



OUTPOST

BRITISH CLUB BANGKOK

APRIL 2006

Sensational Socatots!



Egg-citing Issue

Club Development Plans

Bumper Bar Quiz, Pancake Day, Doggie Destiny, 1-Day Cricket

Back Pain from Playing Golf

Suthee Siriwechdaruk, M.D.

Causes:

Golf is one of the most popular sports that many enjoy nowadays. However, in playing the sport, some golfers may suffer back pain which can arise from various causes:



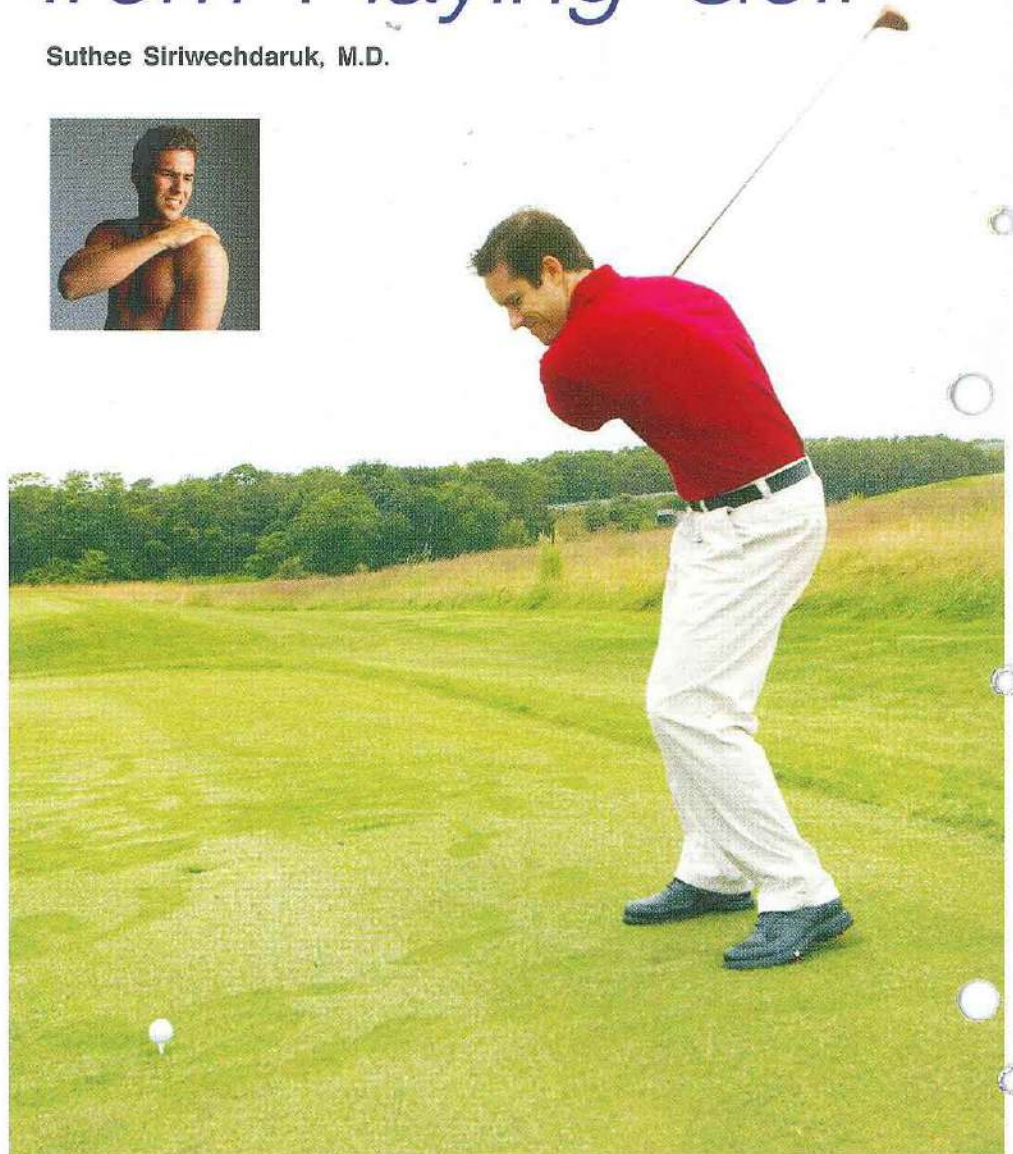
1. **Back muscle strain:** This is caused by over stretching the side and back muscles when the tissues are not ready for the motion. Golfers who play without a thorough warm-up and stretching first, tend to suffer this. In addition, a bad shot or an incorrect swing such as a swing that applies too much back and torso muscle strength or a miss or ground hitting shots from insufficient practice. The pain or strain on the back comes 4-6 hours after the game and the condition worsens afterwards. The pain occurs when you move, however, there is usually no leg muscle numbness or weakness.

2. **Back sprain or tendonitis:** The causes of this type of back pain are the same that cause back muscle strain, except the condition is chronic. The not-so-severe pain lasts for a long period and is marked by frequent recurrences.

3. **Herniated lumbar disc:** A sharp back pain can be felt as you are bending down to make a shot, study the line or pick up the ball. The sharp pain may spread to one or both legs. Leg muscle numbness or weakness may also occur if the nerves along the spine are pinched.

Treatment:

The first thing you should do when you have back pain is lie down on a flat and firm mattress with your knees bent slightly. You may need a pillow under your knees. Apply heat on the back and take pain medication such as paracetamol (provided you are not



sensitive to this drug). If you do not get better after a couple of days or the condition worsens with more pain or leg muscle numbness or weakness, a doctor should be consulted immediately.

In the first few days of treatment, your doctor may prescribe a painkiller and anti-inflammatory or muscle relaxant medication. Lumbar corsets together with physiotherapy may be needed in some severe cases. For patients with pinched spinal nerves or other symptoms may require surgery.

Prevention:

Back pain from playing golf can be

prevented by warming up and stretching thoroughly before beginning play. Practicing the correct swing also helps. Having regular exercise which develops back, stomach and torso muscles will prepare you to be a better and more effective golfer - and without back pain.

Rehabilitation & Physical Medicine Department

For more information, please contact the BNH Hospital:
Tel: 02-686-2700. Fax: 02-632-0579
E-mail: info@BNHhospital.co.th or visit www.BNHhospital.com

A great tradition for the future



For more information about your child's future
please contact us

Tel: +66 (0) 2503 7222

Tel: +66 (0) 2503 8286

Email: registrar@harrowschool.ac.th

Web: www.harrowschool.ac.th



HARROW
INTERNATIONAL SCHOOL



Millennium Hilton
Bangkok

YOUR NEW LOOK

At last, a hotel where you can really let your hair down,
with Bangkok's best river views from every room.

Discover the cool new face of a legendary brand.



TAKE ME TO THE HILTON

123 Charoennakorn Road, Klongsan, Bangkok 10600, Thailand
Tel: +66 (0) 2 442 2000 Fax: +66 (0) 2 442 2020
Email: bangkok@hilton.com
Visit us at www.bangkok.hilton.com

CONTENTS



Fancy a Family Bar at the Club? A new Sports Pavilion? An air-con Children's Room? These are some of the exciting changes afoot for the British Club facilities. Have a look at the proposals on pp 22-24. Your input is both sought and valued.

Easter & the Egg

Chairman's Letter	5
Barry's Banter	7
What's Going On	
Your guide to Special Club Events	8
VDOs & Movies	9
Formula 1 Motor Racing Season	10
One-Day Cricket International Series	10
Regular Weekly Events/Opening Hours	11
Monthly Calendar	20-21
Club Features	
Proposals for Club Development	22-24
Food & Beverage Survey Results	29-30
Club Events & Notices	
Adoptable Dog of the month	12
Doggie Destiny	12
Upcoming Attractions	
Grand Royal Barge Procession	36
Songkran Splashday Out	40
Looking Back	
St Patrick's Day	13
Bar Quiz	15
New Members Night	17
Pancake Day	18-19
Party Time for the Socratots!	28
Wine Tasting	39
Sports	
Hanni's Hotspot	26
Gordon Ellard, Bangkok Dolphins	27
Sports, Games & Activities: times & prices	31
Squash	32-33
Golf	34-35
Tennis	36
Crossword	37
Cartoon Caption Competition	37
In Touch	
Reciprocal Clubs (Hamilton Club)	38
Hellos & Goodbyes	39

The egg is nature's perfect package . . . It is also one of Easter's most common symbols, and has ancient associations with spring. In Pagan times the egg represented the rebirth of the earth. As the long, hard winter drew to a close, the earth burst forth and was reborn just as the egg miraculously burst forth with life. The egg, therefore, was believed to have special powers - it symbolizes birth and fertility in many cultures.

In ancient Europe, eggs of different colours were taken from the nests of various birds and used to make talismans. The eggs were often ritually eaten. The search through the woods for eggs gradually evolved into the Easter egg hunt, while painted eggs eventually replaced wild birds' eggs. Easter baskets were probably originally intended to resemble birds' nests.

In this Egg-citing issue, there are five hidden Easter Eggs. The first five persons (under 14 & one per family) to call or email Barry or Ben at the Club and correctly state the locations of **all five eggs** will win a special Easter gift, to be presented at the BC Easter Egg Hunt on April 16th.

The ancient Saxons celebrated the return of spring with an uproarious festival commemorating their goddess of fertility and of springtime, Eastre. When the early Christian missionaries encountered these tribes with their pagan celebrations, they attempted to convert them to Christianity. But they were quite sneaky about it - they grafted Christian observances onto existing pagan festivals, which slowly became less pagan and more Christian as converts were won over.

Thanks to the Venerable Bede, author of England's first written history, we have the text of a letter from Pope Gregory I to one of his missionaries in 601AD elucidating this policy - Pagans should " . . . no more offer beasts to the Devil, but kill cattle to the praise of God in their eating . . . to the end that, whilst some gratifications are outwardly permitted them, they may the more easily consent to the inward consolations of the grace of God".

And the rest, as they say, is history. With the rise of Christianity, the symbolism of the egg changed to represent, not nature's rebirth, but the rebirth of man. Like both Christmas and Halloween, modern Easter is basically a Christian festival but with pagan roots that run deep.

Billy Beefeater



Sensational Socratots! The Socratots "pose" (with a few mums & dads) after receiving their medals and certificates at their end-of-first-season party. Next season starts April 29th.

OUTPOST MAGAZINE

The contents of this magazine are not necessarily the opinion of the Editor, the General Committee or the Club's management. Criticisms and suggestions are welcomed by the Club's publications committee or by Veritas Enterprises.

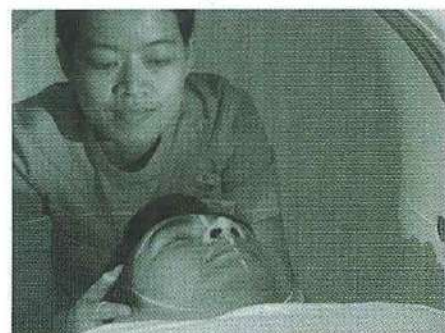
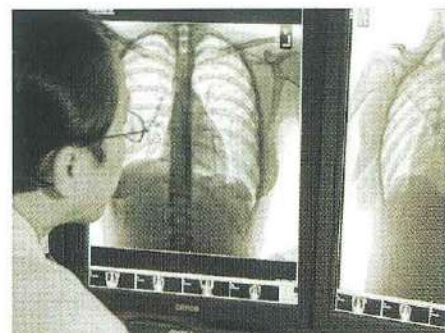
OUTPOST is produced on behalf of the British Club by Veritas Enterprises. For advertising inquiries contact Jim Fowler (01-844-7015 or Jim@VeritasEnterprises.com); and for editorial matters contact the Editor at OutpostEditor@VeritasGraphics.com.

The British Club is a family, social and sporting club set in relaxing grounds, conveniently located between Silom and Surawongse Roads, with an ever-growing international membership.

The British Club

189 Surawongse Road, Bangkok, Thailand 10500
Tel: 02 234 0247 Fax: 02 235 1560
Entrance via Silom Soi 18

A World of Care



Trust • Specialty Medicine • Care • Advance Technology

Thailand's Only JCI Accredited Hospital

33 Sukhumvit 3, Bangkok 10110, Thailand. Tel: +662 667 1000 Fax: +662 667 2525
E-mail: info@bumrungrad.com www.bumrungrad.com



Letter from the Chair



Dear Members,

By the time you read this, the Annual General Meeting will have taken place and a new General Committee will have been elected. The list of GC members 2006/2007 will be posted on the Club notice board and also

announced in the May edition of *Outpost*. If you're still interested in getting involved in some way, it's not too late. Please contact a GC member and find out about the various Subcommittees in operation. Any help or involvement from members is always welcomed.

Club Development

If you were unable to attend the Development Discussion Forum in February, please take the opportunity to view the long-term plans for the Club, now on display in the Snooker Room. The proposals are available both on CD and in hardcopy format so you can study them at your leisure. Please also refer to pages 22-24 in this edition of *Outpost* for more details. Response from members at the Discussion Forum was very encouraging, but before we can move on we need more feedback from more members. So please send your views of the proposals, as well as any comments or suggestions, to Sally Crossley-Smith at jscrox@ksc.th.com Once final adjustments have been made and more concise costs obtained, an EGM will be called for members to approve the first phase of the plan.

Club Rules

As you are aware, at the EGM in December 2005 members approved several rule changes. These are intended to have a positive effect on your overall enjoyment of the Club and its facilities. It is disappointing to acknowledge, however, that many of the Club's Rules continue to be ignored. We can only assume that this is due to ignorance rather than flagrant abuse! It is therefore important that members are aware of both the existing and the new Rules and that management has members support in order to enforce them. The GC and management are currently updating the Club's Bylaws to reflect these Rule changes and over the next few months the new procedures will be communicated to members and will come into force. In the meantime, I would like to specifically remind you of the following:

Members' Guests:

- Members may introduce guests to any of the Club's F&B facilities. However, on weekends and on public holidays, prior Management approval is required for guest use of the Poolside Salas and Swimming Pools.
- Guests may not use the Fitness Centre or Sports Facilities at any time without prior Management approval.
- All guests who enter the Club must be registered as laid down in the Bylaws.
- Not more than three guests may be introduced by any one Member or spouse on the same day without the prior approval of the General Committee or the General Manager.
- Such guests may not remain at the Club after the Member by whom they were introduced has left. This shall not apply to a properly booked function where the guests may remain in the Function Room only until the close of the function.
- The Management and/or the General Committee reserve the right to refuse further Club use to guests resident or working in Thailand who, in the opinion of Management and/or the General Committee, are deemed to be making regular use of the Club's facilities when a Membership option is open to them.

Secondary Carers (maids, nannies, nurses, au pairs, child carers etc.) are permitted into the Club to help care for a child, children, the elderly or disabled, only when the Member is present and are not allowed to use the leisure or sporting facilities.

Member's Drivers are only permitted in the Club when the Member is present unless it has been pre-arranged that they are delivering or collecting on the Member's behalf. Drivers must either stay with the vehicle or in the Drivers' Room provided. In addition, Members must pre-register their drivers at which time they will be issued with an identity card allowing them access to the Club at the designated times.

In addition, I would like to also ask for your co-operation in showing your member card to the Security Guards every time you enter the Club, and also presenting your card to Club staff before ordering food & beverage. These procedures are necessary for security purposes and also help to ensure that the Club remains for the exclusive use of members and authorised visitors. The Security Guards have been instructed to ask to see **all** members' cards, regardless of whether they recognise you, so if you have a problem with this procedure please discuss it with the General Manager and not with the Guards themselves. We thank you for your co-operation and support.

I look forward to seeing you around the Club soon.

Angela Daniel
Chairman
BCB General Committee 2005/2006

BANGKOK INTERNATIONAL PREP SCHOOL

British Preparatory and Secondary Education



For much of the last two years, the construction work at Bangkok International Prep School provided commuters on the Skytrain's Sukhumvit line with a pleasant diversion on trips back from the city. From their elevated viewpoint, they were able to watch as Bangkok Prep was transformed from a small primary school almost hidden by huge rain trees into a fully-equipped educational institution that will eventually enroll children from pre-prep, or K1, all the way up to Year 13.

The construction work, which was completed in August, added a four-storey senior school with facilities for 20 classrooms, computer laboratories, workshops, a bigger library, a drama and music room, a 25-metre swimming pool and new playing fields. Fortunately, the majestic rain trees were saved, allowing them to continue casting their wide shadows over the backfields and lending support to the school's reputation as something of an oasis amid the bustle of Sukhumvit.

"We are a small school and in the future we will remain a relatively small school. Later this year we will take in our first Year 8 students and we will eventually have facilities for as many as 700 students. However, we may decide not to be that big as there are many advantages to being small. Everybody knows one another and we can build up a sense of community," Patrada Yomnak, Bangkok Prep's managing director said.

Truly International

The children are a true international mix, representing 24 nationalities. Half are Thai and the rest are the children of expats. Many live in the Sukhumvit area.

"One of our strong points is our location. Most of the students come from around the area and because we are a city school and so close it means parents can have more time with their children. In the morning you can see fathers playing soccer with their children in the school fields before going off to work," Patrada said.

The close proximity of the school to most of the students' homes also allows the parents to easily get involved with the school's activities throughout the year, Patrada said, noting that their recent Halloween party and Christmas productions had been a big success, bringing together many parents and children.

"Small is Good"

"All classes, with the exception of Thai language, are taught in English by fully qualified and experienced expat teachers; predominately British but with a small proportion of American, Australian and Canadian staff. In addition to core class teachers, we also have specialist teachers of Music, PE, Swimming and a department of EAL teachers (English as an additional Language) who provide a wide range of support services to students with language needs," she explained.

In line with its "small is good" idea, class sizes at Bangkok Prep are kept small; no classes have more than 18 pupils. This allows for effective student-teacher ratios, enabling teachers and students to form positive relationships and providing a better environment for student learning. Classes are also supported by highly qualified graduate Teaching Assistants who work alongside the teachers to support students.

In addition to developing a purposeful and rigorous environment, Bangkok Prep School embodies and promotes the traditional values of courtesy, self-discipline and a tolerance of others, as well as respect, integrity and a real commitment to the school and its wider communities. It takes great pride in emphasising community values within the curriculum and actively involves community partners in the education of our young people.

In August 2006, the school will be open to Year 7+8 students and in coming years it will extend into the full secondary phase of education, preparing students for the IGCSE and ultimately for the International Baccalaureate Diploma Programme, which is recognised worldwide and prepares students for further or higher education throughout the world.

Eggcentricity

Dear Members,

April the First already (what a Fool I've been) and just 268 days until Christmas Day. There . . . doesn't that make you feel better?

We guarantee you a month of April full of Eggstremely fun-filled events with lots of Eggcellent activities to keep you all entertained.

Yes, its Easter again, and we'll be holding our annual Easter Eggstravaganza with lots of Eggciting fun-packed activities for the kids including a Magic Show, Puppet Show, our Bouncy Castle, Eggstra arts and crafts, and of course our Egg Hunt - so at the end of all that, eggspect to be . . . eggstremely eggshasted!!

We also have our Easter Buffet in the Lord's and afterwards a video for the kids. And don't forget our famous Hot Cross Buns, which will be available at all the Club's outlets.

Looking further ahead the Club has booked a stunning location near Mahalat Pier on the Chao Phraya River from which to view the Grand Royal Barge Procession on June 12th to celebrate the 60th anniversary of the King's accession to the throne. The Procession is one of the most spectacular - and rare - cultural displays Thailand has to offer and this could be the biggest one ever! We will be leaving by police escort to the pier at 5pm so as to arrive in plenty of time to get settled in before the procession begins. There will be lots of activities organised for the children - including a special air-conditioned room for them to cool off in - and the Club will cater an extensive Thai buffet and BBQ, with a live jazz band to keep us entertained. The cost of this spectacular one-off event is 3,300 baht for adults and 1,800 baht for children. The cost includes transportation, all activities, food and soft drinks. This will be an international event, with royalty from many countries in attendance to honour the world's longest reigning living monarch - don't miss it! Our party is limited to 350 members so I urge members to book now.

By the time you receive this *Outpost* our new playground equipment should have been installed. We are also planning to re-fence around the tennis courts and, for safety reasons, raise the height of the fencing between the courts. The trees around the Club have already received a trim - also for safety reasons - especially the trees at the back of the Clubhouse, which are over 100 years old and had gotten rather top heavy.

You may also have noticed that the Club now has a Spirit House situated by the Surawongse Gate

alongside the tennis courts. The monks came in early in February and blessed the house for us, and the BC staff dedicated the Spirit House to the Memory of Khun Noo. I would also like to thank the various organisations and individual members who came to the office and donated money for Noo's family. All this money has been passed to his parents. Noos family attended the Club's blessing ceremony.



April also sees us celebrating Songkran here in Thailand. Whilst not wanting to be a killjoy, I would like to remind members that water pistols and water spraying devices are not to be used on the Club's premises. And for safety reasons, roller blades, mini scooters, skateboards, etc, are also banned from the Club. While we can't really celebrate Songkran here at the Club, water-wise, we will be organising a fun day out to the Water Park at The Mall Bang Khae (see page 40).

Members will be pleased to hear that the annoying 10-baht towel rental charge has been abolished. Towel rental is now free from the Fitness Centre.

On May 13th it's the FA Cup Final live on the Big Screen in the Suriwongse Room. There will be no charge for this event. The Club will be serving fish & chips, pie & chips, (soccerball & chips?) and of course there'll be a full bar awaiting and also spot prizes to be won. Even though the event is free we ask members to please sign up as this helps us with seating arrangements.

Oh, and if any members have ideas for future parties or events then please let us have them.

As a final note of safety I would like to remind members to please watch their children at all times especially around the poolside area. The pool surrounds are often busy, especially at the weekends, and children running can easily cause an accident. If members do need first aid treatment, First Aid Kits are located at the Fitness Centre and also at the Clubhouse Reception.

Well that's about it for another month.

I look forward to seeing you around your Club soon.

Barry Osborne
General Manager

Members, your co-operation please . . .

Register guests: Members are asked to please sign their guests in when visiting the Club. Sign-in books are situated in the Clubhouse reception and in both Salas. Members bringing in guests at weekends are requested to telephone the General Manager beforehand.

Show Member's card: The Guards are under instructions from the Club that they must check each member's card every time they visit the Club. We have had incidents where some members have been upset with the Guards and do not want to show their card every time. Please understand that the Guards are just doing their job according to the rules laid down by the Club.

WHAT'S GOING ON

Special Events at the Club this month

** FORMULA ONE — AUSTRALIAN GRAND PRIX

Sunday, 2nd April, 10am, Churchill Bar
LIVE on the Big Screen. See item on page 10 for more details.

** DOCTOR WHO SUNDAY AFTERNOON VIDEO CLASSIC

Sunday, 2nd April, 2pm, Wordsworth Lounge - see opposite page.

** ONE-DAY CRICKET — FIRST OF 5-MATCHES

Monday, 3rd April, 10:30am-7pm, Churchill Bar
First of the England vs. India One-Day Cricket Internationals, shown live on the Big Screen. Following matches on 6th, 9th, 12th and 15th April. See item on page 10 for more details.

** DOCTOR WHO VIDEO AFTERNOON

Thursday, 6th April, 2pm, Wordsworth Lounge - see opposite page.

** T.G.I.F CURRY BUFFET

Friday, 7th April, lunch & dinner, Churchill Bar
Enjoy the BC's famous curry buffet this Friday - available at both Lunch and Dinner times @ 230 baht per person. The buffet consists of 6 assorted curries, breads, sambals, rice and dessert. The Puurfect way to start the Weekend.

** MORSE VIDEO NIGHT

Thursday, 13th April, 7pm, Wordsworth Lounge
Join us for our fourth Morse episode: *"The Wolvercote Tongue"*. See item on opposite page for details.

** SONGKRAN SPLASHDAY OUT

Friday, 14th April, Depart BC at 9am for The Mall Bang Khae
Whilst water-squirting is banned at the Club, the kids can still have fun on this day out to the Water Park and more. Meet up in the Silom Sala at 9am for the short coach journey to the Mall Bang Khae. Here we have organised a full day of fun activities including the Water Park, bowling and lunch at the Pizza Company. We aim to return to the Club at around 4pm where the kids all get a free Nestle Sundae Ice Cream. The cost of the whole day is 1050 baht per person, and includes transportation from/to the Club, all entrance fees, pizza lunch and soft drinks.

** SONGKRAN BUFFET

Friday, 14th April, lunch & dinner, Churchill Bar
This Friday at lunch and dinner we celebrate Songkran with a Buffet of Thai Foods from the various regions of Thailand. The menu consists of a few of your favourite and most well-known Thai classic dishes and a few of the more unusual. Buffet price is 230 baht per person, including a complimentary glass of Thai wine. There's no need to book - simply come along with your friends and join in the holiday weekend fun.

** EASTER SUNDAY FUN DAY/ EASTER SUNDAY BRUNCH

Sunday, 16th April, all day (from 11am) at the Club
Come and Celebrate Easter Sunday at the Club this year. We have a wonderful day planned with fun for all the family. At 11am we start our Easter Egg Hunt on the back lawn and we also have a host of activities including the BC Bouncy Castle, Magic Show, Puppet Show, Easter arts & crafts and face painting. The cost of the event is 350 baht for children and 200 baht for adults - cost includes all activities, lunch and soft drinks. We also have a traditional Easter Sunday Brunch in the Lord's starting at 11.30am and finishing at 3pm. Buffet price is 400 baht for adults and 250 baht for children - includes soft drink and chocolate for the children. We

will also be showing a Video for the kids at 3pm in the Suriwongse Room at no charge. And don't forget the delicious Hot Cross Buns, available from all the Club's outlets.

** QUIZ NIGHT

Tuesday, 18th April, 7:30pm, Churchill Bar
Join Host Rodney Bain for our fourth Bar Quiz for the year. Last month a record nine teams took part. The Quiz is divided into four rounds of 19 questions each, ending in the 'common denominator'. There are also three Crown Relocations spot rounds where you have the chance to win a bottle of house wine. Teams are of 4 to 6 persons with an entry fee of just 100 baht per person. The quiz kicks off at 7.30pm. To book simply send a fax or email to the Club or sign up at the Clubhouse Reception.

** T.G.I.F CURRY BUFFET

Friday, 21st April, lunch & dinner, Churchill Bar
Enjoy the BC's famous curry buffet this Friday - available at both Lunch and Dinner times @ 230 baht per person. The buffet consists of 6 assorted curries, breads, sambals, rice and dessert. The Puurfect way to start the Weekend.

** A-moo-SING DAY OUT TO CHOCKCHAI DAIRY FARM

Saturday, 22nd April, Depart BC at 08:30am
We are off again for a fun-packed day at Chockchai Farm in Saraburi province. Coaches depart BC bright and early (8:30am) for the two-hour coach journey - breakfast and light drinks will be served on board. The day out costs 1800 baht for adults and 950 baht for children. Cost includes transport from/to the Club, entrance to the Farm, pony rides, horse rides, lunch at the Chockchai Farmhouse Steak House, Chockchai dairy ice cream, kids activities and much more.

** ST GEORGE'S DAY

Sunday, 23rd April, all day (from 11:30am) at the Club
This St George's Day, we have a great day planned for the whole family. In the Lord's and Churchill Bar we will have an extended Sunday British Buffet with lots of the best of British cuisine. The Buffet costs 400 baht (adults) and 250 baht (children) and includes soft drinks for the children and a glass of wine or a half pint of draught beer for the adults. There'll also be lots of extra activities for the kids, including a special Puppet Show and Arts & Crafts, our Bouncy Castle and other games, and from 3pm we will be showing a Family Movie on the big screen in the Suriwongse Room with free soft drinks, Nestle Sundae Ice Creams and popcorn for all.

** FORMULA ONE — SAN MARINO GRAND PRIX

Sunday, 23rd April, 7pm, Churchill Bar
LIVE on the Big Screen. See item on page 10 for more details.

** "CALENDAR GIRLS" MOVIE NIGHT

Thursday, 27rd April, 7pm, Wordsworth Lounge - see opposite page.

** MONTHLY WINE TASTING & TEX MEX BUFFET

Friday, 28th April, 6pm, Suriwongse Room
Why not join us on Friday evening for our latest wine tasting? This month we have four wine companies coming along to let us sample their selection of wines from Australia, New Zealand, France, and Chile amongst others, and there will be free canapes to compliment the wines. After the wine tasting why not dine in the Churchill Bar where Khun Lak and her team have created a mouth-watering Tex Mex Buffet for you to enjoy (at 230 baht per head).



The Doctor in formal dress!



The Tardis crew

"CLASSIC APRIL"

By popular request, we are showing two afternoons of Classic Tom Baker **Doctor Who** this April . . . on General Election Day and on Chakri Day.

GENERAL ELECTION DAY (2nd April) 2pm to 4pm

Celebrating this dry day, we whet your appetite with a look at Sarah-Jane Smith leaving the Doctor in South Croydon (of all places) or so he thinks, and then we move on rapidly to THE DEADLY ASSASSIN.

"Gallifrey is the home planet of the Time Lords, and the President is retiring - until someone shoots him! Unfortunately the assassin appears to be THE DOCTOR!"

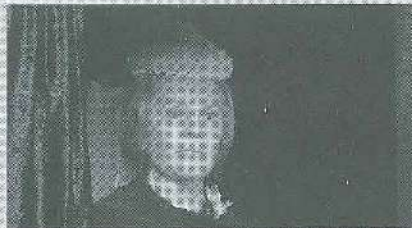


Logo from 1976

CHAKRI DAY (6th April) 2pm to 4pm

An old enemy returns from the dead . . . and THE DOCTOR is looking for a Police Box in London. LOGOPOLIS is set on the Barnet By-Pass, Cardogan Pier and the planet Logopolis . . . so could anything possibly go wrong??

"MARVELLOUS MAY"



We are not amused!

As we go to press, the BBC is keeping mum about when the next Season of Doctor Who will be broadcast. As Doctor Who kicks into its 43rd year with David Tennant at the helm, we are set for some fantastic stories, weird alien planets and a few special guests!

If all goes as expected, we will start showing the New Series from May 4th but you will need to carefully follow Outpost and the club notice board to be 100% sure . . . After all, Queen Victoria would not be amused if you missed her!



New Series Logo

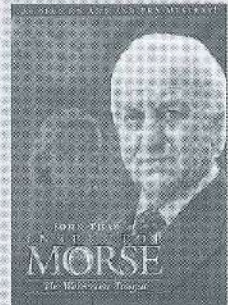
DOT, DOT, DASH . . .

(or to be exact -- ---)

Yes, we are now into the second season of MORSE - The late but much respected John Thaw stars as Inspector Morse, the copper from Oxfordshire with no first name, in

The Wolvercote Tongue

Morse is called to investigate the suspicious death of a wealthy American tourist, Laura Poindexter. She was on a cultural tour of Britain with her husband and their visit to Oxford had a special significance to them. Laura had inherited a precious jewel known as "The Wolvercote Tongue" and had announced her intention to donate the treasure to the Ashmolean Museum in Oxford . . .



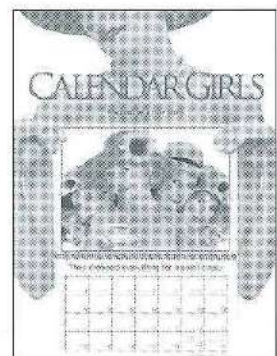
Know the rest on **THURSDAY 13th APRIL at 7pm.**

WAKED WOMEN

It is true - we are going to show pictures of naked women in the clubhouse on **THURSDAY 27th APRIL at 7pm.** The pictures will include Helen Mirren, Julie Walters, Linda Bassett, Annette Crosbie, Ciaran Hinds, Celia Imrie and Geraldine James with John Alderton and Philip Glenister in support, because we are showing -

CALENDAR GIRLS

Calendar Girls is the nearly true story of the women of the Rylstone Women's Institute in North Yorkshire. This Women's Group produces a calendar each year based around scenes of the Yorkshire dales. In 1999, one of the ladies husbands became ill with leukaemia. He would say that if the ladies planted Sunflowers, he'd get better so he could see them. Unfortunately, he didn't pull through and in order to raise funds for Leukaemia research the women decided to make an alternative calendar of themselves in the nude hoping to sell a few hundred copies around their villages. This calendar in fact became a worldwide sensation, out-selling even those of Britney Spears and Cindy Crawford.



FORMULA ONE GRAND PRIX

"CRY, BUTTON FOR ELIZABETH! ENGLAND AND ST. GEORGE!"

WHAT A GREAT START . . .

Twenty members crammed into the Churchill Bar on March 12th to witness one of the best starts to a Formula One Grand Prix Season . . . 2005 Champion **Fernando Alonso** beat **Michael Schumacher** out of the pits in the last sector of the race to take the first win of 2006, with **Kimi Raikkonen** having succeeded in crawling (literally at one point) from 22nd (or last) on the grid to third!

Raikkonen literally blew apart ahead of the qualifier when his suspension and tail parted from his car - **Jacques Villeneuve** exploded in flames - **Felipe Massa** did a 360-degree flip and missed Alonso by millimetres -and rookie **Nico Rosberg** stormed home to get two points from his first ever F1 race!

A great start to the season!

CAN BUTTON WIN ON ST. GEORGES DAY?

The question on everyone's lips for April is . . . can **Jenson Button** score a podium position on England's own saint's day - April 23rd? Returning to its normal broadcast time of 7pm (6pm for the Race day programme) are we going to hear "God Save The Queen" at the end or another round of "La Marcha Real"?



Jenson Button

Come along on Sunday 23rd April for a roaring start at 2pm!

So whether you support Alonso, Schumacher, Raikkonen or Button - support FORMULA ONE in THE CHURCHILL BAR (almost) EVERY SUNDAY!

Dates for April

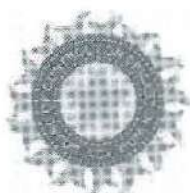
April 2nd	Australian Grand Prix**	LIVE AT	10am
April 23rd	San Marino Grand Prix**	LIVE AT	7pm



** As a special deal for GP-watchers, the Churchill Bar will have an "Eggs cooked to order Breakfast Buffet" from 10am to 11am only at 180 baht per person.

ONE-DAY CRICKET

"PYJAMA CRICKET IS BACK!"



Following on from England's variant Third Test win against India, thus levelling the present India/England Test Series, there follows a series of seven **ONE-DAY INTERNATIONALS**, five of which are in April.

For the uninitiated a One-Day International is a match held on a single day by playing only 50 'overs' each team - characterised by the wearing of colourful sports wear ("pyjamas") as opposed to traditional cricket whites. Unlike the leisurely 5-day matches, these are lively, fast-action days with lots of boundaries and an almost guaranteed 20 wickets!

We will be showing each match **LIVE** in the Churchill Bar - check posters for confirmation of transmission times . . . should be 10.30am to 7pm daily. For those with children wanting to watch, please ask for the Plasma screens in the Wordsworth Lounge or Silom Sala to be tuned in.

April Schedule:

Monday	April 3rd	Goa	10.30am to 7pm
Thursday	April 6th	Cochin	10.30am to 7pm
Sunday	April 9th	Guwahati	tbc
Wednesday	April 12th	Jamshedpur	tbc
Saturday	April 15th	Indore	tbc



REGULAR WEEKLY EVENTS

MONDAYS Wordsworth Lounge

9:00am-12:00noon

TUESDAYS Churchill Bar

5:30-9:00pm
7:00pm-late

WEDNESDAYS Churchill Bar

Lunch & Dinner
(Noon-2:00pm & 5:30-9:00pm)

7:00pm and 8:00pm

7:30pm

THURSDAYS Churchill Bar

6:00-9:00pm

FRIDAYS Churchill Bar

Lunch & Dinner
(Noon-2:00pm & 5:30-9:00pm)

Silom Sala

7:00pm and 9:00pm

SUNDAYS Lord's Restaurant

Noon-3:00pm

Silom Room

1:30-3:30pm

BWG Mahjong

Friendly Bridge
Spoofing

CARVERY BUFFET Bt 230. Choose from 3 roast joints, 3 potato styles, 3 veggies. Also with fresh salad (Bt 270).

PERNOD RICARD ACCUMULATOR

Any member could win from Bt 5,000 to Bt 25,000 - prize increases each week.

CHIVAS REGAL BOTTLE DRAW - somebody present in the Bar will win a bottle of whisky, tequila, vodka or gin.

Chess

THEME BUFFET - **7th April:** T.G.I.F.CURRY BUFFET - with six assorted curries + breads, sambals, rice & dessert; 230 baht per person.

14th April: SONGKRAN BUFFET - with Thai foods from around the country + free glass of Thai wine; 230 baht per person.

21st April: T.G.I.F.CURRY BUFFET - with six assorted curries + breads, sambals, rice & dessert; 230 baht per person.

28th April: TEX-MEX BUFFET plus Corona giveaways; 230 baht per person.

Kids' VDO It's free. Includes free Nestle Sundaes for the kids.

FAMILY CARVERY - Choose from 2 soups, cold cuts, 3 roasts carvery, with potatoes and veggies, hot dishes, children's buffet, fresh salad bar and a range of desserts.
Adults Bt 330 and children Bt 180 (includes soft drink)

CHILDREN'S ACTIVITIES. Games, videos, crafts, soft drinks and snacks with Khun Suzie. Cost: FREE

Official Opening Times

10:00am - 11:00pm
11:30am - 2:00pm
6:00pm - 10:00pm
7:30am - 10:00pm
6:00am - 10:00pm
6:00am - 9:00pm
9:00am - 6:00pm

Churchill Bar
Lord's Restaurant (Lunch)
Lord's Restaurant (Dinner)
Poolside Bar (last food orders - 9:30pm)
Fitness Centre (Mon-Fri)
Fitness Centre (weekends)
Thai Massage (Tues-Sun)

This month's Adoptable Dog . . . Chips



About "Chips"

Gender: Male (neutered)
Age: 5 months
Nature: Sweet and gentle, nothing fishy about him at all! *Chips was found wrapped in newspaper, dumped on top of a cage being used to collect dogs for one of Soi Dog Rescue's spay/neuter clinics. He has been nurtured back to good health and is a lovable, playful, quiet pup who is enjoying the food, care and love he gets at Soi Dog Rescue . . . BUT he needs a loving human or two to call his own. Could that be YOU?*

Contact: **Soi Dog Rescue**
www.soidogrescue.org
Sherry: 02 336 0849 / 05 215 6962
Billie: 01 924 5930

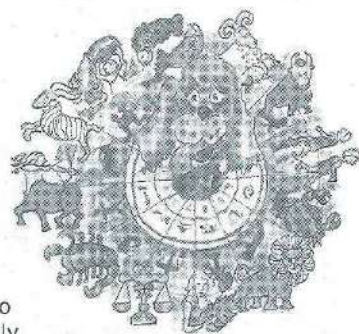
Soi Dogs
a breed apart
www.soidogrescue.org

DOGGIE DESTINY

Taurus (April 21 - May 20)

Keywords: Kind-hearted, steadfast, loyal (+)
Hedonistic, jealous, stubborn (-)

The Taurus Dog is solid and determined - they may be led, but never driven. However, if given comfort, security and an unhurried lifestyle, the Taurus dog will prove to be a loyal and faithful companion, relatively easy to train and highly unlikely to ever run away from home. Once comfortably situated, this pooch can stay put for the whole afternoon. They appreciate the finer things of life and can be possessive of what they consider to be items of personal value. They can be a relentless protector and fighter if they sense their owner is in danger or their other personal possessions are being threatened in any way . . . Physically very strong when young, this dog is prone to get fat with age, but is generally kind in nature and makes a marvellous companion for small children.

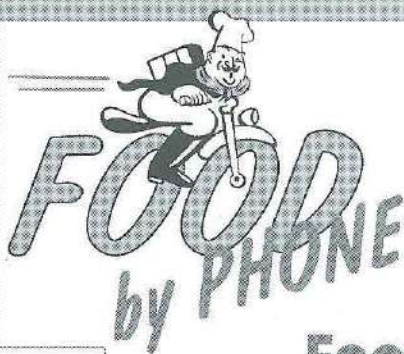


Survival tip: The Taurus dog is renowned for possessiveness, so if you want to take his bone away, think again!

Outlook for 2006: I wish I could say this is going to be a GREAT year for Taurus dogs but actually it's going to be . . . um . . . a little difficult. With squares to Saturn and Neptune lurking, things won't come easy this year - there'll be no free rides. Your Taurus pet may seem even more vague than usual and spend lots of time looking for things they've lost. And with Jupiter in opposition all year, they'll be more generous than usual too, but you just know they're going to later regret giving away their precious playthings.

If the black dog of depression is stalking your pooch, why not cheer them up? Taurus dogs love music. Set up some speakers and play them some nice classical music. Don't bring them down with Mahler - perk them up with Rimsky-Korsakov, or their perennial favourite - Beethoven - Taurus dogs love the heavy thematic content of Beethoven symphonies, especially the 3rd and the 5th!

Great food Delivered



Food by Phone offers over 3,000 different dishes from over 55 of Bangkok's finest restaurants delivered to your door Promptly

02-6634663
www.foodbyphonebkk.com





St. Patrick's Minus One!

We thought we would celebrate St Patrick's Day one day early here at the Club - St Patrick's Minus One! But would anybody come? The colourfully green Churchill Bar, complete with balloons and Irish clovers, stood waiting. Well, we didn't have to wait long - by 7pm there was hardly a nook or cranny left to stand in. I can't remember the Churchill being so full (apart from our rather wet Guy Fawkes last year). It was that busy we even had members standing out on the back lawn.

It was a marvellous atmosphere as the music and Guinness flowed. "No Fixed Abode" entertained us with their Irish banter and their excellent Irish music. And our special promotion on Guinness, Kilkenny, Jameson Whiskey and Irish Coffees had the staff frantically trying to keep up with the demand. Actually a lot of the members in the Bar were from Tennis Section - great to see so many 'poolsiders' coming along.

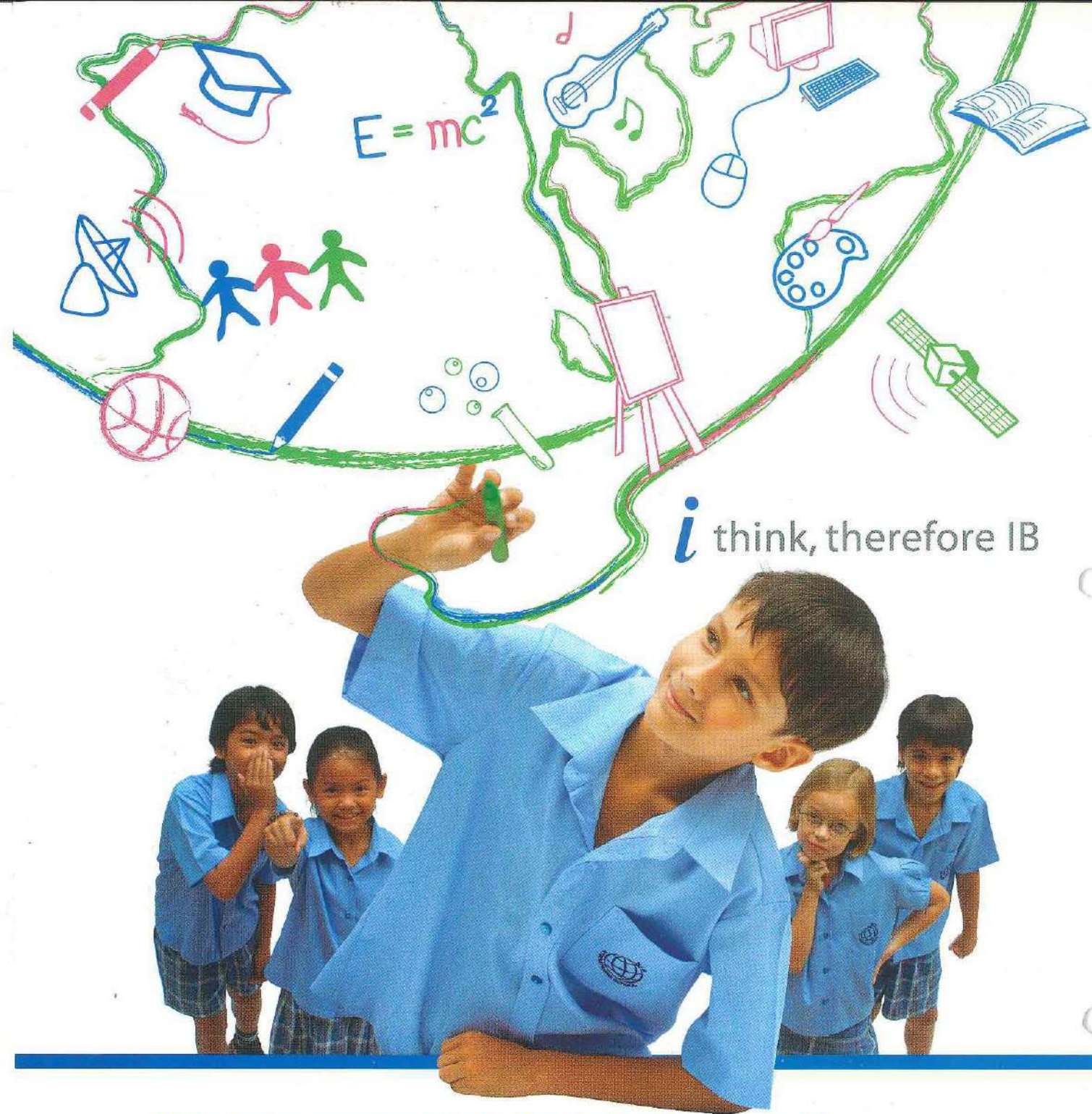
The green buffet whipped up by Khun Lak and her crew was both extensive and beautifully . . . green. Just look at the pictures!



Sod's Law struck again as one of our air-conditioners chose the busiest night to break down, but somehow, with extra fans and extra staff drafted in from all over the Club, we managed to cope. I would like to thank all members who came along for their support and understanding as we kept piling in with more tables and chairs. We even had to group people together and mix tables to get everybody in - what a great way to meet new friends?

We had a blast! Many thanks to our sponsors Guinness, Kilkenny and Jameson Irish Whiskey, and here's to the next St.Patrick's Minus One!

Barry



i think, therefore IB

Thinkers, inquirers, communicators, risk takers, knowledgeable, well-balanced, principled, caring, open-minded and reflective...qualities that are encouraged in an International Baccalaureate student... qualities that give your child the foundation to become a successful global citizen and a lifelong learner.

KIS offers the International Baccalaureate Primary Years and Middle Years Programs, leading up to the pre-university Diploma Program. By combining IB philosophies with our academically challenging curriculum, the programs promote inquiry through the quest for *knowledge* and understanding. Our teachers have the qualifications, experience and passion to ensure the individual needs and learning styles of your child are met and that they are *inspired* to be the best they can be.

The *spirit* of KIS is one of community, caring and warmth. Come and share our love of learning and zest for life that is abundant in all we do.



www.kis.ac.th

Tel +66 (0) 2274 3444

kis
International School
Knowledge Inspiration Spirit

LOOKING BACK



BURGER KING, CURRY POWDER & VELCRO

Yes . . . it was yet another record breaking **BAR QUIZ** in the Churchill Bar on Tuesday March 21st. Nine teams in all, from 'Jim's Junkies' to 'Wild Wimmin & One Lucky Man' (don't ask!), playing for the top three prizes and far more importantly the three Table Prizes of a bottle of wine donated by **Crown Relocations** and the always appreciated booby prize of a round of drinks!

Rodney Bain provided the four rounds of questions, all visually displayed so as to help, or confuse, you into getting the right answers - If you could read Arabic you would have realised the answer was 'Khaki'; if you had spotted the British Olympic Association's badge you would have realised that the disqualified runner was Linford Christie; however a T-shirt was totally unhelpful in explaining what a phillumenist collected unless the said T-shirt could fit in a matchbox!

For chocolate lovers, Rodney wanted to know which one was "just enough to give your kids a treat" . . . and no fudging your answers please; and for those into real TV, the first UK soap shown twice weekly was 'Emergency Ward 10'.

For our culinary enjoyment Barry and Khun Lak provided a '**Churchill Chippy**' menu with wonderfully prepared value portions of fish 'n' chips served in real newspaper, plus pies, sausages and, of course, Chip Shop Curry Sauce - all at special low prices to make it a great evening of fun, food, laughter and drink . . . oh yes and those ever so annoying questions.

Burger King, Curry Powder and Velcro . . . Well, guessing the invention date of two and the composition of the other would have won your table a bottle wine - ideal to wash down your Cod 'n' Chips.

With three teams within two points of 2nd, 3rd and 4th it was a close but really fun evening . . . and the final scores were . . .

1. Sinky Minky Bang Bang	144	6. Jim's Junkies	115
2. Under Par	130	7. Wild Wimmin & 1 Lucky Bloke	101
3. Some Other Team	129	8. Bookworms	93
4. Six No Trumps	128	9. BGGs	81.5
5. Bangkok Gentlemen Spoofers	126		

Paul Cheesman

REMEMBER — NEXT QUIZ — **APRIL 18th** — SENATE ELECTION EVE
Teams of 4-6 — 100 baht per player — 7.30pm kick-off



Design
with
Vision

Design with Vision

The Heights Phuket

Exclusive Residences

0 2651 9600, 076 284 289 www.theheightsphuket.com

The Heights Phuket, Project Owner: Raimon Land PLC, Registered Capital: Baht 1,349 Billion (Fully paid up), Registered address at 22nd Floor Unit 2201-3, The Millennia Tower, 62 Langsuan Road, Lumpini, Pathumwan, Bangkok 10230, Site location: on land title deed no. 35490, 38267, 38268 and lot no. 6, 57, 56 and 55, Karon District, Amphur Muang Phuket, Phuket Province, Project area: 14 Rai 0 Ngan 40.6 Sq.wah, Presently mortgaged with Siam Commercial Bank Plc. The construction permit is pending. Construction starts: Q1 2006. Expected completion : Q1 2008. Juristic person will be registered after project completion; and common area fee will be paid by buyers to the project Juristic person according to the article of association of the Condominium Juristic Person, Contact Tel. no: 0 2651 9600, Fax no: 0 2651 9514, www.raimonland.com


RAIMON LAND
developing a better environment



New Members Night

Tuesday 14th March saw our first new Members Night of the year in the Churchill Bar. Despite a slow start the Bar eventually filled up. Khun Lak and the British Club chefs catered a delicious buffet, featuring the ever-popular British Club baked ham, and Tiger Beer once again sponsored a keg of their finest to make a good night even better.

Angela Daniel introduced the new and returning members, St Andrews sent along a representative, but there was a poor turn out from our sports sections this time (probably preoccupied with their AGMs) with only Bridge and Squash represented.

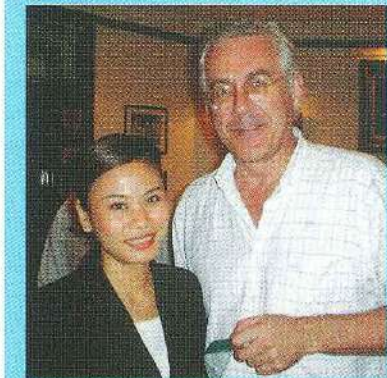
As usual, the forms filled out for *Outpost* by some of the new members yielded diverse and disconnected fragments . . . Canadian Ian Storrs is studying hard at university and intends to open a business here in the next couple of years. He lists one of his hobbies as motorcycle racing, which couldn't be more different from his partner Siriporn's hobby of "watching soap operas" - but Siriporn is active in the sport of "shopping". Mark Lacy works for the US military (you don't have to salute) and his partner Julie is a microbiologist with the US Center for Disease Control, so maybe she's the one to ask about bird flu?

Marcel Dubbelman is a Dutch businessman (I would tell you more if I could read his writing) who has worked in Spain and Yugoslavia, among other places, and has a fondness for antiques, music and "old vessels". Englishman Martin Carter is a solicitor by occupation but is mad keen on share trading and plans to teach his 3 year-old how to day trade on the stock market, which sounds jolly useful. Last but certainly not least are the Australians: Gordon & Helen Smith, both retired; and Stephen Gabbott, Vicar of Christ Church (in Convent Road) and his partner Marion, whose occupation is stated as "kept woman" (but apparently she helps her husband with lots of "church stuff").

A warm welcome to all the new members and we hope to see you around the Club in the near future.

New Member Nights are held bi-monthly, the next one being on Tuesday, May 9th. Apart from serving to introduce the Club's newest members, they're also a great way to catch up with friends down at the Club for a night of good hearted fun. Who knows, you might just be encouraged to join in a game of spoof, which is rumoured to take place later in the evenings . . .

Hope to see you at the next one,
Barry



... and a Flippin' Good Time was had by All





We celebrated Shrove Tuesday in style here at the Club, with a full programme of racing and over 50 deluxe pancakes consumed by the spectators, the most popular being the Lamb and Avocado pancake - very posh. Who says British grub is boring and bland?

Despite a slow start in bookings, about seventy members showed up and joined in the fun. In the evening we held our very first pancake races (well, since I've been here anyway) on the back lawn. Winners and place-getters received our very own British Club Pancake Olympic Medals - made by our Artistic Designer and Photographer Extraordinaire Khun Ben.

The pancake race programme went off with a bang thanks to the various organisers, housekeepers, peacekeepers, timekeepers and judges. We had mums' races (no dads wanted to race), kids' races, three-legged races, sack races and lots more. We even commissioned the Club's chefs to leave the kitchens for once and toss those flippin' pancakes. Judging by members' comments - and looking at the photos - everyone had lots of fun.

Many thanks to Angela Stafford and her team from the BNH Hospital for showing up. Not only did they provide their medical services for free but they were great sports and also took part in the races. The overall winner of the Prized Frying Pan was Bundit and Janejila Suriyaburaphakul. Congratulations to you both.

The pancake cuisine was all prepared by the Club's staff: there were Spinach and Mushroom pancakes, fried pancakes, grilled pancakes, baked pancakes (no boiled pancakes) Strawberry and Mango pancakes and even Thai pancakes with Penang Curry and my favourite Som Tum and Sticky Rice pancake. (Well, when in Thailand . . .)

I would like to thank all the staff for really pulling together and making the Event such fun. I would also like to say a big thank you to all the members who showed up and joined in. I really believe that it's events like these that give the Club its life.

We are already planning for next year's races, so start practicing.


Barry

BC CALENDAR APRIL – The Month at a Glance

Sunday

<p>30 Lord's Restaurant 12noon-3:00pm Family Carvery</p> <p>Silom Room 1:00-3:30pm Children's Activities</p>	<p>Wordsworth Lounge 3:00-4:00pm Yoga</p> <p>3:00-6:00pm Cricket Practice</p> <p>Suriwongse Room 7:30-8:30 SALSA Classes</p> 	<p>2 Churchill Bar 10:00am FORUMULA ONE Australian GP</p> <p>10:30am-2:15pm Squash Mix-in</p> <p>Lord's Restaurant 12noon-3:00pm Family Carvery</p> <p>Silom Room 1:00-3:30pm Children's Activities</p> 	<p>Wordsworth Lounge 2:00pm VDO Doctor Who</p> <p>Clubhouse (somewhere upstairs) 3:00-4:00pm Yoga</p> <p>3:00-6:00pm Cricket Practice</p> <p>Suriwongse Room 7:30-8:30 SALSA Classes</p> 	<p>9 Churchill Bar 10:30am-7:00pm ONE-DAY CRICKET (Match 3)</p> <p>Lord's Restaurant 12noon-3:00pm Family Carvery</p> <p>Silom Room 1:00-3:30pm Children's Activities</p>
--	---	--	--	--

Monday

	<p>3 9:00am-12noon BWG Mahjong</p> <p>6:00-10:00pm Tennis Match Play</p>	<p>Churchill Bar 10:30am-7:00pm ONE-DAY CRICKET (Match 1)</p> 	<p>10 9:00am-12noon BWG Mahjong</p>
--	---	--	--

Tuesday

	<p>4 8:00-11:00am Tennis Ladies Mix-In</p> <p>7:00-9:00pm Football Practice</p>	<p>Churchill Bar 5:30-9:00pm Friendly Bridge</p> <p>7:00pm-late Spoofing</p>	<p>11 8:00-11:00am Tennis Ladies Mix-In</p> <p>7:00-9:00pm Football Practice</p>
--	--	--	---


Wednesday

<p>Have you found the FIVE Easter Eggs hidden in this issue of <i>Outpost</i>? Easter prizes to be won! See page 3 for details. HINT: You may need a magnifying glass . . .</p>	<p>5 6:00-10:00pm Tennis Mix-in</p> <p>Cricket Practice 6:00-8:30pm</p> <p>CHIVAS</p>	<p>Churchill Bar Lunch & Dinner Carvery Buffet</p> <p>7:00 & 8:00pm PERNOD RICARD ACCUMULATOR 7:30pm Chivas Regal Bottle Draw</p>	<p>12 6:00-10:00pm Tennis Mix-in</p> <p>Cricket Practice 6:00-8:30pm</p> <p>Churchill Bar 10:30am-7:00pm ONE-DAY CRICKET (Match 4)</p>
--	---	--	--



Thursday

	<p>6 8:00-11:00am Tennis Ladies Mix-in</p> <p>Churchill Bar 10:30am-7:00pm ONE-DAY CRICKET (Match 2)</p> <p>10:30-11:30am Aqua Aerobics</p> <p>5:15-9:00pm Squash Mix-in</p>	<p>7:00-9:00pm Rugby Practice</p> <p>9:00-11:00pm Hockey Practice</p> <p>Wordsworth Lounge 2:00pm VDO Doctor Who</p> <p>Churchill Bar 6:00-9:00pm Chess</p> 	<p>13 8:00-11:00am Tennis Ladies Mix-in</p> <p>10:30-11:30a Aqua Aerobics</p> <p>5:15-9:00pm Squash Mix-in</p> <p>7:00-9:00pm Rugby Practice</p>
--	--	--	---

Friday

	<p>7 6:00-10:00pm Tennis Mix-in</p>	<p>Churchill Bar Lunch & Dinner T.G.I.F. CURRY BUFFET</p> <p>Silom Sala 7:00-9:00pm Kids' VDO</p>	<p>14 6:00-10:00pm Tennis Mix-in</p> <p>SONGKRAN SPLASHDAY OUT Leave BC at 9:00am</p> 
--	--	--	--

Saturday

<p>1 9:00am-1:30pm Junior Swimming Classes</p> <p>9:30am-12noon Cricket Practice</p>	<p>8 9:00am-1:30pm Junior Swimming Classes</p> <p>9:30am-12noon Cricket Practice</p> 	<p>12:00-1:00pm BODY COMBAT starts (Venue: call Hanni)</p>	<p>15 9:00am-1:30pm Junior Swimming Classes</p> <p>9:30am-12noon Cricket Practice</p> 
---	---	---	--

<p>Wordsworth Lounge 3:00-4:00pm Yoga</p> <p>3:00-6:00pm Cricket Practice</p> <p>Suriwongse Room 7:30-8:30 SALSA Classes</p> 	<p>16 EASTER SUNDAY FUN DAY From 11:00am at the Club</p> <p>Lord's Restaurant 11:30-3:00pm EASTER SUNDAY BRUNCH</p> <p>Silom Room 1:00-3:30pm Children's Activities</p>	<p>Suriwongse Room 3:00pm Children's VDO</p> <p>Wordsworth Lounge 3:00-4:00pm Yoga</p> <p>3:00-6:00pm Cricket Practice</p> <p>Suriwongse Room 7:30-8:30 SALSA Classes</p> 	<p>23 ST. GEORGE'S DAY From 11:30am at the Club</p> <p>Lord's Restaurant & Churchill Bar 11:30-3:00pm SUNDAY BRITISH BUFFET</p> <p>Silom Room & Front Lawn 1:00-3:30pm Children's Activities</p> <p>Suriwongse Room 3:00pm Family Movie</p>	<p>Wordsworth Lounge 3:00-4:00pm Yoga</p> <p>3:00-6:00pm Cricket Practice</p> <p>Churchill Bar 6:00pm FORUMULA ONE San Marino GP</p> <p>Suriwongse Room 7:30-8:30 SALSA Classes</p> 
<p>6:00-10:00pm Tennis Match Play</p>	<p>17 9:00am-12noon BWG Mahjong</p>	<p>6:00-10:00pm Tennis Match Play</p>	<p>24 9:00am-12noon BWG Mahjong</p>	<p>6:00-10:00pm Tennis Match Play</p>
<p>Churchill Bar 7:30-9:00pm Friendly Bridge</p> <p>7:00pm-late Spoofing</p>	<p>18 8:00-11:00am Tennis Ladies Mix-In</p> <p>7:00-9:00pm Football Practice</p> 	<p>Churchill Bar 5:30-9:00pm Friendly Bridge</p> <p>7:00pm BAR QUIZ NIGHT</p>	<p>25 8:00-11:00am Tennis Ladies Mix-In</p> <p>7:00-9:00pm Football Practice</p>	<p>Churchill Bar 5:30-9:00pm Friendly Bridge</p> <p>7:00pm-late Spoofing</p>
<p>Churchill Bar Lunch & Dinner Carvery Buffet</p> <p>7:00 & 8:00pm PERNOD RICARD ACCUMULATOR 7:30pm Chivas Regal Bottle Draw</p>	<p>19 6:00-10:00pm Tennis Mix-in</p> <p>Cricket Practice 6:00-8:30pm</p> 	<p>Churchill Bar Lunch & Dinner Carvery Buffet</p> <p>7:00 & 8:00pm PERNOD RICARD ACCUMULATOR 7:30pm Chivas Regal Bottle Draw</p>	<p>26 6:00-10:00pm Tennis Mix-in</p> <p>Cricket Practice 6:00-8:30pm</p> 	<p>Churchill Bar Lunch & Dinner Carvery Buffet</p> <p>7:00 & 8:00pm PERNOD RICARD ACCUMULATOR 7:30pm Chivas Regal Bottle Draw</p> 
<p>9:00-11:00pm Hockey Practice</p> <p>Churchill Bar 7:00-9:00pm Chess</p> <p>Wordsworth Lounge 7:00pm VDO NIGHT MORSE</p> 	<p>20 8:00-11:00am Tennis Ladies Mix-in</p> <p>10:30-11:30am Aqua Aerobics</p> <p>5:15-9:00pm Squash Mix-in</p> <p>7:00-9:00pm Rugby Practice</p>	<p>9:00-11:00pm Hockey Practice</p> <p>Churchill Bar 6:00-9:00pm Chess</p>	<p>27 8:00-11:00am Tennis Ladies Mix-in</p> <p>10:30-11:30am Aqua Aerobics</p> <p>5:15-9:00pm Squash Mix-in</p> <p>7:00-9:00pm Rugby Practice</p>	<p>9:00-11:00pm Hockey Practice</p> <p>Churchill Bar 6:00-9:00pm Chess</p> <p>Wordsworth Lounge 7:00pm VDO NIGHT "CALENDAR GIRLS"</p>
<p>Churchill Bar Lunch & Dinner SONGKRAN BUFFET</p> <p>Silom Sala 7:00-9:00pm Kid's VDO</p>	<p>21 6:00-10:00pm Tennis Mix-in</p>	<p>Churchill Bar Lunch & Dinner T.G.I.F. CURRY BUFFET</p> <p>Silom Sala 7:00-9:00pm Kids' VDO</p>	<p>28 9:00am Extra JUNIOR SWIMMING CLASSES start</p> <p>6:00-10:00pm Tennis Mix-in</p> 	<p>Suriwongse Room 6:00-9:00pm WINE TASTING</p> <p>Churchill Bar Dinner TEX-MEX BUFFET</p> <p>Silom Sala 7:00-9:00pm Kids' VDO</p> 
<p>Churchill Bar 10:30am-7:00pm ONE-DAY CRICKET (Match 5)</p> <p>12:00-1:00pm BODY COMBAT (Venue: call Hanni)</p>	<p>22 CHOKCHAI FARM DAY OUT Leave BC at 7:45am</p> <p>9:00am-1:30pm Junior Swimming Classes</p> 	<p>9:30am-12noon Cricket Practice</p> <p>12:00-1:00pm BODY COMBAT (Venue: call Hanni)</p> 	<p>29 Front/back lawn 8:30am-12:00 midday SOCATOTS!</p> <p>9:00am-1:30pm Junior Swimming Classes</p> 	<p>9:30am-12noon Cricket Practice</p> <p>12:00-1:00pm BODY COMBAT (Venue: call Hanni)</p>

General Committee Proposals for

Club Development

Thank you to everyone who came to the Discussion Forum on British Club Development, 27th February 2006. It was a very positive meeting and it appears that the majority really want to move forward. As discussed, the proposals are all displayed in the Snooker Room, together with copies of the presentation both on paper and on CD. If you couldn't make the meeting please, please take the time to pick up the information and review it. In order to move forward we need to know what you want for your Club. The proposals we have drawn up address the whole site and are intended to maximise the use of our existing resources without compromising our 'green oasis'.

In addition they consider the needs of all members:

- **Sporting Players**
- **Recreational Users**
- **Families**

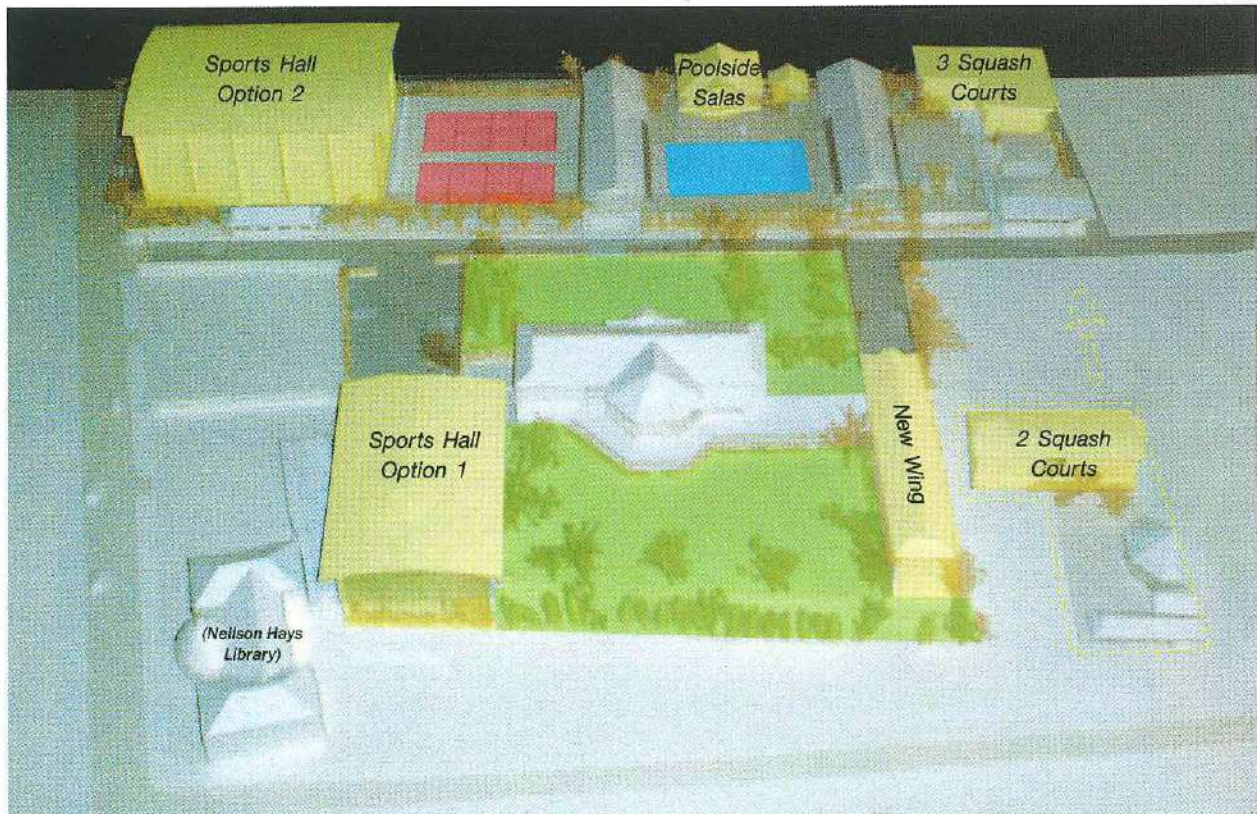
And as such they benefit all members.



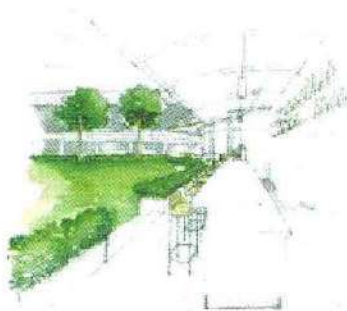
Included below are some of the main points from the presentation:

1. CLUBHOUSE

The Clubhouse is a classic colonial building that provides a dramatic centrepiece to the Club site. It is arguably underused and expensive to maintain. The following proposals aim to better utilise the whole building.



Site Plan showing major proposed buildings (in yellow).



The Verandah Bar

1.5 UPSTAIRS

- **Teenager Facility** (called "BC Click") in the current staff offices
- Suriwongse Room no change (Functions)
- Silom Room no change (Meetings)

BENEFITS OF PROPOSED CLUBHOUSE PLANS:

1.1 DOWNSTAIRS - The Verandah Bar

- Sports and Family facility
- Incorporate small terrace and tables
- Casual, non-smoking

1.2 DOWNSTAIRS - The Churchill Bar

Churchill Bar moves to site of current Lord's Restaurant

Traditional/contemporary pub environment

- Smoking
- No children

1.3 DOWNSTAIRS - Snooker Room + Membership Services

The current Snooker Room will accommodate two facilities:

- Snooker Room (with 1 table)
- Membership Services

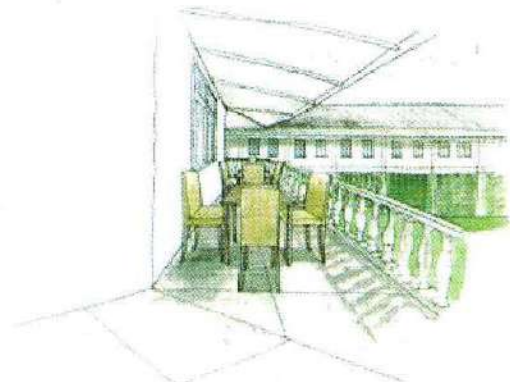
1.4 UPSTAIRS - Lord's Restaurant

- The Lord's Restaurant will be moved to the site of the current Wordsworth Room
- It will incorporate the upstairs balcony
- It will be serviced via a Dumb Waiter

- ✓ Maximise use of all available space
- ✓ Retain all existing Member facilities
- ✓ Relocate Membership/Accounts to a more accessible position
- ✓ Gain a new F&B outlet catering to both families and sports members
- ✓ Gain a new family facility catering to the 12-year plus age group



NEW WING



2. NEW WING

This proposed addition to the existing Clubhouse would:

- Centralise the majority of operational and administrative functions (staffrooms, offices, stores of food & equipment)
- Free up development space across the site
- Upgrade currently inadequate facilities.

3. ROADWAY

Expanding the Clubhouse facilities will increase foot traffic on the site. As such, we need to look at how to make the traffic crossing safe. The proposal is to move the main traffic thoroughfare from the road at the front of the Clubhouse to the road alongside the pool area because:

- There is no blind spot
- Can incorporate additional gates and paths to control foot flow.



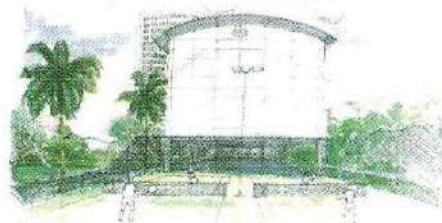
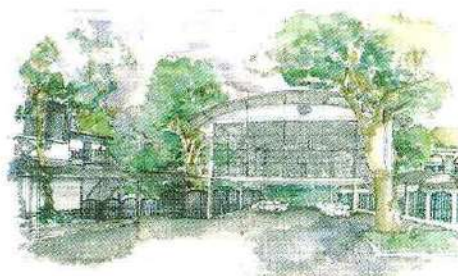
POOL AREA – BUILDINGS & SURROUNDS

4. POOL AREA – BUILDINGS & SURROUNDS

The key development idea is to replace the existing poolside block housing the changing rooms, gym, kitchens and squash courts with a series of independent units. This will improve the look of the area and give increased seating at the Poolside Pavilion.

4.1 KITCHEN/GYM BUILDING & MESSAGE SALA

- Build a new colonial style unit against the perimeter fence midway between the two Salas
- Extended Kitchen downstairs
- Extended Gym upstairs
- Massage Sala against the perimeter fence between the new kitchens and the Silom Sala
- Refurbish existing poolside deck



INDOOR SPORTS FACILITY

4.2 SQUASH COURTS

To be positioned in the corner of the children's play area where the Table Tennis table is currently. There are options for either three or two squash courts.

- Glass backed
- Air-conditioned
- Viewing gallery

4.3 SURIWONGSE/SILOM SALAS

- Single storey extension to each Sala
- Run back from the existing service counters to the perimeter
- Suriwongse extension will incorporate the Men's changing facilities
- Silom extension will incorporate the Women's/Children's changing facilities

4.4 CHILDREN'S PLAYGROUND & POOL

- Redesign pool area and playground facilities

- Incorporate air-conditioned family room adjacent to the playground

5. INDOOR SPORTS FACILITY

Inclusion of a Sports Hall Facility will enable us to:

- Accommodate Rugby/Football/Hockey training, thereby freeing up two of the tennis courts
- Bring sports like Badminton on site
- Develop additional sports such as Netball, Volleyball, Basketball

Current thinking is that this would be an open-air facility incorporating some form of mesh walling to contain the balls. There are currently two potential sites under review (see Site Plan):

OPTION 1: Located on the back car park adjacent to the Neilson Hays Library. Parking would be retained at ground level, with the Hall elevated above the parking area.

OPTION 2: Located at the Suriwongse end of the tennis playing area, this option would incorporate two indoor tennis courts as well as another two tennis courts on the roof. It is recommended that this Hall also be elevated to incorporate parking underneath.

So a lot to think about! We have costed the various options and firmly believe that it is feasible to fund development on this scale. We are now reviewing the financial models developed alongside these proposals and are working on a plan to source the necessary funds for long-term development. Members will be invited to a meeting soon to discuss these options.

However, as we currently have available cash in the bank, we can make a start on the development programme. So, as previously stated, please pick up copies of the proposals and review them. There will be another Discussion Forum in the next few weeks and at that time we hope to agree a clear way forward.

GC Development Sub-Committee 2005/2006



The Pickfords name began in England over 400 years ago.
 Now the largest relocation company - In England and Worldwide.
 800 offices in 43 countries - Over 80 offices in UK alone

gentle handling.
 meticulous packing.
 cast iron stomachs.

relax.
 we carry
 the
 load.

ALLIED
PICKFORDS
The Careful Movers™

50/808 Moo 3, Soi La Salle 34, Sukhumvit 105, Bangna, Bangkok 10260, Thailand
 Tel : (66) 2 361 3961, Fax : (66) 2 361 3962 E-mail : info@alliedpickfords-thailand.com



HANNI'S HOT POT



Hot, hot, hot Many of you may notice my absence for the first half of this month. I am running off to England to escape the heat, but hope you all enjoy Songkran!

Apologies to all the mums for the lack of sports camp in my absence! We will do one soon, I promise!

And now, a special announcement:

It is COMPULSORY that all small children wear WATERPROOF SWIM NAPPIES in both the big and small pools. If members do not have access to these, they are available at the Fitness Centre for 50 baht each.

It is both expensive for the Club and an inconvenience to other members if we have to close a pool for chemical treatment after it has been contaminated.

Phew! Hopefully, we won't have any more FCIs* for the rest of the year.


Well, there's a great deal happening, as per usual here at the Club. Here's some info on what's been happening and what's coming up:

BODY COMBAT (not for the faint hearted!):

**THE ultimate
Martial arts workout**

The COMBAT

**By
Nicky**



Starts April 1st 2006 @ 12:00-13:00

A chance to work up a real sweat! We will be starting a new programme this month. Body combat is a fast pace, high impact cardiac based workout. It mixes martial arts kicks and punches with (loud) music and a bit of hard work! Our instructor Nicky will have you exercising muscles you didn't know you had! The course is at beginner level and costs 2,000 baht for six sessions. There will be a free trial on April 1st from 12.00 - 1.00 pm, and classes will begin the following Saturday (8th April) and go until 13th May. All signing up for this is through the Fitness Centre.

BRITISH CLUB MOVERS!:

Thanks to all those members who came along to our Sunday salsa in March. These classes are continuing this month and have proved very popular. Everyone is very impressed with their progress, thanks to the fantastic teacher "Khun Somoo" from "Le Studio Art of Dance". We will be working with "Le Studio" more in the future and hope to bring you other classes including ballroom dancing, tango, bachata and even ballet! The

classes are great fun and a good way to get to know other members. If there is a particular dance you would like to learn, please call/email me and I'll see if we can arrange it for you!

SOCATOTS:

Well, well, well. What a success this was! The Socatots course proved extremely popular with B.C. members with a maximum cute factor I think! We all enjoyed the 10 weeks of soccer skills with coaches Orlando and Val. Thanks guys.

The First Season of soccer tots was rounded off with our Socatots 'wrap up party' on Saturday March 18th. See photos page 28 and the front cover!

We will have a second course of Socatots here at the Club, this time with an extra class for the extra little ones! Details and times below:

- Saturday 29th April - Saturday 1st July
- 8.30 - 9.00 am = walking to 2's
- 9.00 - 9.45 am = 4 and 5 year olds
- 9.45 - 10.30 am = 3 year olds
- 10.30 - 11.15 am = 2 year olds

Prices for the new course will be 2,500 baht for 10 weeks (walking to 2's) and 3,000 baht for 10 weeks for all the other age groups.

SQUASH AGM:

The squash AGM (Annual General Meeting) was held last month on the front lawn of the Club. The Committee was re-elected as the following: Jayne Mellor; James Crossley Smith; Peter Corney; Chris Browning; David Eastgate; Jack Dunford; and (the unanimously voted) Tom Annas.

Standing down was John Vivian: thanks for all the hard work, John.

More about the AGM in 'Squashy Bits' next month.

EXTRA SWIMMING CLASSES on FRIDAYS:

For any members who cannot make the Saturday swimming classes, there's good news: Bangkok Dolphins will be starting Friday classes as of April 28th - usual 30-minute length, starting 9am.

CANCELLATION TIMES:

Finally a request to members: Please be aware that if you book a massage here at the Club and cancel within 5 hours, you will still be charged the price of the massage. If you cancel a booking with a British Club knocker within 24 hours, you will still be charged the knocker's hourly rate.

This is British Club policy and I would like members to be aware of the charges. However, I am always available to answer any questions, or listen to any suggestions.

TOWEL USE IS NOW FREE:

Members will be pleased to hear that the annoying 10-baht towel rental charge has been abolished (that's the one that appears on your monthly invoice under "movement of hire property"). Towels are now free to use - available from the Fitness Centre.

Well, that's about it for this month. Happy Songkran, see you in May! :)



GORDON ELLARD, BANGKOK DOLPHINS

All of you who venture to the Club on Saturdays will be familiar with Gordon's face and his splashing around with the kids. Here's some facts behind the face you know so well:

Hanni: So Gordon, I've noticed that your Thai is pretty good. I guess you must have been here a while?

Gordon: I've been in Thailand all my life.

H: Were you born here?

G: Yep, in a little fishing village in the South called Saiburi. I was at boarding school and university in the UK, but came back to Thailand once I had graduated.

H: So tell me a bit about your company "Bangkok Dolphins":

G: Bangkok Dolphins was established in 1997 with 30 children - we now teach over 1000 children to swim per week through our schools programme and private lessons. Things have grown and we are really proud of the quality of lessons that we supply.

H: Tell me something special about Bangkok Dolphins:

G: Well, we are Bangkok's only internationally recognised swim school for a start.

H: And how many people do you have to help you?

G: There are six staff in total, and all our teachers all go through intensive training above and beyond their formal qualifications from their own countries. We are convinced that our uniformed way of teaching has been a very positive point for us. Our certified programme reinforces the fact that we are structured, professional and of course fun.

H: So how long have you been coaching here at the Club?

G: I have been at the B.C. a long time. As a young child my family and I would catch the bus here to swim on a Saturday and I'm still here swimming . . . so I've been here about 26 years.

H: As long as I've been alive then!!

G: Yeah, thanks Hanni!! Anyway, moving on . . . it's nice having been here so long. I'm constantly reminded by some of the long term kitchen and sala staff that always joke to me that they knew me when I was "this high". I've been teaching swimming here for about six years.

H: Do you like working at the Club?

G: Yeah I do. Being here on a Saturday morning is great fun. Seeing families out together having a good time really brightens up the day. I also enjoy the fact that some fathers get involved with the lessons, as mostly during the week they cannot come. The Club itself seems to have gelled more in the last 12 months and as a result our lessons are popular and well organised.

H: So, is there anything new coming up next term?

G: Yep. We will be starting Friday classes as of April 28th for any members who cannot make Saturdays.

H: One last thing Gordon, tell us a little about the guy that helps you on Saturdays.

G: Oh that's Ake. He has been with Bangkok Dolphins for 2 years and is married to another swim instructor 'Carmen'. The funny thing about Ake is that he can't sink - I'm not joking. Some people can't float . . . Ake can't sink.

Next time you see him, ask him!

H: Thanks very much Gordon for all your hard work.



Party time for the Socatots!



The First Season of Socatots wrapped up on Saturday 25th March and what a success it has been!

Due to a clash with our annual trip to Disney on Ice, the Socatots' Wrap-up Party was held a week early on the 18th. All the kids who took part were champions so they were all presented with Socatots Medals and Certificates, but not before they had munched away on a buffet of pizzas, nuggets, and other goodies, followed by a special Socatots cake.



A great day, and indeed a great front cover, I'm sure you'll agree. Well done to all the mums and dads for participating and (judging by the progress of all the children) practicing all those 'jumping beans and aeroplanes' at home too!!

The Socatots programme has been a great success at teaching toddlers confidence with the ball. Many of the kids who took part are also having swimming lessons here at the Club with Gordon Ellard and The Bangkok Dolphins.



The Socatots second season KICKS OFF at the end of April (see the poster this page and Hanni's Hotspot). If you are interested in this programme, the swimming lessons, or any other course offered by the Club, just give a call to the staff in the Fitness Centre and they can fill in the details for you. Or if any members have a good idea for a new activity here at the Club please just let us know.

So if you have a budding Beckham or Owen in your family join us each Saturday on the front lawn of the Club and watch their progress.



Socatots



The World's First and No.1 Soccer Play Programme for children from 6 months to 6 years

- * Specially Designed Equipment
- * Parental Participation
- * Supervised, Qualified Staff
- * Great fun and a playful yet educational atmosphere

Please contact Hanni for further information

10 week course starting Saturday 29th April
www.socatots.com/bangkok

Saturdays 8.30am - 9am (walking to 2's)
9am - 9.45am (4 and 5 year olds)
9.45am - 10.30am (3 year olds)
10.30am - 11.15am (2 year olds)
Cost 3,000 Baht for the 10 week course
(2,500 for the walking to 2's session)



POOLSIDE FOOD & BEVERAGE MEMBER SURVEY



Thank you to all those members who responded to our Poolside F&B Survey. The results of the survey are outlined below and have provided management with some good insight into current attitudes concerning poolside food & beverage. There are certainly some areas that are in need of improvement, and these are highlighted below along with management comments and action being taken.

Profile of respondents:

- 67% primarily ate & drank at Poolside; 8% primarily ate & drank in the Clubhouse; 25% used both facilities equally
- 70% ate or drank at the poolside twice a month or more; 30% ate or drank at the poolside once a month or less
- 55% used the facilities at weekends; 28% used the facilities on weeknights; 17% used the facility on weekdays
- 32% came for sport; 30% came for family activities; 22% to relax & swim, 15% to dine & other activities

	No. of Respondents	Very good/ good	Could be improved/Poor	Management Comments
Choice of food	102	79%	21%	Encouraging, but we can still make improvements.
Quality of food	101	82%	18%	Very encouraging. We will endeavour to maintain the standards achieved.
Choice of healthy options	97	57%	43%	We plan to add more healthy options and light salads into a more balanced menu.
Choice of children's items	68	43%	57%	We have already introduced a new children's menu offering a wider and healthier choice of foods. We plan to change this regularly based on members' feedback.
Choice of beverages	96	85%	15%	While members seem very satisfied, we are introducing a new range of drinks called "Healthy Smoothies" These are made from fresh fruit and vegetables eg. Carrot/beetroot juice, Lychee/Mint etc. The Lassies which were introduced 2 years ago remain popular.
Service	100	60%	40%	While the majority seem satisfied, this is certainly an area of concern and particularly in light of many additional comments suggesting that service is erratic. Once a new F&B Manager is on board, a new training programme for all F&B staff will be a priority. We will also ensure that enough staff are on duty at peak hours and weekends.
Environment	100	77%	23%	Despite a quite high level of satisfaction, some members are concerned about cleanliness. Cleaners are to be put on new schedules and will be at poolside during peak times.
Value for money	101	63%	37%	While the majority believe value for money is good, we feel that there is still more work to be done. Specifically, we are reviewing our current F&B suppliers to find the best quality local produce at the most competitive prices.

	No. of Respondents				Management Comments		
Size of food portions	98	13%	87%	0	We seem to have got this about right, however many members have asked us to re-introduce two sizes of salads, as well as a choice of sandwiches with or without the French fries. Both these suggestions will be implemented on the new menus.		
More choices	83	11%	14%	9%	23%	43%	More Western and Thai daily specials have been introduced as well as a new children's menu. More healthy options will be completed soon.
Buffet/BBQ at weekends?	92	39%	61%				While there was not overwhelming demand, the poolside BBQ has been re-introduced back in its original location to help ease pressure on the pool kitchen. It has a smaller menu, which will change more often.
More daily specials?	91	57%	43%	40%	60%		We now have a daily special from the Churchill Bar. Thai specials are being upgraded and will not be repeated as often. At weekends there will be the BBQ, five Thai specials and a Western Special.



Summary

As a result of the F&B Poolside survey and members' comments generally, we will soon introduce a new poolside menu with a larger selection of healthy choices, including more fish and salad dishes. We have already introduced a new children's menu and a daily Western special. We have also changed staff schedules to ensure that enough staff are on duty during busy periods, and we will be extending the opening time of the salas during weekday evenings. Last Food orders will remain at 9:30 pm, but members may order drinks up to 10:30 pm in the Suriwong Sala which will close at 11:00 pm.

Improving our F&B service is of paramount importance and staff training will be a priority for the new F&B Manager. Food costing and pricing will be done on a more regular basis in line with current economic conditions. Our aim is to provide casual, al fresco dining using the best quality local produce at the most competitive prices. More 'Specials' will be offered based on seasonal/economic opportunities.

There are also comment cards on all tables where members can also suggest favourite food dishes or make comments and suggestions. We regularly review all these comment cards as they help us to gauge member satisfaction as well as to plan future menus. So please do continue to give us your views. Thank you!

The respondents' top 5 favourite food items on the menu:

1. Salads, specifically Thai, Greek & Pasta
2. Thai Food, specifically Phad Thai
3. All Day Breakfast
4. Fish & Chips
5. Indian Curry

The top 5 dishes members would like to see on the menu

1. More healthy options
2. More children's options
3. More salads
4. More Western specials
5. Fish



Regular Sports, Games & Activities

Aerobics

Monday 10:00-11:00am - Squash Court 3

Aqua Aerobics

Thursday 10:30-11:30am

Body Combat

Six classes: 8 April to 13 May
Saturday 12:00-1:00pm

Bridge

Tuesday 5:30-9:00pm - Churchill Bar

Chess

Thursday 6:00-9:00pm - Churchill Bar

Cricket

Wednesday 6:00-8:30pm Practice - Back lawn
Saturday 9:30-midday - Back lawn
Sunday 3:00-6:00pm - Back lawn

Dance

Ten Salsa classes: 5 March to 7 May
Sunday 7:30-8:30pm Suriwongse Room

Football

Tuesday 7:00-9:00pm Practice on the Tennis Court

Hockey

Thursday 9:00-11:00pm Practice on the Tennis Court

Rugby

Thursday 7:00-9:00pm Practice on the Tennis court

Socatotots

Second ten-week course : 29 April to 1 July
Saturdays on the Front Lawn:

8.30-9.00am (walking to 2's)
9:00-9:45am (4 & 5 year olds)
9:45-10:30am (3 year olds)
10:30-11:15am (2 year olds)

Spooling

Tuesday 7:00pm until late - Churchill Bar
(except on New Members Nights - move to Silom Soi 4)

Squash

Thursday 5.15-9.00pm Mix-in
And 1st Sunday of every month 10:30am-2:15pm

Swimming

Saturday 9:00am-1:30pm Junior classes

Tennis

Match Play

Monday 6:00-10:00pm

Mix-in All Standards

Wednesday 6:00-10:00pm
Friday 6:00-10:00pm

Ladies Mix-in

Tuesday 8:00-11:00am
Thursday 8:00-11:00am

Yoga

Sunday 3:00-4:00pm in Wordsworth Room

Sports/Activities Price List

Aerobics

Bt 3,500 for 10 lessons of 1 hour

Aqua aerobics

Bt 350 per session

Body Combat

Bt 2,000 for six classes

Cricket

Use of cricket nets - Bt 300 day/Bt 500 evening if lights needed

Dance - Salsa

Bt 3,500 for ten classes

Massage

Thai massage/foot massage - Bt 250 per hourly session

Socatotots

Bt 2,500 for ten classes (walking to 2's)

Squash

Bt 3,000 for ten classes (2's, 3's, 4 & 5's)

Private coaching with David Lines - Bt 700 per 45 min; group session

Squash courts

Bt 1200 per 45 min

Swimming

Bt 30 per 45 min

Tennis courts

Classes with Bangkok Dolphins - Bt 3,500 for 10 lessons of 30 min

Bt 30 per hour am/Bt 90 per hour pm

Hourly knocking sessions with - Khun Kaew (Bt 500), Khun Tom (Bt 400), Khun Phon (Bt 300), Khun Champ (Bt 250)

Yoga

Bt 350 per lesson

All sporting activities can be booked through the Fitness Centre. For Churchill Bar games - just show up!

Squashy Bits

We seem to have been a bit diverted lately, so let's see if we can find some real Squash news this month!

Squash Section AGM

By the time you read this, the Squash Section AGM and barbecue will have been held on 12th March, the electioneering will be over and the nerve-jangling wait to see who gets on the Section Committee will be over. With only one party standing the result is probably a foregone conclusion, but . . . will the "No vote" throw us into constitutional crisis!!! . . . more on this next time.

The Welsh Dragon Strikes

You probably all think Marvellous Marvyn Lewis is a nice quiet little boyo who wouldn't harm a flea. Well you are wrong. I was just heroically hauling a game back to 5-all the other day when Marvyn smacked me in the chops with a backhanded upper cut, knocking me out, crashing me on my back and sending me off to hospital for 7 stitches in a decidedly not stiff upper lip. "Sorry", said Marvyn with a big grin on his face! I have to say the Bangkok Christian Hospital was fantastic though. Probably half the cost of the fancier places around town, but still with lots of giggling nurses to hold my hand, in and out in about 30 minutes. And now I have Marvyn's mark sealed in my lips to remember him forever. Wow!

League winners

Congratulations to the winners of **January League # 203: Division 1 Ja Chaturan; 2 Nick White; 3 Bill Randall; 4 Ray Coleman; 5 Jayne Mellor.** And **February League # 204: Division 1 Chris Browning; 2 Neil Evans; 3 Frank Flatters; 4 Jayne Mellor.**

Singapore Island Country Club

The BCB took on the Singapore Island Country Club (SICC) on 20th January and skipper Chris Browning reports:

"In a match that truly went 'to the wire' the BCB squash team won by 4 games to 3. We knew that this would be a strong team at the top with two former Singapore Internationals, Zainal Abidin and Patrick Thio playing for SICC at 1 and 2.

First up was Charles Whitely, who took an early lead and put his usual Trojan effort into the contest. His opponent, Vince Wee, played some tidy squash to pull level. Charles was struggling, but managed to get 3 match balls. But sadly he could not convert them and went down 3-2.

James told me he had had a coaching lesson with Zainal a few years ago, in Singapore, and that he had paid for a useful session, but really did not know where the ball was going off Zainal's racquet. From James's point of view things had changed for the better; he still did not know where the ball was going and it still felt like a lesson, but this time it

was free - an exciting performance as Zainal won 3-0. Zainal is an unusually gifted guy who has put a lot into squash throughout South East Asia and it is a pleasure to see him play at the British Club.



Chairman unveils his candidate for the new Section t-shirt.

Marvyn 'I can do things you won't even dream about when you're my age' Lewis yet again benefited from bottom position and saw off a clearly jet lagged Steven Ng (probably stressed out with the pressures of organising the event) with a very lucky 3-0. The performance of your committee was in general solid: Peter Corney beat Dan Ooi 3-0 and Chris Browning played a Captain's game with a sound win against Gabriel Goh.

David Eastgate struggled to cope with Patrick Thio's quality squash and lost 0-3. The hero of the evening was undoubtedly John Vivian. John played some truly horrible squash in the first two games and was in danger of an embarrassing defeat; but then came a Lazarine transformation in his game, and John showed he really can play a drop shot well. He coasted through games three and four. We were ready to do the Haka as John beat Danny 9-7 in the fifth, in a tense final game.

Jack Dunford had promised to attend the fixture and file this report - perhaps he forgot. This really does confirm Jack's rapidly accelerating tendency to dribble, crumbs on his face, whilst yearning for the Archer's. (Actually turned out that I simply had better things to do with my time that night, like check out George's stag night venues. Not too far wrong about the dribbles however!)

British Club	Result	Singapore Island CC
James Quinn	Lost 0-3 to	Zainal Abidin
David Eastgate	Lost 0-3 to	Patrick Thio
Chris Browning	Won 3-0 against	Gabriel Goh
Charles Whitely	Lost 2-3 to	Vincent Wee
John Vivian	Won 3-2 against	Danny Sim
Peter Corney	Won 3-0 against	Dan Ooi
Marvyn Lewis	Won 3-0 against	Steven Ng
British Club	Won 4-3 against	Singapore Island CC

Tony Austin Cup

The Tony Austin cup is an open over-45s squash competition and was played through February with the final on Thursday 23rd. There were 16 entries and Peter Corney filed this report:

This year Tony Austin was vacationing from Spain and entered but had to return home before playing his semi final in the plate.

In the plate event the semi final between Ken

Grimshaw and Brian Brook turned out to be the final because of travel commitments and injury to the other semi finalists. Ken played very well and easily controlled the match until the third game when Brian showed some glimpses of his old form to push Ken in the third game. The match was played in great spirit with Ken winning 9-0, 9-5, 9-6.

In the main event David Lines from the Ambassador Fitness Centre played David Eastgate in the first semi final. There were some great rallies and good retrieving from both players but David Lines kept his focus and won 9-4, 9-7, 9-3. Due to travel commitments Ross Noble had to give Chris Browning a walkover in the second semi.

In the finals we saw one of the best matches played at the BCB. Both players played excellent squash with great shot making and good court coverage. Chris won the first game 9-5 after having 5 game points. In the second game Chris was 8-4 up and David fought back to win 10-9. Chris had 6 game points in this game, which really showed the fighting spirit of David. Chris won the third game with some great shot making. In the fourth David was 4-3 up when Chris reeled off 5 points in a row. David fought his hardest and got to 8-6. At this stage, after having 3 match points, Chris was wondering if the match was going to go to a fifth. He then got a hand out back and promptly hit a dead nick straight off the serve on his fourth match point. This was a bit of an anticlimax after such a good match but demonstrates how important the serve is. The final scores were 9-5, 9-10, 9-5, 9-6. I think most spectators felt privileged to witness such a great match played in excellent spirit. Congratulations to Chris Browning for his win and thank you David Lines for giving us such a good match up.

Section T Shirts

Joey Aung's stunning new squash shirts are now on sale in the fitness centre. Seems there was the usual Thai 'thing' about sizes, but there should be one to fit everyone now. Buy now whilst stocks last!

Squash Court Bookings

After 12 months of navel-gazing, the GC finally gave the go-ahead to new arrangements for squash court charges on a 3 month trial period.

Squash section members will now automatically be charged 100 baht per month for use of the squash courts, regardless of how many times they play. This 100 baht will also cover all mix-ins but will not cover entry for competitions. For family membership all children will be covered under the 100 baht but if a spouse or partner is a regular player then they will also have to pay 100 baht.

For non-squash section members, the booking fee will be 50 baht per session.

If you book a court and do not turn up there will be a fine of 200 baht, which will go to the squash section because you will have inconvenienced squash section members. You may cancel any bookings up to an hour before you are due to play.

The success of the scheme probably hangs on the last paragraph. If players book courts and don't

show up it will p**s everyone off. The penalty is likely to result in a lot of whinging but Peter has heroically undertaken to police this himself and will discuss with members beforehand before administering any fine to try to avoid nasty surprises in end of month bills.

Para Handy Plate

Further to my earlier articles about our squash trophies and my quest to find out the origins of the Para Handy Plate, I bumped in to Brian Thompson at the Old Farts Party on 31st January. And Yes! . . . the honourable Baz was right. It was named after **Peter (Para) Handy** (played by Roddy McMillan), skipper of the "Vital Spark", a Highland tug boat which featured in a 1960's BBC TV series. Well done Baz! The prize of course is a night out with me; and Brian promised me that when he sobered up he would remember the name of the member who donated the trophy who he believed was a Jock.

The crew of the "puffer" Vital Spark: from left, Para Handy (Roddy McMillan), the engineer Dan McPhail (John Grieve), Dougie the mate (Walter Carr) and Sunny Jim, the cook and deck hand (Alex McAvoy).



Monthly Mix-ups

The monthly Squash mix-ins have been very erratically supported this year. People like me (are there people like me?) find 10.00am on Sunday rather unfriendly and so at the January Section Committee Meeting the revolutionary decision was made to try 11.00am instead (same difference for me!). The result . . . only Jayne Mellor showed up! Ah well. Back to the drawing board. I suggest 3.00pm.

Squash Court Floors

We all know that it is a struggle to keep the squash court floors clean in Bangkok's humid, fetid air and you will be pleased to hear that John Vivien recently supervised a trial attack on Squash Court 2. Here were the instructions:

Prepare a concentrated solution of JV Special cleaner & water in a spray container using an amazing one cap per small spray container. Cleaners then get down on their hands and knees and vigorously (with some effort!) clean the floor, using a soft-ish cloth and the spray.

or

Use a power cleaner BUT NOT OVER THE RED FLOOR MARKING TAPES (these parts have to be done by hand) with a SUITABLY SOFT cleaning pad spraying the cleaning solution as they proceed. then

Damp (never use 'wet' mops please) mop the floor twice after cleaning.

It certainly worked! Court 2 is gleaming.

Harold Mercer

As we go to press, the annual Harold Mercer Trophy is about to be competed for between the Pumas, Tigers, Cheetahs and Leopards! Results next month.

Happy Squashing
Jack Dunford

Please bear with us . . .
 Before we give you our usual fun reviews, we need to report to you, on a serious note, about our AGM!!

"BCGS" recently held its 2006 AGM summarizing our previous year's winners and performances and discussing important issues, followed by a delicious feast catered by our Club. One of the important issues was the selection of our 2006/2007 Committee Members. Pete Gale, due to his travel commitments for his company, stepped down as our Captain and marked the occasion by reciting his very own poem in style. WOW, it was good!!! However, he is still in control of our finances and sits as our Treasurer on the current committee! On behalf of our members, we would like to thank Pete for his hard work; we have very much enjoyed his captaincy.

Message from our new Captain, Brian Brook:

"I was honoured to be appointed a Captain by the 2006 committee elected at the recent AGM, and am looking forward to a busy year of golf with the BC Golf Section this year. Every month there is a Stableford competition, sponsored by HASSELL, and a Medal. Also during the year there will be 6 "majors", some other cups to compete for, 8 matches against other Societies, and we have a team competing in the month PWC Bangkok Golf League. All outings culminate in a prize giving including near pins, long drives and putts over a beer and banter.

We normally tee off late morning/midday on Sunday's at various courses around Bangkok, with the Medals at Royal, Lad Krabang. And we have away weekends at Hua Hin, Pattaya, Kanchanaburi, Soi Dao, and Chiang Rai. There is a hard core of regular playing members and others who join occasionally, with standards varying from single figure to near beginner. We are always looking for new faces to compete and socialize with. If you are interested in more information please visit our website www.geocities.com/bcgolfsociety or E mail bcgs2002@yahoo.co.uk

I hope to see many BC members play with us this year, and guests are also very welcome.

Brian

2006/2007 Committee:

- | | | |
|----------------|---------------------|---------------|
| Brian Brook | ● Captain | (01 173 4437) |
| Peter Skinner | ● Vice Captain | (01 375 9075) |
| Peter Gale | ● Treasurer | |
| George Oksara | ● Secretary | |
| Mike Staples | ● Handicaps | |
| Barry Asham | ● Trophies & Prizes | |
| Karen Holloway | ● PWC team Captain | |
| Karen Carter | ● Bookings | |
| Orin Baldwin | ● Outpost | |
| Pat Dean | ● everything else | |



Please welcome the new Committee

The 5th Wave By Rich Tennant



"The book said I should place the ball opposite my left armpit. So I put it in my right armpit."

Please note - Upcoming events:

- | | |
|--|--|
| Sunday 23rd April | Medal at Royal Lad Krabang |
| Sat/Sun/Mon 29, 30 April & 1 May | Three-day Eclectic at Majestic, Hua Hin |
| Sunday 7th May | HASSELL Stableford at TBA |
| Fri/Sat/Sun 12-14 May | Dunlop Cup (4 ball better ball) at Lake View Hua Hin |

Now that we've got all the serious stuff out of the way, here's a few reviews of our exciting events.





Chiang Rai: Waterford . . .

Chiang Rai: Waterford 11-13 February

Our first fun three-day away event of this year was at the beautiful Waterford Course, Chiang Rai (Northern Thailand). It has such a lovely setting, similar to Soi Dow. The course is hilly and surrounded by mountains - and the hotel was superb too! We woke up to the cool morning mists - the air was so cool you could see your breath!! The format adopted for the 3 days was challenging but friendly, designed for everyone to enjoy both as individuals and in team work. The two Tigers...ummm...sorry, Thai girls (Orin and Gaew) were selected as captains. Orin's team included: Peter G, Mike and Karen C; while Tom, Peter S. and Belinda S. were recruited to Gaew's team. To our delight, the weather was cool and breezy throughout the three-day event. The teams were all square after two days, so the third day was tense. Gaew and Orin dug up all their secret tactics to help their teams win. Believe it or not, yours truly (Orin) played the match of her life. She scored 62 net and her team won with flying colours!!!!

It was great fun - we thoroughly enjoyed ourselves and as usual our away event, not only provided us with close fellowship but also allowed us to energize and recharge before we returned to our hectic life in the city. Don't forget, our next away event is the long weekend in Hua Hin at the end of April . . . JOIN US!!

Monthly Stableford: February

The February Stableford event was at Kiarti Thanee, on Bangna Trad. We are having the Stableford competition at different courses each month and so far this is working very well. It makes this competition more interesting and keeps us on our toes a little. At this time of the year we can expect the games to last a little longer and this one was no exception; but the sun was shining, the company good and (for some) the beer was cold, so no one was complaining. The scores were good too: Maem took first place with a great score of 40 points, closely followed by Gaew with 39 and Robert, also with 39. Near pins were taken by Gaew, Maureen, Val and Tom. Long drive Karen Carter and long put Barry.

Monthly Medal at Royal Golf

This month's Medal produced some excellent results on a course that usually brings home scores above handicap. Frank had a great round and took the A Flight Medal with a



Brian and Frank at Royal

net 68, Brian Dodd and George coming in second and third with net 73. However, the B Flight results were even better with Peter Bond coming in with a net 66; a fantastic game which will result in a nice little handicap cut - well, every silver lining has a cloud over it. Yurachat came in with a net 67, a score which normally would have won easily . . . Hard luck Yurachat - you just picked the wrong day to do it and you still get the handicap cut! Charmaine played very nicely to handicap with a net 72.

Technical prizes went to Karen Carter, Peter Gale and Gordon, a guest for the day, for near pins. Ladies long drive - Karen Holloway, of course, and men's to Mike Staples (likewise). George took the long put and will talk anyone through it if they would like to give him a ring.



As usual the course was in excellent condition and there was a good turnout. The Medal still appears to be a favourite event and Royal one of our favourite courses.

Monthly Stableford: March

The March Stableford competition took place at Subhapruerk on Bangna Trad on Sunday, 5th March. This is a pretty course, which we all enjoy and it is in very nice condition. Despite the course looking a bit crowded we got off on time and enjoyed a very pleasant day's golf. The scores were a little lower than anticipated as the greens were a bit tricky, but a nice breeze kept us all enjoying the game. Really, it is surprising how cool it can be on a golf course, even when you tee off at 12.00 noon! Three of the near pins were taken by Bridget, Peter Skinner and Brian Brook - the fourth par three foiled us all and no-one got on. Gaew hit a very nice long drive for the ladies and so, of course, did Mike for the men. Brian Brook won the longest putt as well, so he should have enough golf balls to keep him going for a while. There were three players who came in with 33 points - Frank, Brian Brook and Mike Staples - but Mike took the second prize on count back and Val took first prize with 37 points. Our sponsors, Hassell, provided us with two very nice bottles of wine for first and second prizes, and we would like to thank Peter Skinner very much for this.

Ed Ashman
Orin Baldwin



By the time you read this, the annual Tennis Club Championships will have been completed for another year and the trophies and prizes presented to the winners. A full report will be included in the May edition of *Outpost*. In the meantime, there may just be room for one or two of the many "action shots" taken at the Championships . . . Next, and most importantly:-

The annual Tennis Section AGM of the British Club will take place on

Wednesday 5th April 2006

at 6-30pm in the Suriwongse Sala.

I do hope this edition of *Outpost* gets to you before it takes place. The announcement will also be sent out, by the British Club, by email and notices will be put up on the notice boards around the Club.

Please do make every effort to attend as this is a very important AGM especially given that the section almost folded last year. Your views are very important, whether negative or positive, and the incoming committee, voted in on the night, needs your input as to the future direction of the section.

At the AGM the new proposals for tennis courts, within the future Club Development Plans, will be outlined and your opinions sought. Sally Crossley-Smith, who presented the Development Plans at the recent Members forum, has kindly agreed to attend to help with explanations and to answer any questions. The plans for the tennis courts (and indeed the whole Club) are on display in the Snooker Room where you can pick up a summary either on CD or hard copy to take home and review.

Please do take a look and come along and comment as any development of the courts will have a major impact on tennis within the British Club.

Hope to see you at the AGM!!!!

David Eastgate
Chairman of the Tennis Section

Watch live **The Royal Barge**
Monday 12th June
Procession to Celebrate King Bhumibhol
60th anniversary of accession to the throne



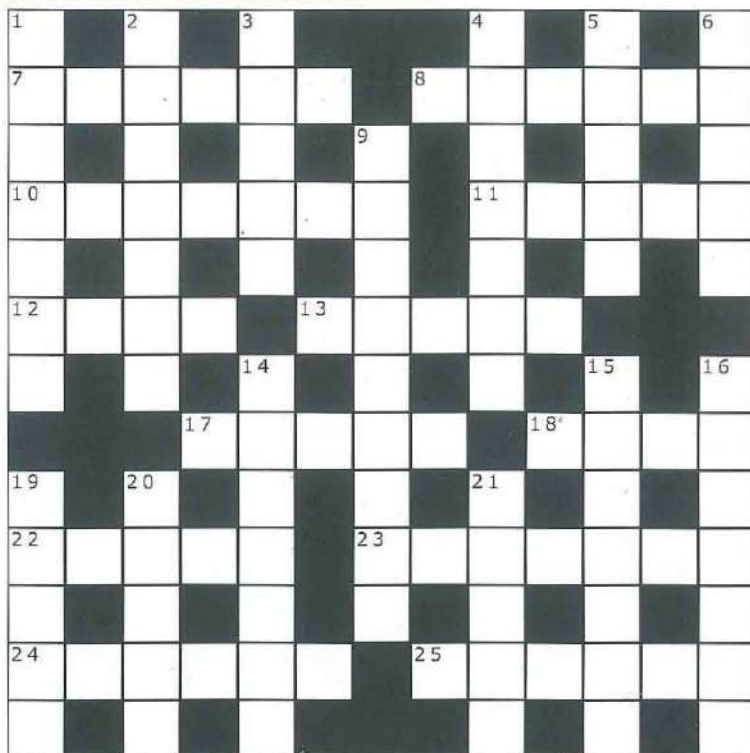
at
Maharat Pier
Cost
Bht. 3,300/adults
Bht. 1,800/kids
(3-12 yrs.)
Bht. 1,000/kids
(under 3 yrs.)

**Includes : Transport, Jazz Band, Kids Activities,
Inter BBQ Buffet and Children's Food**

**Coaches
leave BC
at 5 pm.**

Crossword Competition

CROSSWORD PUZZLE



March Solution

Across: 1 Wonderland, 7 Marlowe, 8 Onset, 10 Mystery, 11 Icier, 12 Notice, 15 Beagle, 17 Toter, 18 Openeye, 21 Rondo, 22 Avenger, 23 Noelcoward.
Down: 1 Words, 2 Niobe, 3 Evelyn, 4 Lionise, 5 Nesting, 6 Imamonster, 9 Threebears, 13 Totango, 14 Carroll, 16 Potato, 19 Enema, 20 Edged.

There was no correct entry for March's Crossword, so the bottle of wine stays in the crate . . . Try again everybody! As a consolation, in addition to April's Crossword we have a Caption Competition. The best entry (as judged by Billy, Barry & Hanni) will receive a bottle of wine. So there you are . . . now's there's two bottles up for grabs this month.

Show Biz

Across

- 7 _____ Lloyd, comedian of the days of silent films.
- 8 He played the Godfather
- 10 In Shakespeare's Dream she was Queen of the Fairies.
- 11 007's disparaging comment on the wine . . . "Could be _____!"
- 12 Old English actress . . . _____ May Oliver.
- 13 There was one on in St. Louis when they met there. (1,4)
- 17 "My Way" made famous a chap with this name.
- 18 She won the Eurovision Song Contest for Ireland.
- 22 Famous French Nightspot . . . Le Moulin _____.
- 23 In Wilde's play, it was important that he should be this.
- 24 Miss _____, a London musical.
- 25 He starred with Hepburn.

Down

- 1 She's an American TV personality.
- 2 You can't take the kids if the movie has this! (1,6)
- 3 Highland dance from the show "Brigadoon".
- 4 Once was a boy film star . . . _____ Bartholomew.
- 5 She got her gun.
- 6 Demi or Michael.
- 9 Simon's partner.
- 14 British wartime film . . . "_____ of the Skies".
- 15 Male character from TV show "Cavegirl".
- 16 In the movie "The Escapist" a man _____ get even with the crooks. (5,2)
- 19 Movie star of today . . . Tom _____.
- 20 The sound of it delighted the box office.
- 21 Films of the '70's often featured _____ Welles.

CHURCHILL BAR RULES
 No Mobile Phones Allowed... 500 Baht Fine



What is the gentleman on the left saying? Entries to Barry or Khun Ben.

Reciprocal Club Benefits



As an active British Club Member, you are entitled to enjoy the full use of other associated Club facilities around the world. This month we feature the reciprocal club . . .

The Hamilton Club



Founded in 1898, the Club takes its name from the large inland city of Hamilton in the North Island of New Zealand in which it is situated. The Club had its beginning as a private club in two permanently hired rooms in the Hamilton Hotel where local professionals would meet for convivial chatter and the playing of cards. The present site was acquired in 1901, and the original Clubhouse built shortly thereafter - thus making it almost exactly the same age as the BCB Clubhouse!



Club amenities include:

Members' Lounge & Bar, the focal point of the Club, featuring original Edwardian decor and leather furniture, with French doors leading to a verandah overlooking the river.

Formal Reception Room, with seated dining for 80 persons, is the ideal venue for formal dinners, cocktail parties, weddings, seminars, company and society dinners.

Restaurant offering a superb range of cuisine prepared by the Club's resident chefs.

Billiards Room, Wine Room and "**The President's Room**" (for board meetings and seminars).

Accommodation - While the Hamilton Club does not have residential services, special accommodation arrangements, including preferential rates for Hamilton Club guests, are available to visitors by arrangement with two local motels, which provide luxury studio units with large in-room two-person spas and all mod cons.

Website: <http://www.hamiltonclub.co.nz>



View from Dining Room

Although there have been several additions to the Clubhouse through the years, the Hamilton Club today still overlooks the slow moving Waikato River and provides its members and guests with a splendid environment of tradition in which to meet, dine, relax and entertain.



Billiards Room



Formal Reception Room



Members' Lounge & Bar

For more information please contact the Membership Department at membership@britishclubbangkok.org

HELLOS

Welcome Aboard!

Please join us in welcoming the following new members and their families. We look forward to seeing them around the Club.

1. Thomas & Calliope Karalis
2. Mark & Sharon Dixon
3. Jane Bailey
4. Vichuda Rattanapian
5. Robert Thomas
6. Gerard & Khamkung Cunningham
7. Vichai & Darunet Sithivaraporn
8. Jose & Renuka Ribeiro
9. Michiel & Marife Vreedenburgh
10. David & Karen Worthington

and GOODBYES

Farewell and best wishes to . . .

1. Charles Overs
2. Jeffrey & Maureen Whittaker.
3. Ashok & Asha Metha
4. Andries & Karin Bolding
5. Roy Benbassti
6. Linda Abbott
7. Polapat Leenutaphong
8. Charles Merrill
9. Sanjay Gurbani
10. John & Kobnang Cordova
11. Alan May
12. Dan & Sirilak Raviv
13. Adrian & Tousaporn Flint
14. James Perrine & Sara
15. Gregory & Hanna Pybon
16. Adam Brook
17. Richard Goss



WINE TASTING

The latest wine tasting on Friday 24th of February in the Suriwongse Room was well attended by around 70 members who enjoyed a range of wines from Australia, New Zealand, California, Chile and a host of other countries. Once again, Khun Lak and the Club's kitchen staff created the delicious canapes that go so well with the wines.



The wine tastings are a great way for members to get together at the beginning of the weekend and wind down in pleasant Club surroundings. As well as meeting friends, there is always the opportunity of purchasing the wines at prices specially discounted for BC members. Members purchase the wines direct from the suppliers, and cannot charge to their Club account.

Most of the wine suppliers have knowledgeable staff on hand to offer advice and most do home deliveries. There's no need to be a wine buff - just come and enjoy the wines. Many thanks to our sponsors last month: Festive Wines, California Wine Company, Prestige Wines, Ital Asia and SVK.

After the wine tasting, why not take advantage of our Friday Buffets down in the Bar? The Buffets change each week and are great value at just 230 baht per person. It's certainly better to be at the Club than stuck in the Friday night Bangkok "Rot-tit" (traffic jam)!

See you at the next tasting.


SPLASH

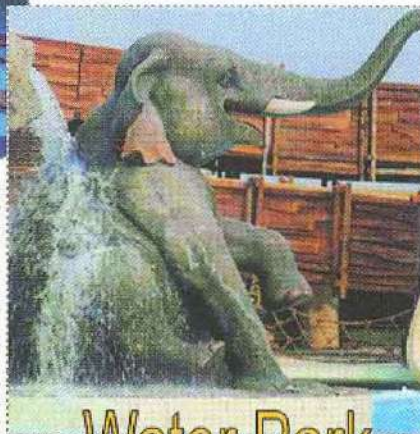
Out

Friday 14th April

Songkran Day



**Water Park
The Mall Bang Khae**



Water Park

Bowling

Cost B. 1050/person

Lunch

Transportation, entrance fee, Pizza lunch and soft drinks

Meet @ Silom Sala 9 am. Leave BC at 9.30 a.m. return to BC around 4 pm.

**Please sign up at Reception
or contact Fitness Center**



nist

a truly
international
education



NIST offers a truly international education to its culturally diverse students aged 3 to 18. As the only school in Bangkok offering all three International Baccalaureate programmes, NIST has become the leading IB school in both Thailand and South East Asia.

Being independent of national systems, NIST is able to employ the best educational practices and practitioners from around the world. Our aim is to develop students who have the skills necessary to be life-long learners, confident leaders, decision makers and responsible citizens.

For further information call NIST on 02-651 2065, visit our website at www.nist.ac.th or send an email to admissions@nist.ac.th



NIST - New International School of Thailand
36 Soi 15 Sukhumvit Road, Bangkok 10110 Thailand
Tel: (02) 651-2065
Fax: (02) 253-3800
email: nist@nist.ac.th www.nist.ac.th

Est. 1992 United Nations related. Accredited by CIS & NEASC



apple

คิดถึงความใส่ใจนี้ที่ล้นเกิน

"Toucher to remember"



โรงพยาบาลสมิติเวช
SAMITIVEJ HOSPITALS
SUKUMVIT | SRINAKARIN | SRIRACHA

We Care

0-2711-8181

www.samitivejhospitals.com