

# COULT DOST THE OFFICIAL MAGAZINE OF THE BRITISH CLUB BANGKOK



# 5 REASONS TO JOIN US

#### A REAL TASTE OF HOME

With hearty food choices that'll please everyone at every age, including mouth-watering Sunday roasts, Fish and Chips and all your Thai Favourites to boot. Also, A Rustic Napolitano style Pizza from New Pizza & BBQ station.

#### **GREAT EVENTS & ACTIVITES**

social activities: wine-tasting, gourmet dinners, parties, balls, theatrical dinners, concerts, trips and seasonal celebrations, from pancake tossing, to Easter egg hunting. We have it all!

#### SPORTS & ACTIVE LIFESTYLE

Sporting facilities for adults and children alike. Tennis, squash, swimming, cricket, football, golf and more. With coaching for beginners to aspiring pros. Something to get everyone moving!

#### THE PERFECT PLACE FOR CHILDREN

Green lawns and great pools come complete with children's menus, games, sports, coaches, arts and crafts. From the scares of Halloween. There's no place like it for kids.

#### **MEETINGS & GREETINGS**

Meet new people, catch up with colleagues, put the world to rights at the bar, or even do a spot of business. Or pay a visit to one of our over 400 reciprocal clubs around the world.



JOIN NOW!

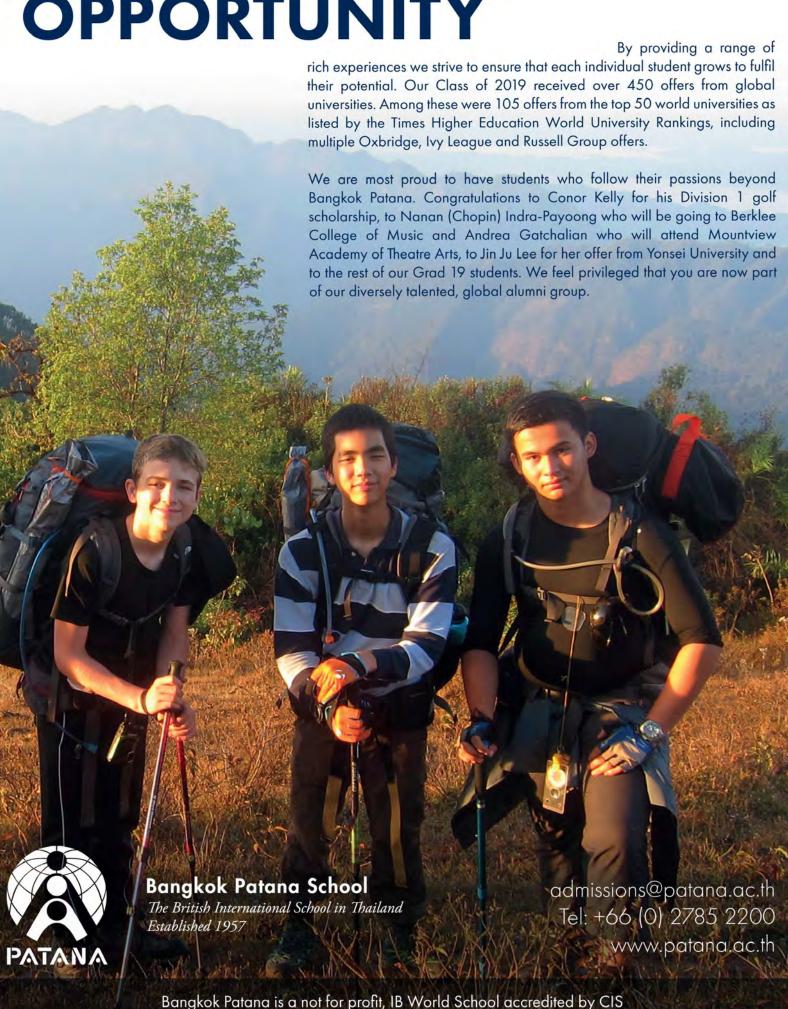
information/ contact Tel: 02 234 0247 or membership@britishclubbangkok.org



# Welcome New Members



# A WORLD OF OPPORTUNITY





#### GENERAL COMMITTEE

#### Chairman

Jack Dunford MBE chairman@britishclubbangkok.org

#### Vice Chairman

Geoff Banks

vicechairman@britishclubbangkok.org

#### **Honorary Secretary**

Paul Cheesman

honorary.secretary@britishclubbangkok.org

#### **Honorary Treasurer**

James Crossley-Smith

#### **General Committee**

Nick Annetts, Brian Brook, Mark Buchanon, Nathan Thomas, James Short, Chris Watt gc@britishclubbangkok.org

#### **SENIOR MANAGEMENT**

#### General Manager

Premrudee Tanyaluck gm@britishclubbangkok.org

#### **Deputy General Manager**

Tee Bale

tee@britishclubbangkok.org

#### **Duty Manager**

Bhudhist Kongrattakul bcbbhudhist@outlook.com

#### Membership Sales Manager

Aphinya Toonim aphinya@britishclubbangkok.org

#### Services & Functions Manager

Somboon Chaiyapom somboom@britishclubbangkok.org

#### **Executive Chef**

Kornnisara Nongku wilailuck@britishclubbangkok.org

#### Sports Manager

Amnat Saklebpradu amnat@britishclubbangkok.org

#### THE BRITISH CLUB BANGKOK

189 Suriwongse Road, Bangkok 10500 Entrance via Silom Soi 18 Tel: +66 (0) 2234 0247 Fax: +66 (0) 2235 1560 info@britishclubbangkok.org www.britishclubbangkok.org



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#### **Front Cover**

This month we feature Living in Bangkok which will be held on Saturday 5th October here at the Club.

#### From the Editor

This time of the year tends to be a quieter around the Club with many members away but there is still plenty happening as you will see when reading this edition.

It's hard to believe this is my 12th edition as editor and layout designer. Also, I would like to thank those for the positive feedback they have given me.

Cheers





Preferred Partner

OUTPOST is the monthly magazine of THE BRITISH CLUB BANGKOK, the social sports and cultural centre for the English-speaking community in Bangkok

A full version of the magazine is also available online at www.britishclubbangkok.org Design & Layout - CJW Design Studio Editor - Chris Watt cjwatt@loxinfo.co.th

Opinions expressed do not necessarily represent those of the Club. All events, dates and times are correct at the time of press.

Outpost welcomes contributions from Members, email outpost@britishclubbangkok.org

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"The British Club Bangkok is a registered Association in accordance with the Thai Civil & Commercial Code"

## MESSAGE FROM THE CHAIRMAN

Jack Dunford

elcome back to everyone who was away during the European summer and thank you for your patience to those who stayed around and had to put up with any inconvenience due to all the construction work.

Front Lawn Redevelopment: As I write, the hoardings are still up because as usual the finishing touches are taking a bit longer than expected. However we now expect to complete work next week with the grass is due to be laid and the lights switched on for testing on Monday. We are in the process of organising an unveiling ceremony on 29th August to be attended by the British Ambassador, Brian Davidson and Admiral Anthony Radakin, CB, ADC, the First Sea Lord and Chief of Naval Staff.

The War Memorial

By the time you receive this everything should therefore be finished and officially opened although the new grass, shrubs, hedges and trees will take time to settle in and mature. Sadly the turtles must wait a while before they can move into their splendid new home because all the chemicals in the building material need to be removed from the water first. We plan to have a children's turtle release party sometime in September.



Members may have noticed that we have taken this opportunity to tidy up the fence and borders, and add trees and shrubs all round the northern car park.

#### Reportings

We should look spick and span for Living in Bangkok in October and the Remembrance Day Service in November.



**Pool deck:** The Pool Deck was also delayed a little by the late delivery of the handrails. They are also due to be installed next week and we will have time to add greenery before the War Memorial unveiling on 29th August. As mentioned last month, the deck has been designed to take five mature trees at a later date.



**Pool Deck** 

Phase 2 Members Forum: The General Committee will host a Members Forum at 1.00pm on Saturday 28th September to present Phase 2 of the Poolside Redevelopment. The plans have been available for some time as summarised on the display board at the Poolside and we are in the process of adding much more information on the Website. Log in to the Members Section of the Website: Documents/D. Poolside Redevelopment Phase 2.

The intention of the Forum is to get as much Member feedback as possible before finalising details and presenting the project for Membership approval at an Extraordinary General Meeting (EGM). The Forum is open to all Members, including non-voting Members and spouses/ partners and the timing was chosen to give as many Members as possible the opportunity to attend.

The GC will present the background and details of the project with budget, cash flow projections and a proposed timeline to invite Qs & As and discussion. I would urge you to please read the material we send out and post on the website and make every effort to attend.

Honours Boards: Five new Honours Boards in the new style have been added on the Club House staircase this month listing Honorary Treasurers, Honorary Secretaries and Cricket Captains. We also still await inputs from the Squash and Tennis Sections. These illustrate the challenge of finding space for traditional old-style wooden boards but alternative suggestions are welcome.

Club Management Software: Our contract with Comanche International Bangkok for our new management software was signed on 8th August and this will shortly be impacting on many aspects of our operations. We will keep everyone updated as progress is made.

I will be away most of September and look forward to returning in time for the Members Forum and a busy high season.





### Understanding the UK Residence Rules

by Martin Wright

UK residence rules before 6 April 2013 were based on days of residence in the UK and were quite generous (183 days, or 91 days average over a four-year rolling period) compared to the latest rules. So what are the rules and should you be worried about time spent in the UK?

Under the current rules, you will not be resident in the UK for a tax year if you fall under any of the following conditions:

- 1. You were not resident in the UK in all of the previous three tax years and you are present in the UK for fewer than 46 days in the current tax year; or
- 2. You were resident in the UK in one or more of the previous three tax years and you are present in the UK for fewer than 16 days in the current tax year; or
- 3. You leave the UK to carry out full-time work abroad (35 hours a week or more), provided you are present in the UK for fewer than 91 days in the tax year and no more than 30 days are spent working in the UK in the tax year.

Brits who have been living abroad for many years but flit back to the UK, are treated as 'leavers' (not UK resident in all three tax years preceding the year of return). Those who have been UK resident in one or more of the three tax years immediately preceding the year of return, will be classed as 'arrivers' and can only be in the UK for fewer than the 16 days to have any certainly of non-residence. However, if you spend more than 16 days in the UK, you must then determine how many 'connecting factors' apply to you.

For 'leavers' there are four connecting factors to consider: 1. UK resident family; 2. UK work for more than three hours per day during 40 or more days in a tax year; 3. Accessible UK accommodation; 4. Spending more than 90 days in the UK in either of the previous two tax years.

If you are a 'leaver', once your connecting factors are understood, you can apply them to the scale of allowable days below to find your classification of non-residence since 6 April 2013.

No. of Days Spent in UK	
Fewer than 16 days	Always non-resident for both
16 to 45 days	Always non-resident for 'leavers' only
46 to 90 days	Resident if you have 4 factors or more (otherwise not resident)
91 to 120 days	Resident if you have 3 factors or more (otherwise not resident)
121 to 182 days	Resident if you have 2 factors or more (otherwise not resident)
183 days or more	Aways UK resident

These rules are complex, so you really need to carefully plan UK visits. Becoming UK tax resident normally means that your worldwide income becomes taxable in the UK, which could also adversely affect your succession planning.

#### The Fry Group (Singapore)

6 Battery Road #16-04/05 Singapore 049909 For more information please contact (65) 6225 0825 or advice@thefrygroup.sg

#### Disclaimer

## LETTER FROM THE GENERAL MANAGER



y the time you read this Outpost, our renovation projects for front lawn and the Poolside Deck will be finished. As part of this we have also installed a new lighting system for front lawn and floodlighting of the Clubhouse facade. Next to War Memorial is a new Turtle Pond, which has an eco-filtration system and new landscape. When you come to the Club, please come over to see our new facility for our turtles which is popular for the kids. We will hold our Club events and functions on the front lawn more than last year as we now have a bigger space and nice landscaping. We have already received a few function bookings for this year. We will hold two big Club events in front lawn for our Living in Bangkok on 5th October and Remembrance Day on 10th November.

For the Poolside Deck area, we have expanded this space, installed new lighting and landscaping as well. So we are now able to put more tables and chairs in this area. In the future we, will replace this with new furniture to match with Silom Wing.

In September, we will be showing the Rugby World Cup in Churchill Bar and Sports Bar, this will start from 20th September till 27th October. We will be having special promotions during the showing of these games and we will update on these.

On 5th October, we will be holding the 21st Annual Living in Bangkok around the Club and plan to have 120 vendors. This year we will be putting some vendors on the front lawn, back lawn and back car park. The concept for this year is Health - Lifestyle - Kids we have a partner sponsor with Bumrungrad hospital. Right now we have a lot of vendors contact us. We will have about 20 vendors for Food & Beverage, so you will be able enjoy great food from great vendors in Bangkok selling at the British Club. We will also be having activities for kids along with

raffle prizes. This event will be organise as "Carnival Fair" to keep visitors enjoying their time the whole day as well as seeing all the booths.

Some of you may have noticed that we now have a new brand of Ice cream "Ete" at the poolside, it's very popular in Thailand from kids to adults. So please try it at the poolside. We have also introduced the sale of Bread which you can order to take home. This will be baked fresh and it only takes 30-60 minutes for you to get it. You can also order in advance and we will bake it fresh for you to pick up. Please ask our service staff or reception.

As the high season is coming soon, our team are planning future events such as the Trafalgar Dinner, a Halloween Party, the Annual Christmas Ball and Christmas Lunch and Dinner. We already have some booking for our Christmas Lunch and Dinner so get in early. If you are planning to celebrate your Christmas Day at the Club, please check and book your seat with our reception for your preferable venue to avoid being disappointed.

Looking forward to seeing you all around.



# F&B MORSELS from our KITCHEN TEAM



e are very happy to announce that we have teamed up with DeliFrance to bring you some of the best breads and pastry items in town, from French sticks to eclairs in true traditional French style. The bakery team are now producing all items for you to enjoy at the club and to take home, simply ask a member of staff for an order form, fill it in with your choices and we will get baking, orders take 30-60 minutes to be ready to take home.

In August were pleased to be asked to cook for the Siam Whisky Club who were hosting their whisky pairing dinner at the 1910 Lounge, they allowed us to create a menu out of the box which gave our chefs the chance to showcase some of their original dishes, two that stood out on the night were, Mulberry smoked bone marrow with breadcrumb and deep chocolate mousse with wild berries, we also had the chance to learn a new way of cooking haggis, something a lot of the team had never done before, we and a fantastic time doing it and the taste was very interesting, we look forward to the next one.

Our BBQ & Beer promotion runs throughout the month of September, we have selected some delicious items to grill on the poolside BBQ station and teamed up with Budweiser for the perfect beer to go with them, our recommendations from the menu are to try the BBQ pork ribs in Jack Daniels sauce and our fusion crispy pork belly skewers, both are so tasty.

If you're in early and ordering a coffee please give our new muffins a try, new to the menu are Blueberry muffins and our personal favourite Triple chocolate muffins, we feel it's what morning were made for.

Have a great September and enjoy our menus.

**Happy Eating!** 





#### 2ND SEP TO 6TH SEP

#### Starters: 65 Baht

- Greek lentil soup
- School prawn with sweet chili sauce.

#### Main courses: 160 Baht

- Reuben Casserole
- Nasi lemak
- Chicken shawarma
- Geang Pah moo, fried chicken, stir fried Chinese kale

#### 16TH SEP TO 20TH SEP

#### Starters: 65 Baht

- White bean ham bone soup
- Soya marmalade chicken

#### Main courses: 160 Baht

- Miner Carbonara.
- Harissa Chicken Parma
- · Pork ribs with potatoes skin.
- Garlic pork stir fried cabbage, Geang Som fish.

#### 9<sup>TH</sup> SEP TO 13<sup>TH</sup> SEP

#### Starters: 65 Baht

- Irish beer cheese soup
- Chicken tikka mini stick

#### Main courses: 160 Baht

- Croque monsieur
- · Beef faggot.
- · Braised chicken spaghetti.
- Sweet and sour pork, veg tempura, five spice pork soup

#### 23RD SEP TO 27TH SEP

#### Starters: 65 Baht

- All green soup.
- Potato bacon salad.

#### Main courses: 160 Baht

- Grilled pork with chimichurri and coleslaw.
- Spaghetti aglio.
- Chicken walnut wrap.
- Nam Prik Ong, Thai style omelet,
   Cabbage and silk tofu soup.



# HEALTH Falling and Ageing Are You Badass? Or Just "Getting Older"?



Personal Trainer, Wellness Coach Accredited Rehab Master Trainer

It's a subject people just don't want to talk about. But the fact is, statistically, if I were diagnosed with cancer today, and you had a bad fall, I would be more likely to still be alive in 2 years time than you. And yet we don't talk about falling at all. (danjohn.net)

WE SHOULD START
REFERRING TO 'AGE' AS
'LEVELS', SO WHEN YOU'RE
LVL 80 IT SOUNDS MORE
BADASS THAN JUST BEING
AN OLD PERSON.

Falls are the second leading cause of accidental or unintentional injury deaths worldwide. Each year an estimated 646000 individuals die from falls globally. (who.int)

And yet the majority of people are willing to accept their declining agility, lack of strength and mobility as just getting older – and do nothing to change the decline – until injury or pain forces them to find something to move them away from the pain.

Unfortunately, in most cases the default is drugs – which is mosttimes just plugging the hole and delaying the inevitable.

Any other option sounds like hard work – it sounds grueling – its sounds unpleasant does it not? Let me ask you – how pleasant is the pain and discomfort you feel from not being well or from unmanaged injuries, or just getting older aches and pains? Not everything can be fixed - but it can most certainly be managed. Sometimes it takes a bit of research to find what works for you best, what treatment may be needed, what course of action you need to take to regain mobility and strength and how do you maintain it while still getting older? Everyone is different but what true for all of us is that we all live in bodies that are designed to move. Movement is key.

Now the question is what does 'moving away from the pain' look like?

It looks like this....



In this picture we have people who are managing the following conditions or injuries – Multiple Sclerosis, Knee degeneration, Parkinsons, Major Spinal Surgery, Polio, Scoliosis, Heart complications, Cancer, Spinal Fractures, Chronic Arthritis, Diabetes, Hip replacement. Its quite hard to pick which 'condition' matches the person isn't it. Remind yourself – not everything is fixable – but it is manageable.

What you do need to do is FIND YOUR THING! Find a 'thing' you can do that you enjoy, that is safe and takes into account your strength and abilities and age etc. A class, an event to train for, personal training sessions, small group training.

At The British Club we have so many options of ways you can be BADASS too. What LEVEL are YOU? We can help you find your 'thing'.

Have a go at a Bootcamp Class on Wednesday nights – you can try out this small group training session at no cost – just to see if it will suit you. This class is designed so that anyone can do it – every activity is coached safely and with progressions just for you. You can book a swimming lesson, a squash lesson, a boxing lesson – just come and see us at the Fitness Centre and have a chat about your options.

BE BADASS today! Dare to be better than yesterday!





### Sat 2 - Sun 3 November 2019 @ The British Club Bangkok

Includes a welcome cocktail, 3-course meal & 2 hours show



#### **Booking & Information**

Tel: 02-234-0247

Email: events@britishclubbangkok.org

The Bangkok St Andrew's Society in association with The British Club Bangkok presents

# FAMILY FAIR WITH ASCOTTISH FLAIR

Join us for a fun-filled day with a bouncy castle, face painting,
Scottish Country dancing and exciting games, including the tug-of-war, caber
tossing and haggis races. Enjoy scrumptious food and drinks against
the backdrop of Scottish music performed by the British Club Pipe Band!

Entrance: THB 100 per person

# Saturday, 14th September 2019

At The British Club Bangkok From II:00 am to 4:00 pm











facebook.com/BangkokStAndrewsSociety



@BangkokStAndrew













Professional Coaching & Psychotherapy (Bangkok)



Dr Scott Berry Professional Coach & Psychotherapist PhD, MBA, DipCouns UK



Miss Intara Berry
Office Manager / Trainee Coach
Bachelor of International
Business, Bangkok University



Mr Nikorn Chimkong Program Manager MBA Ramkamhaeng University



**Mr Wichai Lahoi**Office Manager
Certificate of Hospitality

Scott Berry & Associates 281/19-23, 5th Floor, Room 509 Silom Rd, Silom, Bangrak Bangkok 10500 T: 02-0385098 or 064-939-0222 W: www.scottberryconsulting.com

We are a family run business in Bangkok - a short walk from the British Club. We serve expats in Thailand, individuals and companies across the Asia Pacific. Here are some of the services we provide:

#### Life Coaching and Counselling

Deepen your sense of happiness and selfconfidence. Get practical help for depression and anxiety, anger, culture shock, addictions, life change and more.

#### **Employee Assistance Programs**

Online and face-to-face services to create and sustain health, wellness and effectiveness in your staff and teams.

#### Couples Coaching and Counselling

Rebuild and repair the love between you. Get tools to grow trust in each other, anticipate each other and talk through the hard stuff. We are LGBT friendly.

#### **Leadership Coaching**

Identify your gifts and deploy them more often. Identify the areas you need to strengthen in yourself and others, build the skills to anticipate yourself and others.





### **RECIPROCAL CLUBS**

# Oriental Club, London.

private member's club founded almost 200 years ago by returning officers and officials from India, with grand rooms, two bars, and a fine dining restaurant. The wine list in the fine dining restaurant was good value ③. It's even better on Mondays when they have "Steak night", because some clarets were discounted by 35%, so we only paid £42 for a vintage 2000 cru bourgeois Bordeaux from a decent château. The documentation that we were sent along with our letter of introduction said that members of the British Club Bangkok are entitled to a welcome glass of champagne. The restaurant staff were initially unaware of this when we asked, but after an hour or so in the restaurant we did indeed get the free glass of champagne . Jacket and tie required.







#### Mid February 2019





The British Club Bangkok is delighted to have a network of 413 of the world's most prestigious Members' Club, spread across 57 countries worldwide. Please ask Reception for a Letter of Introduction ahead of any visit with the dates of your intended visit.



### 7PM | SATURDAY OCTOBER 19TH

Cocktails on the 1910 Balcony from 7pm, Dinner in the Suriwongse Room, 7.30pm

A Black Tie, or dress uniform with medals, gourmet dinner on the 214th anniversary of the Battle of Trafalgar.

The dinner is open to all British Club members, spouses and guests, Embassy staff and guests, members of the Royal British Legion (Chonburi branch) and members of the Military Attaché Group of Bangkok

Welcoming Guest Speaker Captain Matthew A Barker USN, currently Naval Attaché at the US Embassy in Bangkok

Members, Guests: 2,250 Baht
Non-members: 2,500 Baht
No alcohol less: 500 Baht





# TRAFALGAR MENU

#### FIRST COURSES:

Wild Mushroom Cream Soup

Or

Norwegian Smoked Salmon and Cream Cheese Parcel Filling Light Lime and Olive SauceServed with Melba Toast

Wine: Zonin Prosecco - Italy

#### **MAIN COURSES:**

Pan-Fried Seabass with Butter Cream Sauce Served with Artichoke, Beetroots and Mashed Potatoes **Wine**: Villa Maria Private Bin Sauvignon Blanc - New Zealand

Or

Grilled Lamb Chops Served with Roast Vegetable,
Crispy Polenta and Red Wine Sauce
Wine: Beringer Founders Selection Cabernet Sauvignon - USA

#### **DESSERT:**

Redberry Mille-feuille

Wine: Grahams The Ruby Port - Portugal



# SEPTEMBER

#### SUN

#### Kids Cricket 8am-11am Book first!

Swimming Lessons
9am-12pm

Sunday Brunch 11.30am-3pm

**Open Bridge** 2pm Silom Room

#### MON

BWG Mahjong 10am-1pm

Tennis Mixed
Doubles Team
Practice
7pm-9pm

#### TUE

Bangkok Gentlemen Spoofers 8pm

Football 7pm-9pm





THE BRITISH CLUB

08 Kid 8ar

Kids Cricket 8am-11am Book first! Swimming Lessons

9am-12pm **Sunday Brunch** 

Sunday Brunch 11.30am-3pm

**Open Bridge** 2pm Silom Room BWG Mahjong
10am-1pm

Tennis Mixed
Doubles Team
Practice
7pm-9pm

|10

Bangkok Gentlemen Spoofers 8pm

Football 7pm-9pm





15

**Kids Cricket** 8am-11am Book fürst!

Swimming Lessons
9am-12pm

Sunday Brunch 11.30am-3pm

Open Bridge 2pm Silom Room

Tennis Mix-In 4pm-7pm 16

BWG Mahjong 10am-1pm

Tennis Mixed Doubles Team Practice 7pm-9pm 17

Bangkok Gentlemen Spoofers 8pm

Football

7pm-9pm

**Quiz Night** 7.15pm The Verandah



22

**Kids Cricket** 8am-11am Book first!

Swimming Lessons 9am-12pm

Sunday Brunch 11.30am-3pm

Open Bridge 2pm Silom Room

Tennis Mix-In 4pm - 7pm 23

BWG Mahjong 10am-1pm

Tennis Mixed
Doubles Team
Practice
7pm-9pm

24

Bangkok Gentlemen Spoofers 8pm

Football 7pm-9pm





29

**Kids Cricket** 8am-11am Book first!

Swimming Lessons
9am-12pm

Sunday Brunch 11.30am-3pm

Open Bridge 2pm Silom Room

Tennis Mix-In 4pm-7pm



BWG Mahjong 10am-1pm

Tennis Mixed
Doubles Team
Practice
7pm-9pm





# HAPPENINGS

#### **WED**

04

Ladies Tennis Coaching 9.30am-10.30am

**Tennis Mix-In** 6pm-10pm

**Balut** 6-8pm

**Paella**Dinner Only

THU

**SAMBI** 9.30-11.30am

Squash Mix-In 4.30pm-7.30pm

FRI

Junior Tennis
4pm-6pm

Kid's Movie Night 6pm

Tennis Mix-In 6pm-10pm SAT

07

Swimming Lessons
9am-12pm

Squash Mix-In 2.15pm-6pm

Squash Coaching with K Ruegrit

11

Ladies Tennis Coaching 9.30am-10.30am

X

X

**Tennis Mix-In** 6pm-10pm

Balut 6-8pm

6-8pm **Paella** 

Dinner Only

BAMBI

9.30-11.30am

**Squash Mix-In** 4.30pm-7.30pm

Fry Group Evening 6.30pm

Junior Tennis
4pm-6pm

Kid's Movie Night

Tennis Mix-In 6pm-10pm 14

Swimming Lessons
9am-12pm

Squash Mix-In 9 2.15pm-6pm

Squash Coaching with K Ruegrit

Family Fair 11am-4pm

18

Ladies Tennis Coaching 9.30am-10.30am

Tennis Mix-In 6pm-10pm

Balut 6pm-8pm

**Paella**Dinner Only

19

**BAMBI** 9.30-11.30am

**Squash Mix-In** 4.30pm-7.30pm

**Ben Thompson** Osteopath 11am-6pm 20

Junior Tennis
4pm-6pm

Kid's Movie Night

Tennis Mix-In 6pm-10pm

**Ben Thompson**Osteopath
11am-6pm

21

Swimming Lessons
9am-12pm

Squash Mix-In 2.15pm-6pm

Squash Coaching with K Ruegrit

25

Coaching 9.30am-10.30am

Tennis Mix-In 6pm-10pm

**Balut** 6pm-8pm

**Paella**Dinner Only

X

26

**BAMBI** 9.30-11.30am

**Squash Mix-In** 4.30*pm-7*.30*pm* **3**.

**2**.

Kid's Movie Night 6pm

**Tennis Mix-In** 6pm-10pm

Wine Tasting 6pm-9pm

28

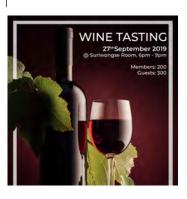
Swimming Lessons
9am-12pm

Squash Mix-In 9 2.15pm-6pm

Squash Coaching with K Ruegrit









MASTER CLASS — Wine Noted by Annie from Evening hosted by Annie from Evening Wines. everyone was able to sample

lovely intimate evening hosted by Annie from Rathbone wines, everyone was able to sample the full range and enjoy a table by table personal master class from Annie. Wines featured were:-

Mount Langi Ghiran - 2014 Cliff Edge Shiraz Mount Langi Ghiran - 2016 Billi Billi Pinot Grigio Yering station - 2016 Little Yering Shiraz Yering station - 2017 Little Yering Pinot Noir Xanadu Exmoor - 2018 Sauvignon Blanc Semillon Xanadu DJL - 2015 Chardonnay Xanadu DJL - 2015 Cabernet Sauvignon

Look out for them all in our next wine tasting on the 27rd September.



















# **BACKGAMMON** Evening in the Churchill Bar

uly 13th saw the second Backgammon Evening in the Churchill Bar. BCB Member and former British Open Champion Julian Minwalla brought along former European champion John Slattery. They played an exhibition match, explaining the thinking behind each of their moves, and assisted the attendees of all levels of play in improving their games.

The Club now has Backgammon sets available for Members use in the Sala and the Churchill Bar, and

further Backgammon Evenings will be organized on an occasional basis, with creation of a new BCB Backgammon Section in prospect as interest grows.

Watch for news of the next BCB Backgammon Evening, and come along and get to know - or hone your skills at - this fascinating game. Backgammon is believed to be up to 5000 years old, and those familiar with its unique blend of luck and skill knows full well why it has stood the test of time so well.



















## QUIZ NIGHT

WITH MONTHLY JACKPOT



The Verandah Members: 150.- | Guests: 200.-Team of 6 or less

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ast month's wine tasting was another great evening with a good range of suppliers with great selections of wines.

As always, I started with the white wines and work my way up into the red wines looking for something a little bit different. When it came to the white wines, it was the Wither Hills 2017 Sauvignon Blanc from Marlborough New Zealand that first got my attention. Very close to that was the 2018 Chenin Blanc Southern White Rhinoceros from South Africa. However, it was the Rocca Nero d'Avola from Sicily that really stood out. I did try their Chianti but I felt it was it wasn't quite up there.

Nero d'Avola is the most important red wine grape in Sicily and is one of Italy's most important indigenous varieties. It is named after Avola in the far south of Sicily and its wines are compared to New World Shirazes.

So if you didn't get any try it and I am sure you will agree with me.

Now for the technical Info.

Origin: Italy

**Growing Region: Sicily** 

Cellar: Rocca

Grape: Niro d'Avola Alcohol Content: 13% Serve Temperature: 18°C

Cheers



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### **MEMBERS FORUM**

POOLSIDE REDEVELOPMENT PHASE TWO

Presentation of GC Plans, Funding and Timing for Q&A and discussion

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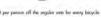
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# Wine Tasting the Event



# **SQUASHY BITS**

# Handicapped!

ost, if not all, BC Squashies suffer from some form of mild to severe handicap: some abuse alcohol relentlessly despite knowing the dangers. Shame. Others pointlessly smoke cigarettes, apparently driven by a weird desire to destroy their one-and-only respiratory system. Stupid. Some foolishly believe in an imaginary sky father as a result of childhood brainwashing as others put their faith in some fat bloke in a gold temple. Even more stupid it would seem! Plenty swear by the traditional



family unit despite the costs, both mentally and financially, while others claim a fancy of those of the same gender, or even mixed-gender, and

have to bear the strange looks and gossip. Some are short and old and hail from tiny, insignificant nations dominated by mountains and sheep. And some have silly names resembling breakfast cereals and were inbred in backwards places like, like, like....well, Tasmania, just as a pure, random example off the top of the head. This final example is undoubtedly the most stark of the handicaps found among BC Squashies. And lastly, some feel the need to invent this kind of drivel each month. An incredible display of troubling issues there.

Anyway, during July, a few of the BC Squashies, along with their varying and crippling ailments, came together to compete for the Tom Annas Handicap Challenge and Plate.



Tom was our dear old American friend who sadly passed away a few years past. He was a regular BC Squashy for over two decades and we miss his cheerful presence even today.

Tom's place at the BC was such that we renamed our annual handicap competition in his honour. Aren't we lovely?



It started brightly with Marc Sayer suggesting a league-style event for the early rounds much the same as was employed very effectively in our recent Club Championships deservedly won by Rob, the Canadian preacher.

Marc can actually be quite useful at times, despite his usual trait of making wild claims of what he definitely will and can do while not actually doing anything.

Now then. The Squash Section Chairman, Peter Cornflakes, subsequently took over the organisation of the competition. Yes, that's him, the old fool from Tasmania. This is where things started to wobble.

The first cock up was the loss of all the current handicaps - the real ones, not the nonsense mentioned above. Peter claimed he'd lost all his



computer files due to af virus. If it was a virus, it came from the disgusting XXX websites he browses daily and serves him right. The fact

that hadn't backed up the files onto some external storage is typical.

So the comp began with random handicapping based upon league positions and guesswork. Naturally, the majority of the handicaps were way off which favoured the stronger players meaning we were heading for another main final featuring the Canadian priest. In other words, another trophy for Rob and that just could not be - we weren't having him coming over here and winning everything in his first year.

Complaints galore piling in by phone and fax from dozens of competitors. We won't reveal their names as it's not right, but it was Marvyn, Nick Ghosh and Marc who spewed incandescent rage in PC's direction.

#### **Sports**

Action! Adjustment of selected handicaps between the league stage and the quarter finals; stronger players frozen out with higher numbers to even things up and give the weaker 'more useless' competitors a chance.

And it worked, sort of. Sort of because Ja beat Rob so that got rid of him, but then Marc pulled out with an ankle injury and Tee dropped out claiming he was too busy. Too busy? He spends most of his day walking around chatting to people or drinking beer in the Churchill Bar while watching football. Obviously playing in a squash match would severely interfere with those important tasks. Then Shiraz pulled out just after Rob was eliminated claiming a cold. A cold?



Nobody believed that and it was rumoured that Shiraz had told Rob that if it couldn't be those two in the final then he didn't want to play. Pathetic. Both will be banned next

year. So Evans got two byes straight to the final due to Tee and Shiraz's shameful excuses while Ja honestly played his way there.

In that final Ja thrashed Evans 3-1 as Evans was useless and out of practice having not played a quarter or semifinal. Ja started a few points ahead, but was majestic and is the Tom Annas Handicap Challenge Champion 2019!

For the plate bit there were no dramas as the 'lower-level' players all competed hard, but the favourite Mark Rayfield was knocked out by Masood or Marvyn or someone. Frankly, we can't remember and we are running out of space. In other words, we don't care. Anyway, Marv beat Masood 3-1 in the Plate Final despite starting five points behind. He weighs less



than 50 kilos and is still able to prance around the court like a newborn Welsh lamb, while Masood, despite hitting the ball well, is not in shape. Lay off the desserts Masood!

Well done Ja and Marv - worthy winners. Hard cheese to the losers. Thanks to PC for just about managing to get the event done and hugs and kisses to all those who made the effort to compete including Nick Bernhardt, James Rix, Jim Short and Neil McArthur who didn't make it past the quarterfinals but never complained. However, all four have resigned from the Squash Section and cancelled their BCB memberships. Shame.

#### Until the moon falls over....

								Scores
	Round Robin 1						1v2	8-15,15-8. 18-10, 2- 15, 15
		1	2	3	- 4		1 v 3	13-15 injury
1	Marc Sayer -37		7	4	1	20	1v4	15.11, 15-12, 15-10,
2	Ja (T. Chaturan) -33	6		9	7	22	2v3	15-12, 15-12, 15-10,
3	Mark Rayfield -32	9	4		3	18	2v4	H 15,14 15, 15 H,15 14,15 1
4	Peter Corney -23	4	6	8		18	3v4	15-14, 15 - 7, 13-15 15-9,
7			_					Scores
	Round Robin 2		-	_	-		1v2	(5-)0, (3-12, (5-))
ļ		1	2	3	4	4	1v3	15-10, 15-11, 15-12,
1	Shiraz Poonevala-37		9	9	8	26	Iv4	415,15 11,15 12, 15 12,
2	Tee Bale -31	4		9	-8	21	2v3	15-12, 15-9, 15-11,
3	Marvyn Lewis -29	4	4		-8	16	2v4	9-15,15-14, 15-18, 15-8,
4	James Rix23	5	5	5	100	15	3v4	15-10,15-12 ,11-15, 15-13
ı	B	_		_		71	10	Scores
H	Round Robin 3	1	2	3	4		1v2	5-9. IS-12. IS-11.
1	Neil Evans35	÷	9	9	8	26	194	
2	Bruce Madge -31	4		9	8	21	2v3	14-15, 15 -11, 15-12, 15-12, 15-10, 15-13 15-12.
3	Neil McArthur -26	4	4		9	17	244	15-10, 15-13 15-12, 12-15, 15-14,15 2,15-12
-	Masood Parvaiz -25	5	5	4		14	3v4	15-14 15-8, 15-4,
î								cores
1	Round Robin 4						1v2	15-11, 15-12, 15-8,
f		1	2	3	4		1v3	15-12, 15-10, 15-12,
ı	Rob Lockhart -38		9	9	9	27	Iv4	18-11, 18-12, 18-13
2	Nick Ghosh -30	4	1	9	8	37	2v3	1-19/15-12/15 13
3	Nick Bernhardt -23	4	4		9	17	2y4 12	18,15-12 .15-8, 15-11.
4	Jim Short -16	4	5	4	150	13	3v4	15-1), 15-14, 15-11,







### **TENNIS**

# **Court Opening**

n the morning of Saturday June 29th myself and a select band of brothers and sisters of tennis section fame got together to officially open our brand spanking new tennis courts. We learnt that sipping Prosecco before at 08:00 is quite fun and that the new courts play as well as the look ③. Thanks for joining guys ③.







#### 2019 Womble Cup

On Sunday July 14th the 2nd edition of the now annual Womble Cup was held on our 4 beautiful new courts. The format was tweaked slightly for the 2019 edition and pitted The Blue team (the UK, Europe, the USA, the Commonwealth, & Dawa) and captained by Mr.



Nick Lyons against The Red Team (The Rest of Asia) and captained by Ms. Raquel Evans. 28 players took part, 16 doubles matches were played, and mercifully the rain stayed away. The final result was an 8-8 tie and a share of the spoils. As there were no spoils to be shared, the captains took it upon themselves to take to the court again for a play-off match. However, as the entire blue team were now rehydrating heavily on the free flow, Captain Raquel was forced into borrowing a partner from the blue team. The Trojan horse tactics paid off and the Blues registered a controversial victory. Well played all.







#### **Sports**



















#### **Lucky Draw**

Captain Nick was on quite a cheeky roll and managed to also win the lucky draw. The prize being one of those much sought after original Wimbledon towels which had been kindly donated by Captain Raquel – talk about salt in the wound!



#### Wimbledon Men's Final

With the prize giving completed and the delightful, Wimbledon-themed dinner polished off, the crowd settled down to watch RF claim his ninth Wimbledon crown. Sadly, it wasn't to be though even a Djoker stealing Roger's crown couldn't take the shine off another great day at the British Club. Thanks to all involved and let's do it again next year!



# FRIDAY junior tennis coaching







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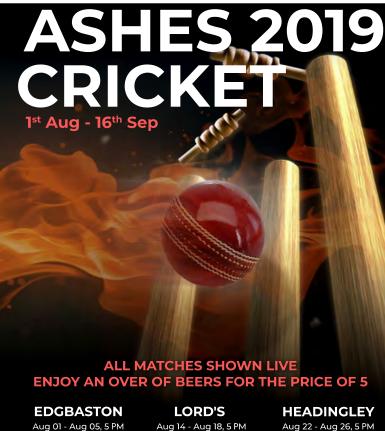


Match schedule inside back cover









Aug 22 - Aug 26, 5 PM

**EMIRATES OLD TRAFFORD** Sep 04 - Sep 08, 5 PM

**KENNINGTON OVAL** 

Sep 12 - Sep 16, 5 PM



THE BRITISH CLUB

### **HARDBALLS**

### Stats

ot having the chairman's privilege of submitting his outpost articles when he wants, I missed the opportunity on personally expressing my satisfaction on England's result in my last article. Although slightly diluted by the current state of the ashes series, it was and will remain one of the most memorable games of cricket and I was glad to spend it at a lively sports bar. The fantasy cricket league was concluded with Pramodh taking the top spot, leaving a big hole in the section's lives for a few weeks as the festival went out like a light.





Aside from a new league introduced this year which a handful of members have been using to scratch the itch amongst one of our associate teams, the last few



months have served as a welcomed break for most as we reflect back on the league, freshen up the Instagram and prepare ourselves for the period in which an unusually high percentage of members share their birthdays - and the next season of course. Following the Koh Chang beach cricket tour which you can look forward to reading about in next month's edition, the AGM will take place in October, before the season kicks off with the Phuket tour at the beginning of November.





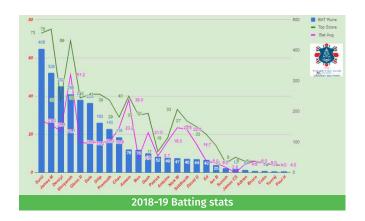
#### **Sports**

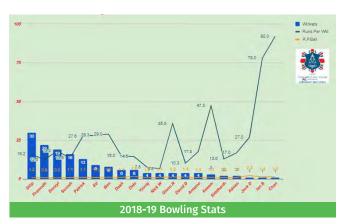
The team continue to get together for events and training with the odd interest from new members, who are always welcome to the nets (14:30 Saturdays, 18:30 Thursdays). Jay if you're reading this – there's only so long you can fake that injury... We even had a third generation BC player rolling the arm over at the beginning of August as Gordon Burles' grandson showed signs of fire which was apparently present in the 1982-84 historic BC cricketing period which Gordon was a part of.

The history of BC cricket and all stats can be accessed amongst other info from BC's platform at:-

#### www.pitchero.com/clubs/britishclubcricketbangkok

This is all relentlessly kept up to date by Sarg, with assistance from the odd member who want to dispute their personal record/stroke their ego. With a few games left before a clean slate – feast your eyes on a few talking points from the past season below.





RANK	TEAM		P	W	L	D	WKTS LOST	RUNS FOR	WKT S TAKEN	RUNS	Pts	%	OVERS BOWLED	OVERS FACED	
1	0	Almas Cricket Club	11	8	3	0	62	1387	74	1132	165.40	1.04	210	216	A
2	0	Royal Star CC	11	8	3	0	65	1246	83	1155	160.79	0.94	208	191	Α
3.	基	Super Boys CC	11	8	3	0	72	1462	73	1395	156.95	0.42	243	237	A
4	1	Marina Cricket Club	11	7	4	0	52	1493	73	1370	145.53	1.25	235	211	A
5	300	British Club	11	7	4	0	71	1621	85	1644	142.21	-0.26	250	256	A
6	-	Kerala Strikers CC	11	7	4	0	71	1276	74	1298	138.56	0.46	249	226	A
7	0	Bangkok Cricket Club	11	5	6	0	87	1313	75	1437	111.13	-0.45	254	253	A
8		Chicha Cricket Club	11	5	6	0	84	1298	57	1229	106.38	-0.36	202	228	A
9	0	Indorama	11	4	7	0	73	1085	61	1053	90.78	0.00	183	189	A
10	-	Tamil Nadu Cricket Club	11	3	8	0	85	1323	80	1433	74.23	-0.49	241	243	
11	-	Bangkok Strikers CC	11	3	8	0	35	792	36	815	62.12	0.19	134	126	A
12	0	Siam Cricket Club	11	1	10	0	80	1351	66	1686	41.71	-2.20	234	268	

### **BCGS GOLFING NEWS**

## July Stableford, Floraville GCC 14th July

his is a tidy track with a stunning new club house and locker room. For those of you who can remember Chuan Chuan and its aging facilities this new and re-branded rendition is in sharp relief.

It was good to welcome back Stephen Fowler to the July stableford. He managed to bag two near pins on the day and clearly showed that time away from the fairways can be a benefit.

In the main event the stableford scoring was modest although the notable exception was our winner, Alan Ainsworth who carded 36 points. Alan played with Kipling like stoicism, keeping the same calm temperament through both the triumph of a chip-in birdie on the par 3 and the disaster of 3 unmentionable eights. Well played, Alan.

Frank Fawkes and Stefano Kim took the second and third spots respectively.

Additional prizes for near pins went to Vicky Brader and Neil Davis. The long putt to Karen Carter (fresh back from her trans-Siberian and Moscow rail adventure) and long drive went to Randall Coleman.







# July Medal, Royal - Some like it Hot (and some not so much) 28th July

Another scorching Sunday day for mad dogs and British Club golfers. Despite depositing 5 of my newly purchased proV balls back in assorted lakes from whence they had came, a red hot putter (only 6 putts in 7 consecutive holes) meant that I (David Burton)

managed to out endure the other flight B competitors to secure a 2nd consecutive Flight B victory and bottle of wine in the process. (The runners up were Glen Plummer 2nd on countback and Pete Gale 3rd by 1 shot)

#### **Sports**

The champagne golf though was being played in other groups; Robert Gray won the Flight A competition; whilst the front 9 holes of 45 shots was only 2 over his handicap, the back 9 proved to be the best of his life, a remarkable improvement of 11 shots. 1 bogey, 5 pars and 3 birdies meant a 2 under par 34. A truly excellent performance

Varghese following on from his demolition of Nick Lyon in the first round also blitzed the back nine with a 38, overpowering Chris Brader 6 and 4 in the 2nd round of the matchplay, collecting the longest drive (14th) and closest the pin (17th) and Flight A runner up in the process. The other matchplay competition saw Gordon beat Martin 3 & 2 in a tight battle.

Although only representing 15% of the golfers present. The 3 ladies showed their collective precision in picking up 75% of the closest the pin prizes on the par 3's. (Yurachat hitting the flag on the







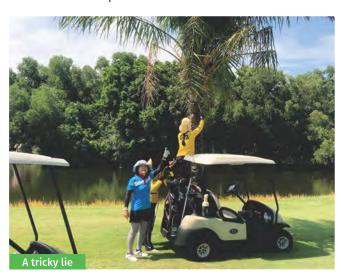
7th and Vicky Brader a few feet away on the 3rd). The other lady deserves a special mention not least as we formally welcome Robyn Tait to the B.C. golf section. She supplanted her husband to be the closed on the par 3 13th and won the ladies longest drive. She was disappointed that her laser distance measurement showed her to be a few feet short of the men's longest drive. Given that she has the lowest handicap in the club at 2 it may not be long before she makes amends for that.

Warmest of welcomes to Robyn and Johnathon Tait

Why not join us? We welcome players of all abilities, from enthusiastic hackers to semi-pros. If you're interested, do visit our website

#### http://www.bcgsthailand.org/

for details of upcoming events and the contact details of our Captain.





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# RUGBY WORLD CUP 2019 SCHEDULE 20 SEP - 27 OCT 2019 @ 1910 SPORTS BAR



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SAT 21 SEP	NEW ZEALAND	米	V		UTH AFFRICA	4.45 PM
SUN 22 SEP	ITALY		V	MA MA		12.15 PM
SUN 22 SEP	IRELAND	# W #	V		OTLAND	2.45 PM
SUN 22 SEP	ENGLAND		V		NGA	5.15 PM
MON 23 SEP	WALES	34	V		ORGIA	5.15 PM
TUE 24 SEP	RUSSIA		V		MOA	5.15 PM
WED 25 SEP	FIJI		V		UGUAY	12.15 PM
THU 26 SEP	ITALY	Щ.	V		NADA	2.45 PM
THU 26 SEP	ENGLAND	$\blacksquare$	V	US.		5.45 PM
SAT 28 SEP	ARGENTINA		V		NGA	11.45 AM
SAT 28 SEP	JAPAN	•	V		LAND	2.15 PM
SAT 28 SEP	SOUTH AFRICA		V		MIBIA	4.45 PM
SUN 29 SEP	GEORGIE	***	V		UGUAY	12.15 PM
SUN 29 SEP	AUSTRALIA	***	V	<b>386</b> W.A		2.45 PM
MON 30 SEP	SCOTLAND	$\times$	V		MOA	5.15 PM
WED 2 OCT	FRANCE		V	US.		2.45 PM
WED 2 OCT	NEW ZEALAND	米	V		NADA	5.15 PM
THU3OCT	GEORGIA	##	V	FIJ		12.15 PM
THU3OCT	IRELAND	### T	V		SSIA	5.15 PM
FRI 4 OCT	SOUTH AFRICA		V	ITA		4.45 PM
SAT 5 OCT	AUSTRALIA	**	V		UGUAY	12.15 PM
SAT 5 OCT	ENGLAND	#	V		GENTINA	3.00 PM
SAT 5 OCT	JAPAN	•	V		MOA	5.30 PM
SUN 6 OCT	NEW ZEALAND	洲	V		MIBIA	11.45 AM
SUN 6 OCT	FRANCE		V		NGA	2.45 PM
TUE 8 OCT	SOUTH AFRICA	<u></u>	V		NADA	5.15 PM
WED 9 OCT	ARGENTINA	-	V	US.		11.45 AM
WED 9 OCT	SCOTLAND		V		SSIA	2.15 PM
WED 9 OCT	WALES		V	FIJ		4.45 PM
FRI 11 OCT	AUSTRALIA		V		ORGIA	5.15 PM
SAT 12 OCT	NEW ZEALAND	米	V	ITA		11.45 AM
SAT 12 OCT	ENGLAND	#1	V		ANCE	3.15 PM
SAT 12 OCT	IRELAND		V		MOA	5.45 PM
SUN 13 OCT	NAMIBIA		V		NADA	10.15 AM
SUN 13 OCT	USA		V		NGA	12.45 PM
SUN 13 OCT	WALES	_	V		UGUAY	3.15 PM
SUN 13 OCT	JAPAN		V		OTLAND	5.45 PM
SAT 19 OCT	WINNER POOL C		V	RU	NNER UP POOL D	2.15 PM
and the same			V	1		COLCUE.
SAT 19 OCT	WINNER POOL B			RU	NNER UP POOL A	5.15 PM
ALTER AND ADDRESS.			V			ale ale
SUN 20 OCT	WINNER POOL D		V	RU	NNER UP POOL C	2.15 PM
Talling to the same	E SURIOR PERSONS AS		· ·		Maria Maria	1244300
SUN 20 OCT	WINNER POOL A	4 5		RU	NNER UP POOL B	5.15 PM
			V			
SAT 26 OCT	WINNER QUAR	TED EI	NALT V WIN	VED OLIAE	TED EINAL 2	3.00 PM
SATEOUCI	WINNER GOAR		NALT WIN	VER COAR	TERFINALE	3.00 PM
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SAT 27 OCT	WINNER QUART	ER FII	NAL3 V WIN	NER QUAR	RTER FINAL 4	4.00 PM
		- N				
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21st ANNUAL

# LIVING IN BANGKOK 2019 | SATURDAY 5TH OCTOBER

HEALTH . LIFESTYLE . KIDS



A community event for Bangkok's international residents. Explore all the possibilities for a fun and healthy lifestyle.

#### Free admission

11 am to 6 pm, At The British Club Bangkok Entrance via Silom Soi 18





For vendor inquiries and more information, contact the British Club Reception www.britishclubbangkok.org | Tel: 02-234-0247