

- Intense Pulsed Light (IPL) / Fluorescent Pulsed Light (FPL)
- Lipo Selection & Suction
- Reconstructive breast surgery
- Tummy Tuck & Liposuction
- Blepharoplasty









ite [



THE BRITISH CLUB

GENERAL COMMITTEE

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Jonathan Truslow chairman@britishclubbangkok.org

Vice Chairman

Chris Watt

vicechairman@britishclubbangkok.org

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FRONT COVER

The Club's lush gardens are always praised as being a tranquil oasis in the scuffle and frenzy of modern downtown Bangkok. The Thai concept of 'sabai jai', literally 'comfortable heart', is illustrative of this feeling of contentment and satisfaction. Members can always relax and chill in the gardens.



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OUTPOST

Outpost is the monthly publication of **THE BRITISH CLUB BANGKOK**, the international club for friends and families in the heart of Bangkok.

A full version of the magazine is also available online at **www.britishclubbangkok.org/outpost** Opinions expressed need not necessarily represent those of the Club. All events, dates and times are correct at time of press. Outpost welcomes contributions from Members. No part of this publication may be reproduced without the written permission of the Publisher.



Team of Specialists at BNH Spine Centre

Happiness is Back

The Tale of a Spinal Disorder Patient

rai, a bank employee, had been experiencing pain in her shoulder blades and upper right arm for a few years. In May 2010, she experienced acute fatigue in her upper right arm that she could no longer lift it up. So she consulted a specialist in a public hospital. who conducted a MRIscan for her. Her doctor diagnosed that the symptoms were caused by displacement of the cervical intervertebral disc that compressed the spinal nerves (Herniated Nucleus Pulposus), concluding that the only effective treatment was surgery. Upon receiving the diagnosis, Urai conducted her own research on different surgery methods, and learned that currently there is a method known as "Minimally Invasive Surgery".

Urai was treated by a team of specialized physicians in the field of spinal disorders, led by Professor Wicharn Yingsakmongkol, M.D., Consultant and Director of the Spine Centre, BNH Hospital. She was confident of his ability in performing the surgery. The doctor performed examination for her and explained her the treatment approach, including options of alternative surgery methods. Urai could make final decision for herself. Her options were Hip Bone Fusion or Total Artificial Disc Replacement. The doctor also explained the advantages and disadvantages of each type of surgeries. Eventually, Urai decided to have the surgery in June,

and chose the Total Artificial Disc Replacement surgery and it could be completed within only one hour. Most importantly, she would enjoy nearly normal neck motion after the surgery.

As Dr. Wicharn explained, "The physicians performing the surgery were a team of multi-disciplined specialists. In addition, the medical equipment used is of premium quality. It is because we demand perfect surgical results. Every piece of medical equipment are certified by the Food and Drug Administration of their respective countries, in Europe. The artificial discs were made of an alloy material which was also certified by the U.S. All of these factors are important because we want our patients to be happy and confident, with no worries either before or after the surgery. We want our patients to resume normal activities as quickly as possible."

Urai was extremely satisfied with the surgical results; just days before, she could not even lift her right arm up to normal levels, but the next day after surgery, her right arm resumed up to 90% of its normal range of movement. She was also able to leave the hospital the next day. After a period of rehabilitation, Urai was able to resume her normal life activities, whether enjoying a backpack tour or driving her new car on her own. She has resumed her normal life again and no longer suffers from any pain at all - priceless by any measure!

"Spinal treatment does not necessarily require surgery. Some patients can be treated with medication, while others may require surgical intervention in case medication is not effective. Treatment may vary for each patient, even for the same disorder. If a patient is treated at an early stage when the condition is not yet too severe, treatment will be more effective and recovery will be faster. Therefore, if you have been suffering from back pain for more than 2–3 weeks and have not recovered after taking medication, it is best to consult a doctor to obtain the correct, proper, and most effective treatment". Dr. Wicharn concluded.



Professor Wicharn Yingsakmongkol



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MESSAGE FROM THE CHAIR



Dear Members.

Just 3 weeks into the job and I have to write this article for the September Outpost to meet the deadline. Not easy.

Firstly, thank you to all of you for giving me a very warm welcome, particularly Edith, whom I found wonderfully charming, and I look forward to many a banter with her. For those of you who don't know, Edith is our longest serving female Member who joined in 1969, that's 42 years ago.

I need your help. Some of you have kindly offered help and advice, thank you so very much for that. This is your Club, and if you believe that you could offer some help, however small, to enhance the unique experience here, we would welcome it. Help could come from giving a little time, goods or services or some consultancy advice. Also our Treasury, F&B and Membership workgroups need help and support to make these worthwhile groups flourish and ultimately improve the Club's experience further.

I would like to welcome Khun Prang, our new Membership Manager and Paul Ringer, our new Sports Manager. Khun Prang has already started, and Paul takes over from Reed on the 4th September. A small introduction about them appears in the following pages.

It is difficult to make major changes when one joins an establishment such as The British Club, because generally people do not like change. However changes will be made, but with careful thought. Some small improvements have already been implemented as follows:

- Better kids movies on Friday night with free popcorn.
- Increased Happy Hour times with the cheapest prices in Bangkok.
- Out go the German-style sausages and in come British pork sausages.
- Now with great sausages and bacon, I am introducing a build-your-own-breakfast so
 you can have it exactly as you want it, available until 11.00am.
- Salty snacks back on the bar for Happy Hour.
- There is a new guest arrival system set-up, should your guests arrive before you (see page 17).
- First Aid kits improved, with better notification as to where they are located.

More to come so watch this space.

Our current menus are too many, too big and with 5 different eating areas around the Club and two kitchens, do need revamping; however, the staff are doing an amazing job with them, and with only minor hiccups, so I plan to take a long hard look at our F&B with a plan for a restructure early in the New Year.

My current focus is for the up-and-coming silly season, with many functions and activities coming up. Look out for the calendars online, which show many months ahead. Including the biggest Christmas Ball in Bangkok (probably), which with my personal guarantee will be the best ever, with the best food and the best entertainment. If you can sponsor any prizes for the Christmas Ball raffle, please let me know.

On sponsorship, if you are interested in sponsoring any Section or event, we would welcome it.

I am working as hard as I can to make the Club better, so please help me by supporting your Club and visit us more often.

Regards

Martin Fells General Manager





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HOUSE & GROUNDS

The monthly report on maintenance and development



The last few weeks have been relatively quiet with many Members out of Bangkok . We have carried out a few essential repairs, including replacement of three valves and one pump in the swimming pool plant room. All the A/C units have now had their first of the 2 cleans planned for this year. The glass was replaced in the broken tennis court light but cracked and fell out within 24 hours. Again we were lucky that nobody was injured. As I write we are waiting for the contractor to carry out another replacement. Major refurbishment and maintenance projects that would normally have been proposed to the General Committee and tendered in time to be carried out in July/August have, regrettably, been deferred until our revenue has improved.

Further investigation of the poorly performing storm water drainage system revealed a surprising situation. I discovered that the security staff at the Silom gate have been turning off the pump when the rainwater in the chamber on our side of the gate reaches a certain level. Apparently this has been going on for almost 3 years since the pump was replaced. With the help of our electrical consultant, I then discovered that the overload relay in the control panel was only 4 amp and should have been replaced with an 8 amp relay to suit the maximum current of the new pump, which was obviously larger than the previous one. To avoid the early tripping out of the new pump, someone had decided to make the relay effectively redundant by telling the security staff to manually turn off the pump to prevent it tripping out at only 50% of its maximum current rating. We will be replacing the relay with a new one that can be set at 8 amp. The pump will then be able to run at its maximum load (unless it becomes fouled and the protection relay does its job!) Hopefully, we will then have a system that clears a greater volume of rainwater and does not flood in some areas.

Harper Design did not get the opportunity to present their proposed design of a 2 storey building to the General Committee in July. The meeting was cancelled. We think this will now be done at the meeting in August. As stated in last month's "Outpost", the proposed development includes a new Fitness Centre, toilets, and a Sports Bar with balconies.

I will be carrying out a detailed inspection of the squash courts with the contractor. I have noted from the minutes on the Squash Section notice board that the players think there are now hollow spots on all 3 courts, in addition to the visible cracks on courts 1 and 3. I also noted that one of their members has a history of past repairs carried out on the courts. Before we repaired the courts I did request, in the April 2011 "Outpost", that the squash players let me have this information, if it existed, and I received nothing. Before we inspect the courts to assess the necessary remedial work that will be carried out under the

3 year warranty, I would appreciate having this information, if as implied in the minutes, it is relevant to this assessment.

When I started working at the Club in May 2009, I found that were very few properly collated and archived records of the work that had previously been carried out. The problem appeared to be the constant changing of the people involved in the various projects and the consequent lack of continuity. A good example of this was the cancellation in 2003 of the new 2 storey building on the back lawn after expensive enablement works had already been completed to upgrade the electrical supply. A new transformer and main distribution board had been installed with 60% of the board capacity allocated for connection to the new building. The project was then cancelled, but no modifications were made to the main distribution board until an inspection of the electrical installations was carried out by David Robertson of Electrical Safety Consultants in 2009. It was then found that the subdistribution board adjacent to the Suriwongse Room was overloaded and reaching a dangerously high temperature at peak load. This situation was duly corrected when the upgrading and modification work was carried out later in 2009. In April this year we transferred the poolside electrical supply from the MEA transformer at the Silom end of Soi 18 to the new transformer. I was very pleased to learn that this work and the proper maintenance and gradual replacement of the A/C units is now saving us 25,000 baht per month in power costs. If this had been done several years ago the savings would by now have been significant.

The message I am trying to send here is that Members should make the effort to share information about work previously carried out at the Club, if they have knowledge of specific technical details and history that might be relevant to future work. For example, the names of the contractors and any documentation or photographs. The squash courts are a case in point and the swimming pool is soon likely to be under consideration, particularly the waterproofing, tiling and pipework which is becoming unacceptably degraded. Any details of work carried out on the Clubhouse floors and walls would be useful. Has any damp-proofing ever been carried out? We have a serious problem with dampness. The Club belongs collectively to the Members and it therefore makes sense that we all share information that may be important in correctly specifying future work and the day-to-day business of looking after our buildings and facilities.

All for now

John Boisclair Development & Facility Manager

BUSINESS

LUNCHEONS

5th - 9th September 2011

Starters - 50 Baht

Pasta Nicoise Salad French Beans, Egg, Black olives, Anchovy and Tomatoes

Chef's Soup of the Day

Main Courses - 130 Baht

Grilled Cajun Chicken Served with Mixed Vegetables and Roast Potatoes

or

Fish Kebabs. Grilled Fish, Seasoned with Lime juice, Coriander Leaves and Mixed Herbs Served with Mixed Salad and Corn Salsa

or

Grilled Fillet of Pork in a Light Curry Sauce Served with Zucchini and Coriander Rice

or

Tod Mun Pla (Deep-fried Curried Fish Cake) **Tom Yum Gai** (Spicy Lemon Grass Flavoured Soup with Chicken and Mushroom)

Pad Phak Ruam Nam Man Hoy (Stir-Fried Vegetables with Oysten Sauce)

Dessert of the Day - 50 Baht

or

Choose from our à la Carte Dessert 10% off

12th - 16th September 2011

Starters - 50 Baht

Carrots, Raisin and Apple Coleslaw

or

Chef's Soup of the Day

Main Courses - 130 Baht

Chicken Maryland with Pineapple, Banana, Sweetcorn, Tomato, Bacon and Home-Fried Potatoes

r

Salmon Fish Cakes Served with Garden Peas, Chips and Tartare Sauce

or

Mushroom Stroganoff Served with Yellow Rice

-

Pla Preaw Wan (Sweet and Sour Fish with Bell pepper,
Tomatoes and Cucumber)
Tom Kha Gai (Chicken in Coconut Milk and Tangy Soup
with Lemongrass and Lime Leaves)
Khai Jiew Moo Sub (Thai Omelette with Minced Pork)

Dessert of the Day - 50 Baht

or

Choose from our à la Carte Dessert 10% off

19th - 23rd September 2011

Starters - 50 Baht

Chicken, Pasta and Pesto Salad

or

Chef's Soup of the Day

Main Courses - 130 Baht

Grilled Chicken Breast and Spinach Risotto with Parmesan Rocket Leaves Dressed with Pesto

or

Lamb and Beef, Eggplant Moussaka Served with Greek Salad and Garlic Bread

or

Pan-Fried Dory Fish with Mango Butter Sauce Served with French Beans, Carrots and Boiled Potatoes

or

Gaeng Jued Sarai Tao Hoo Moo Sub (Clear Soup with Chinese Lettuce, Seaweed, Tofu and Minced Pork) Chu Chee Pla (Fillet in Red Curry Sauce) Phad Woon Sen Sai Khai (Stir-Fried Vermicelli with egg)

Dessert of the Day - 50 Baht

or

Choose from our à la Carte Dessert 10% off



26th - 30th September 2011

Starters - 50 Baht

Warm Bread Salad of Crispy Bacon, Parmesan and Poached Egg

or

Chef's Soup of the Day

Main Courses - 130 Baht

Mini Steak Served with Mixed Vegetables and Roast Potatoes with Gravy

or

Fish and Chips (Bread Crumbed or Battered) Served with Garden Peas and Tartare Sauce

or

Chicken Tikka Masala Served with Yellow Rice

or

Gaeng Som Pak Ruam Goong Sod

(Spicy Sour Soup with Mixed Vegetables and Prawns)

Moo Tod Kratiem (Stir-Fried Pork with Garlic and Pepper Sauce)

Gai Rad Sauce Makham (Fried Chicken Breast

Topped with Tamarind Sauce)

Dessert of the Day - 50 Baht

or

Choose from our à la Carte Dessert 10% off



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F&B MORSELS



Khun Laak Executive Chef

It's been quiet during July and August so we have taken the opportunity to step back and look at what we need and plan some training. This is going well.

We have also done a complete cost analysis of the entire Western menu, with some surprising results

I am happy to announce that we have found a new Thai chef and an assistant baker, who joined us recently. I wish them well.

We continue to improve our bakery products, Martin has been a great help here, especially the apple and cinnamon cake he taught us to make. Yummy! Plus chocolate éclairs and sticky date and caramel pudding. I hope your mouth is watering.

We are also busy planning menus for the coming events, and ways of making them great.

In July we planned an Oyster Evening which was cancelled due to so many people away on holiday. So I put oysters on the Specials menu. They have been so popular that I had to order some more. Look out for them when you next come.

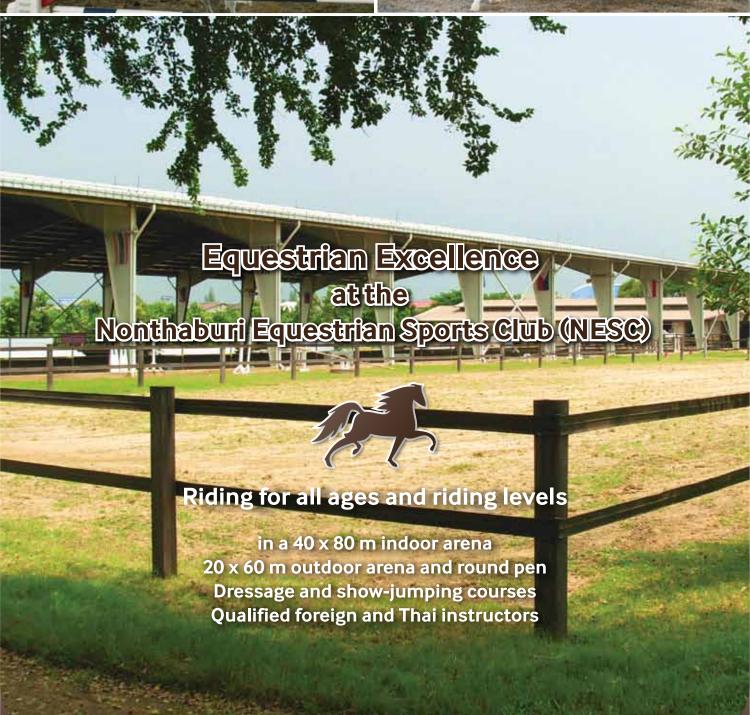
Martin and I will be planning new menus ready to be launched in the New Year, so if you have any particular favourites which are not on the menu now please do let us know.

Happy eating!



101			
1st- 15th September 2011 Starters	· .	16th - 30th September 2011 <u>Starters</u>	
Chef's Soup of the Day	75	Chef's Soup of the Day	75
Beef Carpaccio with Rocket Salad and Shaved Parmesan	185	Ravioli of Salmon and Sea bass with White Wine Cream Sauce	185
Main Courses		Main Courses	
Fillet of Sea-Bass with Rustic Ratatouille and Roast New Potatoes	250	Fettuccine Spinach with Scallops, Prawns and a White Wine Cream Sauce	220
Lamb Kebabs with Vegetable Couscous Served with Thick Mint and Cream Yoghurt	350	Aus Rib Eye Steak with Grilled Tomatoes, Button Mushroom, Home-Fried Potatoes	550
T-Bone Steak Caf de Paris Butter Sauce Served with Roast Vegetables	550	and Pepper Sauce	
and Baked Potato	NEW YEAR	Delicious Roast Salmon Wrapped in Smoked Bacon with Lemon Tarragon Mayonnaise Served	285
Dessert	. Ca -	with Asparagus and New Potatoes	
Dessert of the Day	160	<u>Dessert</u>	
1		Dessert of the Day	30





For more information or a map to NESC, please contact Carol or Leenawan

INTRODUCING

Paul Ringer – Sports Manager



I am immensely proud and pleased to have been selected as Sports and Recreation Manager at the British Club. It is an exciting new role for me and I look forward to the challenge of filling in Reed's trainers. Reed has accomplished a lot over the past three years, and I aim to continue his work in developing the Club's strong foundation of core sports activities, and introduce a wider variety of activities to suit all age groups.

Originally from North Yorkshire, my family moved to the edge of the Lake district when I was 13 and then I spent seven years in Glasgow during and after university where I graduated in Physiology. I moved to Thailand in 2004 to train as an English teacher. For the past three years I worked at the British Council followed by a short stint at Harrow International School.

I am a very active person with a great love for the outdoors. An aunt once asked me what I did to relax, and to her amusement or perhaps bemusement I replied rock climbing and mountain biking. I have enjoyed almost every sport I have taken part in, and I get great pleasure from team sports and ball games though due to the excellent weather conditions in Thailand, my main sporting activities are rock climbing, mountain biking/cycling, sailing and windsurfing. I am also a keen Salsa dancer and instructor, and some

of you may have seen me at the Club recently teaching Salsa. It's a great social activity carrying many health benefits.

I look forward to meeting you and listening to your ideas so we can work together to develop the sports and activities for the benefit of all Members, and the overall prestige of the British Club.

Prang – Membership Manager



Hi everyone, my name is Thanyaphon Worapan but please call me "Prang". I am very happy to be here. Let me take this opportunity to introduce myself.

I studied in Auckland, New Zealand for 4 years and really loved it there. It was a great part of my life and I worked as a student counsellor, did some marketing at the college, and was also involved with some membership work.

After returning to Bangkok, which is my hometown, I worked at the Center of Excellence in Nanotechnology at the Asian Institute of Technology for a few years. My working life had totally changed to another field but I liked it! Life needs to be changed and spiced up sometimes, right? After that I reverted to a being a student counsellor/marketing person with a local company in Ratchada, and now I am at the British Club with you all!

In my free time, I love to be with my family or friends. I like yummy foods, shopping (of course!), nice clean beaches and even though I am not a Miss World, I do love children, honestly. I love talking to people no matter who they are or what they do. Moreover, I like to travel to see more of the world for a better understanding because every place has a different culture, people and history.

Please feel free to say hello or talk to me, catch me any time.



FAREWELL PARTY FOR REED

Reed will be having a leaving Party at the Club on 2nd September starting at 6.00pm. Free finger buffet. Please come and say goodbye!



It's never too early to start investing in your child's future.

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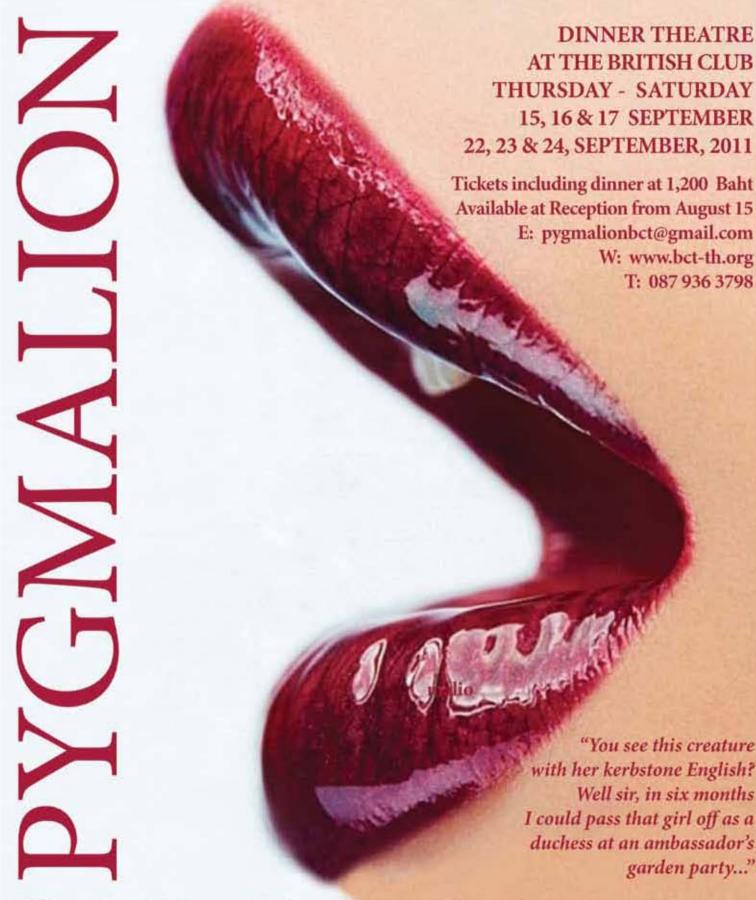


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BANGKOK COMMUNITY THEATRE PRESENTS

George Bernard Shaw's classic comedy directed by Mark Sobels



Tables are for 10. If there are less than 10 in a party, tables may be shared.



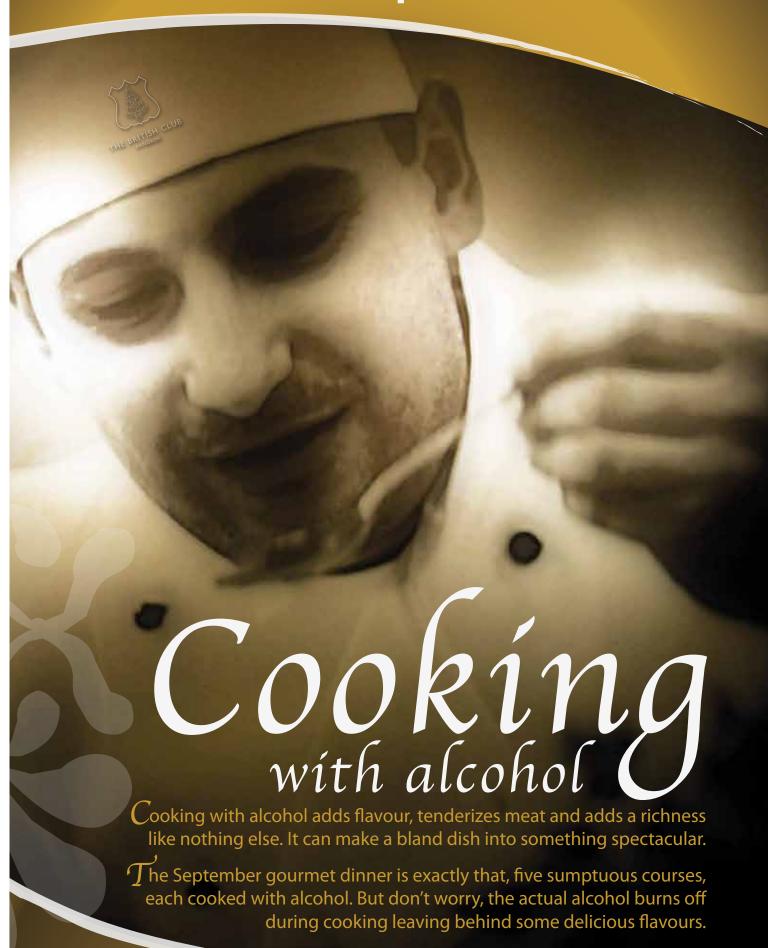








Gourmet Dinner September 9th 2011





GUEST ARRIVALS

What happens when your guest or guests arrive and you are stuck in traffic? It can be awkward for them whilst waiting for you to arrive.

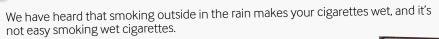
If your guest is likely to arrive before you, please call this number **086 789 6988**

to let us know who you are, the details of your guests, and if it is ok to serve them using your membership number. We can then make them feel welcome, explain the delay, and serve them refreshments to help them relax until you arrive.

So please, store this number in your mobile phone now, then your guest's experience will be even greater. Thank you.

Martin

SMOKING ROOM



Good news! From the 1st September, for a trial period, you may use the Snooker Room as a dry haven to smoke in.

The doors have been sealed, two extractors have been installed, and the smoke alarm has been changed to a heat detecting alarm.

Why not have a game of snooker too? If you need a drink, just press the buzzer on the wall and our staff will attend to you.



PLEASE

DON'T THROW
YOUR CIGARETTE ENDS
ON THE FLOOR
THE COCKROACHES
ARE GETTING CANCER

CHURCHILL DRINKS CABINET

Opposite the bar in the Churchill bar is a cabinet full of bottles of spirits and wines.

We urgently need to identify to whom these belong as some have been there a very long time, and are almost certainly past their best.

If there are any bottles that belong to you, kindly identify them, and tell the staff.

We will review the situation at the end of the month, with a plan to dispose those not required anymore.



OFFICIAL OPENING TIMES

The Verandah	11am - 10pm		
Neilson Hays Coffee Shop	9am - 6pm	Fitness Centre	6am - 10pm (Mon-Fri)
Churchill Bar	10am - 11pm	Fitness Centre	6am - 9pm (Sat-Sun)
Poolside Bar	6:15am - 11pm	Thai Massage	9am - 5pm (Tues-Sun)



The British Embassy Bangkok and The British Club Bangkok proudly invite you to the





A non-alcoholic dinner is available at 1,300 Baht.

Spotlight September 2011 •• OUTPOST •• 15

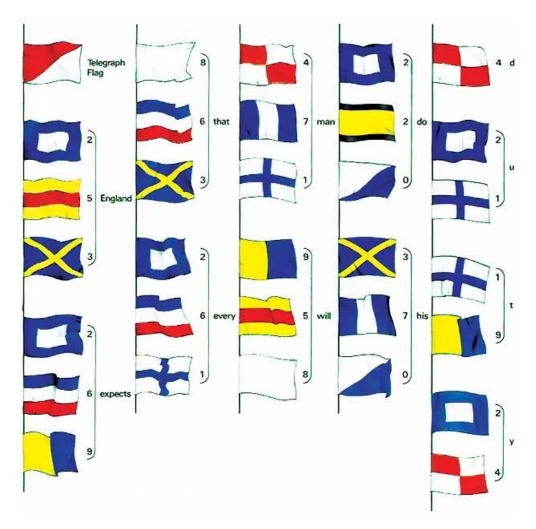
2011 TRAFALGAR DINNER

Friday 21st October

"ENGLAND EXPECTS EVERY MAN TO DO HIS DUTY"

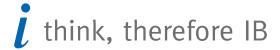
This October the **British Embassy Bangkok** and the **British Club Bangkok** have proudly joined together to recreate a Bangkok tradition ... the Trafalgar Dinner. This will be a black tie/uniform/national dress gourmet dinner with fine wines and a fabulous after-dinner speaker.

We first celebrated this event on 21st October 1960 and it became a tradition for many years under the auspices of the now-defunct Bangkok Naval Association. It was revived in the 1990s and then passed over to the hands of the late Commander Ian Webb RN. In 2011 the British Embassy and ourselves will revive this tradition.



With honoured guests Daniel Pruce, Deputy Head of Mission, and Colonel Jacques Lemay, the United Kingdom Defence Adviser to Kuala Lumpur and Bangkok, our Executive Chef Wilailuck Nongkhu will treat us to four fabulous courses accompanied by a fine wine during each course. Ahead of "Passing the Port" we will be entertained by one of the Royal Navy's most eloquent speakers.

Commander Jason Reid RN has served in the Royal Navy for 23 years aboard a number of ships and submarines and, as well as being renowned as an excellent after-dinner speaker, Commander Reid holds the distinction of having fired the first UK submarine-launched Tomahawk cruise missile in 1998! He and his wife will be flying in from Brunei, where he is currently posted, just for this event.





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PAST PARTICIPLE

Auspicium Melioris Ævi

By Paul Cheesman



We look back at events of 1967 ...

As indicated last month, the opening of our new swimming pools was not as rosy as the Committee had hoped that it would be. Two major changes to improve the situation occurred in March 1967. First of all the pool was closed on 14th to allow for the replacement of the tiles, most of which had come adrift, and secondly on the 28th we agreed to allow guests of Members to use the pool ... at a price: five baht per child and 10 baht per adult.

One very significant event of 1967 was the signing of our first ever Reciprocal Club agreement with the Manila Club in the Philippines. This arrangement allowed all our ordinary and country Members to use their Club, and their Regular and Full members to use our facilities ... including the swimming pools! Sadly, although the Club's file on the Manila Club proudly states "001", the original paperwork was lost and the agreement had to be renewed in 1980.

Our first General Manager was appointed in early 1967 by the name of Mr W. Hynes – our records show very little about him although he does hold one record of having the shortest tenure as a General Manager (so far) in that he resigned after three months! As a stop-gap, Mrs V. Asbee, our last Permanent Assistant Secretary, was coaxed out of retirement for six months until we found a replacement.

Staff relations plummeted midway through this year with an unprecedented number of incidents included a threatened strike! First of all, incidents between Members and two of the boys on 22nd June and 23rd June led to one being paid off and the other warned; then a circular was sent from the staff to the Committee threatening a strike on Saturday 24th

June due to unpaid overtime; we then had three boys resign because of a new staff rota; and finally the Labour Ministry cautioned us for not giving the boy who was 'paid off' any sort of pension.

Things did improve — first of all we founded the 'British Club Retiral Gratuities Fund' which exists today as our Staff Provident Fund; then we established a new set of rules governing hours of work (now reduced to 41 hours per week) with overtime paid in the month of earning not when the Member paid his bill, and extra allowances were paid for fares for the few who lived off-premises and those who worked "until dawn" because Members were still drinking on the premises!

1967 was also not a good year for neighbourly relations. The year started with the construction of the Narai Hotel and its contractors knocking out our Silom side walls and repeatedly trespassing on our lands and through 'British Club Lane' (soi 18 as is now). In order to remedy this, we had the Land Department measure the land exactly and after a round of negotiations, the Narai rebuilt our walls and agreed to lay a concrete roadway to Silom Road itself.

Relations with the School on our northern boundary were also bad. Boys from the school repeatedly threw bottles over the wall trying to get them into the pool, and often hitting and breaking furniture. Eventually Nai Mann, the schoolowner's son, issued an apology, repaired the damage and expelled two boys!



Our first Reciprocal Club



Your home away from home

Anantara Bangkok Sathorn is offering special Long Stay Rates from

Deluxe Room (64 sqm)
Two Bedroom Suite (121 sqm)

35,000 Baht net per month * 60,000 Baht net per month *

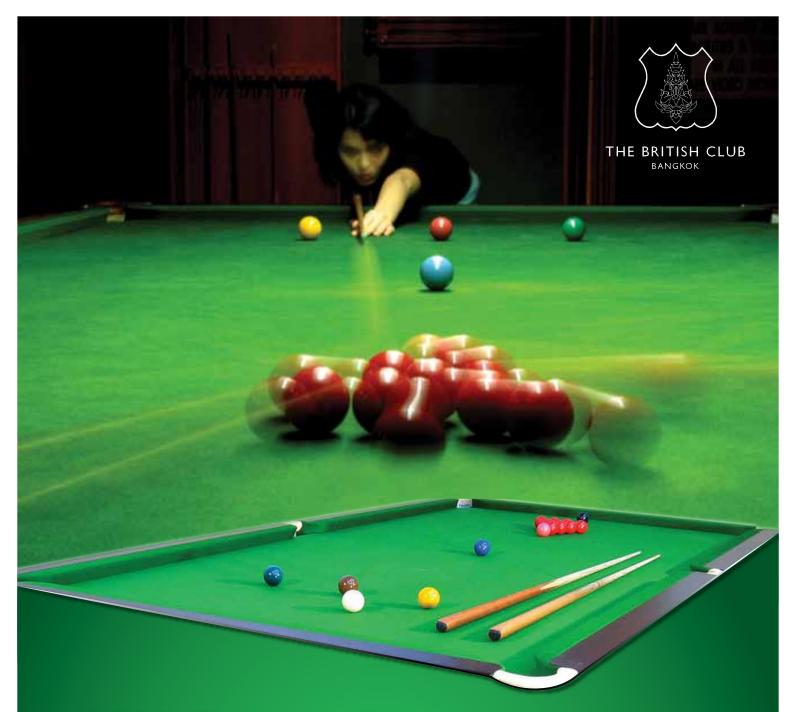
Benefit from a host of rewarding incentives...

- Electricity allowance
- Housekeeping service twice a week
- Unlimited water consumption
- One covered parking space
- Complimentary wireless throughout the hotel

Facilities include a washer/dryer machine, microwave, cooktop and utensils.

Indulge, replenish and let us take care of you with a 20% discount on food & beverage, Senses Spa and our laundry service.





2011 BRITISH CLUB SNOOKER TOURNAMENT.

It's back, the tournament you have all been waiting for. The 2011 British Club Snooker Championships. You don't have to be an expert, just put your name down and enjoy a game or two.

Trophies for the winners and your name on the Winners Board for eternity.

The draw will be made on Saturday 17th September and we will contact you to arrange a convenient time and day to play your match.

The first name down is the GM's so let's give him some support.

HAPPY SNOOKERING!

BC CALENDAR - SEPTEMBER 2011

MONDAY

Tennis Mix-In

Tennis Mix-In 6pm-10pm

Tennis Mix-In

Monday Night Club

Minister/The Adventure

The Kidnapped Prime

of the Western Star Wordsworth Lounge, 7pm

Tennis Mix-In

Monday Night Club

Wordsworth Lounge, 7pm

Monday Night Club Who Killed Harry Field?

Wordsworth Lounge, 7pm

Monday Night Club Dark Autumn

Wordsworth Lounge, 7pm

6pm-10pm

TUESDAY

WEDNESDAY

THU

Ladies Mix-In 8 am

Fitball 10:30an

Movie Night

The Girl that played with fire

Ladies Mix-In

Fitball

Squash Mix-In

Movie Night

kicked the Hornet's ne.

Ladies Mix-In

Fitball

Squash Mix-In

Pygmalion Dinner

Ladies Mix-In

Fitball

Squash Mix-In

Pygmalion Dinner Theatre

7.30pm

Ladies Mix-In

Fitball

Squash Mix-In

7.30pm

Artists @ British Club

Tennis Mix-In

Salsa Dancing

Balut Shield Awards Night Surawongse room, 7pm

Artists @ British Club

Tennis Mix-In

Tennis Mix-In

Artists @ British Club

Ladies Mix-In







Senior Football







Fitball

Fitball

Squash Mix-In









20







































SATURDAY RSDAY FRIDAY SUNDAY 4 Junior British Club 10:30am - 1.30pm **Curry Buffet Lunch & Dinner Doctor Who** Rebel Flesh/The Almost People 11am - 1pm MILLENNIUM TRILOGY DOCTOR ME WHO Verandah Brunch Children's Cinema Yogi Bear 5.30pm Open Pairs Bridge Surawongse Room 2:30pm Tennis Mix-In Yoga 2:30pm 7pm-10pm Junior British Club 10:30am - 1.30pm All day Brunch Rugby Opening Night **Doctor Who** A Good man goes to War/ DOCTOR M WHO **Rugby Opening Party** Let's kill Hitler 11am - 1nm MILLENNIUM Children's Cinema Verandah Brunch Open Season 2 11:30am-3pm 5.30pm Open Pairs Bridge Surawongse Room Tennis Mix-In Yoga 2:30pm 7pm-10pm Junior British Club 10:30am - 1.30pm Rugby Brunch 11am-3pm **Children's Cinema** Beverly Hills Chihuahua 2 PYGMALION Verandah Brunch 11:30am-3pm 5.30pm **Open Pairs Bridge Pygmalion Dinner Pygmalion Dinner** Surawongse Room Theatre 7.30pm 2:30pm 7.30pm Yoga Tennis Mix-In Yoga 2:30pm 7pm-10pm THE R. LEWIS CO., LANSING, MICH. OF THE RESERVE **22** Junior British Club 10:30am - 1.30pm Rugby Brunch 11am-3pm **Doctor Who** Night Terrors/ DOCTOR 🏚 WHO The Girl who waited AFL Final Children's Cinema PYGMALION 11am - 1pm 5.30pm Verandah Brunch 11:30am-3pm **Pygmalion Dinner Pygmalion Dinner** BCB - DET5 Balut Challenge Theatre 7.30pm 7.30pm 2pm-5pm Tennis Mix-In 7pm-10pm Yoga 2:30pm OF THE RESERVE **BC Golf Society** 4th Sept Bangkok GC Children's Cinema 11th Sept Thana City GC 5.30pm

Tennis Mix-In

25th Sept

The Royal GC

TENNIS



It's been a great month here with so much tennis going on but not much to say about it! So my final tennis pages will be given over to highlights and pictures of the people who have been involved.



BOOTCAMP Every second Wednesday

Extravaganza: 10th September:

In line with the US Open we will run another Tennis Extravaganza Saturday 10th September at 4pm. This will be another great tennis afternoon with drinks and snacks.

Reed's Going Away Mix In 2nd September, 7pm - 10pm, Suriwongse Sala

It's time to say 'Goodbye'
Please join me in the Sala for a drink, a mix in and a yarn

Bruce Gordon Cup:

After a wet wet wet week, the sun gods shone brightly on this day to give us a fantastic, warm and clear skied Saturday for the first ever Bruce Gordon Cup.

With a great turn out of over 30 pairs, the British Club Members played both Mixed and Men's Doubles - the day started with Mixed Doubles and "every player must be over 55yrs" was the theme for this event.

The first round separated players into the Cup and Plate divisions and from there on it was a knock-out formula.

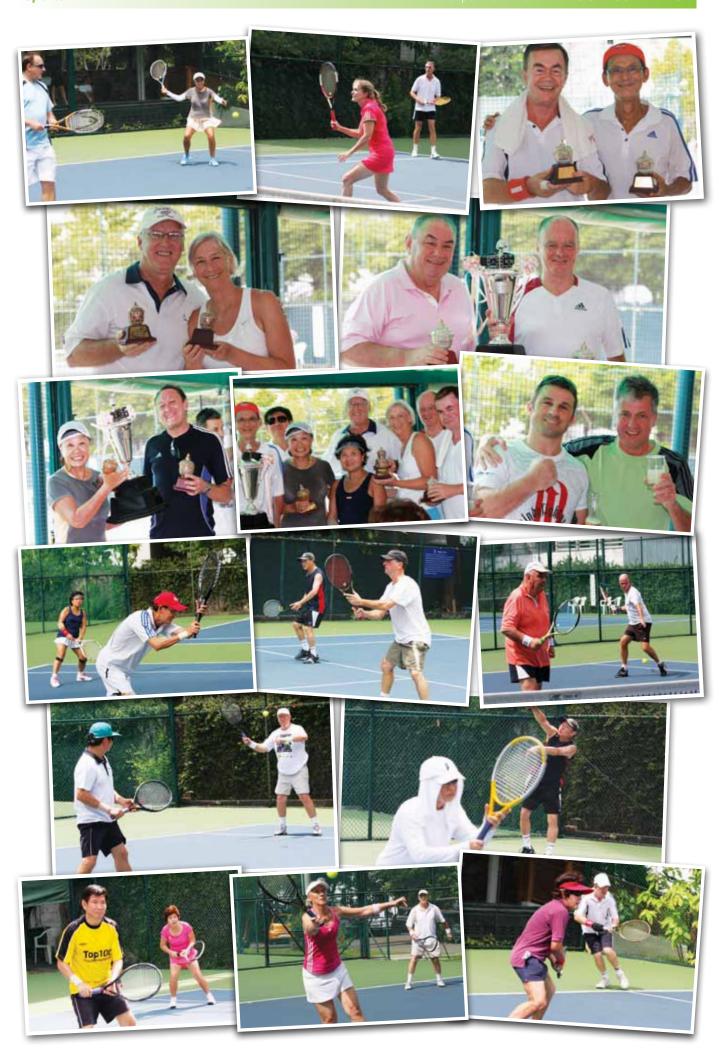
So every pair played a minimum of 2 matches, and to let the mixed pairs rest, we played the Men's Doubles before the finals (with many players backing up).

The end results were not as important as the day itself. After the finals, all gathered round for some nice speeches (including many a teary eye) and a raise of the glass to a man many will never forget:

R.I.P. Bruce







SQUASHY BITS

By Bruce Madge



Indonesia, Sad, with Goats!

No decent squash action lately. Bits was looking slightly bare when, from H via fax, came an absurd account of a calamitous squash trip to Malaysia, but without photos to validate this bizarre tale we have but Gandhi's word (plus pics from Google to add some colour).



The trip, a cricket tour to KL, with tennis and squash teams. Organization: Sir Jack the cricket, Watt the tennis, Captain Calamity, Neil, the squash.

Squashies of CC (apparently still stewing in an Indonesian police cell): Lord Gandhi (who returned safely due to Asianness, Muslimness, and dark skin), Dr. White (who made a huge error putting his faith in CC yet came out a goat-delivering hero), and JCS who also should have gone with Jack, but produced the cash to save all but Neil from imprisonment).

Yes, I know, and I agree. Gandhi's having us on. It's too banal to be true, and it probably isn't.

Be that as it may, this is what H faxed through:-

"What a nightmare! We were meant to go to KL to see Mellor and Ross for squash and cricket. We met at the airport Friday pm: Wally Evans, me, JCS, and Nick White. Evans did the checking-in as he'd booked our flights. It's two hours to KL, but after four we were still flying when the pilot announced we were preparing to land in Jakarta! What?! Jakarta's in Indonesia! We were meant to be in Malaysia! Evans booked us flights to the wrong country!

Dazed and confused in Jakarta airport. All flights and buses to Malaysia full as it was Friday and Ramadan. Luckily, an English-speaking minibus driver said he'd take us to KL via Singapore. Evans paid as it was his almighty error that we were there and

he gave the bloke 200 quid. Well, he was overjoyed as that is what he makes in three months! He was so happy he took us to see his family. So we drove for an hour to his home; just a room, basically, with 15 children and an old wife. She just stared and our driver, Sadewa, said she couldn't give us any tea as it was Ramadan so we sat on the floor with the kids, and chickens and lots of cats. Sad introduced us and some friends came over. Then Sad's kids did an Indonesian dance for us. But time was getting on. We had to get to KL. So Nick, who was livid with Evans, told Sad we had to go. It was midnight. Back in Sad's ancient, dusty, rickety van, off we went slowly, but steadily, nodding off hopeful of waking in the correct country, and dreaming of being able to salvage something of a weekend.

Sunrise. No idea where we were, but still in Indonesia as lots of Indonesian people about. Us starving, dead thirsty, but couldn't get anything as it was Ramadan. Everyone was fasting. Sad was hopelessly lost so we stopped in a town to discover we were in North Sumatra in Banda Aceh! Not far from Phuket! We didn't want to be there. We wanted to be in KL. We should have turned right somewhere for the ferry to Singapore. We were way off and it was 10am Saturday!



So in this town idling by the van as Sad went off to ask the way. We'd attracted a large crowd of locals come to look at the dumb foreigners. Not just people; goats; hordes of goats around our van. People staring, pointing, laughing, whispering, but not at me, strangely. They smiled and nodded, but it was clear they'd never seen any white folks before.

Then the atmosphere got hostile with young men pushing and jostling. One made a grab for Evans' watch. Another for his iPhone. Some tried to get in the van for our bags. Things looked bad. And so many goats. One goat even got in the van. Then Sad returned through the angry crowd. One tall guy, very vocal, with a long stick. Looked like the goat herder. He shouted at Sad and grimaced. Sad said he thought we had tried to steal his goats and the police were coming and we were going to jail. What?! We didn't need this. We wanted to get to KL to play squash and cricket. JCS was ready to punch Neil.

Then the goat in our van started bleating loudly, moaning, yelling, and terribly loud. Then it lay down wailing. The herder rushed in said the goat was about to give birth. A goat was about to give birth in our van on top of Neil's bag! And it did, and one kid came out, but there was a problem with the second kid. It was stuck.

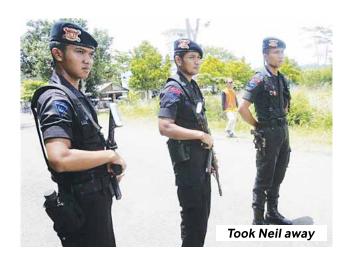
The goat squealed even more loudly; screamed. The crowd pressed in while the goat herder looked around frantically. And JCS said, 'Nick, quick, do something!' So Nick grabbed the goat's back legs to try to help the second kid come out. And finally it popped out, but was still not breathing, and the herder was panicking. He didn't want the goat to die; they were his livelihood. So Nick started cardiac massage on this new-born goat; tried to get it to breathe, but the minutes ticked by, and the situation looked so desperate for the poor baby goat, when suddenly it spluttered into life, bleating and bleating. It was alive!



Nick held it up high to show the chanting crowd that it was alive while I wrapped it in Neil's squash shirt and gave it to the herder. He was so relieved, as were the people: smiling, laughing, patting mine and Nick's backs. We'd saved the goat!

But the police had come. Armed. Evans was arrested and led away to the cop van. He was protesting, but they slung him in it anyway. The police asked Sad lots of questions, while the herder was pointing at Nick and me and his new goat

and smiling and laughing. Then crafty JCS gave the cops a wad of cash. And the crowd came forward again and in all the confusion of the note counting, and the crowd, and the smiling herder with the kid in Neil's shirt, and the scores of goats still milling around, we jumped back into Sad's van, turned around and were off. We were out of there!

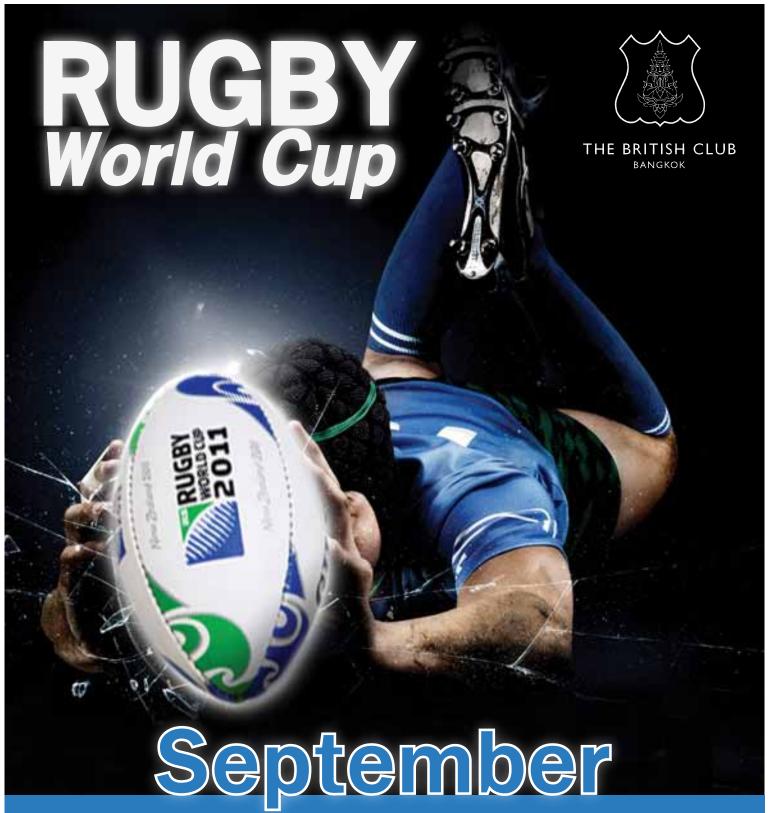


We'd been going for two hours when it dawned upon us that Captain Evans wasn't with us. That's right; the Indonesian police had taken him off to jail and let us get away! Well, we had a right laugh about that. It was the funniest thing in ages. We were absolutely wetting ourselves. It kept us going the entire return journey. Even Sad was in hysterics.



Well, we never made it to KL in the end. It was too late. Sad drove us back to Jakarta, and finally we got a flight to Bangkok. As for Evans? Who knows? Likely still in jail!"

Until he gets bail/sentenced/executed.....



Book your table in the Verandah or Suriwongse room.

Bring down your friends for this special day.

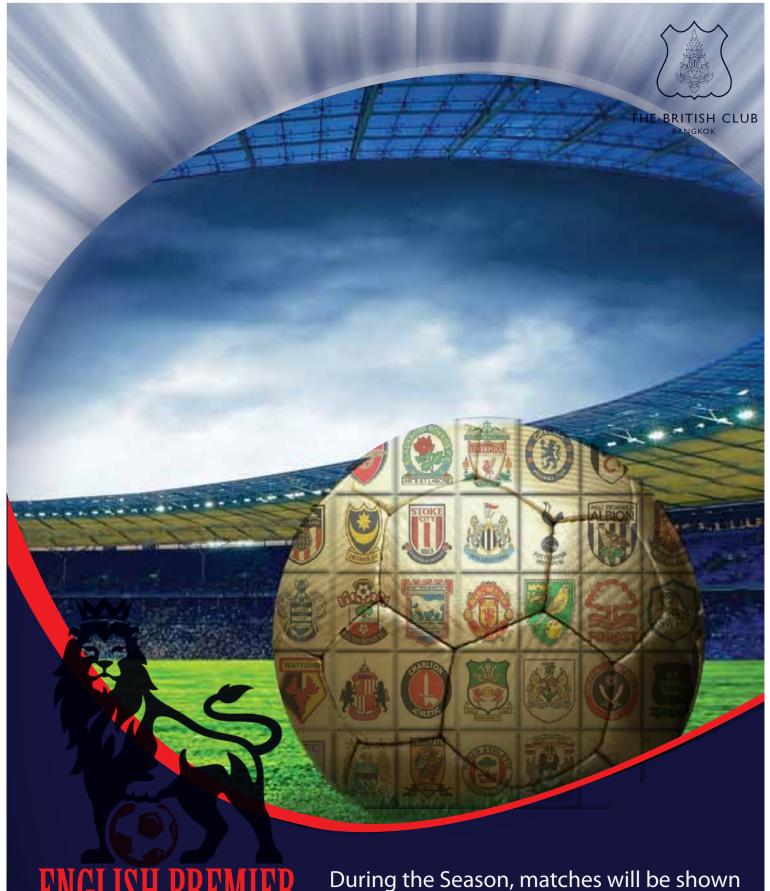
Brunch served Saturday through out the event at 500 THB for adults and 250 for children. The Brunch will be a real Rugby event with British and Australian specialties.

Word Cup starts 9th September

Friday 9th September Saturday 10th September 3:30 pm. New Zealand ${\mathcal V}$ Tonga

1:00 pm. France $\mathcal V$ Japan

3:30 pm. England ${\mathcal V}$ Argertina



ENGLISH PREMIER
LEAGUE

During the Season, matches will be shown in the Club every weekend. Exact times will be emailed in advanced.

Come and support your favorite teams, Man Utd, Liverpool, Arsenal, whoever! 28 •• OUTPOST •• September 2011 Sports

HARD BALLS

By Squire Legge



The British Club's cricketers led over 30 Club Members on a Cricket/Tennis/Squash Tour to Kuala Lumpur over H.M. the Queen's birthday long weekend, just as Outpost was being finalised before going to press.

It was a fantastic weekend, but having only got back to Bangkok last night, there is no time to prepare a report for Hard Balls now. However, there waill be a full write-up in next month's issue, but to keep your appetites in limbo for another month, here are some pictures of the cricketers preparing for action, determined as always to put on a brave face and represent their Club with honour and dignity.





BCGS GOLFING NEWS

By Jack O'Flynn



Honda Cup, Subhapruek GC Sunday 3 July 2011

The Honda Cup is one of the more established events in our golfing calendar, having been initially contested by the BCGS and the Japanese Association of Thailand in 1985. Prior to today's match, the JAT led by 15 matches to 11 and in recent years, for our side this has invariably proved to be a step too far. This year's competition was hosted by the Japanese Association of Thailand and played at Subhapruek GC, their 'home' course.

Captain Ray went to great lengths to field a strong team in an attempt to bring some parity to the event, and also to maintain his so far unblemished record against other Societies!



Recent heavy rains were responsible for a below par course, but this was soon forgotten as the matches got underway and the fight was on (1). Matches in general were competitive with many going right down to the last hole - disappointment and joy in almost equal measure.



As is the tradition with this event, all participants and friends were invited to a fun evening at the JAT restaurant for what was an excellent buffet meal and the presentation of awards (2). Dinner and speeches completed, glasses were raised to celebrate the undoubted success of the day and the goodwill that exists between the sides both on and off the course (3).

And finally to the much awaited results and presentations: minor prizes went mainly to the Japanese players with only



Karen C and Frank's long drive awards adding respectability to our efforts.

In the main event, the JAT team squeezed home by the narrowest of margins (7.5 to 6.5 points), and so went the trophy for yet another year as well as the Captain's winning streak (4). Special thanks must go to the JAT for their generous hospitality and to the Captain for all his efforts in the organization of a very enjoyable event.



Magpie Putter, Thana City GC Sunday 10 July 2011

With matches against other Societies coming thick and fast, the opportunities to achieve successful pairings, as well as winning teams, undoubtedly increase (5/6). With this in mind, we set out in the annual match against the Wanderers Golfing Society with high hopes of victory.

Both sides were able to field 13 two-man teams playing the always enjoyable Scramble/Matchplay format. Being hosts this year, the Wanderers chose to play the match at Thana City GC where nearly everyone found the course, and the facilities in general, to their liking.

Before this year's event, match results stood at 10 wins each and hence the question ... who would get their noses in front

at the end of this one? All matches completed, both teams met up in the Clubhouse afterwards for refreshments, some





friendly banter, to ponder the "if onlys" and to wait for the Captain's to work out the various results and winners (7).



On our side, minor prizes went to Karen C and Barry A for near pins, and to Robert G and Gavin for their comprehensive victory. The afternoon's proceedings were completed when the Wanderers Captain, David O'Callaghan, announced that following a very exciting match the BCGS had retained the Magpie Putter, having won by 8 matches to 5 (all the practice is evidently paying off — pressure putts, no problem!!) (8). Once again a word of thanks must go to both Captains for their time and effort in making this a most enjoyable sporting occasion (9).

Monthly Stableford, Bangkok GC Sunday 17 July 2011

Fourteen competitors arrived at Bangkok GC to compete for this month's prize bottle of wine in almost ideal conditions. Apart from the 'variable speed' greens, the course was in good shape, the weather wasn't too uncomfortable and we had the place virtually to ourselves!





Overcoming the tricky greens and the overall conditions better than most were the very much 'in form' Randall C and Barry A. Consistent play saw them collect the bulk of the awards. Barry picked up two minor prizes and with a score of 36 points finished in overall 2nd place. Randall C had a similar outing, also finishing with two minor prizes and a similar 36 points, but sufficient for 1st place by virtue of the 'countback 'ruling. Well done to all, and to Frank F for taking over the organizational duties in the place of the 'absent' Captain.

July Medal, The Royal GC Sunday 24 July 2011

A good response for this month's medal competition was unfortunately not matched by the miserable weather conditions. A damp and windy day made play and good scores hard to come by. In such circumstances there are nearly always exceptions, and this was particularly so in the case of Jack O who played consistently well throughout to win Flight 'B' by a distance from Nick W. His net 68 is unlikely to escape the attention of the Handicap Sec.!! Also playing a steady round and to handicap, Frank F picked up the Flight 'A' award ahead of Peter S in 2nd place (10).



Minor prizes on the day went to Varghese, Frank and Simon F for nearest pins, while the longest drives were achieved by David H and KC. In addition to the main event, David H got past Roy B to gain a place in the next round of the matchplay plate competition.

Well done to all who ventured out and completed the course in such trying circumstances.

Website: http://www.bcgolfsociety.com/ Email: bcgs2002@qyahoo.co.uk

Phone: Golf Society Captain, Ray Bloom - 0870513548

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BRIDGE

Bridge Results for July 2011

EVENT	RANK	NAME (PAIR)	SCORE%
Sunday 10th July (13 pairs)	1st	Benjarong & Wako	64.58%
	2nd	Prarop & Watana	60.42%
Tuesday 12th July (10 pairs)	1st	Kiatchai & Hiran	60.12%
	2nd	Chalermpol & Piya	57.14%
Sunday 17th July (12 pairs)	1st	Chalermpol & Bell	62.22%
	2nd	Manthanee & Supote	57.04%
Tuesday 19th July (7 pairs)	Tied 1st	Somchai & Tri	61.11%
	Tied 1st	Kiatchai & Hiran	61.11%
Sunday 24th July (8 pairs)	1st	Surawit & Watana	61.11%
	2nd	Benjarong & Wako	58.93%
Tuesday 26th July (5 pairs)	1st	Charlene & Benjarong	57.50%
	2nd	Kiatchai & Hiran	55.00%



Bridge Play Techniques

(by Helmer Nissen)

This is Board #3 from Sunday 5th June, with South as dealer and EW vulnerable.

North

♦ KT8652

♥ KQ2

NQ2Q6

♣ A7

South

A AJ10873

AJ82

J2

After the 1♥ opening bid by South, I believe that most players would like to show their 6 card ♠ suit. Because of this bid South's hand doesn't really get better; singleton in partner's suit isn't that nice.

What should South bid upon the 1♠ bid? A jump to 3♥ seems a bit too much (here though, leading the way to the Slam easier), 2♥ I'd never bid, the hand is way too strong for that; therefore I believe the best re-bid must be 2♠. North will most likely try a 3♣ bid which is a game-forcing conventional bid. South can now re-bid the ♥ suit, but hasn't really shown the strength of the hand yet, and remember South was forced to bid, so it isn't certain that it shows a six-card suit.

Anyway, when North now bids 4♥, I believe that South must take action: South hasn't shown a maximum hand at any point, South hasn't for sure shown a six-card suit, the singleton ♠ Ace, may be of great value if partner holds the King.

But the most important reason is North's actions: $3\clubsuit$ and returning to $4\heartsuit$, this is a Slam invitational bid, if North only wanted to play $4\heartsuit$, North shouldn't bid $3\clubsuit$.

If you play cue bids, 4 \(\bigau \) is a possible bid, as we don't have a \(\bigau \) stopper, we need partner to tell us, he can either do that by

bidding 5♣ or asking for Aces, he will then assume that we must have the ◆ cue bid.

The Slam can also be reached if you play $1 \checkmark - 2NT$ as game forcing with \checkmark support, but many conventions say that it requires a 4-card support – though I disagree, 5 + 3 should be enough.

News & Updates

(a few words from our tournament director. Mike Sim)

A few new Members have indicated an interest in Bridge, and I have managed to contact a few, but unfortunately some of the email addresses I was given were incorrect.

We have held one instruction evening and hope to hold others. Anyone interested in Bridge please contact me on simbosoipipat(Qyahoo.co.uk and tell me your experience, and whether or not you would like some lessons.

Alternatively, come on a Sunday at 2:00pm to the Suriwongse Room, we can have a chat, and either find you a partner for the afternoon, or arrange a time for a get-together to run through some of the hands played at the previous sessions and prepare you for the competitive step.



BRITISH CLUB BALUT

By Mr C



>> BALUT SHIELD - TOO CLOSE TO CALL!

The early August Balut Shield Tournament (there are two a month) produced a new leader for the Shield, thus with only two tournaments left this year(17th August and 7th September) and only 0.94 points between the top five places, it is far too close to call!

As of 4th August, the Shield stands at:

POSITION		PLAYER	POINTS	AVERAGE
Leader	Lindy	Ms. Sulindy Collacott	3155	105.17
2	Tik	Sra. Thawee Jantacomma	3153	105.10
3	Mrs Orange	Mrs. Muntana Merrigan	3146	104.87
4	Jammy	Mr. Roger Willbourn	3134	104.47
5	Tom	Mr. Tomjakraphan Merrigan	3127	104.23
6	Mr C	Mr. Paul Cheesman	3112	103.73
7	DQ	Mr. David Quine	3108	103.60
8	TC	Mr. Phil Alexander	3097	103.23
9	The Jackal	Sr. Carlos Romero	3097	103.23
10	Swampy	Mr. Steve Eaton	3087	102.90
11	Bowling Ball	Mr. Bob Van Es	3078	102.60
12	Sausage	Mr. Jeremy de Sausmarez	3044	101.47
13	Oddsman	Mr. Jeremy Watson	3043	101.43
14	Dark Horse	Mr. Clive Butcher	3027	100.90
15	Ali	Mr. Ali Adam	3024	100.80
16	Kelly	Ms. Kelly Alexander	2983	99.43
17	Slowpoke	Mr. Tony Rodriguez	2957	98.57
18	Monkey!	Mr. Bruce Madge	2956	98.53
19	Douchebag	Mr. Simon Davies	2951	98.37
20	The Squire	Mr. Steve Mallon	2943	98.10
21	Jinny	Ms. Daranee Chueinoom	2926	97.53
22	Tilak	Mr. Tilak Karamala	2885	96.17
23	Katie	Ms. Katie Alexander	2817	93.90
24	Scouserboy	Mr. Ryan Bebbington	2792	93.07
25	Mrs Jammy	Mrs. Caroline Willbourn	2771	92.37
26	Mac	Mr. Andrew McLean	2754	91.80

>> BALUT SHIELD AWARDS NIGHT

This annual event is open only to Balut Section members who have renewed their subscription on 1st September 2011. The programme is:

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BALUT SHIELD AWARDS NIGHT – WEDNESDAY 7th SEPTEMBER 2011{Suriwongse Room}

6pm to 7pm	Buffet	Wine is sponsored by Kimberly Wines, buffet paid for by the Section.
7pm to 7.30pm	AGM	The fifth AGM*: 1. Chairman's Report 2. Adoption of Accounts 3. Subs & fees for 2011/12 4. Election of Balut Committee 5. AOB
7.30pm to 9pm	Tournament	The last Tournament of the year — still all to play for!
9pm or thereafter	Awards	Prizes for the last tournament together with the award of the Balut Shield and the Balut Shield Cup for 2010/2011.

^{*} Chairman's Report and Accounts will be sent out early September: nominations are needed for the Balut Committee. **The Balut Shield restarts on Wednesday 5th October.**

8

9

10

12

13 15

16 18

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21

2

3

19

Down

BALUT OVERSEAS

After the T22 evening on 17 August, TC announced that in recognition of Reed's unwavering fierce calculating and unbelievably lucky contribution to the BCB Balut, he was to be awarded a Balut Set as a leaving present from Section.

It is good to know that soon Balut will be vigorously contested down under, and that with the help of DQ's trans- continental software we will be able to challenge (and beat) Reed online!

Full details of Balut can be found at

http://www.teambalut.com



DUDLEY'S GRID

1	2	3	4		5	6	7
8							
9		10			11		
12				13			
			14				
15						16	17
18		19					
20			21				

Across

- Old rail firm with new technology, sort of, starts Club (7)
- 5 Totting up the score, the snake (5)
- fool gets round mother in church, initially (9) 4 Old woman and American soldiers make Scottish dish (6) 5 Lot of fuss for a party (3) Dig up confused steed? Not concerned (13) 6 7 Messed-up sister to the south puts up a fight (7) The pub, when it closes, not given in GMT (5,4) 11 12 Poorly old girl in front of you in plane (4,3) 14 Metal money (6) 17 Climb around the north and clean up (5)

The Scottish know Livingstone (3)

Distressing animals, but it's just child's play (7,6)

Shoots up East Coast and Great Western (9)

Hesitating before the queen is wrong (3)

Fib, sound like a star and do nothing (3,4)

One after another, encircling Tory as a result (2,11)

Indian bread for granny (3)

Statesman in the bar! (9)

Poet beside Reagan (5)

Using natural language.

Girl and funny hat in holder (6) Account with tax gives a way in (6)

City hotel, far from five star! (7,6)

Play with angel to get the info (5)



STIEG LARSSON MILLENNIUM

With English audio and introduction to these special Swedish book-movies

Premium and the



25th August 2011The Girl with the Dragon Tattoo



Ist September 2011The Girl Who Played With Fire



8th September 2011
The Girl Who Kicked The Hornet's Nest

THE MONDAY NIGHT CLUB

Your weekly chance to sit back and relax
The murder's on us.

SEPTEMBER

7pm in the Wordsworth Lounge. Full F&B Menu available.



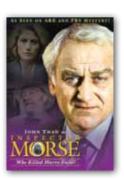


"What comes around, goes around"

5th Dark Autumn

When the beat officer loses his head (literally), it seems that his popularity was high amongst local ladies but not their husbands nor their husbands' mistresses! No guessing how many bodies this week!

The star-filled cast includes John Nettles as DCI Barnaby with guest stars Robert Genister, Alan Howard and Gillian Kearney.



"The Mysterious Lady"

12th Who Killed Harry Field?

Who killed Harry Field and why? He had no money, no talent, a large bar bill and kept painting portraits of a beautiful woman. As Sergeant Lewis ponders a move to Traffic Division, Morse quickly gets into the wrong gear!

John Thaw is DCI Morse with guest stars Trevor Byfield, John Castle and Geraldine James.



"Now you see it, now you don't!"

19th The Kidnapped Prime Minister/ The Adventure of the Western Star

Another Poirot double bill ...

In which Poirot sails to France without boarding the boat, where two huge diamonds are more than they seem and a robbery leaves too many clues. Poirot intervenes to prevent an early start to World War II and to ensure the stars come out at night.

David Suchet is Hercule Poirot with guest stars Robert Hines, David Horovich, Struan Rodger and Stephen Hancock.



"All that glisters is not gold!"

26th The Quality Of Mercy

"The quality of mercy is not strained, it droppeth as the gentle rain from heaven" goes The Merchant of Venice but the only thing dropping here are bodies. An Oxford Amateur production is the stepping-stone for a future Prime Minister, but it is the past that will catch up with Lewis ... "Truth will come to sight; murder cannot be hid long."

Kevin Whateley is Inspector Lewis with guest stars Robert Vibert, Maureen Beattie and Daisy Louis, with Laurence Fox as Sergeant Hathaway.





The Bangkok St Andrew's Society

in Conjunction with The British Club
Childrens Games Day with a Scottish Flair
Sunday October 9th 11 am till 4 pm

- Haggis Race
- Bouncy Castle
- Tug of War
- Tossing the Caber:
- Games Stalls
- Face Painting
- Bag Pipe Band
- Scottish Dancing
- Plus Much More

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Great Food and Drinks available to purchase throughout the day All proceeds go to childrens charities

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DOCTOR WHO

DOCTOR WHO SERIES 6

"An Impossible Astronaut will rise from the deep and strike the Time Lord dead!"

(Haven't you worked that one out yet?)

crazy adventures!"

As promised in August's Outpost, we started to repeat the Spring 2011 Doctor Who series again from late August which leads us nicely onto the Autumn 2011 series from 11th September!



Dates in September > Final repeat of 2011 Spring Series:

4th Sept	to	The Rebel Flesh * The Almost People When a disposable slavev- race gains sentience, who is then
		the disposable race?

> The 2011 Autumn Series:

11th Sept	11am to 1pm	A Good Man Goes To War * Let's Kill Hitler Someone has stolen Melody Pond and the secret of River Song is revealed, but why aid Hitler one wonders?
25th Sept	11am to 1pm	Night Terrors * The Girl Who Waited A tale of a little boy who is scared of the dark and another of a little girl who is scared of nothing! Can The Doctor save either of them, or has he done it already?

>>>> DOCTOR WHO 2011 Grand Finale on Sunday 16th October <<<< Remember "SILENCE WILL FALL!"



at the Silom Sala starting from 6 pm. or maybe The Wordsworth Lounge if it's available.





BACK TO SCHOOL CRAFTS

SCHOOL SUPPLIES POCKETS

These adorable slippers make it a cinch to slip into something cute and comfortable.

Materials

- Craft foam
- Craft scissors or pinking shears
- Packing tape
- Craft glue
- Small craft foam flowers and geometric shapes (sold by the package in many craft stores)
- Brass paper fastener
- 2 strong magnets

Instructions

- 1. Cut a 9-inch square from the craft foam, using craft scissors or pinking shears to create a decorative edge.
- 2. Place the square on a flat surface and fold the 2 opposite corners to the centre, as shown. Fold up the lower
 - corner so the edges slightly overlap the side flaps. While pinching the 3 folded flaps together with one hand, secure them from the inside of the pocket with packing tape.
- 3. Apply glue between the overlapped edges and place a heavy book on top of the envelope to keep them flat while they're drying.
- 4. When the glue is dry, attach decorative foam shapes to the front of the envelope with a brass fastener.
- 5. Glue the magnets to the back of the envelope, one at the top and one at the bottom, and let the glue dry completely













STRETCHY NOTEBOOK

This notebook is great to keep paper in and school supplies on the binder.

Materials

- Thin, braided-elastic headbands
- Three-ring binder
- Writing utensils

Instructions

1. Crisscross a dozen or so thin, braided-elastic headbands around the front cover of a three-ring binder, and your child can tuck writing utensils and reminder notes under them, as shown.

BACK TO SCHOOL JOKES

Teacher: Billy, I hope I didn't see you copying from

David's work

Billy: I hope you didn't too!

Teacher: Give me a sentence with the words defence,

defeat and detail in it. When a horse jumps over defence, defeat

go before detail!

Teacher: The word politics - can you give me an

example of how to use it?

Pupil: My parrot swallowed a watch and now Polly

ticks!

Mother: Does your teacher like you? Son:

Like me, she loves me. Look at all those X's

on my test paper!

Teacher: What's your name?

Pupil: Fred

Pupil:

Teacher: You should say "Sir"

OK, Sir Fred! Pupil:





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