

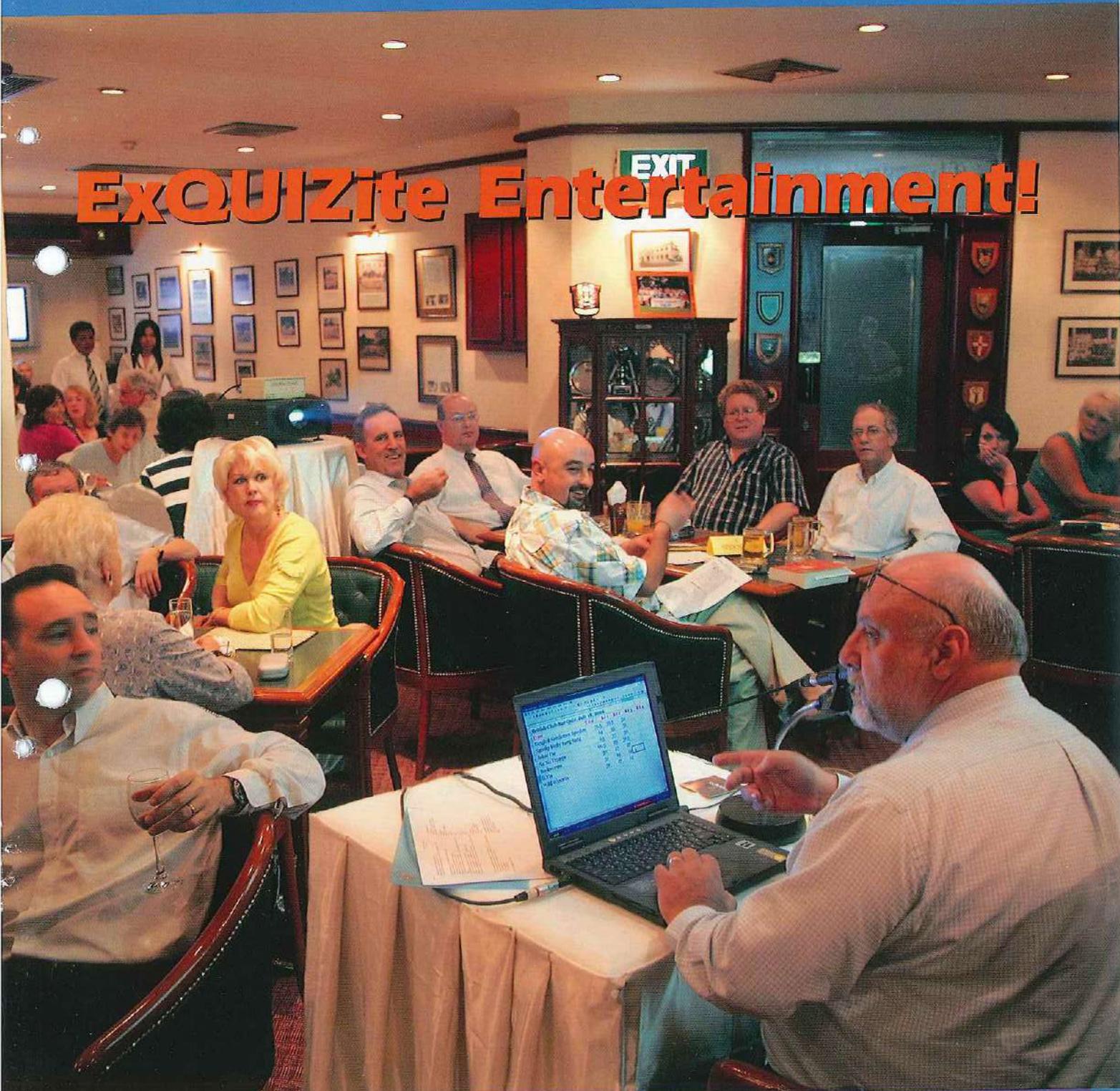


# OUTPOST

BRITISH CLUB BANGKOK

AUGUST 2006

## ExQUIZite Entertainment!



ExQUIZite Issue

Holiday Fun 'n' Games

Embassy Birthday Bash, Star Trek Pilots, Canada Day, Development Corner



# International Travel Medicine Clinic



"Travel with absolute confidence, travel with ITMC's information"



#### International Travel Medicine Clinic (ITMC)

BNH Hospital's ITMC is the only one of its kind in Thailand. The clinic is connected online to the data bases of the International Travel Medicine Society, Shoreland International, the US Communicable Disease Center and the Promed computer based network for emerging diseases.



#### Services available

- Trip consultation for travellers based on each individual's health needs and travel itinerary
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- Precautions about water, food, weather, insects and other safety concerns at travel destination
- Up-to-date expertise on all regions of the world
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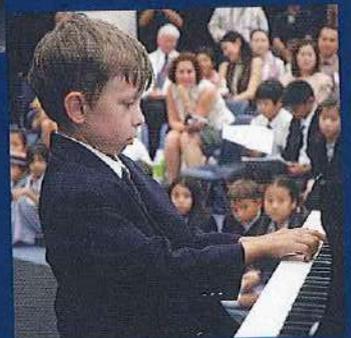
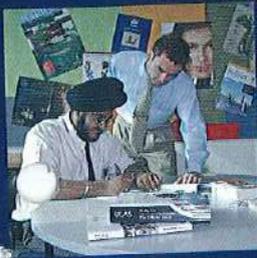
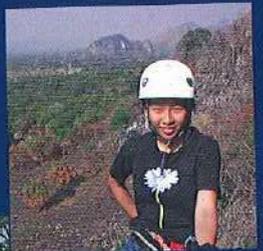
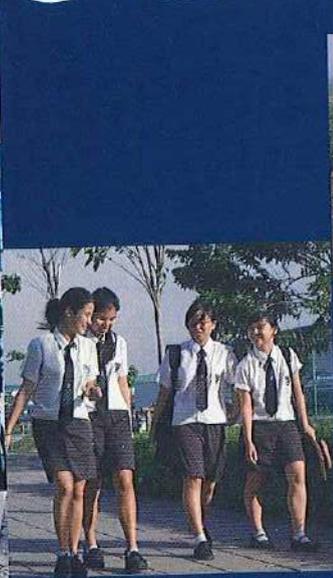
#### Validated Records

An official immunisation record approved by the World Health Organisation

- Other Services**
- : Tuberculosis Testing (PPD)
  - : Advice on anti-Malaria medicine
  - : Anti-rabies injection

For further information please contact the **International Travel Medicine Clinic (ITMC) BNH Hospital**.  
Tel. 02-686-2700 ext. 1165 E-mail : [itmc@bnh.co.th](mailto:itmc@bnh.co.th)

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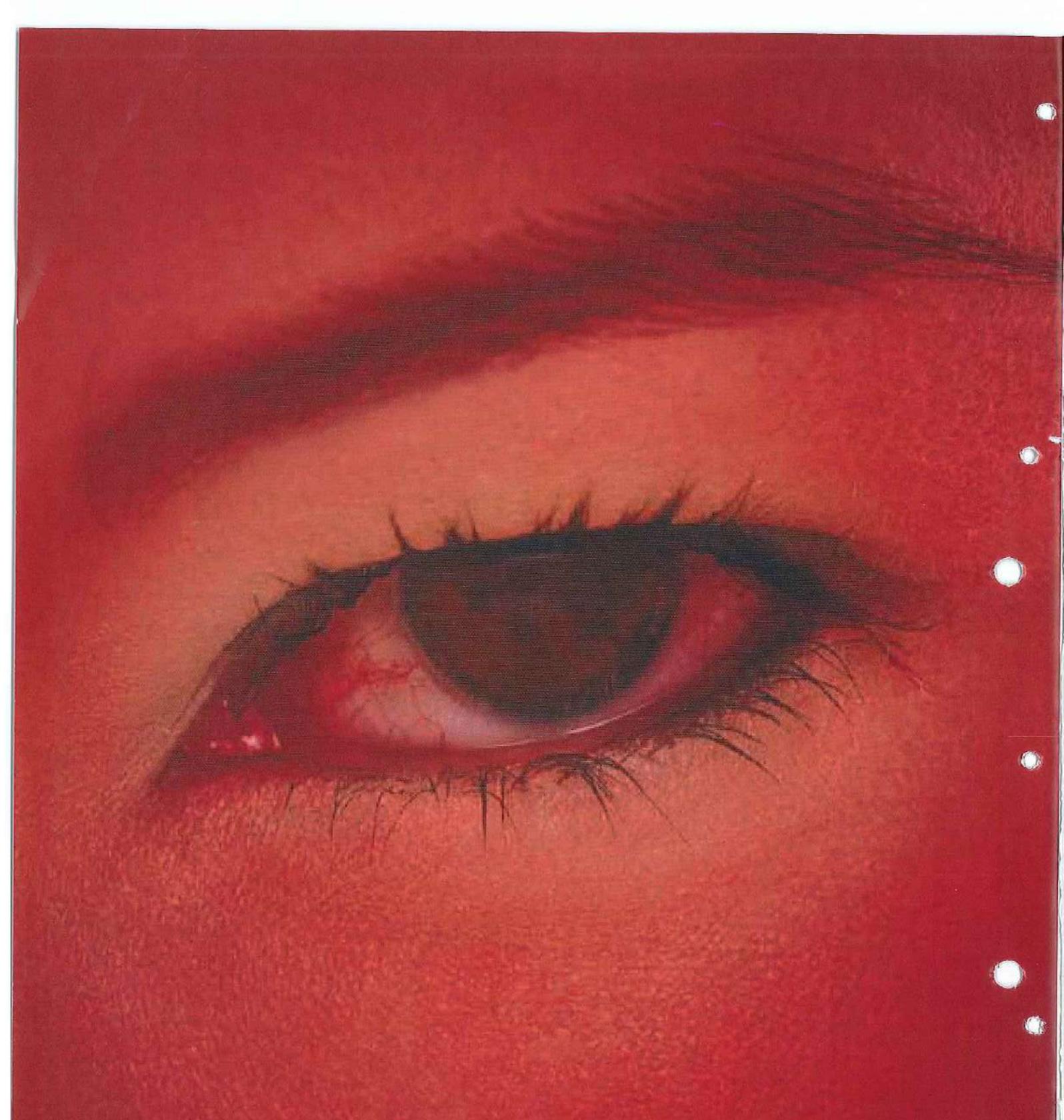
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Come along and join our Thai cooking classes this month, hosted in the Silom Sala by two of the Club's expert chefs. The sessions are hands-on & informal – and you get to eat what you've just cooked! **Cooking up a Treat** (pages 16-17)

## The Great Quiz Show Bubble

Quizzes hold a certain attraction . . . and when big money and vested interest are added to the mix, the result can be explosive.

Quiz shows had humble radio beginnings – Spelling Bees and mind-teasing games – with equally modest prizes. *Professor Quiz* (CBS 1936) awarded \$10 cash prizes for the answers to general information questions, and the juvenile geniuses in *Quiz Kids* (1940's) each received a \$100 war bond for their appearances.

As television became a more common household appliance, quiz shows made their transition to the medium. The first on US television was *It's a Gift* (1946). While Britain tended to follow US quiz show trends, it can perhaps lay claim to the very first television quiz show – the uninspiring *Spelling Bee* (BBC 1938).

Then came the bonanza. In the early 1950's, US television enhanced the quiz format and added the magic ingredient – big money. *The \$64,000 Question* burst onto the scene in 1955. Based on the popular radio quiz *Take It or Leave It*, with its "\$64 question" the glitzy television version sported a prize one thousand times larger and generated an impact that seemed to go beyond mere entertainment. The show hooked both players and viewers into a drama that played from one week to the next as contestants won ever larger sums of money. It took eleven right answers – and there were no multiple choices – to win the full \$64,000. The spectacle of ordinary people getting instantly rich through the exercise of brain power was riveting. *The \$64,000 Question* gave its enthralled viewers a chance to dream of overnight wealth and instant glory.

Contestants were picked for their encyclopaedic knowledge in a particular field along with everyday qualities that viewers could identify with. Gloria Lockerman, a black 12 year old spelling whiz from Baltimore won \$32,000 (about \$200,000 in today's dollars). So did Gino Prato, a 5' 4" cobbler from the Bronx with a staggering knowledge of opera. The big prize of \$64,000 was won later in 1955 by a US Marine whose subject was cooking . . .

The show topped the US TV ratings in 1955-56 and one night pulled in over 85% viewership – an astounding 55 million people. The show's sponsors, Revlon, tripled their sales. *The \$64,000 Question* spawned copycats galore and in 1957, five of the ten top-rated programs on TV were quiz shows.

Along with the big money came the strong temptation to cheat, made easier in the unregulated environment of the 1950s. When one contestant revealed the rigging of the CBS game show *Dotto* in May 1958, ratings for all the quiz shows tumbled. More and more former quiz show contestants came forward to reveal how they had been coached. The Quiz bubble burst. Many quiz shows disappeared from prime-time television, giving way to the next US television phenomenon: westerns.

As a result of the US scandals – and various allegations of 'quiz impropriety' in Britain – special rules and prize money limits were imposed on British quiz shows, which were not relaxed until the mid-90s.

**Billy Beefer**

**ExQUIZite Entertainment** – Quizmaster Rodney Bain queries a team score at the July Quiz Night in the Churchill Bar. The popular monthly Quiz has grown to a virtual full-house every month. Article page 27.



## OUTPOST MAGAZINE

The contents of this magazine are not necessarily the opinion of the Editor, the General Committee or the Club's management. Criticisms and suggestions are welcomed by the Club's publications committee or by Veritas Enterprises.

OUTPOST is produced on behalf of the British Club by Veritas Enterprises. For advertising inquiries contact Jim Fowler (01-844-7015 or Jim@VeritasEnterprises.com); and for editorial matters contact the Editor at OutpostEditor@VeritasGraphics.com

The British Club is a family, social and sporting club set in relaxing grounds, conveniently located between Silom and Surawongse Roads, with an ever-growing international membership.

## The British Club

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**Dear Members,**

June and July were very busy months for the General Committee and included reviewing applications for the new CEO post, short listing, holding interviews and ultimately appointing a new senior member of staff;

Phase 1 of our Development Plan; completion and ratification of the Club's Bylaws; commencement of a marketing and communications strategy and liaison with various sports sections on some new initiatives. An updated status report of our Objectives for the committee year can be found on the Club notice board.

## Senior Staff Appointment

Following a decision to restructure the senior management team, and receipt of over 100 applications for the post, Australian born Russell Finney has been appointed as Chief Executive Officer and will start work on September 10<sup>th</sup>. Russell comes to us from the Shanghai Racquet Club and Apartments in Shanghai where he was GM and then Chief Operating Officer. Previously he was General Manager of the Weld Club in Perth, Australia, which ranks within the top 10 clubs in the world.

Russell will be responsible for establishing a strong organisational infrastructure for the Club which will include reviewing and developing our human resources; financial management and control; marketing & communications; ensuring the deliverance of a high standard of service and product; and importantly, controlling and implementing our long term development plans. Barry Osborne will continue in his role as General Manager and will be responsible for all the day to day operations of the Club including events & functions, food & beverage, sports & activities, customer relations, house & grounds etc. We believe that Russell, Barry, and Khun Prem, our Deputy G.M. Finance, will constitute a strong management team who are well placed to take us through the development phases and beyond.

Please join us in welcoming Russell to the British Club. We look forward to introducing him to you at New Members' Night on Tuesday, September 12<sup>th</sup> so please plan to attend!

## Development Plans

Plans for Phase 1 are now well underway and kicked off with an open invitation for Interior Design and other related companies to receive our design briefs at an event held at the Club on July 7<sup>th</sup>. On receipt of quotations for design concepts, three companies will be chosen to tender for the business. Their ultimate designs will be on display in the Snooker Room and members will be asked to indicate their preferences. This will be preceded by an invitation to tender for Project Management and a pre-tender for Construction companies. Details of the tender process and the design briefs can be found on the Club notice board, and on the Club web forum.

In addition, as outlined at the EGM in June, the Terms of Reference of the Development Rolling Subcommittee (DRSC) has been agreed and are posted on the Club notice board and on the web forum. The purpose of the DRSC is to ensure transparency in the tendering processes and to maintain control & continuity throughout the development project. For more details on Club Development see 'Development Corner' on page 30.

## Farewells

In July we said goodbye to George Dunford who has served on the GC for the last year and a half, and his wife Vicky, who are returning to the UK due to a new job opportunity. On behalf of the GC I'd like to thank George for all his hard work, particularly in the area of IT, and wish them both the best of luck for the future. It's interesting to note that George was one of two GC members this year to be 'second generation GC'. Both George's father, Jack, and Dale Lamb's father, David, have served on the General Committee over the years and Jack, as many will know, is also a past Chairman.

We also said goodbye to Hanni Philips last month who left to join the Bangkok Dolphins. We would like to thank Hanni for all her efforts over the last 20 months and wish her all the best in her future career.

When this issue of Outpost appears, I will be enjoying the delights of sunny Surrey, but will return to the Land of Smiles at the end of August. I look forward to being back at the Club soon and to the next exciting phase in its development. I wish you all a safe and pleasant summer.

Regards,

**Angela Daniel**

*Chairman*

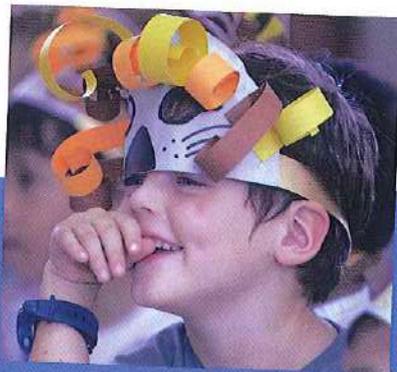
*BCB General Committee 2006/2007*



# BANGKOK PREP

Bangkok International Preparatory & Secondary School

A British Curriculum School



**B**angkok Prep's philosophy is based on a simple conviction: it is that true education nurtures a life-long love of learning, a striving for the highest standards, not only in academic work, but also socially and spiritually. This empowers individuals to take their place as productive members of society at work, and in peace and harmony with themselves, the community and the environment in which they live.

Bangkok Prep's mission is to create a learning environment that enables students to realize their full potential through the application of the school's philosophy. Consequently, it is committed to offering a stimulating and challenging education which promotes a love of learning as well as spiritual and moral development of personal responsibility for one's own learning.

Maintenance of this learning environment requires high standards of behavior, courtesy, tolerance, respect, and an awareness and appreciation of cultural diversity. It is also rooted in the concept of the school as a community, activity involving parents and other community partners in school life.

## An International Outlook

Bangkok Prep is very like the Sukhumvit Community that surrounds it, in that the school is truly international, representing 24 different nationalities.

Such a diverse mix opens students up to other cultures and ideas and encourages them to speak English - Bangkok Prep School's main language of instruction, communication and interaction.

Bangkok Prep's enthusiastic teachers are native speakers, mainly from the UK but also from Australia, Canada and the USA. There are also specialist EAL (English as an Additional Language) teachers, who support students who may need support with their language skills, as well as native-speaking teachers of Thai and other modern languages.

## Location, Location, Location!

Bangkok Prep enjoys what is probably the best location in the city. Right on Sukhumvit Road itself and just a couple of minutes from Thong Lo BTS station, the school offers a welcome sight of greenery in the middle of the city. The expensive site shaded by mighty trees creates a wonderful atmosphere for children to work, play and interact.

As the area is also home to many of Bangkok's expatriate residents, and enjoys excellent transport links, travel time to and from the school is reduced considerably. This means that parents have more time to spend with their children and can become more involved with school life.

## Top-class facilities

The school boasts some wonderful facilities that challenge children, mentally and physically. As well as a 25-metre swimming pool, the many sports and leisure facilities at the school provide for football and cricket.

Inside the school is a large, airy and welcoming library, computer laboratories and specialised rooms for science and CDT. Music also features strongly as both a curricular and extra-curricular activity.

Great care has been taken to ensure that all classrooms at Bangkok Prep School are bright and cheerful places where students are happy to create and learn. Outside, the lush grounds encourage students to meet and interact with each other in a safe and secure environment.

## Now is the time, the Dormouse said, for spring cleaning . . .

**Dear Members,**

Well it's the quiet season here at the Club, functions and event wise, but we are now busy spring cleaning the place ready for members' return in late August. There are lots of repair jobs to do, and plenty of cleaning and repainting work to smarten up the Clubhouse ready for our busy season.

The Club has been a hive of activity this year with functions and events, so much so that we have often enlisted the help of the maintenance team - gardeners and cleaners - to assist with event set-up, peak staffing and clearing away. This does mean, however, that those little repair jobs do get cast to one side until we are able to calm down a little. The staff here are very adaptable and during an event or party the likelihood is that some of the waiting staff are in fact store keepers, gardeners or even cleaners!

Even though this is the quiet period we still have plenty going on. Keep your eyes peeled for notices about Sports Camps, outings to Dreamworld, or our weekend away to the Village Farm Winery, which is a new Club programme that looks like it could be excellent. We will also have all our regular events such as bar quizzes, wine tastings and video nights. Advice of upcoming events and other notices are regularly sent to members via email. If you are a member and no longer receive Club emails, please advise the Office of your new email address!

As usual we are always looking for new members to join the Club, so if you know of any potential new members please give Khun Ben, Prem or myself a call here at the Club.

I would like to ask members to please present their Membership cards to the service staff before ordering F&B. If members forget their cards then the service staff have to inform the duty manager before delivering any F&B service.

I would also ask members to please sign in all guests in the sign-in books situated in the Clubhouse Reception and at the entrance to both of the poolside salas. In addition, members wishing to bring guests poolside at weekends are to call Khun Prem or myself for permission in advance. This is because we are very busy here poolside at weekends and we must take care of members first.

New poolside and Churchill Bar menus have now been completed and these should be available in the outlets shortly.

In August Khun Laak and Suchon, the Club's executive chefs, will be holding two Thai cookery classes for members here at the Club. The courses are very informal and lighthearted but are also designed to be very much hands on. All foods cooked will be served to the participants for their lunch along with some nice Thai wine. For full details please see pages 16 & 17. This is just one of the many new activities that we have planned for your enjoyment.

Well that's it for another month. I look forward to seeing you very soon,

Regards,

**Barry Osborne**  
General Manager



# WHAT'S GOING ON

## Special Events at the Club this month

### \*\* VDO NIGHT - MORSE

Thursday, 3<sup>rd</sup> August, 7-9pm, Wordsworth Room  
For details, see opposite page.

### \*\* HUNGARIAN GRAND PRIX - LIVE

Sunday, 6<sup>th</sup> August, 6pm, Churchill Bar  
For details, see page 10.

### \*\* SPORTS CAMP

Monday, 7<sup>th</sup> August, 8:30am, to Wednesday 9<sup>th</sup>, BC grounds

Sports camps are held at the British Club and open to children aged 5 to 12. The day starts with breakfast, served at 9am. Activities take place from 9.00 am to 4.00 pm and include arts and crafts, tennis, squash, rounders, football, team games and of course, the famous British Club bouncy! The sports camps are great fun and well supervised. Cost is 950 baht per day. Call us in the Fitness Centre if you wish to sign up, or for more information contact Rit Or Nat.

### \*\* THAI COOKING CLASS

Tuesday, 8<sup>th</sup> & 15<sup>th</sup> August, 10:00am, Silom Sala

Want to learn how to cook your favourite Thai foods? Why not learn from the experts here at the Club with Khun Laak and Khun Suchon, the Club's head chefs. We start at 10am with coffee in the Silom sala and then get cooking. The Cooking Class is designed to be very much hands on and at the end of the Class you will get to enjoy for Lunch the food that you have just cooked! A glass of Thai wine is included with the meal. The cost of the cooking class is 1,500 baht per person and includes handouts of the recipes, Lunch and a glass of Wine. The class is limited to 16 people and is informal so feel free to ask Laak or Suchon plenty of questions. For more, see pages 16 & 17.

### \*\* KEANE 'UNDER THE IRON SEA' - LIVE IN BANGKOK

Wednesday, 9<sup>th</sup> August; Leave BC at 6:00pm

We have booked a limited number of tickets for this upcoming concert from one of Britain's hottest bands. This is the first concert that Keane have performed in Thailand but their latest album recently sold more than 30,000 copies here. They have won Two Brit awards and a Grammy nomination and have played at a host of sold-out concerts since 2002. The cost of this event is 2,650 baht per person, including transport from/to the Club. Transport leaves at 6pm and the Concert begins at 8pm. To book send a fax or email to the Club or sign up at the Clubhouse Reception. For further information call Khun Ben or Barry.

### \*\* DREAMWORLD FAMILY DAY OUT

Thursday, 10<sup>th</sup> August; Leave BC at 9:00am

Join us on this fun-filled day out to Thailand's Premiere Theme Park. The cost is 1,200 baht per person and includes transport from/to the British Club, entrance to the Park and a ticket to all rides including Snow Town (Yes! You can go tobogganing and throw snowballs right here in Thailand!!), a Buffet Lunch at KFC, ice cream and soft drinks. We leave the Club at 9am and return around 3pm. The trip is limited to 30 people only, so book now to avoid disappointment.

### \*\* VDO NIGHT - DR WHO

Thursday, 10<sup>th</sup> August, 7-8:30pm, Wordsworth Room  
For details, see opposite page.

### \*\* STAR TREK - PILOT EPISODES

Monday, 14<sup>th</sup> August, 1-9pm, Wordsworth Room

For details, see opposite page.

### \*\* SIAM NIRAMIT THEATRE PERFORMANCE

Saturday, 19<sup>th</sup> August; Leave BC at 5:30pm

"Travel back through time into the history and culture of the Kingdom of Siam." This world class performance is a journey to the enchanted kingdom of Siam and is performed on a 65 meter, panoramic stage with a cast of 120 actors. The scenery and costumes are said to be spectacular and the show has received excellent reviews, apparently not one to be missed. The evening costs a total of 2000 baht including a delicious Thai buffet during the show. The transport leaves from the Club to the Ratchada Grand Theatre at 5.30pm and the show begins at 8pm.

### \*\* QUIZ NIGHT

Tuesday, 22<sup>nd</sup> August, 7:30pm, Churchill Bar

There's still room for another team or two in the Churchill Bar, so get some friends together and come along to join in the fun. There are 4 rounds of 19 questions, all rounds ending in the dreaded "common denominator". There are also 3 spot rounds where you have the chance to win a bottle of wine sponsored by Crown Worldwide Relocations. This month Khun Laak and her team will create some of your favourite Indian dishes and we will be promoting our new San Miguel Beer. The cost to enter is 100 baht per person. Teams of up to six persons.

### \*\* MONTHLY WINE TASTING

Friday, 25<sup>th</sup> August, 6-9pm, Suriwongse Room

Join us for our monthly Tasting. This month we have wines from Australia, California, New Zealand and a host of other countries. The Club will create a range of canapes to complement the wines. Members can purchase the wines at specially discounted prices direct from the vendors. What a great way to start the weekend - free wines in the comfort of your Club. Why not head down into the Churchill Bar afterwards and enjoy Khun Laak's famous Curry Buffet for only 250 baht. We'll also be promoting our latest beer - San Miguel and San Mig Light.

### \*\* VILLAGE FARM WINERY TOUR AND HOME STAY

Saturday, 26<sup>th</sup> August, to Sunday 27<sup>th</sup>; Leave BC at 8:00am

We leave at 8am sharp for our first visit to the picturesque Village Farm Winery in beautiful Khao Yai. The trip costs 7,000 baht per person, including overnight accommodation on a twin sharing basis, all transportation, all meals and unlimited wine tasting. For a full itinerary of this wine connoisseur's weekend please contact Khun Vanit, Ben or Barry here at the Club. This trip is limited to 40 members only. We will also visit Grand Monte and PB Valley Wineries. This is a superb weekend not to be missed.

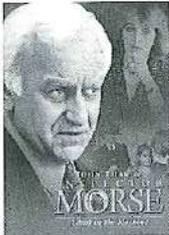
### \*\* TURKISH GRAND PRIX - LIVE

Sunday, 27<sup>th</sup> August, from 6pm, Churchill Bar  
For details, page 10.

# VDOs & Movies

“ THURSDAY NIGHT IS MOVIE NIGHT! ”

3rd August at 7.00pm



**MORSE:** We start the third series of Morse with **GHOST IN THE MACHINE** but without Max! Morse investigates the reported theft of erotic paintings belonging to Sir Julius Hanbury . . . then Sir Julius himself disappears. Starring Patricia Hodge and Bernard Lloyd, and introducing Amanda Hillwood as the new pathologist, Dr Grayling Russell.

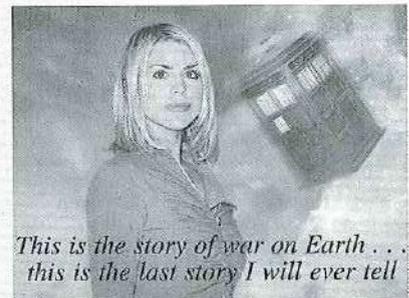
10th August at 7.00pm



**DOCTOR WHO: THINGS WILL NEVER BE THE SAME AGAIN!**

Rose and The Doctor visit her mum when her long dead grandfather turns up! Just who are this Army of Ghosts? What is Torchwood, and why does its acts spell out Doomsday for the Earth? The 2006 season concludes with a fast paced, exciting confrontation between The Doctor and the ultimate evil ... with an ending that will blow you away!

The finale to this year's Doctor Who guest stars Tracy Ann Oberman ('Chrissie' from Eastenders) and Raji James ('Ash Ferrier' from Eastenders) with a special appearance by Barbara Windsor as Peggy Mitchell in Eastenders!



*This is the story of war on Earth . . . this is the last story I will ever tell*

After the finale of Doctor Who on August 10th, the regular Movie Nights are taking a holiday.

## TO BOLDLY GO WHERE NO MAN HAS GONE BEFORE ....

In its forty-year history there have been five different series of Star Trek, ranging from 'The Original Series' (or TOS as fans call it) first shown in 1966 to 'Enterprise', which only concluded in 2005. On **Holiday Monday 14th August** we are showing all the pilot episodes from each series!



1.00pm The pilot of **The Original Series** called 'The Cage' – starring Jeffrey Hunter, M. Leigh Hudec and Leonard Nimoy (Note: William Shatner was not in the pilot episode, he came after!).



Capt. Christopher Pike



2.00pm 'Encounter at Far Point' was the two-parter which started **The Next Generation**, starring Patrick Stewart, Jonathon Frakes and Brent Spiner.



Capt. Jean-Luc Picard



3.45pm **Deep Space 9** was the only Star Trek not based upon a Starship when it started with 'Emissary' featuring Avery Brooks, Nana Visitor & Rene Auberjonois.



Comdr. Benjamin Sisko



5.15pm Another new concept ... a Star Trek without an Enterprise saw **Voyager** launched with 'The Caretaker' starring Kate Mulgrew, Tim Russ & Robert Duncan McNeil.



Capt. Kathryn Janeway



7.00pm In an era of prequels, Star Trek went back before anyone had gone before with **Enterprise** starring Scott Bakula, Jolene Blalock & Connor Trinneer.



Capt. Jonathan Archer

Feel free to attend whichever one takes your fancy ... please book at reception or by emailing [eventbooking@britishclubbangkok.org](mailto:eventbooking@britishclubbangkok.org).

## "THE HUNGRY TURKEY"

August sees us firmly on the home run of the 2006 Grand Prix season with Alonso and Schumacher still both within points of each other and both well placed to win the trophy, one for the second time, the other for his eighth. With the Iceman still well down the table, there seems no-one else will get a look-in this year.

In August we have two great European races .....

**SUNDAY 6<sup>th</sup> August .....**  
**HUNGARIAN GRAND PRIX .... 7pm**

**SUNDAY 27<sup>th</sup> August .....**  
**TURKISH GRAND PRIX .... 7pm**

As usual we will start the evening at 6pm with our now traditional **PASTA & SALAD BAR** .... Freshly cooked pasta with sauces of your choice served with salad. Choose from Simply Spaghetti to Funny Fusilloni, Plain Penne to Tri-colour Tortiglioni cooked in Bolognese or even your own mixture of tomatoes, clams, garlic, onions, oregano, green pepper or ham ... all with Parmesan cheese. **ALL FOR 140 BAHT.**

At 7pm, we switch over to the European transmission of the race for a non-stop showing of the race with commentary from Martin Brundle.

ENJOY!

## I NEVER GET CLUB EMAILS!

### WE DON'T BELIEVE YOU

Well actually we do, but we thought we would try to get a reaction first. Each week the Club sends out two or three emails informing members of 'What's On' and 'What's Changed' but sadly nearly 150 emails bounce back each time.

Why? Well we did an audit of all bounced emails on 13<sup>th</sup> July and found out that ...

- > 5 email addresses had 'Error 01373: User's Disk Quota Exceeded - Sorry, your intended recipient has too much mail stored in his/her mailbox'. So there is not a lot we can do about that!
- > 15 were typing errors where the Club had accidentally put in the wrong address so we have corrected all those ... very sorry.
- > However over 130 are 'dead' addresses where the recipient server is telling us that there is no such person at that mailbox - half of these are yahoo or hotmail addresses!

So if you are not getting emails from us ... please send your updated Email address to: [GM@britishclubbangkok.org](mailto:GM@britishclubbangkok.org) .

## DIAL 8 FOR MOBILE!

Don't forget, when telling people your mobile phone number or ordering new business cards, that from 1<sup>st</sup> September 2006 your mobile phone number **HAS CHANGED!**

From 1 September 2006, all mobile telephones in Thailand swap to 10-Digit operation by having an '8' placed directly after the '0' : Examples ....

**0 1123 4567** becomes **08 1123 4567**

**0 9765 4321** becomes **08 9765 4321**

## "TV SPORTS for ELBOW-BENDING EXERCISE"

August 4 <sup>th</sup> -8 <sup>th</sup>	Cricket	England v. Pakistan 3 <sup>rd</sup> Test	5pm-midnight
5 <sup>th</sup>	Rugby	Australia v. South Africa	5pm-7pm
6 <sup>th</sup>	F1	Hungarian Grand Prix	6pm-8pm
13 <sup>th</sup>	Soccer	FA Community Shield: Chelsea v. Liverpool	9pm-11pm
15 <sup>th</sup> -20 <sup>th</sup>	Cricket	England v. Pakistan 4 <sup>th</sup> Test	5pm-midnight
19 <sup>th</sup>	Rugby	New Zealand v. Australia	0.30pm-2.30pm
19 <sup>th</sup>	Soccer	FA Barclays Premiership Sheffield Utd v. Liverpool	6.45pm-9pm
26 <sup>th</sup>	Rugby	South Africa v. New Zealand	8pm-10pm
27 <sup>th</sup>	F1	Turkish Grand Prix	7pm-9pm

When there is only one main sport it will be shown on the Plasma screen in the Churchill Bar; when there are two, the second will be shown on the side TV.

# Robbie Williams

BEC - TERO ENTERTAINMENT & MIDAS PROMOTIONS  
PRESENTATION BY ARRANGEMENT  
WITH X-ray AND la: music

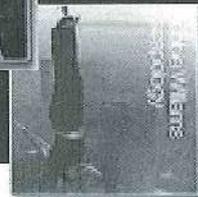
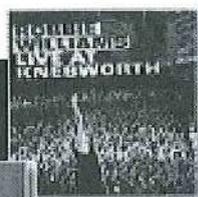
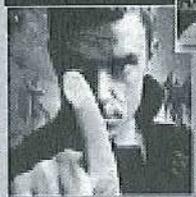
14 November 06 Aktiv Square, Muang Thong Thani

[www.Thaiticketmaster.com](http://www.Thaiticketmaster.com)



# Tuesday 14th, November 2006

## Aktiv Square



## Tickets Cost Baht 3450

**Bus leaves  
at 6.30 p.m.**



**Standing only**

**Concert starts  
at 8 p.m.**



**Sign up  
at The Reception**

# REGULAR WEEKLY EVENTS

## MONDAYS Wordsworth Lounge

9:00am-12:00noon

## TUESDAYS Churchill Bar

7:00pm-late

## WEDNESDAYS Churchill Bar

Lunch & Dinner  
(Noon-2:00pm & 5:30-9:00pm)

7:00pm and 8:00pm

7:30pm

## THURSDAYS Churchill Bar

6:00-9:00pm

## FRIDAYS Churchill Bar

Lunch & Dinner  
(Noon-2:00pm & 5:30-9:00pm)

## Silom Sala

7:00pm and 9:00pm

## SUNDAYS Lord's Restaurant

Noon-3:00pm

## Silom Room

1:30-3:30pm

## Churchill Bar

2:30 onwards

BWG Mahjong

Spoofing

CARVERY BUFFET Bt 250. Choose from 3 roast joints, 3 potato styles, 3 veggies. Also with fresh salad (Bt 280).

PERNOD RICARD ACCUMULATOR

Any member could win from Bt 5,000 to Bt 25,000 - prize increases each week.

CHIVAS REGAL BOTTLE DRAW - somebody present in the Bar will win a bottle of whisky, tequila, vodka or gin.

Chess

THEME BUFFET - **4<sup>th</sup> August:** T.G.I.F.CURRY BUFFET - with six assorted curries + breads, sambals, rice & dessert; 250 baht per person.

**11<sup>th</sup> August:** SOUP & SALAD BUFFET - with three hearty soups, fresh baked breads, large fresh salad bar with cold cuts; 250 baht per person.

**18<sup>th</sup> August:** PASTA BUFFET - with a range of pastas cooked with your favourite sauce, a selection of salads and soup to start; 250 baht per person.

**25<sup>th</sup> August:** T.G.I.F.CURRY BUFFET - with six assorted curries + breads, sambals, rice & dessert; 250 baht per person. + San Miguel promotion.

Kids' VDO It's free. Includes free Nestle Sundaes for the kids.

FAMILY CARVERY - Choose from 2 soups, cold cuts, 3 roasts carvery, with potatoes and veggies, hot dishes, children's buffet, fresh salad bar and a range of desserts.

Adults Bt 350 and children Bt 200 (includes soft drink)

CHILDREN'S ACTIVITIES. Games, videos, crafts, soft drinks and snacks with Khun Suzie. Cost: FREE

Friendly Bridge

## Official Opening Times

10:00am - 11:00pm

11:30am - 2:00pm

6:00pm - 10:00pm

7:30am - 10:00pm

6:00am - 10:00pm

6:00am - 9:00pm

9:00am - 6:00pm

Churchill Bar

Lord's Restaurant (Lunch)

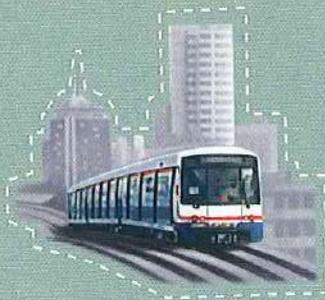
Lord's Restaurant (Dinner)

Poolside Bar (last food orders - 9:30pm)

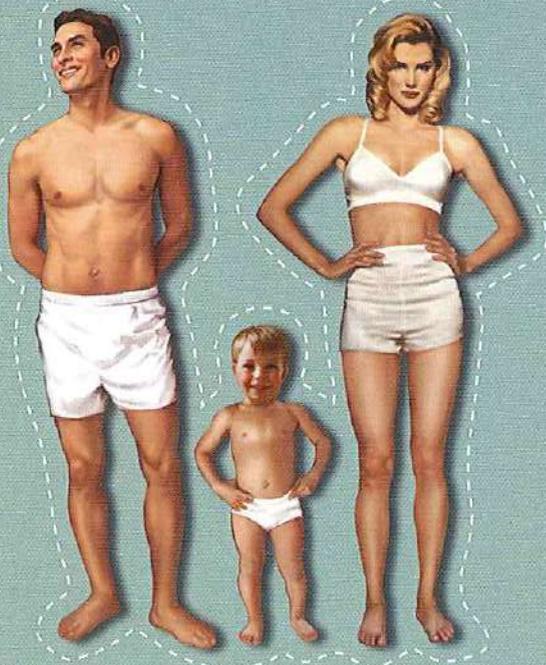
Fitness Centre (Mon-Fri)

Fitness Centre (weekends)

Thai Massage (Tues-Sun)



Welcome to your new home.



# Living in Bangkok 2006

A Community Event for New Expatriate Residents.

**New to Bangkok?** Then you're just in time for the essential annual event for new expats. Now in its 8<sup>th</sup> year, Living in Bangkok features over 70 exhibitors who provide products and services that meet expat needs. It's the ideal opportunity to learn about resources that can make your life here easier and better – including social and volunteer organizations, schools and churches, credit cards and insurance, specialty food sources, recreation and healthcare. Attend and you'll also receive a booklet of introductory coupons from our exhibitors.

Living in Bangkok will again include the popular handicrafts sale organized by Thai Craft, featuring unique handicrafts from different parts of Thailand. Admission is free. For directions and more information, check the Living in Bangkok link at [www.bumrungrad.com](http://www.bumrungrad.com).

**Saturday September 9, 2006** 12.00 noon - 6.30 pm Bumrungrad International hospital, 33 Sukhumvit 3  
Tel: 0 2667 1000. Shuttle bus available from Nana Skytrain exit 1.

This community service is brought to you by



Millennium Auto



# DOGGIE DESTINY

## Virgo (August 22 – September 22)

**Keywords:** Clean, diligent, reliable (+)  
Demanding, critical, fussy (-)



Virgo dogs are the cleanest and most orderly of all dogs. They are the best herding dogs and working dogs, being naturally imbued with the Puritan work ethic, and will toil from dawn to dusk, enjoying being helpful and valuable. They are ruled by mercury, so they're highly strung and must have regular exercise to stay healthy. In fact, most Virgo dogs have an intense desire for routine and repetition – this brings order and stability to their world which they see as threatened by chaos. Without work, order or routine, Virgo can be a terrible worrier and hypochondriac. This dog has a delicate nervous system and is prone to ailments in the intestinal area from both physical and psychosomatic causes. They also have the most sensitive stomachs in the entire Zodiac, so it's hardly surprising that they're fussy eaters, requiring the finest quality dog food for good nutrition and settling for nothing less. The Virgo dog loves to be bathed – a lot – and sets great store by cleanliness. In fact, you may find that your Virgoan turns into a neatnik who prefers human company to that of other dogs who are "much too messy". Of course, all this fussing is worth it, because if you treat your Virgo pet well what you will get in return is an unlimited supply of gratitude, attention, adoration and obedience.

**Survival Tip:** Be sure to keep your Virgo dog on a regular, healthy, nourishing and well-balanced diet. You may even find your pet is a rare canine vegetarian! Never give them spicy, fried or fatty foods – needless to say, leftover Penang Moo is definitely out!

**Outlook for 2006:** With the Sun, Mercury, Venus and Mars all trundling through Virgo in the next couple of months it will be **fun, action** and **romance** for Virgo canines through to October. Of course, all aspiring romantic partners must be fastidiously groomed and presented at all times or they will simply not be allowed in the Virgo's yard, let alone in the house. Later in the year, unpredictable Uranus in opposition will disrupt routines and could bring many order-loving Virgo pooches to the brink of psychosis. Owners & carers, please try to keep their routines going – exercise, feeding, bathing – and DON'T move their feed bowls or sleeping quarters. Uranus is a feared influence for Virgos, and many will need extra help and understanding at this time.

## This month's Adoptable Dogs ...



### Gialla

*Female, Approximately 1&1/2 years old*

Gialla started her life as a street dog in one of Bangkok's temples. She quickly became malnourished and a victim of mange. She was

rescued by SDR during one of our spay/neuter clinics. All the volunteers fell in love with her as she has a delightful temperament and her tail NEVER stopped wagging. Today she is a happy, healthy young lady. Her favourite pastime – ball chasing and snuggling.

### Skully

*Male, Approximately 2 years old*

Skully was found in a temple in Pathum Thani, emaciated and injured from fighting for food. Today, he is a much happier chap.

He loves to run and play chase – prefers being outdoors, but enjoys human company and actively seeks people out for attention.

Skully has been waiting for a home for quite some time, so if you have a loving home and would like to share it with Skully please contact Soi Dog Rescue.



### Faith

*Female, Age unknown but estimated to be 3 to 4 years.*

Old before her time from too many litters, Faith was taken from a local Wat in very bad condition. She had been extremely neglected and was suffering

from malnutrition, skin and eye problems. Taken in by SDR for treatment, Faith's condition has improved tremendously. She has now completed her treatments and is back home at the temple. She continues to be looked after by SDR volunteers. She is a very gentle natured dog with a lovely personality. She would make a good pet for someone who knows that beauty is not everything.

### Pang

*Female, Born January 2005.*

Pang was rescued from a shelter near Nonthaburi. She was starving and suffering from many ailments. She was taken to the SDR clinic where she was treated and today

has made full recovery and returned to her home in the temple. She is a lovely dog that values human companionship.

She continues to be looked after by SDR volunteers but misses her daily human companionship. If you have room in your home for this wonderful young girl, please give us a call.



### Contact information for adoption

*For English Speakers:*

**Sherry :** 02-336-0849 or 01-611-2865  
Email: info@soidogrescue.org

*For Thai Speakers:*

**Khun Mot:** 05-215-6962

**Soi Dogs**  
a breed apart  
[www.soidogrescue.org](http://www.soidogrescue.org)



# SUSIE'S Kids Korner

Join me in the Silom Room every Sunday!

## SIDEWALK CHALK

### Materials Needed:

- Plaster of Paris
- Water
- Tempera paint (powdered or liquid)
- Small moulds for the chalk (Possibilities: bathroom tissue tubes or small paper cups reinforced with duct tape)
- A container for mixing and a spoon for stirring

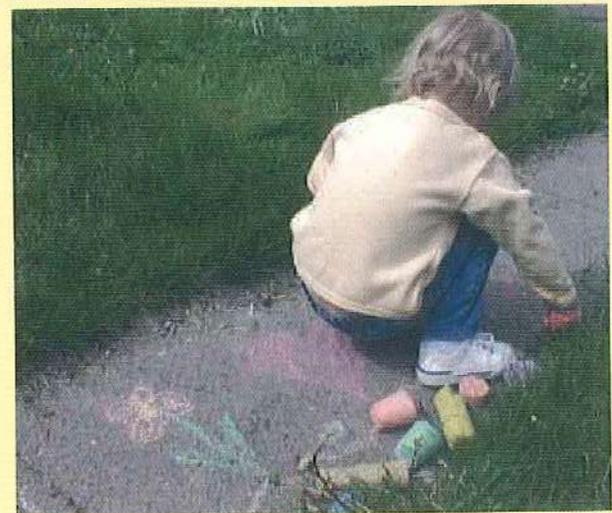


### DIRECTIONS:

Knowing it could get messy, cut open a plastic garbage bag and spread it out to use as our working surface. First, please reinforce the moulds (little paper cups and bathroom tissue tubes) with duct tape. Also cover one end of the bathroom tissue tubes with the tape. Have someone hold the mould while you put on the tape, if that helps.

Put some Plaster of Paris in a mixing container, and then add a little bit of water at a time until the mixture is creamy but firm. To color the chalk mixture, add tempera paint and then stir well. (If you want swirled chalk, just stir the mixture a little bit before putting it into the moulds.) The mixture may be a bit difficult for you to stir, but you can enjoy choosing the paint colors and adding them to the mixture.

Finally, spoon the mixture into the moulds, making sure to push it in firmly. (Lining the inside of the mould with waxed paper may help to make the chalk smoother.) The Plaster of Paris hardens quickly. Take the chalk out of the moulds after about 30 minutes, and use it right away! You may want to let your chalk sit out to dry completely for a day before storing it in any container. Enjoy your homemade sidewalk chalk!



## JOKES Kids Can Tell

*Knock! Knock!*

*Who's there?*

*Adolf!*

*Adolf who?*

*A dolf ball hid me on de dose! Dat's why I'm dalking like dis!*

# Thai Cooking Lessons

## Silom Sala

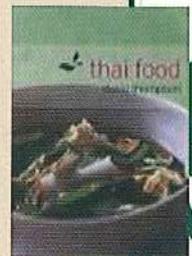
Tuesday August 8th  
&  
August 15th

Start at 10am with coffee

The cooking class  
is designed to be  
very much hands on

The cost of the cooking class  
is Baht 1,500 per person

includes, handouts  
of the recipes,  
Lunch  
and  
a glass of wine



# Cooking up a treat!



This month we launch our Cooking Classes here at the Club. Members are invited to join us in the Silom Sala on August 8th or August 15th and learn how to cook your favourite Thai dishes with Club Chefs Khun Wilaluk Sirsawat (Laak) and Khun Suchon Meunsri (Toh). The cooking course is designed to be very much hands on. All participants will be required to help in the cooking and preparation process and, as a performance incentive, all foods cooked will be served to you as your lunch for the day!

The Menu for Thursday 8th of August includes Poh Pia Thod (spring rolls), Gai Hor Bai Toey (chicken in pandan leaf), Gaeng Kiew Wan (green curry), Phad Thai (Thai-style Noodles) . . . and more.

The Class ends with our 'Lunch in The Sala' served with a glass of Thailand's premier wine from the Village Farm Winery in Nakon Rachasima. Members who wish to buy the wine may purchase on the day. All members will receive a British Club apron and a handout of all the recipes on the Menu. This is a very informal class - please ask the Chefs whatever questions you like.

We last held the Cooking Classes around three years ago and they proved very popular - in fact even though lunch was over by 2pm, members often stayed on in the Sala until the early hours of the evening.

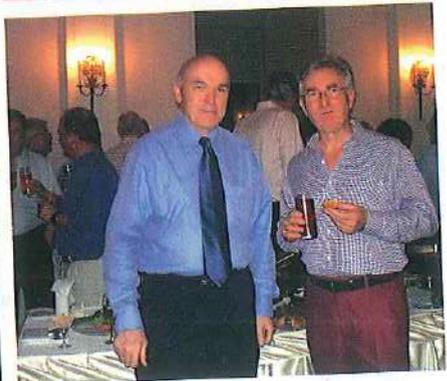
Each Class is limited to 16 persons. The Menu for the 15th of August is available from Khun Ben in the Main office.

So get your aprons on, and I will meet you bright and early (for me!) in the Silom Sala.

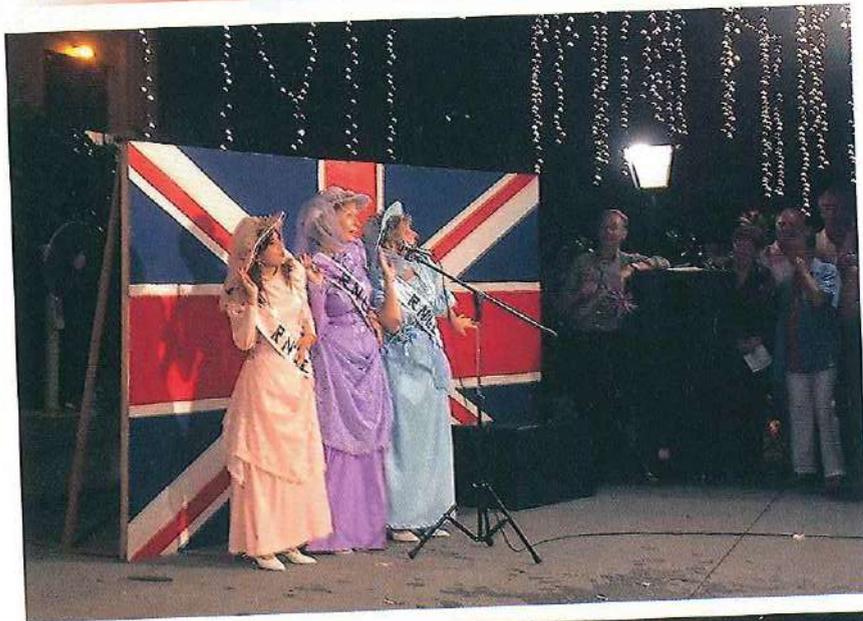
**Barry Osborne**



# LOOKING BACK



# Queen's Birthday at the British Embassy



What birthday party for the Queen would be complete without red-white-&-blue, Gilbert & Sullivan and, most importantly, traditional British cuisine?

The Club recently catered the local celebration of Queen Elizabeth II's 80th Birthday held at the British Embassy on Friday, June 23rd. Over 200 guests, many of them Club members, were treated to a variety of British Classics such as sausage rolls, mini steak & kidney pies, mini quiches and of course the all-time favourite - fish and chips.



The occasion was organised by various British community groups including the British Community Thailand Foundation for the Needy. The Bangkok Community Theatre staged a marvellous old-time Music Hall show to entertain the guests, starring none other than BCT member and British Ambassador David Fall as the Admiral, resplendent in a fluffy blue & white hat, singing "When I was a Lad" from *HMS Pinafore*.

All in all, an enjoyable bash, as the photos show . . .



# BC CALENDAR AUGUST – The Month at a Glance

**Sunday**

**6** 10:30am-2:15pm  
Squash Mix-in

**Lord's Restaurant**  
12noon-3:00pm  
**Family Carvery**

**Silom Room**  
1:00-3:30pm  
Children's Activities



**Churchill Bar**  
2:30pm onwards  
Friendly Bridge

**Wordsworth Lounge**  
3:00-4:00pm Yoga

3:00-6:00pm  
Cricket Practice

**Churchill Bar**  
From 6:00pm  
**FORUMULA ONE - LIVE**  
Hungarian GP

**13** **Lord's Restaurant**  
12noon-3:00pm  
**Family Carvery**

**Silom Room**  
1:00-3:30pm  
Children's Activities

**Monday**

**7** **BC grounds**  
From 8:30am  
**SPORTS CAMP**  
(Day 1)



9:00am-12noon  
BWG Mahjong

6:00-10:00pm  
Tennis Match Play

**14** 9:00am-12noon  
BWG Mahjong

**Tuesday**

**1** 8:00-11:00am  
Tennis Ladies Mix-In

9:00-10:30am  
Ladies Tennis Clinic

7:00-9:00pm  
Football Practice

**Churchill Bar**  
7:00pm-late  
Spoofing

**8** 8:00-11:00am  
Tennis Ladies Mix-In

**BC grounds**  
From 8:30am  
**SPORTS CAMP**  
(Day 2)

9:00-10:30am  
Ladies Tennis Clinic

**Silom Sala**  
10:00am-2:00pm  
**THAI COOKING CLASS**

7:00-9:00pm  
Football Practice

**Churchill Bar**  
7:00pm-late  
Spoofing



**15** 8:00-11:00am  
Tennis Ladies Mix-In

9:00-10:30am  
Ladies Tennis Clinic

**Silom Sala**  
10:00am-2:00pm  
**THAI COOKING CLASS**

**Wednesday**

**2** 5:00-6:30pm  
Junior Tennis

6:00-10:00pm  
Tennis Mix-in

6:00-8:30pm  
Cricket Practice

**Churchill Bar**  
Lunch & Dinner  
**Carvery Buffet**

7:00 & 8:00pm  
**PERNOD RICARD ACCUMULATOR**  
7:30pm Chivas Regal  
Bottle Draw

**CHIVAS**

**9** **BC grounds**  
From 8:30am  
**SPORTS CAMP**  
(Day 3)

5:00-6:30pm  
Junior Tennis  
6:00-10:00pm  
Tennis Mix-in  
6:00-8:30pm  
Cricket Practice

Leave BC at 6:00pm  
**KEANE LIVE IN CONCERT**

**Churchill Bar**  
Lunch & Dinner  
**Carvery Buffet**

7:00 & 8:00pm  
**PERNOD RICARD ACCUMULATOR**  
7:30pm Chivas Regal  
Bottle Draw



**16** 5:00-6:30pm  
Junior Tennis

6:00-10:00pm  
Tennis Mix-in

6:00-8:30pm  
Cricket Practice

**Thursday**

**3** 8:00-11:00am  
Tennis Ladies Mix-in

10:30-11:30am  
Aqua Aerobics

5:15-9:00pm  
Squash Mix-in

7:00-9:00pm  
Rugby Practice

9:00-11:00pm  
Hockey Practice

**Churchill Bar**  
6:00-9:00pm Chess

**Wordsworth Lounge**  
7:00-9:00pm  
**VDO NIGHT**  
Morse



**10** 8:00-11:00am  
Tennis Ladies Mix-in

10:30-11:30am  
Aqua Aerobics  
5:15-9:00pm  
Squash Mix-in

Leave BC at 9:00am  
**Trip to DREAMWORLD**

7:00-9:00pm  
Rugby Practice  
9:00-11:00pm  
Hockey Practice

**Churchill Bar**  
6:00-9:00pm Chess  
**Wordsworth Lounge**  
7:00-8:30pm  
**VDO NIGHT**  
Doctor Who



**17** 8:00-11:00am  
Tennis Ladies Mix-in

10:30-11:30am  
Aqua Aerobics

5:15-9:00pm  
Squash Mix-in

**Friday**

**4** 2:00-5:30pm  
Junior Swimming  
Classes

5:00-6:30pm  
Junior Tennis

6:00-10:00pm  
Tennis Mix-in

**Churchill Bar**  
Lunch & Dinner  
**T.G.I.F. CURRY**  
**BUFFET**

**Silom Sala**  
7.00-9.00pm **Kid's VDO**

**11** 2:00-5:30pm  
Junior Swimming  
Classes

5:00-6:30pm  
Junior Tennis

6:00-10:00pm  
Tennis Mix-in

**Churchill Bar**  
Lunch & Dinner  
**SOUP & SALAD**  
**BUFFET**

**Silom Sala**  
7.00-9.00pm **Kids' VDO**

**18** 2:00-5:30pm  
Junior Swimming  
Classes

5:00-6:30pm  
Junior Tennis

6:00-10:00pm  
Tennis Mix-in

**Saturday**

**5** 7:00-9:00am  
Adult Tennis Classes

9:00am-1:30pm  
Junior Swimming  
Classes

9:30am-12noon  
Cricket Practice

**12** 7:00-9:00am  
Adult Tennis Classes

9:00am-1:30pm  
Junior Swimming  
Classes

9:30am-12noon  
Cricket Practice

**19** 7:00-9:00am  
Adult Tennis Classes

9:00am-1:30pm  
Junior Swimming  
Classes

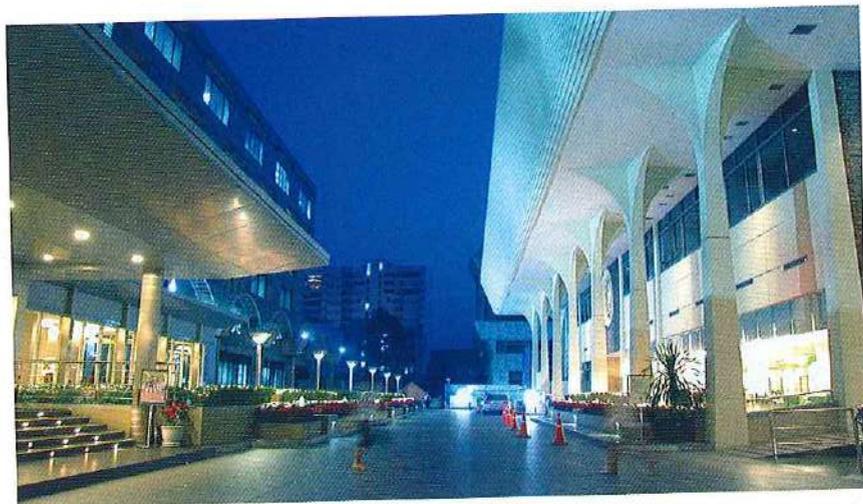


# SAMITVEJ HOSPITALS

## Healthy Living

July 2006

### Our commitment to Bangkok's international community



overseas as well as our ability to make all our patients feel completely comfortable with healthcare.

Although our doctors and specialists have expertise in all major areas, we also count among our strengths a unique wellness approach to health, recognizing that people can have some chronic issues and how we can make your stay in Thailand easier.

In this issue of Healthy Living, we have underlined our commitment to the expatriate community by featuring some of the service we offer for newcomers, along with news of our Teen Center, established specifically for the purpose of helping the younger members of our society.

We welcome you to visit us and learn more about our services.

Welcome to the inaugural issue of Healthy Living, our regular update of new services, developments, facilities and successes at Samitivej Hospitals in Sukhumvit Soi 49 and Srinakarin Road.

■ For more than a quarter of a century, the award-winning Samitivej Hospitals have been one of the leading private hospital groups in Thailand

With its state of the art medical facilities serving customers for primary and specialty care, Samitivej Hospitals are widely recognized as the first choice of Bangkok residents, both Thai and expatriates.

In 1999, Samitivej won the prestigious award for Mother and Baby Friendly Hospital, from WHO and UNICEF, which further strengthened our position in the international community. We also take great pride in being regarded as user-friendly by our customers. This ranges from our convenient locations in areas of Bangkok favoured by expatriates and our high-tech facilities to our understanding of the needs of families and single people living



SAMITVEJ HOSPITALS

*We Care*



# Helping with those adolescent issues - our Teen Center

Being a teenager can be one of the most difficult and sensitive times of a young person's life. This is especially true for young expatriates who face the additional challenges of a new environment and different culture.

■ Helping adolescents over the problems they may face during this challenging period, our Teen Center at Samitivej Srinakarin, which, as its name suggests, has been specially designed to cope with a wide variety of health issues faced by younger people aged from 12 to 21.

Equally suitable for boys and girls, the Teen Center's services cover such delicate matters as skin care, dental health, family planning and menstrual problems. It also assists with emotional and behavioural problems, along with disorders related to nutrition, exercise and even academic problems.

Crucially, the Teen Clinic works closely with other pediatric subspecialty clinics to provide adolescent services to young people, including those with chronic illness and disability.

## What are the aims of the Teen Center?

- To provide an assessment based on information the Hospitals receive from teenage patients, their parents, teachers, and other caregivers who have had important involvement with them.
- To help teenagers, parents, their teachers, and other caregivers better understand the nature and causes of their difficulties.
- To offer treatment known to be helpful in improving behavioural problems or reducing their impact.
- To provide a range of interventions designed to promote



- skill development, personal competence and self-confidence.
- To give practical recommendations that can help decrease problems and enable parents and young people to cope better with their difficulties
- To promote reintegration for our young men and women through collaboration with community programs.

## How does the Teen Center work?

The Teen Center is staffed by a professional team that includes psychiatrists, psychiatric nurses, social workers, family therapists, psychologists and special educators. Services are provided based on the needs of each client and their family.

## Services include :

- Assessment, feedback and recommendations to clients and referral source
- Family counseling
- Individual counseling
- Group programs for young people and their parents
- Parent education and skill development
- Consultation for medications Working together with community agencies and schools

**Samitivej Srinakarin Teen Center.**  
Tel. 02 378-9222



## Did you know

■ Renew your visa at the Samitivej Sukumvit Immigration Center. Services are available on Thursdays, (except public holidays) 9 a.m. - 3 p.m.

■ At Samitivej Hospital, we offer a range of choices for your baby's delivery. Water birth, massage, TENS and heat packs. Child birth education classes open for everyone, Lactation clinic with a 24-hour breastfeeding hotline. Contact Karen Spencer-Harty, our Midwife, on Tel: 02 711-8000 email: karen@samitivej.co.th

■ Our New Wellness Center (Tel. 02 711-8200) is equipped with Velocity, state-of-the-art digital imaging with High-Definition line scan technology. It takes 9 seconds from x-ray room to examination room. High quality digital minimizes error and enhances workflow for technologists and physicians.

■ Sukhumvit Internal Medicine and Women's Health Center has an after-hours clinic, open until 10 p.m.

■ You can have tooth whitening, employing the latest technology and with less sensitivity, at our Dental Clinic. Available at Samitivej Sukumvit.

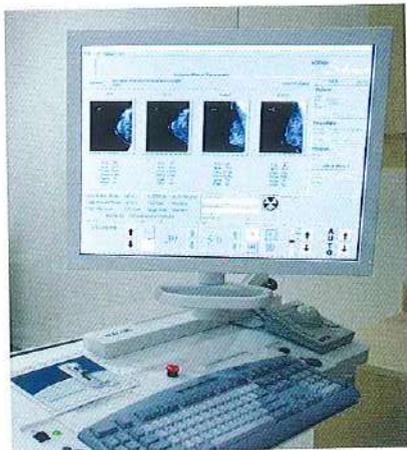
■ Restaurants at Samitivej Sukumvit include Au-Bon-Pain for coffee and sandwiches, L'Avenue which specializes in fusion food, and Bistro Sabai serving Asian and western cuisine. For presents, drop by Phantara gift shop specializing in spa products.

■ There are 193 countries in the world; Samitivej has patients from 170 of them.

■ Annual medical check-ups are important, especially when living in a foreign environment. With this in mind, we have upgraded our service with a newly opened Wellness Center offering programmes specifically designed for this purpose. We also provide a one-stop service here, so you don't have to register elsewhere. For further information, contact us on 02 711-8200, 02 711-8246 for Samitivej Sukumvit, and on 02 731-7000 ext. 2212-8 for Samitivej Srinakarin.

■ We have an International Affairs Department to assist you.

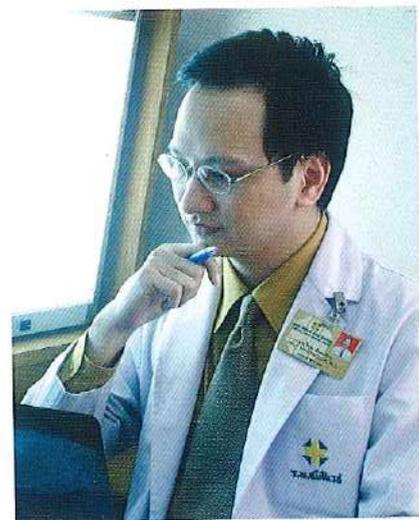
# How digital technology has revolutionized our X-Ray services



Samitivej Hospitals have scored another first in Thailand by introducing the latest development in digital technology for our all-important X-Ray services.

■ The system, known as Digital X-Ray or CCD, employs the same technology that is already well established in modern digital cameras and computers. Now, by creating X-Rays in digital format, doctors and laboratory technicians at Samitivej Hospitals have instant access to an image of a patient's body.

As keen amateur photographers will tell you, digital photography is more efficient and far more flexible than the old film-and print-system. By applying digital technology to X-Ray photography, doctors have a crucial advantage in that an image is immediately available. What's more, it can be adjusted, changed and archived in a normal computer. If necessary, the image can be even transferred digitally via the Internet.



## Advantages for the patient:

1. Saves time since digital X-Rays are available within seconds.
2. Less radiation exposure.
3. Digital X-ray have a high resolution and are therefore sharper than normal film, making an examination more accurate.

## Samitivej Scene

Teachers and pupils from the Modern Montessori International Pre-School recently enjoyed a hospital tour, which included a look at our new ambulances.



# A warm and healthy welcome for newly arrived expatriates

Arriving in a foreign country for the first time can be a daunting experience, with newcomers needing access to all kinds of services and facilities. With this in mind, Samitivej Hospitals have established a special programme geared to the healthcare needs of the new members of Bangkok's expatriate community. The objective, of course, is to remove one of the greatest worries of new arrivals - the health of themselves and their families.

■ As a newcomer to Thailand, it is important to ensure proper arrangements and access to the healthcare service. Private hospitals in Thailand provide comprehensive service ranging from primary to tertiary care. Here at Samitivej Hospitals we provide you not only regular primary care but also eye and dental services. We recommend that you pre-register with hospital to obtain a patient card.

Newcomers can also relax in the knowledge that Samitivej Hospitals operate 24 hours a day with a full ambulance service (Sukumvit Tel. 02 712-7007; Srinakarin Tel. 02 731-7778), plus a night outpatients department. In



recognition of the cosmopolitan nature of Bangkok's expatriate community, both hospitals employ interpreters fluent in a number of languages. On hand too are insurance advisers who can help you gain the full benefits of your insurance cover. Through our website ([www.samitivejhospitals.com](http://www.samitivejhospitals.com)), you can access our doctors' list or make an appointment.



For people new to Thailand and still finding your way here, we invite you to join our hospital tour accompanied by a multi-lingual guide who will explain the full range of services and facilities at Samitivej Hospitals. Our International Affairs Office can assist you with all these issues. You are welcome to contact us for more details.

**Let us be your good friend while in Thailand**

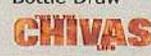
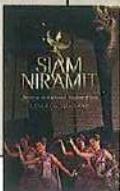
- **Samitivej Sukumvit Hospital:**  
133 Sukhumvit Soi 49, Klongtan Nua, Walfana, Bangkok, 10110.  
Tel. 02 711-8000  
email: [infor@samitivej.co.th](mailto:infor@samitivej.co.th)
- **Samitivej Srinakarin Hospital:**  
488 Srinakarin Rd, Suanlung, Bangkok 10250.  
Tel. 02 731-7000.  
email: [info@samitivej.co.th](mailto:info@samitivej.co.th)



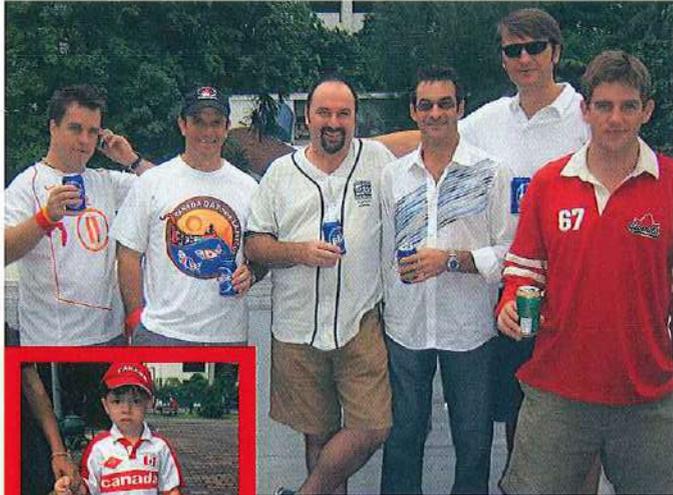
## The finest facilities at Samitivej Srinakarin Children's Hospital

■ Samitivej Srinakarin Hospital is a private hospital for children and families, offering medical and other health care services as well as providing medical advice. Our specialist doctors and staff are on-site 24 hours a day. The hospital is purpose-built and equipped with state of art diagnostic facilities for a wide range of medical and surgical conditions. We provide emergency services with ambulance facilities at all times.

The Hospital's Customer Services team assists patients with any special needs or requests and welcomes comments to ensure that the services provided are in line with expectations. Interpreters are available to assist you when needed.

<p><b>Churchill Bar</b> 2:30pm onwards Friendly Bridge</p> <p><b>Wordsworth Lounge</b> 3:00-4:00pm Yoga</p> <p>3:00-6:00pm Cricket Practice</p>	<p><b>20</b> <b>Lord's Restaurant</b> 12noon-3:00pm <b>Family Carvery</b></p> <p><b>Silom Room</b> 1:00-3:30pm Children's Activities</p>	<p><b>Churchill Bar</b> 2:30pm onwards Friendly Bridge</p> <p><b>Wordsworth Lounge</b> 3:00-4:00pm Yoga</p> <p>3:00-6:00pm Cricket Practice</p>	<p><b>27</b> <b>Lord's Restaurant</b> 12noon-3:00pm <b>Family Carvery</b></p> <p><b>Silom Room</b> 1:00-3:30pm Children's Activities</p> <p><b>Churchill Bar</b> 2:30pm onwards Friendly Bridge</p> <p><b>Wordsworth Lounge</b> 3:00-4:00pm Yoga</p> <p>3:00-6:00pm Cricket Practice</p> <p><b>Churchill Bar</b> From 6:00pm <b>FORUMULA ONE - LIVE</b> <b>Turkish GP</b></p> 
<p><b>Wordsworth Lounge</b> 1:00-9:00pm <b>STAR TREK</b> <b>Pilot Episodes</b></p> <p>6:00-10:00pm Tennis Match Play</p> 	<p><b>21</b> 9:00am-12noon BWG Mahjong</p>	<p>6:00-10:00pm Tennis Match Play</p>	<p><b>28</b> 9:00am-12noon BWG Mahjong</p> <p>6:00-10:00pm Tennis Match Play</p>
<p>7:00-9:00pm Football Practice</p> <p><b>Churchill Bar</b> 7:00pm-late Spoofing</p>	<p><b>22</b> 8:00-11:00am Tennis Ladies Mix-In</p> <p>9:00-10:30am Ladies Tennis Clinic</p> <p>7:00-9:00pm Football Practice</p>	<p><b>Churchill Bar</b> 7:30pm <b>BAR QUIZ NIGHT</b></p> 	<p><b>29</b> 8:00-11:00am Tennis Ladies Mix-In</p> <p>9:00-10:30am Ladies Tennis Clinic</p> <p>7:00-9:00pm Football Practice</p> <p><b>Churchill Bar</b> 7:00pm-late Spoofing</p>
<p><b>Churchill Bar</b> Lunch &amp; Dinner <b>Carvery Buffet</b></p> <p>7:00 &amp; 8:00pm <b>PERNOD RICARD</b> <b>ACCUMULATOR</b> 7:30pm Chivas Regal Bottle Draw</p> 	<p><b>23</b> 5:00-6:30pm Junior Tennis</p> <p>6:00-10:00pm Tennis Mix-in</p> <p>6:00-8:30pm Cricket Practice</p>	<p><b>Churchill Bar</b> Lunch &amp; Dinner <b>Carvery Buffet</b></p> <p>7:00 &amp; 8:00pm <b>PERNOD RICARD</b> <b>ACCUMULATOR</b> 7:30pm Chivas Regal Bottle Draw</p> 	<p><b>30</b> 5:00-6:30pm Junior Tennis</p> <p>6:00-10:00pm Tennis Mix-in</p> <p>6:00-8:30pm Cricket Practice</p> <p><b>Churchill Bar</b> Lunch &amp; Dinner <b>Carvery Buffet</b></p> <p>7:00 &amp; 8:00pm <b>PERNOD RICARD</b> <b>ACCUMULATOR</b> 7:30pm Chivas Regal Bottle Draw</p> 
<p>7:00-9:00pm Rugby Practice</p> <p>9:00-11:00pm Hockey Practice</p> <p><b>Churchill Bar</b> 6:00-9:00pm Chess</p>	<p><b>24</b> 8:00-11:00am Tennis Ladies Mix-in</p> <p>10:30-11:30am Aqua Aerobics</p> <p>5:15-9:00pm Squash Mix-in</p>	<p>7:00-9:00pm Rugby Practice</p> <p>9:00-11:00pm Hockey Practice</p> <p><b>Churchill Bar</b> 6:00-9:00pm Chess</p>	<p><b>31</b> 8:00-11:00am Tennis Ladies Mix-in</p> <p>10:30-11:30am Aqua Aerobics</p> <p>5:15-9:00pm Squash Mix-in</p> <p>7:00-9:00pm Rugby Practice</p> <p>9:00-11:00pm Hockey Practice</p> <p><b>Churchill Bar</b> 6:00-9:00pm Chess</p>
<p><b>Churchill Bar</b> Lunch &amp; Dinner <b>PASTA BUFFET</b></p> <p><b>Silom Sala</b> 7.00-9.00pm <b>Kid's VDO</b></p>	<p><b>25</b> 2:00-5:30pm Junior Swimming Classes</p> <p>5:00-6:30pm Junior Tennis</p> <p>6:00-10:00pm Tennis Mix-in</p>	<p><b>Churchill Bar</b> Lunch &amp; Dinner <b>T.G.I.F. CURRY</b> <b>BUFFET</b></p> <p><b>Suriwongse Room</b> 6:00-9:00pm <b>WINE TASTING</b></p>  <p><b>Silom Sala</b> 7.00-9.00pm <b>Kids' VDO</b></p>	
<p>9:30am-12noon Cricket Practice</p> <p>Leave BC at 5:30pm <b>SIAM NIRAMIT</b> <b>THEATRE</b> <b>PERFORMANCE</b></p> 	<p><b>26</b> 7:00-9:00am Adult Tennis Classes</p> <p>Leave BC at 8:00am <b>Trip to VILLAGE</b> <b>FARM WINERY</b></p> 	<p>9:00am-1:30pm Junior Swimming Classes</p> <p>9:30am-12noon Cricket Practice</p>	

## Canada Day at the British Club



**B**arbequed hotdogs, Canadian beer, and ball hockey in tropical Thailand – what better way to celebrate Canada’s 139th birthday?

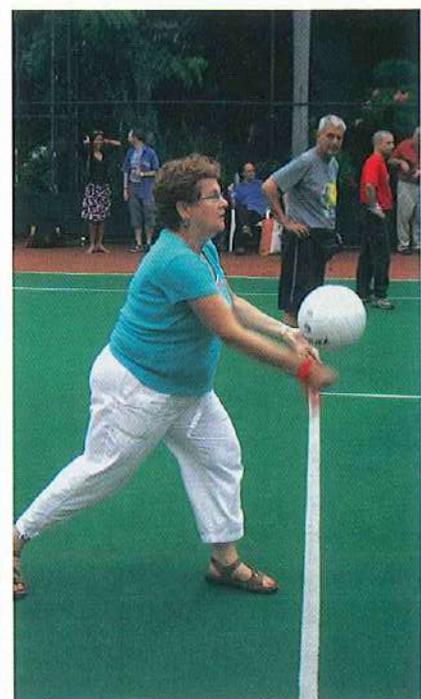
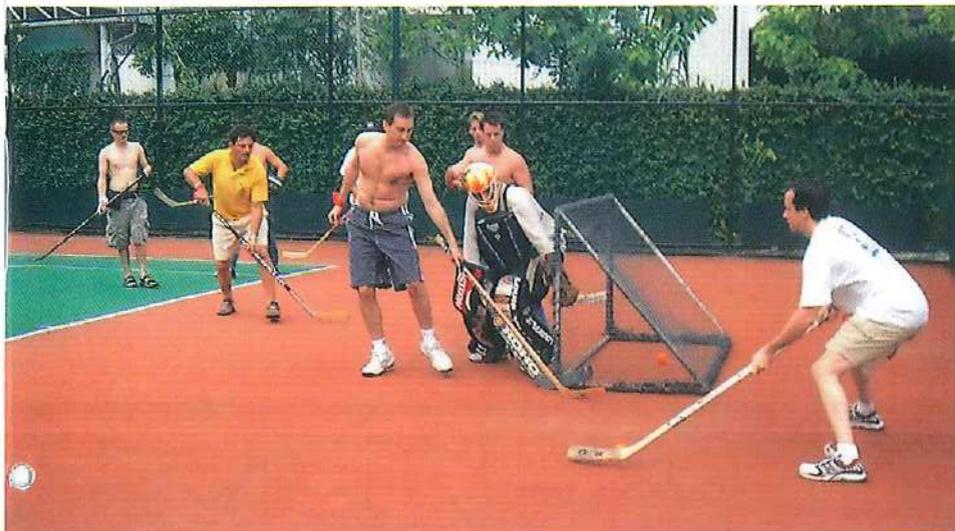
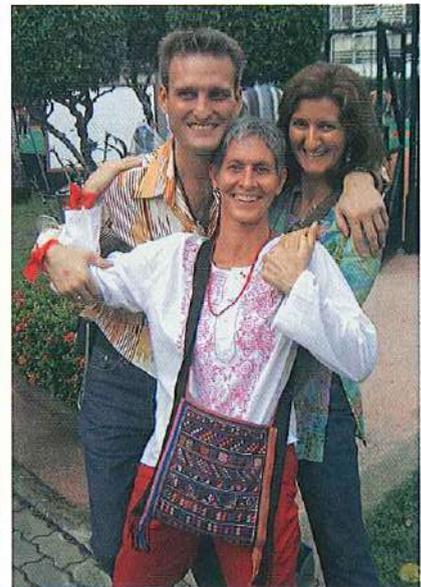
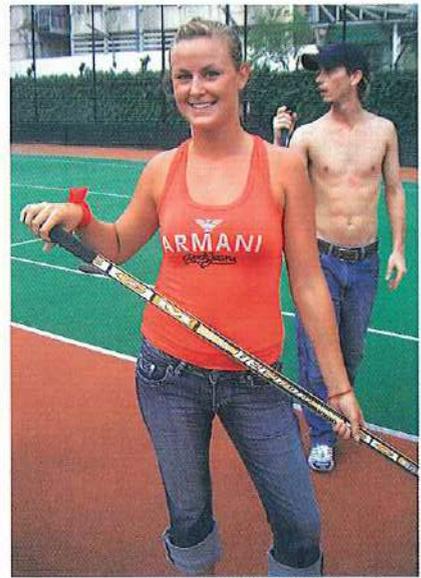
It was fitting that the British Club hosted Canada Day for its former colonials – the first time the celebration was held at this prestigious venue. Canadians love to party and the June 24 bash was very festive with over 450 people in attendance. Even early afternoon lightning and thundershowers couldn’t dampen the celebrations.

On July 1, 1867, the British North America Act created the Canadian federal government, making “Canada” an independent dominion of England.

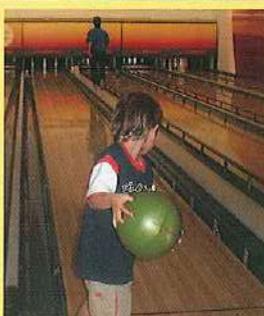
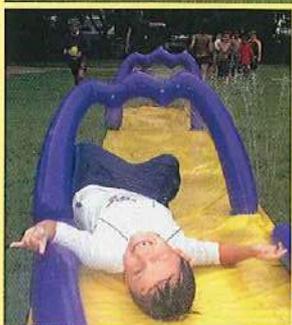
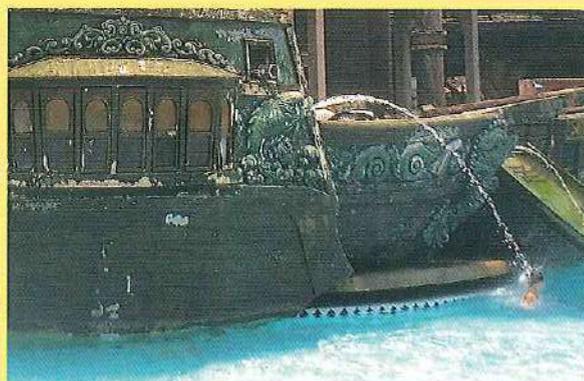
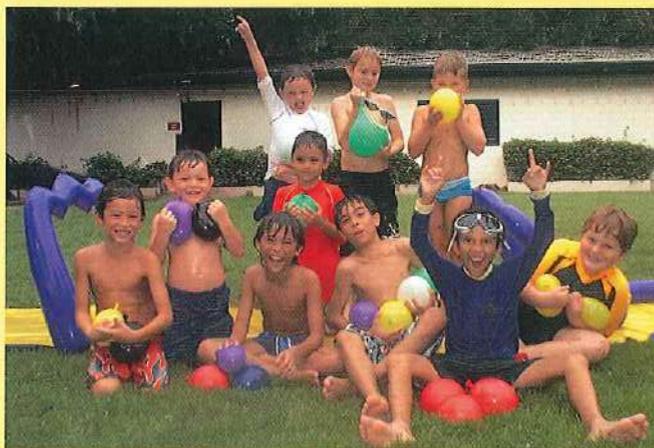
The British Club proved to be an ideal venue to support the family picnic atmosphere that had made the Canada Day party an annual tradition in Bangkok over the past 2 decades. Activities included volleyball, ball hockey, tug-of-war, and games for children. Clowns, mascots and balloons amused the children during the day, while a special guest appearance by the Canadian duo “Same-Same” and NHL playoff hockey projected on the big screen entertained the grown-ups at dinner time. Hats off to Barry and the BC staff for a wonderful job throughout the day!

While a great time was had by all, the merrymaking also benefited those less fortunate. Net proceeds from the sale of imported Canadian beer, wine and spirits went to the Thai Fund Foundation (TFF) – a non-profit, civil society organization that works to promote and protect human rights in the country.

The Canadian beer supply even withstood the large presence of Bangkok’s rowdy Flying Farangs ice hockey players. The Flying Farangs will also support the Thai Fund Foundation on Saturday, August 26 at their annual charity golf tournament at Phoenix GCC in Pattaya. For more information, contact John Casella at: [jcasella@churchill-pryce.com](mailto:jcasella@churchill-pryce.com) or 02-632-1280.



# Fun 'n' Games



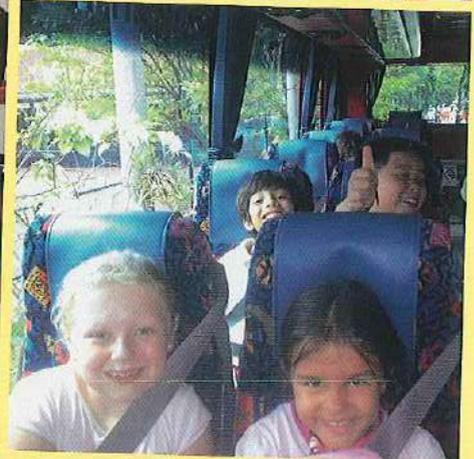
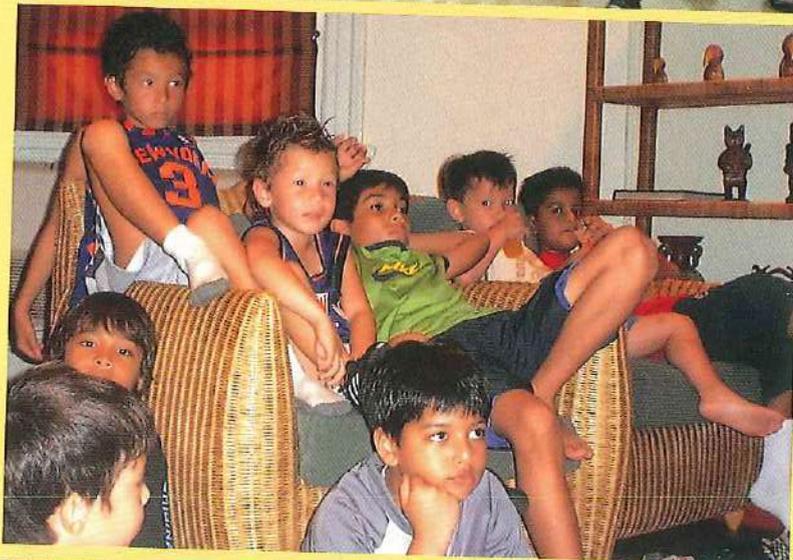
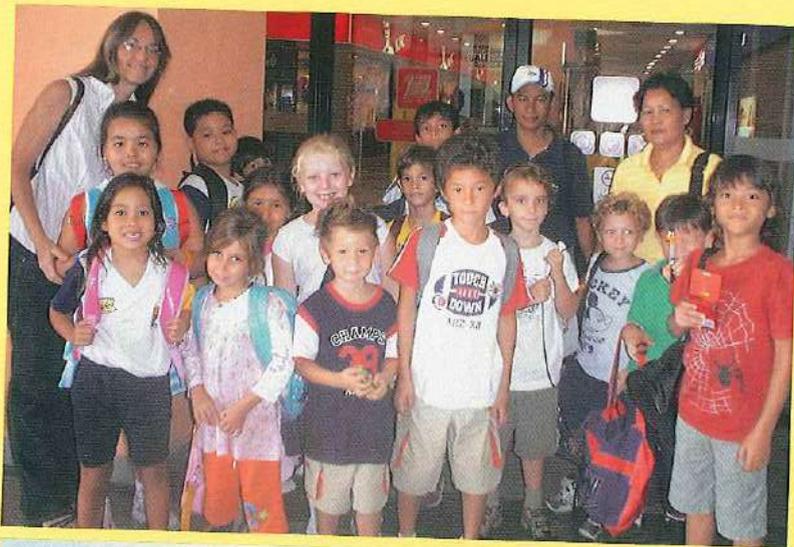
The first of the summer sports camps took place during July 17<sup>th</sup>-19<sup>th</sup> and each day around 20 kids aged 6 to 11 joined in the fun. Every day was packed with fun activities including swimming and pool games, tennis, rounders, mini volley ball, soccer, table tennis and lots more. There was also a craft activity every day and a chance to get their breath back during the video afternoon.

The kids also had lots to eat and drink each day to keep their fluids and energy up, but the staff were totally exhausted after the three days!

The next Sports Camp is on the 7<sup>th</sup>, 8<sup>th</sup> and 9<sup>th</sup>

of August. The days start with breakfast and roll call in the Silom Sala before the organized chaos begins. The Camps cost 950 baht per day and are fully supervised by Khun Amnat and Rit from the Club along with the staff from the kids' activities on Sundays (Susie & her team). If you are interested in the next Camp please call Nat or Rit in the Fitness Centre.

As if this were not enough fun, a day out for the kids was also organized to the fantastic Splash Park at The Mall Bang Khae on Thursday 20<sup>th</sup> July. In all a total of 15 eager kids turned up for the day leaving mum and dad with a bit of glorious peace.



We set off bright and early by Montri Coach to The Mall Bang Khae for one and a half hours in the excellent Pirates of The Caribbean Cove Water Park with its giant slides and water themed games. After the water park it was time for a McDonald's Happy Meal Chicken Nugget lunch, with a huge Coke to get the kids even more hyper, and a free McDonald's toy. Then it was off to the SF Bowling alley for two fun sessions with not too many strikes - but who cares, they were all having fun.

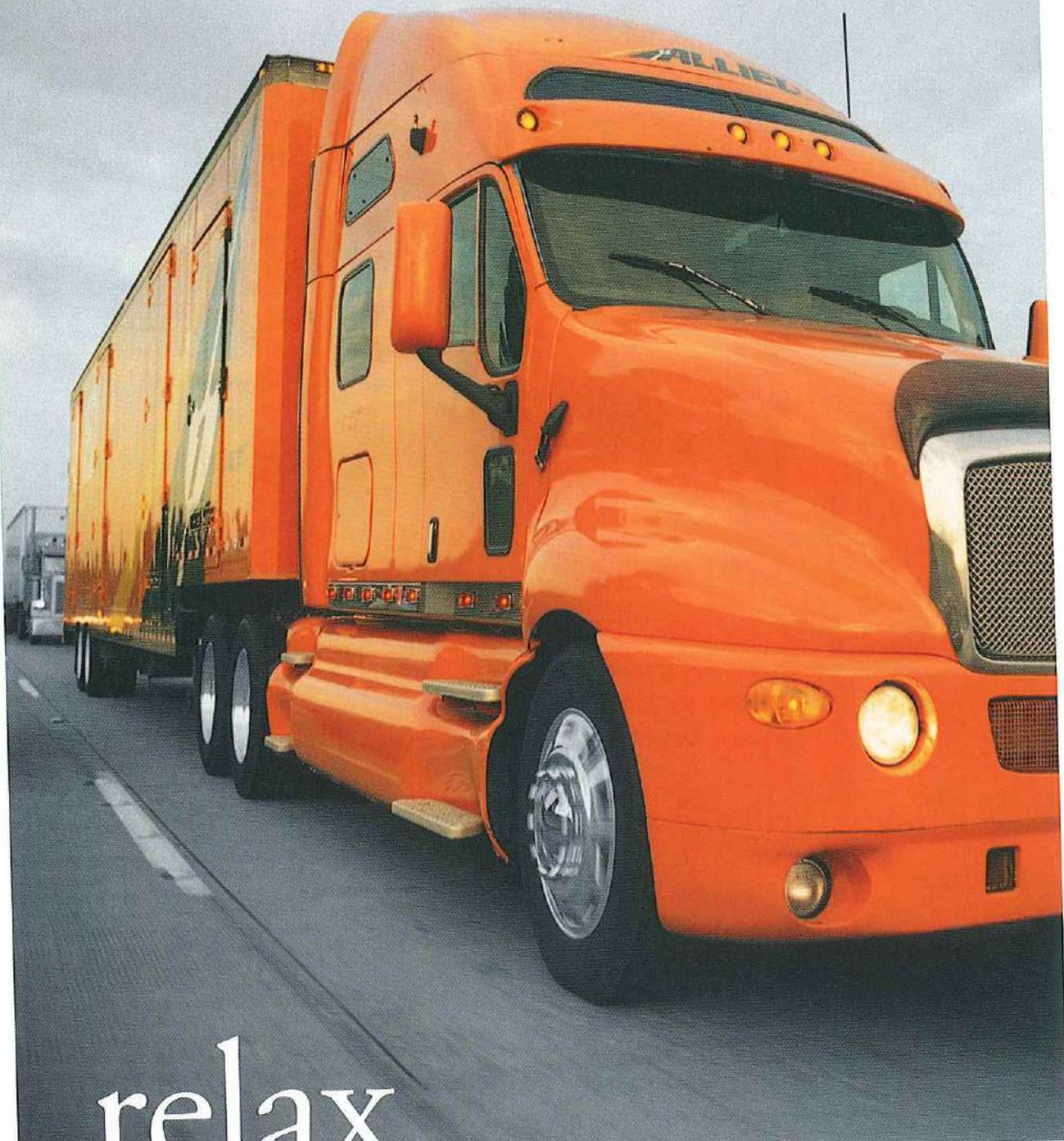
And as if this were not enough, there was a surprise in store whilst waiting for our coach to bring us back to the Club - the kids were treated

to a Birthday ice cream cake at Swenson's. During the bowling Khun Amnat had snuck out and ordered a delicious ice cream cake for Henry Moss who was celebrating his birthday that day . . .

Well done to Rit, Nat and Awe for organizing a super-active and thoroughly enjoyable day out for the kids.

The next day out planned is on Thursday August 10 to wonderful Dream World and Snow Town. Interested members please call Rit or Nat in the Fitness Centre or Ben or Barry in the main office.

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# Curly Questions & Curtain Calls



Jim's Junkies were out of it and the Southerners had obviously headed south, but there was nevertheless quite a respectable 'holiday' turnout for the July Bar Quiz on the 18<sup>th</sup>, with seven teams contesting the glittering prizes – F&B vouchers for 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> and second-last places, and bottles of wine sponsored by Crown Relocations for winners of the three between-round table questions. In theory, it could have been one prize per team but, och, life isn't like that is it laddie?

The good news is that the Wild Wimmin (and one man) Team is still going (in an altered state) but, alas, they failed to make a dent on the Bangkok Gentlemen Spoofers who got away to a flying start with a near-perfect first round and never looked back. Sminky Binky Bang Bang got second, and a consolation bottle prize, but it was the Bookworms who collected the other two bottle prizes. One of them was the "Pavarotti" question: *Luciano Pavarotti holds the record for the most curtain calls, following an opera performance in Berlin in 1988. Just how many curtain calls? 10? 20? 50? All the teams' guesses came in. There was a barely discernible chortle as the Bookworms topped all with '80'. The answer was, of course, none of these – it was in fact . . . 165 (!) during a sustained period of continuous applause lasting one hour and seven minutes. Perhaps they liked the show.*

By a strange coincidence, in the same year that Pavarotti set his record, a gentleman by the name of Rodney Bain took over as Quizmaster at the British Club from one David Hall. The Quiz format was a little different then, an annual event running over a month or so, with two teams at a time competing head-to-head, in 20-minute round-robin and knockout tournaments on a mini-stage in the Churchill Bar. The BC even had its own buzzer system with individual beat-the-buzzer rounds as well as team questions. Club Sections entered teams, with Cricket and Rugby usually strong contenders for the Champion's title. The tournament lapsed until resurrected in its current format four years ago. Since its move to the Churchill Bar last year, the monthly Quiz has grown to a virtual full-house every month.

Meanwhile, Rodney also ran quizzes at The Ship Inn, the Bull's Head (for five years), Woodstock and has been running the British Chamber quizzes on the second and last Tuesdays of the month at the Londoner Brew Pub, Sukhumvit Soi 33, for the last four years. Now recognised as Thailand's professional Quizmaster Supreme, he has also organised special one-off quizzes for Rotary, Pattana, Australians in Thailand and other charity events.

Oh, and the scores:

1. Bangkok Gentlemen Spoofers	132.5	5. Bookworms	98
2. Sminky Binky Bang Bang	123.5	6. BGG's	62.5
3. Six No Trumps	114.5	7. Wild Wimmin	59
4. Below Par	109		

REMEMBER --- NEXT QUIZ --- **AUGUST 22<sup>nd</sup>** (changed from the 15<sup>th</sup>)  
Teams of 4-6 --- 100 Baht per player --- 7.30pm kick off

# LOOKING BACK



## WINE TASTING

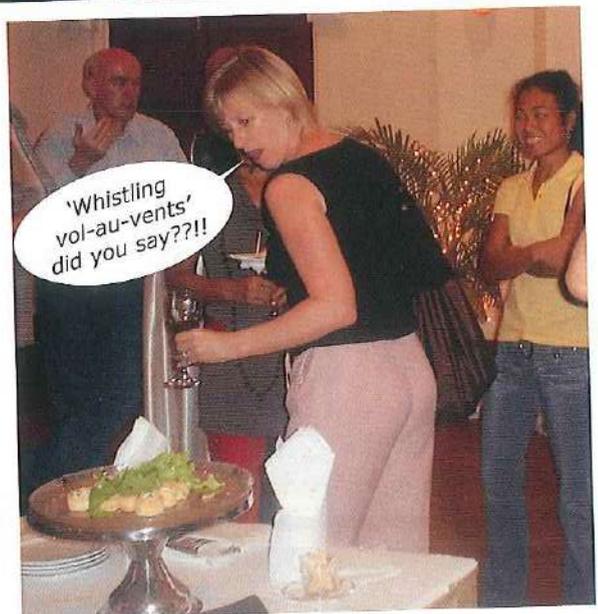


The ever-popular monthly wine tasting was attended by over 50 members on June 30<sup>th</sup> in the Suriwongse Room. Wines from Australia, New Zealand, California, Chile and a host of other countries were ready for sampling and once again Khun Laak and her team created a delicious range of canapes to go with the wines.

The wine tastings are a great way for members to get together at the beginning of the weekend and wind down in pleasant Club surroundings. As well as meeting friends, there is always the opportunity of purchasing the wines at prices specially discounted for BC members. Many thanks to our June sponsors: TIS Worldwide Wines, Nicholas Wines, V&K Wine Co Ltd and Grand President Wines Ltd.

After the wine tasting, there is, of course, the Friday Buffet in the Churchill Bar. The Buffets change each week and are great value at just 250 baht per person. It's certainly better to be at the Club than stuck in Bangkok's notorious Friday-night traffic.

See you at the next tasting.



# ARE YOU ASSOCIATED WITH US?

Since 1947, the Club has played host to the regular events of many community and core business related organisations that contain both Members and non-Members of the Club. These include the Bangkok Community Theatre, British Chamber of Commerce, British Women's Group to name but three of the twenty or so groups that used our facilities in 2005.

Also since 1947 the relationship between the Club and these various groups has been totally informal, with no Constitutional standing, and relied on the varying interpretations of General Manger or General Committee as to their status and regulations governing use of the Club. There has been no uniformity of treatment, or any body of regulation to say what facilities can and cannot be used, etc.

**THIS HAS NOW CHANGED** - In March 2006 the Club membership agreed to put all such groups onto a level playing field and introduce a constitutional entity of an 'Associated Group' giving equal user privileges and conditions of use. On 1<sup>st</sup> July 2006 the bylaws governing such groups came into effect.

So what is an 'Associated Group'? .... by definition it is an organisation **whose use of the club shall contribute to the diversity and nature of the Club and either provide a benefit to members or be considered a service to the community.**

Once a Group has been recognised by the General Committee it is permitted to book the Club's facilities for its committee meetings, Members' meetings, functions and events; they may hire Club equipment

for use at their functions; and they can even use the Club's Catering Service for events held outside the Club. As each of these Associated Groups will contain non-members, the Club will extend to each Group the ability to pre-purchase Food & Beverage coupons to sell on to those non-members, in order for them to pay for drinks and meals at the event, or, when accompanied by a member, in The Churchill Bar after the event.

We have created a simple set of procedures for each of the groups outlining our procedures on booking facilities, signing-in and security as well as our expectations on behaviour, etc.

For most existing organisations, this will not substantially change the way they currently use the Club but will formalise our relationship. We have invited all existing Groups to apply for this new status and many have already done so ahead of the deadline. We have also extended the invitation to a few other core organisations and I am pleased that (to date) the New Zealand Society, for one, has applied for this status.

A list of Associated Groups will be published on the Club notice board following the General Committee meeting of 28<sup>th</sup> August 2006 and from 1<sup>st</sup> September 2006 only those groups who are registered as an Associated Group will be able to use the Club's facilities.

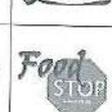
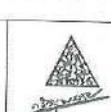
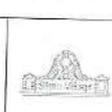
**Paul Cheesman**  
Honorary Secretary  
BCB General Committee 2006/07



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# DEVELOPMENT CORNER

Welcome to **Development Corner** – this is your monthly Outpost update designed to keep all members fully informed of the Club Development Programme. Each month we will keep you up to date on current projects, current tenders and proposals for each forthcoming phase.

## EGM & Other Feedback

All feedback from the Extraordinary General Meeting held on 6<sup>th</sup> June 2006 has been circulated to GC members. In addition all additional feedback by way of emails or letters has also been circulated to the General Committee. It is hoped that by September the Club Discussion Forum will be back up to its position as premier source of feedback, discussion and debate.

## Development Rolling Sub-Committee

Whilst sounding like a creation of Sir Humphrey Appleby, this is the Sub-Committee that is charged with overseeing the whole Development Plan, including ensuring that the tender process is legal, fair and transparent. As the final TOR (Terms of Reference) is to become a bylaw, these were posted on the Clubhouse notice board on 4<sup>th</sup> July and will be finally enacted at the August GC meeting. Full details of this new bylaw are set out in the article following.

## Phase 1 - Designers Event

To kick off Phase 1, we opened out the tender to all members to invite Interior Designers and Architects to

an open evening. Members responded with 12 names of companies, half run by members and half not, and ten attended the Designers Event on 7<sup>th</sup> July which was held in the Lord's Dining Room. The deadline for the return of Pre-Tender documents is 21<sup>st</sup> July, which is after the deadline for this article ... so see September's Development Corner!

## Phase 2

The message from the EGM was very clear that Phase 1 must be followed up by Phase 2 (the Poolside) and that permission granted by the membership is very much inter-linked. To this end, and following a month of GC holidays in August, the Development Rolling Sub-Committee (DRSC) will start the mammoth task in September of looking both at various options for Poolside (including perhaps placing the Sports Hall in the Narai corner) and the various schemes needed to fund it in the short-term. Millionaires please apply here. It is hoped to have a first presentation to members in November 2006.

Finally, in order to ensure that the Development Corner is not too dry each month, the various members of the DRSC will take turns in writing this column, but for August it is TTFN!

**Paul Cheesman**

*Honorary Secretary*

*BCB General Committee 2006/07*

# MORE BYLAWS!

## Preamble

Following on from the General Committee meeting held on 3<sup>rd</sup> July, the General Committee give notice of the following bylaw changes and the addition of a new bylaw.

## BYLAW 32 (c)

The Golf Section shall move from 'Off-Site' to 'Field Sports'.

## BYLAW 33.4 - GOLF SECTION

This shall now read:

### (a) Non-Member Players

**The total number of Non-Member Players in the Club team shall never exceed 50% without prior approval of the General Committee.**

Paragraphs (a) to (c) renumbered accordingly.

## RATIONALE

These changes are at the request of the Golf Section, which is finding it impossible to attract sufficient Club members to field a competitive team in Golf Tournaments. As a Field Sports Section under Rule 65 the Golf Section can now play non-members in their team as they do not play on the Club premises. In parallel to this the General Committee is undertaking a review of all field sections and the way that they operate as British Club sections and representatives, and in particular Club funding. The Golf Section understands fully, therefore, that this may have an effect on their Club Allocations when the full Review is completed.

## NEW BYLAW 34 - DEVELOPMENT ROLLING SUB-COMMITTEE

### (a) Establishment

**The Development Rolling Sub-Committee is established under Rule 13 and its governance established by special bylaws created under Rule 18, and upon taking office in August 2006 shall run for an initial period of three years.**

### (b) Membership

**The Development Rolling Sub-Committee shall consist of seven persons:**

- (i) Two Ordinary or Associate members, who have been members of the Club for at least three years and who expect to remain in Thailand for at least three more years, appointed initially for a two-year term at the commencement of the project.**
- (ii) An Ordinary or Associate member appointed to manage the financial input to the Sub-Committee**
- (iii) The member of the General Committee responsible for Strategy & Development as elected in March each year.**
- (iv) The Chairman, Honorary Secretary and Honorary Treasurer of the General Committee shall be members ex officio.**

**The General Committee shall fill any vacancies arising.**

### (c) Role

**By authority delegated from the General Committee the Development Rolling**

# Regular Sports, Games & Activities

## Aqua Aerobics

Thursday 10:30-11:30am

## Bridge

Sunday 2:30 onwards - Churchill Bar

## Chess

Thursday 6:00-9:00pm - Churchill Bar

## Cricket

Wednesday 6:00-8:30pm Practice - Back lawn

Saturday 9:30-midday - Back lawn

Sunday 3:00-6:00pm - Back lawn

## Football

Tuesday 7:00-9:00pm Practice on the Tennis Court

## Hockey

Thursday 9:00-11:00pm Practice on the Tennis Court

## Rugby

Thursday 7:00-9:00pm Practice on the Tennis court

## Spooing

Tuesday 7:00pm until late - Churchill Bar (except on New Members Nights - move to Silom Soi 4)

## Squash

Thursday 5.15-9.00pm Mix-in

And 1st Sunday of every month 10:30am-2:15pm

## Swimming

Friday 2:00-5:30pm junior classes

Saturday 9:00am-1:30pm junior classes

## Tennis

### Match Play

Monday 6:00-10:00pm

### Mix-in All Standards

Wednesday 6:00-10:00pm

Friday 6:00-10:00pm

### Ladies Mix-in

Tuesday 8:00-11:00am

Thursday 8:00-11:00am

## Yoga

Sunday 3:00-4:00pm in Wordsworth Room

## Sports/Activities Price List

### Aqua aerobics

### Cricket

### Massage

### Squash

### Squash courts

### Swimming

### Tennis

### Adult Tennis

### Ladies Tennis

### Junior Tennis

### Tennis courts

### Tennis knockers

### Yoga

Bt 350 per session

Use of cricket nets - Bt 300 day/Bt 500 evening if lights needed

Thai massage/foot massage - Bt 250 per hourly session

Private coaching with David Lines - Bt 700 per 45 min; group session

Bt 1200 per 45 min

Bt 30 per 45 min

Classes with Bangkok Dolphins - Bt 3,500 for 10 lessons of 30 min

Private coaching with Nelson Thein - Bt 800/hour

Private coaching with Khun Jang - Bt 550/hour

Bt 3,500 for 10 lessons (Saturday morning - beginner to advanced)

Bt 3,500 for 10 lessons (Ladies clinic Tuesday mornings)

Bt 3,000 for 10 lessons (Wednesday or Friday)

Bt 30 per hour am/Bt 90 per hour pm

Hourly knocking sessions with - Khun Kaew (Bt 500), Khun Tom (Bt 400), Khun Phon (Bt 300), Khun Champ (Bt 250)

Bt 350 per lesson

All sporting activities can be booked through the Fitness Centre. For Churchill Bar games - just show up!

### Sub-Committee duties are:

- (i) To be responsible for updating and improving the Club Development Master Plan in consultation with Club Management, the General Committee and members.
- (ii) To be responsible for the evaluation and financial planning of each phase and preparation of the required approval documents for submission in the first place to the General Committee, and then to an Extraordinary General Meeting of members for the mandate to go ahead.
- (iii) To work with Club Management to implement the members' mandate for each phase of the Club Development.
- (iv) To ensure continuity between each changing General Committee.
- (v) To be part of and witness to the tender process to ensure it is legal, fair and transparent.

### (d) Accountability

**The Development Rolling Sub-Committee shall report status, plans, spending and timescales to the General Committee and the members on a regular basis.**

### RATIONALE

In accordance with the EGM held on 6<sup>th</sup> June 2006, the above new bylaw is required to enact the proposed Development Rolling Sub-Committee.

--- 0 ---

If you wish to discuss the new Bylaws please feel free to use the BCB Forum or contact any member of the General Committee.

These changes to the Bylaws will come into full effect from mid-August 2006.

### Paul Cheesman

Honorary Secretary

BCB General Committee 2006/07

Since the World Cup started, yours truly had her eyes fastened to the goggle box night after night . . . so not quite with it this time round! The same with the weather this time of the year; overcast, breezy, cool and wet and wet and wet!!! To start my goggled brain cells working again, here are some tips especially for rainy days.

"It's important to remember that a golf course changes significantly in the rain. You need to adjust your game accordingly and keep the following in mind:

- On a rainy day, the greens will be slow when you putt. Hit the putts harder and the ball won't curve as much.
- If you hit a ball in the bunker, the sand will be firmer, and you don't have to swing as hard to get the ball out.
- The golf course will play longer because it's so soft. The good news is that the fairways and greens get softer and more receptive. The fairways and greens become, in effect, wider and bigger respectively because your shots don't bounce into trouble as much.
- Try not to let the conditions affect your normal routines. The best rain players always take their time and stay patient.
- Playing in the rain is one thing. Playing in lightning is another thing altogether. When lightning strikes, your club (along with the fact that you tend to be the highest point at the golf course, unless there's a tree around) can make you a target. Don't take chances. Drop your club and take cover. As Gary Player said "If God wants to play through - let him!"

## Future fixtures for August and September:

### August:

It is "holiday season" and our booking secretary, Karen Carter, is concerned there may not be many people around . . . but some will be, so at least fixtures for Stableford and Medal have been booked.

- Sun 6<sup>th</sup>: Hassell Stableford - Subhaprueck, tee off 12.00  
 Sun 20<sup>th</sup>: Club Day?? Pending interest - to be confirmed.  
 Sun 27<sup>th</sup>: Medal - Royal Lad Krabang, tee off 11.30

### September:

- Sun 3<sup>rd</sup>: Hassell Stableford - Krung Kravee, tee off 12.00  
 Sun 10<sup>th</sup>: Volvo Cup, vs Scandinavians - Royal Lad Krabang, tee off 11.30  
 Sun 24<sup>th</sup>: Medal - Royal Lad Krabang, tee off 11.30

Anyone interested in playing should E-mail to [bbrook@loxinfor.co.th](mailto:bbrook@loxinfor.co.th) or [bcgs2002@yahoo.co.uk](mailto:bcgs2002@yahoo.co.uk)  
 Please check our website for further details:  
<http://www.geocities.com/bcgolfsociety/>.

Now back to our golf update news. The highlight and exciting match was obviously the Honda Cup 2006. Prior to that was the monthly Hassell Stableford.

## June Hassell Stableford

The match was played on 18<sup>th</sup> June at the beautiful Royal Lakeside Golf Club, just off Bangna-Trad Km 51. Please don't confuse this course with the "Royal" - full name "The Royal Golf & Country Club" at Lad Krabang - where we have our monthly Medal and which is considered

our "Club Course" for important tournaments. Most ladies like Royal Lakeside more than the "Royal" because it is a few hundred yards shorter, though not necessarily easier; its bunker traps are deadly, especially around the greens. We had a perfect afternoon with an overcast sky and steady breeze and felt lucky to beat the rain.

It was truly a ladies day - 4 highest scores were from the ladies, Maureen (44 points) snatched victory from yours truly, Orin, by one point (43). We each received a lovely bottle of wine thanks to our sponsor Hassell. Third and fourth places went to Val (39) and Belinda (38). Technical prizes: Near Pin - Val, Maureen, Barry Scaife (2). Barry came along to play his Londoners matchplay with Peter Gale . . . and was pleased with the result. He kindly only took one prize and put the other back for a lucky draw. Long drives - Pat and Val. Long putt - Orin. Well done all winners.

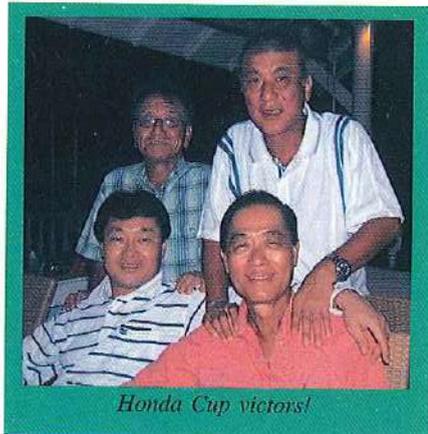
## Honda Cup 2006

Our captain Brian Brook discovered how the Cup was named and kindly passed on to us the history. Simply, 25 years ago our first match against the Japanese Association of Thailand (JAT) was played, I believe in 1981; the Cup was sponsored by a Japanese gentleman named Mr. Honda, hence the Cup's name. The Honda Cup has become a symbol of the warm friendship between the two Clubs over the years. 25 years ago, I hadn't a clue how to play golf . . . well that's not entirely true - I still don't!!!!

The two Clubs take turns to be the host and this year it was ours. We played at our home ground the "Royal" and hosted the dinner at the British Club. The format was a match play with 15 pairs designated from each Club, combined

stableford. We started with a perfect afternoon; cool and breezy with excitement in the air. We were the defending Cup holder. In fact, we have held the Cup consecutively for the last three years. So, we were hopeful.

A nice day turned disastrous; typical rainy season, two hours into the game the heavens opened. We all took refuge in nearby kiosks or the Clubhouse; though not before some of us were soaked. Valerie, running for the kiosk and taking some barracking from George lost her hat in the lake; however George came good and



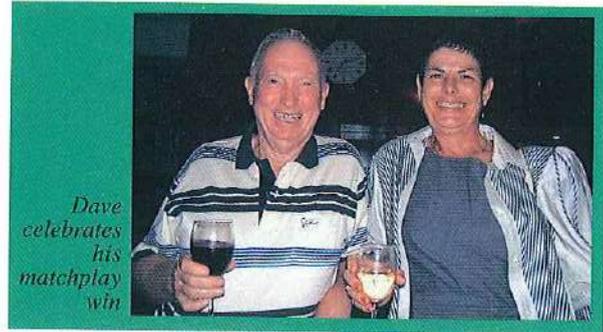
*Honda Cup victors!*

raked it out, after the rain stopped. She had the last laugh however as she had an entire set of dry clothes in her bag and started back out in more comfort than most of us! After the rain passed, we challenged the wet course. It was tough and exciting, as the event came to a close and many pairs were decided by the last hole, but it was a comfortable win by the Japanese 11-4. Our congratulations to them - well played and well deserved.

We still should be proud of ourselves as the record shows over 25 years, BCGS and JAT both have 12 wins each with one year shared. At the end it was not who won, it's the friendship that counts . . . we shared good food, drink, and laughter and look forward to our next years challenge.

## June Medal

We ran a little late with this event, which took place on 2<sup>nd</sup> July and as always we had a good turnout for the medal. Also this month we had a few couples playing their matchplay games at the same time. We were glad to see Karen Holloway and Andy back. Karen played David Lamb who came in with a gross 78 to win his match ... this guy is good! It really worked out well for Dave because he was not taking part in the medal event so didn't receive a handicap cut, just glory and technical prizes! Andy, however, was the only member to play under handicap, nett 71, to win A flight and a small slice off his handicap. Frank was second and Ed third, both with nett 75. Val won flight B with a nett 72 and no cut - fine tuning! Pete Gale came second with 75 and Bob third. Technicals were taken by Ed, Pete, Mike and our two new



*Dave celebrates his matchplay win*

members John and Bon who left with a prize each too. We were very pleased to welcome them.

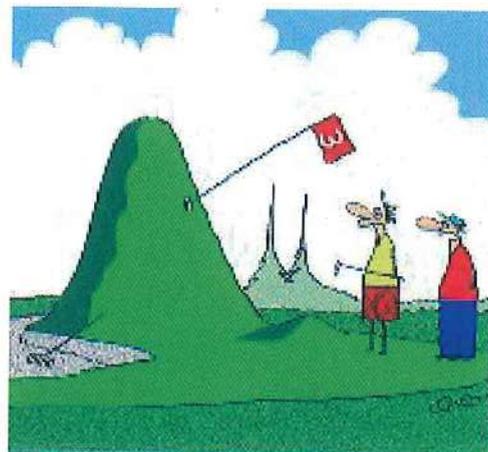
## Hapag Lloyd Cup, vs the Londoners

One of our major events, and definitely the one with the most banter, took place early on Saturday morning, 8<sup>th</sup> July, at Royal Lakeside. The Hapag Lloyd Cup against the Londoners. Pairs better ball matchplay. They had it - we wanted it back! And I am pleased to report it is now being engraved ready to reside where it belongs, in the British Club trophy cabinet.

The weather was glorious - blue skies, strong breeze - the company was great and, lets face it, the taste of victory is sweet. The results were 8-3. Another reason for enjoying this event was the excellent hospitality offered to us by the Londoners group at the Londoners Brew Pub. A fantastic carvery was provided and as always the food and service there were faultless. Thanks again to Londoners Captain, Brett, and his team and we look forward to next year at the British Club.

Technicals were won by Brian, George, Maureen, Barry, Jeremy, Hanao and Mike.

## Orin Baldwin Val Ashman



*"I hear this is one of the tougher greens to putt on"*

## Squashy Bits

### Axillary Nerve Palsy

I'm fed up, frustrated ... even suicidal at times! Four months and still no squash! I'm bored with pounding away in the gym, jealous of my sweaty squashy friends ... and still no closer to knowing when, or even *if*, I will get back on the courts.



*Axillary Nerve Palsy*

Desperate situations demand desperate measures and at George and Vicky's farewell party the other night I subjected myself

to a rather public examination by Dr. Nick White OBE. Having paid a small fortune for inconclusive x-rays and an MRI scan, Nick, for the usual fee of one ice cream, immediately diagnosed **axillary nerve palsy**. Unfortunately the prognosis was that there is nothing anyone can do about it ... but it will get better ... eventually ... perhaps!

I wasn't completely convinced, but a few clicks on Google revealed that "**axillary nerve palsy is the lack of normal electrical transmission through the axillary nerve, which activates the shoulder muscles. This type of injury usually occurs when the axillary nerve is stretched or pinched. The most common complaint is shoulder weakness, especially when lifting the arm out from the side of the body.**" This, I'm afraid, seems to sum up my predicament. Google concludes "**In most cases, recovery occurs on its own within several months**". Here's hoping!

### For He's a Jolly Good Fellow

It's amazing how someone who can never remember where his Club Membership card is or when he is supposed to turn up for a squash match can have such an amazing memory for medical trivia. But Dr. Nick, as most Squashies know, is no ordinary Quack and I am sure you will all want to join me in congratulating him on his recent election as Fellow of the Royal Society. When I heard about it I was suitably impressed ... but had to Google again to find out why!



*For He's a Jolly Good Fellow!*

The origins of the Royal Society apparently lie in an "invisible college" of natural philosophers who began meeting in the mid-1640s to discuss the ideas of Francis Bacon. Its official foundation date is 28 November 1660, when 12 of them met at Gresham College after a lecture by Christopher Wren, the Gresham Professor of Astronomy, and decided to found 'a Colledge for the Promoting of Physico-Mathematicall Experimentall Learning'. This group included Wren himself.

Each year the Royal Society awards Fellowships to 44 of the best scientists in recognition of their scientific achievements. Nick was chosen from 564 candidates for election in 2006 and, according to the Royal Society, it is the highest accolade a scientist can have, short of a Nobel Prize. Fellows of the Royal Society include Colin Pillinger, who led the British Exploration of Mars with Beagle 2 and Stephen

Hawking who works on the basic laws that govern our universe. As of 19 May 2006, there were 1316 Fellows and 135 Foreign Members of the Royal Society. Well done Nick!

Having read the small print however, I notice that Fellows are called upon to fulfil a wide range of tasks for, and on behalf of, the Royal Society. Many Fellows invest significant time and effort, voluntarily, to carry out these tasks in the cause of science and the Royal Society. I am therefore expecting extra special attention to my axillary nerve on Nick's return from the ancient initiation ceremony which apparently entails intensive training on how to sign one's name with a quill pen ... a total waste of time one would have thought for a doctor.

### League Winners:

Congratulations to the winners of May League # 207: Division 1 **David Lines**, 2 **Roger Deacon**, 3 **Peter Corney**, 4 **Nick Mellor**, 5 **Daniel Paris**

### Don Johnson Cup and Para Handy Plate

As we all now know, the Club Championship Cup was presented in 1966 by Don Johnson, a nice bloke who worked for New Zealand Insurance Company and the first round losers' plate was presented by a so far unknown person, and named after Peter (Para) Handy (*played by Roddy McMillan*), skipper of the "Vital Spark", a Highland tug boat which featured in a 1960's BBC TV series.

Peter Corney reports on the 2006 Club Championships played between Monday 12<sup>th</sup> and Sunday 18<sup>th</sup> of June.

**There were 18 entries. In the semi finals Neil Evans defeated Peter Corney 3-0 and Mike Stuttard beat Marvyn Lewis 3-0. In the final Mike got off to a great start and won the first game 9-0 then Neil dug in but even though he was very competitive he couldn't match Mike's patient play and speed around the court. Mike won the Para Handy Plate 9-0, 9-7, 9-7. The standard of squash was excellent and the improvement in both players due to their coaching from David Lines was well evident.**



*James and Ja, Don Johnson Finalists*



*Mike Stuttard, Para Handy Plate*

**In the semi finals of the Don Johnson Cup, a very fit James Quinn defeated a very competitive Chris Browning 3-0. In the other semi final Ja defeated David Lines in an absorbing match. In the first two games David had full control with some long and exciting rallies. Then Ja started lobbing and dropping, his lobs were**

**inch perfect and he gradually wore David down finally beating him 3-2 in what was the match of the tournament. On completion of the semi Ja informed everyone that he couldn't play on Sunday so the final was played Saturday with James playing superb squash to win 3-0, 9-1, 9-4, 9-2.**

**Because the final was rearranged at short notice for Saturday, I asked David and James to play their league match to give those members who were expecting to see the final of the Don Johnson cup some entertainment. And great entertainment it was, the 20 spectators lucky enough to see it were treated to a great spectacle with James winning 3-1. James has taken his game to a higher level and David had to play his heart out to be competitive. In fact, James has now won the Club championships 3 years in a row which hasn't been done before. Len Alexander won 4 times in 8 years so James will be looking to break more records next year.**

**Thank you to all players and spectators who made this one of the best Club Championships for many years.**

I couldn't have been more wrong with my prediction last month about the match with Muscle and Mussell as reported by skipper Chris Browning:

**We Outmuscled 'em!**  
**An historic victory was recorded on Saturday 8th July at the BC. We had failed to defeat Muscle and Mussell for at least 3 years and with the absence of #1 James Quinn and injured stalwart David Eastgate, the team doubted their ability to win.**

**The die was cast by number one David Lines who played a typically pugnacious, near error free game, with really consistent length and width to beat the youthful Kittirak.**

**Mike Stuttard the 'Krunghthep terrier' faced Puwadol in the 3rd string game; Puwadol has a great shot-making game, but Mike's tenacity forced him to do a lot of work on a very hot Court 1. After the 3rd game he was in no fit state to carry on and retired hurt conceding victory to Mike.**

**Marvyn Lewis usually gets criticism for hiding in the lower order and picking off a beginner for an easy win. On this day things did not go to plan for his marvellousness, as he was up against M&M's Sports centre manager, Jarin**



*Lots of Muscles!*

**who proved a bit too strong.** (Actually Marvyn told me that it was entirely due to his brilliant thinking and self-sacrifice playing up the order that BC won!)

**Peter Corney made a solid display against Arsa to put BC in a strong position, winning 3-0. Roger Winter, playing his first game for some time also recorded a sound win at 8th string.**

**BCB then wobbled - Chris Venvell, a new member with an effective hard hitting game, played at 5. Chris is short of match practice and unfortunately lost to So, the M&M team captain. And Neil Evans, currently one of the form players at the BC, struggled against promising junior Puchong... unfortunately there was a 20 year gap between our youngest player and theirs!**

**The last game was the decider; this was the second string match between Air and BC Captain Chris Browning. Chris started well in a game where both players were using a lot of drop shots, winning the first game. However the next three games were very close fought, with Air squaring the match 2-2. BC support became more vocal helping Chris to win the last game 9-0 - the first time a BC player has beaten Air for 4 years.**

**This was a satisfying result for the elderly but determined troop; we very much look forward to the next fixture vs M&M.**

David Lines beat Kittirak ( 3-0), Chris Browning beat Air ( 3-2), Mike Stuttard beat Puwadol (ret hurt), Neil Evans lost to Puchong( 0-3), Chris Venvell lost to So (0-3), Peter Corney beat Arasa ( 3-0), Marvyn Lewis lost to Jarin (0-3), Roger Winter beat Patinun (3-0).

## Monthly Farewell Mix-up



*Thanks Chris!*



*Farewell*

Finally there was a special mix-in on 2<sup>nd</sup> July to farewell no less than 4 of BCB's best squash players: Chris Browning, George Dunford, Mike Stuttard and Ross Noble. I do not have details but around 20 players participated and rather amazingly three Chris's emerged victorious! Messrs, Browning, Platt and Venvell. A curry dinner was consumed in Lords after, with farewell speeches and an award to Chris Browning for his services as Club Captain.

All will be missed, but for me of course, none more than George and Vicky. Family separations are a fact of expat life but it's been just great having George around these last 7 years.

Happy Squashing

Jack Dunford



## EXTRAVAGANZA II:

As you may remember from last month's tennis report, our long-awaited club-wide extravaganza was rained out on May 21<sup>st</sup>. However, our enthusiasm was not to be dampened by tropical rain. A majority of participants regrouped on June 11 to play "EXTRAVAGANZA II: The Conclusion" one of the most competitive and entertaining tennis events involving both young (oh yes, quite young) and old (not so old really) that the BC has put on in a long time. Some 32 of the original 38 players returned for a full morning of timed, round-robin action.

Teams were drawn up with fairness and fun in mind, and then it was off to the courts to play – and win – the maximum number of games in 20 minutes. This format allowed for quick rotation of the courts (all teams played on both the hard and carpet courts) and considerably reduced waiting time in between matches. The teams with the highest scores from each group went on to quarter and semifinals matches, all of which were taken to the wire.

Happy trophy winners were Phairoj and Trit after a closely fought final against Andrew and Tee.

Warm thanks to our sponsor Marc Hagelauer whose 'Food By Phone Co.' provided many excellent prizes to winners and runners-up.

Barry and the BC provided us with a fine buffet lunch featuring a good selection of Asian and Western favorites, free-flowing soft drinks and tasty desserts served on the lawn, providing a delightful end to a great morning of tennis fun.

We urge all players of all levels to join the action at our next 'Extravaganza', which is likely to be held in late September with yet another round-robin format imported from France via Jakarta!!

## Annual Pattaya 2006 Tennis Weekend

The newly elected tennis committee also revived the traditional yearly group tennis outing to Pattaya where 18 brave souls defied the rain gods, and managed to squeeze in several hours



of competitive tennis against the local Condotel Team before the skies opened in the early evening. While some of us chose to attend the 'Alankarn' son-et-lumiere show, a brilliant display of traditional Thai song and dance, the majority was content to enjoy the lovely Thai cuisine and live entertainment provided by the nearby beachside Lagoon restaurant, together with our own Phairoj. Clearly a man of many talents, Phairoj wielded his guitar with the same dexterity as his racket creating real magic that for some, lasted well into the wee hours ...

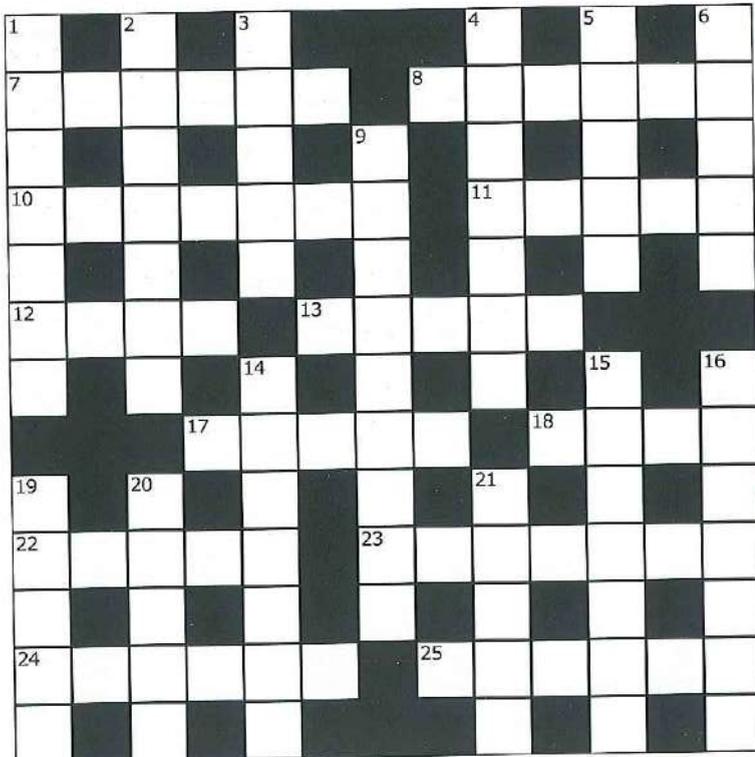
Fatigue notwithstanding, a full morning of tennis followed (some of us did linger over the luscious Sunday buffet breakfast) – and not a cloud in the sky! See photos. We all participated in the Annual Pattaya BC Graded Doubles Tournament with our guest player Prapis Stumpf teaming up with young Tee to beat Bruce and Yubharet to lift our magnificent new trophy in yet another of many closely contested matches. Congratulations to Tee for his first BC tournament win, which followed on from his runner-up trophy in the previous week's 'Extravaganza'.

Play ended around 12:30, leaving us plenty of time for a leisurely lunch followed by shopping at the many fashion and sports outlets along the way before finally returning to Bangkok for late afternoon tea at the BC.

All of us thoroughly enjoyed our weekend stay at the Siam Bay Shore Resort, which is far removed from the sleazy bar scene often associated with this seaside town, and we all look forward to a return visit in the autumn. We particularly appreciated the courts which are separated by wide patches of grass and surrounding palm trees, spotless, comfortable bathroom and changing facilities, as well as the pleasantly shaded bar area from which we could watch the action. A perfect spot for friendly inter-club competitions!! The tennis committee cordially invites all players and their families to come on down and join in next time – the more the merrier! And with two gorgeous swimming pools, spa facilities, and several seaside eateries on the premises, there really is something for everyone!

# Crossword Competition

## CROSSWORD PUZZLE



### July Solution

**Across:** 1 Johnnywalker, 8 Never, 9 Olive, 10 Earl, 11 New, 13 Stab, 14 Martini, 19 Moll, 20 Eve, 22 Root, 25 Litre, 26 Alack, 27 Cocktailhour.

**Down:** 1 Junket, 2 Hovers, 3 Norm, 4 White, 5 Lion, 6 Evicts, 7 Herbs, 11 Norse, 12 Write, 15 Smile, 16 Blotto, 17 Tomato, 18 Stoker, 21 Vodka, 23 Peek, 24 Ball.

### Clues

#### Across

- 7 Time up! Maybe can be made to ascribe to.
- 8 This is quite obvious.
- 10 Wicked old Count with a taste for the red stuff.
- 11 A Girl to show you the way?
- 12 "Pouring a drink? Say \_\_\_\_\_!"
- 13 Seat for a kind of pigeon.
- 17 Spend it in England - or anywhere!
- 18 The duties to be done by whom.
- 22 A high wind - dammit!
- 23 This Prince was a popular old musical.
- 24 Caesar's five learn somehow - in the spring.
- 25 Deduce round an article - but scared.

#### Down

- 1 We do pack in a can and secure firmly. (3,4)
- 2 He gives voice in the House of Commons.
- 3 You might be if you consume too much of it!
- 4 No organ transplant until recently in Burma.
- 5 Taken overall it's pretty tough stuff.
- 6 Slippery fish on the Street? Very hard!
- 9 With a stick round, set on the Chinese.
- 14 By getting batsmen out he should win! (4,3)
- 15 Sounded and acted like a coward.
- 16 A 23 Across might call them "Sir".
- 19 "This \_\_\_\_\_ all . . . to thine own self be true." (Shakespeare - Hamlet)
- 20 Dr. Samuel Johnson said he would advise no man to do this.
- 21 Caledonia's Bard.



**B**e the first person to submit the correct entry for this month's puzzle to Barry or Khun Ben and receive a bottle of wine. There was no winner for the July crossword (a rare event indeed) so if you have never sent in a crossword entry before, now might be the time, with all the crossword hotshots away on holiday . . .

This August crossword is the first of a new batch sent to us from Blighty by Margaret Miller, the Club's long-time crossword provider (pictured). Margaret returned to the UK last year but she obviously hasn't forgotten us. Thanks Margaret!

Do they look easier or is it just imagination?

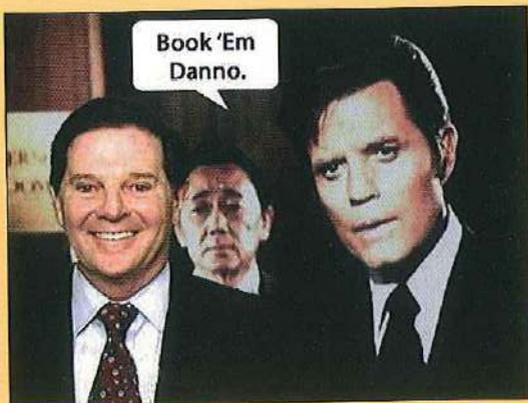


## Clever Cat

**E**arly this year, with the help of Claire Deacon from Soi Dog Rescue (& Cats!), all the cats around the Club were rounded up and neutered. The aim was, of course, to prevent a proliferation of babies that the environment couldn't support. However, one crafty moggy slipped through the net . . .

Her name is Mai-Ow, and the photos show the results of her efforts. It looks like the father was a Ginger Tom! Mai-Ow has found the 'purrfect' place to have her kittens – right in under the main Clubhouse Reception desk – sheltered & warm and completely inaccessible to all but the most intrepid of photographers.

Any member wishing to adopt a kitten, please contact Barry Osborne.



### BOOK "EM DANNO!

Your August reminder that all guests must be booked each time you introduce them to the Club.



## HELLOS

### Welcome Aboard!

*Please join us in welcoming the following new members and their families. We look forward to seeing them around the Club.*

1. William & Helen Paterson
2. Shaun & Kristen Moroney
3. Ahmed & Michele Fawzi
4. Paul & Phanngam Mason
5. Michel & Chantal Bezardin
6. Dana & Jayne Partridge
7. Wayne Ang
8. Prasong Panichpakdee

## and GOODBYES

### Farewell and best wishes to . . .

1. Ian Webb
2. Gloria & Peter Warbanoff
3. Kire & Karen Meyer
4. Darika & Nilkamal Attygalle
5. Philip & Susan Kent
6. Carl & Gitte Ostergaard
7. Piere & Tine Deleuran
8. David & Judith Fleming
9. Himisha & Anish Mehta
10. Robert & Robin Deane
11. Keith Ansell
12. Robert & Claire Briddon
13. Gregor & Gail Mowat

# Getting in touch

General Committee		email
Angela Daniel	Chairman	chairman@britishclubbangkok.org
Mark Hamill-Stewart	Hon. Treasurer	gc@britishclubbangkok.org
Stuart Blacksell	Vice Chairman + Sports	gc@britishclubbangkok.org
Nick Day	Vice Chairman + Information Technology	gc@britishclubbangkok.org
Paul Cheesman	Hon. Secretary + Constitution & Rules	gc@britishclubbangkok.org
George Dunford	Information Technology	gc@britishclubbangkok.org
Sally Crossley-Smith	Strategy & Development + F&B	gc@britishclubbangkok.org
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Amnat Saklebpradu	Manager Fitness Centre	
Barry Osborne	Membership	membership@britishclubbangkok.org
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Zeeshan Khan	Cricket	shan@bangkokgemmart.com
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Darren Jones	St David's	darren.j@shrewsbury.ac.th
Gerald Wright	St Patrick's	gerryw@amantaresources.com
<b>Miscellaneous</b>		
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BCB Webpage	online	http://www.britishclubbangkok.org
Outpost Submissions	Member magazine	outpost@britishclubbangkok.org

**The British Club**  
 189 Surawongse Road, Bangkok, Thailand 10500  
 Telephone: 02 234 0247, Fax: 02 235 1560



# nist

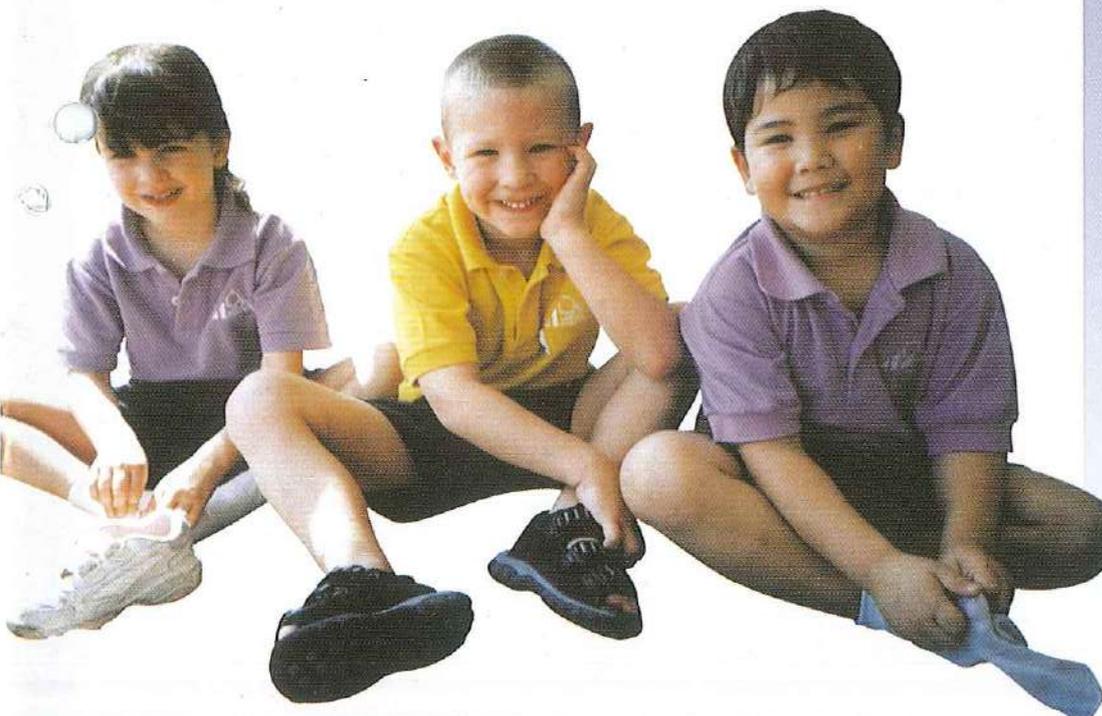
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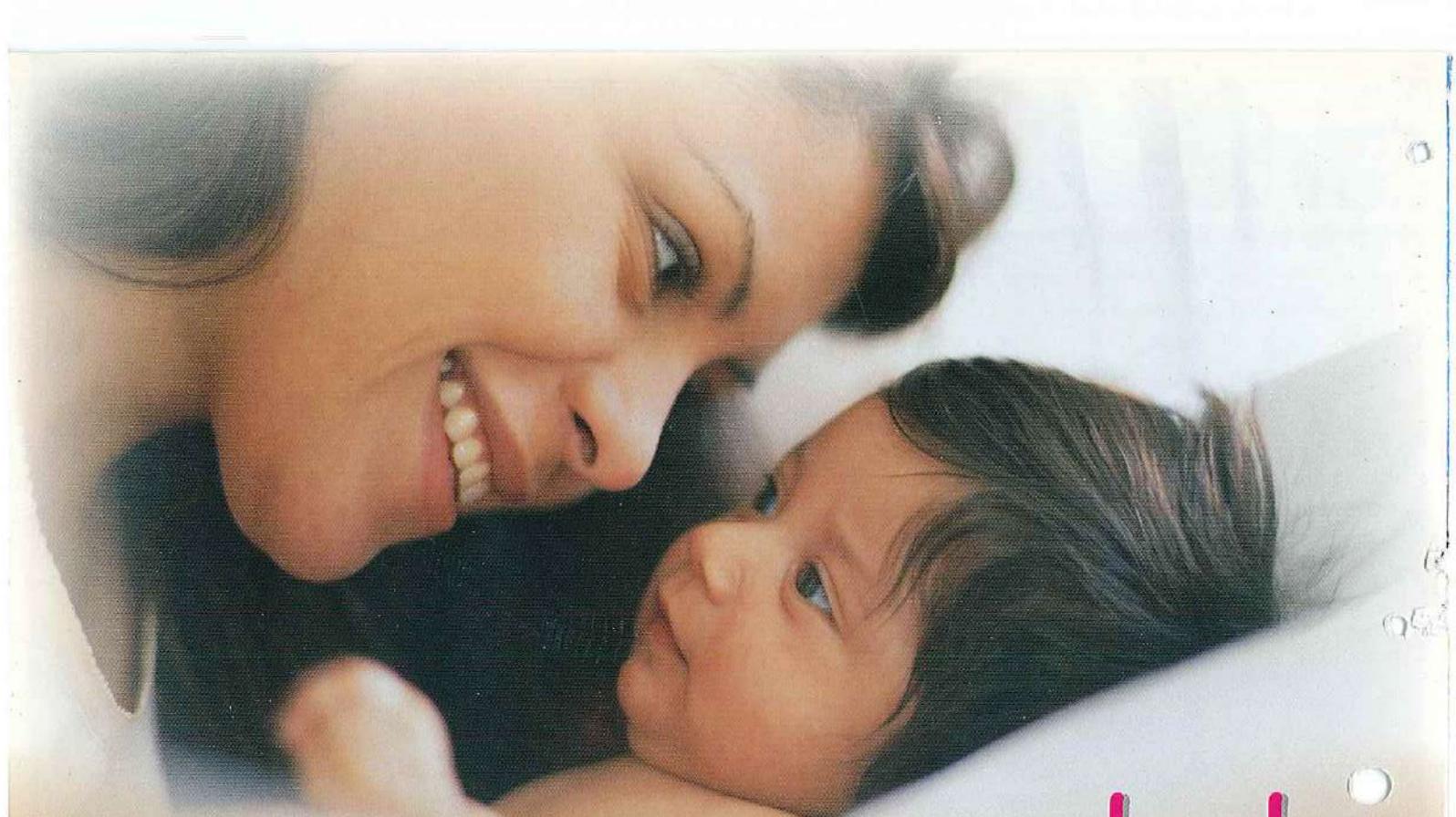
For further information call NIST on 02-651 2065, visit our website at [www.nist.ac.th](http://www.nist.ac.th) or send an email to [admissions@nist.ac.th](mailto:admissions@nist.ac.th)



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