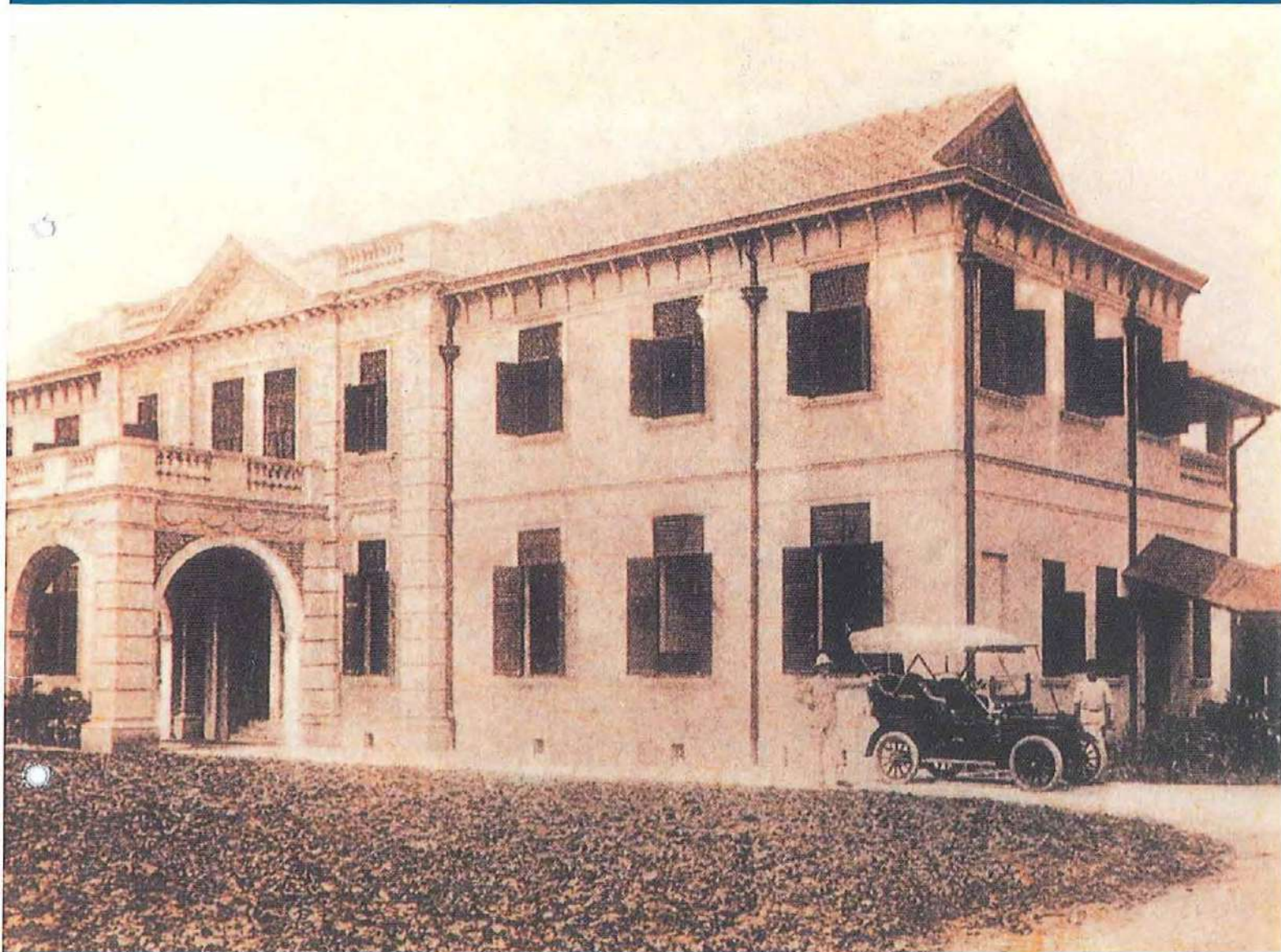




OUTPOST

THE BRITISH CLUB
BANGKOK

SEPTEMBER 2008



In the beginning there was the Clubhouse ...

Catch up with the latest Club development projects, pp 15-17

Development Issue

"Mamma Mia" here we go again!

Ian & Wawa's wonderful wedding, Jamie Oliver - on the menu,
Meet the members, "Sing-a-long-a-Sound-of-Music"



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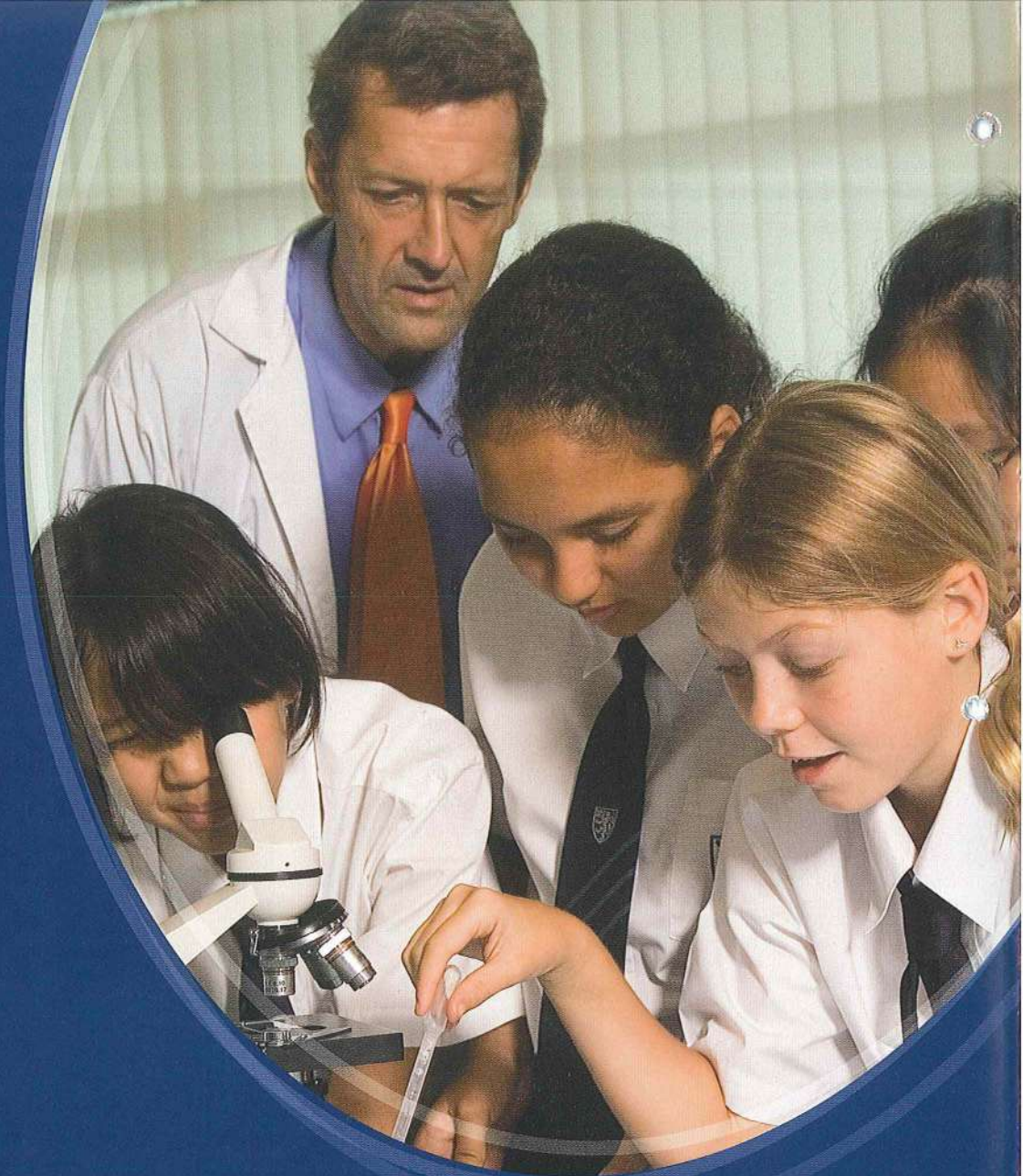
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THE BRITISH CLUB
BANGKOK

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The Development Special Interest Group's first report in Outpost traverses the full range of the Club's development projects with an emphasis on better sports facilities and a more attractive and fully utilised back lawn. The DSIG meets every month as an open forum and specifically invites input from interested members.



18 & 44 "Mamma Mia" mania

The Club's VIP cinema trips to view pre-release screenings of new movies have proved a hit with members. In July the Club booked out two VIP cinemas for the movie musical "Mamma Mia" that saw over 100 members singing and dancing in the aisles. A second Mamma Mia trip followed in August and a third is booking fast ...



22 Ian and Wawa's wonderful wedding

Organisational excellence, floral artistry, culinary flair and the Club's magnificent ambience all came together on 3rd August to make Ian and Wawa's wedding celebration a truly wonderful event.



43 Meet the Members

It wasn't sun, sea or sand that brought her to Thailand but ... diesel railcars, a whole fleet of them. Meet the brains behind the BNH Bed Pushes, the British Club's Vice-Chairman, and member, Angela Stafford.



Cover pic—The British Club's new clubhouse pictured in 1915, five years after it was built.

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OUTPOST MAGAZINE

Editor in Chief: Michael Silcock

Issues Editor: Stuart Coghill

The contents of this magazine are not necessarily the opinion of the editors, the General Committee or the Club's management. Criticisms and suggestions are welcomed by the Club's management or by Veritas Enterprises.

OUTPOST is produced on behalf of the British Club by Veritas Enterprises. For advertising inquiries contact Jim Fowler (081-844-7015 or Jim@VeritasEnterprises.com); and for editorial matters contact the Editor at OutpostEditor@VeritasGraphics.com

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Letter from the Chair

Dear Members,

As I write this letter mid-August, I am enthralled by the Beijing Olympics and in particular, the successes of Team GB in accumulating their biggest gold medal haul since 1920. This represents a fantastic platform for Great Britain's athletes to further flourish at the 2012 games in London. It is no accident that the team's successes coincide with preparations for the London games. The planning and development of GB's athletes has been meticulously mapped out at the elite performance level for athletes from as young as 10 years old. A number of our athletes will peak in 2012, the culmination of at least 10 years of structured, measurable development.

What lessons can we learn from Sir Clive Woodward as he plots a record medal return for GB's athletes in 2012? The plans of GB's Olympic visionaries have a very tight strategic focus, which have milestones and measurements evaluated regularly over a period of many years. Also it is very clear what success looks like for an Olympic development programme — medals! Finally, the Olympic master plan was developed with input from all stakeholders in the field, an exhaustive process taking years in itself.

A great deal of time and effort has been put into the planning and development of the British Club Bangkok over many years by various general and sub-committees and much of this work is as valid today as it was then.

We can crystallise these efforts with a renewed synthesis and evaluation process that will result in a concrete working document that will have practical value for many years to come. Sometimes such efforts can result in missives that are little more than buzzword riddled filler for the first few pages of an Annual Report. I believe that the British Club Bangkok must continue to refine its vision, mission and values in a pragmatic fashion and like leading organisations in this regard, such as J W Marriott

for example, involve all in the process. This means members and employees at all levels, and it will result in the development of a blueprint for the next 20 years of the Club, in just about every facet of our operations. Just as Sir Clive searches for 20+ golds in 2012, we must move purposefully towards a well-characterised vision of success, determined via a process of dialogue, information and consultation.

Perhaps the most important step in this process is to take an honest and comprehensive look at ourselves as a Club. Where do we stand today and where are we going in the short, medium, and long term? What does success look like in terms of our Club in the coming decades? One tool to begin this process is a comprehensive Club survey, one that will be developed professionally and cover virtually all aspects of the Club. Whilst there was a one-page survey conducted some 9 years ago, the Club has never undertaken the all-encompassing survey that I have been exploring over the last few months. Having seen examples from leading Clubs around the region, the attention to detail is very impressive and the resulting data when scientifically interpreted will be of significant benefit to the Club in so many different areas.

In the next few months I hope to be putting a survey to the membership at large and to all of the Club's staff. The initiative will continue with performance trackers and other survey tools utilising new media (online, sms) that will contribute towards a comprehensive effort to bring the Club well-defined success in the years to come.

Yours sincerely



Dr Andrew Roberts

Chairman

BCB General Committee 2008/2009

Dear Members,

After a quiet July our outlets and Club activities are slowly returning to normal as the children return to school and life moves from a more relaxed holiday mode to one where business increases and the Club's sporting sections start to become more active.

Remember that swimming and tennis lessons will recommence in the first week of September and I refer all to Reed's pages to check what other sporting and recreational events he has organized to keep us all fit over the next months.

Barry is already planning Christmas, New Year, Loy Kratong, Guy Fawkes night and more, so get ready for many event opportunities coming up soon. Please also take note of the poster in this issue (p 14) for the "Last Night of the Proms" to be held on Friday October 17th at the Shrewsbury International School for which the British Club is a sponsor, supporter and the caterer... the evening is sure to be a great event to enjoy for the whole family.

The main story around the Club at present is of course the development work commenced on the tennis courts and back lawn where some old and run down facilities are being improved.

The CEO's report

I also would like to refer all members to the article from the Development Special Interest Group in this edition of Outpost (pp 15-17) for information, diagrams and pictures of our progress to date.

The Verandah Terrace will be nearing completion by the time this issue of Outpost is published and the view onto the newly refurbished back lawn will be stunning once all the work has been completed. Unfortunately the digging and concreting works may delay the opening of the Terrace for a number of weeks.

The Suriwongse Gate has now been reopened to foot and vehicular traffic and I must thank members for their cooperation while this area was closed.

Remember also if you know of and propose a new member to the Club, the Member-get-Member offer still applies, so if there are any new neighbours or work colleagues you would like to introduce to the British Club, please contact our Membership Manager Khun Weena.

Michael Silcock

Chief Executive Officer



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Dear Members

Welcome back to all the members who have been away for the long school holidays. I hope you all had a great time and are ready to get back into the swing of things as we fast approach the busiest time of year here at the Club.



Despite July being the low season we still had quite a few events. The most popular by far was the outing to SF Cinema where we were invited to an early VIP screening of the Abba movie 'Mamma Mia'. Originally we had to guarantee 56 persons to book the smaller VIP room. Then we upped this number to 80 to move to the bigger room. In the end we took over both VIP rooms with a total of 106 members! Everyone seemed to have a great time - in fact some have expressed an interest in going again... So at the time of writing we are arranging yet another trip on August 19th! The movie outings appear to be quite popular with members so looking further ahead we have booked for "The Quantum of Solace", the next James Bond flick, and we have also booked "Madagascar Two" for Boxing Day!

In July we also took members to the excellent "We Will Rock You" show based on the music of Queen. I was quite surprised that "Cats", which we went to see last year, had heavier bookings than "We Will Rock You"! However those members who did go really enjoyed the show.

We have now booked tickets to the George Benson and Al Jarreau concert held at the Queen Sirikit Convention Centre on September 10th. Tickets cost Bt.5,500 and Bt.4,000 each. For further information please contact myself or staff in the Membership Services Department.

Our trip to Angkor Wat and Tonle Sap is booking well - at time of writing we have 13 booked. We are leaving on 5th January 2009 and going to watch the Light and Sound Show spectacular at the stunning Angkor Wat. We are flying Bangkok Airways and staying at the Day Inn Angkor Resort, a very nice and inexpensive place in Siam Reap. We will also visit the Tonle Sap Lake and go up in the hot-air balloon to get a fantastic view of the temples rising out of the jungle. I have also sorted



Members please note that maids are not allowed to be left alone in the Club with children, neither are maids permitted to order food and beverage. Members are to supervise their children at all times - this is for the safety of your children. The relevant Club Rule is printed below:

Rule 58.

(e) Members' Staff

(i) Secondary carers (maids, nannies, nurses, au pairs, child carers etc.) are permitted into the Club to help care for a child, children, the elderly or disabled, only when the member is present and are not allowed to use the leisure or sporting facilities.

(ii) Member's Drivers are only permitted in the Club when the member is present unless it has been pre-arranged that they are delivering or collecting on the member's behalf. Drivers must either stay with the Vehicle or in the Drivers' Room provided. In addition, members must pre-register their drivers (as laid down in the Club's Bylaws) at which time they will be issued with an identity card allowing them access to the Club at the designated times.

out some excellent Khmer Restaurants to visit. For more information on this event please contact me.

As we are approaching the busy season, don't forget to book your function now. We get really busy from now on and dates and rooms fill very quickly so book early to avoid disappointment.

And speaking of early, the Early Bird Breakfast at poolside has risen again! You can enjoy a full fry-up including a cup of tea or coffee for just Bt.99 every Saturday and Sunday at the salas - available from 7am until 10 am only.

I look forward to seeing the Early Birds (!) and all the later members around your Club in the near future.

Regards,
Bazza

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REGULAR WEEKLY EVENTS

TUESDAYS Churchill Bar

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Spoofing

WEDNESDAYS The Verandah

Noon-2pm & 6-10pm

THE MIDWEEK CARVERY - Choose from soup, two roasts carvery with potatoes & vegetables (Bt.275) and salad (Bt.300)

Churchill Bar

7pm and 8pm

PRESTIGE WINES ACCUMULATOR

Any member could win from Bt.5,000 to Bt.25,000 - prize increases each week.

7:30pm

BOTTLE DRAW - somebody present in the Bar will win a bottle of whisky, tequila, vodka or gin.

FRIDAYS The Verandah

Noon-2pm & 6-10pm

THE FRIDAY 'THEME' BUFFET - **5th September: MEXICAN BUFFET** - Enjoy a soup and a range of delicious salads and main courses - the best of Mexican food, freshly prepared by Khun Laak and her team of chefs; Bt. 325 per person + all buffet diners receive 10 baht off a glass of Tequila or a bottle of Corona beer.

12th September: T.G.I.F CURRY BUFFET - Finish off the week with this famous buffet consisting of a soup, curry dishes, samosas, and naan; Bt.275 per person.

19th September: VERANDAH CAFÉ JAMIE OLIVER BUFFET - This week we feature a buffet with a difference - we are creating a range of dishes from the books of Britain's top chef, Jamie Oliver. Khun Laak and her team have been busy practicing the recipes so come along and try the food from The Best Chef in England; Bt.325 per person.

26th September: MEDITERRANEAN BUFFET - Enjoy the best of Mediterranean foods, featuring soups, a range of salads and main courses; Bt. 325 per person

Silom Sala

7pm and 9pm

Kids' VDO - It's free. Includes free Nestle ice creams for the kids.

SUNDAYS The Verandah

11:30-3pm only

THE SUNDAY CARVERY - Choose from soup, cold cuts, three roasts carvery, with potatoes and veggies, hot dishes, children's buffet, fresh salad bar and a range of desserts. Adults Bt.375; children Bt.200 including free Coke/Sprite.

Silom Room

1-3pm

CHILDREN'S ACTIVITIES. Games, videos, crafts, soft drinks and snacks with Khun Susie.

Suriwongse Room

2:30-6pm onwards

Bridge tournament (except last Sunday in the month)

Official Opening Times

The Verandah	11am - 10pm	Fitness Centre (Mon-Fri)	6am - 10pm
Churchill Bar	10am - 11pm	Fitness Centre (weekends)	6am - 9pm
Poolside Bar	7am - 10pm (last food orders - 9.30pm)	Thai Massage (Tues-Sun)	9am - 6pm

Special Events at the Club this month

**** BALUT SHIELD DINNER & MONTHLY TOURNAMENT**

Wednesday, 3rd September, 6pm, Clubhouse

The BCB Balut Shield Dinner (carvery and vegetarian buffet) will be held in the Suriwongse Room from 6pm onward. The 15th and final Tournament for the year will commence at 7pm as usual, followed by the Balut Section AGM at (8.30pm) and the Balut Shield Award (9.30pm).

All Balut tournaments played under Balut Section Tournament rules. Entry fee is 100 baht charged to your Club account. BC members who are not Section members are welcome to 'try' one Tournament and if they then wish to play each month they must join the section: annual fee 300 baht. All players who play six Tournaments in each year will be eligible to win the BCB Shield.

For upcoming Interport Balut Competition in November, see page 30.

**** BELGIAN GRAND PRIX**

Sunday, 7th September, 7pm, Churchill Bar & Verandah

Join us in the Churchill Bar and the Verandah for the latest race of the 2008 grand prix season coming live from Spa @ 7pm race time. Come early to reserve the best seats.

**** GEORGE BENSON & AL JARREAU CONCERT**

Wednesday, 10th September, 7.30pm - Meet at Queen Sirikit National Convention Centre

We have booked a limited number of tickets to George Benson and Al Jarreau Live In Bangkok @ Bt.5,500 or Bt.4,000 each. Meet us at the Convention centre at 7.30pm and we will issue tickets. The concert begins at 8.30pm.

**** DETECTIVE VIDEO NIGHT - "LEWIS"**

Thursday, 11th September, 7pm, Suriwongse Room

We continue showing our latest Detective Series with Episode Two of Lewis. Last month we showed the first episode of this excellent British TV Series. The movie begins at 7pm. Entrance is free and full Churchill Bar F&B service is available. We ask members to please book in advance as this assists us with our set-up arrangements.

**** ITALIAN GRAND PRIX**

Sunday, 14th September, 7pm, Churchill Bar & Verandah

Join us in the Churchill Bar and the Verandah for the latest race of the 2008 grand prix season coming live from Monza @ 7pm race time. Come early to reserve the best seats.

**** JOHN SMITH'S BAR QUIZ**

Tuesday, 16th September, 7.30pm, The Verandah

As from this round, the Quiz has a new sponsor! In a deal brokered by Veritas Graphics (the publishers of Outpost) Fluid Asia Pacific becomes the naming sponsor of the Quiz, which will now be known as the Club's monthly "John Smith's Bar Quiz". Veritas will underwrite the Quiz and, instead of f&b vouchers, will provide the first three teams with cash prizes: First Place Team - 900 baht/player; Second Place Team - 500 baht/player; Third Place Team - 300 baht/player. Winners of the 'between round' questions, which continue to be sponsored by Crown Worldwide Relocations, will now receive a round of drinks and can choose from draught pints of John Smith's beer, draught Strongbow Cider or a soft drink.

In all other respects it will be quizzing as usual with Bangkok's premier Quizmaster, Rodney Bain, asking four rounds of 19 questions (on a range of subjects from Asia to famous people) each ending in the dreaded "Common Denominator". So, get a team of friends (up to six) to come along and join in the fun - at least one Club member per team - or just pop along to see if we can fit you in. The cost to enter remains at Bt.150 per person.

**** PAUL ANKA CONCERT**

Wednesday, 24th September, Leave BC@6.30pm

We have booked a limited number of tickets to the upcoming Paul Anka concert taking place at Muang Tong Thani on Wednesday 24th of September. The tickets cost Bt.6,100 or Bt.4,600 each. Transport leaves from the Club @ 6.30pm.

**** MONTHLY WINE TASTING**

Friday, 26th September, 6pm, Suriwongse Room

Join us for our regular monthly wine tasting completely free of charge and featuring wines from all over the world. Four companies will be here to let members try unlimited samples of their wines. Members can also purchase wines at specially discounted prices and the Club will create a range of canapés to complement the wines. What a great way to start your weekend - free wines in the comfort of your Club. And afterwards, why not pop down to the Verandah and treat yourself to Khun Laak's tasty Mediterranean Buffet.

**** (THE VERY FIRST) SINGAPORE GRAND PRIX**

Sunday, 28th September, 7pm, Churchill Bar & Verandah

Join us in the Churchill Bar and the Verandah for the latest race of the 2008 grand prix season coming live from Singapore at 7pm race time. Come early to reserve the best seats.

To book for an event send a fax or email to the Club, book online at the Club's website, or sign up at the Clubhouse reception. For further information please contact Khun Kasem or Barry.

September Activities at the Neilson Hays Library:

"New Bangkok – The Skytrain in a Multi-Layered City", photography exhibit by Rob Lucas, 4-29 September 2008 Opening reception: Friday, September 5th, 7:00–9:00pm

"The Big Book Party" for kids, Saturday, 13 September, 10:30am–3:00pm

Celebrate Roald Dahl's birthday AND the launch of Janice Santikarn's new book "The Little Blue Tuk-Tuk to the Rescue" with all-day fun and games. Janice will read and sign copies of her latest book at 10:30 and 1:00, and there will be a special puppet show at 11:30 and 2:00. Have fun in the Bouncy Castle, and with face painting, clay modelling and other arts and crafts. Get your photo taken with Willie Wonka or the Little Blue Tuk-Tuk! This event is co-sponsored by the British Club.

Bt. 100 donation requested.

"Explore Your Creativity" workshop, Monday, 15 September, 9:00am–4:00pm led by Canadian actress and director Kathy France. For more information contact the Library. Class size is limited, and the final date for registration is Sept. 7th.

"Travel Writing with Style" workshop, Monday, 22 September, 8:45am–5:00pm led by widely published writer Paul Sochaczewski. For more information contact the Library. Class size is limited, and the final date for registration is Sept. 15th.

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this wonderful opportunity to hiss the Baroness, boo the Nazis, and of course, cheer for our beloved Julie, in the company of assorted nuns, von trapp family members, and other characters & memorabilia from the movie. First (although not obligatory) you should come dressed for the occasion (the possibilities are endless!) then you will be lead through a vocal warm-up and shown how to use the various 'props' in your goody bags (included in ticket price). You will also be told some appropriate heckles. Then, you sit back and watch the original 1965 movie with the lyrics on the screen, and leap into action and song when required! Bring your friends & family! Pre-show buffet supper served in the Verandah Bar. Prizes for the best costume! Watch out for further details coming soon via Club email.

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OLYMPIC CRAFTS

Make Some Olympic Rings



You will need:

- 5 small paper plates
- Blue, black, red, green and yellow paint
- Glue

Carefully cut out the centre of the 5 paper plates.

HINT: To find the centre point of the plate, lay an old CD over the plate and centre it, draw around the hole in the middle of the CD – the centre of that small circle should be the centre point of the plate! Use a compass (or a pin and string) to draw the circle to be cut out.

Paint each plate in a different colour and leave to dry. Lay out the rings in the Olympic design and glue together.

Make an Olympic Torch

You will need:

- An empty small drink bottle
- Aluminium foil
- Scissors
- Red/yellow/orange paper
- Sticky tape
- Sand paper

Cut the bottom from the drinks bottle and discard. You may need to smooth the edges for safety against cuts. Wrap the bottle in aluminium foil, tape down any loose edges. You now have your torch.

To make the flame, cut flame shaped pieces from the paper and tape to the inside of the torch starting with small pieces at the edge and getting bigger as you work in.



Make Your Own Olympic Medals



Clay medals

Make polymer clay medals by rolling out your clay to about 3 mm thick. Cut out circles with a small biscuit cutter and using the end of a paint brush or a plastic drinking straw make a small hole near the top. Decorate your medals with modeling tools or rubber stamps. Bake following the instructions on the clay. When they are cool, paint and leave to dry. Thread ribbon through the holes so they can be worn.

Make an Olive Leaf Crown

You will need:

- Green construction paper
- Glue stick
- Sticky tape
- Scissors



Cut a strip of paper about 1 1/2 inches wide. Measure it around your head and cut to size. Cut out lots of leaf shapes and glue them along the length of the strip, leaving a couple of inches at either end. Tape the two ends of the band together.

SPORTS JOKES FOR KIDS



Q: What is the hardest part about skydiving?

A: The ground!

Q: What is an insect's favorite sport?

A: Cricket!

Q: How do football players stay cool during the game?

A: They stand close to the fans!

Q: What is harder to catch the faster you run?

A: Your breath!

Q: What do you call a boomerang that doesn't work?

A: A stick.

Q: Why should bowling alleys be quiet?

A: So you can hear a pin drop.

Q: What did the baseball glove say to the baseball?

A: Catch you later!

Q: What is the difference between a heavyweight boxer & a man with a cold?

A: One knows his blows and the other blows his nose!

Q: Why are basketball players such messy eaters?

A: Because they dribble a lot!

Q: What goes "putt-putt-putt-putt"?

A: A poor golfer.



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PROGRESS ON DEVELOPMENT 2008

Report of the Development Special Interest Group

The Development Special Interest Group (DSIG) was formed in April 2008 as part of an initiative by Andrew Roberts, when he became British Club Chairman. For many years, there have been continuous complaints by members that the way in which the General Committee was operating and making decisions, lacked the transparency expected in a Members Club. Andrew wanted the DSIG to advise the General Committee on matters relating to the development of the Club, and he wished this new sub-committee to allow any interested members free access to the monthly meetings. He felt that this open forum approach would allow the appropriate member participation in the decision making process.

Of prime importance was the composition of the DSIG. I had, for some time, been advocating that any sub-committee should be made up of a group of people with backgrounds and experience relevant to the type of issues to be addressed. We therefore put together a set of people, all family members, all professionally qualified, with complementary experience in the development and construction industries. This included two members of the General Committee as we thought this would help to ensure good communication and coordination. Since our group was formed in April 2008, we have held four meetings and these have been well attended. One of the first projects under discussion was the badly needed maintenance of the tennis courts, and the creation of a separate multi-use sports court. This project had been approved by the General Committee in October 2007 subject to the ability to obtain acceptable contract prices and conditions. Due to the pressure of dealing with various problems relating to the Phase 1 Club development, little progress had been made. It was therefore agreed to reconsider the project in detail. One of my personal beliefs is that, whenever essential maintenance work is carried out, the opportunity to add value by carrying out improvements at the same time, should always be considered. We therefore started to analyse the needs, not only of the tennis players, but of the other membership groups. Many areas of the Club had, sadly, suffered from neglect for many years. One of these areas was the back lawn which had been allowed to fall into a very poor state, resembling a desert in the dry season, and a quagmire when it rained. The trees were uncared for and the remaining grass in a very sorry state. The corner of the workshop had become a rubbish dump and the area adjacent to the car park a storage facility for old records. We thought that if a new sports court was to be located on, or near the back lawn, we should perhaps, consider a complete make-over of the whole area.

At our first meetings, while we were discussing the maintenance and improvements which should be made to the tennis courts and back lawn we had some very good input from interested members and groups of members. We collectively arrived at a proposal for a project which we thought would benefit a wide cross-section of members. The decision taken by the General Committee on 7 July to approve our recommendation turned out to be a popular one with many of you. One of the reasons



The new tennis slab prior to surfacing

was that the advice we gave to the General Committee had the benefit of considerable discussion beforehand, most of which was taken into account when we finalised our proposals. No decision will ever satisfy everybody but this committee will always do its best to recommend improvements that benefit as many members as possible. If, in the future, we include a topic on the agenda which you are actively interested in, please turn up and contribute to the meeting. Your views may influence the advice that we give to the General Committee, and their subsequent decision.

The project includes the hard surfacing of the four tennis courts, to provide a facility that meets tournament standards, and will enable the Tennis Section to host major events. This work is not expected to be completed until November due to the extended delivery of the materials for the surfacing, and the constraint of only being able to apply the acrylic surfacing in totally dry conditions. However, two courts will always be available for playing on throughout the construction period. The back lawn will be landscaped to provide an environment which will be attractive and functional. The project will include a 31 metre X 21 metre multi-use sports court with a surface that can also be used for our major events, such as dinners, balls and the Interport Balut Tournament in November. This latter event will be attended by teams from several Clubs in other countries. We therefore want the Club to look at its best. New cricket nets will be provided at the north end of the lawn and a children's play area will be included. The terrace is currently being completed at the back of the Verandah.

We have now had a landscaping scheme prepared by a consultant and the proposals will be displayed in the reception foyer. We will be inviting tenders for this scheme once it has the approval of the General Committee. Our objective is to provide a back lawn that we can be proud of. The scope includes new drainage and irrigation, new soil, suitable grass, new trees and shrubs and the expert cropping and pruning of the existing trees, which badly needed attention. We will be removing one small tree but we will be adding new ones to compensate. The rubbish dump on the southern corner of the kitchens, and the containers. Some proposed features of the back lawn Landscape Design by the car park, are being removed as they are eyesores and occupy land that can be utilised to the benefit of the Club.

The project has a cost ceiling of 5 Million Baht which is the maximum amount that the General Committee can authorise. Any project which is expected to cost in excess of this amount can only be approved at an EGM. The DSIG are keeping a detailed Development Budget Report which will be open to inspection by interested members once all the contracts have been awarded. At the present time, this is not the case and it would therefore be imprudent to publish our estimated costs for work that remains to be tendered, such as the landscaping contract. Concurrent with the development work, certain maintenance works are being carried out and these works are costed separately – eg, removal of rubbish from workshop area, tree cropping and pruning, removal of containers used for storage and the maintenance elements of work on the tennis courts. The Verandah terrace is part of the Phase I development. This was included in the contract for the concrete slabs for tennis courts 2 & 3, in order to obtain a lower price than if it had been awarded separately.

This brings me to the topic of maintenance. It is a sad fact that the Club buildings and facilities have been badly neglected over recent years. Preventative maintenance has not been carried out properly and our Club is not, therefore, in a very good state of health. A case in point is the condition of the electrical installations. Unfortunately, standards in Thailand still lag behind those in western countries and fatal accidents are common. We therefore arranged for Electrical Safety Consultants, a very reputable British company, to carry out an inspection of all our installations. The results were even worse than expected. This highlights the importance of employing the right staff and consultants to ensure that our Club is properly looked

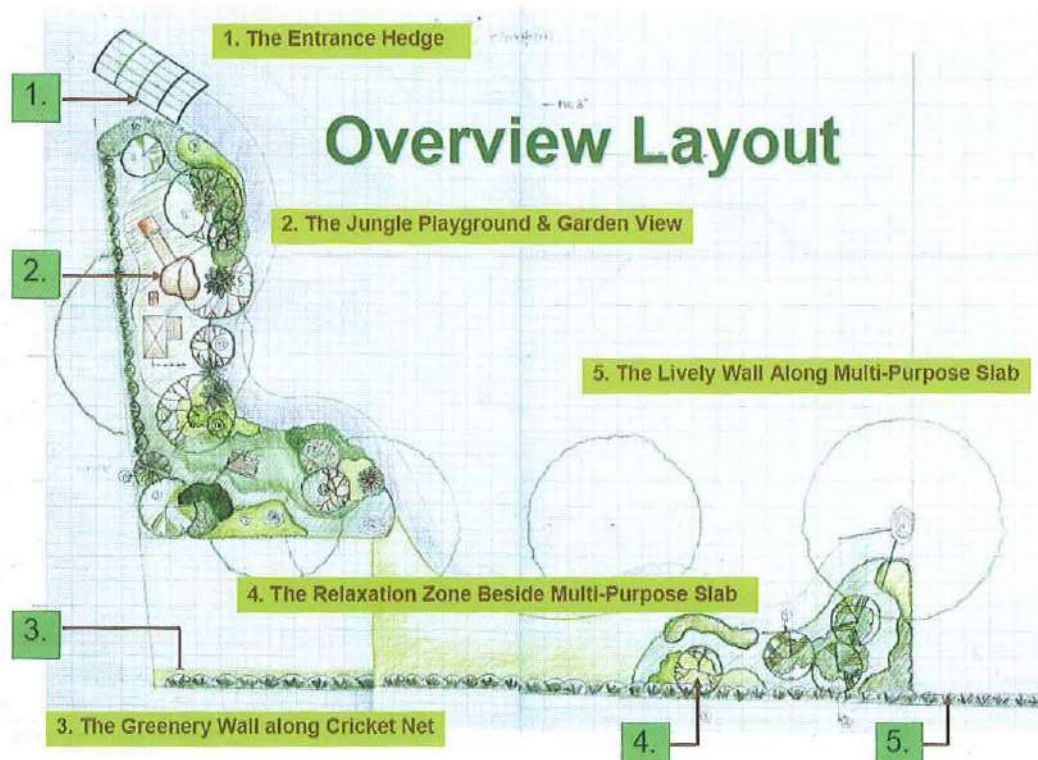


The Verandah terrace taking shape

after and kept in good condition. All faults and deviations from British Electrical Standards will now be remedied to ensure that we do not have to worry about the safety of our children, particularly in wet areas around the pools.

The DSIG will shortly be asking the General Committee to approve the appointment of an architect from a short-list of firms currently under consideration. We want to continue the work of preparing a Master Plan for the development of the Club. Our proposal is to carry out development over a 5 year period, in phases which are carefully organized to minimize the disruption of Club facilities and the impact on revenue. More about this next month.

John Boisclair
Chairman DSIG



**Some proposed
features of
the back lawn
Landscape Design**

Proposed Development of Back Lawn area – Schematic view



“Mamma Mia -The Movie” VIP premiere

By Angela Stafford

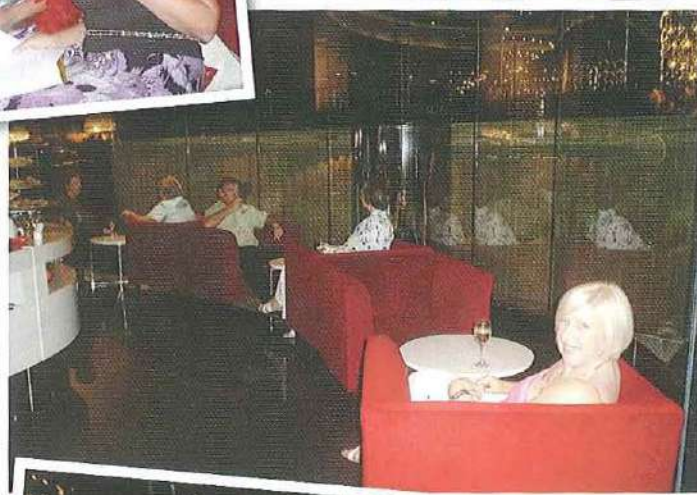
This activity was another of Barry's brainwaves! Following the success of the VIP cinema trips to see the new Indiana Jones film and “Sex and the City”, Barry booked the SF Cinema, Central World, for a preview of a movie bound to be of interest - the long awaited and much talked about “Mamma Mia - The Movie” based on the hit show with music by Abba.

As before the ticket price included a welcome cocktail drink and canapés, an unlimited supply of popcorn and soft drinks during the film and seating in snugly reclining double seats complete with blanket. Because of overwhelming demand Barry had to book two VIP cinemas in the end. On the night of July 24th, over 100 British Club members and guests converged on the SF Cinema with its front marquee blazing “Welcome to the British Club Bangkok”. My cinema had almost an entirely female audience ... Barry had kindly extended an invitation to the British Women's Group ladies too (well known ABBA fans) and Claire Deacon had completely entered into the spirit of things wearing a fab “ABBAesque” outfit complete with multi-coloured, but predominately orange, wig.

Talking of spirit (and other related alcohol), apparently the 100-strong VIP group (mainly ladies) completely drank the cinema's wine and beer stocks dry so there was a great atmosphere when we all finally sat down to watch the movie. Once you had got used to everyone bursting into song every five minutes (like in the musical ‘Oliver’), it was great to sit back and enjoy the romantic dilemma Donna (Meryl Streep) faced as it unfolded on her idyllic Greek island hideaway. Namely, three men turning up in your life 20 years after you had a passionate ‘fling’ with them, all of whom considering it possible they could be the father of your daughter (who is about to get married), all of them still handsome, fit and attractive, and all of them (well - nearly all of them - what a shame about Colin Firth), obviously still very much in love with you. What an enviable dilemma for any lady in her late 40s/early 50s to have to face! Julie Walters plays a brilliant part too in her inimitable Julie Walters style.

There was much singing throughout the movie and dancing in the aisles at the end. Apparently the SF Cinema staff were amazed that everyone stayed until all the credits had run!

So popular did the premiere prove to be that 68 went again on August 19th! and a third trip is booking fast – see page 44 for more! There are more VIP cinema outings planned for the coming months too, so watch out for details and book your seat quickly before they all go.



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contact the Club Reception,
Barry or Khun Kasem.
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Bt.31,000/person (single room)

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Angkor Wat Light & Sound Show



The Beasts are back!

The Verandah was bulging again for the July Bar Quiz on the 22nd with eight teams present, including a resurrected 'Jokers Wild', and the Jokers it was who raced out to a commanding lead until overhauled in the third round by the chasing Beasts and Spoofers who had gotten off to a surprisingly docile start. In the end, the rampaging Beasts proved too strong, finishing ahead of the Spoofers with the Junkies sneaking up into third place narrowly pipping the Jokers.

Apart from being a closely fought tussle, especially between the 4th to 7th placed teams, this Quiz seemed to have more than its fair share of fascinating questions. Question One of Round One must surely be a candidate for the weirdest quiz question of all time: "True or false – When drunk an ant always falls on its left side". The answer is, apparently, FALSE: it falls on its right side! (Where does he get these questions from?) And in Round 4, at last, the question Under Par has been waiting for: "A golfer can only do it for five minutes – what?". The answer is "Look for his lost balls". Also in Round 4, a very interesting question for Beatles fans: "Who does the Beatles' song 'The Fool on the Hill' refer to?" – it was Galileo and his celestial observations! Finally, Billy's prize for the most poignantly humorous question of the evening (in view of the Georgian crisis): "Which worldwide-known organization was recently banned in Russia because they thought it was paramilitary?" Give up? They banned The Salvation Army!

Congratulations to Under Par, Textile Allstars and the Beasts, who each won a Crown Worldwide Relocations bottle prize and thanks to our intrepid quizmaster, Mr Rodney Bain, for another great Quiz.



See the world, learn more trivia, get a chance to regurgitate facts you never knew you knew, have a laugh and maybe even win a prize at the next Quiz – now in the multi-screen Verandah Bar: Tuesday 16th September.

Oh, and the scores:

1. The Beasts	122	5. The Crown Southerners	109
2. Bangkok Gentlemen Spoofers	116.5	6. Under Par	109
3. Jim's Junkies	113	7. Bookworms	98
4. Jokers Wild	111	8. Textile Allstars	63

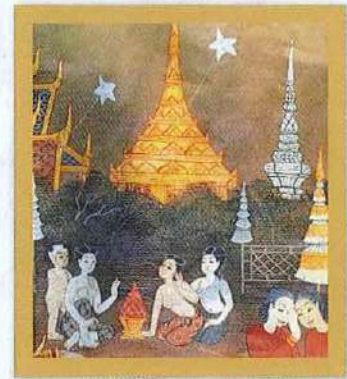
Siamese Wellness Day

Wednesday, 1st October 2008

at the British Club & Neilson Hays Library
Surawong Road, Bangkok

The Siamese Wellness Day will include :

- A talk by Dr Kris Chatamra, one of Thailand's leading authorities on breast cancer and MD of the Queen Sirikit Center for Breast Cancer at Chulalongkorn Hospital.
- Siamese Wellness Workshops – the chance to learn and enjoy beautiful Thai customs and traditions that can help you relax and reduce stress by focusing your mind.



- Lotus flower folding
- Making Jasmine garlands
- Making Kratongs
- Basket weaving
- Fruit carving
- Thai dancing
- Thai music
- Thai herbal drinks and remedies
- Walking meditation
- Learning hand massage

Schedule :

9:00 am	Registration, refreshments and healthy snacks at the British Club
9:30 am to 3:00 pm	Siamese Wellness Workshops in the British Club and the Neilson Hays Library
10:00 am	Talk by Dr Kris Chatamra in the Surawong Room, British Club
12:00 am to 2:00 pm	Buffet lunch served in the Surawong Room, British Club
3:00 pm	Depart with Siamese Wellness Day gift

Donation for entrance :

500 baht (including refreshments upon arrival, Siamese Wellness Workshops and a healthy buffet lunch.)

(Proceeds after costs will be given to the BBCs Outreach Project to help women in Thai communities learn how to detect breast cancer in the early stages.)

Tickets available from :

BNH Hospital, Reception Counter

BBCs office

British Club, Surawong Road

Neilson Hays Library, Surawong Road

☎ 02-686-2700

☎ 085-908-8002

☎ 02-234-0247

☎ 02-233-1731



For more information : Community Relations Centre, BNH Hospital
9/1 Convent Road, Silom, Bangkok 10500 Tel. 02-686-2700 ext. 3372





Ian and Wawa's wonderful wedding reception, held at the British Club on 3rd August - in pictures. Congratulations to the happy couple!





Turn your celebration into a beautiful event! The British Club's green oasis in the heart of Bangkok can be at your disposal - we have all the experience, equipment and expertise to make your dream function a reality.

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BC CALENDAR September – The Month at a Glance

Sun			7	9:00-11:00am Tennis Team Practice 10:30am-2:15pm Squash Mix-in Poolside 11:30-3:00pm Poolside BBQ The Verandah Noon-2:00pm THE SUNDAY CARVERY	Silom Room 1:00-3:00pm Children's Activities 2:30-3:30pm Yoga Suriwongse Room 2:30-6:00pm Bridge Tournament The Verandah & Churchill Bar 7:00pm BELGIAN GRAND PRIX	14	9:00-11:00am Tennis Team Practice Poolside 11:30-3:00pm Poolside BBQ The Verandah Noon-2:00pm THE SUNDAY CARVERY Silom Room 1:00-3:00pm Children's Activities
Mon	1	9:00am-12noon BWVG Mahjong 6:00pm Adult Swimming Lessons 6:00-10:00pm Tennis Match Play 7:00-10:30pm Pipe Band Practice	8	9:00am-12noon BWVG Mahjong 6:00pm Adult Swimming Lessons 6:00-10:00pm Tennis Match Play 7:00-10:30pm Pipe Band Practice	15	9:00am-12noon BWVG Mahjong 6:00pm Adult Swimming Lessons	
Tue	2	8:00-11:00am Tennis Ladies Mix-In 9:00-10:30am Ladies Tennis Clinic 10:00-11:00am Aqua Aerobics 2:00pm Boxing Training	9	8:00-11:00am Tennis Ladies Mix-In 9:00-10:30am Ladies Tennis Clinic 10:00-11:00am Aqua Aerobics 2:00pm Boxing Training	16	8:00-11:00am Tennis Ladies Mix-In 9:00-10:30am Ladies Tennis Clinic 10:00-11:00am Aqua Aerobics 2:00pm Boxing Training	
Wed	3	The Verandah Noon-2pm, 6-10pm THE MIDWEEK CARVERY 4:30-6:00pm Junior Squash Coaching 5:00-6:30pm Junior Tennis 6:00-10:00pm Tennis Mix-in 7:00-10:30pm Pipe Band Practice	10	The Verandah Noon-2pm, 6-10pm THE MIDWEEK CARVERY 4:30-6:00pm Junior Squash Coaching 5:00-6:30pm Junior Tennis 6:00-10:00pm Tennis Mix-in	17	The Verandah Noon-2pm, 6-10pm THE MIDWEEK CARVERY 4:30-6:00pm Junior Squash Coaching 5:00-6:30pm Junior Tennis	
Thu	4	8:00-11:00am Tennis Ladies Mix-in 2:00pm Boxing Training	11	8:00-11:00am Tennis Ladies Mix-in 2:00pm Boxing Training 5:15-9:00pm Squash Mix-in	18	8:00-11:00am Tennis Ladies Mix-in 2:00pm Boxing Training	
Fri	5	2:00-5:30pm Junior Swimming Classes 4:30-6:00pm Junior Squash Coaching 3:30-5:30pm Junior Tennis	12	2:00-5:30pm Junior Swimming Classes 4:30-6:00pm Junior Squash Coaching 3:30-5:30pm Junior Tennis	19	2:00-5:30pm Junior Swimming Classes 4:30-6:00pm Junior Squash Coaching 3:30-5:30pm Junior Tennis	
Sat	6	9:00am-1:30pm Junior Swimming Classes 2:00pm Squash Handicap Mix-in	13	9:00am-2:00pm Junior Swimming Classes	20	9:00am-2:00pm Junior Swimming Class	

<p>3:30-3:30pm Yoga</p> <p>Suriwongse Room 1:30-6:00pm Bridge Tournament</p> <p>The Verandah & Churchill Bar 7:00pm ITALIAN GRAND PRIX</p> 	<p>21 9:00-11:00am Tennis Team Practice</p> <p>Poolside 11:30-3:00pm Poolside BBQ</p> <p>The Verandah Noon-2:00pm THE SUNDAY CARVERY</p>	<p>Silom Room 1:00-3:00pm Children's Activities</p> <p>2:30-3:30pm Yoga</p> <p>Suriwongse Room 2:30-6:00pm Bridge Tournament</p>	<p>28 9:00-11:00am Tennis Team Practice</p> <p>Poolside 11:30-3:00pm Poolside BBQ</p> <p>The Verandah Noon-2:00pm THE SUNDAY CARVERY</p> <p>Silom Room 1:00-3:00pm Children's Activities</p> <p>2:30-3:30pm Yoga</p> <p>The Verandah & Churchill Bar 7:00pm SINGAPORE GRAND PRIX</p> 
<p>6:00-10:00pm Tennis Match Play</p> <p>7:00-10:30pm Pipe Band Practice</p>	<p>22 9:00am-12noon BWG Mahjong</p> <p>6:00pm Adult Swimming Lessons</p>	<p>6:00-10:00pm Tennis Match Play</p> <p>7:00-10:30pm Pipe Band Practice</p>	<p>29 9:00am-12noon BWG Mahjong</p> <p>6:00pm Adult Swimming Lessons</p> <p>7:00-10:30pm Pipe Band Practice</p>
<p>5:15-9:00pm Squash Casual Mix-in</p> <p>The Verandah 7:30pm JOHN SMITH'S BAR QUIZ CROWN Churchill Bar 10:00pm-late Spoofing</p> 	<p>23 8:00-11:00am Tennis Ladies Mix-In</p> <p>9:00-10:30am Ladies Tennis Clinic</p> <p>10:00-11:00am Aqua Aerobics</p>	<p>2:00pm Boxing Training</p> <p>5:15-9:00pm Squash Casual Mix-in</p> <p>Churchill Bar 8:30pm-late Spoofing</p>	<p>30 8:00-11:00am Tennis Ladies Mix-In</p> <p>9:00-10:30am Ladies Tennis Clinic</p> <p>10:00-11:00am Aqua Aerobics</p> <p>2:00pm Boxing Training</p> <p>5:15-9:00pm Squash Casual Mix-in</p> <p>Churchill Bar 8:30pm-late Spoofing</p>
<p>6:00-10:00pm Tennis Mix-in</p> <p>7:00-10:30pm Pipe Band Practice</p> <p>Churchill Bar 7:00 & 8:00pm PRESTIGE WINE ACCUMULATOR 7:30pm Bottle Draw</p> 	<p>24 The Verandah Noon-2pm, 6-10pm THE MIDWEEK CARVERY</p> <p>4:30-6:00pm Junior Squash Coaching</p> <p>5:00-6:30pm Junior Tennis</p>	<p>6:00-10:00pm Tennis Mix-in</p> <p>PAUL ANKA CONCERT Leave BC @ 6:30pm</p> <p>7:00-10:30pm Pipe Band Practice</p> <p>Churchill Bar 7:00 & 8:00pm PRESTIGE WINE ACCUMULATOR 7:30pm Bottle Draw</p> 	
<p>5:15-9:00pm Squash Mix-in</p>	<p>25 8:00-11:00am Tennis Ladies Mix-in</p> <p>2:00pm Boxing Training</p>	<p>5:15-9:00pm Squash Mix-in</p>	
<p>6:00-10:00pm Tennis Mix-in</p> <p>The Verandah Noon-2pm, 6-10pm JAMIE OLIVER BUFFET</p> <p>Silom Sala 7-9pm Kid's VDO</p>	<p>26 2:00-5:30pm Junior Swimming Classes</p> <p>3:30-5:30pm Junior Tennis</p> <p>6:00-10:00pm Tennis Mix-in</p>	<p>The Verandah Noon-2pm, 6-10pm MEDITERRANEAN BUFFET</p> <p>Suriwongse Room 6:00-9:00pm WINE TASTING</p> <p>Silom Sala 7-9pm Kid's VDO</p> 	<p>■ Short Term Rental (daily, weekly, monthly)</p> <p>■ Long Term Rental</p> <p>■ Rental with Chauffeur</p> <p>■ Limousine Service</p> <p>Location: Bangkok • Suvarnabhumi • Chiang Mai • Hua Hin • Pattaya</p> <p>M Lumphini Station</p> <p>Tel. 0 2696 8240 E-mail: info@europcar.co.th</p> <p>Europcar</p> <p>www.europcar.co.th YOU RENT A LOT MORE THAN A CAR.</p>
	<p>27 9:00am-2:00pm Junior Swimming Classes</p>		

On the menu . . .

On the menu this month, food by Jamie Oliver. Don't miss the Verandah Café Jamie Oliver Buffet on 19th September featuring a range of dishes from the books of Britain's top chef. Khun Laak and her team have been busy



practicing the recipes, so now is your opportunity to sample the cuisine of The Best Chef in England! To get your taste buds into a state of anticipation, we present below a mouth watering selection of Jamie's recipes.

Eton Mess

(serves 8)

Eton mess is such a classic old-school dessert. I've kept this one pretty simple, using bashed-up meringues with raspberries and strawberries. I like to keep half the fruit whole and mush up the rest; this gives you beautiful flavour and lovely chunks of fruit. Eton mess is always a treat to eat, but if you want to make it look extra special then you can serve it in pretty individual glasses. And a lovely addition is a few drops of rose water ... perfect for an English summer's day!

Ingredients:

1 x basic meringue recipe
565ml (1 pint) double cream
1 vanilla pod, scored lengthways and seeds removed
2 heaped tablespoons caster sugar
250g (9oz) strawberries
250g (9oz) raspberries
1 teaspoon good quality balsamic vinegar
Optional: a handful of flaked almonds, toasted

Directions:

First of all, make your basic meringue recipe – you should end up with 6 to 8 meringues. Whip the double cream with the vanilla seeds and 1 tablespoon of your sugar until you have soft peaks. Don't over-whip it or the cream will go thick and cloddy – you want it to stay light and delicate. Take half the strawberries and half the raspberries and put them into a bowl with the rest of the sugar and the balsamic vinegar. Mash up with a fork. Put your flavoured cream and the mashed-up fruit into the fridge until your meringues are ready and have cooled down.

You can serve Eton mess on a large platter or in individual glasses. To assemble, break up your meringues into a bowl – you can crush some of the bits into powder, leaving other bits chunky. Fold the vanilla cream and mashed-up fruit together till well mixed, then sprinkle with the toasted almonds (if using) just before serving. Put everything together right at the last minute so that the meringue won't go all soft.



Slow-Roasted Duck with Sage, Ginger and Rhubarb Homemade Sauce

(serves 4)



This is one of the best duck recipes I've ever had. Slow-roasting means the skin goes really crispy and you cook out loads of fat (which you can keep in the fridge or freezer for roasting your potatoes in the future), and the meat becomes tender, sticky and fantastically rich.

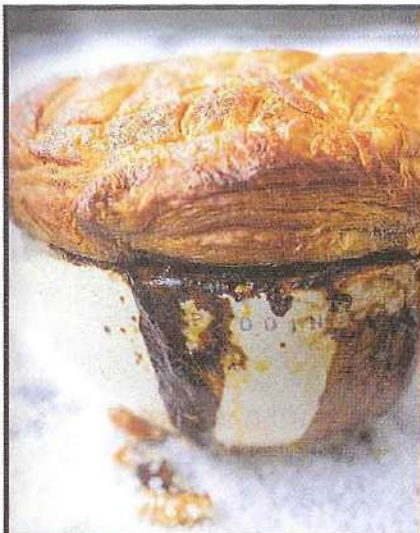
Ingredients:

2 x 1.5kg (3.5lb) Gresham, Aylesbury or mallard ducks
Salt and freshly ground black pepper
255g (9oz) fresh ginger
2 long sticks of baby rhubarb
2 handfuls of fresh sage, roughly chopped
1 bulb of garlic, cloves removed and chopped in half
2 red onions, finely sliced
2 wineglasses Marsala or Vin Santo
285ml (1/2 pint) vegetable, chicken or duck stock
Olive oil

Directions:

Preheat the oven to 180C/350F/gas 4. Season your ducks generously inside and out. Coarsely grate half your ginger and rhubarb. Mix this in a bowl with half of your sago and all of the garlic and onion, and stuff inside the cavity of your ducks. Place them in a tray and roast in the oven for 1 hour; then turn the temperature down to 150C/300F/gas 2 and cook for another hour and a half until crisp and tender. During this cooking time, you'll need to drain the fat maybe 3 times into a bowl – it will separate into clear fat which you can keep for roasting. The ducks are ready when the skin is crisp and the leg bones can be easily loosened.

Once cooked, allow the ducks to rest on a warmed plate while you make the sauce. Drain off any remaining fat from the roasting tray. Pull out all the stuffing and any juices from the inside of the ducks into the roasting tray. Heat the roasting tray on a low heat, add your Marsala and loosen all the sticky goodness from the bottom of the tray. This may flame so mind your eyebrows. Add your stock and reduce to a good taste and consistency. Pass through a coarse sieve. With a knife you can easily remove the breasts from the ducks and, using your hands, remove the thighs. Divide onto plates. To finish off, finely slice the remaining ginger and fry off in a little hot oil in a non-stick frying pan. As it begins to colour, add the rest of your rhubarb, finely sliced, and finish with the rest of the sage until crisp. Sprinkle this over the duck and drizzle with your tasty sauce.



Good Old Steak and Guinness Pie (serves 6)

This is nice and easy to make as all you have to do is put a puff pastry lid on top of a dish filled with your stewed meat. I never serve anything else with these pies but if you want to, boiled potatoes and steamed greens always hit the spot.

Ingredients:

- 680g (1 1/2 lb) stewing beef, diced
- Sea salt and freshly ground black pepper
- 2 heaped tablespoons flour
- Olive oil
- 1 onion, peeled and roughly chopped
- 1 large carrot, peeled and roughly chopped
- 4 sticks of celery, washed and roughly chopped
- 2 parsnips, peeled and roughly chopped

- 1 handful of mixed herbs (rosemary, thyme and bay), leaves picked
- 565ml (1 pint) Guinness
- 2 x 400g (14oz) tins of tomatoes
- 1 x 500g (1lb 2oz) pack of puff pastry
- 1 egg, beaten

Directions:

Season your beef generously with salt and pepper, sprinkle with the flour and toss around until coated. Heat 2 or 3 lugs of olive oil in a large casserole-type pan and fry your meat, in 2 batches if need be, until golden brown. Add the onion and fry for 1 more minute, then add the carrot, celery, parsnips and herbs. Fry for a further 4 minutes then pour in your Guinness. Add the tinned tomatoes and bring to the boil. Stir around, then simmer for around 2 hours or until the meat is really tender. The sauce should be nice and thick with an intensely tasty flavour. Season. At this point you could serve it as a stew with mash, or it will keep really well for a good 5 days in the fridge (while improving in flavour at the same time).

To make the pies, preheat the oven to 190C/375F/gas 5. Put your meat filling into an appropriately-sized baking dish or dishes. I like to make small individual pies - any high-sided round ovenproof bowls are fine. Roll out your pastry, dusting with flour as you go, until 0.5cm (1/4 inch) thick. Cut out 6 circles about 1cm (1/2 inch) bigger than the tops of your bowls. Brush the rims of your bowls with beaten egg, then place the pastry circles on top, squashing the excess pastry down the outside of the bowls to secure. Lightly score the top of the pastry in a criss-cross fashion and brush with more of the beaten egg. Bake in the middle of the preheated oven for 45 minutes until golden and bubbling.

Tropical Coolers



Virgin Mango Colada

- 1/2 whole Fresh Mango
- 2 oz Pineapple juice
- 1 oz Coconut milk
- 1/2 oz Syrup
- Crushed ice

Blend all ingredients with crushed ice until slushy and pour into long drink glass.



Lychee Martini

- Fresh Lychee
- 1 oz Gin
- 1/2 oz Dry Martini Vermouth

Shake with ice and strain into a Martini glass.
Garnish with fresh lychee.



Regular Sports, Games & Activities

Aqua Aerobics

Tuesday 10:00–11:00

Boxing Training

Tuesday and Thursday 2:00pm

Bridge

Sunday 2:30–6:00pm Tournament play in Suriwongse Room (except last Sunday of every month)

Fitball Training

Monday–Thursday 10:30am
Saturday 2:00pm

Pipe Band

Monday 7:00–10:30pm Practice - upstairs Clubrooms
Wednesday 7:00–10:30pm Practice - upstairs Clubrooms

Spoofing

Tuesday 8:30pm until late - Churchill Bar

Squash

Tuesday 5:15–8:15pm Casual Mix-in
Wednesday and Friday 4:30pm–6:00pm junior squash coaching
Thursday 5:15–9:00pm Mix-in
1st Saturday of every month 2:00pm Handicap Mix-in
1st Sunday of every month 10:30am–2:15pm Mix-in

Swimming

Mondays @ 6:00pm – adult swimming lessons (free)
Friday 2:00–5:30pm junior classes
Saturday 9:00am–2:00pm junior classes

Tennis

Match Play
Monday 6:00–10:00pm
Mix-in All Standards
Wednesday 6:00–10:00pm
Friday 6:00–10:00pm
Ladies Mix-in
Tuesday 8:00–11:00am
Thursday 8:00–11:00am
Team Practice
Sunday 9:00–11:00am

Tennis Coaching

Friday 3:30–5:30pm: junior tennis
(Contact Reed in the Fitness Centre for more details)

Yoga

Sunday 2:30–3:30pm

Sports/Activities Price List

Aqua Aerobics

Bt.3,000 for 10 sessions

Boxing Training

Boxing-kickboxing sessions – Bt.400 (must book in advance)

Fitball Training

Package deals or Bt.200 per session (drop in)

Massage

Thai massage/foot massage - Bt.250 per hourly session (except Mondays)

Squash

Private coaching Junior squash coaching (Wed & Fri) grouped by age levels – Bt.250

Squash courts

Bt.50 per 45 min

Swimming

British Club Swimming lessons – Bt.325 per session, Bt.3,250 for 10 lessons

Junior Tennis

Bt.5,500 for 10 lessons (Friday)

Tennis courts

Bt.30 per hour am/Bt.90 per hour pm

Tennis knockers

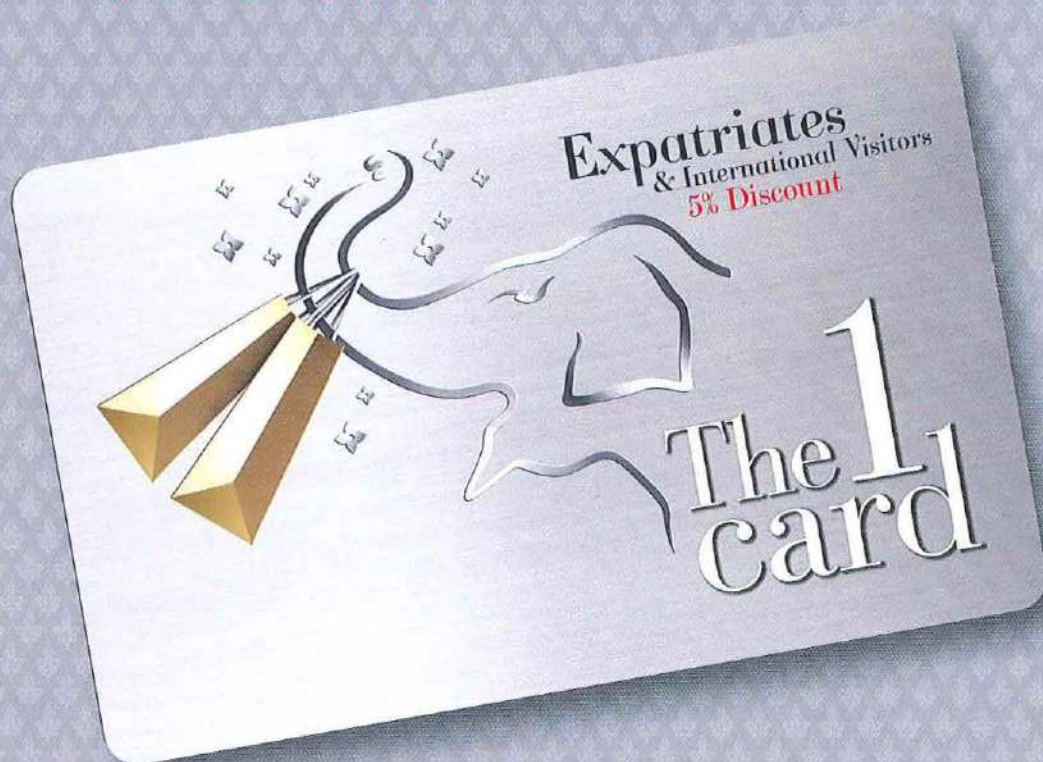
Hourly knocking sessions with – Khun Jang (Bt.550), Khun Kaew (Bt.500), Khun Tom (Bt.400), Khun Choon (Bt.400), Khun Phon (Bt.300), Khun Champ (Bt.300)

Yoga

Bt.2,500/month for 10 sessions; drop-in Bt.300 per session

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Balut in full force



The British Cub Bangkok Balut Team at last year's competition

NOW WHAT IS THIS INTERPORT ALL ABOUT?

(or Everything you wanted to know about Interport but were afraid to ask)

In the past few months from both Outpost and the BCB Announcer, and in Development Forums, there has been a lot of talk of the prestigious **28th STC Interport Balut Competition** coming to our Club but for the uninitiated, just what on earth is it?

Well, it is the game of Balut played under the rules set up in 1979 by the late Singapore Town Club (hence STC) and now played by some fifteen members' clubs across South-east Asia, from the Tanglin Club Singapore to the Royal Brunei Yacht Club, from the Sarawak Club to the Manila Yacht Club. The highlight of the Baluters' year is an annual international competition hosted by one of the Members' clubs and this year is the first time in the 28 years of this annual "Inter Port" competition that it has been played on Thai soil.

The Balut competition, however, is not merely about throwing dice (although that part is taken very seriously) – it is a huge social gathering with lots of good food and entertainment laid on to make the whole weekend truly memorable.

The competition, to be hosted over the weekend of 21st and 22nd November, will start on the Friday evening with a Welcome Party with, of course, the mandatory 'open bar' and the sounds of a local Thai DJ. Saturday starts with Luncheon whilst the actual competition will be held on the afternoon with eight rounds of Balut being intertwined with refreshment and the occasional nicotine breaks. The competition will conclude on Saturday evening with the Tournament Prize Giving Dinner ... see the Competition website for details: <http://www.britishclubbangkok.org/28th-interport/>.

The Balut Section expect some 130 international players to descend on our Club over this weekend, joined by some 20 or so British Club players, team trials for which will start in October. Now at this stage we have to say that the rigours of expat life have caused a drop of five Balut players in the BCB Balut section this year so we are looking for new players to join both the section and the Interport team. Please make contact sooner rather than later to paulc@truemail.co.th.

As you can imagine this is not a small event: a marquee on the back lawn's new All Sports Court, 150+ reciprocal club members and BC members to feed and water as well as trophies and prizes to buy. The Competition is supported by the Tourism Authority of Thailand and sponsored by Martello Realty, ICPA, RSM Advisory, Det5 Bar & Restaurant and the British Club Bangkok. We still have opportunities for companies to become both Silver and Gold sponsors of this event: please contact Bob van Es on bob@det-5.com.

We look forward to a splendid weekend of Balut!

BCB BALUT SHIELD

The August Tournament was quite an upset in that the seemingly impossible task of exceeding Caroline Willbourn's highly impressive average of 103.5 was achieved by Steve Eaton whose impressive 528 took his average to 103.7!!

But, as they say, it is not over until the fat lady sings Jeremy Watson has crept into third place and a score of 524 would be enough to clinch the title, and Paul Cheesman only needs a 529 ...

The final tournament of the 2007-08 year is on 3rd September 2008.

HALF-TIME SCORES

(which all Baluters know means 'one round to go')

Rank	Player	BEST SIX POINTS	BEST SIX Average
1	Steve Eaton	3110	103.7
2	Caroline Willbourn	3104	103.5
3	Jeremy Watson	3069	102.3
4	Paul Cheesman	3049	101.6
5	Phil Alexander	3004	100.1
6	John Boisclair	2997	99.9
7	Steve Mallon	2976	99.2
8	Roger Willbourn	2968	98.9
9	George Okrasa	2922	97.4
10	Arun Gupta	2912	97.1
11	Tony Rodriguez	2887	96.2
12	Christopher Poustie	2852	95.1
13	Simon Davies	2760	92.0



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If you haven't already visited Amantee, we cordially invite you to do so. We promise, you will be pleasantly surprised...



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With Reed Passmore

Dear Members,

The month of July has been a quiet month around the Club with many families on holiday over the summer break. This quiet period gave me some time to reflect on the first 6 months of the year and prepare for the coming months and finally Christmas ... Christmas!!! It's only September, I hear you ask?? Well, more on that shortly.

The first six months has seen some new and exciting activities and functions at the Club with regular swimming lessons, swimming gala, impromptu games of football and cricket on the lawns, 4-a-side football competition, sports camps that involved horse riding, mountain bike rides, ten pin bowling, tennis and swimming camps and others. This has been a good base to build from and the next 6 months promises to be busier with numerous sports and activities already planned (Amazing Race Bangkok 4th Oct, October Sports Camp, and Kids' Halloween Party Oct 31st) plus many more activities. Now....

Christmas: Christmas is a time to celebrate, eat, drink and be merry - so what has this got to do with sports and activities? Well, many of us tend to put fitness on the back burner at this time of year and at the end of the festive season we find some "Christmas cheer" around our midsection. So to help you combat that Khun Amnat, Khun Rit and I are starting more fitness activities beginning in September. This means there will be more fitness classes for members to "look good" for Christmas but most of all to enjoy the variety of fitness at the Club and be a happy healthy member. So start preparing for the festive season NOW.

Monday: Fitball and adult swimming lessons

Tuesday: Boxing

Thursday: Fitball, boxing and circuit training

Saturday: Fitball

Sunday: Running club and circuit training

Plus there are personal training sessions, swimming lessons and squash lessons for all members.

Fitball Course:

Let Amnat push you through a challenging workout. Fitballs are an unstable platform so your body works overtime trying to stabilize you as you pump light weight for high reps.

✓✓ Great all over workout.

Monday and Thursday @ 10:30pm and Saturday @ 2pm - Check out our overall course price with discounted rates.

Circuit training

Circuit training is a mix of high intensity weight training with limited recovery time. Low weight, high reps. These sessions

are short, sharp and a perfect way to increase fitness and muscular endurance.

✓✓ Great 45-minute session to burn calories and increase muscular endurance for all fitness levels.

Circuits 6:30pm Thursday and 3pm Sundays - Only Bt.125 per person

Adult Swimming Lessons

Adult swimming lessons are designed for swimmers at all levels, teaching technique whilst getting you fit in the pool.

✓✓ Great for anyone who wants to improve their swimming and fitness.

Monday nights at 6:30pm - FREE

Running Club

K.Amnat is training for half marathons so come and join in with his training. This is for runners of all levels and is designed for non-runners wanting to increase their fitness levels, to good runners wanting to decrease their current times.

✓✓ Great for all fitness enthusiasts. Sundays @ 5:30 - Lumpini Park

Boxing Sessions

Boxing/kickboxing sessions run Tuesdays and Thursdays. Boxing is not only a great stress buster but it's voted the best cardio workout by leading health experts.

✓✓ Great exercise, burning up to 1000 calories an hour - plus teaches self defensive skills. Bt.400 per session.

Please note that certain activities will need to be booked in advance

Tennis Coaching: Due to other coaching commitments Pierre Sequier will no longer be working at the Club. We wish him the best and we are currently looking for a new coach.

September Fitness Tips

What has the least amount of fat?

- (1) Mars Bar-60g
- (2) Six chicken McNuggets
- (3) Café Latte 300mls
- (4) Eight weet bix with 250ml FULL cream milk

(answers below)

Some CLASSIC excuses I HAVE HEARD for NOT exercising

- (1) I AM ALREADY THIN SO IF I EXERCISE I WILL WASTE AWAY;
- (2) I DO NOT NEED TO EXERCISE BECAUSE MY FAVOURITE TV SHOW IS GREAT FOR LOSING WEIGHT;
- (3) I ALREADY GET MY DAILY EXERCISE BY WALKING FROM THE TAXI TO THE BAR;
- (4) I EXERCISE IN THE OFFICE BY SWIVELLING ON MY COMPUTER CHAIR, TYPING AND CLICKING MY MOUSE;
- (5) I CANNOT EXERCISE BECAUSE THE NIKE TRAINERS I NEED COST 4000 BAHT;
- (6) I AM TOO OLD TO START NOW.

Sign Up Now for -

- | | |
|---------------------------|------------------------|
| : Junior Rugby Training | : Amazing Race Bangkok |
| : Junior swimming lessons | : Halloween |
| : Junior squash lessons | : October Sports Camp |

Have an **AMAZING RACE** Around Bangkok

Race day:
Saturday 4th October 2008. 10am start

Teams of 2 will need to race to complete 10 tasks. At the completion of each task the team will be given directions and information regarding the next task and so on. Some challenges will require one team member while others require team work.

Price is Bt.2500 per team and includes transport, lunch, buffet dinner and drinks (beer & wine).

Must sign up before 26th September.





Tackle maybe a bit late by airforce captain Mor

Rugby Report for July 2008

Marathon Rugby Tens

The Silapakorn University 10s tournament is only in its third year but is fast becoming one of the biggest rugby events on the Thai rugby calendar. It is only a one-day event, but the organisers cleverly devised a schedule ensuring all teams play a minimum of eight games during the day, more or less the same as in a two-day event. The organisers originally chose to make this a one-day event as it is played at the Silapakorn University Campus in Nakhon Pathom which is too far away from Bangkok to travel for two days of rugby but too close to justify teams from Bangkok staying overnight. The tournament boasts prize money donated from local business and is supported by Nakhon Pathom Province for the top three teams in each division, bringing in more and more teams to participate each year and making the day longer and longer; hence the tournament has picked up the name "Marathon 10s". Twenty-eight teams attended this year's event; truly a "marathon" of rugby was to be played, the first game kicking off at 7.30 a.m. and the final taking place at 10.30 p.m. - non-stop rugby from dawn till dusk! At the end of the day, win lose or draw, the players are guaranteed complete exhaustion. By just getting through the group games there is a sense of achievement as it's a tremendous amount of rugby to play in one day.

Luckily none of our teams had been drawn in the first game at 7.30; but for the second game we were scheduled to play. The 1st team were drawn against RBAC 2's in the second game of the day at the extremely uncivilized time of 7.45. Making sure the team was awake before the sun was up and on the way to the ground was going to be an interesting task. As usual at 7.45 with RBAC waiting for us on the pitch many of our boys were rolling up socks, lacing up boots and doing their morning toilet at the same time. We managed to get nine players on the pitch for the kick off with the tenth sneaking on unnoticed by the referee half way through the game. Our complete professional preparation and perfect organisation shone through as we played outrageously horrific rugby, scraping home with a 0-0 draw.

The Golden Pot was still there for the BC first team, who out powered the RBAC 1st team in the quarters. Our old nemesis the Navy was lying in wait for us in the semi-finals. We went into the game much too confident and cocky after already having beaten the Navy earlier in the group stage. The Navy scored straight off the kick-off as we seemed oddly asleep for a semi-final. Again off the kick-off an almost identical try - the ball was kicked high, no one from the BC called for it, the ball bounced favourably for the rushing Navy players and under



Fast attacking scrum move



BC team taking a break

the post they went giving the Navy a 14 - 0 head start before even a minute was played. A clever tactic this wasn't, our light was now fading, heads were down. However, the boys did battle and try to use the rain and mud to our advantage. The game became more and more open as we chased the game. We scored, but every time we scored the Navy answered back with their own try. The game finished a disappointing 29 - 21, no pot of gold, no losers' cheque this year but we could be satisfied and very proud with the whole squad's performance. Every team played well and increased the growing respect for the BC as a club who really supports and develops rugby in Thailand.

Update on Development of Rugby in Thailand

As I mentioned earlier in this article, this year the British Club rugby team has been invited by Assumption University (ABAC) to help coach, play with and support their team. The coach of ABAC, a BC first team player asked if we could also help ABAC out as he has been part of the improvement in the Thonburi University Side with the BC over the last year. He has seen how we transformed this before-unheard-of university and took them to the semi-finals of the University Third Division last year beating ABAC on the way. We have just evolved and adapted to the resources which are available to us and work hard to expand the network of supporters and mentors among the senior expatriate circle of rugby players. One important point I try to stress when introducing rugby and its values to new players is that we as a club are not able to buy or pay players like other clubs, but we are able to cultivate and develop good rugby players, we can play well, and enjoy the game. Success is not just measured in silverware and medals and success on the pitch at all cost is not what the current BC rugby committee feel will develop the club in the right direction for the future.

A proud moment came at the Silapakorn 10's with Princess Chulabhorn's College in Lopburi. One of Thailand's oldest towns and the second capital of Siam during the Ayutthaya period Lopburi is most famous for sunflower fields and naughty monkeys. An ex-player of ours is stationed in Lopburi with the Royal Thai Army; he has been coaching school boys from Princess Chulabhorn's College on and off for the last four years with little success. There is no competition for the boys up there and our player's coaching abilities are limited. At his request we found an extremely good coach who was willing to take the position of full time coach at the Princess Chulabhorn's College. The British Club has gone up a couple of times for a rugby clinic a couple of years ago and provided some easy game time for the Lopburi kids. The coach had a lot of work to do. So it was a great pleasure seeing how much these boys had improved in such a short time. School boys of only 16, 17 and 18 beating the Thai Barbarians in the Silapakorn University 10's was such an incredible achievement. Many of the boys remembered many of our players and thanked us for the support we had shown them in the past. The captain especially was very happy to meet us again and invited us to Lopburi to play a full game with them, but warned us this time to bring our full side.

Pink & Black Ball 2008

Organisation for this year's Pink & Black Ball is well under way, with the event scheduled for Saturday 4th October. After last year's rejuvenated success there has been a huge interest for tickets this year. So please book early to avoid disappointment.

Once again the Ball will be held at the Amari Watergate where Resident Manager David Cumming and his team did such an incredible job last year. Manarco and Vince Swift, the British Club's longest standing sponsor, will again be hosting the pre-dinner cocktails; Pepe Lopez has again this year agreed to sponsor the Tequila for all tables and then some, The Bangkok Breakfast Circle have quite generously agreed to sponsor the full English buffet breakfast at 1 a.m. which was so successful last year, and a table for VIP guests.

Much thought has gone into who we should invite as our VIPs for this table. Robert Milsom, our in-house DJ and entertainment officer, suggested a "LEGENDS" table. A table for ex-members and players of the British Club Rugby team - a way of honouring our predecessors and thanking them for building the foundations of what is today a very successful rugby club.

A table of 10 at the Pink & Black Ball includes a 5 course meal, 5 bottles of wine and a bottle of tequila at the price of only Bt.25,000. For bookings please contact Morcar McConnell - phone 0819304913 or email morcar.s.mcconnell@gmail.com. Full details of the Ball will be provided shortly, so please keep your eyes and ears open as the tickets will go quickly!!

Yours in rugby,

Magnus Andersson

Chairman

Rugby Section



Wayne Beauchamp
Emerald House Co., Ltd.



Tel. 08 0459 3841

08 0459 3842

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A New Beginning

Welcome to another Football Section update.

Since our last edition, the seasons have finished around the world and Spain, the great underachiever, has finally managed to win an international trophy, following a history of doing anything but, by pulling off a win in the European Championships. If you remember England, probably second to Spain in terms of underachievement and now possibly vying for the unenviable top spot, decided not to attend.

All of the clubs around the world are preparing for the start of the new seasons, Mr Taksin may sell Manchester City and Newcastle is in its usual pre-season state of disarray.

In Bangkok, the leagues finished, but football continued unabated for those stalwarts of the game who enjoy playing a sport designed for more European climes than the steamy and wet summer heat here in Bangkok.



Don't tell the wife, but this is why John likes the vets tournament!

We will review the summer's events in due course, but first some great news regarding the British Club, its Football Section and the future plans for both.

BC football 2008/09

As with the Club, and as many of you are more than aware, most of our Section playing members are drifting towards what is normally termed the twilight of their playing years. Indeed, in some cases they are playing well past midnight.

The Section has traditionally supported Chang (Ferang) League football, played by those whose ages are normally associated with the grandchildren of the vast majority of our members. In addition, aimed at the somewhat less physically able, the BC Football Section has also supported a Casuals League side and of course, for the completely physically challenged, the Section has supported the Veterans' events in their many guises.

Unfortunately, however, none can stop the march of time and as we all head towards that metaphoric deck chair in Pattaya (Jim Howard is already there!) the Section felt that a complete rethink was necessary over planned investment for the upcoming season.

Over the past few months the Section has been working with CEO Michael and his team, who in turn have been liaising with the General Committee. The Section has canvassed the views of many members, players and interested parties across Bangkok and has taken into account the recent changes in the Club facilities, not least the proposed new all weather pitch to the rear of the Club and the new hard surfacing of the existing tennis courts.

Following this extensive review and with the support and agreement of all involved, the following is proposed for the upcoming season:

The Section will no longer financially support a team playing in the Chang League.

The Section will continue to support the Casuals League team managed by Joe Connolly. This team will play in the Casuals League division 1.

The Section will support a new veterans (over 35's) team which will play in the Casuals League division 2.

The Section will continue its support for the veterans 7-a-side team in the monthly veterans tournament played the first Sunday every month at Harrow School.

Training will continue as before, but expanded to 2 nights to accommodate the anticipated increase in player numbers.

Only registered Section members will be allowed to play for BC supported teams.

As agreed with the General Committee, the Section will also organise at least three substantial functions at the BC each year.

The Section will promote the sales of food and beverage on training nights which will be purchased through the voucher sales system.

.....And, with the help of Reed, the Section will work to promote and run intra Section football events, to support kids' football and to support the playing of futsal within the Club confines.

This new arrangement will not only refocus the Section on players more likely to be potential future full BC members, it will provide increased income to the club, maintain the Club at the forefront of Bangkok football and provide another attraction for anyone new in Bangkok wishing to join an all round family Club.

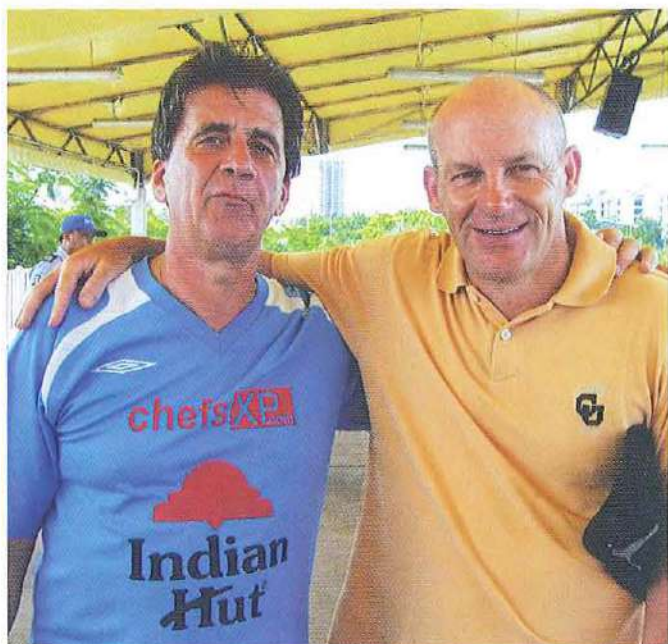
The Section believes it to be a very good move in the right direction and would like to thank all of those involved in the complex decision making process. We hope all those interested in football will take advantage of this new beginning.

The summer season

Anyway, back to the more mundane stuff. The Veterans' League continued and a number of friendlies were played during the recent months.

Following the visit of Peter Reid (soon to be reunited with Thailand Football), Viv Anderson, Ian Rush and Steve Coppell et alia, the off season settled down.

The Section participated in the various Veterans' League Tournaments with mixed fortunes. The defence remained reasonably sound throughout, but the lack of fire power upfront resulted in only limited rewards for a lot of hard work.



A little advice from a master is always useful. Steve was quite pleased!

Things improved somewhat in August with a third place in a depleted Veterans' League with progress aided by some handy penalties.

Friendlies through the period included games against a Macau touring team and a Singaporean eleven who were kind enough to supply enough duty free Tiger beer to supply quiz night at the BC. Wet and windy was the backdrop for games against a number of Thai teams in the Japan Stadium in Ding Daeng.



Just a little light lunch provided by our French cousins!

Training continued for as long as possible, but as the Club contractors started to rip up the courts around us, it was felt that a couple of months break was merited.

And, coming up.

The season(s) and training will start again in September and the Vets will continue throughout the summer.

But finally, we could not finish without a mention of the upcoming event of the year ...

Named after the late Alex Forbes, one of the Club's former captains and a stalwart of the BC (perhaps a little parochial from time to time regarding all things Scottish), The Alex Forbes Cup will be fought out on 30th August.

Not quite Culloden, but the playing fields of Patana will run red with the contestants' blood as Scotland takes on the mighty English in this annual event.

FIFA rules will generally apply in a "football match" that will for the first time ever feature only players eligible to play for their respective countries.

Anybody eligible and willing to take up the call to arms can apply to the Section, but be warned. "It's not for the faint hearted".

Enjoy your football.

Hope to see you soon,

The Football Section

bonifacio
coffee table



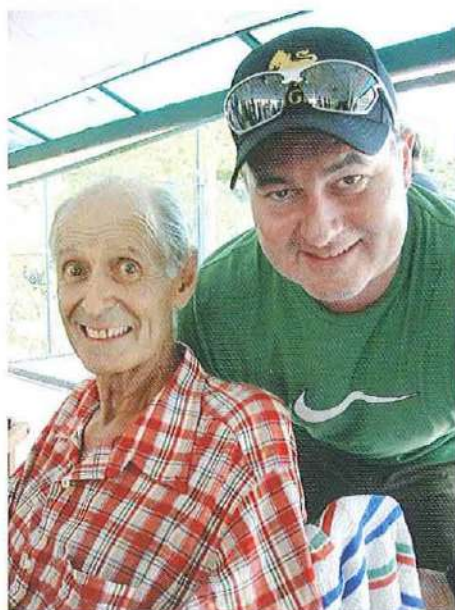
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Opening hours: Tue-Sun 10 am-5 pm Closed: Monday



Bruce Gordon celebrates his 74th birthday at the British Club



On a beautiful, sunny Sunday afternoon July 20th, more than 55 friends and family of Bruce Gordon celebrated his 74th birthday at the Suriwongse Sala. Bruce, a long-time active and popular tennis player, had been playing tennis a month earlier before an appendicitis surgery led to the discovery of an inoperable progressive cancer. He was released from Chinatown's Central Hospital to attend his birthday celebration.

Several members of Bruce's family were able to fly into Bangkok from the UK to be with Bruce at this critical time. Joining the birthday festivities were his children Jean, Nigel and Hamish, Hamish's wife, Bruce's grandson Kyle, and Bruce's sister, Jean, 78, a keen gardener who still plays tennis twice a week in Somerset and walks several kilometers on other days.

All enjoyed a tasty chocolate birthday cake while Bruce ate his favourite, apple crumble. He was delighted and encouraged to be with his friends and his family and to feel the love and support of so many who have stood with him over these past difficult months. Bruce and his family wish to say a big thank you

to the British Club, the Tennis Section and all who have been so wonderfully supportive of him and the Gordon family.

Bruce Gordon Trophy: On Sunday 27th July, Bruce Gordon returned to the British Club and donated the Bruce Gordon Trophy to the Tennis Section. Nearly 50 appreciative section members attended. The Bruce Gordon Trophy will be awarded annually by the Tennis Section in an as-yet-to-be-determined competition.

League Play

The current round of league play ends 18th September. Get those matches in!

Note: Marcel Petit and Coach's Corner return next month. Stay tuned for more tips and tactics!

News or events?

Tell us about events and matches involving Tennis Section members and their families. Email johnl@bleho.com.

IN THE HOLE!!!

Hole in One

Don't you just hate that inane shout "In the hole" often heard as Tiger Woods tees off on a par five? As Peter Alliss said recently on TV, "The ball is an inanimate object and some idiot in the crowd shouting at it will not change its direction". Nobody made that shout when big hitter Phil North, who is usually in contention for our longest drive prizes, changed tactics during the Hassell Stableford competition (see below) and shot a hole in one at the par 3 second at Bangkok Golf Club. This is not a long hole, about 155 yards from the white tees, but the green is well-guarded by bunkers and the lake on the right hand side. According to an eye witness, Phil hit the ball miles in the air. It came straight down and pitched about two feet from the hole and just rolled in. Well done Phil, and thanks for the drinks afterwards in the club house. He fell apart for the rest of the day, and did not manage to get the long drive prize or win the stableford. But he nearly had another hole in one the following week, missed by inches.



Hole in one Phil North

Hassell Stableford

Played at Bangkok Golf, we had 21 players, with another two playing their match for the Seara International Matchplay competition. We welcomed new member, Andrew McLean. Recent joiners, Max Jones and Vaughan Litton entertained captain Maureen and Val with their slapstick routine and continuous barracking of each other during their game. They will need

a referee if they ever get picked to play together again. The scoring was pretty good with Ray Harries just taking first place (37 points) from Vaughan (36 points) and Ray Bloom (35 points). Big Ray and Little Ray in the top three again.



July Stableford winner

Hapag Lloyd Cup

The Londoners Golf Society hosted the annual match between us for the handsome Hapag Lloyd trophy at Bangpakong Riverside. We arrived at the course, which is about an hour's drive outside Bangkok, amid much grumbling for the exceedingly early start – 7 am on Saturday morning. The BCGS normally plays on Sundays at the very civilised hour of around 11.30am. We managed to find time for a coffee or maybe a larger breakfast before heading out to either the first or the tenth tee. We played a different format this

year at the suggestion of the Londoners. All 25 British Club players' stableford scores were added together and then our captain selected 25 Londoners' cards from the 50 or so who played and their total scores were compared with ours. The British Club won comfortably by about 40 points and Baz, the ebullient Londoners' Captain reckons that he will not suggest that format again. And Baz, you really do not have to fall over to avoid playing with us!!!

We had a great day out with the ever-welcoming Londoners and finished off with an excellent carvery dinner at the Londoners Pub where the prize giving somewhat took second place to the Australia v New Zealand rugby match which was showing at the same time. Speeches were limited to seven minutes during half time. Thank you Londoners for your hospitality and we look forward to a return match next year.



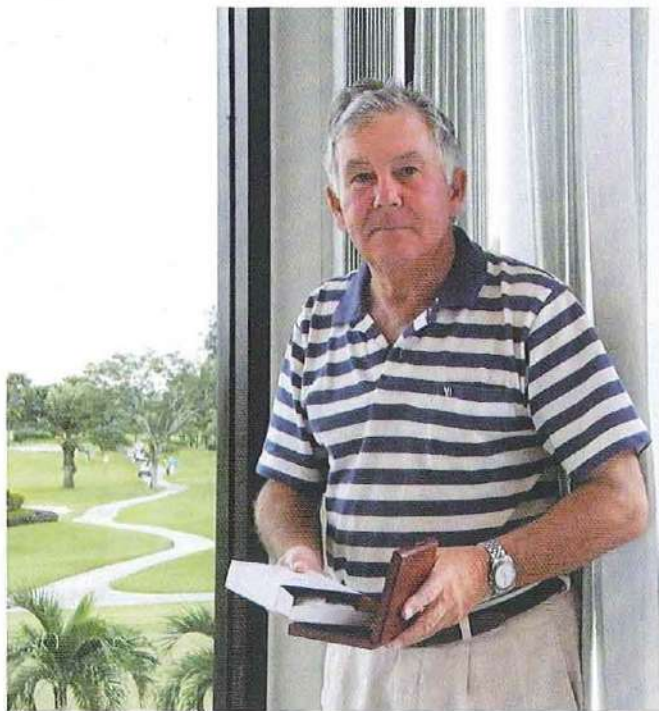
Breakfast before the Londoners match



Baz and Maureen with the Hapag Lloyd Trophy

Millward Brown Firefly Medal

The day after the Londoners' match we played our monthly medal at the Royal golf course. The greens had been sanded and some of us thought that the scoring would not be that good. Well, we were wrong! In flight B net 65s by captain Maureen, and Peter Gale were simply not good enough and the B flight medal was won by Ray Bloom with an amazing net 63. In flight A, Pat Dean lost on countback to our lovely expectant mum, Gao with an excellent net 67. The bump is not getting in the way yet!! Handicap cuts all round.



July Medal Winner Ray Bloom



July Medal Winner Gao

Forthcoming Events

September sees our annual match against the Scandinavians on Sunday 14th and in October we have an away weekend at Soi Dao and our match against Lighthouse. Our club championship takes place mid-November at Phoenix course near Pattaya and Golf Section members are reminded that they have to have played 5 games during the year to qualify.

Date	Location	Event
September 7th	Bangkok Golf	Fun Day
September 14th	To be confirmed	Volvo Cup v Scandinavians
September 21st	The Royal	Millward Brown Firefly Medal
September 28th	The Royal	Magpie Putter v The Wanderers
October 4th and 5th	Soi Dao	Away weekend
October 11th	To be confirmed	Curve Cup v Lighthouse
October 12th	Lam Lukka	Hassell Stableford

In the June Outpost we published some local rules and are extremely grateful to a couple of concerned players who kindly pointed out ambiguities in one of the abbreviated rules. Our website has all sorts of information on it, including the local rules, the current situation in any of our ongoing annual competitions, current handicaps and our fixtures.

Remember, we welcome guests and new members to all our events, and anyone can contest the technical prizes such as near pins and longest drives at all events. However in order to qualify to win the main prizes at the Stableford, Medal and cup competitions, players have to have handicaps recognised by the British Club Golf Section. Either email or phone for more information.

Happy Golfing
Jenny Harries



British Club Golf Section
contact details

Website: www.geocities.com/bcgolfsociety

Email: bcgs2002@yahoo.co.uk

Phone: Captain, Maureen Gibson 089 017 2254



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Puzzles

Double Diabolical Sudoku

We received just 9 entries for the August sudoku competition – perhaps a few of the regulars are away on holiday? Times ranged from an exceedingly speedy 10 minutes to “2 days”, which I take to mean “not continuous but including, at the very least, eating and toilet breaks, and hopefully some sleeping as well”. I’m told that after just 36 hours of continuous Sudoku solving, one starts to see hundreds of little numbers, with skinny legs, climbing up the walls ... The average times (omitting the “2-day” estimate) were fairly pedestrian this time, with the first puzzle taking an average of 36 minutes and the second only slightly longer at 40.3 minutes.

Here are another two minimal Diabolical Sudokus. As usual, each Sudoku will have its own draw and for each a bottle of wine goes to the skilful – and lucky – winner.

Fax or deliver your completed sudoku/s to Barry Osborne as soon as possible after receiving Outpost. Entries must be received by the 10th of the month (but we will extend the deadline in the rare event that Outpost is late out). The author of the first correct entry (for each Sudoku) drawn out of a hat will win a bottle of wine.

August SUDOKU WINNER

This month, we have made history! This is the first Double Diabolical Sudoku competition where one person has won BOTH puzzle draws. It had to happen sooner or later ...

(*fanfare of trumpets*) The lucky double winner is Roger Winter (W26). Double congratulations Roger – you have just won TWO bottles of wine! I believe (though I could be wrong) that this is the very first time that you have entered the Outpost Sudoku competition. If so, it’s a perfect debut!

And, I say again, to all those not-so-lucky souls who missed out this time, don’t give up! You have to be in to win and one day, when you least expect it, your number might come up ... As further encouragement, should it be needed, at right is another of our multiple Sudoku winners, Dr J P Dickson, receiving his prize from Khun Sangvon after winning the second draw in the June Sudoku competition, his third win for the year.



Now Roger, as you’re new, just a reminder that we at Outpost are always available to help you drink your wine, should you need assistance ...

2			7	6				
						8		1
7								
6			3				5	
	9				8			
	1	4						
			2				3	
	8					9		

Rating: ‘Diabolically Difficult’

Solution times: You tell us! Write down your time next to your completed puzzle(s) – be truthful now!

5	6		7					
						8		1
			2					
				8	9	4		
7							3	
				1				
3			6				5	
		1		4				

Rating: ‘Diabolically Difficult’

Solution times: You tell us! Write down your time next to your completed puzzle(s) – no fibbing!

Each sudoku has a unique solution that can be reached logically without guessing. Enter digits from 1 to 9 into the blank spaces. Every row must contain one of each digit. So must every column, as must every 3x3 square.

MEET THE MEMBERS



A Chat with Angela

Name: Ms. Angela Stafford
Member Since: October 2001

Occupation:

Head of International Department – BNH Hospital

President of St George's Society (2001–2005)

Committee of British Women's Group (1999–2001, 2007–present)

Vice-Chairman of the British Club (2008–2009)

When did you come to Thailand?

I first came to Thailand in 1989.

Please could you share with us a little of your work background?

In 1989, I was the project manager of a contract to supply the State Railway of Thailand with 20 diesel railcars manufactured at British Rail's Derby factory – the 'Sprinters'. I visited in connection with the project several times for meetings with the SRT engineers over a two-year period and then spent 6 months in Bangkok when the trains were being put into service in 1991. I came to live in Thailand in 1995 and was employed by a Thai company connected with the railway industry and then by an Australian railway signalling company. In 1998 I moved to work for Bangkok Hospital on Soi Soonvijai with the responsibility of starting up an international marketing and PR team. In 2001 I transferred to work at BNH Hospital where I am currently employed as the Senior Manager of the Community Relations Centre. I really enjoy my job and feel privileged to have been given the chance to experience some quite unique events and meet many interesting people.

What are your interests/ hobbies?

I spend a lot of my time at work and at events associated with work activities. I like organising events and over the years have enjoyed organising the St George's Society monthly social events, the BNH Hospital Bed Push parades and the People Eye Care Foundation "Phad Thai Pad-a-Thai-Eye" parties – all of which have been greatly supported by Barry and the British Club. I now jointly organise the monthly activities for the British Women's Group with Claire Deacon and in February was elected onto the British Club Committee so I don't really have a lot of spare time for me! If I do – I enjoy reading, visiting China Town and Thai markets looking for unusual things to buy, playing with my dogs Molly and Mango, and chilling out in front of episodes of Coronation Street sent to me on video by my parents – sad or what!

How did you find out about the British Club?

I was invited to be the Secretary of the St George's Society by my friend Gill McConnacey – the committee meetings were held in the Silom Room of the British Club. I also joined the Bangkok Community Theatre and directed a play for them in 2000 – the BCT club nights and rehearsals took place at the British Club. In 2001 I was elected as the President of the St George's Society and was given honorary membership of the Club when I took on the position. When I resigned from being the President I applied to become a full member of the British Club in my own right.

What influenced your decision to join the Club?

I had enjoyed being an honorary member and felt I wanted to support the Club by joining on a full membership basis. When I was President nearly all the St George's monthly events were held at the British Club which were always well organised by Barry and his team and popular with the members; such as the Shrove Tuesday Pancake Parties, the Oak Apple Day Buffets, the annual President's Lunches, Yule Tide Suppers and the Bar Quiz nights. My job requires me to be active and known in the expat community so I find being a member of the British Club very useful. I also enjoy meeting up with people I have known for years as well as meeting newcomers to Bangkok.

What do you enjoy most as a Club member?

The variety of social events that take place at the British Club and the opportunity to do many unusual trips and have privileged tickets to events. Also I love the food on the menu – Thai and British. The Christmas Ball is quite special and the Dinner Theatre (Gilbert and Sullivan musicals) performed in the Suriwongse Room by the Bangkok Community Theatre are great fun. I think the British Club should value its 'British' traditions as these make the place different from any other club or venue in Bangkok.

Where is your favourite corner in the Club?

I like the Suriwongse Room for functions and I often take my Thai colleagues into the new Churchill Bar for lunch – they all love mashed potatoes! I suppose I liked the old bar before it became the Verandah Restaurant – I would like to see the décor changed back to a more colonial style in keeping with the character of the beautiful building.



Angela's favourite corner

And your favourite food?

I like Roast Beef and Yorkshire pudding, Fish and Chips, the Avocado and Prawn cheese bake and the Stilton and Broccoli soup – all yummy but also very fattening!



Staff Service Awards & Birthday Party

On 25th July we held our staff Quarterly Birthday Party in the Suriwongse Room, combined with the Staff Service Awards, designed to reward staff members who have performed well over the last three months. The winners are chosen by Khun Michael, Prem and myself. The winner from Back of House was Khun Kannika who works in Accounts Payable and from Front of House Khun Kathin who is a supervisor at Poolside. Each of the winners received a Bt.2000 cash prize. There was also a birthday cake for those staff members who had birthdays over the last quarter and Khun Laak, as usual, created a delicious buffet.

Baz



Mamma Mia! Here we go again!

The Mamma Mia craze shows no signs of abating, with another 68 members and guests piling into the SF VIP cinema on Tuesday August 19th for yet another showing of the hit musical movie "Mamma Mia". Once again there was wine, canapés, sodas and popcorn – and plenty of singing along, dancing and tumultuous applause at the end!

Amazingly at least 6 of the ladies who came on the second trip had also come to the first one in July. Could it be that we would be asked to do a third one? Well, yes, actually, and we already have (at the time of writing) over 30 booked for a THIRD Mamma Mia premiere!

And there are more premieres coming up. Although the new Harry Potter movie, which we were booking for November, has now been postponed until July 2009 (!!) we are still on course to see James Bond and "The Quantum of Solace" on November 6th at Bt.1000, the price including a welcome vodka martini, Shaken Not Stirred.

Baz



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Procedure: Members should complete a lead form which will be passed to the Membership Department to follow up. As soon as the General Committee has approved the applicant as a member, the Member benefit will be credited to your account.

For more info, please contact Khun Weena at the Membership Department
Tel. 0 2234 0247 E-mail: membership@britishclubbangkok.org



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Simply fill out the form and fax to 0 2235 1560 or 0 2233 5838

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Nationality : Company Name:.....

Home Tel:..... Office Tel :

E-mail :

RECIPROCAL CLUBS

As an active British Club Member, you are entitled to enjoy the full use of other associated Club facilities around the world. This month we feature the reciprocal club . . .



The Athenaeum



The renowned Library



The elegant front facade

The Athenaeum was founded in 1797 "to provide a meeting place where ideas and information could be exchanged in pleasant surroundings" and today bills itself as a haven in the heart of Liverpool that offers a distinguished setting and unrivalled atmosphere. Situated in an elegant building erected in 1928 near the famous Bluecoat Chambers in Church Alley, the Club features an impressive newsroom, the most splendid room of its kind in Liverpool, as well as a justly renowned library, a very attractive dining room (seats 105) and several smaller meeting rooms.

Unquestionably, the heart of the Athenaeum is its library, one of the greatest proprietary libraries in the United Kingdom. In 1848, Washington Irving wrote in his sketchbook:

"One of the first places to which a stranger is taken in Liverpool is the Athenaeum; it contains a good library and a spacious reading room and is the great literary resource of the place."

The "good library" of 1848 has continued to grow and is now regarded as one of the most important regional history resources in the country.

The Athenaeum is normally open from 10am to 4pm each day and for occasional evening functions. Sandwich lunches and coffee are provided from the fully licensed bar in the Newsroom, and there is another comfortable bar adjacent to the Dining Room. There is no overnight accommodation but special rates can be obtained from nearby hotels.

Website: <http://www.theathenaeum.org.uk>



The famous elliptical staircase



The splendid Dining Room



The impressive Newsroom

For more information please contact the Membership Department at membership@britishclubbangkok.org

If you regularly visit an overseas club that is not already reciprocal with the British Club, please do let the Club know and we will see if reciprocation can be arranged.

A collage of 18 Polaroid-style photographs on a dark background, depicting various leisure and social activities. The photos include: a woman smiling with a glass of wine; a woman at a computer; a large classical building with flags; three people in pirate costumes; a man playing tennis; a woman holding a baby in a pool; a group of people at a social gathering; a family of five; a group in a swimming pool; a man and woman playing tennis; a large crowd at night; a group of people in a room; a man eating; a group in front of a classical building; and two women in costumes.

Parents with children will enjoy weekends at the Club spent by the pool, while the kids enjoy the run of the unique green field site and supervised activities including sports tuition and arts/crafts.

The Club has extensive sports facilities including 4 tennis courts, squash courts, swimming pools, a fitness centre, and a new multi-purpose surface* serving all field sports for serious training and casual play.

As a meeting place for the newly-arrived as well as old Bangkok hands, the Club is a focal point among the expatriate community for events and functions including gala dinners, performing arts, fine dining, TV sports and festival celebrations throughout the year.

Call +66 (0) 2234 0247 to arrange a tour of the Club's facilities or Email: info@britishclubbangkok.org for more information.



THE BRITISH CLUB
BANGKOK

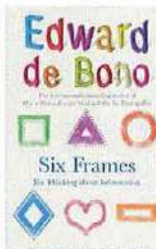
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Book Reviews



SIX FRAMES: FOR THINKING ABOUT INFORMATION

By Edward De Bono

ISBN: 9780091924195

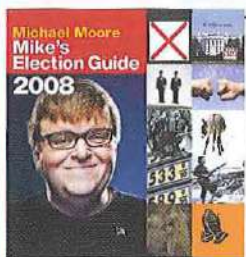
Paperback (Random House UK)

B2S price: Bt.450

Attention is a key part of thinking clearly and productively, and yet we pay very little attention to attention itself. If you see someone lying injured in the middle of the road, for example, your attention would go to that person but, if a bright pink dog wandered past at the same time, your attention would automatically stray to the dog. That is precisely the weakness of attention - it is pulled to the unusual. How much attention do we pay to the usual? So, what can we do about it? Instead of waiting for attention to be pulled towards something unusual, we can set out frameworks for 'directing' our attention in a conscious manner. Just as we can decide to look north, west or even south-east, so we can set up a framework for directing our attention, and that's where Edward de Bono's 'Six Frames' comes in. Each frame

is a direction or method in/with which to look, based on a different shape - triangle, circle, heart, square, diamond. Today we are literally surrounded by information and it has never been so easy to obtain. Yet, information itself is not enough; it's how we look at it that really counts. Using the 'Six Frames' technique is the key to extracting real value from the masses of facts and figures out there and, like all de Bono's techniques, it is simple, effective and will utterly change the way you interpret information.

Edward de Bono studied at Christ Church, Oxford (as a Rhodes Scholar), where he gained an honours degree in psychology and physiology and then a DPhil in medicine. He also holds a PhD from Cambridge and an MD from the University of Malta. He has held appointments at the universities of Oxford, London, Cambridge and Harvard. In 1967, de Bono invented the now commonly-used term 'lateral thinking' and, for many millions of people worldwide, his name has since become a symbol of creativity and new thinking. He has written numerous books, which have been translated into 40 languages, and his advice is sought by Nobel laureates and world leaders alike.



MIKE'S ELECTION GUIDE

By Michael Moore

ISBN: 9780446546270

Hardback (Hachette US)

B2S price: Bt. 450

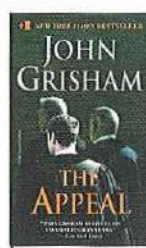
Michael Moore's first book in five years - a hilarious and informative guide to the 2008 election. The man revered by liberals and

feared by conservatives answers the tough questions everyone who cares about the American democratic process is asking, including:

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- Will Republicans marrying each other be outlawed once Democrats are in power?
- The 10 most frequently asked questions about voting (i.e. Why do Iowa and New Hampshire go first? I don't know anyone from there.)
- Why is John McCain so angry?
- Do the Democrats still drink from a sippy cup and sleep with the light on?

Welcome to Mike's Election Guide, Michael Moore's effort to make sense of the US Presidential Election 2008.

It's a great year to be an American and a voter. Don't miss out on all the fun! And don't miss out on MIKE'S ELECTION GUIDE. It's the indispensable book that belongs in everyone's back pocket this season.



THE APPEAL

By John Grisham

ISBN: 9780440296881

Paperback (Random House US)

B2S Price: Bt.275

Politics has always been a dirty game.

Now justice is, too.

In a crowded courtroom in Mississippi, a jury returns a shocking verdict against a chemical company accused of dumping toxic waste into a small town's water supply, causing the worst "cancer cluster" in history. The company appeals to the Mississippi Supreme Court, whose nine justices will one day either approve the verdict or reverse it. The company's ruthless billionaire CEO is thwarted and the good guys (a courageous young woman who lost her husband and child and her two lawyers who've gone half a million dollars into debt preparing her case) receive their just reward.

Who are the nine? How will they vote? Can one be replaced before the case is ultimately decided?

The Appeal is a powerful, timely, and shocking story of political and legal intrigue, a story that will leave readers unable to think about our electoral process or judicial system in quite the same way ever again.

John Grisham is one of the bestselling authors since his debut novel in the 1990s. His latest courtroom drama novel is likely to be yet another massive commercial success.

Editor's Note: This month's book reviews are generously provided by B2S bookstores

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The background of the advertisement is a close-up photograph of a rusted metal surface. It shows several horizontal layers of metal, with the top layers being a bright orange-red color due to rust, and the bottom layers being a dark, almost black, color. The rust is uneven and textured, giving the image a gritty, industrial feel.

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