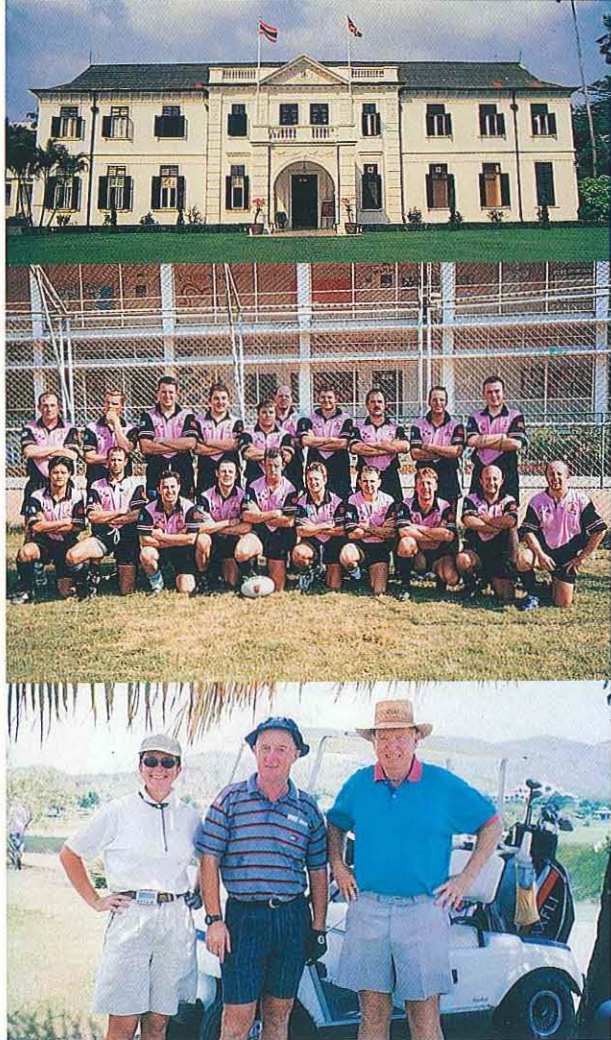
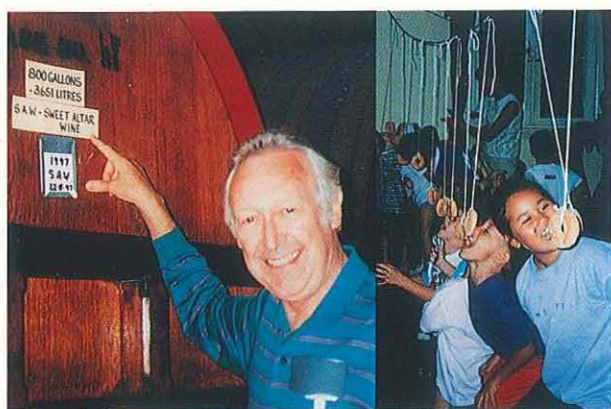


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# Outpost

M A G A Z I N E



- Checking out the Wines of South Oz
- The Electrifying Eclectic
- Tennis Farewell to Jaree
- Snooker Sinks Singapore



### Security



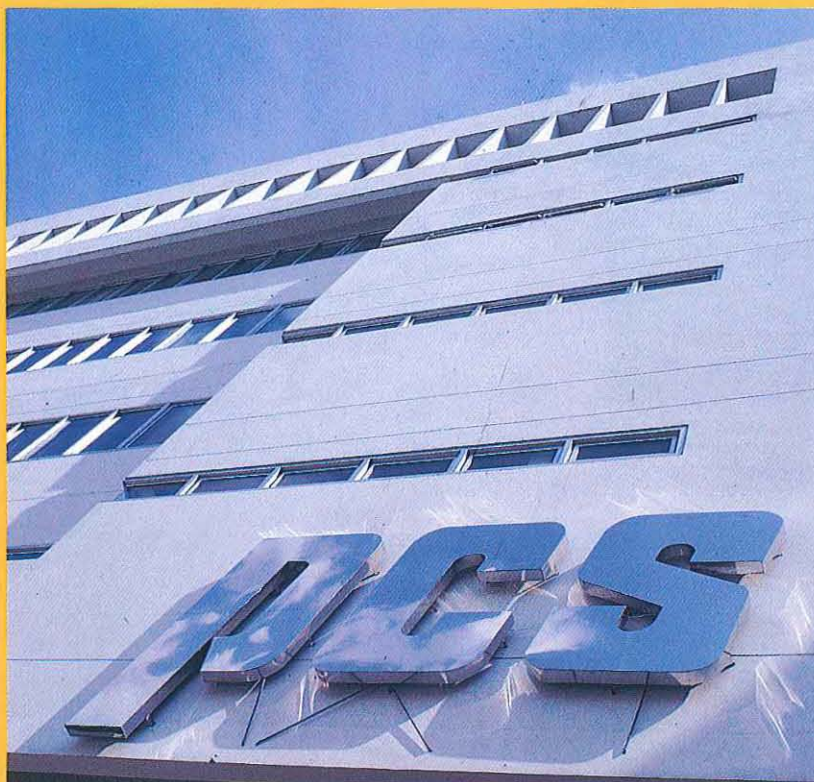
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**What have we  
in common with  
Ronaldo?**

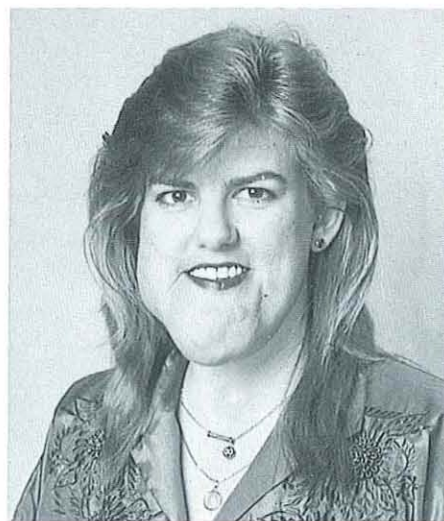


**T**his month we have an anniversary of a different kind to commemorate - it's been one year since the baht was floated. What a difference a year makes! Every magazine, every yearbook you pick up here these days mentions the "economic downturn" and its implications; some even make a major feature of it. One consequence of the dramatic changes has been the impact on Club membership; yet with expatriates still entering Thailand in apparently large numbers it would be interesting to find out just how many are coming and going, and whether there is a difference in the make-up of the incoming expat population compared to the out-going. Certainly a more proactive effort in digging up the expats has had favourable results on membership numbers, but some idea on overall trends of numbers entering would make insightful reading. Onto this month's *Outpost*, I was delighted to receive an article from David Turner about his recent tour of some of the wine valleys of South Australia, including a visit to the Pauletts vineyard. Several of you will remember the successful Pauletts wine promotion held at the Club last year, so if any of you are heading down that way, contact David for more information on how to get to their vineyard.

Also on the F&B front, there's an article on the recent successful Greek food and drink promotion, though I must here express my great disappointment at the lack of white billowy pantaloons and cheerily embroidered red tunic on Barry or any of the male staff—not a laurel leaf in sight.

Within the Tennis Section report this month there's an obituary for Khun Anant, the tennis coach, who died tragically last month in a road accident. As Bruce Gordon says in his tribute, he will be sorely missed by several members. As well as the sports reports, including the recent snooker friendly matches held at the BC (at which I was pleased to hear that we stuffed the visiting sides, considering the lack of team organisation amongst our snooker-playing members), there's also an interesting article on the UK Budget and its implications for those out here who take care of the finances, kindly written by Wilfred T. Fry Ltd, to keep you up to date with what's happening in Britain.

The first half of this month will be all action, with the last few days of Wimbledon and the final rounds of the World Cup, so no doubt many of you will be glued to the box—either in the comfort of your own homes or within close proximity to a drink or three—until the 12th! After that date, the non-footballers among you can forget all about the name "Ronaldo" for another four years...



Gaynor de Wit - Editor

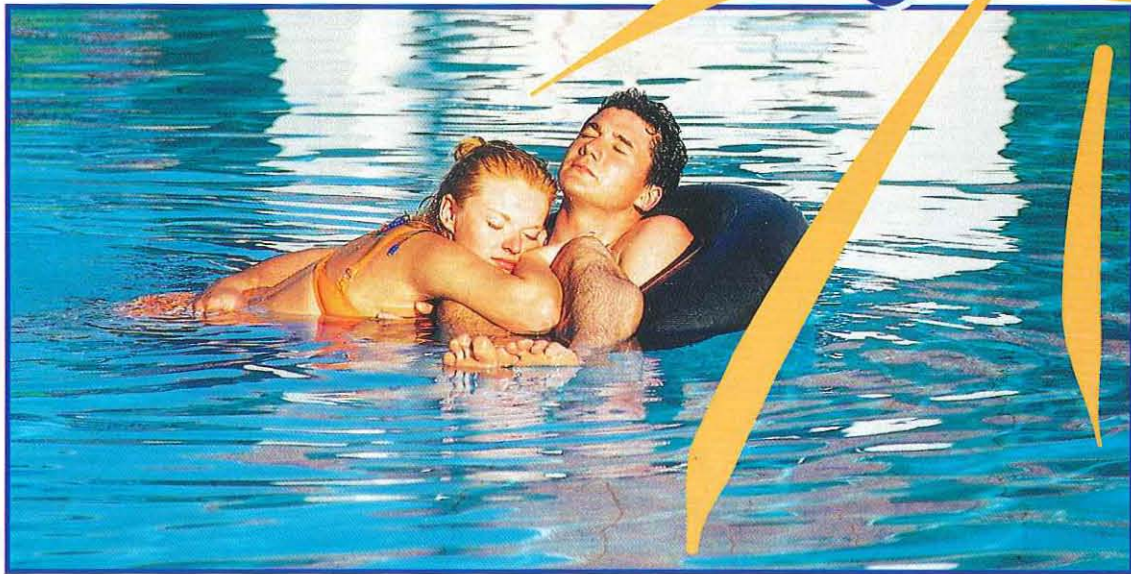
A stylized, handwritten signature of Gaynor de Wit in dark ink.

Gaynor de Wit  
Editor

P.S. As you can see from the ad overleaf, The Creative Partnership is now "wired" and can be contacted at [creativ@loxinfo.co.th](mailto:creativ@loxinfo.co.th)



# Far from the Madding Crowd

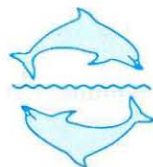
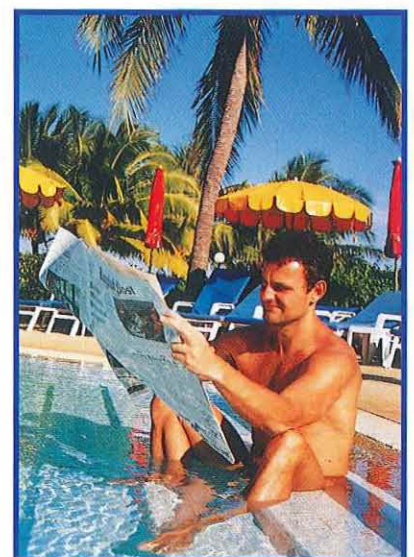
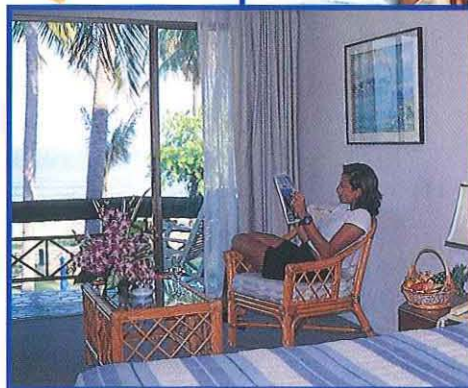


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### **H**appy Hour – Fridays

TGIF! Don't forget it's Happy Hour EVERY FRIDAY from 5pm until 7pm in the Churchill Bar. Come along to the Club and enjoy two of your favourite (standard) drinks for the price of one!

### **World Cup Final-12th July**

Make sure you have booked for this popular sporting event. Telecast will be shown on the BIG screen and supper and beverages served throughout the match.

### **Junior Squad Training**

Last month saw the commencement of Junior squad training on a Friday evening. This has proven to be very popular and a lot of fun to get together with your peers. Another Squad training series will begin in September. Sub-Juniors (5-9 years olds) are encouraged to participate between 5.45-6.30pm and Juniors (10-15 years) are welcome from 6.30-7.15pm. This is a training squad, not formal lessons. Lessons take place for all age groups on a Saturday morning. Ask in the Fitness Centre for details of these courses.

### **Senior Masters Training**

Last month also saw the "Masters" hit the water, in a personalised training programme to improve technique and endurance. The course was run over 4 weeks, twice per week, and proved to be successful. Another course will be offered later in the year. Some swimming experience is required for this course.

### **Aqua Aerobics**

Everyone will be happy to know that we have a new instructor for Aqua Aerobics. Kikki started on Monday 8th June and will take this 10.30am class on **Mondays** and

**Thursdays**. Classes will stop for the holiday period. The last class will be on Thursday 9th July. Classes will resume in the first week in September on **Tuesdays** and **Thursdays**, as previously scheduled.

### **Holiday Programmes**

Anyone for sailing? A **sailing camp** has been organised for August 24-28th. The more participants the merrier. Parents are also welcome to come along and enjoy the coastal environment around Varuna Yacht Club in Pattaya.

A **sports programme** will be run over 3 days in the last week of July (27-29th) for children of all ages. A morning programme (9am-12 noon daily) will be offered for 4 - 9 year olds and an afternoon programme (1-4pm) for the older children (10 - 15 years). PLEASE SIGN UP AT RECEPTION FOR THESE ACTIVITIES

### **Surin Elephant Round-Up**

In November the Club will once again be travelling to Surin for the elephant show. Please see details later in the magazine and book early, as seats are limited.

### **Sunsafe Suits**

Be a good example for your children and don a sunsafe shirt. Different sizes and colours available in the Fitness Centre. Suits, shirts, shorts and hats are available for babies, children and adults. Come and try them on for size!

### **Britclub@loxinfo.co.th**

Don't forget the BC is now on the net. Please contact us on [britclub@loxinfo.co.th](mailto:britclub@loxinfo.co.th)

### **Poolside Rules and Etiquette**

There have been some complaints about children's behaviour at poolside recently.

Parents are reminded that it is their responsibility to ensure that their children are supervised and behaving acceptably while at the Club. Club staff will assist in ensuring children adhere to Club rules, so parents please cooperate with them if they caution your child. A reminder of some of the Club rules relating to poolside conduct appears later in this issue.





Moments from the recent Car Boot Sale on the back lawn

## Hidden Treasure in the Heart of Mekong Region !

No visit to the north of Thailand is complete without visiting the award winning hotel, Le Meridien Baan Boran in the heart of Mekong Region at the Golden Triangle.

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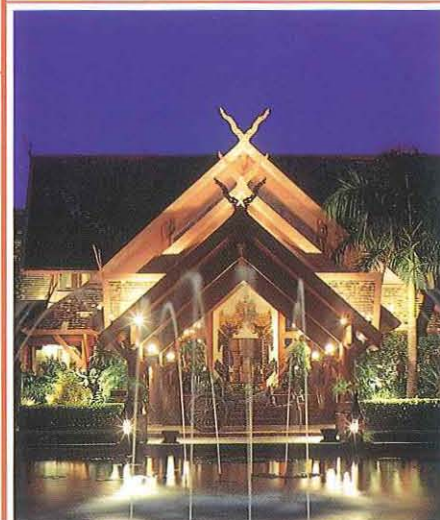
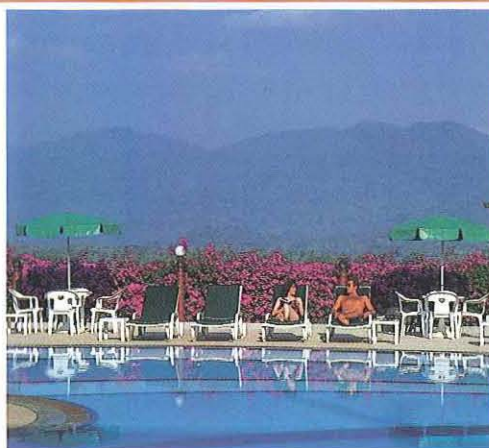


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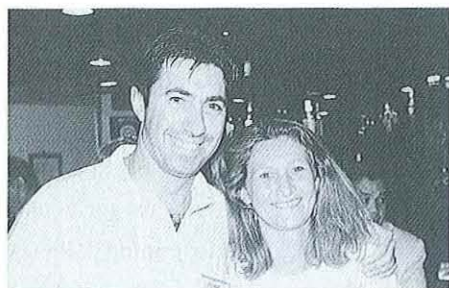
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Pierre and Florence

## Pierre and Florence Jaffre

Just arrived in, Pierre is with the Trade Commission at le French Embassy and is due here for a 3 or 4 years, having previously been posted in Los Angeles. Pierre and wife Florence play tennis and squash; Pierre also swats shuttles and whacks golf balls while Florence enjoys aerobics. Both like painting,

Florence with acrylics, and Pierre collects antiques. They have two children, five-year-old Eliot and 16-month-old Daphne.

## David and Catherine Thomas



Catherine and David

David is here for around 18 months on assignment as VeePee at Bank of America and plays tennis and squash; wife Catherine is into aerobics, biking, reading and kid's crafts, and both enjoy hunting for furniture and antiques. Previous postings include Hong Kong, where their 3-year-old son Matthew was born, and Taipei, where 2-year-old Grant was born.

## Nicholas and Aphorn Lynx-Lomonde



Nicholas and Aphorn

Nicholas wrote on his form that he joined the Club because he needs to play sport, though he didn't specify *which* activity we'd see him pursuing with vigour now that he's with us. Previously in Singapore and Hong Kong, Nicholas has lived in Thailand for ten years now and he and wife Aphorn have two daughters at school here: Kanerngnit, 11, and Lynda, 10.

## Guy and Carrie Bondoux



Guy and Carrie

Checking out the F&B that night was the (relatively) new Executive Chef at the Mercure Hotel; Guy and Carrie are out here for a couple of years. Both Guy and Carrie are fairly good squash players, if the Squash reports of late are anything to go by! They have two children: Alex, 9, who was born in Syria, and Jeremy, 7, who was born in Guy's

homeland, France.



Joseph

## Joseph Smith

By now Jennifer should be the proud mother of a new baby, due in early May, a sibling for Thomas, 2 and a half years old —

congratulations! Joseph is out here with the Peace Corps for 3 years, having previously been posted to Micronesia and Malawi; he claims to be "interested in squash if I can find the time with two small children", Jennifer enjoys swimming and both put down "parenting" as a presumably full-time hobby!



Sam

## Sam Haggag

Oooh, did I have a whole range of "interesting" photos of Sam I could have used here; instead I decided on a moderately tame one of

a recent night out on the town—anything for the quiet life! Sam is one of the SGS multitudes, a Division Manager here for an uncertain amount of time, having previously lived in the Middle East, Africa, Asia and Britain. He lists his sports as rugby, tennis, squash, golf and badminton but I believe all the injuries are from rugby and I've seen a racquet in his hand once!





# Victories in Jaree's Last Two Matches!

**Y**es, if you thought you'd detected a significant reduction in decibels from the Surawong Sala of late, you'd be right — the mighty-volumed Jaree has finally gone west, or from Thailand make that 'gone further east', to Texas. There will be few in the tennis section who have not had their playing lives somehow made easier by Jaree, and many will miss her, not least of whom the committee members who have had to take on the roles of league organiser, ladder monitor, court booker, mix-in ball distributor, session sign-in book chaser, chief people mover and, along with sister Charmaine, super sala gossip relay person.



Le Frogs and the Brits relaxing after the match in May

But now that she's gone, who's going to order the tea and demand the pot of hot water; who's going to bully everyone to play when it's too sunny for most sane people to be out there sweating on court, and who's going to flout the "predominantly white" dress laws quite as gaily (and as regularly) as Jaree did? Yep, there's a lot we're gonna miss. Mind you, she says she'll be back in a few months; I'm in email contact so I'll keep you informed.

And as if to coincide with her departure in mid-June, we went and won the last two events that she played for the Club! Remarkable though it sounds, the mob that hiked out to Patana in May and those who played against the French community did us proud... somehow. Long may this continue. How could you leave us now, Jaree, we're on a winning streak?!

Lotsaluv  
Me

## Away Match vs Patana School Saturday 16th May

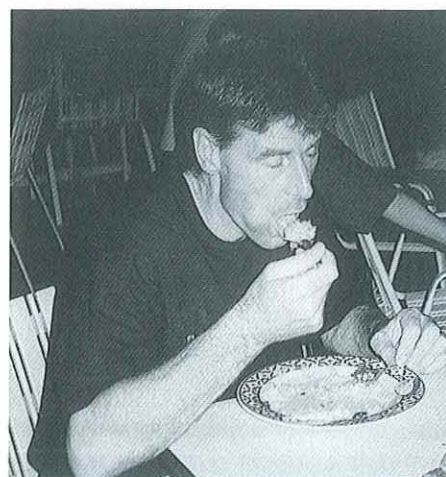
This event is now becoming one of the established fixtures of the BC's tennis calendar and, as many members of the Patana School team are also members of the BC, this is more of a social event than most.

As is wont at this time of the year, the day and indeed the late afternoon proved to be somewhat on the 'warm' side to say the least. Nevertheless all our players braved the scorching temperatures and presented themselves for play at around 3pm. Richard "Roustabout" Ellis was our host for the afternoon and it was he who organised the whole event. Other familiar names appearing on Patana's team were James (our revered new Club Chairman) and Linda Young, Shelagh Weekes and David Henton.

The venue was the 4 hard courts at Patana, which are set in a semi-rural surrounding

with trees and klongs abounding and almost peaceful if it weren't for the raucous cries of the nearby football players, some of whom had also found their way there from the BC. Is there no escape for us tennis players from these demons of the turf!!

The courts being only two years old surprisingly presented a rather sorry picture in that they had been badly repaired and patched apparently due to poor surface preparation when originally laid. Some of us thought how lucky we had been at the BC to have had a real quality job done by good old Pat "the" Dean, whose courts are still in excellent condition after 2 years of very hard use. It just shows how important it is to thoroughly research the specification and contract before parting with the money. However, the tennis was not at all influenced by any of this and there were some really close encounters of several kinds before the day was done. Of those, the closest of all came from Zandra and Pin who just managed to creep home with a 14-12 tiebreak. They don't come much closer than that. Another close one as Bernie and David B who just got by James and Peter in a 8-6 tiebreak. Gaynor and Jaree just lost their tiebreak against Linda and



Richard "Roustabout" Ellis piling in the calories...





Shelagh and to cap it all Bernie and Bruce lost their tiebreak against Alex and Andy, having lead all the way from 5-1 up. Almost impossible to do, you say, but this duo are always capable of achieving the impossible and on the day they well and truly did, snatching defeat from the jaws of victory.

All other wins and losses by both sides were rather clear cut affairs and as such not so newsworthy except perhaps that of mother and daughter duo Kn Napa and Pin, who actually managed to record a 6-0 win against Penny and Claire. Will miracles never cease?! It was also nice to see our old friend Oud back in playing mode after such a long absence from the courts. He soon showed us that he has lost none of his guile around the court, gaining a couple of convincing wins along the way.

From the start it had seemed that the BC were altogether too strong for Patana and would carry all before them, but in the event things got quite close towards the end and we were quite pleased to escape while still holding a clear cut lead. Things might have worked out quite differently if we had continued on for another hour. With a recorded 24 matches played in all, we



Jaree with her multi-signed card and farewell gifts



Rogues Gallery — some of Jaree's friends who turned out to wish her a fond farewell

scored 15 wins with 9 losses, so we can claim this as one of our very rare victories. Light refreshments were provided by the home side and literally gallons of soft drinks were consumed by all of us just to stay alive in the blistering heat. What we didn't manage to eat or drink was quickly consumed by the ever present "rat pack" (a cacophony of large and small disheveled incoherent uncoordinated cadaverous creatures otherwise known as 'children' by some distinctly distraught mothers). They appeared to be spreading everywhere as the evening darkened into night and it was with a certain feeling of relief that we unfettered few stole quietly away, back to the almost perfectly deserted peacefulness of the BC late on a Saturday night. You should try it some time.

## Home Match vs French Community

Saturday 30th May

This was a new fixture that was promoted by Marc Hagelauer who being more "Frog" than "Roast Beef" has all the right connections to bring it about. As a change

from our normal Sunday morning format and as Marc himself is never able to make Sunday mornings even if they appear on his computer calendar, we arranged to play on the popular Saturday afternoon slot, from 3pm; previous Saturday.

With more than a full team to hand we were in a good position to pick and choose pairings and so for once I was able to select the stronger players to match the opposing team's seeding. This resulted in what amounted to a comfortable win for the BC as both our men and lady players largely outplayed the opposition.

Amongst the men, outstanding wins were recorded by Tony and Richard as well as Andrew and Marc who much have broken Guinness records in taking over 1 hour to win 6-1. What were they doing down in there in the long (plastic) grass?!!

Noteworthy results from our ladies were achieved by Jaree and Mam at 6-0 followed by Zandra and Pin at 6-1. For a remarkable change, there were few losers, but amongst them were your Captain on a rare "off day" (that's his story) losing out with Kn Vorathep at 4-6, together with





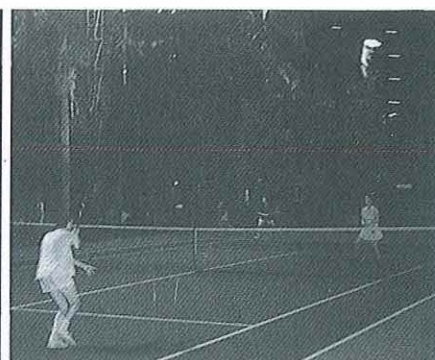
Aidan and Andrew at 3-6. Losers amongst the ladies were rather more numerous at 4 in all and in the mixed there were but 2 losses against 5 wins.

The final result was an overall win for the BC, the second this year at 15 matches to 8, which was a very creditable performance and leaves your captain at a rare loss for words. The players generally expressed approval of this mid-month Saturday afternoon format with running buffet rather than the more formal Sunday morning sit-down affair. Therefore it is hoped that in future months this Saturday mid-month format can become a regular scheduled event in our match programme.

Commissioner R.B. Gordon



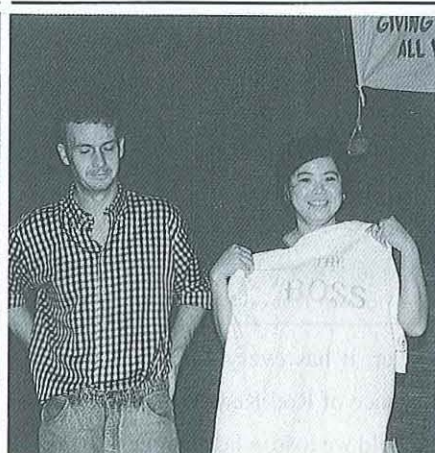
Ring-side seats provide the biggest smiles



Action aux française et les Brits



Accepting the victor's plaque, ahem



An appropriate thank-you present at the Club Championships Prize-giving Dinner for the one in charge...

## Obituary

### Khun Anant Meksakul

It is with sadness that we record the accidental death on the morning of May 20th, of one of our tennis coaches who has been teaching aspiring players at the BC for the past few years, as well as regular spots at Silom Club, US Embassy and other local clubs.

Khun Anant was perhaps a more familiar figure to us few early morning players and indeed it was whilst he was on his way to join us for 7am tennis that he was knocked off his motorcycle and died later of his injuries.

Khun Anant will best be remembered for his cheerful and helpful approach to coaching, as well as his undoubted prowess when persuaded to participate in serious play, and he was in fact a regular participant in many of the local Veterans tournaments.

Khun Anant, who was aged 55, leaves a wife and three young children, to whom we all offer our sincere condolences.

A collection for his dependents has already been made amongst his friends and regular customers but anyone else wishing to make a donation should contact Khun Vorathep on tel 234 6534 (day) or 235 4548 (eve).

**B.Gordon**





# BC Victorious Without Jinxed Kerr

One year into the reign of Rod Kerr, the BC boys have finally twigged why they haven't been winning games. It has nothing to do with beer, late nights, fags, or old age; the Gazza syndrome does not enter into the equation here.



The Victorious Team (without Rod Kerr)

Rather, it has everything to do with the presence of Rod Kerr. Whenever he is on the field we lose, whenever he is away, we win. It's as simple as that!

This was aptly demonstrated when the BC won its first tournament for a while against international heavyweights, the Pot Belled Pigs from Hong Kong, the Saigon Ghekos and our good friends the South-erners. In a 10 a side tournee held at NIST, the BC sans Rod Kerr, took on all comers and emerged victorious in each game.

In similar auspicious circumstances, the BC also defeated the ISB Old Boys a week later, and, in Rod's continued absence, defeated the Hong Kong Aberdeen side last weekend.

Moves are afoot to either kidnapp Rod on match days, or tell him the wrong kick-off time so that the BC's great run can continue. Joe Grunwell used to tell any outside half rival the wrong field to go to so Slap could prolong his very undistinguished career. Perhaps we should put Joe

in charge of keeping Rod from the field.

## BC vs Aberdeen

**Match report by Matt Minich (who was moving so slowly he had time to write the report!)**

In an exciting game of international fifteen-a-side rugby, the British Club Elephants pulled out another win to take their current winning streak to five games. On a cool overcast afternoon, BC stand-in captain, Bruce Hill, led his team out onto the NIST pitch to face an Aberdeen Football Rugby Club that had travelled from Hong Kong looking fit and practiced. The Aberdeen club put the first points on the board scoring on a quick run around after a line out to take the score to 5-0. The BC fought back through extremely hard and dedicated play by the forwards with Marco Belonje putting the ball down to even it up at 5-5 to end the first period. In the second period, the forwards continued to dominate the set play and strong

platforms led to tries by Dominic Whiting and Trevor Day to bring the score to 15-5. The third period started with Aberdeen requesting unopposed scrums since their hooker had a sore neck from the pounding the BC scrum had inflicted. Since there were no replacements on either side, the BC conceded to the poof scrums. This concession almost cost the BC the game as Aberdeen was able to actually win balls from the scrum and they put in a converted try to put the score to 15-12. The elephants battled it out until the final whistle to hold for a final score of 15-12.

The after game celebration was enjoyed by both teams in the Churchill Bar at the British Club. The highlights of the evening were the showing of the Honk Kong / Manila Tour video, watching England get thrashed by Australia, and the anal chug performed by an Aberdeen bloke with a naked Fish standing over him in the middle of the Churchill Bar.

## Isan Tour

The BC Rugby Section will break new ground later this month when they play their first ever game in the north-east of Thailand. On the weekend of 27/28 June, the BC will travel to Khon Khen to play the Vientiane Old Boys.

Ostensibly, the purpose of the tour is to say farewell to a few young lads who have served the club so well over the years: Skippy (who can't even play rugby), Tim Grayson (who thinks he can), Alec Stewart (a legend in his own lunch time) and Peter "Doc" Smedley, the team physiotherapist, will all be leaving for the UK in a short while. Any chance they can bring Rod Kerr with them?





## The Hong Kong Bank League

The league season is due to commence at the end of July with the BC odds on favourites to improve upon last year's performance. One solitary victory will ensure a successful season as the BC only managed to secure a solitary point last year with a dour 3-3 draw with the Southerners.

## Upcoming Fixtures

Rod Kerr should take note of the following fixtures:

BC vs Army	Roi Et
BC vs Navy	Koh Samui
BC vs Corsairs	Paris
BC vs RBSC	Aranyaprathet



Tim Grayson and Matt Minich keeping Rod from the game

Andy Davies

## Translation Titters

I heard recently that translators had finally completed the monumental job of translating into Chinese the British system of law used in Hong Kong, a task which took 10 years. In translation work, one must take into account cultural and social differences between nationalities, so you can imagine the fun they had translating the concept of British justice. To give you an idea, here are a few English subtitles used in films made in Hong Kong from the book *Sex and Zen & a Bullet in the Head* by Stefan Hammond and Mike Wilkins, published by Fireside:

"I am damn unsatisfied to be killed in this way."

You always use violence. I should've ordered glutinous rice chicken."

"Fatty, you with your thick face have hurt my instep."

"You daring lousy guy."

"Gun wounds again?"

"Beat him out of recognizable shape!"

"Same old rules: no eyes, no groin."

"I have been scared shitless too much lately."

"A normal person wouldn't steal pituitaries."

"I got knife scars more than the number of your leg's hair!"

"Damn, I'll burn you into a BBQ chicken."

"Beware! Your bones are going to be disconnected."

"Take my advice, or I'll spank you without pants."

"How can you use my intestines as a gift!"

"Who gave you the nerve to get killed here?"

"The bullets inside are very hot. Why do I feel so cold?"

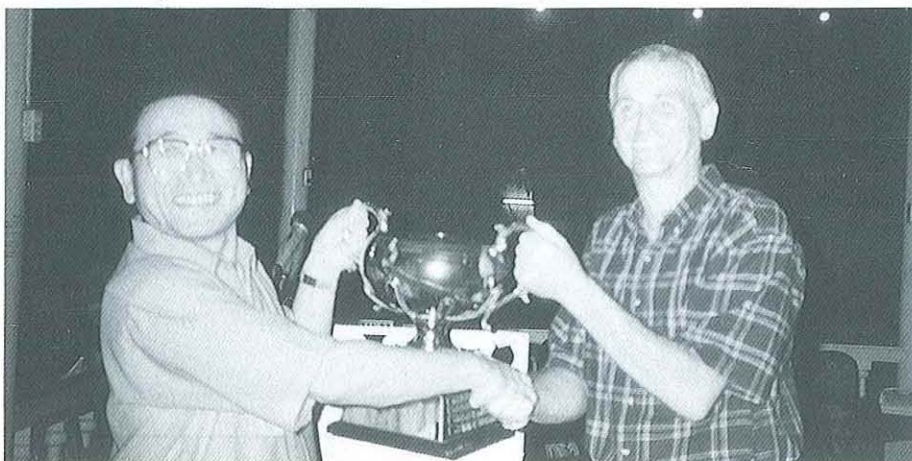
"I'll fire aimlessly if you don't come out!"





# Sampson Wins Electrifying Eclectic

**G**areth Sampson had an electrifying win in the annual three-day eclectic competition sponsored by OSRAM, held at Springfield in early May. Gareth won the event with a net 54. Ray Fazackerley was in second place with 58 and Chris Gething and Mark Verheyen tied for third place with a net score of 60.



Mr Suzuki presents Captain Bernie with the Honda Cup

Gareth is playing sensational golf at the moment. Having started the year with a handicap of 25, he turned in a gross score of 83 at the Johnnie Walker match against Delancys. The British Club team drew 3-3 and are now joint top in the league.

## British Club Win Honda Cup

In a good-humoured match against the Japanese Association, the British Club managed to win the Honda Cup for a second year running. Competition was tough with one Japanese player beating the course at Vintage.

## Whitewash

The British Club continued their winning form keeping the Emirates Trophy after a stunning 7-0 victory in a matchplay competition held at the President course on 6th June. The day was not only memorable for the size of the win but also for Khun Oy's beautiful hole-in-one. She used a pitching wedge on a 93-yard par 3 over water. We would like to thank her husband

for supplying all the beers. I would also like to thank my husband for picking up all the near-pins and longest drive flags nine holes too early thereby ensuring that his wife won all the technical prizes (that cost a lot of beers too). Team winners for the British Club were Mike Corey and Paul F Nears with a net combined score of 58. Runners up were Roger Fitzgerald and Taina Brindley with 59. For the British Embassy the winners were Khun Oy and Steve.

## Farewell to the Gethings

This is becoming a regular feature. However, Chris and Janet deserve special mention. Chris served as a very hardworking and committed captain ensuring that every event was well organised and a success. Janet was also very supportive to the extent that Chris managed to play his last game less than 12 hours before boarding the plane to go back home to Norfolk in the UK. Janet is now looking forward to gardening and teaching home economics again whereas Chris has his eye firmly

fixed on Cromer golf course and his new motorbike. We wish them well in their new life and hope they will stay in touch.

## Next Outings

Club Day — Sunday 12th July, 11am at Noble Place

Johnnie Walker Match vs Japanese Association — Saturday 18th July, 7.30am at Bangpoo

Match vs Lighthouse (sponsored by MERC) — Saturday 25th July, 7.30am at Subhapruek

Rysome Bowl (sponsored by Castrol) — Sunday 9th August, 9.40am at Vintage  
Johnnie Walker Match vs Geegees — Saturday 15th August, 7.30am at Bangpoo

**Karen Carter**

## Golf Tip from The Burglar

I hope the last tip on avoiding the dreaded yips has proved successful. There are certainly some unusual putting grips now being used by a number of our members. This month's tip is back to the basics of handling those tricky sloping lies.

• **Uphill Lie** — This shot usually creates little difficulty except that often the weekend golfer will leave it short. The ball will fly



Girl Power — Jo Goodliffe, Hazel Fazackerley and Cheryl Lamb





higher than normal so use a club one or two longer than you would on the flat. Make sure your weight is more on the front foot and hit into the slope.

• **Downhill Lie** — This is a more difficult shot as it is very easy to hit the ball 'thin'. Remember that the shot will fly lower than normal. Keep your weight more on the back foot and your head very still. Try to hit down and through.

• **Sidehill - Into the Slope - Ball Above Feet** — The tendency is to draw the ball

from right to left so allow for it. Lean into the slope a little with weight more on your toes. Don't fall away from the ball.

• **Sidehill - Slope Running Away - Ball Below Feet** — Most weekend golfers find this a more difficult shot as it is very easy to 'thin' or 'top' the ball. The ball will tend to fade from left to right so allow for it. Keep your weight towards your heels and your head very still.

Until next time, good golfing.



Thai Industrial Glass sponsor John Bevan presents first prize to Mr Kawano



OSRAM sponsor Mark Verheyen presents Gareth Sampson with the electric eclectic shield



Chris Gething wins his last prize playing with the British Club



British Embassy Captain Les Mount presents Bernie Adams with the Emirates Trophy



Waiting for the tee-off — Sherry Conisbee, Tony Bain and David Lamb



The Emirates sponsor presents the team prizes



Chris and Janet and their farewell cake



Chris poses with Roger Fitzgerald before teeing off for the last time in Thailand



# Calendar

British Club Sports and Entertainment Calendar - July

## Sunday



### Opening Times

10am-11pm	Churchill Bar
11.30am-2pm	Lords Restaurant - Lunch
6-10pm	Lords Restaurant - Dinner
7.30am-10pm	Poolside Bar
6am-9pm	Fitness Centre - Mon-Sat
9am-9pm	Fitness Centre - Sun/Hols
9am-5pm	Thai Massage - Tue/Sun

**5**

11am-1pm	Badminton - Soi Nares
12-2pm	Sunday Carvery - Lords
3-6pm	Tennis Mix - In
5.30pm	Sunday Carvery - Lords

## Monday



### Sports - Contact the following:

Aquatics	Liz Beal	262-9351
Badminton	Anant	654-0002-29
	Leighrahathorn	
Cricket	Nick White	246-0832
Football	Alex Forbes	260-1950
Golf	Bernie Adams	861-0608
Rugby	Jon Prichard	712-1650
Scuba	Cheryl Lamb	258-1382
Squash	Peter Corney	712-4398-9
Tennis	David Blowers	285-4721-2

**6**

8am	BWG Mahjong
9.30am	Aerobics
10.30am	Aqua Aerobics
6-8pm	Squash Coaching
7-9pm	Tennis Team Training

## Tuesday



**7**

7am	Ladies Golf
9-11am	Ladies Tennis
6-7pm	Masters Swim Training
7-9pm	Soccer Training
8-10pm	Badminton - Soi 22
8-11pm	Friendly Bridge
9pm	Gentlemen's Spoof

## Wednes day



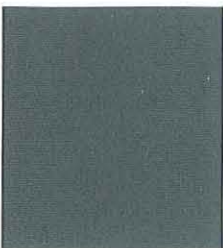
**1**

9.30am	Aerobics
5-8pm	Squash Coaching
6-9pm	Tennis Mix-In
6-9pm	Squash Teams competition

**8**

9.30am	Aerobics
5-8pm	Squash Coaching
6-9pm	Tennis Mix-In
6-9pm	Squash Teams competition

## Thurs day



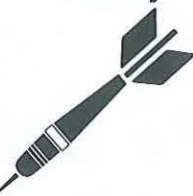
**2**

10.30am	Aqua Aerobics
6-9pm	Squash Mix-In
6-7pm	Masters Swim Training
7-9pm	Rugby Training
8-10 pm	Badminton - Soi 22

**9**

10.30am	Aqua Aerobics
6-9pm	Squash Mix-In
6-7pm	Masters Swim Training
7-9pm	Rugby Training
8-10 pm	Badminton - Soi 22

## Friday



**3**

9.30am	Aerobics
3-9pm	BC Tennis Coaching
5-7pm	Happy Hour! Churchill Bar
7pm	Social Darts

**10**

9.30am	Aerobics
3-9pm	BC Tennis Coaching
5-7pm	Happy Hour! Churchill Bar
7pm	Social Darts

## Satur day



**4**

8am	Junior Tennis
9am-1pm	BC Swimming Coaching
11.04am	Golf - Vintage
8-11am	Tennis Coaching
4.30pm	Casuals Football - Soi 15

**11**

8am	Junior Tennis
9am-1pm	BC Swimming Coaching
8-11am	Tennis Coaching
4.30pm	Casuals Football - Soi 15



**Don't Forget !!**

- Enrol the kids on the Sports Programme being held at the end of the month
- The World Cup Final on Sunday 12th, on the BIG screen — 'nuff said!
- TO SIGN UP AT RECEPTION FOR UPCOMING EVENTS WHERE NECESSARY... OR ELSE THEY MIGHT NOT HAPPEN!!

**12**

11am Golf - Noble Place  
 11am-1pm Badminton - Soi Nares  
 12-2pm Sunday Carvery - Lords  
 3-6pm Tennis Mix - In  
 5.30pm Sunday Carvery - Lords

World Cup Final on the Big Screen

**19**

11am-1pm Badminton - Soi Nares  
 12-2pm Sunday Carvery - Lords  
 3-6pm Tennis Mix - In  
 5.30pm Sunday Carvery - Lords

**26**

11am-1pm Badminton - Soi Nares  
 12-2pm Sunday Carvery - Lords  
 3-6pm Tennis Mix - In  
 5.30pm Sunday Carvery - Lords

**13**

8am BWG Mahjong  
 6-8pm Squash Coaching  
 7-9pm Tennis Team Training

**20**

8am BWG Mahjong  
 9.30am Aerobics  
 6-8pm Squash Coaching  
 7-9pm Tennis Team Training

**27**

8am BWG Mahjong  
 9.30am Aerobics  
 6-8pm Squash Coaching  
 7-9pm Tennis Team Training

School Holiday Sports Programme

**14**

7am Ladies Golf  
 9-11am Ladies Tennis  
 6pm Masters Swim Training  
 7-9pm Soccer Training  
 8-10pm Badminton - Soi 22  
 8-11pm Friendly Bridge  
 9pm Gentlemen's Spoof

**21**

7am Ladies Golf  
 9-11am Ladies Tennis  
 7-9pm Soccer Training  
 8-10pm Badminton - Soi 22  
 8-11pm Friendly Bridge  
 9pm Gentlemen's Spoof

**28**

7am Ladies Golf  
 9-11am Ladies Tennis  
 7-9pm Soccer Training  
 8-10pm Badminton - Soi 22  
 8-11pm Friendly Bridge  
 9pm Gentlemen's Spoof

School Holiday Sports Programme

**15**

9.30am Aerobics  
 5-8pm Squash Coaching  
 6-9pm Tennis Mix-In  
 6-9pm Squash Teams competition

**22**

9.30am Aerobics  
 5-8pm Squash Coaching  
 6-9pm Tennis Mix-In  
 6-9pm Squash Teams competition

**29**

9.30am Aerobics  
 5-8pm Squash Coaching  
 6-9pm Tennis Mix-In  
 6-9pm Squash Teams competition

School Holiday Sports Programme

**16**

6-9pm Squash Mix-In  
 6-7pm Masters Swim Training  
 7-9pm Rugby Training  
 8-10 pm Badminton - Soi 22

**23**

6-9pm Squash Mix-In  
 7-9pm Rugby Training  
 8-10 pm Badminton - Soi 22

**30**

6-9pm Squash Mix-In  
 7-9pm Rugby Training  
 8-10 pm Badminton - Soi 22

**17**

3-9pm BC Tennis Coaching  
 5-7pm Happy Hour! Churchill Bar  
 7pm Social Darts

**24**

9.30am Aerobics  
 3-9pm BC Tennis Coaching  
 5-7pm Happy Hour! Churchill Bar  
 7pm Social Darts

**31**

9.30am Aerobics  
 3-9pm BC Tennis Coaching  
 5-7pm Happy Hour! Churchill Bar  
 7pm Social Darts

**18**

7.30am Golf - Bangpoo  
 8am Junior Tennis  
 9am-1pm BC Swimming Coaching  
 4.30pm Casuals Football - Soi 15

**25**

7.30am Golf - Subhapruek  
 8am Junior Tennis  
 9am-1pm BC Swimming Coaching  
 4.30pm Casuals Football - Soi 15

**Venues**

Soi 15 NIST grounds  
 Soi Nares Behind Bangrak Police Station  
 Aerobics Surawong Room  
 Golf - As advertised





# Aussies on Top of the World!

## Mercure Hotel Sunday Mix-In – June

The **Mercure Hotel Sunday Mix-in** was held on 7th June and won by **Natalie Bennett** and **Guy Bondoux**. There were 15 keen players, with another three turning up too late to play, but hopefully they will be back again in July.

Congratulations to Otto and Guy who have made big improvements in their games; unfortunately this means that their handicaps will be adjusted by -4 and -5 for the next mix-in. Phil Evans was aiming for the highest negative score in his first mix-in since returning from injury. I think his handicap was a little too hard on the day and playing Marvyn and Bob would have tired him out for the following matches; they are both pretty fit for such old guys.

## Mercure Hotel Monthly Sunday Mix-In

The **Mercure Hotel, Bangkok**, is sponsoring the Sunday mix-in for the next 12 months. They will be presenting two dinners-for-two for each Sunday mix-in as well as prizes for other competitions.

## BCB vs Siam Cement

The BC played a team from Siam Cement on Friday 29th May with BC winning easily on the day. Results:

Dick Anwar	3-0	Kalin
Peter Corney	3-0	Somchart
Marvyn Lewis	3-0	Suksar
Tom Livingston	3-0	Tee
Mee	0-3	Deer
Rudi Spaan	3-0	Kittiporn
Ja	3-0	Kru
John Vivian	3-0	Phet
Wayne Needoba	3-0	Tony
Bill	25-25	Mark

The team from Siam Cement were inexperienced but very enthusiastic and were keen participants in the refreshments following the game. We hope to play this team on a regular basis which will be a good opportunity for the less experienced BC players to play representative matches.

## League 129

League 129 was completed on May 15th and the winners of each league were:

- 1 Tony Perkovic
- 2 Mark Reading
- 3 Paul Jensen
- 5 Bill Randall
- 6 Suharsh Mittal
- 7 David Parks
- 8 Howard Winn

To be eligible for a league prize you have to score the most points and play at least three games.

The league winners and all those players who completed all their matches were in the draw for a dinner for two at any hotel in the **Central Group**. This was drawn by David Overington and the winner was #@\$%! David Bryant, who has moved to Singapore. A second draw was made for a subscription to Tatler magazine and this was won by a very nice chap—yours truly—and Suharsh Mittal won a year's subscription to Traveller. These subscriptions were kindly donated by the **Bangkok Post**.

12 players completed all their matches and well done to league 2 for completing all their games.

## The Central Plaza Hotel League Prize

The **Central Plaza Hotel** has donated six dinners-for-two at any Central Group hotel which will be used for the next 6 league competitions. I fully recommend the fine Italian restaurant at the Central Plaza, Lad Prao.

## The Inter-Society

The Inter-Society Club Championships as held Sunday 17th May. This event proved to be very popular and was a great success on the day. All nominated players turned up and, fortunately, Terry Dawson answered a desperate plea to make up the full team for the Brits.

There were five teams of five players: Aussies, Celts, Europe, Kiwis and friends, and the English. The Celts had to recruit Gareth McIlroy from Malaysia to lead their team, lucky for them he retained his BCB membership. The Kiwis had to join with St Elsewhere this year because of a lack of available players.

Each match was to 15 on handicap and American scoring. The handicaps proved to be reasonably accurate except for Gareth and Tony, but these were adjusted after the first game. Only three players did not win a game but two of those, Bob and Otto, were playing at one and two in their teams, which meant that they had four very tough games against much higher rated players. Only one player, Paul Jensen, on all four of his games, which is pretty good for such an old guy. The Aussies had a narrow win over the Kiwis and Friends team and, in fact, the Kiwis actually beat the Aussies in their match but the Aussies had a better overall record. All the teams were competitive, especially when you consider that the difference between first and last teams was only 53 points, which is 2.5 points per player per game. The most vocal and enthusiastic team were the Europeans, whose support for their team matches was probably worth a few points a game. There were many great matches but two of the hi-lights were the games

### Summary of results:

	A	B	C	D	E	Total
A Aussies	XX	75	54	72	75	276
B Celts	52	XX	48	74	49	223
C Kiwis & Friends	61	73	XX	62	71	267
D England	59	53	64	XX	59	235
E Europe	53	63	65	66	XX	247



between Gareth and Tony for the high standard of play and the one between Dave Jewell and Otto for the enthusiastic barracking. It was a long day but everyone enjoyed themselves and certainly earned the drinks and eats on completion.

Thanks again to all the players who gave such great support for the event and to Barbara who arranged the trophies and the draw (and also the Aussie's team uniform).

### Future Events

• **Don Johnson Cup & Parra Handy Plate**  
These were held in June and at the time of writing 25 members had entered. The results will be in next month's *Outpost*.

• **British Club Handicap Tournament**  
The Handicap Tournament and Plate will be held in August/September; the sign-up list is on the squash notice board. This is a

chance for anyone, regardless of ability, to win a tournament, so make this the most successful championships yet. We are aiming for 50 entries.

### • Dawee Cup

The annual Dawee Cup against the Polo Club was held on Sunday 21st June; results next edition of *Outpost*.

### Fitness Tip

There are many British Club squash players carrying injuries at the moment, with most of these being muscle and tendon problems. This demonstrates the importance of warming up and stretching all your muscles before going on the court.

Before you do any stretching do five to ten minutes on the stationary bike to warm the body first, then stretch each muscle group. If you are unsure how or which

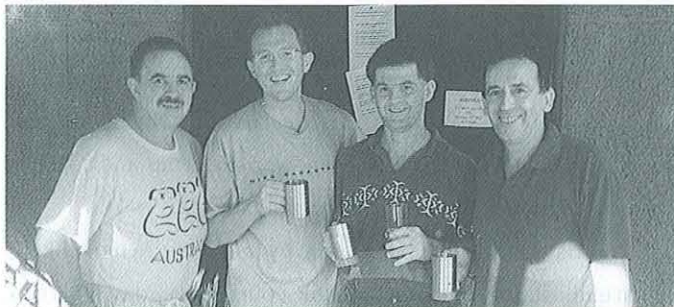
muscles to stretch the fitness staff will be only too happy to advise you.

### Gossip

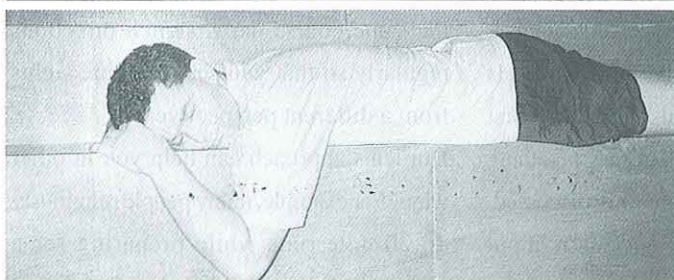
Overheard from one squash player: "How come girls start out so intelligent when they are babies but go downhill as they get older?"

I am definitely not buying into that one but with a sufficiently large bribe (a bottle of Galway Pipe port) the married with daughter player's name will be divulged in next *Outpost*.

Peter Corney



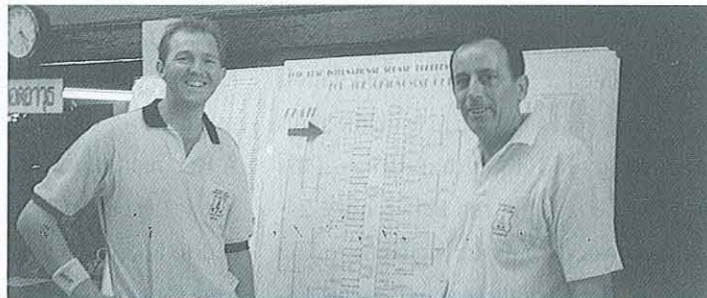
Showed those Kiwis this year



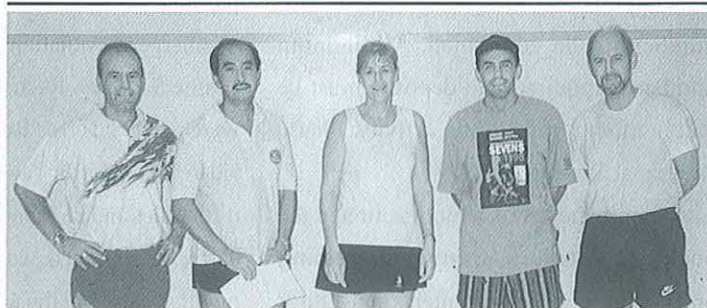
This was after the first game



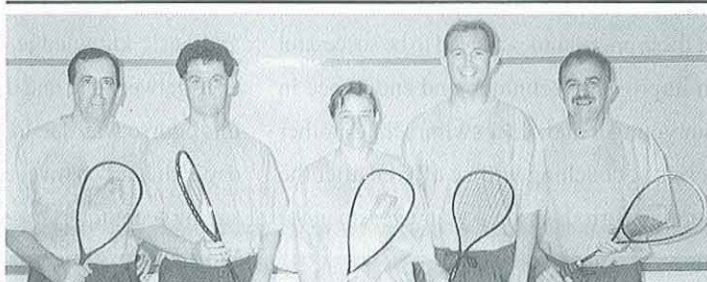
I'm going to do the handicaps next year



At the Doubles Championships



Inter-Society runners-up



Inter-Society winners



**H**oliday fever has hit Bangkok. What are you doing to keep your children entertained over the long holiday? The British Club is offering a choice of holiday programmes. A *Sports Programme* will be run at the Club on 27-29th July—a morning programme for 4-9 year olds is being offered in basic coordination, ball-handling skills, teamwork and water skills; while the afternoon will endeavour to attract the sports minded 10-15 year olds with tennis, cricket, football, swimming and much more.



Lisa Fitzpatrick - Sport & Recreation Coordinator

Finally, a **Sailing Camp** at Varuna Yacht Club is aimed at the 8-15 year old who is water confident and keen to learn the skills of sailing and boat handling. This programme is being run between the 24-28th August. Parents are welcome to join us/assist. For all of these activities it is ESSENTIAL that you sign up, in order for numbers to be confirmed. A minimum number is required and deposits must be paid a month prior to the activity. Please sign up at Reception NOW.

Last month there was a lot of action in the pool, with **Masters Swimming Training** on Tuesday and Thursday nights and **Junior Squad Training** on a Friday night. Both of these programmes proved to be successful in improving technique and endurance in our younger and older swimmers. Another series of coaching will be offered after the holiday period, so keep your eyes open for the start dates.

The British Club recently hosted two

**Snooker** teams from Singapore. Both teams enjoyed the facilities and hospitality shown by the BC. Photos and results can be found elsewhere in this issue.

At the time of writing there was a **Children's Movie & Dinner** planned for the 12th of June. Verbal interest has been shown in this event but due to numbers not being confirmed at Reception (sign-up sheet) this will probably have to be cancelled. Could I please encourage people to sign-up for events (fax can also be used), as the Club needs to cater in advance. It is a shame to see a lack of support for these events.

A **Resuscitation Course** on water emergencies and life-saving techniques for babies and toddlers was held on Thursday 24th May for new parents. The ten enthusiastic participants were talked through a variety of emergency situations by childcare nurse, Elaine Sadosky. Resuscitation techniques were practised on a "Resus. Baby" and first aid treatment for airway blockages, breathing difficulties and heart failure were discussed. There is so much we could learn about medical care, but the most important thing learnt in this session was that quick actions and basic knowledge could be the difference between life and death! A follow up to this course was due to be held on Wednesday 25th June, on water emergencies and life-saving techniques.

**World Cup Action** is well under way. I hope your team is standing up to the pressure.

Don't forget to sign up for the final on the 13th July.

As of the 10th July ALL classes — **aqua, aerobics, group swimming and tennis** — will stop until after the holidays, recommencing in the first week of September. Private swimming and tennis classes are still available upon request to me in the Fitness Centre.

A reminder to purchase your 100% **sunsafe** shirts, suits and hats from the Fitness Centre. A variety of sizes and colours are available so come and have a look.

Lisa Fitzpatrick  
Sport & Recreation Coordinator

## Count Minutes, Not Miles

To keep your running training fresh and interesting, measure your workouts in minutes rather than miles, advises former Olympian Benji Durden, who now runs and coaches in Boulder, Colorado.

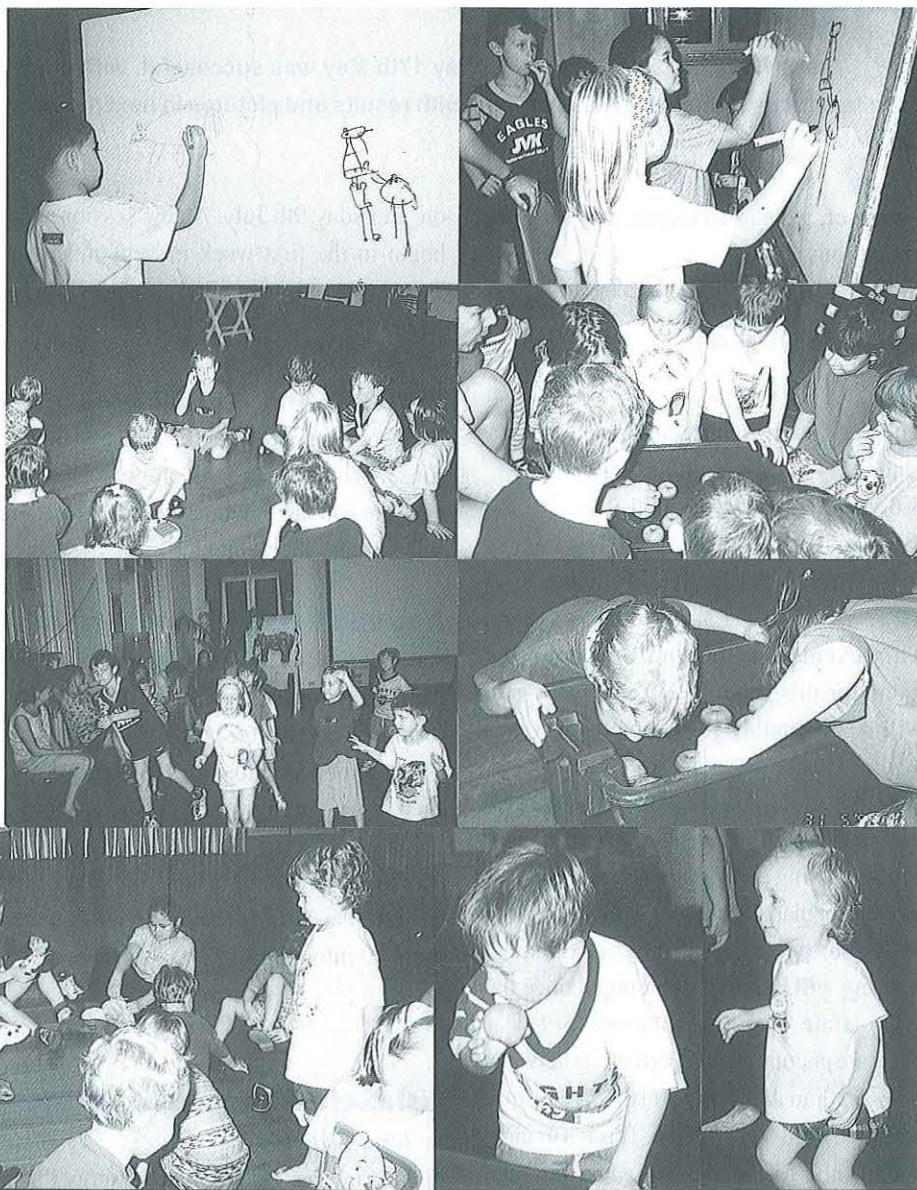
If you measure by miles you're more likely to run the same course every day. This can quickly become boring. (If you must run the same course daily, switch directions regularly so that you see the same sights from a different perspective.)

Durden's approach can help you in other ways. For example, many people religiously do 20-mile runs while preparing for a marathon. Come race day, their minds and bodies struggle through the later miles because the race takes longer to finish than did their long runs. So if you're preparing for a four-hour marathon, do long runs of three to four hours, and disregard how far you go. You'll be used to running for long periods of time, and the last few miles shouldn't seem so foreign.



Measuring time rather than distance can also prevent overtraining. It's very easy to fall into the trap of pushing yourself to complete a training course faster than you have before. Too often, runners who do so leave their best efforts somewhere on the tat training course. Durden advises matching time and distance only on planned hard days such as interval workouts and races. So if you know you usually run five miles in 40 minutes, set off in a new direction. After 20 or so minutes, turn around and head for home. You'll enjoy your runs more, and those old familiar courses will seem new again.

Source: *Vitality*, Vol E No. 5; *Fitnews* August 1991, Vol 9



Scenes of fun at the Children's Sports Day on May 31st, which became an indoor games day due to the downpour! As you can see from the photos, a good time was had by all.

## Pool Rules

Following several incidents of misbehaviour by children around the poolside area, the rules pertaining to pool area etiquette are being printed here to remind parents of appropriate behaviour:

- No running around the pool area
- Shoes to be removed before entering the pool area
- Diving in the DEEP end of the pool only
- Listen to pool attendants' instructions
- Do not climb over the balustrade
- Lap swimmers ONLY are allowed in the lap swimming lane
- Only children under the age of 8 are permitted on the play equipment and in the baby pool
- No eating or drinking in the pool.



# A New Shark in the Pool!

## Gala Champions

The Swimming Gala held on Sunday 17th May was successful, with many excellent races; there will be a full report with results and pictures in next month's *Outpost*.

However, we can announce the new gala champions:

Junior (Shark) Award	Laura Hughes
Sub-Junior (Tadpole) Award	Robert Hill

The age-group champions were:

Under 5s	Nicholas Law
5-6 years	Billy Hill
7-8 years	Robert Hill
9-10 years	Lauren Moffatt
11-13 years	Laura Hughes

This event saw the end of swimming galas for this school year. The next gala will be on Sunday 13th September.

## Junior Squad Training

Last month saw the commencement of junior squad training on Friday evening. This has proven popular and a lot of fun to get together with your peers. Another series of squad training will begin in September, once the schools are back. Sub-Juniors (5-9 year olds) are encouraged to participate between 5.45-6.30pm and Juniors (10-15 years) are welcome from 6.30-7.15pm. This is a training squad, not formal lessons; lessons take place for all age groups on Saturday mornings. Ask in the Fitness Centre for details.

## Senior Masters Training

Also running last month was the "Masters" training; a personalised training programme to improve technique and endurance for swimmers with some experience. The course was run over 4 weeks, twice a week, and proved to be successful. Another course will be offered later in the year.

## Aqua Aerobics

The new aqua instructor, Kikki, started classes at 10.30am on Mondays and Thursdays, starting on Monday 8th June and ending

on Thursday 9th July. A new session will begin in the first week in September on Tuesdays and Thursdays, as previously scheduled.

## Sunsafe Suit

Be a good example for children and don a sunsafe shirt. Sizes and colours to suit all ages are available in the Fitness Centre, in shirts, suits, shorts and hats.

## Aquatic Section Membership

A reminder to those of you interested in our Aquatic activities that you are encouraged to join the Section for only Bt 200 per year. This entitles you to discounts on events such as swimming galas and social activities that the Section offers. Forms are available in the "Swimming" pigeonhole in the Clubhouse. Completed forms can be dropped into the Fitness Centre.

Lisa Fitzpatrick

## Fish School

by Terry Laughlin

Fish go farther, faster, on less energy than we'll ever manage. But we can borrow some of their most efficient techniques by training the nervous system, not the aerobic. Here's a plan for replacing simple yardage, repeats and intervals with four strategies of fish-like swimming.

- **Count your strokes regularly.** Your best measure of efficiency is how many strokes you take getting from one end of the pool to the other. As fatigue mounts and efficiency falls, your stroke count can balloon by 30% or more as you diligently train your nervous system to lapse into inefficiency.

- **Practise stroke elimination.** Make

efficiency, not yardage or speed, your objective. Set a stroke count target of 10% lower than your norm. If you usually take 22 strokes per length on endurance swims or repeats, set a new limit for yourself of just 20. See how far into a swim or set you can hold that, instead of how fast you can finish or how tight an interval you can manage.

- **Streamline yourself.** Whenever you're not counting strokes, work on getting your nervous system used to efficiency-promoting skills. None of these come naturally and all take work to get used to, but they produce results:

- *Get that head down* — If more than a sliver of the back of your head shows above the surface as you swim, you're holding your head too high. Ask a friend to check you.

- *Swim downhill* — Shift your weight forward until you feel as if you're leaning on your chest. It keeps your body more horizontal (more "slippery") making your hips and legs feel lighter. That reduces the need to kick and tire out your leg muscles.

- *Swim taller* — The most important thing you can do with your hand is *reach, reach, reach*, not pull, pull, pull. This gives you a longer stroke and a longer, sleeker "vessel" which will slice far more easily through the water. Also, slice your hand in close to your head instead of reaching over the water.

- **Swim less, drill more.** If, despite your best efforts, you find yourself unable to reduce your stroke count to a consistent 20 strokes per 25 metres, you're better off doing more drills and less swimming. Your stroke inefficiencies are so stubborn that every lap you do simply makes them more permanent. The way to build better habits is to spend more time doing drills than conventional swimming. Try doing at least 60% of your yardage in stroke drills for the next month or two and see how your stroke reacts.



# Sinking Singapore

In May the BC were challenged to two evenings of friendly snooker against Singaporean clubs, the Tanglin Club and the Chinese Swimming Club; our first interport snooker matches in at least three years. A strong BC team was assembled for both matches, comprising Khun Kamol Skolthanarat, Brian Griffin, Khun Kittisak, Gavin Broad and Barney Phillips.



The matches consisted of several singles matches and some doubles, with an overall good showing by the British Club to triumph in both matches.

The results were as follows:

## Tanglin

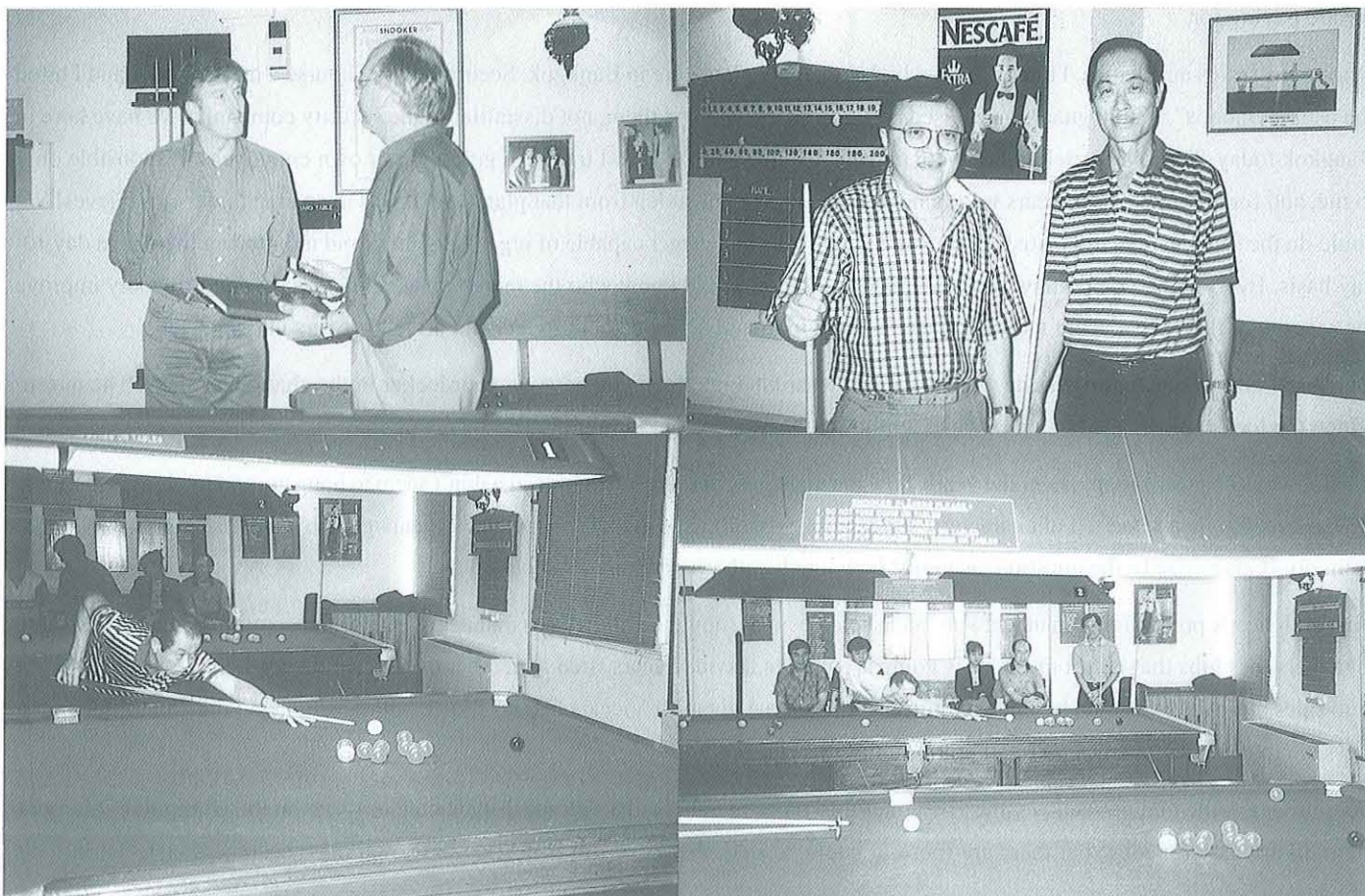
Singles BC 5 - 1 Tanglin  
Doubles BC 3 - 2 Tanglin

## Chinese Swimming Club

Singles BC 6 - 1 CSC  
Doubles BC 1 - 3 CSC

Khun Kittisak was a strong force in the BC team, and Khun Kamol managed a useful break of 28 in one frame. All in all a great performance!

We have already heard from the 'Programme Executive' of the Snooker & Billiards section of the Chinese Swimming Club and the 'Captain of Overseas Trips' of the Snooker section of the Tanglin Club, both thanking us for the match and the hospitality and suggesting return matches, so perhaps when a Snooker Section is up and running...!





Dear Editor,

This club has gone through a lot of changes through the years, and I am happy to say, mostly for the good, in my opinion anyway. However, nothing in this life can ever be perfect, and we are not without some nasty thorns sticking in our side. Oh, I am not talking about the tennis section having to threaten an E.G.M. to get a lightbulb replaced on the tennis courts, or our club manager, Tom Bain, laughing when our friend Ronald (Bruce) Gordon reported to him that his locker in the men's changing room had been cleaned out by a thief, who obviously had a key, and seeming to dismiss the matter, Tom that is, by declaring that it happens in all clubs; or words to that effect. So it happens, but it is not a laughing matter. Ron made a lot of noise about it, and quite rightly so, but for Dugal Forrest (as the then Chairman) to write a letter to the *Outpost* magazine (September 1997) defending the Club's position, even, as it seemed to me, hinting that Ron was in the wrong, I think was just a tiny bit odd. Nevertheless, he is only human, Dugal that is, and nobody can knock his chairmanship over the past three years; he has maintained this club in fine fettle.

Of course these two security gates that we now have at either end of the Club still do not sit well with a few. They were put in without any feedback from the members before the work was started. Complete lack of transparency on the part of the Committee. As our friend Ron (Bruce) Gordon, again, remarked: "They look very threatening to the uninitiated, but not so much to us regular members". This club is nearly one hundred years old; if they were really needed, why have we taken so long to get around to putting them in...? Anyway, we have them now, and they look good, even if they have done nothing to improve the security of the Club...!

Let us never forget, it was soon after these "security" gates were installed that this club suffered possibly its biggest theft ever, during close to the one hundred years that it has been here. A thief, or thieves, entered the men's locker room over by the swimming pool, with keys, and cleaned out six, I think it was, lockers. Now it is quite irrelevant what was in those lockers; the fact is, they were in there, the thieves that is, and took away not pockets full of loot but bags full. The question is how did they get in there, and of course, how did they get out again, with all those bags. What happened to our "security" gates and the guards from the security company that we are paying for.

During the fifties and sixties, I ran a motor vehicle assembly plant here in Bangkok. Security was of course a major factor, and I hired the usual "Baboos", Hindu guards, organised by their elders amongst them, not dissimilar to the security companies we have here in Bangkok today. They were useless, we were plagued by constant theft, so I trained a group of our own employees, responsible only to me, and for the next fifteen years we did not have a single item stolen from that plant, and it was in an area thick with thieves! We could do the same here at the British Club, but it would take a manager capable of organising them and monitoring them on a day-to-day basis. Everybody would know who they were, and they would know who the members were. It would unquestionably improve the security of this club; even if they did open the gates for members they knew, to let them drive their cars into the Club.

One last word on this security thing. It is irrelevant what kind of a lock you have on your locker in the changing rooms. The tabs to which the locks are attached to are made of a mild steel, so can be cut through in less than a minute.

It has always been surprising, over the years, how the managers of this club of ours just don't seem to hang around too long. Of course we have had quite a selection of characters, some quite extraordinary in their behaviour, in years gone by, and few were sorry to see them go. It gives rise to the question, as to just how much authority a manager should have.

This club needs professional management, and such a person should be allowed to manage. None of the committee are professional managers, of clubs that is, yet the story is going around the David Viccars fired a member of staff for disobedience, an infraction of club rules, but was overruled by the committee. If this is true, then Mr Viccars had no choice but to resign, and the committee sent a message to the staff that they were all untouchables.

Committees come and go, and we must be grateful to those members that volunteer their time to serve on the committee. Many of them do not stay for long, but there are those, it could be said, that have stayed for too long, and have become dictatorial in their



attitude. Mr Keith Bell, who was the professional manager of this club for six years, and who David Viccars replaced, was also overruled by the committee, which left him no alternative but to resign.

When a committee, or a long term member of that committee, causes two good managers in a row to resign, then there is something wrong with the procedure by which that committee administers this club. Even Dugal Forrest, in his capacity as the Chairman of this club, has clearly stated that we should take a long hard look at it all and see if we can come up with a role a little more in keeping with modern practices. Please see "From the Chairman" in the February 1996 issue of the *Outpost* magazine.

Even the Bible states that a man cannot serve two masters. The manager of the British Club has to serve ten; all the members of the committee. This of course is ludicrous, so he should be responsible only to the Chairman elected by the members, at the A.G.M. every year, and not by the committee itself. Committee members should be no more than prefects of the Club, responsible to the Chairman.

Perhaps, during the time of our new chairman, the committee could become a bit more transparent, and we could all enter into a debate on this subject. 'Letters to the Editor' of *Outpost* could be encouraged, if someone could start the ball rolling, but please, no censoring, not one single word. A private member of a private club has the democratic right to have his/her letters printed in their club's magazine. No self-appointed busybody should be so smug as to think that they have the duty to edit other people's letters. Of course, if a letter is obscene, then it will be ignored, and the writer told to go wash his/her mouth out with soapy water...!

During the recent AGM held in the Suriwongse Room, and to which only just a quorum of members turned up, a young man suggested that the staff of our club receive a bit of on-the-job training, to increase their efficiency no doubt. Another member pointed out that the staff in the Churchill Bar were inattentive. Both these gentlemen received an extraordinarily negative answer. It was suggested that anybody who has lived in Thailand for a long time knows that Thais cannot be trained...! This of course is rubbish, and I have trained many during my years here. It just takes the right people with the right attitude, but this applies to any country on this planet. I spent twelve years in Vancouver, British Columbia, and hired many young people, but found that most of them had a very poor attitude towards work. So, it is my opinion that Thais are better workers than Canadians, and respond better to instruction, if properly given...!

**James A. Reid**

**R11**

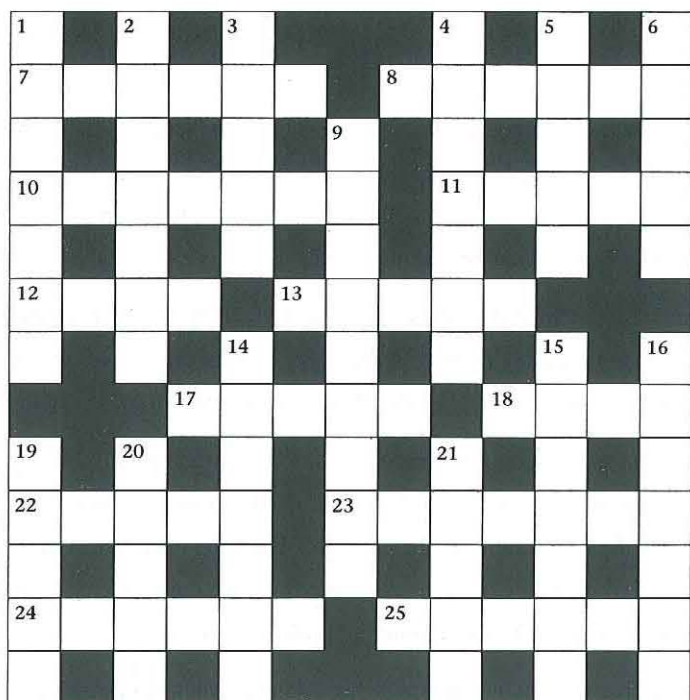
### Editor replies:

Of the issues James raises in his letter, I have probably heard members voice more opinions on the security and management of the Club than on any other. It would be interesting to see *your* viewpoints on these and other matters printed on this Letters Page, and I promise your contributions will not be edited without warning! — G.





# Prize Puzzle!



If you can solve this reasonably simple mixed-bag of a crossword compiled by our very own Margaret Miller you deserve to feel elated. However, if you can also stuff the completed puzzle down a fax machine pronto and press 285 4723, you stand a seriously good chance of feeling much more than just elated, as there is a bottle of wine from the BC to be won here for the first *correct* solution to find its way to my desk. Get solving and celebrate your achievement in style!

## Clues

### Across

- 7 Birds you'll find in a bit of bother on Saturdays!
- 8 Counsel a short advertisement on sin
- 10 Things that would make your hair curl!
- 11 With nothing, Mother, and a little laugh, you'll get a place in Nebraska
- 12 Went down below
- 13 Pile of stones for a wee dog
- 17 Brown it somehow for a very big fellow
- 18 Uncouth—but sounds as if it's regretted
- 22 A mule of importance to Muslims
- 23 Go ahead, lend the money
- 24 No local taxes, so make a speech!
- 25 A cream used by tourists everywhere

### Down

- 1 Girl's name with three a's in it
- 2 I come down to earth again here
- 3 Make a petition on them
- 4 Put off the roan Jud deranged
- 5 The time to go to Kew?
- 6 It's OK to do it if it is
- 9 Religion with a bad end for a capital city
- 14 Trade is disrupted by such outbursts
- 15 Pole in Turkey was employed in the old prisons
- 16 We learn somehow for something replaced
- 19 Right out for a coach
- 20 It's a form of servitude
- 21 Artless, back on Lake Geneva's shore

### Last month's solution

T	H	E	R	I	N	G	C	Y	C	L	E		
E		T		S				O		A		G	
D	O	U	B	L	E			S	K	A	T	E	R
E		D		E		I		O		E		E	
U	B	E	R		O	N	E			F	I	N	E
M		S		D		T		W		N		N	
				M	A	R	R	I	E	S			
M		B		Y		O		E		C		S	
I	G	O	R		A	I	R		B	A	C	H	
N		H		H		T		B		N		E	
O	P	E	R	A	S			H	A	N	D	E	L
R		M		I				S		L		L	
		P	E	A	R	L	F	I	S	H	E	R	S



# While at the Edinburgh Festival...

A short walk from Queen Street in the heart of Edinburgh, the Royal Scots Club was founded in 1919 in tribute to those who fell in the Great War. The brochure boasts "country house charm and a cosy club atmosphere"; certainly the photos shown here would seem to warrant that description.



Each of the bedrooms has been individually designed and traditionally furnished (doesn't the four-poster look wonderful?); indeed, everything about the interior appears tasteful and luxurious.

The dining room offers table d'hôte dinner every night, "fine Georgian fayre", which must include Scotch salmon judging by the number of pictures of it in the brochure, as well as the tranquil view over Queen Street Gardens; the bar and fire-lit lounge areas are open for lunch and afternoon tea.

## Work Off The Excesses

Within the Club is the well-equipped "Fitness First" leisure club with gymnasiums, sauna, steam room, jacuzzi, solarium, aerobics studio and creche; enough to work off Festival excesses, to prepare yourself for a day's sightseeing or simply for the exercise-addicted to get their daily fix while on holiday.

There's also meeting and conference rooms and full business support facilities for those not going on holiday.

Moreover, situated just behind the Club on a charming cobbled lane is the Royal Scots Mews—self-contained townhouses which can comfortably sleep six, with full access to Club facilities.

Members requiring more information about this or any reciprocal club/society please contact the General Manager or contact the club direct (see the Yearbook for the listing of contacts for affiliated clubs and societies worldwide). And if anyone *does* visit this (or any other) reciprocal club, please write a quick couple of paragraphs about it and include any photos you took. Personal recommendation is the best type there is.

Gaynor de Wit





# Get Lost.

*Go on - lose yourself in a good book. In the last rays of the setting sun. In the beauty of the waves crashing onto Nai Harn Beach beneath your magnificent private terrace. Check your cares in with our guest relations and let our friendly staff do your caring for you. For further information on our breakaway package or reservations, contact our Bangkok Sales and*

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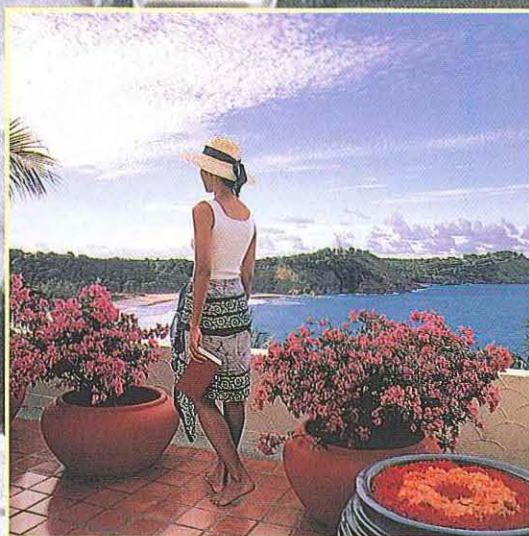
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# The UK Spring '98 Budget – Some Gain But Some Pain

**T**he election of the Labour Government in May 1997 brought a change in administration in the UK for the first time in nearly two decades. The present Labour Government has now introduced three Budgets but it is perhaps the last on March 17th which has given Labour and its reforming Chancellor the opportunity to show its real intentions.

Unfortunately the Consultative Budget announced last November revealed only a little of Labour's real thinking. Whilst Gordon Brown had decided to achieve change by way of consultation, it was always likely that some radical changes would be brought in overnight in order to stem any planning opportunities and rearrangement of an individual's affairs by advisers. The principal areas that affect the British Expatriate are as follows:

- Income Tax
- Capital Gains Tax
- Inheritance Tax

## Income Tax

The Labour Party was elected upon the commitment not to increase the top rate of taxation beyond 40%. Simply increasing the rates of Income Tax would therefore have been politically unacceptable (even with the hefty majority commanded by the present administration) and the Chancellor duly gave the commitment not to change either the basic or the higher rates during the lifetime of this Government. However, Income Tax is a wide field and by tinkering with the current rules, particularly for non-residents, it is quite easy to bring into the UK tax net forms of income that previously enjoyed substantial relief. Whilst in opposition, Labour commented in 1994 that "in Britain it is very easy for a few, even if they live and work here, to avoid substantial amounts of tax through claiming to be non-resident... Today it is

possible for an individual to fly into Britain every day of the year and not be treated as resident so long as he is absent for a few hours each day". The fear for the British Expatriate was that Labour would be keen to end the advantages of non-residence and the significant tax savings that can be afforded to those individuals.

Whilst the Income Tax advantages of non-residence are not, as yet, specifically affected, the Chancellor has acted with immediate effect to end the Foreign Earnings Deduction (FED) which provided the 100% deduction for earnings from employment carried out during a "qualifying period" of 365 days overseas. The Chancellor's argument is that FED was never designed to protect UK residents from double taxation—there are other measures which enable UK residents to deduct tax paid overseas from their UK liability to tax. He has also placed the onus on taxpayers to notify the Inland Revenue if the amount of foreign paid tax is subsequently adjusted after a claim for double taxation relief.

The key now is timing. Expatriates must aim to be out of the UK for a full tax year in order to establish non-residency and in planning all overseas assignments, the tax considerations will necessitate advice being sought prior to setting dates.

## Capital Gains Tax

Prior to the March Budget, Capital Gains Tax has only been paid by some 30,000 or

so people each year. Indeed, many economists in the past have argued that the abolition of Capital Gains Tax would lead to a more effective use of capital and remove a tax that was complicated and expensive to administer. However, the wholesale abolition of Capital Gains Tax was always extremely unlikely, particularly under a Labour administration, and the Chancellor has not chosen to do it.

The Chancellor has acted to reduce the effective rate of CGT on longer-held assets, as low as 10% in some cases. However, the Labour administration has also expanded the net in relation to those individuals chargeable to Capital Gains Tax. Prior to this Budget, British Expatriates who were considered non-residential were able to dispose of assets without fear of incurring a Capital Gains Tax liability. Now, however, individuals who acquire assets whilst tax resident in the UK for four out of seven tax years prior to departure and become non-resident for less than five years will be liable on gains realised after their departure, the tax becoming due on their return. Fortunately the change is not retrospective—it only applies to individuals leaving the UK after the day of the Budget. If substantial sale of assets or shares therefore takes place during a period of an overseas posting, it becomes important to ensure that an absence of five complete tax years is achieved in order to avoid CGT on return.

The Chancellor has also acted to stem the practice of "Bed and Breakfasting". Under this, a taxpayer would dispose of assets whilst remaining tax free, re-acquiring at a higher price to minimise future CGT. Under the Budget proposals, a period



of thirty days must now elapse, serving as a substantial damper on this process of reducing potential liability. He has also abolished indexation relief, and gains from 6th April will be fully exposed to any inflation effect if in excess of the exemption level of 6,800 GBP (1998-99).

## Inheritance Tax

Whilst in opposition the Labour Party commented: "It is unacceptable that Inheritance Tax can be operated by tax planners as a voluntary tax. If society is to have Inheritance Tax, it must be operated fairly". The Inheritance Tax threshold has been raised to 223,000 GBP per individual—a surprise for many, the further surprise being that the Chancellor has allowed trans-

fers between marital partners to continue. The major surprise, however, was that individuals can still transfer assets to third parties and avoid Inheritance Tax provided they survive seven years (potentially exempt transfers).

## And Finally...

Gordon Brown announced that "catch-all" anti-avoidance legislation will be announced in the next Budget. This is a radical measure. Whilst the legislation to enact this is still being tinkered with, the expatriate has a "tax holiday" of just one year to take professional advice and implement practical tax avoidance measures.

Our plain advice has to be call in professional assistance now rather than let the

stable door slam shut in April 1999. After that time, any scheme could become null and void, and possibly illegal, if seen by the Inland Revenue as a device simply engineered to avoid tax.

**Aidan Bailey BA(Hons) MLIA(dip) and Kevin Williams** are executives with **Wilfred T. Fry Limited** of Worthing, West Sussex, and visit Bangkok on a regular basis. The next visit will be in early September but, in the meantime, they can be contacted at Wilfred T. Fry Ltd, Crescent House, Crescent Road, Worthing, W Sussex BN11 1RN, UK, or telephone +44-1903 231545, fax +44-1903 200868 or e-mail: [wilfred@wilfredtfr.co.uk](mailto:wilfred@wilfredtfr.co.uk).

# Make the most of your British Expatriate Status

Many expatriates believe, mistakenly, that UK tax concerns only UK residents – **a misconception which can prove expensive**. It is essential to receive expert professional advice if you are to be free of the UK tax net and capitalise on being an expatriate.

## Examples of costly mistakes include:

- ◆ Failing to claim the tax refund due for the year of departure.
- ◆ Failing to plan for a return to the UK.
- ◆ Failing to plan for a return to the UK.
- ◆ Wasting the potential benefit of independent taxation of husband and wife.
- ◆ Misunderstanding the new Self-Assessment system.
- ◆ Failing to plan for a return to the UK.



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Please send me more details of your personal tax advisory service, together with my free copy of "The British Expatriate".

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# The Boutique Wineries of South Australia

Last year Neil Paulett and some of his staff of Paulett Wines visited Bangkok on a promotion tour and our management arranged for a wine-tasting in the Suriwongse Room. It was a well attended, instructive and very enjoyable evening. Keiko and I were particularly struck by their '95 Cabernet Merlot, and still have a couple of bottles left, as we tend to keep them for special occasions.

## PAULETT'S



At that time we were in the early stages of planning a possible visit to Adelaide and mentally noted we would pay a return visit to Paulett's Winery if we could.

One of the best "happenings" in Australia's wine industry over the last 15 years or so has been the number and variety of boutique wineries springing up. Pauletts, for example, started in 1987, the year I left Oz for Bangkok. A boutique winery is small, generally owned and managed by the winemaker and run as a family business. Having established what varieties can best be grown and flavours developed, they tend to concentrate on a few wines of excellence.

They are much more fun to visit than the major wineries like Penfolds, Orlando,

McWilliam's, etc, because these large conglomerates tend to be rather like a conveyor belt, and encourage bus loads of tourists. Whereas the boutique wineries won't accept large groups without a special appointment and discourage them anyway. Inevitably they are very welcoming to families and in our experience one of the family usually joins for a chat and, being very proud of their vineyard, are more than happy to discuss the area, their wines and their hopes for the future. Some of them have small restaurants, others have lovely lawns with a few tables and chairs where one is welcome to bring a picnic lunch and enjoy a bottle of their wine. Inevitably they will supply glasses, plates, cutlery and serviettes.

Early this year the decision was made that we would join my son in Adelaide towards the end of his 6-week stint as a visiting lecturer and, although we could only manage a week, we resolved to hire a car and spend 2 1/2 days visiting what are arguably two of the best wine-growing areas of South Australia, the Barossa and Clare Valleys.



A warm welcome from the Seven Hills vineyard in the Clare Valley. The sign above Keiko's head reads "Life is too short to drink bad wine"....

As Keiko had never visited SA, Simon and I mapped out our route and the Boutiques we would visit. We were very lucky as the weather at the end of May can be changeable, but the sun shone every day for us and light clothing was essential.

The first day we visited

Henschke's, Rockford's, Peter Lehman's and Charles Melton's boutiques in the Barossa Valley, staying the night at a typical country pub, the Harndorf Hotel. However, we can't leave the Barossa without some comments about Rockford's.

Australia has developed a world niche for magnificent sparkling red wines that are incredibly full-bodied and leave an after-taste that can be mind-boggling! In Oz, Rockford's sparkling shiraz is called the "Holy Grail" and has carried off the first prize in this category since the first bottling. Peter O'Callaghan, the winemaker and owner, makes a very limited bottling and limits the number of bottles he will sell to any buyer. As soon as the vintage is available the roads are packed with enthusiasts hoping to get a couple of bottles. When Simon comes to visit us from Oz, his entrance fee is a bottle of sparkling shiraz, to be obtained by fair means or foul! Unfortunately when we called, the year's vintage had been sold out, but he did have a very special bottling of 350 magnums that was kept on the lees for 3 years before disgorgement. We drank number 63!

### Pauletts Revisited

The second day we left for the Clare Valley, and whilst looking at the map Keiko suddenly spotted Pauletts and reminded me we had promised ourselves a visit. Like many boutiques the winery is on the highest point of their vineyards which gave a magnificent view over their land, and in their tasting room they had a floor to ceiling window to allow visitors to appreciate the beauty of the place. When we introduced ourselves as being from the British Club we were warmly welcomed by Alison, and those who attended the tasting will probably recognise her from the photo. Unfortun-



nately Neil was not at the winery that day, but Alison promised to give him our calling card and thanks from the BC for a memorable evening in Bangkok. We said we hoped that on his next promotional trip to Thailand he would remember us!

We talked about their wines and the healthy outlook for the wine industry in Oz as well as the contractions and increased wine taxes in Thailand. After a lengthy bout of tasting and talking, we decided that our original favourite, the Cabernet Merlot, was still favourite and that the '96 was just as good as the '95, which gave us the excuse to carry off a couple of bottles! Purely for medicinal purposes, of course.

So if any of you visit the Clare Valley, Pauletts is a must; the scenery is marvellous, the wines great and the welcome very, very warm.

That we also visited Jim Barrie's, Skillogalee's and Seven Hills, and stayed the night at the Mintaro Mews. Very much a boutique hostel, lovely buildings and garden, family welcome and a large cellar where you are invited to select your own wines for dinner. However, before leaving the Clare Valley, a few words about Seven Hills winery is a must, as it is unique. It is a monastery and the church was named after the founder of the Society of Jesuits, St Ignatius Loyola, in 1541. It is the oldest winery in the Clare Valley (1851) and their winemakers are monks trained at their European monasteries. It was the sole provider of altar wine

to churches of various denominations in the whole of Australia in the mid- to late-1900s. It is still a major supplier of altar wines, but the Chief winemaker in the '40s and '50s as experimenting with table and dessert wines and began to get a reputation for very fine reds. My last visit was in the mid-'60s, when I came away with a very fine dozen of their Cabernet Sauvignon which subsequently won many prizes, and

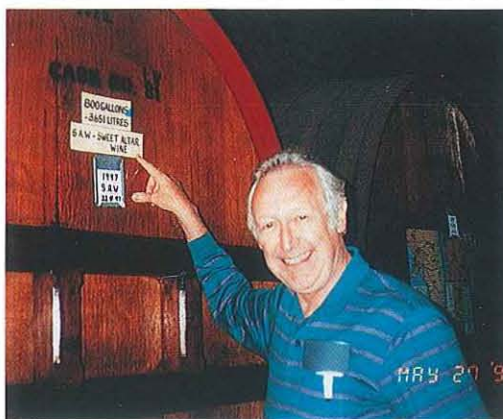
they still do. We came away this time with a bottle of Cabernet Sauvignon 1996 specially made to celebrate the 500th anniversary of St Ignatius' birth.

The next day was a gentle run back to Adelaide, to continue our enjoyment of this most Mediterranean city of Oz.

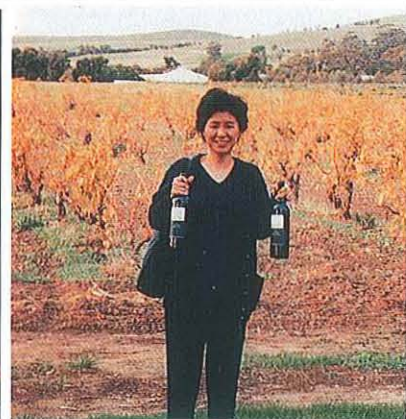
David Turner  
(T42)



With Alison at the Pauletts Winery



An 800 gallon barrel of altar wine at Seven Hills vineyard; at one time this monastery made altar wine for the whole of Australia



Before and after! A beautiful backdrop at the Peter Lehman vineyards in the Barossa Valley

## Farewells

A shorter list this month, mercifully, of those departing company, including Ron and Sudasri Appleby, John and Judith Blaxland, Raymond and Irene Challis, Brian Churchman, Chris and Janet Gething, Jeffrey Kemp, Laurence Lipman, Mike and Angela Poustie, Iain Schofield, William and Margaret Stanley and Ken and Pamela Turner.



# Members Club or Community Centre?

**A**s promised last month, this is where we depart from tradition and the Portfolio holders of the General Committee give their personal thoughts and, where appropriate, those of their sub-committee, on the thorny issues that occupy much of our time. It is my intention to bring these matters to the attention of all members to permit a reaction either favourable or otherwise before a decision is made in Committee. It would be appropriate if comments could be in writing so that they can be published in *Outpost* to generate a debate.

**James Young  
Chairman**

**T**he British Club of Bangkok is a private club, of which the facilities and services are for the convenience and pleasure of the membership. These members pay a joining fee and a monthly subscription, which is the mainstay of the Club's viability. Typically such clubs rely heavily on monthly subs for guaranteed recurring revenue to cover expenses, and on joining fees to provide cash for capital investment. Food and beverage (F&B) can then be offered at very competitive rates as a service to members, not as a primary source of profit.

A community centre, on the other hand, is a facility made available for the general public often without a joining fee and generally with no monthly subscriptions. Revenue (and profit) is derived from a pay-as-you-use policy and charges (unless a subsidised operation) for facilities usage and F&B are geared towards generating profit.

It would appear that at The British Club we have fallen somewhat betwixt and between over recent years. Perhaps under the mistaken pretext that more bodies mean more F&B sales, which in turn meant more profitability, the Club has relaxed its policy on the usage of the Club by non-members. Rule 61 (a) stipulates that non-members who are resident in Thailand may use the Club only three times per year (unless the General Committee consents to further visits).

However, it is vital to grasp the concept that 10 non-members, using the Club on average once per week (assumed to be spending Bt 500 per visit, which would give approximately Bt 50 profit after all costs have been allocated), generate the same profit for the Club as one new individual member who joins, pays his/her subscriptions and stays in Thailand for say 3 years (average stay):

## Monthly contribution: one new member (Individual)

Joining Fee: Bt 35,200 ÷ 36 months	Bt 978
Monthly subscriptions	Bt 971
Usage: 1 visit per week @ Bt 50 profit per visit	Bt 216
Total monthly contribution:	<b>Bt 2,165</b>

## Monthly contribution: 10 non-members

Usage: 1 visit each per week @ Bt 50 profit per visit	<b>Bt 2,166</b>
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Of course, one could argue that the facility overheads and the staffing are already provided, so extra usage by non-members is a bonus... but what if everyone took that approach? Better to believe (and I certainly do) that a good percentage of the frequent (non-approved) non-member users of the Club would become members if there was perhaps a greater expectation for them to do so after their allotted 3 visits per year. Non-members are welcome, very welcome; we should all bring them to view our exceptional Club and explain what great value it is. Better still, have the General Manager, Tom Bain, or the Membership Manager, Khun Goi, show them around. But let's not get carried away... three visits is the rule.

I guess the message to members is to please work on the non-members who regularly use the Club and encourage them to join, in the interest of and fairness to existing



Mike Lamb

members. If we are to balance the books, either membership numbers or subscription fees have to increase. The Club has the capacity for more members: 150 new members would generate an additional Bt 150,000 monthly recurring income and Bt 4.5m for funding facility improvement... it's your call!

In closing, the General Committee is working hard to address the negative cashflow situation that the Club has experienced over the last twelve months through a concerted effort to increase the membership base whilst maintaining the past traditions of the British Club. Mailings are being carried out monthly to senior expatriate executives throughout Bangkok, inviting them to view the facilities. We are also examining the various membership categories and associated rules, following which we will almost certainly be proposing some amendments at an EGM later in the year.

**Mike Lamb**

*Mike Lamb, and his wife Cheryl, joined the Club in 1994 after 2 years in Bangkok. He was elected to the General Committee in March 1997 and in October 1997 took on the membership portfolio. He is currently Vice-Chairman.*

*The membership sub-committee comprises Mike Lamb, Jamie Woodford and Alex Blackwood.*



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#### Membership

Membership is open to citizens of all nationalities.

#### Sports and Entertainment

Active sports sections regularly organise football, rugby, golf, tennis, squash, badminton, cricket, scuba diving, and swimming and other aquatic activities. And there's several Club events to help you meet new friends, including food promotions, wine-tastings, stage entertainment and festival celebrations as well as the acclaimed Christmas Ball on the back lawn. The kids are also well catered for with many fun activities organised, such as discos, sports and games.



#### Facilities

The British Club features a 25 metre swimming pool, 4 floodlit tennis courts, 3 squash courts, a fitness centre, specially designed children's pool and play area, a snooker room, three function rooms, massage service, games equipment, big screen TV and satellite and an extensive video library.



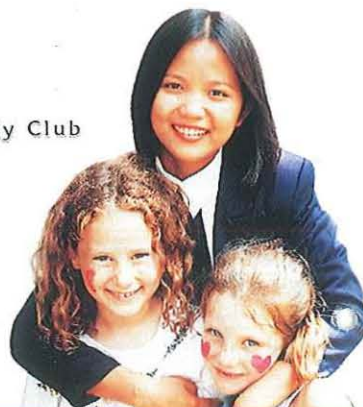
For more information about Membership please contact the Marketing Manager at:

#### The British Club

189 Surawong Road,  
Bangkok 10500, Thailand  
Tel: (66-2) 234 0247, 234 2592, 266 0597, 266 4734  
Fax: (66-2) 235 1560  
Email: [britclub@loxinfo.co.th](mailto:britclub@loxinfo.co.th)



The British Club - Bangkok's All-In-One Sports, Dining, Entertainment and Family Club





# British Club General Committee



**Dugal  
Forrest**



**James  
Young**



**Bernie  
Adams**



**David  
Turner**



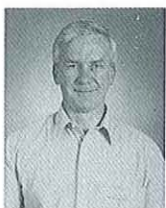
**David  
Henton**



**Mike  
Lamb**



**Colin  
Hastings**



**James  
Woodford**



**Peter  
Bond**



**Nick  
Bellamy**

## The Committee is:

James Young	Chairman	Tel: 714 9040	Fax: 714 9039
Mike Lamb	Vice Chairman	Tel: 237 0777	Fax: 237 0780
Nick Bellamy	Treasurer	Tel: 236 5227-9	Fax: 236 5226
Bernie Adams	Sport	Tel: 861 0608	Fax: 861 0484
Dugal Forrest	Club History/ Centenary	Tel: 398 3807	Fax: 399 1564
Colin Hastings	Food & Beverage	Tel: 240 3700-9 x1511 Fax: 240 3843	
David Henton	Club Development	Tel: 254 6819	Fax: 254 4849
Peter Bond	Entertainment/ Promotions	Tel: 253 9521	Fax: 255 5759
David Turner	Policies and Procedures	Tel: 618 6516	Fax: 279 1234
James Woodford	Security and Membership	Tel: 326 0660	Fax: 326 1123

## Club Staff



**Tom  
Bain  
General Manager**



**Barry  
Osborne  
Operations Manager**

If you have any questions about the British Club or if you have any suggestions, please call any the Committee Members above or the General Manager on 234 0247, 266 4734 or 266 0597 or email us on <britclub@loxinfo.co.th>



# The Most Successful Yet!

**A** total of 113 people attended the two evenings of the Greek Food and Drink Promotion in Lords on 22nd and 23rd May. This makes it the most successful food promotion at the Club to date.

Guest of honour on the Saturday evening was Vassilis Papadopoulos, First Secretary at the Greek Embassy. He was very complimentary about the authenticity and delicious taste of the food. One interesting fact he told us was that there are only about 40 Greek families residing in Bangkok; no wonder there are so few Greek restaurants here!

Many thank yous are required. Most especially to all the Club staff including the

chefs, Lords staff and the gardeners who worked hard to set the restaurant up and provide the guests with good food and friendly service. The food was part sponsored by our Club suppliers, Khun Ken from **Bangkok Continental Delicatessen**, **Berli Jucker**, **Khun Anont**, **Khun Somnuch** and **BeLucky**. The **Greek Embassy** supplied some of the decorations and Greek music and **Olympic Airways** provided decorations, Metaxa brandy and Ouzo.

Melissa Perkovic celebrated her birthday during the promotion; one of the photos below shows her having blown out the candles on her cake!

The authentic Greek menu included Kukuvia (*tom yam ruam mit talay*, without the chillies), Domatosalata Horiatiki (Greek salad), Rengosalata (smoked fish salad), Tiganites Tiropities (fried cheese pies) and Arni Sto Harti Kleftiko (lamb roasted in oil parchment). Mmmm!

Tom Bain







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