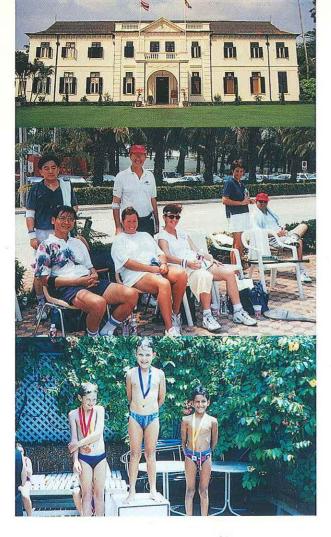
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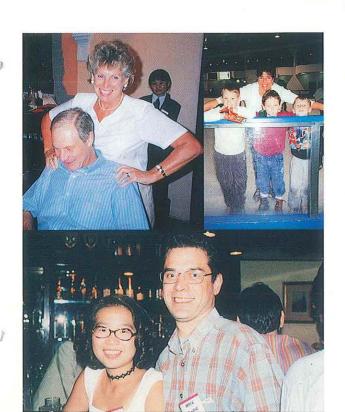


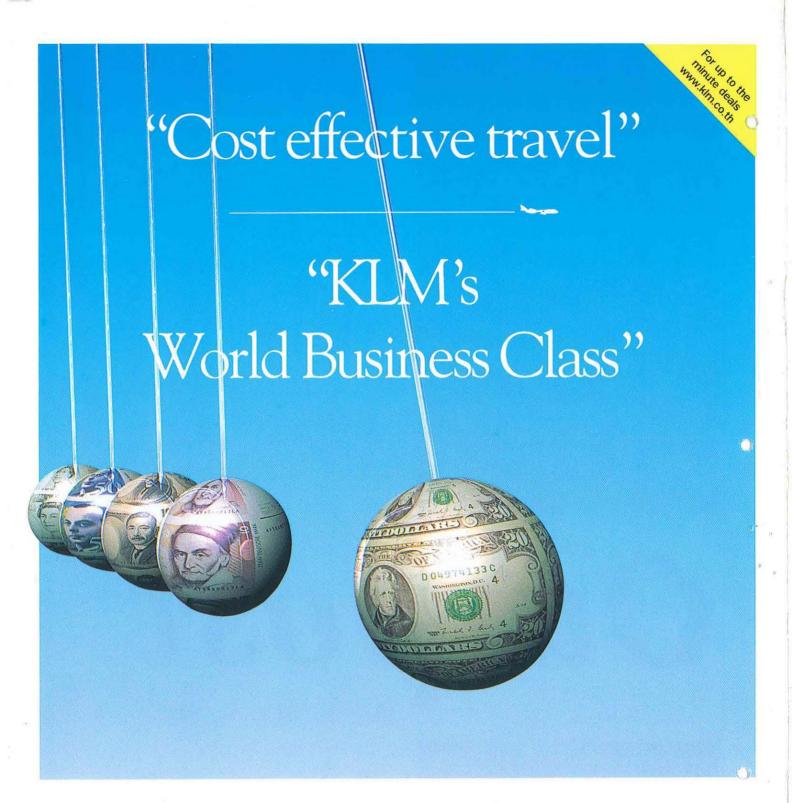
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• Strawberry-Flavoured Golf Prizes

- Tennis Not Coming Last
- Swimming Gala Report
- Good Friday Fun







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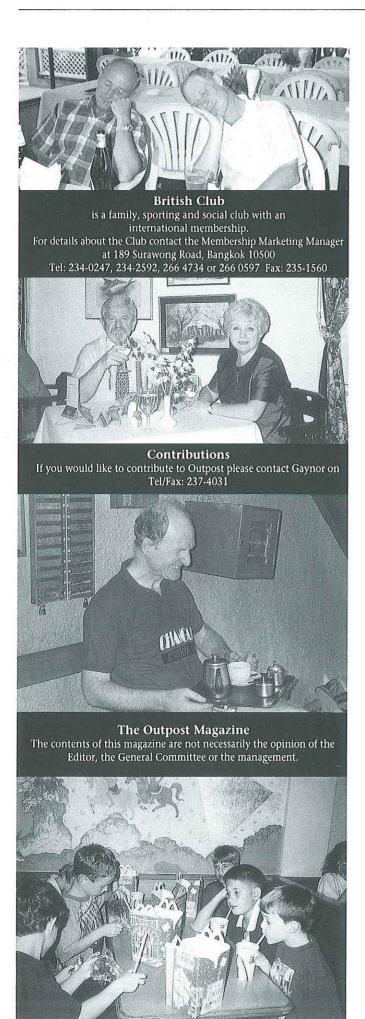
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What have we in common with



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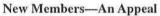
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fter all the pills, jabs, drips and hospitalisation for the snivels, coughs, colds and pneumonia I've had the pleasure of catching over the last three months I'm looking forward to a good old-fashioned hot and rainy season to add a dose of consistency until the drizzles of September. With no public holidays imminent this is a great time to escape for weekends as it's low(er) season in Thailand now and there aren't the droves of Bangkokians fleeing the capital.

However, if a 2-day break is just too short for where you want to go, then get yourselves down to the Club at the weekend instead—lying on a sunlounger with delicious fruit shake in hand and eyes closed, you could be at any resort... well, OK, minus the sea breeze. And at least if it rains you can hide out in the Churchill Bar watching the World Cup football and playing darts over a few beers, or in one of the salas enjoying a hot pot of tea and an all-day breakfast.

In Outpost this month are the report and pictures from the Good Friday Fun Day and the Swimming Gala held at the end of March; both articles held over from last month to ensure we had some decent photos to accompany the reports. This month's farewells column is also a combined job of all those who left our fair lawns during March and April, though this is much less to do with waiting for pictures than of having clean forgotten to include March's departers in last month's issue; apologies. At least there's some new members this month! Talking of whom:



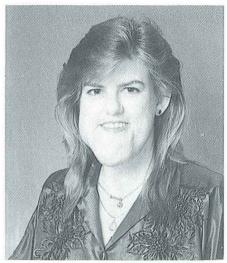
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This is for all members who have joined the Club in the last five months who haven't attended either of the two New Members Nights (January or April):— Could you please forward a photograph of yourself and your family (if applicable) to the Outpost pigeonhole in the Clubhouse, as I have many completed personal information forms filled in new members but no photographs to accompany the bios, and it's nice to put names (and odd hobbies) to faces. Oh, and please remember to put your full name and Club number on the reverse of the picture. Many thanks!

The Club is again planning one of its inimitable trips up to Surin for the spectacular elephant round-up this year, so if you're interested then check out the page in this issue and photocopy and fax back the form to the Club. I'd advise you to book well in advance for this as spaces fill pretty quickly; certainly if you've never been before it's a fascinating weekend.

Coinciding nicely with the birthday this month of a certain member of staff I recently received an email article on what all women should know and have by the time they hit the big Three-Oh. See if you fulfil all of the criteria (the list can be adapted fairly easily to apply to men, except perhaps the bit about the black lace bra). Having turned 30 a couple of years ago myself, I'm cheered to know that I can tick off most but definitely not all of them; however, I'm working on it! Of course, it diplomatically omits to mention what you *shouldn't* know and have by that age...





Gaynor de Wit - Editor

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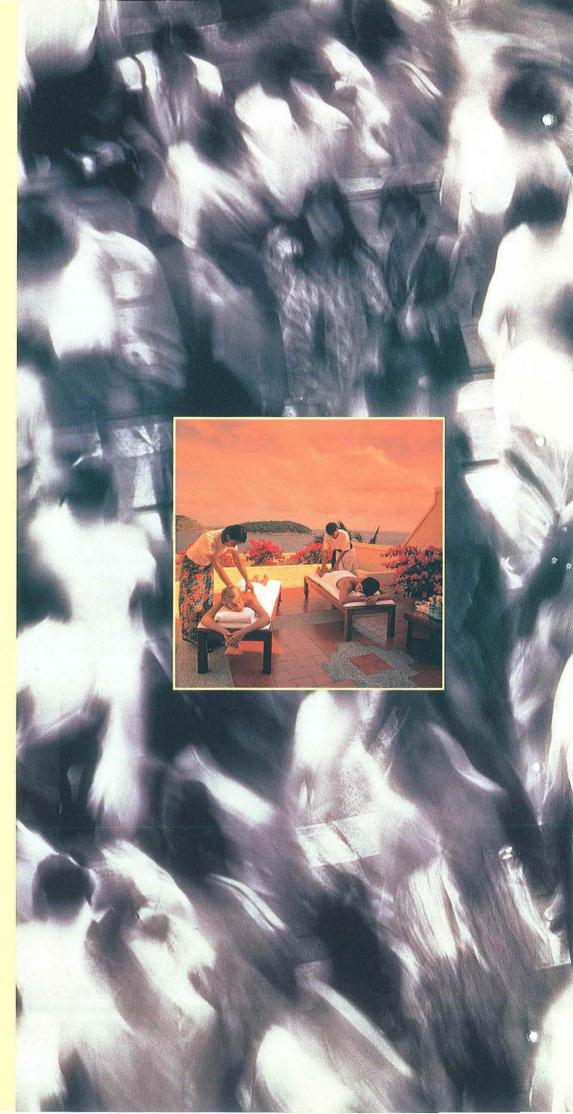
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From the Wanager

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he public holiday months of April and May are now behind us but many people are now looking forward to the summer break and the school holidays for the children. In the meantime, please come along and enjoy the facilities at the Club. I can confidently claim that there have never been so many activities taking place at the Club. A veritable smorgasbord in fact, ranging from a Full Moon party to a swimming gala and almost everything else you can think of in between. Please refer to the Management News, the notice boards, banners and flyers for full details of these events and where to book.

In May we had the Greek Food Promotion, another successful event held over two nights, and the FA Cup Final live on the big screen, when Arsenal took home the honours. It surprised me to learn that some of our newer members were unaware of the Club's massage service. Genuine therapeutic massages are available at the massage centre adjacent to squash court three. Our long-serving masseur, Khun Champen, has been joined by his wife Khun Saiphon. Khun Champen is blind and Khun Saiphon partially sighted; they have both attended vocational training to learn the techniques of massage. Their photo appears in the Management News. The cost for a one-hour massage is very reasonable at only 150 baht. Please seek them out and let them help you relax.

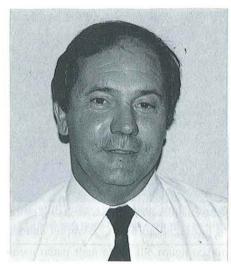
The Club's catering function service is as popular as ever although we've noticed that parties are smaller this year, probably due to hard economic times. However, the Club's service is hard to beat—the quality good and the price very competitive. The next time you need catering, from a home dinner to a barbecue for 300, give us a call; we'll take very good care of you!

Once again we are intending to travel to the Surin elephant round-up show in November. The Club's catering service will also travel to Surin to provide members with hearty meals, and members get the chance to see the spectacular elephant show—over 200 elephants in one place at the same time! Full details and booking forms appear later in this issue.

I could not let a month go by without mentioning the membership campaign. The big news this month is that applicants for Associate Membership who are under 30 may now apply for the under 30 discount rate. We have already had a number of people take advantage of this so if you know of anyone who qualifies for Associate Membership and is under 30 bring them along to the Club.

Staying with membership I would like to again remind members of the rule concerning guests. People who are normally resident in Thailand and not Club members may only be brought to the Club 3 times per year as guests. We are tightening up on the rule as it appears a number of people are flaunting it and bringing guests into the Club more than the three permitted times. This is in turn encouraging people not to join the Club, to the financial detriment of those who are members.

Last but not least, I would like to apologise for an omission in this year's Club Yearbook. The entry for Edith Stewart did not include the fact that she has been awarded the MBE. Club records have now been updated, and any inconvenience caused by this omission is sincerely regretted.



Thomas Bain - General Manager

Tom Bain General Manager



Andrew and Patriya Skelhorne

During his ten years here so far (and only just joined? Good grief), Andrew met and married Patriya and they now have two young children: Robyn, 2, and Micah, 7 months. Andrew is the GM of Intercontinental Jewellery Sourcing & Services, and lists gem collecting as his main hobby; both An-

drew and Patriya enjoy swimming and diving but while Andrew isn't too bad at golf Patriya has only recently started the game.

Neil Mollison



Another Scot, Neil is here for six and a half years as a consultant for Royal Distillers. Single and 29, Neil plays golf in his spare time

but lists no hobbies.

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We Don't ALWAYS Come Last

This month is strange in that I not only have THREE events reports but of the two matches we didn't get totally thrashed in either... this is a situation to which I am vastly unaccustomed so please stop it.



Big smiles from the Commissioner (Gordon) and the Navy Captain

I myself am particularly embarrassed about the Navy outing, as playing for the Club I lost my match and playing for the maritime opposition I won both; the last match played under the boiling midday sun (at least 40°C) with legs that wouldn't run any more, yet still it dragged on to 7-5. Not funsky. I now understand why they had so few women...

Lotsaluv, Me

Match vs Royal Thai Navy

Sunday 29th March

Tennis matches with the Royal Thai Navy tend to be legendary affairs (legendary losses — G) and this one in early April was no exception in that it produced what amounted to a hung result.

By BC's normal standards we mounted a rather more formidable team against the RTN than usual, sporting such talent as Tony Perkovic with full family back-up services provided by wife Melissa and baby Lara. Melissa also took on the thankless task of organising the games whilst yours

truly together with Dick was repelling a very determined assault by Navy's best, managing to run out winners at 6-4.

To bolster our side's "en famille" flavour, a fair chunk of the Adams family turned out, with the exception of Terry, whose absence was more than made up for by Nisa's beau Ek, who won all his matches. We also "borrowed" Tom who had a bit of a day off splitting his 4 matches down the middle. Pat also had a day off due to very 'heavy' activities the night before, resulting in a 'no win' situation for him and his hapless partners, one of whom was Tony!

Most other matches were very close affairs indeed were very close affairs indeed with only 6 not going to at least 6-4 out of a total of 24 played; the closest result of all being between Tom and I against their Captain Khun Jirapong with Khun Manit which lasted for nearly an hour and countless tie-break games on that hot, hot morning before they finally won.

To bolster the RTN's paucity of lady players we lent them a couple of our stars in the

form of Jaree, Jo and Gaynor, two of whom failed to do the right thing! Of course, your Captain made a note of that, didn't he, as this entirely reprehensible behaviour resulted in the final split result of 11 all... Another reason for these occasions being legendary has nothing to do with the tennis but everything to do with the entertainment afterwards. In this respect also, RTN were well up to scratch this year, providing us all with endless supplies of food and booze and of course many a rollicking 'naval' tale. Note the small 'n'!

We invited RTN over for a Monday night joint practice session with our men and in the event this went off very well with honours once more evenly split between us. Next year we're hoping to play the return leg on the foredeck of the new aircraft carrier at Sathahip, as no one can think of anything better to do with it at the moment. However, by then there may be some planes flying off it from time to time, which should make for very interesting tennis.

Inter-Club Mixed Doubles Tournament

Weekend 25/26th April

As is somehow usual with these events, this particular weekend turned out to be inordinately hot and sticky with temperatures soaring into the upper 30s. The venue, Thana City, some 15km or so down the Bangna-Trad highway is not exactly famous for being a shady retreat, with barely a tree in sight. Perhaps not surprisingly under the circumstances there was no sign of old Nick, Bollettieri that is, who just happens to have his tennis school located there. He was probably off cooling his heels somewhere in the hills of Kilimanjaro and who can blame him.





What was left of the intrepid BC team by Sunday evening

Fortunately the organisers had the foresight to arrange for the strategic placing of canopies for most of the leading teams on the Saturday with some rather belated relief for the other teams; of course your team falling into the second category was well and truly frazzled long before the arrival of their own canopy on the Sunday.

Nevertheless, unlike last year when we could barely muster a team, we did manage to put in a creditable performance this time round, registering 8th place out of 10 playing teams and just managing by the skin of our teeth to have enough players on hand to complete all our allotted matches. However, we were helped somewhat by the fact that our last match of the day on Saturday against Krung Thai Bank was finally cancelled after we had been standing around for an hour or so in anticipation of playing. Apparently the organisers had just discovered that the light stands around the courts were just for ornament and were never intended to work!

Thus it was that one of our most promising players in the form of Tony Perkovic together with resilient Zandra were seen off into the night due to the fact that their opponents were able to see in the dark; there's a moral here about eating carrots. Under the circs. our pair did well to hang in there, finally losing out in a closely fought set at 6-8. They then had to be led off the court by their night visioned opponents. It has to be said that, as in previous years,

victories were thin on the ground with the only outright team win coming from our defeat of the visiting French Team, where we achieved a 4-1 win. Other notable wins were recorded by Vorathep and Zandra against the Japanese Club and Zandra again coming out a winner together with Surin against Krung Thai Bank. Marc also scored a good win against Thai International partnering Anita.

Otherwise, though we had many close matches we just didn't seem able to close out the games in our favour. To us long-time members, it's an all-too-familiar story but there were one or two promising signs, if only in the much greater support that was forthcoming from the players and which made the whole event so much more worthwhile for those of us who try to organise the various teams.

After all matches had been played, those

players who were still around retreated to the poolside restaurant to partake of a generous buffet and to collect prizes for their efforts. General Saiyuth, President of the Veterans Tennis Association of Thailand, sponsored the trophies and presented them to the winning teams. Yes, even we got a pot and some give-away gifts and of course many photos were taken.

Khun Surin and Khun Chalathip, who sponsored this event, are once again to be congratulated for running a most enjoyable tournament.

For those interested in the overall results, Silom Club turned out to be the eventual winners with Polo Club as runners up. Following were: Kasetsart, Thai Inter, RSBC, Japanese, Krung Thai Bank, BC, Royal Thai Airforce and the French Community team as tail-end Charlies.

Commissioner Gordon

Junior Tournament

Sunday 10th May

Glad we managed to get something on the last Tennis report—but sorry that the vague date given for the May Juniors event was



Nobody's a loser at the Inter-Clubs



not the actual one. The May tournament was held on Sunday 10th May and, given that it was a holiday weekend *and* that we had not advertised the date (sorry!), we were really pleased with the turn-out of 14 players. Thank you to all those who braved the searing heat to compete.

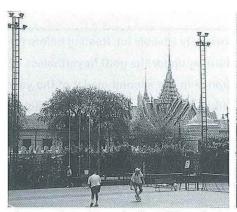
The older age group was not so well represented, but well done to Sarah Henton for giving up a birthday lie-in to come and play, and to Paul Bentley for joining in too. Both players gave the others something to aim for; in fact, James Lanham was so determined that he beat Paul 6-3, which helped James become the overall victor for the day.

Joint winner was Thomas Phillips, who also won all his games in determined fashion. There were a good number of players at the same standard so competition was strong.

Ways of boosting numbers and maintaining interest are being discussed at the moment. Any ideas gratefully received. To round off the school year, our next tournament will be the GENERATION GAME—i.e. juniors playing with adult partners in a doubles competition. All juniors are welcome, and anyone who does not have an adult in their family with whom they can harmoniously play doubles is welcome to ask us to find them a partner from among our "loose" tennis playing adults!

This will be on Sunday 5th July (subject to confirmation) and we look forward to having a good turn-out. Anyone interested in participating, as Junior or "loose adult", please ring me on 398 2717 or Kate on 254 1582.





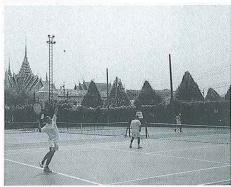
A spectacular backdrop—the Grand Palace—for the Perkovic/Dean dynamic duo at the Navy ground



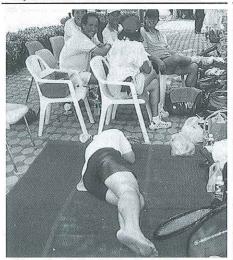
A much-needed breeze occasionally wafted in from the river on the other side of the courts



Some of the Saturday early morning troupe at Thana City for the Inter-Club Mixed Doubles Tournament



Your Chairman sending a ball into orbit



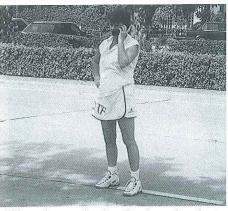
This guy from the Polo Club had the right idea



The trophies — we were playing for the bottle of orange squash at the front...



A mellowing BC team on Sunday afternoon... under shade



Gisi reporting up-to-the-minute Saturday results to the wire news services - not

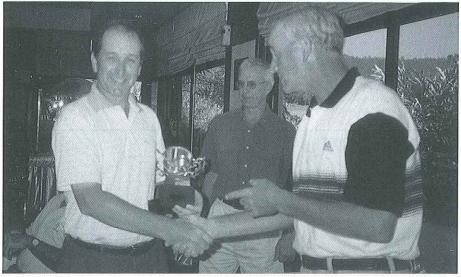
JUNE 1998



The Seniors Have It Covered

Pedal Winners

The Golf Section membership are obviously a feeble lot. Resting before the St George's Ball is a poor excuse for not turning up for the golf! Nevertheless 12 valiant souls managed to make an appearance in the second medal of the year held at Lad Krabang. The winners of each flight and their scores were as follows:



Ray Fazackerly receives the Seniors trophy

Flight A Bernie Adams 70 nett
Flight B Peter Bond 64 nett
Flight C Cheryl Lamb 72 nett
Gareth Sampson was in the running but
miss-hit a crucial stroke when a snake fell
out of a tree and landed on his head.

Seniors Get Protection **■**

This year's Senior's Competition was held over three days at Laem Chabang, Green Valley Rayong and Khao Kheow golf

Cheryl receives a winning kiss from Bernie

courses. The event was kindly sponsored by Ansell (not the Midlands brewery but manufacturers of latex products... more of that later). The tone was set with the first tee shot at Laem Chabang—faced with a narrow fairway running through a gorge, rough on all sides and OB left and right, everyone was easily intimidated and only Jamie Woodford managed to make it to the green in two shots. He achieved this by lobbing the ball onto the neighbouring



Roger Fitzgerald receives his Ansell gross from Jamie Woodford

fairway and then making a blind pitch over a copse of trees.

Things went from bad to worse... The water hole came next and so did the rain. It was knicker-soaking stuff but it wasn't long before we were all quietly steaming as the sun came out with a vengeance. Peter Ford is obviously of hardy stock as he eventually emerged as winner of the first day with a stableford score of 39 earning three plus points. On the second day guest golfer Tony Cain also earned three plus points with a nett score of 64 (if you don't understand the scoring system, ask Bernie). Peter Ford was again leading the field on the third day but managed to blow up on the eighteenth hole with a quadruple bogey... not a pretty sight, I am told. The eventual winner was Ray Fazackerly who had a nett round of 70. Ray emerged as the overall winner with plus one point. Bryan Dodd was second also with plus one and Roger Fitzgerald was third. Three Juniors participated in their own competition. In the amount of beer consumed they ended equal but on scoring points Gareth Sampson led the field putting thirteen points between himself and the runner up. Obviously snakes affect his game but booze doesn't.

Prize-giving was a fun affair. Aside from the main prizes donated by sponsors Ansell, Jamie Woodford gave out ribbed ones, strawberry flavoured ones, rainbow coloured ones, extra sensitive ones... (I presume no one was going for the hole-inone in this event? — G.)

Farewell to the Pousties

A fond farewell to Angela and Mike Poustie, who have been great supporters of the Golf Section over the past four years.



They have turned out for every event and have proved to fine golfers, winning a number of competitions between them. Mike has also served as Treasurer and has somehow managed to balance the books without increasing the membership fee. They will be sadly missed and all their friends wish them much happiness and good golfing in Indonesia. Stay in touch!

Next Outings

Match vs Embassy—Saturday 6th June, 11.04am, Vintage

Johnnie Walker Match vs Chequers—Saturday 20th June, 7.30am, Bangpoo

Captain's Day—Sunday 28th June, 11am, Khao Kheow

Club Day—Sunday 12th July, Noble Place Johnnie Walker Match vs Japanese Association—Saturday 18th July, 7.30am, Bangpoo

Match vs Lighthouse—Saturday 25th July, 7.30am, Subhapruek





Seniors Paul Nears and Mike Poustie can't take the pace



Angela and David reminisce



Mike thinks, "I'm going to miss this."



Farewell to the Pousties

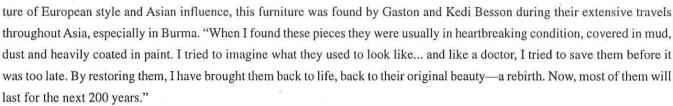


The Juniors!

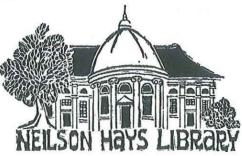
History in Teak

special part of European colonial history will be on display at the Rotunda Gallery of the Neilson Hays Library from Saturday 27th June to Thursday 30th July, where Gaston Besson is holding an exhibition and sale of some of the finest items.

Made in Burma during the Colonial rule (1850-1948) in solid teak timber, a mix-



For further information on this or any Neilson Hays event please contact the Library on 233 1731 or Mary-Lou Herron on 213 1586. The Rotunda Gallery is open from Tuesday to Saturday, 9.30am-4pm and Sunday 9.30am-2pm.





Rajapruek Runaway

atch vs Rajapruek Club

The British Club played the Rajapruck Club on Sunday 26th April and easily defeated them 9 matches to 1. The results follow:

Peter Corney	d	Sak	3-1
David Bryant	d	Somkid	3-0
David Jewell	d	Utain	3-2
Tom Livingston	d	Panat	3-0
Marvyn Lewis	d	Dale	3-0
Bob Faherty	d	Chumchanit	3-0
Terry Grogan	lost to	Aree	1-3
Mark Smith	d	Tatuporn	3-0
Rene Frei	d	Thanapol	3-0
Bill Randall	d	Tattsanachai	3-1



A few of the oldies

Mercure Hotel Sunday Mix-In

The Mercure Hotel Bangkok is sponsoring the Sunday mix-in for the next 12 months. They will be presenting two dinners for two for each Sunday mix-in as well as prizes for other competitions; our thanks to them for their support.

The Mercure Hotel mix-in in April was won by Otto Reichholf and Terry Dawson. There were 13 starters for a very warm afternoon's squash.

Chiang Mai Doubles

Tournament

This tournament was held over 2-3rd May

and the finals on the 4th at the Royal Bangkok Sports Club. We entered 3 teams from the British Club, namely: Tony Perkovic and Peter Corney, Colin Hastings and Marc Hagelauer, Ja and Dick Anwar. Our players did quite well and proved to be very competitive. I chose Tony as my partner for obvious reasons, and playing doubles for the first time, we won our preliminary round against an experienced Tanglin side 2-0. We then played a Hong Kong pair of league one players and were defeated 2-1 in a hard fought match. The Hong Kong pair went on to the semi-finals were they were defeated 3-2 by the eventual

runners-up. We then proceeded through to the quarter finals of the plate and were defeated by a Singapore armed forces side 2-0 in another close match. Many players commented that they thought Tony played very well up front and would be a very good doubles player with more experience (and perhaps a younger partner).

Colin and Marc proceeded through the main draw and were defeated 2-1 by the number one seeds in a close match; these two players teamed together very well and could be a definite force next year. Ja and Dick lost in a competitive match in the preliminary round.

During the next 12 months the British Club will try to arrange mini doubles tournaments with the RBSC to give our players more experience.

League 129

League 129 was completed on may 15th and the winners of each league follow:

- 1 Tony Perkovic
- 2 Mark Reading
- 3 Paul Jensen
- 5 Bill Randall
- 6 Suharsh Mittal
- 7 David Parks
- 8 Howard Winn

To be eligible for a league prize you have to score the most points and play at least three games.

The Central Plaza Hotel has donated dinner for two vouchers at any Central Group hotel for the next 6 league competitions; our thanks to them for their support. League winners and those players who completed all their matches will be entered into a draw for a dinner for two at any hotel in the Central Group.





Inter Society Event

The Inter-Society competition was held on Sunday 17th May; the results will be posted in next month's Outpost.

Upcoming Events

- Don Johnson Cup & Parra Handy Plate to be held this month, starting on the 1st with the finals on 27th and 28th. For the newer members, this is the Club Championships and all members have a chance as there is a plate event as well as the main event.
- Dawee Cup is an annual competition between the Polo Club and the BC with 10 players in each team. This will be held on Sunday 21st June.

Fitness Tip

This is a good exercise to do two or three times a week: **Lunge**—from a standing

position take a large step forward leading with your right leg. Drop your rear knee almost to the ground to form a 90 degree angle at both knees. Thrust upward and backwards with your forward leg to return to the starting position. Ensure that the front kneed stays above the foot when you lunge forward. Do 12 to 25 per leg.

Squashies Do It With Bigger Balls

Dunlop is bringing out a 6% and a 12% larger ball to give increased "hang time". These balls have been designed for improving beginners and new players to the sport. They will "hang" in the air for up to 20% and 40% longer respectively than present balls in use. A ball with an increased hang time is also being introduced for club level players to facilitate extended rallying for all standards of players (as if we need that in Bangkok).

Gossip

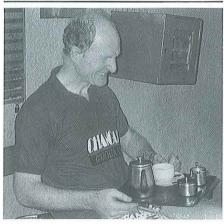
Congratulations to Terry and Otto, who recently joined the BC, for winning the Sunday mix-in. They are both "bikies" but still good guys.

Remember to drink lots of water before you play.

Peter Corney



Yes! Barbara DOES play squash



I knew I should not have put whisky in the tea

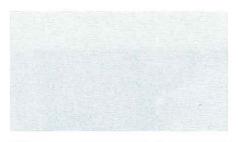
Calendar

British Club Sports and Entertainment Calendar - June

Sunday







12-2pm 3-6pm 5.30pm Badminton - Soi Nares Sunday Carvery - Lords Tennis Mix - In Sunday Carvery - Lords





9.30am 6-8pm 7-9pm

BWG Mahjong Aerobics **Squash Coaching** Tennis Team Training 8

8am 9.30am 6-8pm 7-9pm

BWG Mahjong Aerobics Squash Coaching Tennis Team Training

Tuesday





9-11am 10.30am 6-7pm 7-9pm 8-10pm

8-11pm

9pm

Ladies Golf Ladies Tennis Aqua Aerobics Masters Swim Training Soccer Training Badminton - Soi 22 Friendly Bridge Gentlemen's Spoof

9

Ladies Golf 7am 9-11am **Ladies Tennis** 10.30am Aqua Aerobics 6-7pm Masters Swim Training 7-9pm Soccer Training Badminton - Soi 22 8-10pm

8-11pm Friendly Bridge 9pm Gentlemen's Spoof





9.30am 5-8pm 6-9pm 6-9pm

Aerobics **Squash Coaching** Tennis Mix-In **Squash Teams competition**

9.30am Aerobics **Squash Coaching** 5-8pm 6-9pm Tennis Mix-In 6-9pm Squash Teams competition





4.

10.30am 6-9pm 6-7pm 7-9pm

Aqua Aerobics Squash Mix-In **Masters Swim Training Rugby Training** Badminton - Soi 22 8-10 pm

10.30am 6-9pm 6-7pm 7-9pm 8-10 pm

Aqua Aerobics Squash Mix-In **Masters Swim Training Rugby Training** Badminton - Soi 22





9.30am 3-9pm 5-7pm 6pm 7pm

Aerobics **BC Tennis Coaching** Happy Hour! Churchill Bar Junior Squad Swim Training Social Darts

12

9.30am 3-9pm 5-7pm

6pm

7pm

Aerobics **BC Tennis Coaching** Happy Hour! Churchill Bar Junior Squad Swim Training

Social Darts

5pm & 7pm Children's Movie Night





6

8am 9am-1pm 11.04am 8-11am 4.30pm

Junior Tennis BC Swimming Coaching Golf - Vintage **Tennis Coaching** Casuals Football - Soi 15 13 8am

9am-1pm 8-11am 4.30pm

Junior Tennis **BC Swimming Coaching Tennis Coaching** Casuals Football - Soi 15

Trip to Angkor Wat

Don't Forget !!

- Movie nights galore in June, with a younger kids dinner-movie at 5pm and an older kids movie at 7pm on Friday 12th, and the classic "Life of Brian" Pythonesque comedy on Saturday 20th.
- All the water activities, from the waterpolo game on Sunday 21st, junior squad swimming training on Friday evenings and the life-saving course for parents and little 'uns on Wednesday 24th. And don't forget to sign up for the Swimming Gala on the 4th July!

- 12-2pm 3-6pm
- Badminton Soi Nares Sunday Carvery - Lords Tennis Mix - In
- 5.30pm

8am

6-8pm

7-9pm

Sunday Carvery - Lords

Trip to Angkor Wat

BWG Mahjong

Squash Coaching

Tennis Team Training

Trip to Angkor Wat

- 12-2pm 3-6pm
 - Badminton Soi Nares Sunday Carvery - Lords Tennis Mix - In Sunday Carvery - Lords
- 5.30pm

12-2pm 3-6pm

5.30pm

Badminton - Soi Nares Sunday Carvery - Lords Tennis Mix - In

Sunday Carvery - Lords

2pm Waterpolo

BWG Mahjong

Squash Coaching

Tennis Team Training

Aerobics

3pm Volleyball

29

8am 9.30am 6-8pm

7-9pm

BWG Mahjong Aerobics Squash Coaching **Tennis Team Training**

16

- 7am 9-11am
- Ladies Golf Ladies Tennis 10.30am Aqua Aerobics 6pm 7-9pm Soccer Training Badminton - Soi 22 8-10pm 8-11pm

Masters Swim Training

Friendly Bridge Gentlemen's Spoof

23

8am

9.30am

6-8pm

7-9pm

Ladies Golf 9-11am **Ladies Tennis** 10.30am **Aqua Aerobics** 7-9pm Soccer Training Badminton - Soi 22 8-10pm 8-11pm Friendly Bridge 9pm Gentlemen's Spoof

30

Ladies Golf 7am 9-11am Ladies Tennis 10.30am Aqua Aerobics Soccer Training 7-9pm 8-10pm Badminton - Soi 22 8-11pm Friendly Bridge 9pm Gentlemen's Spoof

9pm

- 9.30am 5-8pm
- Aerobics Squash Coaching
- 6-9pm
- 6-9pm
- Tennis Mix-In
- Squash Teams competition

1/4

- 9.30am 5-8pm
- Aerobics Squash Coaching Tennis Mix-In
- 6-9pm 6-9pm
- Squash Teams competition

Venues

- Soi 15 Soi Nares
- NIST grounds
- **Behind Bangrak Police Station Aerobics Surawong Room** Golf - As advertised

10am Life-Saving Course for Parents

18

- 10.30am 6-9pm 6-7pm
- **Aqua Aerobics** Squash Mix-In Masters Swim Training
- 7-9pm 8-10 pm
- Rugby Training Badminton - Soi 22

25

- 10.30am 6-9pm 7-9pm 8-10 pm
- **Aqua Aerobics** Squash Mix-In Rugby Training Badminton - Soi 22

Opening Times

- 10am-11pm 11.30am-2pm
- Churchill Bar Lords Restaurant - Lunch Lords Restaurant - Dinner
- 6-10pm 7.30am-10pm Poolside Bar
- 6am-9pm Fitness Centre - Mon-Sat 9am-9pm Fitness Centre - Sun/Hols 9am-5pm Thai Massage - Tue/Sun

- 3-9pm 5-7pm 6-7pm
- **BC Tennis Coaching** Happy Hour! Churchill Bar Junior Swim Training/Time
- Trials
- 7pm
- Social Darts

26

- 9.30am Aerobics
- 3-9pm **BC Tennis Coaching** Happy Hour! Churchill Bar 5-7pm Junior Swim Training/Time 6-7pm
 - Trials
- 7pm Social Darts

Sports - Contact the following:

- Aquatics 262-9351 Liz Beal Badminton 654-0002-29 Anant Leighrahathorn Cricket Nick White 246-0832 Football **Alex Forbes** 260-1950 Golf
- Bernie Adams 861-0608 Rugby Jon Prichard 712-1650 Scuba **Cheryl Lamb** 258-1382 Squash Peter Corney 712-4398-9 Tennis **David Blowers** 285-4721-2

20

- 7.30am 8am
- Golf Bangpoo Junior Tennis
- 9am-1pm BC Swimming Coaching 4.30pm
 - Casuals Football Soi 15

727/

- 9am-1pm 4.30pm
- **Junior Tennis BC Swimming Coaching** Casuals Football - Soi 15

7pm 'Life of Brian' film night

Waterpolo for the Juniors

unsafe Suits

Available this month: 100% sunsafe suits and tops are now available for tots through to adults. Play it safe and protect your and your family's skin from sun damage. Contact your Aquatic committee member (list in Clubhouse, chairperson on Calendar page) or ask Lisa in the Fitness Centre. Sunscreen is also available now in the Fitness Centre.

Swimming Galas

The results of the gala held on Sunday 17th May will be in the next issue. The next gala will be held on a SATURDAY, 4th July, at 10.30am, the last gala of the '97/ 98 school year. The first gala of the new school year will be held on Sunday 13th September.

Agua Aerobics

At the time of writing a new instructor was being sought. Unfortunately Marnie has obtained full time work and will be unavailable at the 10.30am time on a Tuesday and Thursday. If you know of anyone who is interested in taking over this class, please have them contact me at the Club. Casual work is also available to cover regular instructors.

Junior Waterpolo

Training and game for junior waterpolo is planned for Sunday 21st June from 2-3pm. All those interested are asked to sign up outside the Fitness Centre.

Lisa Fitzpatrick

Total Immersion

This month we look at the three key skills you need to swim like a fish. Part 2 of an article by Terry Laughlin from *Inside Sport*.

1. Swim Downhill

Human swimming is inefficient from the first time we get in water because our natural sense of balance is all wrong. The body is designed by nature for vertical balance on land. In the water, our bodies continue to tip toward a vertical position because our long legs and low centre of gravity make. us sink like a capsizing boat. This means that whenever you're swimming, your body is always tending to tilt towards an "uphill" position, leaving you with a difficult choice. You either have to work harder fighting the extra drag or work harder (usually by kicking more) to keep your body horizontal. But poor balance can be corrected effortlessly with a couple of small adjustments to your body position.

· "Hide" your head and rise to the surface. You've probably heard that the correct head position for swimming is to hold it high and look forward. Ignore that. The right position for fish-like swimming is to hold your head very close to its most natural position, in line with your spine. In other words, it's very nearly the same way you hold it when you're not swimming. Raising it just a few centimetres will cause your hips to sink by 15 to 20cms, your feet by 20 to 30cms and your extended arm by 10 to 15cms—all in addition to your body's natural tendency to become unbalanced. The simplest and quickest thing you can do to improve your balance, gain speed and save energy is "hide your head".

• "Press your buoy" to get the water to support more of your body weight. You have one place on your body that's naturally buoyant: your chest cavity. Call it your "buoy". Lean on that as you swim and the water will support your hips and legs. In essence, you improve your body position not by trying to hold your body higher on the water but by pressing it in and making the water push you out.

With just a little practice, you'll discover that by pressing your buoy as you swim, your hips and legs will effortlessly skim the surface, making you feel as if you're swimming downhill.

2. Swim Taller

In human swimming, the main focus is on using your hands like paddles to pull. In fish-like swimming, using them lengthen your body line will make you sleeker and more slippery. Swimming taller is based on a well-known principle of boat design: if width and draft remain the same, a vessel's drag decreases as its length at the waterline increases. If a longer vessel can go faster, a taller swimmer can too. There are ways you can "swim tall", regardless of your height.

The simplest is to remember that the most important thing your hand does is lengthen your body line. Let's assume you're two metres tall. As far as the water's concerned, you can lengthen your "vessel" from two metres to nearly three by simply extending your arm forward. And the longer you stay in that "taller" position during each stroke cycle, the faster you can swim.

Swimming taller also takes good balance. If you don't have your weight on your buoy or if you lift your head while breathing, or carry it too high, your hands will be driven down even as you to try to reach forward with them, causing you to be a shorter swimmer. If you're swimming right, you should feel as if you're reaching forward with a weightless arm.

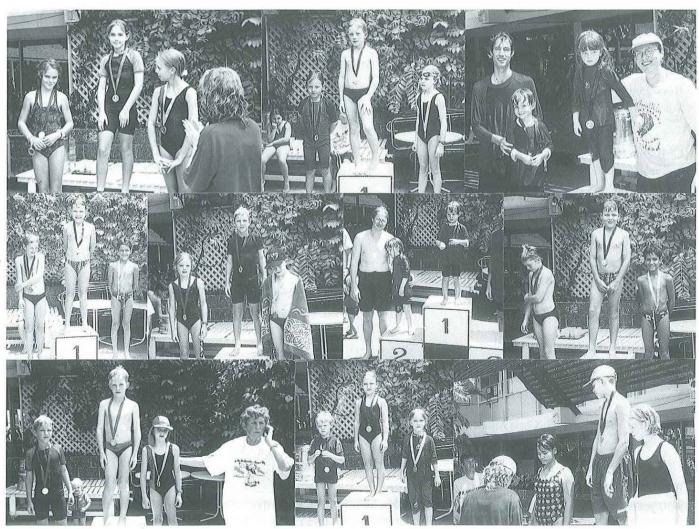
3. Skate on Your Side

Now that you're thinking of your body as a vessel, are you going to be a yacht or a barge? The very names for the strokes—backstroke, crawl, breaststroke—seem to suggest that they're swum flat on the stomach or back. But that's wrong. When you're on the surface, your body is far more

"slippery" when you're on your side. In the backstroke and freestyle, the world's fastest, most efficient swimmers cut the water on their sides, rolling from one side to the other with each stroke, and staying on each side for as much of each stroke cycle as they can. Rolling also helps you swim "taller", since your reach increases as you roll. Given all these advantages, you obviously

Given all these advantages, you obviously want to roll on every stroke, ending up nearly on your side on each. And since our greatest opportunity to gain stroke length is by continuing to slide forward when we're not stroking, the smartest thing you can do is stay in the fast-moving, side-lying

position as you recover your arm, then use the propelling action of the armstroke to roll directly to the other side. The most efficient stroke is a series of side-glides, linked by a propelling armstroke. The longer you slide on your side in each stroke cycle, the farther and faster your body will travel. Balancing on your side isn't natural, it's not instinctive and it's difficult to learn without concentrated, conscious effort. But until you have it, you're going to avoid rolling and you'll settle for being a barge.



Some of the pictures from the March Swimming Gala. Full results and more pictures overleaf



New Winners, New Records

These are the somewhat delayed results (apologies — G) from the first Swimming Gala of the year, held at the end of March. A **BIG** thank you to everyone who helped on the day, especially Liz Beal who had the fun job of getting the results and times down.

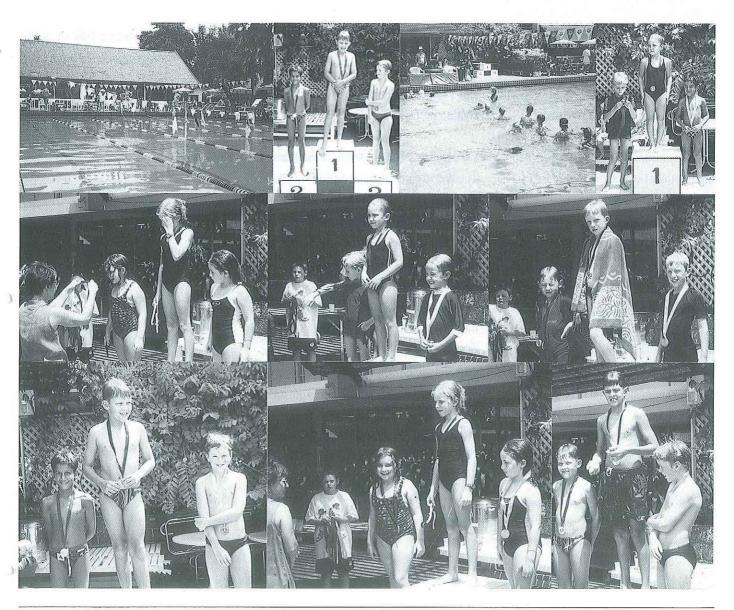
Lisa Fitzpatrick

Event	Name	Time	Event	Name	Time
Open 50m Freestyle	1. Bob Scott	31.95	Girls 25m Breaststroke	1. Michelle Campbell	26.32
	2. Liz Beal	34.03	9-10 years	2. Carly Young	28.19
	Lisa Fitzpatrick	34.94		3. Lauren Mann	28.90
Record holder:	Ben Quarmby	27.49	25m Breaststroke	1. Mark Campbell	27.76
50m Freestyle	1. Chris Muldoon	36.74*	7-8 years	2. Kelsey Moffatt	28.43
11-13 years	2. Jessica Beal	43.68		3. William Scott	31.29
	3. Sylvia Quarmby	43.69			
		200	15m Breaststroke	Debbie Campbell	15.03
Boys 25m Freestyle	1. Steven Muldoon	17.63	5-6 years	2. Cameron Moffatt	17.77
9-10 years	2. Yanik Tissera	18.90	KSSW RROLL Messays	3. Anne Terry	22.62
	3. Joshua Beale	19.77	Record holder:	Brian Loewe	14.29
Girls 25m Freestyle	1. Lauren Mann	17.38	Open 50m Backstroke	1. Marilyn Moffatt	44.23
9-10 years	2. Michelle Campbell	19.80	16-adult	2. Liz Beal	46.80
	Carly Young	19.71		3. Andy Simpson	49.97
D . 05 . F 1	1 377:11: 0 44	20.00	Record holder:	Ben Quarmby	37.32
Boys 25m Freestyle	1. William Scott	20.09	50m Daalastaalaa	1 Christanhan Muldoon	44.50
7-8 years	2. Mark Campbell	20.49	50m Backstroke	1. Christopher Muldoon	
	3. Simon Matthews	25.50	11-13 years	2. Jessica Beal	51.53
Girls 25m Freestyle	1. Kelsey Moffatt	22.27		3. Sylvia Quarmby	1.02.43
7-8 years	2. Lauren Jensen	24.95	Boys 25m Backstroke	1. Steven Muldoon	25.02
	3. Kathryn Renshaw	26.00	9-10 years	2. Joshua Beal	26.38
				3. Yanik Tissera	26.97
Boys 15m Freestyle	1. Cameron Moffatt	17.65			
5-6 years	2. Yahren Tissera	18.74	Girls 25m Backstroke	1. Lauren Mann	24.52
Record holder:	Jamorn Teo	11.57	9-10 years	2. Michelle Campbell	27.12
Cirle 15m Franctula	1. Debbie Campbell	13.60		3. Carly Young	29.10
Girls 15m Freestyle 5-6 years	2. Ann Terry	25.53	25m Backstroke	1. William Scott	25.89
Record holder:	Lisa Smith	12.51	7-8 years	2. Simon Matthews	27.30
Record noider.	Lisa Smiin	14.31	7-6 years	3. Kelsey Moffatt	27.70
Open 50m Breaststroke	1. Liz Beal	44.93		J. Keisey Monatt	27.70
	2. Andy Simpson	44.99	25m Backstroke	1. Debbie Campbell	17.60
	3. Kelvin Moffatt	47.55	5-6 years	2. Cameron Moffatt	20.02
Record holder:	Ben Quarmby	36.57		3. Yehren Tissera	20.04
50m Breaststroke	1. Chris Muldoon	50.70	Open 25m Butterfly	1. Bob Scott	17.22
11-13 years	2. Sylvia Quarmby	51.78		2. Liz Beal	18.39
	3. Jessica Beal	52.89		3. Marilyn Moffatt	18.66
			Record holder:	Ben Quarmby	14.99
Boys 25m Breaststroke		25.94			
9-10 years	2. Joshua Beal	27.86	25m Butterfly	1. Chris Muldoon	19.03
	3. Yanik Tissera	28.49	11-13 years	2. Jessica Beal	21.20
				3. Sylvia Quarmby	24.15

Swimming Gala



Event	Name	Time	Event	Name	Time
Boys 15m Butterfly 9-10 years	 Steven Muldoon Joshua Beal Yanik Tissera 	10.84 12.28 12.84	15m 'Any Stroke' 5-6 years	 Debbie Campbell Cameron Moffatt Alun Simpson 	11.93 15.88 19.21
Girls 15m Butterfly 9-10 years	 Lauren Mann Carly Young Michelle Campbell 	11.74 12.20 14.49	Men's Individual Relay 4 x 25m	 Chris Muldoon Steven Muldoon Joshua Beal 	1.47.36 2.06.81 2.09.78
Boys 15m Butterfly 7-8 years	 William Scott Simon Matthews Mark Campbell 	12.33 13.50 14.61	Women's Individual Relay 4 x 25m	 Jessica Beal Lauren Mann Carly Young 	1.57.77 2.04.34 2.13.79
Girls 15m Butterfly 7-8 years	 Kelsey Moffatt Lauren Jensen Abigail Bevilaqua 	13.51 15.20 16.76			



Triathlon Champs

Congratulations to the winners of the Fitness Centre Mini-Triathlon held in April.

The category winners and their times were:

Open Nick Helms 58.23 mins
Junior Ben Quarmby 65.03 mins



Lisa Fitzpatrick - Sport & Recreation Coordinator

Well done to the competitors for completed the course of 600m swim, 12km cycle and 6km run in very competitive times.

Also in April was a very successful **Fun Day** for children on Good Friday; details and photos of which are in this issue. The **holiday programmes** and Fun Days at the British Club have always been well attended and enjoyable for those involved. It is time now to start thinking about what you and your children will be doing over the summer holiday period. The British Club is planning at least 3 camps for varying ages and interests: a barge trip in mid-July, a sports camp at the beginning of August and a sailing camp at the end of August. Please sign up for these activities at Reception.

Two Snooker Tournaments were held in

May. On Thursday 14th May the Tanglin Club of Singapore was hosted by the Club's snooker enthusiasts. Saturday 23rd May saw the Chinese Swimming Club from Singapore compete against the BC. Details of both of these tournaments will appear in next month's edition.

Junior Squad (swimming) Training commenced on the 15th May. This weekly one-hour training session aims to improve the endurance and fitness of our Juniors, as well as being good fun and a chance to mix with others of the same age. The sessions will conclude on the 3rd July. Please sign up in the Fitness Centre.

Looking Ahead

The World Cup Football Action starts this month, on 6th June. Games will be televised at the Club. The Final is on Sunday 12th July. Keep your eyes open for dates and times of the televised matches.

On Friday 12th June is a **Movie Night** and meal for children. For the younger ones the movie will start at 5pm with dinner served at 5.15pm. For the older children a different movie will be shown at 7pm, with dinner served at 7.15pm. Please sign up at Reception.

The Aquatic section is hosting a Waterpolo

training session and games on Sunday 21st June at 2pm. All juniors are encouraged to come and join in. Please sign up in the Fitness Centre, so that we have an idea of numbers.

Volleyball is being set up on the front lawn on the afternoon of Sunday 21st June. Get your team of 6 together (including 2 children under 16) for this round robin tournament. The winners to receive free Baskin Robbins ice cream.

An important date for your diary is 4th July for 2 reasons: there is a **Swimming Gala** in the morning from 10.30am, and in the evening the British Club is celebrating **American Independence Day** in traditional style—don't miss *either* event!

That's all for the month of June. I don't know about you, but I will certainly be suffering from a "mid-year crisis" this month. The few remaining days of being 29 should however be enjoyed! The following article about this coming of age may be of interest to a few of you—I've got a busy few days ahead...

Lisa Fitzpatrick

30 Things A Woman Should Have and Know By the Time She's 30

Should Have:

- 1 One old boyfriend you can imagine going back to and one who reminds you of how far you've come.
- 2. Enough money within your control to move out and rent a place on your own, even if you never want or need to
- 3. Something perfect to wear if the employer of man of your dreams wants to see you in an hour.
- 4. A purse, a suitcase and an umbrella you're not ashamed to be seen carrying.
- 5. A youth you're content to move beyond.
- 6. A past juicy enough that you're looking forward to retelling it in your old age.
- 7. The realisation that you are going to have an old age and some money set aside to help fund it.
- 8. A set of screwdrivers, a cordless drill and a black lace bra.
- 9. One friend who always makes you laugh and one who lets you cry.
- 10. A good piece of furniture not previously owned by anyone else in your family.
- 11. Eight matching plates, wine glasses with stems and a recipe for a meal that will make your guests feel honoured.
- 12. A resumé that is not even the slightest bit padded.
- 13. A feeling of control over your destiny.
- 14. A skin care regime, an exercise routine and a plan for dealing with those few other faets of life don't get better after 30.
- 15. A solid start on a satisfying career, a satisfying relationship and all those other facets of life that do get better.

Should Know:

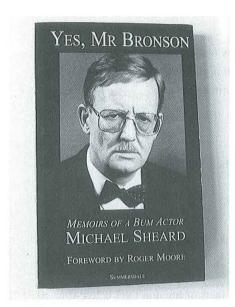
- 1. How to fall in love without losing yourself.
- 2. How you feel about having kids.
- 3. How to quit a job, break up with a man and confront a friend without ruining the friendship.
- 4. When to try harder and when to walk away.
- 5. How to kiss a man in a way that communicates perfectly what you would and wouldn't like to happen next.
- 6. How to have a good time at a party you'd never choose to attend.
- 7. How to ask for what you want in a way that makes it most likely you'll get it.
- 8. That you can't change the length of your calves, the width of your hips or the nature of your parents.
- 9. That your childhood may not have been perfect, but it's over.
- 10. What you would and wouldn't do for love or more.
- 11. How to live alone, even if you don't like it.
- 12. Who you can trust, who you can't and why you shouldn't take it personally.
- 13. Where to go—be it your best friend's kitchen or a charming inn hidden in the woods—when your soul needs soothing.
- 14. What you can and can't accomplish in a day, a month, a year.
- 15. Why they say life begins at 30.

Farewells

Several more fond farewells to the following members who left during March and April:

Diego and Karen Bevilacqua, David Birtwistle, David and Pantana Bryant, Kwee Hock and Achara Chua, Sherwood and Cindy Dodge, Tim and Carol Gammons, Hugh and Jennifer Hamilton, Chris Jones and Natalie, Russell and Nuamchan Kelly, John and Chris Lee, Supawadee Lightbody, Chainarong and Chintana Monthienvichieng, Warwick and Wendy Newton, Kevin and Sheila O'Reilly, Geoffrey Redenbach, Martin and Lesley Sergeant, Andrew and Jane Shaw, Baga Singh, Peter Sped, Brett and Somjit Stevens, James and Veronica Thomson-Glover, Paul Vallely, Colin and Rosamund Walker, George and Jitda Watt, Christopher and Antje Whittle, Antje Wintjes-Goldbach and, last but not least, Andrew and Emma Wright.

Memoirs of a Bum Actor



ne of Britain's most popular and busiest character actors, Michael Sheard has appeared as a featured, jobbing actor in more than 800 television programmes and about 40 feature films. He played Admiral Ozzel in *The Empire Strikes Back*, and appeared in both *Raiders of the Lost Ark* and *Indiana Jones and the Last Crusade*, in the latter as Adolf Hitler (see pic). However, it is for his television work that he is best known, as Mr Bronson in BBC's *Grange Hill*, and with six of the seven 'Doctor Who's.

"Yes Mr Bronson—Memoirs of a Bum Actor" is a wonderfully witty tour through the world of film and television as Michael recalls his experiences of working with leading stars such as David Niven, Harrison Ford and Sean Connery, top directors such as Alfred Hitchcock, George Lucas and Steven Spielberg, as well as other featured actors, stuntmen and technicians. Roger Moore writes in the fore-

word that Michael has "written the book with warmth and humour and given us an enthralling insight into the nuts and bolts of the business."

"Yes Mr Bronson" is available 'while stocks last' from the British Chamber of Commerce, tel: 260 7288-9 or email at <greg@bccthai.com>; all profits will be donated to the United Kingdom Committee for Thai Charities.





Death At The Manor!





A Murder Mystery dinner-theatre—full of intrigue, suspense, comedy and drama!

Thursday 25th, Friday 26th and Saturday 27th June, 1998 at The British Club
Pre-dinner cocktails and all the action starts at 7:30 pm
Come play detective and work out 'whodunnit'. Book your tables now to avoid disappointment,
Prizes to be won!

Tickets Bt. 650 including 3-course dinner available only in advance from the British Club. Sign up at Reception for this popular entertainment format.







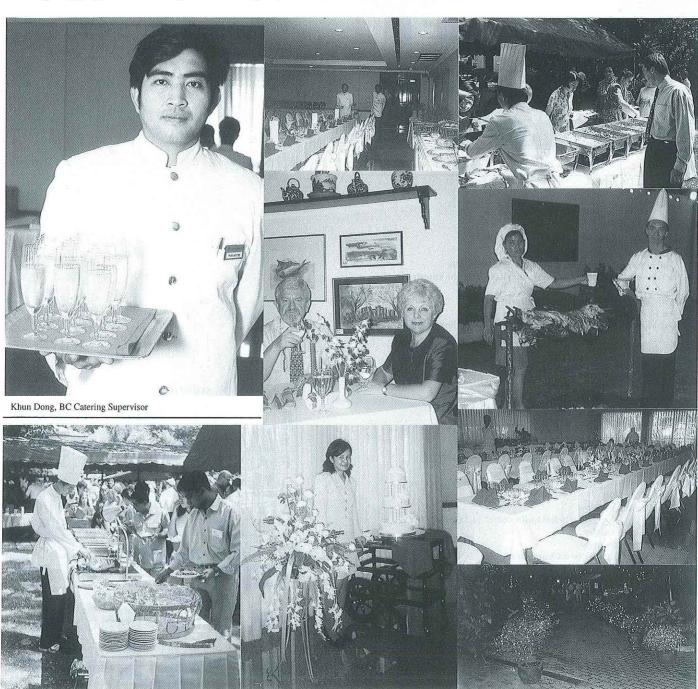
Food Anytime, Anywhere

or your next function consider the British Club catering services; we'll be happy to give you a quote.

We can cater for functions large and small, both at the Club or any venue in Bangkok. Recent events that we've catered for include a river cruise on the Chao Phraya river for the St David's Society, an office building "topping off" ceremony on the 21st floor of a brand new building and a Mexican night for the NZ Society, not to mention many, many house private parties at home.

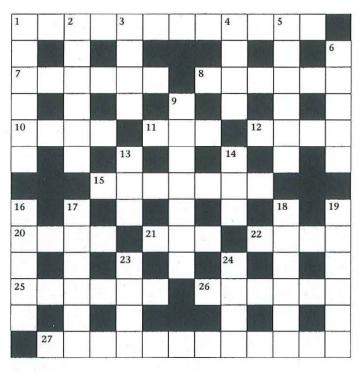
Khun Dong is our newly promoted catering supervisor; he has been with us for several years and many of you will already know his excellent service. Contact him or Barry at the Club and they will arrange to service your every (catering) need.

Tom Bain



A variety of events for which the BC's catering services have gained a fine reputation in Bangkok

Musical Medley



This crossword features a wide range of musical types from a wide range of ages. Dave Barry once wrote that 'music' was defined in his encyclopaedia as "classical or popular", which as he pointed out implies that classical music is, therefore, "not popular"... Decide for yourself after tackling this instrumental puzzle from Margaret Miller.

Clues

Across

- 1 Wagner's Magnum Opus (2,3,4)
- 7 With 24 Down is a very big fiddle
- 8 One of the performers in a popular old-time waltz
- 10 In Germany's National Anthem, they sing that the country is "_____ alles"
- 11 With 12 Across and 13 Down, Butterfly's area
- 12 See 11 Across
- 15 The Mikado's Three Little Maids sing "When a Merry Maiden
- 20 Operatic Prince
- 21 Beethoven composed one on a G string
- 22 He composed the Christmas Oratorio
- 25 Norma and Carmen
- 26 Composer of "The Water Music"
- 27 Opera set in Ceylon, "The _____" (5,7)

Down

- 1 Sung during the Anglican Church morning service (2,4)
- 2 Chopin works
- 3 "T'was on the ______ of Capri that I found her" (popular song of the '30s)
- 4 John Lennon's widow
- 5 "time behold him come" (4,2), from the carol, Adeste Fideles
- 6 How the rushes grew
- 9 Choral introduction to a Church service
- 13 See 11 Across
- 14 "Just a _____ doch and dorris" (Scottish song)
- 16 Not a major key
- 17 Mimi is the heroine of "La _____"
- 18 "_____in the Wind" (best-selling song)
- 19 What Susie sells on the seashore
- 23 The first full-frontal musical
- 24 See 7 Across

Last month's solution

R	0	T	A	T	E			S	T	E	A	K
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A		T		S		0		P		E		N
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Į.	B	R	A	N				E	G	G	S	
H				G	A	S		M		R		5
0	A	T	S			C	0	0	K	0	U	T
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D	E	S	S	E	R	T		A	S	P	I	C
0	1	T		A		\$		D		E		K
G	R	E	E	N			H	E	A	R	T	S

BC Surin Elephant Round-Up Trip

"Certainly the most stylish trip available."

On 13th November the British Club will once again be packing the cooking utensils and sleeping bags ready for you to join them on this very exciting, once-a-year event—the elephant round-up in Surin, which makes news around the world.

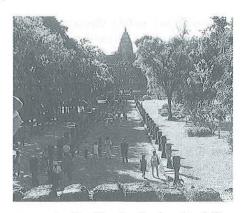


An elephant extravaganza, with 250 of the giant beasts demonstrating their noble place in Thailand's history, along with a cast of hundreds of people, in a superb show the sheer scale of which is unmatched anywhere else in Thailand. Young and old enjoy this event, with the Club securing prime covered seating for the entire show. Leaving Bangkok's Hua Lumphong train station at 8.30pm in air-conditioned sleeper cars, the tour arrives in Surin at around 5am, where you are whisked off to a local

school for a (Thai-style) shower and a hearty BC breakfast. At around 7.30am we set off for the showground nearby. The show keeps you spellbound for over 4 hours (a cushion for the wooden bench is recommended); from there we take you to a tran-

quil historic Khmer ruin site for a leisurely and delicious BC picnic, washed down by a tipple or three from the BC mobile bar! The afternoon comprises a trip to the famous Phanom Rung temple, a much-restored Khmer temple high on a hill with spectacular views over the Buriram plains and





across to the Cambodia border hills. There's also a fascinating market at the site. Back to the school for dinner à la BC and a wander round Surin town before getting back on the train at 8pm, and before you know it you're back in Hua Lumphong. We expect the price for this wonderful trip to be around Baht 3,700 for adults, Baht 2,700 for children 4-16 years and Baht 1,200 for children under 4. As the trip takes place in November, this price is still a guesstimate; the total price will depend on the price for the train ticket, bus rental and show entrance.

Photocopy and Fax Back to the General Manager On 235 1560

	011 200 1	
I,	(name),	(Club number), would like to
reserve the following spaces on the Britis	h Club Surin Elephant F	cound-Up Trip:
Adults (names):		Children (names and ages)

Bookings required by Friday 14th August

** Please note that cancellations will not be accepted after 21st August 1998 and a deposit of Baht 1,200 per person will be debited to your account on booking (not refundable after 21st August 1998) in order for the BC to reserve the train and show tickets.

From the Chairman

would like to take this opportunity presented by this article each month to keep members up to date with the major issues being discussed by the General Committee (GC) and the various Sub-committees. We now have a GC portfolio covering each sector of Club activity. We are working towards producing a strategy for the British Club in order that its maintenance and development can be assured going into the next millennium. The opinion expressed will be that of the author, not always me, as other members of the GC will be invited to write articles on other issues. You are all encouraged to write or speak to the GC or management. We are anxious to hear your views. We welcome any input or comment from members, so please, if you feel you wish to make a contribution, "don't be backward in coming forward".

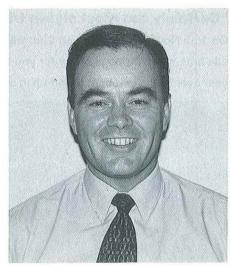
Obviously, at this time, the Club's financial position is of prime concern. A review of our position shows very little by way of cash reserves and our regular expenditure is exceeding our monthly income. Currently, New Members joining fees are being used to balance the account. Broadly speaking this is not a desirable situation as it leaves little or no funds available for either capital project or significant renovation. We are living beyond our means.

How do we find ourselves in this position, I hear you ask? Well, it's reasonably straightforward. The Club has been extremely well-managed in recent years. Successive Treasurers have sought to cut expenditure and save money. General Managers have been required to make savings on a daily basis. For this they should be commended. The statistics bear out this situation. The last adjustments made to Monthly Subscriptions and Joining Fees were made in January 1995 and October 1993 respectively. During this time Thailand has enjoyed great prosperity and expatriates were arriving in everincreasing numbers. So we got by. In 1997, as we all know, this situation dramatically changed and the economic position of the Club and country went into reverse. New members almost became an endangered species and existing members left for pastures new. Thus the strategy of previous years was undermined.

If we look at the Consumer Price Index (CPI) in Bangkok in recent years, the scale of efficiencies are very successful. Inflation as measured by CPI, or cost of living index, as it is more often called, has risen by 37% and 28% since New Members Fees and Monthly Subscriptions respectively were last adjusted. This would appear to be a feast or famine situation when related to our accounts.

It would seem logical and prudent then that there ought to be an expectation that monthly subscriptions should rise each year by up to a maximum of the current rate of inflation. I am obviously acutely aware that the financial burden should not be raised unnecessarily and that *any* increase be fully justified. If it can be demonstrated that the Club would not be adversely affected, then this increase could be reduced or waived. Our aim might then be that our monthly income and expenditure should broadly balance. This would result in New Members fees being utilised for the development of the facilities which, let's face it, will not go on forever, no matter how much we may wish them to. Thus development is effectively funded by New Members who will enjoy the improved facilities at little or no cost to existing members. It is imperative we develop a fund that facilitates the maintenance and enhancement of Club facilities.

The topic of fees and subscriptions is always controversial. I would like to end by repeating that we, the Committee, would welcome your comments and suggestions.



James Young - Chairman

James Young

Chairman

Next month: Membership and how we hope to attract additional New Members.

Hidden Treasure in the Heart of Mekong Region!

No visit to the north of Thailand is complete without visiting the award winning hotel, Le Meridien Baan Boran in the heart of Mekong Region at the Golden Triangle.

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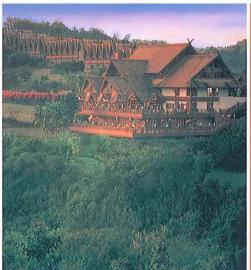
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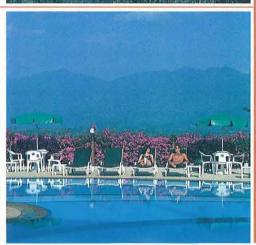


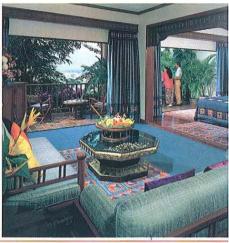
BOR GOLDEN TRIANGLE

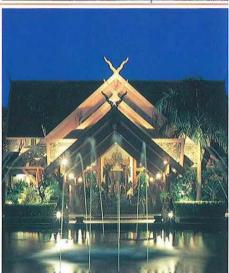
The Golden Triangle, Chiang Saen, Chiang Rai 57150 Thailand. Tel: (053) 784 084 Fax: (053) 784 090

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The First Name To Call In Residential Properties for Lease/Sale

British Club General Committee

James Young

Mike Lamb

Nick Bellamy

Bernie Adams

Dugal Forrest

Colin Hastings

David Henton

Peter Bond

David Turner

James Woodford

The Committee is:

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Tel: 618 6516

Tel: 326 0660

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Club

Beverage



Dugal **Forrest**

Bernie

Adams

David

Henton



James



Young



David



Turner





Lamb







Colin

Hastings

Peter Bond



Nick Bellamy



Tom Bain **General Manager**



Barry Osborne **Operations Manager**

If you have any questions about the British Club or if you have any suggestions, please call any the Committee Members above or the General Manager on 234 0247, 266 4734 or 266 0597 or email us on <bri>club@loxinfo.co.th>

Security



Pest Control

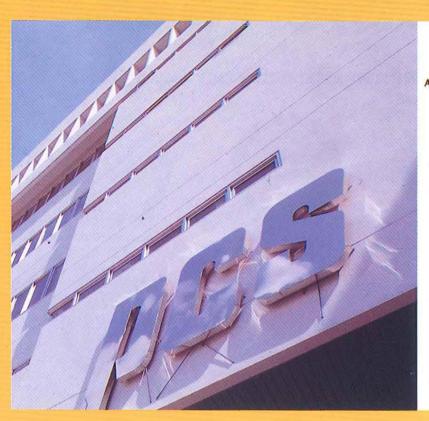


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Good Friday Fun

t was a pleasant change in temperature on the ice at the World Trade Centre on Good Friday 10th April. Seventeen children aged between 6 and 12 donned their skates and ventured onto the ice rink for an entertaining morning of thrills and spills. Many children had never (or rarely) skated before and it was great to seem them progress, supported and encouraged by their peers.



Venturing downstairs to McDonald's we enjoyed "happy meals" and happy nattering amongst the group. Onward to "Mouse Hunt", the comical movie about a rather clever mouse and two considerably less intelligent brothers, returning to the BC at 5pm for a swim and to be picked up by their parents.

A big THANK YOU to Sue Hill, Anita Hughes and Fiona Burns for accompanying the group throughout the day and helping with "crowd control" in general. I couldn't have done it without you-thanks.







JUNE 1998





Earth and Spirit

For two weeks from Saturday 13th June there will be an exhibition of water colours by British Club member Louise Truslow at the Neilson Hays Library.

Her fourth exhibition at this venue, "Earth and Spirit" features work produced as a result of her journeys around Thailand and the region. Louise enjoys creating both detailed, life-like representations and bold, impressionistic works. She is drawn by the elegant lines of temple sculpture and the shape and diverse colours of familiar Thai objects.



For further information on this or any Neilson Hays event please contact the Library on 233 1731 or Mary-Lou Herron on 213 1586. The Rotunda Gallery is open from Tuesday to Saturday, 9.30am-4pm and Sunday 9.30am-2pm.



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