

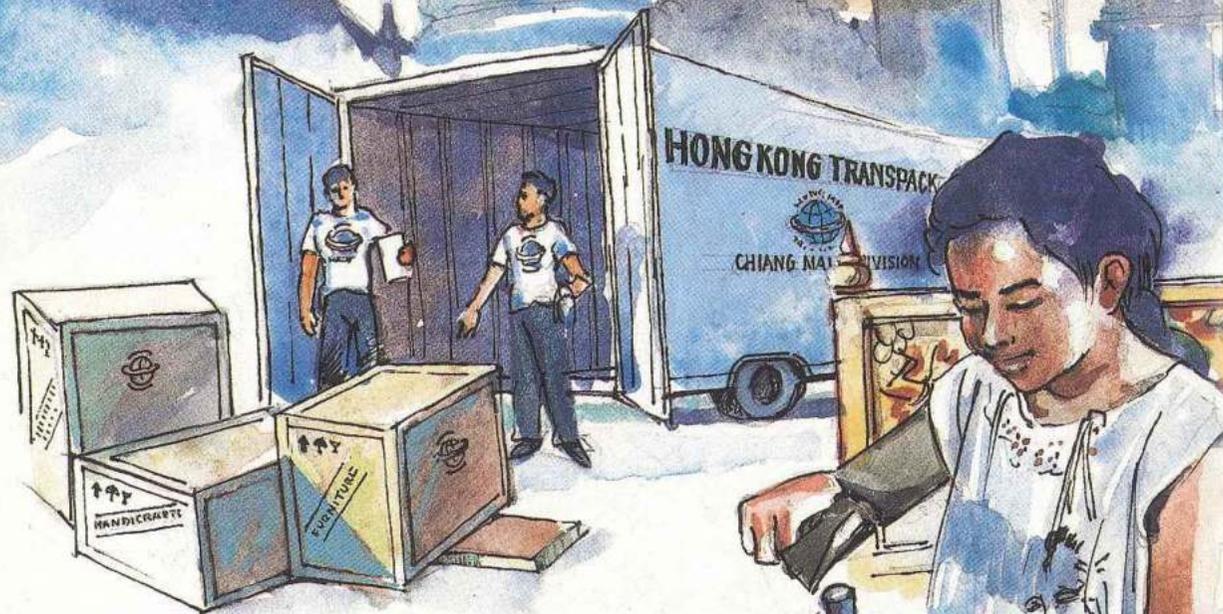
OUTPOST

MONTHLY MAGAZINE OF THE BRITISH CLUB

APRIL 1987



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THE BRITISH CLUB

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White marble carving of chimneypiece in Cragside.



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DIARY

From this month (April) the Diary will be taken over by **Maren White** as **Lindsey** is departing to England. Anyone who wishes an event to go into the diary – particularly sports fixtures etc – please contact Maren with dates. Tel: 258-1481

Thanks, Lindsey, for a great job! All the best in the U.K.!

APRIL

Wed 1	<i>British Women's Group Bridge – Wordsworth Room</i> Tennis and Squash Club Night Bar Quiz – Semi-finals and finals	9.00 a.m. from 6.00 p.m. 7.30 p.m.
Thurs 2	Ladies' tennis <i>British Women's Group – Afternoon Tea – Jean Parrot – 391-5335</i> Golf for Children (7 years +) – Oriental Sports Complex Tel: Wendy Binns – 311-1790	8.30-10.30 a.m. 2.30 p.m. 4.00-5.00 p.m.
Fri 3	Yoga Cricket – International 6's – R.B.S.C., A.I.T., Polo Club	8.30-10.00 a.m. 10.00 a.m.
Sat 4	Cricket – International 6's – R.B.S.C., A.I.T., Polo Club Dinner Video	10.00 a.m. 6.00 & 8.00 p.m.
Sun 5	Cricket – International 6's – R.B.S.C., Polo Club Golf Tournament – Siam Country Club – tee off	10.00 a.m. 8.30 a.m.
Mon 6	Golf Tournament – Siam Country Club – tee off <i>British Women's Group Mahjong – Wordsworth Room</i> Cricket – International 6's – Polo Club Ladies' Tennis New Members' Night/Happy Hour	8.30 a.m. 9.00 a.m. 10.00 a.m. 3.00-5.00 p.m. 5.30-9.00 p.m.
Tues 7	Ladies' Golf – Tel: Wendy Morris – 258-4090 Yoga <i>Museum Volunteers' Lecture "Palaces of Rama VI"</i> by Khun Chusiri Chamaraman, National Museum Bridge	8.30-10.00 a.m. 10.00 a.m. 7.30 p.m.
Wed 8	<i>British Women's Group Bridge – Wordsworth Room</i> Tennis and Squash Night Pub Night Challenge – Australian Embassy v. British Club	9.00 a.m. from 6.00 p.m. 7.00 p.m.
Thurs 9	Ladies' Squash. Tel: Barbara Overington – 260-1965 Ladies' Tennis <i>British Women's Group – Picnic and Swimming at Siam Park</i> Tel: Gill Hough – 391-7192 <i>B.A.M.B.I. Meeting</i> Golf for Children (7 years +) – Oriental Sports Complex Tel: Wendy Binns – 311-1790 <i>Bangkok Community Theatre Club Night featuring "Under Milk Wood" Teen Club, U.S.I.S. Sathorn Road</i>	9.00 a.m.-12.00 p.m. 8.30-10.30 a.m. 10.00 a.m. 9.00-11.00 a.m. 4.00-5.00 p.m. 7.30 p.m.

Fri 10	Yoga	8.30-10.00 a.m.
Sat 11	<i>Inter-Societies' Golf Tournament – Hua Hin</i> Cricket: – B.C. v Thai C.C. 30 overs. R.B.S.C. Dinner Video	1.00 p.m. 6.00&8.00 p.m.
Sun 12	Cricket: Indian Ambassadors XI v The Rest. Polo Club <i>Inter-Societies' Golf Tournament – Hua Hin.</i> Buffet Supper	11.00 a.m. 5.00 p.m.
Mon 13	<i>British Women's Group Mahjong – Wordsworth Room</i> Ladies' Tennis Happy Hour	9.00 a.m. 3.00-5.00 p.m. 5.30-9.00 p.m.
Tues 14	Ladies' Golf – Tel: Wendy Morris – 258-4090 Yoga <i>Museum Volunteers' Lecture "Ban Chieng in Perspective"</i> by Khun Pisit Charoenwongsa. National Museum <i>British Women's Group – Ice Skating at The Mall, Ramkamhaeng</i> Tel: Gill Hough – 391-7192 Bridge	8.30-10.00 a.m. 10.00 a.m. 1.45 p.m. 7.30 p.m.
Wed 15	<i>British Women's Group Bridge – Wordsworth Room</i> Tennis and Squash Club Night	9.30 a.m. from 6.00 p.m.
Thurs 16	Ladies' Tennis Ladies' Squash. Tel: Barbara Overington – 260-1965 <i>British Women's Group Buffet Lunch at the Hilton. The General Manager of K.L.M. will talk on the transportation of pets by air</i> Golf for Children (7 years +) – Oriental Sports Complex Tel: Wendy Binns – 311-1790 <i>The Negro Ensemble present the Broadway Hit "Home"</i> at A.U.A. Auditorium	8.30-10.30 a.m. 9.00 a.m.-12.00 p.m. 12 noon 4.00-5.00 p.m.
Fri 17	Good Friday Yoga	8.30-10.00 a.m. 10 a.m.
Sat 18	Cricket: The Marshall Trophy. B.C. v R.B.S.C. at the Polo Club Dinner Video <i>The Negro Ensemble present the Broadway Hit "Home"</i> at A.U.A. Auditorium	6.00&8.00 p.m.
Sun 19	Easter Sunday Buffet Supper	5.00 p.m.
Mon 20	Easter Monday <i>British Women's Group Mahjong – Wordsworth Room</i> Ladies' Tennis Happy Hour	9.00 a.m. 3.00-5.00 p.m. 5.30-9.00 p.m.
Tues 21	Ladies' Golf. Tel: Wendy Morris – 258-4090 Yoga Bridge	8.30-10.00 a.m. 7.30 p.m.
Wed 22	<i>British Women's Group Bridge – Wordsworth Room</i> Tennis and Squash Club Night	9.30 a.m. from 6.00 p.m.
Thurs 23	Ladies' Squash. Tel: – Barbara Overington: – 260-1965 Ladies' Tennis	9.00 a.m.-12.00 p.m. 8.30 a.m.-12.30 p.m.

Fri 24	Yoga	8.30-10.00 a.m.
Sat 25	<i>St. George's Ball – at the Royal Orchid Sheraton Dinner Video</i>	7.00 p.m. 6.00&8.00 p.m.
Sun 26	Buffet Supper	5.00 p.m.
Mon 27	<i>British Women's Group Mahjong – Wordsworth Room Ladies' Tennis Happy Hour</i>	9.00 a.m. 3.00-5.00 p.m. 5.30-9.00 p.m.
Tues 28	Ladies' Golf. Tel: Wendy Morris – 258-4090 Yoga Bridge	8.30-10.00 a.m. 7.30 p.m.
Wed 29	<i>British Women's Group Bridge – Wordsworth Room Tennis and Squash Club Night</i>	9.30 a.m. from 6.00 p.m.
Thurs 30	Ladies' Squash. Tel: Barbara Overington – 260-1965 Ladies' tennis	9.00 a.m.-12.00 p.m. 8.30-10.30 a.m.

Note: Non-club events are in italics



The Bangkok St. George's Society

March 11, 1987

ST. GEORGE'S BALL 1987

Date: Saturday, 25th April 1987

Venue: Royal Orchid Sheraton Hotel

Time: From 7.00 p.m.

For those who want to attend THE ball of the year and don't know how:

Join the St. George's Society, now – all it costs is B 100 p.a. or B 500 for life membership – Application forms are available at the British Club.

CLUB ROUNDUP

Big Bang Hits B.C.

IVAN Boesky has unknown to the Securities Exchange Commission of the U.S., the Department of Trade of Her Royal Britannic Majesty's Government or the Department of Commercial Registration of the Royal Thai Government set up an INSIDER operation in the British Club.

Not only is the Club facing the vicissitudes of Swiss franc depreciation, floating exchange rates and forward cover with its auditors reversing double entry transactions from balance sheet entries to profit and loss debits (eh? – please translate. Ed.) and resignations of Honorary Treasurers; but General Committee members are trading in futures at the Club's and members' expense.

Let the facts speak for themselves.

Fact one: Two years ago, squash tickets cost B5 per unit.

Fact two: Today, squash tickets cost B40 per unit.

Fact three: A yet unnamed person bought squash tickets FORWARD. He bought volumes of tickets.

Fact four: That unnamed person was a member of the Squash Committee in 1985.

Fact five: That unnamed person, reportedly (since this case is subjudice) through bribes and corruption, was elected to the General Committee in 1986.

Fact six: The squash committee, through pressure from the Micawber – like personage of the General Committee (pushed by the unnamed) increased

squash ticket prices 300%.

Result: The unnamed person gained an untaxed profit of several trillion baht, at the net cost of the British Club Revenue Department. Investigations are anticipated daily.

Moreover, this is the thin end of the wedge. The unnamed is now a leading member of several other section committees. He is undoubtedly creating a futures market in section usage fees in anticipation of full computerisation of the Club.

Libel laws prevent disclosure of his identity. Interpol identikit lists the following profile:

- wears a kilt on St. Andrew's Day
- misogynist
- o.k.a. "mark 'em tight as a jock strap"
- wields the following deadly weapons:
 - squash racket (sic)
 - rugby ball
 - soccer ball
 - golf club
 - (in fact, really into balls)
- purchases house north of the border.
- invites parents for extended visit to give visage of respectability and cover for his covert operations.

Will the General Committee mount the in-depth, intrepid investigation necessary?

Or will it protect its own?

Watergate, Ivan Scam – are we to have an Outpost Stump?

Meet the New Members



Edith (call me Edie!) McBean. Star of stage and screen! Last known as Aladdin! Edie is from Gig Harbour near Seattle, U.S.A. and currently a P.E. teacher at I.S.B. Also a golf enthusiast and a "great soccer player." Favourite drink is Kloster.



Jorgen and Karen Schmidt from Copenhagen. Before Bangkok lived in Taiwan and Korea have two children aged 5 and 3 and another "cooking". Jorgen and Karen both love playing tennis.



Chulatip and Sukonta (Sue) Nitibhon from Bangkok. Just returned from 2½ years in New Jersey, U.S.A. previously in Jakarta. Both keen tennis players, enjoy new places and new people. Pleased that their two children, aged 5 and 3, will now have a chance to get to know their own country.



Mark Twemlow - a Cheshire name but he comes from Yorkshire. Has spent 8 years in Asia, 5 of them in Japan, a country that he loves. Remaining time spent in Korea, Indonesia and Australia! Has taught English, worked for the B.B.C. and currently promotes E.F.L. material for a large British publishing company. Sportswise a footballer and skier.



Jane and John Verhelst have one 3 year old and are expecting No. 2. Jane is a professional actress and singer.



'Spot the new Members'. It must have been the end of the evening and the end of a long line of gin and tonics because whatever you said I lost it! Apologies. But it was such a good picture how could we miss it out! Apologies also to Mr. Pers Jensen of Denmark whose photo didn't quite come out as it should have done! Anyway he's young, blond and single! Promise I'll do better next time. Honest. Maren.

Ocean World



The "Twisty" slide.

FOR water enthusiasts the newly-opened Ocean World at Bang Saen is an absolute must. Billed as the latest in European water park technology, it offers hours of fun for the whole family. Bigger than Pattaya Park, it combines an amusement park and a water park similar, but on a much smaller scale, to Siam Park.

The Amusement Park offers several rides including a ghost train and a

dubious-looking roller coaster. A Fun House and several shooting ranges are among the sideshows.

But it is the water park that holds the greatest attraction. There are several separate pools offering different amenities. Our favourite was the giant twisting slides. At the top of what seems like an enormous staircase, there is the choice of two slides — one open and one closed. The

trip down is incredible. The angle of slope is carefully controlled at all times and even 5 year-olds are perfectly safe on these slides. Our enthusiasm for this slide was governed only by our stair climbing ability!

For the hardier individual, there is a further choice of coming down an incredibly steep slide on a plastic tray (nothing would induce me to try that one!) or the more



The amusement park.

The kid's pool.

usual high straight slide.

We wondered why the main pool looked only half full when we arrived. We found out, when they switched on the wave machine. The waves are enormous — almost surfing proportions. Pity they didn't switch it on until 10 minutes before closing time.

Rubber rings are available for floating on the lazy river but these are extra — 20B, plus 30B deposit.

The children's pool has been well thought out and

there are lots of small slides and fountains to keep the youngsters safely amused.

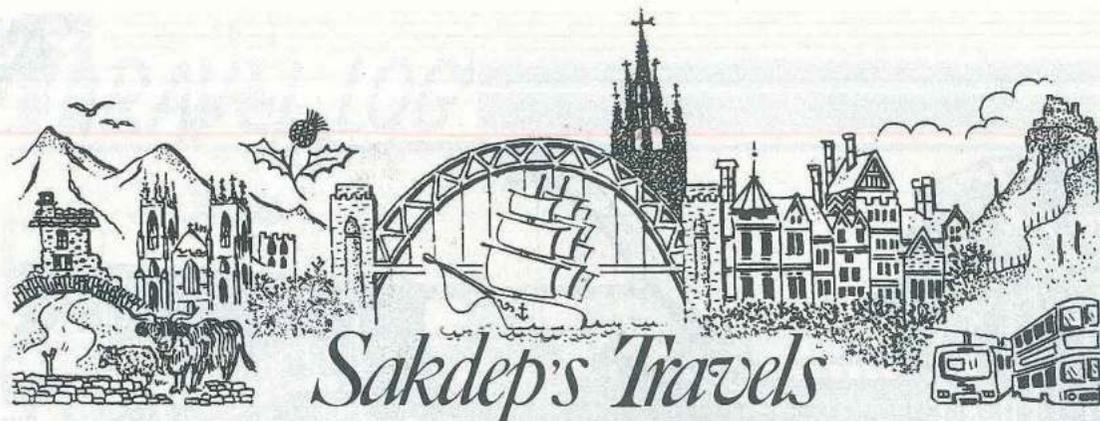
The standards of cleanliness are very high throughout the park. There are several good restaurants offering Thai and farang food, several shaded sitting areas and a shop selling beach accessories. Mid-week, we had the place almost to ourselves but I should imagine it would be crowded at the weekends.

Admission to the park is 100B for Adults and

50B for children but this includes all rides etc. Opening hours 10-18.00.

Ocean World is situated between Chonburi and Pattaya. Turn off at the sign to Ban Saen on route A3137 which is 44Km (30 mins) before Pattaya. There are several Ocean World signs along the route — until you come to the roundabout (naturally!) However, cross over the roundabout and turn right at the beach signpost.

Anne Stuart



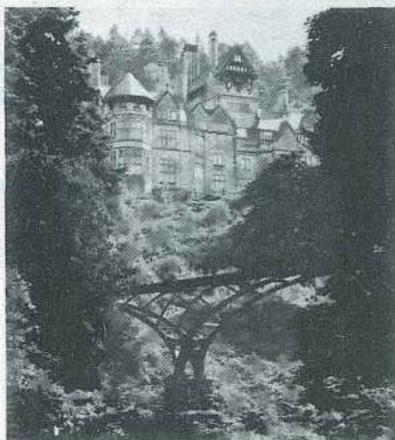
Sakdep's Travels

CRAGSIDE



THIS was my most favourite place of all the places visited in Britain. A very high contrast of Victorian manor house mainly designed by the architect Norman Shaw who was called in by the first Lord Armstrong (whose talents included invention, engineering, armaments and many more) to transform the original house (which was previously built by an unknown architect) for greater extensions.

Cragside today depicted a very exquisite, graceful and elegant shape of a timber-framed house (while some outer parts of it remained under restoration). It was solely set into a west-facing slope near Rothbury – a town just about forty miles north-west of Newcastle, in unspoilt scenic location with the added beauty of natural environment of several million planted trees, especially pines and rhododendrons (unfortunately they were gone when we visited there and only purple fields of heather were in bloom cover-



'Cragside' a manor house surrounded by woods.

ing over) expanding to over 1,700 acres of pleasure grounds, man-made lakes and an abundance of wooded area which also provided a home for wildlife, and many good picnic spots with superb views of the surrounding countryside.

Early in the morning on a bright sunny day (we from time to time had rains during our stay), as soon as picnic snacks were packed we started off motoring north-westerly heading for Cragside. Driving along the northern A1 route

and at Morpeth changed to the A697. On the roads between Rothbury to Alnwick we turned off and finally arrived at Debdon Gate, the entrance to the manor house. Admissions of £2.40 per head for house and grounds viewing were paid and a guide map was given as well. By the time we got there, the house was still closed so we spent the free time wandering around and exploring the wooded area on pleasant footpaths down the crag. There, ran a lovely clear stream cutting through from the River Coquet which made the surrounding area more attractive. We found blackberries growing wild and tried some. A miracle mall of the giant pines and other big trees seemed to darken all over the park's vast secluded area with their shade giving more enjoyment to visitors walking about.

After wandering around the grounds, we all again went to join up with other visitors hanging about at the entrance.



An exterior look of Cragside house

When the house was open everyone in very good humour, queued up into the house following the instructions given to us which led to displayed parts of the house and some members of the National Trust Society were in position to give information on the house history and explained other points to us when questions were asked. The house itself was divided into three main floors, containing many many rooms, and some thirty were open for viewing. Each room had its individual tasteful interior decorations making those who had come to visit Cragside feel as if they were being in contemporary with Lord Armstrong's time.

The house's contents included superb and valuable silver, porcelain, paintings, white marble statues, wooden carvings, beautifully feathered birds and etc.

Down below we went to the kitchen, here we found that it was fully equipped with old-fashioned brass, pottery and other items for domestic uses. Some imitations of hare, grouse and meat, that looked very real as though they were being prepared for a dinner, were inclusively on display. These were some items of many others, more than I



The gallery room.

could describe.

The most interesting thing of the house seemed to be Lord Armstrong's invention i.e. a hydro-electric machine which made the house very famous and Cragside was regarded as the world's earliest house to be lit by electricity derived from water power from man created lakes.

The two main rooms of the house were the Dining Room reputed to be one of England's finest remaining Victorian domestic designs – the other was the Drawing Room next to the Picture Gallery which was lighted from the glass roof and included some fine collections of valuable paintings. And inter-alia the other interior decor in this room was greatly distinguished by a fabulously carved Italian marble double-storey chimney-piece surmounting the ingle-nook that intrigued most visitors viewing this part of the house.

It was a great pleasure to learn that once two of the former kings of Siam had graciously visited the Cragside manor house as honoured guests: King Chulalongkorn (or King Rama V) upon his royal

visits to countries in Europe; and King Prapokkloao (or King Rama VII) accompanied by his consort Queen Rambhai-bhanni (the recently passed-away monarch) after his descending from the throne. Of which their evidences of a letter and self-portrait photographs were shown on the wall along the corridor next to the recreational area.

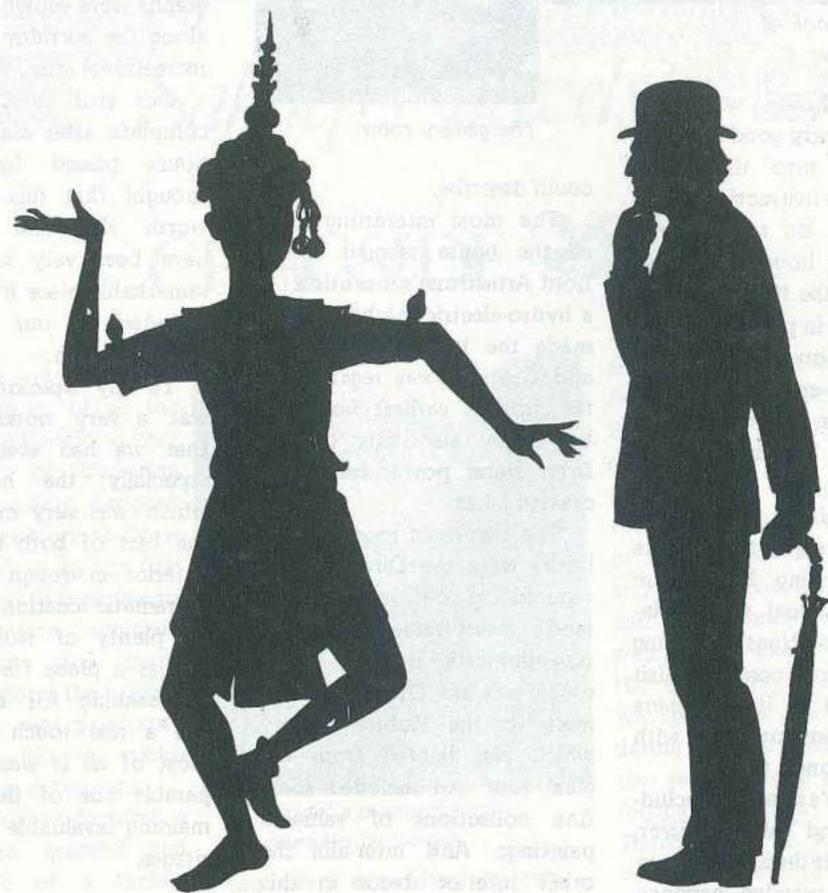
Our visit to Cragside was complete after many precious hours passed by and we thought that this was a well worth visit and we would have been very sorry if this remarkable place had not been included in our sight-seeing trips in Britain.

To my opinion 'Cragside' was a very wonderful place that we had ever visited – especially the house itself which was very outstandingly the best of both interior and exterior in design and having a dramatic location surrounded by plenty of wooded areas. It was a place for those who are seeking for no illusions but a real touch of reality. Most of all it was an incomparable one of the many remaining invaluable English heritages.



Next month I visit Alnwick Castle...

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on Monday and Friday nights with British Airways
or fly our convenient direct flights on Saturday and Tuesday nights.

BRITISH AIRWAYS

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Bangkok's Cable Stayed Bridge



THE bridge is currently in the final stages of construction over the Chao Phya River about 2 kilometres downstream from Krung Thep Bridge. It will form a vital link in the East-West Expressway System between the Nang Linchi Interchange (the present Dao Khanong outlet) and the new Dao Khanong Interchange being built on the Thoburi - Pak Tho Highway. Anyone who has struggled through the evening traffic after a visit to Hua Hin will fully realise what a wonderful improvement the bridge and the associated Expressway System will be.

Contrary to what you may have read or heard, it is not a suspension bridge, it is in fact

a "cable stayed bridge". In Germany they call them sloping cable bridges, and if you have seen them you will see why. Of this type, there are two varieties, twin and single plane. Ours is the less common single plane, and of these its 450 metre clear span will be the longest in the world. It will in fact also be only 15 metres shorter than the current longest of all, the Fraser Memorial Bridge in Vancouver, Canada, a recently completed twin plane. Ours is likely to remain the longest single plane for some time to come because most people are designing twin planes.

The design of the main bridge was made by Dr. Ing. Hellmut Homberg of West

Germany, who has been in the forefront of Cable Stayed Bridge development in that country. Supervision of construction is being undertaken on behalf of the client (ETA) by a consultant's joint venture led by Peter Fraenkel International of London who also designed the approach bridges and connecting roads. Parsons Brinckerhoff International of New York also provide members of the supervision staff together with the local partner of the joint venture, National Engineering Consultants Co., Ltd., (NECCO). Recently, Dr. Homberg decided to leave the joint venture, who brought in Freeman Fox Ltd., of London to take over responsibility for all

aspects of the main bridge erection and for any changes affecting its permanent design.

The Contractor for the main bridge is a joint venture whose lead partner is Hitachi Zosen Corporation of Japan: their winning tender was based on local fabrication, and for this and the erection their subcontractor is Siam Machinery and Equipment, a member of the Italian-Thai Group, who established a completely new fabrication factory at Samut Prakarn expressly for the project. This was completed astonishingly fast and started producing bridge sections in the third month of the three year contract.

The substructure contractor is an established joint venture of local firm Chor Karnchang with Tokyu Construction of Japan. Maeda Construction of Japan is the contractor for both approach viaducts as well as for Sukawat Interchange at the Thonburi end of the project.

The bridge (like Caesar's Gaul) is divided into three parts. The first is the main bridge with its steel cable stayed spans extending over the river and back over the banks. The other parts are the pre-stressed concrete approaches on each side of the main bridge. The approaches are divided into two separate bridges of 13 spans on each bank, making a total of $2 \times 2 \times 13 = 52$ spans.

The main bridge is founded on 2 metre diameter bored piles extending approximately 33 metres through the soft and stiff Bangkok clays into a thick firm sand layer. The pile



tip zones were pressure grouted after construction to remove any doubt about disturbance of the sand in the founding zone. There are 64 of these piles under each main pile cap supporting the pylons which transmit the majority of the bridge loading. If you were in Bangkok 2 years ago you may well have heard of all the problems and difficulties we went through building them in the notoriously difficult Bangkok soil. At one time we were about 6 months behind programme, but we recovered by dint of 24 hour working and a change of method.

The main pile caps, each weighing 18,000 tonnes, were each concreted in 40 hour continuous operations, probably unprecedented in South East Asia. A system of cast in cooling pipes was used to control thermal stresses.

The main bridge superstructure consists of a 3 cell, 4 web steel box girder, 4 metres deep, with 2 further sloping webs added in the main span for aerodynamic reasons. The total weight of structural steel-

work is about 16,200 tonnes; there are also 1,100 tonnes of cables manufactured by Thyssen Draht AG in West Germany.

Complete sections were transported from the factory to the site by river and construction of the main span by cantilever erection of 180 tonne units started in September 1986. These 10.8m long by 25m wide units include all four main webs, and were completed by subsequent fitting of the streamlined edges.

Cables were delivered in 6 metre diameter coils from West Germany, and lifted to the bridge deck direct from the river transport. They were then uncoiled and erected by a pylon top crane and mobile cranes on the deck. After each deck section was lifted the associated pair of cables were erected and stressed before the crane was moved forward ready for the next section. These cranes are 200 tonners, and were manufactured by Hitachi Machinery in Japan specially for the project.

If you haven't yet seen the bridge except from some tall

building in town, now's the time to take a look: the sight of the two arms approaching each other inexorably over the water is worth seeing, and represents probably the zenith of the bridge builder's art and experience.

Construction of the approach viaduct spans is being carried out by Maeda with purpose designed and locally made travelling casting gantries, one each side of the river. The gantries, consisting of 1,000 tonnes of sophisticated steelwork and equipment, and complete with roof and overhead cranes, are launched forward from span to

span, and a regular two week cycle is being achieved. After completing the first carriage-ways, the gantries were lowered to the ground, dismantled, and re-erected for the second line. The lowering operation from 40 metres up in the air was a complex operation carried out by VSL using very specialised equipment brought in from Switzerland.

On the Bangkok side the final approach span is almost complete, and the final lowering operation will take place in April. The Thonburi completion will follow in May/June.

Contrary to newspaper speculation, the main bridge will

not be completed in May, but the final section to close the main span is expected to be lifted early in June. This will of course be followed by the many finishing operations such as the asphalt surfacing, street lighting, crash barriers, and handrails.

Contract completion is due for September, in good time for celebrations marking His Majesty King Bhumipol's sixtieth birthday in December.

Chris Pearson and Tony Freeman: Resident engineers for the approaches and main bridge.

A Trip to a Single Stay Bridge

WE set off from school at about 9.00. There were fifteen of us from S1 and S2. It took us about 45 minutes to get to the factory where we were going first. On the way Mr. Freeman told us that this factory had been built especially for the building of this bridge. The factory was built in three months in 1984 and started work immediately.

Every few days huge steel pieces of the bridge are transported down the river to the bridge by a floating dock and then hoisted up to the bridge (which is 45 metres above the water) by huge cranes which can carry up to 200 tonnes and weigh a thousand tonnes.

When we got to the factory we all went into an office where we were given helmets. Then we went into a large

room upstairs and saw a place where life-size drawings of the pieces of the bridge are drawn out (on paper) and fitted together to make sure the factory is cutting the steel to the right size. Then we came back down stairs and went in at the front end of the factory where cranes and hooks were zooming to and fro. Huge magnets holding large pieces of metal were swinging about as we went through the factory. Larger and larger pieces of metal could be seen as we were going through the factory because we were going from the beginning to the end of the factory in order. When we finally came out of the factory, deafened but with 10 times more knowledge about steel bridges than when we went in.

When we came out of the

factory we all followed Mr. Freeman over to a piece of the bridge when we got to the piece of the bridge Mr. Freeman led us up on top of it. Here we were allowed to run around, fall off the edge and so on. When we came back off the piece of the bridge (all still alive) we went over to the office again and were given soft drinks to quench our thirst.

Then we drove for another 45 minutes to the bridge itself. On the way Mr. Freeman explained that the first part of the bridge that didn't actually cross the river was made of concrete, but the part that crossed over the river was made of steel. And supported by cables 7 inches thick. The bridge is a single stay bridge which means that the cables go down the middle

of the bridge and not down the sides. There are 68 cables on the whole bridge.

When we got to the bridge we had to walk all the way up the finished part because the bus driver didn't dare drive up. He thought he wouldn't be able to turn around at the furthest point of the finished part of the bridge. Perhaps he was afraid the bridge might collapse if he drove up it. (so much for the thousand top cranes).

When we got half way up the Bangkok side of the bridge (the part of the bridge which runs over the river is not finished yet and there is a big gap at either side, you can look over the edge down to the river) we came to a part where the concrete had not been joined onto the steel. Here we walked over some

small ramps from which there was a sheer drop to the road below. When we got to the end of the steel part of the bridge we all peered over the edge and asked questions about what we had seen so far. Mr. Freeman answered to one question that the part of the bridge where we were standing was not supported, we all got slightly nervous.

When we came away from the edge or end of the bridge we went behind the two cranes (which were at the end of the bridge) and had a look at an automatic welding machine which had welded a lot of the bridge together. Then just as we thought our trip had ended Mr. Freeman pointed over to a metal shack and said that we could go down if we liked. Everyone immediately rushed over to the

shack, rushed down the wooden ladder and started walking and running up and down these sort of corridors inside the hollow steel bridge. Then when we came up out of the bridge we rushed down 45 metres of staircases (which luckily we didn't have to climb) and found a fruit stall standing conveniently at the bottom. After we had bought bags of guava and loads of other fruit we said bye bye and thankyou to Mr. Freeman, got back into the bus and drove back to the school.

Thanks to Mr. Freeman S1 and S2 had a very enjoyable day.

By George Dunford
(Senior 1, Bangkok Patana School)

LAST MONTH'S DOUBLE GRID PUZZLE SOLUTION

- A) Trickled
- B) Hobbyhorse
- C) Excepted
- D) Meekness
- E) Oban
- F) Oddments
- G) Night
- H) Shipshape
- I) Awakened
- J) Breakfast
- K) Adherence
- L) Lightship
- M) Likeness
- N) Opportune
- O) Overlooked
- P) Neighbour

Reading down, the initial letters give "The Moon's a Balloon" — David Niven's autobiography. The quotation reads:—

"Nessie appeared in the bedroom door naked except for black stockings held up above the knees by pink garters with blue roses on them and pink high heeled shoes."

WELL WORTH READING

From Siam to Thailand

("Backdrop to the Land of Smiles")

By Jorge Orgibet

I would describe "From Siam to Thailand (Backdrop to the Land of Smiles)" by the late Jorge Orgibet, as an ideal book for someone who already knew at least a little about Thailand, whose flight had been delayed by an hour or two, and who wanted to read something of considerable interest but without too much detail, to pass the time whilst sitting about at an airport.

Some of us, like this author, after long time residence in Thailand, have come to feel that going "home" to our countries of origin feels less like "home" than this country.

We could all share the author's frustrations over traffic jams, noise and other pollution, the disappearance of klongs, trees, those old "Local Colonial" houses, but to be honest, how many of us would really like to go back to sleeping under mosquito nets, bathing out of Shanghai Jars, reading by lights which either blacked out or were too dim to see by, and when medical and dental services were still somewhat rudimentary?

There are brief references to dozens of matters which have been or could still be the subjects of long books in themselves. Jorge Orgibet met every one of a dozen Prime Ministers in over 41 years from Khuang Aphaiwong to Prem, witnessed all those coups, successful and abortive. He knew Jim Thompson, who revived the Thai Silk Industry, and then vanished in 1967, a mystery that will never be explained. He interviewed Prince Sihanouk when in 1953 he was the youthful King of Cambodia, trying to eject the French.

The author draws attention to the fact that although it was fashionable in the 1960s and 70s to blame the American G.I.'s for "spoiling Thai culture", they were not the first foreign troops to enjoy the night life here. Before them were the British (and Indian) troops of 1945/46 and before them the Japanese Army 1941/45. Although Patpong was only a swamp in the early

postwar years, most of the bars, then more commonly known as Cabarets, were centred not too far away in the Nares/Sap area between Suriwong and Sipsaya Roads. Now that even the Vietnam War is 12 years ago and likewise fading into history, the multinational foreign tourists can take the blame!

Jorge Orgibet evidently had journalism in his blood, and it seems to his last days he could smell a story every time he heard a police siren, a shout or a shot. His main hobby appears to have been railways (or "railroads" to Americans). Some rather extraordinary journeys from Chiang Mai to Udorn to Songkhla are described, with bridges down, river ferries risky, accident-prone jeeps refitted with iron wheels for the rails, and an almost custom-built vehicle described as a "mobile teakettle".

Some of his yarns must have been written tongue in cheek. Surely he did not seriously expect us to believe that he changed the sartorial standards of messenger boys, and the driving habits of some Thai motorists by his personal example?

I would agree with most of his comments on dress. Both the "Safari Suit" and the "Prem Jacket" are smart and practical for modern tropical wear, but as a conservative middle-aged Englishman I am afraid I do not share his hatred of the necktie!

It may be churlish of me to make a criticism about a few mistakes and typographical errors in an otherwise entertaining little book, and every reader must realise that this is in no way intended as a short post-war history of Thailand, but simply a series of nostalgic anecdotes.

However, in view of the title I must take issue with the author's remarks on his very first page, in which he claims that Siam was only changed to Thailand in 1949, that it was originally proposed during World War II "although

occupied by the Japanese, the Thais wanted to signify their freedom. Thailand translates as the land of the free".

This is the sort of thing a guide tells a foreign tour group. In fact Siam was changed to Thailand in June 1939 under the first Pibhun regime, with already pro-Axis sympathies and the implications were then Thai Nationalism, anti-Chinese and anti-other foreign influences, a Greater Thailand reclaiming territories lost to the British (in Burma and Malaya) particularly lost to the French (in Laos and Cambodia) and even as far away as Chinese Yunnan.

Obviously by the time the British 14th Army, the author himself and the returning U.S. Embassy (then legation) appeared on the scene, Pibhun was not exactly popular, and in August 1945 the "Greater Asia co-prosperity sphere" would have suddenly gone out of vogue and the "Free Thai Movement" just as suddenly become fashionable. At that time, Thailand's rulers conscious of the harsh treatment being meted out to others across the world, who were on the losing side, would not have been very comfortable with "Thailand" any longer, and reverted to the more safe "Siam", which as the author says, "conjures up a vision of an exotic land" and which he himself preferred.

I cannot trace the date of the next change but it seems that both names were being used together at one stage. Pibhun had made his remarkable come-back and was again ruling Thailand in 1949. By then the Communists were winning the Chinese Civil War and Pridi who had earlier led the Pro-Allied Faction in Thailand during World War II had become a Pro-Communist and a political outcast. The Western powers looked to Thailand as a bastion of anti-Communism in South-East Asia, and the Americans, particularly, regarded Pibhun as an ally.

The author describes his and his colleagues surprise at finding Siam/Thailand relatively undamaged and peaceful in 1945, an exception in a region of turmoil as the Japanese capitulated and the British, Americans, Dutch and (Nationalist) Chinese all tried to re-establish their old spheres of influence. It was because Thailand had escaped a real Japanese "occupation" and was at least a nominal member of the Axis. Certainly the country had escaped the devastation of war, unlike neighbouring Burma. The reasons for that should have been made at least briefly clear to the readers.

Jorges Orgibet also interviewed Pibhun amongst so many other celebrities and witnessed the dramatic "Manhattan" incident in 1951. He corrects another writer's fanciful account of that insurrection. That may have been the last coup in which an extreme left-wing element had a hand and, had it been successful, the consequences for Thailand and the rest of South-East Asia could have been serious.

Even in the 1950s, there were old timers who said that "modernisation had ruined Thailand" and their golden age was pre-1932. Doubtless even then there would have been those who regretted the "good old days", of Queen Victoria and King Rama V, and so on, back to Ayudhya?

Although the author mentions the extraordinary changes he witnessed from the time of his birth in 1907 and here in Thailand from 1945, so that he would have chosen no other age to live in, what incredible changes still lie ahead? Nostalgia can be misleading. We tend to remember the enjoyable and forget the unpleasant.

Even since publication of this book five years ago, the Bangkok skyline has changed considerably and a few hundred thousand more people been added to this huge conurbation.

It is a sobering thought that about 40 years hence when we have all vanished, another elderly writer may start his reminiscences "Back in 1987 when I was young, life was less hectic and the Bangkok area had only 8 or 9 million inhabitants?!"

J.M. Ball
Bangkok, 20th February 1987

ONLY ONE IN TOWN

BOILED BEEF

SANDWICHES

Ox's Tongue with Potato Salad & Beer

Windmill

PROMANADE ARCADE

HILTON INTERNATIONAL BANGKOK, 2 WIRELESS Rd., BANGKOK.
TEL. 251-6518, 251-0856 EXT. 116



Aladdin

STAGE Managers for normal plays have a lovely time. All it involves is making sure everything happens just as it is supposed to!! Usually there is time to appreciate all the hard work and talent of the actors, the lighting people, set builders and so on ... You even have time to watch the play albeit from the wings.

Stage managing a Pantomime is more like a survival test over the most obscure obstacle race, conceived by the not so human mind. That's why for Aladdin we had two stage managers, Graeme Storer and myself. Rachel Dance had landed herself the job of continuity(?!).. However when she discovered that we were going to do the play from beginning to end without stopping for a couple of days here and there, she became a stage manager too. We needed it!

Our job really began once we moved into AUA. Finding enough room to



The Stage Managers.

house 45 people happily over the following few days was no small task, since each of them arrived with mountains of stuff! For most of the men this comprised several changes of frocks, numerous



Have I got these the right way around?

(Graham Granville Smith)

shades of lipstick and, most importantly, crates of deodorant! The women were slightly more conservative for a change.

In addition to the people, every available bit of space was piled high with giant-sized spin dryers, express trains, papier-mache dragon heads and children walking about in baskets. Anyway, any stage manager worth his salt must be prepared to dangle from ladders and perform miracles.

The backstage area of any theatre is always cluttered with hidden dangers, and AUA is no exception, specialising in lots of elec-

trical cables draped all over the place. We added to this by installing a much bigger lighting system which for some inexplicable reason came in the form of a loosely defined metal cabinet with wires poking out of every orifice. A small sheet of paper with DANGER written on it was stuck to the top. Great!

The first task, therefore, was to collect all these cables and somehow attach them to available bits of masonry above head height. It's hard to explain that you just can't have these cables across the floor because a camel is going to ride a tricycle just here in the dark. Anyway, just as backstage is being declared safe, we find we have a pyromaniac in action at the front of the stage. Our bomb expert, doubling up as dry ice expert, loved his job and was bitterly disappointed to discover the number of explosions was limited to eight. I don't think Terri Jezeph ever let the fire extinguisher out of her sight after she was introduced to him.

Rehearsals from then, took on a much more serious note for the production people. If you didn't get it right the



Is that luscious enough? (Maren White)



Letting the air circulate (Bob Radford.)

first time, you had to try and try again. There were really only three days to actually put into practice all those grandiose notions glibly dreamed up in bars scattered across Bangkok. I suppose it was at this point that some people wished they had kept their mouths firmly shut.

Stage managers also start to get a little bossy. This is entirely due to fear

of the unknown, and a secret desire to lock the director in the nearest cupboard.

Believe it or not, we finally got to the first night. The dressing rooms had been bulging at the seams since 6.00 p.m. with people in various stages of dress and face painting. Margot Weinmann and her make-up ladies had been working solidly for one

and half hours creating some of the spectacles the audience were about to see. Going into the dressing room was not for the faint-hearted nor the squeamish. It's hard to describe the writhing mass of bodies struggling with mascara and tights. It is not advisable for the stage manager to go anywhere near that lot except to shout in time warnings

every so often.

There was plenty more to do. Rosemary Hancock and her props ladies were busily checking that everything was there and on the correct side of the stage. They needed to know the exact location of all, from plates of jewels to policemen's truncheons to rubber bats, because once we started they were literally in the dark! I don't think I care to remember how often we all tripped over that giant iron, and if a time passed when Ping hadn't lost his truncheon I cannot now remember. Abanazar apparently really frightened the children — well let me tell you, to suddenly come across him lurking in the dark was no real treat either. Oh yes, we frequently lost actors, and sometimes it was our own fault. I really did trap Telly in the rock and totally forgot to put her out on the stage. Apparently she kept trying to get my attention and I apparently ignored her. Perhaps there's a little moral there! Fortunately Graeme radioed my error to me through. Much to Telly's horror, Rachel and I picked up both her and the rock and threw them on in a most rough fashion.



Are we all having a good time? (Leslie Dunbar, Andrew Massey and Edith McBean, Martin Schalbruch.)

It was always interesting when the final call for places came. All the actors went a bit quiet, except for Telly, and started asking daft questions in subdued voices like — "You will tell me when I'm supposed to go on, won't you." The most exciting bit I think was standing behind the curtain waiting for that interminable time it seemed to take for the entire audience to settle themselves down. The kids in the baskets were physically shaking at this point.

So it's curtain up and we're off! What happened thereafter is a blur. There was no time for anything except to concentrate on the task in hand. Scene changes are fast, and for Pantomimes everything is so much bigger and hea-

vier. By some amazing forces the actors were always in the right place and each prop miraculously appeared out of the dark just in time.

To run each production was five hours from beginning to end for us, and although everyone was exhausted and smelly with hurting feet and numerous bruises, it was amazing how practically everyone involved managed to make it round to the Brown Sugar bar afterwards and sing and dance to the wee small hours. Energy seemed limitless. It is easily explained though. Everyone was just high on the fact that they made it again!.

NEW HORIZONS

Which Wine Do I Serve?

APPETIZERS AND PÂTES

Light red or dry full-bodied white wines, Beaujolais or light Bordeaux.

SOUPS

Seafood or lobster soup and bisques — a dry white wine; sherry with consommé; with cream or vegetable soups, an aromatic wine such as Alsace or Sylvaner.

FISH AND SEAFOOD DISHES

Dry and medium dry white wines such as Chardonnay, Sauvignon or Muscadet, Sancerre or Pouilly Fume.

CHICKEN AND TURKEY

White or red wine, from full-bodied whites to light reds such as Beaujolais

DUCK AND GOOSE

Medium-bodied reds such as Cote de

Beaune.

PORK

White or red wine such as a light Bordeaux or a Gamay.

LAMB

Medium-bodied red wines go well with this meat.

VEAL

Full-bodied dry white wine such as a Chardonnay or Sauvignon Blanc; also full-bodied reds such as a Beaujolais or a Cote de Beaune.

HAM

Light reds, Beaujolais or a medium dry white such as a Johannisberg Riesling.

BEEF

Medium to full-bodied reds such as a St Emilion.

WINE LIST

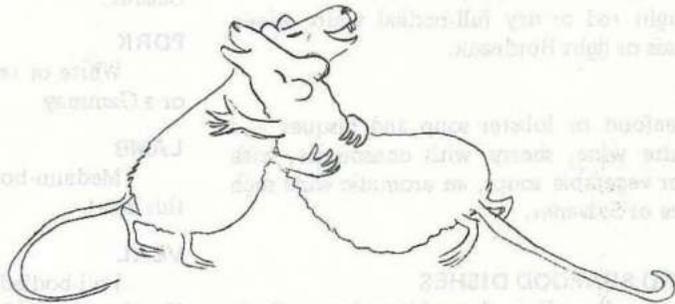
THE following is a list of wines which are readily available in Bangkok. All of these are very reasonably priced and are good to drink.

- | | |
|-------------------------|------------------------------|
| 1. Black Tower | (White) |
| 2. Blue Nun | (White) |
| 3. Blue Max | (White) |
| 4. Piat D'Or | (White) |
| 5. Mouton Cadet | (White) |
| 6. Chateau Neuf du Pape | (Red) |
| 7. Côtes du Rhone | (Red) |
| 8. Macon | (Red) |
| 9. Beaujolais — Cruse | (Red) |
| 10. Calvet | (Red and White) |
| 11. Prego | (Red and White) |
| 12. Paul Masson | (Rosé, Chablis or Burgundy) |
| 13. Hardy's | (Moselle, Chablis or Claret) |
| 14. Mogen David | (Various) |
| 15. Chardonnay (Gallo) | (White) |

CHILDREN'S CORNER

Knock-Knock Jokes

Knock, knock!
Who's there?
Lettuce.
Lettuce who?
Let us in and you'll find
out.



Knock, knock!
Who's there?
Irish stew.
Irish stew who?
I arrest you in the name
of the law.

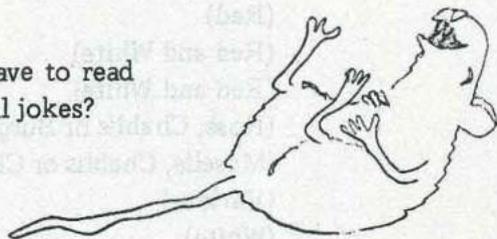


Knock, knock!
Who's there?
Cow's go.
Cows go who?
No - cows go moo!



Knock, knock!
Who's there?
Cook
Cook who?
That's the first one I've
heard this year.

Knock, knock!
Who's there?
Dewey.
Dewey who?
Dewey really have to read
all these awful jokes?



Knock, knock!
Who's there?
Orson.
Orson who?
'orse and cart.

Knock, knock!
Who's there?
Amos.
Amos who?
A mosquito just bit me.

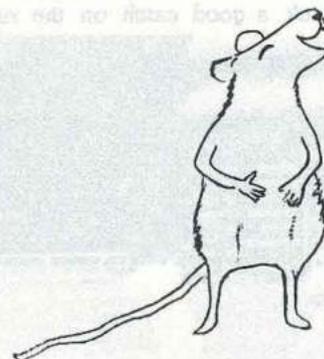
Knock, knock!
Who's there?
Andy.
Andy who?
And he bit me again.

Knock, knock!
Who's there?
Isabel.
Isabel who?
Is a bell necessary on a
bicycle?

Knock, knock!
Who's there?
Nose.
Nose who?
I nose plenty more knock-
knock jokes, don't
worry!

Knock, knock!
Who's there?
Felix.
Felix who?
Felix my ice-cream,
I'll bash him!

Knock, knock!
Who's there?
Boo.
Boo who?
There's no need to cry;
it's only a joke.



Knock, knock!
Who's there?

Banana.
Banana who?
Knock, knock!
Who's there?
Banana.
Banana who?
Knock, knock!
Who's there?

Banana.
Banana who?
Knock, knock!
Who's there?
Orange.
Orange who?
Orange you glad I didn't
say "banana"?

Knock, knock!
Who's there?
Egburt.
Egburt who?
Egg but no bacon.

Knock, knock!
Who's there?
Little old lady.
Little old lady who?
I didn't know you could
yodel.

Knock, knock!
Who's there?
Cornflakes.
Cornflakes who?
I'll tell you next month;
it's a cereal.



Seriously, though, next month the Children's Corner will be all about spiders (- eek!).
See you then.

CRICKET



CRICKET

H EADLINES this month: first defeat by the *Post* in nearly three years, completion of the "double" over last year's stars the Wanderers, and, at last, after some fifteen games of routs and near-misses, our *first victory over the Sports Club since May 1982*. More of the last two matches later, but we start with Nicky Dunne's report of this month's only defeat (and that with the extenuating circumstances of six regulars absent):

15th February. 30-over league vs Post. Lost by 3 wickets

BC 117 for 9 (Rider 31, Extras 18, Thomas 15, Piper 17, Mulligan 13, Cohen 12*)
Post 118 for 7 (Claybourne 2.2-0-10-2; Thomas 6-0-28-2; Miller-Stirling 5-0-22-1; Piper 6-1-27-1; Cohen 6-1-29-1)

As 1 p.m. approached, BC, with many of this season's regulars on pantomime duty, had only 9 men at the ground and captain Terry Adams had little choice after winning the toss but to bat first.

With the pitch offering both movement and variable bounce to the *Post* bowlers, BC were soon in trouble at 12 for 2, and Ben Piper and David Mulligan found themselves having to fight a rearguard action early in the match. Unfortunately, it wasn't David's rear that was unguarded when he was struck by the ball. Declining offers from sympathetic members of the opposition to massage the wounded area, David hobbled off the field, unable to stand erect.

Meanwhile, Geoff Thomas and Alan Claybourne had reached the ground. Having just come off the plane from the UK, Alan attributed their late arrival at the match to new strict immigration laws in force at Don Muang airport. In their bid to protect standards of cricket in Thailand, the authorities had conducted a thorough search of him and his belongings. At length, they were satisfied that, although he was a cricketer, he was not trying to smuggle unduly high standards of ability into the country and they allowed him through.

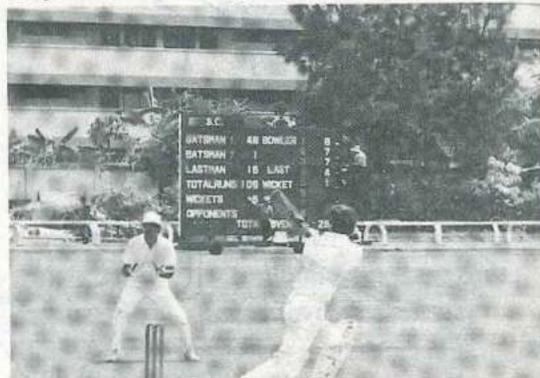
Back on the field, Ben Piper and Alistair Rider were struggling hard to bring some respectability to the score-line. Alistair, in particular, was beginning to flow, and hopes began to grow

that this might prove to be "Rider's Innings". For over an hour he grafted away, occasionally showing that characteristic aggression that is a mark of his game. Along with hitting two fours, he, on one occasion, sent deep mid-wicket scurrying for safety as his follow-through sent his bat sailing far and high through the air. Fortunately, Alistair was not still on the end of it, and the batsmen were able to hurry through for the single whilst the fielders made up their mind

which projectile to intercept.

When he was out, for 31, the score had reached 107, thanks to the partnerships he'd had with Ben Piper (17) and Geoff Thomas (15). The final overs saw David Mulligan (13 not out) return to the crease, despite still being in considerable discomfort, to assist David Cohen (12 not out) to push the score to 117 for nine.

After the interval, BC's tactics on such a variable wicket were clear: make the ball pitch and hold the catches. Unfortunately, BC proceeded to do neither with any consistency and the game began to drift away from them. When the ball did pitch, however, BC's fortunes changed. Piper bowled a beautiful maiden over. Claybourne took a good catch on the run at



"This week's spot-the ball competition. Jack makes another fine shot. Note: Jack is NOT Batsman No. 1."

mid-off, Dunne took an excellent one diving forward from close on the on-side, and Geoff Thompson held a third safely at mid-wicket.

The tendency for the ball to pop-up offered several tantalising chances that didn't quite go to hand. The most dramatic example was off Jock Miller-Stirling's bowling. Alistair Rider found himself, as wicket-keeper, the only man close enough to have a chance of reaching a top-edge hovering in the air above the batsman. With no time to go round them, Alistair exploded through the stumps like a thoroughbred out of the starting gate. Bails, stumps and limbs flew in all directions as the big man made a desperate effort to reach the spinning ball. Alas, his dive was to no avail, and Alistair had to make do with the consoling thought that at least he'd saved the single and not injured himself in the process. Indeed, the only medical treatment that was required was on the square-leg umpire, who had to recover from a mild form of hysteria before being able to rebuild the wicket.

Through all this drama, both Geoff Thomas and Alan Claybourne found themselves on hat-tricks after each took two wickets with two balls. It was all, however, not enough to swing the game and the *Post* reached the target with four overs and three wickets left.

7th March. 50-over league vs Wanderers. Won by 124 runs

BC 207 for 9 (White 68, Dunne 28*, Cowper 27, Extras 17, Rider 15, Dunford 15, Hall 13, Thomas 11)
Wanderers 83 (Piper 3.3-0-20-4; Hough 5-1-8-2; Dance 8-2-24-2; White 7-0-29-2)

On one of the hottest days of the year so far, Wanderers won the toss and put BC in to bat; in retrospect, this must have seemed like a mistake, as BC managed to make them field for the full fifty overs, with the result that they were very tired when they finally went in to bat. Nick White faced the first over of the day, and was well contented with a well-struck four off the only scoring shot of the over. Chris Cowper at the other end, playing his first match of the season for us, decided that such niceties as playing himself in were not for him, and proceeded to hit five of the six balls of the over for four runs. Those of us back in the tent who had not yet woken up and thought we were watching Terry Adams were only slightly less surprised by these events than the opening bowler, who, to his credit, went on to bowl a seven-over spell giving away only a further 29 runs to add to the 20 off the first over. As usual, however, this could not last. Chris went having



"Who let that dog on the pitch?"

made 27 off sixteen deliveries, and he was swiftly followed by Ben Piper, David Dance (caught behind first ball, but swears he wasn't out, and came off muttering and glowering, *gluttering*, let's say) and Frank Hough. Nick White was still there, though, and Alistair Rider played a patient (sic) innings beside him to put on a match-turning 49 for the fifth wicket and take us to 101 for 5 after 27 overs. When Nick was out after putting on a further 27 with Jack Dunford, it could so easily have been the end of the BC innings, but the tail-enders responded well and batted sensibly with stands of

16 (Dunford & Hall), 29 (Hall & Dunne), 21 (Dunne & Thomas) and an unbroken 13 (Dunne and newcomer Tim Davis). Although on a very fast outfield the final total of 207 could not be considered unassailable, especially with the strong Wanderers batting, the heat had taken its toll on the fielding side, and when they came in to bat, the first two batsmen fell to the first two balls of the innings, the first to a good slip catch by David Dance, the second playing on. Nick was unlucky not to have a third wicket in his opening over when the Wanderers' top batsman was dropped at mid-on off a fairly straight-forward chance. David Dance, having injured his back playing frisbee in the sea the previous weekend (a more finable offence it would be difficult to imagine), bowled off a short run and proved very effective, varying pace (and it must be said line and length) imaginatively. His second over brought our third wicket and Wanderers were 13 for 3. The top batsman was

still scoring freely, and was dropped a second time as he put on 35 with the No. 5 batsman and 25 with the No. 6 batsman. At this point, however, he lost patience with Ben's succession of donkey drops and long hops (or is it long drops and donkey hops?) and spooned a catch to Nicky Dunne, who took it with all his customary aplomb and attempts to get into next year's pantomime. The innings then collapsed as the last six wickets fell for ten runs, with Dunford, White and Thomas all taking catches, and Alistair rounding off a fine performance by stumping the last man. All in all, a very enjoyable day's cricket, but as it turned out, it was just a prelude to the next day's triumphs...

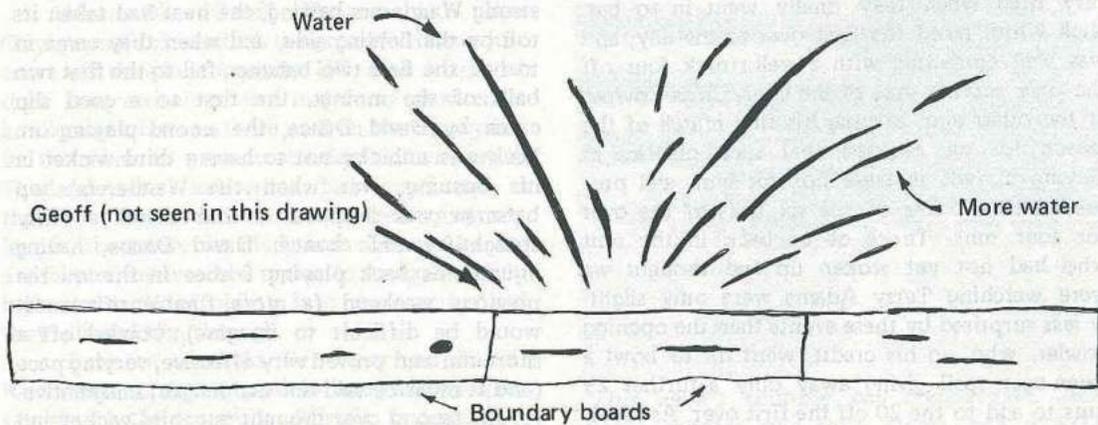
Luckily, he wasn't hurt, so those of us who were helpless with mirth picked ourselves up again with no feelings of guilt. Geoff, too, was helpless with mirth and water, and had to leave the field for a few minutes to stand under the hair-drier. Meantime, the match continued, and the Sports Club batsmen began to speed up the run-rate in direct proportion to the amount of fumbling in the field. Special mention should be made of Mike Binns, who turned in a vintage Binns performance in the field. Frank Hough bowled his six overs well, and, for the first time for some time, Jack allowed himself a full quota of overs, which went very well indeed until three fours were hit off the last over. Facing a

8th March. 30-over league vs RBSC. Won by 2 wickets

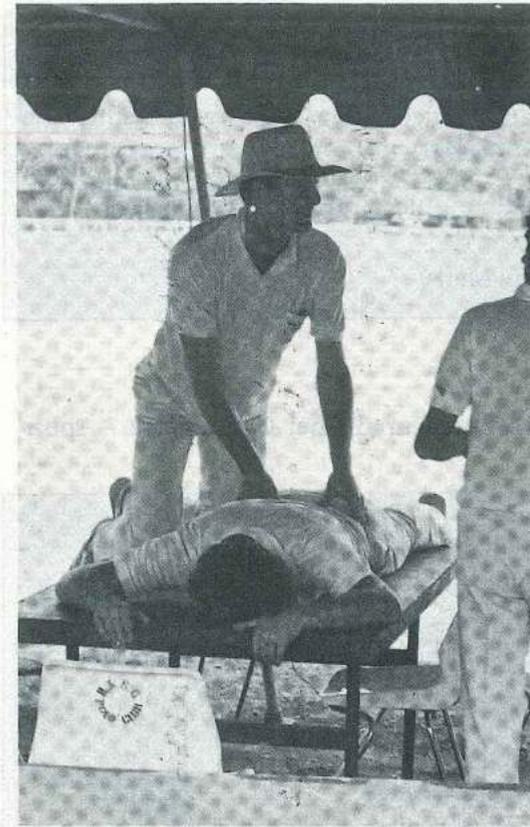
RBSC 129 for 6 (Dunford 6-0-37-2; Dance 6-1-12-1; Hough 6-1-18-1)
BC 130 for 8 (Rider 36, Extras 20, White 19, Hough 15, Hall 13)

Jack won the toss and sent BC in to bat as a 30,000 crowd looked on. Nick White and David Dance (still off his short run) opened the bowling and bowled superbly as the opening batsmen were restricted to 15 off the first 8 overs. David went on to bowl his six overs straight out and returned the admirable figures shown above. His wicket came off a superb sharp catch forward of gully; with this catch, Geoff Thompson brought the 30,000 crowd to their feet, then soon afterwards he brought them to their knees as, chasing a ball to the boundary, he fell over the wooden board marking the boundary and, with a timing which would have made Buster Keaton green with envy, disappeared from view to be replaced by a cascade of water, a loud splash and a muffled aaaaaaargh.

target of 130 to win, Nick White, opening the batting with Nigel Grocock, started as if it all had to be done in ten overs, and struck some classy-looking shots. Nigel was first to fall with the score on 14, and when Nick was bowled 15 runs later, the familiar procession started, as Dance went for his second duck of the weekend and Ben was caught and bowled for 8. 34 for 4 did not look like a winning start. However ... in strode colossus of the weekend, Alistair Rider, to be joined by David Hall, a sort of smaller Laurel to Alistair's larger Hardy. These two put on 33 for the fifth wicket, and then Nicky Dunne stayed with Alistair while 24 were put on for the sixth wicket. When Nicky was next out, we needed 39 runs off 8 overs with four wickets in hand, and those in the pavilion were beginning



Artist's impression of Geoff's disappearing trick



"So this is how it's spread, is it?"

to bite their finger-nails. Alistair was seventh out, with the score on 106 and six overs to go and those in the pavilion beginning to bite their toe-nails. Binns joined Frank Hough at the crease ... 9 runs came off the next over as both batsmen hit fours ... five runs off the 26th over, then ... Binns is bowled ... those in the pavilion begin biting each others' toe-nails ... Jack has difficulty standing up to go out to bat, he's ashen-faced and tight-lipped down to his knee-caps. 8 runs needed, two wickets left ... those in the pavilion biting the concrete steps ... a single to Jack ... no score ... no score ... a single to Frank. Three overs to go ... three more singles and we're only two short of their score ... the pavillion is gradually being gnawed away ... the scorers start worrying about whether they've got the scores right or not ... Frank to face ... a straight drive for four ... the crowd go wild ... but wait, it's been stopped before the boundary, only two have been scored ... level! Breaths are bated, Hough faces again: a single, and victory at last ... the crowd go wild again. Credit also to the Sports Club for a commendable part in this exciting match. A few amber ones were enjoyed in the post-match deliberations, especially by the longer-serving members of the team (This one's for Gordon Burles! And this for Mac Sayer! And here'sh for Jeff Parry! And one for Neville Clishshill, and for Jeff Burler, and for Ollidon McBERTACCO, and so on, into the early hours of Monday morning.)

David Hall
12th March 1987

GOLF GOLF

RAILWAY - JANUARY 11, 1987

THIRTY-five golfers played at the state railway course under perfect conditions. Although this was not declared "Ladies' Day", the ladies went home with all the honours.

Results were:

"A" Group	1st	John Kelly	41 pts
	2nd	Wendy Morris	38 pts
	Front nine	Mo Harris	21 pts
	Back nine	Dave Benham	19 pts

"B" Group	- 1st	- Kristeen Chappell	44 pts
	2nd	- Terry Merry	41 pts
	Front nine	- Heather Auger	21 pts
	Back nine	- Roy Barrett	20 pts
Closest pin	-	Kristeen Chappell, Heather Auger, Des Smith, Bob Merry	
Long drives	- Men	- Les Currie	
	Ladies	- Terry Merry	

THAI COUNTRY CLUB JANUARY 25, 1987

Thirty-three players competed on a well-manicured Thai C.C. course - sponsored by Castrol (Thailand) Ltd.

Winners for the day were:

"A" Group	- 1st	- Wendy Morris	38 pts
	2nd	- Bill Watters	36 pts
	Front nine	- Steve Chappell	21 pts
	Back nine	- Bob McEwan	19 pts
"B" Group	- 1st	- Barry Mancell	42 pts
	2nd	- Pam Smith	41 pts
	Front nine	- Koi Armstrong	24 pts
	Back nine	- Lloyd Houghton	20 pts

UNICO FEBRUARY 8, 1987

The first round of the annual Dunlop Cup match play was played along with a regular stableford game.

Fifty-five golfers played on this day sponsored by Pfizer Company.

Results were:

"A" Group	- 1st	- Bob Merry	38 pts
	2nd	- Ian McLean	37 pts
	Front nine	- Bruce Pointer	19 pts
	Back nine	- Dave Benham	21 pts
"B" Group	- 1st	- Heather Auger	42 pts
	2nd	- Dave Wallace	41 pts
	Front nine	- Terry Merry	21 pts
	Back nine	- Roy Barrett	22 pts

Dunlop Cup results were:

Auger/Cadwallader tied Barrett/Williamson
 Bill Watters/Marg. McEwen tied B. Merry/J. Kelly
 Frost/Armstrong beat Betty Watters/Bob McEwan
 McLean/Jurgens beat Ferguson/Kentwell
 Batchelor/Stagg beat Humphreys/Bolton

Brittain/Pointer beat W. Morris/K. Armstrong
 Wallace/Rider beat Mancell/Miller-Sterling
 H. Auger/Decho beat S. Voravarn/T. Moran

ROSE GARDEN FEBRUARY 22, 1987

On a course lined with blossoms, thirty-nine players had a very enjoyable day of golf.

ICI sponsored the day of good scoring by practically all players.

Results were:

"A" Group	- 1st	- Dave Benham	42 pts
	2nd	- Decho	35 pts
	Front nine	- D. Cadwallader	19 pts
	Back nine	- R. Armstrong	19 pts
"B" Group	- 1st	- Betty Watters	40 pts
	2nd	- Roy Barrett	39 pts
	Front nine	- Keith Ross	17 pts
	Back nine	- John Auger	20 pts

Closest pin - Decho, I. McLean, J. Kelly, Bob Merry
 Long drives - Men - D. Cadwallader
 Ladies - M. Harris

Second round results of Dunlop Cup play were as follows:

Brittain/Pointer beat Wallace/Rider
 Auger/Cadwallader beat Williamson/Barrett
 McLean/Jurgens beat Frost/Armstrong
 M. McEwan/Bill Watters beat B. Merry/J. Kelly

LADIES' GOLF LADIES' GOLF

WITH all the excitement of the "Kitchen Sink" preparations, I am sorry to say that I missed the deadline for the last two issues of Outpost. However, I am happy to report that 1987 has got off to a "swinging" start golf-wise. Our new committee is already in the groove - Penny (with a year's practice) is bashing away at the typewriter; Wendy Binns has quickly mastered the LGU and USGA handicap systems; Margaret McEwan is juggling the books nicely and Dolores is around with lots of help, moral support and double negatives!

Of course, we have a lot to live up to. Last year was well-organised and great fun. Many thanks to Mo and the previous committee.

We are delighted to welcome three new members to BCLG - Nena Reid, Marianne Ostlund and Cecilia Olofsson. Several of our most loyal members are leaving this year, so spread the word ladies. We need more new members.

What a busy golfing month was February! Besides our regular Tuesday outings, we had to say goodbye to Pam and Des Smith, we had an Eclectic Tournament and the "Kitchen Sink". I am also happy to note that Mo, Dolores and Wendy M. did not disgrace themselves in the pro-am at Muang-Ek. Dolores and Wendy found the TV cameras rather unnerving but Mo, of course, never noticed them!

Lots of great golf was played by the ladies last month and, consequently, several handicaps were chopped.

COMPETITION RESULTS

3rd February		STABLEFORD		HCP	
Flight "A"	Winner:-	Marg Ross	(37 pts)	(9)	
	R/up:-	Wendy M.	(36 pts)	(19)	
Flight "B"	Winner:-	Ruth Kennedy	(42 pts)	(25)	
	R/up:-	Sriwan Forrest	(42 pts)	(29)	
Flight "C"	Winner:-	Betty Watters	(37 pts)	(32)	
	R/up:-	Penny Whalley	(34 pts)	(30)	

Margaret Ross and Betty Watters both had nett 71 and Ruth Kennedy and Sriwan Forrest had nett 66 - super!

10th February		BEST NINES		HCP	
Flight "A"	Winner:-	Ruth Kennedy	(35½)	(23)	
	R/up:-	Joan Jurgens	(37½)	(17)	
Flight "B"	Winner:-	Gai Pitrie	(33½)	(29)	
	R/up:-	Kanda Phillips	(34½)	(27)	
Flight "C"	Winner:-	Dorothy Hartgerink	(34½)	(39)	

Good to have you back Dorothy - the break obviously did you good - nett 71!

17th February		BOGEY		HCP	
Flight "A"	Winner:-	Joan Jurgens	(+3)	(17)	
	R/up:-	Margaret Mc	(+1)	(21)	
Flight "B"	Winner:-	Merle Decot	(+2)	(30)	
	R/up:-	Ruth Kennedy	(+1)	(23)	
Flight "C"	Winner:-	Terry Merry	(+5)	(32)	
	R/up:-	Dorothy H.	(+1)	(38)	

Under par were Ruth Kennedy (71), Merle Decot (69), Terry Merry (67) and Dorothy Hartgerink (71). Well done girls - watch out for major HCP cuts before Kitchen Sink and Flogg Championships!

24th February		LGU MEDAL		HCP	
Silver Div.	Winner:-	Joan Jurgens	(Nett 73)	(13)	
	R/up:-	Wendy M.	(Nett 75)	(18)	
Bronze I Div.	Winner:-	Nena Reid	(Nett 69)	(24)	
	R/up:-	Sriwan F.	(Nett 74)	(24)	
Bronze II Div.	Winner:-	Diana Wingfield	(Nett 78)	(30)	
	R/up:-	Deanne Boucher	(Nett 79)	(30)	

Twenty-four ladies golfing plus three men! We were delighted Des and Paul Smith came to play with us before departing for OZ. Bill Watters and Ron Armstrong came along to keep him company. Good game by Nena Reid (Nett 69).

February Eclectic Tournament

Many thanks to Kanda Phillips who organised this event and also bought all the prizes. The result was:-

1st	Sriwan Forrest	(Nett 62)
2nd	Ruth Kennedy	(Nett 63¾)
3rd	Joan Jurgens	(Nett 64¼)
4th	Terry Merry	(Nett 64¾)
5th	Dorothy Hartgerink	(Nett 65¾)

28th February KITCHEN SINK

'Twas a super day - many thanks to all our members who all did their bit. Another record breaker with 70 odd golfers teeing off - lots of good scores (probably the Bloody Marys at 7.30 a.m. got us all nicely relaxed!) Anyway the Brutes beat us again and retained the frying pan - Next year we shall get them to name their squad prior to the event - 10 of them against 10 of us - after all there are many more of them to choose from! Many thanks to Pepsi Cola and "INSCAPE" (Thailand) for co-sponsoring this very popular competition. The rest of the results were as follows:-

INDIVIDUAL EVENT

Ladies		Men	
1st	Margaret Mc. (44 pts)	Ron Armstrong	(41 pts)
2nd	Dolores Aaron (42 pts)	Roy Barrett	(40 pts)
3rd	Trish Blackburn (41 pts)	David Brittain	(37 pts) c/b
4th	Koi Armstrong (38 pts)	Les Currie	(37 pts)
5th	Merle Decot (36 pts)	Ian McLean	(35 pts)
Best Front Nine			
1st	Ruth Kennedy (18 pts) c/b	Keith Ross	(20 pts)
2nd	Kanda Phillips (18 pts)	Rob McEwan	(19 pts)
Best Back Nine			
1st	Wendy Binns (19 pts)	David Frost	(20 pts) c/b
2nd	Gai Pitrie (19 pts) c/b	Norman MacDonald	(20 pts)
Least Points on 19 holes			
	Heather Auger	Pravit	
Top Calloway Score			
	Mark Reid		(35 pts)
Long Drives			
Hole #7	Nena Reid	Decho	
#17	Dolores Aaron	David Williamson	
Near Pins			
Hole #4	Joan Jurgens	Ron Armstrong	
#6	Margaret McEwan	David Brittain	
#14	Janice Dahl	Pravit	
#15	Margaret McEwan	Ernie Jurgens	

COMBINED EVENT

1st	Trish Blackburn	(41)	&	Roy Barrett	(40)
2nd	Margaret McEwan	(44)	&	Rob McEwan	(35)
3rd	Koi Armstrong	(38)	&	Ron Armstrong	(41)
4th	Dolores Aaron	(42)	&	Ian McLean	(35)
5th	Dolores Aaron	(42)	&	Bert Aaron	(31)

3rd March STABLEFORD				HCP
Flight "A"	Winner:-	Nena Reid	(31 pts)	(18T)
	R/up:-	Joan Jurgens	(30 pts)	(16)
Flight "B"	Winner:-	Gai Pitrie	(41 pts)	(26)
	R/up:-	Kanda Phillips	(35 pts)	(26)
Flight "C"	Winner:-	Mary Brittain	(!!)	(40)

Great game Gai - Nett 69 - the rest of us played rubbish - either Saturation from Kitchen Sink or pre-Flogg Championship nerves! Bobby Lawson joined us for the morning and kindly sponsored the prizes.

FORTHCOMING COMPETITIONS

March 10th	-	ASTRAL CUP at Navatanee Golf Course
17th	-	
March 24th	-	Diana's Day
March 31st	-	MEDAL

In April we will be having our regular Tuesday morning sessions at the Army course. Wendy Morris will be the starter.

ASTRAL CUP

This is an annual event sponsored by Lever Brothers (Thailand) and is played over two days. The first day is coming up as this goes to print and the results will be written up in May Outpost.

Lunch and prize-giving will be held at Wendy M's after the game on the 17th. Unfortunately Penny Whalley (the current holder of the trophy) will miss the second day as she is going on leave. Heather Auger is joining us for the ASTRAL CUP and then it's not long before she leaves too.

The following Tuesday, 24th March, Diana Wingfield has generously offered to sponsor the prizes. This will be Diana's last game with BCIG and we will all miss you Diana. Betty Watters will also be leaving soon and our best wishes go to you both.

Finally - sad to say - Tuesday, 17th March will be Mo's last day of golf with BCLG. You have been a marvellous supporter and leader of our group Mo, and we will truly miss you. Good luck in the U.K. and hope you have lots of good golf there too.

SQUASH SQUASH

SINCE our last major article appeared in Outpost, there has been a sudden surge of enthusiasm within the Squash Section, following the election of the new squash committee. If there are any new squash players reading this

article who would like to start playing but don't know how, regular players who would like to contact the committee on any particular matter, or others who would just like to know what is going on in the Squash Section, please

contact any of the following:-

Chairman:	Les Kentwell
Treasurer:	Jane Rodgers
Captain/Secretary:	Mike Kelly
Membership Secretary:	Rudi Sirr
Prizes/Trophies/Visiting Teams:	Margaret Currie and Sue Kunzmann
Outpost:	David Jezeph and Andy Hawkins
Courts:	Andy Hawkins and Mike Geary
Leagues/Ladders/Competitions:	Rudi Sirr, David Jezeph, Barbara Overington, Mike Geary and Margaret Currie

If you have heard that the Squash Section is "elitist" and only for the better players, all of the above committee will quickly dispel any fears that you might have, and they are able to arrange games for you to play at any standard you may wish. The best way of improving your game is to come down on a Wednesday evening for Club Night, and then you'll have the opportunity to play anyone else who is there. Over the past few weeks the number of "squashies" turning up has increased considerably, so come down for Club Night and play someone outside your own league, and meet some new people.



Phoebe Mercer is seen here presenting the Trophy to the winning team.

HAROLD MERCER TROPHY AND PLATE COMPETITIONS

During last month, the competitions for the Harold Mercer Trophy and Plate were run, and everyone who competed thoroughly enjoyed themselves. Considering the complexity of trying to organise 16 teams of 4 individuals to play competition squash over a 3-week period (and the large number of squash players committed to the pantomime, Aladdin), the tournaments were very successful in bringing together players of all standards to play team squash in a social atmosphere.

In a nail-biting Trophy final, the team of Rudi Sirr, Fiona Casbon, Nigel Nicholson and Maren White narrowly beat Craig Rennie, Dave Wallace, Bob McEwan and Mary Nicholson. The match resulted in a score of 2 Rubbers all, 8 Games all, and was finally decided on a count-back of points, with Rudi's team winning by 115 to 110.

All first round losers in the Trophy competition then went on to battle for the Plate, which proved to be equally exciting. The final was

won by the team of Les Currie, Les Kentwell, Sue Kunzmann and Margaret Currie, who beat David Jezeph, Jack Dunford, Sriwan Forrest and Fiona Wilkinson 3 games to 1.

These competitions have been run for the past two years in memory of Harold Mercer, a past secretary of the Squash Committee, who died so tragically in 1985 whilst on holiday with his family in Phuket. The aim of the competitions has been to encourage a "team spirit" among the squash players, and also to give more of the "average" players an opportunity of winning something. Many of the players who competed were successful in achieving these aims: for example, after 5 years of playing squash at the British Club, it was the first time that Les Currie has won anything; David Jezeph was able to jump to number 6 on the Ladder (although he has subsequently been beaten by anyone and everyone); some complete beginners like Wipapan Herman and Philip Ashdown enjoyed starting in a new sport, and even Dave Mason was persuaded to play in a competition for the first time in many months.



Winners of the Harold Mercer Plate Competition

FUTURE COMPETITIONS

The next competitions to be run are the Don Johnson Cup (Men) and the Parra Handy (Plate Competition), the Ladies' Championship and the Len Alexander Plate, which will all be played concurrently, starting on 14th April. These competitions are open to British Club Members only. Be sure to get your applications in as soon as possible if you want to take part in these British Club Closed Championships. The entry fee for these competitions (and all future events) will be raised to 75 Baht, as the previous fee of 50 Baht has remained at that level for at least the last 5 years, whereas the cost of prizes has increased inexorably.

The following list gives the details of some of the major squash events to take place this year, so please mark your diaries now.

British Club Closed Championships:	Commencing 14th April 1987 until the end of May
Don Johnson (Men)	
Parra Handy (Plate)	
Ladies Championship	
Len Alexander Plate	
British Club Open Championship:	October 1987
British Club Handicap:	December 1987
Harold Mercer Trophy & Plate:	February 1988

LEAGUE COMPETITIONS

League Competitions are run throughout the year on every second month. The last competition was the 63rd League, which took place during March. Therefore the next league will be in May. Entries for this competition should be placed in the Squash Box well before the closing date. Drawing up the League is a very time-

consuming process and also a full week has to be allowed to send out the league lists to all players who have entered. In order that the final lists can be with you by the beginning of the month, in future it will not be possible to add names after the closing date, as has sometimes been the case in the past. So please remember – **THE CLOSING DATE IS FINAL!**

The majority of squash players play in every league, so in future, the League Coordinators will include you in the next league, **UNLESS YOU WITHDRAW BY THE CLOSING DATE.** Please check the Squash noticeboard for details.

We hope that this new arrangement will help to avoid any regular players being excluded from the league owing to a possible oversight on their part.

All future prizes for the league winners will be an engraved tankard for the men, and a goblet for the ladies. These prizes will be awarded to the winners on Club Night following the end of the league competitions.

SUNDAY SQUASH

The case often arises whereby someone arrives back from up-country or from overseas and wishes to play squash over the weekend, to find that there are no courts available. Therefore on Sunday afternoon from 12.00 to 18.00, court 3 will be kept open for anyone to play that

turns up, and arrangements will be the same as those that have been agreed for Club Night. A board will be fixed to the wall between courts 1 and 2, and those wishing to play on Sunday afternoon can put their names on this board, and play throughout the afternoon for 3 games at a time (or 20 minutes) until exhaustion totally overcomes them. All this for just one 20 baht sticker to be placed on the booking list.

These arrangements will commence after the repairs to court 2 have been completed, which will probably be by the first Sunday in April.

SQUASH RULES

As well as organising more weekend squash tournaments, Colin Reid has also agreed to hold some courses on "squash marking," for those of us who would like to know how the rules of squash should be interpreted by a Market during a game. Most of us would surely benefit by knowing more about the squash rules, so please watch the Squash noticeboard for details of these courses.

WEEK-END SQUASH EVENTS

ROUND-ROBIN TOURNAMENT

Some of the members of the Squash Section may remember the week-end tournaments held late last year. These proved to be so successful that the new committee in a burst of "new-boy" zeal is planning on organising more for this year.

It is our intention to involve all squash players, regardless of standard.

The competition is based on a round-robin format; where every entrant will have to play four (YES FOUR!!) times over a week-end. The games would have to be played on: the Friday evening; the Saturday morning and afternoon; and the Sunday morning.

As the result of the entire competition will

be based not only on matches won but also on games and points scored, it will demand the very best from each competitor at all times.

Those who have played in the previous competitions will remember how gruelling it is. Nevertheless, tactics play an essential role and the real interest of this type of event is that everyone stays involved right up to the final.

It is also a social event as there will be a barbeque after the final on the Sunday.

The format requires sixteen players and it is our intention to draw competitors of a like standard for each event. The players in the top half of flight A have already played in the two previous competitions, and we would therefore be turning our attention to those in the lower half of flight A, flight B and flight C.

THEREFORE:

1. WATCH THE NOTICEBOARD FOR ANNOUNCEMENTS.
2. COMMIT YOURSELF, JOIN IN AND HAVE LOTS OF FUN.
3. COME AND WATCH EVEN IF YOU'RE NOT PLAYING. IT'S A FUN EVENT.

SUNDAY HANDICAP TOURNAMENTS

The week-end round-robin is Colin Reid's brain child. He also has another daft idea.

This time the format is simpler. It will be a one-day event (a Sunday) on a handicap/knock-out basis. Entry into the competition will be very informal. You just have to sign up before 10 a.m. on the day. It will then be played right through the day until a winner emerges. Depending on the number of entries a "plate" competition may also be held.

SQUASH FEATURE – BY THE UNSQUASHABLE RULES OF SQUASH – THE NICK

The harder you try to hit the nick, the less likely you are to succeed.

It's easier to hit the tin than the nick.

You never get a nick when you really need one desperately.

You are more likely to hit a nick by luck than by judgement.

You will always hit a nick more often in practice than in a match.

If you never learn the knack of the nick, you'll invariably end up more knackered than your opponent.

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TENNIS TENNIS

THE period from mid-February to mid-March was very active for the tennis section including not only ladies' matches against the Japanese Association, German ladies, and Singapore American Women's Association, but a most convivial weekend in Chiang Mai against the Gymkhana Club, plus the Club Championships. In the early rounds of the latter it was debatable whether the most interesting matches were on court or in the Sala!!!

British Club Ladies v. Japanese Ladies
Friday, 20th February

Helen Benham
Julia Freeman
Terry Merry
Mary Nicholson
Barbara Noon
Audrey Sill
Duang Wray
Bua Wyder

K. Fujimori
M. Fujimori
Y. Hino
M. Kanayama
M. Onishi
K. Shiraishi
H. Tsuchihashi

It was a morning of very competitive tennis resulting in a win for the Japanese ladies, 15-9.

British Club Ladies v. German Ladies
Friday, 27th February

Julia Freeman
Terry Merry
Barbara Noon
Duang Wray
Bua Wyder
Marianne

Hete Bollmohr
Marita Fietze
Dagmar Hebener
Sigrid Hess
Otty Minderzahn
Irene Moser
Uschi Muhlig
Kathi Pluess
Susanne Roehrig
Gisi van Walbeck

Because the British Club could not rustle up a full team the German ladies kindly loaned a "sub" for each match. Six rounds of seven games were played and the British Club were the victors 18-6.

The Singapore American Women's Association spending the weekend in Bangkok 6-9 March may not have met the Club's strongest tennis players on Friday, 6th March, 3-6 o'clock, but the "warmth" and hospitality extended to the group was most appreciated and the friendly tournament enjoyed by all participants.

British Club Players
Julia Freeman
Elaine Kelly
Machiko McAlister
Barbara Noon
Nina Reid
Suphatra
Duang Wray
Joanna Shaw
Pat Johnson

Guests

Singapore A.W.A. Players
Siglinde Genz
Peggy Jacoby
Raija Jarvi
Monica Klein
Emily Loberg
Linda Rocha
Phyllis Rolt
Maxine Sanders
Maxine Sanders
Marge Scott
Suda Wilgus



Left to right: Machiko, Nina, Pat, Joanna, Duang Suda and Sinda.

The Singapore ladies won 13-7. Following the matches mementoes were exchanged between the two clubs.

After a three-year hiatus, the British Club tennis team travelled again to Chiang Mai where they played a friendly interport fixture against the Chiang Mai Gymkhana Club over the weekend of 7-8 March 1987.

The British Club team consisted of nine men, seven ladies and three supporters, as follows:

David Benham
Jonathan Boucher
David Brittain
Dick Chessman
Gordon Martin
Nigel Nicholson
Bruce Pointer
Sucharit Bungsimuntoran
Derek Tonkin

Helen Benham
Deanne Boucher
Mal Chessman
Jackie Gramond
Terry Merry
Margaret McEwan
Mary Nicholson

Mary Brittain and her son as well as Pru Pointer went along as supporters.



Left to right: Bruce Pointer, British Ambassador Derek Tonkin and Maureen Buckley (co-ordinator for the Gymkhana Club).



British Club v. Chiang Mai Gymkhana Club combined tennis teams.



Left to right: Deanne, Jonathan, Pru, Bruce, Helen, Dick, Mal and Terry (closest to the camera) in the lobby of the Suriwong Hotel, Chiang Mai.

The official fixture was played on Saturday, 7 March, on the Chiang Mai Gymkhana Club's two hard courts under a cloudless sky. In the morning our British Club team forged ahead taking 7 matches whilst losing 3 and drawing one. In the afternoon, after lunching next to the cricket field with the Gymkhana's cricket team and a visiting Indian team from Bangkok, play resumed and the Gymkhana Club team surged back to win 5 matches whilst losing four.

Thus, the official fixture ended with the British Club winning 11 matches to 8, one drawn. That evening, the Gymkhana Club hosted a sit-down buffet dinner for the cricket and tennis teams and the evening's festivities didn't end until the wee hours of the morning for some.

The next day, Sunday, whilst some members of the team played golf, the others played a number of friendly matches throughout the day until it was time to enplane for Bangkok. All of our team had high praise for the warm hospitality extended to us by the Gymkhana Club, and we look forward to their visit to Bangkok in the not too distant future.

Details of the matches are as follows (British Club members listed first):

Mixed doubles:

- Helen and Gordon beat Maureen Buckley and Pong 5-3.
- Mal and Dick beat Patsy and Rob 5-3.
- Terry and Sucharit beat Barbara and Sunny 6-0.
- Deanne and Jonathan lost to Jo and Yogi Prasad 1-7.
- Deanne and Jonathan beat Madeline and Pong 5-3.
- Terry and David Benham tied with Maureen and Rob 4-4.
- Mary and David Brittain lost to Jo and Tim 2-6.
- Margaret and Bruce beat Maureen and Sunny 5-3.
- Mal and Gordon beat M Patsy and Michael 7-1.
- Helen and Dick beat Margie and Tim 8-0.
- Jackie and Sucharit lost to Barbara and John 2-6.

Men's doubles:

Bruce and David Benham beat Sunny and John 6-0.
 Dick and Gordon lost to Pong and Rob 2-6.
 Sucharit and David Brittain lost to Yogi and Pong 0-6.
 Derek and Jonathan beat Michael and Tim 6-2.

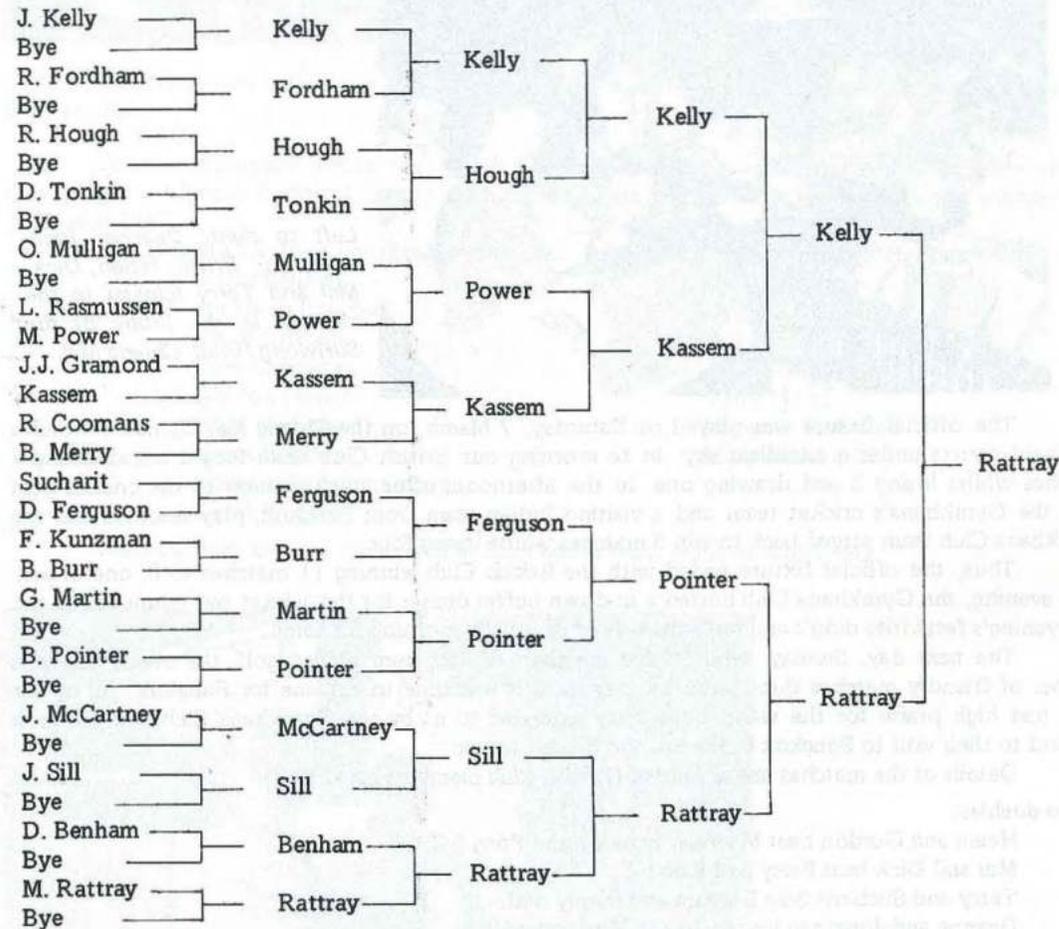
Men's doubles:

Sucharit and Gordon lost to Rob and Yogi 4-6.
 Derek and David Brittain lost to Sunny and Rob 1-6.

Women's doubles:

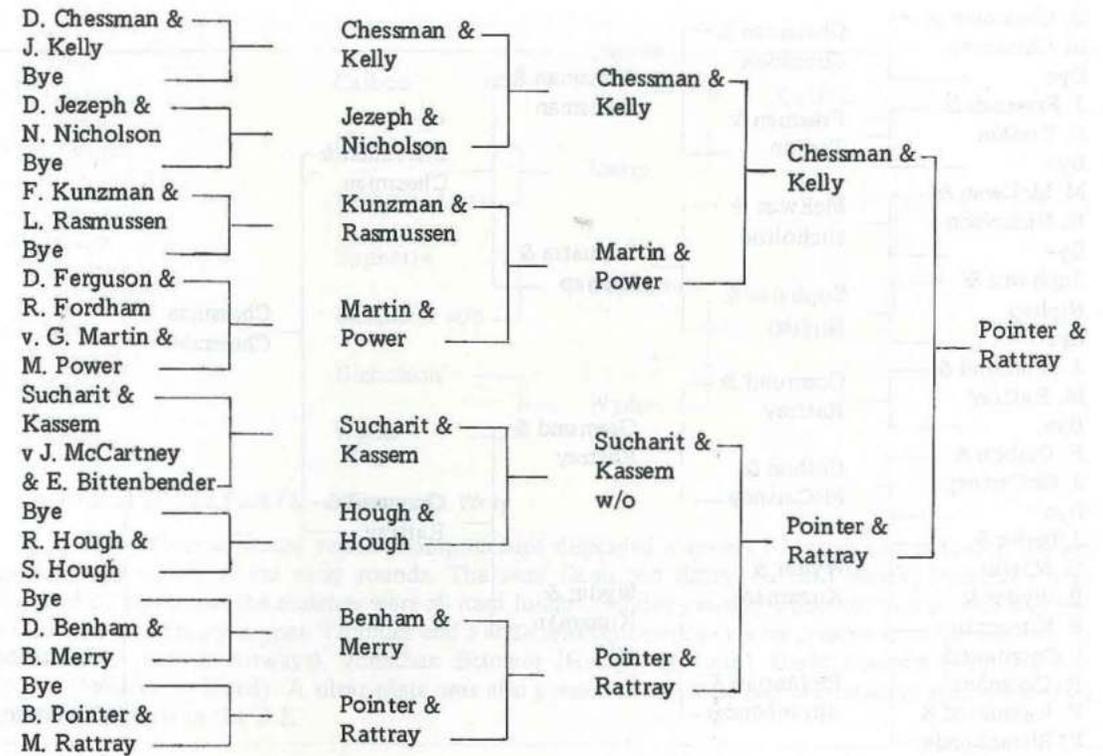
Terry and Mary beat Maureen and Barbara 6-0.
 Helen and Margaret lost to Jo and Patsy 2-6.
 Mal and Jackie beat Jo and Patsy 6-1.
 Jackie and Mary beat Barbara and Patsy 6-5.

MEN'S SINGLES



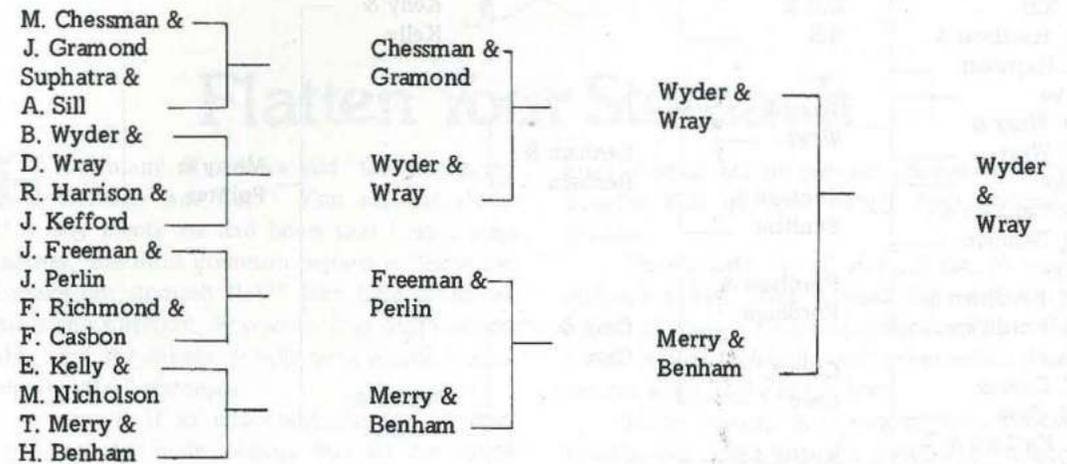
MEN'S SINGLES PLATE – Winner: G. Martin

MEN'S DOUBLES



MEN'S DOUBLES PLATE – Winners: J. McCartney & E. Bittenbender

LADIES' DOUBLES



LADIES' DOUBLES PLATE – Winners: R. Harrison & J. Kefford

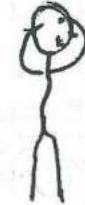
1. TADASANA:

Posture is first and foremost to proper alignment and functioning of your body. A good way to check your posture is to stand flat against the wall – heels, buttocks, shoulders and head against wall. Stay there and extend the body upwards. Then walk away attempting to keep the posture.



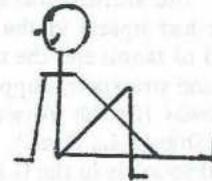
2. STANDING TWIST:

Stand with good posture. Take hands behind your head, keep your shoulders down, breathe out and twist from the waist. Keep your hips forward and in a straight line (don't bend the knees). Breathe in and exhale turning back to the front. Do this several times.



3. SITTING TWIST:

Sit with both legs straight out in front of you. Bending the knee, take the right leg over the straight left leg. Make space in your body by exhaling. Turn to face the right side. Take right arm behind you and place your hand close to the base of your spine. Take left hand over bent knee and grab the left leg. Look over your right shoulder. Breathe normally once in the posture. Keep the extended leg elongated. Do to the other side. Hold each twist for a count of 10 to begin with. Keep the body upright.



4. ABDOMINAL CURL:

Lie on your back with your knees bent. Interlace fingers behind head. Breathing out, lift chin to chest – hold with normal breathing. Relax head to floor. Do 3 times. Variation: Do the same movement with the head keeping the legs straight and the body well extended.



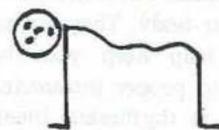
5. KNEES TO CHEST:

Lie on the floor – take your knees to your chest. Interlace your fingers behind your head. Take right elbow to left knee, left elbow to right knee and then both elbows to both knees (right to right and left to left). Repeat 3 times. Breathe out going into the position and normally when in the position.



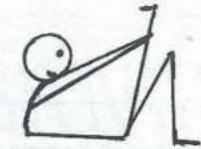
6. CAT VARIATION:

Go into the table position as shown. Breathe out and move buttocks and head towards each other shortening in the waist – hold and then release. Repeat several times to each side. You may also do the regular cat posture, by raising and lowering the back.



7. LEG STRETCH:

Lie on your back with your knees bent. Raise right leg straight up. Exhale and raise your head and shoulders off the floor, arms extended and on either side of the leg. Same to other (left) leg. Repeat 3 times.



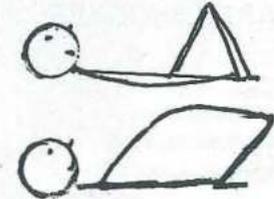
8. LEG AND KNEE STRETCH:

Lie with hands behind head. Twist body and touch left elbow to right knee, keeping the left leg slightly off the floor. Hold for count of 2. Do the other side. Remember your breathing.



9. THE BRIDGE/WEDGE:

Lie on your back, bend your knees with heels close to your buttocks. Hold your ankles and with an exhalation raise your buttocks as high off the floor as you can. Tuck in your shoulders and tuck your chin to your chest. Breathe normally while in the posture. Stretch. Repeat 3 times.



10. FRONTAL STRETCH UPWARDS:

Sit on the floor, hands behind back with fingers pointing away from your body – breathe out and lift – pushing toes to the floor. Breathe normally in the posture. Drop head down.



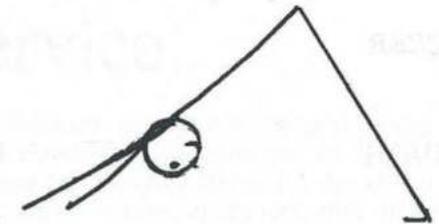
FRONTAL STRETCH DOWNWARDS:

Lie face down on the floor. Bend elbows with lower arms as shown. Lift and stretch. Do these 3 times each.



11. DOWNWARD DOG:

Start on all fours with knees bent on the floor. Exhale and lift the body as shown. Stretch the arms well in front of you and push down on your heels. Take head as close to the legs as possible. Hold as long as is comfortable. Bend knees, wait and then come up.



12. RECLINE STRETCH:

Lie on the floor. Take arms over head. Press shoulders to the floor – keep your body extended. Now stretch pushing your toes away from your body. Breathe normally in the posture. Release and repeat 2 times more.



YOURS IN YOGA,

Joan C. French
Tel: 253-9638

ACTIVITIES

ANYONE WHO IS INTERESTED IN PARTICIPATING IN ANY ASPECT OF THE FOLLOWING ACTIVITIES SHOULD CONTACT:

BILLIARDS/SNOOKER	-	RON ARMSTRONG	390-2445
BRIDGE	-	MIKE EVANS	236-8655-8
CRICKET	-	JACK DUNFORD	236-0211
DARTS	-	MIKE MAJER	513-1970
GOLF	-	DAVID BRITTAIN	573-0074
LADIES' GOLF	-	WENDY MORRIS	258-4090
OUTPOST	-	ANNE STUART	253-7362
RUGBY	-	JAMES HOWARD	252-2635 251-3056
SOCCER	-	CRAIG RENNIE	236-0205 236-4281
SQUASH	-	MIKE KELLY	253-0191 x 220
		LES KENTWELL	259-0310-5
SWIMMING	-	ERIKA MAJER	252-7492
TENNIS	-	BRUCE POINTER	233-2020



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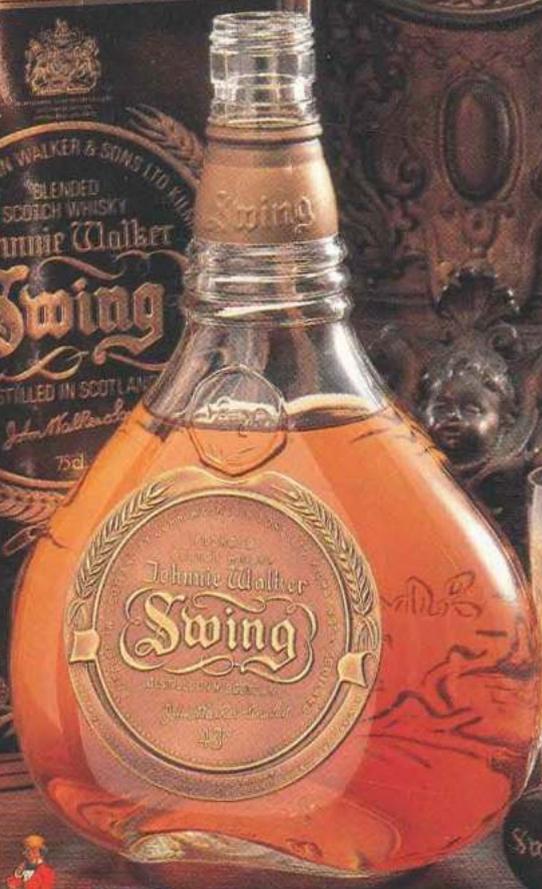
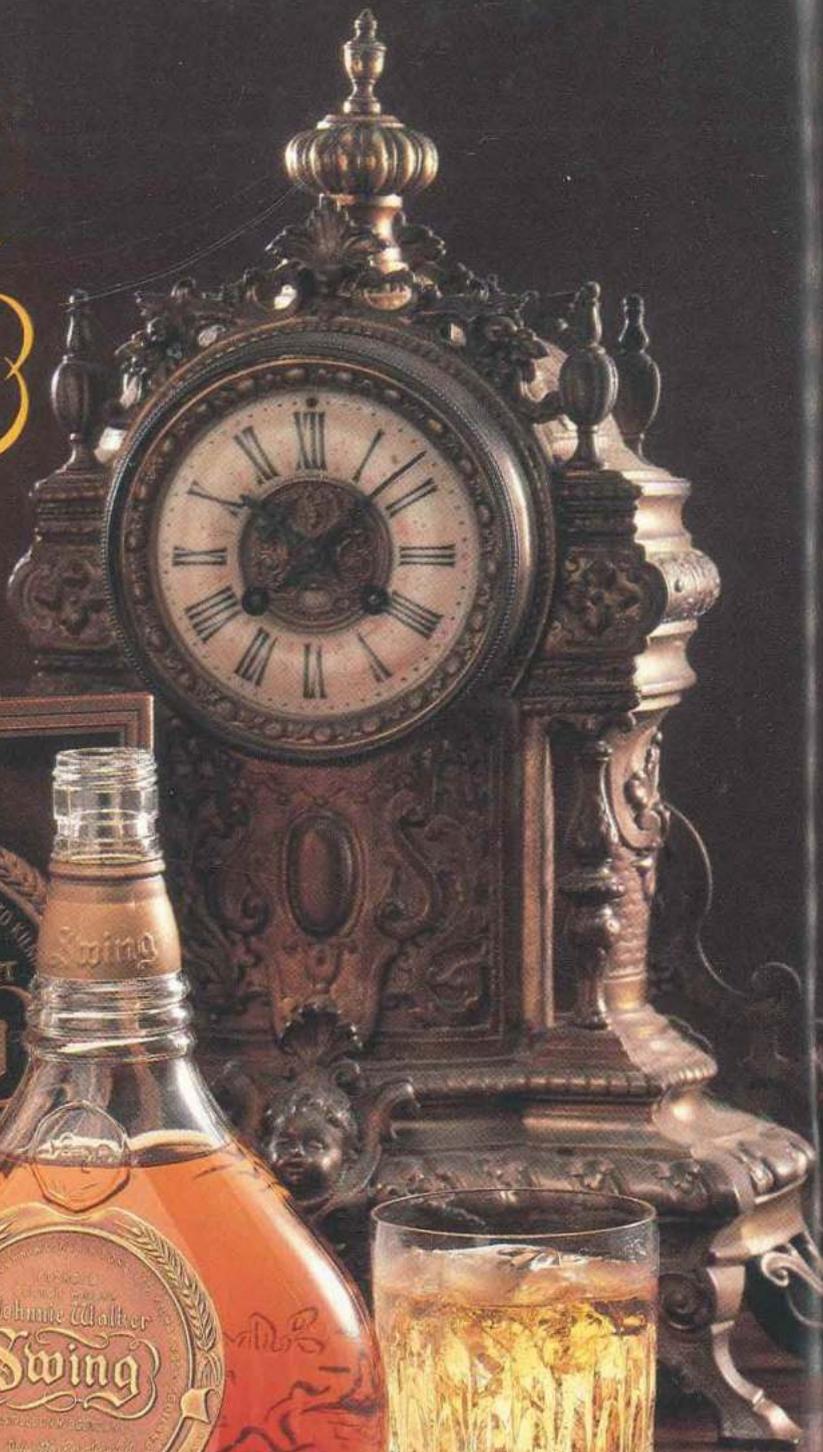
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