

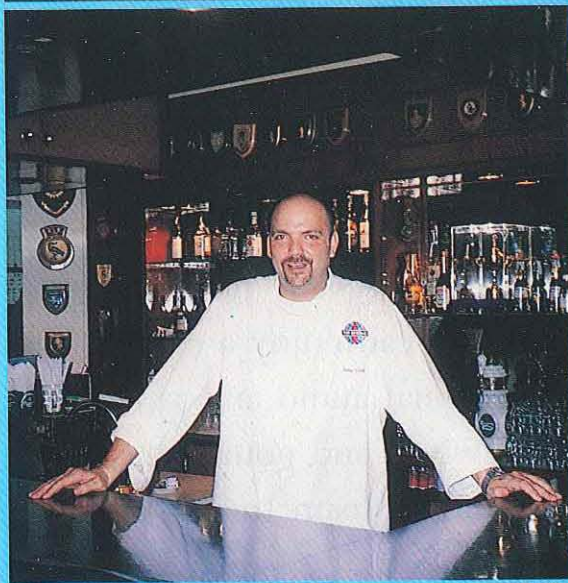


Outpost

July

M A G A Z I N E

2000



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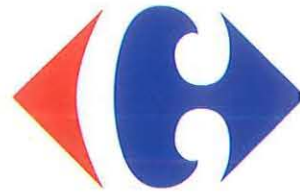
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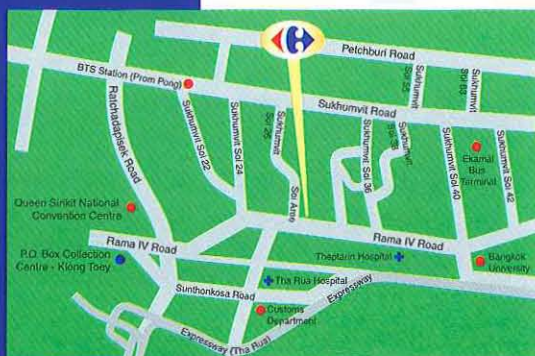
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The British Club

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For details about the Club contact the Membership Marketing Manager at 189 Surawong Road, Bangkok 10500

Tel: 234-0247, 234-2592, 266 4734 or 266 0597 Fax: 235-1560

Email: britclub@loxinfo.co.th Website: www.britclub.com



Contributions

If you would like to Contribute to Outpost please contact the Editor, Gaynor de Wit, on Tel: 285 4721-3, Fax: 678 1292



Outpost Magazine

The contents of this magazine are not necessarily the opinion of the Editor, the General Committee or the management.



Chef James Ormsby, master of all he surveys!
Some of the budding chefs learn the Ormsby way
The S.L.A.G.S. exerting themselves again
A soulful look from one of the Khao Yai trippers
New Members Simon and Mandie Farmer

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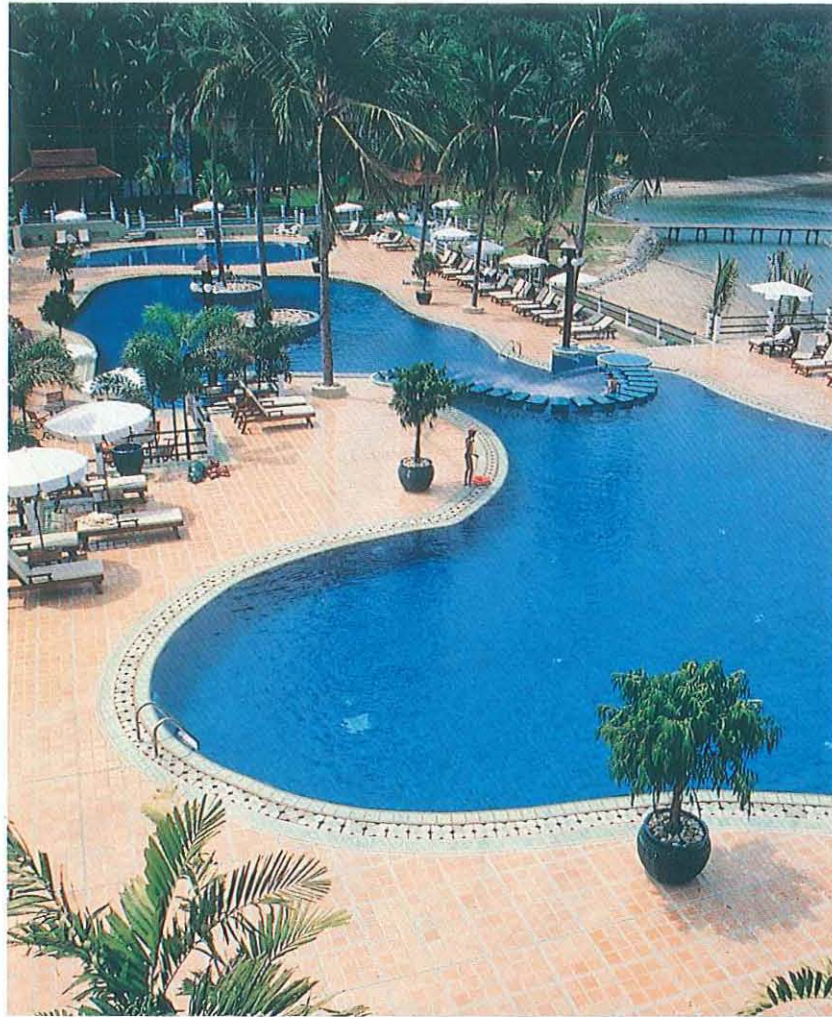
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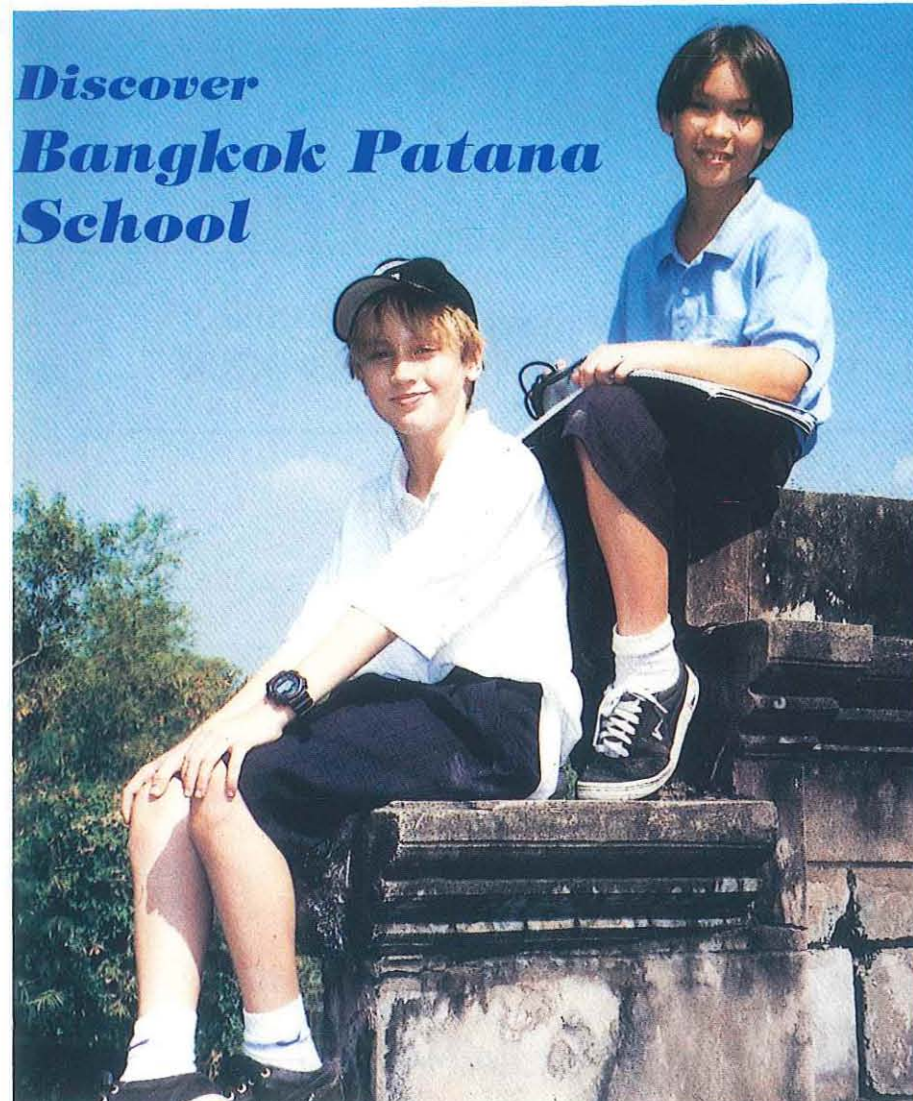
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Food for Thought

Another month, another message and another magazine full of goodies. You may notice – unless you're completely beyond salvation on the marketing front – several 'starbursts' (technical term) peppered throughout this issue advertising the new PABX 'phone system being installed at a Club near you, officially by the middle of this month. No need to remember all those other numbers from now on, just the one, the original one at that.

This month's "Meet a Member" is actually a misnomer, as I just had to interview Eric and Margaret Miller together, you just can't imagine them apart – and if/when you read the article, you'll understand why. So far I haven't received a bean of feedback on the Bryan Baldwin exposé, but we pachydermic editors plough on regardless.

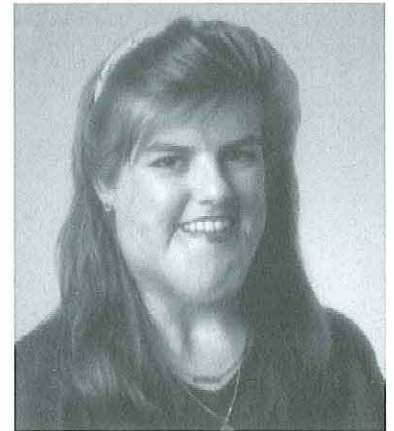
Also this month I've printed the complete committee and contact details for the four Loyal Societies, these are among the several community organisations listing the British Club as their home. Anyone with any connection to the four countries of the UK – and indeed those with even tenuous connections, in some cases – may find these societies a fun way of meeting new people. There's a lot more to them than just the annual ball!

Several of you will be reminded of that delicious taste you were left with in May, when Chef James Ormsby dropped by and knocked together a culinary feast; the report on both the evening dinners and the cookery class on the Saturday morning are in this issue, as are the reports on the BC trip to Khao Yai and the BC dinner cruise. And if you think these articles are starting to sound the same, or you're fed up of seeing Barry's name at the bottom of them all, please feel free to volunteer an hour or so to write up an event you attended recently; Barry would thank you for it and so would I, as it would be one less thing I need to extract from him!

Also in are the results of the F&B survey, with several constructive comments submitted by members. There are some conflicting suggestions among them, which might make taking *all* members' ideas into account a tad awkward! It might be interesting to look at a year's sales in the salas and the Churchill Bar to see what dishes *really* score highest in the popularity stakes, and compare that to members' stated preferences. I'm all for extra choice at any outlet, but I'd probably advise against removing fish and chips from either of the menus!

Call me odd, but I find I eat more hot (temperature-wise) foods in the open-air salas, such as burgers and stir-fried Thai dishes, and more salads and lighter foods in the air-conditioned Churchill Bar (Caesar and seafood salads highly recommended there). Same goes for drinks. I guess a comparison of the volume of hot tea – that great British staple – ordered in the salas vs. the Churchill Bar as a percentage of business might also prove interesting. All this talk of food, I'm making myself hungry here!

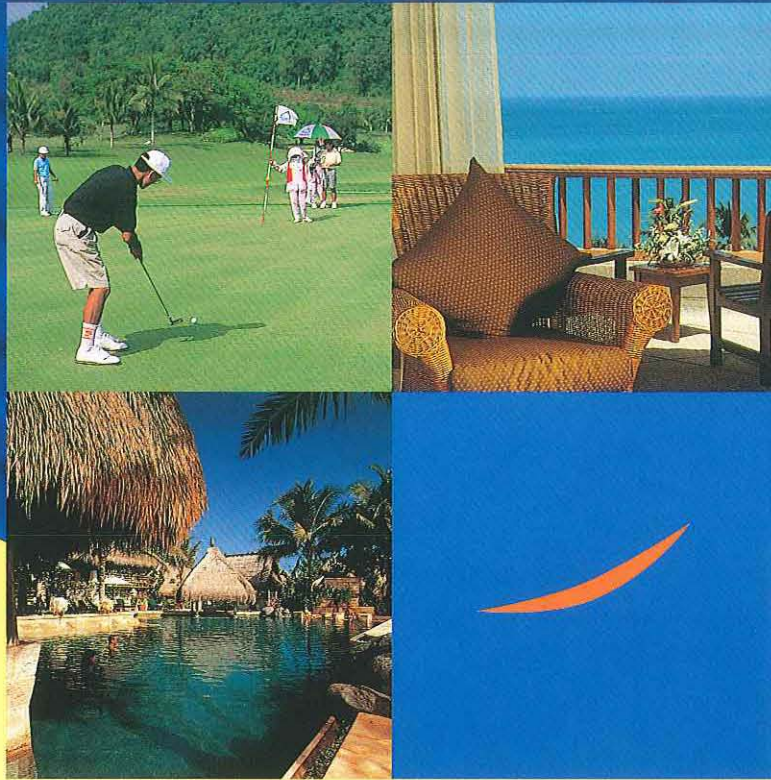
Roll on the rainy season!



Gaynor de Wit - Editor

A handwritten signature in cursive script that reads "Gaynor de Wit". The signature is written in dark ink and is positioned above the printed name.

Gaynor de Wit
Editor



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For most of us the summer holidays are coming up over the next few months. Nevertheless, for the Members and their families who will be staying in Thailand there will still be plenty of activities at the Club.

I would like to thank all the Members who signed up for the Direct Debit System at the Club. This is the first time that the British Club has implemented a payment system of this kind. We have to apologise for the confusion regarding direct debit arrangements with Hongkong Bank. Yes, it is possible and all Members with standing orders with Hongkong Bank will receive soon a separate application form.

Also thanks to all the Members who commented on the Food questionnaire; we received more than 180 replies, almost 20% of the entire membership. The results of this questionnaire are published in this *Outpost*.

Renovations to the Club are ongoing and we would like to inform everybody that the Silom Sala will be closed for two weeks from the 6th to the 22nd July inclusive. Contractors will place a new floor and the old wooden fence will be replaced by a concrete fence similar to the existing one around the children's pool.

Recently we held a fire and safety survey for the Clubhouse and poolside buildings, conducted by Mr. Bob Brenner. From the middle of August onwards works will commence to improve the fire safety of the buildings.

On the personnel front I would like to inform everyone that Khun Ratchanida (Khun O) has been promoted to Training Officer, effective 1 July 2000. Subjects like English Language Classes for front-of-house staff, first aid training, telephone manners and general service and attitude training will be on the agenda, to name just a few.

We are in the process of updating our email directory for Members. Presently we have email addresses for only about 400 Members; we believe that 95% of Members have access to email at home and/or at work. Please forward your email addresses to Khun Weena, email address: britclub@loxinfo.co.th. In the near future all promotional activities will be announced by email, flyer distribution by mail will be discontinued by the end of July.

Finally I would like to wish all Members and their families a pleasant and enjoyable holiday and a safe return to Bangkok.

Yours sincerely,



Willem T .P. Pentermann
General Manager



Willem T.P. Pentermann - General Manager

**Please
Note!**

**From 10th July the Club
will have a new PABX
telephone system, so there's
just one number to dial:**

234 0247

Tzatziki Till You Drop in Mid-July!

Coca-Cola Factory Tour ■■■■

Friday 7 July

Another BC Day Trip, this time one for the kids! Enjoy a trip to Coca-Cola, the largest soft drink factory in Asia, along with a McDonalds lunch, followed by games, T-shirt painting, face painting and a magic show on Friday 7th July. Cost is Bt 800 for adults, Bt 650 for children under 12. The air-conditioned coach will leave the Club for Coca-Cola at 9am.

Greek Food Promotion ■■■■

Friday-Sunday, 14-16 July

Celebrate our 22nd food promotion in Lords Restaurant by tucking into this authentic "all you can eat" delicious Greek buffet. As much tzatziki and houmous as you can devour! Just Bt 500 for adults and Bt 350 for children under 12 including

complimentary drinks. (Note: Friday and Saturday – dinner only; Sunday – lunch and dinner.)

"Waking Ned" Film Night ■■■■

Friday 21 July

Watch this hilarious Irish film on the big screen at its premiere in Bangkok! Find out how a small village in Ireland resurrects "Ned", who dies on learning of his windfall in the National Lottery! The evening starts in the Surawongse Room at 7.30pm and costs Bt 250, which includes an Irish Stew supper.

Wine Tasting Evening ■■■■

Friday 28 July, 7.30pm

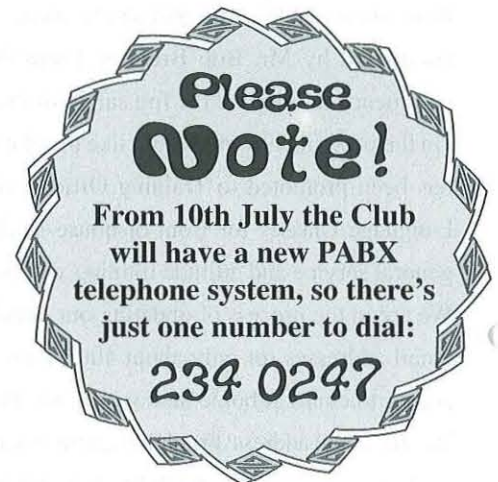
Once again join Mr Wine, alias Tom Westbury of PTK Marketing & Management, in the Snooker Room for a

few glass of wine to help you relax after a stressful week. A few BC canapes will also be on hand, and once again it's *free!* For more details call Barry or Khun O, or sign up at Reception.

Bar Quiz Bafflers! ■■■■

Friday 25 August

By popular demand, the BC will be racking members's brains with another Bar Quiz in the Churchill Bar on Friday 25th August, kicking off at 8pm. Was the "Spoofers" resurgence just a bit of luck? Teams of six are needed, at just Bt 100 per head; sign up at Reception (ten teams only).



REGULAR EVENTS

Churchill Bar Cocktails! ■■■■

Now available: a small range of cocktails at just Bt 95 per glass! Currently we have Mai Tai, Pina Colada, Banana Daiquiri and a special Cocktail of the Month; if these prove popular we will expand the list to include more of your favourites.

No Fixed Abode in the Bar ■■■■

Friday nights

Come and listen to 'No Fixed Abode', Bangkok's Celtic, Antipodean and folk band, every Friday in the Churchill Bar from 8pm until midnight, and enjoy an

evening of good music, fine fare and convivial atmosphere!

Poolside BBQ: ALL YOU CAN EAT! ■■■■

Friday nights

"All You Can Eat" at the barbecue at the poolside every Friday from 6.30-9pm, including beef burgers, lamb koftas and sausages, and the likes of tiramisu for dessert, all for the ridiculously low price of Bt 295 for adults and Bt 185 for kids under 12 – and the kids get free Coke too!

Kids Corner ■■■■

Every weekend there are activities for kids. Orange squash and popcorn will be provided free of charge at both events. For details, please contact the Club.

- Saturdays – a cartoon movie from 2pm onwards in the Surawongse Room or the Wordsworth Room.
- Sundays from 2pm to 3.45pm – children's games on the front lawn, such as lawn games, board games and an art corner. At 4pm there is a cartoon movie shown on the second floor of the Clubhouse.

FITNESS CENTRE UPDATE

Super Sun Protection

The BC has sun-suits – brand name Quincy Quokka – in all sizes for children, large and small. We can order you your size if we do not have it! Prices range from 980 baht for little ones to 1330 baht for big kids, so come in and take a look.

Tennis and Squash

Accessories

Head tennis and squash racquets and accessories from **Dr. Racket** are *now available at 10 % off retail...* an excellent deal for Club members only. We have 4 demo racquets for trial use (3 times maximum please), if you want to try another style of racquet we can book an

appointment for you and Dr. Racket will bring it to the Club on a mutually-agreed date. All racquet sales are 10% off retail prices. Children's racquets are 895 baht, and Adult racquets ranging in price from 3,000 to 12,000. Come in and take a look.

Stringing Service

For squash and tennis racquets available through Dr. Racket. Free stringing with Head or Pacific strings; 50 baht charge if you supply your own string. Strings available are viewable in the Fitness Centre.

Pick-up	Delivery
Tuesday	Thursday
Thursday	Saturday
Saturday	Tuesday

Regular BC Sports Programmes

Friday Tennis for the Kids and Adults, Aerobics, Aqua Aerobics, Cardio Kick, Swimming lessons (Tuesdays, Fridays and Saturdays) will resume in part in the first week of September. (Flyers will be sent in August giving programmes and teachers for September 2000.)

Kids Pool Revamp

In case you did not notice the children's pool has been re-tiled, it is a super addition to the BC attraction for kids: safer, cleaner and better than its predecessor!

BC Summer Camps July and August

• Stroke Development Swimming Camp

July 18th-21st: 4 x 45 minutes classes, with Justin Stafford and Quentin Stossel

Junior Development (3-6 yrs) 9:00-9:45 a.m.
Stroke Development (6-8 yrs) 9:45-10:30 a.m.
Minimum 3 children and a maximum 7 per instructor.
Cost: 990 baht.

• Advanced Swimming Camp Ages 9

July 19th-21st: 3 x 2 hr classes, with Justin Stafford and Quentin Stossel

Stroke Improvement (9+yrs) 10:30 a.m.-12:30 p.m.
Minimum 3 children per class and a maximum of 14. (7 per instructor). Cost: 1,400 baht

• Sailing Camp

August 14th-17th, Varuna Yacht Club, Pattaya

The trip is all inclusive of transportation, accommodation, food and sailing. Beginners will learn to sail in Optimists; more advanced sailors will learn in Lasers.

Children must be 9 years of age or more, and able to swim 50 metres. Life Jackets are compulsory for all students. Minimum 6, maximum of 18 students. Cost: 6,350 baht.

• Sports Camp

August 21st-25th, British Club, 9:00am-4:00pm

Age groups are 5-8 and 8-13. The children will partake in lessons of Tennis, Swimming, Squash, as well as a plethora of other games, art activities and movies. All food and drink is included - leave your kids at the BC for the day!
Cost: 4,900 baht.

Fax to 235-1560 E-mail: britclub@loxinfo.co.th , or sign up at Reception

Name: _____

Club no. _____

Child Name	Age	Development Swimming	Advanced Swimming	Sailing Camp	Sport Camp

Refurbishment and Upgrading of Club facilities

I have received many positive comments with regard to the changes being instigated around the Club by our new General Manager. A lick of paint or new piece of canvass/plastic can make a considerable difference.

In conjunction with these cosmetic changes, Willem has submitted a comprehensive action plan to the General Committee. In addition, we already have some initiatives under way. The fundamental thinking behind our strategy is straightforward. Firstly, and as a matter of urgency, deal with all Health & Safety issues, secondly consider the look and ambiance of the Club and lastly consider structural changes that may be required in the future.

More specifically, remedial work will shortly be commenced based on the conclusions of the recent Electrical and Fire and Safety surveys. I don't think anyone will be surprised to hear that these surveys have resulted in a considerable amount of work being required. The second category is that of the aesthetic look of the Club. The key reason here is that the lifeblood of the British Club is the income generated by New Members. Thus, if prospective members are more impressed with the facilities they are more likely to join thus improving our financial position. In this area we have a lot of catching up to do. Virtually every condominium in town has its own leisure facilities with which we have to compete. Projects currently being considered are:

- Children's playground area and equipment
- The whole poolside environment
- The Silom Sala
- The Tennis court surrounds
- Decorative standards within the Clubhouse

This list is not exhaustive or in any particular priority. Willem will prioritise as funds become available, based on the needs of members and the impact on the Club's financial position. At the meeting of the General Committee in June a proposal to establish a Capital Expenditure budget of Baht 4.5M was agreed. Our financial forecasts predict this to be a prudent sum but it will not all be committed immediately. Each individual project will still need to be vetted to ensure the members' best interest are represented. We will constantly monitor development costs and income forecasts to be sure we do not overcommit our resources.

Lastly, any structural changes are being addressed by the development Sub-Committee. They will be evaluating the results of the recent Architectural Competition and arranging to display the various presentations in the very near future for the consideration of the Membership. We were delighted by the huge response to our Catering proposals survey, 20% of members replied, mostly giving overwhelming support to it. We are thus employing a consultant to match members' catering tastes to our various F&B facilities.



James Young - Chairman

A handwritten signature in cursive script that reads "James Young".

James Young
Chairman

What You Think of Club Grub!

During the second half of May we conducted a member survey regarding the future direction of our food & beverage outlets. There were a total of 181 replies, of which 173 were in favour of the changes suggested and 8 against. Below is the summary of members's statements (note: all comments are from individual members unless otherwise stated).

Comments relating to the outlet menus

- British dishes to remain available at the poolside, especially for families with children who have no access to the Churchill Bar. (4 members)
- Include vegetarian dishes in all menus. (4 members)
- Sandwiches and toasties at the poolside.
- Carvery in Lords Restaurant. (2 members)
- Lords should have an appetiser and dessert buffet and a choice of 2 or 3 main courses.
- Serve water at the poolside in bottles, not in glasses with ice.
- Thai, British and international food should be served in each outlet.
- Vegetarian buffet in Lords Restaurant
- Poolside should have children's menu and children's portion sizes.
- Please continue the BBQ as a no-fat choice
- Please make sure that the All-Day Breakfast remains available at the poolside.
- Poolside should offer a soup of the day, served with good quality bread or a roll.
- Can we get mushy peas with the excellent fish and chips?
- Poolside should offer a light breakfast.
- The selection of desserts should be the same as in the restaurant.
- Pizza oven at poolside.
- I would not recommend anything radical like only vegetarian. The

quality and edibility of the dishes is more important than what is on offer (consistency, too).

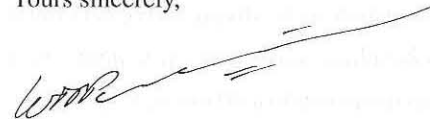
- Given the proximity of the kitchens members should be able to have cross-choices. If I want a healthy salad in the Churchill Bar this should be possible.
- Implement Business Luncheon in Lords.
- I think a lot of people will entertain in Lords if the food is upgraded.
- Add new dishes on the menu.
- Translate menus into Thai language.
- Agree totally with your suggestions.
- I find 'light and healthy' seemingly desirable for families with children. As a senior member attending a 15 years "stammtisch" I will not welcome any menu while it does not include the present items at the sala.
- Excellent idea.
- Provide sufficient adult meals at the poolside.
- Sounds good.
- Thai members would like to see an improvement in the Thai food at the poolside.
- Do not change; poolside menu is fine and is a major food outlet, restaurant can be changed because it is not working at the moment.
- Keep up the excellent "value for money" that we have at present, including a daily special at the Churchill Bar.
- No change: leave things as they are. (2 members)

Other comments and suggestions

- English language to be improved by service staff.
- Staff have to get out of a "state enterprise" attitude to work.
- Vegetables are not washed properly.
- Limes served in drinks are not fresh.
- Reduce prices of Thai food – roadside restaurants are cheaper.
- Poolside staff are lazy, improvement needed.
- Remain competitive in price.
- Change décor in Lords.
- Simplify food stock and purchasing, and facilitate staff training and interchange staff in outlets. Similar menus should be offered at all three outlets. Lords should be a non-smoking alternative to the Churchill Bar, which is a no-go area for health-conscious people.
- Put the snooker tables upstairs and make the present snooker room an air-conditioned family room. And use the service bell for the Churchill Bar staff.
- No children in Lords after 7.30pm, they should be left at home with servants.
- Nothing has changed yet!

We appreciate all the input from members and will make an effort to cater for all your needs.

Yours sincerely,



Willem T .P. Pentermann
General Manager

Farewells

More familiar and friendly faces bidding farewell in May:

Phillip and Ann Beck, George Huebsch, Aart and Clare Jongejans, Michele Kaminski, Ross and Susan Lang, Roy and Susan Owen, Chris and Maureen Panes, Craig and Nina Perry, Robert and Nathalie Scott, Ignacio Serrano, Whitney Small, Veronica and Michael Sypsomos, Ron Thomson MBE, Alexander and Salina Welsh and Howard and Bobie Winn.



Rapture of the Depths

The Diving Medicine and Health update this month is: "L'ivresse des grandes profondeurs" (rapture of the depths), or more commonly, "nitrogen narcosis".

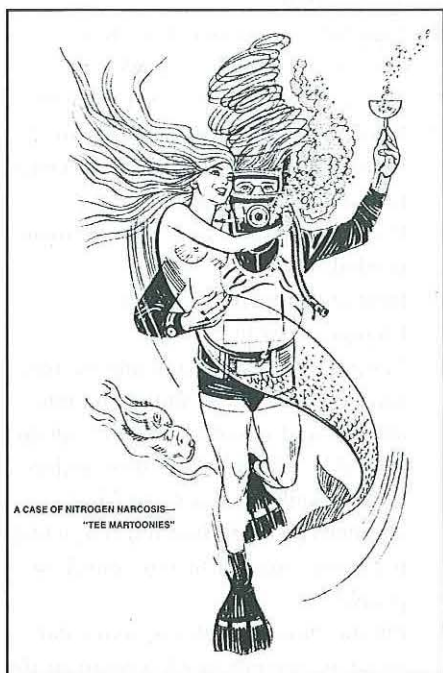


Illustration showing a diver holding an imaginary mermaid, a hallucination produced by nitrogen narcosis, from the 1980 issue of *The New Science of Skin and Scuba Diving*.

Even though there has been some form of diving from before the time of Alexander the Great, it has been only since 1835 when Junod, a Frenchman, first reported narcosis when breathing compressed air.

Recreation scuba diving today is defined as breathing normal air while diving to a maximum depth of 40 metres and only for a period of time that still allows the diver to safely ascend to the surface without having to make a decompression stop. (A safety stop at 5 metres for 3 minutes is always recommended.)

What Is Nitrogen Narcosis? ■

It is a mental dulling and drunken feeling we can have in varying degrees while breathing certain types of gases, usually under pressure such as when diving. It in

effect becomes an anaesthesia. The principle gas causing this is nitrogen.

What Causes Narcosis? ■

It has been researched for many years and is still not fully understood, but the current thinking is that the nitrogen gas becomes dissolved in the lipids in neurons, which interferes with the signal transmission from neuron to neuron at the synapses in the brain. Too technical? To put it simply, it causes a short circuit in some of the nerves in the brain.

Let us have a quick review of what's in the majority of the air we breathe as divers so we can better understand why narcosis is difficult to control:

Nitrogen	78.084%
Oxygen	20.946%
Argon	0.934%
Carbon dioxide	0.033%

Did you notice that nitrogen is by far the highest percentage? For most of us on land it has almost no value or effect; it is only a filler and is called an "inert gas".

The remaining gases include neon, helium, krypton, hydrogen, xenon, radon and carbon monoxide. These are often referred to as rare gases and comprise only 0.003% of our air.

The Danger of Narcosis ■

The signs and symptoms of nitrogen narcosis include feeling falsely secure or, conversely, insecure, giddiness, hallucinations, exercising unreliable judgement and being physically uncoordinated. Some of the most frequent

and dangerous things a diver might do is forget to check their own as well as their buddy's air supply, depth, time and even what they are supposed to be doing! There have even been stories of divers trying to give their breathing regulator to fish!

"Martini's Law" ■

This is a reference to the increasing effect of nitrogen narcosis to additional depth. It says that at 30 metres it has the effect of one martini on an empty stomach, and with each additional 15 metres of depth beyond that it is equal to another martini. When I was participating as a research diver in hyperbaric chamber dives to depths of 91.5 metres (300 feet), breathing regular air had the effect equal to 5 martinis. The good news is there are no lasting effects, i.e. no hangover!

Can We Reduce This Problem? ■

The answer is yes, but it applies more to commercial, technical and military divers. Some of these divers are now diving below depths of 2,000 ft and remain underwater for up to several weeks at a time while working and living out of a submerged diving bell. These divers are regularly working to depths well below recreational diving. It has been shown that by reducing the amount of nitrogen gas and replacing most of it with helium gas the effects of narcosis are greatly reduced. There are, however, some drawbacks with helium:

- It is very expensive.
- It makes voice communications extremely difficult. The diver sounds like a fast-talking Donald Duck!
- It is a lightweight gas and makes the

Aquatics - Scuba

diver get cold quickly. It often requires the diver to have hot water continuously piped into his diving suit to stay warm enough when diving.

- It requires continuous monitoring by medical and diving support personnel at the surface.

And We Recreational Divers?

For scuba divers diving at depths of 30 metres or more this can have serious consequences. These are serious enough that it is the principle reason for the maximum recreational scuba diving limit to be set at 40 metres. To dive safely below a depth of 18 metres set for basic open water scuba divers additional training is required. The advanced open water course

qualifies the diver to a depth of 30 metres, where nitrogen narcosis usually begins. At a depth of 40 metres every compressed air-breathing diver is affected to some degree and additional training is needed to qualify as a deep diver specialist.

Remember:

- Simply do not dive deeper than 30 metres without additional training.
- Always dive with a trained buddy who can help you if you should need assistance.
- If you do recognise you are experiencing nitrogen narcosis, you can simply ascend to shallower depths. The effect will immediately start to disappear and usually be entirely gone at a depth of 25 metres.
- Do not take any medications and dive

without consulting a doctor who is knowledgeable in diving medicine. These include: alcohol, tranquillisers, barbiturates, sleeping pills, Marezine, Contac and Lomotil. These have been documented to bring on nitrogen narcosis at much shallower depths or increase its effects at greater depths.

- Do not dive deep if you are tired or not feeling well.

Summary

I do not want to make you afraid of nitrogen narcosis, but I do want you to understand its potential dangers and know how to prevent it and to respond to the situation correctly if you decide to venture deeper.

Peter Gary

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E-mail: lmresort@bkk.loxinfo.co.th or meridien@samart.co.th



Le
MERIDIEN

RESORTS, THAILAND



Tips And Prizes

Too many visitors meant that I have missed most of the golf in May. So not too many photos this month. However as the competition winners are all serial prize winners I managed to find some old shots.

I also dug up a picture of a "chicks" golf day out which reminded me to mention that we have sadly lost Irene and Alexis, two long-standing SLAGS and section members. We wish them both well.

Senior Pat

I am pleased to report that the Windeler Trophy was won by Pat Dean. You would never have guessed that this is the trophy for the annual Seniors competition. Pat doesn't look a day over 30. The two day competition was played at Laem Chabang and Khao Kheow. A good job I wasn't there as Day 2 was a medal round. In second and third places were Hazel Fazackerley and Judy Fitzgerald, two ladies who surely could be considered "Juniors". The real Junior event was won by Mike Staples. Check the rings round his trunk!

TRAFALGAR Hole-in-One

After kindly sponsoring the Majestic Eclectic, Grant Cameron of **Trafalgar Insurance Brokers** has kindly agreed to roll forward his sponsorship of a hole-in-one. Any British Club section member or member's guest achieving a "hole-in-one" on any par 3 hole, at any course in Thailand, from now until 31st December

2000 will qualify for the magnificent prize – two business class returns to Phuket and 3 nights stay at the LeMeridien Phuket Yacht Club. The "hole-in-one" must be achieved in accordance with the R and A/USGA rules and must take place on an official British Club golf section outing.

Thank you to Grant and I look forward to publicising the winner in the near future.

The Burglar is Back

After an absence of more than one year the anonymous Burglar is back with a tip for weekend golfers:

Most of us have a fond affection for our old clubs that have served us well over the years. Like our wives (or husbands) we feel comfortable with them, know their characteristics well and can mainly predict their behavior and performance. So why change?

Advances in club technology, especially in the last 5-10 years have simply made the game easier. You WILL hit the ball further and straighter even if, like me, your swing is deteriorating. Like many, the Burglar was very skeptical about the claims and hype made by the golf industry about new equipment. What possible difference does a sprinkle of Titanium

make to a golf ball? However the new technology shafts and forgiving club head design DO make a big difference.

The Burglar recently invested in a new set of irons and some 'Orlimar' style woods. Whilst still learning the characteristics of the new clubs I am hitting shots that were simply impossible with my old set. I am confident that my handicap will reduce at least 5 shots this year!

Golf clubs in Thailand are not so expensive. So why not take the Burglar's tip and invest now in a new set? It just might save your game and your sanity.

What is love?

What is love compared to holing out before your opponent?

– PG Wodehouse

Next Outings

If you would like to be notified of all future events please send me your e mail address to kc@bluecross.co.th

- Saturday, 8th July, 12.00 at Royal Lad Krabang – Match vs Lighthouse
- Don't forget the trip to Sri Lanka, 28th September to 1st October. It's still on... and the golf courses are a long way from the battle zone!

Karen Carter



The SLAGS



Haz Faz



Senior Pat



Junior Mike



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Calendar

British Club Sports and Entertainment Calendar - July 2000

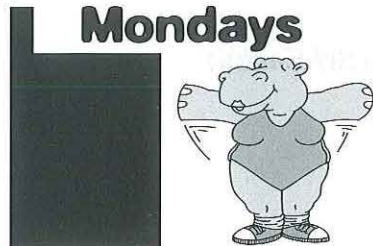


Sundays



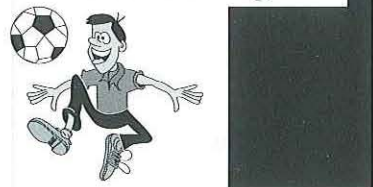
11 am - 1 pm Badminton - Soi Nares
12 noon - 2 pm Sunday Carvery - Lords
3 - 6 pm Tennis Mix-in
5.30 pm Sunday Carvery - Lords
6 - 8 pm Happy Hour

Mondays



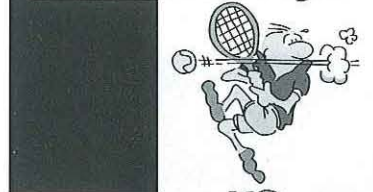
8.00 am BWG Mahjong
9.30 am Aerobics
6-7 pm Masters (Adult) Swim Training
6 - 8 pm Happy Hour
7 - 9 pm Tennis Team Training

Tuesdays



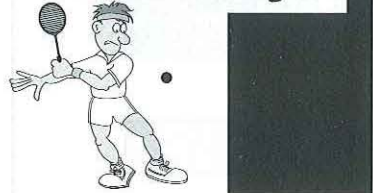
7 am Ladies Golf
8 - 10 am Ladies Tennis
10.30 am Aqua Aerobics
3 - 5 pm BC Swimming Instruction
6 - 8 pm Happy Hour
7 - 9 pm Football Training
7 pm Social Dance
7.30 pm Darts
8 - 11 pm Friendly Bridge
9 pm Gentlemen's Spoof

Wednesdays



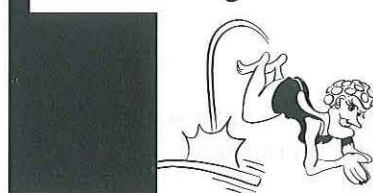
9.30 am Body Shaping
4.30 - 9 pm Squash Coaching
6 - 8 pm Happy Hour
6 - 9 pm Tennis Mix-in
6.30 pm Cricket Nets

Thursdays



8 - 10 am Ladies Tennis
10.30 am Aqua Aerobics
6 - 7 pm Masters (Adult) Swim Training
6 - 8 pm Happy Hour
6 - 9 pm Squash Mix-in
7 - 9 pm Rugby Training
9 - 10 pm Hockey

Fridays



9.30 am Step Aerobics
3.30 - 6 pm BC Tennis Coaching for Children
4 - 6 pm BC Swimming Instruction
5.30 pm Swimming - Junior Squad Training
6 - 8 pm Happy Hour
6 - 7 pm Adult Tennis
6.30 - 9 pm Poolside BBQ
8 pm 'No Fixed Abode' in the Churchill Bar

Saturdays



9 am - 12 noon Squash Coaching
9 am - 1 pm BC Swimming Instruction
4.00 pm Casuals Football
6 - 8 pm Happy Hour

MAKE A NOTE!

See how Coca-Cola is made on the latest BC trip on Friday 7 July and enjoy a great day out.

Laugh along to "Waking Ned", the hilarious Irish film being screened on the big 'un on Friday 21 July, and tuck into an Irish Stew buffet.

Always something for the foodies: the Greek Food Promotion over the weekend of 14-16 July promises all your favourites and lots of them!

Set those wine-tasting sensors tingling with another free wine evening on Friday 28 July in the Snooker Room

Make sure you sign the kids up for the Summer Camps coming up this and next month - get them out of your hair and doing something active!

For more news and details on the above, please check out 'Management News' on page 10 or contact the Club.

Sports - Contact

Aquatics	Michele Law	295 4595
Badminton	Anant Leighrahathorn	654 0002-29
Bridge	Ernest Lee	612-3580 ext 503
Cricket	Nick White	246 0832
Football	Martin Conisbee	366 0432
Golf	Bernie Adams	675 6123
Rugby	Jon Prichard	662 6376
Sailing	Damon Nemish	266 0597
Scuba Diving	Peter Gary	634 7792
Squash	Peter Corney	381 7240
Tennis	David Blowers	285 4721-2

Venues

Badminton	Soi Nares, behind Bangrak Police Station
Aerobics	Squash Court 3
Casuals Football	Colgate Ground, Rama III
Massage	Near the BC Squash Courts

Opening Times

10 am - 11 pm	Churchill Bar
11.30 am - 2 pm	Lords Restaurant (Lunch)
6 pm - 10 pm	Lords Restaurant (Dinner)
7.30 am - 10 pm	Poolside Bar
6 am - 9 pm	Fitness Centre
9 am - 9 pm	Fitness Centre (Sundays/Holidays)
9 am - 6 pm	Thai Massage (Tues-Sun)

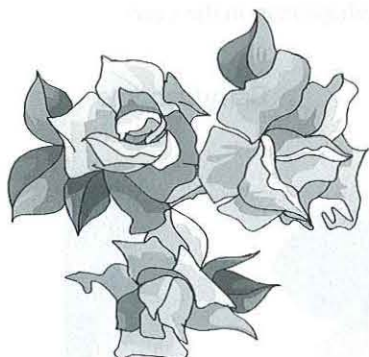
Getting to Know Your Saints!

For those born in, brought up in or with a parent from either England, Scotland, Wales or Ireland – or for those with even the vaguest connection to those countries – there's a society for you!

You may have seen the big wooden boards on the wall going up the Clubhouse staircase, listing the chairpeople of each society going back since their founding – these are the 'loyal societies'. Each society is named after that country's patron saint, and all hold social events during the year as well as their well-known Annual Ball. To find out all the ins and outs on a particular society please contact anyone on

their committee, or check out the joining details in their respective pigeon-holes in the corridor of the Clubhouse (near the men's toilet!). It's not all roses, thistles, daffodils or shamrocks, you know!

Gaynor de Wit



Bangkok St George's Society

Name	Responsibility	Day tel	E-mail
Andy Pickup	President	245 6400 x 2	andymam@samart.co.th
David Parks	Vice-President	245 7200 x 1102	parks@loxinfo.co.th
Terry Adams	Hon. Treasurer	653 5042	tadams@bkk3.loxinfo.co.th
Jill Maconochie	Regalia	287 2680 x 4851	macon4@loxinfo.co.th
Mike Talliss	Membership	245 7200 x 1233	mike.talliss@pareuro.com
Gaynor de Wit	The Banner	285 4721-3	creativ@loxinfo.co.th
Angie Coyne	Asst, The Banner	713 3216	coyne@bkk.loxinfo.co.th
Angela Stafford	Hon. Secretary	253 0191 x312	angela@bgh.co.th
Roger Fitzgerald	Social Secretary	01-623 8965	roger@asiaaccess.net.th
Nicholas Lynx-Lomonde	Asst. Social Sec.	01-832 6359	nicholas@bkk.loxinfo.co.th
Arvy Asome	Comm. Member	656 8477	arvy26@hotmail.com

Bangkok St Andrew's Society

Name	Responsibility	Day tel	E-mail
Rosemary Imlah	Chieftain	437 9693	imlah@mozart.inet.co.th
Lorenzo Morretti	Vice-Chieftain	01 617 7708	lorenzo@loxinfo.co.th
James Marshall	Treasurer	860 1108	james@finansana.com
Meilan Henderson	Secretary	259 0586	rsh@fnmail.com
Alex Forbes	Comm. Member	545 5315	aforbes@unocal.com
Edith Stewart OBE	Comm. Member	671 3461	
Jim Napier	Comm. Member	617 9620	jim_napier@hotmail.com
Duncan Niven	Comm. Member	391 4580 x315	jstbkkth@loxinfo.co.th
Michele Hughes	Comm. Member	667 5259	hughes.mm@pg.com



St Patrick's Society of Bangkok

Name	Responsibility	Day tel	E-mail
Jerome Kelly	President	682 7526	jerome@lawtonasia.co.th
Brenda Clogger	Vice-President	213 1575	clogger@idn.co.th
Ian Kane	Secretary	678 1813 x1738	bigian@loxinfo.co.th
Les Vize	Acting Treasurer	634 7043-7	comtek@ksc.com.th
Sandra Mills	Membership	287 3649	pgale@loxinfo.co.th
Justine Manche-Allen	Sponsorship, PR	675 5006	manchejm@loxinfo.co.th
Gerry Healy	Golf	682 5578	gerry.healy@woodbagot.co.th
Liz Mulqueen	Entertainment	249 0219	dunn@loxinfo.co.th
Tom Vaizey	Constitutional Advisor	638 0080 x135	tv@jsm.co.th
Eileen Hayes	Comm. Member	259 0570	famhayes@loxinfo.co.th
Sally Voravan	Comm. Member	260 2449	



Bangkok St David's Society

Name	Responsibility	Day tel	E-mail
Gareth Huges	Bard	01 859 6140	hugheseaton@hotmail.com
Claire Shaw	Vice-Bard	253 0191	Claire.Shaw@bangkok.mail.fco.gov.uk
Basia Filzek	Secretary	249 1880	bfilzek@yahoo.com
Leighton Fowles	Treasurer	235 8228-9	trbkk@ksc.th.com
Liz Meyrick	Membership Sec.	651 2763	lizzie@ksc.th.com
Barry Knobbs	Comm. Member	650 7557-9	rbknobbs@samart.co.th
Carol Sandarusi	Comm. Member	591 0694	carol@sandarusi.com
Julie Hughes	Comm. Member	255 2188	sanjo@bkk4.loxinfo.co.th
Brian Dodd	Golf Convenor	207 0568-72	meinhardt@permanent.com



The Great Taste of the West Coast

A salad of smoked salmon, young potatoes and water spinach with a tarragon and mustard vinaigrette was the first dish to greet the sixty members at the Pacific Northwest food promotion in Lords in May.

And to follow was a yam and coconut soup with spiced sea scallops, then a watermelon lime cooler. The entrée was a choice of roasted filet of orange roughly (fish, see the Cooking Class opposite) with Champagne-braised cabbage, garlic mashed potatoes, caramellised apple and balsamic sauce... [big breath] or... grilled US beef filet mignons, smoked bacon,

onion risotto, spring peas and wild mushroom jus. This delicious repast was rounded off by vanilla-poached pears and fresh fruit, almond cookies and vanilla ice cream.

Complementing the meal was a fine range of wines supplied by Robert Mondavi, which were also available at the wine-tasting later in May!

We are grateful to the JW Marriott Hotel and the US Dept of Agriculture for their part in bringing Chef James out to Asia, to James himself for cooking up a culinary treat for our members, to the staff for their hard work and to all the members for attending this special treat. We are looking at the possibility of bringing in another guest chef perhaps later in the year.

Barry Osborne



Gaynor's Footnote: I would like to add a note here: although not attending the promotion, I popped into Lords towards the end of Saturday evening to take photos. As always, I got chatting to some of the diners I was snapping away at, and asked them what they thought of the dinner they'd just devoured. The responses were, without exception, highly positive – to quote, "divine, absolutely delicious", "really special", "fantastic, very imaginative", "superb, quite different from anything you can get here" and "a real treat". However, that dratted 'Britishness' in them didn't half show through when Chef James visited each table to garner diners' reactions – with true British reserve those superlatives magically transformed into, "it was very nice", "very tasty, thank you", "yes, very nice"... Quite remarkable. James, if you're reading this, honestly, they thought it was wonderful! —G.

The Ormsby Masterclass!

Saturday 13th May saw nine people turn up for the cookery class given by Chef James Ormsby, nine people who were to be enthralled at his culinary expertise, and ultimately feasted on his mouth-watering productions.

Firstly, he introduced us to the subtleness required when using herbs and spices, and likened it to a woman wearing perfume – it should give a hint, not a blast!

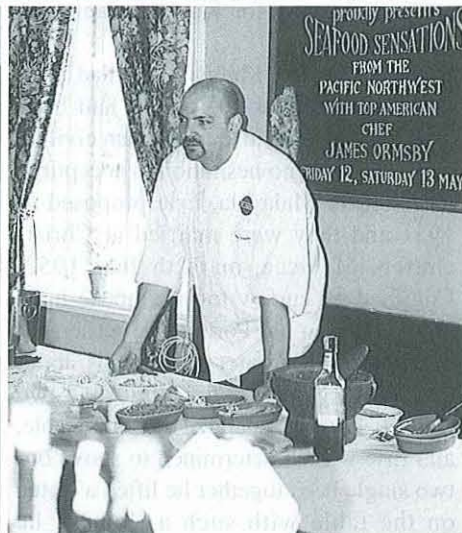
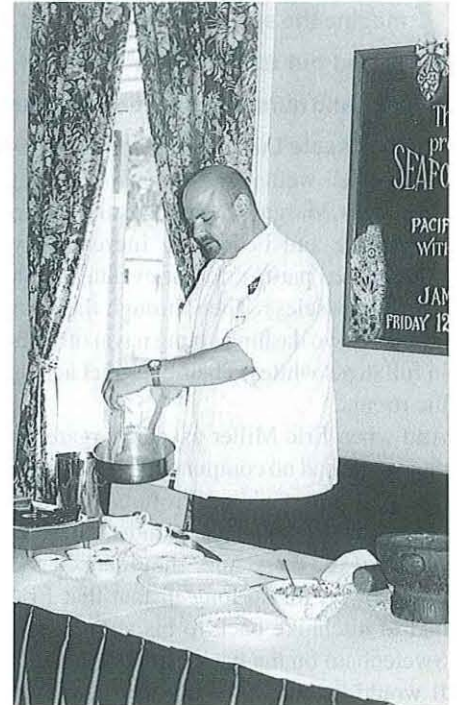
He obviously has a liking for Asian cuisine and spices and this was evident in the dishes he prepared for us, my favourite being the Orange Roughy with Mango Salsa. Orange Roughy is an Australian fish, very similar in texture to cod but more delicate in flavour. I am not going to give the recipe here, you should have gone to the demonstration; suffice it to say that every one of us left Lords Restaurant

enthusing over it and determined to make it ourselves at the first opportunity!

As well as the dishes he actually demonstrated, Chef Ormsby threw out numerous tidbits of information and helpful hints, and the general feeling amongst us all on leaving was, "Please come again!"

I had registered for this class purely to ward off yet another boring Saturday morning, but by the end of marvelled that I had had hands-on instruction from such a master!

Susan Taylor



Still Smiling Together

Imagine the splendour of a colonial dinner dance in post-war Malaysia: smartly turned-out military men with their appointed escorts for the evening, social workers and nurses in their finery, some 6,000 miles from home. This is the Majestic Hotel in Kuala Lumpur, one night in 1946.

One of those welfare workers 'on duty' that night was Margaret, recently arrived in Singapore and becoming increasingly bored as her 'partner' for the evening drank himself senseless. Then through the door appeared two dashing young naval officers in full dress whites. Their eyes met across the room...

And when Eric Miller asked Margaret to dance, she had no compunction leaving her 'partner', one Colonel Profumo (brother of British MP, John) drunk under the table. Just like the fairy tale, they danced the night away; for so long in fact that Eric had to hitchhike back to his ship at Port Swettenham on the back of a fish lorry! It would be simple to say here that they lived happily ever after. It would also be true. But that would be to skip over half a century of adventure and good fortune and a lifetime of laughter with this ordinary yet quite extraordinary couple.

Eric's Story

Born in Wallasey in 1926, Eric's parents were based in India ("they were the British Raj!"). His first school was in Bombay, but in those days all sons of expats were sent to boarding school in Britain at age 7. Following in his father's and grandfather's footsteps, Eric joined the Navy in 1944 with two friends (who sadly didn't survive the war) and was sent to Singapore. "I didn't have a bad war; my boat sank twice, both times through bad weather, so by the time we got to Singapore we were just in time for the Japanese surrender!" He spent months chasing gun runners in Surabaya. In February 1946 Eric visited Thailand for the first time; staying at the Rattanakosin Hotel (now the Royal) in Rajdamnern Avenue for a few days. He recalls, "There was nothing but rice fields between Paknam, where our ship was, and the British Embassy. I remember thinking 'What a lovely city Bangkok is.'"

Margaret's Story

The daughter of a golf pro, Margaret and her family moved to Yorkshire from

Colwyn Bay when she was five. Her greatest claim to fame is being best playmate at school of Ian Carmichael, who went on to become a famous actor ('Bertie Wooster' and others).

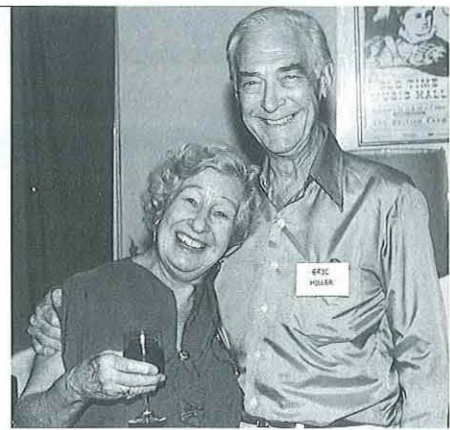
Having done some voluntary work for St John's Ambulance, Margaret was keen to sign up for overseas service when the Joint War Organisation (representing the Red Cross and St John's Ambulance) required nurses and social workers to replace those who were returning home after the war. And so she found herself arriving first in Singapore in early 1946, at 22 years of age, doing welfare work with prisoners-of-war such as contacting families, writing letters and providing social activities.

Starting Life Together

Needless to say that when Eric was demobilised in early 1947 and sent home, he was desperate to find a way back. Moreover, having left the heat of Singapore he was greeted by the bitter winter of '47 in a Britain still getting over rationing, a winter so cold that the ducks couldn't swim in the lakes of St James' Park.

But luck was on his side: when he approached RG Shaw, a London-based insurance company, enquiring after a job in Asia, he found himself holding a 5-year contract with Sime Darby, their Malaysian affiliate, leaving for Kuala Lumpur the very next day!

In the meantime, Margaret too had been demobbed from the JVO, but had been asked to stay on with a Malaysian civilian outfit, and had no hesitation in accepting. Reunited in Malaysia, Eric proposed in 1951 and they were married at Christchurch, Malacca, on 12th July 1952. Confined by curfew to their house in St Paul's Hill, an old Portuguese settlement in Malacca, Margaret still laughs about their first night of nuptial bliss: "Our two single beds were separated by a night table, and Eric was so determined to shove our two single beds together he lifted a statue on the table with such a flourish he knocked a large jug of water over my bed!"



Moving from Malaysia

After spells in KL, Penang, Singapore, Malacca and Sabah, Eric's company Morrisons posted him to Karachi, 'West' Pakistan in 1964. In 1970, 'East Pakistan' achieved nationhood as Bangladesh; Karachi was bombed and all the British expat wives were evacuated first to Cyprus "for a lovely week" and then to the UK. Eric had to stay behind, but again luck was on his side, the hostilities were short-lived and life soon returned to normal. Except that Bangladeshi business-men no longer trusted Pakistanis to involved in business, but ironically Brits were acceptable, so Eric found himself commuting between the two countries.

Eric and Margaret most enjoyed their 11 years in Karachi, and toured all over Pakistan and always felt safe. They even remember a road sign seen outside towns saying: "You are now in tribal territory", which meant that the government could not guarantee your safety, "yet you were treated like royalty in these areas!" Indeed, they are perplexed at the troubles seen in many places in Asia today. "At St Anne's Church in Karachi," recalls Margaret, "they held regular bazaars there, and Muslim women always took part; there was much integration. People of our generation don't understand what has happened with all the Moslem troubles of today, especially the problems of women and separation."

And On To Thailand

In mid-'75 Morrisons posted Eric on to Bangkok. After retiring from that company in 1985, he joined fellow Club member Roy Fordham's Mayfords agency until March last year. Even now he can't give up working, and still does some marketing consultancy for overseas companies thinking to enter Thailand.

With life residence permits granted for Thailand, they decided to retire in Bangkok. After all, Margaret says, "With our lifestyle, how could we settle in suburban Britain?"

Thailand was the first place they had air-conditioning at home. Previously, it was

Meet a Member - Eric & Margaret Miller

only the Chairman who was allowed to have it, everyone else had ceiling fans and mosquito nets, which Margaret describes as "positively erotic and gorgeous!"

In those days, when you arrived you were invited to the British Embassy to be introduced. Lady Dorothy Cole, the Ambassador's wife, said that she didn't like to dispense advice to new wives but she added, "If your husband comes home late from the office, always check his navel, because if it has talcum powder in it, he has been to a massage parlour!" Eric and Margaret got to know Sir David and Lady Dorothy, in part because Lady D. was the biggest customer for Max Factor, for which Eric's company was an agent.

Eric was given language lessons, which Margaret sat in on but felt it a bit late to learn to read and write Thai so contents herself with Thai conversation, survival Urdu, good French and fluent Malay – indeed, she and Eric often speak Malay at home. Eric feels he learnt far more from his "girls" – his office girls, that is!

One odd fact: according to Thai Immigration, Margaret is Norwegian. They asked her if she was born in England; "I know I should have said 'yes' but instead I replied that I was born in North Wales, when they repeated 'Nor Wae?' I thought they understood!" It was written as 'Norway' and so she became Norwegian!

Life on the Stage

Both Eric and Margaret are enthusiastic am-drammers. Eric's first brush with theatre came when being co-opted one night as assistant stage manager for Tommy Trinder, who was entertaining the troops in Singapore at the time. Both joined the Bangkok Community Theatre here and

have participated in dozens of productions; they were also members of the St Andrew's dance troupe, as having been stationed in a Scottish regiment in Malacca they could do the dances.

Moreover, the two of them have featured in a good number of films filmed in this region, including 'Killing Fields' ("I was the old lady being evacuated with my 'son'; as we walked in front of the desk the star appeared in the doorway") and 'Come Back' – a film about John Everingham's escape from Laos, starring Edward Woodward, Priscilla Presley and Michael Landon, some of the scenes of which were filmed at the BC pool ("I played the British Consul in Vientiane"), amongst others.

Then there's all the Thai films they have appeared in. "Thai movies are great fun, the Thais are wonderful people to work with, and we've been all over the place." They even have Thai speaking parts, but noticed that everyone is dubbed in Thai after the film is shot, even the Thai actors! And finally, the numerous advertisements, including several for Thai Airways, such as the recent Royal Orchid Plus first class promotion "even though pensioners like us would be the last people to fly first class!" Eric has an advert playing at cinemas at the moment, in which he plays a mafia godfather attending the funeral of his son. As he and several cronies stand there solemnly, a mobile phone goes off... It's to persuade cinema-goers to switch off their mobiles during the film!

With typical modesty, Margaret puts their popularity down to the fact that it's rare to find an old expat couple in Bangkok who can actually act; "an old man is easy but a pair of geriatrics is quite difficult!"

The British Club Then

When Morrisons paid their entry fee of 2,000 baht in 1975 the Club was quite different, although women were by that stage allowed in the bar. 'The Bar' itself was mock-Tudor style, black beams and white paint, and held a very popular buffet lunch on Saturdays. The ladies bathroom had a fabulous selection of cleansing milk, face lotions, powder and a tray of hair clips. 'The Dining Room' (once called 'The Regency Room') was better known for its "curry tiffins" on a Sunday lunchtime. "They made an excellent prawn curry in a little bowl with accompaniments for just 25 baht. My mother came here and adored it," recalls Eric. A major Club revamp in the late '70s brought in the names 'Churchill' and 'Lords'.

"I did my first crossword in 1982!" chirps Margaret. And she's still compiling them, 18 years later – there's one in this issue of *Outpost*. She still does some teaching too, helping French students with their English exams at the British Council, and spent 12 years teaching drama and elocution at Ruamrudee International School. She's also involved in various charity efforts, knitting and sewing stuffed toys for under-privileged children.

Looking forward to their Golden (50th) Wedding Anniversary in two years' time, I asked the secret to their long and happy marriage. Margaret explained: "My mother kept my school report which said 'she is good but talks too much'; Eric believes the breakdown of many marriages is due to the failure to communicate, so he says "Margaret hasn't stopped communicating since the day I met her!"

Gaynor de Wit



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The Union Club of Boston



The Union Club of Boston was founded in early 1863 to bolster support for the Union cause during the critical days of the Civil War. In addition to those dedicated to the preservation of the Union, early Members included prominent Bostonians whose impact is still felt today – Charles Francis Adams, Ralph Waldo Emerson, John Murray Forbes, Oliver Wendell Holmes, Henry Lee Higginson and Josiah Quincy. Thirteen decades later, the Club continues to bring together business and professional men and women in a downtown Boston setting which is at once steeped in tradition and fully contemporary.

The Union Club of Boston
8 Park Street, Boston, MA 02108, USA
Tel: 1-617-227-0589
Fax: 1-617-227-2516



members.

Overlooking the Common from the fifth floor is the Red Room with its cathedral ceiling; this is the main dining room for members and their guests, with breakfast and luncheon served Monday through Friday. Evening meals are served here or in other Members' rooms, including the Granary Room which with its fireplace and sense of country graciousness provides an informal setting for lunch, cocktails and as a place to gather prior to social events.



Burying Ground or the Boston Common, a special sight with its twinkling lights during the Christmas season.

A full breakfast is available in the Red Room at weekdays and continental breakfast at weekends. As a convenience for members and guests, room rates are lower than those of Boston's leading hotels.

Private Dining Rooms

There is an attractive group of distinctive private dining rooms, each named after a Club member active in the Civil War and with tasteful architectural and decorative surroundings, which are suitable for social or business gatherings from two people to 150. The Club takes considerable pride in its ability to provide exceptional cuisine at a reasonable price.

For further information on this or any of the affiliated clubs please contact the GM.

To its members today, the Club serves several purposes. Members look forward to broadening their circle of friends and acquaintances through the numerous social occasions and activities which are at the core of the Club's life. Many make frequent use of the Club's private dining rooms. And each member cherishes the ability to enjoy a former private home built with gracious elegance in 1809.

Where Members Meet

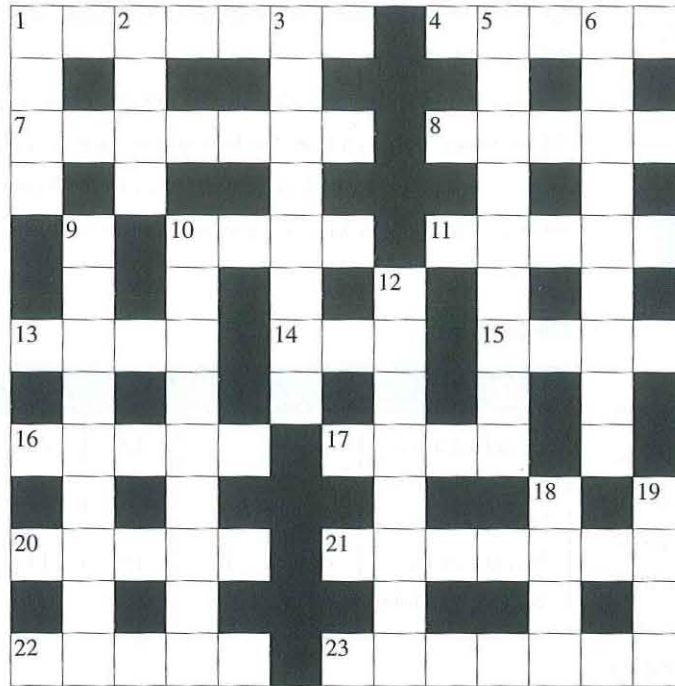
Much of the Union Club's social life is centred in Members' rooms that overlook two of Boston's quieter historic sites, the Common and the Granary Burying Ground. The architectural detail and decorative appointments of these rooms help to foster an atmosphere of congeniality and friendship among

Accommodation

The Club's bedrooms have recently been redecorated and provide a home-away-from-home. The charm of these rooms is enhanced by a view over the Granary



All About People



Across

- 1 He said: "I render infinite thanks to God for being so kind as to make me the first observer of marvels kept hidden in obscurity for all previous centuries." (1564-1642)
- 4 First name of Old Blue Eyes
- 7 A favourite of England's Virgin Queen
- 8 This old man wrote an almanac
- 10 One of Titania's fairies in A Midsummer Night's Dream (Shakespeare)
- 11 He was the Minister who introduced Britain's National Health Service.
- 13 Authoress Murdoch
- 14 I – the whole man!
- 15 A British Prime Minister
- 16 Benjamino Gigli was a famous one.
- 17 Mickey's creator
- 20 New Zealanders are often called
- 21 A daughter of Tara
- 22 They told her to fetch her gat!
- 23 World great in the sporting field

Down

- 1 Old movie heart-throb Cooper
- 2 Mrs. Langton – the Edwardian beauty known as "The Jersey _____"
- 3 Queen Victoria was when she came to the throne
- 5 New Deal U.S. President
- 6 Marilyn began as this
- 9 Peer Gynt was
- 10 This leader was hanged after World War II
- 12 A lover or a story-teller?
- 18 He was a Prime Minister of France
- 19 Ollie's partner

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An Arresting Win



BC vs Hong Kong Police Squash Club

Friday evening 26-May-2000, the Squash Section were hosting. Originally scheduled as the Ambassador vs HK Police, to be played in Pattaya but a last minute change turned it to the BC with 2 players from the Ambassador team joining us. The Police team were on their squash tour of Singapore and Bangkok having already played 3 clubs in Singapore and the Polo club in Bangkok. Well done to the BC, as several of the Police team compete in the higher levels of the Hong Kong leagues, the most competitive squash league in Asia.

Central Plaza Mix-In

Sunday 4th June

A good turn-out this month with 10 players contesting 2 leagues. Barry Daniels and "Marvellous" Marvyn took the honours in each group and played off for the first prize, dinner for 2 at Central Plaza Hotel, care of GM Martin Reed. Barry won the play off, and word has it that Marvyn was so tired he fell asleep and almost missed the GP in Delaney's.

Group A

Name	Heap	David	Martin	Barry	David	Wayne	Total	
David Eastgate	-38		13	-7	7	15	28	
Martin Reed	-14	15		6	7	6	34	
Barry Daniels	-8	15	15		15	15	60	1st
David Fewster	5	15	15	11		7	48	3rd
Wayne Needoba	-5	14	15	6	15		50	2nd

Group B

Name	Heap	Charles	Marvyn	David	Andy	Linda	Total	
Charles Whiteley	-25		6	15	15	2	38	
Marvyn Lewis	-19	15		15	15	15	60	1st
David P.	-12	11	9		15	12	49	
Andy T.	-8	9	13	15		12	49	3rd
Linda Eastgate	-3	15	7	15	15		52	2nd

British Club	vs	Hong Kong Police
David Eastgate	3 - 0	Peter Barnes
Glen Pendrey	3 - 2	Andy Phillips
John Nutkins (Ambassador)	3 - 1	Leung Chi Man
Dick Anwar	1 - 3	Donnie Choy
Adam Jelavic	3 - 1	Fred Tsui
Ian Walton	3 - 2	Philip Ko
Chaturan	3 - 0	Nelson Chiu
Tom Livingston	3 - 2	Kenny Ip
Charles Whiteley	0 - 3	Connel Chan
Rick (Ambassador)	3 - 1	Ian Nicholson
George Dunford	3 - 0	Bill Chan
Marvyn Lewis	3 - 0	William Siu
Bill Randall	3 - 0	Albert
	11 - 2	

Upcoming Events

- During June we are playing the British Club Closed Tournament, the Don Johnson complete with the plate event, the Parra Handy plate. Finals on Saturday 24th June.
- The annual Dawee Cup match against the Polo Club, technically Thais versus Expats, is at the BC on 25th June .
- The Inter-societies has been postponed until September due to a too-busy schedule in June, so you still have chance to get into that one.
- The next major tournament is the Handicap – one for all, as the handicaps even out the advantage of the best layers and give everyone an even chance. Entries

Squash

will be open in Early August, with the competition starting on 29th August and the finals on 24th September.

Old Squashies

Talking about the Hong Kong teams, whilst I was there last year I bumped into 2 ex-BC members, both playing regular squash in the HK leagues. Nick (and Jenny) Ferrier play for the (no longer Royal) Hong Kong Yacht Club, and Rudi Spaan is a member at the Cricket Club. The Cricket Club is where I played in Hong Kong and it has reciprocal membership rights with the BC, so don't forget to take your racket with you next time you are over there – they have a mix in every Sunday

morning, from 9:00am to 12:00 noon.

Yes Let! Play Better Squash

With the competition season on us again, lets look at a couple of common failings amongst club players - no names mentioned, so add your own!

• Firstly: Foot Faults

The rules state that during the serve the serving player must have one foot inside the service box, touching the floor inside the red line. You can have both feet inside – no problem, and you do not have to have the foot flat on the floor, although most professional players do so to avoid foot-faulting. You cannot lift the foot off the floor, or drag the foot across the line – that

is a "Foot-fault" – Hand out! Unfortunately in club tournaments referees do not punish this often enough.

• Secondly: Time wasting.

Most of us are getting older and our non-airconditioned courts do get very hot, but that should not be an excuse. There are certain players who waste time in between serves, especially in the 3rd and 4th games, and many people take well over the allowed 90 seconds between games. We are not strict on that one, but it is a very abused ruling.

Happy Squashing

Phil Hall

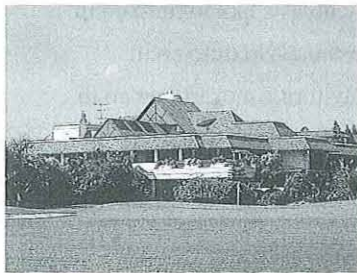
Good News for Golfers

We are pleased to announce that Muang Kaew Golf Course have offered great green fee rates to all British Club card-holding members and their guests.

The preferred rates are:

BCmembers:

Weekday green fees	600 baht
Weekends & public holidays	1,100 baht
Caddy fees	180 baht



Guests of BCmembers:

Weekday green fees	900 baht
Weekends & public holidays	1,600 baht
Caddy fees	180 baht

Muang Kaew Golf Course

52 Moo 8, Bangna-Trad Highway Km 7.7, Bangkaew, Bangpli, Samutprakarn 10540

Tel: 316 3918-21 Fax: 316 3922

All Members and their guests have the settle all charges at the Golf Course. British Club credit does not apply.

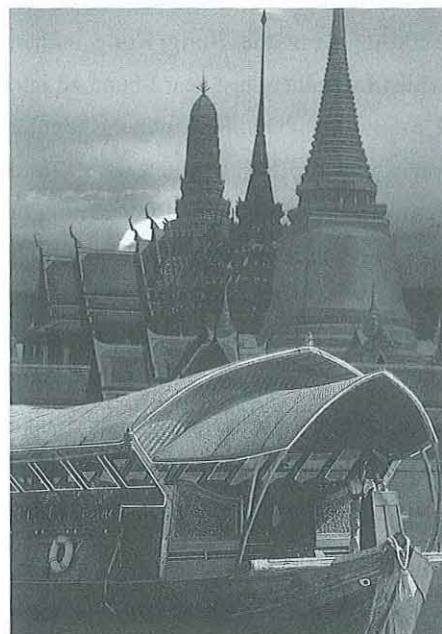
Romantic Despite the Rain

On a "wet" Saturday 3rd June, an amazing 45 members turned up at the Club (not bad considering that I'd guaranteed only 20!) from 7pm to be treated to mango or banana daiquiris, wine, beer and a selection of canapés before heading to the three waiting minibuses.

Once members arrived at the pier we were greeted with small garlands and sat at pre-seated tables, with bottles of wine open and ready to drink. The food on board was an excellent Thai and seafood served meal, and members had copious amounts of beer to drink as we passed by the Royal Barge Museum, the Grand Palace and Wat Arun. Loy Nava's 'Tahsaneeya' is a luxury teak rice barge and is maintained in impeccable condition. The trip up- and down-river took

around two hours and was a very romantic way of viewing the river at night. And waiting to bring us back to the Club were no less than five minibuses! Many thanks to D. Proctor and the staff of Loy Nava, to the Club staff for their assistance and to the all the members who made this trip a success.

Cap'nBaz



The British Club General Committee 2000/2001

Name	Tel	Fax	Email
James Young Chairman	712 5407-9	712 5410	asiapac@mozart.inet.co.th
Nick Bellamy Vice-Chairman	344 1210	286 4440	nicholas.bellamy@th.pwcglobal.com
Sarah Allen	287 1046	678 8658	sarahem@ksc.co.th
Paul Cheesman	670 1100	670 1101	paul.cheesman@zingasia.com
David Eastgate	672 0123-5	672 0127	davide@loxinfo.co.th
Michelle Law	295 4595	295 4595	stephen.law@recall.in.th
Nicholas Lynx-Lomonde	705 8011	315 3337	nicholas@bkk.loxinfo.co.th
Chris Moore	747 9633	747 9677	lasanne@loxinfo.co.th
David Turner	618 6516	279 1234	davltturn@mozart.inet.co.th
Leonie Vejajiva	258 5560	261 0925	warft@loxinfo.co.th

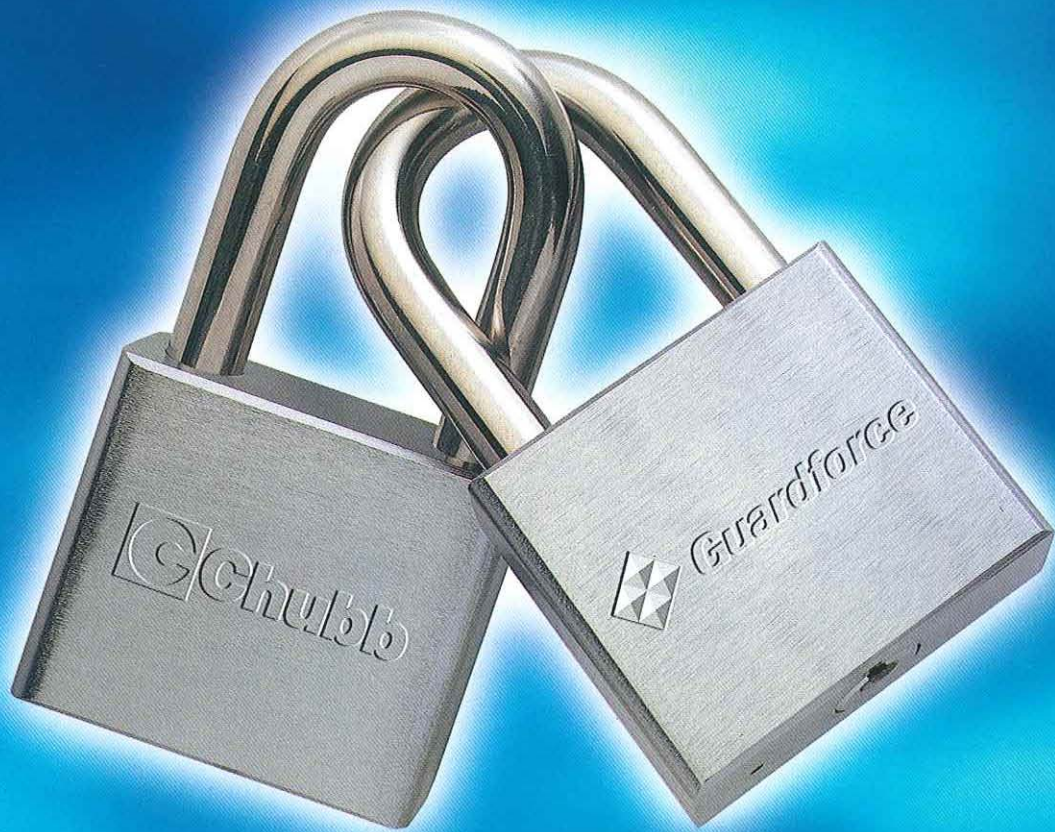
Club Staff

Willem Pentermann
General Manager

Barry Osborne
Operations Manager

If you have any suggestions or queries about the British Club and its activities please contact any member of the General Committee, or contact the management at:
Tel: 234 0247 Fax: 235 1560 Email: britclub@loxinfo.co.th

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New Members

Simon and Mandie Farmer



Mandie and Simon

Simon and Mandie have lived in Thailand for 6 months already and expect to stay for another 2 years. This isn't Simon's only destination in Asia, he has lived in Hong Kong and Singapore for 5 years each. Simon is a banker at Standard Chartered where he, would you believe it, banks! Simon has two kids of 5 and 3 who completely trash the house (hee hee, suffer!!); Mandie is a teacher and also British. Her main hobby is art; Simon likes to play cricket and football – I suppose you watched the Euro 2000 game then, good match, huh!

Tony and Melinda Shaw



Tony and Min

Tony is a salesman for Candela Medicalusa and is Britain as is his wife Melinda (Min) who's a nurse. Before coming to Bangkok they had lived in the Middle East and in Africa which I must say is quite lovely. They have been here four months and plan to live here for 3-5 years, but they say they have been here "on and off for 30 years": Tony's father was a Club member from 1967-1970. They have three grown up daughters, one is 30 the other two are twins of 26, they all work in the UK. Tony watches sports – not play them – but is interested in English history and motorcycles, he says his wife is a "retail therapy expert"(!) and likes line dancing.

Jerry and Clare Wright



Jerry and Clare

Jeremy (Jerry) and his wife are British and both work at Unilever Thai Holdings, Jerry as Director and Clare as Marketing Manager. They have lived in Bangkok for 4 months and intend to live here for 3-4 more years. Before coming to Thailand they lived in Hong Kong where Jerry was a member of the HKFC and HKCC. Jerry likes to play tennis, squash and cricket; in rugby he says he is an "ageing and slow flanker". Clare doesn't play any sport but would like to learn tennis and badminton so if anyone wants to help go up to her and say hi but don't forget to tell her husband that you're not picking her up. As a hobby Jerry and Clare play bridge, quite badly, by the sounds of things. They have 2 kids, one is 5 the other is 3. The eldest goes to Patana and the youngest just lazes around, I'm guessing coz that's what I did as a kid at that age!

Graeme Ward



Graeme

Graeme is a director for a systems company called Zeta. He enjoys playing squash and golf (I might see you in the squash courts someday). Graeme has lived in Bangkok for just over 1 year and intends to stay for 5 years, and this is his first overseas posting. Graeme has a wife and 2 twin girls of 8 years old. His wife's name is Pen and she looks after the kids during the day. Graeme likes antiques and reading and Pen likes to work with upholstery.

This month the new members were written up by Chris Wright, student at Bangkok Patana School.

School Needing Help!

The Duang Prateep Foundation recently reported a fire which swept through the Nongmai community in Klong Toey slum, destroying 43 homes and a children's centre. It's the children's centre at the heart of this plea for help: it provided a kindergarten education for 80 slum kids between 3 and 6 years old.

If there is anyone who can help, whether in the form of financial assistance or materials and equipment, please call the Duang Prateep Foundation on: **Tel: 249 3553, 249 4880, 671 4045-8 ext 112, 117**



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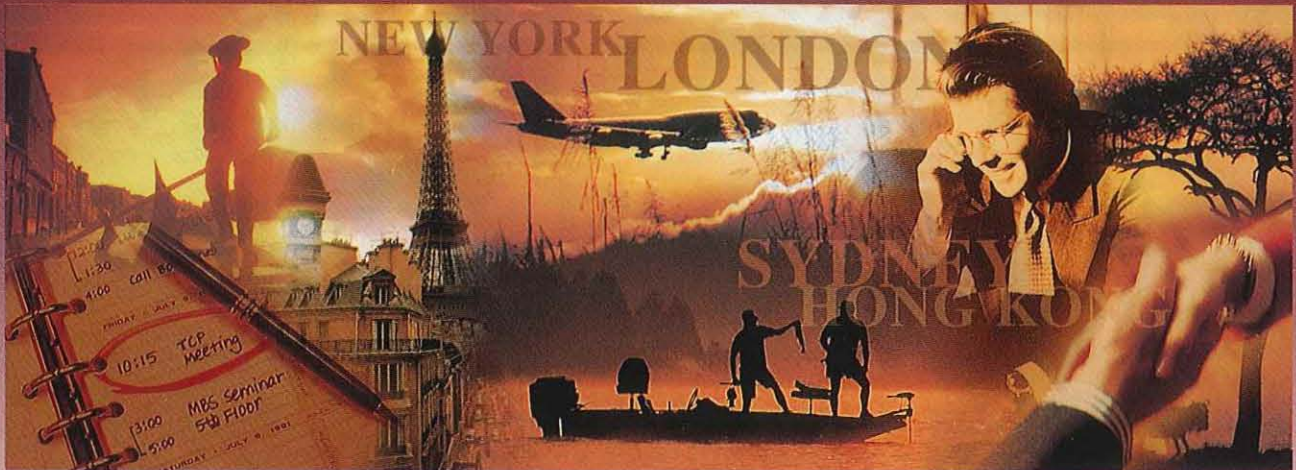
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Forestfuls of Fun

The BC trip to Khao Yai took place on the weekend of 26-28th May, and this year we set off (on time, thanks Ged!!) with fifty members. Moreover, unlike our recent trip to Carlsberg we left with a full tank of petrol. However, we did have to stop the bus to plug in the video player! Thanks for the videos, Heather, which kept the kids (and the not-so-small kids) entertained for the weekend.

We arrived at the Green Forest Resort in Khao Yai at around 9.30pm and quickly checked in. We were treated to a Thai buffet dinner, after which some members went to bed early and others kept the bar open until midnight.

Next morning we awoke to a hearty breakfast (maybe we ate both days' breakfast rations as Sunday's appeared to be quite a bit smaller!), then we set off for the park in our Thai-style pickups. During the day we stopped at a viewpoint, visited the park HQ and took a small trek. Then it was on to the Hell Suwat waterfalls with an optional walk to the Orchid Falls.

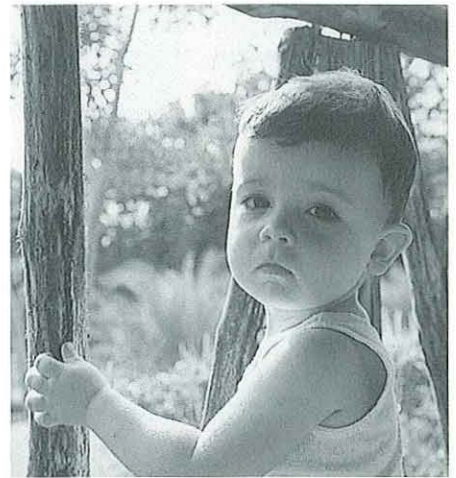
The year the forest was a mass of rich green due to the recent rains – luckily we had none all weekend! On the downside the red ants we encountered appeared to have drowned only to have been replaced by leeches.

On the way back to the resort we did indeed spot wildlife in the park – monkeys, loads of 'em! I also learnt on the way back that

Nivea kids sunscreen cream also “unlocks” children's arms from the side railings of pickups!! Once at the resort most members showered while a few stayed for a few jars and a few more of the draught beer laid on in our sala restaurant.

Dinner this evening was a huge 50kg pig with apple sauce and various salads and fried chicken. For the children's entertainment we had plaster of paris painting, colouring and more videos. For the adults we had a bar quiz. Unfortunately there was no PA system, so I had to try to shout, which left my voice hoarse and requiring me to soothe it with a few more beers at afterwards (thanks Rolf!). Remarkably, the majority of members had retired by 10.30pm – all the fresh air!

Sunday was more leisurely, with our breakfast served from 9-11am, followed by elephant riding at the Jungle House. This ride really took us through the jungle once we had waded through the mud and up the river.



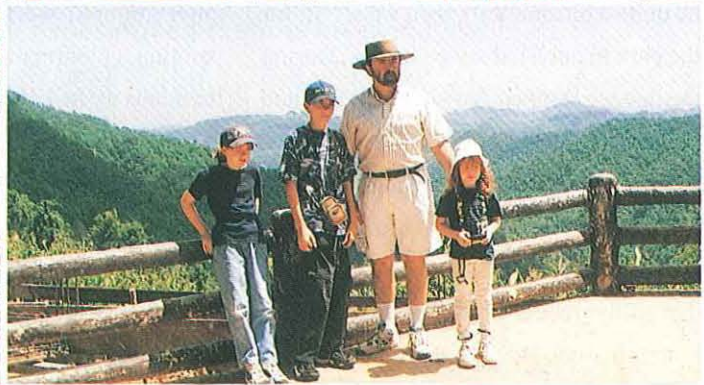
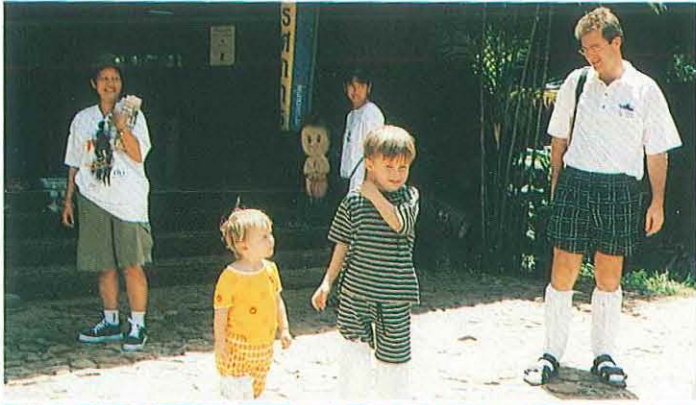
In the afternoon, members could laze by the pool or visit the nearby cave with Buddhas inside. Unfortunately, the monk who knew where to switch on the electricity was not to be found; thankfully Barbara Gibney brought lots of flashlights! We left the Resort at 4pm for a quick trip back to Bangkok, with a brief stop off for *khanom* and Thai pastries.

Many thanks to all the members who supported this BC trip; thanks also to Rolf and Sven at the Green Forest Resort Khao Yai, and I would like to thank Khun O, Aow and Patch for all their hard work over this weekend.

Barry “JungleJim” Osborne



BC Trip to Khao Yai





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