



OUTPOST

MAGAZINE

AUGUST • 2002



10
Golf



20
Soccer



22
Scuba



25
New Members

Airline of the Year - Central Asia 2001 & 2002

On your way to Europe you'll have one stopover.



Fortunately, your transit
lounge will look like this.

Fly SriLankan Airlines to London Paris or Zurich

	Economy Class		Business Class	
	One Way	Return	One Way	Return
Paris and Zurich	THB11,700	THB22,750	THB34,000	THB68,000
London	THB12,250	THB23,750	THB37,000	THB73,000

- The above fares do not include any taxes.
- A peak surcharge of THB2,200 (one way) and THB4,400 (return) will be applicable on economy class travel during 20 July - 25 August 2002.
- Stopover in Sri Lanka permitted at no additional charge.

You're our world



The Members and Management
of the British Club Bangkok
wish Her Majesty Queen Sirikit
Many Happy Returns on the occasion
of Her Birthday.



Contents

HIGHLIGHTS

Creole Food Promotion	16
Jazz Night	6
Rumpelstiltskin Review	18
'The City of Angels Resounds' Concert	9

SPORTS SECTIONS

Golf	11
Scuba	22
Soccer	20
Squash	26
Tennis	7

REGULARS

Calendar	13
Crossword	17
General Manager's Brief	4
New Members' Night	25
Reciprocal Clubs	15
Sports Update	15
What's On	14



The British Club is a family, social and sporting club, set in relaxing grounds, conveniently located between Silom and Surawongse Roads, with an ever-growing international membership.

For details about the Club contact the Membership Marketing staff at:

The British Club

189 Surawongse Road, Bangkok 10500

Tel: (0) 2234 0247

Fax: (0) 2235 1560

Email: britclub@loxinfo.co.th

Website: www.britclub.com

CONTRIBUTIONS

All Members are encouraged to contribute to *OUTPOST* - remember this magazine is of the Members, for the Members, by the Members. Any articles, photographs, prose or verse should be sent to the Editor not later than the 10th of the month for publication the following month, so as to ensure adequate time for editing (where necessary), lay-out, printing and mailing out to Members.

Liz Bishop, Editor

Tel: (0) 2285 4721-3

Fax: (0) 2678 1292

Email: info@creativethailand.com



OUTPOST MAGAZINE

The contents of this magazine are not necessarily the opinion of the Editor, the General Committee or the Management of the Club.

OUTPOST Magazine is produced on behalf of the British Club by The Creative Partnership.

To advertise please contact Mr. David Blowers or K. Saranluck at:

The Creative Partnership

Tel: (0) 2285 4721-3

Fax: (0) 2678 1292

Email: info@creativethailand.com Website: www.creativethailand.com



GM'S BRIEF

**Dear Members,**

I am sure you will all join me in extending sincere birthday wishes to Her Majesty Queen Sirikit on 12 August 2002.

It's the time of year when there are a lot of families are on leave, but we do not want to forget about the Members who are staying in Bangkok during the long summer break, so we have some very special events lined up for August.

'Wines of the New Wave' is a wine tasting event jointly organised by the British Club and the British Chamber of Commerce in Thailand. There will be a large selection of Australian, New Zealand, South African, Californian and South American wines for you to try.

Specially flown in from Chicago the Club is pleased to present a spectacular night's entertainment with a great performance from the Eldee Young Jazz Trio. A 3 course dinner, prepared by guest chef Miguel Kenning (also from America) will complete this wonderful evening for Jazz lovers. More details in this issue of *Outpost*.

We will be celebrating the Queen's Birthday with an International Luncheon Buffet in Lords Dining Room. All Members are welcome to celebrate with the Club, and as a special treat, there will be some very enjoyable children's entertainment.

There are some important dates for the remaining part of the year to write down in your diary; New Zealand Wine & Dine on Wednesday, 9 October 2002; Trafalgar Night Dinner on Wednesday, 16 October 2002; Guy Fawkes on Sunday, 3 November 2002; Elephant Trip to Surin on Friday, 15 November – Sunday, 17 November 2002; Loy Krathong Celebration on Tuesday, 19 November 2002; Ploenchit Fair on Saturday, 23 November 2002; BC Annual Christmas Ball on Saturday, 14 December 2002; and Children's Christmas Party on Tuesday, 17 December 2002

Also in the September issue of *Outpost* we will publish all the important dates for the British Club Centenary Events for 2003.

On the Food & Beverage side, we have introduced a new pool menu featuring low-cholesterol and low-carbohydrate food. This is a feature which will also be implemented in the Churchill Bar menu in September 2002.

During the months of July and August we will be giving the Churchill Bar a much-needed face lift. This will not effect the openings hours of the Bar, but there might be some inconvenience to Members. We would like to apologise for this in advance.

During of June some Members noticed that the water supply at the poolside was suspended due to several water leaks. These leaks were located and have been repaired. We would like to apologise to the Members for any inconvenience caused.

Looking forward to seeing you at the Club in the not too distant future.

Yours sincerely,

A handwritten signature in black ink, appearing to read 'WTP', with a long horizontal flourish extending to the right.

Willem T. P. Pentermann
General Manager



Dulwich International College



British education at one of Asia's finest boarding schools



Co-educational day and boarding...Excellent purpose-built facilities...Close links with Dulwich College, London...Active, caring boarding programme...Safe, beautifully landscaped campus...From 18 months to 18 years old...Nursery to Year 13...IGCSE and IB...Small class sizes...Boarding from 9 years old...New Primary School... Only 80 minutes from Bangkok!

Dulwich International College is an IB World School, accredited by WES, and a member of ECIS, FOBISSEA and COBISEC

Bangkok: tel. 0 2512 0466-7, fax. 0 2512 0468; Phuket: tel. 0 7623 8711-20, fax. 0 7623 8750

Email: info@dulwich-phuket.com

<http://www.dulwich-phuket.com>

*For Families, Friends, Lovers,
Special Parties and Meetings.*



Rayong Resort.
BEACH & CONVENTION CENTER

Luxury Hotel & Convention Center
3 Swimming Pools, Private Beach
Sunset Cruise around Samet Island
Just 2 hours from Bangkok

BANGKOK RESERVATION OFFICE TEL: (02) 255-2392

RAYONG RESORT HOTEL TEL: (038) 651-000-6

Website: <http://www.rayongresort.com>

E-mail: booking@rayongresort.com

Special Family Package
Call now for more information

SPECIAL EVENT

The Eldee Young Jazz Trio

and Dinner created by
Guest Chef Miguel Kenning III



Saturday 24 August
at The British Club

MEET THE MUSICIANS

Eldee Young, Taurey Butler and Shawn T. Kelley are the Eldee Young Jazz Trio. The British Club has arranged for the Trio to entertain the Members on Saturday, 24 August, following a superb dinner prepared by American Guest Chef Miguel Kenning III. This is surely a night of pleasure not to be missed by the jazz/music lovers among you.

"Happy jazzman not short on soul...if there is any truth to the cliché that short men usually have something to prove, Eldee Young made his point a long time ago.

"...humour is characteristic of the man, who describes his music as 'happy jazz', and a good time is what he expects to be delivering."

Robin Lynam, South China Morning Post

ELDEE YOUNG

Although based in Chicago, Eldee Young is no stranger to Asia. He is now a household name with Singapore's jazz fans, having performed at Somerset's Bar yearly since it opened in 1986.

Born in 1936, Eldee picked up the guitar and bass at age 9 and played his first professional gig at 13 for the princely sum of \$4.

Eldee and fellow school band member, Ramsey Lewis started playing in a trio together, along with drummer Isaac "Red" Holt. The Ramsey Lewis Trio was one of the most commercially successful jazz ensembles in music history.

Robin Lynam writes of them: "Combining a sound knowledge of jazz, an almost telepathic rapport between its members and a shrewd ear for a commercially catchy tune, the trio made its debut in 1956 with the album Ramsey Lewis and his Gentlemen of Jazz. The band went on to sell out Carnegie Hall, and to score an extraordinary run of hit singles during the early 1960s with soulful instrumental covers of pop hits.

"The pressure of success eventually took its toll and in 1965, at the peak of the trio's chart topping career, the rhythm section decided to go its own way. Young-Holt Unlimited was formed and swiftly qualified for yet another gold disc with the album 'The Soulful Strut'.

"Young also diversified into session work and toured with a number of other artists, who valued a versatility that gave his melodic, funky bass playing equal assurance in a blues or modern jazz context. Artists that he has

worked with range from bluesmen Joe Williams and T-Bone Walker to bebop founding father Dizzy Gillespie.

"A burgeoning solo career also gave him the opportunity to explore the potential of his voice. As a teenager he had sung in various vocal ensembles but during the years on the road with the Ramsey Lewis Trio that talent had been sidelined".

TAUREY BUTLER

Taurey Butler began his musical study with classical piano at the age of seven. Six years later he stopped taking lessons altogether and began to explore other musical styles on his own. However it wasn't until his first year at college that he found true direction and focus in music through studying jazz. There he studied jazz piano with pianist/saxophonist Fred Haas. While in college he performed several times with the Cosmic Krewe, a group led by Sun Ra's Arkestra member Michael Ray. At that time he also performed with Don Glasgo's Spaceship Earth and Steven Ferrari's Root System Percussion. Upon graduating in 1997 he went to New York City to explore more musical opportunities. Since then he has performed with the Nat Dixon Quartet, the Cotton Club All-stars, Phoenix Rising, Salsa en Fuego and the Pazant Brothers.

SHAWN T. KELLEY

Shawn, born in Syracuse, New York on 1 January, 1958 is the leader and drummer of 'Face First'. In 1983, he graduated from The City University of New York with a Bachelor

of Fine Arts degree in Jazz Performance. Shawn is also the Music Director for Jazzaurant Entertainment.

His past work includes a concert with the jazz group 'Roy Merriwether Trio' at the Clearwater Jazz Festival which was broadcast on PBS throughout the USA in 1987. Between 1988 and 1990, Shawn performed with Anita Sarawak, including special performances in Brunei for His Royal Highness, Prince Haji Sufri Bolkia. During that period he also had the opportunity to perform in various clubs in Singapore and Indonesia before returning to the USA for a stint at Caesar's Palace in Las Vegas.

While back in his home-land, Shawn still felt a burning desire to experience working in other parts of the world. In 1991, he performed with the jazz group 'Malaysian Connection' at the North Sea Jazz Festival held in Holland.

After a year or so free-lancing in New York and Las Vegas, the desire to travel got the better of him and he came back to South East Asia to try to experience more of life here than during the period that he was with Anita Sarawak. Shawn quickly made his presence felt when in 1993 he performed at the Malaysian Jazz Festival with the group 'Scotch N' Soda'. This led to his employment as Music Director for Jazzaurant Entertainment and the band leader of the house band at the Barn Thai Jazzaurant. The house band was originally formed as a backing group to play with international jazz artists, but developed its own identity and became 'Face First'.

TENNIS

Tennis Round-up

RECENT EVENTS REPORT

The Pattaya Weekend

Saturday & Sunday, 8 & 9 June

Many thank yous to Bruce Gordon who contributed a very informative and amusing article on the British Club Tennis tournament held in Pattaya last month, and apologies from me for not crediting Bruce with the article at time of publication.

Match v Royal Thai Navy

Sunday, 30 June

A strong BC Team recorded what was perhaps the first victory over the Royal Thai Navy Tennis Team at the BC last Sunday. Full report and photographs in the next edition.

Mix-in Competition

Sunday, 7 July

A fun event was enjoyed by a small group of 12 players. The winning team comprised David Henton, Khun Tip, and Terry Adams, who each received a Baht 1,000 voucher for **Duilio's Italian Restaurant**. Many thanks to **Duilio's** for their kind sponsorship.

May & June League Winners:

May	League 3 – Nisa Adams
	League 4 – Hanao San
	League 5 – Ori Dolev
	League 6 – Terry Adams
June	League 1 – James Young
	League 2 – Kris Chalmers
	League 4 – Khun Kraisthorn

The winners have been presented with their Baht 500 gift vouchers for Central/Power Buy.

FUTURE EVENTS

August

Saturday, 3 August – Match at the BC against the Thailand Doctors (hosted by the Doctors) starting at 3.00pm. Come along and support both teams – some of our BC Tennis colleagues will be changing colours for this event.

Sunday, 25 August – Match at the BC against the Thonburi Club starting at 3.00pm. Come along and support the BC Team!

September

Saturday, 14 September – Away match at the Silom Club starting at 3.00pm.

Saturday & Sunday, 21 & 22 September – Family Tennis Weekend at Hua Hin/Cha Am. Watch this space for more details.

Sunday, 29 September – Away match at the RBSC starting at 8.00am.

October

Sunday, 13 October – Match at the BC against the Japanese Club (hosted by the Japanese Club) starting at 8.00am. Come along and support your Team!

Saturday & Sunday, 19 & 20 October – 2-Day Graded Championships Tournament. Full details will be announced soon.

Sunday, 27 October – Match at the BC against Tana Club (hosted by Tana) starting at 8.00am.

November

Saturday, 2 November – Match at the BC against Krung Thai Bank (hosted by the Bank) starting at 3.00pm.

Saturday & Sunday, 23 & 24 November – Tennis trip to Singapore. More details coming soon!

December

Sunday, 8 December – British Chamber of Commerce v German Chamber of Commerce match at the BC starting at 8.00am.

Saturday, 14 December – Tennis Section Table at the BC Christmas Ball. Note, this will be limited to 50 persons, so do book early.

Sunday, 22 December – Match at the BC against the United Nations starting at 8.00am.

Watch this space in the next edition for further details.

TENNIS ETIQUETTE

Demeanour (or how you look and behave on court)

Try to look like you're having fun, even if you're playing badly. Your opponent does not want to see you looking miserable, at least in a friendly match, and you're likely to play better if you try to present a positive state of mind.

TIP OF THE MONTH

Protect your partner (Courtesy of Tom Veneziano, Tennis Lovers.com)

What can you do to help your partner when he/she stays back on the baseline and you stay up at the net? Presuming that the other team is also playing in a one up, one back formation there are some procedures you can execute. First, you can poach, which means running across and cutting off the ball that has been hit crosscourt by your opponent.

But a word of caution, there are two types of poaches:

1. When you see the ball your opponent hit is going to your partner you run across and cut it off.
2. When your opponent is about to hit you take off anticipating the ball being hit to your partner.

The former is the way most players poach, but the latter is more effective if you can practice the timing and movement. With the first method the ball has to be hit slow enough and close enough to you to be successful. The second method you add the element of surprise and you can reach balls that are further away. If you would like to learn this second method you must practice the timing over and over and over and over...get my point? Repetition! You must run when your opponent is about to hit the ball, not after they hit the ball. There is a risk involved, but the reward in the long run is worth it. Even if you run across and miss your opponents will always be on the lookout for you to move again. This is a good way to keep them mentally off balance.

Another technique that makes sense is to protect a weak partner glued back on the baseline by putting their strength in a position to hit most of the balls. What do I mean? Let's say your partner is right handed and has a weak backhand. Let them serve in the normal formation from the deuce side and play Australian from the ad side. If you are not familiar with the Australian formation purchase a good doubles book and brush up on this technique. In the Australian formation their forehand will be exposed to all the action. On both the deuce side and the ad side their backhand will be protected and their forehand will be hitting most of the shots. Also if you're right handed and do not have a strong backhand volley you will be at the net with your forehand volley exposed to most of the action.

Use the Australian formation on either side depending on whether your partner is left-handed or right handed and depending on what shot you are trying to protect. This is a simple solution that is rarely used. Of course in the long run the best solution is to get your partner up at the net where you are, but that's another story.

Terry Adams

The British Club presents a Dinner Concert

The City of Angels Resounds

A musical offering of compositions and arrangements by
Dnu Huntrakul

We are delighted to welcome Dnu Huntrakul and his ensemble to the Club. On Saturday 17 August, Members are invited to attend a concert with compositions by Dnu Huntrakul and performed in the comfort of the British Club. This unique concert and dinner is surely an evening not to be missed.

Dnu Huntrakul is one of Thailand's leading composers. His highly successful score of 'The Light of Asia' marked the closing ceremony of the Bangkok Asian Games 1998. His latest composition, 'The City of Angels Resounds' merges the traditional and the modern, the east and the west to produce an evening of stunning melodies, transcending the differences between pop and classical music.

VIOLIN
NORA-ATH CHANKLUM

CLARINET
APICHD PAYONTLERT

PIANO
JUN KOMATSU

VOCAL
SUPATRA KORAD

SATURDAY 17 AUGUST, 2002, 7.00 PM.

at The British Club Bangkok

Tickets at 1,000 Baht (including dinner) available at the venue

A leading Thai composer transcends the differences between pop and classical music, and between Eastern and Western cultures, and brings the best qualities thereof into the making of a unique and wonderful music.



Dnu Huntrakul

PROGRAMME

A musical offering that recalls the old days of romance, pleasure and leisure of the 'City of Angels.'

The Itinerant Feet Touch of Gold

Homage to the Guru

all compositions by Dnu Huntrakul

Ton Warachet

a classical tune arranged and given a prelude by Dnu Huntrakul

Song of the Night

music by Ua Soonthornsanan; lyrics by Surat Pukavet; arranged by Kittikhun Sodprasert and Dnu Huntrakul

Recollections

music by Ua Soonthornsanan; lyrics by Erb Prapaiplengpasom; arranged by Apisit Wongchoti

Suan Amporn Dance Hall

composed by Jirapan Ansvananda; arranged by Nob Prateepasen

Kaek Choen Chao

a classical tune arranged by Apisit Wongchoti

Other compositions include: Greensleeves, Faniculi Fanicula, Jealousy, Estrelita, Moonlight Serenade, In the Mood, Ramwong (Folk Dance)

KAWAI
PIANOS

Perfecting the Art
of the Piano

For the Best in design

YOU'VE FOUND THE RIGHT ADDRESS



www.creativethailand.com



The Creative Partnership

2240/3-4 Chankaow Rd., Chongnontri, Yannawa, Bangkok 10120, Thailand

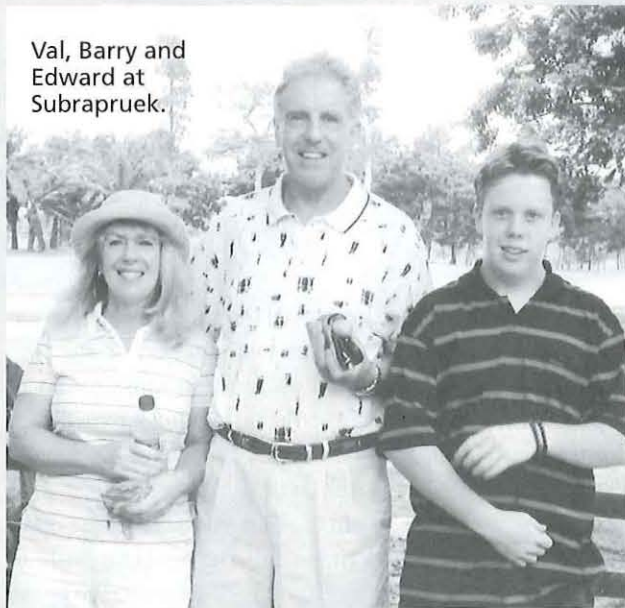
Tel. 66 (0) 2285 4721-3 Fax. 66 (0) 2678 1292

E-mail: info@creativethailand.com Website: www.creativethailand.com

GOLF

It's Been Quiet...

It's been what you might call a quiet month with the club staging only two events, the Japan Cup and a week-end away at Dragon Hills (the June Medal was cancelled as it fell on the same day as the World Cup Final). However after the frenetic activity last month (when we had five events in as many weeks - and the longest article in Outpost history) that was probably no bad thing...besides which it gave us time to watch - and recover from - the World Cup...



Val, Barry and Edward at Subrapruek.



A mixed bag on the first tee.



owning our sorrows...



...at least the Sake was good !!

THE JAPAN CUP

'Stuffed and Mounted'

This has to be one of the best attended fixtures in the golfing calendar! Every June we field our strongest side (40 plus this year) in a desperate attempt to avoid what is fast becoming a ritual humiliation. Although we did think we were onto a winning format this year - we persuaded the Japanese Golf Association to accept a 'better-ball scramble'

using 'combined quarter handicap' (and if you think you're confused you should have seen our opponents). Right up until the morning of the match there was much muttering and puzzled emails requesting clarification, but all credit to the Japanese, come the day they shrugged their shoulders, strode up to the tee and proceeded to teach us how to play golf...

The venue chosen was Subrapruek - another

cunning ruse as this course seems to be unknown to the Japanese (or to put it another way, the menu doesn't offer sushi and tempura). Great care was taken to ensure the management did know we were coming, that there would be 80 of us and that Japanese golfers have been known to run amok if kept waiting on the tee for more than 10 minutes (just kidding...). Despite all this preparation there were the usual blank looks of utter

WHAT'S ON

'appenings in August

'WINES OF THE NEW WAVE'**Thursday, 29 August 2002 at 6.00pm**

BCCT and the British Club have joined together to host a special evening of wine tasting. The selection includes more than 50 wines from New Zealand, Australia, California, Chile and South Africa. There will be no charge to Members and a complimentary cocktail buffet will be provided. We would appreciate that Members register for this event in advance.

MOVIE NIGHT**Thursday, 15 August 2002 at 7.30pm**

'Dr. Faustus' by Christopher Marlowe, starring Richard Burton as Dr. Faustus and Elizabeth Taylor as Helen of Troy.
B250 including a light supper buffet.

BAR QUIZ**Friday, 16 August 2002 at 7.30pm**

The ever-popular brain-teaser in Lords Restaurant. Join Quiz Master Rodney Bain for yet another mind twisting Bar Quiz. Entrance fee is B100 per person with a maximum of 6 persons in a team.

THE CITY OF**ANGELS RESOUNDS****Saturday, 17 August 2002 at 7.00pm**

A not-to-be-missed concert by Khun Dnu Huntrakul. This evening of Thai and Western Music is reminiscent of the old days of romance, pleasure and leisure in Bangkok. See page 9 for full concert details.
Tickets B1,000 including dinner and the show.

COMEDY NIGHT**Tuesday, 20 August 2002 at 7.30pm**

'The Vicar of Dibley' - three 25 minute episodes.
B250 including a light buffet dinner.

THE ELDEE YOUNG JAZZ TRIO**Saturday, 24 August 2002 at 7.30pm**

This excellent Jazz Trio from Chicago will perform in the Suriwongse Room. See page 6 for more details.
Guest Chef Miguel Kenning III will prepare an excellent three course Creole Style Dinner, followed by the Jazz Performance. The evening starts with cocktails at 7.30pm, dinner at 8.00pm and the performance from 9.30pm onwards.
Charge: B1,400 per person.

CREOLE-STYLE**FOOD PROMOTION****Thursday 22 and Friday 23 August 2002 from 6.30 pm onwards.**

Lords Dining Room is the place to be to savour Guest Chef Miguel's creations. For more information about Chef Miguel and his promotional menu, see page 16.

H.M. QUEEN SIRIKIT BIRTHDAY**Monday, 12 August 2002**

Family Style International Buffet Luncheon in Lords Dining Room with children's entertainment in the Suriwongse Room (puppet theatre, kids crafts, movie and much more).
Charge: Adults B500, Children B350.

KIDS SPORTS CAMP**Tuesday 13 - Friday 16 August 2002 and Tuesday 20 -****Friday 23 August 2002****Daily from 9.00am - 5.00pm**

Camp includes tennis, squash, swimming, football, movies, meals and snack breaks.
Charge: B3,000 for each 4-day camp.

COMMITTEE CONTACTS

The British Club General Committee 2002/2003

Name		Tel	Fax	Email
Bob Marchant	<i>Chairman</i>	(0) 2714 8070-3	(0) 2714 8504	britclub@loxinfo.co.th
Chris Moore	<i>Vice-Chairman</i>	(0) 2740 4521	(0) 2740 4530	lasanne@loxinfo.co.th
Paul Cheesman	<i>Vice-Chairman/ Honorary Secretary</i>	(0) 2677 5246	(0) 2677 5246	paulc@loxinfo.co.th
Nick Bellamy	<i>Treasurer</i>	(0) 2955 0099 x 8760	(0) 2955 0300	nbellamy@th.mweb.co
David Eastgate		(0) 2672 0123-5	(0) 2672 0127	davide@loxinfo.co.th
James Young		(0) 2712 5407-9	(0) 2712 5410	asiapac@mozart.inet.co.th
Sarah Allen		(0) 2618 7813	(0) 2618 7811	sarahem@ksc.th.com
Simon Davies		(0) 2253 7719	(0) 2253 7504	simon@jts.jp.co.th
Bruce Hill		(0) 2937 4940	(0) 2937 4952	subru@loxinfo.co.th
Angela Daniel		(0) 2258 8495	(0) 2258 8495	ange@loxinfo.co.th

SPORTS UPDATE

AEROBICS

Classes are on Wednesdays at 9.30am in Squash Court 3. Join in the fun whilst keeping fit!

BRIDGE

Enjoy a friendly game of Bridge every Tuesday evening in the non-smoking area of the Churchill Bar. Refer to the Calendar page for contact details.

DARTS

Join the lads and lasses every Wednesday evening in the Churchill Bar. Everyone is most welcome, so make sure you put it in your diary!

GENTLEMEN'S SPOOF

Join the gents on Tuesday evenings in the Churchill Bar.

LADIES' NIGHT

The Churchill Bar is the place to be every Tuesday night from 6.00pm until midnight. All cocktails are only B80, but for ladies only.

ACCUMULATOR NIGHT

Every Wednesday night, every Member (and their spouse) has the chance to win the ever-growing cash prize. All you have to do is be in the Bar when your membership number is drawn from the hat. Remember you can't win if you're not there!

JUNIOR CRICKET TRAINING

With Australian Coach Mr. Brian Wiggings. Children in the age range of 7-15 years are welcome to join in and will be categorised by age and ability. Interested parties can register at the Fitness Centre.

TENNIS

The Tennis Section would like to invite all interested members to join the next course of tennis coaching on Monday evenings. This is open to both men and women of all standards. If you would like to participate, you can either sign-up on the sheet on the Tennis Section Notice Board, or email Zandra White at zandraW@ksc.th.com

YOGA

Good for the mind AND body, it's possible to gain numerous health benefits using yoga's control techniques. Held in Wordsworth Room on Tuesdays at 11.30am and Sundays at 3.00pm.

BANGKOK DOLPHINS SWIMMING SCHEDULE**TUESDAY CLASSES**

Category	Age	Time
Toddlers	18-24 months	2.00pm – 2.30pm
Non-swimmers	24 months up	2.30pm – 3.00pm
Introducing Strokes	4-5 years	3.00pm – 3.30pm
Stroke Improvement	5-6 years	3.30pm – 4.00pm
Stroke Improvement	6-8 years	4.00pm – 4.30pm
Stroke Correction	6-8 years	4.30pm – 5.00pm
Mini Squads	8 years up	5.00pm – 5.30pm

SATURDAY CLASSES

Category	Age	Time
Parent & Baby	6-18 months	9.00am – 9.30am
	18-24 months	9.30am – 10.00am
	24-36 months	10.00am – 10.30am
Toddler	24 months up	10.30am – 11.00am
Beginners	4-5 years	11.00am – 11.30am
Introducing Strokes 1	4-5 years	11.30am – 12.00pm
Introducing Strokes 2	4-5 years	12.00pm – 12.30pm
Stroke Improvement	5-6 years	12.30pm – 1.00pm
Stroke Correction	6-8 years	1.00pm – 1.30pm

It's not too late to join in these classes - just contact the Fitness Centre for details.

RECIPROCAL CLUBS

The American Club, Hong Kong

For convenience, the American Club will be issuing Reciprocal Cards from the Reception Desk at both the Town Club in Central and the Country Club in Tai Tam during operation hours.

Reciprocal Club Members may request their Reciprocal privileges by sending a Letter of Introduction via fax or email, or by bringing the Letter with them to the Club. The Reception staff will issue Reciprocal Cards on the spot. Reciprocal Members will need to show a valid British Club Membership Card and proof of non-residency, such as a 'Visitor Permit' stamp in their passport.

The Membership Department will gladly assist all Reciprocal Members.

Tel: (852) 2842-7481

Email: membership@americanclubhk.com

Creole Style Food Promotion

at Lords Dining Room 22-23 August

ABOUT THE CHEF...

We have invited Mr. Miguel Kenning III to create this excellent Food Promotion in Lords Dining Room. Mr. Kenning started his career in New Orleans, Louisiana where he worked for various clubs and international hotels for more than 13 years. He then moved to Singapore where he worked in several restaurants as Executive Chef. Presently he is working at the Platinum Planet and Bious Bar in the position of Executive Chef.



Chef Miguel Kenning

Appetisers

Crabmeat Ravigote

*Fresh Crab Claw Meat on Baby Lettuce Bouquet
Creamy Tarragon-Spring Onion Dressing*

Red Spinach Salad

*with Feta Cheese, Andouille Bacon and Palm Hearts
Balsamic Vinaigrette*

Smoked Salmon, Crab and Avocado Timbale

Dill Cream and Red Chili Oil

King Prawn Remoulade

Chilled steamed king prawns served in spicy remoulade sauce

Duet of Crawfish

*Sauteed Tails and Stuffs Vol a Vent
with asparagus Tips and Potato Pearls
Parsley-Dill Cream (served warm)*

Fish & Seafood

Shrimp or Crawfish "Etouffee"

*smothered with tomato, onion, celery and Cajun spices
served with steamed rice*

New Orleans Style B.B.Q. Shrimp

*Tiger prawns baked with butter and black pepper
served with Crusty French Bread*

Blackened Salmon Fillet

*On Cajun Brabant Potatoes & Wilted Spinach
Pecan Beurre Blanc.*

Desserts

New Orleans Bread Pudding

Caramel Rum Sauce

Southern Comfort Pecan Pie

Crème Anglaise and Fresh Strawberry

Poached Pear Broussard

Opal Basil-Orange Sauce

Soup Selection

New Orleans Gumbo

*Assorted Seafood and Chicken
Flavoured with brown roux and vegetables*

Duck and Andouille Gumbo

*Cajun sausage and Tender Duck in dark roux
flavoured with Creole Seasonings*

Meat & Poultry

U.S. Fillet Mignon

*Grilled and Served with Shallot Potato Pancake
Roasted Garlic and Fresh Asparagus
Topped with Bearnaise Sauce*

Marinated Victorian Lamb Rack

*Duchesse Sweet Potato, Spinach Filo Parcel & Onion Marmalade
Rosemary Jus-Mint Pesto*

Chicken Orleans

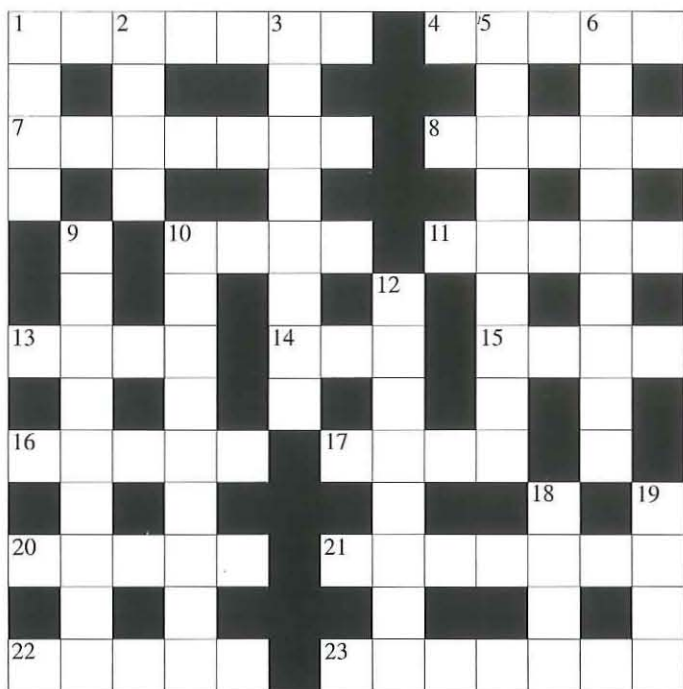
*Sautéed with Artichoke Hearts, Mushroom Caps
Spring Onion-Brie Cream*

Menu Especially
Prepared
for The British Club
of Bangkok
Creole-style
Food Promotion
August 22-23 2002

A wine selection will be available from Robert Mondavi

CROSSWORD

The Perfect Brain-teaser



Compiled by Margaret Miller

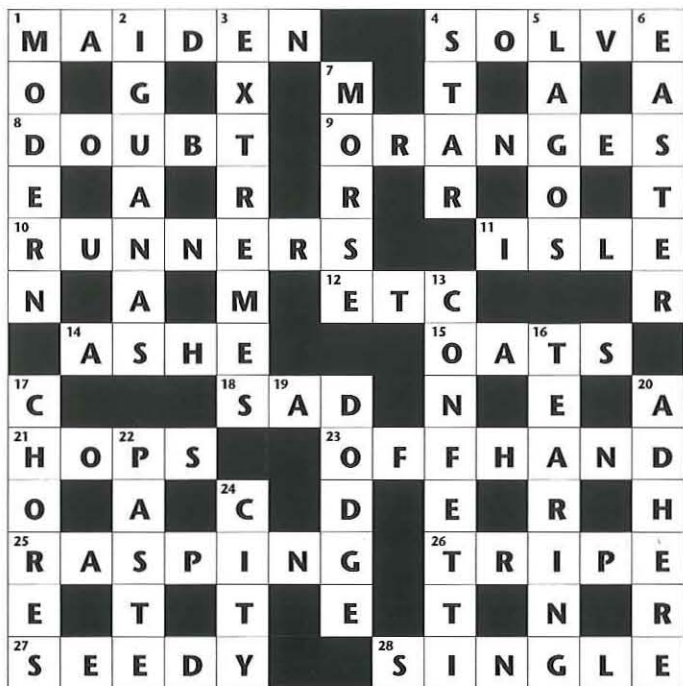
ACROSS

1. For cultural history they are of use to outgoing mothers!
6. These babies are sweet.
7. "Bernard Shaw? None of his _____ liked him!" (Oscar Wilde)
8. Never can you get this courage.
10. Lady Beauty - known to thee by flying _____ and fluttering hem."
11. Not here.
13. Aces are.
14. It's just a tint.
15. "Far from the fiery _____ sat grey-haired Saturn." (Keats)
16. Sounds like an entrance made of stone.
17. Barriers for beer?
20. Well worn and hackneyed.
21. They are reprimands.
22. " _____ said, soonest mended."
23. Relies on a seed pen.

DOWN

1. Bungle it - miss the catch.
2. "Have you marked the snow before the _____ hath smirched it?" (Ben Jonson)
3. "Time may cease and _____ never come." (Marlow - Dr. Faustus)
5. Better than sleep for these animals.
6. The Beetles hailed from here.
9. Men, I agree, can be a lot of beasts!
10. He who does is lost, they say.
12. See-plane....for a foreigner.
18. How deep is beauty?
19. Double assertion for a river in England.

JULY SOLUTION



Rumpelstiltskin in Review

"I CAN BE SO WICKED, BUT IT'S SO MUCH FUN..."

Those were the words of the comically wicked character, Rumpelstiltskin, as he gleefully anticipated claiming his prize - the newborn prince. But thanks to the joyful participation of 1700 plus audience members, the evil dwarf was thwarted, the prince was saved, and the rest of the characters lived happily ever after.

The first two weekends in June were host to a total of 10 performances of 'Rumpelstiltskin.' The first 8 sold out in a matter of days with waiting list numbers climbing to over 400 people! The stalwart cast of this Bangkok Community Theatre (BCT) production couldn't bear to disappoint so many avid theatregoers, so they agreed to add two more shows the second weekend. Even so, they couldn't accommodate everyone who wanted to see this special family event.

It seems that everyone had a wonderful time on the day - during the show itself, making the crafts at the Neilson Hays Library beforehand and munching on Cosmo the Baker's famous 'Macademia Macaroons' (courtesy of Chef Barry Osborne!) at the back lawn barbecue. The pictures below show some of the fun and Director, Bonnie Zellerbach, notes that there are many more photos along with application forms to join BCT on the BCT website www.bct-th.org. She told us that BCT is always looking for new members to work behind the scenes as well as to perform onstage and that having more willing members would result in more shows. If you enjoyed "Rumpelstiltskin", then join BCT and volunteer to help with the next show!

For more details, call Angela on 02 258-8495; Bonnie on 01 869-1104 or email us at bct@sala.net

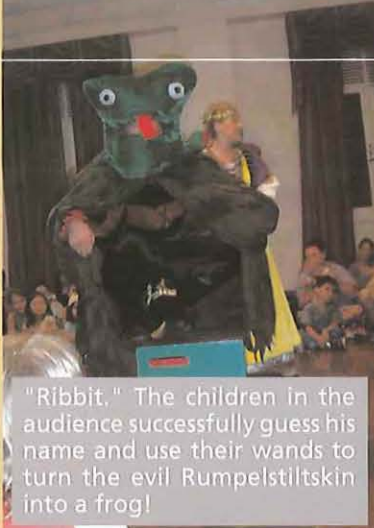
Soni the Mime (Kittima Sethi) greets the children in the audience.



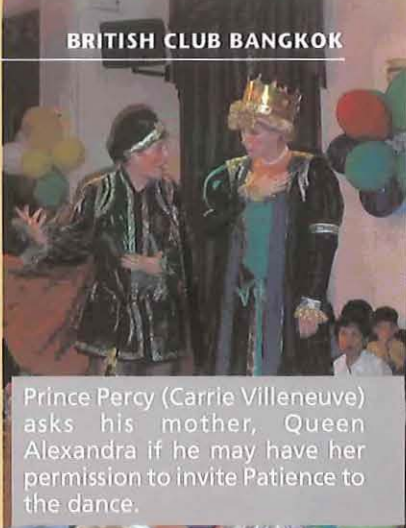
The cast of Rumpelstiltskin ask their young audience what play they should perform.



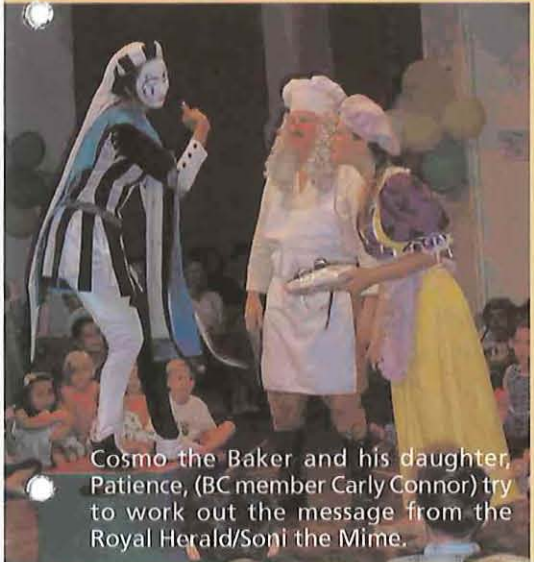
Patience uses young audience volunteers to help braid together a rope so she can climb out of the window. Other lucky volunteers play the window with Soni the Mime.



"Ribbit." The children in the audience successfully guess his name and use their wands to turn the evil Rumpelstiltskin into a frog!



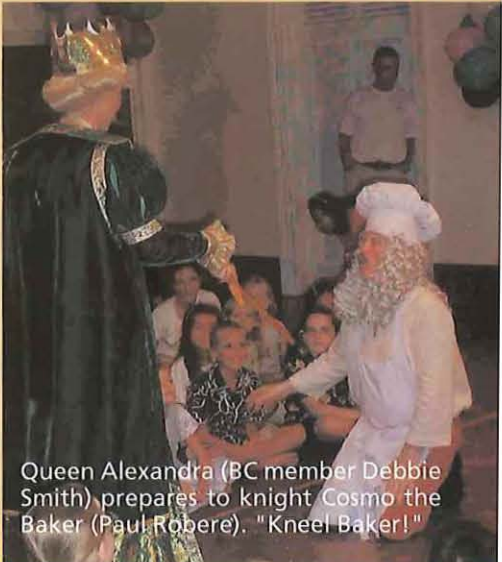
Prince Percy (Carrie Villeneuve) asks his mother, Queen Alexandra if he may have her permission to invite Patience to the dance.



Cosmo the Baker and his daughter, Patience, (BC member Carly Connor) try to work out the message from the Royal Herald/Soni the Mime.



Rumpelstiltskin (Ismael Mercado) laughs wickedly as his magic spins straw into gold.



Queen Alexandra (BC member Debbie Smith) prepares to knight Cosmo the Baker (Paul Robere). "Kneel Baker!"

SPEAK THAI with CONFIDENCE



Learn to speak, read and write Thai with a personal Thai Teacher

Jentana & Associates has been successfully teaching Thai Language To foreign business people and visitors to Thailand for over 18 years. Contact Jentana for more information on study options and fees.



Jentana & Associates

5/8 Soi Sawatdii Sukhumvit 31
Klongtoey-Neua, Watanna,
Bangkok Thailand 10110
Tel: (66-2) 260-6138-9 Fax: (66-2) 259-8580
Mobile: (01) 808-5180
Email: jentana@loxinfo.co.th



SOCCER

They think it's all over - Match report

It hardly seems a year since the Scots hammered the English on the hallowed turf of Tobacco - this is possibly because it was only 10 months ago. Following last year's famous Scottish victory, the crossbars had been repaired, the pitch re-turfed, the corner flags retrieved from Tam Ferguson's lounge-room, and the English were out for revenge. The masses were assembling fast as kick off time approached with any uncommitted players approaching the pitch without pronounced limps being quickly scooped up

by England Captain, Greg Watkins. Meanwhile Scottish Captain Nicky Findlater was still working on his pronunciation of complicated footballing tactics like "Kuk it" (Kick it), "Heed it" (head it) and "Welly it" (clear the ball up fieldquick).

Both teams managed to get kits bearing a reasonable likeness to their nations' (is Scotland a Nation?). Both captains appeared to be starting with their strongest teams. Combined midfields boasted the cream of Bangkok farang footballers. Junior McBradshaw, Nat McNut and Jurt

McFreidledorf, all proud Scotsmen and the English with Nicholas Wilberforce-Smart, the Rt. Hon. Brian Abbott and Paul Ponsonby-Dobbs, quite a line up. Matt McDuke led the teams onto the pitch with a stirring rendition of "I Belong to Glasgow". And the game began.

Fortunately for the English captain, goalie Bruce Darrington-Hill was late for the kick off, forcing him to use ex-Polish Butlins goalkeeper Ralfie. This turned out to be a master stroke as although Ralfie was still suffering from severe gout and was limited to hopping as opposed to running, he actually used his hands!

Scoring opportunities galore for the Scots with McFubar missing more than Heskey and Andy Cole have squandered in the past 2 seasons - if only he were left-footed. Martin McReid was clear on 3 occasions and is now to be nicknamed "Jigsaw" (goes to pieces in the box). A tactical change for the Scots saw prolific BC goalscorer (3 since August 2000) Darren McWise take to the pitch. He burst down the left and half volleyed into the top corner for a magnificent goal with his first touch of the game.

The score remained 1-0 until half time, when there was much unrest in the Scottish Camp. The sliced watermelon had been forgotten by Scottish keeper Keith McBrooks, no Irn Bru as promised by Rab McCrindle (real name) - it was a true disaster!

The Scotsmen returned to the pitch in a daze, undernourished and de-hydrated like an empty haggis. Things quickly got worse when a scandalous Michael Owen-style tuck dive by Englishman McKay (a Scottish traitor?) over Capt. Findlater's stationary leg was rewarded by a penalty kick. Ponsonby-Dobbs dispatched the penalty off the underside of the bar bringing the scores level. A favourable bounce followed by a good first touch from Steve Sloman and he was in position to round McBrooks (eventually), and put the underdog English in the lead. Several substitutions followed looking for a more "Continental" mix for the Scots, but it all went terribly wrong when Struan McRobertson (almost



SOCCER



real name) was caught in possession, giving new BC Captain (traitor) McKay an opportunity to score from the edge of the box. The rampant English were now throwing everything at the Scots (bread rolls, cups of lemon barley water, and even a rather rotund Danny Poole). Another goal from midfield dynamo Wilberforce-Smart and it looked like it was all over.

The English squad continued to use their weight superiority (no names, you know who you are) to muscle out the slimmer, more

youthful and more skillful Jocks. The Scots dug deep and clawed one back, with Nat McNut leaping like a salmon to nod in a McLazenby corner. Many more chances went begging for the Scots as they fought on till the end, but it was clearly not their day. At the sound of the final whistle, there followed wild scenes of celebration by Tobacco's Fantaman grounds man, knowing that the goal posts, turf and corner flags would remain intact for another year.

Final score... England 4, Scotland 2

The game was followed by a fantastic Carvery dinner at The Londoner. Many thanks to David Williamson for his continued support of the soccer section.

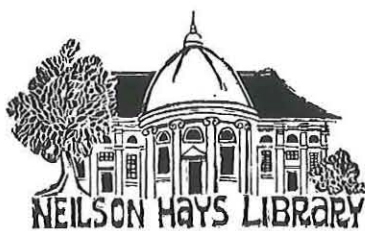
Next Event:

England vs Ireland - September 7th, to be followed by Quiz night and Karaoke (Tony Minogue) at the British Club...Tickets are selling fast.

Andy Lazenby

ART

Art Exhibition



Neilson Hays Library:

Tel; (0) 2233 1731
 Fax; (0) 2233 4999
 Contact: Mariana Atkins
 (Rotunda Gallery Curator),
 Tel; 01 820 6381 or (0) 2271 4863

The Rotunda Gallery is open:

Tuesday, Thursday-Saturday	9.30am - 4.00pm
Wednesday	9.30am - 7.00pm
Sunday	9.30am - 2.00pm

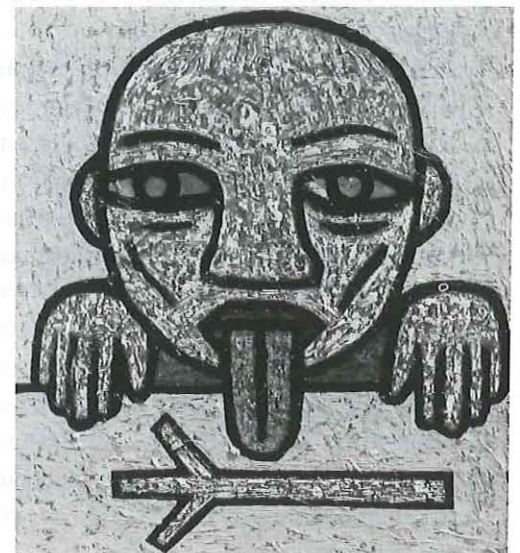
"Ceramic City"

by Denpong Wongsarot & Vivat Phanyatrakul
 27 July - 14 August 2002

"Ceramic City" is a joint exhibition of the work of Denpong Wongsarot & Vivat Phanyatrakul. Through oil painting and ceramic art, themes of the city, culture and the home are explored. Denpong Wongsarot's oil paintings look at the good and the bad influences of modern living and how that affects our culture and the way we live. His canvases are richly coloured by layer upon layer of oil paint, and textured by the use of the palette knife.

Whilst working as Artist in Residence in Nagoya University, Japan, Vivat Phanyatrakul was inspired to create this latest collection of ceramic art. Working on unglazed slabs he explores the importance of the home, both as shelter and as providing comfort and love.

Both artists are art lecturers at Srinakarinwirot University and have participated in a number of art exhibitions and competitions, in Thailand and abroad.



SCUBA

Bravery Recognised

It is gratifying to see our instructional efforts result in a very positive accomplishment. I nominated Stefan Chapman, Master Scuba Diver, for the Medic First Aid Good Samaritan Award. I feel fortunate to be Stefan's instructor. Stefan received his PADI Open water diver in April 1998, Medic First Aid in March 1999 and Rescue Diver Course in May 1999 at the British Club. He is waiting until he turns 18 to start his PADI Divemaster Course. Stefan enjoys a variety of sports and outdoor activities. He is currently the Captain of the swimming team and Captain of the varsity boy's team at the Bangkok Patana School. Additionally, he is an Assistant Instructor for sailing. Stefan has earned his silver award and is now going for his gold award for the International Award for young People. He also edits the school sports videos, is a DJ on the school radio, an assistant Instructor in rock climbing and finally is at the 3 Star level in canoeing.

He has demonstrated throughout his entire scuba training a high degree of maturity and ability for his age. His recent successful rescue included providing lifesaving CPR to an adult male with heart failure. The following is the story of Stefan's rescue accomplishment as it is posted on the PADI website at WWW.PADI.COM.

Peter Gary



Stefan Chapman receiving his PADI Good Samaritan Award. (left to right) Peter Gary (Instructor), Stefan Chapman, Rick Ray (PADI Regional Manager), Richard Chapman (Stefan's proud dad)

PADI Master Scuba Diver Trainer #1575
285/11 Surawong Road, Bangkok 10500, Thailand
Tel: 02634-7796-7. Fax: 02634-7791.
Email: petergary@hotmail.com

PADI TODAY

COURAGEOUS CONDUCT RECOGNISED WITH PADI MEDIC FIRST AID GOOD SAMARITAN AWARD PADI DIVER SUCCESSFULLY RESUSCITATES SWIMMER IN DISTRESS

On August 12th 2001, Stefan Chapman, a certified PADI Rescue Diver, took action beyond the call of lifeguard duty near Nussdorf, Austria and in doing so was successful in resuscitating a swimmer in difficulties.

At 4pm Stefan was advised of a person clinging unusually rigid onto a buoy near the sailing pier of Camping Graus. He quickly collected a life saving board from the pier and swam to the location. On reaching the scene he was aware the person's face had already turned a strong blue colour and the individual seemed unconscious. Taking the greatest care in moving him onto the life saving board, he brought the gentleman to dry land and immediately began running through emergency and first aid procedures. Stefan checked the body functions, an irregular pulse could be felt, but no breathing could either be felt or seen. After first attempts at resuscitation, the patient vomited and then experienced heart failure. Stefan immediately administered the vitally important cardiopulmonary resuscitation (CPR) and continued until the arrival of the ambulance and emergency doctor.

At around 6 pm, a lady arrived at the lifeguard station, advising of her 74 year old partner's disappearance since late afternoon that day.

After confirming that the hospital patient was indeed the missing person, the lady was accompanied by a lifeguard to the hospital, Voecklabruck. After 2 days in care, the gentleman was released from the hospital to his home.

After gaining a PADI Advanced Open Water Diver rating in Thailand during November 1998, Stefan went on to complete a further 10 PADI specialty courses within 2 years, including the PADI MEDIC FIRST AID Course and PADI Junior Rescue Diver Course. Together with his willingness and ability to respond in a life-threatening situation, there is little doubt that the skills Stefan acquired through his PADI training proved invaluable during the emergency.

At 16 years of age, Stefan's actions that day were certainly inspiring. He has since been presented with the PADI MEDIC FIRST AID Good Samaritan Award, a PADI program designed to recognize PADI MFA trained laypersons who use their skills. Stefan was nominated for this award by his PADI Instructor, Peter Gary of Bangkok, Thailand where Stefan completed all his PADI scuba diving courses.

PADI is extremely proud to congratulate Stefan, his conduct is an inspiration to us all.

From the PADI Website

SAVING LIVES, PROTECTING PROPERTY, PREVENTING CRIME



คุ้มครองชีวิต ปกป้องทรัพย์สิน ป้องกันอาชญากรรม



Offering Thailand comprehensive fire and security solutions.
Capable professionals, the finest in products & electronic systems
with over 180 years experience.

Chubb (Thailand) Limited

THB Building, 7th Floor, 42/2 Moo 10, Km 4.5
Bangna Trad Road, Bangna, Bangkok 10260
Tel. (66) 2 746-7000 Fax. (66) 2 746-7001
E-mail: info@chubb.co.th
www.chubb.co.th



Guardforce

**FROZEN
PENSION
IN THE U.K.?
LIKE TO KNOW WHAT YOUR
OPTIONS ARE?
IT'S SIMPLER THAN YOU THINK**

For further details and a free analysis call Gavin Broad
on **252 8405**, alternatively fax this form to us on **253 9500**.

Name: _____
Tel: _____
Fax: _____
Address: _____

73/8 Soi 4, Sukhumvit Road,
Bangkok 10110, Thailand

Tel: 252 8405 Fax: 253 9500
Email: invest@portsmouth-mann.com



FRIENDS PROVIDENT

— *One-stop shopping for life assurance and pensions* —

NEW MEMBERS

New Members' Night

The Churchill Bar is the place to be for new Members!

Newcomers to the Club came to meet each other over a drink (or two) and introduce themselves, via Outpost, to the full Club membership.



Peggy, pictured here with her daughter, Tracy

CLAY & PEGGY WEDAN

American

After living here for two years, Clay, Peggy and their two teenage kids finally got around to joining the British Club. They lived in Singapore before moving to Thailand with OMNOVA. Clay and Peggy both play tennis, scuba dive and ski. Clay also golfs and Peggy is learning the fair sport, so as not to be a golf widow any more! They relax after a long day of sport with a good movie.

GLENN MICHAEL MILLS

Australian

New Zealand, Vietnam, Thailand.....it's a good job that Glenn's in the moving business (Allied Pickfords). As a young, healthy, single man Glenn has plenty of free time to indulge in sporting activities - squash, tennis, scuba diving, touch rugby and golf. Hobbies include reading, playing cards and travelling.



TIM & GWENDOLINE DUMENIL

British

Now here's a family who'll be very popular - Tim works for Riche Monde (with great Guinness and spirit connections) and Gwendoline loves throwing parties!!! Tim is an avid golfer, enjoys diving and playing rugby, and loves to travel. Gwendoline shares many of Tim's hobbies/interests and is eager to take up scuba diving after the birth of her second child in November.



Gwendoline (right) pictured here with cousin

STEVE & CLAIRE OLDFIELD

British

New to Thailand but not ex-pat life, the Oldfield family moved here from Mexico (previously Uruguay and Italy). Steve and Claire both love good food, music, latin dancing and badminton. When not at work with Sanofi-Synthelabo (pharmaceuticals) soccer, squash and cricket are played with gusto by Steve, and Claire keeps fit chasing after her three young sons and doing aerobics.



SQUASH

St. Elsewhere Storms Through

LEAGUE RESULTS

The 161st league ended on 30 June.

Division	Winners
1	Steve Bell
2	Shiraz Poonevala
3	André Tissera
4	Marvyn Lewis

INTER SOCIETY TEAM

CHAMPIONSHIPS

Although there were only three teams taking part in the Inter Society Squash Competition, held on Sunday 16 June, England, Europe and St. Elsewhere defied the attraction of the World Cup and produced exciting matches. Individual handicaps were used for each player, with a rubber being two games and the total points scored in every game going towards the team total.

Chris Browning (number one for St. Elsewhere) was in cracking form, beating

both David Eastgate and Steve Bell. In the number two slot, André Tissera, also St. Elsewhere, overcame Steve Harvey and then Tom Livingston without any blood being spilt!! Shiraz Poonevala (yes, you have guessed right) of St. Elsewhere fame, took the honours in the number three slot, with a win over Charles Whiteley and a draw with Marvyn Lewis, after Marvyn and Charles

shared the spoils in their match. In the number four position, young Timmy Weekes put up a brave fight against John Vivian (St. Elsewhere) and Nick White (England) before going down to both. John and Nick had a titanic battle - John winning the first 15-14 and then Nick making it all square by taking the second 15-14.

David Eastgate

The results of the matches were:-

Europe 84	- England 115
England 83	- St. Elsewhere 119
Europe 88	- St. Elsewhere 119

Overall Results:

3RD PLACE:	Europe 173 (David Eastgate, Tom Livingston, Marvyn Lewis and Timmy Weekes)
2ND PLACE:	England 198 (Steve Bell, Steve Harvey, Charles Whiteley, and Nick White)
CHAMPIONS:	St. Elsewhere 238 (Chris Browning, André Tissera, Shiraz Poonevala and John Vivian)

PARRA HANDY PLATE

The final of the Parra Handy Plate, played on Sunday 23 June, was between Tom Livingston and Steve Harvey. Even though the squash was not that pretty at times the game was still very enthralling. Both Tom and Steve ran their hearts out rarely giving each other an easy point. Steve eventually won 9-6, 6-9, 9-5, 10-9.

The semi finals were held on Friday 21 and an in-form Steve Bell defeated Chris Browning 9-2, 9-5, 9-2. Chris ran so hard in a very high standard first game, that his fitness was a factor in the remaining two games.

Nick Thwaites and David Eastgate played the other semi and after a close and well fought game Nick won 9-4, 9-5, 4-9, 9-3. David has had a few injuries this year and has not got back to top form yet. He tended to lack confidence on some of the crucial points.

DON JOHNSON CUP

The final of the Don Johnson was played between Steve Bell and Nick Thwaites. We weren't sure what was going to happen prior to the game as Steve had hurt his back and Nick had contracted a virus the day before. Chris Browning was standing by in case Steve could not play. Steve was in obvious pain from his back problem but thought he would give it a go. His pain really seemed to focus him as he made very few mistakes and played the best squash that I have ever seen to defeat Nick 9-6, 9-0, 9-1. Nick never gave up and certainly played good squash but Steve just seemed unbeatable. Most players would not have even gone on the court but Steve showed great courage to overcome the pain and play even better than normal. He kept the rallies short and went for low percentage shots that all seemed to come off. Thank you to the players in both finals for providing spirited and entertaining matches.

EXHIBITION MATCH

For those lucky enough to be at the Rajapruek Club to see Sarah Fitz-Gerald, the world women's number one, and Nicol David, the Asia number one, on 16 June, were treated to some exceptional squash. First Nicol David defeated Apirom 2-0 and then Sarah defeated Poowis 2-0 in a very entertaining match. The ladies then played each other with Sarah defeating Nicol in a very skillful and entertaining match. The women showed that they are playing at a very high level of fitness and technique. They matched the men in every department and even seemed to be much fitter than them.

If any Squash Section members have any photos or gossip for inclusion in the squash section of Outpost please send to me.

Happy Squashing,

Peter Corney

EVOLUTION



44% bigger pages

32 more pages

new look

new attitude

same price

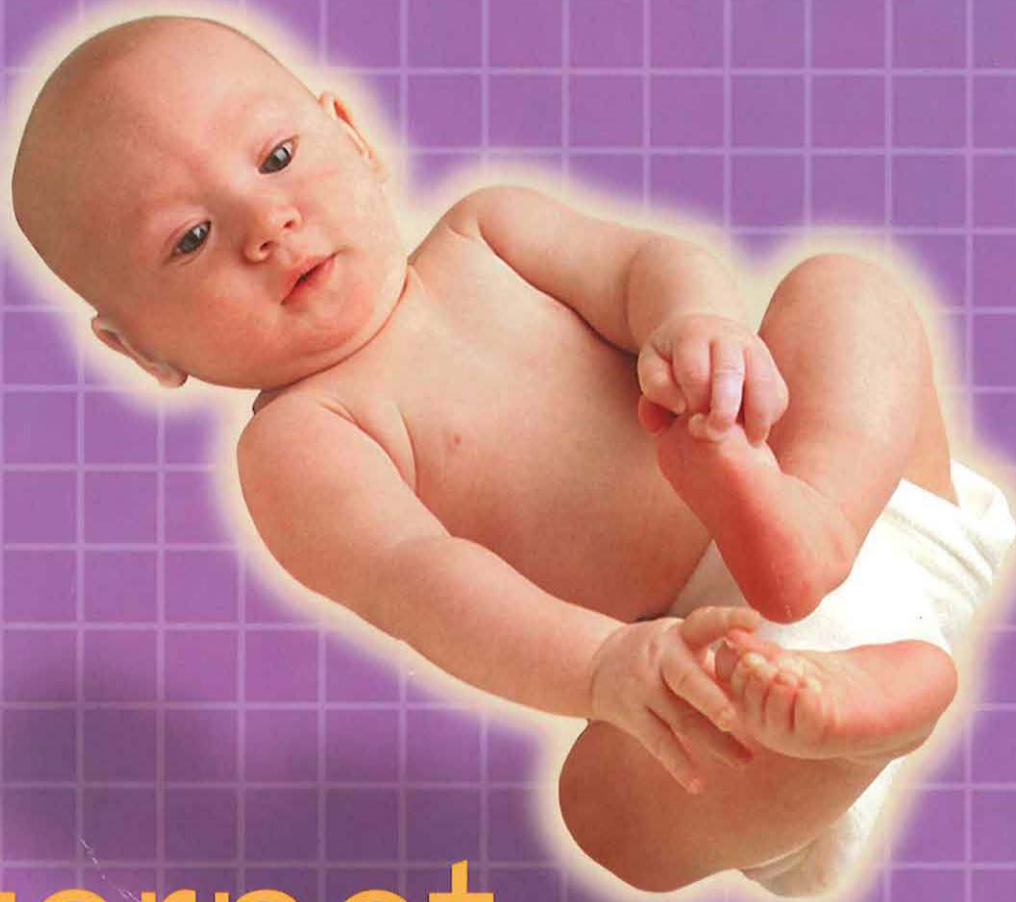
subscribe

now!

metro:urbanenergy

Safety net

Financial protection for your family
whatever happens to you



internet

www.global-life.uk.com



GlobalLife

For information about our competitively priced life and income protection insurance plans & an on-line quote visit our website.

Alternatively call William Russell Limited
on +44 (0) 1483 799844
or e-mail: sales@william-russell.co.uk