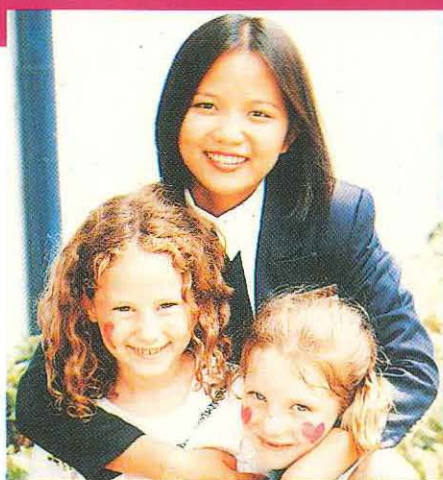




Outpost

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M A Y • 1 9 9 7

- Good Friday Fun • Face Painting and Gymnastics at Easter •
- Tennis Club Championships • Bernie's Bowl Ball •



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Jane's Saturday

5:00am: Woken by a noisy Sailor in the soi.

7:00am: Same breakfast as yesterday.

9:00am: Spent 2 hours in traffic buying groceries.

12:00 noon: Scrambled eggs on toast - again

2:00pm: Phoned Joanna but she's apparently in Katuandu

4:00pm: My tennis game washed out by rain

7:00pm: Soi flooded so ate at home. John didn't like the food

9.30pm: Bored so went to bed early

Joanna's Saturday

5:00am: Watched the sun come up over Mount Everest

7:00am: Had some incredible goat cheese and ham for breakfast

9:00am: Bought fabulous Nepalese jacket in market

12:00 noon: Ate lunch in a Tibetan camp in the hills

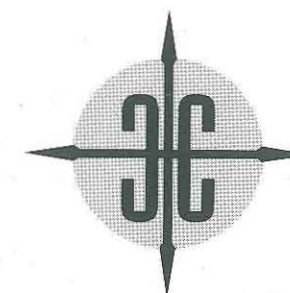
2:10pm: Phoned Jane only to learn she's bored with the traffic

4:00pm: Had tea with our Sherpa guide before wishing him goodbye

7:00pm: Watched exquisite dance show over a candle lit dinner

9.30pm: Went to bed excited about tomorrow's trip to Bhutan

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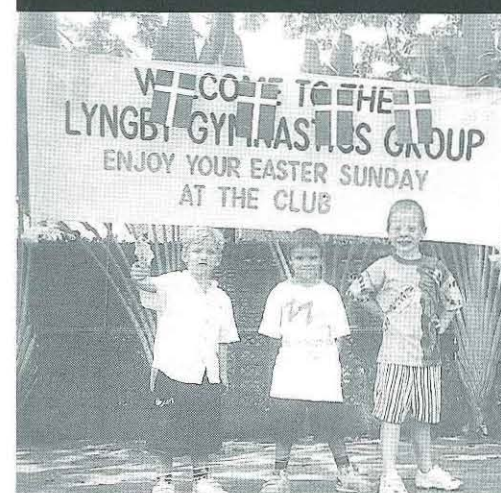
Contributions

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The British Club

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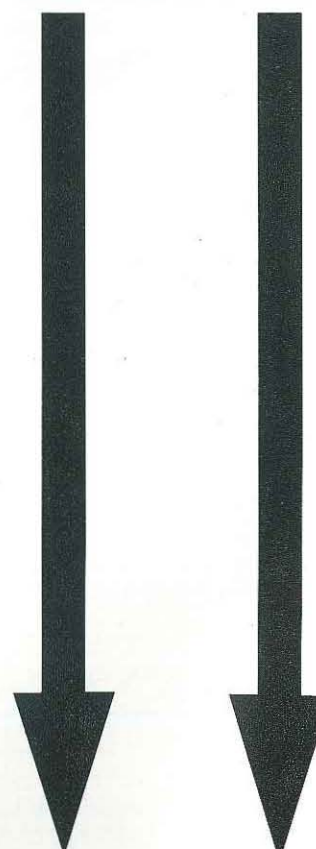
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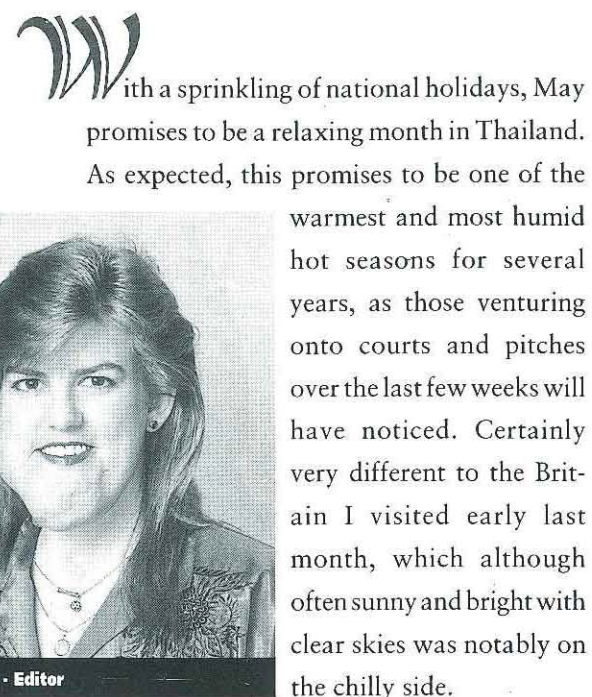
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From the Editor



Gaynor de Wit - Editor

With a sprinkling of national holidays, May promises to be a relaxing month in Thailand. As expected, this promises to be one of the warmest and most humid hot seasons for several years, as those venturing onto courts and pitches over the last few weeks will have noticed. Certainly very different to the Britain I visited early last month, which although often sunny and bright with clear skies was notably on the chilly side.

Some of you in the Churchill Bar may have noticed at the New Members Night in April that the interviewing and photographing of all the newcomers was kindly covered in my absence by colleagues at The Creative Partnership — how competently so is apparently open to discussion among those who witnessed the spectacle! Nonetheless I am grateful to them, as it allowed me a few days free to attend two important family events in the UK yet still provide Outpost with the latest crop of new faces and families to the Club. The low turn-out at the AGM this year was disappointing to say the least, with an average of 35-40 members over the evening, of which around a third were current, past or about-to-be General Committee members.

Apparently the wrong year to introduce a larger capacity, theatre style of seating, which only emphasised the numbers of empty seats. One does wonder what it will take to encourage more members to attend such meetings, and whether there are extraneous reasons for the no-show of some of our more vocal members often heard in the bar or salas commenting on Club matters or suggesting improvements.

After less than two months with the Club, Lisa Fitzpatrick has taken over as chief contributor to the Outpost in May, with articles on the Good Friday Fun Day and the Easter Sunday activities as well as a report on the progress of the Swimming section and her own page of sports and recreation news. Add to this all the other sports reports and you get the impression that this Club is getting fitter... I'm delighted to report that Rachel Elias has taken up writing poetry again, with one of her creative efforts in this issue with another to follow soon, a picture of Nigel Oakins donating a painting of the Clubhouse to the Club and there's a report on the Spanish food promotion - and why wasn't Barry wielding his maracas, that's what I want to know.

Gaynor de Wit
Editor

From the Manager

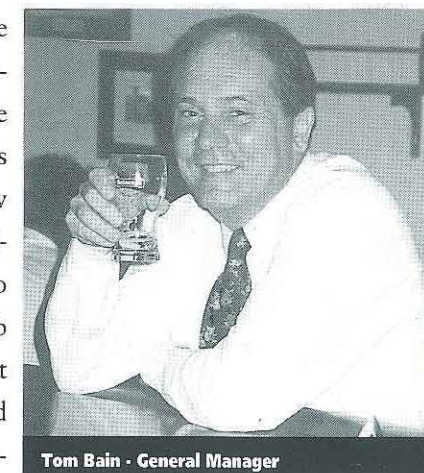
Songkran is now behind us and let's hope our members did not get too wet, too often. However, May is something of a golden month as far as holidays go, with three public holidays in the month. This leads me to a plea... if you are stuck in Bangkok on a public holiday, why not pop down to the British Club for a game of tennis, squash or just a cooling dip in the pool and, of course, some solid and liquid refreshment. Experience shows that the Club is generally quiet over holiday times, so if you are at a loose end come on down and enjoy your Club. By now many of you will have met Lisa Fitzpatrick; she's the Club's newly appointed Sport and Recreation Coordinator. Since her arrival she's organised the Easter festivities and commenced swimming and tennis coaching. Next on her list is squash and snooker. She's very active around the Club and can usually be found in or near the fitness centre. Please look her up next time you're in the Club.

Over the past few months there seems to have been an exodus of people leaving Thailand for whatever reason, but this has made a dent in the Club's membership numbers.

Membership numbers are still high but with the membership at around 850 we are about 50 less than this time last year. If you know of any new arrivals to Thailand who would like to become a member of a club such as ours, please direct them to me and I'll be glad to make the necessary arrangements. By the way, if you do propose a new member, there's no commission but you do get a chance to win a Bt 1,000 voucher for Lords!

Another plea about the security gates. Please obtain your new membership card if you haven't done so already and if you do have one please use it. Don't just scowl at the guard until he cowers and opens the gate, which is a ploy some members appear to be using.

Tom Bain
General Manager



Tom Bain - General Manager

STOP PRESS - New Members Nights

With immediate effect, New Members Nights will be held quarterly instead of the normal monthly meetings. The next New Members Night will be in July. In addition, General Committee meetings will from now on only be held once per month, usually the third Monday of the month. I will shortly be sending a circular to all members to fully explain these changes.

Management News

New Committee

At the AGM on 25th March the new General Committee was elected (unopposed). Therefore, the 1997/8 General Committee comprises as follows:



K. Chuan, winner of staff awards

D. Forrest Chairman
J. Young Vice Chairman/Sport
P. Evans Treasurer
B. Adams Club Development
D. Henton Club Development
D. Turner Sponsorship
I. Webb Membership
M. Lamb Sport/Sponsorship
C. Hastings Club History
K. Bell Entertainment

If you have any queries you may contact these Committee members direct or via the General Manager.

Rule Changes

Also at the AGM two rule changes were approved. These are as follows:

Rule 11 now reads:

"The committee shall meet at least once in every month for the transaction of current business. A quorum shall comprise a simple majority of committee members in office at

the time. In the case of an equality of votes, the Chairman shall have a second or casting vote."

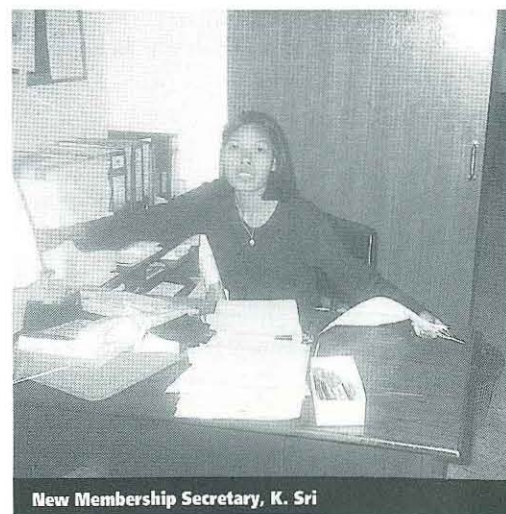
This change has been introduced to make it easier to obtain quorum at Committee meetings. Rule 18 now reads:

"The committee may raise overdrafts in Thai baht to cover cash flow requirements for normal operations to a limit not exceeding one month's average expenditure in the current annual budget without reference to the Membership. Other loans or overdrafts must be subject to prior approval by Members in a General Meeting."

This change has been introduced as the previous rule was very ambiguous regarding the General Committee's ability to raise overdrafts.

Royal Yacht Britannia Sporting Challenge

Her Majesty's Royal Yacht Britannia will be visiting Bangkok from 9th-14th of May. HMS Beaver will also be visiting from 22nd-26th May. Temporary membership is being offered to the ships' crews. The British Club will also be challenging the visitors to some sporting competitions. Please ask Lisa Fitzpatrick for details, and get involved!



New Membership Secretary, K. Sri

Staff Awards

The April staff awards were won by Chuan Boonma, storekeeper, in first place and Somsong Poorab, the poolside cleaner, coming in second.

Surin Elephant Round Up

The BC trip to Surin is on again this year (that is, as long as there are no unforeseen hiccups such as elections and date changes!), so please mark the date in your diary now - the weekend of 14th and 15th November. More details about this trip will appear next month.

New Membership Secretary

Khun Sri has taken up the position of Membership Secretary. Pop up to the office and say hello next time you are at the Club.

Tennis and Swimming Coaching

Our Sport and Recreation Coordinator, Lisa Fitzpatrick, has organised numerous tennis and swimming and coaching sessions. Please contact Lisa at the fitness centre for more details.

Discover Scuba

Regular SCUBA courses are being held at the Club. If you've ever thought of giving it a try, why not come along to a session? Please call our instructor, Peter Gary, on 634 7792 to arrange a time. See the article in this issue for recent activities by members.

Member Activity Interest Profiles

Questionnaires were sent to all members in last month's Outpost. If you haven't filled one out, or require another, please find extra copies in the fitness centre.



K. Somsong, staff awards runner up

New Aerobics Classes

These are now well under way, with new instructors, music and routines giving new life to the British Club aerobics sessions. Please come in and give our new classes a go - for 120 baht per 1 hour class. See you on Monday, Wednesday or Friday at 9.30am and Thursday 7pm. Aqua aerobics classes will be introduced in the near future. Watch the notice boards for more information, or please see Lisa Fitzpatrick for preferred day, time, etc.

Ladies Squash

In response to several requests, there will be a ladies' squash afternoon held every Tuesday from 2pm onwards, starting on May 6th. For further details please see Lisa Fitzpatrick or call Barbara Overington on 258 7306.

Snooker

Commencing Wednesday 28th May, 7.30pm, there will be a social snooker evening. All welcome, with competitions to be planned for later in the year.

New Members

Irena Nowak and Jaroslaw Wlodyga

Originally Polish and now Canadian, Irena is the manager at Bermark Design - Rama Gem

Industry while Jaroslaw is a technical advisor; both play tennis and swim and Jaroslaw enjoys playing cards. Straight from their last posting in Germany, they have already been here for seven months and expect to be here for several years.



Jaroslaw and Irena

Derek Cook

Another Carlsberg bod to add to the barrel, as it were, Derek is here this time for three

years, having worked here on and off before and also in Nepal, South Korea, Philippines, Malaysia, Vietnam and South Africa. Current sports including swimming and tennis; he has three grown children and was keeping his cards very firmly to his chest regarding his hobbies!



Tom, Derek and Jim

Andrew Hursthouse

A cotton merchant for Ralli Brothers & Coney, Andrew is only here for a few months; previ-

ous postings have included Azerbaijan, Pakistan, Zimbabwe and, er, Liverpool! A tennis and golf player, Andrew is quite the dare devil, listing his hobbies as bungee jumping, parachute jump-

ing, white water rafting, scuba diving and singing in karaoke bars, the latter probably being the most life-threatening in Thailand...



Proposer Paul and Andrew

Philip Sheridan

Philip has already been here over two years and anticipates a good few more yet; he's an analyst with Thaimex Finance and Securities and this is his first overseas posting,

although he went to university in Spain for a year and speaks the lingo. Main interests include tennis, squash, sailing, scuba diving and snowskiing, and travelling to offbeat places (like Bangladesh). Having done the Europe-to-Australia overland trip a decade ago, all that's left are things like bungee jumping, sky diving, climbing Mt Everest...



Philip

Ian Price

This is the story of a sporting family - not only does Ian play cricket and golf and used to play rugby for Newport, and wife Janet tennis, netball and swimming, their eldest

daughter Kate, 16, plays county standard tennis, hockey, netball and swimming and their middle daughter Louisa, 10, is a county softball player - phew! MD with Standard Chartered, Ian has previously worked in Taiwan, Hong Kong and the Philippines and the only flaw I could find is his supporting Wales in all sports!



Ian

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Highly Successful Club Championships

This month's issue is dedicated to the Club Championships, held earlier this year, and the successful après-play festivities. The Junior

Andrew and Jane Shaw

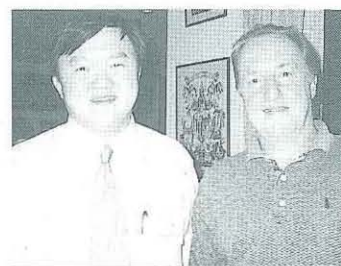
Andrew and Jane have had a variety of postings before Bangkok, including Oman, Holland, Switzerland and South Korea, the latter being where daughter Laura, 3, was born. Here for around 5 years, Andrew is MD at BICC Ucom Cables and enjoys mountain walking, and both he and Jane share the sports of tennis (restarting in his case!), swimming, skiing and sailing.



Jane and Andrew

Veera Lertruangpunyavut

Single and 35, Veera is the MD of Paragon Co, a leather export company. His sports include golf, swimming and squash and hobbies include reading and he's a great fan of watching videos; Veera is also a member of YEO in Thailand.



Veera and proposer

Philip Wee and Sharon Aviet

Self-employed as Marimex Traders, Philip has been here for 6 years already and hopes to stay indefinitely; fiancé Sharon has just joined him and their daughter Claire, 14, is a student in Perth. Philip plays tennis, swims and jogs every day, enjoys gardening and woodwork and once hitch-hiked through the Australian desert (!), while Sharon is a golf beginner, loves netball, works out at a gym and is an animal lover - she has adopted one stray dog and would like to adopt all the stray dogs and cats in Thailand!



Sharon and Philip

Christopher Poustie

Son of golfers and long-term residents Mike and Angela, Christopher has been working here for a couple of years as a consultant with Citibank and hopes to stay for some time. Single and 25, he's following in his parents footsteps as a golfer and squash player. A creative soul, his favourite hobby is composing and recording music on his piano.



Christopher and his mum!

Benedict Knowles

Already known to several members as he's been playing rugby for the BC during the year he's been in Thailand, Ben is a stockbroker with Credit Lyonnais Securities and looks forward to another couple of years here after his two years in Hong Kong. So far his rugby career has included tours to Phuket, Hat Yai (where he broke a leg), Manila and Hong Kong, but he also plays squash and tennis and enjoys sailing.



Ben

Gillem Lawson

Born in Nairobi, Kenya, this is Gillem's first overseas posting which should last a couple of years; he's a market researcher with Asia Market Intelligence. His girlfriend, Sarah, should be joining him at Christmas. A tennis and rugby player, Gillem is a keen airman and holds a British pilots licence, while Sarah also plays tennis and enjoys art and art history and the theatre.



Gillem



Men's Singles winner, Ken

Tennis section covers the honours gained by our up and coming members while this section covers the format for the day and the seniors competition. I have dozens of photos of the evening event especially; please ask me to see them if you'd like copies of when you won the shower gel...

Lotsaluv
Me

Saturday 15th March saw the introduction of a new format for the finals day of the BC annual tennis championships. In previous years, finals day had been held on a Sunday with the Finals Party and prize-giving following on a Saturday evening a week or so later. This year, in order to maintain continuity and to keep both events alive throughout the day and evening, it had been arranged to carry straight on with the prize-giving and dinner as soon as all the finals had been completed. With regard to the success of this new format, the attendance figures speak for themselves with a record turnout of well over 120 members for both the tennis events and the concluding dinner. The venue also was new in that the Surawong Room was exchanged for the informality of the Silom Sala which turned out to be ideal, allowing the full participation of all family members for the first time.

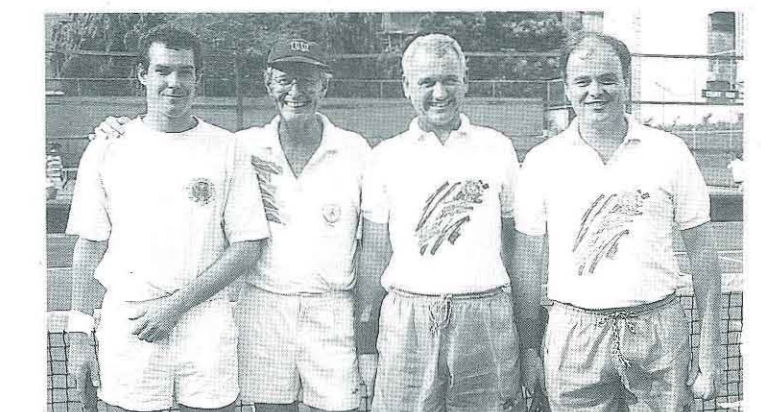
In another respect, this was also a first for most BC playing members in experiencing a

downturn in the Thai economy, making the task of those seeking sponsorship for the whole event doubly difficult. Whilst there was a definite falling away of support, many old faithfuls and a few new sponsors provided the necessary help and to them we would like to extend our very special thanks for once again seeing us through to a very successful conclusion. In particular, we would like to thank the following:

Dunlop, Oriental Hotel, Royal Orchid Hotel, The Regent Hotel, Sportathlon, Carlsberg, Almac, Royal Garden Pattaya, KSC Engineering, Meridien Hotel, Landmark Hotel, Holiday Inn Crowne Plaza, Hyatt Central Plaza Hotel, Swiss Lodge, Grand Hyatt Erawan Hotel, Sukhothai Hotel, Montien Hotel and a special mention to **Surin & Chalathip Dunnvatanachit** for sponsoring the Juniors competition prizes.

This year was no exception in that as usual everyone tended to leave the playing of their matches right up to the last possible moment. However, as we also had an exceptionally high entry to contend with, this inevitably led to a number of unfortunate incidents in which good players had no option but to scratch. This was not necessarily through their own delay but through delays caused in previous rounds by other players. Clearly, to avoid a repetition in future events, this is a problem that needs to be carefully considered by the new committee.

Also consequent from this problem was the fact that several obviously excellent matches



The Men's Doubles ensemble



The Mixed Doubles finalists - apres-match!

were denied to the view of BC members by having to be played at other venues, with a resulting loss of revenue to the Club. A case in point being the match between Bernie and Pat, which had to be played at the Capital Club, and from the score could be judged to have been one of the best singles matches of the entire tournament

Finals Day this year did not quite live up to that of the Graded Championship of last November when there were a number of extremely close encounters headed up by a wonderful men's final between James and Richard which had us all biting our nails until the very last ball.

This year Ken Linthicum, a relative newcomer, had the legs of everyone and was never seriously challenged with the exception of a tough 3-setter with Richard Ellis on his way to the final and a smooth victory over Pat Dean. Control and good positional play with relatively few unforced errors triumphed over youth and raw power. With such a cool and commanding performance from Ken, that element of excitement making for a great final was just never quite there. Pat was unable to settle into his usual rhythm of baseline power drives and succumbed to a 6-3, 6-3 defeat.

The ladies singles was yet another demonstration of control and freedom from unforced errors by Chalathip, who once again dominated the event with no serious challengers in sight. Janet Vivian started well

enough but as the game progressed her lack of match play began to tell. Janet's play just faded a degree or two but this was more than enough for Chalathip to seize on and from then on the outcome was never in doubt; Chalathip running out the match for a 6-3, 6-3 victory.

Chalathip was there again for the ladies doubles final, this time partnered by Graciela. After winning the first set on a tie-break and in spite of a very determined fight back to a tie break by Janet and Robyn in the second set, Chalathip and Graciela were not to be denied winning the final set at 6-4.

The men's doubles final was a somewhat one-sided affair as Marc and Bruce, last year's winners, could make no real impression on Bernie and James who dominated throughout the match with a fine display of power serving and all-court play. It was nice to see Bernie back at something approaching his best form after long periods of injury and that also applies to James who was also on the injury list for the entire first half of the year. And just to show us all that his performance in the men's doubles was no mere fluke, Bernie did it all again in the mixed doubles final, this year partnering Nisa for a very fine victory over last year's runners up, Surin and Chalathip. Once they had the first set in the bag there was no stopping them and they wrapped up the second set in short order, taking full advantage over a now visibly tiring Chalathip who had already played and won both ladies singles and doubles. An out



Plate Mixed winner Shelagh and Paul



Deserving Men's Plate winner Alex

of practice Surin was just not able to redress the balance with Bernie and Nisa running out the second set at 6-2 having won the first on a closely-fought tie-break. This pairing is going to be very hard to beat so watch out you aspiring champions.

A notable winner of the men's singles Plate for the second year running was young Alex Stamp, who this time outplayed error-prone Mark Verheyen, winning in 2 straight sets. Here is another up and coming player who will quite definitely be making his mark on the BC Honours Board in the very near future. The barbecue and prize-giving followed on around 8pm, with Barry and his staff providing

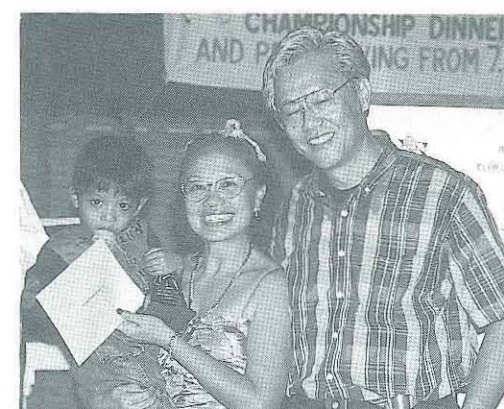
the PIG and Frank Crocker the music. Barry's prowess with the carving knife could not go altogether unnoticed although I'm sure he hoped that none of us noticed the fact that his tie seemed to be considerably shorter after the event.

The whole evening's entertainment seemed to go off remarkably well with commendably short speeches by the chairman and his deputy. As last year, these two jokers festooned with shower gel anyone who made any attempt, however inane, to answer the quiz questions they had dreamed up 5 minutes earlier.

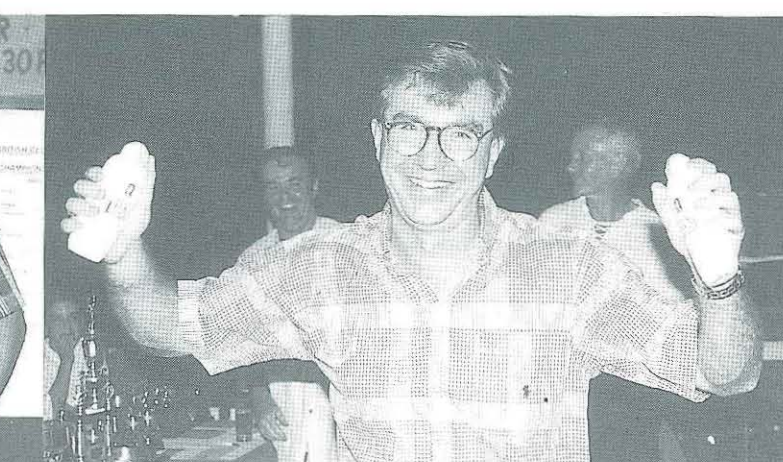
At the conclusion of what may well be described as one of if not the most successful Club Championships on record, a special vote of thanks should be given to James Young and the Organising Committee for a job extremely well done.

But, of course, we shall all expect better things next year!

Flash Gordon



All round good egg, Jaree



The Belles, the Brutes, the Bowl and the Putter

The report for February (better late than never!) was the match between the Bangkok Cosmopolitan Ladies Golf (BCLG) - the



Mike Poustie shows us his winning shot!

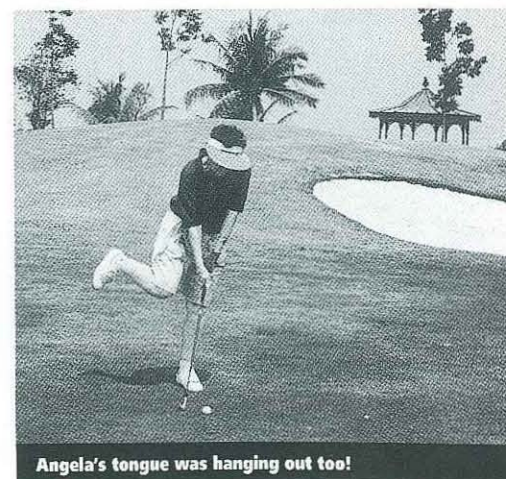
'Belles' - and the British Club Golf Section (BCGS) - the 'Brutes'. Only the men from the BCGS were qualified to play for the Brutes, with one exception on that day, because a no show from one of the brutes meant Lauren was asked to step in as a man. NO comments please! Although playing off the Ladies tee was a dead giveaway. The match was won by the Brutes in a sudden death play-off on the 4th hole. Everyone can view the spoils in the Churchill Bar in the shape of a 'frying pan.' Now the report for March. Well, we finally played it. Bernie's Bowl. Although a slight deviation from the set of rules and regulations that were given out just before play (see Bernie's write-up below), a good time was had by all.

Bernie's Bowl: Bowel or Ball

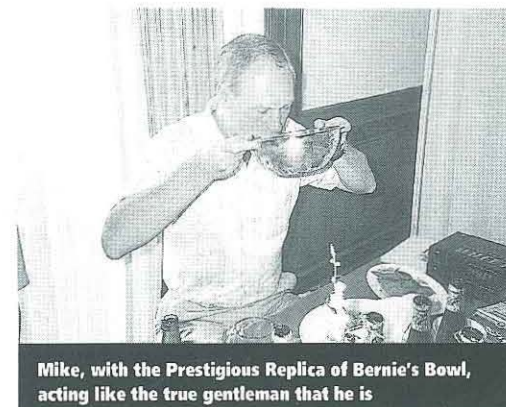
A Club day held at President on 9th March

1997 at just after midnight was attended by twenty-two golfers, of which twenty-one did not know what was in store when you are playing golf for the extremely prestigious 'Bernie's Bowl'. Of the 22, there were four guests: June Bond, David Dolan, Neil Torrance and Stuart Feeney, and two new members Gareth Sampson and Jamie Woodford. Once the format was revealed to the victims, a certain amount of horror rippled through the ranks and the Captain decided that it would be prudent to exclude all the special rules and concentrate solely on playing sensible golf. However, it was already too late for the first group who had completed smashing their tee shots 275 yards up the fairway with their pitching wedges. Never mind, we will save the remainder of this format for a day out on an unbusy up-country course. The game was then changed to Stableford with a massive scoring adjustment to level abilities. The secret of this scoring format will forever remain locked away out of the reach of all, except for the privileged who is of course Bernie.

The event also included technical prizes for the day and these were won by the following:



Angela's tongue was hanging out too!



Mike, with the Prestigious Replica of Bernie's Bowl, acting like the true gentleman that he is

Near pin hole #3	Diana Lamb
hole #6	Mark Verheyen
hole #14	Bryan Dodd
hole #17	Dugal Forrest
Ladies Long Drive	Angela Poustie
Men's Long Drive	El Capitaine Chris
Birdie prizes were awarded to the players listed below for having really streaky putts: John Pollard - two birdies!!!, Neil Torrance, Stuart Feeney, Lauren Lambert and Geoffrey Lamb.	

After the computation of the scores was completed we ended up with various winners of the magnificent prizes provided by the Golf Section.

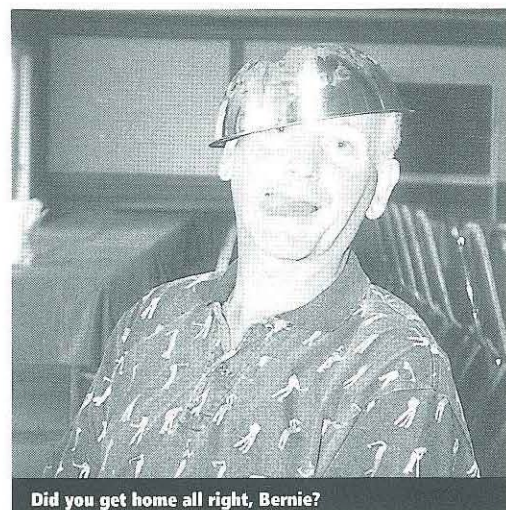
The declared winner, with 90 points, was the golf section treasurer Mike Poustie; in second place with 86 points was the golf section publicity person Lauren Lambert and in third place was her husband Greg Lambert with 85 points. Greg, however, nearly won trousers down by mooning at the flag pole on a par three whilst the ladies were teeing off on the par three fourteenth. The big danger was not evident as claimed, but still a worry to the untrained eye. The final prize was given to Dugal Forrest, the section handicapper, for not getting as many points as anybody else, 69, although Dugal does not have a clue as to

how this happened or how well arrived at such a remarkable number of points, but he was very pleased with the fluffy slippers. Mike Poustie was presented with a new Club trophy and a magnificent replica which was custom designed to hold as much beer as possible. Mike dutifully obliged and the après golf developed in a very serious manner. The obvious consideration from the above results is that if you want to win a prize on a Club day, join the committee or get married to a member or both. That's all for this report, but don't forget to keep your eyes on the noticeboard for the upcoming events and any vacancies on the committee, especially if you want to win.

Bernie Adams

Johnnie Walker League

The Johnnie Walker League match against the Golfers' Cocktail Lounge on Saturday 15th March, the BCGS won 9-7. This was the first time that GCL had lost a match. David Lamb and Greg Lambert won their match one up. Des Keane and Dugal Forrest both had narrow victories in their singles, winning 2&1 respectively, and Chris Gething managed to scrape a half, having at one stage been 4 up. The other players in the team were Mike Corey and Mike Poustie in the fourballs and Tony Jeffereys. The team was quite different from normal with several regular players unavailable or injured, eg Geoffrey Lamb broke a little toe in the middle of the week by kicking a stool and James Thompson-Glover fell off a motorbike and broke his leg. The match does not count towards the results for the league; it was a social match for a bottle



Did you get home all right, Bernie?

of Black Label which was seen off in fine style with not a thought for the injured! (Thanks to Capt Chris for this report)

Magpie Putter

On 23rd March we had our annual Magpie Putter Competition against the Bangkok Wanderers. This match was sponsored by Rhone-Poulenc Chemicals Thailand. Tee off was at 7.30am, format was a 2-man (or is that person?) Texas Scramble Stroke-play, ie each team member plays their own shots, then the better ball of the two is selected and both balls played from there. This is repeated for each shot including putts until the hole is completed. This was a great event with some really low scores coming in. Unfortunately for the BCGS, Capt Chris had to hand over the Magpie Putter to the Wanderers after we had won it last year.

Events for May

The Seniors Competition is held over 3 days in Pattaya this year. We play at Pattaya Country Club on Saturday 3rd May, Cen-

tury, Ban Chang on Sunday 4th May and Green Valley, Rayong on Monday 5th May. The 3 day competition is for players 45 years old and over and will be playing for the Winderler Cup. There will also be day prizes. The 45 and over criteria is for the cup; others are welcome to play on this long weekend. We are having another fun day for New Members on Sunday 18th May, tee off at 8am at Subhapruek. It is a thoroughly enjoyable day, with all different levels of golfing abilities. Please come and join us and see for yourself that we like to have fun too.

On Tuesday 20th May (Visakhabucha Day) will be a match between BCGS v the Japanese Association, held at Royal Lad Krabang, tee off is 7.30am. This match is played for the Honda Cup which the BCGS currently holds. Anyone interested in playing any or all of these events please contact a committee member by phone or fax, or put your name on the sign up sheets on the golf section noticeboard. If you are just starting out with the golf section with no handicap, all it takes is 5 score cards duly signed by a marker to get a handicap. To all members, please remember to turn up to all events at least 3/4 hour before tee time. This helps the starters put together teams for us to start on time.

Happy Golfing
Lauren Lambert



The Ups and Downs of Football

A victory against league the Brazilians led us to believe that a second consecutive championship was still very much a possibility. The disappointment of squandering two points in a scrappy 1-1 draw with Shell confirmed that we have in reality only an outside chance.

BC 1-0 Brazilians

20/3/97

This was one of the best all round team performance by a BC side in recent years. The Brazilians are a classy side with quite a few individually talented players but on the night they found it impossible to create any real chances against a super-charged BC eleven. The only goal of the game was scored by Dave Atkinson midway through the first half. A corner on the left taken by Dave was headed back to him by a Brazilian defender. With the instincts of an opportunist, the ball was hammered back high and mightily at the Brazilian goal, catching the keeper flailing flat-footedly at thin air as it dipped just inside the far upright. (The irony of the fact that the Brazilian keeper was an ex-BC team member who left the side a year or two ago was not lost on the BC bench. Cries of "Who ate all the pies" rang out cruelly from one of the subs who remembered his ex-colleague as being much slimmer and more sprightly in younger days.)

Although the Brazilians pressed hard for an equaliser, an outstanding second half defensive display kept them firmly at bay. Mel Burkinshaw had his best game for the side completely bottling up the dangerous runs of the Brazilian star striker. At 47 years of age he looks to have at least ten good years left in him if this performance was anything to go by. Captain Tel was ecstatic at the end of the game as the championship was not back in the team's own hands. If we could win all

remaining games then the Brazilians could only tie with us. Sadly, the elation lasted for only one week.

BC 1-1 Shell

2/4/97

A depleted side took the pitch without the services of Dave Atkinson, Chris Davin and Barry Crawford. But even so the BC should still have had enough fire power to overcome the mid-table Shell eleven. Unfortunately this was not the case, and although Shell were on the defensive for most of the game, it was only a late equaliser from Mel Burkinshaw that stopped them taking all three points.

The BC had plenty of chances to seal the game in the first half but a series of fairly lame efforts from wide on the left were easily dealt with by the competent Shell keeper. The half time talk addressed the main problem of the midfield playing too defensively, but part of the blame must go to players preferring to shoot from unlikely scoring positions instead of releasing the ball to better placed colleagues. However, it could be claimed by the guilty parties that far too often there was just no one alongside in support.

The teams were well and truly Shell shocked midway through the second half when they went one down to a well taken goal by the crustaceans. But to their credit BC did fight back and snatch a late equaliser with less than three minutes to go.

The disappointment of the result was etched on the faces of Captain Tel and his teammates as they now have once again to reply on others dropping points in the last few games, if the title is to be retained. Given recent events it just still might be possible.

Twelfth Man

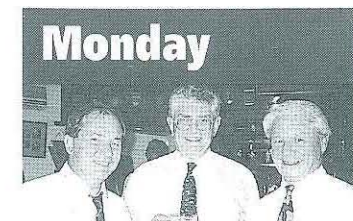
Calendar

British Club Sports and Entertainment Calendar - May



Sunday

Opening Times
 10am-11pm **Churchill Bar**
 11.30am-2pm **Lords Restaurant - Lunch**
 6-10pm **Lords Restaurant - Dinner**
 7.30am-10pm **Poolside Bar**
 6am-9pm **Fitness Centre - Mon-Sat**
 9am-9pm **Fitness Centre - Sun/Hols**
 9am-5pm **Thai Massage - Tue/Sun**



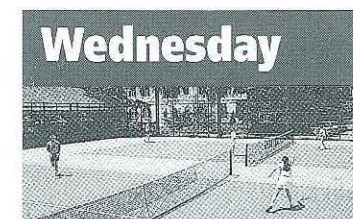
Monday

Sports - Contact the following:
 Badminton **Gaynor de Wit 237-4031**
 Cricket **Peter Young 679-7644**
 Football **Alex Forbes 260-1950**
 Golf **Chris Gething 261-1963**
 Rugby **Joe Grunwell 262-0220**
 Squash **David Turner 279-1234**
 Tennis **Bernie Adams 674-0810**



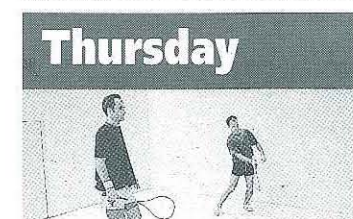
Tuesday

Sports - Contact the following:
Non-BC Sports
 Ladies Golf **Will Agerbeek 259-7019**
 BCLG **Eileen Cook 295-4596**
 LIGHT **Lois Carson 258-5295**
 Hockey



Wednesday

Venues
 Soi 15 **NIST grounds**
 Soi Nares **Behind Bangrak Police Station**
Golf - As advertised



Thursday

1
 10-12 noon **Ladies Squash**
 6-9pm **Squash Mix-In**
 7pm **Aerobics**
 7-9pm **Rugby Training**
 8-10 pm **Badminton - Soi 22**



Friday

2
 9.30am **Aerobics**
 3-9pm **BC Tennis Coaching**



Saturday

3
 8am **Junior Tennis**
 8-11am **BC Swimming Coaching**
 8-11am **Tennis Coaching**
 11am **Golf - Pattaya Country Club**
 4.30pm **Casuals Football - Soi 15**

4
 9am **Golf - Century, Ban Chang**
 11am-1pm **Badminton Mix-In-Soi Nares**
 3-6pm **Tennis Mix-In**
 5-7pm **Children's Video**

5
 8am **BWG Mahjong**
 9am **Golf - Green Valley, Rayong**
 2pm **Aerobics**
 6-8pm **Squash Coaching**
 8-10pm **Badminton - Soi 22**
 7-9pm **Tennis Team Training**

6
 7am **Ladies Golf**
 2 pm **Ladies Squash**
 7-9pm **Soccer Training**
 8-11pm **Friendly Bridge**
 9pm **Gentlemen's Spoof**

7
 9.30am **Aerobics**
 5-8pm **Squash Coaching**
 6-9pm **Tennis Mix-In**

8
 10-12 noon **Ladies Squash**
 6-9pm **Squash Mix-In**
 7pm **Aerobics**
 7-9pm **Rugby Training**
 8-10 pm **Badminton - Soi 22**

9
 9.30am **Aerobics**
 3-9pm **BC Tennis Coaching**

10
 8am **Junior Tennis**
 8-11am **BC Swimming Coaching**
 8-11am **Tennis Coaching**
 4.30pm **Casuals Football - Soi 15**

St George's Society Ball

Children's Sports Activities

Tennis Coaching
Swimming Coaching

Friday Evening & Saturday Morning
Saturday Morning

Don't Forget !!

Try the new Sunday Carvery
in Lords from 18th!

11
 11am-1pm **Badminton Mix-In**
 3-7pm **Tennis Tournament**
 5-7pm **Children's Video**

18
 8am **Golf - Subhapruek**
 11am-1pm **Badminton Mix-In**
 3-6pm **Tennis Mix-In**
 4-6pm **Children's Video**

5.30 Sunday Carvery-Lords

25
 11am-1pm **Badminton Mix-In**
 3-6pm **Tennis Mix-In**
 4-6pm **Children's Video**

5.30 Sunday Carvery-Lords

12
 8am **BWG Mahjong**
 2pm **Aerobics**
 6-8pm **Squash Coaching**
 7-9pm **Tennis Team Training**
 8-10pm **Badminton - Soi 22**

19
 8am **BWG Mahjong**
 2pm **Aerobics**
 6-8pm **Squash Coaching**
 7-9pm **Tennis Team Training**
 8-10pm **Badminton - Soi 22**

26
 8am **BWG Mahjong**
 2pm **Aerobics**
 6-8pm **Squash Coaching**
 7-9pm **Tennis Team Training**
 8-10pm **Badminton - Soi 22**

13
 7am **Ladies Golf**
 2 pm **Ladies Squash**
 7-9pm **Soccer Training**
 8-11pm **Friendly Bridge**
 9pm **Gentlemen's Spoof**

20
 7am **Ladies Golf**
 2 pm **Ladies Squash**
 7.30 am **Golf - Royal, Lad Krabang**
 7-9pm **Soccer Training**
 8-11pm **Friendly Bridge**
 9pm **Gentlemen's Spoof**

27
 7am **Ladies Golf**
 2 pm **Ladies Squash**
 7-9pm **Soccer Training**
 8-11pm **Friendly Bridge**
 9pm **Gentlemen's Spoof**

14
 9.30am **Aerobics**
 5-8pm **Squash Coaching**
 6-9pm **Tennis Mix-In**

21
 9.30am **Aerobics**
 5-8pm **Squash Coaching**
 6-9pm **Tennis Mix-In**

28
 9.30am **Aerobics**
 5-8pm **Squash Coaching**
 6-9pm **Tennis Mix-In**

7.30 pm Snooker Evening

15
 10-12 noon **Ladies Squash**
 6-9pm **Squash Mix-In**
 7pm **Aerobics**
 7-9pm **Rugby Training**
 8-10 pm **Badminton - Soi 22**

22
 10-12 noon **Ladies Squash**
 6-9pm **Squash Mix-In**
 7pm **Aerobics**
 7-9pm **Rugby Training**
 8-10 pm **Badminton - Soi 22**

29
 10-12 noon **Ladies Squash**
 6-9pm **Squash Mix-In**
 7pm **Aerobics**
 7-9pm **Rugby Training**
 8-10 pm **Badminton - Soi 22**

16
 9.30am **Aerobics**
 3-9pm **BC Tennis Coaching**

23
 9.30am **Aerobics**
 3-9pm **BC Tennis Coaching**

30
 9.30am **Aerobics**
 3-9pm **BC Tennis Coaching**

17
 8am **Junior Tennis**
 8-11am **BC Swimming Coaching**
 8-11am **Tennis Coaching**
 4.30pm **Casuals Football - Soi 15**

24
 8am **Junior Tennis**
 8-11am **BC Swimming Coaching**
 8-11am **Tennis Coaching**
 4.30pm **Casuals Football - Soi 15**

31
 8am **Junior Tennis**
 8-11am **BC Swimming Coaching**
 8-11am **Tennis Coaching**
 4.30pm **Casuals Football - Soi 15**

Junior Tennis

Junior Championships

The draw for the championships was posted in January and, over the following 6 weeks, the phone bills of several families went up as



Double-champion Chris Reed

people tried to get 2 or 4 Junior tennis players together on the same day at the same time, and then book a court... Somehow this year it seemed more frantic than ever; maybe we had more participants or perhaps those participating are such 'all-rounders' that they are involved with every other sport in Bangkok as well!

Despite the raised blood pressure and tensions in the last week, Finals Saturday dawned with all significant matches played and all parents and players much relieved! It was a great day. The decision to play the juniors alongside the adults was a good one, and all players rose to the occasion. The final results were:

Main Competition

Boys singles U17 Chris Reed
Doubles U17 Chris Reed & Don Wijeratne
Girls singles U17 Sandy Wijeratne
Boys singles U12 James Lanham

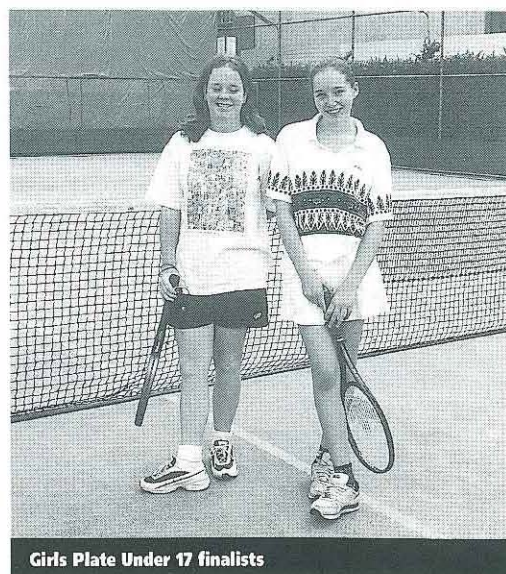
Doubles U12 James Lanham & David Weekes

Plate Competition

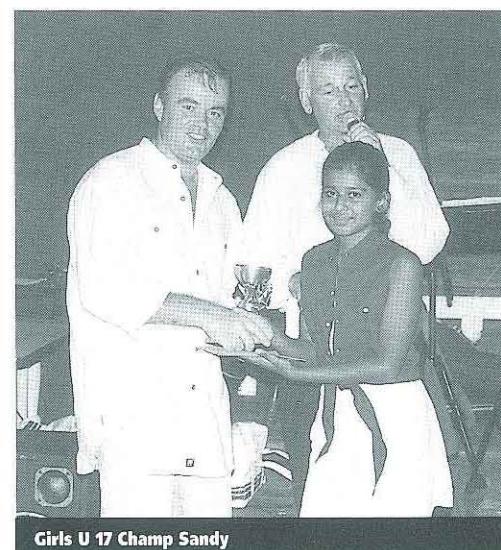
Boys singles U17 Ryan McNeilly
Doubles U17 Ryan McNeilly & Murray Jewell
Girls singles U17 Saartje van Walbee k

Boys singles U12 Leigh Gammons
Doubles U12 George Henton & Michael Jones

There was a great atmosphere, which continued into the evening. In previous years the prize-giving dinner has been held over until the following week, but this year all the competitors stayed on and enjoyed the buffet and music in the Silom Sala. Most of the Juniors were able to stay on and were treated to some excellent prizes. We are very grateful to all the sponsors, but on behalf of the Juniors, particular thanks must go to **Surin** and **Chalathip Dunnvatanachit**, whose gift



Girls Plate Under 17 finalists



Girls U 17 Champ Sandy

vouchers were received with delight.

Not all the prizes given were for 'wins' on the day. George Henton was voted the most improved Junior player and Thomas Philips was rewarded for his consistent determination throughout the season.

Thanks go to all the organisers of a successful day.

Shelagh Weekes



A special prize for the organisers



Planning Ahead

The calendar of squash events for the next half of the year is:

1. Don Johnson Cup and Parra Handy Plate (men's closed champs)

starts 1st June

finals 28/29th June

2. Ladies Championship and Len Alexander Plate

starts 8th June

finals 28/29th June

3. Handicap Tournament and Plate

starts 18th August

finals 27/28th September

4. Team Competition (Tuesday nights for 5 weeks)

starts 23rd September

5. Rod Carter Open

starts 29th September

finals 25/26th October

6. Tony Austin Cup (men's over 45)

starts 27th October

finals 15/16th October

7. One Day Handicap

Sunday 7th December (replaces mix-in)

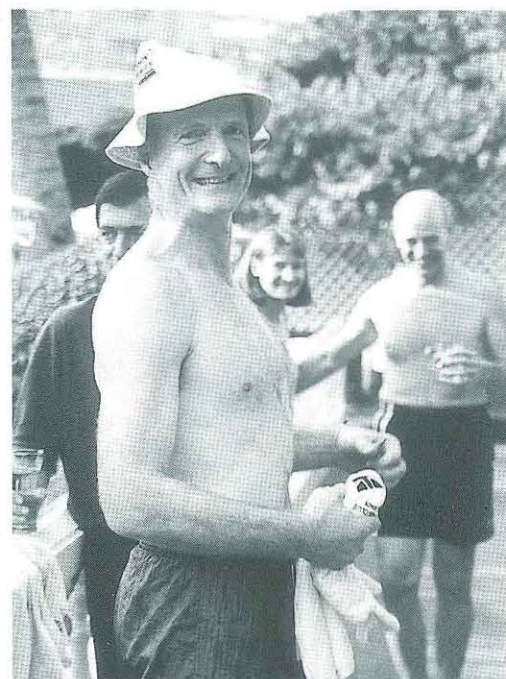
8. SGS Leagues

May/June, July/August, September/October, November/December

There's something for everyone, so start that fitness programme now!

Snippets

You will have all noticed the new sunscreen (or is it a rain shelter?) outside Court 1. Well done to the Main Committee for getting this done so quickly after our request at the Squash AGM. We understand it is only temporary until a more permanent roof is built over the walkway as part of a wide re-modelling plan later in the year. Hopefully that might include improved air circulation on the courts...



It's been said already, but thanks again to Blaise McConnell and SGS for their on-going support of our league competition.

The BC's new Sport & Recreation Coordinator, Lisa Fitzpatrick, is keen to help with all sport activities at the Club, not the least being squash. She is attending the Squash Committee meetings and will be able to assist in a number of areas - we'll keep you posted.

Upcoming Events

The Don Johnson Cup, our Men's Club Championships as well as our Ladies Champs start next month. It's not too late to start training...

Sunday Mix-in. Our regular handicap tournament on the first Sunday of every month. Next one is on 4th May and then 1st June. Sign up on the day at 12.30pm.

Dave Jewell

From the Sport & Recreation Coordinator

It seems that I have arrived here at the warmest time of the year (which would be great if I were in England!); however, the temperatures have not affected the various activities in recent weeks.

On Friday 28th March we held a very successful Fun Day for the children. It was a good turn-out, yet I know there are many more energetic youngsters out there - and I hope I get to meet you next time!

Sunday 30th March saw the return of the Club's Easter egg hunt, along with face painting, gymnastics display and BBQ. Great to see many families supporting this event. You will find reports and photographs of these two events elsewhere in this issue.

April has been a month of change and challenge. With the departure of Sportathlon, all aspects of the Club's sport and recreational services have been passed on to me. I am thoroughly enjoying it and do appreciate your input.

The Fitness Centre has recruited two staff members and we are still seeking additional and suitably trained individuals to re-establish and improve this facility. There is now a suggestion box in the gym for anyone wishing to respond to current operations, or give suggestions for new ones. All sporting/recreational suggestions are welcome.



Lisa Fitzpatrick-SRC

April 4th and 5th saw the successful running of free tennis and swimming coaching sessions for those wishing to begin or continue group training. The courses (8 weeks duration) began on April 25th/26th, and further courses are being held later in the year, so enrol now - it's never too late. Application forms, times and cost are all located in the Fitness Centre.

Well, that's about all for this issue. Additional sports & recreational news will be circulated to members mid-month.

Lisa Fitzpatrick

Sport & Recreation Coordinator

I am extremely happy to see such a positive response to the new swimming coaching programme which started on April 26th.



Following a successful Free Coaching Day on Saturday 6th April, we were able to grade those that attended into the most suitable class and also modify some of the times to suit more of the members and their families (see Table below).

This course continues every Saturday until June 14th. The next 8-week course begins on June 21st. Application forms are available in the Fitness Centre.

I look forward to seeing many families at the swimming gala to be held next month.

Lisa Fitzpatrick

I have recently been approached by a handful of people about injuries and rehabilitation. Swimming is not only a great way to keep fit but is also a form of exercise that helps strengthen muscles, ligaments and tendons

SATURDAY CLASS SCHEDULE - SWIMMING

CLASS/CERTIFICATE	CRITERIA	TIME	COST	INSTRUCTOR
Water Awareness	Non-swimmer	9.00-9.30am	Bt 1,000	Rosemary
Toddlers	2.y.o.	9.30-10am	Bt 1,000	Rosemary
Adult	Beginner/Intermediate	9.15-10.15am	Bt 1,700	Lisa
Water Confidence	4 y.o. & up	10.15-11am	Bt 1,300	Lisa
Water Skills	Stroke Development	10.15-11am	Bt 1,300	Rosemary
Junior	Stroke Development	11am-12 noon	Bt 1,300	Rosemary
Intermediate	Technique/Endurance	11am-12 noon	Bt 1,500	Lisa
Resus. & Lifesaving	12 y.o. - Adults	12 noon-1pm	Bt 1,500	Rosemary

without the impact stress of land activities. I have already mentioned in this issue that I am keen to start Aqua Aerobics classes. Below is an article written by the exercise physiologist for one of the leading Australian Football teams about the benefits of "Water Running".

Hope to see some of you in the pool (please, no training shoes in the pool!)

Another Aqua Activity - Water Running

In recent years, deep water running has become a popular form of exercise, especially for maintaining fitness while injured (i.e. can't run on land), but also as an exercise mode in its own right. Many athletes are now in the practice of substituting some of their land running for deep water running, as the lack of impact stress on the joints produces a much lower risk of injury ("overuse" in particular; stress fractures, tendonitis, compartment syndrome, etc).

For a three week period just before the 1984 Olympics, Mary Decker-Slaney, the American middle distance runner, was restricted to water running training only because of a painful Achilles tendon. On returning to the track after recovering from this injury she promptly ran a personal best time for 3,000 metres!

However, deep water running need not just be something an athlete might use - the fitness leader and the general community can also use this form of exercise for aerobic conditioning. The backyard pool, which is generally not quite big enough for lap swimming,

could be easily used for a convenient and cheap deep water running programme. In community pools the fitness leader could inject some variety into aqua aerobics by incorporating some deep water running into their programmes.

What do you need?

A pool or body of water, preferably deep enough so you cannot touch the floor.

Flotation?

For the more serious water runner, some form of flotation is certainly useful (as it allows better technique) but is not absolutely essential. Flotation devices such as a "Wet Vest" or Hydrotone trunk float are good but expensive; two "bubble floats" (one on your back, one on your front), as used for children in helping them learn to swim, are a reasonably cheap and effective substitute. However, with a little practice and perseverance, an effective deep water running programme can still be performed without external flotation.

How do you do it?

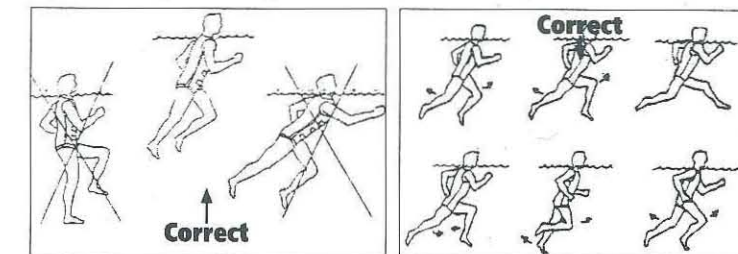
- A slight forward lean is useful, but ensure that the body is completely straight (ie. not bent forward at the hips) (see Figures)
- The head should always remain above the water, so breathing is not restricted (more difficult without flotation, especially when tired)
- The arm action takes place below the water and should closely simulate that used when land running. A 'light fist' should be formed and the elbow should extend back past the trunk as part of the normal cycle.
- The leg movement should follow the cycle of:
 - Drive forward and upwards with the knee
 - Extend the lower leg out (try to 'point' the toe as far as you can)
 - Pull the leg back - from the hip, not just with the lower leg. The leg should recover behind the trunk to ensure full hip involvement, before the next cycle is begun.
- With repeated leg cycles of this fashion you should move forward in the water. Don't try

to remain in one spot.

f) Both continuous and interval efforts can be readily used for water running.

Common faults

- Bending forward at the hips
- 'Running on the spot' - no hip extension,



no 'pointing the toes'

c) Too much or too little body lean. Only a slight forward lean is necessary

Does it work?

The energy cost of land versus deep water running has been researched over the past few years. The majority of findings show that water running does not quite match the energy cost of similar land running. It is unlikely that the same level of conditioning would result from a programme of deep water running than from a programme of land running, but it is certainly still possible to reach an intensity of exercise by deep water running which will improve and maintain aerobic fitness. With practice, which will improve technique, more intensive deep water workouts will be possible, allowing continued improvements in fitness. The lower injury potential of deep water running must also be considered, and should be viewed as a major advantage of this type of exercise.

Target Heart Rates may be better estimated by using 200-Age to calculate max heart rate for deep water running, as the hydrostatic pressure of the water is helpful in assisting venous return.

Work: Recovery ratios for interval efforts using water running can also usually be 1:1 or less as the water pressure helps recovery by speeding the return of blood to the heart.

Brian Dawson, Dept of Human Movement, University of W.A.

Easter Sunday Fun Day

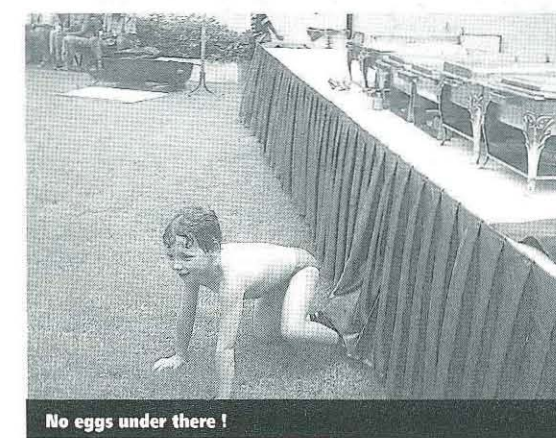
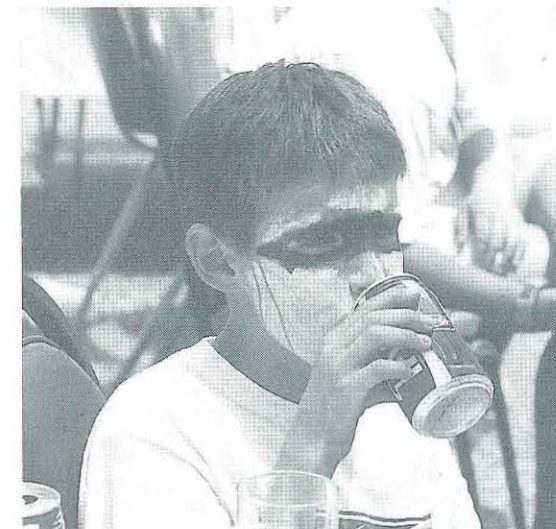
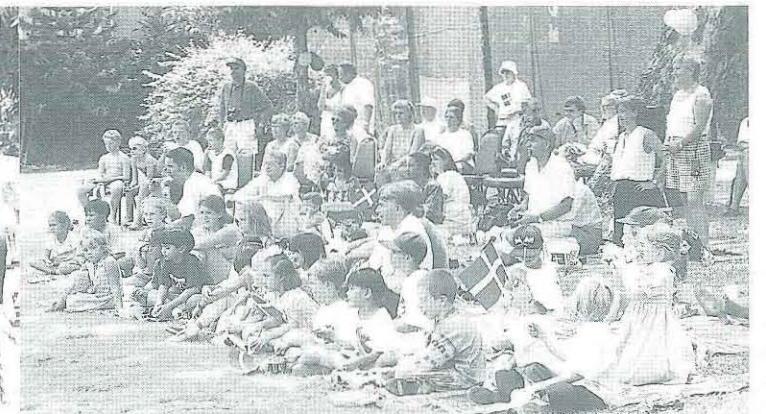
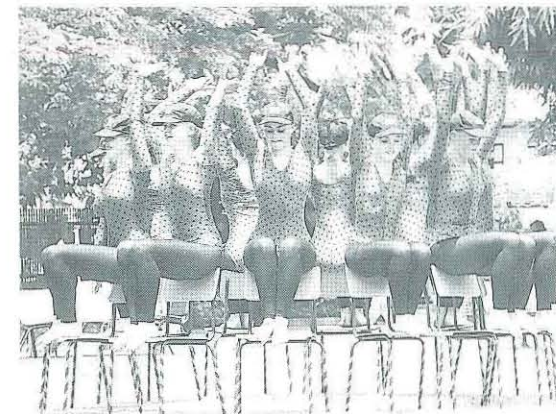
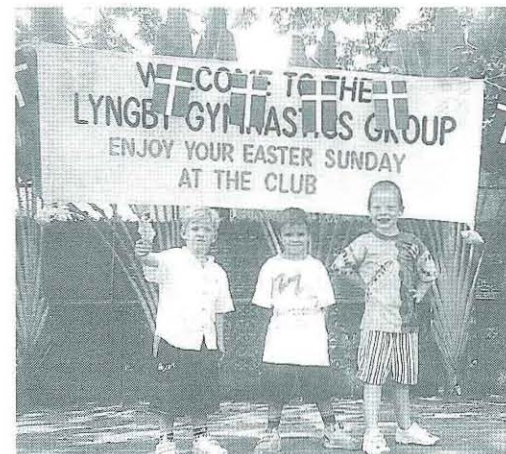
The Club's Easter Sunday Fun Day took place again this year after a year's absence. Great to see such a good turn-out from the



members to support this annual event. The day began with a little rain (before most of you were out of bed!); however, the skies cleared and the sun did shine through - very intensely, I might add! The children's activities began with face painting of some fun and mostly Easter designs. The Grand Egg Hunt saw some anxious moments whilst awaiting the start of the event, followed by the enthusiastic participants scurrying to all corners of the back lawn in search of one or more of the 80 hidden coloured eggs (each colour representing a different prize). "The" Golden Egg was a late discovery made by Mark Rydon and his 'gang' of Eggy helpers who pooled their eggs and their prizes together. At midday, the Lyngby Rhythmic Gymnastics Troupe from Denmark began a wonderfully colourful and energetic performance. I'm sure everyone would agree they did a

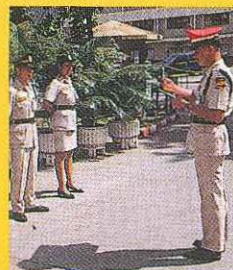
fantastic job in difficult (heat) conditions, and managed to keep all ages entertained. A superb spit roast BBQ/buffet was put on by the Club's catering staff and was enjoyed immensely by members and Danish guests alike. Thank you to both Coke and Carlsberg for donating the beverages

Lisa Fitzpatrick

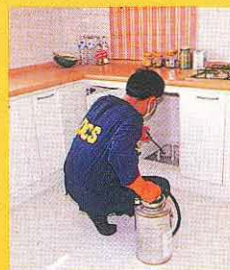


No eggs under there!

Security



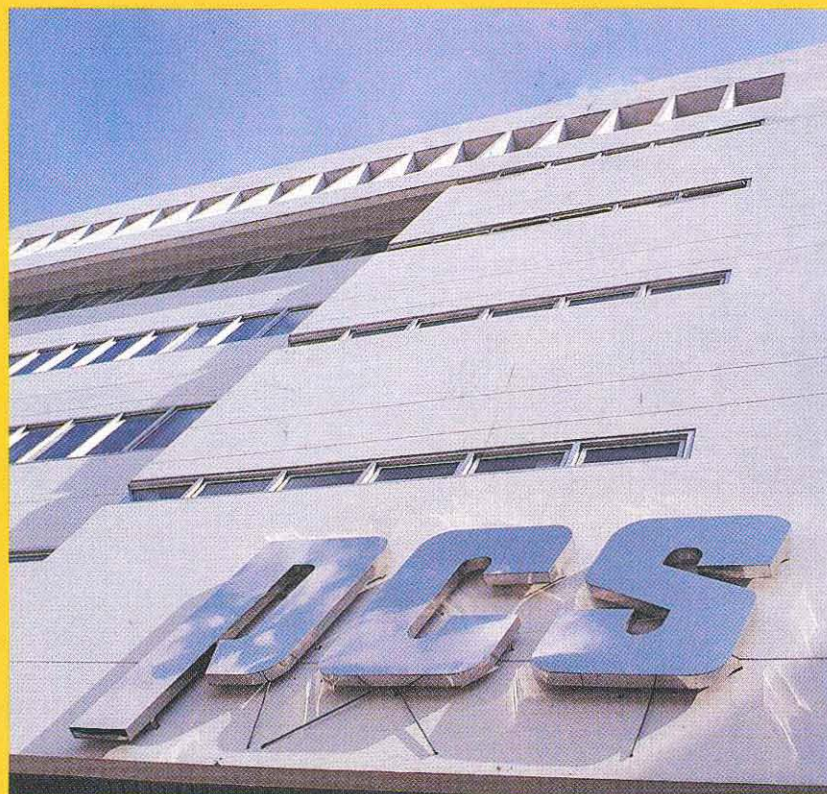
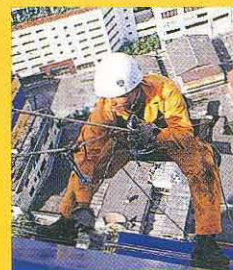
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AGM Farewell

Jack Dunford received a formal farewell and thank you for his 13 years of service on the Club General Committee at the Annual General Meeting this year, when Chairman Dugal Forrest presented him with a beautiful mounted Benjarong bowl.

The somewhat poorly attended AGM was a quiet affair this year; the new Committee of 10 was elected en bloc unopposed; for details of who was elected to do what please see the new Committee page at the end of this issue. Aside from the issues relating to the security gates and similar Club matters, a query regarding the disappearance of HP Sauce from Churchill Bar brought a smile to people's faces, although it turned out that this matter



Dugal presenting Jack with a long service award

had already been subject to considerable discussion at a recent Committee meeting!

Gaynor de Wit

A New Painting

On New Members Night in April, Nigel Oakins presented a new, specially commissioned painting to the Club as a memento of his two years as Chairman. This vivid, impressionist picture of the Clubhouse was painted by Mr John Vander Steeren, a Dutch painter of increasing popularity in his home Jakarta who recently held his first exhibition in Thailand of rural scenes and classic buildings. Nigel hoped that the painting would serve as a permanent reminder of the timeless beauty of the present building and would help preserve the look of the Club for future generations. Displayed in Reception for a couple of weeks, the painting is now hung on the first floor of the Clubhouse, between the two doors of the Surawong Room.



Gaynor de Wit

Good Friday

R
E
A
T

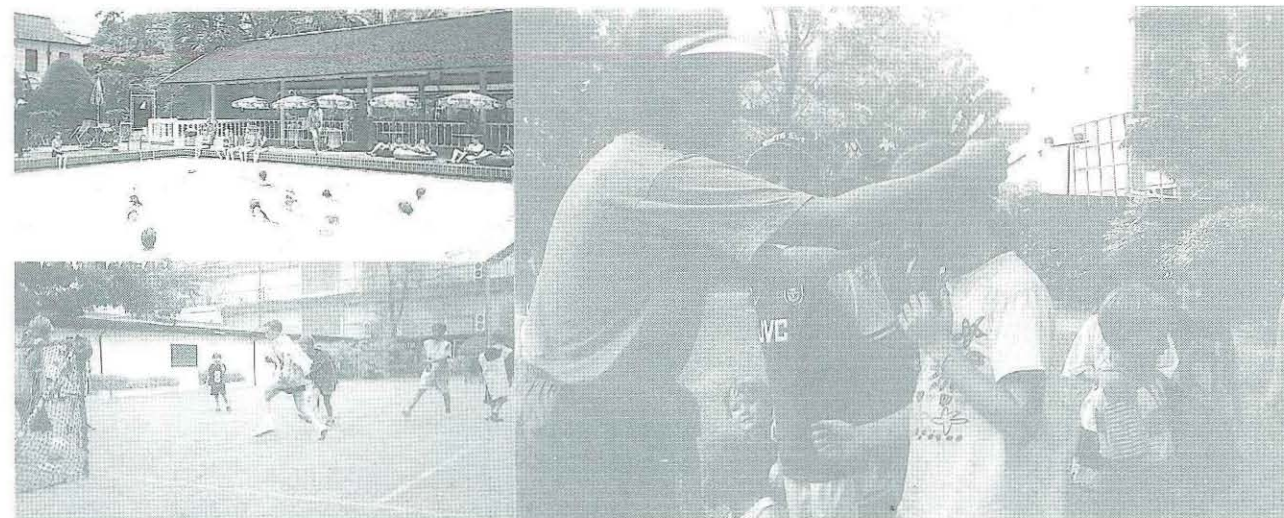
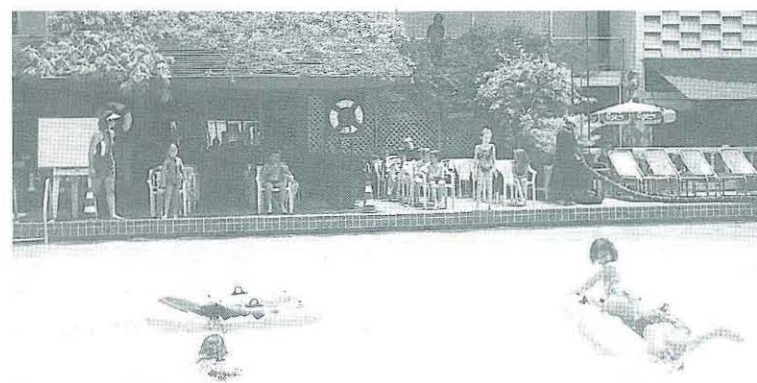
U
N

A 10.30am poolside start (Bangkok time!) on Good Friday, 28th March, saw 24 eager pairs of eyes watching and waiting to see what this new Sport & Recreation Coordinator had in store for them. A mixture of girls and boys, young and younger, enjoyed a variety of cooperative and competitive novelty swimming games and races. Team spirit, support and success guided them all to a very close result - the Yellow team was first, the White team second, followed closely by Green and Blue. Well done to all competitors! After a delicious picnic lunch, we escaped from the midday heat to watch a movie and

let our fish, chips, sausages, doughnuts, jelly and popcorn digest. Then it was volleyball, soccer and running races that kept us busy for the remainder of the afternoon. The Blue team being victorious over Green in the soccer tournament.

I look forward to many more 'fun days' and galas at the Club. A children's Sports Day is to take place in June... so start training for sprints, jumps, 3-legged and sack races!

Lisa Fitzpatrick



Olé Promotions!

In March this year a Spanish food promotion was held in Lords Restaurant. The event took place over two nights and attracted fifty



people to sample the delights of Spanish cuisine. Decoration for the restaurant was kindly loaned by Khun Maria from the Spanish Embassy, with Khun Antje and our very own Lisa Fitzpatrick providing the tapes to compliment the evening.

Guests were treated to a complimentary glass of Spanish sparkling wine on arrival and were could choose from among gazpacho soup, berenjenos rellenas de hongros,

albondigos al Azogran, estofado du Buey and desserts like gelat de crema de catalana. All food was produced by the chefs of the British Club.

Many thanks to all the staff who worked hard to make this promotion a success. Watch this space for forthcoming promotions.

Barry Osborne

(And why wasn't Barry in a matador's outfit, tight trousers and all? - G)





You

if it's because you're afraid
of being yourself
stop right where you are

no one wants to see a mask, covering what's below
you'll always bear the scar.

don't try too hard
and things will work out,
they will work out for YOU

not for the false
you've created so well,
for you, and only you.

Rachel Elias



Farewells

Another large departure month in March; this time we said goodbye to the following people:

Per and Alice Andreassen, Henrik and Elsa Bjornsen, John and Nalinthorn Boisclair, Patrick Bourke, Victor and Sandra Chant, Peter and Jean Flierl, Andrew and Rebecca Gibb, David and Jennifer Lyster, Norman Macleod, Dene Mundy, Stephen and Cristina Nelson, Poul and Dorthe Breindal-Nielson, Robert and Pamela Piercy, Stephen Powley, Ronald and Virginia Scobie, Fred and Nisa Sommer, Alexander and Elizabeth Southcombe, Peter and Jill Talbot.

As Tom mentioned in his report, with this sort of exodus we'll need an extra effort from present members to reintroduce more people to the Club in order to keep things on an even keel - get recruiting!



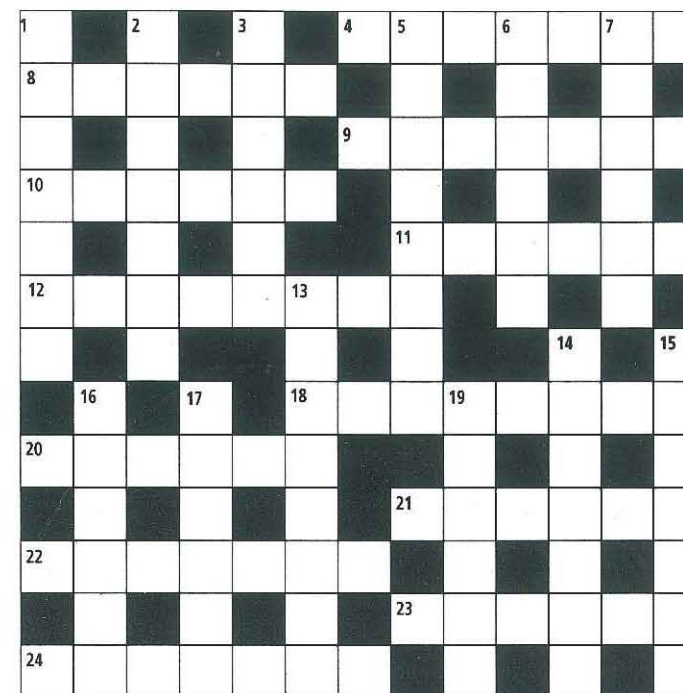
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Crossword

Hot Season Prize Crossword



Clues

Across

- 4 Mr Aries goes around and gets hitched!
- 8 Steer a roundabout for an annual festival
- 9 A particular policeman in U.K.
- 10 Very close game?
- 11 Danced when not quite sober
- 12 Part of the body to perish - but makes a fabric
- 18 Fat pills make a difference if you are slimming but they are traps
- 20 Penetrate right in a part
- 21 Father with a stage part - word of honour!
- 22 The old in attempt to produce a play - Hamlet, for example
- 23 It's obvious!
- 24 A danger in the West Indies

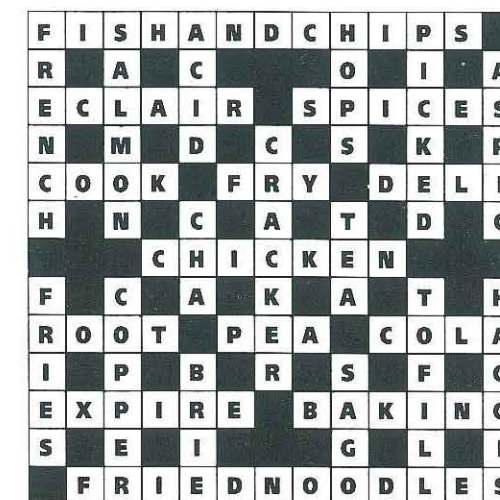
Down

- 1 A state of stress
- 2 Soothe? A.. a.. guess!
- 3 About a boy - that's why
- 5 It's evident father is up on what he is!
- 6 Blast! Will send it off!
- 7 Little Edward - late, confused, but happy
- 13 Relied on being hung
- 14 Blood around me, but I flourished
- 15 A stress situation, one declares
- 16 It gives cause for reflection
- 17 Continue tediously to show a monster
- 19 Noisy quarrel about a scarf

*T*his spring, and the thoughts of young men (and women) turn lightly to thoughts of winning the prize bottle of fine wine from the cellars of the Club.

Simply solve the challenging clues set by resident crossword guru Margaret Miller and fax me the (correctly) completed version on 285 4723 to stand a chance of winning.

Last month's solution



From the Chairman

Well,

a new Committee year has started and I find myself still writing these reports.

The AGM went off well although it was very disappointing to see so few members attending. It is often said that if only a few turn up to a meeting like this then it indicates the membership is generally happy about the way things are going. I hope that, as far as the recent AGM is concerned, that is truly the case.



Dugal Forrest - Chairman

We now have a number of new faces on the Committee and I should like to welcome them all. It is always a good thing when new people join a committee like ours bringing with them, as they do, fresh ways of looking at old problems and new ideas for improving what the Club has to offer.

Now I am going to preach for a while. Almost to a man those attending the AGM were supportive of the new security arrangements that are now up and running which hopefully is a reflection of the general feelings of the membership as a whole. However, it is a sad fact that there appears to be some amongst us who do their utmost to show that they are not

required to follow the basic rules and, for some reason better known to themselves, believe that they deserve special treatment when it comes to gaining access to the Club. I spent a very illuminating Sunday at the Club last weekend watching the antics of some of our members who were trying to get into the Club without having to use their card.

Further, there are still quite a number of members who have not bothered to collect their new cards from Reception and, yes, even those who have still not even applied for their new cards.

Frankly, I fail to see the point in such astonishing behaviour and I ask those of you guilty of any of the foregoing to be a bit more appreciative of what the new system means for the Club and the membership as a whole and to be a little more understanding of the position you put the guards in by such a stupid and inconsiderate attitude.

On a brighter note, the Club is looking good and has a great deal to offer so make the most of your membership - the Club is there for you to enjoy.

Dugal Forrest
Chairman

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Hastings**



**David
Henton**



**Mike
Lamb**



**Dugal
Forrest**



**Keith
Bell**



**Ian
Webb**



**David
Turner**



**James
Young**



**Phil
Evans**



**Tom
Bain**

General Manager



**Barry
Osborne**

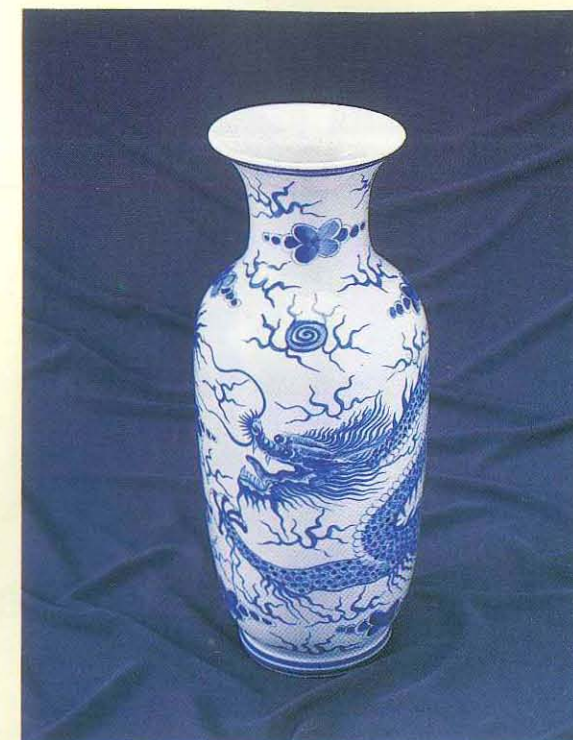
Operations Manager

— The Committee is: —

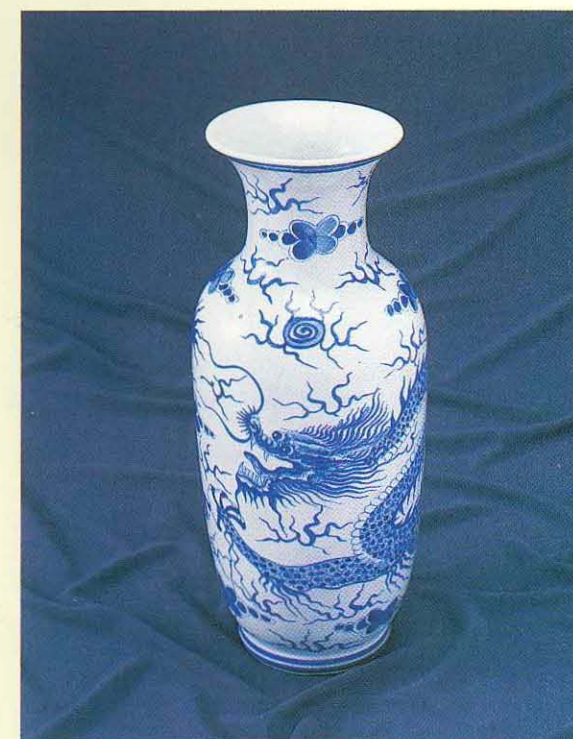
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- James Young** Vice Chairman/Sport
T. 714 9040 F. 714 9039
- Phil Evans** Treasurer
T. 246 8844 F. 645 3400
- Bernie Adams** Club Development
T. 674 0810-1 F. 210 2332
- David Henton** Club Development
T. 254 6819 F. 254 4849
- David Turner** Sponsorship
T. 279 1234 F. 279 1234
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T. 656 8378-9 F. 253 9500
- Mike Lamb** Sport/Sponsorship
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- Colin Hastings** Club History
T. 240 3700-9x1511
F. 240 3843
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