrant city streets of bustling Bangkok

are brushed in brilliant color. The beautiful people of the land are colorful and filled with personality.

**Diane Ciotti** was born in the Midwest United States. She has always possessed a natural talent for art. Diane Ciotti has taught painting and drawing classes to people of all ages. She studied at Eastern Michigan University where she graduated Summa Cum Laude with a degree in Fine Arts. Diane Ciotti has received numerous academic scholarships and art awards.

New to overseas living, Diane Ciotti tends to seek out things that are familiar and ordinary in this extraordinary country of Thailand. Common things help connect her new life in the East to her previous life in the West. Pleasant memories give comfort when home seems so far and so different.

Both series are like a scrapbook of memories on canvas. The subjects of her pieces are familiar, organic and sensual. Please join Diane Ciotti at the Rotunda Gallery and take a sensory journey to the land of smiles and other pleasant memories. 🌸

*An exhibition by Victoria Boychenko*  
at **Garden Gallery & Cafe**  
May 6-31, 2009  
Opening Reception, May 6, 2009 at 6.30-9.00 pm

The series of paintings of Bangkok based, Russian artist Victoria Boychenko, reflect the adjacent experiences of urban life lived on water: "Bangkok, Saint-Petersburg, Venice – the cities of the canals."

**Bangkok – Eastern Venice:** Living near Khlong Saen Saeb there is the unique juxtaposition of the still water with the chaotic rhythm of the house of harmony, calm and suppressed energy. There is a sense of mystery even in the mundane: pink twilight, robustly flavored local food, tropical aromas in the rain, deeply hued canals, and the dark-wood of the Thai houses.

**Saint-Petersburg – the Northern Venice:** A few fleeting impressions from my life in the Griboyedov Canal area of Saint-Petersburg: Dark-blue wintry sky, frigidly fresh frosty mornings, glinting silver canals and white nights. The dreamy smell of freshly baked bread.

**Venice – the city of the canals:** Venice in winter Carnevale.



The old Castello neighborhood is vibrant in the light of history. The canal water seeps into your veins, silent and brightly lanterned streets, Murano glass, the old palazzo's patina

and the velvety night, heavy with the aroma of coffee and wine."

In Victoria's cycle of work, a desire to express emotion through the transformation of form is evident. The artist possesses rich arsenal of means: combination of different techniques (mosaic-like brush strokes for example), complicated color palette, and use of archaic forms. And indeed, in this work, the artist has discovered a brilliant solution to this creative challenge.

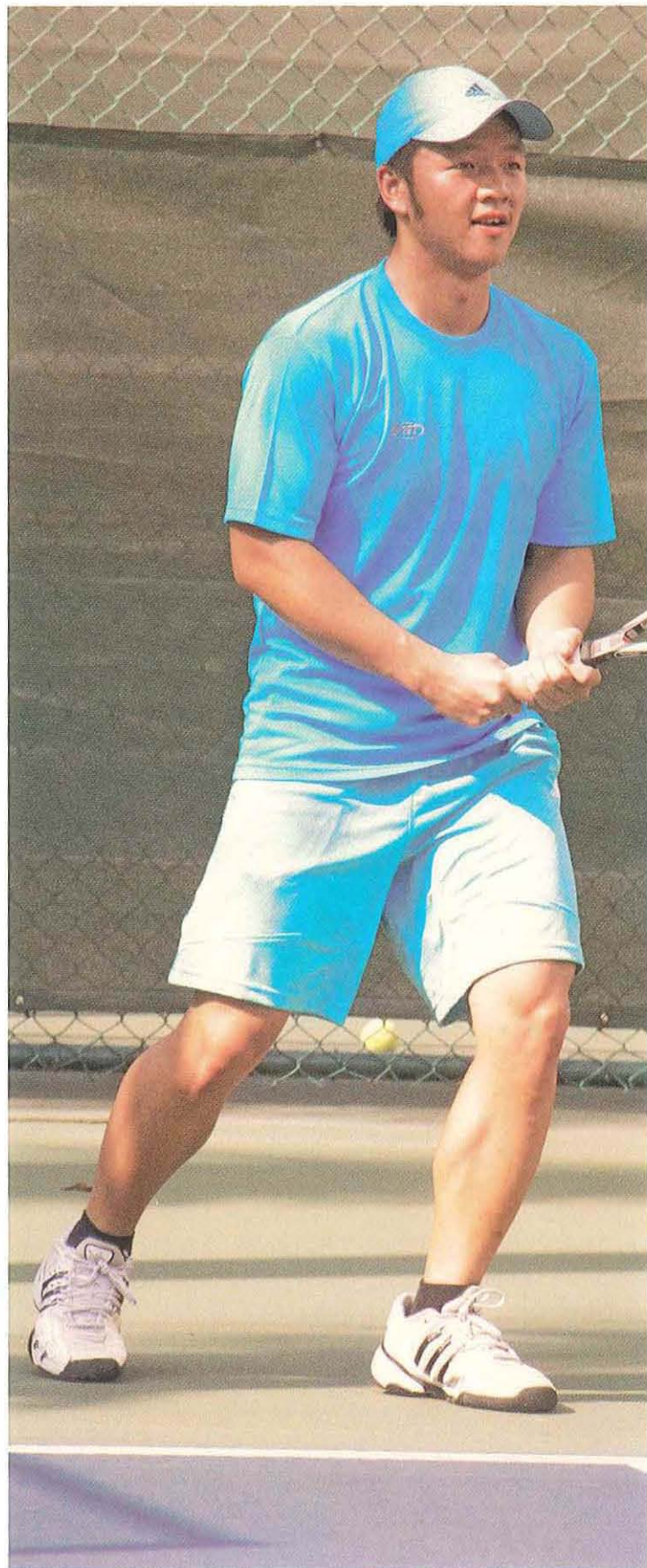
**Victoria Boychenko** studied in Moscow Academy of Fine Arts under professor Alexander Volkov, the son of legendary Alexander Nikolaevich Volkov, Master of "Pomegranate Teahouse". Her works has been exhibited in the Museum of Contemporary Russian Art Jersey City, NJ USA, Artists Space Soho, New York USA, Anthem Gallery Soho, New York USA, Gallery A3, Moscow Russia, Russia, Central Hall of Cinema, Moscow Russia, Moscow Union of Artists, Moscow Russia. She lives between New York, Bangkok and Moscow. 🌸

If you would like further information about the artist, or the opportunity to interview them, please contact Vivian Ploem, Curator of the Garden Gallery at the Neilson Hays Library, by email at [vivploem@truemail.co.th](mailto:vivploem@truemail.co.th) or phone at 02-233-1731. The Garden Gallery & Café opening hours are on Tuesday to Sunday from 9:30am to 5:00pm

# MEET THE MEMBERS

Mr. Nathawut Watanapalin

Member Since: April 2007



## PLEASE SHARE WITH US YOUR WORK EXPERIENCE?

I just graduated from Assumption University (ABAC). In April 2008, I started to work as a freelance teaching English at St. Gabriel High School and St. John High School on Sam Sen Road. I'm also teaching tennis. I plan to continue with a master degree and maybe a doctorate degree. I think this is all I can tell you about my work experience.

## HOW DID YOU FIND OUT ABOUT THE BRITISH CLUB?

My parents took me to British Club in 1992. At that time I was just a little boy, so I didn't really realize the place anyway. I began to come to British Club on my own more often in 2003 and I started playing and enjoying tennis. My parents told me that a friend who is a BC member told them to join the British Club.

## WHAT ARE YOUR INTERESTS/HOBBIES?

I sure play a lot of sports such as tennis, badminton, basketball, swimming, table tennis, etc. Sometimes I like to go on the internet, checking out some interesting websites. I also like to play video games sometimes, but not much.

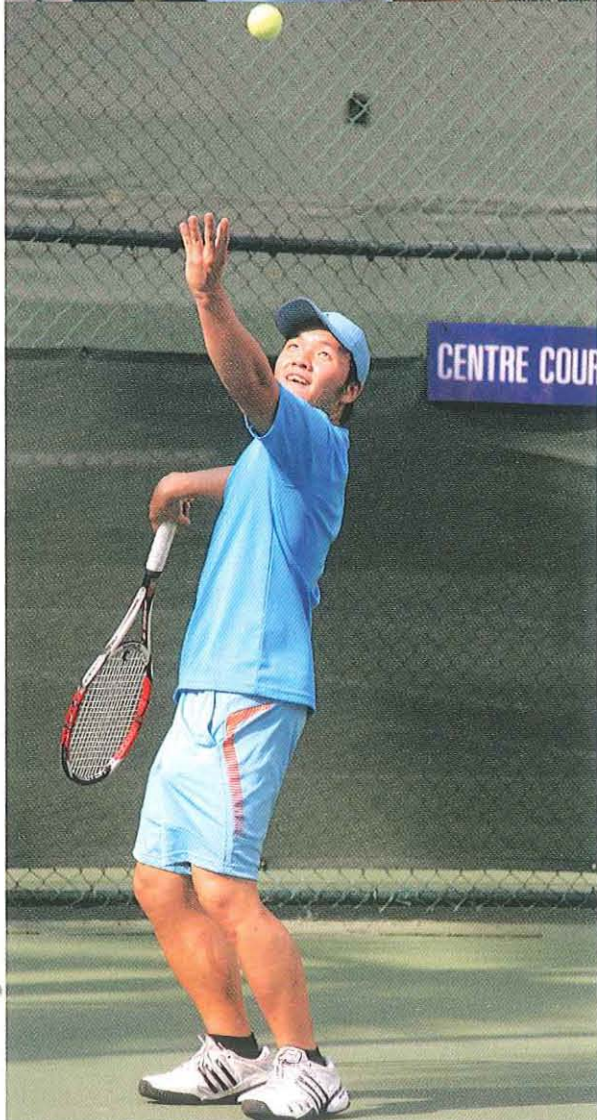
## PLEASE TELL US MORE ABOUT YOUR TENNIS EXPERIENCE. DID YOU JOIN IN ANY TOURNAMENT AND HOW WAS IT?

I do join in a lot of tournaments outside. I play well all the time when I play the tournament matches. It's good and fun even I lost in the early rounds of the tournament. Every time I play the tournament, I learn something out of it. I just have to get better and better. Sometimes I don't know what to do with my tennis, then many players in the British Club give me support and help me.

## WHAT ARE THE CHALLENGES IN THE TENNIS GAME?

Tennis is a physical game sport, which use up a lot of energy. You have to move all the time on the court. The challenges of tennis is:

1. **Physical Challenge** – Am I fit enough to play the whole match. Can I actually manage my own energy when I play the match?



2. **Mental Challenge** – Think what I should do on the court or on the situation. Think in which way I should play against some specific styles of players.
3. **It is a kind of game that** I both play against the opponents, and at the same time, against myself.
4. **It is a game that** I should know myself what I can and what I cannot do, then find the way to win the match with the abilities I can do.

**DO YOU HAVE ANY TIPS TO THE NEW TENNIS PLAYER?**

There are many tennis tips and basics for the beginners. For examples: Keep your eyes on the ball until the racket hits it; Move your feet to the right place to hit the ball; Always listen to better players' advice. Don't ever think that you are good enough, but always try to find the way to improve. Accuracy and consistency are from practice, so keep on doing it.

These are the examples of the tips for beginners. There are more tips I can tell you. You can come and ask me anytime you see me as most people know that I am here at BC every day. Not only me, but there are my others good players who can give you good advice, such as Pierre, James Young, Khun Phairoj and many others. The most important tip is "just go on the court, hit the ball, and ENJOY it."

**DO YOU HAVE A FAVORITE TENNIS PLAYER? WHY DO YOU LIKE HIM/ HER?**

Tim Henman used to be my favorite. I like him because the style he plays is the serve and volleys which is the style of play that I cannot do. Now I like more of Novak Djokovic and Roger Federer because the styles they play are just awesome, I would really like to be like them. If you talk about my favorite players in the British Club, I would have to say James Young, because I like the serve and volleys styles.

**PLEASE SHARE WITH US YOUR FAVORITE MEMORIES IN THE CLUB.**

My favorite memory in the BC is when I play the finals of the Annual Tennis Championships. It's fun to play tennis in front of a lot of people and play against very good players. And another memory is that the BC is the place I found couple of my best friends and I regard them as my family members, Khun Phairoj (BC members) and Khun Champ (who is the tennis knocker of BC). Best of all, I got a lot of friends in BC and most of them are very nice and take good care of me.

**EXCEPT AT THE TENNIS COURT WHERE IS YOUR FAVORITE CORNER?**

My usual place is the Surawongse Sala at the side of the tennis court. I usually sit in front of tennis notice board. That's my favorite corner apart from the tennis court.

**WHAT ARE YOUR FUTURE PLANS?**

I will pursue my Master Degree at Chulalongkorn University and also play a lot of tennis tournaments and try to get better at studies, work, life, and of course tennis! 🎾

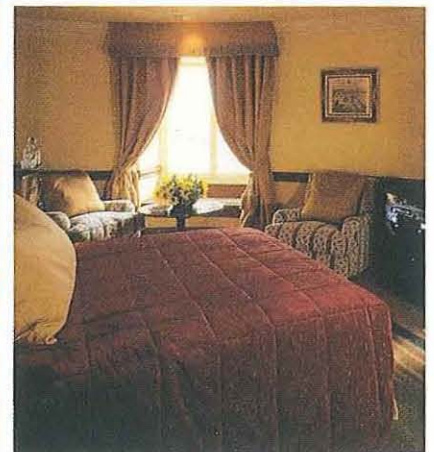
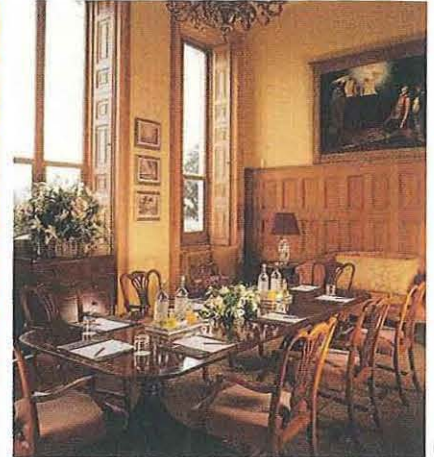
# RECIPROCAL CLUB BENEFITS

*Stoke Park – Europe's Leading Country Club & Resort*

Founded in 1908, Stoke Park Club is situated in leafy Buckinghamshire and being so easily accessible from London and Heathrow Airport, the 350 acre estate is the ideal country house style getaway. Stoke Park provides a unique combination of the traditions of a great members club and the best of today's sporting, leisure, entertaining and hotel facilities in one of the most convenient locations in Britain.

## THE CLUBHOUSE

Originally the private home of the Penn family (founders of Pennsylvania), this Grade I Palladian Mansion was designed by the architect to King George III, James Wyatt, and completed in 1795. Within the 50,000 square foot building are the Mansions 21 traditional bedrooms, main administration offices, golf changing rooms, Club Shop, The Dining Room, President's Bar, Orangery, Fountain Room, Wyatt Room, Ballroom, Pen Bar, Buckingham Room, Repton Room, Chalfont Room, Library, Chapel, and Polo Lounge.



## THE PAVILION

Completed in 2002, the Pavilion comprises of a state of the art gymnasium, two studios, three indoor carpet, four all-weather, six grass tennis courts. An indoor swimming pool, SPA SPC, SALON SPC, steam rooms, changing rooms, San Marco, and supervised crèche and under eights' playroom. All hotel guests have access to these facilities.

In 2008, 28 new luxury contemporary bedrooms were launched along with the Garden lounge which it is situated on the first floor of the Pavilion. It has exquisite views of the gardens and the grass tennis courts with an airy and contemporary atmosphere, and caters for breakfast for the residents staying in the Pavilion. The Presidents room is adjacent to the Garden Lounge which can seat up to 10 people for private dining.

Address: Park Road, Stoke Poges, Buckinghamshire, SL2 4PG

Website: [www.stokeparkclub.com](http://www.stokeparkclub.com)

For more information please contact the Membership Department at [membership@britishclubbangkok.org](mailto:membership@britishclubbangkok.org)

If you regularly visit an overseas club that is not already reciprocal with the British Club, please do let the Club know and we will see if reciprocation can be arranged.

**As an active British Club Member, you are entitled to enjoy the full use of other associated Club facilities around the world. This month we feature STROKE PARK CLUB**

# Back Pain? (7,4)



## We have the answer BNH Spine Centre

Be sure you are receiving the correct health care advice. The acclaimed **BNH Spine Centre** offers specialists, surgeons and medical staff to help you achieve long-term health and optimum mobility. From paediatrics to senior health care and every health need in between: **Choose Health. Choose BNH** - the smart solution.

*If you think you know the answer, log on to [www.BNHhospital.com/choosehealth](http://www.BNHhospital.com/choosehealth)*

Choose Health



**BNH HOSPITAL (Sathorn - Convent)** 9/1 Convent Rd., Silom, Bangkok 10500 Tel. 02-686-2700 Fax. 02-632-0578-9  
[www.BNHhospital.com](http://www.BNHhospital.com) E-mail: [info@BNHhospital.com](mailto:info@BNHhospital.com)

# Summer Wellness 2009

## Wellness

Wellness 1	For ages 50 and above	<b>11,000.-</b>
Wellness 2	For ages between 40-50	<b>8,600.-</b>
Wellness 3	For ages between 30-40	<b>5,500.-</b>
Well-Woman Check up	Including mammogram & whole abdomen Tailor-made for women aged 40 and above	<b>11,500.-</b>

## Women's Health

Thin Prep Pap Test		<b>900.- **</b>
Thin Prep + HPV DNA Test		<b>2,990.- **</b>
HPV Vaccine (1 shot)		<b>2,800.- **</b>
HPV Vaccine (3 shots)		<b>7,800.- **</b>
Digital Mammogram		<b>3,265.- **</b>
Bone Densitometry		<b>2,700.- **</b>

## Kid's Vaccine

Rota(Virus) Vaccine. To prevent diarrhea and gastro enteritis		
Newborn – 6 months	3 doses	<b>4,500.- **</b>
Invasive Pneumococcal Disease (IPD) -	3 doses	<b>11,800.- **</b>
Vaccine for Streptococcus	4 doses	<b>15,500.- **</b>

**Conditions:** \* excludes outpatient fee  
\*\* excludes outpatient & doctor's fees

**Now until May 31, 2009**

*First time registered patients - please collect your souvenir at the Chivawattana Counter during office hours. (while supplies last)*

