

AUGUST 2011



THE BRITISH CLUB  
BANGKOK

# OUTPOST

THE OFFICIAL MAGAZINE OF THE BRITISH CLUB BANGKOK  
[www.britishclubbangkok.org](http://www.britishclubbangkok.org)



**Looking Back**  
**144th Canada Day**

**Spotlight**  
**Pygmalion**

**Leaders**  
**Hello & Goodbye**



THE BRITISH CLUB  
BANGKOK

*“In this auspicious month, the Management of The British Club, its Members and Staff, would like to extend their congratulations and warmest regards to Her Royal Highness Queen Sirikit on the occasion of her birthday, and to express their hope for happiness and prosperity in the coming year.”*



THE BRITISH CLUB  
BANGKOK

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##### Chairman

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#### OUTPOST

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# A TRULY INTERNATIONAL EDUCATION IN THE HEART OF BANGKOK



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# MESSAGE FROM THE CHAIR



## Dear Members.

Last month I announced to the membership that we would be changing our General Manager again. This change came as a surprise to many people and several Members have written or spoken to me asking how it came about.

I therefore wish to write a little about how we recruit and monitor the performance of our General Managers – after all, the Club has hired and let go three CEOs/General Managers over the past five years, which I agree is cause for concern. I'd also like to look at possible reasons for the high turnover and what action we have taken to prevent a further change.

All three CEOs/GMs were hired through well-structured search programmes with consensus on a final hiring decision reached by the General Committee, together with other long-standing Members of the Club. All three came with strong references which were followed up. All had clear contracts and were monitored through a set of mutually-agreed targets known as Key Performance Indicators (KPIs).

With previous hires, there were indications that the GC failed to give management sufficient freedom of action and that the GM had multiple bosses with conflicting priorities. To prevent this, the current GC protocol has the GM reporting to the Chairman. Individual GC members or sub-committees have no authority to instruct the GM nor any other member of staff, and the Chairman can only instruct as empowered by the GC. There were also problems in the past with staff going behind the GM's back. The GC now insists that staff first seek to resolve any problems with the GM directly; if the issue cannot be resolved in this way, members of the GC will meet with both parties to help resolve it.

In Jesper's case, while these points may have been contributing factors, the final decision to terminate his contract was made for exactly the reasons set out in my earlier email. In discussing this further, I am aware of conflicting duties: the duty of transparency to the membership here being opposed by the duty of confidentiality to an employee. I cannot therefore give much detail of discussions between Jesper and the GC, but I can assure you that the decision was taken with much reluctance and in a professional manner.

Jesper was achieving some of his KPIs but in many areas we continued to regularly suffer low sales, and over time, his lack of experience in the hospitality industry began to be seen as the critical factor in this overall KPI shortfall. Whilst this was to be expected (as the original selection criteria for Jesper were designed to complement, not overlap, Barry Osborne's F&B background), it was essential that the Club meet its sales budgets. After several reviews, and despite Jesper's own strong efforts and assistance from both inside and outside the Club, we reached the conclusion that Jesper would not be able to rectify the situation, and thus decided to act in the best interests of the Club.

The General Committee now warmly welcomes Martin Fells as the new General Manager. His first task will be to get to know and build a strong working rapport with the staff, while recruiting a new management team for Events and for Membership and in due course for Sports. It is a daunting task to enter a new job without some of your key players being in position, but we feel he will rise to the challenge and that we will soon have a strong management team at the Club once again.

In August, Martin will be planning for the major events of 2011 (including the Trafalgar Day Dinner, Halloween, Guy Fawkes, the Annual Ball, the various Children's Christmas Parties/Balls and, of course, Christmas Day and how to celebrate the New Year) as well as reviewing our menus, wine lists, and restarting the regular activities such as Chess Club, Social Bridge, Ballroom Dancing etc. So we can all look forward to a busy cool season ahead.

It seems to me that for a General Manager to succeed, much more than an appropriate background, a strong CV and good references are needed. It requires a light touch from the GC, the support and open-mindedness of the Members, and the willingness of the staff at all levels to change and adapt. I ask everyone to give Martin their support in his taking up the position of General Manager in our Club, and help break the cycle of short lived tenures in this critical leadership role.

**Jonathan Truslow**  
Chairman



# The truth about risk

So tell me, are you a risk taker? Hang on, before you answer too quickly, think about it for a second. Would you say that you are the kind of person who is happy to jump out of a perfectly serviceable plane at anything above 3,500 feet with just a piece of cloth between you and oblivion? Or do you get palpitations just crossing the road?

Remember though, tempting as it may be, you cannot necessarily judge your attitude to risk on a single event. For example, you may be the person in the first example, who will skydive without a single hesitation, yet would never dream of using a masonry drill without safety goggles. The two seem directly at odds on one level, that you will risk your life on the one hand, but won't even risk injury on the other.

"In reality, thinking about your attitude to investment risk is something that takes a little time, and a lot of soul searching."

The point I am trying to make is that while you may be prepared to take some major risks in one aspect of your life, you will never take risks elsewhere. That can make it very hard indeed to determine whether you are a risk-taker, or a risk-evader overall.

But what would you say is your attitude to risk when it comes to your money? Again, not easy to answer is it? Many of us will be cavalier and claim that we like to take risks with our money, yet when your investment falls by half its value within a week, that cavalier attitude can soon change to absolute horror at what has happened. After all, if you lose half your money, you have to see it grow by 100 per cent to get back to where you were.



In reality, thinking about your attitude to investment risk is something that takes a little time, and a lot of soul searching. You need to be absolutely honest with yourself and think how you would really feel if a substantial part of your hard-earned was to disap

pear in a short space of time.

One of the key elements to your ability to accept risk will be your time horizon – precisely why you are investing your money, and what you plan to use it for. For example, if you have 30 years until you retire, and you are putting money away for your pension, then even if you see some serious short-term blips in your investment performance, you have plenty of time for them to iron themselves out.



However, if you are three years away from retirement and have no other savings behind you, then you really should not be taking big gambles on the performance of your funds. At this stage, it would be wise to use more conservative investment strategies, such as bonds and gilts.

There is no sense in taking one aspect of your finances on its own, yet that is what so many of us do since we tend to concentrate our minds on the financial issues that are the most pressing at the time. Let's say though that you have already got a large amount of money put away for your future, and you come into some money as an inheritance. You may be tempted to take a slightly higher risk with this money since you know that, ultimately, you have the remainder to fall back on.

The interesting part of this is that the level of risk you can tolerate usu



ally has a direct correlation to how your investment is going to perform. For instance, if you are not prepared to see any of your money risked on the markets, you may end up with it sitting in a savings account, and we all know how bad interest rates are at the moment.

But if you are content to put this money into higher risk investments, such as emerging markets which would be at the other extreme to savings accounts, you may find you are generating much bigger returns in a shorter space of time. The risk-reward relationship will generally work this way, but not always, which is one of the reasons why it can be so hard to pin down a risk strategy when you are investing.

A good adviser will always be able to help you identify which level of risk you are comfortable taking, that is part of the job. You should listen to their advice too, because we have seen it all before – people who have no problem taking risks until their money starts to disappear, people who want to generate a high return but want their money in a savings account, and

**“A good adviser will always be able to help you identify which level of risk you are comfortable taking, that is part of the job.”**

everything in between. This gives advisers a great appreciation for how much risk a client is actually prepared to take, and a more objective view than the client himself may have.

So please, the next time you are asked the question “how would you describe your attitude to investment risk?” resist the temptation to simply say “balanced” because it is the one in the middle. Take a really good look at what investment risk is, and what it means to your portfolio and your family before you make a decision that could leave you counting the cost of being flippant with the answer.

For more information or to review your investments please contact [info@infinityfinancialsolutions.com](mailto:info@infinityfinancialsolutions.com).

Get in touch today.



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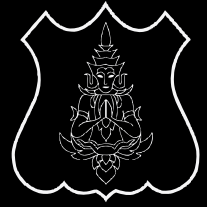
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Gourmet Dinner  
**Spanish**  
19th of August



THE BRITISH CLUB  
BANGKOK



The theme for this gourmet dinner is Spanish Tapas style, so there will be many dishes and tastes from one of the worlds best kitchens.

Price 2000 baht including wine menu

1300 baht excluding wine. We start at 7 pm with drinks...



# INTRODUCING: Martin Fells



## Dear Members,

Before I tell you about myself, I would like to say how proud and honoured I am to be part of an establishment like the British Club. My promise to you all is to make the Club a happy, warm and friendly environment for both Members and staff, and to make your visits to the Club the exceptional experience it should be.

Let me tell you about myself. I come with a lot of experience from many walks of life.

I am British, born in South East London.

Following university where I achieved a BA in Business Administration. I decided to experience my first look at the working world by joining the Coldstream Guards. I initially signed up for 3 years but stayed for 9. I enjoyed my time there immensely. I toured Northern Ireland three times during the troublesome periods, and was proud to be part of the Queen's Birthday Parade and trooped the colours in 1979.

I then became a chef for 6 years, a strange career move you may ask, but I have always had a passion for food which I still carry to this day. I worked and studied hard and earned myself, studying at college part-time, an HND in Hotel and Catering Management.

The biggest bulk of my life was in sales and marketing, mostly management, and mostly in some sort of service industry. I started with Rentokil, which gave me some great professional training, then accumulated as a sales and marketing director for a music company in Chelsea, London, for 4 years which was not as glamorous as it might sound.

Following running my own small business for a couple of years, I decided to move to Thailand, a decision I wish I had made years before.

I have been here for 6 years now, mostly in education; I have managed a number of language schools and have been the Principal of an international kindergarten.

In my free time, I love to play sports, my current favourite sport is golf, but I also love to play most racquet sports. I have played cricket in the past too. At home I love to cook, I am great at DIY and can just about fix anything. I once built my own extension to my house from plans.

Please say hello when you see me, I promise I don't bite.

Regards

**Martin Fells**  
General Manager

## OFFICIAL OPENING TIMES

<b>The Verandah</b>	11am - 10pm		
<b>Neilson Hays Coffee Shop</b>	9am - 6pm	<b>Fitness Centre</b>	6am - 10pm (Mon-Fri)
<b>Churchill Bar</b>	10am - 11pm	<b>Fitness Centre</b>	6am - 9pm (Sat-Sun)
<b>Poolside Bar</b>	6:15am - 11pm Last food orders 10pm	<b>Thai Massage</b>	9am - 5pm (Tues-Sun)

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# HOUSE & GROUNDS

## *The monthly report on maintenance and development*



As I have reported on several occasions, the Club facilities sustained substantial damage from termite infestation over a period of several years. We started to deal effectively with this problem in 2009 when we appointed Scientific Pest Management. They have now almost eliminated this problem and continue to regularly monitor the situation. The plastic tubes that you can see protruding from the ground in various locations are bait stations placed to attract any activity in the immediate area. In recent months no termite activity has been discovered in any of the bait stations.

One of the causes of the damage was the often bad choice of materials by various contractors. This has provided a welcome cellulose lunch for hungry termites. The most common of these materials is plywood. This is often used as an underlay for different types of flooring, as was the case in the Verandah when it was fitted out in 2007. The floor was very rapidly consumed by the grateful termites and we then had to replace it in 2009. We installed a factory-finished teak floor laid on "viva board". This material, and also "smart board", are cement based boards that are resistant to dampness and termite attack. These should always be seriously considered, particularly in damp locations. Our latest casualty was the mirror in the Clubhouse gents' toilet. This had been backed with plywood that progressively absorbed moisture from the wall and became soft, thereby providing a good meal. Other areas affected by the bad choice of materials included the Clubhouse Reception wall, the notice boards and the Suriwongse Sala ceiling. The cost to the Club for replacement has been significant. Therefore, when carrying out work in your own house, be careful to choose materials that are not susceptible to damage from dampness or termites.

I have just been standing by the banyan tree at the rear of the kitchen while the rain poured down during a heavy storm. I was checking to see if the rainwater was flowing away through

the drain located along the back wall. We have just cleaned this out with great difficulty as there are many obstructions in this location in addition to the tree. On occasions, the rainfall backs up through the kitchen door as the drain is unable to cope with the volume of water coming into the immediate area. Having cleared out the drains we were hoping for less flooding. Apart from the problem that some of our drains could do with being larger, our storm-water is pumped out of our site into the public drains. If the public drain is full, the rainwater collects in the car park, and the drains on our premises eventually become full. If the storm persists, the water then overflows from the drains and floods in various areas of the Club. Building a tank under the car park to temporarily hold the water would alleviate the problem but would be expensive. Alternatively, we could increase the size of our main drains. I am explaining this as some Members may assume that some of the flooding is a result of neglect. Be assured that we are doing everything practicable and within our financial constraints in order to deal with the situation.

We continue to replace pumps and valves in the swimming pool plant room. A recent inspection by a pool specialist of the main pool confirmed that a refurbishment should be seriously considered when funds become available. This would include complete retiling and, in the plant room, replacement of all pipework and most of the valves that have not already been replaced.

Harper Design have made good progress with the concept design of a 2 storey building that would replace the Suriwongse Sala. The project is currently being costed and will be presented to the General Committee later in July. The development of the Fitness Centre and toilets are included in the scope of work. I include a Harper Design perspective of the proposed building.

Our new Maintenance Supervisor joined us on 8th July. Khun Songpol Kongkan, who goes by the name of Jack, will be working with me to develop a maintenance plan that will incorporate all of our equipment and include a preventative maintenance programme. His experience at State Tower in Silom Road should be invaluable in the job of looking after our facilities.

All for now

**John Boisclair**  
Development & Facility Manager



1st - 5th August 2011

**Starters - 50 Baht**

Potato Salad with Egg and Lemon Dressing

or

Chef's Soup of the Day

**Main Courses - 130 Baht**

Banger, Bacon and Mashed Potato with Gravy and Fried Onion

or

Pan-Fried Dory Fish with Parsley Cream Sauce Served with Apple Mashed, French Beans and Carrots

or

Cajun Chicken Served with Mixed Vegetables and Roast Potatoes

or

**Tom Yum Goong** (Spicy & Sour Prawns Soup)

**Gai Phad Khing**

(Stir-Fried Chicken with Fresh Ginger and Fungus Mushrooms)

**Phad Phak Boong Fai Daeng**

(Stir-Fried Water Spinach with Oyster Sauce)

**Dessert of the Day- 50 Baht**

or

Choose from our à la Carte Dessert 10% off

8th - 12th August 2011

**Starters - 50 Baht**

Niçoise Salad

Potatoes, French Beans, Black Olives and Boiled Egg

or

Chef's Soup of the Day

**Main Courses - 130 Baht**

Salmon Fish Cakes Served with Garden Peas and Chips

or

Minced Beef and Onion Pie

Served with Sautéed Cabbage, Bacon and Mashed Potato

or

Chicken Korma Served with Yellow Rice and Naan Bread

or

**Tom Kha Gai**

(Chicken in Coconut Milk and Tangy Soup with Lemongrass and Lime Leaves)

**Phad Kaprao Moo Sab**

(Stir-Fried Minced Pork with Hot Basil and Chilli)

**Phad Kana Nam Man Hoy**

(Stir-Fried Chinese Broccoli with Oyster Sauce)

**Dessert of the Day- 50 Baht**

or

Choose from our à la Carte Dessert 10% off

BUSINESS

# LUNCHEONS

15th - 19th August 2011

**Starters - 50 Baht**

Mozzarella, Mango and Tomato Salad

or

Chef's Soup of the Day

**Main Courses - 130 Baht**

Fish and Chips

Your choice of Bread Crumbed or Battered with Garden Pea and Tartare Sauce

or

Turkey Lasagna Served with Garlic Bread and Mixed Salad

or

Mini Steak Served with Mixed Vegetables, Roast Potatoes and Gravy Sauce

or

**Gaeng Kiew Wan Look Chin Pla**

(Fish Balls and Eggplant in Green Curry Sauce)

**Phad Tua Ngog Tao Hoo Luang**

(Stir-Fried Bean Sprout with Bean Curd)

**Kai Jiew Moo Sab** (Thai Omelette with Minced Pork)

**Dessert of the Day- 50 Baht**

or

Choose from our à la Carte Dessert 10% off

22nd - 26th August 2011

**Starters - 50 Baht**

Chicken and Pesto Salad Grilled Chicken, Tomatoes, Cucumber Bean Sprouts and Baby Corn

or

Chef's Soup of the Day

**Main Courses - 130 Baht**

Pan-Fried Dory Fish with Mornay Sauce Served with Broccoli and Mashed Potato

or

Lamb and Beef Moussaka Served with Garlic Bread and Mixed Leaves Salad

or

Steak and Kidney Pie Served with Mixed Vegetables and French Fries

or

**Gaeng Jued Phak Gard Khao Moo Sab**

(Clear Soup with Chinese Lettuce, Tofu and Minced Pork)

**Pla Sam Ros** (Deep-Fried Dory Fish with Sweet and Sour Sauce)

**Phad Phak Ruam** (Stir-Fried Mix Vegetables with Oyster Sauce)

**Dessert of the Day- 50 Baht**

or

Choose from our à la Carte Dessert 10% off



THE BRITISH CLUB  
BANGKOK

# F&B MORSELS



**Khun Laak**  
Executive Chef

Dear Members,

One more month has passed which has seen us particularly busy with Member functions and outside catering. The kitchen continues to be under pressure from increasing food prices which means that it is very hard to keep to the budget of a dish. There are only two solutions to this, either to increase the price or to reduce the size of the helping. We have started to decrease the size of some dishes while the Treasury Work Group is looking into the data for food costs and how to improve them. Many people believe that we can hold our prices by careful and more astute purchasing. However, our purchasing system systematically compares prices throughout the market and at least every 14 days we ensure that we have the best offer from our suppliers. As a result some of Bangkok's large suppliers have said that they will not submit quotes, because notably on fresh food we have the same prices as they themselves purchase goods from the market.

Our vegetarian menu has not yet won the popularity we expected. We are sure that there is a need in the Club for more vegetarian food from different regions. Together with the General Manager we will therefore be looking at what vegetarian dishes the Club should offer. Any suggestions from our Members are more than welcome.

Due to the employment of some new staff, we have over the last month witnessed some examples of food which was not satisfactorily prepared. We are dealing with this by improving the learning period given to new staff, and by making sure that all the dishes can be seen on pictures in the kitchens for staff to make sure that they are serving the correct dish. We of course apologise for the mistakes that have happened during this transitional learning period.

The kitchen, together with the new F&B Committee and the General Manager, will use the coming months to look at how we can further improve our menus and food.



THE BRITISH CLUB  
BANGKOK

**Modern  
European**

# DINING

## 1st-15th August 2011

### Starters

Chef's Soup of the Day

Tuna and Scallop Capaccio with Rocket Salad and Tarragon Aioli **165**

### Main Courses

Baked Rainbow Trout with Capers, Amaretto Meuniere Sauce served with Broccoli, Carrots and Garlic Mashed Potato **285**

Roasted Herbs and Garlic Lamb Chops Served with Lemongrass Mint Sauce, Roast Vegetable and Crispy Polenta **590**

Penne Pasta with Spanish Chorizo, Black Olives in Spicy Tomato Sauce **185**

### Dessert

Dessert of the Day

## 16th - 31st August 2011

### Starters

Chef's Soup of the Day

Crab Meat and Grapefruit Salad with Thousand Island Dressing **185**

New Zealand Mussels in Spicy Tomato Sauce Served with Garlic Bread **255**

### Main Courses

Roast Salmon with Dijon Mustard Sauce Served with Asparagus and Boiled Potatoes **285**

Fillet of Pork Roll with Wild Mushrooms and Parma Ham in Honey Mustard Sauce Served with Mixed Vegetables and Croquette Potatoes **285**

Australian Striploin Pepper Sauce with Grilled Tomatoes, Button Mushrooms and Home-Fried Potatoes **520**

### Dessert

Dessert of the Day

# Healthy Eating for Elderly Women



Generally, elderly women should concentrate on eating more (non-toxic) fruits and less meat, fatty food, and desserts. Regarding animal protein, fish is preferable to that of large animals. Consuming a lot of beef has been reported to cause an acidic condition in the human body, which predisposes to the loss of bone density. In addition, there are other consequences such as coronary heart disease and various cancers.

As for Calcium, it is also an essential nutrient for people of all ages, but even more essential to elderly women because of a decrease in calcium absorption through the intestines and an increase in calcium loss through the kidneys. In fact, food is the best source of calcium. However, because modern people live their lives in high gear, sitting in front of the computer screen where everything is spinning at the touch of their fingertips, faster & faster... never able to wait patiently for anything, no tolerance for delays, always feeling like they have “no time”, and depending entirely on ready-made items for everything they want... and this in turn leads to poor nutrition! Thus, you should change your lifestyle so that you have more time for cooking and eating healthy food, or telling your housemaid what to cook to ensure you eat well. (The Bureau of Nutrition, Department of Health, Ministry of Public Health, published “Calcium and Health” for Thais in 2002, with examples of daily menus for every age range). However, if you really can’t find some time to cook, I recommend drinking “low-fat milk”, (not “non-fat milk” because our intestines need some fat to absorb four types of fat-soluble vitamins - A, D,

Most of us only begin to be concerned about our health as we get older, while when we were younger, we used to think, “Everything’s okay. Nothing serious will ever happen to me.” Actually, whatever we think about our health, it really started from the time we were nestled in our mother’s womb. Regardless of past attitudes, it’s never too late to pay attention to our health. Talking about health, many of us usually think of food, air, water, sunlight (vitamin D), exercise and elimination. However, another very important factor is our mental and emotional health because it can have a profound impact on our physical body. It would be a mistake to worship physical health at the expense of inner peace of mind...

For today’s main subject regarding “Healthy Eating for Elderly Women”, I’ll talk only about the topic at hand, citing some medical evidence and summarising with the following information:

E, K), about 1-2 glasses or packages daily (200 millilitres per glass or pack). While some do not recommend drinking milk due to certain concerns, current medical evidence still suggest that drinking low-fat milk in appropriate amounts is good for the health, (do not drink sweetened milk because it increases body weight and blood sugar). For those who cannot drink milk because of stomach upset, you can have your intestines stimulated to produce digestive juices for milk by starting with a small amount, about 1/4 glass, and increasing it every week. This will allow your intestines to better digest and absorb more milk. However, if you really can not do that, you would need to take supplementary calcium, either in the form of chewable tablets, tablets taken orally, or effervescent tablets, depending on prices and your preference. At the least, you should take in 1,000 milligrams of total calcium (elemental calcium) daily. In this regard, we generally obtain approximately 300 mg of calcium from the typical Thai diet daily. If a 1,000 mg tablet of calcium carbonate is taken, the actual amount of usable calcium or elemental calcium is only 400 mg. Therefore, taking one tablet 1-2 times a day during or after meals should yield a sufficient amount of calcium. Do not take too much! Just stick to a moderate practice every day...

As for Vitamin D, we are learning more every day about just how important it really is. In fact, Nature has already provided abundant vitamin D for us. That is, if we are exposed to the morning sun for just 10-20 minutes, our skin produces quite an appropriate amount of Vitamin D. However, a problem for women of all ages is that they are scared of getting dark! So they usually apply sun screen to their skin, which blocks the ultraviolet-B rays coming from the sun, an essential element

in order for our skin to produce Vitamin D. One compromising solution is to apply sun blocker only to your face, and to wear short sleeves and shorts, leaving your arms and legs free of sun block; that is quite acceptable. On one hand, some are afraid of skin cancer. But in fact, if you are not overly exposed to the sun, this should not be a problem. On the other hand, if you do not allow any part of your body to become dark, you would have to take supplementary Vitamin D such as that included in any compound vitamin. You can just choose the inexpensive ones. Generally, it is recommended taking inactive Vitamin D of about 400-800 units per day.

Finally, let me repeat once more that food is not the only factor. Appropriate weight-bearing exercise is also important. But the most important thing is your mind and emotions. Learn to be optimistic. Leave the messy world behind. Never mind the things that get to you. Then, your physical and mental health will surely get better.



Professor Nimit Taechakraichana, M.D.  
Obstetrician  
Honorary Advisor, Women’s Health Centre



02-686-2700  
www.BNHhospital.com

# FAREWELL



Dear Members

After 15 months I am leaving the Club. It has been fun, hard and challenging work managing the Club for this period. I believe we have accomplished and changed many things during this period. The Verandah and the Coffee Shop have seen considerably increased revenue. We have established Thai and International/British menus, and the wine menu has been expanded significantly and I believe improved. The number of events and functions in the Club has on average increased. Last year we also increased participation in the Club's traditional feasts like Guy Fawkes night, the Christmas Ball, the Christmas Breakfast, Lunch and Dinner, and New Year's Eve. Unfortunately we did not have all four tennis courts functioning, but touch wood it seems that in the end it was done correctly and now the Club can grow Poolside.

June was, catering-wise, the best June ever. We ended up having a total revenue of 2.2 million baht after VAT and service charge deduction. The primary driver for this was the Member functions, which in June accounted for 735,000 baht. Unfortunately, this great result caused the cancellation of the Midsummer Day Fair, as all Club areas were occupied that day. I'm happy that the Club's results are slowly improving and the membership remains around 1,000.

None of the above could have been achieved without the Thai team at the Club, so I want to express my thanks to them for all the support and effort I received, and also to wish the Club and all its Members the very best of luck and success in the future.

Sincerely

**Jesper Doepping**

## ID CARDS FOR THAI CHILDREN

The Identity Card Act 2554 came into effect in July this year. This Act requires that all Thai children aged 7 to 14 years must obtain an ID card. Previously the law was set at age 15. The card must then be renewed upon the child reaching 15 years of age.

Application should be made to your Khet or Amphur office.

## CHANGE TO 90 DAY REPORTING BY POST

The Immigration Bureau is now requesting a 10 baht stamp (previously 5 baht) when sending in your 90 Day Registration to them. The process remains the same: photocopy the picture and the pages of your passport with your last arrival, visa and current extensions, photocopy your departure card (TM6), fill in form TM47 from their website and send it to the address below together with the previous 90 Day form and a self-addressed 10 baht stamped envelope. Post it seven days ahead by EMS (31 baht) and two weeks later all the passport copies are returned (for re-use) together with your new date to report and fresh TM47 form. Simple and easy!

Their address is: 90 DAYS REGISTRATION, IMMIGRATION BUREAU (IMM. DIV. 1) 120 MOO 3, CHAENG WATTANA ROAD, SOI 7, LAKSI, BANGKOK 10210.

# PYGMALION IN THE SURIWONGSE ROOM!

Bangkok Community Theatre (BCT) will be back on stage in the Suriwongse Room this September with another fabulous evening of dinner theatre at the British Club. Directed by Mark Sobels and performed for six nights only, **Pygmalion** is a classic comedy and arguably George Bernard Shaw's finest work.

The play tells the story of feisty cockney flower girl Eliza Doolittle and her transformation into an elegant lady by the irascible Professor Higgins. The plot is based on classical myth and plays on the complex business of human relationships in a social world. Phonetics Professor Henry Higgins tutors the very cockney Eliza Doolittle, not only in the refinement of speech, but also in the refinement of her manner. When the end result produces a very ladylike Miss Doolittle, the lessons learned become much more far reaching.

Many British Club Members are probably aware that **Pygmalion** was the basis for the 1956 musical film *My Fair Lady*, starring Rex Harrison and Audrey Hepburn; however Members may not be aware that the British Club's own Chairman, Jonathan Truslow, will be treading the boards in the role of Professor Higgins in BCT's September production. And Jonathan is not the only British Club Member taking part: Elise Meleisea will play the role of Eliza Doolittle and Roderick Turner will play Eliza's ever-jovial father, Alfred P. Doolittle. British Club Members John Wright, Stephanie Wallis and Bonnie Zellerbach are also part of this comedic ensemble playing the roles of Colonel Pickering, Clara Eynsford-Hill, and Mrs. Higgins respectively, while BC Member Anna Khendry will be running the show from behind the scenes as Stage Manager.

**Pygmalion** boasts a cast of more than 15 performers and many other BCT veterans play

key roles including Nichola Frances and Vanessa Armstrong, who were last seen extolling the virtues of sexual abstinence (or not!) in BCT's November 2010 production of *Lysistrata*. They are playing roles of an entirely different nature this time but you must see the show to find out more!

The play's director, Mark Sobels, has an extensive résumé including performing and directing in Australia, Malaysia and Thailand. Mark directed the much acclaimed "Molly Sweeney" for BCT in 2006, and is pleased to be directing for BCT once again, this time making his British Club début.

**Pygmalion** will be presented by Bangkok Community Theatre as dinner theatre in The Suriwongse Room on September 15th, 16th, 17th, 22nd, 23rd and 24th, 2011 at 7:30pm. Ticket price including dinner and show is Bt.1,200 per person. Tables seat 10 people (cosily!) and if you have less in your group, you will probably share a table with others. Tickets become available on August 15th so book early to avoid disappointment either at reception or by fax to the Club at 02-235-1560 or by email at [eventbooking@britishclubbangkok.org](mailto:eventbooking@britishclubbangkok.org) For more information about the play itself, please visit the BCT website at [www.bct-th.org](http://www.bct-th.org) call 0879363798 or email: [pygmalionbct@gmail.com](mailto:pygmalionbct@gmail.com)



BCT gratefully acknowledges their sponsors: Shrewsbury International School, Tailor on Ten, and The British Club. Without them, this production would not be possible. BCT welcomes new members of all nationalities and particularly would like to encourage more British Club Members to get involved. If you are interested in joining the group, either in front of or behind the scenes, please email [bct@qala.net](mailto:bct@qala.net) for more information.



# BANGKOK COMMUNITY THEATRE PRESENTS

George Bernard Shaw's classic comedy directed by Mark Sobels

# PYGMALION



DINNER THEATRE  
AT THE BRITISH CLUB  
THURSDAY - SATURDAY  
15, 16 & 17 SEPTEMBER  
22, 23 & 24, SEPTEMBER, 2011

Tickets including dinner at 1,200 Baht  
Available at Reception from August 15

E: [pygmalionbct@gmail.com](mailto:pygmalionbct@gmail.com)

W: [www.bct-th.org](http://www.bct-th.org)

T: 087 936 3798

*"You see this creature  
with her kerbstone English?  
Well sir, in six months  
I could pass that girl off as a  
duchess at an ambassador's  
garden party..."*

Tables are for 10. If there are less than 10 in a party, tables may be shared.



TAILOR ON TEN



**JVK**

JVK INTERNATIONAL MOVERS

Bangkok  
**COMMUNITY**  
Theatre

# CELEBRATING 144TH CANADA DAY

On Saturday 18th June 2011, the local Canadian community held its traditional Canada Day Celebration at Bangkok's historic British Club with 350 people in attendance. The lawns of the British Club are certainly a beautiful venue for this annual event, and you can always count on its professional staff to make it an enjoyable day. Following last year's practice, the timing of the Bangkok celebration was pulled ahead from the official date of 1st July to allow more families and individuals to participate before the start of the local community's summer home-leave period.

The 144th Canada Day Celebration maintained its family picnic feel, and offered sporting events for all ages such as ice-breaker bingo, ball hockey, volley ball, water balloon toss and tug of war. It was also a fun-filled day for the younger kids due to the support provided by BNH Hospital, Right to Play Thailand Foundation and the British Club. Kiddy activities focused on the British Club's Bouncy Castle, romping with the BNH Hospital Mascots and playing the numerous games offered by the Right To Play organization including Catch The Dragon's Tail, Whistle Basketball, Bullring, The Hoop is Hot, Frozen Beanbag and Hope is in the Air.

In case you're not familiar with Right To Play, they are an international non-governmental organization (INGO) based in Canada that uses sport and play programs to improve health, develop life skills, and encourage social and emotional development of children and youth in some of the world's most disadvantaged communities.

While Right To Play did a great job in looking after this year's kiddy games, the BNH Hospital team always does an outstanding job in looking after everyone's well being. With so many children on-hand and so many adults wanting to

be kids again, it's reassuring to know that BNH always has an on-site team and ambulance to meet the medical needs of the attendees.

For this year's celebration, the guests were treated to a continuous supply of Canadian wine, ice-cold Carlsberg beer, and mixed drinks from 3 strategically-placed bars. An iconic feature of any Bangkok Canada Day celebration is the toga clad John Stevens mixing and pouring a non-stop supply of Classic Bloody Caesars. It's our understanding that there is a sizeable store of Clamato juice somewhere in Bangkok and we sure hope John will teach others on how to put it to good use.

The British Club delivered great afternoon snacks for the kids as well as a delicious dinner buffet that was available at three different stations.



Supporting the British Club kitchen for this year's event was Canadian Chief Bernie Tweedie who helped bring a more Canadian feel to the 2011 menu.

Following dinner, a brief birthday cake cutting ceremony was conducted by H. E. Mr. Ron Hoffmann, Ambassador of Canada to Thailand, and Mr. John Casella – Vice Chair of the Canada Day Committee. While the children were excited about the cake, the adults were clearly more interested in the evening's final lucky draw outcomes which offered over 50 prizes including a roundtrip airline ticket to Canada, various gifts and vouchers to a wide array of hotels, resorts, restaurants and tailoring establishments.

Given the lack of rain at this year's event, the Canadians were also afforded their 2nd straight year of 'Boat Races'. The Canada Day Committee thanks Ambassador Hoffmann and Don Lavoie for taking the lead in officiating at this year's races. Once again, it was the sanook-filled Thai team anchored by Canadian Simon Neville that dominated the 2011 Boat Races.

**We look forward to seeing you at next year's Canada Day Celebration on Saturday 23rd June 2012.**





## MEET THE NEW GM

**Tuesday 9th August from 6.00pm till late**

Hi, Martin here, I would be honoured if you would come and meet me, say hello, and enjoy some fabulous snacks that I will cook for you all (hope you have adequate medical insurance)!

I would really appreciate your point of view of how you see your Club and what improvements you would like to see, and what events you would like to come to. I would love your support, remember, it's our Club and I really want to make it happen for you.

Come early and take advantage of Happy Hour and have your say.

**Martin**



THE BRITISH CLUB  
BANGKOK

STIEG LARSSON

# MILLENNIUM TRILOGY

With English audio  
and introduction to these  
special Swedish book-movies



**25th August 2011**

The Girl with the Dragon Tattoo



**1st September 2011**

The Girl Who Played With Fire



**8th September 2011**

The Girl Who Kicked The Hornet's Nest

# PAST PARTICIPLE

## *Auspicious Melioris Ævi*

By Paul Cheesman



We look back at events of 1966 ...

**1** Whilst the most significant events of 1966 are the opening of the two Swimming Pools and the first Squash Court, the year started on a very mundane level – staff getting sick and needing hospitalisation. It was reported in the April that “Boy No. 4” had needed a serious operation at the Red Cross Hospital costing 3,424 baht. The Committee decided that, as a good employer, we should seek to take out Medical insurance and by June a well-known British doctor had arranged for us to insure all our staff.

In case new readers are wondering why we refer to “Boy No. 4”, it was the practice of the Club from its early days to refer to job titles not names, so we had a Butler, Boys numbered 1 to 4 (for the bar) and Deks (for the Tennis Courts)- equally numbered. For the record Boy no. 4 was named Pairoj Bhurandaraj.

**2** Saturday lunch was an all-time favourite with Members, most of whom worked a half-day on Saturday and a long lunch was the start of the weekend. Unfortunately a side effect of this long lunch was excessive gambling by their drivers – in the end a Police presence was required.

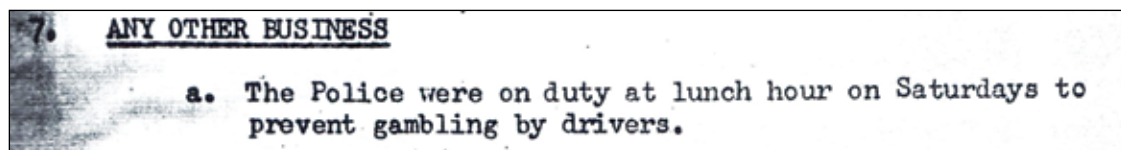
**3** It had taken over a year in planning, over 1,300,000 baht in costs and some 180 days in building and took over most of Tennis Courts 5 & 6 (with Courts 7 & 8 being grassed over for sunbathing) but the main Swimming Pool and the adjacent Children’s Pool, together with a wooden building containing changing rooms and a bar between the two pools were ready for soft opening on 12th August and for an official launch on 3rd September.

Sadly the soft opening did not go very well with many tiles coming adrift in the first week, lots of complaints of uncleanliness (a circular was rushed out to instruct ladies to wear swimming caps), complaints that older children were upsetting younger children in the Children’s Pool and a huge volume of complaints that guests were not allowed to use the Pools!

On a lighter note, and maybe a contributor to part of the above, one Member recalls that he and his children arrived extra early on the 12th to be the first in the pool. When asked if she had been the first in the pool, the daughter replied “No Daddy, but I was the first to pee in it!”.

**4** As well as the Swimming Pools, it had been agreed to open a Squash Court. Now all the drawings were done and when the Member responsible went on annual leave they were passed to the Committee to progress. Unfortunately it seems no one passed them onto the builder so when this Member returned a few months later, he found the Court had been built two feet too narrow! It took four extra weeks to extend the Court.

**5** Whilst there was a small rise in membership due to the new facilities, there was a massive rise in staff costs, from 4,000 baht per month to nearly 14,000 baht – we had to employ four new bar boys for poolside plus one male and two female coolies, a pool supervisor, a poolside snack cook, and an extra clerk for the paperwork which the additional poolside sales generated. Also at this point our Permanent Assistant Secretary decided to leave and so we undertook to start proceedings to recruit our first ever General Manager.



*Tut! Tut!*

The author is Honorary Secretary of the Club

# BC CALENDAR - AUGUST 2011

## MONDAY

**BWG Mahjong** 東  
10am - 1pm



# 1

**Tennis Mix-In**  
6pm-10pm



**Monday Night Club**  
*Who Killed Cock Robin?*  
Wordsworth Lounge, 7pm



**BWG Mahjong** 東  
10am - 1pm

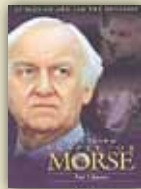


# 8

**Tennis Mix-In**  
6pm-10pm



**Monday Night Club**  
*Fat Chance*  
Wordsworth Lounge, 7pm



**BWG Mahjong** 東  
10am - 1pm



# 15

**Tennis Mix-In**  
6pm-10pm



**Monday Night Club**  
*Why Didn't They Ask Evans?*  
Wordsworth Lounge, 7pm



**BWG Mahjong** 東  
10am - 1pm



# 22

**Tennis Mix-In**  
6pm-10pm



**Monday Night Club**  
*Double Sin/The Adventure of the Cheap Flat*  
Wordsworth Lounge, 7pm



**BWG Mahjong** 東  
10am - 1pm



# 29

**Tennis Mix-In**  
6pm-10pm



**Monday Night Club**  
*Allegory of Love*  
Wordsworth Lounge, 7pm



## TUESDAY

**Ladies Mix-In**  
8 am



# 2

**Squash Mix-In**  
5pm-7pm



**Senior Football**  
7pm



**Ladies Mix-In**  
8 am



# 9

**Squash Mix-In**  
5pm-7pm



**Senior Football**  
7pm



**Ladies Mix-In**  
8 am



# 16

**Squash Mix-In**  
5pm-7pm



**Senior Football**  
7pm



**Ladies Mix-In**  
8 am



# 23

**Fitball**  
10:30am



**Squash Mix-In**  
5pm-7pm



**Senior Football**  
7pm



**Ladies Mix-In**  
8 am



# 30

**Squash Mix-In**  
5pm-7pm



**Senior Football**  
7pm



## WEDNESDAY

**Tennis Mix-In**  
6pm-10pm



**Salsa Dancing**  
7pm



**BCB Balut Shield**  
Wordsworth Lounge, 7.05pm



# 10

**Tennis Mix-In**  
6pm-10pm



# 17

**Cuban Dancing**  
7pm



**Tennis Mix-In**  
6pm-10pm



**BCB Balut Shield**  
Wordsworth Lounge, 7.05pm



# 24

**Tennis Mix-In**  
6pm-10pm



**Salsa Dancing**  
7pm



# 31

**Tennis Mix-In**  
6pm-10pm



**Salsa Dancing**  
7pm



## THU

**Ladies Mix-In**  
8 am

**Fitball**  
10:30am



**Squash Mix-In**  
5pm-7pm

**Ladies Mix-In**  
8 am

**Fitball**  
10:30am



**Squash Mix-In**  
5pm-7pm

**Ladies Mix-In**  
8 am

**Fitball**  
10:30am



**Squash Mix-In**  
5pm-7pm



**Ladies Mix-In**  
8 am

**Fitball**  
10:30am



**Squash Mix-In**  
5pm-7pm



**Movie Night**  
*The Girl with the Dragon Tattoo*  
7pm


**THURSDAY**      **FRIDAY**      **SATURDAY**      **SUNDAY**

**4**





**5**

**Children's Cinema**  
5.30pm



**Tennis Mix-In**  
7pm-10pm



**6**


**Curry Buffet Lunch & Dinner**  
All day

**7**


**Junior British Club**  
10:30am - 1.30pm

**Sunday Brunch**  
11am-3pm

**Open Pairs Bridge**  
Surawongse Room  
2:30pm



**Yoga**  
2:30pm



**11**





**12**


**Mother's Day Brunch**  
11am - 3pm

**Dr Who: Robots of Death**  
3pm - 5pm


**Children's Cinema**  
5.30pm



**Tennis Mix-In**  
7pm-10pm



**BC Kuala Lumpur Tour**



**13**

**Curry Buffet Lunch & Dinner**  
All day


**BC Kuala Lumpur Tour**

**14**


**Junior British Club**  
10:30am - 1.30pm

**Sunday Brunch**  
11am-3pm

**Open Pairs Bridge**  
Surawongse Room  
2:30pm



**Yoga**  
2:30pm



**BC Kuala Lumpur Tour**

**18**



**19**

**Children's Cinema**  
5.30pm



**Spanish Gourmet Dinner**  
7pm



**Tennis Mix-In**  
7pm-10pm



**20**

**Curry Buffet Lunch & Dinner**  
All day

**Five-a-side Football**  
4.30pm



**21**

**Junior British Club**  
10:30am - 1.30pm

**Sunday Brunch**  
11am-3pm

**Open Pairs Bridge**  
Surawongse Room  
2:30pm





**Yoga**  
2:30pm



**Cricket Family Day**  
3pm



**25**

**26**

**Children's Cinema**  
5.30pm



**Wine Tasting**  
6pm-9pm



**Tennis Mix-In**  
7pm-10pm



**Rugby Dinner**




**27**


**Curry Buffet Lunch & Dinner**  
All day

**Open Day Notting Hill Carnival**

**Rugby Tournament**



**BC Football Match**




**28**


**Junior British Club**  
10:30am - 1.30pm

**Sunday Brunch**  
11am-3pm

**Yoga**  
2:30pm



**Belgian Grand Prix**



**BC Golf Society**

7th Aug    Lam Lukka GC

14th Aug    Krung Kravee GC

21st Aug    The Royal GC



Wednesday Night

# Dancing Lessons

at British Club

Salsa dancing

3rd August 2011

Cuban style

17th August 2011

Salsa dancing

24th August 2011

Salsa dancing

31st August 2011

## **Salsa Dancing**

Come and join us at the British Club Bangkok where Paul Ringer our qualified instructor will teach you the latest Salsa moves and give you the confidence to tear up the dance floor.

The lessons start from 7pm  
at the Suriwongse Room.

Members

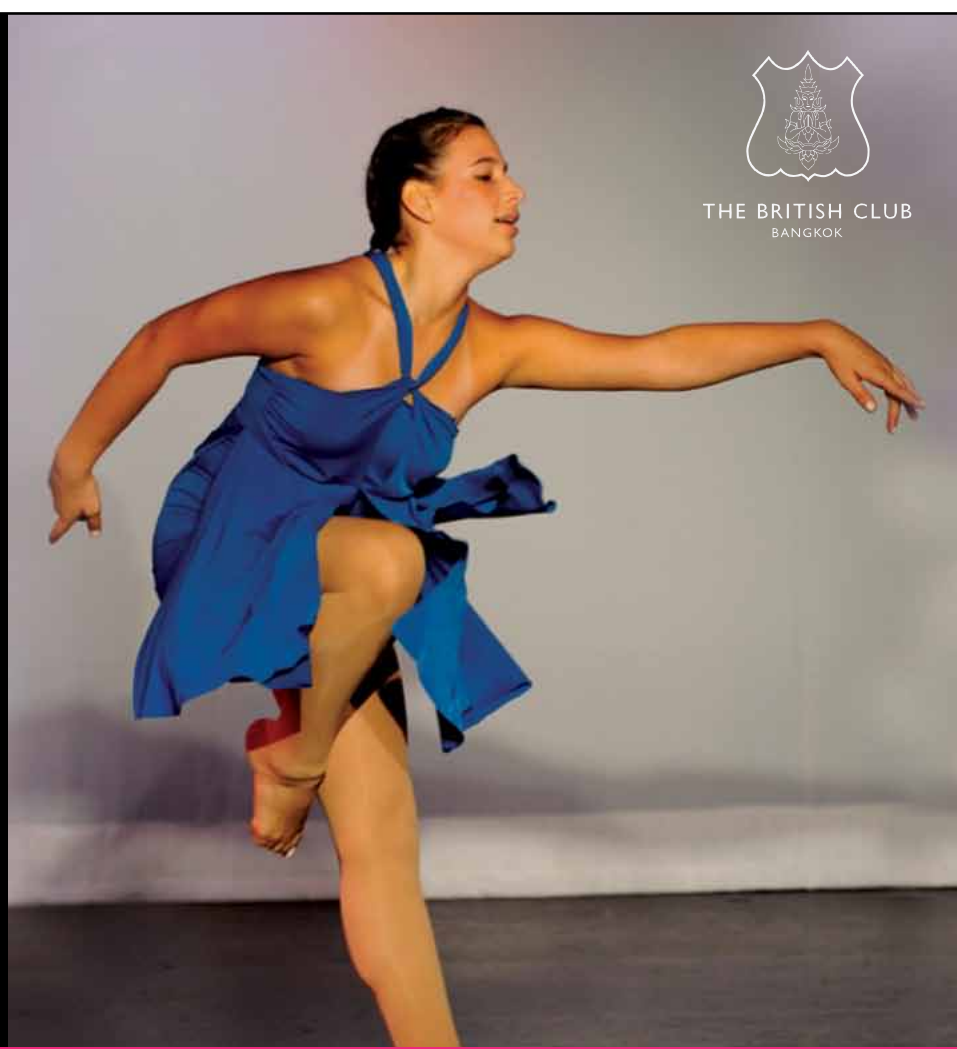
Single 150 Bht

Couple 300 Bht

Non-Members

Single 300 Bht

Couple 500 Bht



THE BRITISH CLUB  
BANGKOK

British Club Bangkok 189 Suriwongse Road Bangkok 10500 Tel. +66(0) 2234 0247

# Cricket Family Day

## Sunday

# 21st August 3pm.

sign up now.

All of the family is invited.



THE BRITISH CLUB  
BANGKOK

British Club Bangkok 189 Suriwongse Road Bangkok 10500 Tel. +66(0) 2234 0247



# FOOTBALL

By Reed Passmore



**St. Andrews International School and the British Club Bangkok.**  
An ace sports partnership through sponsorship and support



Staff vs Tennis



Big Chilli Tribe

Footballers!

Great work for all those that showed up and played or supported on Saturday 25th June; we had 4 full teams join and all had moments of brilliance.

To wrap it up - Tennis won, Big Chilli were impressive, Staff not so and Squash almost made the final.

There were some great goals, no injuries and no angry heads!

Thanks - Let's do it again in August.

Cheers,

**Reed**



Squashies vs Staff

Big Chili  
Squashies  
Staffers  
Tennis Boys

BC Vs Sq = 0-2  
Staff Vs Ten = 0-2  
B.C Vs Staff = 1-0  
Sqa Vs Tennis = 0-2  
B.C Vs Tennis = 1-0  
Staff Vs Squash = 2-0

Round Robin - Top 2 Final  
8 mins a game

BC = 2w 1c  
ST = - 2  
TEN = 2w 1c  
SQ = 1w 2c

The Confusing Scoreboard - Tennis Won!



Big Chilli vs Squashies

# SPORT & LEISURE



By Reed Passmore



**St. Andrews International School  
and the British Club Bangkok.**  
An ace sports partnership  
through sponsorship and support

Dear Members

As this is my last report, I want to make it a little more interesting for you all. I wanted to list 10 great things that I have enjoyed and been a part of over the last 3½ years.

## 1 - Junior Activities:

Over this period we have run junior rugby, football, Sports Camps, regular swimming lessons, netball, cricket, swimming galas, junior tennis events and more. To see children enjoying sports, being healthy, improving and enriching themselves is one of the most satisfying things I think anyone can be a part of.



## 2 - Tennis:

From a non-tennis background I have honestly enjoyed the struggles and challenges to create tennis events and run the Section. We now have a good format for the Tennis Section to continue growing, with big events like the Championships, the Graded Championships, extravaganzas, competitive leagues, Tennis Bootcamps and more.



## 3 - Characters:

There are many individuals and characters at the British Club and that's what makes the place so unique. Every day is different with different views, values, thoughts and jokes. Your time has been a valuable learning curve for me and I thank you for that.

## 4 - Social Sections:

Jack Dunford's cricketers are a great role model for any and all clubs. With the BC membership ageing, Jack decided to create a social cricket team with (trains a little, laughs a lot) style, with players coming out after up to 40 years of cricket retirement and having a great day. I myself played cricket, for the first time, due to the relaxed and social atmosphere - I will miss the tours north in Chiang Mai. The Club thrives on Member Sections and it's people like this that really make this Club stand out. In the past, there have been many Members such as Bruce Gordon, Peter Corney, James Young, Peter Rodgers, Morcar McConnell, Jon Prichard, Bob Merrigan and so many more who have led Sections forward and made other Members' experience one to remember.



## 5 - Events:

Fight Nights, 5-a-side football, backyard cricket, swimming galas, Sports Camps, fitness challenges, and others are just a handful of sports events I have been a part of and I believe each one got better with the experience learned from previous events. I look forward to seeing more of these continued in the future.

## 6 - The Clubhouse:

The Iconic Symbol of the BCB, the Clubhouse stands out in everyone's memory as a beautiful and historical part of our life in Bangkok. The red sunsets highlighting this prestigious building is surely a treasured memory.



**7 - Staff:**

Many of the Club's staff are never seen such as accounts, cooks, chefs, cleaners and gardeners. Many of them work hard 6 days a week to ensure you have the best experience we can offer. I would like to wish them all well in the future and thank them for their efforts over the years.

Rugby Section



**7 - The Back Lawn**

If you haven't sat out on the back lawn just after dusk and enjoyed a cold beer or glass of wine, you are really missing out on a beautiful experience. Whether there is cricket practice or football or no one but the squirrels, the pervasive calm and distant hum of frenzied Bangkok cloaked by green plants and trees is quite a unique feeling and thoroughly therapeutic.

Squash Section



**7 - Sports:**

I love sitting back and enjoying all of the sports at the Club. A close tennis match, a tough squash game, football or netball, it's always a pleasure seeing players of all levels competing and that is something we should all encourage. If you are a better player, take a little time to help out who knows they may be in your team one day. Sports is one of the best ways to stay fit and release stress, as well as being a great way to meet people and make new friends.

**8 - Families:**

Another reason I look forward to weekends and school holidays. Seeing mums and dads playing tennis followed by their children, sharing a lunch in the Sala and cooling off in the pool with ice cream and a cold beverage - fantastic!



**9 - History:**

The British Club oozes history from its first recorded minutes to the list of Chairmen, from a bowling alley to 8 grass tennis courts. I would love to see a book one day dedicated to the history of The British Club Bangkok (and maybe Paul Cheesman will write this for us!)



**10 - Thailand:**

I can't not mention Thailand. The land of smiles, the great food, traffic jams and tropical weather. I will come back to Bangkok regularly as I still have numerous reasons to return and who knows, maybe I will return as a fully-fledged Member one day (if they let me).

Thank you all, and I hope that you can attend a little party before I leave....

**Reed Passmore**  
Sports and Recreation Manager

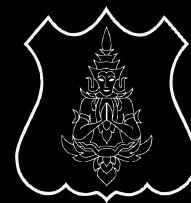


Mint and Mooky



Yok Nam Chai, Lampard Kam Sin, with Reed Fight Night

# RUGBY *world Cup*



THE BRITISH CLUB  
BANGKOK



## September

Book your table in the Verandah or Suriwongse room.

Bring down your friends for this special day.

Brunch served Saturday through out the event at 500 THB for adults and 250 for children.  
The Brunch will be a real Rugby event with British and Australian specialties.

### Word Cup starts 9th September

Friday 9th September

3:30 pm. New Zealand √ Tonga

Saturday 10th September

1:00 pm. France √ Japan

3:30 pm. England √ Argertina

# TRY OR TRI – IT'S RUGBY DOWN UNDER!

August has some great Rugby as we show LIVE the last four matches of the last Tri-Nations Tournament ...

The Matches in August are ....

Saturday	6th August	New Zealand vs Australia	2.30pm*
Saturday	13th August	South Africa vs Australia	10.00pm*
Saturday	20th August	South Africa vs New Zealand	10.00pm*
Saturday	27th August	Australia vs New Zealand	5.00pm*

\*Times are subject to confirmation.

AND COMING SOON .....

**RUGBY WORLD CUP 2011 OPENING MATCH**

**New Zealand v Tonga**

Friday 9th September at 3.30pm – plan your POETS Day!



*The Last Tri-Nations!*



*Twenty Nations battle it out to be the World Cup Champions!*

## Mother's Day Friday



THE BRITISH CLUB  
BANGKOK

**12th August 2011**  
**11 am - 3 pm**

Child (3-12yrs) : 250 baht  
Adult (All You Can Eat) : 450 baht  
Adult (plus bottle of Wine of the Month) : 950 baht

**All mothers get a glass  
of free sparkling wine with their brunch.**

**Come and join us for our special day celebrating Mother's Day!**

# SQUASHY BITS

By Bruce Madge <bruceanthonymadge@hotmail.com>



## Farewell Martin Reed and Hail the Champions

Yes, that's what went on last month.

Martin Reed, one of this Section's longest serving members, decided he'd worked long enough and was due for a break so we threw a bash to say cheerio. We had the usual mix-in, then sat down on the front lawn with the Sunday Carvery, and plenty of beer and wine to toast Martin and his lovely wife Pam.



Martin hadn't played squash for years due to knackered knees, but he had remained a loyal Squash Section supporter, always attending the AGM, the Xmas Party, and other events throughout the year. A top bloke, and one of life's true gentlemen, as Peter so rightly put it. He never had a bad word for anyone and was always a warm and friendly person to be with. Thus, he shall be sorely missed.



After our lunch, we presented Martin with a couple of specially printed Birmingham City football shirts, a BCB Squash Section shirt, a Commemorative Plate and a signed card, but far more valuable than any of that we gave him our deepest gratitude, our very best wishes, and our love. Martin was truly overwhelmed, and there was hardly a dry eye in the house. Martin and Pam will be spending their retirement between the UK, Australia and Thailand so we expect to see them pop by for a visit every now and then.



Thank you Martin, you have always been a very special BCB Squash Section Member.

Then we had the Don Johnson, Parra Hardy Plate (strange name), and Cornflakes Bowl, which are the Section's Championships. Entrants were fewer than expected, despite the incentive of some prize money for this year's engagement, but off we went with 20-odd, and to be blunt, most of the early rounds



were forgotten, save for that utter toad Madge having match point against Ja, but blowing it, and Duncan playing only one match or thereabouts and then getting a bye all the way to the Plate Final, while Kitti Cat, Nigel Starmer Smith, Come On Bobby, and that utter cockroach Madge had to slug it out all the way playing quarters, semis, thirds, halves, three fifths and even play-offs and prequalifying! Anyway, finally the finals were finally finalised with Kitti up against Duncan in the Plate, and Evans vs H in the Don Johnson.



And what a phenomenal night it was. Here are some quotes from the Section's Facebook page:-

"The tension is palpable at the Club while the crescendo is slowly building towards the Club Championship Finals. Bob Van Es is first in line, and has been queueing up for the much sought-after spectator tickets since early this morning. So far, he remains the only one in the queue."



Club Champ H and Runner-up Evans with Cornflakes

"Hi all, it's Squash the Cat here and I was first in the queue then that Bob Van Es stood on my tail and jumped ahead of me! I would pull his tail, but it's too short, the horrible man! Meeowwww!"

"My preparation for the final against the Squash Club Captain Neil Evans started early this morning at 7am. I have been watching all the classic PSA squash matches, paying special attention to Jonathon Power's length game to combat Neil Evans' deadly, unreadable, forehand, cross-court drive from the front of the court. I hope and pray this works. Or does anyone have any suggestions on how I should prepare for Mr Evans?"

"Call Den for some advice!"

"Kick him in the balls!"

"Den or Neil?"

Yes, the excitement was greater than when Den found out he'd won a new 80 baht grip for winning the Martin Reed Farewell Mix-In, and what happened was, determined Duncan came



Trying to win

out flying and beat Kitti 3-1. Duncan was just too fierce, and Kitti, making more errors than usual, just couldn't cope with Dunc's doggedness. Kitti was perhaps unlucky, but Duncan

Plate Champ Duncan and Kittii with Corn Oil



was a deserved Plate winner with a purse of 3,000 baht. Well done. Have a beer the pair of you.

While we waited for H to arrive, Reed played his Cornflakes Bowl semi against Yasser and got thrashed 3-0 as he was drunk. Very unprofessional. Just as well he's leaving!

The Bowl scheduling was awry due to lack of organisation, but was won on another evening by Verrypongy, who beat Yasser Arafat by an unknown score. Verrypongy claimed 1,500 baht and a plastic trophy-shaped piece of plastic with a plastic man on its top wearing plastic clothes and holding a plastic racket.

Club Champ is H again after he hammered Evans 3-0. What is there to say? Gandhi is so way ahead of any other player in the Section that he should be castrated to even things up a bit. Anyway, well done H, well done Peas for making the final, and well done to whoever took all the photos. H claimed 5K for his trouble.

F&B in the Sala, congrats, speeches, photos, smiles, laughter, the usual post-comp hair pulling and jumping about. Runners-up awarded vouchers for a local massage parlour run by my mum, and then a lucky draw for those who'd turned up to watch. 3000 baht on offer, and our guest drawer, James Young, pulled out the name of, yes, you've got it, that utter rat Madge. So 3K went into his wallet and then we threw Peter in the pool!



Reed, Drunk on Duty and Thrashed by Yassar

Until next month when we'll be examining the rubber that is used to make our balls.....

(Late news just in: 3,000 baht lucky draw for all those who'd played all their Club Champs matches won by Come On Bobby.)

# HARD BALLS

By Squire Legge



This month we proudly present BC's brilliantly consistent performances in the final three rounds of the Southerners T20 tournament ... although there are technical difficulties bringing you this story because the scorebook for the last two games mysteriously disappeared for a while and has yet to reach Hard Balls.

No problem with the second round game played on 28th May however. Sailesh was invited to captain in the absence of our Captain, hoping that his cunning inside knowledge of the Punjab CC might be an advantage. All nodded wisely and sideways when he decided to open the bowling with spin and, to be fair, if the BC could have managed to hold, say, one in two of the catches offered we might well have had them in trouble. As it was they rocketed along and by the 15th over they were on 124 for 3, the wicket takers being Phil (1 for 31), Jack (1 for 33) and Andy, by far the pick of the bowlers, with 1 for 15.

## Wooden Spooners



Now in this tournament, no bowler was allowed to bowl more than 3 overs, meaning that at least 7 would be required. Having introduced 6, the crowd were entertained to what must surely be the unique spectacle of all remaining 5 players refusing the invitation to bowl even when an increasingly bewildered Sailesh prostrated himself before them. A phone call to Lords was under consideration when debutant James Moss was eventually harassed into having a go by his helpful Parrot friends in the stands who were still enjoying their post-match drinks from the game before. James' problem was that he hadn't played for a few years and has a rather sensitive hydraulics system which needs very fine calibration. As demonstrated in the nets, without proper preparation, it seems to result either in the ball going into orbit over the wicket-keeper's head, or landing like an Exocet rocket dangerously close to his own toes.

The last few overs were therefore very good value for money. Chris, BC's 6th bowler, picked up 2 wickets for a very reasonable 22 runs and although James did launch a couple into orbit, he avoided the Exocets and bowled some snorters. Definitely a BC man for the future! Punjab scored 162 for 7.



Thanks for all the action pictures guys!

Skipper Sailesh played like Sunil Gavaskar in the 1975 inaugural World Cup when BC began their response. Suffice it to say that when he was out having scored 6 singles, the score was 41 for 1 off 8 overs, respectable thanks to a Herculean effort by Joss (45) at the other end, but far short of the required run rate. Joss and James were then both unlucky to be narrowly run out by great throws from the same fielder in the deep and Andy, and another debutant, David Fell, both perished trying to up the run rate. There was little chance of victory after this and the rest of the batting line-up, including yet a third debutant Duncan Ramsay, enjoyed a bit of batting practice. Neil gained the dubious distinction of, in accordance with tournament rules, being allowed to bat on after being bowled first ball subject to a penalty of 5 runs. We all hoped he would get out next ball to record BC's first ever negative score but, aware of the fact that he would never live this down, was goaded into a fine knock of 19 (net). BC wound up on 116 for 8, defeated by 46 runs, Sailesh vowing to grow a dodgy moustache in penance.

The third qualifying match was played on 4th June, but until the scorebook is found all we can report is that the BC lost again in what sounds like a great game, with the Southerners scrambling home with 2 balls to spare: BC 158, Southerners 159 for 3, James Moss starring with the bat retiring on 54 and Dale Lamb contributing 32.



BC's final match was a play-off for the "Battle of the Bottom" against the Siam Parrots on 11th June. In an effort to get a bit of the action, I invited Bruce Mad of Squashie Bits to give me the rundown:

The Wooden Spoon



"... Lacking a player or two as Phil had fractured/dislocated a few fingers, but bravely took the umpire spot, the Parrots loaned us as a man so we were 10-a-side. And didn't we do well? A classically sublime display of batting saw us all out for less than a 100! All out, or did we just use up all our overs? Who

knows? Maybe we scored 250 for just a single wicket off only nine overs. Highly unlikely, yet as the scorebook has gone AWOL, along with Captain Vaughan, it's down to memories of that day and they were, and still are, drowned in post-match alcohol. BCB batting performances of note? Probably none! But we'd tried, and we'd done it with smiles on our faces, with plenty of banter, and a good laugh at how inept we'd been. So in came the Parrots and they smashed us left, right and centre and after 12 overs or so, and only one Parrot wicket, it was all done. We'd come last, but were voted the best bunch of lads in the tournament for our unfailing friendliness. Then the presentation ceremony, and then the fines, all dished out while we supped beer after beer. Selected discretions were Phil for not raising his finger even once during our spell of fielding (shocking!), Bruce for having a towel tucked into the top of his trousers, JCS for being posh, Duncan for wearing glasses, and all of us for dropping approximately eight catches! Yes, we were pretty awful in the field, too. But it was fun, and that's the main thing. Who cares about the result as long as we'd enjoyed the experience? And we certainly had. The fines and mirth continued until the (large) bottle of vodka was dry and it was time to go home - to bed!"

Thanks Bruce. That just about sums up the season! We now know that the actual scores were BC 93 for 9, Siam Parrots 94 for 1 off 15 overs, BC losing by 9 wickets and, with 4 consecutive losses, magnificently winning that coveted Wooden Spoon. Since it was he that "lost" the scorebook, skippy Vaughan is lucky to get a mention that he contributed 34 to the BC total.

Believe it or not, driven by selfish advertisers, BC's cricket season which begun way back in December 2010 is still not done.

Exhausted cricketers are being forced to play on through the off-season with another match against Pattaya due up in July, and then the tour-to-end-all-tours to Kuala Lumpur in August together with our friends from the Tennis and Squash Sections. Watch this space!



No wonder we keep losing!

## MEET THE NEW GM

**Tuesday 9th August from 6.00pm till late**

Hi, Martin here, I would be honoured if you would come and meet me, say hello, and enjoy some fabulous snacks that I will cook for you all (hope you have adequate medical insurance)!

I would really appreciate your point of view of how you see your Club and what improvements you would like to see, and what events you would like to come to. I would love your support, remember, it's our Club and I really want to make it happen for you.

Come early and take advantage of Happy Hour and have your say.

**Martin**

# BCGS GOLFING NEWS

By Jack O'Flynn



## Monthly Stableford, Lam Lukka GC Sunday 05 June 2011

The June Stableford competition gave us another opportunity to test our skills and savour the delights of the splendid golf course at Lam Lukka. Unfortunately, on the golfing front the majority of the fourteen participants could not take advantage of some ideal conditions, and overall no one played to handicap. Included in our party for the day were Martin, from the Londoners Society and, making her first appearance with our group, Sheila from Singapore (1). While we welcomed the two new participants, it was with regret that we said goodbye to one of our regular players, James Fielder. Our best wishes go to James for a successful move.



Storms threatened as the various groups set off, but fortunately we managed to get around unscathed.

However, the hot and sultry weather made playing conditions uncomfortable and perhaps contributed somewhat to the less than impressive scorecards at the end.

Frank F, showing good form on the short holes, managed to get his name on most near pin markers but at the final count, managed to retain only one! Stealing Frank's thunder were Randall C, James F and Gareth S. As before it took some considerable time to unravel the 'mystery' in the Captain's mystery prizes but eventually and for whatever reasons, they were awarded to John B and Steve W.



In the main event Marcus P and Jack O tied for 2nd place with 33 points but on the winner's rostrum with a score of just 34 points was Gareth S. With a look of surprise and maybe even a hint of embarrassment (no, not likely), Gareth accepted the main prize from the Captain (2). And quickly dashed off!!

## Hapag LLOYD Trophy, Bangkok GC Sunday 12 June 2011

The Hapag Lloyd Trophy is played annually between the BCGS and the Londoners Society. Over the years, the competition has been noted for the friendly rivalry which exists between the two groups and results overall have been fairly even. Last year the Londoners with 'home' advantage narrowly came out on top.

As hosts this time around, we chose to play at Bangkok GC, employing an aggregate Stableford scoring system. For various reasons, numbers were slightly down this year but both sides were still able to field eight two-man teams.



Gathering early to decide on strategy, this Londoners group looked in determined mood in their efforts to retain the trophy (our 'plant' trying not to be noticed!!) (3). Leading from the front, Captain Ray and his ever-reliable sidekick Peter B look to have other ideas as they prepare to join the fray (4). And while on the subject of reliability, who better to send in to bat next than the formidable pairing of Frank F and Karen C (5).

As the match gathered momentum and scores started to trickle in, it was beginning to look like it might just be our



day. And when the big hitting duo of Varghese and Art C (6) finally returned, having come back from the brink of defeat (3 down with 3 holes to play) to earn a valuable half point, we realized that it was our day!

Having refreshed ourselves briefly at the Clubhouse, the party then repaired to the British Club for more serious refreshments and the presentation ceremony.



A solid team effort ensured that victory was ours by the unexpected margin of 5.5 pts to 2.5 pts, and the Hapag Lloyd Cup once again returned to the BC trophy cabinet. Maintaining his 100% record as a winning captain Ray B proudly accepts the trophy from his opposite number, David Jeffers.(7)

### Club Day/Matchplay fixtures, Subhapruek GC Sunday 19 June 2011

Yesterday saw a small field stride out on to the big field at Subhapruek for a Matchplay day. Finally, Khun Yurachatr and Gareth concluded their quarter-final match with Khun Yurachatr just edging it by one hole. The Captain's bright pink shirt and blue cap dazzled Tracy to the extent that he also won his game. In the semi-Finals Yurachatr will play the winner of the Peter Bond/Gareth Ellis match and Ray B will do battle with the winner of Art versus David Lamb. In a supporting Stableford event, Marcus P continued his run of form with a great round of 37 points to take the Captain's Mystery Prize.



### May Medal, The Royal GC Sunday 26 June 2011

Annual course maintenance made playing conditions difficult both on the fairways and on the sanded and aerated greens (8). Add to this a stiff breeze and conditions on the day proved to be the undoing of many. Still the 22 hardy competitors, including guest Alex battled their way around to finish with varying degrees of success.

Success however, was certainly evident at the top end of Flight 'A' where some fine play ensured an exciting finish with only 3 shots separating the top three players. JC with a net 69 and Marcus P (net 68) were edged out by a very on-form Randall C who shot an excellent net 67 to bag his third consecutive Medal (9). Frank was left to wonder where it all went wrong!! (10)



In the course of his fine round, Randall also won the Men's long drive, longest putt and near pin prizes. What was left of the minor prizes went to Tracy C, Peter G, Mark E and Rod Mac.

In Flight 'B' both new boy Rod MacMillan and Jack O returned net 71s but by virtue of a better back nine score, the award went to Rod, who looks well pleased as he receives his first Medal prize (11).



Website: <http://www.bcgolfsociety.com/>  
Email: [bcgs2002@yahoo.co.uk](mailto:bcgs2002@yahoo.co.uk)  
Phone: Golf Society Captain, Ray Bloom - 0870513548

# THE BRIDGE BUNCH

## LONDON BRIDGE TOURNAMENT RESULTS (3rd July 2011)

Awards	Names
Winner	Charlene & Geraldine (60.19%)
1st runner up	Charlertpol & Piya (57.78%)
2nd runner up	Supote & Julaporn (57.59%)
Senior (combined age 120 yrs)	Mr. Ho & Prarop
Mixed	Helmer & Hanne
Women	Manthanee & Chonlada
Average (50%)	Kiatchai & Hiran
Juniors	Jiratas & Mongkolpat



London Bridge Winners. Ranking in order of plate size.

### Bridge Play Techniques

Starting from this month, we will invite guest writers to contribute articles relating to Bridge play techniques and regulations. As well, we welcome questions from anyone interested to learn or start playing Bridge (please email your questions to: [britishclub.bridge@gmail.com](mailto:britishclub.bridge@gmail.com))

Our first guest contributor is Mr. Helmer Juul Nissen. Helmer is a well-respected Bridge player from Denmark who started playing Bridge at home with his parents at the young age of 14. Since then, he has developed a lifelong passion for

Bridge, and he is a Life Master having accumulated over 330 masterpoints. A resident of Thailand since 2003 and currently teaching at Assumption Samutprakarn School, Helmer has over 30 years of active Bridge experience.

"I think the hardest thing to teach in bridge is 'how to defend', though I love to be in defence if I have a regular partner whom I trust. When you know that your defence is good, you can double a lot of contracts and you don't have to waste time with discussions when maybe one or two out of ten may turn out wrong, after all you gained a lot already.

This board is from the London Bridge Tournament on July 3rd:

Board 17 – N/none

♠ J 8 5 2  
♥ 8 2  
♦ A K J 5  
♣ K 6 3

♠ A K 6 4  
♥ Q J 10 4  
♦ 10 4 2  
♣ 9 2

♠ 9 3  
♥ K 9  
♦ Q 9 8 6 3  
♣ A Q 5 4

♠ Q 10 7  
♥ A 7 6 5 3  
♦ 7  
♣ J 10 8 7

North opened 1♦ - now I was held out of the bidding with my 11HCP in East. South replied 1♥ - my partner was ready with a double for both majors, but now also she was kept away from bidding, which I guess she was happy for, as North rebid 1♠. South made the final bid 1NT.

What to lead from West? – Clubs? – Nah – it seems like South could hold some them.  
A red suit must be the answer – my partner found ♥Q. I overtook with my King – and South got the first trick with ♥A.

Declarer played ♠Q – which my partner took with the ♠K. What now?  
My partner can't know that I also got the ♥9 – therefore the beautiful switch to ♦2  
(We play 1-3-5 leads; therefore I now know that she has an odd number of diamonds).

Declarer helped me by playing the ♦K, now I was almost sure that my partner had 3 diamonds and not only one.

Declarer sent in my partner again in spades.  
Again my partner played a ♦ - but not any ♦, but the ten. Declarer tried with the Jack, losing to my Queen – and yet another ♦, I still got 9 8 and 6 – all three are the same "size" – which one would you play?

It seems stupid even to think about asking – they are all the same, but how to tell your partner that you'd like her to play a ♣, to you AQ, play the small 6 of diamonds. The lowest one is asking for the lowest suit.

On two rounds of spades from dummy, I got another chance to tell my partner that I need clubs from her.

Declarer, played the ♥8 from dummy, I took it with the 9 - - no no – I didn't think my partner had read all signals, she overtook my 9 with her 10, cashed the Jack as well, and returned a club to me.

What did declarer get? 2 spade tricks, his ♥A, and ♦AK, 2 down. It became a flat board – but 3 tables actually won 1NT in North/South."

**News & Upcoming Events**

The British Club Bridge Section meets every Sunday (except the last Sunday of each month) at 2.15pm, to start play at 2.30pm. We aim to finish by 6.00pm. Our mantra is that bridge should be enjoyed, and therefore the afternoon session is not too serious. We like peace while playing bridge, try not to be aggressive, and we hope we are particularly welcoming to newcomers. A partner is guaranteed if you come alone, but newcomers to bridge please see 2 paragraphs down.

We are starting up a Tuesday afternoon session and the first session on 12th July attracted 10 pairs. We have to evaluate in the medium term whether there is a demand for this session, but we have planned the organisation until the end of the year.

We are also interested in attracting additional players. Anyone who expresses an interest will be asked a few questions regarding their bridge experience and we can help introduce people to partners and, if there is sufficient demand, we can try to arrange some instruction for beginners. It helps if you already play some sort of card game, but the basics can be fairly easily assimilated and for your lifetime of bridge you will never cease learning. One can easily become addicted.

And finally, the definition of finesse: finesse is a skill applied with a light but experienced touch designed to be of assistance and instruction. If you do not understand this please do not ask a bridge player to define it!

**Michael Sim  
British Club Bridge Tournament Director**



Ok partner, so where's the hand you held during the auction?

# BRITISH CLUB BALUT



## >> SINGAPORE PAIRS – “CHILDS PLAY”!

The British Club was able to send four 'Pairs' to the Second Annual Singapore Pairs Tournament held at the Singapore Cricket Club on 2nd July, which was a truly wonderful event superbly organised by the SCC's John Taylor and Raj Kumar.

The SCC provided all the players with a wonderful buffet on the Friday evening which gave us a chance to renew some old friendships and sample the delights of the Singapore cuisine and excellent hospitality. After a late night and an

early morning swim for our juniors, the competition started in earnest.

We played eight rounds of Balut and at the halfway stage it was apparent that Jammy and The Chairman were there only to make up the numbers!!! Although our other adult players did 'reasonably well', it was our three junior players who triumphed on the day with Kelly Alexander not only taking the junior prize but also the prize for the highest single score overall. In the evening the SCC provided a wonderful buffet on the terrace with live music. What a wonderful way to end a superb day.

Drinks all round as the juniors triumph in Singapore!



### JUNIOR RANKING

1st	Kelly Alexander	828
2nd	Katie Alexander	779
3rd	Carlos Romero Junior	768

### PAIRS RANKING

5th	Kelly Alexander & Thawee Jantacomma	1547
6th	Carlos Romero & Carlos Romero Junior	1510
Unclassified	Katie Alexander & Noi Penpitchaya	1456
Unclassified	Phil Alexander & Roger Willbourn	1452

**>> BALUT SHIELD UPDATE – THREE TOURNAMENTS LEFT!**

At 6th July, we have 26 players in the Balut Shield League with the top five within 0.83 points of each other, so there's still everything to play for!

POSITION	NAME	PLAYER	POINTS	AVERAGE
1	Tik	Sra. Thawee Jantacomma	3,153	105.10
2	Mrs Orange	Mrs. Muntana Merrigan	3,146	104.87
3	Lindy	Ms. Sulindy Collacott	3,137	104.57
4	Jammy	Mr. Roger Willbourn	3,134	104.47
5	Tom	Mr. Tomjakraphan Merrigan	3,127	104.23
6	Mr C	Mr. Paul Cheesman	3,112	103.73
7	DQ	Mr. David Quine	3,101	103.37
8	The Jackal	Sr. Carlos Romero	3,097	103.23
9	Swampy	Mr. Steve Eaton	3,087	102.90
10	Bowling Ball	Mr. Bob Van Es	3,074	102.47
11	TC	Mr. Phil Alexander	3,053	101.77
12	Dark Horse	Mr. Clive Butcher	3,027	100.90
13	Ali	Mr. Ali Adam	3,024	100.80
14	Sausage	Mr. Jeremy de Sausmarez	3,014	100.47
15	Oddsman	Mr. Jeremy Watson	2,990	99.67
16	Kelly	Ms. Kelly Alexander	2,983	99.43
17	Monkey!	Mr. Bruce Madge	2,956	98.53
18	Douchebag	Mr. Simon Davies	2,902	96.73
19	Jinny	Ms. Daranee Chueinoom	2,900	96.67
20	Slowpoke	Mr. Tony Rodriguez	2,890	96.33
21	Tilak	Mr. Tilak Karamala	2,856	95.20
22	The Squire	Mr. Steve Mallon	2,828	94.27
23	Katie	Ms. Katie Alexander	2,817	93.90
24	Mrs Jammy	Mrs. Caroline Willbourn	2,771	92.37
25	Mac	Mr. Andrew McLean	2,754	91.80
26	Scouserboy	Mr. Ryan Bebbington	2,728	90.93

**>>> BALUT DIARY – TO END OF SHIELD YEAR**

DAY	DATE	EVENT	TIME	VENUE
Wednesday	3rd August	Balut Shield	7pm	Wordsworth Lounge
Wednesday	17th August	Balut Shield	7pm	Wordsworth Lounge
Wednesday	7th September	AGM & Balut Shield Awards Night	6pm	Suriwongse Room

Balut section subscriptions are due on 1st September 2011

Full details of Balut can be found at <http://www.teambalut.com>

# THE MONDAY NIGHT CLUB

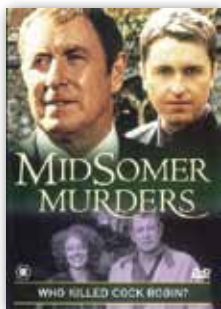
Your weekly chance to sit back and relax .....  
The murder's on us.

## AUGUST

7pm in the Wordsworth Lounge.  
Full F&B Menu available.

# THE MONDAY NIGHT CLUB

### 1st Who Killed Cock Robin?

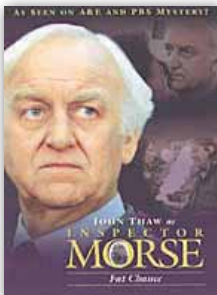


*All's not well in Newton Magna*

Ding Dong Dell ... a Body's in the Well! Who pushed him in?  
Little T... okay if I tell you then who needs the Midsomer CID!  
One thing is for certain, it wasn't suicide!

The star-filled cast includes John Nettles as DCI Barnaby with guest stars Iain McNeice, Gabrielle Lloyd and Robert Oates.

### 8th Fat Chance



*Will Hymns have to become Hers?*

A female vicar, a weight-loss clinic and an appetite for murder seem to be the recipe of the day. Yet would the Anglican Communion treat murder as a lesser sin that female ordination – something even Morse cannot tally!

John Thaw is DCI Morse with guest stars Zoë Wanamaker, Maurice Denham and David Gant.

### 15th Why Didn't They Ask Evans?



*Where there's a Will?*

Not the original but an interesting variation ....

Mr. Pritchard's last words ... "Why didn't they ask Evans?" But ask him what? And when it turns out that Mr. Pritchard isn't the dead man after all – well things turn a bit savage for an amateur sleuth nobly assisted by her 'nanny' called Jane Marple.

Julie McKenzie is Jane Marple with guest stars Sean Biggerstaff, Samantha Bond, Georgina Moffat and Richard Briars.

### 22nd Double Sin / The Adventure of the Cheap Flat



*Don't bluff the bluffer!*

Another Poirot double bill ...

A cunning theft of some valuables, a beautiful hotel on a lake, an inexpensive flat in Mayfair and a sordid nightclub ... the mixture of two stories that both set Poirot in opposition to the facts, and to make matters worse Poirot gets help from the FBI!

David Suchet is Hercule Poirot with guest stars Miranda Forbes, Elspet Gray, Samantha Bond and John Mitchie.

### 29th Allegory of Love



*"Not more flipping elves!"*

The worlds of Lewis Carroll, C.S. Lewis and J.R.R. Tolkien merge with the real world when Alice is killed through a Looking Glass, when the heart takes the place of the head and when "Not more flipping elves!" is a misquote.

Kevin Whateley is Inspector Lewis with guest stars Art Malik, Adrian Lukis and Louise Dylan with Laurence Fox as Sergeant Hathaway and James Fox (his father) as Professor Norman Deering.



# DR WHO

## THE ROBOTS OF DEATH

**For Holiday Friday 12th August .... 3pm  
Wordsworth Lounge**



As we eagerly await part two of this year's split season of Doctor Who, we venture back into the past to see Tom Baker as the Fourth Doctor in the 1977 classic "The Robots Of Death".

**"To the rational mind nothing is inexplicable, only unexplained."**

The Doctor with Leela (Louise Jameson) land on a Sandminer deep in the desert crewed by many Robots but led by a cavalier groups of humans. Cavalier that is, until they start to be killed. Now the First Rule of Robotics is "A robot may not injure a human being", so who is the real killer? And why?

**"That is D-class - D for dumb - It cannot speak."  
"Has anyone told him that?"**

With guest stars Palem Salem and Brian Boucher, we are set for ninety minutes of fun, a few scares and a truly mind-blowing ending!

### COMING SOON

At Members' request, we will repeat all seven episodes of this year's Doctor from September so that it runs continuously into the second part of the Season – see September Outpost or pre-register with Paul on [paulc@truemail.co.th](mailto:paulc@truemail.co.th).



D is for Dumb – It cannot Speak

# Susie's Kids Korner



## CRAFTS TO MAKE AND WEAR

### FLUFFY FLIP FLOPS

These adorable slippers make it a cinch to slip into something cute and comfortable.



#### Materials

- Flip-flops
  - Fabric
  - Cloth scissors
- (Parental help needed with this part)**

#### Instructions

1. Select a fabric and use the cloth scissors to cut a series of 1 inch by 6 inch strips (the number of strips you'll need depends upon the size of your child's feet; the ones we made required 28 strips).
2. Using single knots, tie the strips around the flip-flop straps, pushing the knots close together as you go.
3. Keep adding pieces until your new slippers are sufficiently soft and swanky!



### ROCK NECKLACES

These wire-wrapped pendants are fun to trade. Some girls paint their names on one side and their best friend's name on the other, and wear them as a proclamation of their unbreakable bond.

#### Materials

- A small rock
- Coloured wire (we used 22 gauge)
- Scissors
- Pencil
- Needle-nose pliers
- Coloured leather cord



#### Instructions

1. Place the rock at the centre of a 15 inch long piece of wire and wrap the wire around the rock a few times to secure it.
2. Twist together the ends, then wrap the twist around a pencil to form a loop. Use pliers to close the loop, then cut off any excess wire.
3. To finish, thread a necklace-length piece of leather cord through the loop and knot the ends.



### CHOPSTICK HAIR ORNAMENT

Design your own distinctive hair decorations with a set of wooden chopsticks and a few spare craft supplies.

#### Materials

- Wooden chopsticks
- Small handsaw or needle-nose pliers
- **\*\* PARENT SUPERVISION \*\***
- Pencil sharpener
- Paint (optional)
- Wire
- Beads or feathers
- Glue



#### Instructions

1. Using a small handsaw or needle-nose pliers, cut the tops off the chopsticks so they measure about 6 inches.
2. Sharpen the pointed ends in a pencil sharpener and dull the points with a nail file. Paint them if you'd like.
3. For beaded chopsticks, cut a 10 inch length of wire and centre it about 1½ inches from the top of the chopstick. Wrap it tightly around the stick several times, then twist the two portions of wire together a few times. Thread beads onto the wire, bend the ends over, and clip off the excess.
4. For feathered chopsticks, glue feathers to the top of the stick and wrap them tightly with wire.
5. To display your dazzlingly decorated sticks, poke them into a bun or ponytail.



## JOKES FOR KIDS

**Q:** What is a bee that can't make up his mind?  
**A:** A maybe!

A gentleman is walking down the street one day when he notices a very small boy trying to press a doorbell on a house across the street. However, the boy is very small and the doorbell is too high for him to reach.

After watching the boy's efforts for some time, the gentleman moves closer to the boy's position. He steps smartly across the street, walks up behind the little fellow and, placing his hand kindly on the child's shoulder leans over and gives the doorbell a solid ring.

Crouching down to the child's level, the gentleman smiles kindly and asks, "And now what, my little man?"

To which the boy replies, "Now we run!"

# Chronic Shoulder Pain

## a problem that should not be ignored

Chronic shoulder pain can be prevented. If you are beginning to have symptoms, you should consult a medical specialist for a safe and accurate treatment that is specific to your condition.

**Dr. Wichian Jiraboonsri, an orthopedic surgeon specializing in Arthroscopy at Samitivej Sukhumvit Hospital,**



### Most common cases & causes

“Normally, I examine several patients who suffer from a variety of problems related to the shoulder, whether it involves chronic shoulder dislocation, jammed tendon in the shoulder or frozen shoulder. **The most common cases I have encountered are torn tendons in the shoulder, often found in people above the age of 40 years. This is especially common in women, as they age, coupled with regular use of the shoulder, often in wrong ways.** These include prolonged lifting of heavy weights, stretching and twisting the shoulders to reach for objects and accidents. Patients tend to wait for the pain to be chronic and to reach a stage where they are completely unable to reach for anything, before they decide to see the physician. This complicates the condition even more.

### Symptoms

Symptoms that indicate problems include

- **chronic pain in the shoulder that come and go**
- **pain in the shoulder when you move or turn around**
- **pain in the shoulder while sleeping, especially while you twist or sleep on your shoulder**
- **weakness in the shoulder when you lift objects**
- **a “click” sound in the shoulder during movement.**

### Treatment

Presently, in addition to innovative and advanced methods of diagnosis, there are other methods of treatment available, which include anti-inflammatory medications pain killers and physical therapy to reduce inflammation and contraction of muscles around the shoulder area.

**If surgery is required, then an arthroscope is used, and the surgical procedure is known as shoulder arthroscopy. This is a minimally invasive surgical procedure where a small incision is made and the wound is less than 1 cm wide.** The physician is easily able to access the area to be operated upon and to sew or repair the torn tendon. Arthroscopic surgery is safe and unlike conventional surgery, there is less damage to the surrounding tissues located close to the surgical site. There is less pain and complications and reduced time spent in the hospital. Recovery is quick and time spent during physical therapy is short, enabling patients to resume to normal activities sooner.

Despite the advances in medical treatment, it would be to our benefit if we could take measures to prevent injuries to ourselves. For those who are currently suffering from pain, do not ignore or neglect this, nor allow the pain to become chronic. With specialists and modern medicine today, there is nothing to be feared. You can rest assured, be confident and be free from any worries.

**For further information, contact Sports and Orthopedic Center, Samitivej Sukhumvit Hospital at Tel. 02-711-8181**

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- MBMG Law Office, Tax Law Firm Of The Year, Niche Advisor Of The Year, Business Advisory Firm Of The Year Asia



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