



Outpost

M A G A Z I N E



O C T O B E R • 1 9 9 7

- Aussie Rules Food and Wine • Tribute to Diana, Princess of Wales •
- The S.L.A.G.S. Day Out • September Swimming Gala Report •



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The British Club

is a family, sporting and social club with an
international membership
For details about the Club contact the General
Manager on 234-0247 or 234-2592; fax: 235-1560



Contents

Regular Features

- 7 From the Editor
- 9 From the Manager
- 10 Management News
- 20 Calendar
- 24 From the Sport & Recreation
Coordinator
- 31 Farewells
- 34 Crossword
- 37 From the Chairman
- 38 Committee Page

Sports Sections

- 12 Golf
- 15 Tennis
- 16 Squash
- 18 September Swimming Gala
Report+Pics
- 25 Aerobics

Specials

- 26 Diana 1961-1997
- 27 Poem - The Golden Goose
- 28 The Story of Swimming
- 30 History Repeating Itself at the
BC Pool
- 31 Guy Fawkes Night Special Notice
- 32 Aussie Rules! - Food and Wine
Promotion
- 35 Radio Daze



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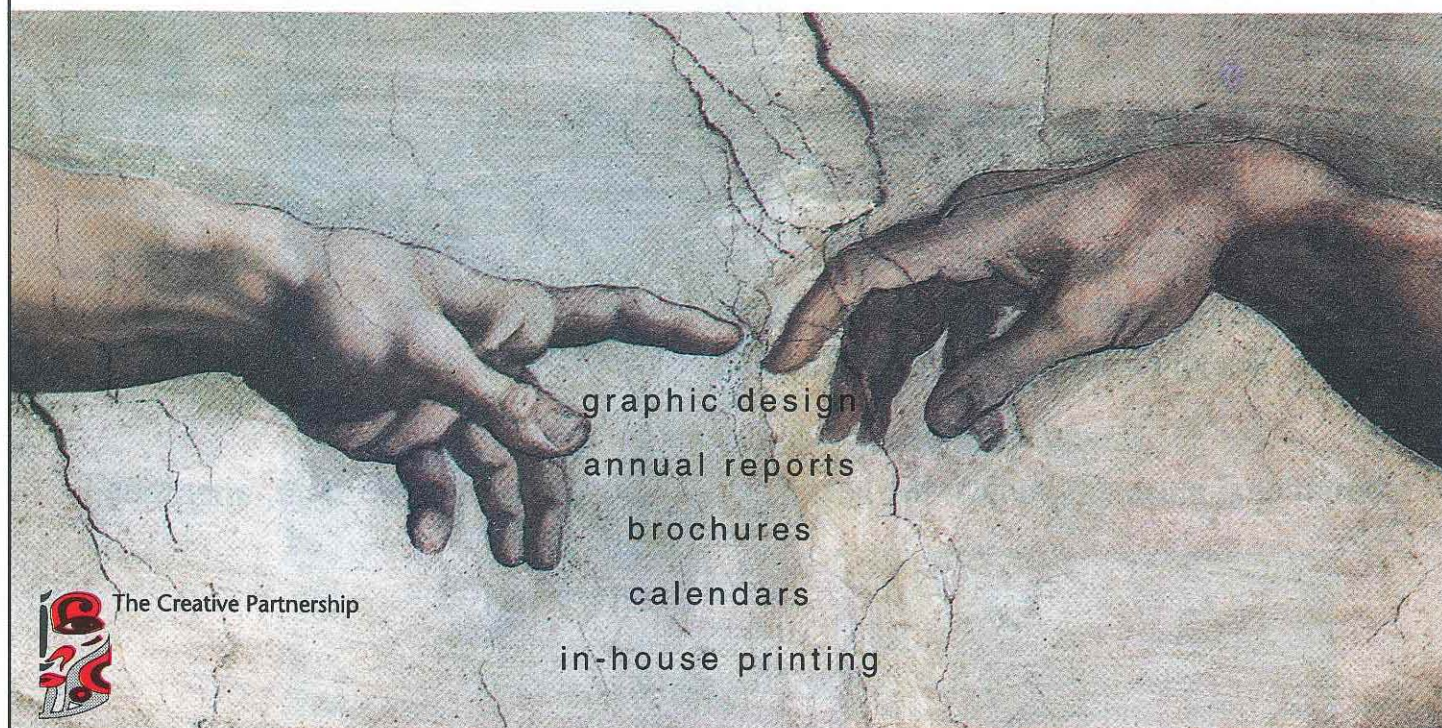
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From the Editor



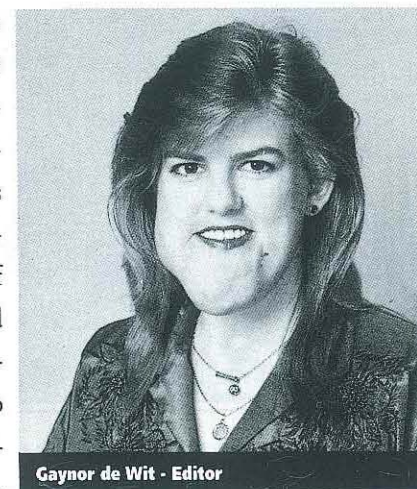
While October is traditionally the warm-up month for the silly season here in Bangkok, I would like to look back at a rather striking September. The month started with the dramatic and sudden death of Diana, Princess of Wales, in a high speed car crash in Paris which also killed her partner Dodi Fayed and the driver. Within a week this devastating event was followed by the passing of Mother Teresa, a true saint who dedicated her life to improving the lot of the downtrodden and destitute in Calcutta and eventually in several cities in India and around the world. These two tragic events, which touched people's hearts around the globe, were closely followed by the passing of Sir Georg Solti, world-famous conductor, and London's literary figure of Jeffrey Bernard. All four were famous for different reasons, to varying degrees and within different circles; the world is a poorer place without their presence.

September in Bangkok saw the rainy season finally catching up with us, and how; dumping inches of water at a time with copious so flooding amid some terrific electrical storms. At this rate, the Club Inter-Section Sports Day on Sunday 2nd November looks set to repeat or even excel the mudbath of '95 if the backlawn is half as awash as it is at the time of writing. Who knows - maybe such conditions are just what Tiger Bain needs to outdo his last performance at the golf game?

To get us further into a sporting mood as we approach the season of maximum fat accumulation, there's a report in this issue of Outpost on the Swimming Gala from early

September - an increasingly popular event with ever-greater numbers competing, with an interesting comparison drawn by Liz Beal of swimming galas of yore, when the Club was famous for its swim team. Irene Cameron, one of the Club's aerobics instructors, gives us the low-down on aerobics and its benefits for the more embarrassingly-shaped bits of your bod. Me, I've adopted a whole new mind-set towards fitness: 'No pain, no pain' Works wonders in alleviating morning-after-exercise stiffness, though the bulges have this habit of appearing unannounced...

Also within is a belated report of the BCT's delightful Radio Daze from mid-July, and a timely and touching poem by Juby Fitzgerald. There are those within the membership who will be relieved that the crossword is back; however, having missed September which is traditionally a prize month (and one of these days I'll run into May's winner, Andy McWhirter, at the Club while brandishing camera and bottle of plonk), I'll reset the prize to next month's issue, which means that we *might* be able to have the winner's mugshot in the Christmas issue of Outpost. Let's see if it works out that conveniently.



Gaynor de Wit - Editor

Gaynor de Wit
Editor



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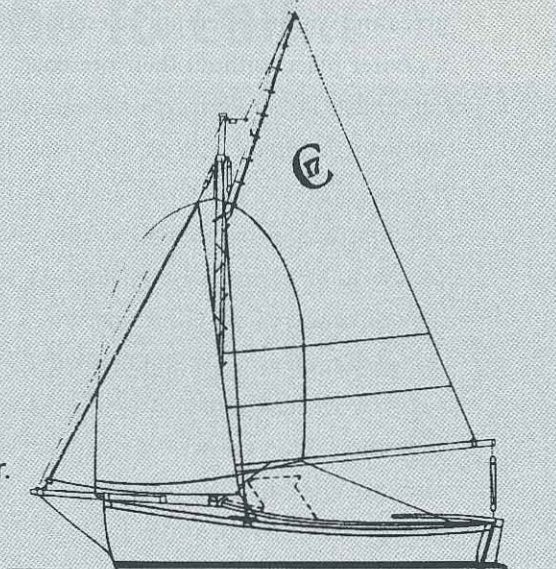
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- ☁ Bt 425,000 - a fraction of what it would now cost to import this tough, quick and pretty boat.



Call Ky at (02) 286 9289 and leave a message for Mike.

From the Manager

We are now hitting the Club's busy time of year with numerous events taking place in and around the Club.

During September we had a very successful Australian Food and Wine Promotion in Lords. This one-night event was a joint effort between the Club and Allied Domecq, our main beverage supplier. Guest of honour was Australian Ambassador Cavan Hogue who gave an entertaining and interesting background to the Australian food and wine industries. Also in attendance was the new Canadian Ambassador Bernard Giroux and his wife Marjolaine. This event followed our similarly successful New Zealand Food and Wine Promotion.

In October there will be a British Food Fayre in Lords over three nights (10th-12th). This is in conjunction with the British Embassy's Britain in Thailand campaign. We are sure it will be as successful as our previous promotions so please come along and tuck into traditional British fare!

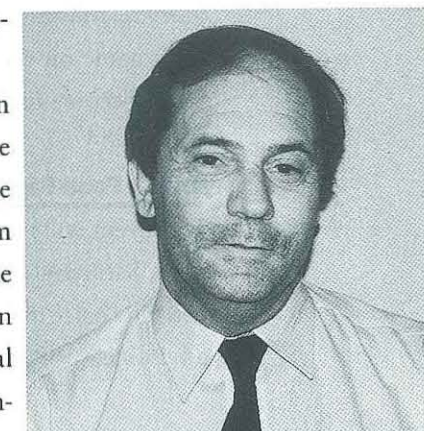
Other events taking place over the next few months are as follows: 4th October Bar Quiz, 1st November South American Food and Wine Promotion, 2nd November Children's Halloween party, 9th November Guy Fawkes Night, 14th November Surin Elephant

Round-up trip and Loy Krathong at the Club.

More information about these events appear elsewhere in the magazine.

On the 8th September an interesting Committee Meeting was held on the subject of the long-term future of the Club. The meeting was to discuss an approach by International Leisure Consultants concerning a possible major upgrade of Club facilities.

At this stage the discussion was very general but the Committee agreed that it could be beneficial to consider such a project. I was asked to approach other leisure planning organisations to see if they would be interested in making a presentation on the subject to the Committee. It seems very important to look to the future and develop a plan so that the Club can stay in good shape well into the next century.



Tom Bain - General Manager

Tom Bain
General Manager

Management News

Surin Elephant Round-Up

Places are now fully booked for this trip. If you are still interested in going we can put your name on the waiting list in case more places become available or someone drops out.

British Food Fayre

This event will take place in Lords on Friday 10th, Saturday 11th and Sunday 12th October. The price is 550 baht, and bookings are advisable.

Children's Halloween Party

The children's Halloween party will be in the Surawongse Room on Sunday 2nd November at 3pm. The cost is 190 baht per child, inclusive of food and drink. Please sign up at Reception or fax your booking.

Guy Fawkes Night

Guy Fawkes is one of the Club's biggest and brightest events each year. Full details of the programme appear elsewhere in the magazine. This year the celebration will be on Sunday 9th November. We are planning a great day for all, but due to the pyrotechnic nature of the event safety precautions have to be taken. The Club will be closed on Sunday 9th November to anyone not holding a ticket to the Guy Fawkes evening.

South American Food & Wine

South American wines, particularly Chilean, are becoming popular in Thailand due to their consistent quality and relatively low cost. On Saturday 1st November we will be holding a barbecue-style South American

Food and Wine Promotion on the back lawn. This event should be great fun. Tickets are 750 baht, including food and wine. So come along and find out what South American cuisine is all about.

Inter-Section Sports Day

Sunday 2nd November

Yes, it's that time of year again, when each sporting section will be asked to gather together six enthusiastic participants to compete against friend/foe/spouse in the quest for victory. A fun day is guaranteed for *all* the family.

Tennis & Squash Bookings

A reminder that ALL bookings need to be made (prior to play) in the Fitness Centre. Stickers are no longer required. Bookings and cancellations can be made by phone or fax.

Yoga

Good instructors are hard to find in Bangkok. Please support this class if you wish for it to continue! Every Saturday from 11am-12.30, Bt 200.

Snooker

Due to a lack of snooker supporters within the Club, the Donofield Cup Challenge was unable to go ahead in September. Another attempt to get this section together again will take place in November. Please keep your ears/eyes open for further notice.

Scottish Dancing

The British Club, with support from the Bangkok Reel Club, is commencing Scottish

dancing classes for children. Classes will be held once a month on a Sunday afternoon, starting from the 26th October. Please put your name down in the Fitness Centre if you are interested, or contact Richard Langridge on tel: 7149040-2 for more details.

Hellfire Pass Race - Kanchanaburi

See the Sport & Recreation News for more information on this 16km fund-raising run. For more details and to sign up please ask at the Fitness Centre.

BWG Sponsored Swim

To be held at the British Club on Wednesday 22nd October from 10.30 am-noon. Contact Alison Owen for further details. Please note that the pool will be closed to members for the duration of the sponsored swim.

Bridge

Friendly bridge has recommenced on a Tuesday evening at 8pm in the Churchill Bar. New players welcome. No post mortems!

The Pink'n'Black is Back!!

The popular British Club Rugby Section Ball is back for another year! Following the success of previous years, the **Delta Grand Pacific Hotel** will again host THE party of parties. As usual, there will be a prize for the best pink'n'black outfit worn.

Date: Saturday 11th October, 7.30 for 8.00 pm

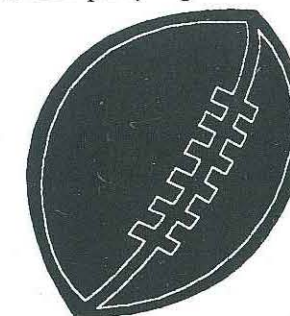
FREE DRINKS, WINE AND BEER!

The price of 1,300 baht per mouth covers a five course meal and of course all the beer you can handle and more.

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Bruce on 652 3000 ext 122, Tim on 679 6005 ext 135, Ramsey on 260 1017

or Jon on 712 1650. Fax queries to 260 1020 or 712 1658/9.



S.L.A.G.S.

In July we said a sad farewell to Diana and Geoffrey Lamb. Diana was given a warm send-off during her last week in Thailand.



Gareth, Mike & Chris

S.L.A.G.S. - Diana Lamb's Drink & Drive Benefit Golf Competition

sponsored by Nam Manao Soda

The day dawned bright and clear for Diana's last game of golf with the celebrated SLAGS (Silly Ladies Alternative Golf Society), which is more than can be said for me. I was suffering from the most awful hangover due to an enforced night of imbibing with the boys in Soi Cowboy.

Diana had a notion that something was going on but she didn't quite know what. When we arrived at the clubhouse of the Navy Club Sukhumvit, I produced her silly hat with a pompon on the top plus the new rules and regulations. I issued all the participants with a plastic water bottled full of chilled champagne which actually looked more like a urine sample, from then on referred to as a SOC, i.e. slurp of champagne.

Every hole started and finished with a SOC and in between. We used wedges to drive, drivers to chip, putters to drive and a regular exchange of clubs throughout the round. By the time we had reached the 9th hole we

didn't care what we hit the ball with or where it went.

Nine more hole and we all staggered off to lunch at our favourite greasy spoon restaurant on the course with all the old admirals and assorted Naval types.

Diana was presented with a splendid prize of a rather phallic bedside lamp with the instructions that "it was better not to plug it in during use"; she was also presented with a first class trophy in 'gold' plastic with lovely pink bits all over it and an angel on top. For once she was speechless with admiration and eventually said it was indescribable!

Diana insisted on paying for lunch for all of us which came to the grand sum of 196 baht - no expense spared there, eh? Four drunken women were driven home and a good day was had by all.

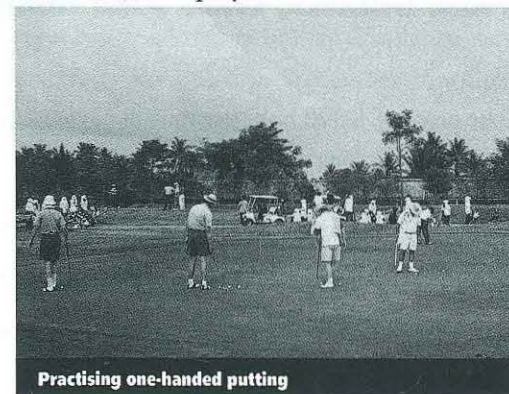
President - SLAGS

Judy M. Fitzgerald

Maxwell Shield

sponsored by ProjectsAsia

The Maxwell Shield is an event played between the BCGS and the Commonwealth (Antipodeans, as some BC members like to call them). We played at President and the



Practising one-handed putting

match was kindly sponsored by **ProjectsAsia**.

The Commonwealth did not have a team organised (no comments please!) but there were enough of us from down under in the Land of Plenty (Poetic Licence #69) to field a team. Well, the Commonwealth gave the Brits a run for their money but the Brits were able to sneak past the winning post ahead by ONE point. The BCGS scored 214 to the Commonwealth's 213; next time Lads & Gents (sorry, that's Antipodean talk for Ladies & Gentlemen). The individual prizes went to Gareth Sampson, Mike Poustie and Chris Gething. It was great to see Judy take away two of the technical prizes for a near pin and Ladies Long Drive - good on ya mate!

Johnnie Walker League

The least said the better, I think; the BCGS played with a different team as some of the regulars were on home leave or went home permanently. It was nice, in the report from the Bangkok Post, to say that "they fielded one of their stronger teams"; it certainly didn't feel like it when the results came in. Delaneys were unstoppable, too much Guinness methinks! I've heard it's good for your health and so is the Guinness. We weren't entirely annihilated thanks to David Lamb and Mike Bain in their singles matches; I guess 4 points is better than none! To the regulars - please come back, all is forgiven. The BCGS now stands in 5th place with 62 points (at the time of going to press), a mere 16 points away from the leaders, the Golfers Cocktail Lounge. P.S. All was not lost, though - Lauren came home with a bottle of Black Label for the Ladies Long Drive.



Gareth, Bernie, Jamie, Judy and James and their selections

Club Day

sponsored by **Geoffrey Lamb's Closet**

The venue for this day was once again at Vintage. The format was an adjusted stableford, we were allowed to start with 13 clubs and once the 7th hole was played out we had to tie a club to the bag and this was done after every hole with only a putter and another club left to play the 18th. We had a wonderful and agonising time using only one hand. At the beginning it was relatively easy but as the last few holes were looming up it became more difficult. We had two new members, Taina and Charles Brindly came along for their first match but only Taina played (she must have enjoyed herself because she came back for the Medal event). The prizes were made up of various items the Lambs had won or collected over the years and didn't use. Capt Chris put each item in a plastic Villa bag (very classy, Chris!) and they were then numbered. Each winner had to pick a number out of a bowl and then match it to the bag. No one knew what they were getting. The overall winner was Gareth

Junior Triumph Family

August and early September were quiet for the senior Tennisers, with many bods away and others not getting off their backsides



(could they mean me?), notwithstanding the usual round-up of mix-ins, etc. No matches to report as the Japanese unfortunately had to postpone and the alternative suggestion of an internal match was not overly well received - Dick, you just don't pick up the vibes of the majority, huh, when everyone else would rather stay in bed? Still awaiting news of a committee meeting; at present rate we have more chance of sighting Godot or even Elvis in the sala...

Lotsaluv

Me

Junior Tournament 7th September

All was quiet in the Sala at 0750 on Sunday morning and we wondered if anyone was going to make it... However, by 0810, the courts were full and by 0900 the 'seniors' had arrived, bringing our numbers up to 23.

If anyone is confused by our way of distinguishing the different levels of Juniors, we wouldn't be surprised! All those below the age of 16 are JUNIORS and can join in on these monthly events. Within the group we have the youngest group which also includes those new to tennis, or to tennis competition, and they are the 'junior juniors'. Those who are at the older end of the group and/or are seriously challenging their ageing parents in all ways but particularly in their skills on the court, are affectionately known as 'senior juniors'. The rest - well, they are just juniors, aren't they!

The morning started with the 'junior juniors' having a chance to play the next level up. This gives them a chance to improve their game while letting the juniors warm up. We welcomed Joshua Beal to the beginners group.

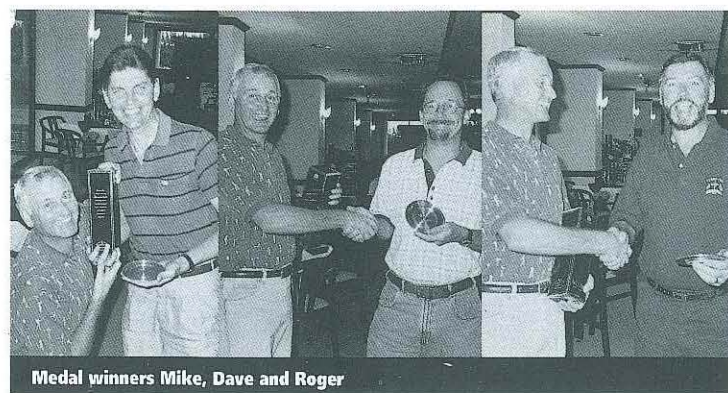
At 9 am the main competition began, with the Seniors and Juniors mixed up in two Round Robin groups, and the junior juniors continued with a round robin amongst themselves. The latter was won convincingly at the end of the morning by Jared Vivian.

The two larger groups grew in number as people continued to appear, so that no one was able to play everyone in their group, but everybody had at least 4 matches in the course of the morning. Some of the Juniors were stretched to their limit with games against much stronger players. They rose to the occasion and Thomas Phillips, Leigh Gammons and David Weekes raised their games considerably.

By 1.30 pm a clear winner emerged from each group - and this just happened to be two members of the same family - Don and Sandy Wijeratne. There was just time for a final, in which Sandy emerged victorious, after a lovely match. The runners up in both groups deserve a mention for their play - Matthew Jensen, Paul Bentley and Graeme Jewell in Don's group and Ryan McNeilly, Sarah Henton and David Weekes in Sandy's group. The next Junior competition will be held on **Sunday 5th October** at 0800. For any details please call Shelagh Weekes on 398 2717 or Kate Henton on 254 1582. **NEW PLAYERS ARE ALWAYS VERY WELCOME.**

Also to note in your diaries - we are hoping to have a tennis/golf/generally sporting and lazing by the pool weekend around the time of Chulalongkorn Day (23rd October). This will be for families and we are especially hoping for the junior tennis families to come. More details when we have them.

Shelagh Weekes



Medal winners Mike, Dave and Roger

Sampson (60), Bernie Adams (54), and Jamie (way to go) Woodford (54) brought up the rear. Special prizes were given to Judy Fitzgerald for the most stableford points on the front nine (18), James Lawden for the back nine (35) and Kevin O'Reilly with the least putts of the day (27).

3rd Quarterly Medal

sponsored by **Johnnie Walker**

As usual the venue for this event was at Royal Lad Krabang. Everyone had a fun-filled day; well, at least, our group did, but I did feel sorry for Dugal and Mike Corey who were paired up with two lady hackers (who shall remain nameless) having a bad hair day. What a good thing laughter is. There was a good turnout of members, new members and guests. The people that did not have handicaps played to Systems 36 scoring and we had a separate competition for them which was won by Graham Kean. The medal winner for Flight A was Mike Corey, Flight B Dave Haworth and Flight C Roger Fitzgerald.

STOP PRESS

If anyone wants to buy some chickens, see Dugal Forrest - he has an interest in them and you might be able to pick them up cheaply!

October Dates

The events for October, which you can sign up for and check the tee times at the Club on the Golf Section notice board, are as follows:
Oct 12th Inaugural Cup, BCGS vs BCLG
Oct 25/26th McEwans Niblick Trophy, BCGS vs GeeGees

That's all for now
Happy Golfing
Lauren Lambert



Graham Kean, Systems 36 winner



The S.L.A.G.S.



Diana's last putt in Thailand

Squash Update

Apologies to all avid readers who had no squash news in last month's Outpost. This was due entirely to yours truly sunning himself



on the shores of Bali without a single thought for Outpost deadlines... mai pen rai.

With holidays now over in most parts of the world, squash is again on the agenda.

The Committee has decided to increase the prizes in the League competition. Not only is there a prize of B5000 of sporting goods but there will also be a further 4 vouchers worth B1000 for Lords restaurant. These prizes will be drawn from the pool of League winners plus all those who completed all their League games for that month.

Winners of the Leagues for June/July sponsored by **SGS** were:

1. Khun Ja
2. Colin Hastings
3. Rudi Spaan
4. Phil Hall
5. Greg Lambert
6. Rene Frei
7. Bill Randall
8. Wayne Needoba
9. Jill Phillips
10. David Turner

Prize draw winners:

B5000 of sporting goods Bob Faherty
B1000 Lords Restaurant Phil Evans, Dave Jewell, Rene Frei, Wayne Needoba

Recent Events

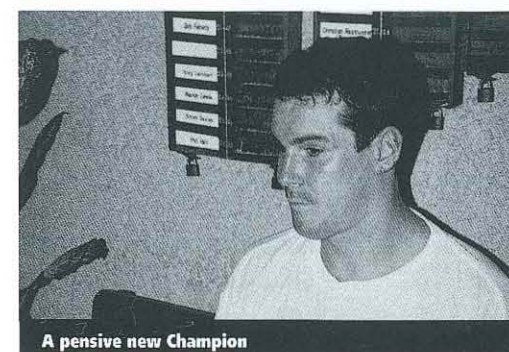
The regular Sunday mix-ins are continuing to

be very popular. These handicap, fun squash sessions are held on the first Sunday of every month, sign up time is 12:30pm. All players welcome.

In September, 20 players fronted up and 3 leagues were contested. Winners of a bottle of wine were: Janet Vivian, Paul Jensen (burglar to the other squashes) and Dave Overington. Jack Dunford also took home a bottle for having the best tan of the day. The games were followed by hot sausage rolls, fresh sandwiches, G&T's and the odd beer or two! A great way to spend Sunday afternoon...

The BC was invited along with 7 other teams, to enter a 3 man team in a special competition at the Polo Club to celebrate RBSC's 8th cycle (96 years) on Sunday Aug 31st. It would be fair to say that Dave J, Peter C and David B were a 'little outclassed' on the day. The presence of a number of talented young Thai players, mostly students at home on holiday from USA, was great to see although some of the established Thai players may not have been quite so pleased... As always the Polo Club were wonderful hosts and laid on a superb lunch to ease our tired bodies and battered pride.

The previous week the BC was invited to the exclusive Rajapruek Club for a match. We had a comfortable 7-3 victory. Our team of Dick Anwar, David Bryant, Peter Corney, Phil Hall, Phil Evans, Tom Livingston, Mervyn Lewis, John Vivian, Rudi Spaan and Jack Dunford enjoyed some wonderful hospitality and a rematch has tentatively been arranged for next year.



A pensive new Champion

Upcoming Events

Following the fun and success of the **Teams competition** earlier in the year, a similar teams event is being held again starting on Wed 22nd October. Games will be played every Wednesday night for 5 weeks. All those interested can sign up on the notice board or ring Barb Overington (Tel: 258 7306) BEFORE Oct 15th. The teams are graded so players of all standards are welcome. You need to be available each Wednesday night for the 5 weeks. If you want to play but are not available for every week, let Barb know because reserves are sure to be needed at some stage. Last time this format was great fun, excellent squash, competitive but friendly and, on some nights, very, very social!!!

The BC's only open competition of the year, the **Rod Carter Open**, will be on this month. Sign up now for your chance of glory!!!! The competition will start soon with the finals on over the weekend of 25/26 October.

The **Tony Austin Cup** for the over 45 men is also coming up. The finals of this keenly contested tournament will be on 15/16 November.

The Committee wishes to advise that they are considering introducing the following rule amendments in the interests of the players and their health.

1. Leaning on your racquet between points constitutes 'racquet abuse' and offenders will be required to complete their match with a walking stick instead of their racquet.
2. The break between games shall be no longer than 60 seconds unless the player's attendant nurse decrees that the player is not yet sufficiently rested to continue.
3. Oxygen masks are not permitted.
- 3a Excessive deep breathing will be deemed 'unfair play' as it deprives the opponent of an adequate oxygen supply and is very distracting.
- 4 'Lets' will be permitted in all cases provided the caller is within 3 metres of where he thought the ball should be, regardless of where the ball was actually played to. Sudden changes of



Martin thinks the BC food is better than at the Central Plaza

direction are hazardous and should be avoided.

5. A player may receive 'towel fanning' between games only if this same service is made available to his opponent, the referee and the umpire. (NB -David B)

6. Laughter and humorous interjections from the spectators are to be encouraged so that the players don't take themselves too seriously and to keep their spirits up.

7. Arguing with the referee will not be tolerated as it is usually an attempt by the player to stall for more recovery time and shows bad sportsmanship and/or poor eyesight. However particularly original and humorous arguments may qualify for bonus points.

8. To speed up play, ballboys will be provided to retrieve the ball between points.

Any further suggestions on appropriate rule amendments should be submitted to the Committee for consideration.

See you at the Courts

D.J.

(Editor's Note: the photographs shown here were inadvertently omitted from the championship report of a couple of months ago; many apologies but here they are this month to handily fill the gap of a photo-less month for the Squash section!)

September Swimming Gala

A BIG thank you to everyone who helped on the day. A special thanks to Rosemary, whose help I could not have done without! Thank you Ben for being our starter for each event. Ian Price did a fantastic job (again) on the microphone, keeping events moving smoothly and enabling us to finish minutes before a torrential downpour. Lesley Evans did a superb job recording the results for each event and Liz Beal was outstanding in her job of place judge and recording race results. Stephen Wright took charge of the

marshalling of competitors for each event. Finally, all the timekeepers and other helpers: Graham, Rob, John, Nev, Mark, Kelvin, David, Janet x 2 and Anoja. (Apologies if I've missed anyone out!) Thanks also to Anita and Ray Hughes for the official photographs. An event like this does not happen without your help and support. See you at the next gala in November?

Lisa Fitzpatrick

Event	Name	Time
Men's 50m Freestyle 16-adult	1. Ben Quarmby 2. Bob Scott 3. Graham Beale	27.93 32.70 34.80
Ladies 50m Freestyle 16-adult	1. Liz Beale 2. Lisa Fitzpatrick 3. Marilyn Moffatt	33.30 34.09 35.66
Boys 50m Freestyle 11-12 years	1. Chris Muldoon 2. Alex Meadows 3. Arran Lewis	35.20* 41.07 42.44
Girls 50m Freestyle 11-12 years	1. Laura Hughes 2. Jessica Beale	38.69* 42.03
Boys 25m Freestyle 9-10 years	1. Jared Vivian 2. Kyle Lewis 3. Josh Beale	17.17* 18.02 21.20
Girls 25m Freestyle 9-10 years	1. Lauren Moffatt 2. Louisa Price 3. Katy Meadows	18.55* 20.31 21.13
Boys 25m Freestyle 7-8 years	1. Steven Muldoon 2. William Scott 3. Yhevin Tissera	18.36* 21.13 28.38
Girls 25m Freestyle 7-8 years	1. Jessica Price 2. Kelsey Moffatt 3. Brooke Vivian	23.06* 24.66 25.13
Boys 15m Freestyle 5-6 years	1. Jamorn Teo 2. Cameron Moffatt 3. Adam Evans	10.09* 11.05 11.69
Under 5's 15m Freestyle	1. Alun Simpson 2. Yahren Tissera 3. Cameron Moffatt	16.20* 16.27 17.16
Men's 50m Breaststroke 16-adult	1. Ben Quarmby 2. Mark Reading 3. Kelvin Moffatt	37.24 45.94 no time given
Ladies 50m Breaststroke 16-adult	1. Lisa Fitzpatrick 2. Liz Beale 3. Phanvadee K.	43.83 44.00 52.32
Boys 50m Breaststroke 11-12 years	1. Chris Muldoon 2. Alex Meadows 3. Arran Lewis	51.92* 56.19 58.60
Girls 50m Breaststroke 11-12 years	1. Laura Hughes 2. Jessica Beale	49.78* 50.76
Boys 25m Breaststroke 9-10 years	1. Jared Vivian 2. Yanik Tissera 3. Kyle Lewis	24.27* 26.78 27.54

Girls 25m Breaststroke 9-10 years	1. Louisa Price 2. Katy Meadows 3. Lauren Moffatt	26.22* 28.02 28.91
Boys 25m Breaststroke 7-8 years	1. Steven Muldoon 2. William Scott 3. Yhevin Tissera	30.11* 32.76 46.60
Girls 25m Breaststroke 7-8 years	1. Brooke Vivian 2. Kelsey Moffatt 3. Jessica Price	30.48* 31.18 32.54
Boys 15m Breaststroke 6 years	1. Jamorn Teo 2. Adam Evans 3. Chris Reading	14.38 15.08 23.00
Girls 15m Breaststroke 5 and under	1. Awn Simpson 2. Chris Williams 3. Cameron Moffatt	16.02 16.10 16.39
Men's 50m Backstroke 16-adult	1. Ben Quarmby 2. Graham Beale 3. Bob Scott	36.91* 45.90 57.21
Ladies 50m Backstroke 16-adult	1. Marilyn Moffatt 2. Lisa Fitzpatrick 3. Liz Beale	41.95 42.90 43.32
Boys 50m Backstroke 11-12 years	1. Christopher Muldoon 2. Alex Meadows 3. Jay Smith/Arran Lewis	44.43* 50.02 55.71
Girls 50m Backstroke 11-12 years	1. Laura Hughes 2. Jessica Beale	48.99* 51.80
Boys 25m Backstroke 9-10 years	1. Jared Vivian 2. Kyle Lewis 3. Joshua Beale	23.03* 26.19 26.66
Girls 25m Backstroke 9-10 years	1. Lauren Moffatt 2. Louisa Price	26.14* 26.80
Boys 25m Backstroke 7-8 years	1. Steven Muldoon 2. William Scott 3. Yhevin Tissera	26.19* 30.53 34.74
Girls 25m Backstroke 7-8 years	1. Alex Evans 2. Jessica Price 3. Brooke Vivian	33.52 34.14 38.24
Boys 25m Backstroke 5-6 years	1. Chris Willimas 2. Adam Evans/Chris Reading 3. Jamorn Teo	14.27* 19.30 24.50
Men's 25m Butterfly 16-adult	1. Ben Quarmby 2. Bob Scott 3. Kelvin Moffatt	14.75* 15.84 19.50
Ladies 25m Butterfly 16-adult	1. Lisa Fitzpatrick 2. Liz Beale 3. Marilyn Moffatt	17.09* 17.68 18.78
Boys 25m Butterfly 11-12 years	1. Chris Muldoon 2. Arran Lewis 3. Alex Meadows	19.09* 21.99 22.61
Girls 25m Butterfly 11-12 years	1. Laura Hughes 2. Jessica Beale	21.70 23.74
Boys 15m Butterfly 9-10 years	1. Jared Vivian 2. Kyle Lewis	8.80* 9.85
Girls 15m Butterfly 9-10 years	1. Lauren Moffatt 2. Louisa Price	10.21* 11.74
Boys 15m Butterfly 7-8 years	1. William Scott/Steven Muldoon	11.21*
Girls 15m Butterfly 7-8 years	1. Brooke Vivian 2. Alex Evans 3. Jessica Price	12.00* 14.20 15.12
Mixed 15m 'Any stroke' 5-6 years	1. Jamorn Teo 2. Chris Reading 3. Adam Evans	11.40* 14.49 15.17
Mixed 15m 'Any stroke' under 5 years	1. Chris Williams 2. Chris Hughes 3. Alun Simpson	12.07* 16.16 16.59
Mixed 15m Kickboard under 5 years	1. Becky Muldoon 2. Ben Scott	
Mixed Relay 4 x 25m	1. Bob Scott, Joshua Beal, Laura Hughes, Kyle Lewis, Kelsey Moffatt 2. Lauren Moffatt, Yhevin Tissera, Steven Muldoon, Marilyn Moffatt, Alex Meadows 3. Jared Vivian, William Scott, Jay Smith, Christopher Williams, Kelvin Moffatt	

Calendar

British Club Sports and Entertainment Calendar - October

Sunday



Venues

Soi 15 **NIST grounds**
Soi Nares **Behind Bangrak Police Station**
Aerobics Surawong Room
Golf - As advertised

5

8am **Junior Tennis Tournament**
10.30am **Adult Swimming Coaching**
11am-1pm **Badminton - Soi Nares**
3-6pm **Tennis Mix-In**
4-6pm **Children's Video**
5.30pm **Sunday Carvery - Lords**

Monday



Opening Times

10am-11pm **Churchill Bar**
11.30am-2pm **Lords Restaurant - Lunch**
6-10pm **Lords Restaurant - Dinner**
7.30am-10pm **Poolside Bar**
6am-9pm **Fitness Centre - Mon-Sat**
9am-9pm **Fitness Centre - Sun/Hols**
9am-5pm **Thai Massage - Tue/Sun**

6

8am **BWG Mahjong**
9.30pm **Aerobics**
10am **Parents + Babies Swimming**
6-8pm **Squash Coaching**
7-9pm **Tennis Team Training**

New Member's Night

Tuesday



Sports - Contact the following:

Badminton **Gaynor de Wit 237-4031**
Cricket **Peter Young 679-7644**
Football **Alex Forbes 260-1950**
Golf **Chris Gething 261-1963**
Rugby **Joe Grunwell 262-0220**
Squash **David Turner 279-1234**
Tennis **Bernie Adams 674-0810**

7

7am **Ladies Golf**
9-11am **Ladies Tennis**
10.30am **Aqua Aerobics**
7-9pm **Soccer Training**
8-10pm **Badminton - Soi 22**
8-11pm **Friendly Bridge**
9pm **Gentlemen's Spoof**

Wednesday



1

9.30am **Aerobics**
5-8pm **Squash Coaching**
6-9pm **Tennis Mix-In**

8

9.30am **Aerobics**
5-8pm **Squash Coaching**
6-9pm **Tennis Mix-In**

Thursday



2

6-9pm **Squash Mix-In**
7pm **Aerobics**
7-9pm **Rugby Training**
8-10pm **Badminton - Soi 22**

9

6-9pm **Squash Mix-In**
7pm **Aerobics**
7-9pm **Rugby Training**
8-10 pm **Badminton - Soi 22**

Friday



3

9.30am **Aerobics**
3-9pm **BC Tennis Coaching**
7pm **Social Darts**

10

9.30am **Aerobics**
3-9pm **BC Tennis Coaching**
7pm **Social Darts**

British Food Fayre - Lords

Saturday



4

8am **Junior Tennis**
9am-1pm **BC Swimming Coaching**
9.30am **Aqua Aerobics**
8-11am **Tennis Coaching**
11am **Yoga**
3-6pm **Social Snooker**
4.30pm **Casuals Football - Soi 15**

7.30pm Bar Quiz

11

8am **Junior Tennis**
9am-1pm **BC Swimming Coaching**
9.30am **Aqua Aerobics**
8-11am **Tennis Coaching**
11am **Yoga**
3-6pm **Social Snooker**
4.30pm **Casuals Football - Soi 15**

British Food Fayre - Lords

Rugby Ball

Don't Forget !!

- Superb Squash matches on offer during the Red Carter finals over 25th-26th October
- British food galore on the 10th-12th in Lords, moving to South America for another great food and wine promo on 1st November
- Whoooo! Halloween on the 31st, THE party at the Club on Sunday 2nd November! Dare you come in fancy dress?!

12

7.59am **Golf - Vintage**
10.30am **Adult Swimming Coaching**
11am-1pm **Badminton - Soi Nares**
3-6pm **Tennis Mix-In**
4-6pm **Children's Video**
5.30pm **Sunday Carvery - Lords**

British Food Fayre - Lords

19

10.30am **Adult Swimming Coaching**
11am-1pm **Badminton - Soi Nares**
3-6pm **Tennis Mix - In**
4-6pm **Children's Video**
5.30pm **Sunday Carvery - Lords**

26

10.30am **Adult Swimming Coaching**
11am-1pm **Badminton - Soi Nares**
3-6pm **Tennis Mix - In**
4-6pm **Children's Video**
5.30pm **Sunday Carvery - Lords**

Squash - Rod Carter Finals

Scottish Dancing Classes

13

8am **BWG Mahjong**
9.30pm **Aerobics**
10am **Parents + Babies Swimming**
6-8pm **Squash Coaching**
7-9pm **Tennis Team Training**

20

8am **BWG Mahjong**
9.30am **Aerobics**
10am **Parents + Babies Swimming**
6-8pm **Squash Coaching**
7-9pm **Tennis Team Training**

27

8am **BWG Mahjong**
9.30am **Aerobics**
10am **Parents + Babies Swimming**
6-8pm **Squash Coaching**
7-9pm **Tennis Team Training**

14

7am **Ladies Golf**
9-11am **Ladies Tennis**
10.30am **Aqua Aerobics**
7-9pm **Soccer Training**
8-10pm **Badminton - Soi 22**
8-11pm **Friendly Bridge**
9pm **Gentlemen's Spoof**

21

7am **Ladies Golf**
9-11am **Ladies Tennis**
10.30am **Aqua Aerobics**
7-9pm **Soccer Training**
8-10pm **Badminton - Soi 22**
8-11pm **Friendly Bridge**
9pm **Gentlemen's Spoof**

28

7am **Ladies Golf**
9-11am **Ladies Tennis**
10.30am **Aqua Aerobics**
7-9pm **Soccer Training**
8-10pm **Badminton - Soi 22**
8-11pm **Friendly Bridge**
9pm **Gentlemen's Spoof**

15

9.30am **Aerobics**
5-8pm **Squash Coaching**
6-9pm **Tennis Mix-In**

22

9.30am **Aerobics**
5-8pm **Squash Coaching**
6-9pm **Tennis Mix-In**
6-9pm **Squash Teams competition**

10.30-noon BWG Sponsored Swim

29

9.30am **Aerobics**
5-8pm **Squash Coaching**
6-9pm **Tennis Mix-In**
6-9pm **Squash Teams competition**

16

6-9pm **Squash Mix-In**
7pm **Aerobics**
7-9pm **Rugby Training**
8-10 pm **Badminton - Soi 22**

23

6-9pm **Squash Mix-In**
7pm **Aerobics**
7-9pm **Rugby Training**
8-10 pm **Badminton - Soi 22**

30

6-9pm **Squash Mix-In**
7pm **Aerobics**
7-9pm **Rugby Training**
8-10 pm **Badminton - Soi 22**

17

9.30am **Aerobics**
3-9pm **BC Tennis Coaching**
7pm **Social Darts**

24

9.30am **Aerobics**
3-9pm **BC Tennis Coaching**
7pm **Social Darts**

31

9.30am **Aerobics**
3-9pm **BC Tennis Coaching**
7pm **Social Darts**

Sports - Contact the following:

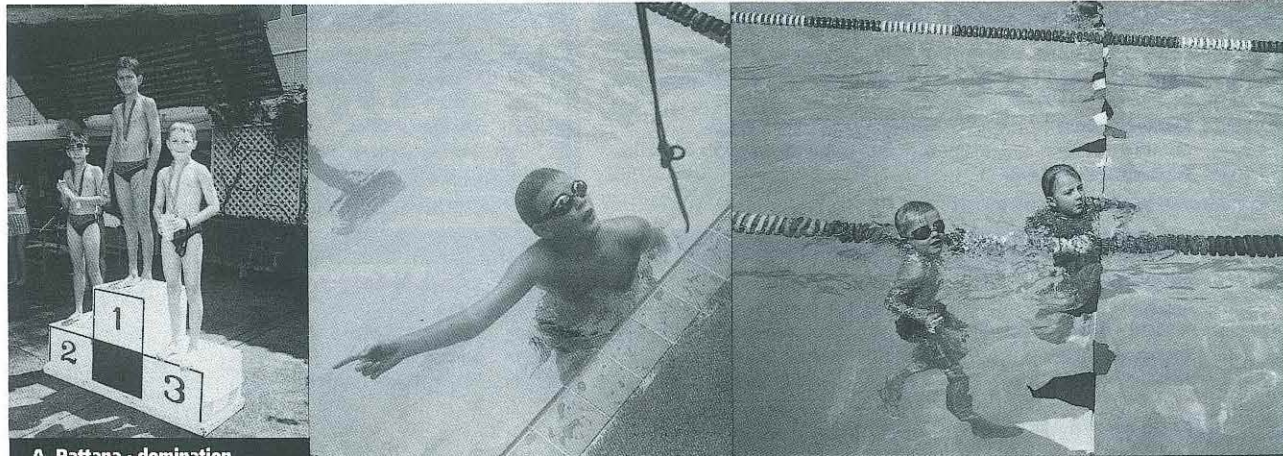
Non-BC Sports

Ladies Golf **BCLG**
Hockey **LIGHT**
Will Agerbeek 259-7019
Eileen Cook 295-4596
Lois Carson 258-5295

Squash - Rod Carter Finals

Australians in Thailand BBQ

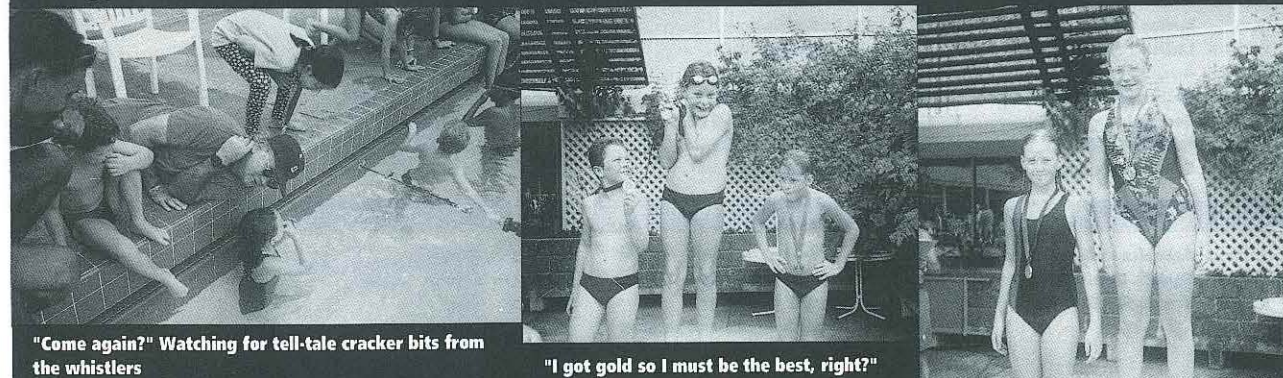
September Swimming Gala Moments



A Pattana - domination winning podium

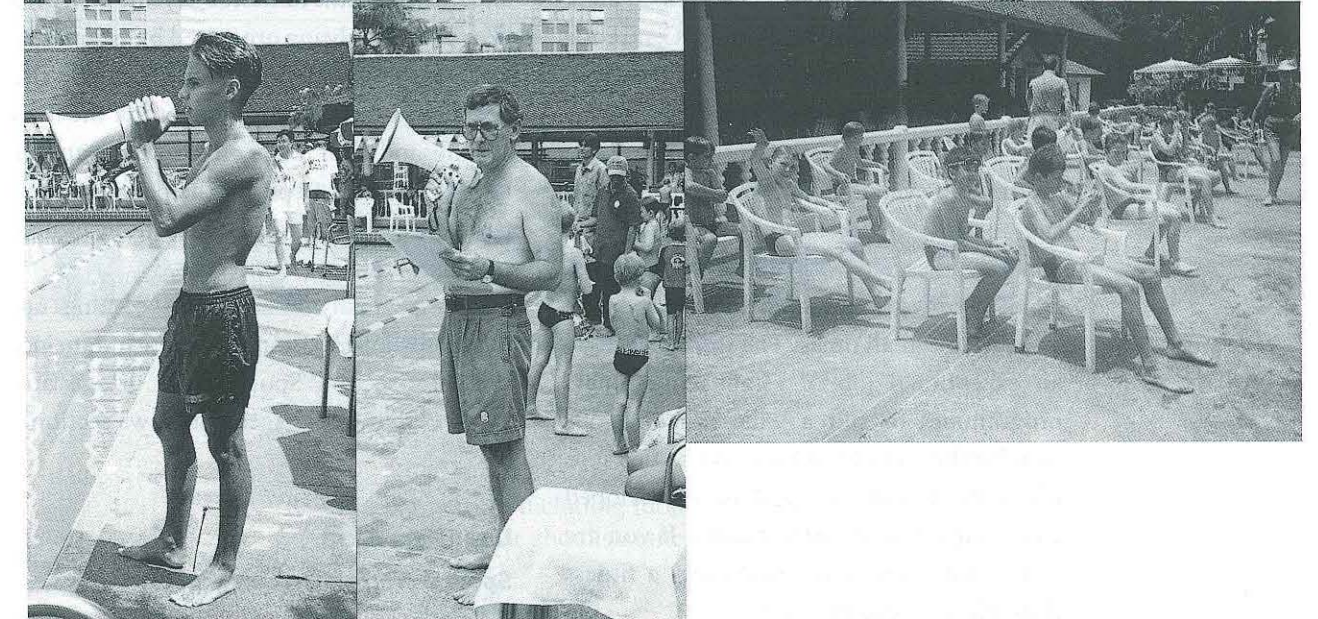
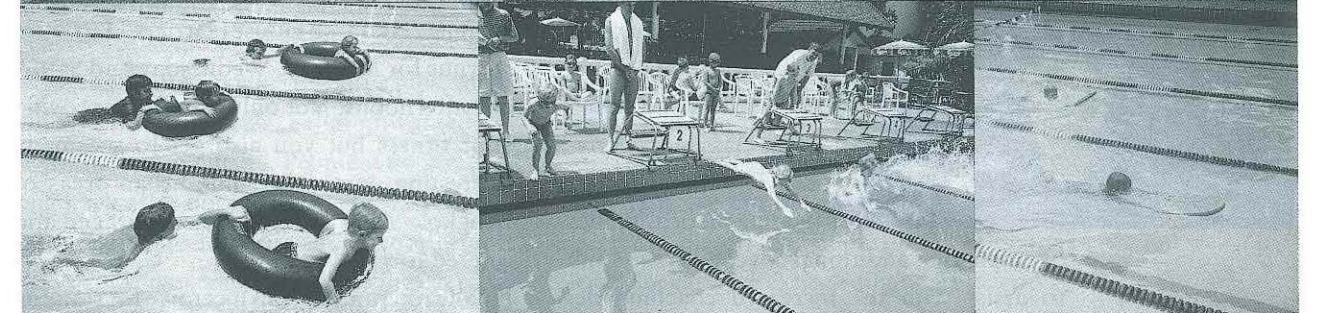
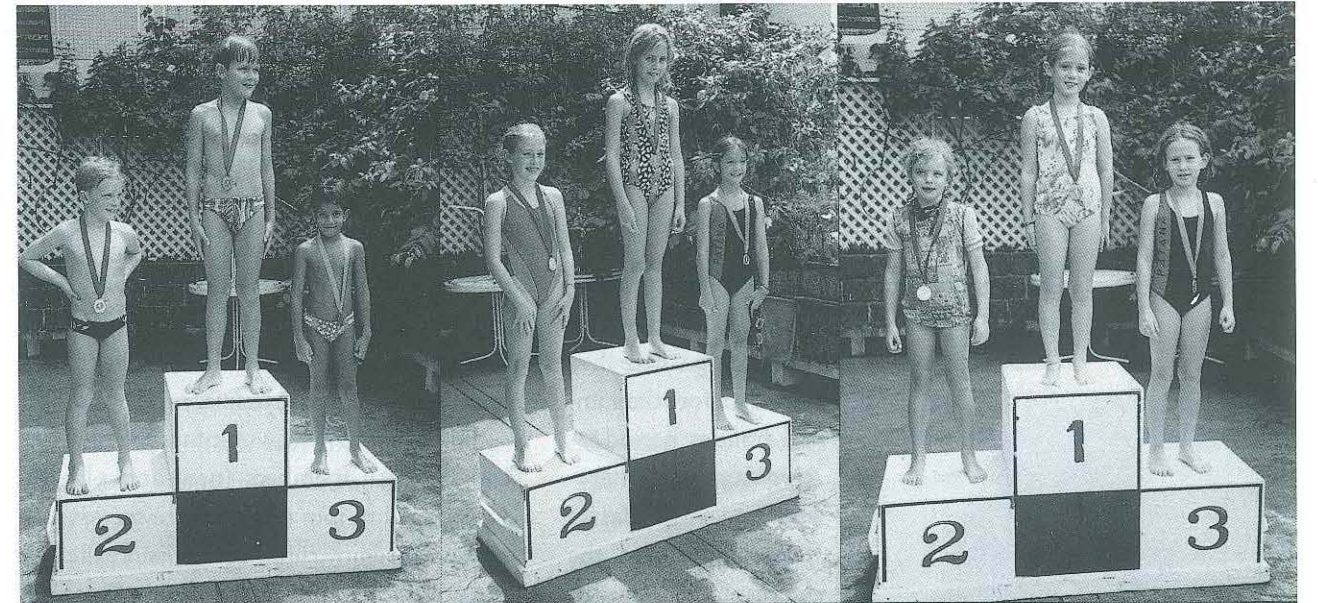
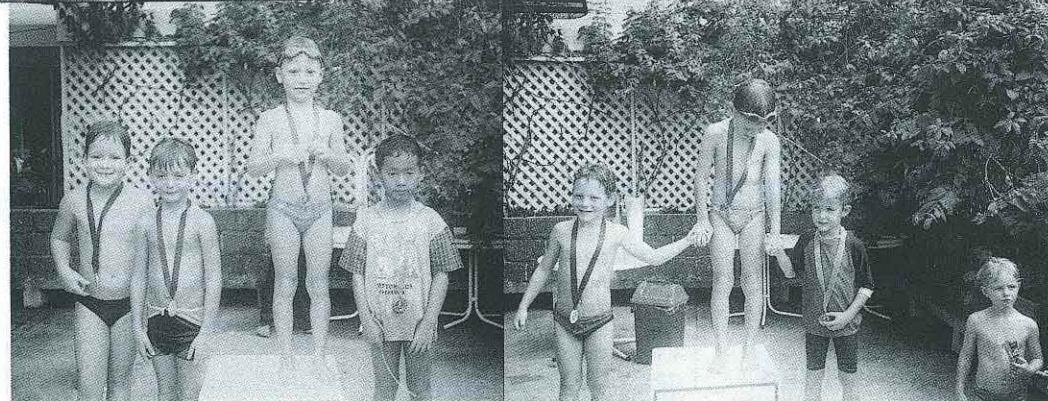
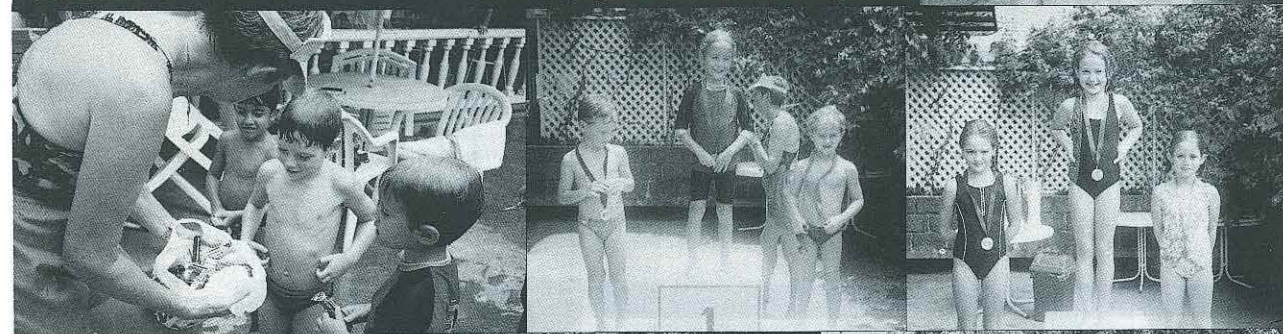
He tickled me!

Stopping for a chat at half-way



"Come again?" Watching for tell-tale cracker bits from the whistlers

"I got gold so I must be the best, right?"



From the Sport and Recreation Coordinator

It's great to be back to the buzzing activities of Bangkok - and to the buzz of the British Club. Most people are picking up where they left off, before the summer holiday period.

Aerobics, aqua aerobics and **yoga** classes have maintained the interest (and hence fitness) levels for our regular participants. Likewise, **tennis** and **swimming** classes are thriving. The Club is investigating the possibilities

of employing additional coaches to the Club to assist with the increased coaching demands.

Early last month, the new **Tennis & Squash Booking System** was introduced. So far, it seems to be operating smoothly. Eventually the 'sticker' will be phased out completely; until then, members can continue to use them or simply write their SURNAME and CLUB NUMBER in the time slot available. **24 hours notice is required for cancellations.** I fully commend the staff in the Fitness Centre for their support in putting this new system in place. It goes without saying that there will be someone in the Fitness Centre from early morning to evening to ensure that bookings can be made (in person or by phone).

Similarly, assistance with **fitness programmes, fitness testing** and **merchandise sales** will be available at all times. The staff have done an exceptional job of establishing fitness programmes to suit a wide range of our membership. They have quickly settled into life at the British Club and have developed good rapport with regular users. If you are considering joining (or re-joining) a fitness club, please consider ours!

For those not so keen on exercising within the confines of four walls, there are many sporting sections within the British Club for you to choose from: squash, tennis, rugby, football, badminton, cricket, swimming, scuba diving and golf. All members (new and old) are encouraged to join one or more sections.

Those who enjoy running but dislike the heat and pollution of Bangkok should enjoy Hash running. The Hash House Harriers/Harriettes set runs for Monday, Wednesday and Saturday afternoons. Not only are you improving your fitness but you also get to see many interesting outer-lying, non-urban areas of Bangkok. *All* standards are encouraged and catered for.

Finally (on running), an incentive for training for the New Year! A 16 km race near Kanchanaburi is being organised in support of the Hellfire Pass Museum Project. This mixed terrain race is organised along the lines of a British Fell race. Competitors all have a unique opportunity to experience the rigours of a strong physical challenge in a jungle setting: the scene of far greater human effort and sacrifice in the tumultuous years of World War Two. It is being organised by volunteers interested in preserving the memory and site of those historic events which took the lives of thousands. For further information and/or to sign up as a prospective helper or participant, please see information in the Fitness centre or contact me direct.

There are many Club events coming up; please see information on Scottish dancing, the Inter-section Sports Day, bridge and snooker in the Management News section.

Lisa Fitzpatrick
Sport & Recreation Coordinator



Lisa Fitzpatrick

Get in Shape with Aerobics

You are ready to get in shape and have decided that it's about time to do something to get rid of that excess of fat that makes it impossible to zip the jeans or even get them past the hips. It's a fact that extra weight stored on the hips, buttocks and thighs can be hard to budge. Happily it is also a fact that this excess bulge will eventually go away if you are willing to literally work your butt off! There are some particularly targeted exercises that will help you slim your hips, thighs and *derriere* and replace that unwanted flab with flattering curves. People who are coming back after not having exercised for years are afraid of feeling sore and uncomfortable, physically, as a result of not having exercised for so long. Exercise doesn't need to be painful but, if you have neglected your body, yes you will be sore for a day or two after your first **Abs, Thighs and Bums** class (every Wednesday 9.30-11.00 am).

Give yourself time, be patient and don't give up. To further burn fat in your lower body,

add an aerobic activity or two to your life, just one hour twice a week is enough to make a dramatic impact on your figure within a month. Try the **Low Impact** aerobic class on Mondays and Fridays from 9.30-10.30 am and soon you'll look and feel better inside and out.

Exercising combats signs of ageing. By investing two or three days a week doing sensible activities you'll feel younger, look younger and function better. Exercise can even help maintain mental sharpness which decreases with age.

Thought for the Month: Exercise improves your sex life. Many people don't realise that exercise can give extraordinary erotic energy boosts. Many studies have reported increased sexual desire and satisfaction after participating in regular exercise such as swimming, running and aerobics.

Ciao
Irene Cameron

Do You Dare?!

Join us for the spookiest event of the year!

HALLOWEEN PARTY

Children's Halloween Party

Sunday 2nd November at 2 pm
Surawongse Room

Bt 190.- per person, including food and drinks
Prize for the most ghoulish fancy dress!!

Diana 1961-1997

There were few dry eyes in Britain early last month as the nation mourned the sudden and tragic death of Diana, Princess of Wales in a high speed car crash in Paris which also killed her partner Dodi Fayed and the driver. Indeed, it was not just the British who felt the loss - shock waves spread to people of all nationalities. Newspapers around the world printed pictures of the state funeral service at Westminster Abbey, which produced such moving moments as Earl Spencer's speech in memory of his sister and Elton John singing a revised version of 'Candle in the Wind', his tribute to Marilyn Monroe, who also died at the height of her beauty and fame.

The initial reaction to the news was overwhelmingly one of shock followed by sadness and a great feeling of loss. As more details became known, some of the shock turned to anger as there appeared to be someone to blame - the paparazzi, photographers who pursue the rich and famous in the race to take that special picture for which news

papers around the world will pay small fortunes. Conspiracy theories were quick to surface, with claims coming from the most unexpected quarters as to why she may have been 'bumped off' and how convenient the timing was for all concerned. Indeed, some of these theories are still very much around since, over a month after the incident, many questions remain unanswered and the inves-

tigation into what actually happened is still under way. Perhaps the whole truth will never be made known.

One of the most striking aspects of the whole event has been the almost universal outpouring of emotion - the grief of mourning, a feeling usually experienced privately, was publicly displayed throughout Britain especially. More people in the UK watched Diana's funeral on television than had watched her wedding in 1981. Millions of people made the pilgrimage to London to lay flowers and

other tributes at the gates of the royal residences, and many more made donations to local representatives of Diana's causes, such as children's hospitals and AIDS foundations.

The Role of the Media

Diana, once a pretty ingenue and fairytale princess, turned into one of the most glamorous and elegant woman and certainly one of the most photographed people of all times. Millions eagerly read about or watched her every move in the media, which made her death all the more shocking as it

was as if those millions had lost someone they knew personally.

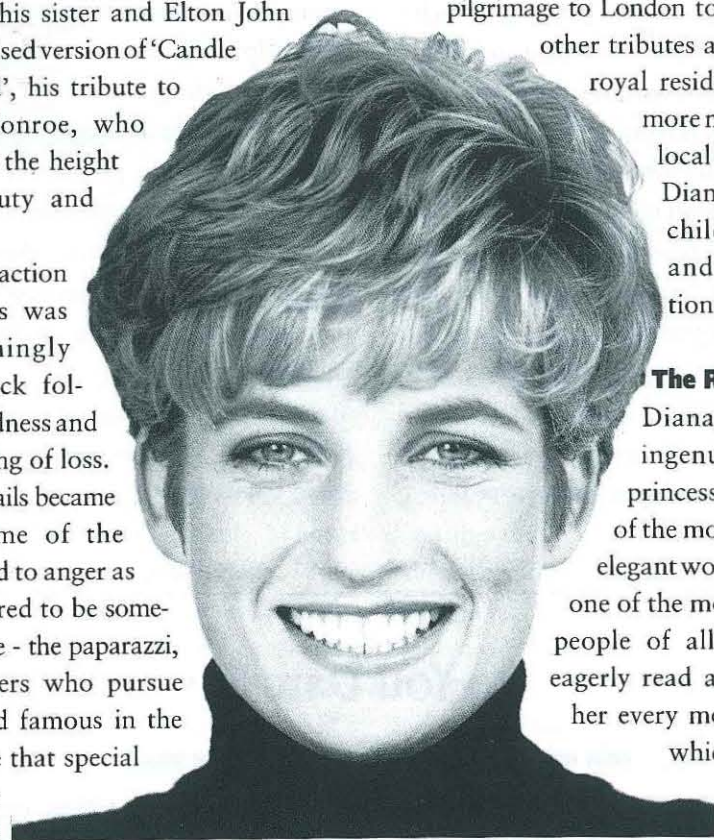
The death and funeral of Princess Diana more than anything else in recent times has brought about an introspection on behalf of the printed media as to intrusion of privacy in today's journalism. However, at the end of the day it is those who buy the newspapers who propagate the ever-increasing spiral of

sensationalism in the media. Many complained, while Diana was still alive, that she and others in the royal family and celebrities the world over should be given more privacy, yet it was the same people who bought the tabloid papers and glossy magazines regularly displaying exactly those photographs which were the result of paparazzi hounding.

Another common criticism was to point out the hypocrisy of the British tabloids - quick to condemn the princess in life but

equally swift to highlight her saintliness in death. Again, this is hardly hypocrisy in the media, when the tabloids must reflect public opinion to survive and compete. The Diana story, in life and in death, sold papers, and that is the bottom line. In Britain, some of the tabloids cost more than the serious broadsheets due to their huge popularity. This speaks volumes.

R.I.P. Diana, Princess of Wales
Gaynor de Wit



The Golden Goose

They killed the Golden Goose today,
Now where will the vultures prey,
Who will they find to chase,
Now they've killed their favourite face.

She's gone, at the height of a difficult life,
Loved by all but nobody's wife,
The Queen of Hearts, forever will be,
Beautiful, in love, and dressed by Versace.

Judy Fitzgerald

31st August 1997

The Story of Swimming

As three quarters of the world's surface is covered with water, it is only natural that many human activities take place around oceans, rivers, lakes or pools. This is so whether swimming be for exercise or refreshment, fun or profit, socialisation or safety.

Although water is not the medium in which humans live, they have been swimming since history was first recorded. In 880BC Assyrian soldiers supported themselves with inflated animal bladders and used a vigorous leg-stroke to cross streams. Since then many military advantages have been gained by swimming. The Armed Forces still place a heavy emphasis upon this skill because of the many drownings which occurred between leaving amphibious landing craft and reaching the beaches during the World Wars.

A detailed history of swimming strokes is not readily available but it has been postulated that a **dog paddle** type stroke was the most ancient method of swimming and Assyrian sculpture records examples of this action. A hieroglyph has been found from the 6th dynasty, approximately 4,400 years ago during the construction of the great pyramid, which represented a front crawl stroke action.

A coin in the British Museum dated 193AD shows an alternating front crawl stroke and feet kicking downward from the knee joints. It is also known that arm recovery over the water was used by the North American Indians, Polynesians of the South Seas and natives of South Africa during the 19th century. **Breast stroke** was first recorded in England at the beginning of the 16th century. By about 1550 the simultaneous kick was probably similar to that used now in the butterfly stroke. In 1800 the hand movement was still a praying action but the kick backwards was performed

with the soles of the feet and not the lower leg and instep. The legs were brought together simultaneously like a wedge.

By 1860 the ankles were turned out at the beginning of the kick and pointed at the end of the thrust, and the hands changed from the praying position to palms down with thumbs adjacent to each other. Captain Matthew Webb first swam the English Channel in 1875 using the breast stroke.

Swimming breast stroke on the side was found to be faster and in around 1840 the **English side stroke** became prominent.

An Australian named Wallis observed Aborigines swimming in the Lane Cove River near Sydney who were using a side stroke but recovering one man over the water. Wallis went to England and taught a man named Beckworth this stroke which he used to win the 1859 England Championship. By 1873 John Trudgeon had become the fastest swimmer in England. He swam on the breast, recovered both arms over the water and surged forward with one breast stroke kick per arm cycle. In 1897 a Sydney coach named George Farmer watched the speed and stroke of 12 year old Alick Wickham and exclaimed "look at the kid crawling!"

Thus the name **crawl stroke** as we know it was created. He had learned the stroke from islanders in Rubiana. It was soon adopted by the famous Cavill brothers in Sydney and Dick Cavill swam this stroke in 1902. Since that time it has been the fastest stroke evolved. Swimming on the back was first referred to around 1900 but using an arm over arm method. In the 1912 Olympics an American named Harry Hebner used the **back crawl** to win the gold medal. Some modifications to the kick and a bent arm pull under the water have occurred since that time.

The **butterfly** stroke evolved from breast stroke recovering both arms simultaneously over the water and using the breast stroke kick. The description of breast stroke only mentioned symmetry and therefore this action was legal as too was that of a dolphin kick. To prevent breast stroke being forgotten, butterfly and breast stroke were separated for competition in 1953. Thus, the breast stroke, important for historical reasons and life-saving at the time, was retained. As leisure time increased, people have more time available to pursue aquatic activities. The ability to swim opens doors to other recreational activities such as canoeing, surfing, sailing, SCUBA diving, synchronised swimming, water-skiing, life-saving and water polo. Parents would feel much happier if

they and their children were strong swimmers and were well schooled in water safety before undertaking these activities.

(From: 'The Teaching of Swimming & Water Safety', AUST SWIM, Australia 1986)

The classes at the British Club are designed to teach water safety in and around aquatic environments as well as stroke technique and endurance in the fun and enjoyable surroundings of the BC.

It is great to see many families returning to the pool on a Saturday morning. There are over 30 participants in the classes between 9 am - 1 pm.

Lisa Fitzpatrick



CSB Yard Sale

Saturday 15th November, 10 am - 2 pm

Community Services of Bangkok, 15/1 Soi 33 Sukhumvit Road

Time to clean out your closets and cupboards for the holidays! Get rid of excess items and join the CSB Yard Sale. RENT A SPACE. Families, individuals and non-profit organisations only.

Contact CSB on 258 5652 or 258 4998 for table reservations and for additional information.

Attend the sale and you will find many items of interest at reasonable prices.

History Repeating Itself at the BC Pool

Well, this really is starting to feel like a chronic case of 'déjà vu'. There I was, recording the swim times at the British Club's



Bangkok World 3rd September 1975

swimming gala. Would you believe that some 26 years ago it was me standing there on the blocks, tunnelling down the pool, running around the Club with my friends, getting into mischief and nearly missing our race, working out good luck salutations for one another and then ending up in the Clubhouse for a movie while our parents did what parents do. Here I'm now, in 1997, finding out just what it is parents do - particularly if they've only just found out they can still swim two lengths of backstroke without stopping!

Back in those days, swimming at the BCB was a lifestyle. We'd have training twice a week, time trials Friday night and a gala on every other Sunday. We'd go to other clubs to compete with other teams, often catching up with school friends who lived in different areas of Bangkok. The BCB Swim Team built

up enough of a profile to compete all around the region. We had a workshop afternoon with Laurie Lawrence, who happened to be stopping over in Bangkok with some of his protégés. Finally, in 1974, some of us were even invited to participate in the Asian Pacific Games. Looking back now, some of my best memories were made here. I realise it must have been the enthusiasm of a great coach, the Club and many of the parents that helped spur on our team's success and keep us so busy.

It feels uncanny to be back here, at the same club, but on the other end of the experience! I feel a sense of privilege in watching my own children delight in their achievements, make new friends and relax in the fantastic lifestyle the BCB offers. The first swimming gala really had me going but this last one brought it home to me how important these kinds of events are to our children. These events, no matter which sport, keep them busy, help them to grow socially and fill them with a sense of achievement. Come to think of it, they tend to do the same for us as adults too. Hope to see you there next Gala Day!

Liz Beal

Nine more records at swim meet

by ANTON PERERA

NINE more records tumbled at the British Club swimming pool yesterday, making a total of 26 in all - as the British Club youngsters, by sheer strength of numbers, overwhelmed their opposition to win the unofficial title of the age-group International Swimming Meet held on Saturday and Sunday.

Ironically, though, the standout swimmer of them all came from the smallest contingent of three from the Dolphins Swimming Club in the Philippines. Janice Hamman not only eclipsed the opposition in every event she swam, but showed her versatility in winning all five events in record pool times in the freestyle, breaststroke, individual medley and butterfly divisions.

The British Club came out top with 724 1/2 points in the 85-event program-

followed by the Bangkok Aquatic Club with 479 1/2, the American School of Vietnam (343), the Royal Bangkok Sports Club (252), the Thailand Amateur Swimming Association (199) and the Dolphins from the Philippines (84).

Other record breakers were the young brother-sister duo of Sirirat and Patharassae Changchaisri (RBSA), who established new marks in two and three events respectively. Tuck Kelleher, from the Bangkok Aquatic Club who added two new marks to his name, John Schrider from Vietnam and the British Club's Terry McManus, who also set new records, in addition to the Thailand Amateur Swimming Association's Supawat Sittisanguan, who did the same

in the long distance events. The whole two-day program was handled with the smoothness born of the professional, and a word of praise must indeed go out to all those who made the Gala the success that actually attended it. Man behind the organisation De Barry must be congratulated for those who assisted him in all phases of the operation, which went through without any untoward incident.

It was indeed a pity that after the Gala was over, a few Thai swimmers behaved outside the pool in a manner most unbecoming of true sportsmen when they stamped on their winners' ribbons in a gesture not in keeping with the traditions of sportsmanship.

Special Notice

Guy Fawkes Night

MEMBERS - Please Read These Important Safety Regulations For The 1997 Guy Fawkes Night

Sunday 9th November

1. The Club will be closed to all cars from midnight on Saturday 8th November to midnight on Sunday 9th November. Instead, members may use the AIA car park at 181 Surawongse Road.
2. As last year, the Club will be closed to all members from midnight on Saturday 8th November until 10 am on Sunday 9th November. When the Club opens, only members with Guy Fawkes tickets will be allowed onto the premises. Members of the Club will support the security guards at all entrances onto the property to ensure compliance with this rule. This restriction is to guarantee that we do not extend the numbers we are licenced for at this event.
3. Children must be accompanied by an adult or, if in a group, then the nominated adult in charge of that group must enter the Club and stay with the group at all times.
4. Absolutely no fireworks of any description can be brought onto the Club grounds by anyone other than the contractors.

5. There will be an ambulance on site by the Silom Gate and there will be clearly marked first aid posts on the back lawn and in the front car park.
6. There will be a fire engine on site by the workshops with hoses deployed ready for use.
7. There will be a fire post established next to the first aid post. There will also be a fire post close to the point where the fire-works are ignited, with water, sand buckets and fire extinguishers.
8. There will be a fine mesh net up to a height of 15ft above the crowd to collect debris and a rope to stop the crowd approaching the display area. There will be a 25m gap between the fireworks and the crowd.
9. Spectators will be positioned with their backs to the wind.
10. There will be nominated stewards in 'bibs' to help control the crowd.
11. All access points onto the front lawn will be closed off and manned by stewards.
12. All exits from the Club onto Silom and Surawongse Roads will be lit, manned and open during the display.

Farewells

More than usual this month, as I inadvertently omitted July's departees in last month's issue. So good luck to the following, including many of our long-stayers finally saying goodbye to the Club:

Paul and Sarah Barritt, Timothy Dowden, Timothy and Diana Howard, Roer and Rosemary Jarritt, David and Philippa Kelham, Ron and Brenda Kenyon, Geoffrey and Diana Lamb, Haydn and Maria Leseberg, Dieter and Annie Loewe, Meredith Macnab, Paul and Camilla March, Gareth McIlroy, Bruce and Horrie McKenzie, Helena McSweeney, Tjepke and Carolien Nawijn, Douglas and Linda Nielson, Manfred and Judith von Nostitz, Wayne and Andrea Sheridan, Zoe Skelcher, Rory Stewart, Simon and Wendy Thomas, Peter and Carol Thompson, John and Caroline Tran, Craig and Natalie Venuti, Penelope and Matthew Walker, Graham and Annette Wheeler, and Eric and Elizabeth Wolfe.

Aussie Rules!

In early September an Australian food and wine promotion dinner took place in the Lords restaurant. The event attracted fifty



One of the "lucky" winners!

nine diners, including the Australian Ambassador and the Canadian Ambassador and his wife. Wines were supplied by Allied Domecq, with Chris Jones as the wine specialist; many thanks to Chris for his explanations. Guests were treated to the Sir James Australian champagne, a gold medal winner at the International Food and Hospitality Show held at the Queen Sirikit Convention Centre in June, and Boags beer at a small pre-dinner cocktail party, then invited into Lords to dine. All the food was produced by the chefs of the British Club, with the menu including homemade gazpacho soup with grilled prawns, camembert cheese wrapped in smoked salmon and of course lamb fillet, served with a tomato and rosemary crust and a poached pear in red wine. Even the Cherry Ripes and Minties were flown in from Oz. The night was rounded off with a lucky draw where Lauren Lambert and Judy Fitzgerald proudly walked off with Gummy and Bumpy (I think) the Koala twins. Decorations and music to complement the

event were kindly loaned by Khun Madelaine of the Australian Embassy. Many thanks to the members who supported this event and made it a success, and thanks also to all the staff who worked so hard on the night. Forthcoming events include a British food promotion from 10th - 12th October and a South American food and wine promotion on the 1st November - book your places now!

Barry Osborne
Operations Manager



Australian Ambassador Cavan Hogue's address



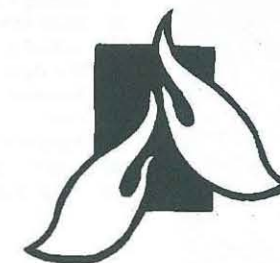
Playmates Required

"H

The following was received from a Club junior recently:

i, I'm Alexander, a 6 1/2 years old boy from Denmark. I am looking for somebody to play with every afternoon after schooltime. My house is close to South Sathorn and Rama IV on Soi Ngarm Duplee so if you live nearby that would be great.

Ask your mummy to call mine, Lisbeth, at 213 1860 so we can have some fun together."



ThaiCraft Sale

Saturday 1st November, 10 am - 2 pm

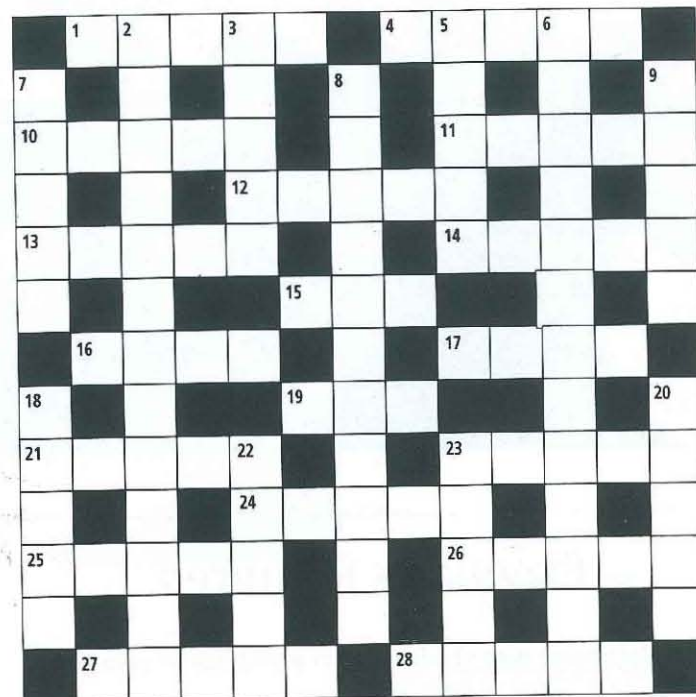
The Landmark Plaza, 138 Sukhumvit Road

November's ThaiCraft sale is just in time for shoppers to purchase holiday gifts for sending abroad and preparing for the season. Quality Thai handicrafts at reasonable prices.

Please note that volunteers are needed on the day of the sale; if you can help please contact ThaiCraft on 391 6018.

Crossword

It's Back !



Clues

Across

- 1 & 4 Call his sum wrong - they were popular places of entertainment.
 10 Push it to make progress.
 11 Donated a pound for a hammer.
 12 More in the movie scene?
 13 Be sorry to loose the King at the start but get the bird....
 14and lose the beginning of fear to make a mistake.
 15 Employ a little girl somehow!
 16 Kind of party where gangster guns are back.
 17 We hear they are members - for charity.
 19 Part of the circle.
 21 Passes on the crew?
 23 The best on top.
 24 Limp around a direction to force.
 25 Con is around for a branch.
 26 Are here.
 27 "Go Les" - somehow he gives amorous glances!
 28 Will said all the world was one.

Down

- 2 Not sitting on - just comprehending.
 3 I lent in confusion and got a bight.
 5 A strong wind tossed around the plant life.
 6 Where journeys traditionally end. (6,7)
 7 Go to town on one!
 8 Stop the car a mix-up is a disaster.
 9 Flower girl.
 18 "The _____, the sport of Kings." (Sommerville)
 20 About times to hit.
 22 Carol on a note and scorch....
 23and cut another note on the port side.

Radio Daze

The Surawong Room was transformed in July when the Bangkok Community Theatre performed songs, dances, comedy sketches

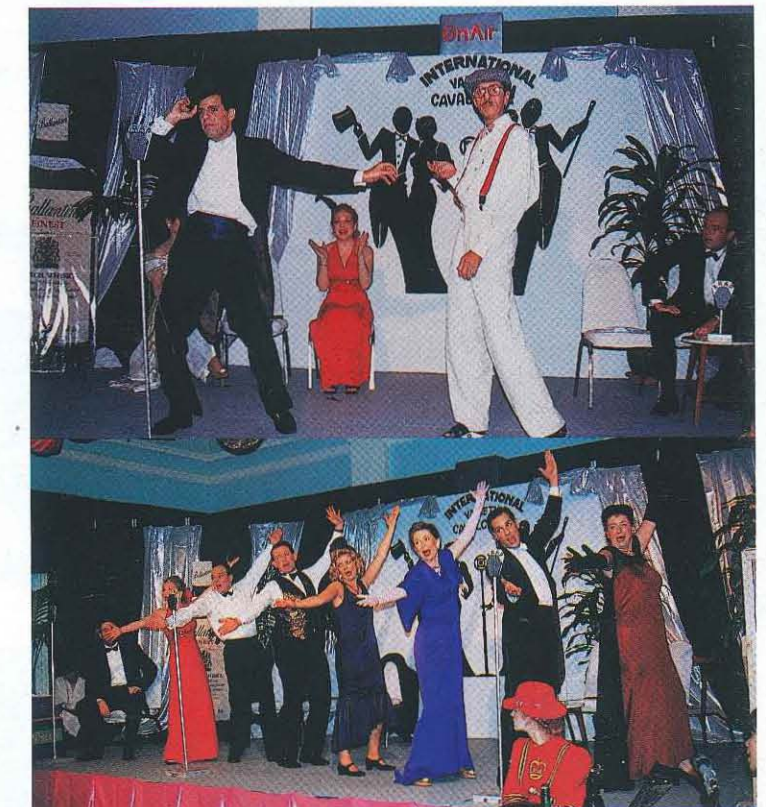


and even commercials for their mid-year dinner-theatre production, a live 40's style radio variety show called "Radio Daze". The cast of 17 played to packed houses on both nights, with extra seats squeezed in on both nights to meet demand, and on Friday night the audience stamped and cheered at the end of the show until the cast came back for an encore. On the Saturday night the cast played on in the dark, undaunted when the power went off on two separate occasions! That night the show was attended by the British Ambassador, Sir James Hodge, and his wife Frances, who went backstage after the show to congratulate the cast.

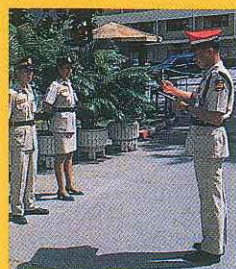
The show included tap dancing, cross dressing, a murder mystery, an audience participation game show, the shipping forecast, 'French for Beginners', 'on the spot' interviews and much more. The commercials were mostly spoofs of **Allied Domecq** brands, as they had sponsored the event. The 'live' sound effects team used a variety of props and contrap-

tions, sometimes with dire and very funny consequences, especially the explosion and the fire! The audience were 'warmed up' and encouraged to applause, laugh, cheer and whoop on demand when cued by the 'applause' girls - and they didn't let us down!

Angela Mitchell



Security



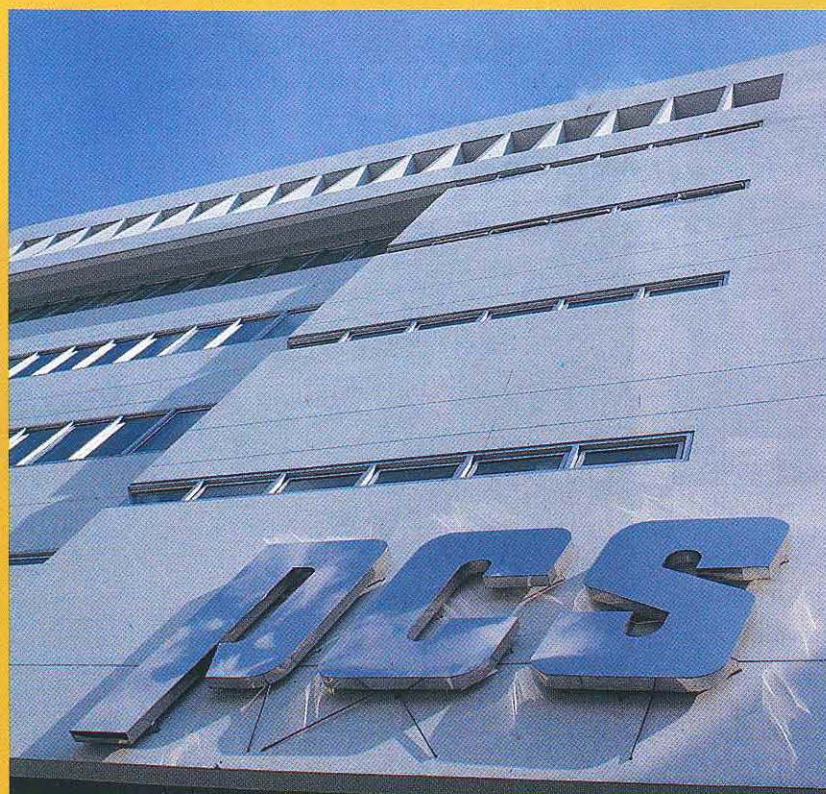
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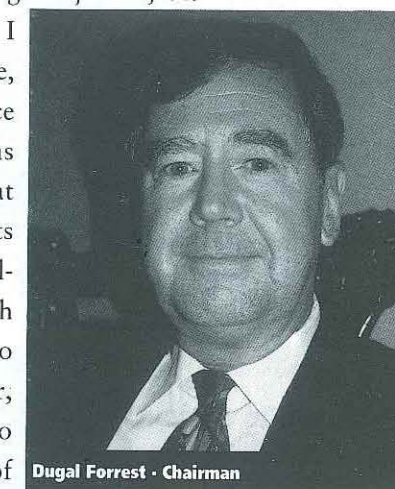
234 Soi Sukhumvit 101 (Punnavithi), Sukhumvit Road, Bangchak, Prakanong, Bangkok 10260
Tel: 741-8800 (Automatic), 741-8810 (Operator) Fax: 741-8062-63

From the Chairman

At the time of writing this report, the Club has just held perhaps its most popular Food Promotion so far. This was the Australian Food and Wine Promotion organised by Barry and his staff together with Chris Jones of Allied Domecq. Lords was full for this event, which was attended by the Australian Ambassador, Mr Cavan Hogue, and the newly appointed Canadian Ambassador, Mr Bernard Giroux and his wife Marjolaine. By all accounts it was a most successful and enjoyable evening. Barry is planning some more food promotion nights in the months to come so if you've missed them so far, make a special effort to attend the next one, you won't be sorry. I had the pleasure recently of witnessing some of our juniors playing tennis during a Sunday competition and I must say it was quite something to watch. It is very rewarding to see our youngsters playing so keenly and so well, a credit to them and, of course, to those who have taken the interest and trouble to encourage them and arrange everything. I understand that Squash, too, is planning something similar which is good to know and, of course, our Swimming Section is being brought back to life so hopefully the Swimming Gala, which always proved so popular with parents and children alike, will soon become a regular event at the Club again. We are, after all, a family Club and it is vital not only to satisfy the needs of our existing membership but also to attract future members that we try very hard to cater to the interests of the youngster as well as those of the adult. Certainly we are a long way from the rather stuffy and unwelcoming Club that I joined way back when but there is always room for improvement, so if anyone has any views on how we may possibly further enhance the

attractiveness of the Club to young and old alike, please do not hesitate to bring your ideas to management or the General Committee. A reminder that the next New Members' Night is to be held on Monday 6th. If you can find the time, do come along and join in, it is a very sociable evening. I should also mention here, since it will be taking place before November's issue has reached many of you, that the Club will be holding its usual Guy Fawkes Night celebrations early next month (Sunday 9th November to be exact) when, remember, the Club is closed all day to anyone not in possession of a ticket to the evening's event. I make mention of this since, as many of you will know, we have to introduce some fairly strict rules and regulations to ensure the safety of the evening as much as is possible, the selective closure of the Club, of course, being one of them. Full details of these will, of course, be announced in due course but I should like, here, simply to remind everyone that they are necessary and to ask that they are followed to the letter and without dissent to ensure that the evening proves enjoyable and safe for all who attend.

There are, of course, many many more activities which will take place between now and the end of the year. Do take advantage of these as and when they come along. They are, after all, designed with you in mind!



Dugal Forrest - Chairman

Dugal Forrest
Chairman

British Club General Committee



**Dugal
Forrest**



**James
Young**



**Phil
Evans**



**Bernie
Adams**



**David
Henton**



**David
Turner**



**Ian
Webb**



**Mike
Lamb**



**Colin
Hastings**



**James
Woodford**

— The Committee is: —

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James Young	Vice Chairman/Sport T. 714 9040 F. 714 9039
Phil Evans	Treasurer T. 246 8844 F. 645 3400
Bernie Adams	Club Development T. 674 0810-1 F. 210 2332
David Henton	Club Development T. 254 6819 F. 254 4849
David Turner	Sponsorship T. 279 1234 F. 279 1234
Ian Webb	Membership T. 656 8378-9 F. 253 9500
Mike Lamb	Sport/Sponsorship T. 237 0777 F. 237 0780
Colin Hastings	Club History T. 240 3700-9x1511 F. 240 3843
James Woodford	T. 326 0660 F. 326 1123

— Club Staff —



**Tom
Bain**

General Manager



**Barry
Osborne**

Operations Manager

If you have any questions about the British Club or if you have any suggestions, please call any of the Committee Members above or the General Manager on 234 0247

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