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Outpost

M A G A Z I N E



- Junior Jollies during the Holidays
- Ploenchit Charity Report
- July's Swimming Gala Winners
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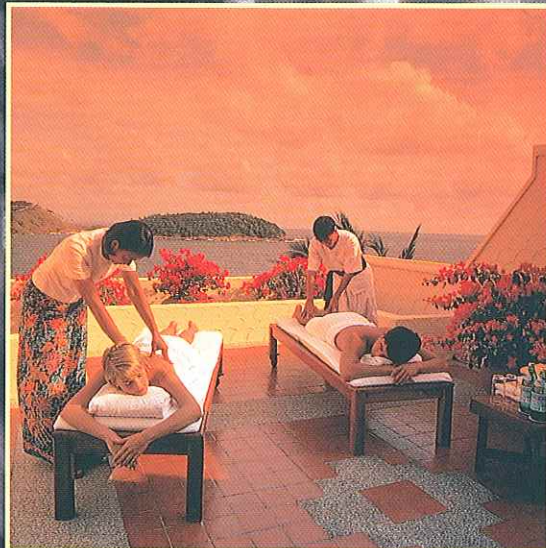
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Singapore vs Thailand

26 Oct Sri Lanka vs China
Singapore vs India

28 Oct India vs Thailand
Sri Lanka vs Malaysia

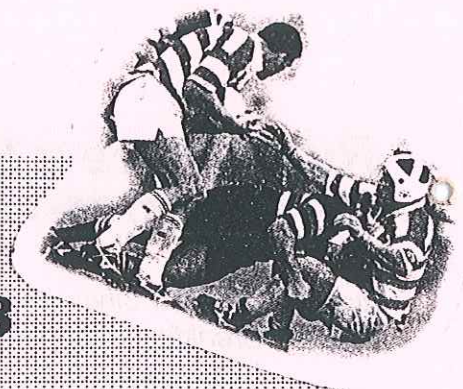
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Khun Santoon Khun Prangthip Tel: 6761415-8 Fax : 6761419

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**What's the
important
thing to
remember
before making
a move?**

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Contributions

If you would like to contribute to Outpost please contact Gaynor on
Tel/Fax: 237-4031 (home) or Tel: 2854721-2
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The Outpost Magazine

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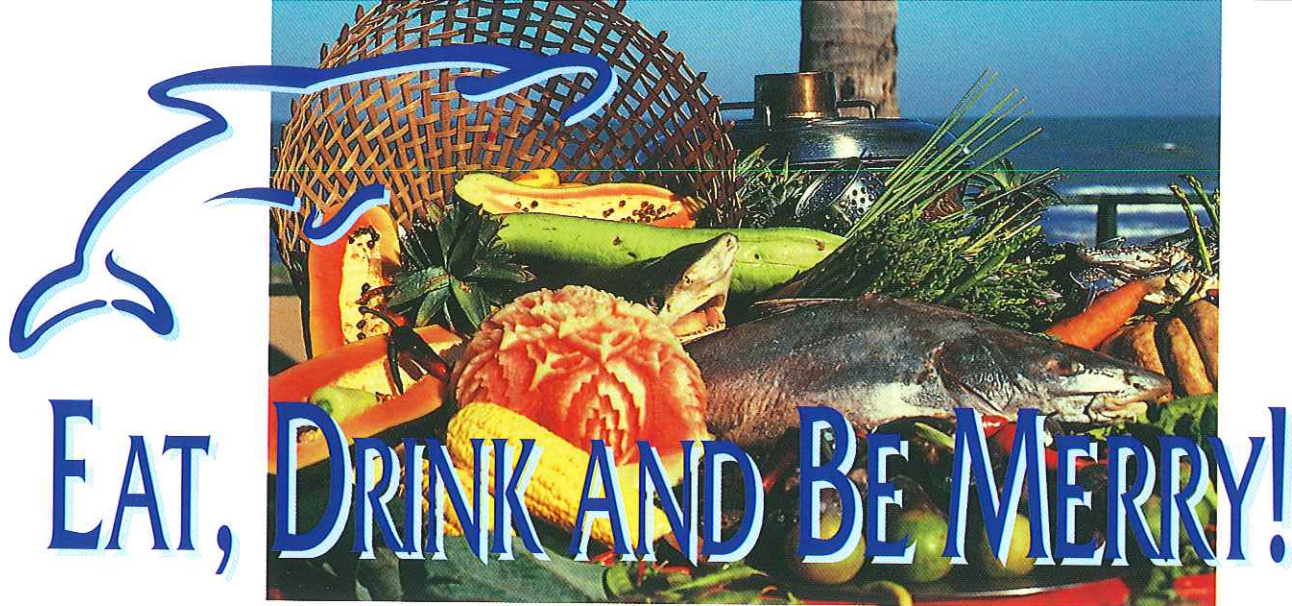
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September is where we start recovering from the holiday season; my little jaunt to Slovakia and Blighty now seems a long time ago! If I get a moment, I'll try and put an article together on Slovakia for next month, as it's an interesting place.

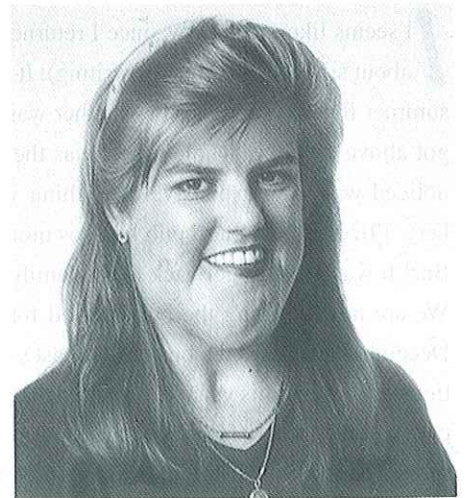
The holidays over, we have this month the pictures and reports from two of the kids programmes held during the summer holidays: the Sports Week and the Vacation Swimming programmes; looking at the photos good fun was had by all, several will have learnt something about themselves and their sporting abilities and perhaps some new friendships were forged. Next month we should have the report for the Sailing Camp held at the end of last month. I just don't know where Lisa Fitzpatrick gets the energy from! There was also a Swimming Gala in July; report and pictures are here too.

Well, one year after the untimely death of Diana, Princess of Wales, and the TV will be showing all sorts of commemorative programmes in the first couple of weeks of this month, with debate as to her contribution to society still raging in Britain. Do any members have any comments about this they'd like to share with other members?

Talking of writing in, I'm delighted to draw your attention to the Letters page starting on page 27 with contributions from five members; it's always appreciated when members get around to putting their thoughts on paper or computer screen.

As Tom mentions in his report, the silly season is indeed fast approaching, and not just at the Club — there's a timely reminder in this issue about Ploenchit Fair, still a couple of months off, scheduled for Saturday 21st November, but in great need of material assistance prior to the event. So if you or your company could donate some prizes or offer some logistical help, or if you could spare some time to help organise this massive fund-raising event, please get in touch with the UKCTC Committee. The first British community 'bazaar' held in the grounds of the British Embassy took place in 1968, so let's make this, the 30th anniversary, a really great Fair to remember. The article also has details on some of the recipients of the money raised for charity from last year's Fair.

Also in this issue is the solution to the crossword from July's *Outpost*, sadly there were no takers for the prize this time; however, those still after a liquid prize can send me some captions — take a good look at the photo on page 26, taken by Neeltje Zijlstra during the recent rugby tour to Isaan, which she unwittingly let me have, thinking perhaps that I would be including it in the Rugby section report of last month... All captions received will be judged by The Creative Partnership and the best (printable) caption awarded the bottle of booze. Get thinking!



Gaynor de Wit - Editor

A handwritten signature in black ink, which appears to read 'Gaynor de Wit'. The signature is stylized and written over a horizontal line.

Gaynor de Wit
Editor

It seems like an eternity since I returned from my holiday in England (actually only about six weeks at time of writing). It was the first time I'd been back in an English summer for 20 years and the weather was worse than I'd remembered. I don't think it got above 19°C the whole time I was there! Enough of the weather. The other thing I noticed was how expensive everything was or, conversely, how cheap everything is here. Prices for standard pub lunches more than twice what you'd pay in the Churchill Bar! It was great to get back to the familiarity and warmth of Bangkok.

We are now entering the busy period for the Club. September through to the end of December is always the busy time. Last year we averaged more than one catering function per day and this year we are set to better that. In addition, we have put on more Club events than ever before, ranging from quizzes to the Titanic Diner and from sports-related activities to The Full Monty and our sell-out food promotions.

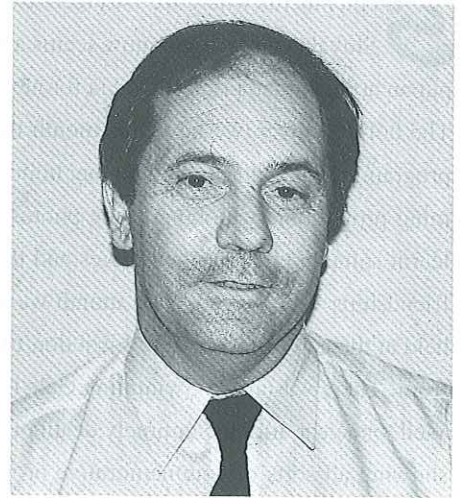
Over the next four months the following functions are being planned:

Spanish food promotion, Halloween children's party, Fireworks Night, Surin Elephant Round-up Trip, Loy Krathong event, Christmas Ball, Children's Christmas Party, Carols by Candlelight and the New Year River Cruise. In addition, there will be the popular St Andrew's Ball dance practices, plus a BCT production and possibly a BCT pantomime. Truly the time of year when the staff hardly find time to catch their breath! Please don't sit back and complain that nothing happens at the Club. Read *Outpost*, attach flyers to your fridge and look at the Club notice boards and banners. You will find a great deal is happening here. Please try to support your Club by booking for as many of these events as possible or, at least, trying to make it along for one!

As I write this, Barry is asking me to put in a special Club plug for the Spanish Food Promotion, so here goes: It will take place in Lords on 25th and 26th September from 6pm. It is a buffet dinner featuring the best of Spanish cuisine and all for the miserly sum of Bt 500 per person. These promotions are popular and space in Lords is limited so please book up as soon as possible!

Finally for F&B, don't forget the regular buffets that take place in Lords. There's the regular Sunday lunch and dinner carveries, a very popular and wonderfully relaxing way to dine at the Club on a Sunday. For the busy business executives we now also have the popular weekday lunchtime buffet. If you are in a hurry pop in for a quick, delicious meal, or if you have more time, relax or discuss business over a full three courses including starter, main course and sweet, and tea or coffee. Of course, the full à la carte menu is always available if you prefer.

Our membership drive is still going very well, with in excess of 20 memberships being sold each month. To increase sales further, the Club has employed two new sales staff, Khun Babie and Khun O (photos on Management News page). The next time you are at the Club, pop up and say hello to these two charming young ladies.



Thomas Bain - General Manager



Tom Bain
General Manager

New Membership Sales Staff

As of the 1st of August two new membership sales staff have been employed on a temporary basis (photographs right). This is to improve on the excellent membership sales we have achieved so far this year. I'm sure you will see Khun Babie and Khun O around the Club; please say hello and make them feel welcome.

Surin Elephant Round-Up

This month is your last chance to book for the Surin trip as we have to book the train tickets. The train is always heavily booked on that weekend, so if you don't get your tickets early it can be difficult. So please, if you want to go on the trip, fill in the form in *Outpost* and send in your booking as soon as you can.

Spanish Food Promotion

Book your place for the next big BC event. The Spanish Food Promotion will take place on 25th and 26th September at a cost of Bt 500 per person. Please book in Lords or at Reception.

Lunchtime Buffet

There is now a lunchtime buffet every weekday in Lords. Priced at Bt 220 for 3 courses plus tea or coffee, or individually priced at Bt 55 for soup or starter, Bt 120 for a main course, Bt 55 for dessert and Bt 15 for tea or coffee. If you're looking for an easy lunchtime meal look no further than the Club. Full à la carte is still available if you prefer.

Churchill Bar Closing

The normal closing time for the Churchill Bar is 11pm; however, the Bar may stay open later if members require it. In future, the additional hours will be limited to 12 midnight on Sunday to Thursday and to 3am on Friday and Saturday evenings.

These new times commenced on 1st August.

Coaching

Group Tennis and Swimming coaching has re-commenced this month. Please sign up for these in the Fitness Centre. Enquiries to Lisa (Sport and Recreation Coordinator) about these courses and also private tuition.

Aerobics Aqua Classes

These classes have started again as of the beginning of the month. Aerobics every Monday and Friday at 9.30am on Squash Court #3. Aqua aerobics every Tuesday and Thursday at 10.30am.

Swimming Gala

This month's Gala is on Sunday 13th September from 10.30am-12.30pm. PLEASE sign up BEFORE the day to make it easier for the organisers. All children from 2 years and up and adults are encouraged to participate. See you there!

Masters (Adult) Swimming and Junior Squad Training

Both of these training sessions are under way again. Please see Lisa in the Fitness Centre to register your participation. Masters runs every Tuesday and Thursday evenings from 6-7pm. Junior Squad starts at 6pm every Friday.

Dancing Classes

As promised, these will commence on Tuesday 29th September. The first 6-week course will be Ballroom Dancing. This will be followed by a course of Latin American Dance. Each session will be for 2 hrs & 40 mins hours, from 7-9.40pm. The cost of the 16 hour course will be Bt 2,800. There is a discount of 10% to members who enrol in BOTH courses (i.e. Bt 2,520 per course). Note that there is a minimum



Khun Babie and Khun O, the new Membership Sales staff

of 10 persons required.

So dig out those dancing shoes...! Please sign up at Reception NO LATER than 18th September. For more information, please ask Lisa.

Ten Pin Bowling Night - Thursdays

British Club Bowling night at the Rama III Central Shopping Plaza (top floor, near the cinema) every Thursday night from 7-8pm. ALL MEMBERS are encouraged to come along and have a bowl. Shoe hire is Bt 30 and the cost of games is Bt 65 per game. Meet in the Churchill Bar at 6.30pm OR at the venue at 7pm. BC Fitness Centre staff will be there to get you started.

Starting Thursday 24th September — no need to sign up... just turn up and enjoy!!

Special Offer

Sports bags are ON SALE this month in the Fitness Centre for the very cheap price of only Bt 150. Limited number available. Don't miss out — buy NOW!

Squash Coaching

Available every Saturday from 9am-12. Book a session at the Fitness Centre. Cost is Bt 250 for 45 minutes.

Volleyball

Every Sunday afternoon at 4pm on the back lawn, commencing 13th September.



Simon and Matinee

Simon and Matinee Thomson

Quantum Distribution is the home of the Thomsons; Kiwi Simon is GM of the company and Matinee works there part-time. Both of them play tennis and squash, and while Simon also plays golf and cricket, Matinee enjoys swimming, cooking and gardening. Here for an unknown time, this

is Simon's second overseas posting as he spent a year in London.



Vinit and Divya

Divya and Vinit Dhariwal

Both Vinit and Divya work for BV Intertrade; they've been here for just over a year and expect to be here "forever, I guess". As far as sports go, Vinit is a cricketer and Divya plays badminton, but on the hobbies front Vinit notes that he has too many hobbies to list!



John and Joy

John and Joy Forsyth

Aussies John and Joy have just arrived for a 3-year stint in Thailand; John is a banker, the Chief Risk Management Advisor at Bangkok Bank, no less. John and Joy have two grown kids, one a consultant and one a trainee lawyer; John apparently has no sport or hobbies listed but Joy plays bridge.

Previous postings include South Africa (where both were born), England, Australia and New Zealand.



Niki and Aaron

Niki and Aaron Frankel

Niki (Nurith) is an attorney with Bangkok International Associates while Aaron is the creative bod at Litehart; both Bangkok 'old hands' with Niki born here and Aaron a long-stayer. Niki lists her main sport and hobby as 'bar', whether legal or of the alcoholic persuasion is unclear, but she also

enjoys acting (already involved in the BCT), swimming, badminton, aerobics and simply vegging; Aaron is another bar fan and also plays tennis and badminton and enjoys sailing, scuba diving, climbing and computer games.



Charles

Charles and Chantal Dunn

Out here for five years on their first overseas posting, Charles and Chantal have three children: Madeleine,

who is 6 this month, Peregrine, 4, and Rosalind, 2. Charles is a Partner and Director of Linklaters and plays cricket, tennis and swimming; Chantal is also a tennis player and swims, and both list wine and looking after the kids as hobbies.



Alec

Alec and Tha Juajan Napier

Amazingly, Alec's colleagues have only just persuaded him to join after being here 4 years;

he's in international sales and marketing with Santa Fe and several of you may have seen him on the bottle stall at Ploenchit Fair. Alec is a golfer and a swimmer, and enjoys bird-watching (the feathered variety, I believe). Wife Tha was at home this evening looking after their 3-year-old daughter Arissa; Tha plays tennis and swims.

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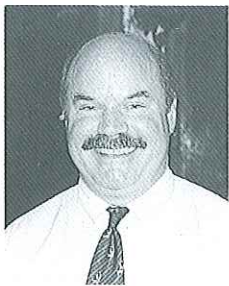

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William and Nicole

William and Nicole Nuttall

Here for three years, Antipodeans William and Nicole have decided to carve out a career raising children — they have four of them so far: twins Liam and Eloise are 4, sister Jaimi is 2 and the latest is Benjamin, born in Perth in January. In his spare time, William is the Finance Director with Readymixed Pioneer Concrete, here to cement relationships no doubt (sorry! — G); he also plays squash, hockey and golf and is a sailor while Nicole plays golf. Their first overseas posting, they lived previously at one the largest nickel/gold operations in outback Western Australia.



Gene

Gene Davis

How Gene - short for Eugene - can have been here for 10 years and only just joined the Club is beyond imagination, especially as he's a squash and tennis player and a golfer; he also enjoys swimming, jogging and scuba diving, and his hobbies include Asian folk art, wine collecting and travel. Eugene is the MD at Finansa, and has had previous postings in Japan, Italy and France.



Justin

Justin and René Davy

A much-travelled man, this, Justin is here for a few years as the Support Services Manager with

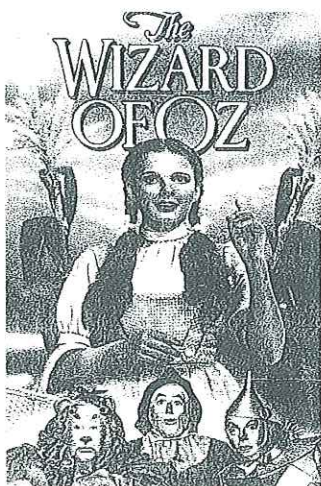
Thaipo after spells in Tunisia, Syria, Egypt, Russia, the US, Australia, Indonesia, India... His Texan wife René was at home looking after their 17-month-old daughter Kelli, who "gives me hell"! Justin is a ball player (of all shapes), playing rugby, golf, squash and tennis, while he lists René as a tennis player and a "frustrated golfer"



David

David Edmonds

Aussie David's a Partner at the recently-merged Price Waterhouse/Coopers & Lybrand conglomerate, apparently for good. While his sporting pursuits include such mundane activities as golf, tennis and fishing, the real fun starts in the evening, with his sole hobby listed as nights out with (Club Treasurer) Nick Bellamy — also an accountant — and his adventures include Safaris with Nick... the Patpong variety, ahem.



* Please note the role of Dorothy requires a good singing voice and can be played by a girl of 14 years +

The Wizard of OZ - Auditions!

Come out, come out, wherever you are! Bangkok Community Theatre invites you to attend:

AUDITIONS!

Adults and children

Don't miss this opportunity to participate in this musical show, The Wizard of OZ! We need to cast 20 principal roles as well as the ever-popular chorus, and a complete backstage crew. Don't worry if you've no theatrical experience — just bring along enthusiasm! The show will be performed "under the stars" (in English) at the British Club in mid-November.

Where: The British Club

When: Adults (principals* and chorus) Sunday, September 6 at 2 pm or Monday September 7 at 7:30 pm

Children (8-11 years old) Sunday, September 13 at 2:00 pm

For more details on specific characters or to obtain a copy of the script, please call Angela on 258-8495 after August 27th.



Scorching Tennis/Golf Weekend in Pattaya

Another short report this month; we ain't been doing much over the summer. Following is Bruce's bauglerised report on the tennis/golf visit to Pattaya in late July. Regretfully I was unable to go due to work commitments shortly before my little jolly to Europe, so I ran the Sunday mix-in at the Club instead, during which several squash players oozed out of the woodwork and on to the courts to make an impressive 16 turn-out.

In my darker moments I wish I could be more than the mug who always carries a camera. Yet again, it's the same old story — I don't go to an event (i.e. the Pattaya weekend), and no one else bothers to take a camera, thus we have yet another photo-less report in *Outpost*.

Lotsaluv
Me

The Great Pattaya Melt

The Tennis Section's once-regular visit to Pattaya has become a little irregular since the sudden onset of financial woes but, once considerable interest among members was recognised, plans got under way to organise it for the weekend of 18-19th July. Negotiations for the preferred venue of the Royal Cliff with its 6 hard courts, at which our good friend Kamol had obtained a good room rate with free use of facilities, met difficulties when the hotel informed us that the courts would be available only between the (ungodly—G) hours of 7-9am and after 5pm. However, fortunately we had concurrently negotiated with the Dusit Resort and so we were able to switch venues with few hitches at short notice.

Although limited to just three courts, which had been our main concern, subsequent events were to show that this number of courts was at least on this occasion sufficient. Perhaps most pleasing was that tennis player "no shows", usually a major hazard for would-be BC organisers, were

very few in number. However, our golfing brethren were less fortunate as the turn-out fell way below expectation.

Most of the party arrived on Saturday morning of a weekend that turned out to be one of the hottest on record. Although the Dusit courts are right beside the sea, not a breath of air was to be felt from 8am on. Faced with such extreme conditions, it was not surprising that tennis was not the first priority that came to mind at the time. Nevertheless, from 3pm on those of us made of sterner stuff did venture forth in that veritable inferno and attempted to play, with some considerable success.

We can't claim that it was organised tennis or anything like that but it sure was fun and so our playing went on until the early evening when there was an ever-so-slight sign of what could just pass as a breeze.

The buffet was served from 7pm on and although "adequate" we felt that it could have been a bit better but the main complaint was that supplies completely ran out at the moment when most of the players were arriving in the dining room. This was put right but not until the manager's attention was drawn to the matter.

After the meal we had planned to decamp to the nearest bowling alley for an evening of 'family Bowls' but were thwarted due to the unprecedented popularity of the game there, which meant that all the rinks were fully booked until beyond midnight.

This was extremely unfortunate as all our kiddies were looking forward to the family fun and there were no obvious alternatives available. We shall certainly have to address this problem in a more professional way next time we visit as the family evening entertainment is at the heart of any successful weekend in Pattaya.

Sunday proved to be equally hot with no let-up in scorching sun and not a cloud in sight. Even at 7am the heat was pretty numbing but we still managed to get players on court and some of us stayed there until well after midday. Kn. Vorathep and David Race outlasted us all, actually managing to play 2 sets of singles before finally succumbing to the heat. Thereafter, those still able to walk made it down to the comparative cool of the poolside, there to recover with copious supplies of drinks to assuage our insatiable thirst.

I'm told that our golfing brethren experienced similar conditions but managed to enjoy themselves to the full before heading back to the Big Smoke where conditions were much the same.

From comments filtering back to me the whole weekend was rated a definite success and we are already being asked to arrange another Pattaya weekend in the near future which we hope to do with built-in improvements based on our recent experience.

So folks, watch this space for news on this and other events and don't forget to support the upcoming Tennis/Golf/Squash long weekend in Chiang Mai on 23rd-25th October.

Commissioner Gordon



The Going Gets Rough

Intrepid golf section players went where no man had gone before... Noble Place in Chonburi. Reminiscent of Royal St Lytham but without the wind, lack of water had turned Noble into a links course. "A real golf course at last," sighed Dugal. "Bang goes my handicap!" cried Gareth and all those others who had learned to play in Thailand and so far had only ever had to negotiate a bougainvillea bush.



Not Andre again!



Sponsor Peter Ford presents the MERC trophy to Bernie Adams

With rough on every side and sandtraps encircling every green it was difficult hanging on to your balls... especially your blue balls: to make life interesting each team was given a 'blue' ball and the players took it in turn to use that ball to score stableford points for their team. Well, very few blue balls made it back to the clubhouse. Nevertheless Pat Dean, Don MacKenzie and Mam Pickup succeeded

in scoring 32 points and took first prize. In the individual stableford competition Peter Ford came third with 34 points, Pat Dean second also with 34 points and Bernie Adams first with 41 points. Newcomers Nigel Holmes and Michael Staples proved their mettle on one of the most difficult courses and are to be congratulated on retaining both their white and blue balls.



Taina and Roger seal it with a kiss



Peter Ford and Ernie Jurgens looking cool at Noble

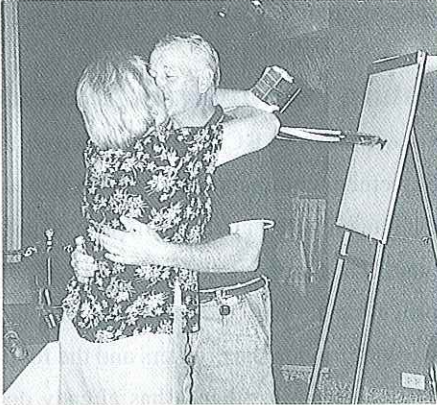
Practice Run

John Marten and Alexis Welsh turned up one week early for the match against the Lighthouse team at the wrong course and at the wrong time. They weren't spooked though and at the right time and on the right day they led the field at Subhapruek in a better ball matchplay competition. Runners up were Nigel Walker and Donal Coyne from the Lighthouse, with Bernie Adams and David Lamb in third place.

The British Club won overall 5-3 and were presented with a magnificent trophy sponsored by recruitment company **MERC**. The defeated team were the proud recipients of a metal stub... the outcome of a trophy regilding attempt. For those who are interested the Lighthouse Club in Bangkok is a charitable organisation for construction workers and their families who suffer financial hardship by way of injury or death to the breadwinner of the family.

Rysome Bowl

Husband and wife team Ray and Hazel Fazackerley won the pairs competition at Vintage in the Rysome Bowl sponsored by **Castrol**. Absent from recent competitions the couple had taken time out for

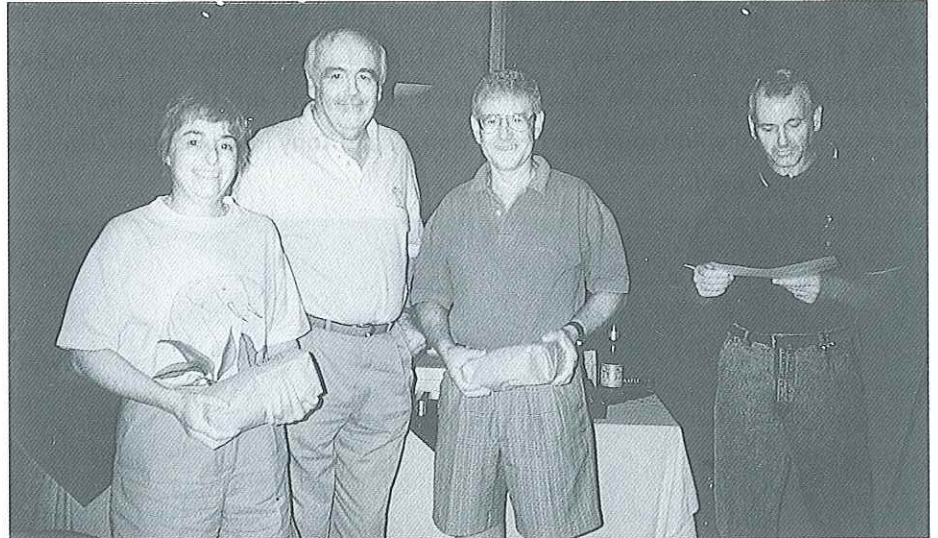


I missed you!

some coaching and team bonding. With a score of 47 points the tactic obviously did some good. Runners up were Pat Dean and Andre Tissera with David Henton and David White in third place. The individual competition was won by David Lamb with Bernie Adams second and Khun Ekasak in third place.

Curing the Slice

Did you know that Arthur Paul Pedrick of Surrey received a patent in 1974 for a golf tee linked to a Van de Graaf generator, which was operated by a golfer's foot? The



Subhapruet winners Alexis Welsh and John Marten

electrostatic charge from the generator would make the ball hover above the tee, reducing the risk of hitting with slice. Unfortunately someone at the Royal and Ancient decided that this was not permitted by the rules of the game.

Next Outings

Please also check the list on the Club notice board

- Club Day — Saturday 12th September

- Johnnie Walker Match vs Wanderers — Saturday 19th September, 7.30am, Bangpoo
- Match vs GeeGees — Saturday and Sunday, 26th & 27th September
- Club Day — Saturday 10th October, 9.40am, Vintage
- Chulalongkorn weekend — trip to Chiang Mai

Karen Carter

CSB's Helpline — Training for Life

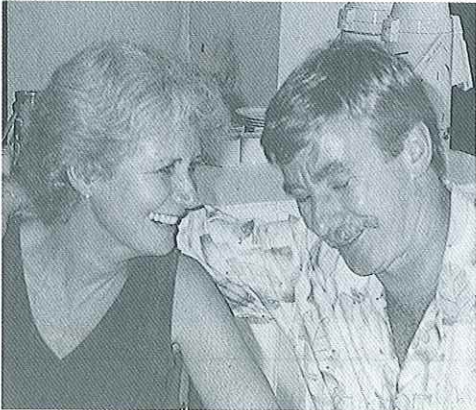
The Community Services of Bangkok runs *Helpline* for people who need it, people having problems adjusting to expat life or going through marital difficulties, people grieving or suicidal, people needing clarity during difficult times in their life. Could you be there for those people? *Helpline* is running a comprehensive training session in October and November to teach the skills of counselling, of listening without judgement, of self-awareness and of carrying out this valuable service to the community without "taking it home".

If you feel you could be an effective counsellor or would like further details, please contact *Helpline* on 662 0979.



Bye Bye Dave, Joan and Bob

King's Cup Squash Singles Championships
 Five players from the BCB participated in the King's Cup singles championships held at the Polo Club. Tom Livingston and Glen Pendry were knocked out in the first round and Peter Corney and Tony Perkovic were defeated in the second round.



Bon Voyage Annette and Bob



Barb on the grog

Glen had a close game with Poowis who won 3-2. Poowis is Peerapon's 15-year-old son. This was a fine effort on Glen's part as Poowis is training with the Thai team. Tony had to play Win, the number one seed, and did well to go down 9-3, 9-4, 9-7. I scored one point against Supich in the second round; all I can say in my defence is that there were many handouts. Colin Hastings conceded the second round to a player ranked in the top five in Thailand.

Mercure Hotel Sunday Mix-In August

The Mercure Hotel Sunday mix-in was held on 2nd August. With many players still on holiday there were only 10 participants which made for an easy afternoon and an early finish. Wayne Needoba won his section once again and Colin Hastings won the other section.

Both players won a dinner for two at the Mercure Hotel and both of them will be punished severely in the Club Handicap Tournament.

Accor Group Competition Prizes

The **Mercure Hotel Bangkok** is sponsoring the Sunday mix-in for the next 12 months. They will be presenting two dinners for two, for each Sunday mix-in as well as prizes for other competitions.

The **Accor Group** has donated three prizes for the British Club Squash Handicap tournament. These are two nights for two with breakfast at each of the Mercure Hotel Pattaya, Sofitel Hua Hin and the Mercure Hotel Bangkok.

Sponsorship for League Prizes

The **Central Plaza Hotel** has donated six dinners for two at any Central Group hotel which will be used for 6 league competitions.

Quest Media has donated 12 subscriptions to Traveller Magazine which will be divided into two prizes for six leagues. Peter Corney, Mike Smith, Suharsh Mittal and Duncan Ramsay have won

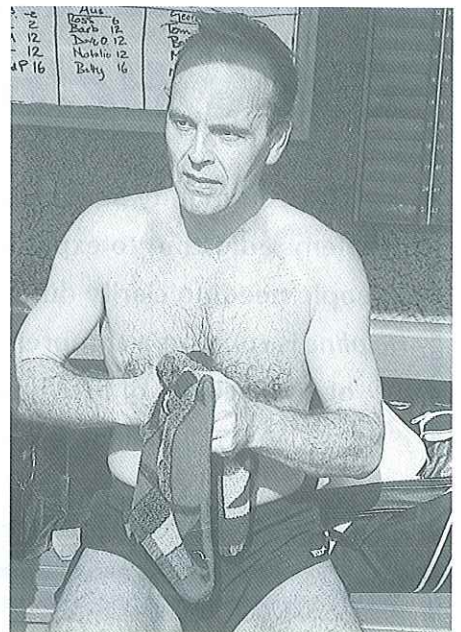
subscriptions in leagues 129 and 130.

Future Events

• **Lufthansa vs BCB** — On Sunday 20th September commencing at 1200 a British Club team will play the Lufthansa squash team. On completion Lufthansa will be providing the beer (German of course) and we will provide the drinkers and the food. Stephan from Lufthansa has already donated 8 bottles of various German beers for the next Sunday mix-in on 6th September.

• **Chiang Mai Weekend - Squash, Golf, Tennis** — It is planned to have a combined squash, tennis and golf visit to Chiang Mai for the long weekend of **23rd-25th October**. The sign-up list is on the notice board. We are hoping for about 50 BCB members to participate. This should be a great weekend as this is the centenary year for the Chiang Mai Gymkhana Club.

• **Handicap Tournament and Plate** — The Handicap Tournament and Plate will have commenced by the time this hits the streets with the finals being held on the



Good luck in NZ, Dave



26-27th September. The handicapping will not only follow ladder positions but will also follow current form with results in Sunday mix-ins providing a guide.

• **Rod Carter Open and Tony Austin Cup** — The **Rod Carter Open** tournament will be held in October with the finals being played **31st October & 1st November**. With Tony Perkovic we at least have a chance this year for a BC member to win this championships. Peerapon from the Polo Club has won this event for the last 12 years.

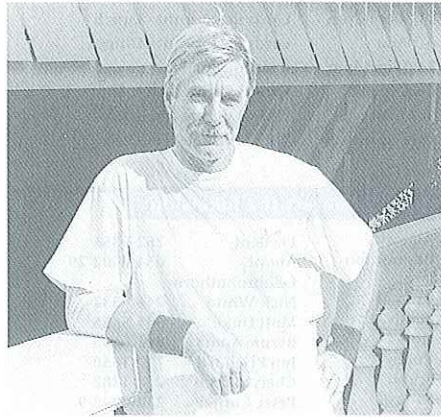
The **Tony Austin Cup** for over-45s will be played in November with finals being held on **21st-22nd November**. This event will be hotly contested this year with Colin Hastings in with a chance to finally get his name up on a board.

Members Leaving

As most members are already aware, David and Joan Jewell returned to New Zealand in July. They were very supportive of the squash section and until David was transferred out of Bangkok he was very active on the squash committee and on the court.



Bon Voyage Joan



Bob "See ya mate"

David was one of the top players in the club and always gave it 100%. I only knew him for a short time compared with other members but I found him to be a pretty good guy, even for a New Zealander. Joan, David and their two boys have our best wishes and we hope that the economy is better in NZ than Thailand.

By the time this hits the streets Bob Faherty will have returned to the UK with his family. Marvyn Lewis has submitted the following comments:

Farewell to Bob

Tenacious, athletic, versatile, fast hand speed, dodgy knees. All these attributes which always made Bob a tough opponent—nobody had an easy game against him. Although he did not reach the dizzy heights of the BC top ten Bob hovered in the 10-20 ladder position - this position reflected his ability to consume large amounts of alcohol especially in the Sunday mix-ins. He was always a friendly person and had no hesitation for a quick dash with his opponent to the bar(s) as soon as he staggered off court. It goes without say that he will be sadly missed by all squashies and we wish him and his family all the best in the UK. **Marvyn Lewis**



Which lady will I take out tonight?

Fitness Tip

Many sportsmen in the BC have minor back problems. One of the major preventative measures for back problems is to develop strong stomach muscles. Two of the best exercises for developing the stomach are the twisting crunch and the abdominal crunch.

– **Twisting Crunch:** Lie on your back with your feet on the floor. Cross your hands over your chest. Slowly lift and curl your chest off the ground, keeping your neck relaxed. The right shoulder should rotate toward the left knee. Return with a slow and controlled motion to the floor, then repeat the twist to the opposite side. Perform as many repetitions as you can, maintaining perfect controlled technique.

- **Abdominal Crunch:** Adopt the position as you did for the Twisting Crunch. Lift your chest six inches off the ground but don't twist.

New Members

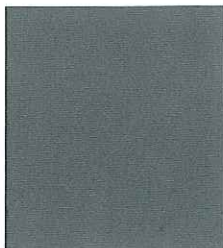
Welcome to new members, Ian Walton, Glen Pendry, Simon Thomson, Bill Anderson and Peter Norris.

Peter Corney

Calendar

British Club Sports and Entertainment Calendar - September

Sunday



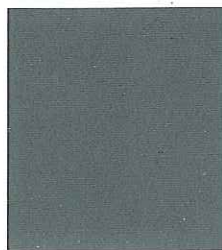
Opening Times

11.42am	Golf - Lak Krabang
10am-11pm	Churchill Bar
11.30am-2pm	Lords Restaurant - Lunch
6-10pm	Lords Restaurant - Dinner
7.30am-10pm	Poolside Bar
6am-9pm	Fitness Centre - Mon-Sat
9am-9pm	Fitness Centre - Sun/Hols
9am-5pm	Thai Massage - Tue/Sun

6

11am-1pm	Badminton - Soi Nares
12-2pm	Sunday Carvery - Lords
3-6pm	Tennis Mix - In
5.30pm	Sunday Carvery - Lords

Monday



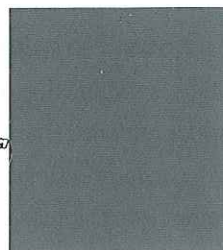
Sports - Contact the following:

Aquatics	Liz Beal	262-9351
Badminton	Anant	654-0002-29
	Leighrahathorn	
Cricket	Nick White	246-0832
Football	Matt Duke	545-5555
Golf	Bernie Adams	861-0608
Rugby	Jon Prichard	712-1650
Scuba	Cheryl Lamb	258-1382
Squash	Peter Corney	712-4398-9
Tennis	David Blowers	285-4721-2

7

8am	BWG Mahjong
9.30am	Aerobics
6-8pm	Squash Coaching
7-9pm	Tennis Team Training

Tuesday



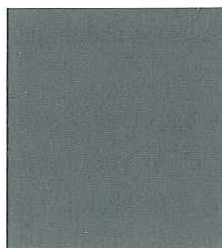
1

7am	Ladies Golf
9-11am	Ladies Tennis
10.30am	Aqua Aerobics
6-7pm	Masters (Adult) Swim Training
7-9pm	Soccer Training
8-10pm	Badminton - Soi 22
8-11pm	Friendly Bridge
9pm	Gentlemen's Spoof

8

7am	Ladies Golf
9-11am	Ladies Tennis
10.30am	Aqua Aerobics
6-7pm	Masters (Adult) Swim Training
7-9pm	Soccer Training
8-10pm	Badminton - Soi 22
8-11pm	Friendly Bridge
9pm	Gentlemen's Spoof

Wednes day



2

5-8pm	Squash Coaching
6-9pm	Tennis Mix-In
6-9pm	Squash Teams competition

9

5-8pm	Squash Coaching
6-9pm	Tennis Mix-In
6-9pm	Squash Teams competition

Thurs day



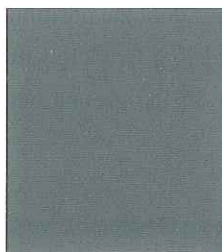
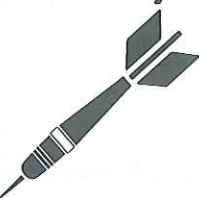
3

10.30am	Aqua Aerobics
6-7pm	Masters (Adult) Swim Training
6-9pm	Squash Mix-In
7-9pm	Rugby Training
8-10pm	Badminton - Soi 22
9-10pm	Hockey

10

10.30am	Aqua Aerobics
6-7pm	Masters (Adult) Swim Training
6-9pm	Squash Mix-In
7-9pm	Rugby Training
8-10pm	Badminton - Soi 22
9-10pm	Hockey

Friday



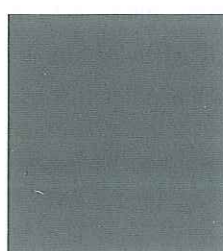
4

9.30am	Aerobics
3-9pm	BC Tennis Coaching starts
5-7pm	Happy Hour! Churchill Bar
7pm	Social Darts

11

9.30am	Aerobics
3-9pm	BC Tennis Coaching
5-7pm	Happy Hour! Churchill Bar
6pm	Junior Squad Swim Training starts
7pm	Social Darts

Satur day



5

9am-12pm	Squash Coaching
8am	Junior Tennis
9am-1pm	BC Swimming Coaching starts
8-11am	Tennis Coaching
4.30pm	Casuals Football - Soi 15

12

9am-12pm	Squash Coaching
8am	Junior Tennis
9am-1pm	BC Swimming Coaching
4.30pm	Casuals Football - Soi 15

Golf - Club Day

Don't Forget !!

- Rattle those castanets, it's the Spanish Food Promotion in Lords on Friday 25th and Saturday 26th of this month — bring the olé family!!
- It's Come Dancing at the Club! Get your dancing shoes on for a real dance experience, as Dance Classes start on Tuesday 29th! The first 6 weeks are ballroom dancing.
- Young and old alike can get a race at the Swimming Gala on Sunday 13th!

13

11am-1pm Badminton - Soi Nares
12-2pm Sunday Carvery - Lords
3-6pm Tennis Mix - In
5.30pm Sunday Carvery - Lords

10am Swimming Gala

20

11am-1pm Badminton - Soi Nares
12-2pm Sunday Carvery - Lords
3-6pm Tennis Mix - In
5.30pm Sunday Carvery - Lords

27

11am-1pm Badminton - Soi Nares
12-2pm Sunday Carvery - Lords
3-6pm Tennis Mix - In
5.30pm Sunday Carvery - Lords

14

8am BWG Mahjong
9.30am Aerobics
6-8pm Squash Coaching
7-9pm Tennis Team Training

21

8am BWG Mahjong
9.30am Aerobics
6-8pm Squash Coaching
7-9pm Tennis Team Training

28

8am BWG Mahjong
9.30am Aerobics
6-8pm Squash Coaching
7-9pm Tennis Team Training

15

7am Ladies Golf
9-11am Ladies Tennis
10.30am Aqua Aerobics
6-7pm Masters (Adult) Swim Training
7-9pm Soccer Training
8-10pm Badminton - Soi 22
8-11pm Friendly Bridge
9pm Gentlemen's Spoof

22

7am Ladies Golf
9-11am Ladies Tennis
10.30am Aqua Aerobics
6-7pm Masters (Adult) Swim Training
7-9pm Soccer Training
8-10pm Badminton - Soi 22
8-11pm Friendly Bridge
9pm Gentlemen's Spoof

29

7am Ladies Golf
9-11am Ladies Tennis
10.30am Aqua Aerobics
6-7pm Masters (Adult) Swim Training
7-9pm Soccer Training
8-10pm Badminton - Soi 22
8-11pm Friendly Bridge
9pm Gentlemen's Spoof

Ballroom Dancing starts 7pm!

16

5-8pm Squash Coaching
6-9pm Tennis Mix-In
6-9pm Squash Teams competition

23

5-8pm Squash Coaching
6-9pm Tennis Mix-In
6-9pm Squash Teams competition

30

5-8pm Squash Coaching
6-9pm Tennis Mix-In
6-9pm Squash Teams competition

17

10.30am Aqua Aerobics
6-7pm Masters (Adult) Swim Training
6-9pm Squash Mix-In
7-9pm Rugby Training
8-10pm Badminton - Soi 22
9-10pm Hockey

24

10.30am Aqua Aerobics
6-7pm Masters (Adult) Swim Training
6-9pm Squash Mix-In
7-9pm Rugby Training
8-10pm Badminton - Soi 22
9-10pm Hockey

Venues

Soi 15 NIST grounds
Soi Nares Behind Bangrak Police Station
Aerobics Surawong Room
Golf - As advertised

10-pin Bowling starts 7pm!

18

9.30am Aerobics
3-9pm BC Tennis Coaching
5-7pm Happy Hour! Churchill Bar
6pm Junior Squad Swim Training
7pm Social Darts

25

9.30am Golf vs Gee Gees
3-9pm Aerobics
3-9pm BC Tennis Coaching
5-7pm Happy Hour! Churchill Bar
6pm Junior Squad Swim Training
7pm Social Darts

Spanish Food Promotion - Lords

19

7.30am Golf - Bangpoo
8am Junior Tennis
9am-12pm Squash Coaching
9am-1pm BC Swimming Coaching
4.30pm Casuals Football - Soi 15

26

8am Golf vs Gee Gees
9am-12pm Junior Tennis
9am-1pm Squash Coaching
9am-1pm BC Swimming Coaching
4.30pm Casuals Football - Soi 15

Spanish Food Promotion - Lords



Close Finishes at the July Gala

As promised here are the times for the July Gala. There were plenty of competitors and some pretty close races, especially in the 9-10 years group. A special congrats go to the 5-6 yrs group in meeting the challenge of all their races being upgraded to 25 metres and a special note to the 7-8 yrs group who enthusiastically competed in the Individual Medley!!



Age group champions with their Speedo stopwatch prizes: Under 5 - Annika Law; 5-6 yrs - Cameron Moffatt; 7-8 yrs - Kelsey Moffatt; 9-10 yrs - Lauren Moffatt; 11-15 yrs - Nicola Clark

All of the younger age groups outdid themselves by competing over 25 metres and taking on the Butterfly — those lessons are really improving their confidence and stamina. The day ended in grand finalé style with an exciting and competitive relay race! We had lots of fun, a few surprises, great prizes and are looking forward to the next Gala on **Sunday 13th September!!** There will be a meeting on Sat 5th September at 12pm by the pool to prepare details for the gala. Any interested parents are always welcome.

Remember, gala champions are deter-

mined by a points system on the day and their names are recorded onto the Awards Plaque, so you don't have to be the best swimmer, just by having a go you gain points.

A quick note of thanks to **Speedo** for their continued support. They provide our timekeepers with stopwatches and our officials with hats and T-shirts worn on gala days. Don't forget there is a full range of Speedo bathing suits available from the Fitness Centre.

Catch you then!

Liz Beal

Aquatic Section Committee List

Chairperson	Liz Beal	262 9351
Treasurer	Janet Sparks	279 0815
Secretary	Valerie Sparks	255 7029
Swimming Galas	Rosemary Imlah	437 9693
Water Polo	Marilyn Moffatt	759 6884
Aqua Aerobics	Volunteer required	
Trophies	Volunteer required	
Sponsorship	Volunteer required	

July's Racing Heroes

50m Freestyle Open

1. Ben Quarmby 29.81
2. Graham Beal 35.79
3. Kelvin Moffatt 37.91

Record holder: Ben Quarmby 27.49

50m Freestyle 11-15 years

1. Nicola Clark 33.92*
2. Lauren Fieldus 40.00
3. Peter Helies 55.97

Boys 25m Freestyle 9-10 years

1. Joshua Beal 19.90
2. Darren Salt 21.78
3. Sila Wilke 22.58

Girls 25m Freestyle 9-10 years

1. Lauren Moffatt 18.75
2. Rebecca Clark 18.97
3. Lisa Helies 25.78

Record holder: Lauren Mann 17.38

25m Freestyle 7-8 years

1. Kelsey Moffatt 21.78
2. Jamorn Teo 23.56
3. Christopher Fieldus 23.97

Record holder: William Scott 20.09

25m Freestyle 5-6 years

1. Cameron Moffatt 32.53*
2. Tamrong 40.60
3. Alun Simpson 41.63

50m Breaststroke Open

1. Ben Quarmby 39.62
2. Kelvin Moffatt 45.56
3. Nico 59.78

Record holder: Ben Quarmby 36.57



50m Breaststroke 11-15 years

- | | |
|-------------------|--------|
| 1. Nicola Clark | 49.22* |
| 2. Lauren Fieldus | 51.42 |

Boys 25m Breaststroke 9-10 years

- | | |
|----------------|-------|
| 1. Joshua Beal | 27.93 |
| 2. Darren Salt | 29.21 |
| 3. Sila Wilke | 33.56 |

Record holder: Steven Muldoon 25.94

Girls 25m Breaststroke 9-10 years

- | | |
|-------------------|--------|
| 1. Rebecca Clark | 25.98* |
| 2. Lauren Moffatt | 27.28 |
| 3. June Tanking | 31.30 |

25m Breaststroke 7-8 years

- | | |
|------------------------|-------|
| 1. Kelsey Moffatt | 29.34 |
| 2. Jamorn Teo | 31.84 |
| 3. Christopher Fieldus | 34.59 |

Record holder: Mark Campbell 27.76

25m Breaststroke 5-6 years

- | | |
|--------------------|--------|
| 1. Cameron Moffatt | 35.22* |
| 2. Alun Simpson | 41.04 |

Open 50m Backstroke 16-adult

- | | |
|-----------------|-------|
| 1. Ben Quarmby | 38.72 |
| 2. Nicola Clark | 41.47 |
| 3. Graham Beal | 48.47 |

Record holder: Ben Quarmby 37.32

50m Backstroke 11-15 years

- | | |
|-------------------|--------|
| 1. Nicola Clark | 42.60* |
| 2. Lauren Fieldus | 52.50 |

Boys 25m Backstroke 9-10 years

- | | |
|----------------|-------|
| 1. Joshua Beal | 25.94 |
| 2. Darren Salt | 25.96 |

Record holder: Steven Muldoon 25.02

Girls 25m Backstroke 9-10 years

- | | |
|-------------------|--------|
| 1. Lauren Moffatt | 23.47* |
| 2. Rebecca Clark | 24.37 |
| 3. June Tanking | 28.53 |

25m Backstroke 7-8 years

- | | |
|------------------------|-------|
| 1. Kelsey Moffatt | 28.31 |
| 2. Christopher Fieldus | 35.68 |

Record holder: William Scott 25.89

25m Backstroke 5-6 years

- | | |
|--------------------|--------|
| 1. Cameron Moffatt | 47.44* |
| 2. Alun Simpson | 49.50 |

Open 25m Butterfly

- | | |
|-------------------|-------|
| 1. Ben Quarmby | 15.35 |
| 2. Liz Beal | 17.82 |
| 3. Kelvin Moffatt | 18.30 |

Record holder: Ben Quarmby 14.99

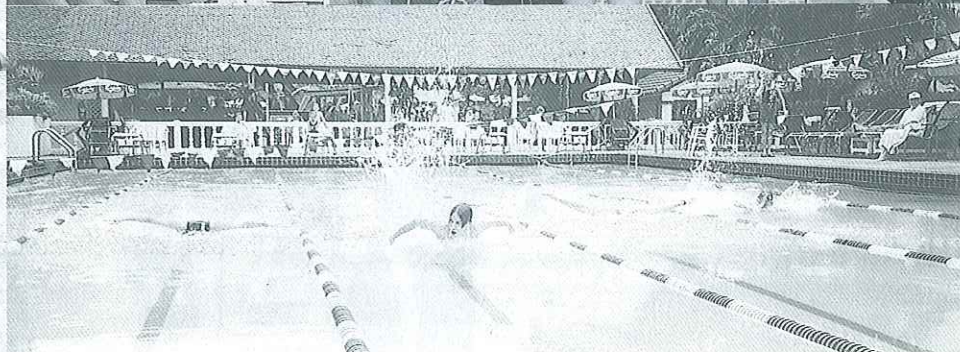
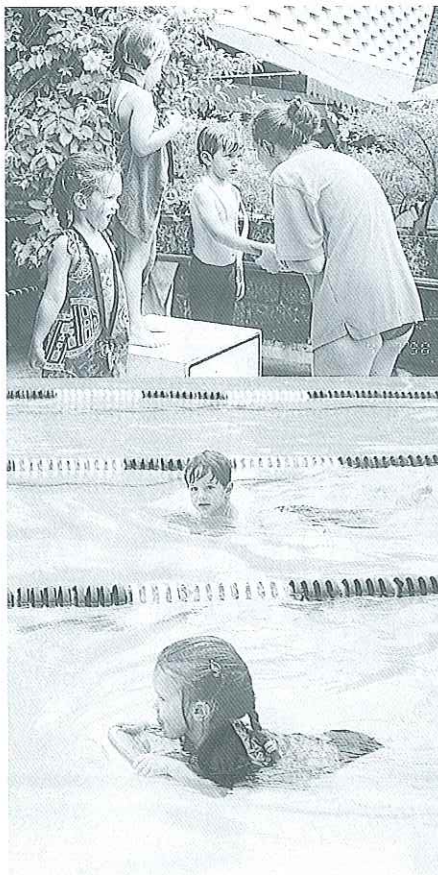
25m Butterfly 11-15 years

- | | |
|-------------------|-------|
| 1. Nicola Clark | 20.84 |
| 2. Lauren Fieldus | 22.44 |

Record holder: Laura Hughes 20.69

25m Butterfly 9-10 years

- | | |
|-------------------|--------|
| 1. Lauren Moffatt | 24.13* |
| 2. Rebecca Clark | 24.30 |
| 3. Joshua Beal | 29.09 |





12.5m Butterfly 7-8 years

- | | |
|------------------------|--------|
| 1. Kelsey Moffatt | 13.30* |
| 2. Christopher Fieldus | 16.27 |
| 3. Cameron Moffatt | 19.19 |

12.5m Butterfly 5-6 years

- | | |
|-----------------------|--------|
| 1. Billy Hill | 30.12* |
| 2. Cameron Moffatt | 32.67 |
| 3. Christopher Hughes | 38.56 |

12.5m 'Any Stroke' Under 5 years

- | | |
|---------------------|-------|
| 1. Caroline Fieldus | 31.33 |
| 2. Annika Law | 42.09 |

Individual Medley 4 x 25m Open - Boys

- | | |
|----------------|-----------|
| 1. Joshua Beal | 2.13 mins |
| 2. Darren Salt | 2.30 mins |

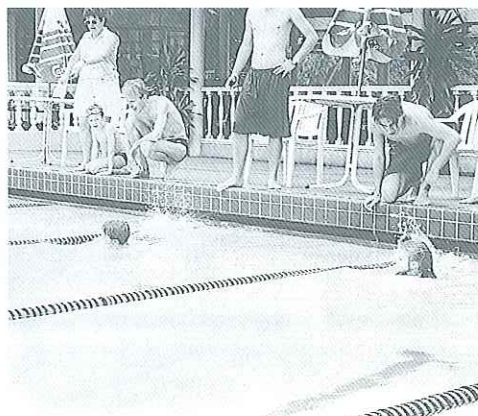
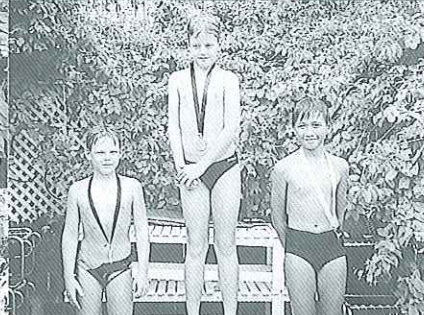
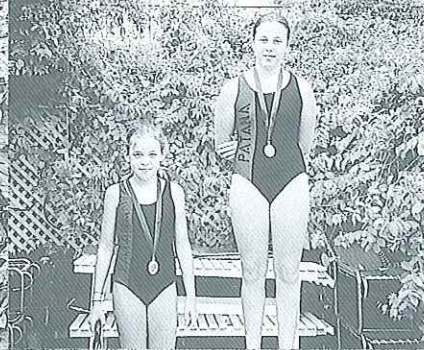
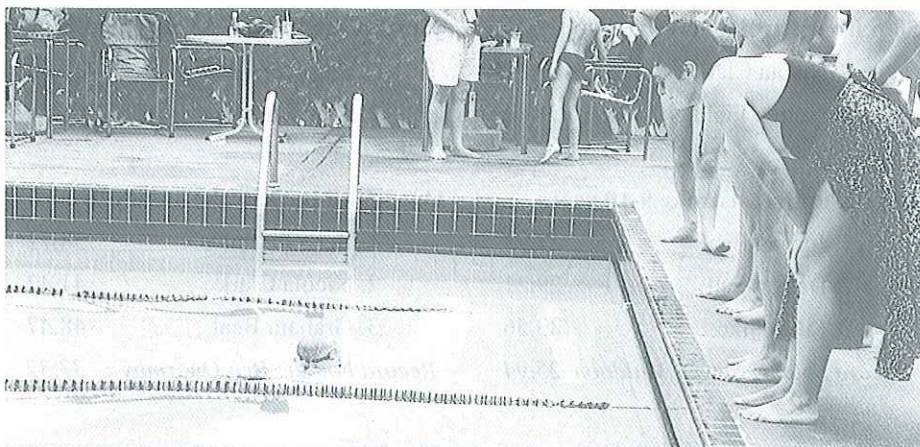
Individual Medley 4 x 25m Open - Girls

- | | |
|-------------------|------------|
| 1. Nicola Clark | 1.34 mins* |
| 2. Lauren Fieldus | 1.54 mins |
| 3. Lauren Moffatt | 2.00 mins |

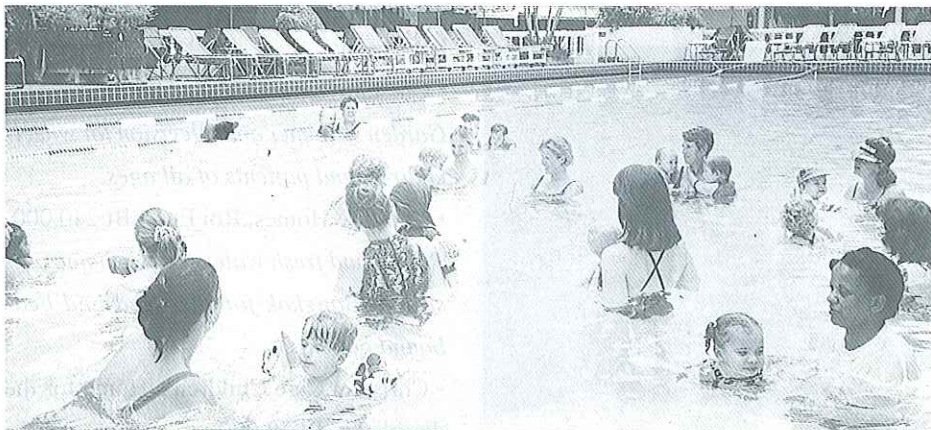
Individual Medley 7-8 yrs

- | | |
|------------------------|------------|
| 1. Kelsey Moffatt | 1.58 mins* |
| 2. Christopher Fieldus | 2.40 mins |
| 3. Cameron Moffatt | 3.12 mins |

* *New record*



It was good to see the Club still very busy over the International Schools holiday period. Lots of new members took advantage of the facilities, whilst many absent members returned for a brief holiday spell at the Club.



Splashy scenes from the popular BAMBI "Water Play-Day" promotion held at the Club on 30th July

Two courses of weekly **Vacation Swimming** classes were conducted at the end of July and early August. Both were very successful; a total of 38 certificates were awarded over the 2-week period (see details of the courses and photos on page 34).

A reminder that **Saturday Swimming Coaching** resumes on 5th September (please sign up in the Fitness Centre BEFORE then). The next **Swimming Gala** is scheduled for Sunday 13th September from 10.30am-12.30pm. Sign up at the Fitness Centre BEFORE the day.

Another holiday programme was conducted during July. A very successful **Sports Week** was held for 20 young participants. 10 sub-juniors (3-7 yrs) and 10

juniors (8-14 yrs) enjoyed a range of sporting related games and activities. See the write-up and photos on page 31-32.

At the time of writing there were 16 children signed up for the **Sailing Camp** at Royal Varuna Yacht Club, Pattaya, from the 24th-27th August. Report and photos in the next *Outpost*.

This month sees the resumption of ALL classes (Aerobics and Aqua aerobics) as well as ALL coaching courses (Friday Tennis and Junior Swimming Squad training, Saturday swimming coaching and Adult Masters on Tuesday and Thursday evenings).

New Activities This Month! ■

- **Ten-Pin Bowling Night** — at "Cosmo Bowl", 7th floor, Rama III Central Shopping Plaza every Thursday from 7-8pm, commencing 24th September. See Management News for more details.

- **Ballroom/Latin American Dancing** — classes commence from Tuesday 29th September. The first 6-week course will be Ballroom Dance, the second course Latin American Dancing. See Management



Lisa Fitzpatrick - SRC

News for costs and times.

- **Inter-Section Sports Day** — Reminder: Sunday 4th October. See your sports section committee for details of this fun annual event.

- **Special Offer** — British Club Sports Bags ON SALE this month for only Bt 150. Limited numbers available. Don't miss out!

- **Racquet Re-stringing Service** — now available from the Fitness Centre. Please ask in the Fitness Centre for details and costs.

- **Squash Coaching** — with Narongrit every Saturday morning, from 9am-12 noon. Price is Bt 250 for 45 minutes; please book at the Fitness Centre.

Lisa Fitzpatrick

It's Ploenchit Time Again!

In a couple of months time, as many of you will be aware, Ploenchit Fair rolls around again with all the fun of a British Fun Fair in the beautiful grounds of the British Embassy. This year the date is **Saturday 21st November** — mark it in your diaries!



Behind the fun of the fair is hard work and a lot of generosity

This event, which last year attracted over 22,000 visitors and raised over 5.6 million baht for charity, could not take place without the help and assistance from nearly all the British companies and Friends, the over 2,000 volunteers who help and run the stalls and attractions on the day and the firms and organisations who help us with publicity, equipment and goods and promotional materials for use in 70 stalls.

The UK Committee for Thai Charities — the organising body of Ploenchit Fair — appreciates every last bit of assistance from companies and individuals, recognising that budgets are limited again this year. Indeed, with economic conditions as they are, the purchasing power of the UKCTC to help the many needy causes has been severely diminished, thus contributions to the costs of setting up the Fair, promotional materials or donations of goods will be gratefully received and acknowledged.

Ploenchit Fair is a great day for everyone, with games, prizes, a wide variety of food

and the ever-popular drinks, but a lot of hard work goes into making it the special day that it always is. If you want further details or want to get involved, please contact any of the Committee.

Storage facilities for goods have again been offered at the old Bangkok Nursing Home, Soi Chongrak Norasee (Soi 4, North Sathorn, by the blue glass Harindhorn building) — please contact Edith Stewart after 8th September for details — or can be collected by the Committee nearer the time. The Committee this year comprises:

Carolyn Tarrant MBE T: 258 7730
F: 258 9089 E-mail: carolyn@loxinfo.co.th
Barbara Overington T/F: 258 7306
Sharon Carruthers T/F: 712 8460
Bea Grunwell T: 259 9844 F: 259 2620
Fiona Ramsay T/F: 258 1446
Gloria Moore T: 261 1961 F: 661 2381
Edith Stewart MBE T: 213 1720
F: 266 7927

Where's the Money Gone? ■

All the proceeds of Ploenchit Fair are distributed to Thai charities by the UKCTC, and among the beneficiaries in the last year have been:

- Cheshire Homes, Chiang Mai — Bt 40,000
Garden strimmer and television for wheelchair-bound patients of all ages.

- Cheshire Homes, Roi Et — Bt 240,000
Piping and fresh water for this home outside of Bangkok for the aged and bed-bound patients.

- Christian Care Children's Home for the disabled — Bt 39,000
5 wheelchairs made by the McKean's Hospital Leprosy patients.

- St Joseph's Home for the Aged and Children, Betong — Bt 200,000

Half-yearly donation for food and medicines.

- S.S.S. — Bt 350,000

Repair and extension of the roof and upgrading of playground and facilities for this home for 100 severely retarded children.

- Rayong Special Education School — Bt 10,000

Educational toys for these children who have mental and physical disabilities

- Sisters of the Good Shepherd — Bt 330,000
Annual supply of raw materials and a zig-zag sewing machine for this project for ex-prostitutes and battered women.

- Caulfield Foundation for the Deaf — Bt 150,000

Dubbing equipment and two table tennis tables.

- Project L.I.F.E., Thai-Cambodian Border — Bt 180,000

Raw materials and machinery for impoverished villagers to learn needlecraft and make school uniforms for the schools in the area.

- Foundation for Rehabilitation and Development of Children plus help for the aged, Phrae — Bt 280,000

Canes, crutches, walkers, physio equipment for children needing exercise therapy.

- Support for Children Foundation, Chiang Mai — Bt 80,000

Playground equipment for 4 homes for children of AIDS patients.

- Red Cross — Bt 50,000

Donation of a kidney dialysis machine for Chulalongkorn Hospital.

- McCormick Hospital (Rural Area Ear, Nose & Throat Hospital) — Bt 320,000

4 sets of operating room equipment/surgical instruments for their mobile units that visit the villages.

- Manorom Hospital, Chainat — Bt 330,000



Purchase of a portable defibrillator machine.

- Tak School for the Deaf — Bt 120,000

Set-up of a kindergarten with equipment and necessary facilities.

- Siam-Care Home for AIDS — Bt 150,000

Vitamins for 70+ adults who are all HIV

positive to slow down the effects of full-blown AIDS. One year's supply.

- St Joseph's Home, Betong — Bt 280,000

Towards the cost of building a new home for the orphan children.

- Christian Care Home for Children with Disabilities — Bt 160,000

Equipment for a rehabilitation centre for children up to 7 yrs.

- Rural Area Medical Aid — Bt 170,000

Purchase of medicines used by the volunteer doctors and nurses who visit remote areas throughout Thailand.

- VSO School, Pakkred — Bt 15,000

Purchase of 2 parachutes designed to help children with coordination difficulties.

Gaynor de Wit

Make the most of your British Expatriate Status

Many expatriates believe, mistakenly, that UK tax concerns only UK residents – **a misconception which can prove expensive**. It is essential to receive expert professional advice if you are to be free of the UK tax net and capitalise on being an expatriate.

Examples of costly mistakes include:

- ◆ Failing to claim the tax refund due for the year of departure.
- ◆ Failing to plan for a return to the UK.
- ◆ Failing to plan for a return to the UK.
- ◆ Wasting the potential benefit of independent taxation of husband and wife.
- ◆ Misunderstanding the new Self-Assessment system.
- ◆ Failing to plan for a return to the UK.



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APB/KEV/BKBC

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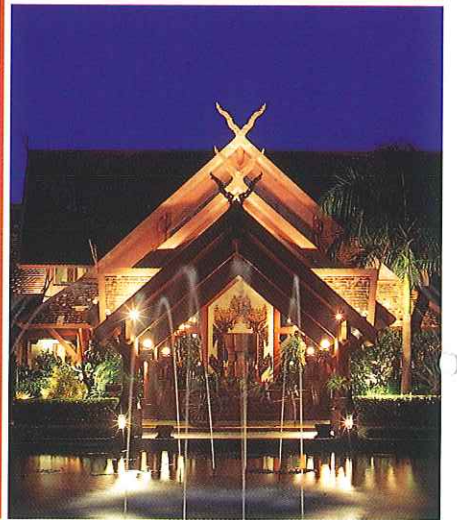
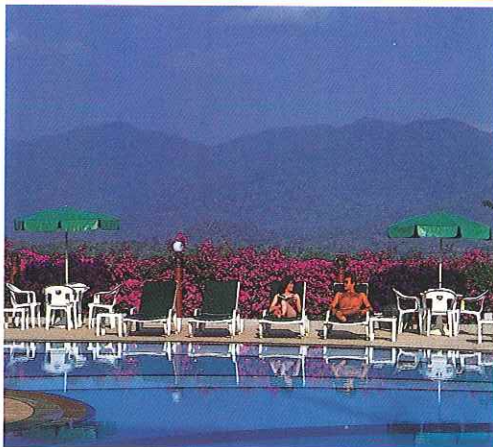
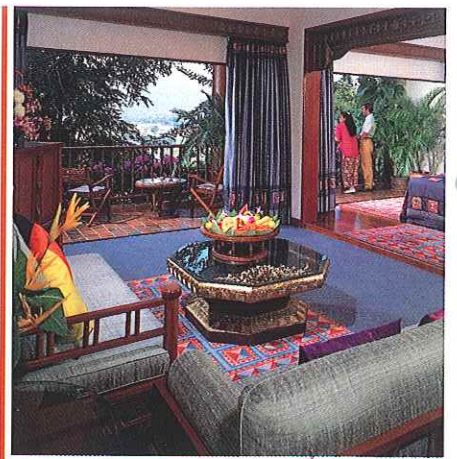


Le
MERIDIEN

BAAN BORAN
GOLDEN TRIANGLE

The Golden Triangle, Chiang Saen, Chiang Rai 57150 Thailand.
Tel: (053) 784 084 Fax: (053) 784 090

BALI • BANGKOK • BORA BORA (MAY'98) • ILE DES PINES '99 • JAKARTA • KOH SAMUI • KUALA LUMPUR '99 • MEDAN '99 • MELBOURNE • NEW DELHI • NOUMEA • PHUKET • PORT VILA • SAIPAN '99 • SINGAPORE • SINGAPORE CHANGI • TAHITI (MAY '98) • THE GOLDENTRIANGLE • TOKYO



Caption Competition!

This month's teaser is an interesting photo of a BC rugby manoeuvre taken during the recent match against Khon Kaen university, when our lads traipsed up to the wilds of Isaan. Perhaps the fresh air was getting to them when this pose was caught on film by Neeltje Zijlstra.

So..... a BC bottle of vino is on offer for the best captions; send 'em by mail to my pigeon-hole at the Club or fax to 285 4723 or email to creativ@loxinfo.co.th
The winner will be the best (printable) caption as judged by a panel of The Creative Parsnip's finest!



Dear Committee/Manager/Outpost,

We have been members of the British Club for quite a while now, although not as long as Mr Reid. Both Joe and I have in the past been very active in BC activities such as Rugby, the General Committee, the *Outpost*, Food & Beverage, Entertainment, etc. I must say we have been very laid back in recent years and not visited the Club as we did before. We still read with interest the *Outpost* magazine as it was once "my baby" anyway. This note is just to say that July's magazine was the best I have read in recent editions. Full of information, a letter to the Editor, experiences of readers in Associated Clubs and even an invitation from the Editor and the Committee to open up a discussion in *Outpost*. It would be nice, though, to have it in our letterbox before the 10th of each month!! But I do know how difficult it is to meet the deadline!

I remember well how difficult it is to get input from Members; everyone likes to use the Club, likes to moan about the Club, the Manager, the *Outpost*, the service and so on. But when asked "why don't you do something about it and write, join the Committee," people soon back off. Compliments are always hard to come by; an event that is successful usually does not receive praise, but heaven forbid when something goes wrong...

It is a shame that Kids events are still being cancelled, it is a bit of an upward struggle that one. Compliments must go to Lisa Fitzpatrick, who has proved that a Sport and Recreation Coordinator was what was needed years ago!

Barry of course keeps the excitement going in Food and Beverage and proves time

and time again that the food promotions are very successful; great job!!

Every year we use the staff and turkey-cooking facilities of the Club to have our Christmas dinner at home. This year I booked in June, so as not to be too late. The staff do an excellent job, the turkey is delicious and they make our Christmas for 25 adults and children a delight!

Surely there are things that need improving, there are and there always will be in a club anywhere in the world. But please, members, don't forget to pass some positive comments along to long-suffering committee members, editors, managers, staff, etc. From past experience it does work and it makes people want to work even harder. It is very depressing to always only be told when things are wrong! Or even better, stand for the Committee or one of the sub-committees or offer your help at some events.

Bea Grunwell, G92

To Members, Management and Committee of the British Club,

I write to express my sincere thanks to you all for the beautiful floral tribute you sent to my father, Bob Radford.

I know he spent many happy hours at the British Club, and I have fond memories of the times we were there together over the years.

He will be sadly missed, but has blessed many lives with his kindness and laughter. We have lost a gentle man, but his memory will on in many hearts.

Sincerely,

Gay Radford

Dear Mr Osborne,

Just a short note to express my satisfaction with the service I have received from Khun Matee in the Churchill Bar.

As a regular diner in the bar, I always appreciate Matee's genial manner and friendly service.

Indeed, I find the level of service from all of the staff in the bar excellent.

Well done.

Yvan Cohen, C228

Dear Editor,

The way in which our Club treats its staff is going from bad to worse.

First, their annual party was cancelled. Now the General Manager boasts (*Outpost* July 98) that — despite, in his own words, "... a background of rising food prices..." — staff have not been granted pay increases.

I call this plain bad man-management, and a shameful way to reward our loyal staff for their diligence and cheerfulness.

What do other members think?

Brian Ward, W75

Dear Editor,

So, "From the Chairman" to "Committee Witterings". Indeed a welcome change from ye same olde stereotype of years past, and Dugal's chubby little face for the past three years...! You know, we could almost be referred to as the "British Conservative Club"!

Anyway, in the July issue of the *Outpost*, the article by Mike Lamb, of Committee

fame, is a worthy contribution. The only thing I do not like about it, is that it completely ignores the most important quality of a private members club.

It has always been the tradition of British ex-pats, whenever they find themselves in a foreign country that allows them to do so, to organise a "club". It is a wonderful tradition, copied by many over the years, and our British Club, right slap bang in the middle of what is now downtown Bangkok, is a shining example of this very British characteristic.

Just a few words here for the benefit of newcomers to Thailand. It was the British, with the help of the Scandinavians, a good one hundred years ago, who organised the Royal Bangkok Sports Club, on land provided by His Majesty King Chulalongkorn. Having achieved this, the British wanted to have a club of their own, so His Majesty gave them permission to purchase the two lots on Surawongse Road that is the site of the British Club to this day.

I have seen our British Club develop, from the early fifties to the present day. I can remember seeing the buffaloes, spending the night in the open ground around Patpong, waiting to be taken to Klongtoey, for shipment to Hong Kong, as live cargo the next day. Patpong has changed a bit since then, of course, but it was not that long ago. Going back even further, before the war (WW1, that is), the British Club was a very select club; for instance, if you were an engineer, you were not considered worthy of membership...!

Today, we still have some rather odd rules that we are required to accept, and which I would suggest should be subject to further debate. One of the prime purposes of hav-

ing our own private club is to have a place to entertain guests. Just about all of us are here on business, so our club is not just a place to relax, to unwind after a long day in the office, but a place to take friends and associates for a drink or a meal, and talk business. They take us to their clubs, so bringing them to our club is the perfect alternative.

We would all agree that such guests may not use the Club's facilities: snooker, tennis, squash, nothing. I would say, not even on a three times a year basis. If they like what they see, then they can give serious thought to becoming full-time members.

This is our club, so we have the right to bring friends and associates in for a drink and a meal, as often as we like. It is a prime reason as to why we have a club in the first place. It has nothing to do with profit for the F&B account. But of course it all helps, because the F&B account must at least break even, so as not to be a loss to the members.

We cannot be too rigid in our rules, relax a little bit, because this three times only rule is not helping the members. What about the football and rugby players who practise at the Club every week. I understand that half of them are not members. Are we going to put a stop to this; certainly not, we are a friendly club. Take them in for a drink and a meal, special circumstance, and this applies to the squash and tennis sections, when they are working up to a tournament, but that's it, and such guests do not use any other Club facilities, except of course the washrooms. No harm done, and our ex-pat manager can keep an eye on things.

James A. Reid, R11

.....

Editor Replies:

Many thanks to Bea for her letter; compliments are indeed very hard to come by, yet they can act as such a motivator for improvement and loyalty. As for the problem of getting members actively involved, the frequent criticism that Outpost is little more than a sports report at times holds some truth simply because the sports section contributors are among the very few members willing to write articles and take photos, and on a regular basis at that.

An active Letters Page can inspire members' participation, enough at least to prompt some to reply, giving different viewpoints or adding new experiences on a subject. The above is testimony to this, and as an editor it's pleasing to see; I'm grateful to all those who send/fax/email their thoughts.

With regard to James' letter, there is definitely a point of debate over the entertainment of guests and business associates in the food outlets of the Club as opposed to the regular Club use by non-members for sport purposes, especially as the former contribute to Club profit whereas the latter incur real expense to members in higher maintenance charges to cover the increased wear and tear on facilities; another facet of the wide-ranging discussion on the membership issue. Do any other members, sport-playing or otherwise, have opinions on this issue, or any ideas as to how this dilemma can be resolved to most members' satisfaction? — G.

BC Surin Elephant Round-Up Trip

“Certainly the most stylish trip available.”

On 13th November the British Club will once again be packing the cooking utensils and sleeping bags ready for you to join them on this very exciting, once-a-year event—the elephant round-up in Surin, which makes news around the world.



An elephant extravaganza, with 250 of the giant beasts demonstrating their noble place in Thailand’s history, along with a cast of hundreds of people, in a superb show the sheer scale of which is unmatched anywhere else in Thailand. Young and old enjoy this event, with the Club securing prime covered seating for the entire show. Leaving Bangkok’s Hua Lumphong train station at 8.30pm in air-conditioned sleeper cars, the tour arrives in Surin at around 5am, where you are whisked off to a local

school for a (Thai-style) shower and a hearty BC breakfast. At around 7.30am we set off for the showground nearby. The show keeps you spellbound for over 4 hours (a cushion for the wooden bench is recommended); from there we take you to a tranquil historic Khmer ruin site for a leisurely and delicious BC picnic, washed down by a tippie or three from the BC mobile bar!

The afternoon comprises a trip to the famous Phanom Rung temple, a much-restored Khmer temple high on a hill with spectacular views over the Buriram plains and



across to the Cambodia border hills. There’s also a fascinating market at the site. Back to the school for dinner à la BC and a wander round Surin town before getting back on the train at 8pm, and before you know it you’re back in Hua Lumphong.

We expect the price for this wonderful trip to be around Baht 3,700 for adults, Baht 2,700 for children 4-16 years and Baht 1,200 for children under 4. As the trip takes place in November, this price is still a guesstimate; the total price will depend on the price for the train ticket, bus rental and show entrance.

Photocopy and Fax Back to the General Manager On 235 1560

I, _____ (name), _____ (Club number), would like to reserve the following spaces on the **British Club Surin Elephant Round-Up Trip**:

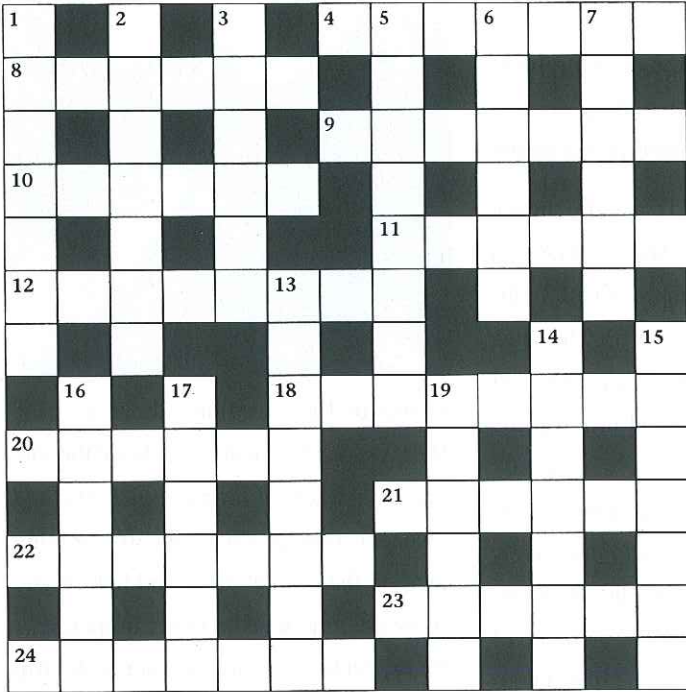
Adults (names):

Children (names and ages)

_____	_____
_____	_____
_____	_____

Bookings required by Friday 14th August

** Please note that cancellations will not be accepted after 21st August 1998 and a deposit of Baht 1,200 per person will be debited to your account on booking (not refundable after 21st August 1998) in order for the BC to reserve the train and show tickets.



Down there is the solution to the crossword from July's *Outpost* which, despite having a bounty on its head, got no takers, so either you're all completely apathetic and have missed out on an easily-winnable bottle of vino or you're all thick.

Oh well, I'll try tempting you to use them brain cells again soon, with the lure of a reward of a substance that, when drunk in excess, will go some way in ensuring the pickling of said brain cells. Perhaps that's why we've never had a repeat winner of crossword competitions...?

In the meantime, those still after a seriously cheap drink — i.e. free — and who don't wish to exercise their remaining grey matter too much can have a go at the caption competition on page 26.

Clues

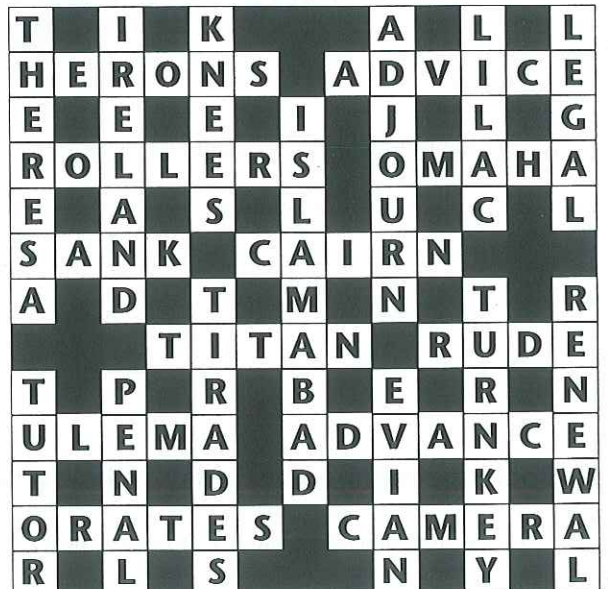
Across

- 4 Does this gorgeous girl break up homes?
- 8 "A thing may look evil in _____ and yet be in practice excellent." (Ed. Burke)
- 9 A 4 Across in the 1920s!
- 10 It is said that the Press is the Fourth
- 11 "Hm! Maybe yes, maybe no." (1'2, 3)
- 12 Very quickly cut - both halves! (4, 4)
- 18 He will guide the flock
- 20 Not a downfall, but still a mistake (4, 2)
- 21 Think of something new
- 22 "In praise of ladies dead and lovely _____" (Shakespeare)
- 23 Didn't allow it to rust! (4, 2)
- 24 Stuff!

Down

- 1 Extend - a spell in prison?
- 2 It's somehow not in me to remark
- 3 Very cold circle
- 5 More than one
- 6 You can't bend if you're not!
- 7 Even round the French will make a team
- 13 Hop it, Sal, or you'll be in here!
- 14 Extra somethings
- 15 A gate round it somehow will stir things up.
- 16 "His soul was sand and his _____ was glum." (Gilbert & Sullivan, 'Yeoman of the Guard')
- 17 P.S. I got around to control the flow
- 19 It was so important to be him!

July's Prize Crossword Solution



Sports Week

A wide range of activities were put on to cater for the wide range of ages that attended the 3-day sports week at the Club on the 27th, 29th and 31st July.

A morning programme for 3-7 year olds was designed to encourage gross motor control skills, hand-eye coordination, team skills and some fine motor control skills. Activities ranged from ball skills, balancing games, games to music, gymnastic movement skills, aerobic activities and water games to painting and cookie decorating.

The afternoon programme catered for 8-14 year olds and was largely sport-based.

Skills learnt included those relating to the following sports: cricket, softball, tennis, basketball, volleyball and football. Other fun activities included an egg-throwing competition, tug-o-war, water sponge throwing and swimming games.

Both groups participated in **The Little Gym** programme, which was very popular and provided lots of challenges and rewards.

It was a fun (and exhausting) week for us

ALL! Thank you to all participants (20 in all) for supporting the programmes put together by the Club. Your support enables such events to continue. All children were very well behaved and very supportive of each other. It was a great way for them to make new friends for the holidays and beyond. New skills were learnt and greater confidence and self-esteem a valuable outcome of just a few days' activities.

See you next time!

Lisa Fitzpatrick





Bangkok Community Theatre is proud to present the September dinner theatre production of:

The Last of the Red Hot Lovers

This Neil Simon comedy is sure to be a hit with theatre-lovers of all nationalities so book now to avoid disappointment! BCT sold out well in advance of the June Murder Mystery production, so please don't wait till the last minute.

Venue: The British Club

Show dates: Thursday, Friday and Saturday, September 10th, 11th and 12th, 1998.

Tickets, which include a 3-course dinner, are B750 (B675 for British Club members) and are available now at Reception.

Tables of 10; if your group has less than 10 you will share tables. Please state when booking whether vegetarian meals are required.

See you there!

Sponsored by: Canadian Airlines



British Club General Committee



**James
Young**



**Mike
Lamb**



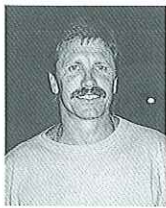
**Nick
Bellamy**



**Bernie
Adams**



**Dugal
Forrest**



**Colin
Hastings**



**David
Henton**



**Peter
Bond**



**David
Turner**



**James
Woodford**



**Tom
Bain
General Manager**



**Barry
Osborne
Operations Manager**

The Committee is:

James Young	Chairman	Tel: 712 5407-9	Fax: 712 5410
Mike Lamb	Vice Chairman	Tel: 237 0777	Fax: 237 0780
Nick Bellamy	Treasurer	Tel: 236 5227-9	Fax: 236 5226
Bernie Adams	Sport	Tel: 861 0608	Fax: 861 0484
Dugal Forrest	Club History/ Centenary	Tel: 398 3807	Fax: 399 1564
Colin Hastings	Food & Beverage	Tel: 240 3700-9 x1511	Fax: 240 3843
David Henton	Club Development	Tel: 254 6819	Fax: 254 4849
Peter Bond	Entertainment/ Promotions	Tel: 253 9521	Fax: 255 5759
David Turner	Policies and Procedures	Tel: 618 6516	Fax: 279 1234
James Woodford	Security and Membership	Tel: 326 0660	Fax: 326 1123

Club Staff

If you have any questions about the British Club or if you have any suggestions, please call any the Committee Members above or the General Manager on 234 0247, 266 4734 or 266 0597 or email us on <britclub@loxinfo.co.th>

Vacation Swimming

During the summer holiday period, 2 weekly courses of vacation swimming were run at the British Club. The first course, from 20th-24th July, was a morning programme and was very well attended. 23 children aged between 2 and 12 years took to the water like fish; regular daily lessons proving to be highly successful and rewarding for all participants. The second course was programmed in the afternoon and was similarly successful,

with 15 children between the ages of 3 and 8 years attending between 3rd and 7th August.

All participants received a certificate outlining their achievements and areas that needed improving. The photos below show the participants at their certificate presentation.

Thank you to all of the members who supported these courses. I think we all agreed that a programme such as this is extremely

valuable to reinforce good swimming practices. I look forward to seeing many of you in September, when Saturday classes resume (please sign up for these BEFORE 5th September). A reminder also that there is a Swimming Gala on Sunday 13th September.

Lisa Fitzpatrick



Security



Pest Control



Janitorial Division

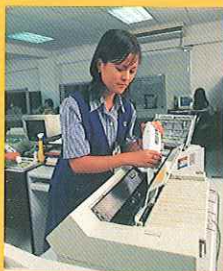


Abseil Facade Cleaning



With over 4,000 clients and 11,000 employees, PCS is the largest multiservice company of its kind in Thailand. PCS now has a Network that extends to all corners of the country, providing services to a large variety of buildings such as offices, banks, hospitals, hotels, schools, shopping malls, factories and airports.

At PCS, we provide a total service that cannot be found anywhere else; our core services include: Janitorial, Security, Pest Control, Cannon Hygiene and Air Treatment Products. These services are in turn backed up by Specialist Services which together allow us to cater for all your building requirements.



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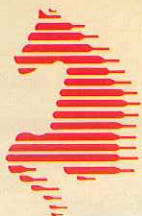
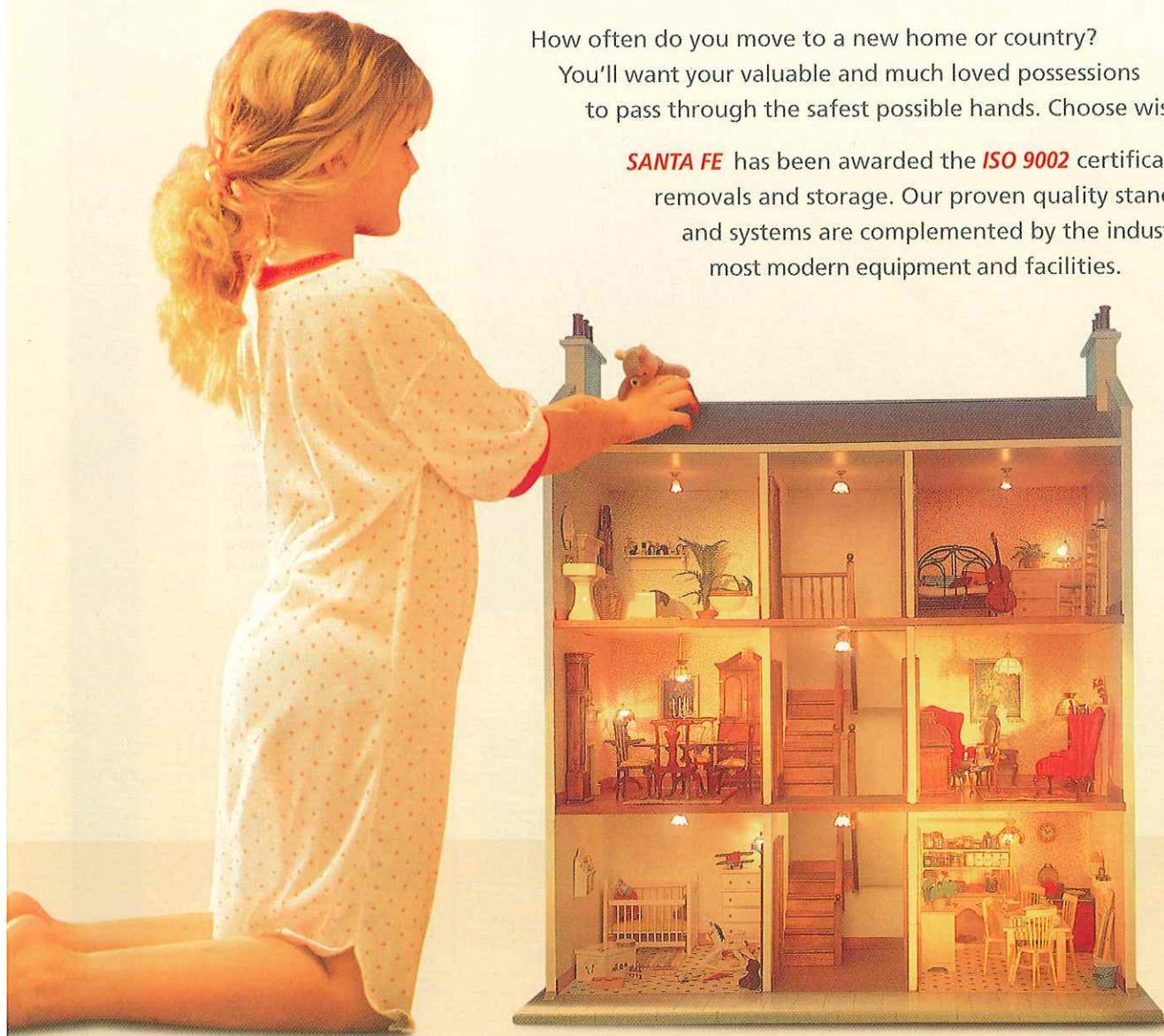
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