



OUTPOST

THE BRITISH CLUB
BANGKOK

MAY 2007

The Lady with the Lamp



Medical May Issue

Club Objectives for 2007/8

Rugby reshuffle, Easter Sunday Fun Day, BC Pipe Band, Anyone for Pool?

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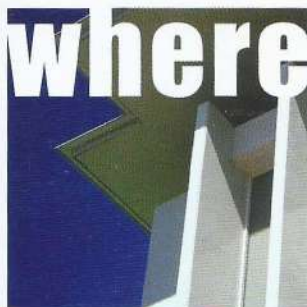
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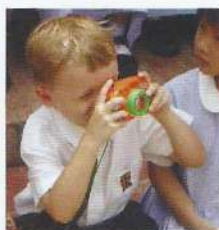


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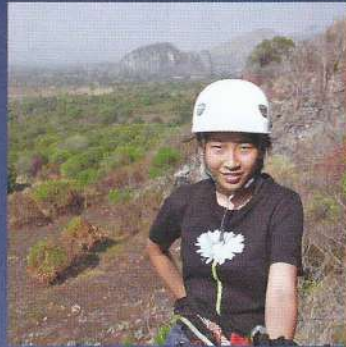
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Florence Nightingale on her night round: an illustration from 1855, published in the

Illustrated London News, with the caption "Miss Nightingale, in the hospital, at Scutari."



Read all about the battles royal on Finals Day at the 2007 British Club Tennis Championships - and check out the stunning tennis action photos. Pages 27-29.

Medical Miracles

The 12th of May is Florence Nightingale's 187th birthday! She was born in 1820 into a wealthy and privileged family but by the age of 36 she had forsaken a comfortable upper class life for the rigours of field nursing and become an icon of compassion and selfless service.

However, Florence was not simply the 'Lady with the Lamp', mopping the brows of wounded Crimean soldiers - in fact during her time in Scutari Hospital (Istanbul) from 1854-56 she apparently spent only six weeks tending to the soldiers. Her main contribution was in cleaning up, equipping and provisioning the hospital. She was a great organiser and administrator. She arranged the finances of soldiers, wrote letters to their loved ones, set up a laundry, reorganised the kitchens and attended to the dietary needs of convalescing patients.

During her first winter at Scutari in 1854-5, patient mortality rate was 42%, but dropped to just 3% by the end of the conflict in 1856. Ironically, it was only when Nightingale returned to England a popular hero that she realised the bulk of the improvement was due to a Government sanitary commission visit, organised in March 1855, which had flushed out the sewers and improved ventilation. One of Florence Nightingale's great strengths lay in her collection and analysis of statistics. When she analysed her data after the war, she realised that the death rate had dropped sharply when a dead horse was removed from the sewer.

Nightingale's experiences gained in the Crimea shaped her views on hygiene that still inspire nursing today. Sanitation, clean water, light and fresh air became her themes. It was her statistical analysis that put her on the right track - and this before the discovery and wide acceptance of germ theory provided scientific proof of the role of bacteria in disease.

One procedure that would have greatly improved the mortality rate at Scutari was blood transfusion. Although transfusions were pioneered in the 1820s and 30s, they were a fairly hit and miss affair and it was not until after the discovery of the first blood groups in 1901-2 that it was realized donor blood had to be matched with that of the recipient. In 1921, the British Red Cross set up the world's first Blood Transfusion service and improvements in the storage of blood led to the first blood bank in 1932 in a Leningrad Russia hospital. A further important breakthrough came in 1939-40 with the discovery of the Rh blood group system, which was found to be the cause of the majority of transfusion reactions up to that time. All these advances coalesced (or should I say coagulated) into fully fledged British and American blood banks and in 1946 the British National Blood Service.

It's BLOOD DONATION DAY at the Club on 11th May where you'll get a chance to donate blood and (if you don't know already) find out what your blood group is. Based on the two blood group systems, there are 8 possibilities:

A Rh+ A Rh- B Rh+ B Rh- AB Rh+ AB Rh- O Rh+ O Rh-

Don't forget to pre-register for Blood Donation Day!

See the flyer with this issue.

Billy Beefeater

OUTPOST MAGAZINE

The contents of this magazine are not necessarily the opinion of the Editor, the General Committee or the Club's management. Criticisms and suggestions are welcomed by the Club's management or by Veritas Enterprises.

OUTPOST is produced on behalf of the British Club by Veritas Enterprises. For advertising inquiries contact Jim Fowler (081-844-7015 or Jim@VeritasEnterprises.com); and for editorial matters contact the Editor at OutpostEditor@VeritasGraphics.com

The British Club is a family, social and sporting club set in relaxing grounds, conveniently located between Silom and Surawongse Roads, with an ever-growing international membership.

The British Club

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Construction progress on 11/11/10

Letter from **the Chair**



Dear Members,

Welcome to the 2007/8 General Committee year!

At the Annual General Meeting that took place on March 20th a new GC was elected and you can find a list of the new GC members posted on the Club notice board and on the back page

of this edition of *Outpost*. Seven of last year's GC were re-elected which ensures continuity of the Club's policies, objectives and development plans. Also, we have three new GC members who will bring new perspectives and skills to the Committee. We look forward to continuing the work of the previous Committee and working closely with the Club management team to make the Club a great place to be.

The GC are the representatives of the Club members and, as such, we are always interested in your ideas and comments. If you have suggestions on how the Club may be improved please forward them to the management team (either in person or via the suggestion books) and they will be passed to us, or send them via the contacts information at the back of *Outpost*.

On a personal note, it is a great honour to be elected General Committee Chairman. I am sure that you will join me in thanking my predecessor, Angela Daniel, for her leadership, hard work and dedication during her 2 years as Chairman and 5 years on the GC, and in wishing her well as she discovers that there is a life beyond the GC!

Please make yourself known to me and I look forward to meeting you around the Club.

Yours sincerely,

Stuart Blacksell
Chairman
BCB General Committee 2007/8

and from **the CEO . . .**

Dear Members,

Work on the Churchill Bar, Member Services and the Lobby is almost completed to specification but there are still some outstanding matters to be rectified. We can assure you that this work will not be accepted until completed to the Club's satisfaction.

The outstanding items include, but are not limited to: the steel frames in the wood panelling are to be replaced; the open passageway to the kitchen needs to be made good; the bar bumper will be changed to a green colour to match the furniture; the correct furniture is to be installed in Member Services; the coffee table is to be replaced in the lobby, a side table installed and the chandelier is to be changed.

We are disappointed that progress remains slow and that members are having to put up with a sub-standard product. However, we are confident that these problems are not insurmountable. We sincerely apologise for the inconvenience and thank you for bearing with us.

Once all the defects have been rectified there will be a final coat of paint or varnish over all surfaces.

In addition, we are disappointed and frustrated at the lack of progress on The Verandah restaurant. The current forecast for the completion of our new outlet is the end of May. Fortunately, the Club is not suffering in terms of revenue against last year or budget but the Club is losing the opportunity of increasing its food and beverage income.

In order to ensure that the contractors adhere to schedule the Club has employed a new Project Management team who we are confident will see the project through to a satisfactory conclusion.

Once again, thank you for being patient.

Simon Roberts
Chief Executive Officer
CEO@britishclubbangkok.org



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Amazing May!

Dear Members,

It's May already and this month we have plenty of activities lined up for you.

In the first weekends of May (May 5th-7th and May 12th-13th) the Bangkok Community Theatre is performing 'The Emperor's New Clothes' a wonderful interactive show for children aged 4 to 9 years of age. Tickets are B180 per person. The Club's bouncy castle will be on the front lawn, the BNH Hospital will be along with crafts and there will also be cookie decorating. The Club will lay on a picnic of BBQ foods, snacks and desserts, not included in the ticket price. To book send a fax or email to the Club or sign up at reception. Tickets are selling fast so hurry! (More details of the show on page 11.) The show is directed once again by BC member Bonnie Hutchinson.

Fancy giving blood? On Friday May 11th we will be having a blood donor day at the Club from 9am - 3pm in the Suriwongse Room. To commemorate the 187th birthday of Britain's most famous nurse, Florence Nightingale, which is on 12th May, and to support the World Blood Donation Day 2007, which will be in June, the British Club is joining forces with the BNH Hospital and the Thai Red Cross to collect badly needed blood for the Thai Red Cross Blood Bank. The Suriwongse Room will be open for blood donations from 9am until 3pm. Staff from the BNH Hospital will be on hand to help coordinate the activity and there will also be information available on the Central Blood Registry and a chance for those with a rare blood group to register with this important voluntary organisation. Our target is to collect as much blood as possible during the time available with a minimum of 130 pints. Tea and biscuits will be provided for all donors. Please support this worthy activity and encourage your friends to come along. To register your attendance and the time you will be available please sign up at the British Club reception or send a fax or email to the Club. For more information please contact Barry or Angela Stafford at the BNH Hospital on 02 686 2700 ext 3377 (Mobile 086 003 7231).

On Saturday May 19th we will be showing the English FA Cup Final live on the big screen in the Suriwongse Room. There is no entry charge for this event but we ask members to please book in advance as this helps us with our seating plans. We will be serving fish and chips, pies and chips, burgers and other healthy delights!! The boys from the Fitness Centre will be on hand with a penalty shoot-out competition to keep the kids entertained during the break, and there will also be prizes to be won during the match.

Bazza's Banter

Looking forward to June, Saturday June 16th is Queen Elizabeth's official birthday and the Trooping of the Colour in the UK. We will once again be holding a fun fair to celebrate, with ferris wheel, ponies, giant slide, coconut shy, and live music with 'No Fixed Abode', 'Celtic Colours' and more to be confirmed. The loyal societies, Neilson Hayes and various schools will also be here with games and activities for the kids. And there's so much more . . . The event runs from 1 pm until 7pm. For safety reasons the Club's car park will be closed from midnight on Friday 15th June until 10pm on Saturday 16th June. Last year this was a very popular event with over 360 members attending. See posters for further details (there's one on page 17 of this issue).

On June 23rd Canada Day will once again be held in the Club grounds to celebrate Canada's Birthday. The event is organised by the Thai-Canadian Chamber of Commerce and is open to Club members. Tickets can be bought through the Chamber of Commerce. The event will take place on the front lawn, back lawn & tennis courts. The Club will remain open as per normal but once again due to safety regulations the car park will be closed. I understand members' frustration but safety is a priority. I would urge members on these days to come by taxi to the Club.

June 23rd is going to be a busy day for the Club's catering department, because on that day we are also catering, for the third year running, the Queen's Birthday party held at the British Embassy. At the time of writing we have catered over 100 private functions for our members. The catering department is organised and flexible - just give us a call. We can set a menu to suit your needs, we can do a site survey of your venue (office or home) to advise you on arrangements and we can even provide store hire, lighting, sound systems, etc. If you are hosting a party, leave the work to us, sit back and enjoy your party - we take the stress out of entertaining. For quotes for functions please call Khun Neung or myself.

Last month we had an excellent month for membership recruitment - but we are always looking out for members, so if you know of any potential members for the Club please contact Khun Bank in the Membership Department.

I look forward to seeing you around your Club soon.

Regards,

Barry Osborne
General Manager

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OH NO! NOT "SCOTT'S PORRIDGE OATS" AGAIN!

Have you recently wandered around the Clubhouse and heard the strains of pipe music and thought to yourself ... that sounds like the tune to "Scott's Porridge Oats" ... well it is! [Actually it's called "Scotland The Brave" but most Sassenachs don't know that] ... so welcome to

THE BRITISH CLUB BANGKOK PIPE BAND

This new Band was founded by British Club members Angus McKernan, John Perry, Martin Hodgson, Mark Dixon, Marvyn Lewis, Martin Reed, Nick Mellor and John Vivian and it officially became a Club section on 2nd April 2007.

The Founding Members of the Pipe Band have appointed Pipe Major Keith R. Walker, ex Pipe Major of 42nd Highlanders Pipe Band (Black Watch Regiment) as its pipe major and tutor. Keith is an expert in the playing of the Great Highland Bagpipe and a very experienced bandsman of Grade One standard in Scotland. Keith has recently settled in Bangkok and is employed as the Pipe Band tutor at Vajiravudh College in Bangkok. (Vajiravudh College was founded as the Royal Pages School in 1910 by His Majesty King Vajiravudh, Rama VI.) The College has some 50 Thai pipers in its pipe band under Keith's tutelage. Keith is assisted by Angus McKernan (piper ex Germiston Caledonian Society Pipe Band and Cape Town Highlanders Pipes & Drums, South Africa).

In addition to Keith, the Pipe Band has secured the services of Iain Mowatt (piper ex Transvaal Scottish Regiment South Africa, British Caledonian Airways Pipe Band UK and Hong Kong Pipe Band) and Arthit Prasartkul and Mongkol Leksongcharoen (who are both past pipers from Vajiravudh College and students of Keith).

At present the drum corps consists of British Club members Mark Dixon (learning the snare drum)

and John Perry (learning the bass drum). John is also learning to play the bagpipes.

The Pipe Band will soon be available to play in uniform at British Club functions, Royal Society functions, Associated Group events, Embassy occasions and private functions etc. Pipers Keith, Angus and Arthit recently played the pipes at the Royal Bangkok Sports Club (Irish Evening), which was well received by their members and guests. The Australian Embassy has also invited Keith and Angus to play the pipes on ANZAC Day at the Kanchanaburi (Hellfire Pass) Remembrance Service on 24th and 25th April 2007 in memory of the many POW servicemen who died during the construction of the Thailand - Burma Railway during WWII.

The Pipe Band is also willing to teach the pipes and drums to any member, spouse or child (a good age for children to start learning is ten years old or over) who is interested: just Email Angus McKernan (acting Chairman) for further details.

So next time you hear "Scott's..." sorry "Scotland the Brave", pop up to the Suriwongse Room and listen to the pipers and drummers rehearsing.

CONTACT: Angus McKernan on mckernan2@csloxinfo.com



Pipe Major Keith R. Walker, Arthit Prasartkul and Angus McKernan at the RBSC

Taste the difference . . .

Our regular wine tasting was held early this month, on April 20th, as the rooms were all fully booked the following week for functions. Four companies - Prestige Wines, Italasia, South African Winery and Nicholas Wines - were kind enough to come along at short notice and present a range of wines for members to try.

Even though the event was short notice, over 60 members attended and took advantage of the specially discounted offers on the wines, which varied in standard and in price. The wines were once again complemented by tasty canapés prepared by Khun Laak and her team.



After the tasting many members wound their way down to either the Churchill Bar or the poolside where they continued to enjoy a peaceful Friday in the heart of the Big

Mango. You would never have guessed that just a few hundred yards away was traffic and chaos as another frantic Friday night traffic jam began.



We have a new house wine at the Club now - Bin 5 and 7 from Australia priced at B750 per bottle and our Promotion of the Month is the delicious Oak Vineyards Californian wine reduced to B900 per bottle . . . your choice of Chardonnay, Cabernet Sauvignon or an excellent Merlot, whilst stocks last & available in all the Club's outlets. We are due another house wine starting very shortly so keep your eyes peeled.

The next wine tasting will be taking place on its regular last Friday of the Month so I look forward to seeing you there.

Barry Osborne

BNH Hospital – learning about



Delicious pancakes and food supplied by the British Club



Winners of the relay race



Beefeaters off duty!



Rev Lennart from the Scandinavian Church enjoying a pancake (or two!)



Very British - Queen Elizabeth I, the Town Crier and 2 British Bobbies!



Oh .. the Hockey Cockey!



Former Matron Edith Stewart and loyal BNH supporter Shirley Kennedy enjoying the fun



Pancake Day races



Ready Steady Go!

different cultures and traditions

Each month throughout 2007 the BNH Hospital is organising training sessions for its staff directed at giving them the chance to understand and enjoy cultures and traditions from different countries around the world. In January the staff celebrated the custom of La Galette des Rois – a Christian festival celebrated in France and other parts of Europe which signifies the three wise men visiting the baby Jesus. Traditionally families gather to share a special Galette des Rois cake which contains a bean (or charm) in one of the slices. The person served that slice becomes the 'King' at the occasion and chooses a lady to be 'Queen' for the day.

In February BNH chose the British festival of Shrove Tuesday and organised a Pancake Day Party for its staff to enjoy. Knowing that the British Club can rustle up some tasty savoury and sweet pancakes, Angela Stafford, Manager of the Community Relations Centre at BNH, contacted Barry with a special assignment. Never one to say "No", Barry and his intrepid outside catering team accepted the challenge and took care of the food for the party and helped organise the activities.

"It was a great evening" says Angela, "St Andrews International School kindly allowed us to hold the event in the courtyard of their Sathorn campus – which used to be part of the original Bangkok Nursing Home – and Barry and his staff made the place look beautiful and very British! Over 150 nurses, doctors and support staff attended and were excited to try British pancakes and learn about the traditions associated with Shrove

Tuesday and Pancake Day.

Special thanks to Ian Webb who acted as MC for the evening and to Julie Shaw of the British Women's Group who lent us the Bed Push team Beefeater outfits for our staff to dress up in".

Members of the international community were invited along as VIP guests to watch or join in the fun and games, which included individual, team relay and three legged pancake races, as well as distance pancake tossing. Former matron of the Bangkok Nursing Home, Matron Edith Stewart M.B.E., helped give out prizes to winners along with the Scandinavian Church minister, Mr Lennart Svenskakyrkan, who attended with his daughter.

"These evenings are a treat for the staff but also have a serious purpose" Angela points out "as they provide an opportunity for our staff to practice their English in an informal setting which they find helps build their confidence. At the end of the year the Human Resource Development Department will set a test to evaluate how much the staff have learned and absorbed about different cultures".

Future events will include a Scandinavian Crayfish Party, an American Thanksgiving Potluck, a Japanese Tea Ceremony and a German Oktoberfest celebration.

If you would like to join one of these cultural events as a 'VIP' guest, please contact Angela Stafford on 02 686 2700 ext 3377 or email her on angelas@bnh.co.th for details.

TICKETS ARE ON SALE NOW!



Bangkok Community Theatre's
"The Emperor's New Clothes"

in the Suriwongse Room at
 The British Club

Saturday, Sunday & Monday, May 5th, 6th & 7th, 2007
 (Monday public holiday)

Saturday & Sunday, May 12th & 13th, 2007
 performances twice daily at 1:30pm and 4:00pm

Tickets at B180 each are available at BC reception. Members may sign for tickets in person or make a booking by email (eventbooking@britishclubbangkok.org) or by fax (02-235-1560.)

The performance is in English and designed for children 4-9 years old, but the child in everyone will enjoy this unique type of live theatre-in-the-round, which stimulates the imagination and involves the audience in the action throughout! Children are encouraged to come dressed in costume to add to the fun.

Come early to enjoy the bouncy castle and to visit the BNH Hospital volunteers on the front lawn and make a simple craft that the children can use to participate in the show (craft is already included in the ticket price.) Stay late and enjoy the delicious picnic barbeque, sweets and snacks that Barry and his team will provide on the lawn (refreshments are not included in the ticket price.)

Seating is limited so make your booking early to avoid disappointment. For more information about the show or about ticket sales to the general public, please visit the BCT website at: www.bct-th.org, email: emperor@sala.net, or call 086-708-2738.



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Special Events at the Club this month

** THE EMPEROR'S NEW CLOTHES

Twice daily at 1.30pm & 4pm on 5th, 6th & 7th and 12th & 13th May, **Suriwongse Room (& Back Lawn)**
Bring your little ones (4-9yrs) to BCT's wonderfully inventive version of "The Emperor's New Clothes" performed live as theatre in the round. The children are encouraged to come dressed in costume and can also make crafts beforehand to bring to the show. There's plenty of things to do (and eat) on the back lawn too. Tickets on sale now at B180 baht - see page 11 for further details.

** DETECTIVE VDO NIGHT - MORSE

Thursday, 10th May, 7-9pm, Suriwongse Room
Join us for our latest episode of Morse - FAT CHANCE: *Morse has sinful thoughts for a female cleric while investigating the suspicious death of a woman deacon with a large group of supporters.* There is no charge for this event but we ask members to please book in advance as this helps us with our seating arrangements. Full F&B service is available.

** BLOOD DONATION DAY

Friday, 11th May, 9am-3pm, Suriwongse Room
To commemorate the 187th birthday of Britain's most famous nurse, Florence Nightingale (on 12th May) and to support the World Blood Donation Day 2007, which will be in June, the British Club is joining forces with the BNH Hospital and the Thai Red Cross to collect badly needed blood for the Thai Red Cross Blood Bank. Our target is to collect as much blood as possible during the time available with a minimum of 130 pints. Tea and biscuits will be provided for all donors. Please support this worthy activity and encourage your friends to come along. To register your attendance and the time you will be available please sign up at the British Club reception or send a fax or email to the Club. For more information please contact Barry or Angela Stafford at the BNH Hospital on 02 686 2700 ext 3377 (Mobile 086 003 7231).

** FORMULA ONE - SPANISH GRAND PRIX

Sunday, 13th May, 7-8.40pm, Churchill Bar
LIVE on the Big Screen. See page 14 for details.

** QUIZ NIGHT

Tuesday, 15th May, 7:30pm, Suriwongse Room
Get a team of friends together and come along to join in the fun - and sample another of Khun Laak's wonderful buffets. There are 4 rounds of 19 questions, all rounds ending in the dreaded "common denominator". Prizes go to 1st, 2nd, 3rd and second-last placed teams and there are also 3 spot rounds where you have the chance to win a bottle of wine sponsored by Crown Worldwide Relocations. The cost to enter is 100 baht per person. Teams of up to six persons.

** BORAT MOVIE NIGHT

Wednesday, 16th May, 7-8.30pm, Suriwongse Room
Watch this hilarious award-winning mockumentary comedy film on the big screen in the Suriwongse room, starring the Jewish British comedian Sacha Baron Cohen in the title role of 'Borat', a fictitious Kazakh journalist, travelling through the United States recording the real-life reactions of Americans to his antics. WARNING: Borat is bigoted, racist, prejudiced and vulgar - some members may find the material offensive. There is no charge for this event but an optional buffet will be available priced at B300 per head. To book for this event please sign up at the Reception or send a fax or email through to the Club.

** DETECTIVE VDO NIGHT - FROST

Thursday, 17th May, 7-10pm, Suriwongse Room
Join us for a feature length episode of Frost - ANOTHER LIFE (parts 1 & 2): *Frost returns after his suspension and is faced with a complex murder case in which a dismembered body turns up with two left feet and one of them isn't his!* There is no charge for this event but we ask members to please book in advance as this helps us with our seating arrangements. Full F&B service available.

** ENGLISH FA CUP FINAL

Saturday, 19th May, 8pm, Suriwongse Room
You are invited to book for Grandstand seats to watch the 2007 FA Cup Final live here at the British Club when top clubs Chelsea and Man Utd go head-to-head! This is an event for the whole family. We start off the evening at 8pm with our kids' penalty kick competition on the front lawn, culminating in the final shootout during half time with the winner taking home Major Cineplex tickets. Also from 8pm onwards in the Suriwongse Room fans can purchase traditional Pie & Chips and Fish & Chips suppers whilst eagerly awaiting the kick-off at 9pm. Entry to this event is free with optional F&B service available. To book sign up at the Clubhouse reception or send a fax or email to the Club. For further information please contact Khun Neung or Barry.

** DOCTOR WHO - 2007 SERIES

Sunday, 20th May, 11am-12.45pm, Suriwongse Room
Episodes 4 & 5 of the new 2007 series. See page 14 for details.

** DOCTOR WHO - 2007 SERIES

Sunday, 27th May, 11am-12.45pm, Suriwongse Room
Episodes 6 & 7 of the new 2007 series. See page 14 for details.

** FORMULA ONE - MONACO GRAND PRIX

Sunday, 27th May, 7-8.40pm, Churchill Bar
LIVE on the Big Screen. See page 14 for details.



"YOU ARE STILL NOT ALONE"

Doctor Who is back in May with four exciting episodes that are guaranteed to thrill the kids and scare the adults . . . or is that the other way round?

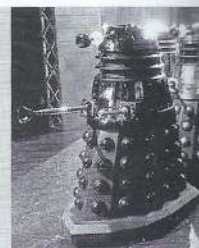
This month the titles go from the oh-so-obvious to the bizarre. Our first helping, delayed to 20th May, leaves the audience with very little to expect . . . those damn Pepperpots are back and with a vengeance: can The Doctor and Martha find help in a depressed New York suburb?

On the 27th, Dr Lazarus claims that he can now live for ever . . . A dream many people would die for and perhaps Mr. Saxon will? This episode stars Mark Gatiss and Thelma Barlow. And then we have '42' - Arthur Dent might tell you it is the answer to the meaning of life but what does it really mean?

Sunday 20th May - 11am-12.45pm

DALEKS IN MANHATTEN EVOLUTION OF THE DALEKS

The Black Pepperpot and his chums transported back to 1930's New York to breed a new kind of threat!



Halt!

Sunday 27th May - 11am-12.45pm

THE LAZARUS EXPERIMENT 42

One man believes his device can stop the ageing process and somewhere else they are trying to stop the living process!

Starring David Tennant and Freema Agyeman.

All children from 8 to 80 are welcome!



FORMULA ONE RETURNS TO EUROPE!

May sees the start of the first European leg of the 2007 Grand Prix season with races in Barcelona and Monte Carlo.

We open on 13th with **Gran Premio de Espana** from the Circuit de Catalunya in Barcelona, Spain, which has seen a mixture of winners over the past three years. Who will step on the podium here and claim the Spanish crown from the Spanish Crown . . . will it be Alonso on his home ground or will Kimi turn Barcelona to ice?

Le Circuit de Monaco, which consists of the city streets of Monte Carlo and La Condamine including the famous harbour, is everyone's favourite circuit - the home of the rich and famous and a race won by a different driver each year this decade. The 3.34km street route makes it the shortest on the F1 circuit but what it lacks in length it makes up for in grandeur . . . Beau Rivage, Sante Devote and Rascasse being just three of the corners!

As usual Formula 1 will be shown LIVE in the Churchill Bar each evening.

Dates

Sunday 13th May
Sunday 27th May

Race

Spanish Grand Prix
Monaco Grand Prix

Time

7pm to 8.40pm
7pm to 8.40pm

SPORT ON TV

'QUICKIES' GUIDE TO CHURCHILL BAR SPORTS

10 th	Cricket	Bangladesh v. India 1 st ODI	Noon-7pm
12 th	Cricket	Bangladesh v. India 2 nd ODI	Noon-7pm
12 th	F1	Spanish Grand Prix Qualifier	7pm-8pm
13 th	F1	Spanish Grand Prix	7pm-8.40pm
15 th	Cricket	Bangladesh v. India 3 rd ODI	Noon-7pm
17 th	Cricket	England v. West Indies 1 st Test	5pm-1am
18 th	Cricket	Bangladesh v. India 1 st Test	Noon-7pm
18 th	Cricket	England v. West Indies 1 st Test	5pm-1am
19 th	Cricket	Bangladesh v. India 1 st Test	Noon-7pm
19 th	Cricket	England v. West Indies 1 st Test	5pm-1am
19 th	Soccer	F.A. Cup Final	9pm-11pm
20 th	Cricket	Bangladesh v. India 1 st Test	Noon-7pm
20 th	Cricket	England v. West Indies 1 st Test	5pm-1am
21 st	Cricket	Bangladesh v. India 1 st Test	Noon-7pm
21 st	Cricket	England v. West Indies 1 st Test	5pm-1am
22 nd	Cricket	Bangladesh v. India 1 st Test	Noon-7pm
25 th	Cricket	Bangladesh v. India 2 nd Test	Noon-7pm
25 th	Cricket	England v. West Indies 2 nd Test	5pm-1am
26 th	Cricket	Bangladesh v. India 2 nd Test	Noon-7pm
26 th	Cricket	England v. West Indies 2 nd Test	5pm-1am
26 th	F1	Monaco Grand Prix Qualifier	7pm-8pm
27 th	Cricket	Bangladesh v. India 2 nd Test	Noon-7pm
27 th	Cricket	England v. West Indies 2 nd Test	5pm-1am
27 th	F1	Monaco Grand Prix	7pm-8.40pm
28 th	Cricket	Bangladesh v. India 2 nd Test	Noon-7pm
28 th	Cricket	England v. West Indies 2 nd Test	5pm-1am
29 th	Cricket	Bangladesh v. India 2 nd Test	Noon-7pm
29 th	Cricket	England v. West Indies 2 nd Test	5pm-1am

When there is only one main sport it will be shown on both screens in The Churchill Bar; when there are two, the second will be shown on the back TV.



Let's Celebrate



Come Celebrate Canada's 140th Birthday
at the British Club, Saturday, 23rd June, 2007
Doors open at 3 pm



- Games and activities for the whole family including volleyball, ball hockey and tug of war.
- International buffet dinner served at 6:30 featuring salmon & beef.
- Canadian wine and Canadian beer available

Buy your tickets and book your table in advance

Ticket Prices:

Adults: 800 baht in advance, 1000 baht at the door
Children (5 - 12): 400 baht in advance, 500 baht at the door
Children under 5: 100 baht

SPACE IS LIMITED

Tickets include entry into the lucky draws with a chance to win fabulous prizes

For tickets or information call the Thai-Canadian Chamber of Commerce 02-266-6085/6 or book online at www.tccc.or.th

ANYONE FOR POOL?

The Club now has a fully functional, air-conditioned Games Room on the lower floor of the Clubhouse, and has two brand new, fully equipped **Pool Tables** for members, their families and registered guests.



The Games Room is open from 10am in the morning and normally closes at 11pm, unless members are still playing. Children aged 14 years to 18 years may use the room up to 7pm in the evening but only if accompanied by an adult: children under 14 may not use the room.

Both tables are coin-operated and, at time of going to press, the cue balls are stored in the Churchill Bar for safekeeping. Change in the form of bags of ten 10-baht coins are available from the Churchill Bar signed to a member's account for play on the tables.

If you are a keen Pool player we are looking at arranging regular weekly Pool evenings with a view to, perhaps, entering a Pool League later in 2007.



CLUB OBJECTIVES 2007-08

The new General Committee has established a set of objectives for the Club that it feels can be achieved during its year in office, and which form part of our senior management's Key Performance Indicators for the year.

1. Constitution, Rules & Bylaws

- (a) Establish Standard Operating Procedures (SOPs) for enforcing Club rules and bylaws.
- (b) Update existing Policies & Procedures to form the basis of a Club Operations Manual (COM) together with Standard Operating Procedures.

2. Club Archives

- (a) Rebind all Club minute books (1946 to date), and create electronic archive.

3. External Relationships

- (a) Establish Standard Operating Procedures to promote and strengthen ties with Loyal Societies of St. Andrew, St. David, St. George and St. Patrick.
- (b) Approve and review Associated Groups list and establish Standard Operating Procedures to strengthen ties.
- (c) Review Reciprocal club list and extend to 200 clubs worldwide.

4. Communications

- (a) Establish Centralised Complaints System.
- (b) Review 'Club to member' communications and establish policy and Standard Operating Procedures on emailing, posters, use of Outpost, use of forum, use of Club noticeboards, etc.
- (c) Establish Standard Operating Procedures for promotion and operation of TV Sport, Club events, etc.

5. Food & Beverage - Menus

- (a) Create new menus for The Verandah.
- (b) Monitor menus using Sales Data (and Point of Sale (POS) data when available) to ensure menus are interesting, varied and are communicated to members.
- (c) Review Functions/Events packages to ensure value for money when we cater such functions/events.

6. Food & Beverage - Pricing

- (a) Review and establish on-going benchmarking of cost-price ratio of Known Value Items (such as wines, beers, fish n chips, etc) to ensure competitiveness with other 'popular' outlets.
- (b) Review whole Club F&B pricing policy to ensure value for money for members.
- (c) Review supply of 'bin end' wines to ensure Club has low price wines on offer at all times as well as a quality selection.

7. Games (Bridge, Chess, Pool)

- (a) Promote and monitor the Pool Room trial (as per AGM mandate).
- (b) Assist the development of the Bridge section.
- (c) Assist the re-establishment of the Chess section.

8. Club Sports (Badminton, Squash, Tennis) & Fitness

- (a) Establish consultation mechanism between General Committee, Senior Management Team and sections through a bi-monthly Sports Council.
- (b) Monitor effective compliance to Bylaw 32.
- (c) Review, with Treasury Work Group, Club Sport related income, court/fitness fee levels and direct costs.
- (d) Establish, with Treasury Work Group, effective and fair Club Sports Section Allocations in relationship to member usage, income generation and facility costs.

9. Field Sports (Cricket, Golf, Hockey, Soccer, Rugby)

- (a) Establish consultation mechanism between General Committee, Senior Management Team and sections through a bi-monthly Sports Council.
- (b) Monitor effective compliance to Bylaw 32.
- (c) Establish, with Treasury Work Group, effective and fair Field Sports Section Allocations in relationship to member/non-member usage, practice and tournament F&B generation and cost of hire of grounds, etc.

10. House & Grounds

- (a) Establish Standard Operating Procedures for a fair and accurate room booking system.
- (b) Review (with Senior Management Team) security alert protocols.
- (c) Establish monthly walkabout protocols to review all maintenance needs and reports scheduled to General Committee for review.
- (d) Input to Treasury Work Group any areas where Capital Expenditure is required outside of Development Plan.

11. Human Resources

- (a) Develop a Human Resources policy.
- (b) Establish Staff noticeboard whereby organisation is pictorially illustrated, and quarterly/annual staff awards/birthdays are notified to members.
- (c) Establish Standard Operating Procedures for effective Duty Management.

Strategy & Development

12. Phase 1

- (a) Review with Senior Management Team and Project Management timely completion of Phase 1. The matters of a fire escape and a sink in The Churchill Bar, and the possible divide of internal and external works for The Verandah, are noted by the General Committee.
- (b) Prepare a full report on Phase 1 (quality, cost to budget, variations) for General Committee to publish in Outpost.
- (c) Create a list of learning points from Phase 1 to understand better the critical path of development.

13. Phase 2

- (a) Finalise Funding plans and survey potential interest.
- (b) Re-appraise Phase 2 options for General Committee to put to members in a series of Forums/Open days.
- (c) Prepare detailed Phase 2 presentation for General Committee to bring to Extraordinary General Meeting (EGM).
- (d) Enact Phase 2 as agreed by EGM.
- (e) Review Clubhouse members' offer (F&B, facilities, etc) in relation to closure of poolside under Development Plan.

14. Other Phases

- (a) As Phase 2 progresses, update Development Plan on third and fourth phases.

15. Treasury

- (a) Approve specifications for and installation of Point of Sale system.
- (b) Establish Standard Operating Procedures for POS regarding off-line operation, 'after close' corrections and Non-member payments.
- (c) Review monthly accounts and Cost-Benefit analyses for all capital projects ahead of General Committee consideration.
- (d) Review with Sports an effective and fair Section Allocation protocol.
- (e) Review with the Development Rolling Sub-Committee (DRSC) all income schemes and proposed expenditure.
- (f) Review Club entrance fees, subscriptions and other fees in relationship to expected Phase 2 impact and thereafter.

These Club Objectives, together with estimated due dates, are on the Club Noticeboard and will be updated each quarter of the year. If you have any questions on these or any other matters relating to the General Committee, please feel free to contact the General Committee on gc@britishclubbangkok.org.

Paul Cheesman

Honorary Secretary

BCB General Committee 2007-08

The British Club Street Fair



To celebrate
Queen Elizabeth's
81st Birthday

Saturday
16th
June

B. 350 per person

Includes all activities
But does not include
the BBQ or Beer tent

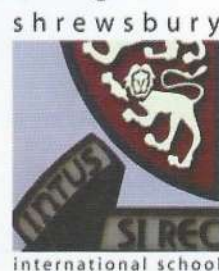


1 - 7.00 p.m.



Includes :

Ferris Wheel, Carousel, Stiltwalker,
Shrewsbury School's Giant Climbing
Wall, Pony Rides, Giant Slide
and many other activities



For reservation please call 02 234 0247

or E mail : TheBritish.ClubBangkok@britishclubbangkok.org



SUSIE'S Kids Korner

Join me in the Silom Room every Sunday!

SUMMER CITY COOL CRAFTS!

JET BOAT

Kids will love being the captain of this balloon-powered jet boat – perfect for racing in pools, ponds and bathtubs.

CRAFT MATERIALS:

- Plastic pipe elbow, 1/2 inch (13mm) in diameter, and its accompanying plastic nut (ask at your local hardware store)
- Two 5 1/2 x 8-inch (14 x 20cm) Styrofoam food trays
- Balloon
- Rubber band



Time needed: Under 1 Hour

DIRECTIONS:

1. Thread the nut on the plastic pipe elbow. Then cut a hole in the bottom of one of the trays and push through the elbow's non-threaded end.
2. Stretch the balloon over the threaded end. Next, secure the elbow underneath the tray with the rubber band, wrapping it around several times.
3. Cut a rudder from the other tray, and insert it through a slit cut in the stern of the boat.

Tips:

To operate the vessel, inflate the balloon by blowing into the elbow. Block the end of the pipe with your finger as you set the boat in the water, then release it and watch the boat zip away.

THE PINAQUA

One of the coolest things we do in the summer, and I mean that literally, is an adaptation of a favourite birthday party game. On the hottest days of the season, nothing beats a water-filled pinata slung over the branch of a tree. A dentist's dream, this candy-free version will flood your kids with fun – and a generous amount of cold water.

CRAFT MATERIALS:

- Medium-sized rubbish bag (we used a clear, 40-litre bag)
- Water
- Rope
- Tree limb
- Bandanna or scarf
- Broom

DIRECTIONS:

1. Using your backyard hose, fill a medium-sized plastic rubbish bag with one to two gallons (5-10 litres) of water. Knot the top of the bag.
2. Tie one end of the rope tightly beneath the knot. Toss the free end of the rope over a tree branch (a parent's job) and either tie it securely or have the adult stand by to raise and lower the pinaqua.
3. To play, each child takes a turn getting blindfolded, getting spun around three times, and then taking three whacks at the pinaqua with the broom. The winner is the one who manages to break the bag and unleash the tidal wave.



COCKLESHELL CRITTERS

Perched on their driftwood stand, these salty characters really dress up your night table or desktop.



CRAFT MATERIALS:

- Clean shells
- Tacky glue
- White pony beads
- Permanent black marker
- Piece of driftwood

Time needed: About 1 to 2 Hours

DIRECTIONS:

1. For each critter, select 2 shells of like size and shape. Set one top-side down and glue a pair of bead eyes to the edge opposite the hinge.
2. Then glue the other shell in place atop the first one, as shown. When the glue is dry, draw pupils on the eyes.
3. Finally, arrange your clam critters atop the driftwood and glue them in place.



SENT BY KIDS

Q: What do you get when you cross a dog with an elephant?

A: A very nervous postman.

Q: What is a baby's motto?

A: If at first you don't succeed cry, cry again!

Q: What did one fish say to the other?

A: If you keep your mouth shut you will not get caught.

Q: What do you call a cow with no feet

A: GROUND BEEF



Is it you vs. the course?

Or you vs. your body?

Consult Doctor Golf to maintain your sporting health and fitness.

Golfers risk causing painful injuries to their muscles, joints and spine. The right posture, mechanics, and conditioning help prevent these injuries.

Introducing Doctor Golf – an experienced specialist dedicated to golf-related health issues, at Bumrungrad International hospital.

- Advanced imaging technology to diagnose your symptoms
- Evaluation of your golf posture and power limit
- Nutritional and other specialized advice – from physical therapy and rehabilitation to neurology

For professional advice from Doctor Golf, such as proper warm-up, and nutrition, visit www.thaigolfer.com.

Play better and feel better, with Doctor Golf on your team. To make an appointment with Doctor Golf, call 0-2667-1413, or email: seedoctorgolf@bumrungrad.com.



Quiz Night invaded by Gremlins



The 19th of March quiz night started much like any other. The historic Suriwongse Room gradually filled with participants from eight teams, and once again there was a magnificent buffet that tempted over-indulgence, followed by guilt and perhaps followed by some exercise. The Chilli Con Carne was exquisite, so was the Spinach & Rocket Salad and the Mushroom Stroganoff, and of course very few could resist the Rhubarb Crumble & Custard . . .

Then it started. At first we thought it was a minor glitch in the opening theme but further into the quiz it became apparent that an entire stereo channel had gone AWOL – try identifying a Linda Ronstadt track without her voice, just backing musicians. Now that's a challenge! However the teams were undaunted and ploughed through regardless, clocking up their usual blockbuster scores . . . but then another curiosity presented itself, this time courtesy of the Quizmaster's new laptop whose brand name shall remain anonymous (but it's a four letter word starting with 'S'!) When Rodney attempted to enter scores, it absolutely refused to have anything to do with the digit '0'. Unperturbed, Rodney posted 21's and a lot of 31's as the quiz progressed, to replace scores of 20 and 30, and it was up to the quiz-goers to remember who had been given the extra point! How exciting! This was much better than staying at home and watching a re-run of "My Favorite Martian".

With the absence of Sminky Minky Bang Bang there was a bit of a power vacuum, but Six No Trumps wasted no time in leaping into it and after a blistering third round took out the quiz from the Bangkok Gentlemen Spoofers and Jim's Junkies, who have clearly fallen in love with the third place position.

All in all, a most enjoyable night with plenty of gremlin surprises, passionate exchanges with the Quizmaster on perfectly wonderful answers that he disallowed, and raucous interjections from the Barbary Coast Barbarians.

And the best table question: Ladislav Biro invented the ballpoint pen in what year? 1946! And guess what it was called?

Oh, and the scores:

1. Six No trumps	122	5. Some Other Team	111.5
2. Bangkok Gentlemen Spoofers	121	6. Barbary Coast Barbarians	100
3. Jim's Junkies	119.5	7. Bookworms	86
4. Under Par	113.5	8. BGG's	79

Drink at a Bangkok legend



Drop by Bangkok's legendary pub and enjoy the relaxed atmosphere and honest-to-goodness food & fare of a traditional British alehouse. Plus long Happy Hours, live music and service that's fast and friendly, each and every day.

The Huntsman. Bangkok's legendary pub

**Show your British Club membership card and enjoy a
20% discount (food only).**

This promotion is not applicable with other special promotions.

Just Getting Better


THE LANDMARK
BANGKOK

Special for British Club members
**20%
discount**
(food only)

BC CALENDAR MAY – The Month at a Glance

Sunday

6 10:30am-2:15pm
Squash Mix-in

3:00-6:00pm
Cricket Practice

Silom Room
1:00-3:30pm
Children's Activities

Suriwongse Room
1:30 & 4pm
**THE EMPEROR'S
NEW CLOTHES**

Churchill Bar
3:00pm
Bridge Tournament



13 Silom Room
1:00-3:30pm
Children's Activities

Churchill Bar
3:00pm
Bridge Tournament

3:00-6:00pm
Cricket Practice

Monday

7 9:00am-12noon
BWG Mahjong

6:00-10:00pm
Tennis Match Play

Suriwongse Room
1:30 & 4pm
**THE EMPEROR'S
NEW CLOTHES**

14 9:00am-12noon
BWG Mahjong

Tuesday

1 8:00-11:00am
Tennis Ladies Mix-In

9:00-10:30am
Ladies Tennis Clinic

10:30-11:30
Aqua Aerobics

5:15-8:15pm
Squash Mix-in

7:00-9:00pm
Football Practice

Churchill Bar
8:30pm-late
Spoofing

8 8:00-11:00am
Tennis Ladies Mix-In

9:00-10:30am
Ladies Tennis Clinic

10:30-11:30
Aqua Aerobics

5:15-8:15pm
Squash Mix-in

7:00-9:00pm
Football Practice

Churchill Bar
8:30pm-late
Spoofing

15 8:00-11:00am
Tennis Ladies Mix-In

9:00-10:30am
Ladies Tennis Clinic

10:30-11:30
Aqua Aerobics

5:15-8:15pm
Squash Mix-in

Wednesday

2 5:00-6:30pm
Junior Tennis

6:00-10:00pm
Tennis Mix-in

6:00-8:30pm
Cricket Practice

Churchill Bar
7:00 & 8:00pm
**PRESTIGE WINE
ACCUMULATOR**
7:30pm Bottle Draw



Prestige Wine

9 5:00-6:30pm
Junior Tennis

6:00-10:00pm
Tennis Mix-in

6:00-8:30pm
Cricket Practice

Churchill Bar
7:00 & 8:00pm
**PRESTIGE WINE
ACCUMULATOR**
7:30pm Bottle Draw



16 5:00-6:30pm
Junior Tennis

6:00-10:00pm
Tennis Mix-in

6:00-8:30pm
Cricket Practice

Thursday

3 8:00-11:00am
Tennis Ladies Mix-in

5:15-9:00pm
Squash Mix-in

7:00-9:00pm
Rugby Practice

9:00-11:00pm
Hockey Practice

Churchill Bar
6:30-9:30pm Chess

10 8:00-11:00am
Tennis Ladies Mix-in

5:15-9:00pm
Squash Mix-in

7:00-9:00pm
Rugby Practice

9:00-11:00pm
Hockey Practice

Suriwongse Room
7:00-9:00pm
**DETECTIVE VDO
NIGHT**
Morse



17 8:00-11:00am
Tennis Ladies Mix-in

5:15-9:00pm
Squash Mix-in

7:00-9:00pm
Rugby Practice

Friday

4 2:00-5:30pm
Junior Swimming
Classes

5:00-6:30pm
Junior Tennis

6:00-10:00pm
Tennis Mix-in

Silom Sala
7:00-9:00pm
Kid's VDO



11 Suriwongse Room
9am-3pm
**BLOOD DONOR
DAY**

2:00-5:30pm
Junior Swimming
Classes

5:00-6:30pm
Junior Tennis

6:00-10:00pm
Tennis Mix-in

Silom Sala
7:00-9:00pm
Kid's VDO

18 2:00-5:30pm
Junior Swimming
Classes

5:00-6:30pm
Junior Tennis

Saturday

5 7:00-9:00am
Adult Tennis Classes

9:00am-1:30pm
Junior Swimming
Classes

9:30am-12noon
Cricket Practice

Wordsworth Lounge
1:00-2:00pm Yoga

Suriwongse Room
1:30 & 4pm
**THE EMPEROR'S
NEW CLOTHES**



12 7:00-9:00am
Adult Tennis Classes

9:00am-2:00pm
Junior Swimming
Classes

9:30am-12noon
Cricket Practice

Wordsworth Lounge
1:00-2:00pm Yoga

Suriwongse Room
1:30 & 4pm
**THE EMPEROR'S
NEW CLOTHES**



19 7:00-9:00am
Adult Tennis Classes

9:00am-2:00pm
Junior Swimming
Classes

9:30am-12noon
Cricket Practice



Churchill Bar
7:00-8:40pm
FORMULA ONE - LIVE
Spanish GP

Suriwongse Room
3:30 & 4pm
THE EMPEROR'S
NEW CLOTHES



20 Suriwongse Room
11:00am-12:45pm
DOCTOR WHO -
2007 SERIES

Silom Room
1:00-3:30pm
Children's Activities

Churchill Bar
3:00pm
Bridge Tournament

3:00-6:00pm
Cricket Practice



27 Suriwongse Room
11:00am-12:45pm
DOCTOR WHO -
2007 SERIES

Silom Room
1:00-3:30pm
Children's Activities

3:00-6:00pm
Cricket Practice

Churchill Bar
7:00-8:40pm
FORMULA ONE - LIVE
Monaco GP



6:00-10:00pm
Tennis Match Play

21 9:00am-12noon
BWG Mahjong

6:00-10:00pm
Tennis Match Play

28 9:00am-12noon
BWG Mahjong

6:00-10:00pm
Tennis Match Play

7:00-9:00pm
Football Practice
Suriwongse Room
7:30pm
QUIZ NIGHT



Churchill Bar
10:00pm-late
Spoofing



22 8:00-11:00am
Tennis Ladies Mix-In

9:00-10:30am
Ladies Tennis Clinic

10:30-11:30
Aqua Aerobics

5:15-8:15pm
Squash Mix-in

7:00-9:00pm
Football Practice

Churchill Bar
8:30pm-late
Spoofing

29 8:00-11:00am
Tennis Ladies Mix-In

9:00-10:30am
Ladies Tennis Clinic

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Aqua Aerobics

5:15-8:15pm
Squash Mix-in

7:00-9:00pm
Football Practice

Churchill Bar
8:30pm-late
Spoofing

Churchill Bar
7:00 & 8:00pm
Prestige Wine
PRESTIGE WINE
ACCUMULATOR
7:30pm Bottle Draw

23 5:00-6:30pm
Junior Tennis

6:00-10:00pm
Tennis Mix-in

6:00-8:30pm
Cricket Practice

Churchill Bar
7:00 & 8:00pm
PRESTIGE WINE
ACCUMULATOR
7:30pm Bottle Draw



Prestige Wine

30 5:00-6:30pm
Junior Tennis

6:00-10:00pm
Tennis Mix-in

6:00-8:30pm
Cricket Practice

Churchill Bar
7:00 & 8:00pm
PRESTIGE WINE
ACCUMULATOR
7:30pm Bottle Draw



Prestige Wine

9:00-11:00pm
Hockey Practice

Churchill Bar
6:30-9:30pm Chess

Suriwongse Room
7:00-10:00pm
DETECTIVE VDO
NIGHT
Frost

24 8:00-11:00am
Tennis Ladies Mix-in

5:15-9:00pm
Squash Mix-in

7:00-9:00pm
Rugby Practice

9:00-11:00pm
Hockey Practice

31 8:00-11:00am
Tennis Ladies Mix-in

5:15-9:00pm
Squash Mix-in

7:00-9:00pm
Rugby Practice

9:00-11:00pm
Hockey Practice

6:00-10:00pm
Tennis Mix-in

Silom Sala
7:00-9:00pm
Kid's VDO

25 2:00-5:30pm
Junior Swimming
Classes

5:00-6:30pm
Junior Tennis

6:00-10:00pm
Tennis Mix-in

Silom Sala
7:00-9:00pm
Kid's VDO

Suriwongse Room
6:00-9:00pm
WINE TASTING



Europcar

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Wordsworth Lounge
1:00-2:00pm Yoga

Suriwongse Room
8:00pm
FA CUP FINAL



26 7:00-9:00am
Adult Tennis Classes

9:00am-2:00pm
Junior Swimming
Classes

9:30am-12noon
Cricket Practice

Wordsworth Lounge
1:00-2:00pm Yoga

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On the menu . . .

Summer in the City . . . The heat is building . . . the cicadas are singing . . . and while you're waiting for it to rain, why not try these tasty summer recipes . . .



Baked avocado with prawns and mornay sauce

Serves 4 (entree size)

Degree of difficulty: Low

You need:

- 2 ripe avocados
- 10 uncooked prawns (shelled with tail on)
- 1dsp margarine
- 1dsp plain flour
- 100/150ml milk
- 2oz (50g) cheese (grated)
- 15ml white wine
- 1 clove garlic (grated)
- 1/4 tomato (chopped)
- 1/4 onion (chopped)
- Bread crumbs

Method:

Cut avocados into halves and remove seed

Score inside flesh diagonally (so it absorbs more sauce)

In saucepan, heat margarine and add flour to make roux

Add milk slowly and stir until sauce is smooth

Add white wine, garlic, onion and tomato

Mix well and cook for 2-3mins

Add cheese and stir

Add prawns and pepper to taste

Fill avocado with 2 prawns and mornay sauce

Sprinkle with bread crumbs and bake in oven or under a grill until bread crumbs and mornay sauce are golden brown



Yam Som-O (Spicy Pomelo Salad)

Serves 4 (as an appetizer)

Ingredients:

- 1-2 Pomelo or Grapefruit
- 2 tbsp lime juice
- 1 tbsp fish sauce
- 1 tbsp palm sugar
- 150 gm cooked shrimp
- 2 tbsp grated fresh or dried coconut
- 1 tbsp dried shrimp (finely chopped)
- tsp chili powder or fresh chili
- 1 tbsp sliced finely shallot (deep fried)

Directions:

1. Heat the pan on medium fire and then add fish sauce, palm sugar, lime juice until well mixed, leave sauce to cool down.
2. Peel pomelo or grapefruit and mix with other ingredients (Yam Sauce) until lightly coated.



Coffee Milkshake

- | | | |
|-----|--------|-------------------|
| 3 | scoops | Vanilla ice-cream |
| 1 | cup | Milk |
| 1/2 | cup | Chilled coffee |
| 1 | tsp | Whipped cream |

Mix all the ingredients in a blender until smoothly blended. Served in a tall glass with a small amount of whipped cream.

Apple & Raspberry Smoothie

- | | | |
|-----|-------|------------------|
| 4 | Whole | apples, juiced |
| 225 | grms. | Frozen raspberry |
| 3 | oz | Orange juice |

Blend all ingredients with crushed ice until smooth and pour into glass.





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Songkran at the Club



To celebrate the Songkran festival we held a Thai buffet at the poolside on the 13th-14th of April. The Poolside was transformed to resemble a Thai Market and foods from all regions of the Kingdom were available. There were a few of the members' favourite dishes - Gaeng Kiew Wan, Yam Tua Ploo, Som Tum, etc - but there were also some more adventurous dishes such as Tom Saep Nua from the North and Phad Nor Mai Goong & Hor Mok Pla from the Central Region.

All in all over 50 members enjoyed the Buffet with many coming back for seconds, especially the delicious Mango & Sticky Rice - probably Thailand's most famous dessert. Most of the foods were cooked to order by the chefs and were made as spicy as the members requested. Khun Kasem created a special Thai cocktail for buffet patrons and the staff also dressed up in colourful Thai shirts, made small water offerings to members and presented them with garlands of orchids.

Technically, water games and water pistols are banned from the Club. However to keep the kids entertained (big and small!) we arranged a few water-themed games on the front lawn, where the kids enjoyed the stocks, a waterslide and water basketball. However it was decided it was definitely more fun to lob water balloons at friends rather than through the basketball hoop.

A few water pistols did make it to the Poolside but on the whole I think we were probably the driest place in town (not including alcohol consumption of course!). It was great to see members spending their Songkran holidays at the Club - definitely the best and safest place to be. If you missed out this year, well, there's always the next Songkran.

Barry Osborne

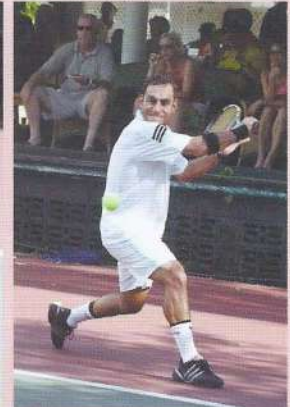
The 2007 ANNUAL CHAMPIONSHIPS



A swift backhand – Charlie, runner up Junior boys U13



Eyes on the ball - Tee, winner of the Junior boys U17



Focused determination – Marc Nussaume, runner up in the Cup men's singles



Lining it up for the forehand smash – Tip, winner of the Plate women's singles



Going for broke – Mireille, runner up in the Cup for the mixed doubles

March 31st FINALS DAY REVIEW

In contrast to the preceding several days of scorching heat under clear blue skies, Finals Day opened with slightly overcast skies much to the relief of our finalists. The day's schedule kicked off with the Ladies Singles Final between sisters Mint (17 yrs.) and Mooky (14 yrs.).

1: Ladies Singles Final:

Mint, the No. 1 Seed and reigning BC Ladies Champion in all 3 disciplines, was in control from the outset with a range of blistering ground strokes all round the court. Mooky could match the pace but not the consistency of her elder sister who went on to gain a very comfortable straight sets win at 6-1 6-1.

On the day Mooky did just enough to show her potential and we will be very surprised if she is not in serious contention for the top spot in the next couple of years. These two young ladies are likely to be dominating BC ladies tennis for a good few years to come and set a high standard for all our younger players to aim for.

2: Ladies Doubles Final:

Mint and Mooky appeared in this Final too but this time paired together in quest of the Ladies Doubles title against the untried pairing of Mireille and Natacha. From the very start it was an uphill battle for Mireille and Natacha to get into the match, with both sisters already fired up from their preceding singles final.

There was some fine play from all four participants, both at the net and from the back of the court but the real firepower came from the sisters who in the later stages dominated the net. Mireille matched and from time to time bettered the sisters' back court power with beautiful flowing crosscourt ground-strokes from both wings whilst Natacha held her own at the net with some well controlled volleys. But the challengers were unable to turn the tide against the sisters' better balanced and more powerful combo; Mint and Mooky running out as comfortable winners at 6-2 6-2.

3: Men's Doubles Final:

The Men's Doubles Final was always going to be one of the most closely fought contests in this



Out stretched - Nut Watanali, winner of the men's doubles in the Cup



Driving it down the line - Marc Hagelauer, runner up in the Cup men's singles



The soft touch - Phairoj, winner of the men's doubles in the Cup



Well done Pete - Khun Keeranatt, Junior boys U13 champ



We are the Champions (l to r): Mooky, Mint, Marcel, James, Nut & Phairoj

year's Championships and so it proved to be on the day.

No. 1 Seeds and previous titleholders, James Young and Marc Hagelauer, a very experienced tournament play pair, took on Phairoj Chansevikul and Nut Watanali, a new and relatively untried pairing.

Phairoj, one of the Club's most seasoned tournament players with a long string of and successes at all levels, is always capable of springing surprises and upsetting favourites and this was to be his day. He was ably supported by his new and much younger partner Nut who rose to the occasion like a true champion, playing the match of his life.

The first set went as expected with James and Marc dominating play with powerful serving and devastating volleys that left few opportunities for their opponents to retaliate, losing out at 3-6. But in the second set, with Phairoj and Nut increasingly able to keep the ball in play, errors on critical points crept into the game of the fancied pair, the set finally falling to Phairoj and Nut at 6-2 and one set all. The third set was a

rollercoaster all the way with very little separating the pairs. James & Marc broke Nut's serve at 4 all but, serving for the match at 5-4, James immediately double faulted and from then on both James and Marc missed several easy 'put-away' chances allowing Phairoj and Nut, playing careful well placed and controlled shots, to take the next 12 points and the set - and the Men's Doubles title for the first time.

This match was the highlight of the day with a display of both power and touch play in equal measure from all four players. The outcome was always in doubt ensuring the spectators' rapt attention until the last ball was hit. We look forward to seeing both these pairs in action again in the coming years, as all four are Thailand lifers.

4. Men's Singles Final:

Marcel Petit, one of our newest and most gifted members, was always going to be a finalist. The surprise opponent, Marc Nussaume, a previous champion and finalist, had slipped down the rankings through injury and resultant lack of practice. The technical win he achieved in his

epic semi-final match against Enrique, who retired at 1 set all due to injury and exhaustion, earned Marc his unexpected place.

Whilst we all know that on his day Marc is capable of beating just about anyone, Marcel is certainly not just 'Anyone'. Indeed there have been few if any BC players over the last 15 or so years who could demonstrate such a wide range of skills and sheer variety of shot making ability.

Whilst Marcel is clearly not as fit as he would like to be, he was still able to demonstrate sufficient of his tennis attributes to gain a fairly decisive win at 6-4 6-1.

In the first set Marc put up a determined and vigorous fight, which led to some very exciting play by both contestants, but whenever Marc put on the pressure Marcel just stepped up his game, pulling out yet another new shot from his comprehensive armoury. Power, left and right spin serves, smashes, drop shots, slices and top spins, angles and stop volleys - all and more were on display in full measure. Marc had no option but to go for winners whenever he could, which he duly did, producing some spectacular tennis with plenty of blazing forehand winners down the lines, leaving Marcel powerless. But the huge effort required to keep up such a momentum could not be sustained and from 4 games all Marcel collected the next 2 games to give him a 6-4 win. Inevitably Marc's errors mounted in the second set and Marcel cruised to a rather one-sided 6-1 win, to give him the 2007 BC singles champion title.

5. Mixed Doubles Final:

Current and two-times Title holders, top seeds James and Mint were in commanding form against Marc and Mireille, a new relatively untested pair who had not faced any serious opposition on their way to the Final. The top seeds' all-court game showed up the weaknesses in their opponents' positional play and the range and power of their shot making effectively prevented Marc and Mireille settling in, resulting in a somewhat one sided first set 6-1 win to the holders.

The second set provided more of a contest but Mint's forehand driven topspin lob once again took its toll leaving both Marc and Mireille flat footed and unable to cover the ball. If they did manage a reply, James ably disposed of the volley. A slight wobble at 5-3 up with James losing his serve was rectified by another display of accurate and consistent serving by Mint, enabling James to place the volleys way out of reach. Mint's final driven topspin lob left Marc and Mireille completely unable to cover the ball with the title once again deservedly remaining with the holders.

Plate Tournament Winners:

With one exception, all winners of Plates were long-standing and regular BC players. All are to be congratulated on their tennis skills and their tenacity in the face of daunting difficulties, an absolutely essential requirement for all aspiring Plate players. Raquel Evans, our one and only newcomer to this year's list of winners, is to be especially congratulated in overcoming apparently insuperable difficulties surrounding every single one of her matches, including the frequent disappearance of her partner!

Summary of Champions:

This year we welcome new member and new BC Men's Singles Champion Marcel Petit to the long list of elite BC tennis players.

Mint is to be congratulated as she once again retained all three of her titles with impressive displays of her all-round tennis prowess.

Other familiar names on this year's Champions roster include James Young, a many times previous winner in all 3 events, and Phairoj Chansavikul with a similar record. We also welcome two new names to the winners list, Nut Watanali coming from a younger generation and making his mark for the first time in partnership with Phairoj, together with Mooky Thumrongluk who took the ladies doubles title partnering her sister Mint. Both these young players achieved high standards of play and sportsmanship throughout the Championship displaying maturity well beyond their years.

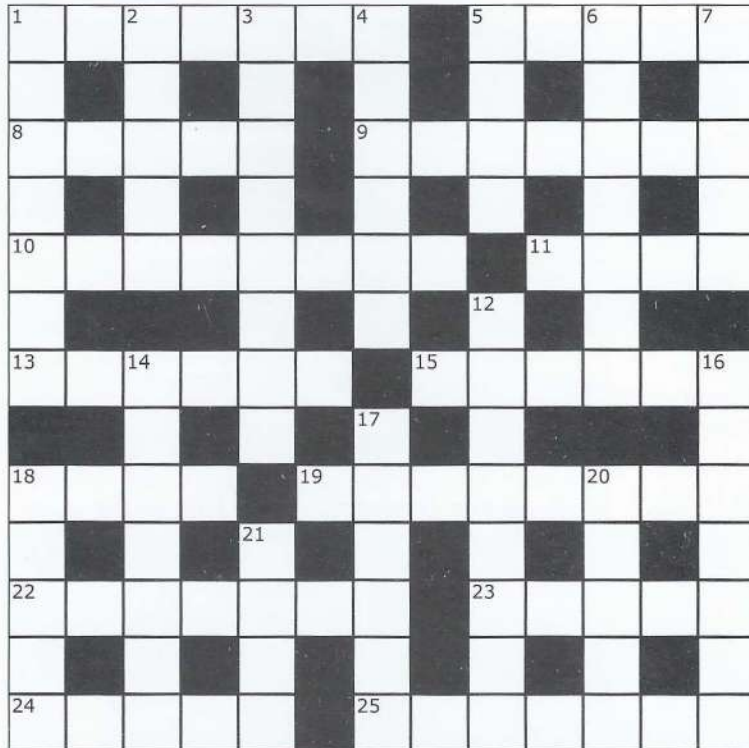
The challengers were also there, talented newcomer Mireille, Natacha, Anaise her younger sister and all will have another chance to shine next year. As for the men, well it's largely the old school, which still holds sway. Perhaps this suggests that we really need an influx of talented young male players to liven-up and revitalize the men's game to match our younger ladies progress.

Thanks are due in full measure to one and all of our participants in this year's Championship. Without your participation and cooperation nothing would be happening. With a record high of over 120 players covering more than 270 individual event entries we somehow managed to get the vast majority of both main and plate matches played with very few walkovers or withdrawals. All the Draws were completed in time for Finals Day.

We hope you all enjoyed playing your matches and look forward to receiving your entry again next year when you will have another chance of demonstrating your tennis prowess together with your wider range of skills!!

Bruce Gordon

Puzzles



Fax or deliver your completed crosswords to Barry Osborne as soon as possible after receiving *Outpost*. After a five day collection period, the author of the first correct entry drawn out of a hat will win a bottle of wine. **Yes! We've changed the rules!** So if you're a member in Nakorn Nayok, Chon Buri or even Petcha Bun, you have the same chance of winning as closer-placed members - if you fax in the correct solution asap.

Congratulations to the winner of the April crossword, Mr Stephen Eaton. Incidentally, Steve's amazing - and fully legitimate - run of wins got us to thinking that we needed to change the system so that winning became a mixture of skill and luck, rather than where you happened to be placed vis-a-vis the *Outpost* delivery and distribution system. So, thanks Steve for being the catalyst for change!

April Solution

Across: 7 Romeo, 8 Eternal, 9 Operate, 10 Eerie, 12 Returning, 14 Islamabad, 17 Scrum, 18 Nothome, 20 Gaffers, 21 Treat.

Down: 1 Troopships, 2 Impel, 3 Coma, 4 Recent, 5 Deferred, 6 Entrain, 11 Eighteenth, 12 Remember, 13 Clarify, 15 Banish, 16 Voter, 19 Tate.

SUDOKU

Each Sudoku has a unique solution that can be reached logically without guessing. Enter digits from 1 to 9 into the blank spaces. Every row must contain one of each digit. So must every column, as must every 3x3 square.

Rating: 'Super-difficult'

Solution times: < 30mins - you don't belong on this planet; 30-50mins - sublime; 50-80mins - well done; longer than 80 mins - keep practising . . .

Good Luck! Fax or deliver your completed sudoku to Barry Osborne as soon as possible after receiving *Outpost*. After a five day collection period, the author of the first correct entry drawn out of a hat will win a bottle of wine. **Yes! We've changed the rules for Sudoku too!**

The Sudoku winner for April was Ineke Cook, with a time of 10 minutes. Wow! That's out of this world! Congratulations Ineke!

CROSSWORD Clues

Across

- 1 "_____ hope all ye who enter here." (Bible)
- 5 Takes minced meat.
- 8 View . . . its around in Virginia!
- 9 For the panel in court, this crime was committed.
- 10 Felt remorse.
- 11 Might hold a quantity of beer.
- 13 Awfully silent . . . enter the Armed Forces!
- 15 This European port doesn't change!
- 18 A landing place that sounds as if it would open for you.
- 19 Indications of a closed shop.
- 22 It is a beginning.
- 23 " . . . and _____ him at the name of Crispian" (Shakespeare, Henry V)
- 24 One over the eight and mean too!
- 25 "If we are _____ do we not laugh?" (Merchant of Venice)

Down

- 1 Stanza after the commercial . . . unfavourable.
- 2 A pose around for a Greek storyteller.
- 3 Agonised over what the doctor does.
- 4 He's just a kid!
- 5 Maybe airs an Eastern garment.
- 6 Somehow a large bird not before time makes copy.
- 7 This vessel stays the same when it's overturned.
- 12 Mixed up coteries . . . secret!
- 14 Hanging around with the stupid person in the heather.
- 16 Little Diana's nurse . . . swell!
- 17 Talk about the masculine French . . . Swiss house.
- 18 Peaceful . . . quite upset.
- 20 "His Lordship compels us to be _____ upstairs." (J.M. Barrie)
- 21 "I've got a little _____" (The Mikado)

			5				
	4			9		1	
7		4	2				
	9	6				7	
6	7				3	5	
	5			2		6	
			3			2	
	4		7	9	6	8	5
							9



Regular Sports, Games & Activities

Aerobics

Monday 10:30-11:30
Wednesday 10:30-11:30

Aqua Aerobics

Tuesday 10:30-11:30

Chess

Thursday 6:00-9:00pm - Churchill Bar

Cricket

Wednesday 6:00-8:30pm Practice - Back lawn

Football

Tuesday 7:00-9:00pm Practice on the Tennis Court

Hockey

Thursday 9:00-11:00pm Practice on the Tennis Court

Rugby

Thursday 7:00-9:00pm Practice on the Tennis court

Spoofting

Tuesday 8:30pm until late - Churchill Bar

Squash

Tuesday 5:15-8:15pm Mix-in
Thursday 5:15-9:00pm Mix-in
And 1st Sunday of every month 10:30am-2:15pm

Swimming

Friday 2:00-5:30pm junior classes
Saturday 9:00am-2:00pm junior classes

Tennis

Match Play

Monday 6:00-10:00pm
Mix-in All Standards
Wednesday 6:00-10:00pm
Friday 6:00-10:00pm
Sunday 4:00-6:00pm

Ladies Mix-in

Tuesday 8:00-11:00am
Thursday 8:00-11:00am

Tennis Coaching

With Nelson Thein . . .
Friday 4:00-6:30pm: Junior tennis
Saturday 7:00-9:00am: Adult tennis

Yoga

Saturday 1:00-2:00pm in Wordsworth Room

Sports/Activities Price List

Aerobics

Aqua Aerobics

Cricket

Massage

Squash

Squash courts

Swimming

Tennis

Adult Tennis

Junior Tennis

Tennis courts

Tennis knockers

Yoga

Bt 4,000 for 10 sessions; drop-in Bt 500 per session

Bt 3,000 for 10 sessions: drop-in Bt 400 baht per session

Use of cricket nets - Bt 300 day/Bt 600 evening if lights needed

Thai massage/foot massage - Bt 250 per hourly session

Private coaching with David Lines - Bt 700 for 1 hour; group session

Bt 1200 per 45 min

Bt 50 per 45 min

Classes with Bangkok Dolphins - Bt 3,500 for 10 lessons of 30 min

Private coaching with Nelson Thein - Bt 800/hour

Private coaching with Khun Jang - Bt 550/hour

Bt 3,500 for 10 lessons (Saturday morning - beginner to advanced)

Bt 3,000 for 10 lessons (Friday)

Bt 30 per hour am/Bt 90 per hour pm

Hourly knocking sessions with - Khun Kaew (Bt 500), Khun Tom (Bt 400),

Khun Phon (Bt 300), Khun Champ (Bt 250)

Bt 1,000/month; Bt 300 per lesson

Aqua Aerobics is starting for another season with new instructor, **Jenny Dibbayawan**, a Thailand resident for 8 years and a qualified Aqua Exercise Instructor. Jenny has been aqua teaching for over 5 years so she knows how to help you get the best out of your class and achieve some of your fitness goals along the way. To the Pool!



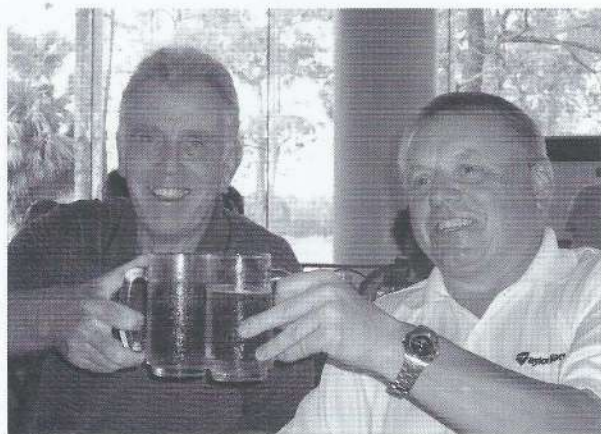
Did you know that **exercise with weights** strengthens muscles, ligaments and bones and is also good for women and the over-50s? Did you know it also burns fat, lowers blood pressure and makes you feel great?? Find out how to train with weights effectively and safely by working out in the BC gym with the Club's own personal trainer **Khun Amnat**. Let him help you discover a new world of health and vitality!

Phew what a scorcher...

Sorry, no Page 3 beauty to print with this! Yes, we are back to that time of year again when despite being able to fry an egg on your putter we are still keen to get out there and improve our very peculiar tans. People are always staring at my feet and I am inclined to believe that is because they are pure white, rather than things of startling beauty. What is worse is the golfers 'V'; that horrible tan mark left by the open polo shirt neck. It's good to see those smart high necked golf shirts are becoming more and more popular and the fabrics available really do keep you cool, even with long sleeves. So, wear the highest protection sun screen, put it on half an hour before playing and re-apply at the turn, just to make sure.

Welcome back to the committee Pat - sorry about that, bit of a mix up... We have just had the draw for the Seara Matchplay Competition, sponsored by Seara Sports International, thanks Pat. We will keep you posted on the results over the coming months; very competitive this one is!

We are very pleased to introduce a golf tip every month, thanks to our friend, U.S.P.G.A. Master Teaching Pro., Doug. The Doug Hood Golf school is based at the Dusit Thani hotel, Bangkok, www.doughoodgolf.com, tel. 089 924 2071. I have already been putting this month's into practice and I have found it does make a tremendous difference, but then I do tend to grip the club as if I am trying to strangle it. I love those shots out of the rough when you really do have to hold on tight. Must be a personality thing; I asked Edward to give me marks out of ten on my swing, he said "five for the swing, serious deductions for the face". Apparently I have a ferocious and somewhat violent look on my face as I hit the ball. Ed made me promise to always wear a hat with a big peak.



Never mind the golf!

Doug's Way to Play Effortless power v powerful effort

Many of my beginning students' instinct is to grip the golf club as tight as they can and swing as hard as they can. The truth is, gripping the club too



Doug Hood

tightly inhibits the correct movements of the body and the ability to create clubhead speed by releasing the club freely through the impact zone! Thus the beginner produces a 175 yard slice, versus a 250 yard draw down the fairway.

The key to the proper grip is to hold the club lightly with the last three fingers of the left hand and the middle two fingers of the right hand! This **FIVE FINGER** grip allows you to reduce the tension and swing the golf club freely. At first my students feel like the club will fly out of their hands. But this is the exact feeling you should experience to feel the clubhead **RELEASING!**

Most of my lessons include an improvement in my student's grip. Remember, the better your grip and the lighter you hold the club, "the farther you will hit the ball". A tension-free swing gives you **EFFORTLESS POWER** without a **POWERFUL EFFORT!**

It was a special birthday for Karen C. in April and she celebrated it in Canada, doing a bit of skiing with our Captain Peter, Belinda, Pat, Joom and Nick. Peter says he has some photographs of the celebrations but from the sound of them they should be published in a far different magazine from this one. However, before she left there was a celebratory golf game and she very kindly provided the prizes. A two-man scramble at Royal Lat Krabang and a lot of laughs. Feel free anyone to follow George and Karen's new tradition of birthday golf games!

Hassall Stableford

This very popular event always has a good turn out and the results were excellent: Robert 40 points, Bob 35, Yurachatr 33. Maureen and I were in the same group as Robert and Bob and

we had a lot of fun and, unfortunately, quite a lot of golf. Near pins were taken by Gareth and Robert (2) and one par three beat the field and no-one got on. Long drive - Gareth - he is playing very well at the moment and Yurachatr, likewise. Long Putt: Harland.

Bob is off to the UK and Germany for a couple of months, so we look forward to seeing him back again at the end of June.

Milward Brown Firefly Medal



Gordon and Frank - medal winners

Everybody wants to win the medal and this time it was Frank's turn to take the A flight with a very creditable nett 69, Brian B. 71 and Simon R. 73. The B flight winner was our Vice Captain, Gordon, with 69 - I should be earning my living doing this, I told you you were coming down Gordon - Mary 73 and Simon F. 74. Near pins went to Andy, Brian, Simon F. and Ray Harris. Really great long drives by Rosemary and Gareth and long putts by Brian and Karina. We were delighted to welcome Simon's wife Karina, yet another husband-wife team. Ray and Jenny have now put in three cards and have official handicaps with us. They are off to Vietnam for a long and exciting trip - riding bikes and really getting to see the country. They will probably be gone for about two months and we look forward to hearing all about it when they get back.

We had a Club Day at Kiarti Thaneer this month. This is a nice course and easy to get to. Just off Bangna at Km.29. There are some good offers on green fees if you check out the time of tee-off and the restaurant is pleasant and the food very good. Format was a scramble. We are playing more of these on Club Days, they seem to be very popular at the moment, but have you heard of Ryesome? Jeremy Watson donated a

handsome cup some years ago; the Ryesome Bowl. We have played for it many times as a two-man team event. However, apparently it was originally played for in a particular challenging form, invented in, yes, Rye. Both members of the team hit off, but instead of choosing the best ball, their opposing team can choose which ball they must play. Well if a scramble almost brings you to blows with your partner, think what this one could do. No longer can you feel happy when your partner hits an excellent shot, rather the pressure is all on you! Thanks for reminding us what the cup is for Jeremy - the next Ryesome Bowl will revert to its original format.

For the long weekend 5th, 6th, 7th April, a group headed off to Khao Yai to Forest Hills. This stunningly beautiful course is well worth a visit and the trip is easy from Bangkok. At the moment the roads to Pattaya and Hua Hin are pretty bad, though when the roadworks are finished it should be a big improvement, so it was a pleasure to have an easy drive. The group had some very good golf and particular congratulations to Frank who burned the course up, with scores like 36, 37 and 40 - have I got that right? 113 for 27 holes! He will be looking forward to going back there as soon as possible and plans are being made to hold the Club championship there. As the Club championship is a Gross competition it makes sense to hold it on a slightly challenging course and Forest Hills fits the bill nicely. There are, of course, nett winners too, so the rest of us aren't just there for the beer. Actually in this case, wine would be more appropriate. The Granmonte vineyard and winery is not far from the course and they have opened a restaurant 'Vinocotto'. Everyone was amazed at the quality of the food and the ambiance of the restaurant. Not just your Thai



Spot the deliberate mistake!

● continued on page 34

RUGBY SECTION RE-SHUFFLE

Following the recent resignation of Jon Prichard as its Chairman, the Rugby Section held its AGM on 5th April 2007 and elected Angus McKernan as its new Chairman to lead the way forward.

Magnus Andersson was re-elected Club Captain with Morcar McConnell as Section Secretary and James Crossley-Smith as Section Treasurer. The above gentlemen comprise the Rugby Section Committee for the year 2007/2008.

The Section wishes to thank Jon Prichard for his tireless efforts over many years, including some very difficult periods, in representing The British Club Bangkok Rugby Section all around the globe and wishes him well in his retirement.

The Section had a very successful 2006 season and would like to thank the General Committee of The British Club for their continued support, our sponsor Vincent Swift and, last but not least, our faithful supporters within and outside The British Club, Bangkok. During the past year the traditions of Rugby Union and gentlemanly conduct associated with the game have been effectively observed and promoted both on and off the field.

Whilst the 2006 season has been successful in terms of the amount and quality of rugby that the Section has played, the Section has a few concerns regarding its future direction. There is a strong

demand for a strategy where the Section needs to set its priorities regarding the way forward.

The Section has recently identified the following areas that need addressing in order to facilitate its long term development:

- Improve the communication with The British Club with the purpose of raising the Section's credibility towards its members and the General Committee.
- Through dialogue with the General Committee of the Club find an equitable long-term solution to the issues related to recruitment of new playing members and the number of non-member players allowed to participate in the Rugby Section.
- Raise the Section's profile by its presence at new member nights and other events organized by The British Club in order to market the Section's activities and secure sponsors and new playing members.
- Institute a mini-rugby academy for British Club members' children together with a



GOLF



Hope Rosemary shares these with Gordon



Winning smile



Winning smile II

food and steak and chips, this one. Fillet steak topped with foie gras, coq au vin (Frank said it was the best he had ever tasted ... well you haven't tried mine Frank - I have had comments like "very nice" and "quite tasty" lavished upon me by my family on presenting this dish). How wonderful to be able to have a nice bottle of wine and some really good food in a lovely atmosphere after playing golf on a first class and very scenic course. Really could you think of a better way to spend the day (without ending up in court)?

There are several 'majors' happening in the coming months, so check the website, www.geocities.com/bcgolfsociety, put the dates in your diary and sign up!

Lastly an apology to Belinda, who won the prize for most long putts last year - I incorrectly said Brian had won after the "play off" in the British Club after the AGM.

Valerie



community development programme where less advantaged children learn to play the game of Rugby Union.

- Improve the Section's sponsorship packages with the purpose of marketing its activities to other potential sponsors. Fund raising events like the Pink & Black Ball for example are crucial for the Section's revenue generation.

The Section has the potential to develop further but this will demand a committed management team willing to keep a constructive dialogue with the British Club Bangkok, all of its members and the rugby community in Thailand and the South East Asian region.

Summarized below are the results of the matches played by the Section during the last year.

Fixtures and Results

Thai National League:

Thai National Division 15s a side, Division I

Sept - Oct 2006

BC - RSBC	Lost 10-12
BC - Navy II	Won 33-20
BC - OV	Won 50-0
BC - Navy	Lost 15-35
BC - Police	Lost 39-40
BC - Southerners	W.O

Thai National Division 15s a side, Division II

Sept - Oct 2006

BC - Navy III	Lost 5-10
BC - Sinakarinniwhot	Won 30-8
BC - Bangkok Japan	Won 35-21
BC - Army	Lost 33-38
BC - Airforce	Won 30-22

2006 Bangkok International 10s

Feb 2006. Entered three teams.

First team lost the Cup final.

Second team won against Third team in Bowl final.

Pattaya 10s

May 2006. Lost Quarter Final of the Cup.

2006 Phuket 10s

First team lost to the winner of the Cup in the Quarter Final.

Developing team lost the Final of the Bowl.

Thai Military 7s

June 2006.

Bangkok 7s

Oct 2006

Ladkrabang 10s

Nov 2006. The largest 10s tournament in Thailand with a total of 34 teams.

Ambassadors Cup

Nov 2006. A joint-organised event by British Club and Southerners Rugby Club supported by the Ambassadors of United Kingdom, New Zealand and Australia.

RBSCs 7s

December 2006. The best domestic and regional 7s teams playing in the middle of Bangkok. The four last years has been dominated by British Club.

Silapakorn 10s

Feb 2007.

First team lost Cup final.

Second team won Bowl.

Esarn Rugby Challenge

March 2007.

BC won the final against Roi Et Provincial team.

Korat Pre-Season Match

Aug 2006. A day tour to the north eastern provincial town of Nakorn Ratchasima playing against the provincial team.

Chiang Mai Year End Tour

Dec 2006. Chiang Mai includes three developing rugby clubs which provide an excellent friendly tournament during the chilly winter season climate.

Social

Pink and Black Ball

Oct 2006. The prime event organised by the British Club Rugby.

The Section hopes to positively contribute to The British Club Bangkok and its members by playing the game of Rugby Union in accordance with its code of ethics and ethos thereby developing the character of all its members taking part and maintaining the standing of the British Club Bangkok amongst its peers worldwide.

The Section hopes to see more members of The British Club supporting its teams at future fixtures and tournaments, a list of which will be displayed on the Notice Board when finalized.

For further information about the Rugby Section and its activities please contact any of the above mentioned Committee Members and they will gladly assist you.

Magnus Andersson

Club Captain

The British Club Bangkok Rugby Section

Squashy Bits



Mixing in



The Committee



A goodly turnout



Marvyn spins



Impossible!



Worst ever!

I've been travelling again for nearly the whole of the last month and have hardly set foot in the Club. The deadline for Outpost has already passed and I'm afraid I have had no chance to gather any Squashy Bits. We'll try to catch up next month.

2007 Squash AGM

My last day at the Club, however, was the day of the Squash AGM in March and at least I have a few pictures to share. I forgot to set my stop-watch, but the meeting itself was probably over in less than the record 7 minutes established in 2005. As a consequence, there is nothing to report except that the Squash Section enjoyed another great year in 2006 and the Committee of David Lines (Captain), Jayne Mellor (Secretary), James Crossley-Smith (Treasurer), Tom Annas (Court Maintenance), David Eastgate (Leagues) and Jack Dunford (Outpost) was re-elected under the long-suffering leadership of Peter Corney (Chairman). There was a goodly turnout of members who enjoyed the Club buffet, with music and questions from last year's squash quiz from Maestro Marvo.

FOOTBALL SECTION UPDATE - WE'RE BACK!!

Actually we haven't been away, but for many issues the football section has been absent from Outpost. So for those of you who are interested in football and have had to make do with TV and newspaper coverage of the minor European leagues and the antics of a lot of overpaid underperforming spoilt professionals, here follows the real stuff:

2006 ended with a flourish when a series of good results saw both the Chang League team and the Casuals rise within their respective leagues (a heady 6th and a nose bleed at one stage for the Casuals). Even the vets got in the act, somehow avoiding the usual temptation of a pre-tournament beer or 3 and contriving to go on and win the November Vets league.

So, 2007 off with a bang? Not quite, more of a whimper!

Veterans

In the Vets League, the name BC is quite simply a euphemism for "homeless mutts"!! A smorgasbord of ageing soccer playing dinosaurs from every nation that the empire once colonized or occupied and even some that it didn't!

Since the commencement of the Vets League, the BC has used the vast depth of its squad to utilize in excess of 50 different players, never fielding the same squad twice! Albeit this has been a tactic designed to confuse the organizers (EG) and the opposition, it also served to create a real degree of

anonymity within the squad. (No superstars here you know.)

The "thinking" coaches of the world would surmise that it has been difficult to create a winning chemistry within this kind of team. Well far from it. Whilst winning in 2007 has so far proved to be somewhat elusive, chemistry is something that the BC continues to exude in abundance, largely due to the amount of chemical intake by the players, before, during and after every Vets League Sunday. And, despite the mistake, in November 2006, when the BC got its usually impeccable timing completely wrong, missed out on the early beer and ended up actually winning the damn thing, through the first quarter of 2007, normal service has been resumed with a couple of 7th places and a 9th.



BC Vets in Vets League - Champions - Nov2006

SQUASH



Mix-in winners



Jayne and Nun, a great battle

Sixteen players played in the AGM mix-in beforehand. Winners on the three courts were Khun Nun, David Eastgate and Charles Whitely. Undoubtedly the battle of the day was for the Court 2 prize in which Jayne and Nun ended up on equal points, Nun talking the prize having beaten Jayne in their individual game.

Questions are being asked about some of James Quinn's performances during his last weeks in Thailand. Either he's not going straight home when

he says he is, or there's a bit of match-fixing going on. How else would one explain young Marvyn taking over number one spot on the ladder and Peter Corney beating him in the mix-in. Fortunately Marvyn found his true form in the mix-in with the lowest score ever recorded in the history of the tournament.

Sadly missed at the AGM this year was David Mason ... fancy not remembering to tell him the start time had changed Peter!

League Winners

Congratulations to the winners of March League # 217: Division 1 **James Quinn**, 2 **David Lines**, 3 **John Vivian**, 4 **John Drew**

Happy Squashing.

Jack Dunford

The BC is confident that it can continue to deliver performances reminiscent of a whore's drawers but knowing that when it comes to celebrating a win (rare), a draw (sometimes) or a loss (often) we will be there to join in the celebrations!! All are very welcome to join.

Casuals

Post Christmas blues or maybe just too much Christmas, whatever, but a series of disappointing results saw the Casuals team drift down to their more normal league location.

However, urged on by Joe, the team has recently posted a recovery and some good results have cemented a fairly respectable mid-table position.



BC Manila Tour February 2007

MBMG International League 2006-2007

Teams	OVERALL						HOME					AWAY					Pts	GD
	P	W	D	L	F	A	W	D	L	F	A	W	D	L	F	A		
The Dons	23	20	1	2	95	16	9	1	1	54	8	11	-	1	41	8	61	+79
Pattaya City	23	15	4	4	81	17	8	1	4	35	11	7	3	-	46	6	49	+64
Woodstock FC	22	15	3	4	68	19	9	1	2	44	7	6	2	2	24	12	48	+49
Bulls Head	20	14	2	4	48	20	8	-	3	27	10	6	2	1	21	10	44	+28
German AS	21	13	4	4	82	28	7	3	3	41	18	6	1	1	41	10	43	+54
Winking Frog FC	20	10	4	6	39	22	6	4	3	25	15	4	-	3	14	7	34	+17
Les Gaulois	21	10	3	8	48	41	4	3	4	20	17	6	-	4	28	24	33	+7
Vikings	23	10	2	11	61	63	6	-	6	40	43	4	2	5	21	20	32	-2
BKK United	23	9	4	10	47	55	3	2	5	22	27	6	2	5	25	28	31	-8
BC Casuals	22	8	5	9	39	65	3	2	4	17	24	5	3	5	22	41	29	-26
Sunbelt Utd	21	7	3	11	36	54	4	-	5	13	11	3	3	6	23	43	24	-18
SCI Livers	20	3	4	13	23	64	2	2	7	16	34	1	2	6	7	30	13	-41
Irish XChange	21	2	3	16	16	73	1	2	5	6	32	1	1	11	10	41	9	-57
Patana	20	1	4	15	23	81	1	2	5	14	37	-	2	10	9	44	7	-58
BSL Youth	20	-	-	20	19	107	-	-	9	11	46	-	-	11	8	61	-	-88

bit of football was played and as proof, a photograph of the players selected to attend this prestigious tournament, proudly resplendent in their football attire, has been provided. Somehow, with the exception of Jim Howard, the word athlete doesn't spring to mind.

In Bangkok two teams were fielded for the annual RBSC Sevens with the Vets, following on from their successful Vets league performances, managing to reach the Sunday morning play offs. The first team did even better reaching the semi final, despite having Captain Jamie nearly losing his head, having to have 9 stitches installed and having to spend most of the Sunday morning in hospital.

Upcoming Events

As this article goes to press, the BC will have already competed in the Easter Tournament with full details to follow.

Upcoming however, we continue with the Chang League and look forward to 6 more games for the Casuals. The Vets continue to play on the first Sunday of every month at Harrow School in the Vets League and of course the very popular Tuesday night training continues throughout the year at the BC. (Kick off 7.00pm)

May 22nd sees the annual Songkhla Tour and teams are now being organized for the BCCT weekend tournament run every year here in Bangkok on June 1st, 2nd and 3rd.

For those of you wishing to play or simply come along for a bit of fun please get in touch.

All the best,

The BC Football Section

Chang League

As for the Chang League, the only consistent factor so far this year has been the inconsistency. Some notable wins and some shocking defeats have seen the team holding a modest mid-table position. But according to the players all remain confident in their ability to do better. Although for those who go to watch, the newly established players' rock group could be a more suitable career path for at least a few of the members.

Tours and Tournneys

On the tours front, the first of the Manila Tours... Well, it definitely started, happened and ended. Other than that, despite several requests, details are more difficult to come by than a peace deal with North Korea. However, it is understood that a

St George's Day



We celebrated St George's day one day early here at the Club, with an extensive brunch featuring such delights as Broccoli & Stilton Soup, Pate, Waldorf Salad, Chicken & Cranberry Salad, Prawn Cocktails, Roast Beef, Lamb, Turkey, Pork, low fat Cornish Pasties(!), Cumberland Sausages, Fisherman's Pie, Rhubarb Crumble and even toffee apples.

While over 40 members were enjoying the buffet, Susie kept the children entertained with lots of crafts and face painting. Then followed the movie 'George and The Dragon' for the whole family shown on the big screen. All in all, a fun day for everyone.



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GOINOR

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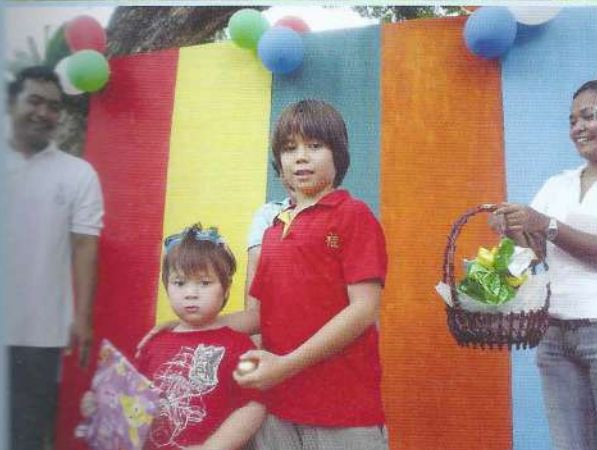


The Club was a hive of activity on Easter Sunday as over 130 members and their children attended the Easter egg hunt and activities on the back lawn, and a further 30-plus members headed for the Suriwongse Room and the special Easter Sunday brunch.

The traditional egg hunt kicked off just after 11am with children and parents running everywhere looking for the elusive little red eggs hidden all over the back lawn area – and of course, the two silver eggs and the one-and-only golden egg. The egg redemption phase followed with all egg finders exchanging their eggs for Easter goodies. Winners of the grand prize for the golden egg were James and Nicky Bain – obviously, the finding of the egg was a joint effort!

While we're on the subject of eggs, congratulations to the following *Outpost* hidden egg winners who each received an Easter present of chocolate goodies:

- Aryan Jain
- Thomas & Gemma Langman
- Priyash Lunia
- Sam Ressin
- Kit & Alex Zellerbach



Following the excitement of the egg hunt it was time to settle down and watch the amazing Magic Show, then there was lunch and a puppet show. As well as all the bouncing on the bouncy castle throughout the day, there was plenty of craft making, egg painting and face painting going on too. Did anyone see the amazing pink-faced rabbit??

At 2.30 it was family movie time in the Suriwongse Room with Wallace and Gromit in 'The Curse of the Were-Rabbit'.

And so ended another successful Easter Sunday at the Club - as usual a very busy affair, so much so that quite a few members were only too pleased to shuffle across the front lawn and collapse in the Salas after an eggshattering day of activities.



Reciprocal Club Benefits

As an active British Club Member, you are entitled to enjoy the full use of other associated Club facilities around the world. This month we feature the reciprocal club . . .

Kelvin Grove Club



Clubhouse



Foyer & Reception



The Waterside (restaurant) with gymnasium above

Located in sunny Cape Town, South Africa, the Club was formed in 1925 under the name Western Province Sports Club. The original property dates back to 1779 and the current manor house from 1896. Both membership and facilities have greatly expanded since inception and Kelvin Grove now ranks as one of South Africa's premier clubs offering a multitude of sporting facilities, dining at eight different venues, and elegant function rooms all set in expansive grounds and gardens. In addition to having its own sports field, the Club is right next door to the world-famous Newlands Cricket Ground.

Club amenities include: Five restaurants (ranging from fine dining to light meals & alfresco), two bars, five entertainment and function rooms including the 350-seat ballroom, billiards room, new gymnasium, swimming pool, rugby/cricket field, 11 tennis courts, 8 squash courts, bowling greens and croquet lawn.

Website: [http:// www.kelvingrove.co.za/](http://www.kelvingrove.co.za/)



Ballroom



Grill Room



Terrace Restaurant

For more information please contact the Membership Department at membership@britishclubbangkok.org

If you regularly visit an overseas club that is not already reciprocal with the British Club, please do let the Club know and we will see if reciprocation can be arranged.

HELLOS

Welcome Aboard!

Please join us in welcoming the following new members and their families. We look forward to seeing them around the Club.

1. Christian Storm & Celina Anker-Rasch
2. Stephen & Pornpen McEvoy
3. Thao & Mayuree Vannaxay
4. Dubois Serge
5. Helene & Paul Dillman
6. Emilie Gehl & Jon Plate
7. Greg Clayton & Supithan Kasemtada
8. Laurine & Thierry Defrene
9. Jason Dibbin
10. Guy Poujoulat
11. William Davies
12. Philip Rowell
13. Peter Millett
14. Tatsanee Mallanoo
15. Barry Cos

and GOODBYES

Farewell and best wishes to . . .

1. Nanthiya & Pichai Tangnavarad
2. Jan & Bodil Evensen
3. Angeline & Chati Cheong
4. Catherine Van Zeeland
5. Stephen & Suchitra Lee
6. Jill Love
7. James & Ingkawan Miller-Stirling
8. Hongyan Echo & Philip Lu
9. Dean & Tanya-lee Robinson
10. Edward McCall
11. David & Lynn Bishopp
12. Victor & Marie Ann Rose

Welcome to new staff

Welcome aboard to new member of staff, **Khun Gai**, who joined us in April as Member Liaison Officer. Khun Gai will be ever-present at Club events and functions to welcome and assist members with any issues that may arise. Khun Gai comes to us from the Blue Elephant Cooking School & Restaurant where she worked as a supervisor, and she also gained F&B experience in Australia. We hope she enjoys her new and challenging role here at the Club, with member satisfaction her top priority.



On a sad note, we must say farewell to Khun Benjawan who is moving on to pastures new after five years of hard work as my PA and functions and events secretary. Her conscientiousness and hard work will be greatly missed (and her great photos for *Outpost* - BB) and we wish her well for the future.



Taking over as our new F&B Functions & Events Secretary is **Khun Nungruethai Lakul** ("but everyone usually calls me Neung, which means number one"). Welcome to the Club, Neung! Khun Neung has just moved back from

Australia and is very glad to be back in Thailand. She has worked in the hospitality industry for a number of years and is keen to take on her new and challenging role. If you need any information on Functions or Events here at the Club then Neung is the lady to call at the office (see the Office contacts on page 44).

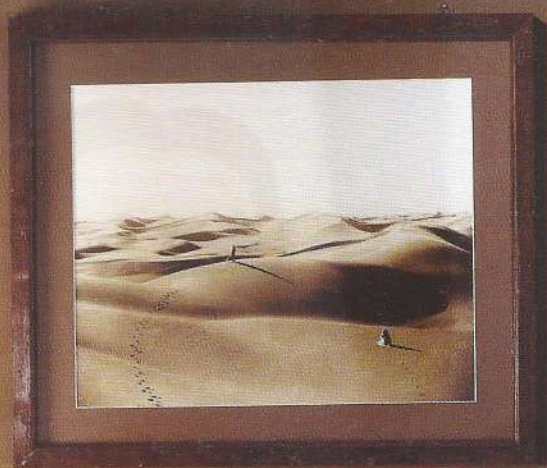
Barry Osborne

Getting in touch

General Committee		email
Stuart Blacksell	Chairman	chairman@britishclubbangkok.org
Mark Hamill-Stewart	Hon. Treasurer	gc@britishclubbangkok.org
Nick Day	Vice Chairman	gc@britishclubbangkok.org
Paul Cheesman	Hon. Secretary	gc@britishclubbangkok.org
John Boisclair	Committee Member	gc@britishclubbangkok.org
Gavin Broad	Committee Member	gc@britishclubbangkok.org
Sally Crossley-Smith	Committee Member	gc@britishclubbangkok.org
Dale Lamb	Committee Member	gc@britishclubbangkok.org
Helen Smith	Committee Member	gc@britishclubbangkok.org
Chris Stanford	Committee Member	gc@britishclubbangkok.org
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Barry Osborne	General Manager	gm@britishclubbangkok.org
Premrudee Tanyaluck	DGM Finance	premrudee@britishclubbangkok.org
Bank Phungbun Na Ayudhya	Public Relations Manager; PA to CEO	membership@britishclubbangkok.org
Ruengrit Turiwongse Amnat Saklebpradu	Manager Poolside & Sports Manager Fitness Centre	sports@britishclubbangkok.org
Nungruethai Lakul	Functions & Events Secretary	eventbooking@britishclubbangkok.org
Sports Sections		
Badminton - Anand Leighrahathorn	Golf - Peter Skinner (pskinne@hassell.co.th)	
Bridge - Winlock Hsu/Charelene Wang (winlock@duraform.co.th)	Rugby - Angus McKernan (mckernan2@csloxinfo.com)	
Cricket - Zeeshan Khan (shan@bangkokgemmart.com)	Spoofers - John Boisclair (benedict@ksc.th.com)	
Football - Peter Rodgers (p_a_rodgers@yahoo.co.uk)	Squash - Peter Corney (peter@acagroup.com)	
	Tennis - Marc Nussaume (marcnus@hotmail.com)	
Loyal Societies		
St Andrew's - Alan McAllister (mcallister@hotmail.com)	St George's - Gale Bailey (galebailey@hotmail.com)	
St David's - Darren Jones (Darren.j@shrewsbury.ac.th)	St Patrick's - Gerald Wright (gerryw@amantaresources.com)	
Associated Groups		
Australians in Thailand	http://www.ait.org.au	
Babies and Mothers Bangkok International	http://www.bambiweb.org/	
Bangkok Music Society	http://www.bms.in.th/	
British Chamber of Commerce Thailand	http://www.bccthai.com/	
Bangkok Community Theatre	http://www.bct-th.org/	
British Women's Group	http://www.bwgbangkok.com/	
Committee for Coordination of Services to Displaced Persons in Thailand	Jack Dunford - jack@tbcc.org	
Masonic Lodge of St. John	Chris Moore - lasanne@loxinfo.co.th	
New Zealand Society	http://www.nzsocietythailand.com/	
New Zealand-Thai Chamber of Commerce	http://www.nztcc.org/	
Society of Professional Engineers in Thailand	Chris Moore - lasanne@loxinfo.co.th	
Thai Canadian Chamber of Commerce	http://www.tccc.or.th/	
Miscellaneous		
BCB Webpage	online	http://www.britishclubbangkok.org
Outpost Submissions	Member magazine	outpost@britishclubbangkok.org

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