

OUTPOST

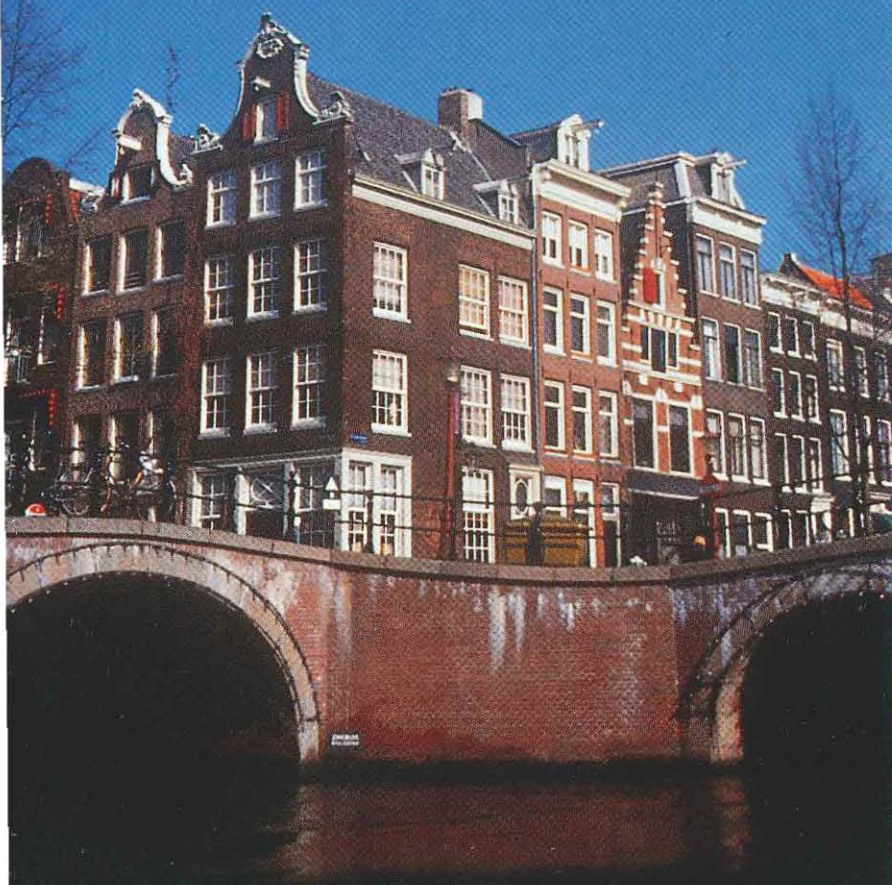
MONTHLY MAGAZINE OF THE BRITISH CLUB

AUGUST 1990



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CONTENTS



Squash : *The mystery squashie.*

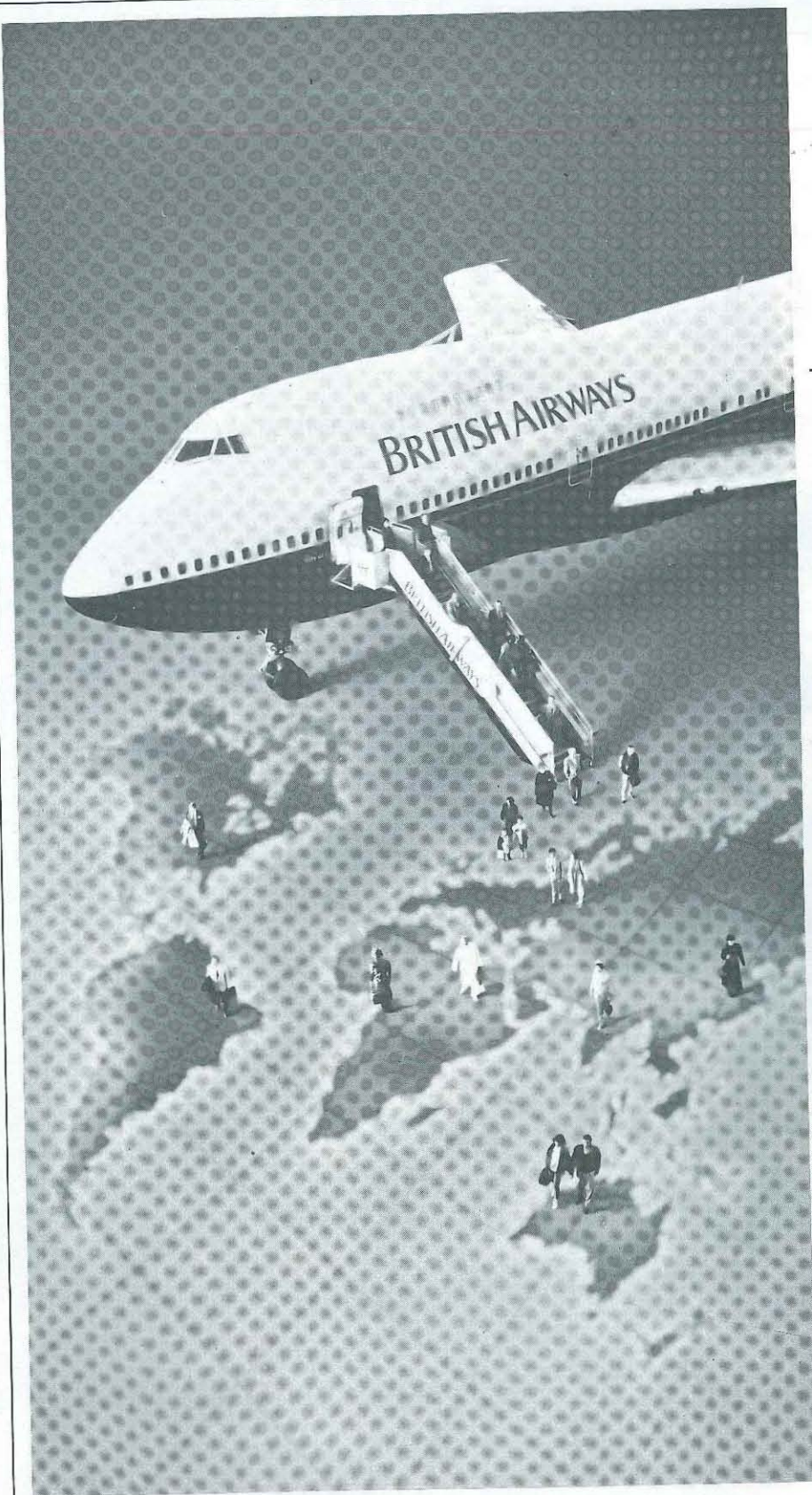


Swimming : *The last swimming gala.*



Tennis : *The Inter-Club Ladies' Team Tournament.*

- 5 FROM THE EDITOR
- 6 MEET THE NEW MEMBERS
- 10 FROM THE CLUB MANAGER
- 11 CLUB ROUNDUP
- 14 SPECIALS
*St. Patrick's Society Bangkok
Relief is on the way*
- 18 WELL WORTH WATCHING
Jagged Edge
- 19 DIARY
- 20 CHILDREN'S CORNER
- 21 SPORTS ROUNDUP
- 41 COMMITTEE
- 42 ACTIVITIES



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FROM THE EDITOR

TO have me writing in the magazine two months in a row is a rare thing and is solely due to the fact that my computer has just returned from a very long holiday in Hong Kong where it has been mended, remended and hopefully this time totally cured. The long time lapse since I last put fingers to its keys has left me almost unable to use it but not quite.

As promised, the issue this month is rather thin; this is partly due to certain articles and photos being kept back for September which at this moment in time is looking particularly sparse. So if you thought that you'd be in this month's issue don't worry, next month you'll be there in six foot fluorescent lights.

Friday the 13th proved to be a particularly ghastly experience this time round when I switched on the car engine, all set to embark on my first ever grapple with a golf club. There was a rather nasty noise followed by the issuance of large amounts of white fluff from under the bonnet. Last year I ran over mother cat who managed to survive unscathed, physically if not mentally, to have two delightful kittens, one of whom decided that this was the day, if there ever was one, for sitting ontop of car engines; atop the fan to be precise. As you might imagine I lifted the bonnet cautiously, ready to pass out at the slightest encouragement. This was not necessary however, for there it sat minus rather a lot of fur but otherwise relatively uninjured. The vet sent me home with a worried look to recover from the shock. I won't bore you with the rest of the day, but it didn't get any better.

A message for proposers of new members: if, on New Members night, your proposee decides, pre-interrogation, that it is time to go home or onto different pastures, please come and find me so that they don't miss out on this unique experience. Every month a couple of people flee before I've met them, which seems a shame. Please note, that other halves of new members are also invited to this gathering, be they male or female.

New members who initially give their business address for their BC mail because they are still living in a hotel might consider changing this to their home address, when convenient, as it seems that quite a few people are not getting flyers and are therefore missing out on club events. Don't forget to look in at the reception desk for sign up sheets.

To OUTPOST Authors – please remember that the deadline for copy is the 10th of the month before that of publication and please try to get articles typed. This month seven pieces were handwritten and we just do not have the time to type it ourselves (and nobody else can read your writing).

Thanks

Maren

IT is with great sadness that we announce the death of Bert Hobson, on 28th June in the U.K. Bert was a long time member of the British Club having lived in Thailand for many years. He had returned to England with his wife Ethel earlier this year. A wreath was sent by the Club and many ex-B.C. members, now resident in the U.K. attended the funeral.

For those of you who may wish to write to Ethel her address is:
Mais House, 18 St. Hastings Road, East Sussex TN 402HH.

Meet the New Members



David and Susan Humphreys from Sydney. David is with the Embassy in the Political section; Susan used to be a solicitor back home but hopes to revive her tennis and bridge here. They both enjoy mountaineering (that could be difficult) and David is giving rugby serious consideration.

Andrew Neale is here to extend a drug factory for Glaxo. He's from Cambridge but has also lived in Africa. Life revolves around his wife and children who will be here soon, but he does fit in the odd bit of squash and golf too. (apologies Andrew you were missed in the photographic session that night).



Stuart Scott minus Ann who wasn't sure that ladies were invited. They are both from McDowelland (NZ) but have lived in Sydney for quite a while. Stuart is working with that illustrious pair Brain and Keef of Coca-Cola; when not there he's to be found out in a boat battling the elements off Pattaya usually with Ann's help. Ann is an ex-food-technologist who's now into sailing, sewing and desk top publishing.



Gerry Fisher, an extremely busy man from Ontario, Canada who has been busy in China and Hong Kong too. He's the MD of ICI and a golf addict. Mrs. Fisher will be in Bangkok soon from HK where she has a property company. L to R Terry, Gerry, Bill and Andrew.



Jan and John Kingston, Londoners, once in Papua New Guinea with Pepsi, now here with Polaris. John's an ex-weightlifter, Beds and Herts champion, junior UK champion destined for the Olympics but got fed up at this point and joined the navy instead. Took up running at some stage and was a great marathon man (five wins), Jan became a Harriette. She is also a great theatre enthusiast and "needs aerobics!"



George Taylor, an ex-London-stock-broker (hit by black-Tuesday) here to help you and I sort out our financial problems/queries. Apart from one year in Frankfurt, the world is a foreign place; he's finding Bangkok rather hot and particularly foreign. George is brilliant on the hockey pitch but "a duffer" as far as other sports are concerned. (What about a BC hockey section?)



Linda and Douglas Neilson and there three children have lived all over the place and are in Thailand with the Deutscher Bank. Linda is a professional Mum and already heavily involved with the Patana School PTG; she's also prison visiting. Douglas relaxes with computer games.



Jonathan and Louis Truslow have spent large amounts of time with Gilbert and Sullivan, pantomime, Shakespeare and many others in the Middle East and Hong Kong. Louise has also been a radio presenter. They love being roped into anything theatrical and any sport that is going. In his spare time Jonathan works for the Hong Kong Bank.



Denis and Graeme Burns have been in Bangkok for eight weeks with their 5+2+2 year old children. Graeme is with Amex. They both enjoy squash and golf.

Mike and Khim Lyon of the UK and Malaysia respectively. They lived in Saudi Arabia for quite a while and returned to England by road, with their two kids; they've been there recovering for the last four years! Khim was a midwife with the RAF. Having both given up karate they've decided to take up tennis instead. Mike is a Finexco kid. L to R Gordon, Khim and Mike, mystery guests and Georgia.



Gordon and Kathleen Pomphrey from the Bridge of Allan, Scotland. Gordon is a civil engineer building a new port facility for tourists in Pattaya. He has coped with similar problems before in the Middle East and India. Pastimes include golf, swimming and tennis; Kathleen will join him in the last two when she arrives in a few weeks. They have two children.



Amanda and Nigel Pearson, here after ten years in HK. Amanda plays mahjong and tennis and sails. Nigel builds uninhabited structures such as bridges and sewage farms; he's here working with that world famous (UK-HK) piling company that we all know and love so well, Kin Sun. (just incase you didn't know, Kin Sun is Chinese for Frankie!). Rugby is his sport. (Nigel's not Frankie's)



Stephen Buttlings has been pottering around SE Asia for the last eight years particularly on the soccer field where he has carried on water for the other players and the rugby pitch where he has been a generally enthusiastic team member. A geotechnologist by profession, he is a thespian at heart having in the past been actor, director and set builder. He also likes golf and tearing around squash courts.



Peter and Dorothy Smith chatting to Chairman Brian. Sorry that I missed you. Peter is working with Chesterton company.



Dick Ritter enjoying a beer with Tim Hughes. He's here with (chob?)

LOOK OUT FOR CLUB EVENTS IN SEPTEMBER.

- | | |
|------------------------------------|-------------------------------------|
| Soccer Section Dinner Disco | - Friday 14th |
| Guess Who's Coming to Dinner | - Wednesday 19th |
| Cricket A.G.M. | - Friday Sept. 21st |
| "The Farndale Murder Mystery" | - Thurs., Fri., Sat., 27, 28 & 29th |

FROM THE CLUB MANAGER

BY the time you receive this month's magazine, most of the renovations and new facilities will be complete.

The past three months have been trying, to say the least. I would like to thank you the Members for showing such patience during the construction. I trust you will find the additional facilities to your liking and I look forward to seeing you at your Club.

The Accumulator is still accumulating each Friday night by £ 250, £ 4,750 to date plus an additional prize of a pair of Reebok Aerobic or tennis shoes to be won, the Reebok shoes are courtesy of Reebok International.

So come on down to your Club have dinner at Lord's or a drink or two in the Churchill Bar – it could be your lucky night.

Staff Service Award

The member of staff chosen for June by the Members is Khun Amporn, Poolside, chosen for her cheerful and friendly manner and efficiency.

The remaining £ 2,500 goes to Khun Nimit, Storekeeper, for her excellent time-keeping.



Amporn



Nimit

Elephant Round-Up!! (November 17th 19th)

Check for details in this month's magazine. I have acquired 1½ coaches on the train for BC Members. Children under 3 who share with their parents go free.

NOT TO BE MISSED, SEE YOU IN SURIN

Please remember mobile telephones are banned from the Clubhouse. If your business requires you to be on call, leave your phone at Reception and the staff can inform you if you have a call.

CLUB ROUNDUP

Good-bye--Au Revoir



Goodbye-Au Revoir to our super six Candice, Sarah, Rebecca and Sonia, who are off to boarding school and Lise and Alexander who are going back to France – we'll miss you all – but perhaps now someone else will get a crack at the medals!

Congratulations!

To Sarah, Candice, Rebecca, Penny, Scott and Andrew



Penny



Scott

Who received their Advanced Swimmers badge Gold award in

Freestyle
Butterfly
Breaststroke
Backstroke
400mtr. in 10 mins.



Ben



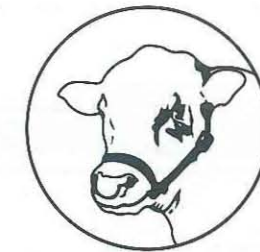
Nadia

Well Done!

The "Most Improved Swimmers' of the Year"

Gala on June 23rd

some of the medal winners



ANGUS
STEAK HOUSES

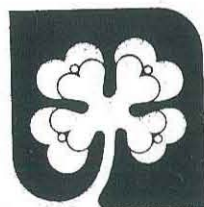
Now also in Sukhumvit Road

On August 16th, the Angus is opening up its second Bangkok Steak House in the premises formerly occupied by Choice Foods, Sukhumvit Soi 33/1 (between Villa and Fuji Supermarkets).

Open for lunch and dinner everyday,
except Sunday, dinner only.

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9/45 Thaniya Rd., Between Silom and Suriwongse Roads. Tel. 234-3590
Pattaya: 485/2 Pattaya 2 Rd., near the Royal Garden Resort. Tel. 038-426193



St. Patrick's Society Bangkok

SLAINTE! A Gaelic greeting to you all from the Bangkok St. Patrick's Society. The society was formed some 28 years ago in 1962 by a group of Irish people who felt that the time had come to start the ball rolling, literally! We are indeed proud to boast that this year's President, Mr. Des Kennedy was one of the founder members. Every year since, there has been a well attended St. Patrick's Ball which is usually held on the nearest Friday to the saint's day on March 17th.

This year the society has a membership of 70, it may not seem like a lot but just imagine 70 Irish people celebrating together. We would like to see the society's membership list grow and therefore wish to encourage any other Irish people or those of Irish descent in Bangkok to contact one of the committee members for more details. There is an annual subscription of 200 baht per person or a life subscription of 1,000 baht.

The main event of the year is the Ball, but we are trying to organise a second "happening" towards the end of the year; perhaps a boat trip, dinner and dancing; more details nearer the date. The members and the committee also have "get togethers" throughout the year, an installation dinner, meetings and the AGM which happened this year to be on the night that Ireland played Romania in the World Cup. Following the AGM we sat and watched with bated breath. The atmosphere was electric, all that was missing were the streamers and rattles, however, most of us could manage a few encouraging grunts at appropriate moments. When the final kick was taken our jubilation knew no bounds as we cheered, drank cham-

pagne and partied 'til the wee small hours.

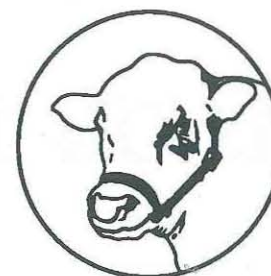
The installation dinner is held on the 14th of September at the Dusit Thani Hotel. This is open to all members and their partners. The cost of tickets is not yet known. Next year's Ball will be held on the 15th of March at the Oriental Hotel as usual. Keep it free, for an evening of fun, frolics, entertainment and a few jars. Definitely the best ball in town!

That about wraps it up for now; we look forward to hearing from lots of new members. If you know of any new arrivals to Bangkok who are finding their feet please ask them to contact me on 311-1324, Sandra Thornton on 259-2605 (on leave currently but returning early September) or drop in at Choice Foods and have a chat with Sally (near Villa Supermarket).

Anne Douglas



"My God-they've found out."



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For details of daily, weekly and monthly rates please contact Angus Inn Reception at 233-4141-2.

Angus Inn (Bangkok): 9/4-5 Thaniya Road, Off Silom Road, Bangkok 10500.

Tel: 233-4141-2, 234-3590 Fax: 233-4653

RELEAF IS ON THE WAY

IT's better to plant a tree than to curse the smog. Trees help absorb tons of greenhouse gasses, but more trees are felled each year than replanted. Global Releaf is a United States national campaign to reduce the build-up of carbon dioxide in the atmosphere by planting trees, expanding forest lands, and reducing deforestation around the globe.

When we use fossil fuels and their products (coal, gasoline, and natural gas) to drive our cars, heat our homes, light our offices, and play our stereos, those burned fuels produce carbon dioxide — millions of tons of it. Once the carbon dioxide gets into the upper atmosphere, it traps heat and contributes to global warming.

Trees help absorb carbon dioxide. A single tree absorbs up to 48 pounds per year — an acre up to 10 tons per year. The people at Global Releaf estimate there are 100 million tree-planting sites in the United States, enough to offset 18 million tons of carbon dioxide. Yet only one tree is replanted for every four that die or are removed each year.

Global Releaf would like to get you, or your community, involved in planting trees. You can get a complete list of all materials and information available by writing to: Global Releaf, Dept. BH, P.O. Box 2000, Washington, DC 20013, U.S.A.

Maria, my youngest daughter, often says to me "I love you, Mommy", and my reply is, "I love you two". From now on I think I'll also say, "I love you tree". (Sorry!)

Here are tree facts:

- 1) Three well-placed trees around the home can cut air-conditioning needs up to 50 percent;
- 2) Trees that shade city streets are 15 times more effective in reducing carbon dioxide build-up than trees in rural areas;
- 3) Tropical forests are being destroyed (many of them burned) at the rate of about 28 million acres a year.

A CHINESE PICNIC

For something a little different, make a picnic of the following dish, adding coleslaw, a salad, bread or whatever appeals to you. Lumpini Park is a delightful place to take the kids. Take along some old bread to feed the ducks.

SESAME-COATED FRIED CHICKEN

Ingredients:

- 3 tablespoons soy sauce
- 2 tablespoons sake or Chinese rice wine
- 1½ tablespoons minced peeled fresh ginger
- 1 teaspoon sesame oil
- 3 stalks fresh lemon grass, finely chopped
- 3 tablespoons coriander roots, chopped
- 1 teaspoon minced garlic
- ½ teaspoon sugar
- ½ teaspoon freshly ground white pepper
- 2 pounds boneless chicken breasts, skinned, cut into 1½-inch pieces
- Cornstarch
- 1 egg, beaten
- 6 tablespoons sesame seeds
- 4 cups corn oil
- 6 Bamboo skewers
- Oriental dipping sauce*

To prepare:

Mix first 9 ingredients in large bowl. Add chicken and toss to coat. Cover and refrigerate overnight. Lightly coat large baking sheet with cornstarch. Add egg to chicken mixture and toss to coat. Thread chicken on skewers, leaving small space between each piece. Mix 1 cup cornstarch with sesame seeds on large plate. Dredge skewers in mixture, pressing to adhere. Place on prepared sheet. Cover and refrigerate 1 hour, turning once.

Heat 4 cups oil in wok to 350 degrees. Add 3 chicken skewers and fry until deep golden

brown and cooked through, turning constantly, about 6 minutes. Transfer to paper towels and drain. Repeat with remaining chicken skewers. Cool chicken completely. Serves 6.

*Oriental Dipping Sauce

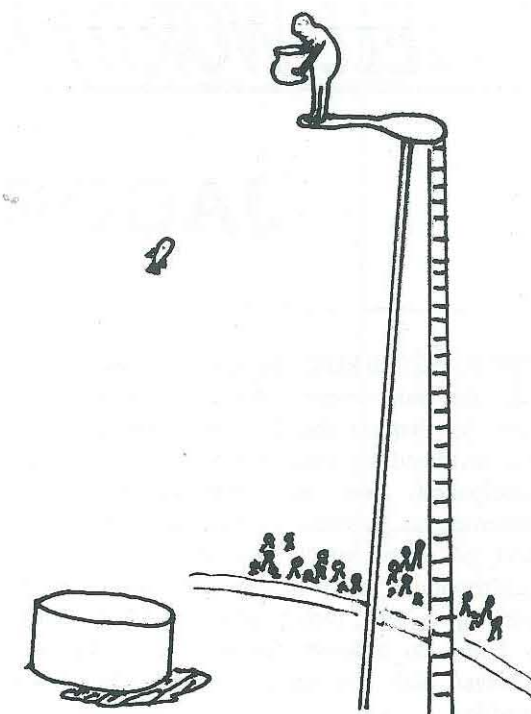
Ingredients:

- ½ cup soy sauce
- ¼ cup water
- 1½ tablespoons Worcestershire sauce
- 1 tablespoon finely shredded peeled fresh ginger

To prepare:

Mix all ingredients in small bowl. Can be prepared 1 day ahead. Chill. Makes about 1 cup.

Ninki Mallet Maslansky



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WELL WORTH WATCHING

JAGGED EDGE

TRANSFERRING big screen successes onto the small screen is a risky business. Never more so than in the case of thrillers, which rely on engulfing their audience in torrents of anticipation, fear and suspense and overwhelming its powers of logic and reason. The kind of terror which can be induced by a quadrophonic sound system and images thirty feet high is well nigh impossible to re-produce at home on a screen fourteen inches by ten, however dark the room and loud the storm outside.

Prejudiced by thoughts such as these, I was doubtful whether I would be really gripped by the video version of Jagged Edge. It didn't help that I had seen the film once before, in a large cinema in Leicester Square. Then, the whole audience had involuntarily left its seats, as a gloved hand smashed through a window. The key to their reaction was timing – and it caught me out the second time too! When my maid chose the most dramatic moment of the entire film to announce that dinner was served, I was devastated that its spell had been broken.

Jagged Edge begins at an isolated beach house in California. As the thunder rolls, a masked intruder breaks in and brutally murders its millionairess owner. Her mutilated corpse is discovered by her husband. The police have two theories: either the murder is the work of a psychopath, or that the culprit is the sole beneficiary of her death, namely, her husband.

Jack Forrester, (Jeff Bridges), is a successful and popular newspaper editor. At the time of his wife's murder, he lay at the entrance to their house, knocked unconscious by the intruder. In spite of this seemingly incontrovertible alibi, the District Attorney, a politically ambi-

tious and unscrupulous man, is determined to pin the crime on him – and thereby settle an old personal score. The case for the prosecution hinges on the identification of the murder weapon, a hunting knife with a serrated blade.






Protesting his innocence, Forrester asks Teddy Barnes (Glenn Close) to conduct his defence. At which point, the plot, as they say, thickens. Ms Barnes left the netherworld of the criminal courts four years earlier vowing never to return. The reason for her decision? Being party to the suppression of evidence and sending an innocent man down, merely in order to enhance the DA's reputation. Although haunted by memories of this complicity, she reluctantly allows herself to be persuaded to take Forrester's case – on one condition: that if he lies to her or if she thinks he is guilty, she will drop it.

Glenn Close has spent several years trying to live down the image which characters such as Teddy Barnes have bequeathed her. Most recently, she has played the obsessive and clinging other woman in Fatal Attraction and the wicked scheming courtesan in Dangerous Liaisons. Unfortunately, her glowing open features and baby blonde hair seem to undermine the idea that she could be inherently evil. I think she is more convincing as an actress when she is not trying to flout nature.

To divulge any more about the plot of Jagged Edge would be indiscreet and might give the game away. Suffice it to say that the film positively brims over with suspense and surprises – and is almost as good the second time around. A must for fans of court-room dramas and those who like to keep guessing until the final frames.

AUGUST CALENDAR

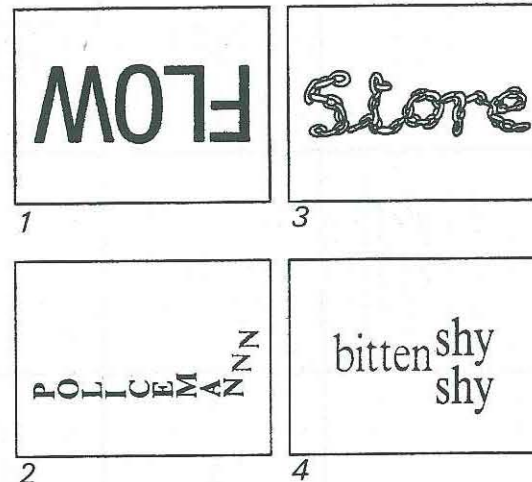
For further information see Activities Page for contact names and telephone numbers. If you would like to announce any B.C. related events in the *OUTPOST* Calendar, please contact Judi Ledy on 258-5110. The deadline is the 10th of the preceding month. *Indicates "to be held in the Wordsworth Room."

	SAT	SUN	MON	TUE	WED	THU	FRI
					1 Ladies' Golf – 7.00 a.m. Aerobics – 9.00 a.m. LUNCHTIME Indian Curry Tiffin Tennis and Squash Club Night from 6.00 p.m.	2 Ladies' Tennis – 8-11.00 a.m. Ladies' Squash – 9-12 noon Darts – 8.00 p.m.	3 Aerobics – 9.00 a.m. Accumulator Night – 8.00 p.m. £ 5,000
	4 Flicks for Kids – 6.00 p.m.	5 Golf – Railway Flicks for Kids – 11.00 a.m. Sunday Family Buffet – 6 p.m.	6 Aerobics – 9.00 a.m. B.W.G. Mahjong* – 9.00 a.m. New Member's Night/ Happy Hour – 5.30-9.00 p.m. Chess Club – 7.00 p.m. Men's Tennis Mix-In 6.00-8.00 p.m.	7 Duplicate Bridge* – 7.30 p.m.	8 Ladies' Golf – 7.00 a.m. Aerobics – 9.00 a.m. LUNCHTIME Indian Curry Tiffin Tennis and Squash Club Night from 6.00 p.m.	9 Ladies' Tennis – 8-11.00 a.m. Ladies' Squash – 9-12 noon Rambi Meeting Darts – 8.00 p.m.	10 Aerobics – 9.00 a.m. Accumulator Night – 8.00 p.m. £ 5,250
	11 Flicks for Kids – 6.00 p.m.	12 H.M. The Queen's Birthday Flicks for Kids – 11.00 a.m. Squash Handicap Tournament Sunday Family Buffet – 6 p.m.	13 Aerobics – 9.00 a.m. B.W.G. Mahjong* – 9.00 a.m. Happy Hour – 5.30-9.00 p.m. Chess Club – 7.00 p.m. Men's Tennis Mix-In 6.00-8.00 p.m.	14 Stamp Collecting Talk for Children – 9.30 a.m. Duplicate Bridge* – 7.30 p.m.	15 Ladies' Golf – 7.00 a.m. Aerobics – 9.00 a.m. LUNCHTIME Indian Curry Tiffin Tennis and Squash Club Night from 6.00 p.m.	16 Ladies' Tennis – 8-11.00 a.m. Ladies' Squash – 9-12 noon B.W.G. Lunch Darts – 8.00 p.m.	17 Aerobics – 9.00 a.m. Accumulator Night – 8.00 p.m. £ 5,500
	18 Flicks for Kids – 6.00 p.m.	19 Flicks for Kids – 11.00 a.m. Sunday Family Buffet – 6 p.m.	20 Aerobics – 9.00 a.m. B.W.G. Mahjong* – 9.00 a.m. Happy Hour – 5.30-9.00 p.m. Chess Club – 7.00 p.m. Men's Tennis Mix-In 6.00-8.00 p.m.	21 Duplicate Bridge* – 7.30 p.m.	22 Ladies' Golf – 7.00 a.m. Aerobics – 9.00 a.m. LUNCHTIME Indian Curry Tiffin Tennis and Squash Club Night from 6.00 p.m.	23 Ladies' Tennis – 8-11.00 a.m. Ladies' Squash – 9-12 noon Darts – 8.00 p.m.	24 Aerobics – 9.00 a.m. Accumulator Night – 8.00 p.m. £ 5,750
	25 Flicks for Kids – 6.00 p.m.	26 Flicks for Kids – 11.00 a.m. Sunday Family Buffet – 6 p.m.	27 Aerobics – 9.00 a.m. B.W.G. Mahjong* – 9.00 a.m. Happy Hour – 5.30-9.00 p.m. Chess Club – 7.00 p.m. Men's Tennis Mix-In 6.00-8.00 p.m.	28 Duplicate Bridge* – 7.30 p.m.	29 Ladies' Golf – 7.00 a.m. Aerobics – 9.00 a.m. LUNCHTIME Indian Curry Tiffin Tennis and Squash Club Night from 6.00 p.m.	30 Ladies' Tennis – 8-11.00 a.m. Ladies' Squash – 9-12 noon Darts – 8.00 p.m.	31 Aerobics – 9.00 a.m. Accumulator Night – 8.00 p.m. £ 6,000

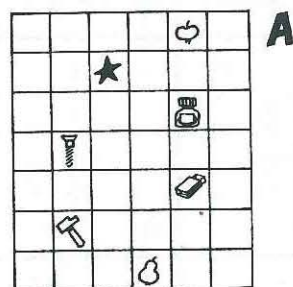
CHILDREN'S CORNER

Junior DINGBATS

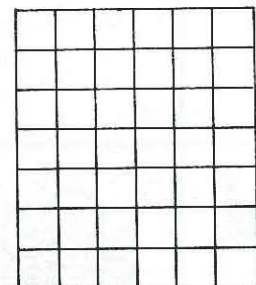
A Dingbat is a cunningly disguised name or saying which is turned around, upside-down, all jumbled up or hiding in a colour. Can you find the name or saying in these Junior DINGBATS?



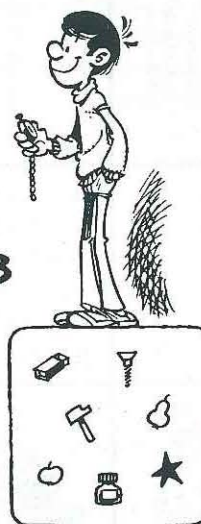
Observe chart A for 30 seconds then cover it and replace the different objects on chart B.



A



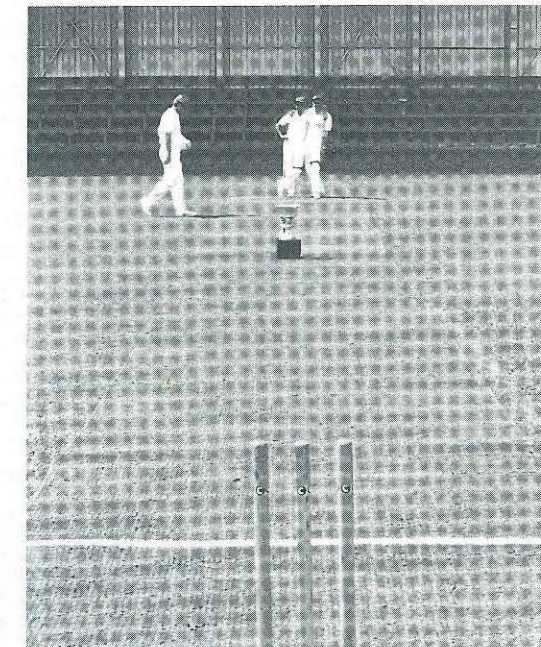
B



Look very carefully at these patterned fish. There are only two of them completely alike, but which two?

Answers on page 26.

CRICKET



British Club Cricket Career Records

1. Appearances

	Minimum : 25
1. Jack Dunford	135
2. David Hall	100
3. Terry Adams	80
4. Nick White	79
5. Craig Price	76
6. Geoff Thompson	66
7. Frank Hough	64
8. Alistair Rider	63
9. David Dance	61
10. Jeff Parry	49
11. Steve Castledine	37
12. Nicky Dunne	29
13. Gordon Burles	28
14. Ben Piper	26
14. Mac Sayer	26

2. Runs scored

	Minimum : 250
1. Nick White	2543
2. Craig Price	2255
3. David Dance	1740
4. Terry Adams	960
5. Jack Dunford	859
6. Frank Hough	846
7. Alistair Rider	746
8. Jeff Parry	584
9. Nigel Grocock	566
10. David Hall	513
11. John Coghill	414
12. Ben Piper	406
13. Steve Castledine	343
14. Hugh Salmon	294
15. John Bertacco	280
16. Nicky Dunne	279
17. Mark Wilson	273
18. David Lamb	269
19. Steve Bolton	268
20. Andre Tissera	259

3. Batting averages

Minimum : 10 completed innings :

ave > 15.00

	Innings	Not out	HiScore	Total	Average
1. David Dance	55	13	124	1740	41.43
2. Nick White	81	12	100*	2543	36.86
3. Nigel Grocock	17	1	113	566	35.88
4. Craig Price	76	10	151*	2255	34.17
5. David Lamb	11	0	60	269	24.45
6. Mark Wilson	13	1	70*	273	22.75
7. Hugh Salmon	14	1	69*	294	22.62
8. Frank Hough	53	11	71	846	20.14
9. John Coghill	21	0	69	414	19.71
10. John Bertacco	15	0	47	280	18.67
11. Ian Rhodes	13	0	40	234	18.00
12. Jeff Parry	41	6	64	584	16.69
13. Alistair Rider	51	5	71*	746	16.22
14. Steve Bolton	20	3	41	268	15.76
15. Nicky Dunne	22	4	34	279	15.50
16. Brian Thompson	16	3	36	201	15.46
17. Terry Adams	71	8	51	960	15.24

4. Wickets taken

Minimum : 20

1. Jack Dunford	140
2. Nick White	118
3. David Dance	104
4= Jeff Parry	63
4= Craig Price	63
6. Ben Piper	51
7. Mac Sayer	27
8= Steve Castledine	26
8= John Coghill	26
10= Neville Clissold	22
10= Frank Hough	22
12. Pat Paterson	21
13. Don Goodin	20
14. Hugh Salmon	20



"I say. Who farted. Oops, sorry, family magazine - passed wind."

5. Bowling averages

Minimum : 50 overs bowled

	Overs	Maidens	Runs	Wickets	Average
1. Neville Clissold	64	7	286	22	13.00
2. Don Goodin	64.2	5	266	20	13.30
3. David Dance	487.1	92	1462	104	14.06
4. Jack Dunford	441.5	14	2241	140	16.01
5. Nick White	654.5	96	1905	118	16.14
6. Ben Piper	191.5	7	886	51	17.37
7. Jeff Parry	316.1	51	1107	63	17.57
8. Keith Welsh	72	17	238	13	18.31
9. John Coghill	105	6	481	26	18.50
10. Pat Paterson	89.4	10	391	21	18.61
11. Paul Eastaway	78	14	265	14	18.93
12. Steve Castledine	110.1	5	504	26	19.38

Overs

Maidens

Runs

Wickets

Average

13. Tom Ryan	74	6	292	15	19.47
14. Frank Hough	96.2	6	465	22	21.14
15. Hugh Salmon	99.5	8	454	20	22.70
16. David Apps	62	5	285	12	23.75
17. Mac Sayer	182	21	645	27	23.89
18. Craig Price	365	26	1523	63	24.17
19. Geoff Thompson	66.2	3	404	14	28.86
20. Ian Hamilton	61	0	266	9	29.56
21. Jack Glattbach	78.3	4	368	11	33.45
22. John Bertacco	76.5	3	360	10	36.00
23. David Hall	83.3	3	566	15	37.73
24. Brian Lewis	64.34	5	279	7	39.86

6. Catches

Minimum : 10

†1. Frank Hough	46
2. Jack Dunford	37
†3. Alistair Rider	35
4. David Dance	30
5. Craig Price	27
6. Nick White	24
7. Terry Adams	19
8= David Hall	18
†8= Brian Thompson	18
8= Geoff Thompson	18
†11= Gordon Burles	15
11= Jeff Parry	15
13. Steve Castledine	13
14. Ben Piper	12

(† = predominantly as wicket-keeper)

7. Stumpings

1. Frank Hough	15
2. Alistair Rider	13
3. Gordon Burles	3
4= Brian Thompson	2
4= Jack Glattbach	2

8. Top individual scores

Minimum : 75

1. Craig Price	151*	vs AIT	1985/86
2. David Dance	124	vs Post	1986/87
3. Nigel Grocock	113	vs ICC	1986/87
4. David Dance	106*	vs Pav	1989/90
5. Nick White	100*	vs Scb	1989/90
6. David Dance	96*	vs CMGC	1986/87
7. Nick White	96	vs Scb	1987/88
8= Craig Price	94*	vs RBSC	1983/84
8= Nick White	94*	vs Comb'd	1980/81
8= Nick White	94	vs AIT	1988/89
11. Nick White	91	vs HKCtrs	1988/89
12. Craig Price	90	vs Post	1984/85
13. Nick White	88*	vs RBSC	1987/88
14. Nick White	81	vs CMGC	1986/87
15. Nick White	77*	vs RBSC	1987/88
16. David Dance	76	vs ICC	1989/90

9. Fifties

Batsmen scoring over fifty in an innings:

22 times	: Nick White
15 times	: Craig Price, David Dance
4 times	: Frank Hough
3 times	: Jeff Parry
Twice	: Terry Adams, Steve Castledine, John Garden, Nigel Grocock, Alistair Rider, Andre Tissera
Once	: Brian Brook, Adam Caro, Neville Clissold, John Coghill, Chris Cowper, David Lamb, Ben Piper, Hugh Salmon, Lindsey Semple, Alan Stamper, Mark Wilson, A J Wilson



"That's what cricket does for you!"

10. Highest partnerships

			Minimum : 100 runs
1. White/Dance	165	vs CMGC	1986/87
2. Adams/Dance	160	vs Post	1986/87
3. White/Hough	147	vs RBSC	1987/88
4. White/Price	143*	vs ICC	1988/89
5. Wilson/Price	136*	vs WCC	1989/90
6. White/Price	130*	vs Wnds	1988/89
7. Hough/Dance	123	vs ICC2	1989/90
8. Dance/Tissera	117	vs ICC	1989/90
9. Adams/Price	113	vs Post	1984/85
10. Price/Rider	112	vs Post	1984/85
11. White/Grocock	110	vs Wnds	1987/88
12. Adams/Price	108	vs Post	1985/86

11. Best bowling in an innings

1. David Dance	8-33	vs CMGC	1986/87
2. David Dance	7-26	vs ICC	1986/87
3. Nick White	7-34	vs CMGC	1986/87
4. David Dance	7-46	vs RBSC	1987/88
5. Jack Dunford	6-6	vs ICC	1987/88
6. Bob Lanham	6-30	vs RBSC	1980/81
7. Jack Dunford	6-35	vs Pav	1989/90
8. Nick White	6-48	vs CMGC	1986/87
9. Neville Clissold	6-53	vs CMGC	1985/86
10. Jack Dunford	6-58	vs HKCtrs	1988/89

12. Five wickets in an innings

4 times	: David Dance
3 times	: Jack Dunford, Nick White
Twice	: Neville Clissold
Once	: John Coghill, Bob Dook, Bob Lanham, Jeff Parry, Brian Thompson.

David Hall

DARTS DARTS

JUNE has been relatively quiet for the section though Thursday evenings still saw the Lions & Unicorns 'friendly' matches. The Lions are now in the lead for number of matches won.

Early July saw the registering of teams for the Johnnie Walker darts league, 24 teams registered (last year 40) and there will again be 4 divisions. The Lions have been placed in the 3rd division and the Unicorns the 4th but this year there will be cross division matches so we may meet in competition occasionally. It is expected the first league matches should take place on 19th July. For the B.C. this very late start is disastrous as most of the team members retire for home leave around this time of the year. Those of you who play the odd game of darts but didn't want to register can still help us out over the holiday period, please call me or Patrick Windeller for match details or turn up on Thursday evenings at the Churchill bar, one of the teams usually plays at home.

That's about it for this month except to, once again, plead for the returns of Orin's stool or for a volunteer to furnish a new one, it is more imperative than ever with the league beginning and I am sure Mrs. B would be eternally grateful. Good luck to both teams for the league, a word of warning to Mrs. Joan Adams, don't volunteer to captain any games; captain has to throw nearest the bull! Team members wishing to know the weekly venues should call their team captains on the day of the match; those who cannot attend should also notify the captain so as a replacement can be sought in time for the match. These small courtesies would be much appreciated by both captains. Hope to see you on the odd Thursday evening for some fun, frolics and a game of darts.

Anne Douglas

LADIES' GOLF LADIES' GOLF

THIS month we would like to welcome four new members to our Group : Diana Taylor, Liz Bruce, Gill Hough and Marrilynne Urquart.

We believe that there are a few ladies out there either practising or learning in order to join us, please do come we are always very pleased to see new players.

We also welcome an old member this month, Lotta Macdonald who has stopped work, and will be playing with us until her departure.

We had a minor problem recently at the Army Golf Course when we once again found ourselves teeing off at the Railway Golf Course because the caddies at the Army went on strike! Fortunately, this has now been sorted out and although one cannot book one's caddy anymore, Sharon seems to have found a method, see her if you want your old caddy back!

Wednesday 6th June Railway Golf Course Stableford

Winner	: Anne Marie	(20)	33 points
R'up	: Sandra Brice	(11)	30 points c/b from Sharon

Wednesday 13th June Army Golf Course
Bogey

Winner	:	Sharon	(39)	+5
R'up	:	Lavita	(23)	+2
N/p No. 6	:	Inge		
N/p No. 17	:	Sandra		
Under par	:	Sharon nett 67		
		Lavita nett 71		
Under 30 putts	—	Lavita		

Wednesday 20th June Army Golf Course
7 clubs and putter — strokeplay

Flight A	Winner	:	Sandra	nett	75	(11)
	R'up	:	Judy	nett	78	(19)
Flight B	Winner	:	Lavita	nett	68	(22)
	R'up	:	Inge	nett	70	(29)
Flight C	Winner	:	Sharon	nett	69	(39)
	R'up	:	Marlene	nett	76	(40)
			Diana	nett	76	(40)
	Near pin 4	—	Sharon			
	Under 30 putts	—	Judy			

We had a good turn out on this day to enable us to have three flights.

Wednesday 27th June Army Golf Course
L.G.U. Medal — strokeplay

Silver Division	—	Judy Farmer	nett	75	(17)
R'up	—	Nena Reid	nett	81	(12)
Bronze 1 Division	—	Lavita Hughes	nett	79	(19)
R'up	—	Inge Schwetz	nett	79	(27)
Bronze 11 Division	—	Sharon Plumlee	nett	80	(30)
R'up	—	Alice Gunther	nett	85	(36)
Long Driver Silver Division	—	Nena (who else!)			
Long Drive Bronze Division	—	Marilynne Urquhart			

Nobody managed to get nearest the pin on Nos. 4 and 17, amazing!

Answers to Children's Corner.

1. Overflow 2. Sleeping policeman 3. Chainstore 4. Once bitten, twice shy
Numbers 1 and 9.

SQUASH SQUASH



A whole load of squashing went on in June and July.

June 17th saw a thrilling Intersocieties annual competition for the Dunlop Cup. This is the one for six teams with six players in each and is always good fun squash. This time for the first year ever it was a draw. "Rubbish." I hear you cry. "Impossible." cries another enthusiastic disbeliever. Well this was how it went, I think. The chaos all hinged around the match between Bill Barr (St. Andrews) and Tim Davis (St. Oz or was it Noz). Anyway in all the excitement, total confusion reigned, as it often does in fun squash events and somehow these chumps, I mean chaps, played to the wrong handicaps. Somehow this influenced the final result and although St. Georges won, the captain told me that it had been decided that it was a draw with St. Davids. Crystal clear eh? If you really want an explanation ask Tony Austin, as I've got mixed parentage, if you know what I mean. The hooligan element/agitator came, surprise, surprise, from the Irish camp in the form of Mike O'Connor.

Photographs to prove some or all of the above will be in next months issue. I can hardly wait.

Early June saw the more serious squash events with the Don Johnson Cup for men, which is the annual club closed championship; the Parra Handy Plate for men; the ladies' cup closed competition and the plate.



Mike and Tony.



Jorgen and Tim.



Audrey and Helen.



Caroline and Julia.

In the photos below you can see Mike Stockley winner of the Don Johnson Cup with runner up Tony "bionic arm" Austin. Tim Mitchell edged out Jorgen Toft for the men's plate. Helen Evans overcame Audrey Sill to win the Ladies' Cup. The Ladies' Plate was won by Caroline Garnett over Julia "why aren't the balls yellow and fluffy" Freeman.

The winners for the monthly Dunlop ladder draw were:

1st prize	Dick Souter	1,000 baht voucher
2nd prize	Helen Evans	500 baht voucher
3rd prize	Jorgen Toft	500 baht voucher

ALL FROM DUNLOP

Dick also holds the record for being the person who received his prize fastest after the draw. As the committee members emerged from the Churchill Bar all panting, hot and sweaty after the latest meeting they bumped into a cool, calm and nonchalant Dick on his way from a game of squash to the changing rooms, so he got his prize within ten minutes of his name being drawn. How's that for service! Don't say we don't try hard to please.

The squash diary of events until March '91 is on the noticeboards and given below. Sign up at the board with your preference for a tour of Singapore or KL.

Other fixtures include the Dawee Cup in September where we need 5-10 good players as we play hosts to the RBSC - probable date is the evening of September 20th - we await confirmation from the opposition.

We are also due to host the Third Invitation TSRA Squash Tournament in October and will probably enter two teams - proposed date October 31st - again we are awaiting confirmation.

On a very serious note, the Committee did spend time discussing the growing number of injuries that have arisen on our courts. What can we do to prevent them? Several possibilities were discussed but it really is very difficult to come up with any foolproof answers. Injuries can arise from being hit by a ball or with a racquet. A few words of advice:-

Please have consideration for your partner, after all it is only a game and should be played for fun.

If in doubt ask for a let rather than risk dangerous play or slamming the ball into your opponent

Be receptive to opponents asking for lets

Catch the ball if it is coming off the wall too close to your body and give your opponent the point rather than risk them having a wack at it close to you and hitting you instead

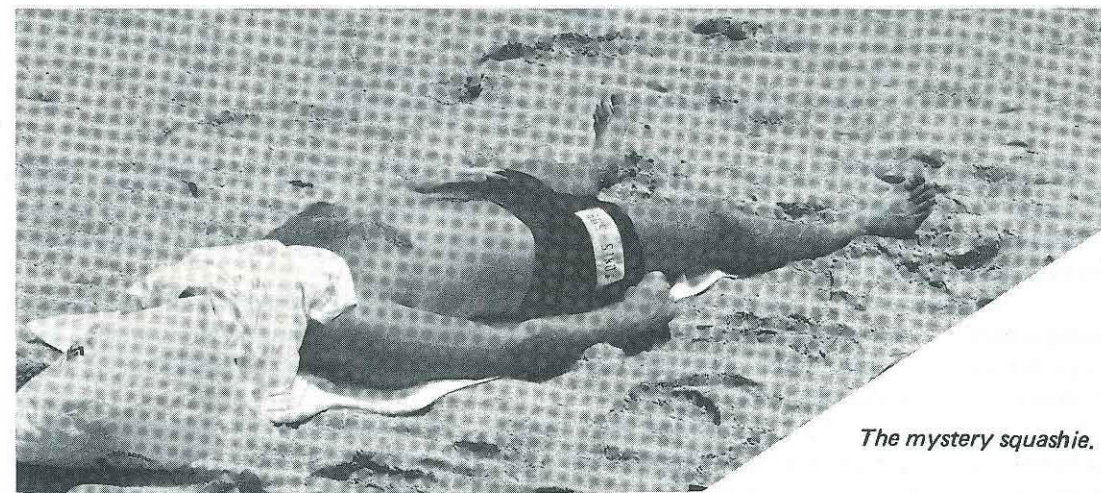
If you are a relative beginner to the game and without being sexist it does seem to be a problem with newcomer ladies to the game, ask a more experienced friend to "mark" the game for you and tell you when it is dangerous play

Wear eye protectors. It can't be much fun putting someone in hospital with a serious eye injury; so please play carefully

We all know how difficult it is when you are concentrating hard in the middle of a heated game but let me say it again, it is only a game and meant to be fun. Please let's all make a special effort to be more careful.

On a lighter note, see below for the squash competition of the year. As you can see we have a squashie taking repose (yes we'll give you a clue it is male) after an exhausting game of his favourite sport, or second favourite sport maybe? Any way we want you to tell us who it is. Guesses please to Maureen Denner (I think she is only after his body) who will give 200 baht to the first correct guesser. Answer next month.

See you in court



The mystery squashie.

Squash Diary of Events (June-March '91)

August	One day handicap	Informal Sunday handicapped tournament (12th)
September	League	
October	Rod Carter Shield	British Club open tournament. Players from all clubs welcome. Dates T.B.A.
	Tour to KL/Singapore	Subsidised tour probably 4-5 days. Dates T.B.A.
November	League Kings Cup (singles) Queens Cup (doubles)	Open tournament at R.B.S.C. (Dates T.B.A.)
December	Handicapped Tournament	Knockout & plate (starting 1st)
January '91	League	I.C.I. sponsored league
February '91	Harold Mercer	Knockout. Teams of 3/4. Dates T.B.A. Runs 3 weeks
March '91	League	

Mel Leddy

SWIMMING SWIMMING

SWIMMING GALA 23rd JUNE 1990

THIRTY-seven entrants registered for the last swimming gala before the long school holidays, bringing to a close a highly competitive, successful and enjoyable year for the Swimming Section. The majority of swimmers were in the Under 9 and Under 11 age groups with just a sprinkling of competitors in the very young and the over-11 categories.

The programme proceeded smoothly from start to finish with 22 races in all, including the multiple heats for the age groups containing more than six competitors. We were entertained with some very close races and tight finishes which kept our timekeepers on their toes. The results of the races can be found in the accompanying table.

Just to round off the programme, Paul Myers quickly organised a "fun relay race" in which six scratch teams consisting of six swimmers of mixed ages and abilities did battle. Each swimmer swam one length free style - sanuk, sanuk! It was such a success that everyone wanted a repeat performance.

We would like to thank our sponsors, Milo, who provided the medals and everyone who helped in the organisation and the running of the gala, timekeepers, starter, results co-ordinators and our announcer, Mark Reid, who kept the continuity flowing in his usual professional style. Our thanks go, not only for this particular gala, but also for the support we have received in events throughout the year. For many of us, this is just the break for the summer holidays, but for a few it is the end of an era. As usual, at this time of year, we lose some of our best swimmers who leave to go to boarding school, or their families move on to other pastures. To these we would like to say "Good luck for the future and come back and see us if you can". Our good wishes go to Candice, Sarah, Lisa, Sonia, Rebecca, Alexander (the fish), and Christoph and my apologies if I've missed anyone out. For the rest, have a good break and we'll see you with a new, action-packed programme in September.



RESULTS OF THE SWIMMING GALA held on Saturday, 23rd June 1990

			Breast	Free	I.M.*
5 and under	Girls	Laura Hughes		42.95	
	Boys	Joseph Thornton		47.00	
		Jonathan Meggison		36.20	
Under-7	Girls	Teuila Reid	22.73	24.59	1.05.53
	Boys	Alistair Burgess	29.42	24.41	1.00.46
		James Meggison	31.00	28.25	1.14.73
		Christoph Ramaciotti	32.45	26.77	1.08.37
		Michael Thornton	35.65	27.70	-
Under-9	Girls	Amy Burgess	56.14	43.23	1.54.83
		Louise Coutts	1.15.25	1.11.53	3.02.86
		Anna Freeman	1.09.81	-	-
		Louisa Marion	59.03	47.75	1.56.83
		Camilla Russell	1.47.07	-	-
		Kate Shepherd	1.15.13	51.82	2.40.45
		Harriet White	1.00.80	52.21	2.09.78
	Boys	Gordon Boyd	52.97	44.06	1.50.07
		Tom Candler	1.05.03	56.54	2.33.95
		Michael Coutts	1.09.67	1.05.75	2.45.02
		Dominic Glattbach	-	48.20	-
		Ross Leamon	1.07.08	53.66	2.20.19
		Robert Meggison	1.03.74	59.16	2.23.34
		Sam Miller	1.05.09	1.01.71	-
		James Savage	1.08.03	51.37	2.17.36
		William Thornton	1.06.73	55.82	2.26.74
Under-11	Girls	Candice Driver	51.42	40.59	1.43.84
		Lisa Dumont	53.44	44.92	1.55.36
		Petra Glattbach	1.01.83	-	-
		Chloe Leamon	56.00	46.22	1.57.02
		Sarah Myers	50.88	40.87	1.46.19
		Cushla Reid	1.03.23	50.16	2.24.97
		Rebecca White	53.49	41.73	-
	Boys	Jonathan Coutts	1.05.49	1.00.72	2.21.76
		Alexander Ramaciotti	51.15	39.29	1.46.57
		Ben Quarmby	52.09	39.88	1.53.09
Under-13	Girls	Nadia Hall	2.13.89	1.42.23	3.18.88
		Penny Reid	1.47.81	1.29.63	2.43.91
	Boys	Scott Boyd	1.45.97	1.22.20	2.33.06

* I.M. - Individual Medley. This comprised one length each of breaststroke and freestyle for the under-7's, one length each of butterfly, backstroke, breaststroke and front crawl for the under-9's and under-11's and one length each of butterfly and backstroke plus two lengths each of breaststroke and front crawl for the under-13's.

The distances for single strokes were one length for the 5's and under and the under-7's, 2 lengths for the under-9's and under-11's and 4 lengths for the under-13's.

SPEED SWIMMING RESULTS

ON Sunday July 1st, about thirty children congregated at the British Club swimming pool to race against the stopclocks for the speed swimming trials. Their ages ranged from 7 to 12 years, although the younger ones were essentially there to check on the improvement on their speeds whereas the older swimmers were hoping to qualify for speed badges. A few other children were also tested during training sessions with Gill Hough at a later date. All the results are summarised in the accompanying table. The qualifying times for the bronze, silver and gold badges for each stroke are given at the bottom of the able.

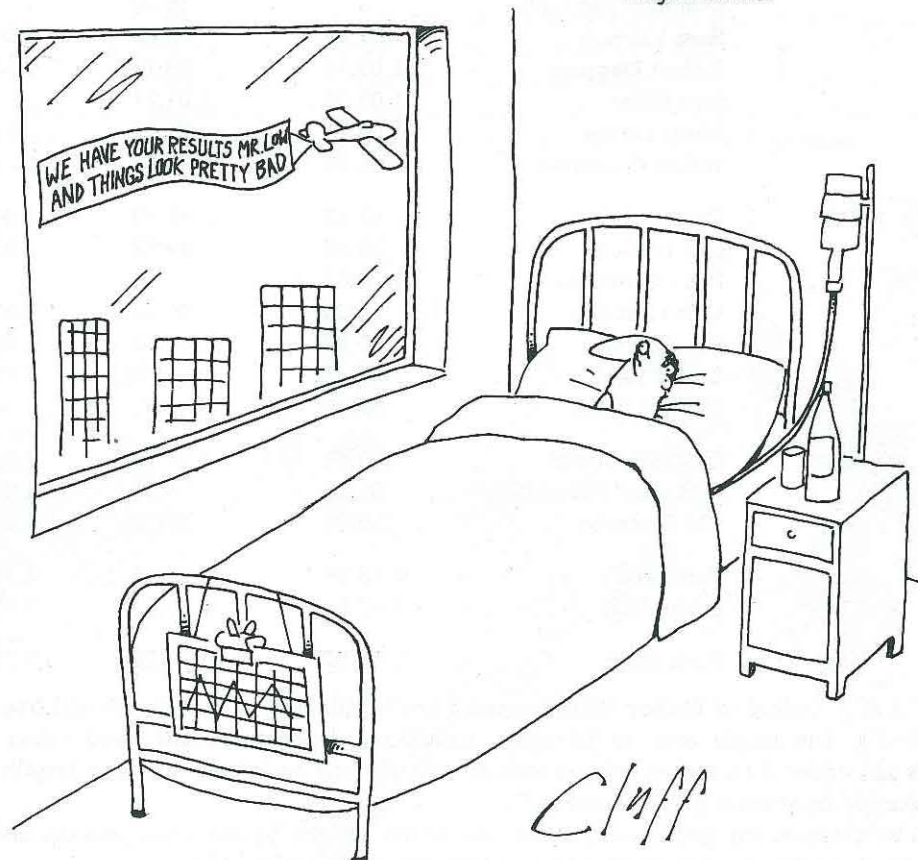
In the freestyle trials, nine children qualified for gold badges. Congratulations to all of these, especially Amy Burgess who has improved so much in the last year. Eight others achieved silver badges and another eight bronze. In the backstroke events five children won gold badges and a further five qualified for bronze. In the breaststroke 18 badges were awarded, six in each category and in the butterfly, four badges in each category.

Special congratulations are extended to Gordon Boyd, Candice Driver, Andrew Kwong and Penny Reid who qualified for gold badges in every stroke. Andrew and Penny also went on to qualify for advanced speed badges during the afternoon.

Our commiserations go to those children who missed qualifying for badges by a hair's breadth, a whisker or even a few milliseconds. Hard luck, but maybe you'll make it next time!

Many thanks to all those who helped out including trainers, timekeepers, results co-ordinators and organisers.

Angela Coutts



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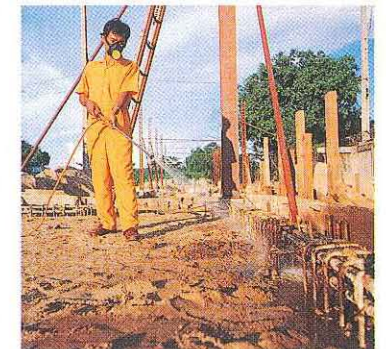
Upholstery care



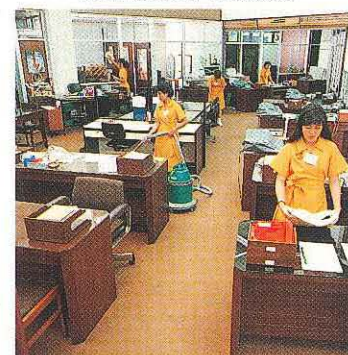
Eradication of mosquitoes and other insects



Termite control in the house



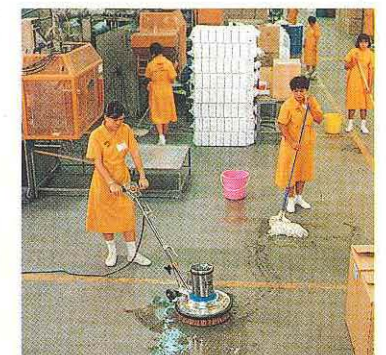
and on construction sites



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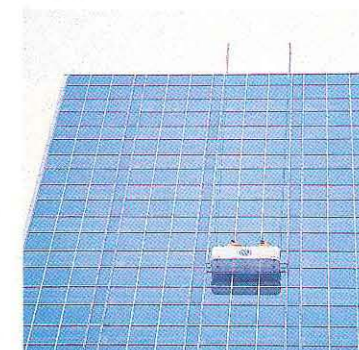
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BRITISH CLUB SWIMMING SECTION
SPEED SWIMMING RESULTS
SUNDAY JULY 1ST 1990 AND OTHER RECENT SESSIONS
TIMES FOR 25 METRES

Name	Age	Freestyle		Backstroke		Breaststroke		Butterfly		Merit/ Advanced
		Time	B/S/G	Time	B/S/G	Time	B/S/G	Time	B/S/G	
Torke Atkinson	10	23.01		24.99	Bronze	25.30	Silver	28.44		
Gordon Boyd	9	18.50	Gold			25.04	Silver	24.02	Silver	
Scott Boyd	11	16.86	Gold	19.85	Gold	21.85	Gold	20.07	Gold	
Amy Burgess	8	18.5	Gold			25.22	Silver			
Jonathan Coutts	9	23.80				31.96		32.42		
Louise Coutts	7	32.65				34.44				
Michael Coutts	7	29.29				34.50				
Candice Driver	9	18.36	Gold	20.95	Gold	23.25	Gold	20.78	Gold	
Lisa Dumont	10	18.50	Gold			24.73	Silver	22.95	Silver	
Anna Freeman	8	21.74	Bronze			30.91				
Petra Glattbach	10	21.42	Bronze							
Andrew Kwong	12	17.06	Gold	20.23	Gold	22.60	Gold	21.58	Gold	Advanced
Chloe Leamon	9	20.62	Bronze	29.19		26.17	Bronze	24.37	Bronze	
Ross Leamon	7	25.24				30.28		33.28		
Nathan Lyon	11	20.29	Silver	23.61	Bronze	29.69				
Guy Marion	10	19.73	Silver	24.89	Bronze	26.13	Bronze	29.90		
Louisa Marion	8	26.63		25.87		25.60	Silver	23.77	Silver	
Alice Molan	9			32.60		28.22				
James Molan	12	20.23	Silver			28.32		29.49		
Simon Molan	9	21.91	Bronze	33.03		27.99				
Sarah Myers	9			23.94	Bronze	20.49	Gold	23.75	Silver	
Russell Pankhurst	11	20.08	Silver	25.37	Bronze			24.66	Bronze	
Cushla Reid	9	20.76	Bronze	28.26		27.08	Bronze			
Penny Reid	12	16.26	Gold	20.14	Gold	22.08	Gold	20.29	Gold	Advanced
Teuila Reid	7	25.49		33.42		29.03		32.26		
James Savage		22.63	Bronze							
Maggie Siddall		20.54	Bronze							
Alex Stamp	8	19.60	Silver							
Derek Stamp	11	18.86	Silver							
Sonia Stewart	9		Silver			27.06	Bronze			
William Thornton	8	23.11		33.86				33.03		
Harriet White	8	23.00	Bronze	30.24		27.70	Bronze	31.18		
Rebecca White	10	18.51	Gold	21.01	Gold	23.16	Gold	24.56	Bronze	
David Yates	9	19.70	Silver			27.73	Bronze			
James Yates	11	18.10	Gold			25.56	Silver	25.61	Bronze	
Times Chart		Freestyle		Backstroke		Breaststroke		Butterfly		
Bronze		23.0		25.6		27.8		26.6		
Silver		20.5		23.3		25.6		24.2		
Gold		18.6		21.1		23.3		22.0		

TENNIS TENNIS

BCB v Japanese Association

On Saturday 23rd June the Japanese Association of Thailand invited the British Club to a tennis match, to be played on our own courts but hosted by them.

In the past, the Japanese have always beaten us comfortably, but this time we were determined to do better. We even brought in two ringers in the men's team to strengthen the group although it did us little good, as the results show.

Men's Match

Jim Musin and Matti Coach lost to Yamaguchi and Kanazawa 6-1
Mike Stockley and Theo Coach lost to Okamoto and Horiai 6-3
Gordon Martin and Bernie Adams beat Kato and Tsukahara 6-3
Henry Cherdumphai and Garry Cooper beat Nojiri and Saito 6-3
David Ingham and Brian Roche beat Horiai and Tsukahara 7-5
Jim Musin and Matti Coach beat Yamaguchi and Kanazawa 7-6
Gordon Martin and Suchi beat Okamoto and Horiai 6-3

Result - British Club men 5 Japanese Ass. 2. A well deserved victory.

Ladies' Match

Judy Farmer and Nena Reid lost to Hino and Hachiya 6-3
Sandra Thornton and Verena Macartney lost to Goto and Matsuzaki 6-3
Anita Hughes and Julia Freeman beat Kamayama and Higo 6-2
Yupin McConnell and Alexis Welsh lost to Aoyama and Hemoto 6-2

Result - British Club Ladies 1 Japanese Ass. 3. A creditable loss to a very strong side.

Mixed Match

Matti Coach and Anita Hughes beat Yamaguchi and Matsuzaki 6-4
Jim Musin and Julia Freeman beat Kanazawa and Higo 6-4
Bernie Adams and Sandra Thornton lost to Horiai and Kanayama 6-4
Suchi and Judy Farmer lost to Tsukahara and Hachiya 6-1
Henry Cherdumphai and Alexis Welsh lost to Saito and Aoyama 7-5
Garry Cooper and Yupin McConnell lost to Nojiri and Goto 6-0
Gordon Martin and Nena Reid lost to Okamoto and Hino 6-2
David Ingham and Julia Freeman lost to Saito and Matsuzaki 6-4
Brian Roche and Verena McCartney lost to Kato and Higo 6-2
Bernie Adams and Anita Hughes beat Hojiri and Goto 6-3

Result - British Club mixed 3 Japanese Ass. 7

Overall Match Result - British Club 9 Japanese Ass. 12

Much closer than before, but a well deserved and hard fought victory for the Japanese Ass. After the tennis, the Japanese extended an open invitation to their Association for dinner and drinks.

What a wonderful spread it was, and for those who went from the B.C. thoroughly enjoyed themselves.

Following the meal the Japanese Association mixed voice choir accompanied by Tsukuhara on guitar entertained us with a medley of songs including "London Bridge is burning down."

It appeared that another match, this time Karaoke was in progress.

Song for song, poem for poem we matched the Japanese. We then played our trump card and put David before the microphone. This was a show stopper; 6ft 2in; cherubic face with blue eyes and a Shirley Temple haircut, David sang "the only song I know", a kindergarden song. What it was about no one really knew or cared but it was sung in Japanese. Congratulations David, this put us firmly in the lead. However, not to be outdone, Tsukahara then performed mightily on guitar and regained the lead and won the match for our hosts.

Thanks to our firm friends at the Japanese Ass. for a wonderful day which was deservedly theirs, but next time.....

THE monthly Round Robin was held on 1st July and twenty players arrived for the event.

This time a handicap system was introduced to make the matches as even as possible. It actually worked as it was only in the last round that the winners and losers of the men's and ladies' section emerged.

Results

Men's Section	Winner	- Bernie Adams
	Runners-up	- David Hall and Toby Marion
	Propper-up	- George Dunford

Ladies' Section	Winner	- Maureen Denner
	Runner-up	- Caroline Garnett
	Propper-up	- Joan Adams

Don't forget, there is a Round-Robin every month - happy tennis.

Competition : The tennis section needs a new logo! Here's a chance for everyone (all ages) to have a go. A prize will be awarded to the winning entry so get drawing. Entries into tennis section by September 15th.



Inter-Club Ladies' Team Tournament

The Inter-Club Ladies' Team Tournament was held over 2 days from 9-10 June at the Silom Club. Eight clubs were represented in the competition and the British Club team sadly found themselves facing stiff opposition having been drawn to play the RBSC "A" Team, the Polo Club and Thammasart University! Unfortunately, the British Ladies did not make it through to the second round but had some enjoyable games despite the searing heat.

Thanks to all members of the British Club team for a magnificent effort – Better luck next year girls!!

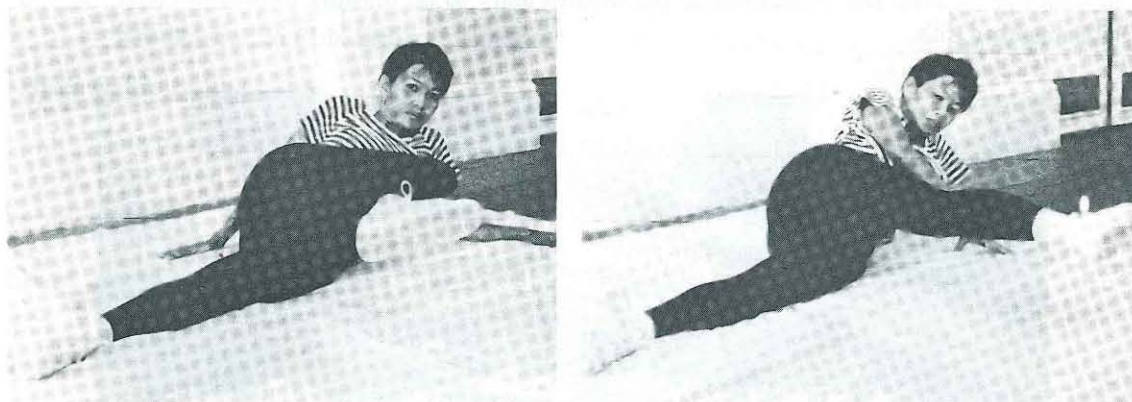
Team

Phyl Xumsai
Anita Hughes
Jackie Gramond
Ninki Maslansky
Sandy Brice
Nena Reid
Joan Adams
Yupin McConnell
Alison Savage
Judy Farmer

Results
BC-RBSC
BC-POLO
BC-Thammasart

Matches
0-5
0-5
2-3

Aerobics



LEG PRESSES

An excellent exercise for the thigh muscles. Lie on your side, bring your knee in to your chest and press your leg out to the side. This is not a kick its a pushing movement. At the end of the press (picture 2) your toes should be in line with your waist. Remember not to snap your knee as you push out.

Start with 8-12 Reps and build up to 35-40 Reps on each leg.



INNER THIGH LIFTS

Lie on your side (make sure you stay on your side and don't roll back as you proceed) with one knee bent, the other leg straight out with the foot flexed as in picture A. Now keeping the foot flexed and inner thigh facing upwards, raise and lower your leg. Repeat 12 times on each leg. Work up to 35-40 Reps per leg.



INNER THIGH LIFTS

This exercise works the adductors (inner thigh muscles) which is a hard muscle to work. Start as in picture 1 then slowly drop your leg to the side with foot flexed picture 2. Then bring it up again concentrating and squeezing the inner thigh as you bring it up. Start with 10-12 Reps on each leg and work up to 35 Reps on each leg.

Home: 286-1356
Fax: 238-3520

Bridge



DUPLICATE BRIDGE RESULTS

Tue 12 June (2½ Tables 20 Boards : Howell Movement)

1st Elaine & Darryl 66%

2nd Chris & Mark 53%

Tue 3 July (Two tables – Teams of Four : 20 Boards)

	Team A	Team B	A	B
First Half (1-10)	Elaine & Darryl Sian & Wendy	Argela & Steve Sunisa & Pimpraphai	29	2
Second Half (11-20)	Elaine & Darryl Sian & Wendy	Sunisa & Pimpraphai Angela & Steve	21 50	41 43

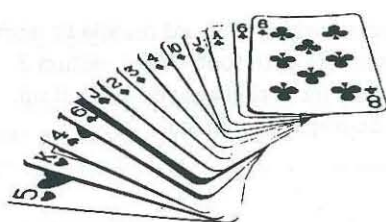
TEAM 'A' WON WITH 50 IMP

Excessively bad traffic on Tuesday evenings has disrupted attendances but the regular players are enjoying some good bridge.

For your diary mark in the following dates :

- Duplicate Bridge every Tuesday evening
- An Introduction to Duplicate Bridge
Thursday 20 Sept.
- Duplicate Bridge & Curry Supper Evening
Sat 6 Oct.

If you enjoy playing bridge and would like to join in, 'phone us at home on 3315983 or 3117414-5 EXT. 330 or come along any Tuesday evening.



Elaine & Darryl Hennig

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234-2592
Home : 393-9049
Fax : 235-1560

ACTIVITIES

ANYONE WHO IS INTERESTED IN PARTICIPATING IN ANY ASPECT OF THE FOLLOWING ACTIVITIES SHOULD CONTACT :

BILLARDS/SNOOKER	— RON ARMSTRONG	390-2445
BRIDGE	— ELAINE & DARRYL HENNIG	331-5983
CHESS	— JAMES NICHOLS	236-8834
CRICKET	— BRIAN LEWIS	253-0557
DARTS	— ANNE DOUGLAS	311-1324
GOLF	— LLOYD HOUGHTON	252-0435
LADIES' GOLF	— PENNY WHALLEY	286-1463
OUTPOST	— MAREN WHITE	258-1481
RUGBY	— PETER SNELL	236-7879
SCUBA DIVING	— CHRISTIAN BOUTEILLIER	279-5373
SOCCER	— ALEX FORBES	260-1950
SQUASH	— TONY AUSTIN	278-1557
STAMP COLLECTING	— PATRICK WINDELER	391-8691
SWIMMING	— ERIKA MAJER	252-7492
TENNIS	— JULIA FREEMAN	287-1268

Celebrate something. Take two nights in Phuket.

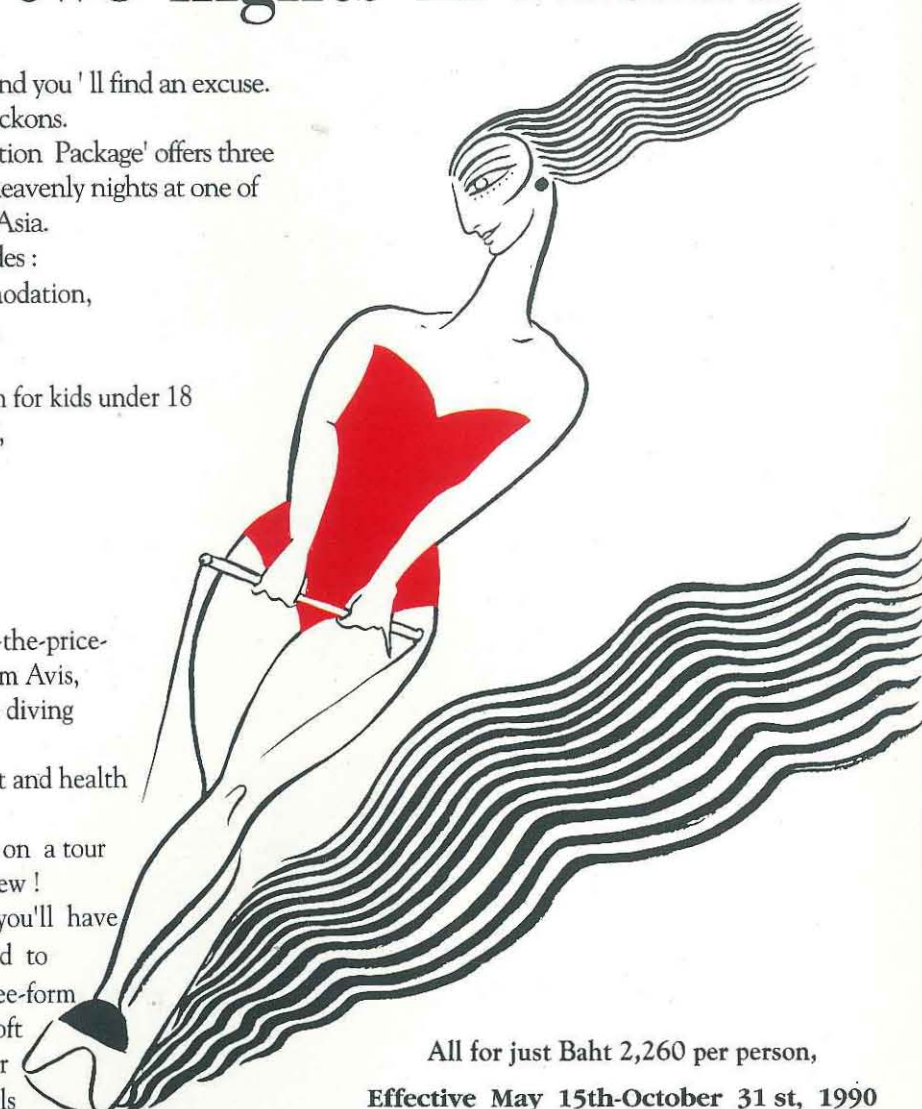
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- welcome drink,
- fruit basket,
- daily paper,
- late check out,
- free gifts,
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- 20% discount at the diving center,
- complimentary sport and health club facilities
- and a 25% discount on a tour to Phang-nga. Whew!

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MARTELL XO SUPREME

