



Outpost

Magazine

September 2003

INSIDE THIS MONTH

WINE MAKER'S DINNER

Tasty Moments



DIVER'S DIARY

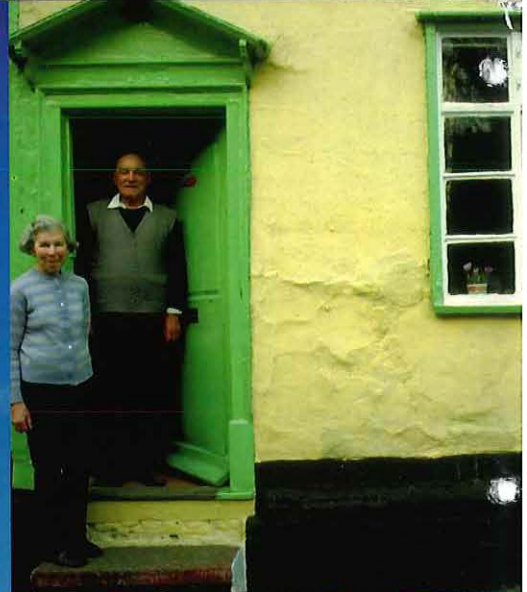
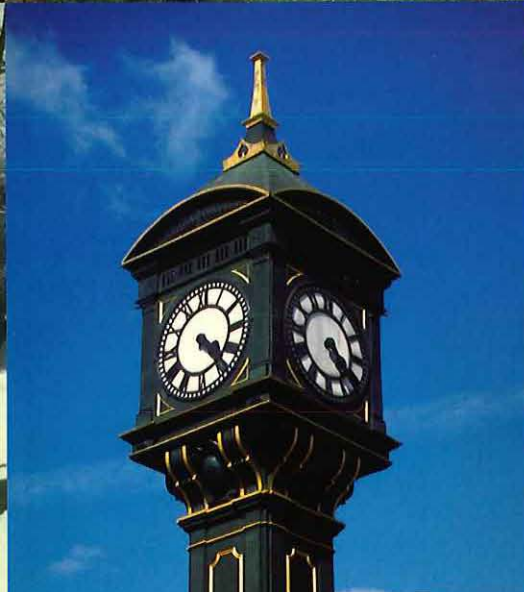
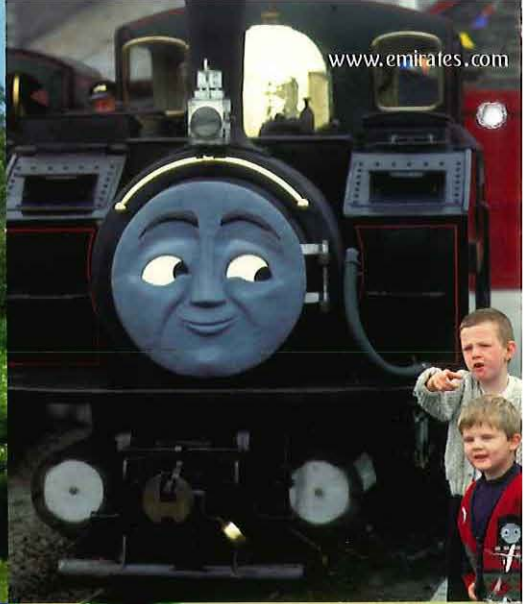
Mystic blue waters...



CRICKET

The Dick Wood Cup
2003





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CALENDAR

BRITISH CLUB SPORTS AND ENTERTAINMENT CALENDAR

SPORTS

9.00am - midday Squash Coaching
9.00am - 1.30pm BC Swimming Instruction

Saturday

SPORTS

7.00am - 1.00pm Tennis Team Practice
9.00am - 11.00am Junior Cricket
10.30am - midday Taekwondo
11.00am - 1.00pm Badminton - Soi Nares
2.00pm - 4.00pm Children's Activities
3.00pm - 6.00pm Tennis Mix-in
3.00pm Yoga

Sunday

SPORTS

8.00am BWG Mahjong
7.00pm - 9.00pm Tennis Team Practice

Monday

SPORTS

7.00am Ladies' Golf
8.00am - 10.00am Ladies' Tennis
10.30am - 11.30am Aqua Aerobics
11.30am Yoga
2.00pm - 5.30pm Swim with the Bangkok Dolphins
2.00pm - 7.00pm BC Swimming Instruction
7.00pm - 9.00pm Football Training

CHURCHILL BAR ACTIVITIES

6.00pm - midnight Ladies' Night
8.00pm - 11.00pm Friendly Bridge
9.00pm Gentlemen's Spoof

Tuesday

SPORTS

6.00pm - 9.00pm Tennis Mix-in
6.30pm Cricket Nets

CHURCHILL BAR ACTIVITIES

7.00pm Darts
7.00pm Accumulator

Wednesday

SPORTS

8.00am - 10.00am Ladies' Tennis
6.00pm - 9.00pm Squash mix-in
7.00pm - 9.00pm Rugby Training
9.00pm - 10.00pm Hockey Training

Thursday

SPORTS

9.00am ANZWG Mahjong
3.30pm - 6.00pm BC Tennis Coaching for Children
4.30pm - 5.15pm Mini Squash
5.15pm - 6.00pm Junior Squash
5.00pm Tennis Mix-in
5.30pm Swimming - Junior Squad Training
6.00pm - 7.00pm Adult Tennis
6.30pm - 9.00pm Poolside BBQ
7.00pm Children's Movie Night

Friday

Sports - Contacts

Aquatics	Susan Kreutzner-Ferguson	0 2391 5374
Badminton	Anant Leighrahathorn	0 2654 0002-29
Bridge	Winlock Hsu/ Charlene Wang	0 2921 6015
Cricket	André Tissera	0 2238 2718-21
Darts	Fitness Centre	0 2234 0247
Football	Martin Conisbee	01 860 4874
Golf	Larry Goodliffe	0 2236 9785-7
Spoofers	Steve Eaton	0 2237 9262
Rugby	Jon Prichard	0 2662 6376
Scuba Diving	Peter Gary	0 2634 7799
Snooker	Khun Kittisak	01 633 9490
Squash	Peter Corney	01 829 2253
Tennis	Terry Adams	01 639 3856

Loyal Societies

St George's	Angela Stafford	0 2632 0560 x 3037
St Andrew's	Daniel Fegan	0 1755 8737
St Patrick's	Sally Jamison Voravarn	0 9234 7074
St David's	Basia Filzek	02 286 1348

Venues

Badminton	Soi Nares, behind Bangrak Police Station
Casuals Football	Colgate Ground, Rama III
Massage	Near the Silom Sala

Opening Times

10.00am - 11.00pm	Churchill Bar
11.30am - 2.00pm	Lords Restaurant (Lunch)
6.00pm - 10.00pm	Lords Restaurant (Dinner)
7.30am - 10.00pm	Poolside Bar
6.00am - 9.00pm	Fitness Centre
9.00am - 6.00pm	Thai Massage (Tues-Sun)



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MAKE A NOTE!

Tee yourself up for the next GM's Golf Day
Texas Scramble - 11 October 2003
See "What's On" for more details

THE CLUB MAG - MORE COLOURFUL THAN EVER!

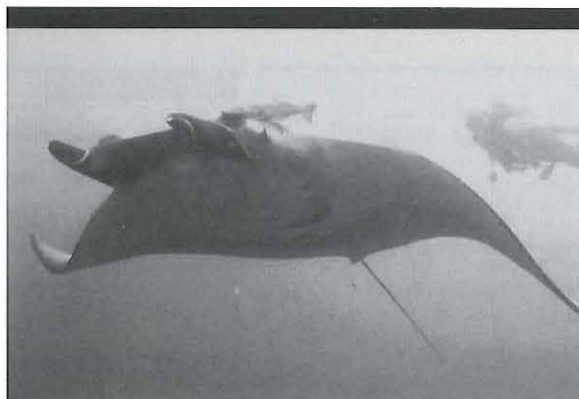
Hope you enjoy this month's new-look Outpost ... wicked, eh? Thanks to everyone who contributed in making this issue so special. Do keep those contributions coming!

Thanks from me and the team,
Sherry Conisbee, September's 'Guest' Editor

ADVERTISERS

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A mystical moment... see p.10



A Great Month of Golf ... see p.12

The British Club is a family, social and sporting club, set in relaxing grounds, conveniently located between Silom and Surawongse Roads, with an ever-growing international membership.

For details about the Club contact the Membership Marketing staff at:

THE BRITISH CLUB

189 Surawongse Road, Bangkok 10500
Tel: (0) 2234 0247
Fax: (0) 2235 1560
Email: britclub@loxinfo.co.th
Website: www.britishclubbangkok.org



OUTPOST MAGAZINE

The contents of this magazine are not necessarily the opinion of the Editor, the General Committee or the Management of the Club.

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FROM THE GENERAL MANAGER



DEAR MEMBERS,

I hope all of you had a great summer holiday - and welcome back to a brand new season at the Club.

Last month saw the start of a new F&B campaign aimed at improving the services provided to our Members. A copy of the letter mailed to you is published in this issue of **Outpost** - do please take a look if you haven't already seen it.

A new menu has already been implemented poolside ... comments please! ... and new menus will soon be introduced in Lord's and the Churchill Bar. As always, we like to hear your comments on this. Besides changing the menus, you may have noticed we've also revamped the uniforms! Club House staff are already sporting the new colour and design and soon you will see a change in the poolside and Fitness Centre uniforms.

Good news on the maintenance & development side:

- we have completed the installation of a new filter tank at the back of the Suriwongse Sala which will take away the rather unpleasant odour (!) from the far end of the sala;
- The ramp has now been finished in the corridor of the Club House to allow easy access for those in wheelchairs to the toilet for the disabled.

Many thanks to all Members who assisted us by changing to Direct Debit facilities - it is much appreciated and makes for a more efficient system.

And finally...

A little early perhaps to be thinking of Christmas but I know many of you like to plan your holiday festivities well ahead of time. So here is the date for our Christmas Ball, renamed as the "Centenary Gala Dinner" in honour of the Club's first one hundred years!

Saturday, 13th December 2003

Under the Stars

at

The British Club

Yours sincerely,

A handwritten signature in dark ink, appearing to read 'WTP', with a long horizontal flourish extending to the right.

Willem T. P. Pentermann
General Manager

GENERAL COMMITTEE MEMBERS - CONTACT DETAILS

Name	No.	Mobile	Tel. (Office)	Fax (Office)	Tel. (Home)	Fax (Home)	E-mail
David Quine	Q12	0 1854 1056	0 2252 5609	0 2252 2350	0 2252 5609	0 2252 2350	david@yes.co.th
Nicholas Bellamy	B288	0 1889 6204	0 2979 7277	0 2955 0300	0 2655 8271		nbellamy@th.mweb.com
Chris Moore	M194	0 1824 1648	0 2740 4521	0 2740 4530	0 2398 9726	0 2747 6935	chris@lasanne.com
James Young	Y25	0 1875 4737	0 2712 5407-9	0 2712 5410	0 2261 0528		jayoung@inet.co.th
David Eastgate	E64	0 1909 3026	0 2672 0123-5	0 2672 0127	0 2672 0250-603	0 2676 2061	davide@loxinfo.co.th
Greg Watkins	W119	0 9129 8004	0 2651 5350-3	0 2651 5354			greg@bcccthai.com
Peter Bond	B40	0 1355 1739	0 2656 7732	0 2656 7736	0 2252 8307	0 2656 8907	pebond@loxinfo.co.th
Sarah Allen	A93	0 1987 8806			0 2618 7813	0 2618 7811	sarahem@ksc.th.com
Angela Daniel	D90	0 9006 5259			0 2258 8495	0 2258 8495	ange@loxinfo.co.th
Paul Williams	W174	0 8149 9990	0 2216 6652	0 2216 6651	0 2216 1956	0 2216 1956	thepaulwilliams@compuserve.com

CENTENARY CALENDAR

The British Club Bangkok

Celebrating 100 Years, 1903-2003

OCTOBER

- The British Club brings you ... Top UK Comedian, Rudi West
- Rally through Bangkok

NOVEMBER

- Jazz Night at the Club with a variety of jazz bands
- Centenary Tennis Tournament

DECEMBER

- Under the Stars... Centenary Gala dinner with live music, great fireworks and exquisite food. Saturday, 13 December.

Keep an eye on the Club Noticeboards or What's On (p.16) for further details of the special Centenary programme.

Note: Copies of the British Club Centenary Book, launched with pomp and due ceremony in July, are on sale at Reception, priced at B 995.

OUT IN THE COMMUNITY

... With the National Museum Volunteers

NMV UPCOMING EVENTS

MONTHLY PROGRAM

Thursday, September 11, 10:00

Lecture on "Buddhism, Brahmanism, and Magic in Thai Society"

by Acharn Prapod Assavavirulhakarn.

All are Welcome. Coffee will be served from 9:30a.m.

COFFEE MORNING - HILTON HOTEL, NAI LERT PARK 2, WIRELESS RD

**Tuesday, September 16, 9:30a.m.
to 12:00p.m.**

57TH LECTURE SERIES 2003

Thursday, September 18

10:00 A.M. "Thai History from the Past to the Present"

by Julia West

11:00 A.M. "Rattanakosin: The Triumph of the Chakri Monarchs,"

by Mom Bongkoipriya Yugala

Thursday, September 25

10:00 A.M. "Thailand, A Buddhist Country"

by Martin Perenchio

11:00 A.M. "Infusion of Hindu Elements in Thai Art and Culture"

by Mira Kim

Admission Bt 150 for single lectures, or Bt 700 for the full series

THE GUIDING WORKSHOP

BEGINNING WEDNESDAY,

OCTOBER 1, 09:00

**The National Museum
of Bangkok Auditorium,
Naphrathat Road,
next to Thammasat University**

National Museum Volunteers (NMV) is a non-profit organization which has served the National Museum Bangkok since 1969. It has approximately 400 members, both Thai and International, with a wide range of expertise and backgrounds. One of its important support roles is to provide English, French, German, and Japanese guides for foreign visitors to the museum.

Under the auspices of the Department of Fine Arts, the NMV supports the National Museum through a variety of educational, cultural and support activities. These include The Guiding Workshop which is organised once a year and aims to train potential guides. It also provides a great opportunity for other members of the NMV to discover the amazing treasures contained within the National Museum and to learn so much more about Thai Art, Thai History, religion and cultural aspects; a useful foundation for further study. Quite often, people take part in The Guiding Workshop merely to gain further knowledge, with no intention of becoming guides. However they find that they so enjoy the guiding experience, that they too become guides. Others choose to help the NMV in a variety of different ways.

For more details contact nmvbkk@loxinfo.co.th
or phone Patrice Wilbur on 02-261-4604.

TASTY MOMENTS

WINE MAKER'S DINNER, JULY

Enjoyable memories of a superb 5-course dinner with wines from the renowned vineyard of R.L. Buller & Son, Victoria, Australia. Introductions to the various wines were made by wine maker Andrew Buller. A full house and a grand evening!



FOOD & BEVERAGE CAMPAIGN

DEAR MEMBERS

Regular users of the Club would all appreciate better service, quality and consistency of F&B. To achieve this we have recently started a food and beverage campaign across the whole Club.

It is important that you are aware of this campaign and we would appreciate your feedback based on your experience. The campaign is being managed by Barry Osborne with his two lieutenants - Khun Boonlert, Executive Chef, and Khun Vanich, Restaurant & Bars Manager.

HOW ARE WE GOING TO ACHIEVE THIS?

Supervisors and managers will be 'out on the floor' responding to your needs at all times. Ensuring that you get what you ask for in a timely and efficient manner. From your perspective, this ought to manifest itself in a number of ways:

- When you arrive menus will be brought to you and orders taken promptly.
- A supervisor will ensure that your order is delivered promptly and is on hand to provide any adjustments should this be required.
- Staff will be discreetly available should you require any further orders.
- Your account will be brought to your table so you don't have to go to the bar to sign before leaving.

We want to make your experience at the BC easier and more comfortable.

Barry and I want to provide you with an environment that you look forward to visiting and would be pleased to recommend to your friends. We believe we can make a substantial improvement in this area.

HOW CAN YOU ASSIST US?

Inform senior management about your experience by either:

- Completing a comment card, provided on all tables.
- Talking to senior management.
- Filling out a F&B campaign questionnaire (available from a Supervisor)
- Providing your thoughts in one of the suggestion books (Fitness Centre or Club House Reception)

It is very important to us that you, the Members, assist us with this campaign as without your feedback it is impossible to measure success. Barry will personally follow up on all comments. Khun Boonlert and Khun Wanich are keen to demonstrate what they and their staff can do and look forward to seeing you at the Club in the coming weeks.

Yours sincerely,

Willem T.P. Pentermann
General Manager

Barry Osborne
Operations Manager



AUDITIONS FOR "ALADDIN"

Bangkok Community Theatre is holding open auditions for English-speaking adults aged 15 and older interested in performing in the late November production of "Aladdin." Auditions will be held at The British Club on Silom Soi 18 on Sunday, September 14, 2003 at 12:30pm. (Please be prompt!)

This delightful participation play requires a cast of six adults ready to jump in and interact with the children in the audience and a small backstage crew/production team. For more information, please come to auditions or contact Bonnie Zellerbach by email bonniez@sala.net or phone 01-869-1104.



UNDERSEA FANTASY IN THE

Mystic blue waters and a natural underwater world of incredible variety... this is the raw material for a real diver's cocktail!



Five days in the Andaman Sea on a cruise ship, thirsty for a taste of pure adventure! This was one of the most exciting dive-trips I have ever been on in Thailand, and it was the ideal location for a transition from open water diver to advanced diver level.

ABOUT THE ISLANDS

The Andaman Sea is divided into 3 large areas that together guarantee at least 50 diving spots. There are the Similan Islands northwest of Phuket, Surin Island in the bay next to the Burma border, and lastly the Burma Banks. The Similan Islands are a relatively small, uninhabited group of islands except for park officials and occasional tourist groups, and in order to maintain this National Park an admission fee is payable. Compared with the Similan Islands to the South, the Surin Islands in the north are more suited to visitors wanting to hike, camp and explore rather than dive.

Koh Similan is an archipelago of 9 islands. Large granite boulders pile on top of each other, like an Ancient Maya City, Gorgonia Valley or Monkey Face. All offer spectacular dive sites, and Fantasea Reef and Coral Garden will just blow your mind.

Elephant Head is one of the most breathtaking dive sites. Koh Bon, 25 km north of Similan, consists of several beautiful pinnacles with a mystic playground for manta rays.

STARTING OUT

Heading from Bangkok by plane to Ranong we started our trip on a fresh December day without knowing what to expect. We were welcomed by a multilingual crew including a cook, 4 Divemasters, 1 photographer and 2 navigation specialists, and 10 other divers. Our boat was 20m long and 5m wide, fully equipped and spacious enough to accommodate 12 to 16 people.

Our preparation also included dive buddy/equipment check, dive briefing, organizing into buddy teams of PADI Open Water Diver

(beginner level) and more advanced PADI diver teams. Wow, how exciting, living on a boat for 4 days, with 14 dives ahead of us. With no civilization nearby, we felt a bit like pirates.

From Ranong port we sailed into the Andaman Sea at sunset. In our cabin on the first night, we tried to accustom ourselves to the new environment.

THE NEXT DAY

We awoke at 7am, and before breakfast slipped quickly into our dive gear. We completed our buddy checks and dove into the deep blue Andaman Sea. We were lucky as we had one Divemaster for each couple. The first day was the most exciting, of course, as this undersea fantasy painted itself a most beautiful picture.

Location: Surin Baggart Bay A nice reef for immersing to 16 m. Surrounded by clear water, we saw many colorful corals around the reef. Rainbow, anemone and emperor fish welcomed us joyfully on this introduction dive.

After a rich western-style breakfast of bacon, scrambled eggs and ham with toast, we dove again into the blue sea for our second dive at 11am.

Koh Tachai This dive was even more interesting with moray eels, boxfish, porcupine fish and giant carp welcoming us at a depth of 25m. By 1pm, we were starving. The cook served up a sumptuous lunch and then most divers disappeared for a much-needed nap.

Koh Bon - Sunset Dive At 21m deep, the sunlight transformed the colors and almost all the species appeared. The underwater world is definitely more aggressive and more alive at that time of evening; every living thing seems to wake up and go hunting! We saw more moray eels, angelfish, butterfly fish, parrotfish and trumpet fish. Satisfied with the dive and ready to return to the boat, we were surprised to see a couple of giant manta rays glide majestically towards us, their white-tipped 'wings' spanning 4m. They were accompanied by 'cleaner wrasses' but all other fish species faded into

insignificance in the face of these Mantas.

Unfortunately this magnificent show wasn't experienced by everyone. Half of the dive crew was at another reef with the PADI Open Water group or too low on air. It was a rare moment for me, and with these pictures in mind I looked forward to the next day with great expectations.

SECOND DAY

Monkey Face (Similans), a wreck dive This dive cruiser sank during an earlier June dive trip to the Similans, caused by the high waves and currents of a strong monsoon storm.

In a depth of 31m a Jenkins ray wallowed under the wreck, comfortable between the wreck's rotting mattresses and old window curtains. All of a sudden a giant triggerfish came towards me! Quite frightening as I had experienced a couple of triggerfish attacks in Koh Tao. Fortunately, it was just curious and nothing to be afraid of.

After breakfast we dived again at Elephant Head, so called because of the pile of granite rocks that form the shape of an elephant's head. We dove among the rocks and in and out of tunnels with amazing colorful corals blazing a path for us. It was really nice to see turtles grazing on the corals.

Jack-City (Andaman Reef) The name of this dive comes from the numerous jack fish that inhabit this site. Many small rays are also active here during the afternoon and evening. A poisonous black and white sea snake swam past but didn't seem to care about us and we observed mackerel and many spotted porcupine fish.

Advanced Night Dive With underwater torches we discovered a very different world undersea. Most amazing was the fluorescent plankton. If you waved your hands you were surrounded by tiny spark-like neon organisms. Lobsters appeared fire-red and the rainbow fish hiding under small rocks turned turquoise. We had to watch our buddies more carefully because of the extra hazards of a night dive, but we all made it safely back from our 15m night dive adventure.

THIRD DAY

Christmas Tree Point The longer on board, the better everyone wants to socialize - and some tend to forget about "closing time"! The late night party goers were suffering hangovers at 7 in the morning... some skipped breakfast... but no-one was going to miss the morning dive with

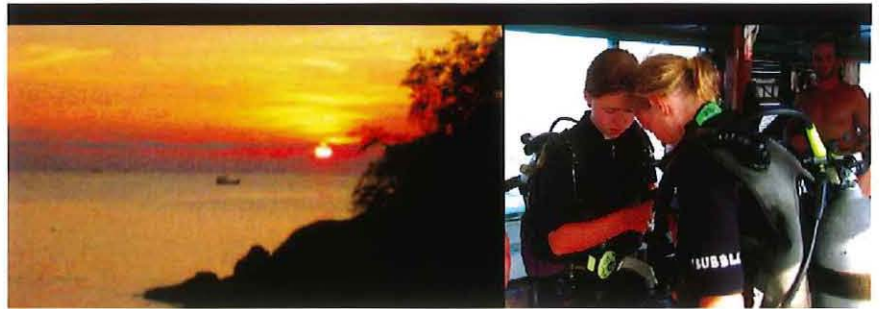
SIMILAN AND SURIN ISLANDS

the expectation of another adventure. Blue striped trigger fish welcomed the morning as well as a leopard-shark with brown beige stripes and dark spots on its back. He swam around us twice with his long wedding-dress tail. I wasn't scared at all. On the contrary, it was such a peaceful moment. And finally in hidden places - experienced divers have an eye for it - some blue-spotted stingrays.

After a very conversational breakfast, we made a couple of friends while sharing our experiences and looking forward to Koh Bon where we were to have our last Manta Show.

Koh Bon, 11am We enjoyed a drift dive along the shore, reefs everywhere, in a heavy current. As an experienced diver you never get enough of it. We saw zebra-fish, leopard-triggers and last, but not least, the overwhelming sight of a manta ray. This time he passed by just saying hello. We were so excited to see him that we almost ran out of air.

After another mouth-watering Thai meal we were ready to fill in our log-books and write our reports. It was a great opportunity to study the tropical fish book and learn about the many species we had spotted during our sightseeing.



Back to Koh Tachai On a deep dive we discovered two stonefish in wonderful pastel colors, but were careful not to touch as their sting is dangerous. A white lobster was on the seabed surrounded by yellow-red coral. Closer to the surface we saw tuna and mackerel swarms passing by. Blue striped trigger fish were now welcomed by me. How great to see them feeding from the corals. Nearing the surface for a safety stop I looked up to see a Jelly passing by just 2 cm in front of my face - they can be dangerous. On our final evening, we shared the last bottle of whisky with the crew, exchanged experiences, new ideas and addresses and promised to keep in touch.



SOME ADVICE

Here are some tips if you want to enjoy a similar experience in the adventurous environment of the Similan Islands:

- Good nutrition is an important part of diving. You need to eat regularly and have well-balanced food.
- Do not forget to double the amount of water you would normally drink. According to the air mixture we breathe during multiple dives the body requires much more water.
- If you are not a real sporty type be aware that the current is much stronger around full-moon (tide related). This means you need more air under water and every move is very tiring.
- Buy your own fins or take a pair of socks along to avoid blisters on your toes and feet from fins that don't fit properly.
- From my own experience, it would appear that the crew on a live-aboard is more dynamic and energetic at the beginning of a season! Some divemasters and instructors should perhaps take a refresher-break once in a while.
- Season: November to end April



THE LAST MORNING

Richelieu Rock, Surin Corner: The last morning's dive was a picture in purple. All the corals were purple. A purple haze with barracudas, pink cuttlefish and lots of lionfish that looked like lobsters in feathers. We had time to enjoy just one more 'farewell' dive - a relaxing, chill-out one - from the west side. A great trip!

Written and contributed by
Martina Zinkwe (Rescue Diver) M428



A GREAT MONTH OF GOLF

With temperatures soaring back in the UK, the British Club golfers are happy to report that we enjoyed a great month of golf with blue skies and only a little rain - not bad for July in Thailand. We started the month with one of our major competitions - the Dunlop Cup. Our monthly medal was played at Khao Kheow and the Queen's Cup was contested at Panya Park.



BC Lords are out in force

THE DUNLOP CUP AT SPRINGFIELD

The Dunlop Cup was played at Springfield this year. Springfield is a spectacular Jack Nicklaus designed course just outside Hua Hin. A big thank you must go to our sponsor, David Lamb of **Dunlop**, for arranging such a great deal with Springfield.

The Dunlop Cup has been on the British Club calendar since 1969. It is a three day competition with all players playing a pairs better ball stableford format on the first day. The top four teams then go through to a matchplay competition on day 2 and 3 to decide the winner of the cup while the rest of the field continue the better ball stableford format competing for the Dunlop Plate.

Andy Flynn was on hand to make the competition that little bit more interesting with a bit of betting. Each player was asked to predict which four teams would make it into the Cup. Barry and Ed Ashman and Kevin and Vicky Jones emerged as early favourites but would they make it...? We had a strong field of 24 players - a great turn out with so many of our players on home leave. The scoring on the first day was very close with only seven points separating the field. As we sat back and enjoyed a well earned beer the teams that would contest the Cup were announced. They were:

Karen Holloway and Andy Flynn	45 points
Dianne and Harland Bulow	45 points
Pete Gale and Gaew Khongyoo	44 points
Mike Staples and Pat Dean	43 points

Mike and Pat just squeezed into the Cup, beating Kevin and Vicky Jones on countback. Oh well, there's always next year! Karen and Andy cleaned up in the betting having picked themselves to qualify. In true British Club tradition, their winnings went some way towards paying our collective bar bill!

With the hard work over, we headed off to a beach front restaurant near Cha Am to enjoy some great seafood and reflect on what could have been - the odd missed putt, that ball that went in the water, the caddies that had to be sacked after three holes when it became clear this was their first time on a golf course! The meal was excellent. Thanks again to David Lamb for organising it.

Day 2: In the semi-finals of the Cup Andy and Karen played Pat and Mike and Dianne and Harland were up against Gaew and Pete. Both matches were close with Karen and Andy beating Pat and Mike 4 and 3. Dianne and Harland beat Pete and Gaew 3 and 1. The Plate competition saw most pairings scoring in the low forties, with the exception of Barry and Ed Ashman who ripped the course apart to score an incredible 53 points. Ed scored an Eagle on the 12th hole to win himself an 'eagles nest' of golf balls. Well done Ed. It seemed that the rest of the field would be playing for second place on Day 3.

Once again we rounded off a great day of golf with a great meal. This time we were in Hua Hin at Peter Golby's new Italian restaurant. A good time was had by all.

Day 3: Some early morning rain had delayed our tee off time by about twenty minutes. This allowed us to watch the groups in front of us teeing off. We were treated to some fantastic drives by some Thai children whose drivers were bigger than they were. They were a hard act to follow.

Gaew and Pete played Pat and Mike to decide third and fourth place in the Cup. Once again the match was close with Pat and Mike securing third place with a 2 and 1 victory. In the final, Karen and Andy played Dianne and Harland. The match was fairly even through nine holes but on the back nine, Karen and Andy got their noses in front and went on to win 3 and 2. Well done Karen and Andy.



Vicky tickles David's fancy!

As predicted, the plate competition was a bit of a foregone conclusion. Having scored a 53 on day 2, there wasn't much that anyone could do to stop Ed and Barry from winning the plate for the second year. Our only hope was total collapse - needless to say this didn't happen. In fact Barry and Ed followed their 53 with a very solid 48 points to win the Plate with a points total of 143. Kevin and Vicky Jones were second with 130 points.

After three days of golf, the list of technical prizes is endless. To summarise, the following people all won at least one sleeve of balls for a near pin, a longest drive or a longest putt: Gareth Sampson, Brad Weatherstone, Ed Ashman, David Lamb, Karen Holloway, Harland Bulow, Pat Dean, Tip, Kevin Jones, David Williamson, Karen Carter, Dianne Bulow, Mike Staples, Andy Flynn and Pete Gale.

This was a fantastic long weekend of golf. Congratulations to all the winners and our sincere thanks to David Lamb and **Dunlop** for their generous sponsorship of the event. Here's to another 34 years!

CLUB DAY AT BANGPAKONG

We had 18 players at our club day at Bangpakong. This was a lighthearted event which was a welcome relief after the intensity of the Dunlop Cup.



The latest from C&A...



Barry and Ed win the Plate



Andy and Karen win the Dunlop Cup



Jo gets the guy and the Cup!



Mike wins A Flight

The format of the day was a Blind Pairs Stableford competition. There was some great scoring with twelve of the eighteen players playing below their handicaps. As the pairings were drawn, those of us who hadn't played so well were hoping not to be drawn with those who had. Kevin Jones scored the highest individual points total for the round with an impressive total of 45 points. André Tissera was hot on his heels with 44 points and Barry Ashman was third individually with 40 points. But who would win the pairs competition?

Kevin was drawn with Edwin Ferner who had had a good round, scoring 38 points. That was enough for first place with a points total of 83. Adrian O'Brien and Brian Brook and Vicky Jones and Harland Bulow were in joint second place with 76 points. Unfortunately both André and Barry did not have the luck of the draw!

Fortunately André didn't go home empty handed having picked up four technical prizes - two near pins, the men's longest drive and the longest putt. Val Ashman won the ladies longest drive. Karen Carter and Brian Brooke won a near pin each.

JULY MEDAL AT KHAO KHEOW

Just to confuse us all, the July Medal was played at the beginning of August! The weather was great and the course was in fabulous condition. The scoring however was a bit mixed to say the least. There were some fantastic scores and some not so fantastic.

In A flight, both Mike Staples and Joom White showed their class scoring an impressive net 68. Mike just edged Joom to win on countback. Third place went to Pat Dean with a net 71.

Kevin Jones must have thought he had B Flight sewn up when he scored a brilliant net 63. Not quite brilliant enough though. He finished in third place! Vicky Jones was second with a net 62. Having broken 90 for the first time she too felt that she had surely done enough to win. What Kevin and Vicky hadn't bargained for was a near perfect net 60, gross 84 from Jo Goodliffe. Well done Jo.

C Flight was also closely contested with both Tom Magarry and Dianne Bulow scoring net 70s. Tom beat Dianne on countback to win his first medal with the British Club. Orin Baldwin was third with a net 80.



Kevin... shirking.

The near pins were won by Mike Staples, John Pollard, Edwin Ferner and Pat Dean. Joom White won the ladies' long drive and Kevin Jones won the men's. Jo Goodliffe sank the longest putt (on the eighteenth hole for birdie).

Congratulations to all the winners.

THE QUEEN'S CUP AT PANYA PARK

The Queen's Cup was donated to the British Club Golf Section by Karen Carter in 2002. Now into its second year, the format for the cup is a Blind Pairs Stableford competition. Each player plays their own round calculating their stableford points then the cards go into a hat and the pairings are drawn randomly once the round is completed.

The scoring on the day was pretty close and, with the exception of one or two players, who shall remain nameless, everyone was in with a chance. Kevin Jones was the master of ceremonies, ably assisted by his wife's twin sister Jojo who was visiting from the UK. At least, he thinks it was Jojo but with twins it can be difficult to tell!

The players that everyone wanted to be drawn with were Tom Magarry (40 points), Nick White (38 points), Shaun Colligan (37 points) and Edward Ashman (37 points). Adrian O'Brien was the lucky player drawn with Tom. Adrian had scored a solid 34 points and he and Tom won the Cup with a total of 74 points. Ed Ashman and Brian Brooke came second with a total of 70 points.

The near pins went to Adrian O'Brien, Pat Dean, Vicky Jones and Kevin Jones. Joom White won the ladies' long drive and Mike Staples won the men's (the new driver must be working Mike). Peter Corney sank the longest putt.

We were delighted to welcome three new players to the British Club Golf Section. Sophie and Shaun Colligan were playing their first round with us and Peter Corney his second. We hope to see you all playing with us again soon.

Vicky Jones



Larry attempts to get a word in!



Tom picks up his first medal



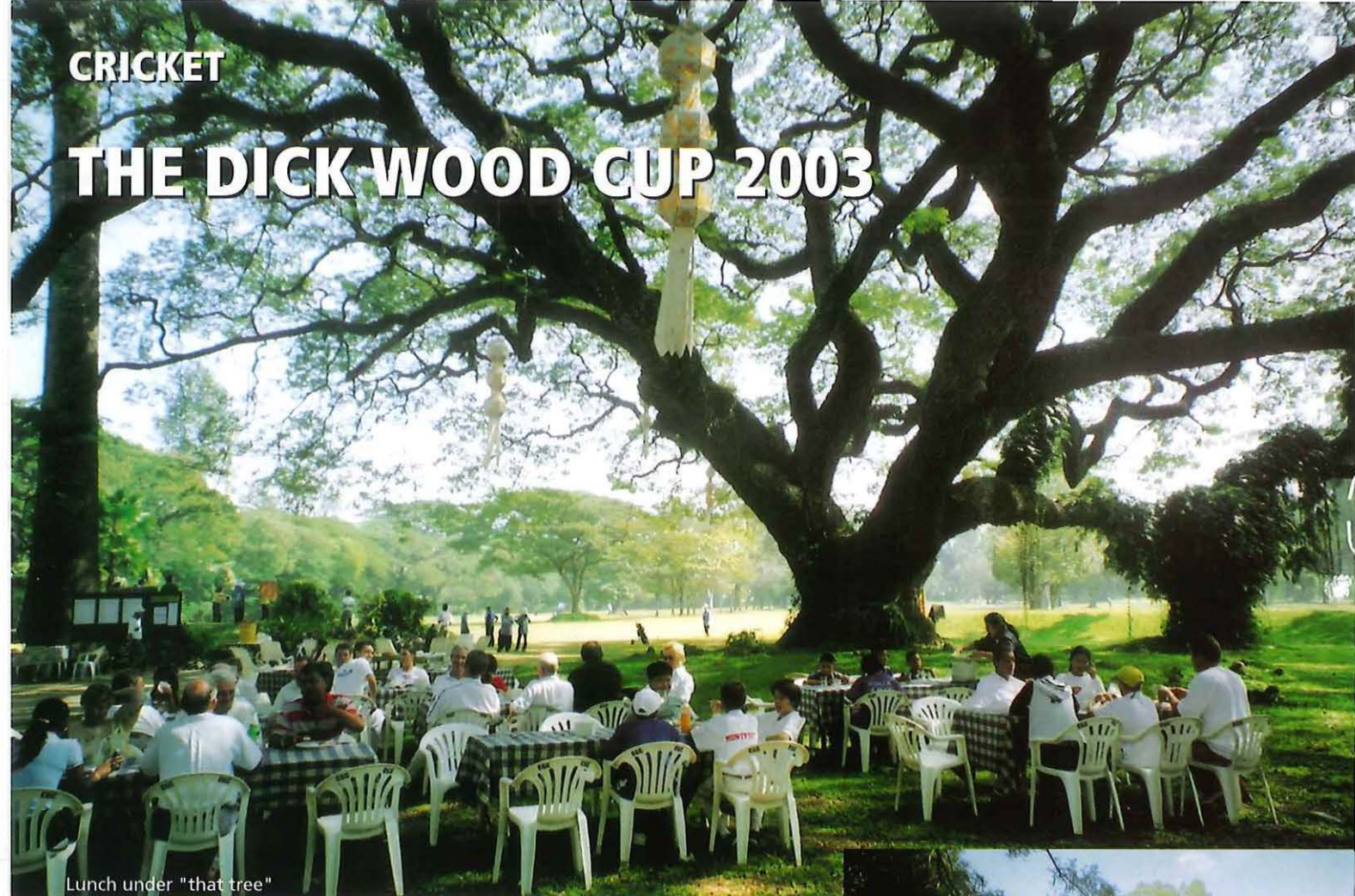
Tom and Adrian win the Queen's Cup



What, No Beer!

CRICKET

THE DICK WOOD CUP 2003



Lunch under "that tree"

Somewhere in the Churchill Bar hangs a photograph of the British Club cricket team's first visit to Chiang Mai in April 1982, a picture now reproduced for posterity in the Club Centenary book. Scattered around the world is a generation of British Club cricketers who wax lyrical about that and subsequent tours to Chiang Mai, swearing that those were the happiest days of their cricketing careers. Memories of drunken train journeys with excited kids in tow, bemused sleeping-car attendants, and yes ... the famous sleep-deprived gun-totter eloquently silenced by our noble

wicket keeper. Memories of mainly being thrashed by Zimbabwean tobacco growers, of long chases across brown-scorched turf to retrieve balls from the golf-fairways, of "that" splendid rain tree, barbecues, fabulous hospitality and riotous tours of Chiang Mai's back Sois looking for ever-elusive exotic entertainment. And of course of dear old Dick Wood who donated a trophy which became the most popular of all BC's cricket competitions. (See February's Outpost for background and Dick's obituary)

It lasted a decade with two tours every year, but



The tourists

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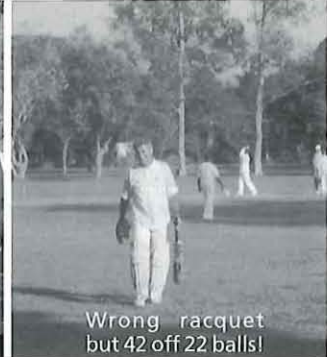
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Paul's team



Wrong racquet
but 42 off 22 balls!



Nick's team

sadly fizzled out in the early 1990s when the tobacco farmers returned home and cricket at both the Gymkhana Club and the British Club faltered. But then last year a BC romantic, David Sinclair-Jones, who once bowled leg-breaks nothing like Shane Warne, decided to resurrect the memory and get a BC team back to Chiang Mai to play for the Dick Wood Cup (DWC) once again. DSJ's idea of a team was of old pals who had mostly hung up their boots years ago ... or seen them carried off by an army of cockroaches ... and weren't sure that chasing red leather around a rather large ground in the midday sun was such a good idea any more. However, with perseverance he mustered a squad of no less than six "cricketers" all of whom had played in those earlier tours. Well this article isn't about that game. Suffice it to say that a full team was fielded thanks to the late recruitment of some local youngsters and we were thrashed out of sight. But somehow, yes, the magic was still there. All agreed it was a wonderful day and every effort would be made to make this a permanent annual fixture once again. Dick was delighted that tradition had been restored.

And so word got around. DSJ moved onto pastures new but when invitations were sent out to possible players for 2003 the response was overwhelming. A contributing factor was an agreement to make the trip a joint Cricket/Squash tour, meaning that us good-hearted cricketers would also turn out to strengthen the Squash Team whilst in turn they would give us the odd Welsh squashie to make up numbers on the cricket field. Pre-tour enthusiasm was fantastic, three net practices were organised and a few players turned up, and an eventual touring party of 20 individuals, including a blushing bride, wives and girlfriends, were booked onto various flights, all-night train journeys being out of the question in this namby-pamby modern era.

Everyone on this tour, bar one, was a current or former BC Member and as we gathered in the Red Lion for a pre-match briefing the potential seemed unlimited. Until that is, we realised that almost no-one present actually played cricket any more and the average age of the squad was 49.9 years! (George duly fined for bringing the average below 50) The Red Lion was chosen by the afore-mentioned Welsh squash captain because of its great music. And great it was, provided that your taste was 60s or pre-60s pop ... yes, we even went back to the 20s! And what fun we had! Memory is a bit dim due to a particularly strong German Weiss beer but the evening revolved around a competition to re-

call the most meaningless pieces of pop trivia. He who is height challenged and of generous girth surely won the prize with his admission of actually paying to see Helen Shapiro in 1961 with the Beatles on the supporting bill. There was the usual boys outing before bedtime and all slept soundly that night, enjoying the atmosphere and nostalgia of old Chiang Mai. None though, I suspect, was terribly optimistic about our chances on the cricket field.

On the Saturday it had been agreed that the BC team would play some kind of practice game before playing for the DWC on Sunday. This turned out to be a delightful prelude. The Gymkhana Club has been at the forefront of promoting cricket in Thai schools around Chiang Mai these last few years and has introduced Kwik Cricket to over twenty schools. For this occasion about a dozen of the more promising kids, mostly under-twelves, had been summoned for the chance of a game. It was quickly decided. Rather than embarrassing ourselves by loosing to a team of under-12 year olds it was agreed to pick two teams comprising roughly equal numbers of BC players and Thai youngsters and play a game of around 15 overs. Nick and Paul were appointed captains for communication reasons and, to their great credit, contrived that, for the most part, the Thai kids batted and bowled against each other and the BC players likewise. It was a fantastic day for the kids. Most of them had never played with a hard ball before and almost none of them had played on a proper cricket field. Many of them were from farming villages, a million light years from Lords and the world of cricket most of us have grown up with. It will be a day they will remember for years. They bowled, batted and fielded with great enthusiasm and no little skill, oblivious to the heat and the intimidating presence of a rather odd and aging bunch of farangs. The BC "lads" done us proud that day. All of them had a useful work-out and all contributed a little bit to help the great efforts of CMGC in promoting cricket in Thai schools. I can't remember who won. I know there was a couple of runs in it. It doesn't matter. If ever the old adage was true, it was the taking part that mattered, not the winning or losing. There then followed the Squash match of which the least said the better. If anyone really wants to know the result, then please refer to March 2003 edition of Outpost. Suffice it to say that our Welsh captain did not lead us to a great victory. Baaaaa.

After the squash the CMGC laid on a splendid barbecue under that wonderful rain tree and a

starry night. The company was good, the beer flowed and another old BC tradition of playing word games normally suitable for challenged six year-olds commenced. For some members of the squad these games always assumed the proportions of Brain of Britain and we were not disappointed this time. In fizz-buzz thank you Colin especially for "to my left .. 75" and in Fuzzy Duck thank you Paul for an "To my right ... er, sorry, ... no ... to my left ... Fukky Duz" and for setting a new world record of Duzzy Fuks. My favorite of the night though was "Names of ... famous ... countries Chiang Mai". Geoff Thompson was a key organizer of this tour and it was his clever ploy to win the DWC for us by getting the Chiang Mai boys pissed at the barbecue. To be honest, this tactic always looked a bit dubious and as we straggled back to our beds at the Downtown Inn that night our chances didn't look that great.

But up came the sun and the big day. The Dick Wood Cup, so played this year in memory of the lately deceased. We won the toss and showing confidence of the Nasser Hussain variety we invited CMGC to bat first. A small crowd of rather smug locals and embarrassed BC supporters politely applauded the ritual of Dr White bowling the first ball to 9 slips. The ball of course was bowled nowhere near off stump where any of the slips might have been tested, as tested they surely would have been had the ball gone anywhere near any of them. In fact at the end of a typically energetic but totally useless maiden over which bruised three of our newly wed wicket keeper's fingers, there was the distinct shuffling sound of zimmer frames as the field changed ends. "It's going to be a long day" we thought, as the ball was handed to squashy Brian to take up the challenge at the other end.

Well, as it turned out, Brian, for a squashy, bowled a nice wobbly line, which had the Chiang openers in all sorts of trouble. And thus it continued for a few overs. Much puff and pant from one end, great skill and cunning at the other but none of the Chiang Mai batsmen obliging with their wickets. As runs began to flow, our only "ringer" (and other under-45 year old), Anthony was introduced to the attack. Anthony's athletic bowling contrasted rather embarrassingly with the geriatric fielding around him, but after 12 overs the score had moved ominously on to around 45 without loss. Did our captain panic? No, of course not, for up his sleeve he held a deadly weapon and it was time to introduce Thailand's leading wicket taker to the attack. Magic! Two wickets in his

continued p. 33

WHAT'S ON

THE BRITISH CLUB BANGKOK

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SEPTEMBER

NEW MEMBER'S NIGHT

Tuesday, 9 September

Hop down to the Churchill Bar - 7.30 pm onwards - to meet old chums and enjoy the company of recently-joined members. It's a chance for a chinwag with the General Committee too! Music and entertainment from 'No Fixed Abode' - and anyone else who wants to join in.

BAR QUIZ

7.30pm on Tuesday, 16 September

Quizmaster Rodney Bain looks forward to testing you some more. Maximum of 4 in a team and a registration fee of B 100 per player.

WHISKY TASTING

Friday, 19 September

Keep walking... down to the Club for a "wee dram". Sponsored by Richmond, sole supplier of Johnnie Walker. A complimentary cocktail buffet will be provided.

OCTOBER

LAUGH ALONG WITH RUDI!

Friday & Saturday, 3 & 4 October

On Stage, Only at The British Club!!!!

Rudi West, Top Comedian from the United Kingdom, will be here to entertain us. Don't miss it! 7.00pm pre-show cocktails on the front lawn with a cocktail buffet and talented comedian - B 1,400 per person.

NIBBLES FROM NAM

Friday & Saturday, 10 & 11 October

Join us in Lord's for this exciting food promotion featuring Vietnamese cuisine, organised by the Chefs from the Victoria Hotel Group. B 750 per person.

GENERAL MANAGER'S GOLF DAY

Saturday, 11 October

Get Big Bertha out of the closet and tee yourself up for another fun day of golf with the Club. Start the day with a hearty BC breakfast in the Silom Sala from 8.30 - 9.30am.

9.30am depart for the course (TBA) for a Texas Scramble (4 players in a team) followed by dinner and Prize Giving back at the Club.

Charge B 1650 per person, inclusive of breakfast, green fee, caddy fee, transport by Coach, and a three-course dinner. Quite the bargain.

CLUB MANAGER'S NIGHT

Tuesday, 14th October

Great opportunity to catch up with fellow members and enjoy entertainment by 'No Fixed Abode'. Held in the Churchill Bar, 6.30 pm onwards. Includes a complimentary curry buffet.

AUTUMN SPORTS CAMP

Starting Tuesday, 21 October

Check out the Sports page for details of the 4-day children's Sports Camp - or visit the Fitness Centre for more information and registration.

EACH WEEK AT THE BCB....

BAR ACCUMULATOR

Every Wednesday at 7.00pm in the Churchill Bar.

DARTS

Every Wednesday from 7.00pm - the Churchill Bar.

BRIDGE NIGHT

Every Tuesday, from 7.00pm - in the non-smoking section of the Churchill Bar.

CHILDREN'S MOVIE NIGHT

Every Friday evening in the Silom Sala, 7.00pm. No charge for the kids.

CHILDREN'S PLAYTIME

Every Sunday at 2.00pm in the Silom Room. The British Club and Kids Care join together to provide hours of fun for the kids - and a movie! No charge for this event.

SPOOFING

Every Tuesday from 8.30pm - Churchill Bar.

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SCUBA DIVING

Congratulations to our recent Open Water Divers: Peter Peacock, Max Phelps, Vanessa Crompton, Christopher Steele and Jonathan Steele.



Bob Van Den Broeke busy scrubbing BCB pool tiles... 12,567... 12,568...!



Peter Peacock



Max Phelps

With SARS behind us now, the diving activity at the Club is picking up rapidly. Peter Peacock completed his certification in late May and is anxious to take his Advanced Open Water course this September.

Max Phelps completed his course in late July after recovering from a recurring leg injury while playing football. Scuba diving is a much safer sport Max!

Vanessa, Christopher and Jonathan arrived from England for a short holiday and to complete the Open Water course. Prior to this, I have had only 5 students score 100% on the written final exam. All three scored 100% and I am very pleased that my average student's final exam score has risen from 91.4 to 91.66%. Christopher and Jonathan will try to come back next Easter to take the Advanced Open Water course.

Many of you may have noticed me and Bob Van Den Broeke during several weeks in late June an early July spending many hours (54 to be exact) at the bottom of the pool thoroughly scrubbing all the tiles. The pool is getting old and requires more time and effort to maintain it properly. Don't be surprised to see me down there more often during the weekdays. We are working hard to keep the pool clean and the water clear!

Peter C. Gary

Master Scuba Diver Trainer



L-R Dive trainer Peter, Jonathan, Vanessa and Christopher on the new cement pier at south Pattaya.

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100,000 REASONS TO BE CHEERFUL (PART ONE)

It started as a drink between two Spoofers, it ended with over 100,000 Baht raised for the Pak Kret charity CCD. It was, of course, the inaugural Asian Spoofing Championship. Those with limited intellect (newspaper columnists and the like) can stop here. All others please continue...

Twenty-six Spoofers from as far away as Korea, Australia, Malaysia, Vietnam, Hong Kong and Pattaya converged on the British Club Bangkok to celebrate not only 100 years of the British Club, and not only over 100 years of Spoofing, but also a first attempt to get Asian Spoofers in one place. And by golly it worked!!!

At the end of a long Spoof in March 2003, a person of unknown origin known as The Enforcer! suggested to the Chairman (of Spoof that is) that as well as the annual Thai National Championship, we ought to hold a fundraiser in honour of the Club's Centenary. From those few words an organisation established itself that led to six companies and bars of great repute to sponsor what was latterly renamed the Asian Spoofing Championship.

Twenty-nine booked to attend, although only 26 got to the Club. Poor excuses included "my car has broken down" to "I've got too much work!". After a short practice of holding beer glasses in the Churchill Bar, the assembled moved up to the Suriwongse Room, to be greeted by free beer and snacks. A short but entertaining cabaret from The LG Bar, lead to the serious part of the day - spoofing.

It is probably true that 95% of BCB members do not understand Spoofing, and that figure includes most of those who spoof! A game of chance it is called, a game of skill it is claimed. Either way, 26 soon became 10 semi-finalists of the highest calibre.

FOOD & FINES

A welcome break then ensued as Khun Boonlert (BCB's Executive Chef) served a wonderful Roast Rib of Beef with all the trimmings - 100% the standard one expects from the Club. As said at the end of proceedings, and repeated here, the chefs and serving staff of Chanupan, Prasert, Matha and Somboon assisted (at least in presence) by Wanich and Kasem did an excellent job ensuring no glasses were empty -



With the crowd

except, of course when The Enforcer! managed to knock his drink over - twice I believe.

The evening was also greatly assisted by one known as The Butcher, who given the task of Fines Master did greatly add to the events income for fining gentlemen present for trivial matters like wearing a skirt (sorry, a kilt), spilling beer, wearing sunglasses indoors (had to be a Wallaby!) and having the gall to call '13' in a school of four. [A bit of explanation - in spoof you can hold 0 to 3 coins, thus in a school of four the maximum is 12].

BENEFICIARIES & SPONSORS

A Calcutta (won for the third time by T&A) and an auction brought the initial cash estimate raised for charity to 106,000 Baht. CCD is the Christian Care Foundation for Children with Disabilities in Thailand and works at a Government children's home in Ampur Pak Kret in Nonthaburi province - www.ccdthailand.com. The evening ended some five or six hours after it started with more delightful cabaret from The LG bar. As well as that bar the Organisers wish to thank sponsors namely Det-5, Noreigas, Carlsberg, Wallem Shipping and Bellwater.



ASC champion "The Ratcatcher" with runner-up "Septic"

AH, THE WINNER?

Well there is only one and as befits all Spoofing titles we cannot recall who came second (see picture!), but there was no doubt about the winner. A TNC himself, and suitably disqualified from the TNC last year for being late, the first Asian Spoofing Champion is 'The Ratcatcher' - and if you want to know more, you can find out any Tuesday evening at 8.30pm in the Churchill bar.

Gentlemen, When The Hands Are Out!

The Enforcer!



A spoof with Swampy, Armpit, Butcher and Shanghai

SPOOFTALK BRIEF

"Rat" Catches Asian Crown

They came, they saw, they spoofed! Emerging from the battlefield, through the shot & shrapnel, was THE RATCATCHER, Mr. Jim Howard, the Inaugural Asian Spoofing Champion. Clad in spoofers stripes and a what can be best described as a jockey's shirt, the 1990 Thai National Champion recovered from the embarrassment of being DQ'd from the 2002 Thai Nationals to beat the 26 gentlemen that assembled on a balmy Bangkok night. Mr. Howard beat 2001 Thai National Champion Mr. Arnold "Septic Tank" Troeger in the final. The Ratcatcher also found time to run a marvelous Calcutta, helping raise nearly US\$2500 for a local children's charity in Bangkok.



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AQUA AEROBICS

Tuesdays & Thursdays, starting 2 September

Time: 10.30am - 11.30am

Venue: Main Pool

Charge: B 2,500 for 10 lessons

Trainer: Is van den Broecke 01 - 692 0106

JUNIOR SQUASH

Starting Friday, 2 September

Time: 4.30pm - 5.15pm Mini squash: 5 - 7 years

Time: 5.15pm - 6.00pm Junior Squash: 8 - 10 years

Venue: Squash Court Number 3

Charge B 1,900,- for 10 lessons

BRAZILIAN FOOTBALL FOR JUNIOR SOCCER FANS (NEW)

Starting Wednesday, 3 September

Time: 3.00 - 4.00pm age range 5 - 8

Time: 4.00 - 5.00pm age range 8 - 12

Venue: Grass tennis courts.

Charge: B 2,500 for a 10 week period

JUNIOR TENNIS

Starting Friday, 5 September

With Coaches Zubin and Piyanart Engineer

Beginners: age 5 - 8 4.00pm - 4.30pm B 1,500

Intermediate: age 9 - 11 4.30pm - 5.30pm B 2,000

Advanced: age 12 - 16 5.30pm - 6.30pm B 2,500

JUNIOR SWIMMING

Starting Saturday, 6 September

B 3,000 for 10 lessons with the Bangkok Dolphins.

JUNIOR CRICKET

Starting Sunday, 7 September

Time: 9.00 - 11.00am

Venue: Back Lawn, Cricket Nets

Charge: B 3,000 for 10 lessons

Trainer: Mr. Brian Wiggins, qualified Australian coach

TAEKWONDO LESSONS

Starting Sunday, 7 September

Time: 10.30am - 12.00 noon

Venue: Squash Court 3

Charge: B 1,800 for 10 lessons

AEROBICS

Starting Monday, 1 September

B 3,000 for 10 lessons from 9.30 - 10.30am on Squash Court 3

STARTING OCTOBER

AUTUMN SPORT'S CAMP

Tues - Fri, 21 - 24 October

Four-day sports camp from 9.00am - 4.30pm. The charge is B 3,400 for 4 days or B 850 per day per child. There are many activities in which your children can participate: swimming, soccer, cricket, squash, movie-watching, painting and much more. Lunch and snack breaks are included. Please register at the Fitness Centre.

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WINNERS IN PHUKET

TOO HOT TO HANDLE

After two consecutive 10's tournaments where the boys in Pink and Black had finished runners-up - our own Cen 10's in April and the Pattaya Panthers tournament in early May - the team were simply too hot to handle in Phuket! In the six games played throughout the weekend, and in an awesome display of defence, only five tries were conceded two of which were in the final itself. (Virgin) Scribe had been accompanied to Phuket by one of the team's (Anonymous) Centenary Sponsors on Friday afternoon to cheer on the team. Having avoided a diplomatic incident on the flight down with a gay couple snogging in the business class cabin, this was put aside by a period of chilling out in the hotel bar for several hours. The two of us then attended the welcome party awaiting the arrival of the team bus from Bangkok which duly arrived after a gruelling 12 and a half hour journey, the team paraded their "wicked" tournament Hawaiian shirts with one or two sporting equally "wicked" matching hats.

LADY HOOKER

The weekend had started well enough at 8:40 am with a comfortable 24 - 0 win over Seoul Survivors whose team included a peculiar first seen by this (Virgin) Scribe - the position of hooker filled by a woman, BLOODY MARVELOUS! Unfortunately, (Virgin) Scribe and accompanying (Anonymous) Sponsor missed the game after representing the team in the previous evening's drinking! So whilst the two of us in this first match did not truthfully witness the Woman Hooker, as we were still fast asleep in our hotel, Woman Hooker was witnessed in person in several subsequent games.

The second game of the day, which started a more reasonable 10:40, was witnessed in person

by (Virgin) Scribe and accompanying (Anonymous) Sponsor. The match was against the Penaga Crocs from Brunei and the game started with a simply beautiful catch by Captain Eddie Evans from the kick off and whilst still within the first minute Grant Rogers had scored under the posts. First half tries followed in the 4th minute by Russell Wells and by Khun Kitti in the 5th minute. The second half commenced in similar fashion with a try by Khun Che in the first minute followed by a try by Khun Dang in the 3rd minute and at 35 - 0, this was to be the final score when the final whistle was blown. After this game, it became clear that as the vast majority of the squad were unknown to (Virgin) Scribe and as most were on the field or sidelines when the match was in progress, (Virgin) Scribe being located in what he thought was the press box but in fact was remarkably similar to the main stand, it was quite impossible to keep an accurate record of names of scorers, and this would simply have to stop. This was in part due to the fact that the vast majority of the team have both the attention span and the memory recall capability similar to a blade of grass and can't even recall scoring! For the purpose of this article, the spoofing tradition of "unknown" was subsequently applied to all successive try scorers!

BLIND REF

The third game against The Wanderer's A side from Hong Kong provided a keenly fought first half (literally!) before the BC scored in the 5th and 7th minutes. The second half started in the opposition's favour with a 2nd minute try which was converted from the touchline and with the scores standing at 14 - 7, the match became even more physical. This led to the BC being reduced to nine men, a simply irrational decision by an alleged Fat Belly Pig from Hong Kong who has no doubt by now visited a reputable Optician and replaced his spectacles that were no doubt purchased in a street market in Braille Central! Two more tries followed and the Wanderer's A were literally kicked into touch as the BC put on a fantastic display to run out winners 28 - 7. In doing so Captain Eddie Evans displayed skills more readily witnessed in WWF tag team wrestling matches by taking out two of the opposition in a SIMPLY SPLENDID tackle from which only he was get up. The "Viroqua from Vancouver" or the "Tornado from Toronto" would surely stick if only someone was brave

enough to even mention it to Eddie!

At this point the team headed to the beach for a well-earned Swim, as (Virgin) Scribe and (Anonymous) Sponsor head back to the hotel bar.

All the teams assembled for drinks and dinner on the Saturday evening and apart from the Scandinavian theme of the "restaurant - a - go-go" where the event was held, the evening was an almost complete blur!

The final day of rugby started with a quarter final Cup match against the Wanderer's B team and after tries in the 4th, 7th and 10th minutes of the first half, and with the half-time score at 21 - 0, key players were able to be rested. A further try was added in the 3rd minute of the second half and whilst further substitutions followed, no tries were conceded and the match was won 28 - 0.

FAMISHED FORWARDS

Slight confusion to the playing schedule then followed which led to the team not being able to eat until after the final but spirits remained high as what seemed like the entire team participated in the taping of Morcar McConnell's injured right shoulder.

The semi final was held mid afternoon against Bedock Kings from Singapore and after a very scrappy start by the BC, a try was eventually scored in the 6th minute and the team once again found its rhythm. A great movement involving most of the team in the 7th minute almost led to a fantastic try but some good tackling by the opposition prevented the BC scoring before the sight every rugby fan loves to see, a sweeping movement finished off by a prop under the posts in the 8th minute. No prizes for guessing who that was but a further mention in dispatches would break the rules established in the fifth paragraph above - however, a future wrestling career awaits this player!

With the score at 21 - 0, early substitutions took place early in the second half and the Bedock Kings took advantage by scoring two tries in the 5th and 8th minutes before the whistle was blown with the score at 21-12.

With no time to eat the team took on board as much liquids as possible before the bottled water ran out! Energy drinks were then used as (Virgin) Scribe and (Anonymous) Sponsor helped conserve the rapidly reducing supplies of energy drinks by switching to beer.



Captain Eddie Evans collecting the Winners Cups

Help was drafted in from both Phuket and Melbourne for the Cup final. Steve Wainwright who had played throughout the second day as cover for our injured forwards together with a gentleman (not) of Kiwi descent via the Melbourne Rams and affectionately called "Fowlsey", was drafted in for defensive cover as we were up against the Wanderer's A again. Whilst an explosive encounter was expected, the BC's defence remained awesome together with superb discipline as The Wanderer's soon started to lose theirs. In the 4th minute the BC was awarded a 5-metre scrum and a try duly followed. Further tries were added in the 8th and 12th minutes with the half time score being 21 - 0 to the BC.

Following tries early in the second half in the 3rd and 5th minutes with the score standing at 35 - 0, the Wanderer's retorted with two tries of their own and the response to the awesome BC defensive display was to lose their composure and with minutes remaining were lucky to not have players sin binned for a mixture of high tackles, late tackles and stamping. The stamping incident was perhaps too much for the Thai BC player concerned as he picked himself up and took issue with the larger western gentleman who did not appreciate the excellent left hook and right cross received in quick succession. The referee and touch judge conferred and decided no action should be taken and shortly after the final whistle was blown.

The players shook hands and the incidents in the two games over the weekend were forgotten. The BC formed a huddle to get their final debriefing of the weekend before having a team photos taken with the Runners Up followed by



The Team

enjoying a cold beer together.

Woman Hooker had made appearances for at least three other teams aside from Seoul Survivors throughout Sunday and in one, managed three consecutive big hits and became the crowd's favourite. She was awarded the tournament organisers selection as player of the tournament. Our own Khun Kittti was selected as the referees' choice due to his lightening runs from the deep and having contributed a number of the team's tries.

The presentation ceremony followed during which we remembered those lost to rugby in the tragic events of Bali in October 2002 particularly as two of the teams in attendance had lost players.

It was good to see our cousins from Pattaya win the Bowl and Samui lose so narrowly in the Plate final to the Christine Noble Foundation from Dubai. Our thanks go to The Phuket Vagabonds RFC for their hospitality throughout the weekend and we look forward to returning to defend our trophy in 2004.

Humble Apologies ...

Especially good, I thought, was the Cen-10s Rugby Report in the July issue featuring photos of a couple of fit-looking lads (struck me as odd for a rugby team). Good, that is, until some observant bloke emailed to say the photos didn't match the text. Oops. Sorry. Absolutely delighted to be printing the photos again this month, along with the right article.

P.S. Happy to print more photos if you have them... of that guy... bottom-right... rippling muscles... Sherry, Guest Ed.

It had been a mighty display all weekend and as (Virgin) Scribe and (Anonymous) Sponsor headed off to the airport, our thoughts were with the team as they headed back to Bangkok by bus!

(Virgin)



With the losing Cup finalists, The Wanderers from HKG



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A truly sociable day, where the golf and the camaraderie were up to par. Looking forward to the next one!

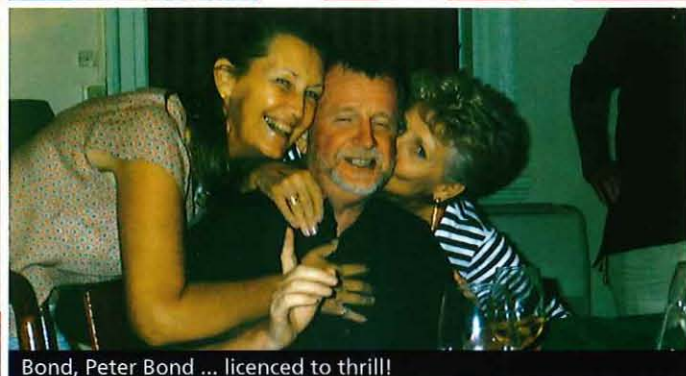
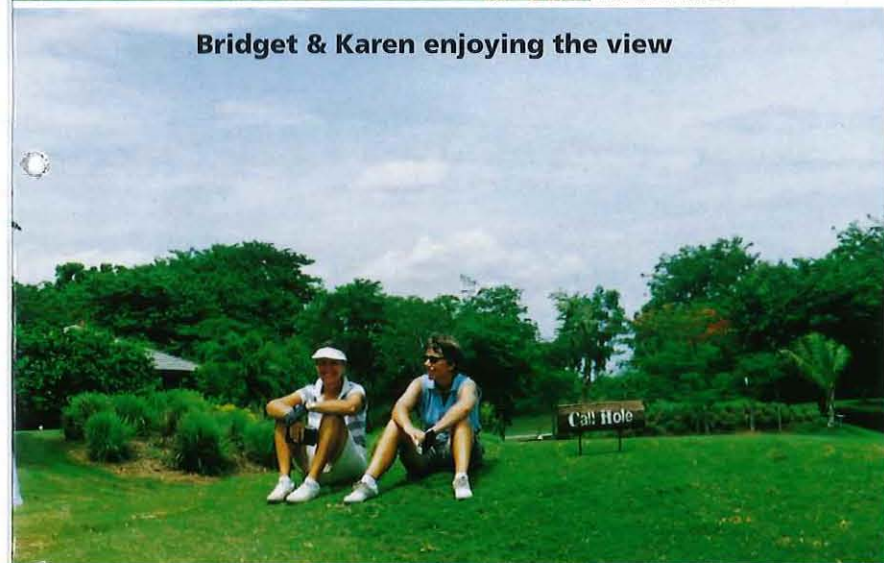


Guy... at 59 still unable to tie his own laces.



Aerobics for swingers!

Bridget & Karen enjoying the view



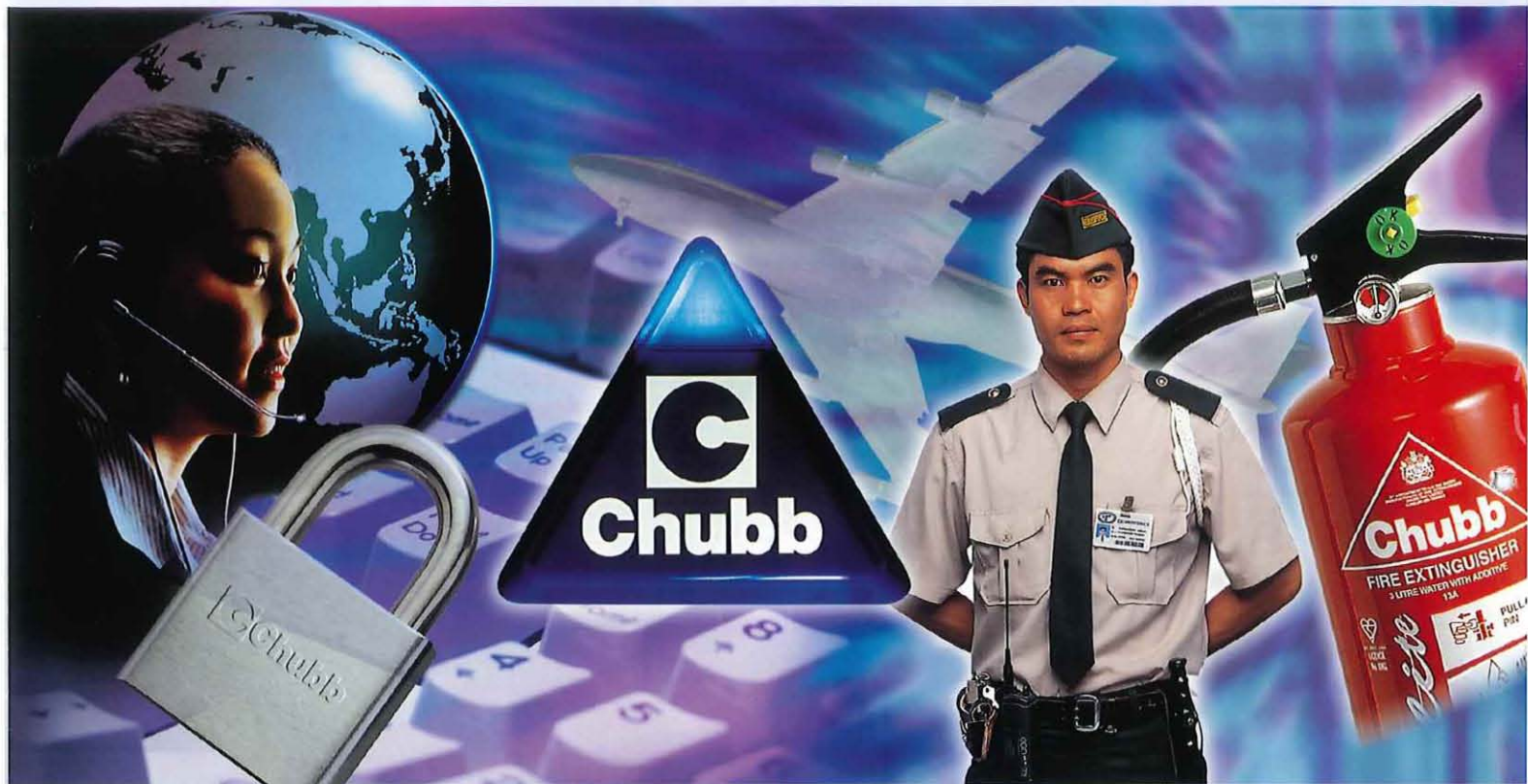
Bond, Peter Bond ... licenced to thrill!



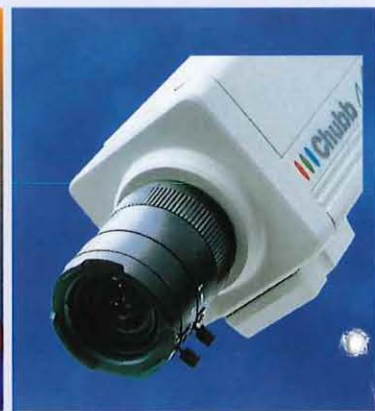
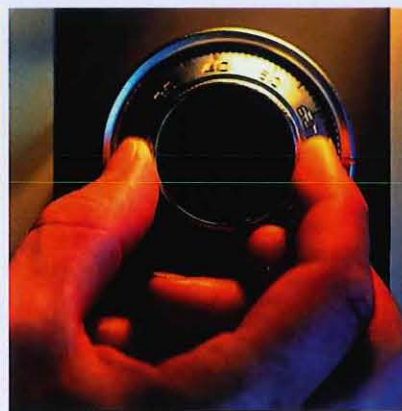
Still a fairway to Bangkok... time for a nap.



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CAPTAIN'S COURT

MATCH REPORT - BC VS. JAPANESE ASSOCIATION

On Sunday July 27th the BCTS hosted the Japanese Association for an interclub match. The format chosen was 10 men and 6 ladies and we played 11 men's doubles, 6 ladies' doubles and 7 mixed doubles matches. Given the rain we had over the previous 4 days we were quite lucky with the weather for this match.

Our team again featured a mixture of experienced and inexperienced players. Despite a slow start to the men's doubles the BCTS were able to win these matches by 6 sets to 5. Stand out performer for the BC was Marc Hagelaur who was in devastating form especially with his booming serve. The ladies doubles started well with our top pair Nisa & Chalutip winning a close fought match 7/5 but in the end the Japanese were too strong finally winning 4 sets to 2.

We then moved on to the mixed match. This also started well for the BC and eventually we won 4 sets to 3. Therefore in summary at the conclusion of the match the BC and Japanese Association were tied at 12 sets each. Finally after a count-back the BC won 115 to 112 games.

I would like to thank all of our team for the friendly spirit in which the match was played.

Regards,

Brad Weatherstone



CHAIRMAN'S CHAT

BRITISH CLUB CENTENARY TENNIS TOURNAMENT

Plans and activities are taking shape fast for the Centenary Tennis Tournament to be held on 31st October, 1st and 2nd November. We now have Sub-Committees to arrange the various activities as follows:

Activity	Head
Team liaison & control	Terry Adams
Sponsorship & advertising, brochure circulation	Wandee Bruton, Jo Qubrosi
Brochure content & production	Chris Watt
Social events	Paul Williams, Gisi van Walbeek
Tennis operations	Brad Weatherstone, James Young
Trophies, Mementos & Centenary Sports Shirts	Yubharet, Marie Goode

We are planning a tournament of sixteen invited teams, hopefully with up to eight of these from our overseas Reciprocal Clubs, seven of our regular opponents plus of course our own team. After a 'round robin' the teams will enter either the Centenary Championships or Centenary Plate competition, and superb trophies will be taken home by the winning clubs, plus replicas for each team member.

There will be parties each evening, the highlight being a British Club Centenary Dinner at which we are hoping to have a celebrity guest speaker.

Your Committee plus other dedicated Tennis Section Members who have already dedicated themselves to work on the arrangements, are determined to hold an event of which the Tennis Section and indeed all at the British Club, will be proud. So, please do say "yes" if you are approached to assist - the more people who help, the less work we all need to do!

Best regards,

Terry Adams

RESULTS OF THE JULY TENNIS LEAGUES

Proudly sponsored by **Crown Relocations**

There were only 3 winners of the July Leagues as two leagues were not completed due to overseas travel and injury. The winners were:

League 1	-	Kraisorn Suntiasvaraporn
League 3	-	Jesada Tanking
League 4	-	Ori Dolev

UPCOMING INTERCLUB MATCHES

13 September	-	Capital Club
27 September	-	Doctors Team
25/26 October	-	Racquet Club
22/23 November	-	Rajchapruet Club

WEEKLY SCHEDULE

Monday*	6:00 p.m. - 10:00 p.m.	Mix-In
Wednesday*	6:00 p.m. - 9:00 p.m.	Mix-In
Friday*	5:00 p.m. - 10:00 p.m.	Mix-In
Sunday*	4:00 p.m. - 7:00 p.m.	Mix-In
Sunday**	8:00 a.m. - 12:00 noon	Captain's Court

* All Tennis Section members welcome

** Top 10 men and top 5 ladies or by Captain's Invitation

• continued from page 27

required otherwise, to monitor the fabric of the Club in discussion with the General Manager, to advise on civil, mechanical and electrical, engineering, matters and to make written recommendations to the Chairman when necessary or requested to do so. The Works Committee will have no executive powers.

MEMBERSHIP

The existing elected committee of up to twelve, not ten as at present, elected as now at the AGM, who will have no executive powers and whose new role will be to represent the views of the members, to which end each will have their own allocation of members - their constituency - with whom they must keep in touch as far as possible and for which task they will be paid an appropriate quarterly stipend to cover communication charges.

FOOD AND BEVERAGE

A member, either full or associate, ideally working within the hospitality industry, with no executive powers, co-opted to act as an adviser to the General Manager and to report to the Chairman, generally informally, but in written form if necessary.

TREASURY

The current Treasurer, who will report to the Chairman and also have direct access to the Board of Governors, to keep them informed. The treasurer will have no executive powers.

DISCIPLINE

The Chairman plus the Board of Governors with the authority to suspend and expel members, the latter having subsequent right of appeal in front of a General Meeting.

FINANCIAL CONTROL

As a further step towards modernisation, the current rules governing the authority to commit club funds to expenditure should be reviewed and those of the Chairman, who will make the executive decisions, considerably increased. They will be adjustable by the Board of Governors. I would propose that they be along the following lines, with signing authority delegated to individuals accordingly:

- a. an approved monthly budget for the running of the Club of 4.0 million Baht (current figure and adjustable) - the General Manager.
- b. for additional unprogrammed items, for example for emergency repairs, up to 250,000 Baht per month - the General Manager.
- c. Single items up to 5.0 million Baht - The Chairman
- d. Items over 5.0 million Baht - a General Meeting.

This will require some constitutional changes to reflect:

- a. Election of a Board of Governors by postal ballot of the full membership.

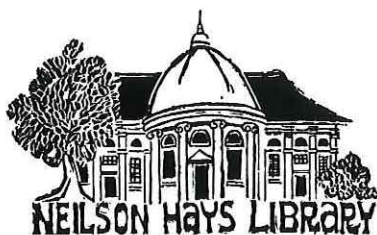
- b. Election of the Chairman by postal ballot of the full membership - rather than the Committee, which is too narrow a church - in advance of the election of the Committee, thus allowing prospective members of committees to decide whether or not they wish to serve under the elected Chairman and thereby to stand at the subsequent AGM.
- c. The adoption of terms of reference for the Board of Governors, Chairman, other committees and advisers, together with appropriate financial authorities.

REPORTING

Under this new constitution the Chairman will keep the Board of Governors informed and will, in the course of so doing, present them with totals of monthly expenditure, past and planned. The General Manager, will in like way, report to the Chairman. The Chairman will report monthly to the Membership, either through the Magazine or through a newsletter and will include financial summaries.

I believe that adoption of a system of governance along these lines will greatly improve the way in which the Club is governed and lead to a more streamlined way of doing business as we enter our second century.

Ian Webb (W173)



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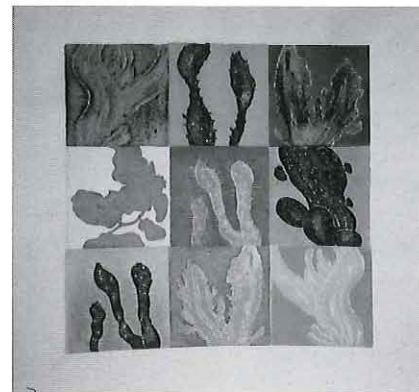
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• continued from page 15

first over and then mayhem as batsman after batsman was bewildered by tantalizing flight and tease. They all adopted the same sort of helicopter shot, which sent the ball vast, distances, mostly straight up in the air. Not all the catches were taken, David Hall complaining bitterly that one that slipped through his hands had actually come down with ice on it, but an eventual return of 6 for 47 was secured off 7 exciting overs included a brilliant stumping by the ageless bride-groom. And in case anyone wants to know, that makes it 232 wickets for the BC ... so far!

With CMGC reduced to around 150 for 8 it was a simple task of deciding who to finish of the job. One slight problem was that during the collapse, Chiang Mai's most prolific batsman had retired on 40, and in accordance with the match rules could now return after the fall of the 9th wicket. Colin Hastings had been introduced to the attack in recognition of his eternal youth ... not the only player on the field wearing the same flannels as he wore in the 80s, but his actually fitted! He had bowled quite tidily without much luck at the other end but was beginning to tire

Since the 1980s the laws of cricket have undergone a few revisions and, as former umpires, Professor David Hall and myself had decided to check out the main changes in the 2000 version. We noted to our surprise that one of the more entertaining laws (Law 24, No ball) had rather boringly been changed. In the good old days any ball that bounced more than twice or rolled to the batsman was still in play and many a surprised batsman made an amusing pigs-dinner of what should really have been considered a free hit. And a free hit was awarded on those splendid occasions when the ball actually failed to reach the batsman. All fielders had to return to their positions and the batsman was invited to play a golf shot from where the ball had come to rest. No longer, in all three cases the umpire now calls No Ball and, in the latter case Dead Ball too. How dull!

Well, it was time to introduce the said Professor to the attack on the grounds that he had taken a couple of wickets at the same venue last year and had spent the last two days telling all of us how he was now playing regular grade cricket in Australia. Magic! Professor David decided to give an academic demonstration of all 3 varieties of the law change in one over, and even all three variations in the same delivery. Fortunately the Chiang Mai umpire was blissfully unaware of both the old law and the new one otherwise the over might have taken a rather long time, but by now Chiang Mai was approaching 200 with their star batsman in full flow. Thank you David. Have a rest.

Anthony was bowling pretty well at the other end, actually taking the other three wickets to



The winning team

fall, but yet another bowler was needed to see us through. The choice was Welsh Marvyn who had impressed several of us in the nets. Marvyn, reminiscent of Freddie Trueman starts his run up from just in front the sightscreen, approaches Groucho Marks style and delivers a skiddy sort of ball that bounces about 6 inches and, if he is not careful, tends to wrap a rather painful blow on the batsman's ankle. And he didn't let us down. Every ball was a gem, at least one catch was dropped and at a critical point of the game only two runs were conceded. Marvo! The Doctor bowled the last over, deservedly finishing with none for lots, and Chiang Mai had left us a challenging 207 to win, rather more than we would have liked.

Lunch was a seductive and leisurely affair ... Khao Soi under the tree. The BCB rested their aching limbs and a batting order was contrived based variously on past performances, bribes to the captain, flight schedules, but mostly on the ability to stand up.

And so it was, that the good Doctor and the General Manager of a rather posh Phuket resort (who was later fined for travelling at the sharp end of the plane), resumed an opening paring after a break of 15 years. No problem. The Dr had a lot to make up for after his bowling performance, and the now ever-so slightly portly GM had conserved his energy throughout the CMGC innings by never actually moving. They set about their task with consummate ease, both smiting silk purses to all corners of the ground (come back Ed), both retiring after reaching 40, an opening partnership of 75. Splendid stuff. There was however some consternation in the pavilion (read, tea shed), because it wasn't expected that the opening partnership would last quite so long, and #4, squashy Brian's flight departure was getting a bit close. It was agreed that he should be promoted to #3 and see what he could do with the few minutes available.

Maybe it was the thought of getting back for his beloved wife's birthday in Bangkok. Maybe it was the Barmy Army chorus of "We'd rather be a Kiwi than an Oz". Maybe he was lying when he said he hadn't played cricket for 10 years.

But, crash, bang wallop, 22 balls later Brian has also retired 42 not out with four 4s and two 6s! Awesome. 148 for 0 off 21 overs!

By now we knew we could do it, but having been bowled out for a total of 26 by these boys before, nothing could be taken for granted. The bridegroom kept the score board moving, chipping in a contribution of 14, George cracked the cover-drive of the day, and Paul smote a majestic boundary during brief forays at the crease.

But it was the ageless Colin (7 n.o.) and the Aussie Professor who saw us home at a canter. David in particular rose to the occasion (about 4 foot 2) hitting 4 boundaries in his 26 not out. The crowd went wild. 209 for 3. Victory by 7 wickets with three overs to spare.

The after match celebrations were particularly sweet. The CMGC were as always the most gracious and generous of hosts. The Dick Wood Cup was graciously received and speeches made. Each Club had decided to give each other a picture of last year's game featuring Dick Wood in the foreground to hang in our respective clubhouses. The pictures were identical! Dick would have enjoyed that.

What a magnificent weekend! What great friends we have at the GMGC. So many thanks are due to all involved in giving us delicious lunches, teas and barbecues, to the groundsmen, scorers and umpires, to everyone who helped out. What a magnificent match to play in memory of Dick Wood. He was surely with us in spirit and heaven must have been fun that day too!

The Chiang Mai tour is reinstated. Long may it continue. See you in 2004!

Scores: CMGC: 206 for 9 (35 overs). Steve 80 n.o., Eric 31, David 25. Jack Dunford 6 for 47, Anthony 3 for 26. British Club 209 for 3 (32 overs). Nick White 42 n.o., Nigel Grocock 40 n.o., Brian Palmer 42 n.o., Brain Brook 14, George Dunford 9, Paul Taylor 4, David Hall 26 n.o., Colin Hastings 7 n.o. British Club won by 7 wickets.

Jack Dunford

ASTHMA: WHAT IS ALL THE FUSS ABOUT?

Asthma is a disease characterised by increased responsiveness of the airways to various triggers manifested by widespread narrowing of the airways. The kinds of triggers involved are viruses, cold weather, pollens, pets, house dust mite, medicines, food additives, exercise and smoking. The airways become narrower by tightening of the muscles in the airway walls, swelling of the lining of the airways and an increase in the amount of mucus in the airways.

When the airways narrow, it is more difficult for the air to get in and out so asthmatics experience wheezing, the characteristic feature of asthma. Asthma can also present as a persistent cough, marked shortness of breath after exercise or recurrent collapse of segments of the lung.

When is it asthma?

A child who has a prolonged coughing illness in the absence of wheeze or shortness of breath most likely has infective bronchitis or a winter virus than asthma. Although asthma can present as a persistent night-time cough or coughing during exercise, it is not likely to be asthma if this occurs intermittently or only when the child has a concurrent viral infection. These children will not respond to asthma medication and any cough that does not respond within a week to asthma medication is unlikely to be due to asthma. Increasing the dose of medications will make no difference.

Diagnosing asthma in children under one is difficult and should be deferred. In this age group wheezing, (a prolonged musical note heard on expiration) is most likely to be caused by bronchiolitis due to infection with respiratory syncytial virus. There are other anatomical causes of persistent wheezing in the under 6-month age group which should be excluded before asthma is considered. Moreover response to asthma medication in this age group is uncommon.

After the age of two years, asthma is likely if there are persistent or recurrent episodes of wheezing, a strong family history of asthma or atopy, and if the infant has other features of atopy such as eczema or allergic rhinitis. In older children the child is likely to have asthma if there is a recurrent history of wheeze, chest tightness, shortness of breath and cough. The symptoms are often worse at night and with exercise.

Treatment Goals and Methods

It is common for children and adults with asthma to get used to living with asthma symptoms, which they assume, are normal. It is only when optimal treatment is achieved and residual symptoms have disappeared that asthma sufferers realise that they have been suffering unnecessarily from shortness of breath when exercising or waking at night.

A good asthma management plan will aim to: minimise symptoms; maximise and maintain lung function; identify trigger factors so that avoidance strategies can be planned; reduce the frequency of acute episodes and to avoid side effects from medication.

Once the pattern of the asthma is known, then the need for preventive treatment can be ascertained. If the episodes are infrequent i.e. more than 6 to 8 weeks apart, then inhaled "reliever" medications namely Ventolin (a bronchodilator that works by opening the airways) can be used as it is required. During the acute episodes a short 3-5 day course of steroids may be required but no "preventer" medication is needed. This is the most common pattern of asthma in childhood.

A smaller percentage of children will get more frequent episodes and will have some residual symptoms. These residual symptoms include waking more than once a week and significant interference with exercise in spite of medication prior to exercise. These children will need a bronchodilator as required, and will need a "preventer" medication to reduce the

level of inflammation in the airways the rest of the time. These preventers are Inhaled or inhaled corticosteroids such as Becotide or Flixotide.

Rarely children will have symptoms most days and at night and need to use their bronchodilator puffers frequently. These children need to use inhaled corticosteroids titrated at the lowest dose which keeps symptoms at a minimum. These children and adults may also need a newer kind of drug, a long acting bronchodilator, Serevent, to minimise steroid usage.

Asthma in children compared with adults is more often seasonal; so that many children will only require treatment during winter and it is more often episodic, so continuous preventive treatment is needed less often.

If treatment is not working, it is worthwhile checking that the drugs are getting into the airways, as they should. Different delivery devices are appropriate for different age groups and your doctor or an asthma educator should always check technique. Adults and children over the age of 8 can use virtually any device. Small children up to the age of 4 will need a mask and a spacer and children up to the age of 8 should use a spacer attached to any puffer prescribed. Nebulisers are now rarely necessary for treatment of children with asthma even during acute episodes.

A treatment plan should have clear instructions what to do in case of an acute attack. Urgent medical attention should be sought if there is no improvement within an hour of commencing treatment or if there is worsening of the asthma attack indicated by increasing bronchodilator requirements.

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Whether you are moving around the world or across the street, you want to be sure that it's a worry free experience. You need to be sure that the people who help you move take the same planning, care and attention that you would yourself.

People have been trusting Interdean Interconex to handle their relocation needs for over 40 years. That's because we provide the kind of personal door to door attention that people want from a relocation specialist. Someone who will take the extra care to ensure that you are satisfied every step of the way and to make you feel confident that no detail is overlooked.

OUR SERVICES INCLUDE:

- International relocation
- Competitive insurance
- Complete packing and unpacking
- Local moves
- Storage
- Fumigation

So if you need to move your company, family or yourself talk to us first and find out how we can give you the freedom to move - anywhere in the world.

For more information, please contact Andy Flynn:

Email: thailand@interconex.com

Website: www.interdeaninterconex.com

48/4 Sukhumvit Soi 49 BANGKOK 10110

Phone: 02 261-5505 Fax: 02 261-5508





SAMITIVEJ HOSPITALS

โรงพยาบาลสมิติเวช



Happiness Begins with Good Health

For over 23 years, we at **SAMITIVEJ HOSPITALS** have dedicated all our resources to the singular pursuit of providing the highest level of health and medical care to all our clients.

To this end we have focused on developing and investing in state-of-the-art equipment and facilities, highly-trained and experienced physicians and specialists with international certifications and accreditations, comfortable and luxurious amenities and a personalized quality of service that can only come from people who really care about your health and well-being.

Our health-centered wholistic approach reflects in our well-rounded list of capabilities and specialties: Heart Institute; Cancer Center; Liver Institute; Child Center; Women's Health Center; Special Needs Child Center; Growth, Endocrine and Diabetes Center; Health and Weight Control Center; Allergy Center; Wellness Center; Thalassemia and Hematology Center; Lasik Center; Eye Clinic; Dental Clinic; Samitivej Esthetics Institute; etc

The **SAMITIVEJ SUKUMVIT HOSPITAL**, is the only fully private hospital in Thailand to be accredited by the WHO, UNICEF & the MOPH as a 'Baby Friendly Hospital'. We offer a breastfeeding advisory service through a 'Hot Line' and 'Drop In' classes and our Birth Unit staff have special training and skills to support those who choose to have natural and water births.

www.samitivej.co.th

SAMITIVEJ SUKUMVIT: 133 Sukhumvit 49, Klongtan Nua, Vadhana, Bangkok 10110 • Tel.: +66 (0) 2711-8000 • Fax: +66 (0) 2391-1290
SAMITIVEJ SRINAKARIN: 488 Srinakarin Road, Suanluang, Bangkok 10250 • Tel.: +66 (0) 2378-9000 • Fax: +66 (0) 2731-7044
SAMITIVEJ SRIRACHA: 8 Soi Laem Ket, Jerm Jompon Road, Sriracha, Chonburi 20110 • Tel.: +66 (0) 3832-4100-20 • Fax: +66 (0) 3831-2963



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