



OUTPOST

THE BRITISH CLUB
BANGKOK

APRIL 2008



St George's Issue

St George's Day Celebration

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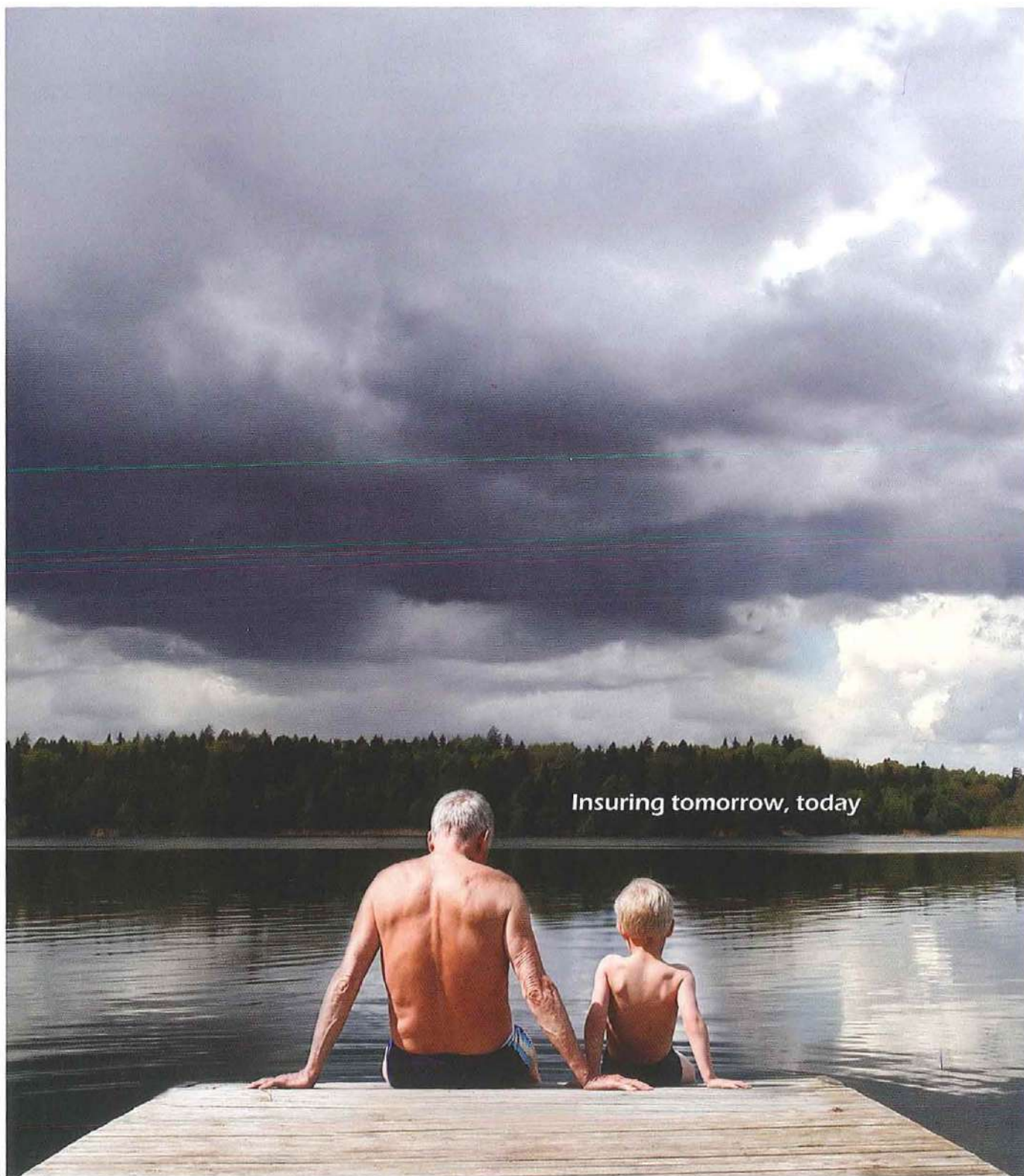


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THE RIVER

Project owner: TAJIN PROPERTIES CO., LTD. Registered Capital Baht 255,000,000 (Paid up capital Baht 285,000,000). Registered address at 22nd Floor Unit 2201-3 The Millenia Tower, 62 Langsuan Road, Lumpini, Pathumwan, Bangkok 10330. Site location on title deed no. 1158, 4528 Lot no. 209, 208, Klong Tonle Sap subdistrict, Klong Tonle Sap district, Bangkok. Project area: 12 Rai 3 Ngan 41 Sq. Wah. This project has received approval of EIA Environmental Impact Assessment report from ONEP (Office of Natural Resources and Environmental Policy and Planning) as per letter number for Sor 1009/7755 dated 7th September 2006. This project has construction permit as per letter number B14/2549 dated 2nd October 2006 and altered-d plan for construction as per letter number Kor for 0907 Kor/2685 dated 15th December 2006. Presently mortgaged with The Hong Kong and Shanghai Banking Corporation Limited, Bangkok Branch. Construction has begun with construction completion around the 4th quarter of 2011. Juridical person will be registered after project completion and common area fee will be paid by customer to the project. Juridical person according to Sales and Purchase agreement and/or regulations of the condominium. Juridical person, contact Tel. no. Bangkok +66-2651-9600 Fax no. +66-2651-9614



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The CEO's report

Dear Members,

My report this month is longer than usual because at the time of compiling this issue the Club did not know the composition of the General Committee or who our new Chairman was. Thus no Chairman's Report.

By the time you read this, however, we will all know who our new General Committee is - and see the last-minute STOP PRESS at the foot of this page.

Congratulations to all Members of the new Committee and thank you to the outgoing Members to whom I am grateful for their help and support over my first 6 months at the British Club, especially ex-Chairman Stuart Blacksell with whom I have enjoyed working and whose generous support I was given.

It is now time however to move forward with our new General Committee and Chairman and I am looking forward to this experience and am sure much will be achieved over the coming 12 months.

Development

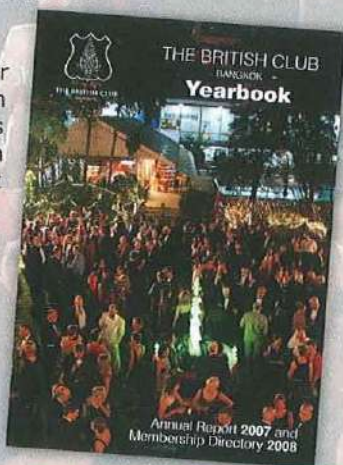
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Over the last few weeks we have tendered for the construction of the Verandah Terrace that will bring a real indoor-outdoor atmosphere to the outlet, increase the capacity of the room to over 70 and will enable members to sit and dine in comfort while enjoying the back lawn. Other work needing to be done to complete the link between the Churchill Bar and the Verandah will soon take place, as will the construction of a large newspaper stand and renovation of the back corridor.

It is quite possible that a sub-committee will advise on the continuation of any future development of the Club and members will be hearing how that will take place from the new General Committee.

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Sporting Sections

It has been most pleasing to see the Sporting Sections being so active recently and congratulations to the Section Committee Members who have worked so hard to organize all events and to the BC sportsmen and women who have competed successfully or otherwise.

I would like to remind all Sections to please let management know your program so that there are no surprises on our behalf especially when payments need to be authorized and cheques drawn.

Smoking

The new smoking laws in Thailand have been adopted by the General Committee and management has done its best to lessen any impact this may have had on smokers.

Thank you one and all for your polite and willing cooperation.

To finish my report I would like to inform you that the British Club is trading at or above budget - and the figures from last year - and that more Members are using the Club. Cash flow is positive.

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Please look out for the vouchers we sent to all members with the accounts in March and please use them in the Verandah to get even more value from your dining experience.

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Chief Executive Officer

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OUR FIRST BRITISH CLUB BALUT CUP

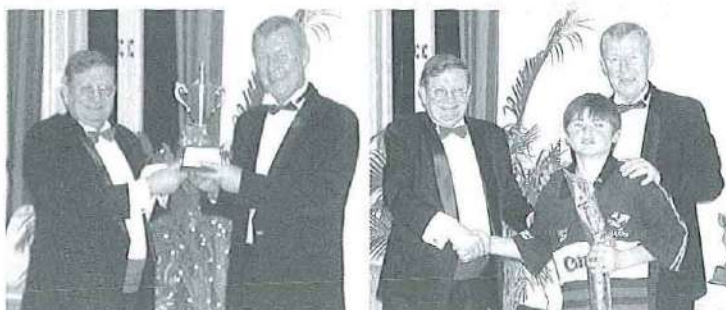
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As with all tournaments there were winners and losers:



Section Treasurer Paul Cheesman awards the BCB Balut Cup to Section Chairman Phil Alexander who won the inaugural event.

BCB Highest Single - Paul and Phil congratulate Tom Merrigan on throwing the highest single score - the prize having to go to Dad!

Winner of the British Cup Bangkok Cup 2008

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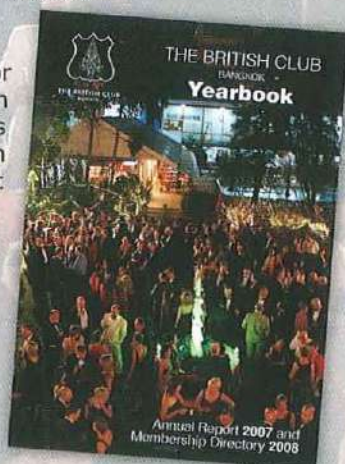
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BNH Spine Centre



Here is the very first Spine Centre in Thailand. World-class technological advancements in spinal diagnosis, treatment and surgeries, are professionally offered by a team of highly qualified medical experts in the field.



Here, you will find a team of highly regarded bone physicians, who have been intensively and professionally trained to deliver the best and most affordable spinal treatment.



Here is Thailand's most resourceful Spine Centre. A complete range of sophisticated and innovative surgical procedures is available, including Minimal Access Spine Surgery (MASS) which results in smaller aperture, less pain and faster recovery.



Here is a world-class hospital offering world-class hospitality. BNH Spine Centre is a centre of full-cycle, most up-to-date spinal treatment and research from around the world.

Buffets, block-bookings, book fairs and lots more!

Dear Members,

Last month was extremely busy here at the Club with over 15 events for all ages catered for. It was great to see the Club a hive of activity most nights. April promises to be just as busy. We begin the month with our Mango Mania promotion. Khun Laak has been busy creating new and exciting dishes all containing delicious mango, and there will be some exciting new mango cocktails also available in all outlets. The Sunday carvery in the Verandah bar is proving very popular with bookings now strongly advised. The buffet begins at 11.30am and runs until 3pm - to book call the Reception or Verandah bar direct. Of course we also have a mid-week carvery in the Verandah and on Fridays in April we'll have 'themed' Buffets featuring Pasta, Spanish, Middle Eastern and Khun Laak's famous Curry buffet. We will also have a buffet in the Verandah for St George's Day on Wednesday April 23rd and on Saturday April 26th the St George's Society are celebrating St George's Day with a family day, starting at 3pm, full of activities such as pony rides, big wheel, rodeo bull, football, coconut shy, plus live music and disco with Paul Jackson - See the poster on page 11 for further details.

On Monday 14th April we will be celebrating Songkran with a Thai buffet at poolside available at lunch and dinner times. The buffet will feature foods from all regions of the Kingdom, including some of your favourite Thai dishes as well as some of the more unusual. Khun Kasem will also create a special 'Songkran Cocktail' featuring local whiskey. Khun Reed is also organizing another Sports programme for the kids during the holidays and a splash day during Songkran. Contact Reed or the Fitness Centre for more details. We will continue our showing of the new Formula One season in the Churchill and Verandah bars - check out page 9 for more details.

Looking further ahead we are pleased to announce that we have another show, staged by Bangkok Community Theatre, due to run at the Club from May 22nd until 28th (but no show on the 25th). Look out for posters and fliers coming soon with more details. The show is a hilarious comedy by Neil Simon called 'Rumours'. Tickets are guaranteed to be snapped up fast so you'll have to be quick off the mark to book your spot at one of the best events taking place in Bangkok.

Looking even further ahead - and more notes to jot in your diary - we have joined together with The Neilson Hayes Library and the St David's Society to offer a Murder Mystery Dinner in The Neilson Hayes Library on Friday the 13th of June!!! This should be a night of fun & games - the cost will include a half bottle of wine per

person and a 4-course meal with a pre-dinner cocktail party at extra cost. On the same spooky Friday night Khun Reed and Susie are organising a spooky kids party in the Suriwongse Room and a Sleep-over here at the Club !!! Wow !! The next day, June 14th, we have a family Book Fair and Family day to celebrate Queen Elizabeth's Birthday. The event will have lots of activities and vendors with live music and a beer garden.



On Thursday May 22nd we will celebrate the release of the brand new Indiana Jones movie. We are going to block-book seats for the most hotly anticipated film release in movie history!! . . . Further details to follow. And the fun doesn't end there. We are also holding a kids' Indiana Jones Party in the Silom Sala on Saturday 31st May and a 70's and 80's disco in the Suriwongse room on the same night with an Indiana Jones theme and jointly organised by BWG, St George's Society and the Club. Get those whips out now!

During Songkran I would like to remind members that no water pistols or water accessories are allowed on the Club's grounds. However we do not want to be total fuddy-duddies so if you want to enjoy the Thai festival and enjoy a few water games join in Reed's water party on the 14th of April.

As you can see we have lots of new and exciting events coming up, but don't forget old favourites such as the Bar quizzes, Wine tastings etc. On April the First (yes, really!) we will be hosting our New Members night in the Verandah bar starting at 7pm. Pop on down and enjoy our complimentary cocktail buffet created by Club executive chef Khun Laak and her team. New Members night is also a great chance to catch up and have a drink or three with your old mates. In the Verandah bar we now have a selection of games and children's colouring books to keep the kids entertained and let mum and dad enjoy a drink in peace - simply sign out the games from the bar in the Verandah.

I hope all members have a great Songkran break. I am also off too for a holiday in Bali where I will pick up some cultural icons and bric-a-brac, and we will host a Balinese party soon . . .

Regards,
Barry Osborne
General Manager

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- Built-in GPS
- EDGE/ GPRS/ Wi-Fi



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WHAT'S GOING ON

Special Events at the Club this month

**** NEW MEMBERS NIGHT**

Tuesday, 1st April, 7pm, Verandah Bar

Come along and welcome the newest members to join the Club. Khun Laak will create some delicious Canapés. New Members night is also a great opportunity to catch up with old friends. No Need to book simply show up and join in the fun.

**** MONTHLY BALUT TOURNAMENT**

Wednesday, 2nd April, 7pm, Churchill Bar & Silom Room

Played under Balut Section Tournament rules. Entry fee is 100 baht charged to your Club account. BC members who are not Section members are welcome to 'try' one Tournament and if they then wish to play each month they must join the section: annual fee 300 baht. All players who play six Tournaments in each year will be eligible to win the BCB Shield.

**** BAHRAIN GRAND PRIX**

Sunday, 6th April, 6.30pm, Churchill Bar & Verandah

Join us in the Churchill Bar & Verandah for the third Grand Prix of the 2008 season live from Bahrain at 6.30pm. No need to book - just show up and enjoy the atmosphere of the new Formula One season which promises to be exciting.

**** SONGKRAN THAI BUFFET**

Monday, 14th April, Lunch & Dinner, Poolside

To celebrate Songkran we will have an extensive Thai buffet with an array of foods from all regions of the Kingdom. Khun Laak and her side-kick Khun Somchai have created a menu with a variety of dishes, some your favourites and others a little more unusual!! The Buffet costs Bt.300 per person and includes a complimentary glass of a special Thai cocktail. Celebrate Songkran by the pool with your whole family here in the comfort and safety of your Oasis in Bangkok.

**** MONTHLY WINE TASTING**

Friday, 18th April, 6pm, Suriwongse Room

Join us for our regular monthly wine tasting completely free of charge and featuring wines from all over the world. Four companies will be here to let members try unlimited samples of their wines. Members can also purchase wines at specially discounted prices and the Club will create a range of canapés to compliment the wines. What a great way to start your weekend - free wines in the comfort of your Club.

**** QUIZ NIGHT**

Tuesday, 22nd April, 7.30pm, Suriwongse Room

As usual Bangkok's premier Quizmaster, Rodney Bain, will be asking four rounds of 19 questions (on a range of subjects from Asia to famous people) each ending in the dreaded "Common Denominator". Prizes go to First, Second, Third and 'Second to Last', and in addition, there are also three 'between round' questions where your team has the chance to win a bottle of wine sponsored by Crown Worldwide Relocations. So, get a team of friends (up to six) to come along and join in the fun - at least one Club member per team - or just pop along to see if we can fit you in. The cost to enter is now 150 baht per person to cover increasing costs.

**** ST GEORGE'S DAY BUFFET**

Wednesday, 23rd April, Lunch & Dinner, Verandah Bar

We're celebrating St George's Day here at the Club with a full buffet of all things English, consisting of Roast Beef and Yorkshire pudding, Cornish pasties, Broccoli and Stilton soup, Pork pies, Rhubarb Crumble, Summer Puddings and lots, lots more. The Buffet costs Bt.350 for adults and Bt180 for children.

**** TRIBUTE TO ANTHONY MINGHELLA —**

"The English Patient" Video Night

Wednesday, 23rd April, 7pm, Suriwongse Room

We are showing the movie "The English Patient" as a tribute to Oscar and Bafta award winning British film director Anthony Minghella who died in March. Anthony Minghella also produced two episodes of the award winning Morse television series. There is no charge for the event but we ask members to please sign up in advance as this assists us with seating arrangements.

**** ST GEORGE'S SOCIETY FAMILY FUN DAY**

Saturday, 26th April, 3pm til late, Back lawn

Activities for the whole family and great food and entertainment for all. Put this date in your calendar now...all welcome. For more details see poster on page 11.

**** SPANISH GRAND PRIX**

Sunday, 27th April, 7pm, Churchill Bar & Verandah

Join us in the Churchill Bar & Verandah for the fourth Grand Prix of the 2008 season live from Catalunya Spain starting at 7pm. Come early to reserve the best seats.

To book for an event send a fax or email to the Club, book online at the Club's website, or sign up at the Clubhouse reception. For further information please contact Khun Koy or Barry.

OUR FIRST BRITISH CLUB BALUT CUP

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St George's Day Celebration *at the British Club*

26th April



The Bangkok St George's Society will hold a St George's Day Celebration on 26th April on the back lawn at the British Club. All ages welcome !

From 3 pm – 6pm: Time to Chill!

Sit back and enjoy live music whilst the kids are entertained, bars are open & free snacks available. Children's activities will include a bouncy castle, giant slide, face and nail painting, football and darts games, arts and crafts and much more...

6pm: Dinner is served!

Traditional Roast Beef and Yorkshire Pudding dinner with all the trimmings along with all the usual favourites for the kids

After Dinner: Time to get Patriotic!

Raucous singing and flag waving to pomp and ceremony favourites... as many encores as we wish!

Until Late: Get on down!

Dancing until the last man (or woman) standing with the Paul Jackson disco.

Raffle with great prizes; After 8pm video for kids in cool aircon to let Mum and Dad let their hair down.

Ticket price includes 2 drinks for adults (Pimms, beer or wine) and unlimited soft drinks for kids

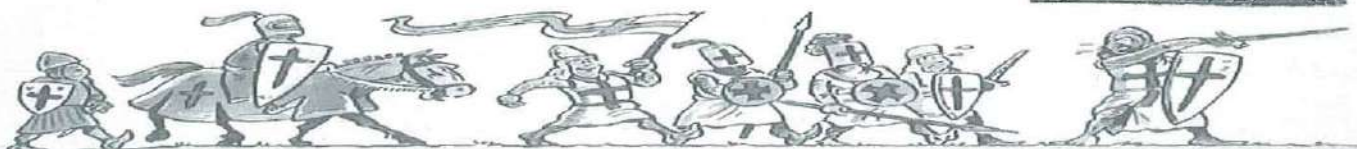
Adults: 1,000bht

Kids under 12: 500bht

Ticket must be bought in advance, no tickets on door.

To book please call Gale on 081 828 5213 or Sarah on 081 793 0806.

Dress Code: Patriotic or Red & White



REGULAR WEEKLY EVENTS

MONDAYS The Verandah

From 6pm

VOUCHER OFFER – Buy one meal and pay 50% for a second main course meal (A la carte only - Conditions apply)

TUESDAYS Churchill Bar

8:30pm-late

Spoofing

The Verandah

From 6pm

VOUCHER OFFER – Buy one meal and pay 50% for a second main course meal (A la carte only - Conditions apply)

WEDNESDAYS The Verandah

From 6pm

VOUCHER OFFER – Buy one meal and pay 50% for a second main course meal (A la carte only - Conditions apply)

Noon-2pm & 6-10pm

THE MIDWEEK CARVERY - Choose from soup, two roasts carvery with potatoes & vegetables (Bt.250) and salad (Bt.285) (Voucher offer does not include carvery)

Churchill Bar

7pm and 8pm

PRESTIGE WINES ACCUMULATOR

Any member could win from Bt.5,000 to Bt.25,000 – prize increases each week.

7:30pm

BOTTLE DRAW – somebody present in the Bar will win a bottle of whisky, tequila, vodka or gin.

THURSDAYS The Verandah

6-10pm

THE BRITISH CHIPPY MENU - Voucher offer.

FRIDAYS The Verandah

Noon-2pm & 6-10pm

THE FRIDAY 'THEME' BUFFET –

4th April: PASTA BUFFET – Enjoy a soup, a range of salads and a plate of freshly cooked pasta; Bt.250 per person.

11th April: SPANISH FOOD BUFFET – Enjoy a soup, a range of salads, tapas and main course items created by Khun Laak, the Club's executive chef; Bt.300 per person.

18th April: KHUN LAAK'S MIDDLE EASTERN BUFFET – Enjoy a soup, a range of salads and main course items such as koftas, lamb shakareeya and many more dishes created by Khun Laak, the Club's executive chef; Bt.300 per person.

25th April: T.G.I.F CURRY BUFFET – This famous buffet consists of a soup, curried dishes, a range of salads and naan bread; Bt.250 per person.

SUNDAYS The Verandah

Noon-2pm & 6-10pm

THE SUNDAY CARVERY - Choose from soup, cold cuts, three roasts carvery, with potatoes and veggies, hot dishes, children's buffet, fresh salad bar and a range of desserts. Adults Bt.350; children Bt.180 including fee Coke/Sprite.

Silom Room

1-3pm

CHILDREN'S ACTIVITIES. Games, videos, crafts, soft drinks and snacks with Khun Susie. Cost: FREE

Suriwongse Room

3pm onwards

Bridge tournament (except last Sunday in the month)

Official Opening Times

The Verandah
Churchill Bar
Poolside Bar

11am - 11pm
10am - 11pm
7am - 10pm
(last food orders – 9.30pm)

Fitness Centre (Mon-Fri)
Fitness Centre (weekends)
Thai Massage (Tues-Sun)

6am - 10pm
6am - 9pm
9am - 6pm

The British School of Bangkok Ltd.
Topsy Turvy
 INTERNATIONAL SCHOOL



36 Sukhumvit Soi 4, Bangkok 10110, Thailand
E-mail : info@bsbangkok.ac Website. www.bsbangkok.ac
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- Lunch Available

NURSERY
KINDERGARTEN
Year 1–6
Classes
Age 2–11 Year

**MOTHER
TODDLERS**
Tuesday &
Thursday
Afternoons
1.30 - 3.30 pm

ACTIVITIES INCLUDE

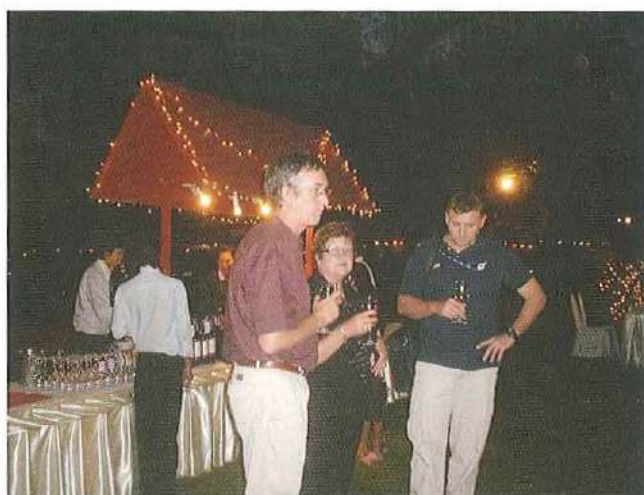
- Ballet
- Taekwondo
- Exercise
- Yoga
- Cooking
- Computer
- Football
- Music
- Thai Dancing
- Mini Tennis
- Thai Language Lesson
- Swimming
- ESL
- Basketball
- Netball



The Club was a hive of activity on February 29th as we celebrated Leap day in style with a variety of events catering for all age groups. For the kids we had the O'LEAP'ics party run by Khun Reed and Susie with 40 kids joining in. And whilst the kids were having fun on the front lawn our slightly more mature members were enjoying the cold spell with our monthly wine tasting being held on the back lawn of the Club. Over 70 members attended the event and many members took advantage of the wines at specially discounted prices. Only 3 companies showed up but all three did brisk business. Khun Laak once again created a range of delicious canapés to compliment the wines.

Music was piped onto the back lawn from the Verandah bar where the Oyster Shuckers, led by Club member Mr Frank Crocker, were entertaining the many members in the Verandah. The music was excellent and the Verandah was soon full to capacity with many members coming in after the wine tasting. Khun Laak also created a special Leap day pasta buffet with many dishes being cooked to order.

Day at the Club



The British School of Bangkok Ltd.
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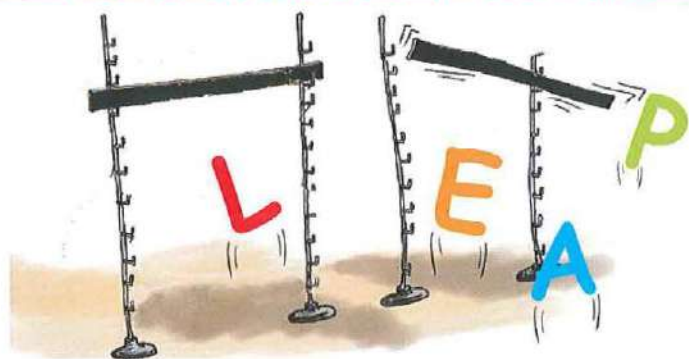
NURSERY
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MOTHER TODDLERS

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- Netball

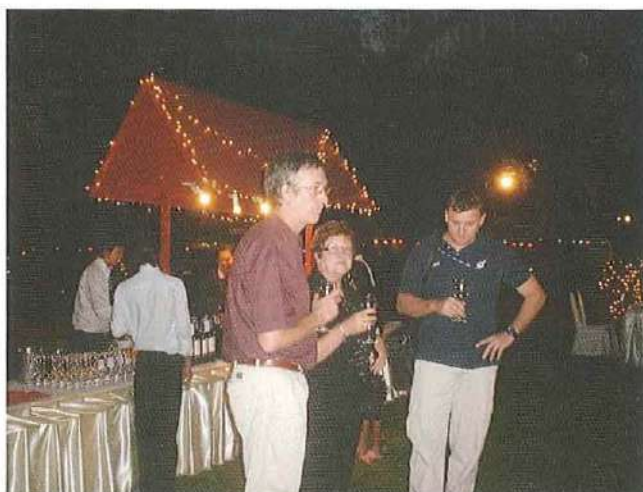


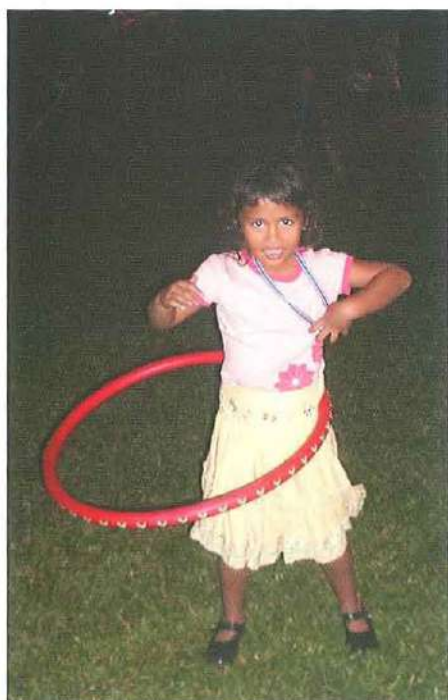
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Day at the Club





Whilst many of the parents enjoyed the wine tasting on the back lawn, over 40 children joined in the fun and games on the front lawn with leaping games, jumping (bouncy castle) and Susie's fantastic arts and crafts. The sack races, balloon bounding races, football shoot-outs, tug-o-war and a little football kept us all busy playing games until 9pm, and everyone received a special O'LEAP'ic medal to keep.

It was great to see all the outlets so busy - even the poolside sala was busy with members having one eye on the Championship tennis matches being played on the adjacent courts and the other eye on the crowds of kids on the front lawn. The Club is at its best when it's busy like this, with multiple activities that provide interest for everyone - young and old - as a family Club should do!

Many thanks to all members who came and supported us and thanks to all staff who really pulled together to create a great atmosphere, Lets do it again in 4 years' time!!



A little Leap Year history:

- A leap year consists of 366 days, whereas other years, called common years, have 365 days.
- Leap years are needed to keep our calendar in alignment with the earth's revolutions around the sun.
- Our calendar, called "The Gregorian Calendar" has a 400-year cycle until it repeats the same weekdays for every year - February 29th, 2008, is a Friday and February 29th, 2408, is a Friday.

Beasts triumph and Junkies crash!



Perhaps because it came early in the month, the March quiz on Thursday the 13th saw only five teams with depleted numbers gather to contest the glittering prizes. Which meant that only one team could go home empty-handed . . .

The quiz got off to an interesting start with Round one, question one: "Who is the patron saint of television"? Of course, it was Saint Clare! Everyone knows that! And later we discovered that the inventor of peanut butter was George Washington Carver, with the red herring being John Harvey Kellogg (who invented Corn Flakes).

As the quiz progressed, out of nowhere came "The Beasts" with scores so high that the result of the quiz was a foregone conclusion. All that the rest of us mere mortals could do was trail along in their wake. Under Par once again played above themselves to take second place and the Spoofers had a great night with 3rd place and two bottles of wine. The Textile All stars grabbed the third bottle prize and the drinks prize, ahead of the Junkies who once again crashed and burned in the final round. It looked like the hapless Junkies were going to end up empty-handed but the quizmaster took pity on them and shouted the team a round of drinks, which just goes to show that, for this quiz at least . . .

"Everyone's a winner on the night"

And finally, it must be recorded here that, in a rare moment of quiz history, every single team was totally bamboozled by a Crown Relocations bottle prize question: The question, "How hot is lightning, in degrees Fahrenheit?" produced answers ranging from 500F to about 4500F or so, but no team was remotely close to the real temperature - 70,000F! This may explain why lightning has a tendency to start fires. . .

Oh, and the scores:

1. The Beasts	138.5	4. Textile All Stars	90
2. Under Par	124	5. Jim's Junkies	89
3. Bangkok Gentlemen Spoofers	119		

See the world, learn more trivia, get a chance to regurgitate facts you never knew you knew, have a laugh and be entertained at the next Quiz: Tuesday 22nd April.





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OUR FINEST MOMENT



Cocktails in Fairyland . . .

The British Women's Group and their partners had a lovely evening at their annual Cocktail Party held at the British Embassy in February, the home of their patron, Alison Quayle the British Ambassador's wife.



The weather, which had been hot and humid of late, was thankfully cool on the evening of 20th February and over 110 guests enjoyed a pleasant time, catching up with old and new friends in the beautiful garden at the residence. The glistening fairy lights added a magical touch to the friendly atmosphere, as many savoured the delicious food catered by the British Club with the fish and chips and lemon meringue pies being the biggest hits.

You can contact the British Women's Group on www.bwgbangkok.com



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A Buffet for all the Saints!



On the first of March, we celebrated St David's Day in style at the Club with over 45 members enjoying a delicious Welsh Themed Buffet in the Verandah with all things Welsh - Lamb Cawl, Roast Leg of Lamb, Leeks in Cheese Sauce, delicious Welsh Rarebit, Leek & Potato soup, Welsh cakes and some delicious Rhubarb Crumble - and lots more. Khun Laak and her team excelled themselves and there were many positive comments on the cuisine. Apart from the special decorations for the occasion, it was rumoured that we even had Tom Jones music played in the Verandah!!



Later in the month, it was the turn of St Patrick, but this time a couple of days early, with Khun Laak's famous Green Buffet. Music was provided by Mr Paul Jensen and No Fixed Abode who entertained us throughout the night and also provided us with CDs to play during the break. Khun Boom created our very special St Patrick's Colada cocktail and quite a few pints of Guinness and Irish Coffees were served.



The St Patrick's Green buffet proved popular, with 40 diners enjoying Shepherds and Spinach Pie, Poached Cod with Cheese, Shrimps and Broccoli, Herb Crusted Leg of Lamb, Beef and Guinness Pie, Baileys and white chocolate Mousse, Guinness cake and lots more. The TV screens were also tuned in to the South African TV channel



as we all eagerly awaited the Six Nations Rugby where England were playing Ireland . . . England won convincingly to become Runners-up in the Championships with Wales thrashing France to win the Triple Crown for the second time in 4 years.

We will also be hosting Themed Buffets for St George's and St Andrew's, so there will be a buffet for all the saints (sinners are also welcome!). And there will be more themed buffets coming up, starting this month with the Friday buffets accenting Italian, Spanish, Middle Eastern and Indian cuisine (see page 12 for more) as well as the Songkran Thai Buffet at poolside on the 14th. The Verandah is a family bar so your children can now join you and you can enjoy your Club together. There is also a range of games for the kids to play whilst in the Verandah - just ask the staff on duty for a list of the selection available.

Barry Osborne




LOOKING BACK



BC CALENDAR April – The Month at a Glance

Sunday



Get this feeling

- Short Term Rental (daily, weekly, monthly)
- Long Term Rental
- Rental with Chauffeur
- Limousine Service

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www.europcar.co.th

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6

9:00am
Tennis Team Practice

10:30am-2:15pm
Squash Mix-in

Poolside
11:30-3:00pm
Poolside BBQ

The Verandah
Noon-2:00pm,
6:00-10:00pm
THE SUNDAY CARVERY

Silom Room
1:00-3:00pm
Children's Activities

2:30-3:30pm Yoga

3:00-6:00pm
Cricket Practice

Suriwongse Room
3:00-6:30pm
Bridge Tournament

The Verandah & Churchill Bar
6:30pm
BAHRAIN GRAND PRIX

13

9:00am
Tennis Team Practice

Poolside
11:30-3:00pm
Poolside BBQ

The Verandah
Noon-2:00pm, 6:00-10:00pm
THE SUNDAY CARVERY

Monday

7

9:00am-12noon
BWG Mahjong

6:00-10:00pm
Tennis Match Play

7:00-10:30pm
Pipe Band Practice

14

9:00am-12noon
BWG Mahjong

Poolside
Noon-2:00pm,
6:00-10:00pm
SONGKRAN THAI BUFFET

Tuesday

1

8:00-11:00am
Tennis Ladies Mix-In

9:00-10:30am
Ladies Tennis Clinic

10:00-11:00am
Aqua Aerobics

5:15-9:00pm
Squash Casual Mix-in

7:00-9:00pm
Football Practice

The Verandah
7:00pm
NEW MEMBERS NIGHT

Churchill Bar
8:30pm-late
Spoofing

8

8:00-11:00am
Tennis Ladies Mix-In

9:00-10:30am
Ladies Tennis Clinic

10:00-11:00am
Aqua Aerobics

5:15-9:00pm
Squash Casual Mix-in

7:00-9:00pm
Football Practice

Churchill Bar
8:30pm-late
Spoofing

15

8:00-11:00am
Tennis Ladies Mix-In

9:00-10:30am
Ladies Tennis Clinic

10:00-11:00am
Aqua Aerobics

Wednesday

2

The Verandah
Noon-2:00pm,
6:00-10:00pm
THE MIDWEEK CARVERY

5:00-6:30pm
Junior Tennis

6:00-10:00pm
Tennis Mix-in

7:00-10:30pm
Pipe Band Practice

Churchill Bar
7:00pm
BALUT TOURNAMENT
7:00 & 8:00pm
PRESTIGE WINE ACCUMULATOR
7:30pm Bottle Draw

9

The Verandah
Noon-2:00pm,
6:00-10:00pm
THE MIDWEEK CARVERY

5:00-6:30pm
Junior Tennis

6:00-10:00pm
Tennis Mix-in

7:00-10:30pm
Pipe Band Practice

Churchill Bar
7:00 & 8:00pm
PRESTIGE WINE ACCUMULATOR
7:30pm Bottle Draw

16

The Verandah
Noon-2:00pm, 6:00-10:00pm
THE MIDWEEK CARVERY

5:00-6:30pm
Junior Tennis

Thursday

3

8:00-11:00am
Tennis Ladies Mix-in

5:15-9:00pm
Squash Mix-in

6:00-8:30pm
Cricket Practice

7:00-9:00pm
Rugby Practice

9:00-11:00pm
Hockey Practice

10

8:00-11:00am
Tennis Ladies Mix-in

5:15-9:00pm
Squash Mix-in

6:00-8:30pm
Cricket Practice

7:00-9:00pm
Rugby Practice

9:00-11:00pm
Hockey Practice

17

8:00-11:00am
Tennis Ladies Mix-in

5:15-9:00pm
Squash Mix-in

6:00-8:30pm
Cricket Practice

Friday

4

2:00-5:30pm
Junior Swimming Classes

5:00-6:30pm
Junior Tennis

6:00-10:00pm
Tennis Mix-in

The Verandah
Noon-2:00pm,
6:00-10:00pm
PASTA BUFFET

Silom Sala
7:00-9:00pm
Kid's VDO

11

2:00-5:30pm
Junior Swimming Classes

5:00-6:30pm
Junior Tennis

6:00-10:00pm
Tennis Mix-in

The Verandah
Noon-2:00pm,
6:00-10:00pm
SPANISH FOOD BUFFET

Silom Sala
7:00-9:00pm
Kid's VDO

18

2:00-5:30pm
Junior Swimming Classes

5:00-6:30pm
Junior Tennis

6:00-10:00pm
Tennis Mix-in

Saturday

5

9:00am-1:30pm
Junior Swimming Classes

9:30am-12noon
Cricket Practice

2:00pm
Squash Handicap Mix-in

12

9:00am-2:00pm
Junior Swimming Classes

9:30am-12noon
Cricket Practice

19

9:00am-2:00pm
Junior Swimming Classes

Silom Room 1:00-3:00pm Children's Activities 2:30-3:30pm Yoga 3:00-6:00pm Cricket Practice Suriwongse Room 3:00-6:30pm Bridge Tournament	20 9:00am Tennis Team Practice Poolside 11:30-3:00pm Poolside BBQ The Verandah Noon-2:00pm, 6:00-10:00pm THE SUNDAY CARVERY	Silom Room 1:00-3:00pm Children's Activities 2:30-3:30pm Yoga 3:00-6:00pm Cricket Practice Suriwongse Room 3:00-6:30pm Bridge Tournament	27 9:00am Tennis Team Practice Poolside 11:30-3:00pm Poolside BBQ The Verandah Noon-2:00pm, 6:00-10:00pm THE SUNDAY CARVERY	Silom Room 1:00-3:00pm Children's Activities 2:30-3:30pm Yoga 3:00-6:00pm Cricket Practice The Verandah & Churchill Bar 7:00pm SPANISH GRAND PRIX 
6:00-10:00pm Tennis Match Play 7:00-10:30pm Pipe Band Practice	21 9:00am-12noon BWG Mahjong 6:00-10:00pm Tennis Match Play	7:00-10:30pm Pipe Band Practice	28 9:00am-12noon BWG Mahjong 6:00-10:00pm Tennis Match Play	7:00-10:30pm Pipe Band Practice
5:15-9:00pm Squash Casual Mix-in 7:00-9:00pm Football Practice Churchill Bar 8:30pm-late Spoofing	22 8:00-11:00am Tennis Ladies Mix-In 9:00-10:30am Ladies Tennis Clinic 10:00-11:00am Aqua Aerobics 5:15-9:00pm Squash Casual Mix-in	7:00-9:00pm Football Practice Suriwongse Room 7:30pm QUIZ NIGHT Churchill Bar 10:00pm-late Spoofing 	29 8:00-11:00am Tennis Ladies Mix-In 9:00-10:30am Ladies Tennis Clinic 10:00-11:00am Aqua Aerobics	5:15-9:00pm Squash Casual Mix-in 7:00-9:00pm Football Practice Churchill Bar 8:30pm-late Spoofing
6:00-10:00pm Tennis Mix-in 7:00-10:30pm Pipe Band Practice Churchill Bar 7:00 & 8:00pm PRESTIGE WINE ACCUMULATOR  7:30pm Bottle Draw	23 The Verandah Noon-2:00pm, 6:00-10:00pm ST GEORGE'S DAY BUFFET  Suriwongse Room 7:00pm "The English Patient" Video Night 5:00-6:30pm Junior Tennis	6:00-10:00pm Tennis Mix-in 7:00-10:30pm Pipe Band Practice Churchill Bar 7:00 & 8:00pm PRESTIGE WINE ACCUMULATOR  7:30pm Bottle Draw	30 The Verandah Noon-2:00pm, 6:00-10:00pm THE MIDWEEK CARVERY 5:00-6:30pm Junior Tennis 6:00-10:00pm Tennis Mix-in	7:00-10:30pm Pipe Band Practice Churchill Bar 7:00 & 8:00pm PRESTIGE WINE ACCUMULATOR  7:30pm Bottle Draw
7:00-9:00pm Rugby Practice 9:00-11:00pm Hockey Practice	24 8:00-11:00am Tennis Ladies Mix-in 5:15-9:00pm Squash Mix-in	6:00-8:30pm Cricket Practice 7:00-9:00pm Rugby Practice 9:00-11:00pm Hockey Practice		
The Verandah Noon-2:00pm, 6:00-10:00pm MIDDLE EASTERN BUFFET Suriwongse Room 6:00-9:00pm WINE TASTING  Silom Sala 7:00-9:00pm Kid's VDO	25 2:00-5:30pm Junior Swimming Classes 5:00-6:30pm Junior Tennis 6:00-10:00pm Tennis Mix-in	The Verandah Noon-2:00pm, 6:00-10:00pm T.G.I.F. CURRY BUFFET Silom Sala 7:00-9:00pm Kid's VDO		
9:30am-12noon Cricket Practice	26 9:00am-2:00pm Junior Swimming Classes 9:30am-12noon Cricket Practice	Back Lawn & Clubhouse 3:00pm til late ST GEORGE'S DAY CELEBRATION 		

On the menu . . .

We start this month with rich and traditional British fare of beef medallions and special cinnamon rolls . . . and then it's time to cut loose with April Mango Mania! Look below for a whole menu of dishes and drinks featuring this delicious fruit. There's mango crumble, pancake, ice-cream, mousse, cake, pie, mango with sticky rice and even an extra-special mango & cinnamon roll.



Medallions of Beef

with mushroom and crème fraîche sauce

Serves 4

Ingredients:

- 1 handful of fresh thyme
- 8x85g(3oz) beef fillet medallions
- Olive oil
- 2 handfuls of dried morels (alternatively, button mushrooms will do)
- Sea salt and freshly ground black pepper
- 2 shallots, peeled and finely chopped
- 1 clove of garlic, peeled and finely chopped
- 1 wineglass of port
- 4 tablespoons crème fraîche

Directions:

1. Put your dried morels into a small bowl and cover with boiling water. Finely chop half the thyme and sprinkle over your medallion fillets with a little olive oil. Rub the thyme and oil into the meat and allow to sit for 10 minutes.
2. Get a large, non-stick frying pan hot, season your steaks on both sides with salt and black pepper, and sear them for just over 2 minutes on each side. They will go slightly golden and will be cooked medium by this time. Feel free to cook for longer, or less time, to your liking. Remove the meat from the pan to a plate and allow to rest for 4 or 5 minutes while you make the sauce.
3. Turn down the heat, add a little extra olive oil to the pan, and throw in your shallots, garlic and remaining thyme. After a minute, strain your morels and add them - leave three-quarters of them whole and finely chop the rest. Add your port. This may flame up in the pan for about 20 seconds, which is fine, so don't be shocked. It will smell fantastic. Add the crème fraîche and any juices that have come out of the meat. Season to taste. The sauce should coat the back of a spoon - thin it with water if it gets too thick.
4. Give each person two medallions, pour the sauce over, and serve with something nice and stodgy like mashed potato, or the smashed celeriac. Also great with braised greens.



Special Cinnamon Rolls

Prep time: 25 min

Cook Time: 25 min

Ready in: 50 min

Original recipe yield: 24 servings

Ingredients:

- 2 (7g or .25 ounce) packages active dry yeast
- 1/2 cup warm water (about 43C or 110F)
- 8 cups all-purpose flour
- 1 (100g or 3.4 oz) package instant vanilla pudding mix
- 2 cups warm milk (about 43C or 110F)
- 2 eggs, lightly beaten
- 1/2 cup sugar
- 1/2 cup vegetable oil
- 2 teaspoons salt
- 1/4 cup butter or margarine, melted

Filling:

- 1 cup packed brown sugar
- 2 teaspoons ground cinnamon
- 1 cup raisins
- 1 cup chopped walnuts

Glaze:

- 1 cup confectioners' sugar
- 1 tablespoon milk
- 1/4 teaspoon vanilla extract

Directions:

1. In a mixing bowl, dissolve yeast in water. Add next seven ingredients; mix well (do not knead).
2. Place in a greased bowl; turn once to grease top. Cover and let rise in warm place until doubled, about 1 hour.
3. Punch down. Turn onto a lightly floured surface; divide in half. Roll each half into a 30cm x 20cm rectangle; brush with butter.
4. Combine filling ingredients; spread over dough. Roll up from long side; seal seam.
5. Slice each roll into 12 rolls; place cut side down in two greased 32cm x 22cm x 5cm baking pans. Cover and let rise until nearly doubled, 45 minutes.
6. Bake at 180 degrees C (350 degrees F) for 25-30 minutes or until golden brown.
7. Combine glaze ingredients; drizzle over rolls. Cool in pans on wire racks.

April Mango Mania

-Mango sticky rice	75.-
-Mango pancake with mango ice-cream	85.-
-Mango crumble with hot custard	85.-
-Home made mango ice-cream	35.-/Scoop
-Mango mousse with raspberry sauce	85.-
-Mango cheese cake	85.-
-Mango and Cinnamon roll	45.-
-Toffee mango pie	85.-

Drinks

-Mango lassie	65.-
-Mango milkshake	65.-
-Mango colada	135.-
-Mango daiquiri	135.-



Mocktail & Cocktail

Daiquiri Strawberry Virgin

Ingredients

4 pcs Fresh Strawberry
1 oz Syrup
Ice cubes

Method

Blend all ingredients, including the ice cubes until smoothie. Pour in a glass. Garnish with slice of lemon and strawberry.



Mango Daiquiri

Ingredients

1 oz Light Rum
½ pc Fresh Mango
1 ½ oz Sweet and Sour

Method

Blend all ingredients until slushy. Pour into cocktail glass. Garnish with a piece of Mango.



Mango Colada

Ingredients

1 oz Light Rum
½ oz Malibu
3 oz Mango juice
1 oz Coconut milk
2 oz Pineapple juice

Method

Mix all ingredients together and shake well.



Mango Lassie

Ingredients

½ pc Fresh Mango
2 Tablespoons of Yoghurt
1 ½ Tablespoons of Honey
3 oz Water

Method

Blend until slushy, pour into glass. Garnish with piece of Mango.



Mango Milk Shake

Ingredients

½ pc Fresh Mango
2 Scoops Vanilla Ice Cream
10 oz Fresh milk

Method

Mix all ingredients together and shake well, pour into glass.



Catalina Cocktail

Ingredients

1 oz Blue Curacao
½ oz Peach Liqueur
1 oz Lemon Juice
½ oz Syrup

Method

Put all ingredients together in shaker with ice and shake well. Pour into glass. Garnish with slice of lemon and strawberry.



Ice Hockey in Bangkok and BNH Hospital's Winning Team



BNH Blades team photo with mascots

Ice hockey is alive and well in Bangkok but, as with many sports, injuries can occur. Sports injuries typical among hockey players include cervical spine injuries such as fractures and dislocations, upper extremity injuries that can be caused by aggressive checking into the boards, shoulder tendonitis due to overuse during shooting drills, hand and wrist injuries due to slashing and knee ligament injuries due to aggressive checking. These injuries tend to be the result of impact and trauma but proper equipment, the enforcement of effective rules and effective training and conditioning reduce injury rates.

Here in Bangkok, the Thai World Hockey League (TWHL) is the organizing structure under which ice hockey is played. There are 5 teams, including the BNH Hospital Blades, that compete in the league during the ice hockey season, which runs from November to April. The TWHL is a no-hit league that enforces a policy of zero tolerance for fighting, significantly reducing potential injury rates. When injuries do occur, there's always BNH Hospital's top flight Spine Centre and Shoulder and Joint Clinic to fall back on (no pun intended).

This is the first year BNH Hospital has been a sponsor of one of the TWHL teams but the connection between the hospital and sport here in Bangkok has been ongoing for a number of years. It is not unusual to see the BNH Hospital ambulance and a BNH medical team providing

first aid services at rugby, football and ice hockey tournaments in Bangkok, or even at school sport days.

BNH staff member Reiner Rauhala plays on the BNH Hospital Blades team and works as a Customer Services Officer at the Hospital. Reiner hails from Sweden and played on the Swedish National Team during the 92/93 season and has played professionally in Italy, England, Sweden and Russia. With this background he is one of the premier players in the TWHL and also plays with the TWHL's Flying Farangs who practice locally but compete in international tournaments. One of the aims of the TWHL is to bring expatriates, with their experience and love of the game, together with local Thais, to grow the sport and develop awareness and enjoyment of ice hockey, while enhancing the skill level of interested players here in Thailand through team work. Reiner has a wealth of hockey experience to draw upon and share with his Thai team mates and in watching him play you can see that this is one of the things he enjoys most about playing hockey here in Thailand.

With 12 wins, 1 tie and 2 losses during the regular season the BNH Hospital Blades are heavily favoured to win when they face the Curve Coyotes in the championship final. In the last game of the regular season the BNH Hospital Blades took on the Curve Coyotes and hung on to win 5 - 4, coming back from a loss the previous week to the Woodstock Bar and Grill Blues. The game's 3 stars: Coyotes #11, Scott Murray (Forward), Blades #18 Anun Kullugin (Defense) and Blades Goaltender Clement Savard were awarded Check-up vouchers for the BNH Check-up Centre, in recognition of their efforts during the game. The Blades also came out on top in the first round of the play-offs blasting past the Pelican Flyers 7 - 0 in the final game with goalie Clement Savard making 27 saves for the shutout.

Congratulations to the BNH Hospital Blades team members on their successful season thus far and their bid to win the Thai World Hockey League 5th season championship!

Kathy Baptie

For more information see: www.leaguelineup.com/twhl
www.flyingfarangs.com, www.bnhhospital.com



Face off



Game's 3 stars

Golf Report for February 2008

Fun Golf at Kiarti Thani

At the beginning of February we had a fun day out at Kiarti Thani to support the Seara Matchplay final (as reported last month, Bryan Dodd won) and we played a bogey competition against the course. This means that on each hole, if you play under your handicap you beat the course, if you play to your handicap it is all square and if you play over, then the course wins. At the end of the round the winner is the person who has the best match against the course. Get it? If you do, then you have done better than a number of players on the day. Anyway, Frank Fawkes had absolutely no trouble in beating the course by 4 holes. He also narrowly missed an eagle on the par five 18th, his second shot was magnificent and his third just skimmed the hole. In the words of a recent TV commentator he had a birdie putt for an eagle and just missed it.



Additional hazard



The winner Frank with Brian



Hassell Stableford winner Ray Bloom with Captain Peter

Hassell Stableford

The Hassell Stableford was played at Bangkok Golf Course, the first time we had played there for ages. Many of us had forgotten, or just did not know, how fiendish the greens are. There are very few flat spots and the speed seems to be lightning fast. This was reflected in the result with only three people doing better than par and Ray Bloom was the winner with 37 points. Additional hazards encountered on this very pretty course were the tame deer which refused to move out of the way and the black swans which had to be fended off with an umbrella to retrieve a ball at the edge of the water.

The plate final of the matchplay competition was played on the same day and congratulations go to Gordon Milne who won 5 and 4 from David Humphries. The plate competition is played among those people who got knocked out in the first round of the matchplay and is just as hotly contested as the actual cup.

We also had a competition to raise money for a school near Chiang Rai supported by one of our members. The prize went to Harland Bulow for having the best net scores on the par 5s and 3s, but the real winner was the school fund. Peter Bond is aiming to provide a generator, uniforms, shoes, text books and buildings for this very poor village school.

Medal at The Royal Course

The Royal course proved as tough as ever for the medal on 24th February which was won in A flight by Frank Fawkes with net 70 and in B flight by Barry Ashman with net 71.

The full results for the above games can be seen on our website together with the standings in the ongoing annual competitions for technical prizes (ie near pins, longest drives and longest putts).

Bangkok Golf League

In our second match in this competition the team came through strongly to beat Doug's Hoodlums – well done team.

AGM and New Committee

After the Medal we returned post haste to the British Club to hold our AGM and formal prize giving. The event was well attended and following the reading of reports for 2007 from the Captain and the Treasurer, the trophies were handed out for all the ongoing competitions for last year. I must mention here that the longest drive trophy went to Peter Skinner and not Pat Dean as mentioned last month as there had to be a play off between four players all on the



Golfer of the Year Gordon Milne



New Captain Maureen



Most of the new committee

same score. The Golfer of the Year prize was won by Gordon Milne as was the prize for the most improved golfer. Well done, Gordon.

We also give a prize to the person who has given most to the club in terms of support and hard work and Maureen Gibson was the deserving recipient for the effort she put in beyond her role as starter.

The outgoing committee was thanked for all its hard work last year and we then elected a new committee who subsequently selected Maureen Gibson as captain. Maureen says that she is looking forward to welcoming everyone to the games throughout the year and will do her best to ensure that we all enjoy fun and competitive golf. Please get in touch with her if you wish to play. See our website or the notice board at the British Club for the full committee list.

We would love to see you on the course, please contact us if you would like to play.

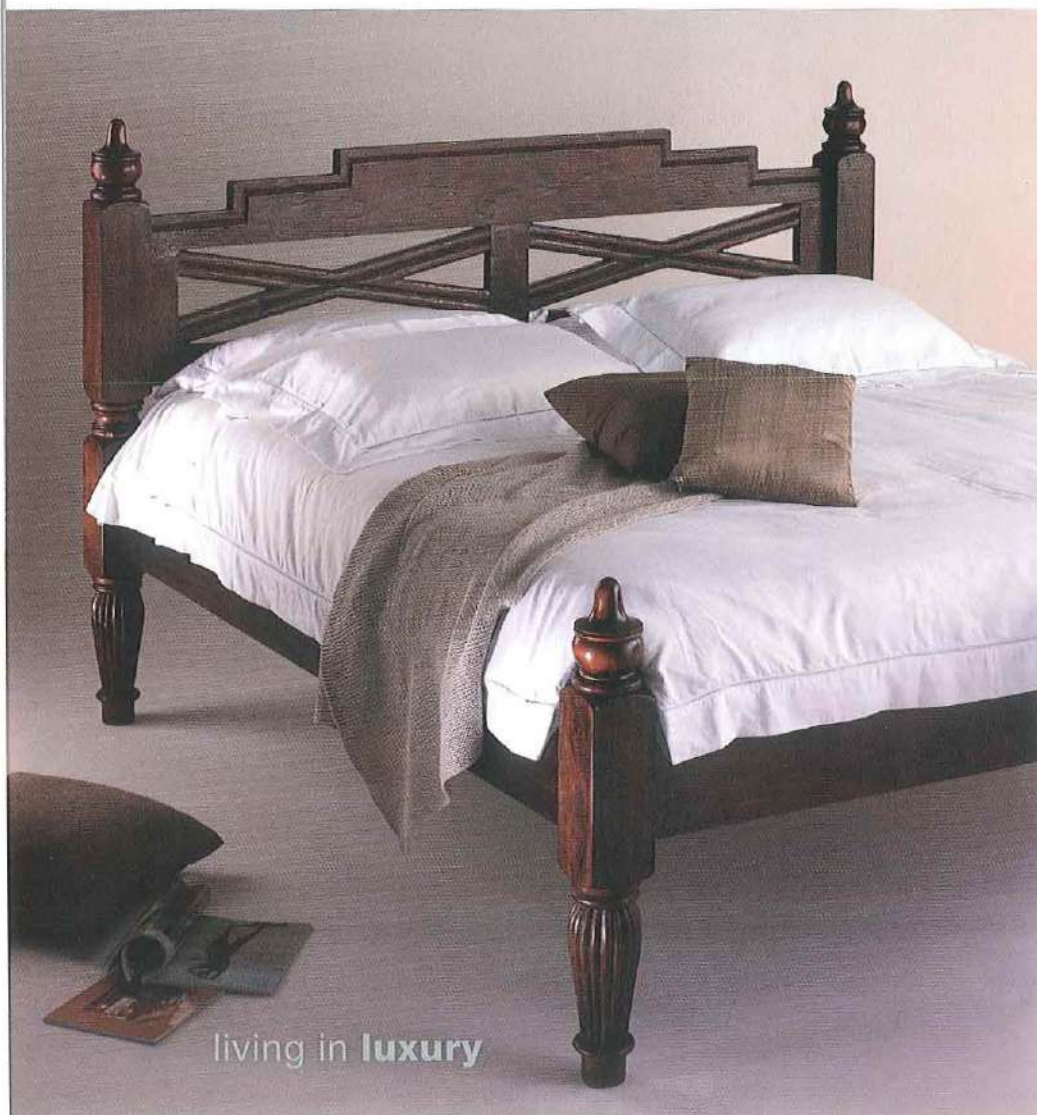
Happy golfing
Jenny Harries

British Club Golf Section contact details

Website www.geocities.com/bcgolfsociety

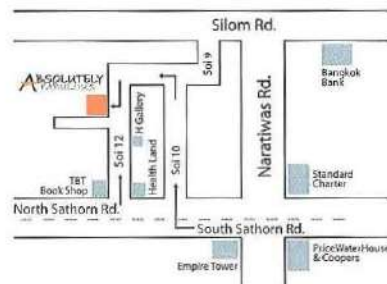
Email bcgs2002@yahoo.co.uk

Contact Captain Maureen Gibson 089 017 2254



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Sport & Fitness

Dear Members,

April's here and Songkran just around the corner, which means plenty of activities, sports camps, water fights and lots of fun.

Feb and March activities included:

- Children's O'Leap'ic Party" on the front lawn to celebrate the leap year. Read about it and see the photos on pages 16-17.
- Sports Camp
- British Club Tennis Championship
- Easter Sunday Activities

Sport Camp (Feb 18th, 19th, 20th and 21st)

The first sports camp in 2008 (see pics on opposite page) was a great way to spend the first mid-term break. We played cricket, rugby, squash, tennis, and football, we swam and rode horses and a few of us went to Ko Kret for a fantastic bike tour. It was the first time many of the children got a chance to play cricket, squash and rugby (and no doubt a few of them will be playing these sports here at the Club in years to come).

This is the first of many sports camps this year with the next one to be run at the start of the Songkran school holidays - Sunday 6th "Horse and Pony club riding" Monday 7th to Thursday 10th April. Yep, that's right - 5 days of sports, activities and fun. This time it will be even bigger and better. There will be horse riding, which is always a hit, on Sunday 6th April, then Monday and Tuesday at the Club playing team sports, arts & crafts. Wednesday we will head out for a day at a gymnastics

With Reed Passmore



school doing flips and dives plus a day out Thursday to visit Siam Ocean world, watch a movie and return to the Club for a relaxing afternoon in and around the pool. **Sign up today!!!!**

Personal training

How many of you have stuck to your new year's resolutions to get fit, quit smoking or train harder? Now you can!

Khun Amnat has been personal training here at the British club for 4 years and holds an internationally recognized certificate as a 'Personal Trainer' with Fitness Innovations Thailand ('FIT'). Personal Training Programmes will be offered to members on an individual basis. The first session includes dietary advice, a health screening and discussions regarding your individual needs/goals and what you want to achieve from your programme. Whether it's weight loss, toning, or increasing fitness levels, Amnat can cater to your needs. Sessions are recommended as blocks of 10 (once, twice or three times weekly). The first session is free and lessons are Bt.600 thereafter.

If personal training isn't what you're after we also have . . .



Fitball training

Fitball training is a small group training session aimed at increasing your general fitness through a mix of fast paced, high repetitions and fun routines. The whole session evolves around the Fitball which increases the difficulty of each exercise by using an unstable platform (your body works harder, burns more calories).

These sessions run on Monday and Thursday mornings at 10:30am and Saturday and Sundays at 2pm. Please book in advance. These courses are only Bt.1500 for 10 sessions.

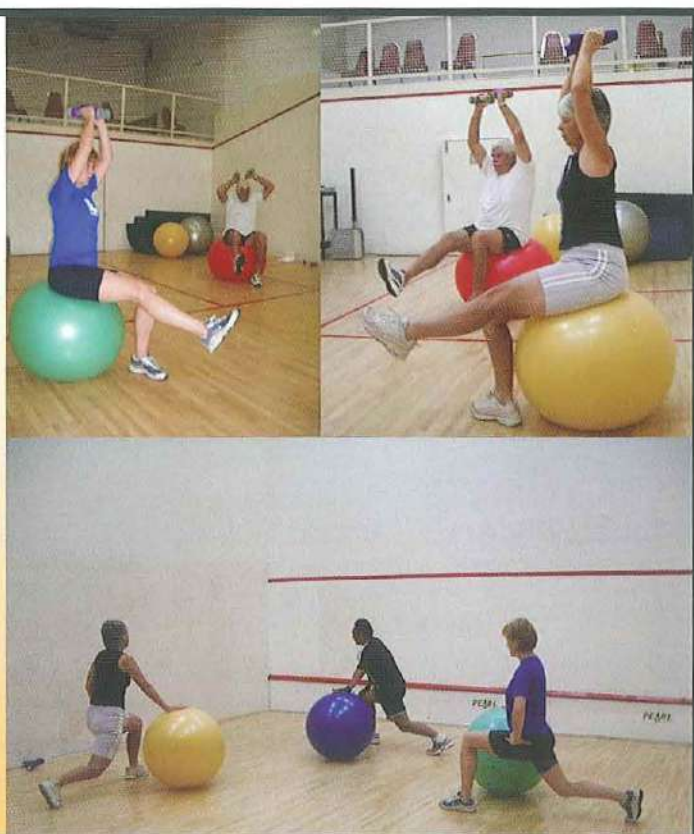
Personal Training Fitness Packages

Pack 1- 5 week Course
Fitball Course 10 sessions - Bt.1500
Personal training 5 sessions - Bt.3000

Package price = Bt.4000 (Bt.500 discount)

Pack 2- 5 week course
Fitball Course 10 sessions - Bt.1500
Personal Training 10 sessions - Bt.6000

Package Price = Bt.6700 (Bt.800 discount)



Aqua Aerobics

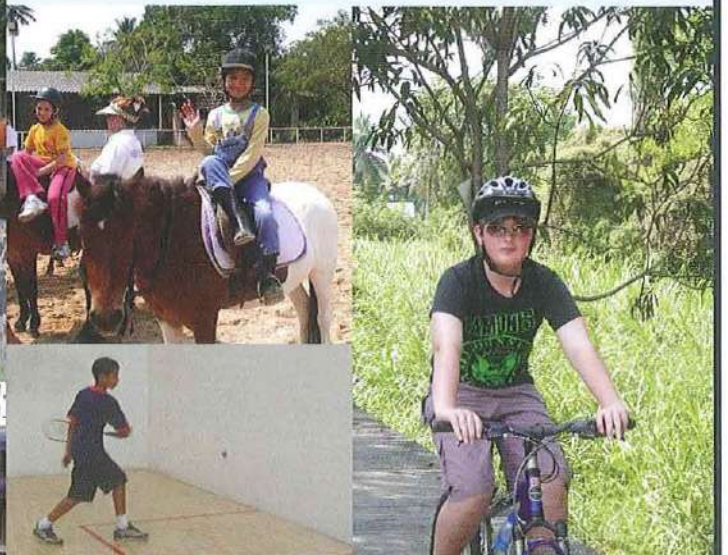
With over 5 years' experience teaching aqua aerobics I doubt you will find a better instructor than Jenny anywhere in Asia.

Jenny has been living in Thailand for 9 years now with her husband and children.

Jenny specializes in training a variety of clients through her very personable approach so, whatever your fitness level, Jenny can cater for you. Bt.3000 for 10 sessions. Tuesdays at 10:00 am



February sports camp . . .



Sign up for April's sports camp now!

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Quote of the month:

Why has slamming a ball with a racquet become so obsessive a pleasure for so many of us? It seems clear to me that a primary attraction of the sport is the opportunity it gives to release aggression physically without being arrested for felonious assault.

Nat Hentoff

2008 Ladies Interclub Doubles Tennis Tournament

Held on Saturday 23rd February 2008 at the Asia Tennis Academy, Muang Thong Thani

TOURNAMENT REPORT

This year the British Club were the hosts for this annual event but with an increase first from 6 to 8 and this year to 10 participating teams, it was no longer possible to run it on BC's four courts. Add to this a shortening from 2-day to just a 1-day event and it becomes absolutely necessary to use a larger facility. Consequently, arrangements were made to hold the tournament at the 'Asia Tennis Academy' Muang Thon Thani, which provided an excellent 5 star venue with up to 12 courts supported by first class eating and changing facilities.

The opening ceremony was slated for 7.30 am but many teams turned up late causing the ceremony to be cut short to avoid further delay; finally getting underway at around 8.30 am.

The 10 teams were RBSC Blue, RBSC Gold, Polo, Combined Armed Services, Piyarom, Krung Thai, Philippines, Silom, Japanese and BC. The draw split the teams into 2 groups, 'A' and 'B'. BC's team consisted of 12 members from the 15 total allowed with just 5 pairs being chosen to play

in each match covering the combined age ranges of 60, 70, 80, 90 and 100 respectively. Team members were as follows: Eileen, Wandee, Sasaluck, Laurine, Raquel, Renuka, Patchanee, Napa, Mam, Jirapa, Yubharet and Wiengtip.

BC was drawn in Group 'A', which had all the strongest teams leaving us little chance of success and the outcome proved the point. First in our sights was Polo who were one of the favourites to win so it was no surprise to go down to a zero score. Second was Armed Services, perhaps the 2nd favourites, where we managed to play a little better but still no score. Third were the Japanese ladies, 3rd favourites, who were in full flow and as a result we had no chance at all with yet another zero score line. All these teams were simply too strong for BC's ladies, their players simply being in a different class.

By way of illustration, the Japanese team were on court practicing at 6.00 am, long before anyone else. Silom Club spent close to Bt.20,000 training their team all of the previous week at the Academy and Krung

Thai Bank picked semi professional National players to strengthen their team. Armed Services had the pick of players from all three Services plus the Police. Such was the strength of these top teams' desire and determination to win. Against such competitiveness our BC team was composed of just a bunch of enthusiastic part time amateurs, which in this company was no disgrace at all and all should be proud of their contribution on the day, however modest.

Having lost out in the opening round we moved into the lower half of the draw playing RBSC Gold and Piyarom for 7th place. We succeeded in securing with an easy 5 - 0 win over RBSC Gold, which lifted our spirits for a hard fought win 3 - 2 over Piyarom. Actually a very creditworthy result, bearing in mind the much larger resources of both those two Clubs. Our ladies displayed the usual match nerves, playing well below their normal standard. But as the event progressed all gained in confidence and with nothing to lose, soon started to show their real capabilities. Thereafter all played well above their weighting and this was fully reflected in the final results.

Nu, Raquel and Laurine put in outstanding performances after settling down to playing steady percentage tennis, which is the only game to play in this company. Nu playing with Mam & Sasaluck, respectively won 2 matches as did Raquel playing with Laurine. Napa and Patchanee also won 2 matches playing with different partners. Wandee & Patchanee, Tip & Jirapar, Napa & Yubharet, all won their matches against RBSC Gold for a rare BC whitewash. The surprise performance of the day came from Wandee who produced controlled accurate shot making that had RBSC Gold opponents running round like headless chickens. The slow courts gave her and partner Napa time in selecting and making their shots with

BC Ladies Team with PC & BG in close attendance



telling effect, enabling them to notch up a very satisfying win against normally stronger opponents.

We have to say it was a pleasure to run our BC Ladies team who all showed up pretty well on time, played their matches as requested with most staying on to support their team to the very end. A very long day indeed for all of us.

Play originally slated to finish at 5.00 p.m. went on late into the evening, finally closing out at 10.30 with Silom beating Armed Services by the narrowest of margins @ 3-2; the last

game going to Silom with a close 6-4 finish. It just doesn't get any closer or more exciting than that.

The whole Tournament went off well with perfect weather, some excellent tennis to watch and plenty to eat and drink in between games and of course lots of socializing amongst the more than 150 contestants and who could ask for more?

Thanks are due in full measure for the generous sponsorship of both DUNLOP in supplying the balls and our own Khun Sasaluck's FBT Sports for supplying all the BC ladies'

magnificent pink outfits, which made our Ladies Team quite the smartest outfit on the day.

We should also thank Khun Chalathip's RC Cola for supplying copious quantities of water, without which there would have been absolutely no survivors!

Final positions were: Silom Winners, Armed Services Runners-Up, Japanese 3rd, RBSC Blue 4th, KTB 5th, Polo 6th, BC 7th, Piyarom 8th, Philippines 9th and RBSC Gold 10th.

Bruce G.

COACH'S CORNER

By Marcel Petit



This month I would like to give you some tips on choosing the racket that's right for YOU. This, of course, depends on your level and style of play. Are you a beginner, advanced or expert player? The following points will help you determine what kind of player you are.

BEGINNER: I am "discovering" my game and enjoy rallying. My goal is to LEARN MORE. I do not yet control the direction of the ball, the depth of my shots, court awareness and mobility, or cannot yet manage to put slice, spin, etc, on the ball. I only play from time to time.

ADVANCED: I construct my game and can stay in a rally. I want to IMPROVE. I partially control the direction of the ball, depth, court awareness and mobility and some special effects. I play often.

EXPERT: I am a creative player and I control the rallies. I want BETTER results. I do control direction of the ball, the depth, I have a sense of the court, and my footwork and mobility are good; I can also vary my shots and use different spins and slices, etc. I play very often.

Here is a table, which explains the skills of each type of player in relation to his style of play.

MY STRATEGY

- DEFENCE: I am patient. I like long rallies; I am a defensive player and counter-attack.
- VERSATILITY: I change up the rhythm and alternate between long and short rallies; my game is both offensive and defensive
- OFFENCE: I am quick and I try to keep the rallies short. I am an offensive player.

MY POSITION ON THE COURT

- DEFENCE: I am behind or on the baseline.
- VERSATILITY: I am both in front of and behind the base line depending on the situation.
- OFFENCE: I try to stay in front of the baseline and often come to the net.

MY HITTING STYLE:

- DEFENCE: I hit the ball rather late and I am often off-balance, on one leg with the upper body leaning backwards. I am often not moving and facing the net.
- VERSATILITY: I hit the ball hip-high. I know how to put my body weight forward and I hit the ball both in a stopped position as well as while transferring my weight.
- OFFENCE: I most often hit the ball early, shoulder-high. I play most often with a transfer of body weight in both the open stance for down the line and cross-court shots.

When choosing the right racket for you, there are five important things to consider: Handling, precision, power, effects of spin and slice, and comfortable sweet spot.

HANDLING: You should be able to move your racket easily in the air and to make it go where you want it to: Zandra's racket is a good example of this.

PRECISION: the racket's ability to hit a certain area of the court, ie Andrew and James' rackets.

POWER: the racket's ability to add speed to the ball: Federer and Nut.

SPINS AND SLICES: this is the racket's ability to stay ON the ball for as long as possible to create powerful effects - Nadal and Marc Nussaume's rackets.

NICE SWEET SPOTS: the capacity of a racket to absorb miss-hits; vibrations should not be uncomfortable, ie Phairoj's racket.

Next month, we will look at what you should know before choosing your racket: width of the frame, grip size, size of the racket head, composition, the stiffness of the frame, racket balance and choice of strings.

BRITISH CLUB & TENNIS SECTION HISTORY FROM 1953 - 1992

Roy Fordham continues with his fascinating memories of British Club tennis history in this third and final instalment, covering the period from the 1980's to the present.

As a result of complaints by the squash section, which was very large and active at that time, to the effect that they had to pay a fee for playing, while tennis players did not, the General Committee introduced a tennis fee. This was considered to be very unfair, because the squash courts had both lighting and fans with air conditioning installed later, that being the reason for paying a fee. The tennis section received nothing, not even tennis balls or ball boys and there was no lighting, so their fee seemed unjustified.

In the early 80's work started on improvements to Courts 1 to 4 and it proved more difficult than expected. It was not until the end of 1982 that this work was completed. Courts 3 and 4 became the equal of any courts I had ever played on. Courts 1 and 2 were not so perfect but also quite playable. (These courts are numbered 2 & 3 today.)

On Saturday, January 22nd, 1983, a major event was held at the Club, when Swedish World Champion Bjorn Borg and wife Mariana, together with another top player Joakim Nystrom and his coach Lennart Bergelin, came to play a few exhibition matches on our newly laid grass court 3 (now Centre Court), which was in perfect condition. Carsten Dencker Nielsen, Managing Director of East Asiatic Company and a member of our Tennis Committee, arranged this. We had arranged for two top local players to participate, Mike McAlister, who was our Club champion and Annette Wellman, a several time ladies singles champion at the RBSC.

We had arranged for strawberries and cream on the lawn in front of the clubhouse and set up a real Wimbledon atmosphere. However, it turned out to be the coldest day I can ever recall in all my 54 years in Thailand. It was as if Bjorn had brought the weather from Sweden with him. Before play was scheduled to commence, Bjorn asked me to take him inside the clubhouse to keep warm! We sat and had cup of coffee together. All the matches turned out to be exciting and The Nation newspaper of Sunday, January 23, devoted nearly a page to the matches and results, with additional Borg-related stories. One reporter observed that the court was uneven, but after the match Bjorn told me that he was surprised by the high standard of the court, which was as "good as Wimbledon"! I played on the court many times after it was opened and certainly agreed with him. The event was a great success and some fine tennis was played. Our two players acquitted themselves well and it was a fun day for everyone. (There is a Commemorative Plaque by the side of our current Centre Court.)

Courts 1 and 2 (now numbered 2 & 3), continued to have flooding problems in the wet season and it was agreed with the General Committee that these two courts be turned into hard courts. I was shocked to learn a couple of weeks later that the Committee had decided without notice to tear up the new grass courts 3 and 4, instead, and turn them into hard courts and later decide what to do with Courts 1 and 2. The General Committee made this decision without reference to me,

as Convener, or the Tennis Committee. It was done for reasons that had no relevance to tennis or the welfare of the Club and I had no option but to resign. Eventually an EGM was called which led to the resignation of that General Committee.

I spent most of my time subsequently on the grass courts at the RBSC. I had, however, arranged for a colleague at the RBSC to become a member of the BC and join our tennis committee to ensure that it was in good hands. His name was Gordon Martin and he was a good player and lived for tennis. He was a great organizer and was retired, so he had plenty of time to keep the momentum going in the tennis section. And despite fluctuations in membership it is still going well today.

R. V. Fordham (F5)

Borg 'Supreme' on different surfaces

IT WAS a red letter day yesterday for both the British Club and Thailand's young hopefuls as the 'Borg Caravan' made the newly-laid grass court and the Supreme Court at the Suriwongse Road Club and the Indoor Stadium at Hua Mark their own personal property both in terms of their skills and the manner in which they conducted themselves both on and off the different arenas of their respective performances.

For the British Club, the occasion was a great honour, as Carsten Dencker Nielsen, managing director of the East Asiatic Co, had earlier used his persuasive powers to have the visitors perform on the new Centre Court. British Club Chairman Scott Younger, who was introduced by emcee Norman Musgrave, whimsically reminded the large gathering present in an atmosphere that was at once informal and carnival-like that "way back, the game had indeed been played by the Scandinavians on the same premises, but when they couldn't pay their land tax, the British Club took over." He went on add good-humouredly that they were "getting their own back today and things might be put right in a year or two."

Bjorn Borg then cut the ceremonial ribbon, releasing hundreds of balloons in red, white and blue - the national colours, as Scott Younger exclaimed, "May the new players be as good as he is." He also thanked Carsten D. Nielsen for "doing so much to bring Borg here today." Little Anne Williams, the daughter of Sports Convenor John Williams, then presented a bouquet of flowers to Mariana Borg, as Younger also expressed the club's thanks to Borg and party, SAS and Swedish tennis for their visit.

On a beautifully cool morning, the court, although it had an uneven bounce, did behave splendidly, even if the odd return kept low and a few bucked up off the good length. Both Borg and Joakim Nystrom, who played first, quickly adjusted themselves to the conditions, and proceeded to delight the crowd with a wide repertoire of strokes that brought many cheers from those present. The 22-minute set saw Nystrom wrestling his first game from his more illustrious rival after 15 minutes, breaking the latter's service in the fifth and then winning a love game on his service. But Borg, who rarely came

to net, used his tremendous topspin on both flanks to bludgeon his younger rival into submission, often resorting to high baseline lobs that had Nystrom scurrying to retrieve.

The mixed doubles, which lasted 33 minutes, provided exchanges that gripped the attention throughout, and all four players had their purple patches. Annette Wellman and Lennart Bergelin hit it off together early, and when they led 5-1 against Mariana Borg and Mike McAlister, it looked all Lombard Street to a China orange they would coast to victory. But in what was to prove a 'champagne finish' the underdogs pulled themselves off the floor, and combining superbly, made a remarkable comeback to win the last six points off the reel to win 7-5. Mariana was a tower of strength with her powerful serve and blinding ground strokes, while McAlister, who had played against Borg in England as a junior in 1970, also raised the level of his game. Annette and Bergelin flattered to fail, but in the early stages, the former sizzled with strong serves and volleys, before falling victim to nerves.

The Nation January 23rd, 1983

Regular Sports, Games & Activities

Aqua Aerobics

Tuesday 10:00–11:00

Bridge

Sunday 3:00pm–6:30pm Tournament play in Suriwongse Room
(except last Sunday of every month)

Cricket

Thursday 6:00–8:30pm Practice - Back lawn
Saturday & Sunday mornings - Junior cricket practice

Football

Tuesday 7:00–9:00pm Practice on the Tennis Court

Hockey

Thursday 9:00–11:00pm Practice on the Tennis Court

Pipe Band

Monday 7:00–10:30pm Practice - upstairs Clubrooms
Wednesday 7:00–10:30pm Practice - upstairs Clubrooms

Rugby

Thursday 7:00–9:00pm Practice on the Tennis court

Spoofing

Tuesday 8:30pm until late - Churchill Bar

Squash

Tuesday 5:15–8:15pm Casual Mix-in
1st Saturday of every month 2:00pm Handicap Mix-in
Thursday 5:15–9:00pm Mix-in
And 1st Sunday of every month 10:30am–2:15pm

Swimming

Friday 2:00–5:30pm junior classes
Saturday 9:00am–2:00pm junior classes

Tennis

Match Play

Monday 6:00–10:00pm

Mix-in All Standards

Wednesday 6:00–10:00pm

Friday 6:00–10:00pm

Ladies Mix-in

Tuesday 8:00–11:00am

Thursday 8:00–11:00am

Team Practice

Sunday 9:00–11:00am

Tennis Coaching

With Khun Pierre...

Friday 3:30–5:30pm: Junior tennis

(Contact Reed in the Fitness Centre for more details)

Yoga

Sunday 2:30–3:30pm

Sports/Activities Price List

Aqua Aerobics

Bt 3,000 for 10 sessions

Cricket

Use of cricket nets - Bt 300 day/Bt 600 evening if lights needed

Massage

Thai massage/foot massage - Bt 250 per hourly session (except Mondays)

Squash

Private coaching with David Lines - Bt 700 for 1 hour

Squash courts

Bt 50 per 45 min

Swimming

British Club Swimming lessons - Bt 325 per session, Bt 3,250 for 10 lessons

Tennis

Private coaching with Khun Jang - Bt 550/hour

Junior Tennis

Bt 5,500 for 10 lessons (Friday)

Tennis courts

Bt 30 per hour am/Bt 90 per hour pm

Tennis knockers

Hourly knocking sessions with - Khun Kaew (Bt 500), Khun Tom (Bt 400), Khun Choon (Bt 400), Khun Phon (Bt 300), Khun Champ (Bt 300)

Yoga

Bt 2,500/month for 10 sessions; drop-in Bt 300 per session

Double Diabolical Sudoku

We received eight entries last month with times ranging from a lightning-fast 13 minutes to 50 minutes (which is not exactly slow either), although we did get one time of "went wrong twice - ages" which presumably means over an hour! The first puzzle was widely experienced as more difficult, with an average time of 35 min, while the second was a walk in the park at 25 minutes.

Here are another two minimal Diabolical Sudokus. As usual, each Sudoku will have its own draw and for each a bottle of wine goes to the skilful - and lucky - winner.

Fax or deliver your completed sudoku/s to Barry Osborne as soon as possible after receiving Outpost. Entries must be received by the 10th of the month (but we will extend the deadline in the rare event that Outpost is late out). The author of the first correct entry (for each Sudoku) drawn out of a hat will win a bottle of wine.

			8		2		4	
1		6						
			3					
	2							3
				1		7		
	8							
5				9		6		
7						9		
			2					

Rating: 'Diabolically Difficult'

Solution times: You tell us! Write down your time next to your completed puzzle(s) - be truthful now!

March SUDOKU WINNERS

The ladies cleaned up this time! Congratulations to Eileen Bontje (B336), the winner of the first diabolical sudoku draw. This is her first win and she is now on level pegging with husband Anton.

The winner of the second diabolical sudoku draw is Fiona Ramsay (R084) - congratulations Fiona on your first win!

Just a reminder that we at Outpost are always available to help you drink your wine, should you need assistance . . .

If you missed out this time, there are two more chances on this page . . .

Each sudoku has a unique solution that can be reached logically without guessing. Enter digits from 1 to 9 into the blank spaces. Every row must contain one of each digit. So must every column, as must every 3x3 square.

		1					8	
			9			5		
			6		7		3	1
9	5		2					
	6			1	8			
4						2		
				3				

Rating: 'Diabolically Difficult'

Solution times: You tell us! Write down your time next to your completed puzzle(s) - no fibbing!

Squashy Bits

Chiang Mai Squish and Cliket Tour, 1st-4th February:

One week before our tour to Chiang Mai so many people had signed-up that I was worried that not everyone was going to get enough action. I needn't have. By the time we had assembled for team bonding at ye olde O'Malley's on Friday night, we were down to the old dependables, a jolly band of true, if not particularly talented, sportsmen, willing to play their hearts out. Everyone was called on to perform their duty for Club and honour, and everybody rose splendidly to the occasion.

20 overs vs. Chiang Mai Boys: Well, actually it turned out that the youth were all studying for their exams and we were playing against a CMGC team of all ages including a few of the young Thai players now playing senior cricket. It was a practice game, played on the artificial wicket, the intent being to give everyone a chance to have a knock and turn their arms over. BC loaned David Hall to the CM boys for an undisclosed fee.

CMGC batted first and all 9 BC players without bad shoulders bowled 2 overs each, Duncan and Anthony getting 3. Most of the bowlers had scarcely turned their arms over since last year (or indeed, ever) but put in a brilliant performance inspired by some of the best catching surely ever seen by a BC team. No less than 7 bowlers took wickets - Anthony, Chris, Roger, Paul and Vaughan one each, David Lines and Nick Mellor two - and 8 out of 9 catches offered were held, every single member of the team getting on the "how out" score sheet except one who shall remain nameless (for now). CMGC scored exactly 100, all of their team also getting a bat. In fact they were in danger of only scoring 99 but a bit of tactical fielding by the skipper set the perfect target.

Just like the bowling, the batting went perfectly to plan. Star batsmen, Nick White and Vaughan were under orders to get their 20 not outs before retiring, which they did with great ease and fluency, and David Lines played another disciplined little gem also retiring on 20. This left the rest to scabble the other 40 runs and the result was never in doubt. Roger Winter (run out on 12), made sure it wasn't done with too many balls to spare, BC winning by 5 wickets in the last over.

This was a brilliant game played in great spirit, auguring well for the next day. In truth the team had played above themselves. Everyone did well and special credit to the guys who don't normally play cricket or hadn't played in eons ... Roger, David Curmi, Nick Mellor (no I don't want to bowl) and Paul Taylor's mum.

Squash vs. CMGC: Unfortunately most of the last minute defectors were squash players and it was a very depleted team of 7 that took on the might of CMGC whom we had just scraped a memorable victory against last year. The result was inevitable but David Lines is no coward and led his troops into battle determined to give of their best. The result was 7-0 with only Da and Nick Mellor getting close. Da in fact had match points against a girl who had thrashed her last year and would surely have won if she hadn't been eating som tam all day. David Lines was playing the same opponent that beat BC #1 James Quinn last year and everyone was playing at least one position above their rank. But no one shirked their duty. Well done BC!

Anyway, it's not the result that matters it's the beer consumed after and we were delighted at the warm hospitality shown by the CMGC boys this year. They laid on a great barbecue under The Tree, always a highlight of the weekend. The rituals of Fuzzy Duck and Fizz Buzz were played out, Paul Taylor (to my left, seven) once again delighted us all with a brilliantly incompetent display. It was worth every penny paying his airfare to get him back for this.

We should have gone to bed then, happy . . . the only good thing about going on to watch the 6 Nations Rugby was that Marvyn was safely in Wales celebrating his 90th birthday.

Dick Wood Cup - 35 overs vs. CMGC: In the hazy dawn, Vaughan McClear took over the captaincy, Roger declared himself injured and so every other remaining standing man had to play, John Vivian making up the numbers. Probably fortunately, we were asked to bat first, allowing most the team time to wake up. This time we were on the turf wicket.

Again the batting went brilliantly to plan, encouraged very entertainingly by the BC's very own Cheerleaders led by all-American pie Andrea, resplendent with pom-poms and designer tee-shirts. The wicket played well, a tremendous credit to the CM ground staff, Nick White and Vaughan again scoring their quotas of 35 before retiring. I have played cricket with Nick for over 25 years and have rarely seen him hit the ball so sweetly. David Lines (15) and Chris (10) played perfect foils, holding up their ends whilst Nick and Vaughan did the damage. Then others chipped in with useful little cameos including 16 off 13 balls from Anthony, 14 of 15 balls from David Curmi with some brilliant running between the wickets, rounded off with a little gem of an innings from John Vivian, 9 not out off 5 balls. 163 for 7 was certainly a fighting score and if everyone bowled as well as in the practice game, a winning one.

BC got off to a great start in the field with Anthony (1 for 22) and Duncan (2 for 23) both bowling hostile and accurate opening spells reducing CMGC to 24 for 3 after 7 overs. Vaughan took one catch at full stretch behind the wicket that most recent England test wicket keepers would die for. The problem was that the part time bowlers couldn't match their performances of the day before and the catching was a little more like you might expect. The Cheerleaders were never quite sure what to cheer about, so cheered at everything, and although David Curmi bowled a very tidy spell (1 for 32) and Anthony took the pads with some excellent wicket keeping to allow Vaughan (0 for 21) to bowl, too many extras were leaked (24 wides) and CMGC won by 6 wickets with 11 balls to spare.

So the Dick Wood Cup was left in Chiang Mai again but this was the closest we had got since our last win in 2003. Every single member of the squad had contributed to a great weekend which of course was rounded off with the deadly new ritual of vodka slammers. Nick White was repeatedly fined for dropping a record 4 catches, there were at least two races to the square and back but I doubt if anyone remembers much about what happened after the sun went down on a very happy and exhausted touring party. Well done guys and gals. Thank you to all the supporters and especially the cheerleaders. Thank you Anthony for taking on the difficult and expensive business of hotel bookings and Vaughan for bringing a

bit of talent to the squad and entering into the spirit so splendidly. And thank you CMGC for the wonderful facilities, for Peter and Anne, and great hospitality. We'll be back again next year for our 27th anniversary tour!

Squash vs Vajiravudh College, 23rd February: Keen to get back into winning ways, David Lines was soon urging his troops on again at home against a frighteningly young team from Vajiravudh College, conceding age differences in each match of 10, 20 and even 30+ years. I was lucky enough to be around to watch some of the highlights.



For not mentioning my duck or my bad toe



Great Atmosphere with OV

The effervescent Charles Whiteley was 2-0 down when I arrived on the balcony but, immediately recognising his chance of Squashy Bits fame, turned in a stunning 3rd game. Against a much younger opponent he took him on, shot for shot, hurtling around the court, smacking the ball with some amazing volleys and reflex shots, a man possessed. A clearly impressed but suspicious coach and captain urged him to slow the game down but to his eternal credit, Charles totally ignored him, maintained his adrenalin surge with smash and grab tactics, running out winner in a thrilling match, 3-2. Great stuff Charles.

It's always worth checking out Marvo's games in these matches, but when I arrived, he was 2-0 down and almost out. The turning point came when he completely misread a wide serve, stepping inside only for the ball to smack into the back of his right shoulder. Apparently unsighted, the marker gave Marv the point which his disbelieving opponent politely challenged. Slightly harassed, the marker asked Marvyn if it had hit him and Marvyn, with a smile that even a Welsh sheep would be embarrassed of, replied "I don't know. I couldn't see. It hit me on the back" adding helpfully, "it might have hit my shirt"! Benefit of the doubt given, it was now all Marv, hauling the game back from his distraught opponent to 2-2 ... before eventually falling a very creditable 3-2.

I was just in time to watch Nick Mellor creamed 9-2 to lose against a very handy 18-year old, assuming he had been cleaned up 3-0. But it turned out that the score was 3-2 which means Nick must have played brilliantly to get that far. BC had to win the last two matches to stay in the game and David Lines played beautiful disciplined squash to win 3-2 at #1. Steve Tostevine then showed no nerves as he efficiently snuffed his opponent 3-0 to round the day off at 5 matches all. Wins for David, Chris



The Charmy Army



The squad



Losing with style



Anne and Peter



Four Dropped Catches



Fine times

Browning making a guest appearance, Charles, Steve and Peter, with losses for Rit, Da, Nick, Marvyn and Neil.

BC won 19/17 on games count back, the unscrupulous Marvyn claiming credit for the victory due to his hard-earned points. Fairer to credit it to Nick Mellor's fight against the odds, but even fairer to acknowledge Charles' as the match winning performance of the day. All in all it was a great day's squash. There was a terrific team atmosphere and all games were played in the best of spirits. OV were great opponents. They stayed to support each other and shared enthusiastically in the after-match festivities. We will all look forward to playing them again.

New Saturday mix-up, 1st March: The monthly mix-up was played on a Saturday for the first time in March to try to increase participation. Eight players turned up and Da and David Lines won the two groupings with Da winning the playoff. Well done Da! David has never been known to give a point away ... but expect a bigger handicap next time.

Funny Ladder goes on: Have a look at the photo ... something really dodgy going on here! Time to introduce random urine checks?

League Winners:

Congratulations to the winners of the January League #227: Division 1 David Lines, 2 Shiraz Poonevala, 3 John Speake And the February League #228: Division 1 David Lines, 2 Charles Whiteley, 3 Peter Corney.

Happy Squashing
Jack Dunford

PREM	
David Lines	27
Charles Whiteley	2 28
Nick Mellor	3 29
Peter Corney	4 30
Chaturan Thaisangsang	5 31

Stewards Inquiry?



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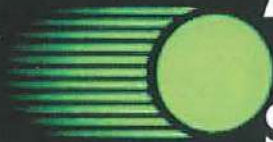


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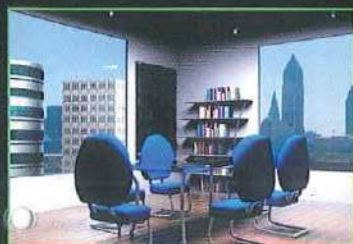
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The Rugby Section is pleased to report a successful tour to Vientiane, Lao PDR, where splendid rugby was played and excellent hospitality offered by the organizing team, Vientiane Buffalos RFC.

The start of year 2008 has been very active for the Rugby Section with regular Sunday trainings at Thonburi University under the coaching of Team Captain Morcar McConnell and Vice Captain Vorawut (Wai) Vaidyanuvatti. The regular training sessions have given our development team better rugby skills and knowledge about the British Club game plan. The Focus of training has been on 10s rugby as we are approaching the 10s season with our yearly 10s tour to Chiang Mai taking place on March 15, and later in May the Pattaya 10s and Silapakorn 10s. We are now fortunate to have two teams, which make our Sunday training session of utmost value as we can organise inter-section training games. Our development team has improved its rugby skills and mastered rucking and mauling very well.

Fixture Report / Tournament Results

Vientiane 10s, Vientiane, Lao PDR, January 19, 2007
For the first time the Vientiane Buffalos organised a one-day 10s tournament with three men's and two ladies' teams from Lao PDR, and five men's and two ladies' teams from Thailand.

Match report

Vientiane Buffalos II - BC Won 21-5
Mahasarakham University - BC Won 27-10
Khon Kaen University - BC Won 35-5
Roi Et Province - BC Draw 10-10
Final Vientiane Buffalos - BC Lost 15-13

The British Club was very lucky to reach the final as we nearly lost to Roi Et's young team of hard, fast and skilful players. The BC did just enough, scraping through into the cup and had to play against a well prepared Vientiane Buffalos first team.



Fly half Mac



The final was a very exciting game with the British Club leading by 3 points in the last minute of the match. Our winger received a kick in our 22 and only needed to kick it for touch to finish out the match but instead he kicked up-field. The ball was quickly picked up by the Vientiane Buffalos fullback who organized the back line to score an easy try. The final whistle blew and the Vientiane Buffalos took home the first prize. The Buffalos used to be a team with a majority of expatriate players but now only a few expatriate players are good enough to make it into the team. Key positions such as fly-half and hooker are played by expatriate players but otherwise the team consists of Lao players who have been trained by the initiative of the Vientiane Buffalos. The development of the club has been very fast thanks to a consistent strategy to integrate rugby with the Lao educational system and promote rugby at schools in Vientiane and to develop a Lao national side competing against other countries in Asia.

The hosts invited the teams to a dinner with Beer Lao and exchange of prizes and souvenirs. We were all very impressed with the good rugby, the excellent organization and the great spirit during the whole tournament and we are all looking forward to visiting again next year.

All in all this was a good month of rugby for the British Club and we are now well geared for the upcoming season of 10s tournaments.

Magnus Andersson
Rugby Section Club
Captain



Prizes



BC Staff receive Long Service Gold Awards

On Friday the 29th of February we held the annual staff long service awards in the Suriwongse room and we also held a party for all the staff.

Khun Sumol ("Awe") Club Housekeeper, Khun Krathin ("Tin") Poolside Deputy Mangager, and Khun Samorn ("Daeng") Clubhouse cleaners, who have all worked at the Club for 15 years, were rewarded with gold worth Bt.22,500 each.

Khun Amnaj ("Naj") from the Fitness Centre, Khun Prasert (Maintenance), Khun Somsong (Pool cleaner) and Khun Narong (Gardener) received gold worth Bt.15,000 each after 10 years' service.

And finally Khun Hiran ("Kaeng") Chef at the Clubhouse, who is the new boy with only 5 years' service under his belt, received gold worth Bt.7,500.

Well done to all the staff and we thank you all for your dedication and hard work for the Club.

We will be featuring our Staff quarterly awards in the May Edition of Outpost.

Barry Osborne





A weekend back to nature in beautiful Khao Yai with The British Club

Leave on Friday 2nd May @ 6 pm

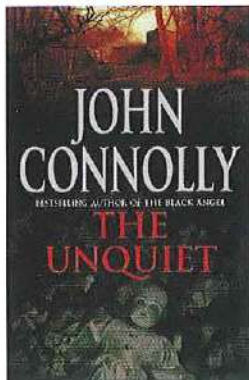
Return on Sunday 4th May



Stay at Khao Yai ECO valley Lodge—we're taking over the whole resort!
Activities include visits to the national park, waterfalls, national park
headquarters, elephant riding, tour PB Thailand Winery at Nakhon
Ratchasima, a bar quiz, kids activities and even some time to r-e-l-a-x!

For costs and further details contact Khun Roy or Barry

Book Reviews



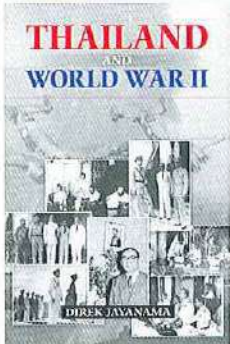
THE UNQUIET

By John Connolly
ISBN: 9780340920510
Paperback (Hodder)
Bt.350

After Irish writer John Connolly's runaway success with "The Book of Lost Things", he returns to his thriller series featuring Charlie Parker. He is asked by a woman named Rebecca Clay to deal with a stalker who's also asking questions about her father, Daniel Clay, a psychiatrist who disappeared some years earlier. The man is Frank Merrick, and it emerges that

his daughter went missing while being treated by Rebecca's father. But Merrick turns out to be more than an ordinary stalker: he's a former button man a hired killer, and it becomes clear that he is being manipulated by someone else with a guilty secret to hide.

Well-paced, scary and cerebral, this thriller is disturbing. Connolly is a master of suggestion, creating mood and suspense with unsettling ease. He has said himself in an interview that at one point in the novel, someone tells Parker that "everybody lies" and, on one level, the book is an examination of the truth or otherwise of that statement. Though not quite as violent as previous outings, the appearance of characters from previous Parker novels (both good and villainous) is a good hook for existing fans while newcomers are sure to be satisfied by this meaty read.



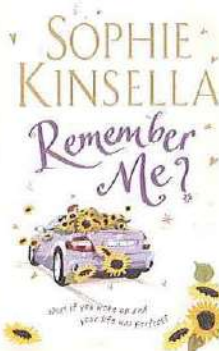
THAILAND AND WORLD WAR II

By Direk Jayanama
ISBN: 9789749511336
Hardback (Silkworm Books)
Bt.995

Direk Jayanama died in 1967 after a long life of public service in both the political arena and academia as one of the founding fathers of Thammasat University. Here he provides a first-hand account of Thailand's diplomatic, military and economic history between 1938 and 1948. Based largely on diaries that he kept at the time, Professor Direk's memoirs offer an extraordinary range and depth unsurpassed by almost any other Thai

war record or memoir. He was Deputy Prime Minister when Thailand was forced on 8 December 1941 to accede to Japan's demand that its troops be permitted safe passage through Thai territory on their way to attack Singapore. By early 1942, Direk, who had always opposed the Japanese cause (he later became a founder member of and underground organiser for the Seri Thai - Free Thai - Movement) and under pressure from Field Marshal Phibun Songkhram, the Thai Prime Minister and arch appeaser of Japan, was forced to go there as Thai Ambassador, affording us an inside view of relations between the two countries at that time. Packed with great black and white photographs, if like me you are a bit mystified by what happened in Thailand during the war, this is an informative and entertaining narrative written by the ultimate insider.

Editor's Note: This month's book reviews are generously provided by B2S bookstores



REMEMBER ME?

By Sophie Kinsella
ISBN:
9780593053904
Paperback
(Bantam)
Bt.650

Sophie Kinsella is a publishing phenomenon and all of her novels are smash hits around the world. Best known for

the Shopaholic series of novels, "Remember Me?" is a stand alone novel like "Can You Keep A Secret" and "The Undomestic Goddess".

Lexi Smart works at a carpet company. She has frizzy hair and crooked teeth. She has no sense of style and she's dating a guy whose nickname is none other than "Loser Dave". One day she wakes up in hospital. Now she has beautiful hair, straight teeth and a wardrobe of designer clothes and handbags. Now she rules over an entire department working with her best friends in the company and has acquired a drop-dead gorgeous multi-millionaire husband into the bargain.

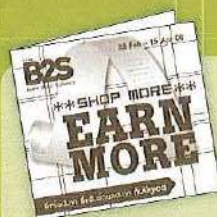
But Lexi has no idea how all this has happened - she doesn't remember the last three years of her life. How on earth did she become a glam fashionista with an important job and rich hubby? Slowly she uncovers the mysteries regarding this shaded piece of her life, but things truly spin out of control when she meets Jon, a handsome architect who stops at nothing to win over her affections... again.

Why do readers go crazy for Kinsella's books? It's certainly true that fans love her light and sassy sense of humour and she never fails to dish up a romantic and fun story - even if on this occasion it is not the most original plot. Sophie says it herself: she writes about wish fulfilment and she is so successful at it that it's hard to believe she herself started out as a financial journalist - but then who wouldn't want to escape from that?

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28 Feb - 15 Apr 08

HELLOS

Welcome Aboard!

Please join us in welcoming the following new members and their families. We look forward to seeing them around the Club.

1. Michael Binney & Phattarathip Choeybuakaew
2. Sophie Jenkins
3. Sonia & Samuel Kittle
4. Matthew Laurenza & Shaun Hui
5. Sylvia Quarmby
6. Sven & Gwendolyn Muendler
7. Katrine Kumala & Suthiphond Chaikitsakol
8. Stanley Barrow & Thongkum Changsee
9. David Saunders
10. William Hill

and GOODBYES

Farewell and best wishes to . . .

1. John Logan
2. Gary Cutler
3. Cyndi & Devin Field
4. Chote Sophonpanich
5. Jeremy Kerrich
6. Nicholas & Bussara St Johnston
7. Christopher & Patimah Platt
8. Brett & Srey Spillane
9. Graciela Haube

Investing in people

By Al Lock

Today, there is a lot of uncertainty in the business community, both in Thailand and around the world. Between watching to see what direction the new Thai government will take, concern about the US economy, and concern about the US elections and what that will mean across the globe, this uncertainty is apparent.

What does it mean for training? Usually, when corporations are uncertain about the business environment, they get conservative. Part of this is usually a reduction in spending, and the areas that commonly see the largest reductions are advertising/marketing and training. Already, this trend is evident this year.

But is this actually a smart reaction? To some extent, it may be necessary. After all, any business must maintain the ability to pay its fixed costs and if budgets need to be reduced, advertising, marketing and training are obvious places. But from the perspective of growing a business, it may be that other alternatives should be considered.

During economic tough times, most companies are going to reduce those advertising, marketing and training budgets, including your competitors. The companies that maintain marketing budgets and advertising budgets in tough times are the companies that will take advantage of the opportunity that tough times are, and grow. The companies that maintain training budgets (assuming that they have properly designed training for their needs, not just to "check the box") will be the companies that have prepared their people to take advantage of the growth that follows the tough times.

Here in Thailand in 1997 and in New York in the late 1980s, I observed which companies thrived in the aftermath of economic tough times, which just survived economic tough times and which failed in economic tough times. The companies that thrive are the ones with a plan on how to build market share and visibility during tough times, the ones that take advantage of the vacuum created by the companies that fail.

Is your company prepared to thrive? Are you investing in your people, your strategy, your marketing in order to take advantage of the opportunity? Or are you simply focusing on surviving the economic downturn?

Training to take advantage of an economic downturn is about creativity, flexibility and positive mindset. All of those are trainable behaviors, and they are essential behaviors to those who will grow while others are falling by the wayside.



Editor's notes: Al Lock is the managing director of NLI Communication Ltd., a training consultancy that specializes in delivering custom-built communications and behavioral change training to corporate clients.

al.lock@nlicomm.com
www.nlicomm.com



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