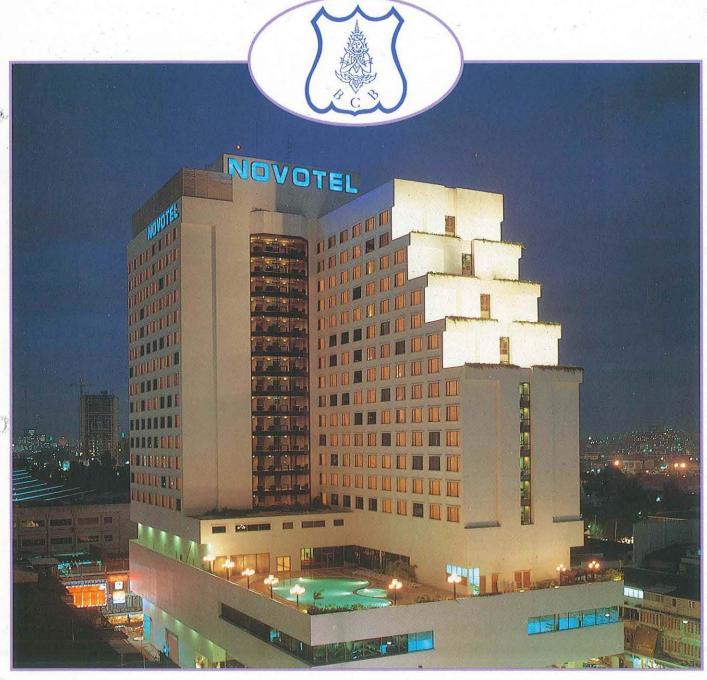
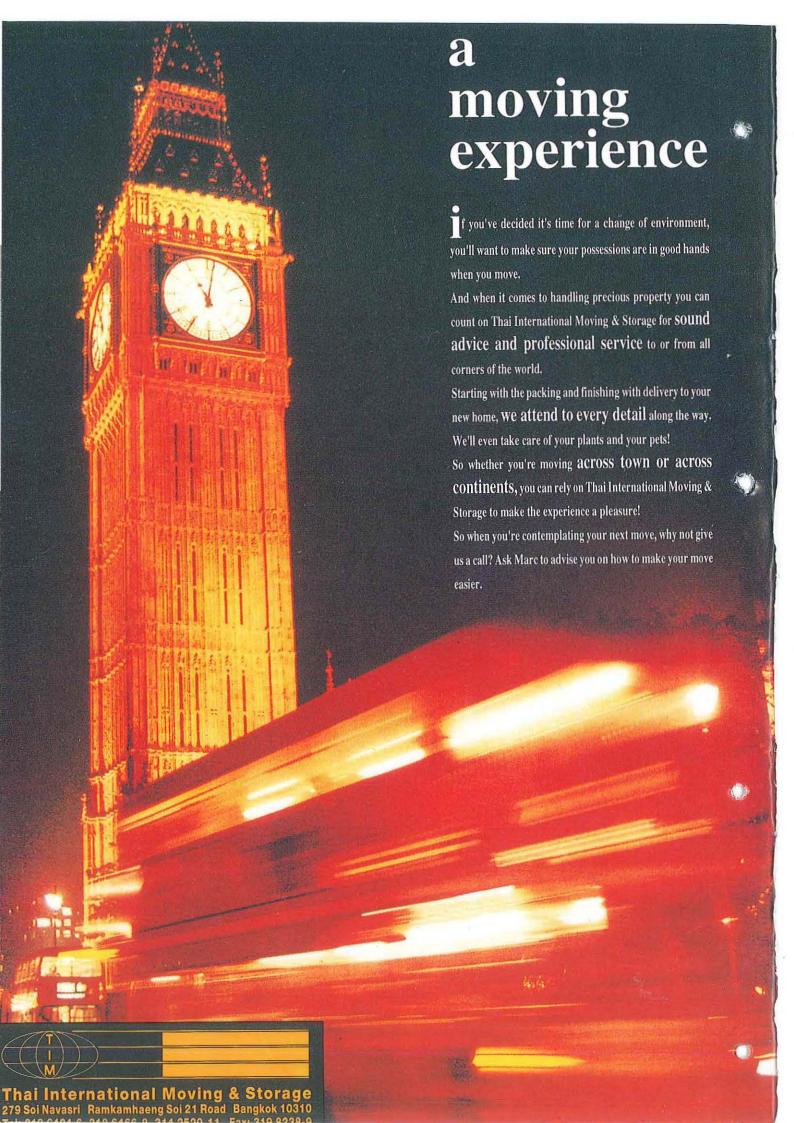
MAGAZINE OF THE BRITISH CLUB, BANGKOK



Octóber 1994

(3)







#### CONTRIBUTIONS

If you would like to contribute to Outpost Contact Bea Grunwell on 2589509. All photographs articles should be received by Bea on 1st of each month.

#### THE BRITISH CLUB

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While Members are encouraged to write to the OUTPOST the Club reserves the right to edit any contributions both for reasons of space and appropriateness.

#### ADVERTISING

Please contact Bea Grunwell on Tel/Fax 258 9509

If you would like to advertise in Outpost

## THE BRITISH CLUB PRESENTS NOVOTEL, SIAM SQUARE



























It's a contagious experience! May we see you soon?

At the British Club from 14-24th October

### FROM THE EDITOR

Dear Readers,

n Outpost full of information on sports, entertainment, insurance, the Khun Pisamai fund, etc. Sadly still lacking Members' contributions, but then I did meet a few very interesting people at the New Members Night. One gentleman's wife has just published a book in the UK and another is such an adventurer that he must be able to write a page or two (or book or two) for the Outpost Members Contribution Section.

As David tells you further on in the magazine, we are already starting to plan the 1994/1995 Yearbook, and are hoping to make it a rather more special edition than the hurried 1993/1994 one was. What I think would be really nice if some of you old time Members would meet me for lunch one day and we could exchange stories about the 'good old times' at the Club. I know I have promised before to interview some of the more long standing Members of the Club, and as I have hereby put it in writing, no doubt I will be reminded that I have not done it yet. It would be really nice to get some photographs of, say, twenty or even thirty years ago of Members at the Club, events around the Club, trips organised by the Club. We do have some archives now, all in order because of Mae Barr's help, and I will dive in there shortly. Hopefully to come up with more goodies than when I tried this expedition a year ago



and came up with a page out of the old Suggestions Book.

Also of course, if any of you have something interesting to report or write about, it would be nice to have someone who is a professional writer to come up with an article for this Yearbook.

Advertisers beware, I will be on the warpath from probably December onwards, so please save some money in your advertising budgets, either for Outpost or for the Yearbook.

I am being slowly driven mad by having to make a decision on what kind of computer to buy, a Mackintosh or a 'normal' PC. I read the Post Database faithfully and am being swung from one to the other. People have been very kind and have offered me the use of their computers, to try them out, so to speak. I wish it was as simple as buying wood in Chiang Mai. Not being a computer fanatic myself, I just want to use the d... thing, it is hard to understand all these goings on within the computer world. One day this programme comes out, the next day it is out of date. Do I buy a fax card, and what is that anyway?, do I really need a Soundblaster, my children tell me I do! Do I use pagemaker or heartbreaker, nightmares it gives me. A few years ago, when we decided to purchase my old faithful second hand computer, I did not even know how to switch it on and had to buy the DOS Idiots Guide, now I am not much further and our beloved screen has changed appearances at least a dozen times, ably assisted by helpful people who said I either needed this, or that and certainly not this because that was completely out of date. Thanks to Robert Horgan for sorting out my latest fiasco with the 'thing', when my son decided he would install a few helpful programmes on it and lost every single thing my husband and I had ever done on it and faithfully saved on the hard disk, without ever making a copy on a floppy. On the way I picked up viruses from several companies, including the famous Michelangelo from a well known oil company. surprised it has not died on me sooner, but Mai Pen Rai, one day I will wake up and the solution will be there. I will have stopped dreaming about computer programmers following me into the BC pool, screens jumping at me from under the bed, and printing illegible printers unformatted Outpost copy.

Wish me well, I need it!

Bea Grunwell

### From the Manager

reptember was little short of bedlam at the Club! There was just so much going on, what with the Whisky Tastings (how many of those who came to that can remember the later stages I wonder! - Allied Walker have a lot to answer for, but very many thanks to them none the less), the 'Last Night of the Proms' generously supported by Lanson Champagne -, the Children's Sports Day, sponsored by Pepsi Cola, Inchcape Insurance Brokers, Entertain Golden Village and some generous anonymous member, the visit of the Covenant Players and all our normal activities, aerobics, bridge, squash, tennis, soccer, rugby, badminton, golf, swimming etc, etc. Phew! Thank heaven October is now here! Not that October offers much respite, we have a trip to Paintball Park, the inter section sports day, murder mystery dinners, a French food promotion in Lords and so much



more. The Club is really vibrant at the moment and offers so much to do.

Only one plea this month. Please notify us in good time if you are leaving Bangkok. We need to explain to you the options of resigning, going 'Absent', or transferring to Up Country Membership - for those staying in Thailand but leaving Bangkok. We can not finalise your account until

you decide which option suits you and we receive your membership cards back. So please ask for a resignation form (which explains all these schemes) at Reception or from the Membership Secretary.

After boring you all with my life story last month, the inclusion of which was definitely not my idea, this month there is a short article about working with the UN in Cambodia. Conversely penning that short article was entirely my idea. I hope that it may interest some people and help them with a small insight into the Khmer Rouge. But I have no pretensions to be a writer so I can reassure you the 'Outpost' will not feature any more articles from me! Certainly my time living with them may be of use at Paintball Park!

David Viccaars General Manager

### Management News

#### ■ FITNESS CENTRE

In the summer months we had many requests for temporary membership of the Fitness Centre to enable muscle bound youngster who are back here only for a few months to continue their training programmes in the Club Fitness Centre. The General Committee have recognised the need for greater flexibility in the current arrangements and have introduced a temporary membership scheme to satisfy the demand. Under the temporary membership a one time payment of B500 will secure a maximum 3 month membership of the Fitness Centre, in addition to this the normal monthly dues must still be paid. This system is now in place.

#### ■ Another Food Promotion

Yes, another food promotion will shortly "hit" the Club! After the success of the Swiss Fondue from the Arnoma Swiss Hotel, for which many thanks to GM Martin Reed and head chef Rudi van Nunen, we are now staying in Europe for our next highlight when the Novotel Siam Square will be sending their excellent chefs to cook French food (proper French food, not nouvelle cuisine!) in Lords

and the Churchill Bar from 6.00pm on Friday 14 October to dinner on Monday 24th October. This really will be a culinary highlight of the year, so don"t miss it!

### ■ October – Murder Mystery Dinner

In October the BC is hoping to put on two evenings of mysterious entertainment. Murder, mystery and dinner will be served in the Suriwong Room. Please keep your eyes open for a flyer, details were not sorted out by the time Outpost went to print. But it promises to be a frightening experience to show your face on either of these evening at the club .... are your the victim ... or the murderer. Find out, book as soon as your flyer reaches you!

#### ■ British Club Christmas Fair

Although it is a long way off do put the weekend of Saturday 3 and Sunday 4 December into your diary. Over this weekend we will be having a Christmas fair, the plan is to allow the members to the fair and sample the Christmas foods and drink ion offer and place their orders. It will be

a sort of "one stop festive shop" with the advantage of tasting the wares! Allied Walker will be holding a wine tasting at the Fair, little festive snacks from the BC and (we hope!) Foodland, and handicrafts and seasonal items on sale.

### ■ THE CLUB HANDBOOK FOR 1994/1995

We are well on course to make the 1994/5 Handbook one of the best ever! Members will be listed alphabetically and photographs will be included, if we have them! In the next few weeks we will be sending out to all members the information we will publish about them. If it is correct then do nothing, unless we have asked you for a photograph, in which case **please** send us one! If it is wrong, or you do not want the detail printed please let us know, if we do not hear from you then we will have to assume that all is well! Likewise if you have not heard from us by, say, Christmas then please call the office to check your details, we all have too much experience of mail going missing!

#### ■ RECIPROCAL CLUBS

#### 1. COLOMBO SWIMMING CLUB

Another Club has been added to our Reciprocal Club list. The Colombo Swimming Club is 1km from Colombo City Centre in Sri Lanka and features restaurants, bars, pool and has accommodation on site.

#### 2. PANAGA CLUB, BRUNEI

The Panaga Club is another recent addition to our Reciprocal Club list. This Sports and Social Club is the hub of expat life in Seria, Brunei Darrussalam and boasts restaurants, bars, golf and every other conceivable sport!

#### 3. ANY MORE?

If Members have visited any suitable Clubs overseas for consideration for Reciprocal arrangements with the BC, then please let the GM know and the matter can be pursued.

#### ■ JVK ACCUMULATOR

Congratulations to Mr. Chris Aspden for winning over Baht 10,000 in the JVK Accumulator in September. This must be your lucky year, Chris, getting married and winning Baht 10,000. It pays to be in the vicinity of the Churchill Bar at 8.00pm on a Friday night.

### FAMOUS GROUSE WHISKY PROMOTION



Congratulations to Mr. George Cowie for winning the huge 4.5 litre bottle of Famous Grouse whisky in the draw! Don"t drink it all at once!

Guess who this member is - September edition.

The right answer was Jack Dunford. Name of winner in next Outpost.

### Community News



Club kitten, about 4 months old, is looking for a good home. She is in good health, very friendly and affectionate. Good with children. She has full vaccination certificate and has been regularly dewormed.

Please contact David Viccars at the Club or Joan Adams on 285 3322.

#### ■ THAI CRAFT SALE

On Saturday 29th October from 10am til 1pm at the Queen Sirikit National Convention Centre there will be a Thai Craft Sale. This sale will give you ample time to send unique gifts at reasonable prices to relatives and friends back home. Handicrafts will include silver jewelry, quilts, pillow covers, table linens, place mats, toys, wood carvings, lacquer ware, cotton and silk fabrics, fashion clothing, fashion accessories, decorations for the home, wall hangings etc.

All proceeds benefit the crafts people of Thailand.

#### ■ YWCA INTERNATIONAL BAZAAR

Mrs. Helen Papazian, the Chairperson of the Flea Market for the 1994 YWCA International Bazaar has requested the British Club to publish the following:

On November 27th, 1994 on the "Y" compound, 13 Sathorn Tai Road the annual Bangkok YWCA Bazaar will be held. One of the most popular stalls is the Flea Market on which used items are sold. Without your help this stall is not possible so if you have any items such as the ones listed below, please send them to the Bangkok YWCA, McFarland Building, 13 Sathorn Tai Road marked to the attention of the Flea Market. Arrangements can be made for collection, please call the YWCA (287 3138). Proceeds will benefit YWCA projects, Day Nursery Care Programmes, Home for the Elderly and other related projects for adults and children.

Items wanted are: appliances, books, clothing, curtains, dolls, gloves, coat hangers, toys, letter openers, magazines, purses, handbags, shoes, vases, ornaments, Xmas ornaments, in fact everything and anything. Just sent whatever you no longer use.

# THE SUMMER SPORTS CAMP - A RETROSPECTIVE!

Well done Shelagh Weekes for ensuring that it happened at all and, of course to Sarah Beaney for running the show so excellently for the two weeks. Thanks also to Jenny Ferrier for looking after the tennis, assisted by Owen Williams, and to Diana Hainsworth, to Jenny Clark and to Kay Stannard for helping out. We certainly needed so many 'minders'!

For the first week from 18-22 July we had 31 children, for the second week from 25-29 July we looked after a further 19 kids.

They all appeared to relish the range of activities on offer, they played touch rugby, volleyball, soccer, tennis, squash, baseball, basketball, netball, table tennis, cricket, rounders etc. They had sessions in the gym, they did dance, drama, aerobics and multitude swimming pool activities including water basket ball, waterbaseballetc.etc. Khun Chamnan really excelled throughout

the week, he is a very versatile young man and is not limited to water sports but turns his hand to most outdoor activities.

Each morning they all tucked into a healthy mid-morning meal as well, with free soft drinks and ice cream to finish. So from 8.45 each morning until 1.00 in the afternoon the Club was alive with the sights and sounds of children playing and having organised (and controlled, to a greater or lesser extent!!) fun.

There were no injuries or accidents to speak of and all the feedback has been really positive. So much so that we will do it again! There are certainly plans to repeat the event for two weeks next summer, and hopefully for the Christmas holidays as well when (once the School dates are confirmed) we plan to run similar camps in the two weeks before Christmas. We will need helpers and a course controller though ..... is

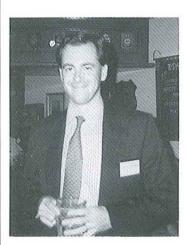
there anyone out there who can help? Please give the Manager a call! (P.S. All teachers on these courses are handsomely rewarded!)

### New Members

New Members Night on 5th September saw a great after holiday rush of new members entering the Club. Most of the Committee were there to welcome them and wish them happy times at the British Club.



Peter and Moira McNeilley are from New Zealand. Peter works for BBLP a Member of the Bilfinger & Berger Group and is their Operations Manager. The have two children aged 11 and 10 and they go to Bangkok Patana School. Moira enjoys tennis and netball and is coaching the Patana netball team. Peter sails and used to play rugby will is quite happy to be a spectator now.



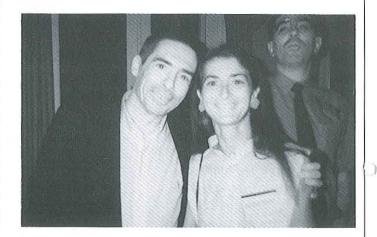
Alastair and Carolyn McDonald have been here for three months. Carolyn flew back to London on the night of the NM, but we'll meet her later. He is into Investment Research and Stockbrokers Research but in his spare time plays tennis and squash. Carolyn was a Business Administrator for a retail company before she came to Bangkok and is specialised in recruitment

and advertising. She also had a book published in the UK called "The Executive Secretary in Europe". The publishers are considering an Asian version. Carolyn enjoys playing tennis and squash. They both play golf.



Bruce and Iris (nickname Horrie) McKenzie are from Adelaide originally and also spent quite some time in Sydney. He is the Deputy Country Manager for the Chase Manhattan Bank and they have been here 4 and 1 month resp. They have 2 children, a boy (18) at Uni and a girl (15) at school in Australia.

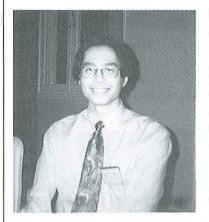
Bruce is learning to play golf and Horrie/Iris is into aerobics and plays bridge. They hope to travel S.E. Asia extensively ... together!



Alain and Beatrice Truchat are French and have been here for 15 months. Alain is here with McCann Erickson. They have 2 children a boy of 2 and a girl of 4 who goes to Ruamrudee School. Alain likes to play tennis (sometimes), skiing (he can't do that here), travel, drive (especially in Bangkok) and plays loud music in his car. He is also a workaholic when he can find the time. Beatrice is a museum volunteer with the Siam Society and enjoys art and history but hates to cook and do housework, but loves the children very much.



**Richell and Manop Phongmekin** are American and Thai resp. Manop is an Engineer with Christiani Nielsen and Richell does voluntary work for the Siam Society. They have 2 boys aged 7 and 1. Richell enjoys reading, playing the piano and gardening and Manop plays snooker until the early hours and badminton.



Tawat Sittipong is an eligible Thai bachelor and he works as Assistant Manager for Maximum Aviation, they are the general sales agents for British midlands. He has been coming to the Club for five years with his father and likes the friendly people of the BC. He enjoys playing tennis.



Anucha Kuruvelukorn (phew got that one out of the way!) owns a factory and he produces leather for furniture and bags. They are one of the main exporters for dog chews in Thailand. He is married and has 3 daughters (13-10 and 2) and enjoys swimming, walking in the mountains, travelling and playing golf.



swim and she likes aerobics.

Preecha Bulsuk and his wife Srivilai are Thai and have 2 children a 26 year old daughter who is working in a Finance Company and a 23 year old son who is studying for his Masters. He is the Deputy Director for Polish Airlines and Srivalai is a paediatrician. Heenjoys a good

Vivat and Natedow Ajmanwra are Thai and he works for Sahasin QBE Insurance and is their Assistant General Manager Operations. Vivat and Natedow have 3 sons aged 1 and 9. He likes playing tennis, golf and scuba diving. Natedow enjoys volleyball, swimming and recently took up scuba diving as well. Vivat was

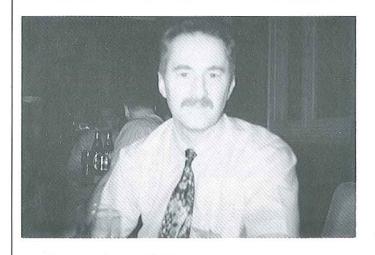


described as a "good guy" by his proposer.



Irene and John Darby are Australian. Irene is here with the Australian Embassy in their Immigration Department and John used to be a Dental Prosthetist. They have been here for 3 weeks, have 4 children in their late teens, early twenties who are either studying or at college in Australia. Irene used to play a lot of tennis and is looking forward to taking it up again and John is a rugby referee.

### New Members



Andrew Barrett is English, single and is the Marketing Manager for Sika (T), who are in construction. He was in Taipei for 3 years before joining us 5 weeks ago. He enjoys tennis, travelling and working.



Steven Bennett (the most talkative person of the evening) is from the UK and calls himself an adopted Cornish man although originally from Chester. He is single, works for Collingwood, was in Djakarta for one month and has been here for 7 weeks. He likes: rockclimbing, snow and ice climbing, mountaineering, white water and long distance sea canoeing, sailing, vintage cars, photography, speedracing, motorsports, potholing, rallying, He used to be an outdoor pursuits teacher and would love to meet like minded people in Bangkok. Steven, let me know if you do, I'd love to meet such energetic people myself. He also says he will write an article (or two) for Outpost.



Richard Plummer and Betty Maclaine are from the UK. Richard is with the Christiani Nielsen invasion corps and is one of their Chief Estimators in the international department. They have 1 child in the UK. He likes playing rugby but feels he is past it now, but will come and watch, plays squash badly and reads the occasional book. Betty is an elementary teacher at the New International School, she is also an English as a Foreign Language teacher. In her spare time she is into: (here we go Ed) golf, squash, roller skating, roller coastering, bunjee jumping, parachuting and anything wildly exiting going.

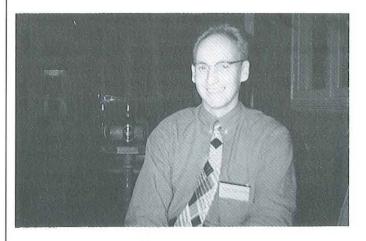


Theo Naarstig, thought he had escaped being interviewed but I caught him on the way out. He is Dutch originally but spent a long time in Oz (or was it NZ??). He was born in Noordwijk aan Zee, and is a pharmacist or an apotheker as we say in the Netherlands by profession and the Manager, Special Projects for Diethelm. He is married to Sai who is Thai and has 3 children. He was in Australia before for 2 years and likes playing squash.

### New Members



Niels and Mary Winther are from Denmark and the US of A resp. The have a son called Kenneth who is 7 and goes to ISB. He is the Managing Director for East Asiatic Company who are into house removals and all sorts of other things like joint venturing with ICI whilst manufacturing something which I cannot remember. They have been here for 4 months, Niels likes playing tennis, would like to play golf and swims. Mary plays tennis, she studies Thai and has recently be recruited to be a cub scouts leader.



**Peter Wiechmann** has been here for 1 1/2 years and is German. He is here with Otto, the catalogue people and he supplies their sales market. He travels extensively inside Thailand to places like Chiang Mai, Surat, Mae Horn Son and also overseas. He has no time for a girlfriend but when he can spare the time he likes squash, tennis, windsurfing, water skiing, snow skiing and likes to visit the theatre.

Elizabeth Parry was an even later victim than Theo, she was actually having a meal in the Churchill bar when I caught up with her. She is here with Richard Ellis and is a Property Manager. She is Scottish, been here for three weeks, single and is looking for a tall, dark, handsome Scot to take her to the St. Andrews Ball. She also enjoys sailing, swimming and tennis. (That is apart from Scottish dancing).



Kirk Senior is married to Catherine who stayed at home tonight. He is an Australian but originally from England. He is here with Entertain Golden Village who are into building multiplex cinemas. Their first one in Thailand was in Bangkae where they had their 500,000th visitor in 11 weeks. The second one will be opened on 9 September in the new Seacon Square shopping centre. Catherine is in marketing also with Entertain Golden Village, they were in Melbourne before. He likes playing squash, soccer and restaurants (the eating and drinking part - not the running of them). Catherine also like eating and drinking out!

Apologies to Steven Sloman who I missed meeting but Nigel Oakins informed me he is in the commercial auditing department of Price Waterhouse and has been here for about 9 months. He looked rather sunburned so he must have just been on holiday to UK.

### Members News



Where's your racquet Carol?



Carol Young & Chris Aspden





On 23 August Andy Davies married Tu in Bangkok. A wedding reception was held at the Nichida Country Club. Many happy returns to this very nice couple, hopefully a wedding ring will not mean that Tu ties Andy up too much and won't let him out to play rugby.

On August 6th 1994 Chris Aspden and Carol Young were married in Newton

Mearn's, Scotland. Out Scottish reporter Brian McFeely kindly passed these photographs on to Outpost. Two active tennismembers joined in holy matrimony, one may well ask where they kept their racquets during the ceremony. Outpost and all Members of the General Committee and BC Members wish the happy couple

## Pension Planning For Business Gypsies

ithout a corporate structure to rely on, today's business gypsy often has to initiate his or her own personal pension scheme.

This is not as straightforward as it looks. One trap for first-time players is the assumption that advice from your friendly insurance salesperson comes gratis.

#### There's no such thing as a free lunch.

In most pension schemes, commission comes off the first year's contributions and can amount to as much as 60 to 100% of your initial payment.

Okay, so the guy has to earn a living like you. But think it through.

How long do you think it takes for your second and subsequent years' payments to recover from the significant reduction of that first year's investment and begin earning?

Depending on the scheme, it usually takes many years.

#### Don't worry - help is at hand.

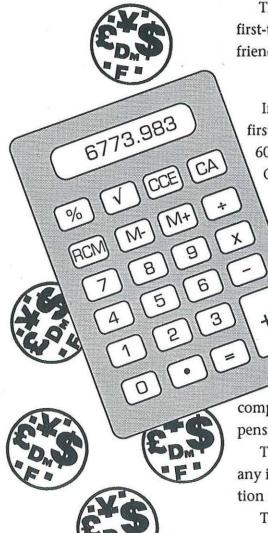
One highly reputable U.K. insurance pension company pays out no commissions at all – on flexible pension plans with no penalties.

Thus ensuring the lowest operating expense ratio of any insurance company in Britain and the highest reputation for responsible financial management.

Those who represent that company ask only a realistic one-time fee which is dramatically lower than the usual commissions deducted.

Which means your first year's investment begins working immediately.

If you'd like more details about how World Portfolio can organise an individual pension scheme for you at absolutely no obligation – with no unsolicited phone calls or unexpected visits – simply fax your business card to 652 0733. Or call Peter Downs on 652 0730/1/2 for more details.



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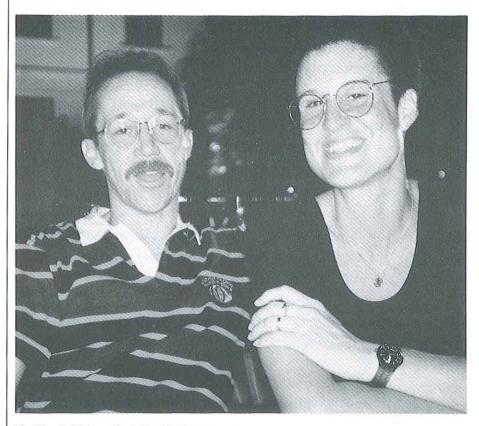
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PORTFOLIO

8th Fl., Maneeya Center Bldg., 518/5 Ploenchit Road, Bangkok 10330. Thailand.

### Tennis

Now that Maurice is back with us full-time, expect things to hot up towards an endof-year flourish of activities. The Graded Champs well and truly got underway this month and there's an away match v. the Polo Club 'A' team on Sunday 16th, not to mention the junior round robin on the 2nd and the adult version of the same on the 9th.



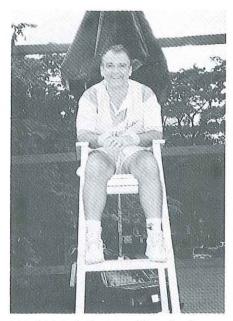
The Houdini Haworths, Miracle Winners.

was right to be cautious last ish: please note that the forecast tour for the Chula weekend this month (22/23rd) has been cancelled because Club Aldiana was fully booked before we could get a look-in. Hence one of those rare occasions - a long weekend with which you may do what you please... enjoy it while it lasts!

As for August, it may have been the sill season in Britain but it was the deserted one here, with everyone on leave, so it was kind of on the quiet side around the courts. No junior round robin and very few people around, but we did get the following events accomplished, with thanks to Maurice for supplying some of the reports for this lot:

#### Match vs Chinese Swimming Club of Singapore – Sunday 7th

Needless to say we lost again, all of 14-4, but then you should expect that by now. The day kicked off with red faces all round, as the opposition were at full strength by 8am, whereas by 9am there were still only 8 from our shower; however, eventually more did drag themselves out of their pits. I know Sunday mornings should be sacrosanct on the sleep front, but perhaps a little more consideration as to how much you're drinking on the Saturday night would be appreciated, judging by our recent record on early match starts!



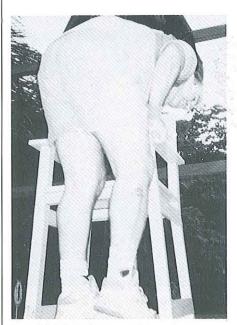
You think he looks masterful up there?.....

The few winning combinations on our side were: Pat Dean and Robert Campbell (6-1\_, Pat Dean and Bruno (6-3), Surin and Rajar (6-3) and Gisi and Phumiphan (6-5), a good show by Pat there. It was a pleasant morning's tennis, with lunch at noon a\so that the whole group could dash off to Don Muang to catch a flight to Phuket – the hard slog of touring...

Captain for the day was Dave Haworth, who was thus able to know what it was like to present a plaque to a Singapore team!! The rather nice Selangor pewter plate we received in return should be in our trophy cabinet by now, check it out!

#### American Tournament – Sunday 14th

More on the Haworth front, Dave and Kathy won this event! On one of these rare occasions when they actually played together (not in the biblical sense), they earned themselves the title of the "Houdini Haworths" after



You think he looks masterful up there?.....

they came back from 7-4 down in every pro-set played, winning all bar one in a tiebreak, to clinch the title by one point off Guy Hollis and Neil Barrington-Johnson and two points off Mike Weekes and Les Elliott-some interesting mixed couplings there. I believe Robert the Ladder was organising this one - he gave me the score sheet - so it's only fitting that he should gracefully concede the play and come in last.

Newcomer Les had plenty of serving practice in a couple of games, which he blamed on the swirling winds (eh?-G); meanwhile his partner Mike put his lesser tennis display on feeling peaky due to a seafood dish eaten in a restaurant he couldn't remember where, some place just past Soi Cowboy the previous night ... say no more. Of course, he told Shelagh he had had a quiet night in, watching those mandatory videos ...! Due to the lower turnout, the moral of the day was not to hold such tournaments on long holiday weekends, which should have been common sense I suppose, but since when has any of that pervaded the British Club?

Two pieces of gossip picked up around the buffet table afterwards: did you know that as part of her job, Haree tests out hotel rooms/beds for a living? And did you know that Robert has a bed (or was it a bench? - my hearing's going - G) in the back of



It's true!! – While the wives are away, the 'men' drink tea! Guy and Mike, hardened Safariers, down a few...



An outstanding example of strict adherence to the 'whites' dress code (even in bk and white!)

his car, bringing a new marketing angle to the term "pick-up truck". The shag wagon rolls on ... oh hang on a minute, I think I said I wasn't going to mention this in Outpost. Sorry!

#### Volvo League Matches – Saturday 6th and Saturday 13th

Yet another 3-2 defeat at the hands of the Thai Air Force on the 6th, with our winning couples yet again being the women; Chalatip and Clare scraping victory in a close three-setter (5-7, 6-3, 7-5) and Kaye Swallow and Allessandra in another long 'un (6-1,4-

6,6-4. That makes an unbeaten record for Kaye, definitely someone to keep an eye on! It's interesting that most of the ladies doubles matches have been three-setters, but at least we win them ... you men listening out there?!

The match against the Volvo 850 team on the 13th was cancelled yet again, so they gave us the walkover (5-0) again! Perhaps it's rust or something...

Whatever, our overall position, with the help of the two walkovers (ahem), was that we came third behind Ramkamhaeng University and the Thai Air Force, so we didn't qualify for the semi-finals. This may be

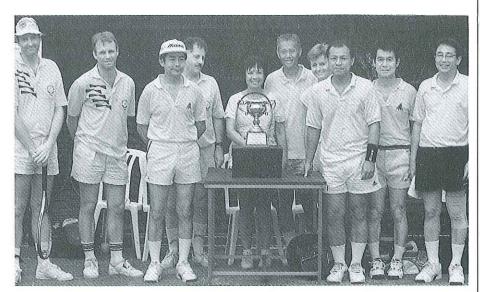
### Tennis

justified, seeing as the only two matches we won were those aforesaid walkovers, all the other matches we lost by 3-2. Ah well, perhaps next year!

The result of the end July league draw was almost too embarrassing to print; absolutely no winners of the bottles of booze!! As forewarned last month, Robert "Mussolini" Campbell has become hyper-strict on all inactivity on the ladder, and it was found that none of the positioned players (1st, 15th etc) had recently played a single, relevant match! This of course includes people on leave, etc. but still! The winner of the 500 Baht lucky draw was Bruce Gordon, not a member of the committee or their family for a change. That's a Sprite-no-ice for me, Bruce!

No committee witterings this month due to no meeting, but there was one thing I wanted to mention that someone who could obviously reach the court booking sheets in the sala chose to rip out a page on Sunday 21st August; this page was later found in the shape of a paper aeroplane and a child had been seen throwing this ' toy' on court. Now this may seem all very trivial, but some people had already put stickers on this page to pre-pay courts, to have them disappear is equal to having that money stolen, not to mention the inconvenience and confusion arising from there being no booking sheet. So this month's gripe is to please be vigilant where section and members' property is concerned.

Boring news over, the really bad news (only kidding - G) is that there'll be another flaming Hollis around next month - aaaargh!! In the words of the third-time-mother-to-be, Karen, "Life will never be the same!". Also with a sprog en route, if not already here by the time you read this, are Gregory and Marion Harris. Let's see if we can't get pictures of some of these kiddos in Outpost, seeing as we're going for the Tatler-style society photos nowadays - see somewhere around here a couple of piccies of the Aspden-Young wedding, which took place on August 6th in bonnie Scotland! Congratulations all round!



*Us & Them – apologies for the late appearance of the RBSC match, mid-July. We lost. In front: The Dunnvatanachit Cup.* 

Looking ahead to next month, there's this whole pile of matches coming up, so hopefully we shall have a team full of partnerships who are a bit more used to playing together (see previous Outpost moans) and are therefore a bit more effective. Match list for November as follows:



Chris ponders the departure of his bachelorhood down the aisle! (Anyone spot Andrew Francis?!)

British v. German Chambers of Commerce on Sunday 6th

Home match v. British Club of Singapore on Saturday 12th

Away Match v. Royal Thai Navy on Saturday 19th

Home Match v. Penang Sports Club on Sunday 20th

The second-Sunday tourney in November (13th) is the Charity Tournament in aid of Wheelchair Tennis, the more participating the better, with the junior round robin in the morning; and don't forget the finals of the Grades on the 26th/27th. I daren't go without mentioning the singles league - of you're not one of these regular singles league players, get yourself signed up for this one coz otherwise you may find yourself further down the ladder than you deserve!



The Happy Couple!

That's it for now. A short one this, as the actress said to the bishop.

Me XXX

ST DAVID

Mike O'Connor

What, I am sure you're dying to know, are the major differences between squashing in Bangkok and squashing back in the Old Dart?

After exhaustive research (literally) back in London, I can report the following:

ST ANDREW

Dick Anwar

#### In London you tend to:

- Arrive on time for the game
- Inhale the air with a certain insouciance
- Blame your loss on "London Pride" and last night's menacing vindaloo
- Sweat or glow) minimally depending upon your gender
- Play in frantic air conditioning despite the fact that it's a normal summer's temperature of 38 degrees Centigrade outside
- Conduct the post-match analysis over more "London Pride" and a hair of the dog vindaloo (probably literally)
- Get an ear-bashing from the wife for returning home at 2am smelling of curry

#### In the Oriental climes of Bangkok, however, you:

- Arrive late and soaking wet for the game
- nhale the air as little as possible
- Blame your loss on Carlsey, Sing or Kloster and last night's visit to a Ms. Pat Pong's establishment
- Sweat, glow and pant like a dervish
- Play under a Graham Greene style lazy ceiling fan, despite and ambient temperature of over 100 degrees Centigrade
- Conduct the post-match analysis over "just one" at Ms. Pong's establishment on the way home
- Get an ear-bashing from the wife for returning home at 2am smelling of cheap perfume

So there it is. Broad similarities certainly do exist in the pursuit of the noble game, whether in the Occident or the Orient.

Certainly the cost per session would be a little higher back in London, which reminds me ... I must get my expenses to the Squash Section for their generous funding of this cross-cultural research.

Now for notes for your "Personal Organisers" in the coming months:

- The Handicap Competition is currently being played and will be extended through to the end of September
- The Inter Society Competition is scheduled for Sunday October 16th. Six players per team, with at least one female. A full day of squashing with a curry buffet afterwards. The team captains are:

OI MINDREW	SI ANZAC	31 DAVID
Paul Taylor	Barbara Overington	Marvyn Lewis
ST ELSEWHERE	ST GEORGE	ST PATRICK

ST ANZAC

Notices will appear on the squash section board, or contact the Captain's to sign up.

Barry Daniel

- The Tony Austin Veteran's Cup (open to all players 45 and over, with a Doctor's certificate clearing them to play) starts in November 1st.
- The British Club Singapore will be visiting November 13 and 14th, for matches followed by light beers in the Bar. At least we won't have to clean chewing gum of the undersides of the tables after they've gone!
- Lyn Cook is very keen to get women's squash going on a much more active basis. In particular she wants to arrange a regular daytime session, with the possibility of a cr | che for the little ones. If you are interested in playing please give Lyn a call, or send a note through to the Squash Committee and we'll take it up from there.

The winners for the June/July League competition were:

#### Division 1 Dick Anwar

- 2 Chris Platt
- 3 Simon Davies
- 4 Tony Price
- 5 Peter Campbell
- 7 Dick Souter
- 8 Chris Aspden
- 9 Roy Barrett
- 10 Tim Martin

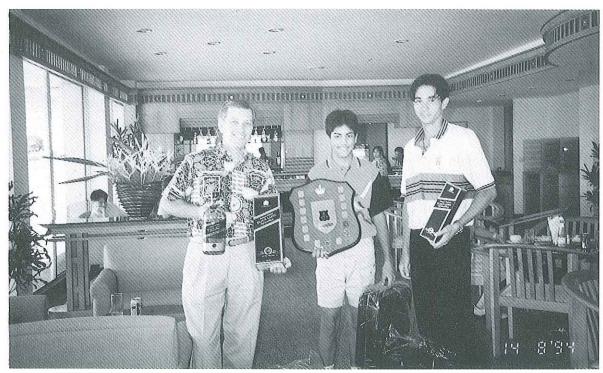
These scheduled league games had a very high rate of completion - congratulations to all participants for battling traffic, floods etc. in order to get them played.

Finally, a squash weekend at The Ambassador, Jomtien is planned for September 24th-25th. If you are interested in going, please sign up on the notice board by the squash courts or call Marvyn Lewis.

Happy squashing,

Barry Daniel

The eclectic weekend helf on 12-14 August was very successful especially for the Hughes family. Our thanks once again go to Johnnie Walker who are generous every year with their sponsorship.



The Hughes - Brian and Jeffrey with their prizes for 1st & 2nd and Phillip Barrett who came in 3rd

This year BCGS played at Phoenix Golf Course and to make it more challenging the men teed off the blue tees and the ladies off the white tees. However, for young 13 year old Jeffrey Hughes the course didn't prove too difficult, he returned on the first day with a net 66 and ended winning the Johnnie Walker Shield with a net 57! The fight for second runner up was close as the results below will show.

BCGS would also like to thank the Management f Phoenix Golf Course for their help in organising this event and for the 4 prizes - Phoenix overnight bags.

Winner Johnnie Walker Shield Jeffrey Hughes net 57 1st Runner Up 2nd Runner Up (lower hdc'p from Ron Sparks and Alexi Hughes both net 62)

Brian Hughes net 61

Philip Barrett net 62

1st Day Winner 1st Runner Up 2nd Runner Up John Marten Khun Decho Lloyd Houghton

2nd Day Winner 1st Runner Up 2nd Runner Up Alexi Hughes Ron Sparks John Coxon

3rd Day Winner

Roy Barrett



Winner "Eclectic Weekend" Jeffrey Hughes

1st Runner Up 2nd Runner Up Paul Nears Chris Gething

Near Pins

1st Day - Duke, Roy, Alexi and Decho

2nd Day - Geoff, Peter S, Eric H and Philip B.

3rd Day - Brian H, Alexi H, Ron S, and Roy B.

Long Drives 3 days Men - Chris Getting, Geoff Lamb and David Newall

Ladies - Sriwan, Lavita and Lavita!

#### DIMPLE MEDAL - ROYAL GOLF AND COUNTRY CLUB - 26 AUGUST 1994 SPONSOR: INCHCAPE

The third medal event for the year, unfortunately was not well attended due to many regular members being on leave. However, the contest for the medals, particular in Flights A and B were closely contested.



1st

James Young Net 74

On countback from Dugal Forrest

FLIGHT 'B'

1st

Gerry Fisher Net 69

2nd 3rd

Geoffrey Lamb Net 71 Neil Buttery Net 71

FLIGHT 'C'

1st

Brian ("The cupboard is full")

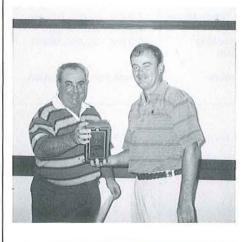
Hughes - net 68

2nd

Jeffrey Hughes Net 80

3rd

Peter Sobic Net 82



Flight "A" Winner James Young



Flight "B" Winner Gerry Fisher



Flight "C" Winner Briang Hughes



The Medal Winners with Vice-Captain - Ron Sparks L-R: Brian Hughes, Ron, Gerry Fisher, James Young

The technical prizes for the day were won by:

Nearest the pin:

Jeffrey Hughes

G. Fisher

B. Hughes

Longest Drive

Men: Gerry Fisher

Women: Lavita Hughes

With our Captain, Eric Hudson, being absent for this event, the procedings were conducted by our new Vice Captain, Ron Sparks. Ron has been appointed to this position following the resignation of John Coxon. John is being transferred from Thailand by his employer ICI. We take this opportunity to thank John for his support during his time with the section and wish him and his family all the best back in the UK.

Thank you once again to INCHCAPE for sponsoring this event.

Happy Golfing!

Neil Buttery

### Calendar

#### BRITISH CLUB - SPORTS AND ENTERTAINMENT PROGRAMME, OCTOBER 1994

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
8-10 am Ladies Tennis 8 am BWG Mahjong 6-8 pm Squash Coaching 5.30-9 pm Happy Hour 7 pm St Andrew's Dance Practice 7-9 pm Badminton 7-9 pm Tennis Top Twent Practice 8 pm New Members Night			- ,:
8-10 am Ladies Tennis 8 am BWG Mahjong 6-8 pm Squash Coaching 5.30-9 pm Happy Hour 7-9 pm Badminton 7-9 pm Tennis Top Twenty Practice 8 pm New Members Night	7 am Ladies Golf 7 pm Rugby Training 8 pm Friendly Bridge 7-9 pm Football Training 9 pm Gentlemens Spoof	5 6-8 am Early Bird Tennis Mix-in 9.30 am Aerobics 5-8 pm Squash Coaching 6-9 pm Tennis Mix-in	6 7-9 pm Rugby Training 7-9 pm Badminton 6-9 pm Squash Mix-In
8-10 am Ladies Tennis 8 am BWG Mahjong 6-8 pm Squash Coaching 5.30-9 pm Happy Hour 7-9 pm Badminton 7-9 pm Tennis Top Twenty Practice	7 am Ladies Golf 7 pm Rugby Training 8 pm Friendly Bridge 7-9 pm Football Training 9 pm Gentlemens Spoof	12 6-8 am Early Bird Tennis Mix-in 9.30 am Aerobics 5-8 pm Squash Coaching 6-9 pm Tennis Mix-in	7-9 pm Rugby Training 7-9 pm Badminton 6-9 pm Squash Mix-In
8-10 am Ladies Tennis 8 am BWG Mahjong 6-8 pm Squash Coaching 5.30-9 pm Happy Hour 7-9 pm Badminton 7-9 pm Tennis Top Twenty Practice French Food Promotion	7 am Ladies Golf 7 pm Rugby Training 8 pm Friendly Bridge 7-9 pm Football Training 9 pm Gentlemens Spoof  French Food Promotion	6-8 am Early Bird Tennis Mix-in 9.30 am Aerobics 5-8 pm Squash Coaching 6-9 pm Tennis Mix-in  French Food Promotion	7-9 pm Rugby Training 7-9 pm Badminton 6-9 pm Squash Mix-In  French Food Promotion
8-10 am Ladies Tennis 8 am BWG Mahjong 6-8 pm Squash Coaching 5.30-9 pm Happy Hour 7-9 pm Badminton 7-9 pm Tennis Top Twenty Practice French Food Promotion	7 am Ladies Golf 7 pm Rugby Training 8 pm Friendly Bridge 7-9 pm Football Training 9 pm Gentlemens Spoof	26 6-8 am Early Bird Tennis Mix-in 9.30 am Aerobics 5-8 pm Squash Coaching 6-9 pm Tennis Mix-in	7-9 pm Rugby Training 7-9 pm Badminton 6-9 pm Squash Mix-In

OPENING TIME	ES	VENUES	****Don't forget th
10 am-11 pm 11.30-2 pm	CHURCHILL BAR	ALL EVENTS ARE AT BRITISH CLUB EXCEPT THE FOLLLOWING:-	LOOK OUT FOR 1 MURDER, MYSTE
6-11 pm	LORDS RESTAURANT DINNER	CASUALS FOOTBALL – BANGKOK PATANA SCHOBADMINTON (SUNDAYS) – NEAR BANGRAK POLICE	XMAS FAIR 3-4 D
7.30 am-10 pm	POOLSIDE BAR	STATION	BEATING OF THE 23 NOV.
6 am-9 pm	FITNESS CENTRE MON/SAT FITNESS CENTRE SUN/HOLS	BADMINTON (MONS-THURS) - SOI KLANG  GOLF - AS ADVERTISED	GUY FAWKES 5 I
9 am-9 pm 9 am-5 pm	THAI MASSAGE TUES/SUN	RUGBY MATCHES – AS ADVERTISED	ST ANDREWS BA DUSIT THANI

IDAY	SATURDAY	SUNDAY
157	1 8-10 am Children's Tennis Coaching 10-12 am Adult Tennis Coaching 4.30 pm Casuals Football	2 11 am-1 pm Badminton 9-11 am Childrens Round Robin 3-6 pm Tennis Mix-in Childrens Sports & Video
) am Aerobics ) pm Tennis Coaching ) pm Accumulator Lucky Draw Sponsored by JVK	8 8-10 am Children's Tennis Coaching 10-12 am Adult Tennis Coaching 4.30 pm Casuals Football Tennis Volvo League Final	9 11 am-1 pm Badminton 1 pm Squash Handicap Mix-in 3-6 pm Tennis Mix-in Childrens Sports & Video Inter Section Sports Day
30 am Aerobics -9 pm Tennis Coaching 9 pm Accumulator Lucky Draw Sponsored by JVK ench Food Promotion	15 8-10 am Children's Tennis Coaching 10-12 am Adult Tennis Coaching 4.30 pm Casuals Football French Food Promotion BC Rugby Ball	16 11 am-1 pm Badminton 1 pm Squash Handicap Mix-in Tennis Away vs Polo Club Childrens Sports & Video French Food Promotion
30 am Aerobics -9 pm Tennis Coaching 9 pm Accumulator Lucky Draw Sponsored by JVK ench Food Promotion	22 8-10 am Children's Tennis Coaching 10-12 am Adult Tennis Coaching 4.30 pm Casuals Football French Food Promotion	23 11 am-1 pm Badminton 1 pm Squash Handicap Mix-in 3-6 pm Tennis Mix-in Childrens Sports & Vido French Food Promotion
30 am Aerobics -9 pm Tennis Coaching 9 pm Accumulator Lucky Draw Sponsored by JVK	8-10 am Children's Tennis Coaching 10-12 am Adult Tennis Coaching 4.30 pm Casuals Football	30  11 am-1 pm Badminton 1 pm Squash Handicap Mix-in 3-6 pm Tennis Mix-in Childrens Sports & Vido



#### SPORTS SPORTS SPORTS

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If you are interested in joining one or more of the Sports Sections of the British Club, please contact the following person(s), they will be happy to tell HE 3Y DINNER you all about it. David Overington Peter Young Frank Hough BADMINTON CRICKET DARTS 312 0100 679 7644 642 1500 RETREAT Paul Nears Joe Grunwell GOLF 251 5362 RUGBY 262 0220 758 7128 258 7306 SNOOKER Mike Brann DV. SQUASH SOCCER Barbara Overington Peter Rodgers Maurice Lamb 240 0678 LL 25 NOV. **TENNIS** 272 4530

NON BRITISH CLUB SPORTS:

LADIES GOLF BCLG Wil Agerbeek
LIGIT LADIES GOLF Eileen Cook 259 7019 287 3605



### Football

August saw the return of our triumphant veteran heroes from the annual Singapore Veterans tournament. Stars of the tournament included names of the past such as Worthington, Woodcock and Kennedy. In response BC offered "stars" such as Hough, Aston and Casteldine. Needless to say the European All Stars won and we came away with a wooden spoon! Never mind it is the taking part that counts.





The weekend of the 7th and 8th saw some of the best friendlies of the season. On a rain soaked Soi 15 pitch, the Casuals took on a strong Jools side including Messrs. Watkins, Davin, Caro and Forbes. In an evenly contested game Casuals took the lead early on with a Paul Greenhaugh special. For the next fifty minutes Norman and his defence were outstanding. Late in the second period Jools scored a soft goal (Norman and defence were looking the wrong way) and to add to our woes, their 44 year old subsequently dubbed "Super Sub" came on for three touches in ten minutes, two of which were goals. Result 1-3.

On the Sunday the BC team celebrated the departure of one of the Germans with a game against the German All Stars. In treacherous conditions BC played superb football and controlled the game from start to finish. Shortly before half time Nigel Oakins lashed the ball into the net, 1-

0 to the BC. Neil Torrance performed some magic to maintain our margin until midway through the second half. For the last third of the game BC dominated and a pin point Sheehan free kick resulted in a "Jurgen Clansman Bullet" header from Willie Carruthers which gave the German keeper no chance. Result 2-1.

The month of August saw what in effect could be termed our "close season" having a two week rest over the weekends of the 13th and 20th. The new season starts with a new officer team. For those footballers with short memories (i.e. most of the BC team) officers are:

Club Chairperson Captain Club Captain Vice Captain Casual Club Treasurer Cultural Attache and Social Secretary Vaughan Elias Greg Watkins Peter Hockley Norman Bright Peter Rodgers

Peter Hockley

The new season started weakly on the 27th with a Casuals versus Exterminators match. Casuals were 3-1 up at half time due to a Frank Hough googlie, a Tony Green screamer and Richard Grunwell's first goal for the club courtesy of his middle region! The second half saw us run out of steam and the Exterminators haul us back through a mixture of exhaustion and ineptitude to win 4-3, their winner coming in the last 30 seconds.

A full range of Casuals and First Team fixtures have been arranged for September building up to the first Farang League match on October 4TH.

Finally a big thank you to our kit sponsors Richard Ellis. Having earlier provided a splendid new white first team strip, 37 maroon Casual strips have now been supplied ensuring the Casuals will look good even if their football does not.



Wot a luvverly pair!! Carol holding her and Steve's winning bottles of plonk aloft.

oll on the Emulgel, it's that time of year again; when we do battle for the prestigious Ciba-Geigy Cup! The match, on SUNDAY 16th, promises to be a good'un, so get yourself counted in asap by contacting your captain, Wanna. If I remember rightly, the honoured C-G Cup is in our possession; let's keep it that way!

Ú

Now that attendances at all our events are picking up considerably, with the addition of new blood to bring some freshness to the team, we should be able to field a reasonable side to defend the C-G trophy from disappearing out westwards. Call me on 231 7221 or Wanna on 321 4599 in order to ensure your place on the side...nah, that sounds too formal; just give us a call to let us know you'll definitely be turning up so that we have a rough idea of numbers!

Next month we are scheduling ' the real thing' match against Unocal, date to be confirmed but probably Sunday 20th November. As reported in last issue (I think), the match on the 10th July was a preliminary meet, this will be the full Monty with buffet following 'n' all. Again, all-comers accepted onto the team.

Please find on this page a photo of Carol McGregor looking suitably delighted, holding her boozy prize for winning the American Tournament on 24 July. Steve Rees was unavailable for camera that day, but if I had kept that wine in my locker much longer it would have turned into something illegal or undrinkable, hence the piccie of only half of the gruesome two some. By the time you read this, or course, we'll have held another American Tournament on the 18th September, hopefully pix and report next issue. I'll try not to have been ill for that one.

Regarding this month's nonappearance of the much-maligned Gaynor Guide; coinciding with the arrest of some Saudis(!) in that jewellery scandal, the fate of the Gaynor-Guide for October has been subject to a similar twist; the boys in brown have arrested my badminton racquet on suspicion of being party to giving out useful information, and are cross-examining it at length. I fear it may crack and confess to everything under the pressure. As a consequence, the monthly wit'n' wisdom has had to be delayed while copious donations to the tea and biscuit fund have been raised. Also, it may explain why I wasn't seen much during August....

Yours for now!

Lek Farang XXX

### Rugby



A motley crew

#### BCRFC V WEST SIDE CONDORS (CHICAGO) – SUNDAY 4 SEPTEMBER

In muddy conditions the BC with a heavier pack pushed WSC backwards from the outset and the slippery ball made handling difficult for both sides. BC forced a scrum after a knock on 20 metres out and put on a fine drive with their pack to ensure good ball. This resulted in a typical forward try from Andy Leach just to the right of the uprights. Joe Grunwell, who looks to be carrying a little more weight this season, slotted the conversion to make the score 7-0 with only 3 minutes of the game played.

West Side Condors struck back after 15 minutes through winger Mike Myers when some slick handling from the WSC backs opened up the try line after what has to be seen as poor defence from the BC. Having said that, there was a fine effort at a try saving tackle from the BC winger, Wai, but Myers' momentum carried him over. Jim Powers, who has been known as "Shank" Powers on this tour, was off to the right with the conversion and after 15 minutes of play the game reflected the closeness of the contest with the score at 7-5 in favour of the BC.

The remainder of the first period (the game was composed of three 25 minute thirds) was evenly balanced with both teams trying to move the ball despite the difficult conditions. WSC went close when an attempted clearance by telex from Hoe Barker-Bennett was charged down. Wai, the BC winger, popped up to rescue the situation by falling on the ball and WSC gave away a great attacking position by going over the top and allowing the BC to clear their lines from the ensuing penalty.

The British Club failed to capitalise on some promising attacking moves and the first period ended with both teams looking strong on such an energy sapping pitch.

The second period started with the BC again attacking forcefully from the kick-off with a great blind side break. Peter Hutton showing amazing presence of mind for a second row forward, picked up a loose ball and fed scrum half Allan Lovell, his pass to Wai on the wing was a little low but the winger gathered it well and put in a chip which was followed up by Alan Black who had come on as hooker and touched down for the try. Joe Barker-Bennett was unable to connect with the conversion which was hooked across the face of the goal.



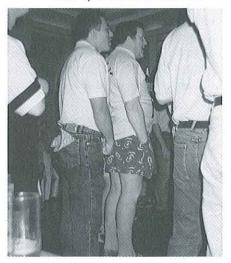
The score now stood at 12-5 and aftersome tight rucking in the midfield the WSC broke the deadlock with a break through the midfield and a try by Dave "Gismo" Olsen. Jim Powers again lived up to his name and failed with what should have been an easy conversion.

The second period ended 4 minutes later with the score at 17-10 in favour of the BC.

The BC again started with a period of pressure, the pack led by the inspirational captain, Mark partridge,



Climb up to sunshine mountain

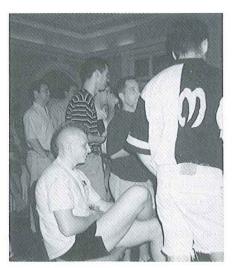


BC Dress style

were beginning to dominate and a promising move ended up with a late tackle on Joe Grunwell. The BC failed to make anything of the penalty only 10 metres from WSC's line.

However, they made amends shortly after when, from a scrum 17 yards out, a smart passing move, and remarkably quick running by the evergreen Graham Carson, who had replaced the injured Joe Grunwell, produced an excellent try on the left for centre Scott Carnochan. Carson made a fine attempt at the conversion but was unable to gain a firm foothold and it passed narrowly wide of the left hand post.

With 15 minutes of the game remaining the score was 17-10 to the BC who continued to maintain territorial imperative. From a strong forward drive Jack McConnell scored the final try to make the score 22-10.



Condor's Hair style

Carson again went close with the conversion but it failed to add to the points tally.

In the dying moments WSC mounted a sustained attack and created a superb opening which would have allowed them to score were it not for some desperate BC defending which resulted in them giving away a penalty which the Condors failed to convert into points. In the appalling conditions, there was a driving rain for the last 20 minutes of the game and the pitch resembled Agincourt on a good day, it was an excellent effort by both teams to produce running rugby which was thoroughly enjoyed by both teams and spectators alike. Let us hope that more touring sides from the USA will visit and provide similar entertainment.

M.Y. Opic

### From the Social Secretary – Suzanne Partridge

After the above game it was either off home for a change of clothes, to the showers at the BC and a change of clothes, and up to the Suriwong Room where the BC put on a Thai buffet for the visitors and spectators. We were treated to spectacular speeches by Captain Mark Partridge and Joe Grunwell and the Captain of the Condoms ooops Condors. Beer was flowing, (all over the place I might add), songs were sung ranging from Do a Deer (Sound of Music) ably performed by the Condors Quire to Jerusalem by the BC and supporters. All the boys and a few of the ladies were off after this to the usual watering holes in PP. Unfortunately not many ladies could make the after match entertainment, the visiting team send their spouses packing, ours were either jetlagged, soaked or had children who were starting school next day. For those of you who were there I am sure all had a good time and for those of you who were not ... BE THERE NEXT TIME! and now on to ....

#### THE 4TH ANNUAL BRITISH CLUB RUGBY BALL

The British Club Rugby Section is proud to present the 4th Annual British Club Rugby Ball. This year the venue is the Delta Grand Pacific Hotel (right next to Robinsons on Sukhumvit, so you can do your shopping first). Kick-off 7.30 for 8pm for cocktails. Tickets are Baht 950 each, to include dinner, dance, some drinks (hopefully a lot Ed.) and a whole rake of good, clean fun. Come along, you don't have to be a member of the BC or the rugby section to have a good time. Ticks will be available at the BC reception or for more info phone Sue Partridge on 258 7939 or Bea Grunwell on 258 9509. Optional Dress: The Rugby Section has some spectacular prizes for the best PINK and BLACK dressed person.

### Children's Corner

Hello everybody, well, not only are all the adults asleep, the children are all in the land of Nod too. Why are you not writing to me, sending me pictures or photographs of your favourite pets? Did you not know that Outpost is there for you too? If you have any interesting stories to tell, piccies to show, drawings you'd like to see in Outpost, please drop them off at the Outpost pigeonhole, near the loos in the BC, ask your mum or dad to do it for you or just post it to the BC, attention Outpost, Bea Grunwell.

y daughter is always asking me if she can draw something for Outpost and I always tell her know she should give other children a chance as they don't actually live with the Editor and don't get first hand go at making things. So come guys, otherwise Nicole will be in there

Anyway, here follows a story from a lovely book called: The Life and Works of a Gnome by Rien Poortvliet and Wil Huygen.

In Charkow people love to tell each other this story. A little way outside their town there lived Tatjana Krillowna Roeslanowa. She was

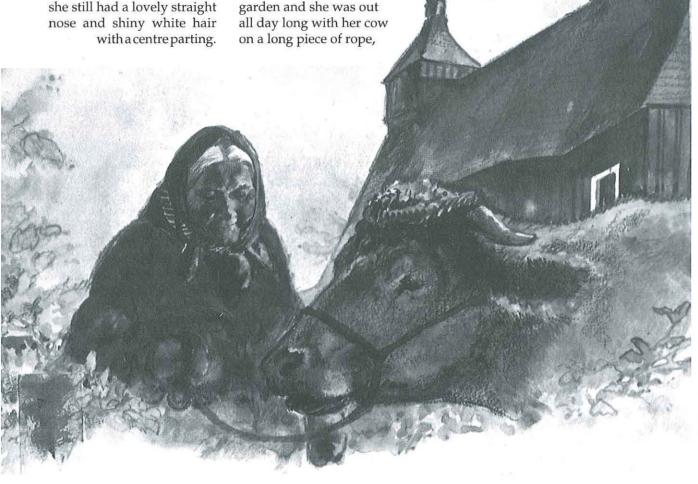
seventy years old but she still had a lovely straight

She was exiled by the Secret Police from Moscow and had to leave all her possessions behind and her husband had died a long time ago. Nobody was allowed to employ her, so to stay alive some of her friends had given her some money to buy a cow. With this cow she did something the Soviet authorities did not really want to happen, but they had to let her do, she supplied ten houses at the outskirts of the town with milk. The people who lived in these houses, would otherwise have to travel a long way to buy their milk and even if they did this, it would never be as fresh as Tatjana's milk. She lived in a shack in the

middle of a small vegetable

to let it eat the grass by the side of the road. There are thousands of these one-cow-companies in Russia, the economical consequences of them are so high that the Government does not dare to stop them.

So, this is how Tatjana fed her cow, loved her and kept her with her at night in a corner of her shed above a drain, opposite the corner where, behind a black cloth, her Icons were hidden. These were the only things



### Children's Corner

she was able to take from her house in Moscow, without being spotted and she always kneeled down to pray in front of them. The cow gave about 20 litres of milk a day, but then there was the period of six weeks that she was 'dry' because she was pregnant. Every year a farmer who took pity on Tatjana (and who was a little bit braver than the rest) let his bull mate with the cow, and all this had to be enough to stay alive a whole year. Tatjana used to be a very posh lady, but she settled down to her lot and made the most of what she had. Although she always took a different way to walk the cow

to get the best grass around the village, she would come back to the same road, not far from her house and passed a bush with some big rocks covered by branches and leaves. Under these rocks a double gnome family lived with almost grown-up children. And every day Tatjana stopped at the bush and picked up a small urn, very artfully made, about the size of half a jam jar, and filled it with a few squirts from her cows udder. She did this every day, it did not matter if it was a scorching hot Russian summer day or cold, snowing, freezing weather. And every day, the same small urn, beautifully hand painted, would be there, clean and shiny waiting for the milk.

But one evening, when she was closing the shutters of her shack, Tatjana slipped and broke her ankle. She was able to drag herself inside but then she could not manage to do another thing. The next day she milked her cow, but by evening time the poor animal was mooing of hunger although Tatjana had fed her all the bread she had in the house. The next day an ambulance stopped in front of her house. One of her customers had phoned the local authorities and asked them to see if she was OK. A miserable doctor examined her ankle and then

took her, in the ambulance, to the local hospital. She begged the doctor to do something about her cow, but he shrugged his shoulders and told the driver to get on with it. None of the neighbours dared to interfere because of the police.

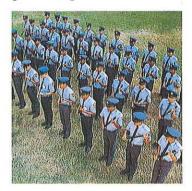
In hospital, Tatjana cried over her cow. Everyone she asked for help shook his head or just looked away, embarrassed. Her ankle had to be put in plaster and they kept poor Tatjana in hospital for eight weeks, because it was a complicated fracture. She worried and worried about her cow, but after a few days rumours of strange happenings around the village reached her in hospital. As soon as the sun of the second day set, the door of the shack opened, the cow walked out and followed a gnome (without a rope) who took her to the best grazing meadows along the roads. By evening time she came back. In the meantime all the empty milk pans by the houses that Tatjana used to serve were collected, together with the money, paid in advance, for the milk. In the shack, two strong gnomes would milk the cow and just before sunrise the milk pans were back at their own addresses - full of fresh milk.

And when Tatjana came back to

her shack after eight weeks and two days, she cried again. But this time because of happiness and gratefulness. There in her own corner were her cow, healthy and well, and there, next to the old Samovar on the wooden table, was the money for the milk for eight weeks and two days. But when she went to bed that night with the plan to struggle along the roads with the cow and her ankle still in plaster, she was wondering if she could ever walk that far again.

'There is no need to' a voice behind her said. And when she turned around five gnomes were standing there, next to her old bed. 'We will come and collect your cow', said the eldest, whilst he was studying her plastered ankle in a rather critical manner, 'there is no way you can leave your house for the next few weeks or so. You just go to sleep and we will look after the rest. In about six weeks from now, we will see again.. and we hope you don't mind if we still fill up the urn near our little house?' And straight away the others ran off to collect the empty milk pans, which people put outside their houses in the evening, whilst the older gnome took out the cow, making short sharp throaty noises.

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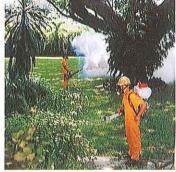
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Carpet cleaning



Upholstery care



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Termite control in the house



and on construction sites



Cleaning offices



department stores



and factories



Interior and





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### Letter to Insurance Company

This month no letters from Members to the Editor, so you must all be pretty happy with the BC goings on. So here follows a rather humorous account of accidental happenings by Micky the Bricky.

Dear Sir,

I am writing in response to your request for additional information. In Section 4 of the Accident Reporting Form, I put 'poor planning' as the cause of the accident. You said in your letter that I should explain more fully, and I trust that the following letter will be sufficient.

I am a bricklayer by trade. On the day of the accident, I was working alone on the roof of a new six storey building. When I completed my work, I discovered that I had about 500 pounds of bricks left over. Rather than carry the bricks down by hand, I decided to lower them in a barrel by using a pulley which fortunately was attached to the side of the building, at the sixth floor.

Securing the rope at ground level, I went up to the roof, swung the barrel out and loaded the bricks into it. Then I went back to the ground and untied the rope, holding it tightly to ensure a slow descent of the 500 pounds of bricks. You will note in Section Number 11 of the Accident Reporting Form that my weight is 135 pounds.

Due to my surprise at being jerked off the ground so suddenly, I lost my presence of mind and forgot to let go of the rope. Needless to say, I proceeded at a rather rapid rate up the side of the building.

In the vicinity of the third floor, I met the barrel coming down. This explains the fractured skull and broken collarbone. Slowed only slightly I continued my rapid ascent not stopping until the fingers of my right hand were two knuckles deep into the pulley. Fortunately by this time, I had regained my presence of mind and was able to hold tightly on to the rope in spite of my pain.

At approximately the same time, however, the barrel of bricks hit the ground whereupon the bottom fell out of the barrel. Devoid o the weight of the bricks, the barrel now weighed approximately fifty pounds.

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I am sorry to report, however, that as I lay there on the bricks - in pain, unable to stand, and watching the empty barrel six storeys above me - I again lost my presence of mind ...

I LET GO OF THE ROPE ....

Yours faithfully,

M.T.B.

### Working with the UN in Cambodia

At about the same time I applied to resign from the Army the Foreign Office pledged to the UN that the UK would provide 140 or so officers for service with the United Nations Transitional Authority in Cambodia (UNTAC). Sadly they forgot to ask the Ministry of Defence whether they had 140 officers! The MOD could not release enough officers in the time available, so they had to cast around amongst people who had already given their resignation, like me! The MOD asked if I would go and I quickly agreed. Therefore my last job in uniform was as a colonel with UNTAC.

Te had a weeks training in Warminster in UK, but the relevance of much of what we were told was questionable, as was the knowledge of the instructors. We were also given a mountain of equipment and, as a nation, we were certainly the best equipped group of officers when compared to what other nations provided. The same is true of our medical preparedness. The MOD really were very thorough, we were vaccinated against everything known to man, and then given a 'pocket surgery kit' .... much to everyone's alarm.

We flew MAS to Kuala Lumpur and then MAS on to Phnom Penh. Then the fun started as the UN machine slowly dragged us in! We were billeted in the old Royal Hotel (PRE modernisation), a most depressing place, but a good preparation for what was to come later, as little worked.

We were in Phnom Penh only for a few days before being driven to the Airport for deployment. My posting changed several times while in Phnom Penh, but I was at last told I would go to Siam Reap and command a small detachment of UN Observers. 40 of us, plus all our kit clambered into a Russian helicopter built for 20 but all seemed well. Off we went flying around the country delivering confused disorientated British officers. My turn came, or so I was told in faltering English by the Russian pilot, out I go to be met by an Algerian Naval Commander. As the helicopter and my friends departed I spoke to my host, "Was this Siam Reap?" I asked. No, it wasn't, I was told it was CT4. He went on to say that that day there had been a disagreement (a severe disagreement!) between a US and a Russian officer, so, at very short notice, the existing team at CT4 had been broken up. I was therefore in command and what were my first orders? This was a tricky one as I did not even know where we were.

As it turned out I had been sent to command a small unarmed team of military observers at a place with the code name of CT4. This was a village of some 250 people called Phum Ku which was just inside Cambodia, opposite Surin. Thus started a fascinating, but very dangerous 6 months. My team was a real mixed bag. It consisted of a Russian Air Force Captain, an American lady officer Veterinary Captain, a French Major and a Chinese Air Force ground controller! Add to that 3 interpreters who could speak English (vaguely) and two Australian signallers. We all got on very well, in spite of our varying philosophies and experience. There was also a platoon of highly armed Dutch marines just down the track.

We were generally a happy little crew living in a wood and mud hut in this very remote and primitive Khmer village! Out task was to liaise with the Khmer Rouge and this we did with some success - all things considered! However, this was still a very risky and highly volatile arrangement, you just never knew how they would welcome you, with

a friendly handshake or a rocket grenade.

As fortune had it, the Khmer Rouge in the field used us at CT4 as a conduit for information to UNTAC headquarters in Phnom Penh. Thus we had almost daily contact with the local Khmer Rouge General, one Gen Nik Vong. His village was off limits to all UNTAC, but after a while he allowed us to go there, if we went alone and without escort. I developed a good relationship with him, we ended up having meal at one anothers huts and had many fascinating discussion about the Khmer Rouge past, philosophy and future plans. He stressed that all the organisation wanted now was to live in peace in their agrarian based communities. He admitted that mistakes had been made in the past and said that the Maoist ideals were no longer Khmer Rouge goals. In truth this village (about 3 miles from mine) was the cleanest, neatest and most prosperous in the district. It was also at one end of a main supply route from the border for the Khmer Rouge and in the middle of what was until very recently virginjungle. Sadly the jungle was being striped out by the Khmer Rouge and their associates before our very eyes, indeed by the time we left there were no trees standing in a huge area along the border. The district was critical for the Khmer Rouge.

We were not normally allowed to go to other Khmer Rouge villages in the district. All sorts of reasons were given as to why this was impossible, on one occasion we spent This month no letters from Members to the Editor, so you must all be pretty happy with the BC goings on. So here follows a rather humorous account of accidental happenings by Micky the Bricky.

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### Working with the UN in Cambodia



Cambodian virgin jungle – all that is left!



Cambodian Government troops at a checkpoint



Negotiating with Khmer Rouge Police Chief



Some of the team



Khmer Rouge rocket propelled grenade launcher



Everyday sights of rural Cambodia



UN, Khmer Rouge and Government Officers



Gen. Nik Vong of the Khmer Rouge with Lt. Col. Viccars and interpreter

### Working with the UN in Cambodia Cont'd.....

all day walking around Sitserie looking at the villagers and their farming methods (for the umpteenth' time) while our host was desperately waiting for it to rain so he could say that the tracks were impassable further into the jungle. Eventually, as the sun continued to beam down from a cloudless sky, he looked heavenwards, held his hand out and said "Oh dear, it's raining" and scuttled off into his house firmly slamming the door! Needless to say not a drop of rain fell.

There were many problems with the Khmer Rouge. A few months before I got there they had ambushed a UN convoy and killed a member of the staff, they habitually challenged and threatened us. On two occasions I had vehicles stopped on the track, the men inside were robbed of all their valuables, stripped to their underpants and made to walk back (6 miles) through the jungle to our village while the vehicles were removed and never seen again, there were many similar incidents. By contrast I broke down once in a very isolated spot, the next vehicle along the track was driven by a well known one armed Khmer Rouge general and had 15 heavily armed men in the back. I was very alarmed as they halted next to my vehicle. In fact they helped me repair my vehicle and then gave me a push to get going again, you just never knew!

Mines were a major threat as the whole area was just one large minefield, none of the mines were marked and heavy rains often moved them or exposed them. A route which had been clear one day, could be potentially lethal the next. As the area had been fought over for the last 30 years or so there were US, Vietnamese, Khmer Rouge and Cambodian army minefields all laid on top of one another, no one knew where it was safe. There were villagers killed every day, and the sound of shooting and explosions

could be heard every second of every day. Machine gun fire was a constant backdrop.

UN logistics was another difficulty, as all our supplies came by air by Russian helicopters, some were very good, some less so, and some just never came! We used to drive to Surin, about 4 to 5 hours away, once every few weeks to get fresh food, use the mail service, have a hot shower etc.

The Government troops and police on the border really owed their allegiance to the local 'warlords', or village chiefs. There was really no effective central Government control. There were certainly reports of pretty unspeakable acts being committed by some of these people. People did just disappear. We also lost money and a quantity of equipment which was 'liberated' at gun point by 'Government' forces. Corruption was a major problem as well, even to move in food assistance to Government villages you had to persuade' the security forces manning the many checkpoints on every road to allow you past. These checkpoints were a real problem, they were manned by the Army or Police and were technically illegal, they charged a toll for each passenger. The revenues raised went straight to the local commanders so there was little incentive for the locals to close them! On some roads there was a checkpoint every few kilometres. The whole area was under the rule of the gun, the bigger the gun, the stronger the man. Life was cheap, and guns, mines and bullets even cheaper. For example, we traced one man's illegal logging because he was making so much noise ... he was blowing down trees with anti-tank mines! When we went to his home he was sleeping on a pile of old, but still very live, mines, explosives and detonators. They were all much too dangerous to move so we had to blow up his

house and build him another one.

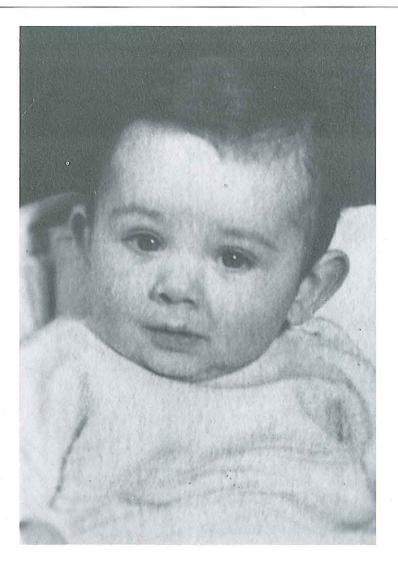
We had a very good relationship with the Burapha Task Force who were guarding the border on the Thai side, they really did help us and made our job much easier. Without their assistance our task would have been very hard.

When all the negotiations finally broke down and the Government launched their offensive against the Khmer Rouge, they started it in our area. We followed the fighting closely and the first Khmer Rouge village to be taken was Sitserie, the home of my contact Gen. Nik Vong. The Government troops completely destroyed it, all the inhabitants were displaced, the homes of the leaders burnt, and everything else from cattle to cooking pots looted. This picture was repeated in every Khmer Rouge village in my area. About 15 villages were reduced to nothing and 5,000 people made homeless. It came as no surprise to me to read in the Bangkok Post a few months ago that the Khmer Rouge had mounted a counter attack and had meted out the same treatment to the Government villages in the area.

I have absolutely no sympathy with the Khmer Rouge, their bestial record when in power, their complete disinterest in the peace process and the elections, their looting of the natural resources of the country and their recent drive to bring down the elected Government all indicate that their motives are based on destroying Cambodia and taking power again. The Government have a truly mountainous task to overcome the legacy of the last 30 years and try to bring their country into the 20th Century. There is a desperate need for education, investment, an infrastructure, an end to corruption and a disciplined and centrally controlled security forces. Quite a challenge for the elected representatives!

David Viccars

### Guess who this Member is



For anyone who can guess who this members is, Allied Walker has provided the Club with a nice bottle of wine to give away. Please contact David Viccars at the Club, first one with the correct answer wins the bottle.

This member's hairdo has not changed much. A stout member of the St. George's Society and rugby community, this person is found in the club sometimes singing, sometimes whistling, sometimes in a meeting, sometimes just having a quiet drink at the bar.

Relatives of this member are excluded from this competition. If you have a nice, or not so nice baby photo of yourself or another member, please contact Bea Grunwell or David Viccars.

### Staff News

#### STAFF AWARDS

Thank you very much to all those members who took the trouble to show their appreciation for the efforts of the Staff by voting for one of them. After adding up the votes, the awards for this period have been made to members of Staff shown below:

#### ■ First Award – Khun Penkhae



Khun PENKHAE has been with the Club since December 1992, she is primarily employed as a waitress in Lords, however, she turns her hand to many areas of work in the Club.. For example, she helps out as the stand by Receptionist, she looks after the children's video shows and acts as a baby sitter when required. She is completely reliable and almost ever present at the Club! A worthy recipient of the first award for this period.

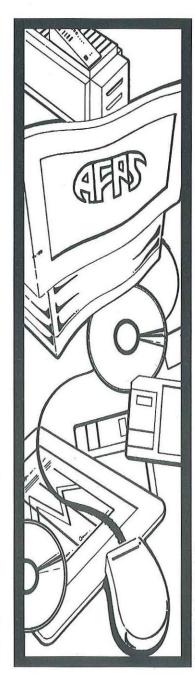
#### ■ Second Award – Khun Wanchai



Khun WANCHAI has been with the Club since March 1992 and is primarily employed as the Club painter. As such he is a very busy man as there are always parts of the Club which need redecoration. When he is not painting he is helping out as a general repair man in the House & Grounds Department. He is reliable and very hard working, a wise choice for an award.

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**ANITA SIEW** 

7 September 1959 - 20 August 1994

"We've lost her" - these simple words uttered by her distraught Physician - will live with me forever. What was to be a straightforward operation to restore her vitality has instead taken away the pain of a year's treatment for the debilitating disease of Chronic Renal Failure. The news of her unexpected demise was devastating. Although no marriage certificate bound us, Anita and I were as in love as any couple could be. I, like many others, will miss her every day.

Anita's life was happy and full. Whatever she did, she did so with enthusiasm and determination. The rewards she enjoyed were manyfold. But none were so important to her as the great group of friends she amassed along the way.

Anita would be proud to think of those friends and the way they have remembered her. According to her faith, she has achieved the merit she needed to pass on to the next life. I hope it will be as fulfilling as this one has been.

Anita Siew was a remarkable lady, with a deep respect for family and tradition. She had many friends who she treasured dearly and was warm and endearing to those she met. She gave 100% effort to everything she tried and she enjoyed life to the fullest. She was equally happy as part of a team or alone on a beach and she was quick to try out new adventures. She loved the simplicity of an up-country restaurant and she revelled in the sophisticated city scene. She was a competitive sportswoman and a happy home-maker.

With love,

John Twigg August 27, 1994

### Health and Fitness

### 20 things you should know about blood

- 1. Blood is three times thicker than water and we each have at least eight pints of it in our bodies. It's made up of three types of cell held in a liquid that is called plasma. Red cells carry oxygen to and remove waste carbon dioxide from the body's tissues; white cells fight infections; platelets enable blood to clot and ensure wounds stop bleeding. Plasma is mainly water, but also carries vital anti-bodies, nutrients and chemicals.
- Blood is pumped along arteries and veins and 40,000 miles of capillaries. Arterial blood is oxygen rich, pink and highly pressurised; blood in veins carries carbon dioxide, is browner and slower moving.
- 3. New blood cells are constantly produced in the bone marrow. Eating citrus fruits and green vegetables will help keep blood cells healthy.
- 4. Eating too much fatty food can raise your blood cholesterol, line artery walls and restrict blood flow. Saturated fats shouldn't form more than 10 per cent of your diet.
- 5. Hardening of the arteries can cause a blood clot. When this happens in the brain, it's called a stroke; in the heart, a coronary. Preventive measures include avoiding saturated fats, taking regular exercise and giving up smoking.
- 6. If you are on the Pill, you are nine times more likely to have a blood clot than if you are not. However, as "only" four women in every 100,000 on the Pill die from them, the risk is small. It is much greater if you are also over 35, overweight and smoke.
- 7. Nearly half the people in Britain belong to blood group O. Less than 3 per cent are AB. The rest are As and Bs. ABs can often accept blood from any group and Os can give blood to any group.
- 8. Being rhesus positive means you have a substance in your blood which, though toxic, doesn't do any harm. Rhesus negative means you are toxin-free. Complications can arise when someone Rhnegative receives a transfusion of Rh-positive blood or is carrying a Rh-positive baby.
- A blood transfusion may be required after suffering severe cuts or burns, or during a major operation.
   Some patients need blood from over 100 donors to survive.

- 10. If you are 18-64 and in good health, give blood. It takes about 45 minutes and involves loosing about half a litre of blood.
- 11. Giving blood is perfectly safe as new, sterile syringes are always used.
- 12. Receiving blood does carry a slight risk. The National Blood Service says, "The chance of infected blood getting past our screening tests is very small." But, they add, tests "may not always detect early stages of HIV infection". \*
- 13. If you frequently feel tired and the rims of your eyes and tongue are pale, you may be anaemic, i.e. your blood is not providing your body tissues with enough oxygen. This can be remedied by increasing the amount of iron in your diet. Sickle-cell anaemia generally affects black people. It's passed on through genes, but tests can alert would-be parents to any risk of passing it to their children.
- 14. If your heart is overworking you have high blood pressure (hypertension) and are twice as likely to suffer a heart attack or stroke. Home testing kits can be misleading. Ask your doctor to test you every 2-3 years. Low blood pressure is harmless, but very low blood pressure may be a sign of heart failure or signify an abnormality in the heart valves.
- 15. Hypertension can adversely affect anyone, but smoking, being overweight, suffering from stress, drinking too much alcohol and eating a lot of salt will raise blood pressure. You may be able to normalise your blood pressure by avoiding these and exercising.
- Testing your blood cholesterol is a good idea if there is a history of heart disease in your family.
- 17. Fainting means not enough oxygen is reaching the brain. If someone faints, lie them down and raise their feet to help the blood bring more oxygen quickly.
- 18. Don't use a tourniquetif you find someone bleeding severely. Instead, to avoid the possible transmission of HIV, make sure any cuts you have are covered with waterproof plasters. Wearing rubber gloves, place a clean dressing or your hand over the person's wound and press for 10 minutes to staunch the flow.
- 19. Menstrual blood is unique in that it doesn't clot.
- 20. Actual cases of human blood drinking are rare, but vampires have fuelled the imagination for centuries. The French monk Dom Calmet wrote about them in 1746 and in 1847, 50 years before Bram Stoker's Dracula, the novel Varney the Vampire was a bestseller. Garlic is a useful deterrent.

<sup>\*</sup> For more information phone Sr Edith at the Bangkok Nursing Home

### THE BRITISH CLUB ANNUAL RUGBY BALL



Yes it is that time of the year again. Once again, the Rugby Section is proud to invite you to join them in a celebration of the game of Rugby Football.

DELTA GRAND PACIFIC HOTEL

15 OCTOBER 1994

7.30 FOR 8.00 PM – COCKTAILS

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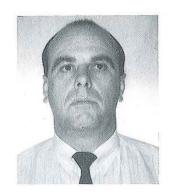
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### HOW TO BE A BRILLIANT BEST FRIEND

There's nothing to match a soulmate to cheer you up, who loves you despite your faults - and surprises you with flowers. Of course this article is not just meant for women, men can just change the she's for he's, the dresses for suits and the cuddles for bear hugs. Try and make the world a better place by starting with your friends. So many relationships go out of the window whilst enjoying a heavy expatriate lifestyle ... so for October ... hug a friend and kiss your spouse!!

- \* Listen for the thousandth time to her reasons why her boyfriend is a jerk without ever exactly agreeing with her.
- \* Never, ever tell her what you really think of her boyfriend.
- \* Let her borrow your favourite dress (and tell her it doesn't matter when she spills red wine on it)
- Pick her up at the airport after a business trip
- \* Send her a Valentine's card on 14th February.
- \* Buy her a pair of the wonderful shoes you have both been ogling for weeks, when you spot them reduced by half in a sale.
- \* Give her phone number to the terrific single man you both met at a dinner party
- Don't give her number to the ghastly single man you both met at a dinner party
- \* Cook her a delicious pasta chili e aglio with fresh basil and Parmesan when it's cold outside
- \* Never eat chocolate in front of her when she's watching her weight

- Never borrow money from her
- \* Save up and treat her to a weekend at a health farm. It's much more fun with a friend
- \* Spend a weekend helping her to 'blitz' her cupboards. Maybe she'll spend the following weekend doing the same for you
- On the morning her boyfriend leaves her, make a (very) long list of her good points. Make photocopies and tape them to her refrigerator, bathroom mirror and anywhere else she's likely to see it
- \* Throw a surprise birthday party for her. Do all the organising, shopping, cooking and fretting. Invite all her favourite people (not necessarily yours) and do the washing up afterwards
- Take her along to the party you've been invited to this weekend. It's almost always okay to take a man (any old man), so it should also be okay to take a girlfriend
- \* Make sure her fridge is stocked with milk and her flat with flowers when she comes back from holiday

- Pass on everything nice that anyone ever says about her
- \* Drop what you're doing to hug her and tell her she's terrific when she's lost her job
- \* Never tell her that she's getting fat - just suggest you both join a gym, for fun
- \* Be thrilled (or at least not angry) with her is she calls you at 2am with good news or bad
- \* Support her. Let her practice her interview techniques on you, proofread her job application and tell her that the job she wanted but didn't get wasn't good enough for her anyway
- \* Make her chicken soup when she's in bed with flu
- \* Pay for her on an evening out when she's strapped for cash, then never refer to it again
- \* Be aware of moments that might make her wobbly an important exam, an anniversary of a painful break-up, meeting her big love's new girlfriend and call to check she's alright
- Tell her you love her

### From the Chairman

hun Pisamai passed away on 17th February 1993. She was a much valued and trusted long time staffer loved by many children around the Club. So much so that on her death a fund was set up, in her memory, to help pay for the continued education of her grandchild and other, perhaps, less fortunate children associated with the Club. At that time, a number of Club

members donated money to the fund and more recently the St. Georges Society made a sizeable contribution.

Bryan Baldwin was Club Chairman at the time of Khun Pisamai's death and he has very kindly volunteered to act as Chairman for the fund. He will be joined by a



number of General Committee members of the Club in ensuring that the funds are properly allocated and are used in accordance with the aim of furthering the education of selected youngsters. Details are still being finalised but it is likely that scholarships will be awarded each year to the children of the lower income staff members in addition to helping with the schooling costs of Pisamai's grandchild.

It is hoped that the fund will continue to generate revenues in the future and that Club sections and others associated with the British Club will do as the St. Georges Society has done and donate generously.

A good education is a basic right of all individuals

and the Khun Pisamai Fund will hopefully make a small but valuable controbution to a proper start in life for a few young people.

> Nigel Oakins Chairman

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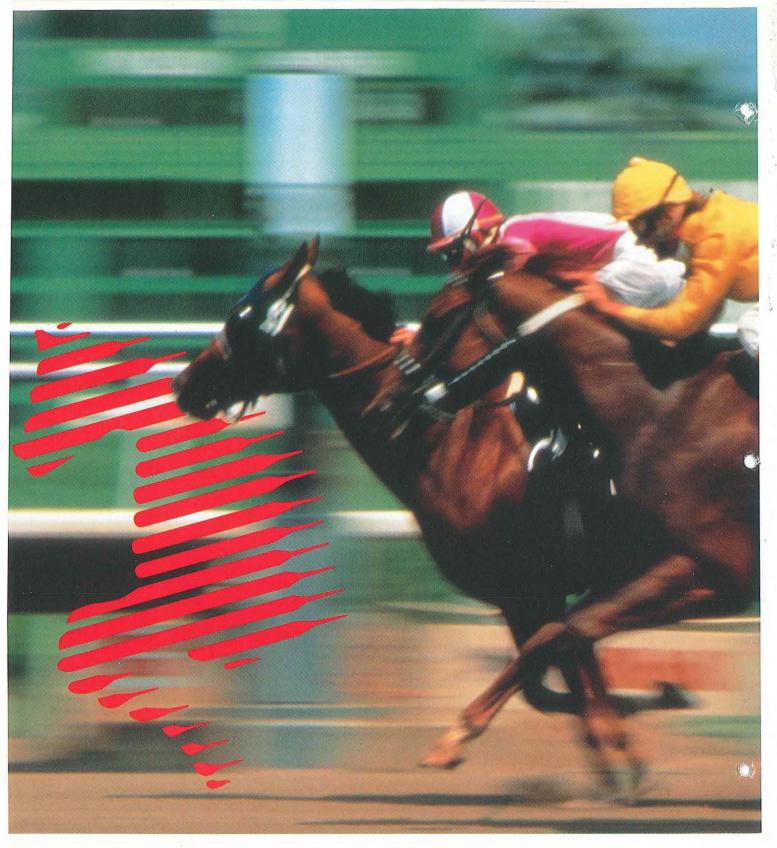
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