

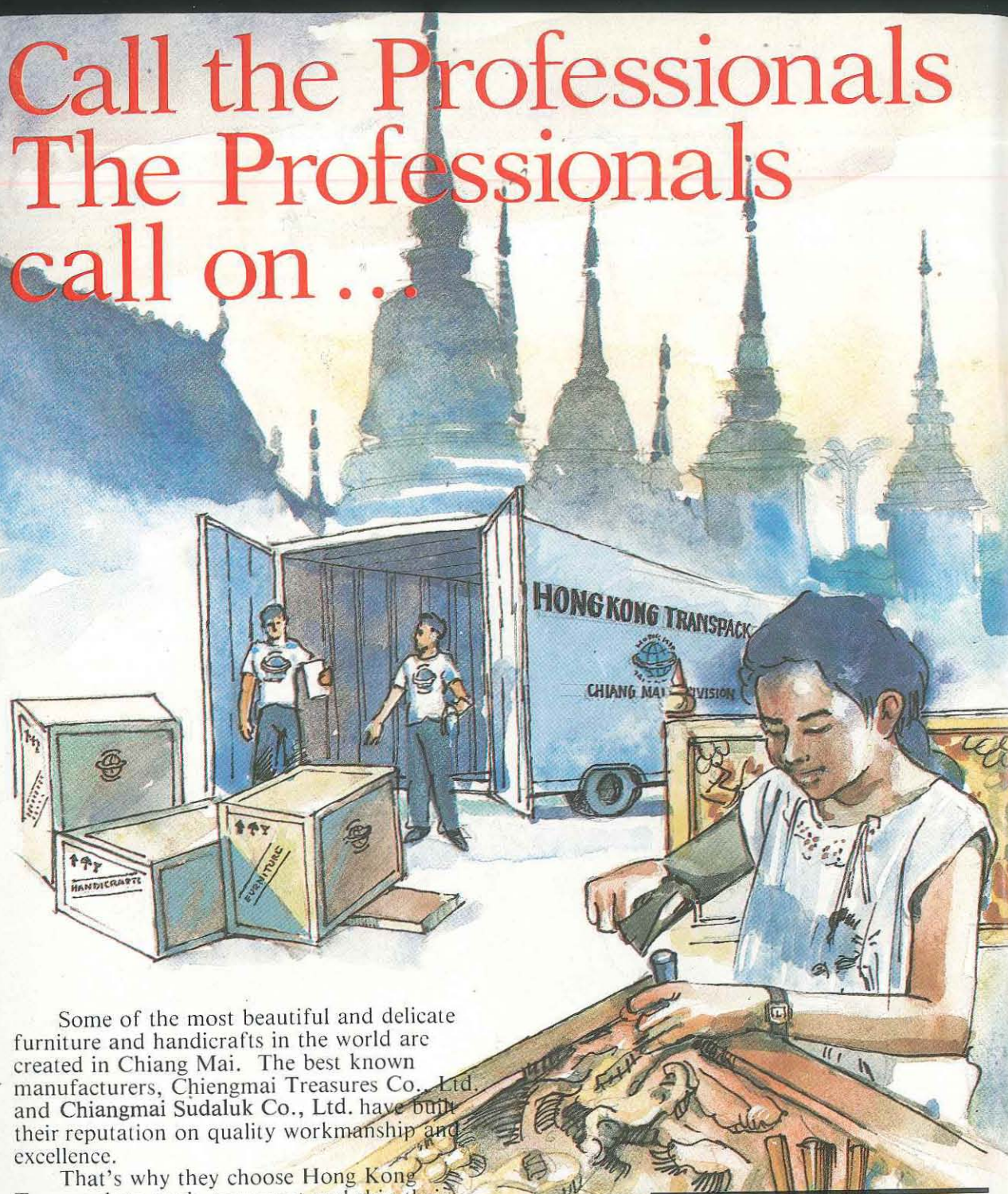
OUTPOST

MONTHLY MAGAZINE OF THE BRITISH CLUB

NOVEMBER 1986



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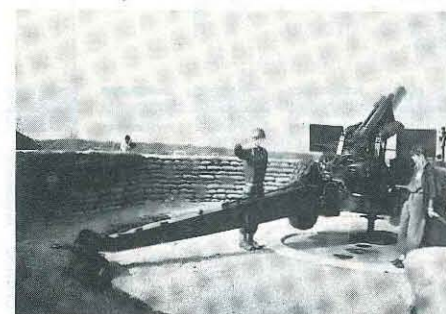
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THE BRITISH CLUB

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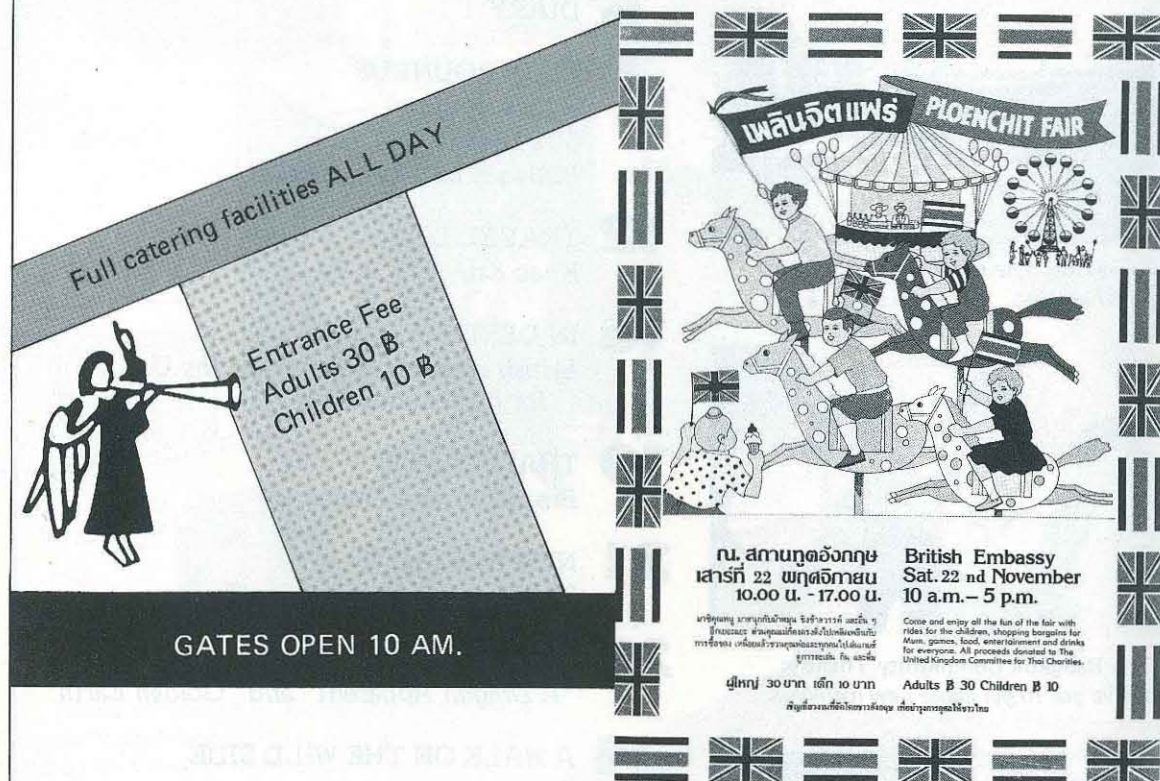
Ploenchitr Fair

Fun For All The Family

The British Embassy, Saturday 22nd November 1986

Wonderful bargains, side shows, Treasure Island. Big Raffle with dozens of wonderful prizes. The Ferris Wheel and Videos for the Children and lots more.

A super day where all proceeds go to Thai Charities.



Full catering facilities ALL DAY

Entrance Fee
Adults 30 B
Children 10 B

GATES OPEN 10 AM.

น. ลามกุดอังกษ
เสาร์ที่ 22 พฤศจิกายน
10.00 น. - 17.00 น.

British Embassy
Sat. 22 nd November
10 a.m. - 5 p.m.

ผู้ใหญ่ 30 บาท เด็ก 10 บาท

Adults B 30 Children B 10

Prizes galore to be won in this year's Ploenchitr Fair Grand Raffle. Top Prize: — a trip for two by British Airways, in Club Class, to LONDON.

The prize also includes 5 nights at the luxurious London Hilton Hotel.

Regular features of the fair include the old favourites: Granny's Attic, Treasure Island, Bingo, the Bottle Stall and the ever popular Castle Bakery.

Bobby's Arms will again provide a food stall, and the Fair wouldn't be the same without the Hot Dogs and the Crown and Anchor Bar.

Father Christmas will be beginning his Christmas festivities with lots of super gifts for the children.

The Ploenchitr Fair, organised by the U.K.C.T.C., raises funds for many deserving charities throughout Thailand.

FROM THE EDITOR

WHAT a lot of nice comments we've had on our new magazine. It would appear to meet with everyone's approval not to mention astonishment in some quarters. Most people were, however, surprised to learn that our new super-duper magazine costs about the same as our old one. But with our new look and our new staff member responsible for advertising — big hand for Kristeen Chappell — we are now generating profits.

This has to be one of the busiest months of the year with Loy Kratong, Ploenchit Fair and St Andrews keeping everyone on their toes but hopefully you'll find a spare moment to dip into your magazine. The photographs were well received last month and people are now beginning to put names to familiar Club faces. Could writers please remember to caption their photos eg, Rugby's "Gramond thrills the crowds" or at least name the people concerned.

Photographs will be returned after printing. They will be placed in an envelope with the sender's name on and pinned to the notice board.

Thank you to whoever sent in our new motto.

GOD MADE MAN
AND RESTED
GOD MADE WOMAN AND
NOBODY'S RESTED SINCE

We rather like it!

Anne Stuart

DIARY

NOVEMBER

Sat 1	Cricket Practice (weather permitting) Dinner Video	2.00pm 6.00&8.00pm
Sun 2	Cricket Practice (weather permitting) Buffet Supper	10.00am from 6.00pm
Mon 3	<i>British Women's Group Mahjong, Wordsworth Room</i> Ladies' Tennis New Members' Night/Happy Hour <i>Museum Volunteers Lecture at Alliance Francaise</i> <i>"The Art of the Bangkok Period" by Ruth Gerson</i> St Andrew's Dance Practice	9.00am 3.00-5.00pm 5.30-9.00pm 6.30-7.30pm 7.00pm
Tue 4	Ladies' Golf. Tel: Mo Harris 258-5603 Yoga Ladies' Squash Bridge	8.30-10.00am 9.30am 7.30pm
Wed 5	<i>British Women's Group Bridge, Wordsworth Room</i> Cricket Practice (weather permitting) Tennis & Squash Club Night	9.00am 4.45pm from 6.00pm
Thu 6	Ladies' Tennis	8.30-10.30am
Fri 7	Yoga <i>Bangkok Community Theatre presents "NOISES OFF" at the Alliance Francaise</i>	8.30-10.00am 8.00pm
Sat 8	<i>Children's Morning at the Neilson Hays Library</i> Cricket Practice (weather permitting) Guy Fawkes Celebration <i>Bangkok Community Theatre presents "NOISES OFF" at the Alliance Francaise</i>	10.00-11.00am 2.00pm from 3.00pm 2.00pm&8.00pm
Sun 9	<i>Bangkok Community Theatre presents "NOISES OFF" at the Alliance Francaise</i> Cricket Practice (weather permitting) Buffet Supper	7.00pm 10am from 6.00pm
Mon 10	<i>British Women's Group Mahjong, Wordsworth Room</i> Ladies' Tennis Happy Hour <i>Museum Volunteers Lecture at Alliance Francaise</i> <i>"Thai Temple Compound and Mural Painting" by Eileen Deeley</i> St Andrew's Dance Practice	9.00am 3.00-5.00pm 5.30-9.00pm 6.30-7.30pm 7.00pm
Tue 11	Ladies' Golf. Tel: Mo Harris 258-5603 Yoga Ladies' Squash Bridge	8.30-10.00am 9.30am 7.30pm
Wed 12	<i>British Women's Group Bridge, Wordsworth Room</i> Tennis & Squash Club Night Cricket Practice (weather permitting)	9.00am from 6.00pm 4.45pm
Thu 13	Ladies' Tennis <i>B.A.M.B.I. Meeting</i> <i>Opening of an Exhibition of Etchings at the Neilson Hays Library</i>	8.30-10.30am 9.00-11.00am 5.30-7.30pm

Fri 14	Yoga	8.30-10.00am
Sat 15	<i>Hilltribe Sale, International School, Soi 15</i> Cricket Practice (weather permitting) <i>Loy Krathong</i> <i>Ikebana Exhibition, 4th Fl. Peninsula Plaza</i> Dinner Video	9.30-12noon 2.00pm 6.00&8.00pm
Sun 16	Cricket Practice (weather permitting) <i>Ikebana Exhibition, 4th Fl. Peninsula Plaza</i> <i>British Women's Group Mahjong, Wordsworth Room</i> Buffet Supper	10.00am 9.00am from 6.00pm
Mon 17	Ladies' Tennis Committee Meeting Happy Hour <i>Museum Volunteers Lecture at Alliance Francaise</i> <i>"Ceramics Ban Chiang to Bangkok"</i> St Andrew's Dance Practice	3.00-5.00pm 5.30-9.00pm 6.30-7.30pm 7.00pm
Tue 18	Ladies' Golf. Tel: Mo Harris 258-5603 Yoga Ladies' Squash Bridge	8.30-10.00am 9.30am 7.30pm
Wed 19	<i>British Women's Group Bridge, Wordsworth Room</i> Cricket Practice (weather permitting) Tennis/Squash Club Night	9.00am 4.45pm from 6.00pm
Thu 20	Ladies' Tennis <i>British Women's Group Luncheon at the Ambassador Hotel</i> Tel: Jean Parrott 258-0680	8.30-10.30am
Fri 21	Yoga	8.30-10.00am
Sat 22	<i>Ploenchit Fair in British Embassy Compound</i> Cricket Practice (weather permitting) Dinner Video	10.00am-5.00pm 2.00pm 6.00-8.00pm
Sun 23	Cricket Practice (weather permitting) Round Robin Tennis Tournament Buffet Supper	10.00am from 2.00pm from 6.00pm
Mon 24	<i>British Women's Group Mahjong, Wordsworth Room</i> Ladies' Tennis Happy Hour St Andrew's Dance Practice	9.00am 3.00-5.00pm 5.30-9.00pm 7.00pm
Tue 25	Ladies' Golf. Tel: Mo Harris 258-5603 Yoga Ladies' Squash Bridge	8.30-10.00am 9.30am 7.30pm
Wed 26	<i>British Women's Group Bridge, Wordsworth Room</i> Cricket Practice (weather permitting) Tennis & Squash Club Night Last St Andrew's Dance Practice	9.00am 4.45pm from 6.00pm 7.00pm
Thu 27	Ladies' Tennis	8.30-10.30am
Fri 28	Yoga St Andrew's Ball	8.30-10.00am
Sat 29	Cricket Practice (weather permitting) Dinner Video	2.00pm 6.00&8.00pm
Sun 30	Cricket Practice (weather permitting) Buffet Supper	10.00am from 6.00pm

NOTE: Non-club events are in italics

CLUB ROUNDUP

E.G.M. REPORT

1. Special Resolution concerning Female Membership

After a relatively short debate with the majority of speakers in favour of the resolution a vote was taken and the motion carried with 120 votes for and 20 votes against.

In order for this rule change to be ratified a further E.G.M. will take place on Tuesday 2nd December at 7.00 p.m. It is necessary for the motion to be passed by a two thirds majority so please make the effort to attend.

2. Ordinary Resolution concerning Absent Membership for Associates

After a brief justification by J. Dunford and a few queries from the floor a vote was taken and the motion passed unanimously.

3. Ordinary Resolution concerning Scale of Fees

After a long and varied debate with arguments for all points of view, including the view that the rises were not enough, a vote was taken and the motion passed with 115 for and 16 against.

4. A.B. Ordinary motions proposed by seven members demanding action by the committee to reduce losses by reducing services and selling club property as well as an undertaking that the committee propose no further subscription increases until such time as loss reducing measures are instigated

After a long debate including many points of order and queries, a vote was taken. The motions were NOT carried as there was a majority vote against.



"Let's be realistic. Are we all going to try to keep this party afloat, or should we just go home and forget it?"

60's Night



A PALER SHADE OF WHITE

Last month's po'm was so much fun
I thought I'd write another one
The subject though was far from sight
'til I remembered 60's night

Remembered! How could one forget
The eve when all the hippies met
And mingled wth the mini-skirts
And all those great Hawaiian shirts!

The crowd on't right with bemused grin
Sat and watched 'em coming in
David Hall with wig unsteady
And Telly looking very heady

Sriwan's boob tube seemed to slip
And ended up around her hip
Our Dugal with his beaded chest
Bopped and swayed there with the rest

D.J. Alan played away
The greatest music of our day
With headphones on and eyes shut fast
He felt the wham of Klosters blast

From I.S.B. the Mods revival
Came with Mr. Geary
Was it really all in practice
As they thought in theory?

They stomped away black hat and Parker,
Specs and slicked back hair.
"Wild Thing" "Troggs" "Man, who is that?"
"Teacher, were YOU there?"

Rita, with our chairman close
Came in looking great.
Cor, Jack, to see you groove away
It's worth it, staying late.



The B.C.T. were there in style
With Kenda showing thighs, a mile
At least, of lithsome flesh
Encased in 30 denier mesh.
Vince and Gary and Dave, the lads,
Eyed up all the birds.
"Blimey" "cor!" "ere" "mm" "I say"
Can't print the other words!

Paitoon thank you for the dance
You're great, you really are
I'd never have guessed such talent lay
Right there behind the bar

The Ceilidh crew at midnight came
Les dressed up to the hilt,
D'you think he noticed Mrs. Sirr
Peering up his kilt?

At 3 o'clock we staggered home
With many a befuddled brain
And aching knees and thighs as well
But with one thought in the main

Such fun was had by all of us
Let's do it all again!

Birling is bad for the health

BIRLING is bad for you! It ought to be accompanied by a Government health warning. It can seriously damage your health. And this is the worst time of the year for it.

No, it is not the outbreak of the latest form of foulpest. It is dancing. Just guid (Scottish vernacular for "good") old-fashioned country dancing.

It is the sort of thing that Scotsfolk and Sassenachs will be doing this month — uninhibited dancing, where you twirl your partner and let her go.

It is the bit in the Dashing White Sergeant, Gay Gordons, Strip the Willow, or the Eightsome Reel — especially the eightsome — where a Scotsman hitches his kilt, gets a good grab on his partner, and goes into an insane twirl.

And according to a medical man, writing in the latest edition of the medical journal the Lancet, this is where the trouble starts.

The prophet of doom in the Lancet, Dr Peter McWilliam, even admits to being an exile from north of the Border, now living in Loughborough.

He tells the tale of a lady of middle years in Edinburgh whose partner lost his grip during an eightsome. She spun across the floor, colliding in turn with a chair, a table and the wall.

She suffered heavy bruising to her legs and bottom and a cracked collarbone.

Dr McWilliam says: "To add insult to injury, her husband just carried on dancing."

But, of course, what else would a Scottish Highland dancer do? There's always another partner.

This levity does not go down too well with the members of the Edinburgh Dancing Society — the high priests of Highland dancing performance.

"That sort of thing just does not happen in a properly performed dance," said a spokesman.

An official of the more robust London Caledonian Society said: "The man is nothing more than a Sassenach."

"Of course, there is a slip now and again when the dancing gets going and there has been a wee dram or two. But it's never serious."

TRAVEL LOG

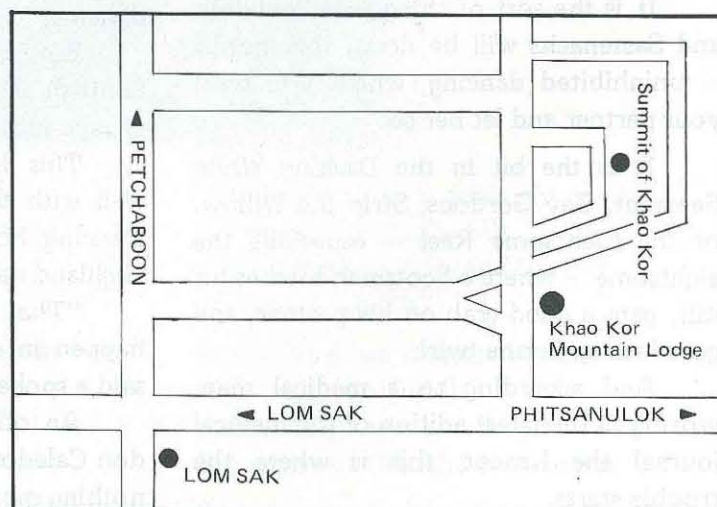
Khao Kor

IMAGINE a spot where you look down from a mountain top on to valleys filled with morning mists, spend warm days walking in quiet woods, hiking on rolling hills or splashing in sparkling waterfalls. At the end of the day you are relaxed and ready for a delicious dinner of fresh Thai food and a cool evening of stargazing.



A view of the outlying area around Khao Kor.

All this and more can be found at Khao Kor. Until 1981 the Khao Kor region of Petchaboon Province in North Central Thailand was a stronghold of the Communist Party of Thailand's guerrilla forces and the scene of serious fighting. The war caused heavy loss of life, severely damaged the ecology of the area and effectively cut the region off from the rest of the country. Although the insurgents are gone now and the area is secure, it remains a fascinating "living museum" of the recent



(This is only diagrammatic — the roads are not straight!! It is better to reach the hotel from the Phitsanulok Road rather than the road from Petchaboon.)

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*offer to bid basis with
gross dividends reinvested 27.9.85 to 25.9.86*

conflict. It is also the setting for a unique and comprehensive programme of resettlement and development, which is helping Khao Kor to realise its social, agricultural and economic potential.

The Khao Kor Mountain Lodge is one facet of this enlightened effort and it is also a simply delightful retreat. The Lodge is a small rustic hotel in a garden setting on top of Khao Kor mountain. It was opened in 1983. The construction of the simple buildings and furnishings has been done with natural materials for the most part, complementing the surroundings. There are 16 large and comfortably furnished double rooms each with full bathroom and patio. Complete a la carte service is available from a covered open air dining room offering views of the mountainside, trees and farmers' fields.

The climate at Khao Kor is mild and pleasant, even cold, during the cool season months of December and January.

The area has fine waterfalls and other natural attractions but perhaps the most interesting is related to its recent history. Eleven kilometres from the



A monument in memory of the soldiers who gave their lives to free Khao Kor.

Lodge is an important monument commemorating the people who gave their lives in the struggle to free Khao Kor. There is also a war museum showing battle plans and equipment used during the battle.

A zoo is also being started, although it is not very large at the moment. Local guides and transportation are available for hire to see these and other sights. It is probably worthwhile hiring transport because the roads are very steep and some are only dirt tracks.

The Khao Kor Mountain Lodge is located 400 kms north of Bangkok

along the Ban Na Ngua or Lom Sak route. A double room costs 450 baht per night (extra bed 100 baht) inclusive of government tax and service charge but is subject to change. Children under 12 stay free. Reservations must be made at least seven days in advance and can be made in Bangkok at the New Imperial Hotel, reservation desk, 252-8070-7.

All profit made by the Khao Kor Mountain Lodge is used to support health, agriculture and community development projects in the region.

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your investment would
have grown to US\$11,120**

*offer to bid basis with
gross dividends reinvested 27.3.86 to 25.9.86*

British students returning to the U.K. for higher education

ONCE upon a time, if one was British and had children who were sufficiently gifted to achieve University entrance, the financial problems were minor – in general both fees and maintenance grants were readily obtainable.

However, for those of us working abroad, there have been a series of regulations introduced which make the matter more complex and potentially expensive. There are a number of factors which have a bearing on the individual situation:

a) The distinction between paying fees as a Home Student and an Overseas Student. Decisions on individual students' fee status at British universities, polytechnics and colleges are made by the institutions and local authorities concerned, who interpret the Regulations in the light of each student's own particular circumstances. In fact there has been a deal of luck involved here. Parents of children in E.E.C. countries have found that in most cases they have been accepted as Home Students for fees: and about 50% have also managed to secure maintenance grants.

– Outside the E.E.C. countries the picture is worse. Some students have managed to achieve home status in respect of fees, very few have received maintenance grants.

b) Maintenance Grants:

The important factor for this (as well as for fees) for parents outside E.E.C. countries, is the nature of the parents' contract of employment, rather than the duration of residence abroad. It is essential for parents when making applications, to stress the temporary nature of their employment abroad. Students whose parents are employed by U.K.-based companies on fixed-term contracts should find acceptance as home students and be awarded maintenance grants. Parents who cannot convince institutions and local education authorities that their employment is temporary are unlikely to obtain home status for their off-spring. It may be noted that the Regulations do not indicate any maximum number of years abroad as acceptable (there has been a common rumour that seven was the magic number).

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The fund's offshore location allows it to pay all returns to investors gross. Charges are 2½% at entry (included in the offer price) and ½% per annum thereafter. Minimum investment: US\$3,000 or the equivalent in any major currency.

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A copy of the prospectus and application form (on the sole basis of which an investment may be made) is enclosed. Past performance is no guide to the future and investors should be aware that the price of units can go down as well as up.

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*Accumulation units on an offer to bid basis 27.9.85 to 25.9.86.



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c) There is a wide-spread belief that owning property in U.K. gives one automatic acceptance for a full Home Student allowance. This is not so according to the Regulations. Neither does the fact of the child having been educated in the U.K. Private School System. However, from surveys of individual success stories made by the European Council of International Schools, it was clear that such factors did influence individual Local Education Authorities. It was also apparent that, in individual cases, helpful factors could be the recommendations of the specific University or Polytechnic and the determination of the parents in persisting with their applications.

There is, of course, one guaranteed method of getting the full package. If you have a house in U.K.: divorce your wife (pro. tem.) plus give ownership of the house and alimony and she will be fully entitled to all the due allowances. (This does involve the inherent draw-back that she may find that she prefers this mode of existence.)

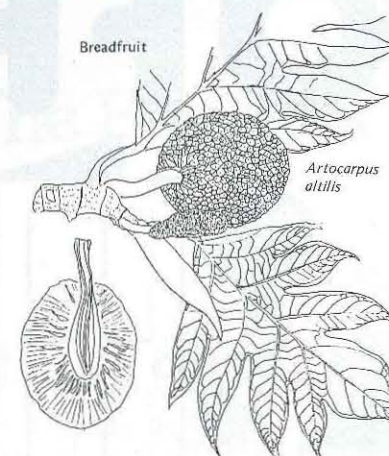
Footnote: The applicable government regulations are: Education (Fees and Awards) Regulations (1983) and Education (Mandatory Awards) Regulations (1984). They are written with all the pellucid clarity one has learnt to admire in official legal statements.

D.D. Lawson



"I'm sorry, but Mr. Barclay is not putting up with people like you anymore."

THAI PLANTS



B READFRUIT are a staple food of the peoples of Polynesia and it was probably there that the tree originated. It is now widespread throughout the tropics, used both as a source of food and as a garden ornamental: those huge, dark green, leathery leaves and large elliptical fruit are quite unlike those of any other tree.

The tree has its place in history: by the late 18th century, descriptions of the fruit had reached England. Plantation owners in the West Indies hoped that the tree might provide a food crop for their slaves as a type of bread may be made from the fruit. The British Government sent a ship, the *Bounty*, to Tahiti to collect seed and samples, but on the return journey Captain Bligh's crew mutinied. A second expedition was less eventful and the tree reached the West Indies in 1793.

Breadfruit may be served as a vegetable – it contains 20% carbohydrate, slightly more than potatoes. It is cooked by boiling, baking, frying or roasting either

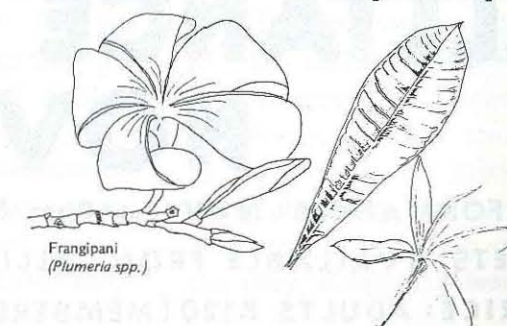
with or without the rind (which is not eaten). Soups and biscuits are also made. In Thailand breadfruit is eaten as a dessert fruit with sugar after peeling, slicing and boiling. Apparently some people are allergic to breadfruit and it may cause a rash.

The tree has other uses: the latex which exudes from all parts may be used for caulking boats; the bark fibre is used and the leaves are sometimes fed to livestock. The fruits do not keep for more than a few days, so there is only limited trade.

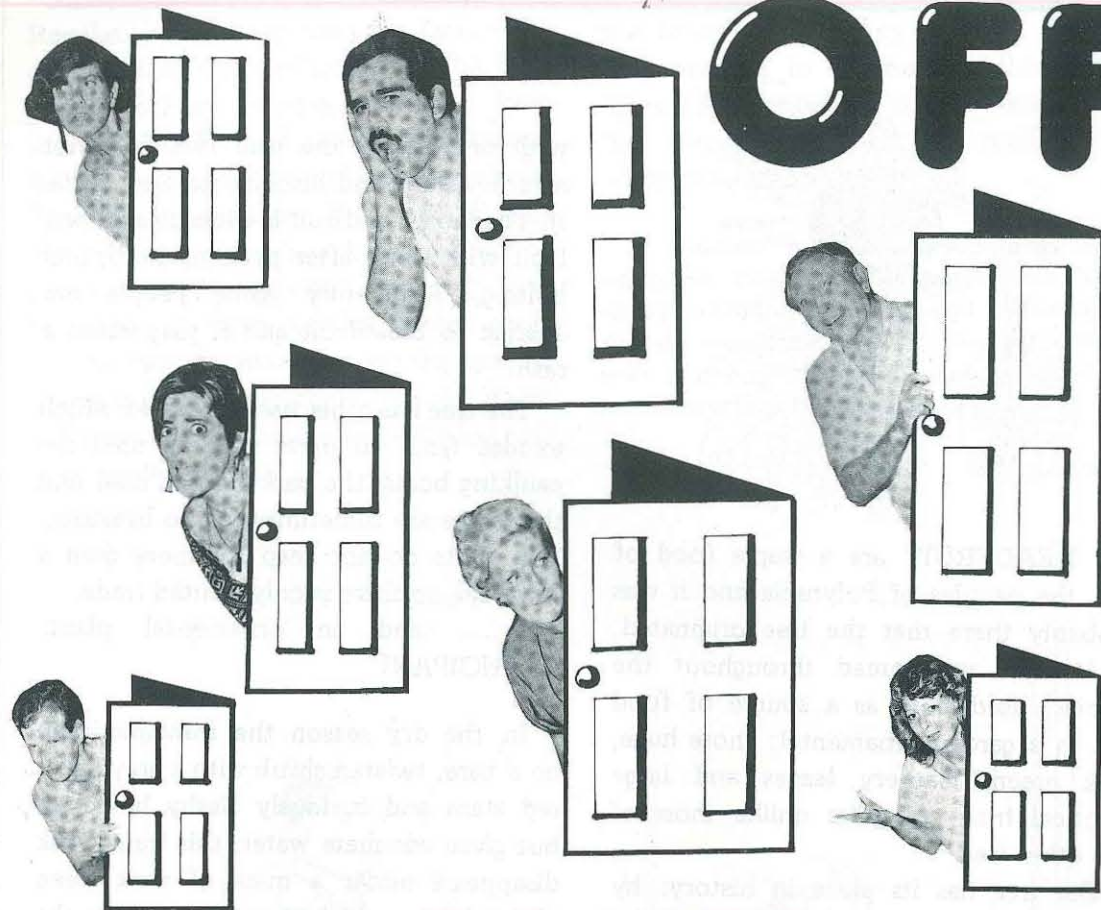
..... and an ornamental plant: FRANGIPANI

In the dry season the frangipani can be a bare, twisted shrub with a grey knotted stem and curiously fleshy branches; but given adequate water, this framework disappears under a mass of dark green glossy leaves which grow in spirals at the the branch ends. The five-petalled flowers, heavy with fragrance, fall quickly but make a pretty display for an evening if kept in water. A hardy plant, resisting salt sea breezes and urban pollution.

Jacqueline Piper



NOISES OFF



A COMEDY

BY THE BANGKOK COMMUNITY THEATRE

DIRECTED BY DAVID HALL.

PRODUCED BY KENDA HARRIS & LINDSEY BARLOW.

ALLIANCE FRANCAISE

NOV 7-9

PERFORMANCES: NOV 7 at 8pm, NOV 8 at 2pm & 8pm, NOV 9 at 7pm.

TICKETS AVAILABLE FROM ALLIANCE FRANCAISE AND ASIA BOOKS

PRICE: ADULTS B120 (MEMBERS B100), CHILDREN/STUDENTS B80

NEW HORIZONS

The Bangkok Community Theatre

PLEASE TAKE YOUR SEATS!

ONE of the worst moments of my life was watching the set designer, up a huge ladder, sawing a piece off the "Cinderella" set, five minutes before we were due to open.

One of the best moments of my life was sitting out in the audience watching the Opening Number. The relief after three months' hard slog and the pride of watching friends giving it their all was indescribable. Flitting from the on-stage illusion to the backstage chaos was pure magic. THAT'S Showbiz!

Most people believe you have to be an actor to join the BCT but this couldn't be further from the truth. In every society there is always the lunatic fringe and in Bangkok we are fortunate to have some extremely talented people



A decostumed bear Peter Almerien (kneeling).

who never seem to tire of the gruelling rehearsal schedules. So why do they do it? Because it's fun!

To an onlooker this must equate with banging your head on a brick wall or trying to get Vince Swift to hurry. But the putting on of a production is an enormous catalyst for human endeavour. The mad, frantic rush involves an incredible amount of people and talents.

Except for Pantomimes,

where we all have to double up through lack of numbers, every actor on stage needs three people backstage.

It's all about teamwork. The Actors and Director form one team, responsible for the interpretation of the script and their performance. The Producer forms another team to take care of everything else. This can be a huge team depending on the play. Within this team

there are lots of smaller teams taking care of individual areas such as designing and building a set, finding and placing props, designing and making costumes, makeup, scene shifting, programme designing and selling, posters, tickets, lighting, sound.

There is always a Stage Manager who takes over and runs the performances, co-ordinating all the teams into a cohesive body. And the nicest part is that these jobs change with every production. It's like an enormous game of "musical chairs" — The "This time you can be Stage Manager and I'll do props" syndrome.

The average human is more versatile than he or she ever dreamt of and in Theatre gets the chance to test this theory to the hilt. Productions usually span an eight to ten week period with a mad two-month scurry leading to a ten-yard dash in the last week. This intensity brings its own surprises. The whole team parts company as long lost friends. No dress rehearsal is ever anything more than total disaster. That the play ever opens at all brings an enormous sense of achievement for all concerned.

This giving of blood



The set.

may seem a pointless exercise but the satisfaction is tremendous. As in war-time, humour knows no bounds and the worse the situation the better the jokes.

So how do you join in this fun-filled menagerie? It really couldn't be easier — getting out is the hard part. Half the British Club already belong so ask one of them to bring you along to Club Night. These are held on the first Thursday of every month at U.S.I.S., next to Citicorp on Sathorn Road. We meet for a drink, a gossip and to sort out the next production. There is always some kind

of entertainment laid on for those who wish to participate. Its amazing how often the "I'll never get on a stage"ers turn into "Well maybe just this once"ers and are soon tripping the Boards with the best of them.

Current conspicuous British Club cum BCT members include our illustrious Chairman and Superstar Jack Dunford, David Hall (BCT Chairman) and newest recruit Vince "I'm much faster now, honest" Swift. If they can't be found then write to our Membership Secretary at P.O. Box 1279, Bangkok.



The Baillies in make-up + Miss Muffet (before).

WELL WORTH READING

"A Dragon Apparent" and "Golden Earth"

BY NORMAN LEWIS (ELAND PRESS)

NORMAN Lewis began his travels in S.E. Asia in 1950, well aware that the world that existed here then was soon to vanish. He had no inkling, of course, of the eventual Vietnam War, but instability was clear: the French, already harassed, were soon to leave; rebel groups of many persuasions held pockets of country, eccentric leaders kept fragile control — for example, the hunting-crazy Emperor Bao Dai add the "Cao-Daoist Pope" who headed a sect which acclaimed such "saints" as Victor Hugo.

Despite almost overwhelming difficulties of transport and language, Lewis succeeded in travelling to areas theoretically unreachable or out of bounds, either by hitching rides in military transports or, more often, in "convenient" passing trucks with major mechanical faults. He accustoms himself to many of the hazards of these vehicles, but admits of a decrepit post-wagon "the sudden opening of the doors as we took corners continued to surprise". The twin spectres of man-eating tiger and trigger-happy bandit were always just ahead of him on the road, but were somehow always sidestepped: the military convoy is attacked just after he leaves it, the villager is eaten just before he arrives. Only the heat-induced lethargy of Laos eventually slows him down.

Anyone with an interest in the recent history of the region will find these two amusing and beautifully written books enthralling. Lewis describes the rigours of travel, his meetings with rebels and the beauty of the still-unravaged

landscapes with their teeming wildlife (he has a special interest in birds). He also recounts the swan-like grace of Vietnamese women on bicycles, the less agile performance of middle-aged "heavenly dancers" at Angkor Wat, and the semi-putrid sauces of many execrable meals. His contacts with local peoples and with wild occupying French soldiers (often curiously nostalgic for war-time Britain) are frequently funny, sometimes sad, and sometimes mysterious.

Unlike some travel writers, Lewis succeeds in communicating the heat, the humidity, the smells and that sudden loss of equanimity brought on by strange noises in the jungle night. He also provides a succinct assessment of political machinations and a sympathetic appreciation of national religions and cultures. He had obviously researched his material carefully before starting the journey, and the result is very entertaining reading.

"A Dragon Apparent — Travels in Cambodia, Laos and Vietnam" (reissued in 1982 and reprinted since) brings back to life a series of tribal and national cultures now probably lost: the Mois, M'ongs, Chams, etc. The Burma is recognisable today. History has moved on throughout the region, but far from being outdated, both books provide valuable background to current events and are thoroughly readable accounts of S.E. Asia before the Vietnam War.

Both books available at Asia Books and/or Neilson Hays Library.

J.M. Piper

A walk on the wild side

NOT so long now to the cool season, the time of year we ask our friends and mothers-in-law to visit us, before tempers are frayed by the heat. So perhaps now is the time to start thinking up interesting itineraries to delight our visitors and to show them the "true face of Thailand" on a short stay. Having given some thought to this, I propose the following sites and spectacles of social and cultural interest — for some reason, they're not always mentioned in the guidebooks.

Traditional Thai building site

First, there must be a trip to a traditional Thai building site. Not difficult to find one: at least some of your expat friends will be currently enjoying this free entertainment, on offer 24 hours a day, as an 18 storey apartment block is erected next to their two-storey home. Building sites come in a variety of forms: there are those in progress (easily identified

by surrounding mud-flows and traffic snarls) and then there are those for which the money has run out — equally easily identified by decaying hoardings depicting a tower block graced by tall trees and elegant, sauntering pedestrians.

Some of the more recent traditional building sites use all sorts of modern devices: the light of arc welding vies with the lightning to light up the rainy midnight sky; there are great cranes and even maybe safety nets for falling workers (hardly sporting). Much more "typical" are those where the facade of an up-to-the-minute giant matchbox in the International style can be seen to be taking shape, twenty floors up, behind a thicket of bamboo and crooked timber scaffolding.

Old-style Bangkok traffic jam

The next essential visit for the keen tourist must be to a genuine old-style Bangkok traffic jam. La-

mentably these may be becoming less common (or maybe there hasn't been enough rain yet). If they die out entirely we'll all be deprived of the most reliable and acceptable excuse there is for poor time-keeping: "Sorry I'm late, but you know what Rama IV is like at this hour" occasionally varied with "I've never seen traffic like it before on Rama IV". A good jam encapsulates the realities of Eastern cities: dense populations (the cars really couldn't be any closer together), rising temperatures and increasing pollution as exhausts belch fumes and as air conditioning units start to fail. Then you notice your own thermostat creeping towards the red, at which moment the passengers in the truck in front awake on their soft bed of durians or plastic buckets and break into merry song, clapping together. Vendors surround your car, offering all the wondrous products of the Orient: roses and jasmine, dusters and flour bags.

Insight into the national character

Even if the traditional traffic jam does decline (it seems unlikely) we will retain, I'm sure, slow moving traffic at major junctions and this will always provide valuable insight into the national character, demonstrating the inherent caution and politeness of the Thai driver, who will exercise great self-restraint, long after his light turns green, so as to avoid endangering life in any straggler cars shooting the lights in the other direction.

Some traditional Thai restaurants

I'd also like to recommend some traditional Thai restaurants for your cool season visitors. Thailand, home of a great oriental cuisine, has also given the world other less well-known delicacies,

which your friends may like to experience: Thai goulash, for example, purveyed over the ages from a traditional site on Sathorn Road. Then there are typical Thai hamburgers, root beer and short stacks of sourdough pancakes. The original home of the best in fast food has gone on to extend its repertoire into an immense variety and the diligent host will see to it that these offshoots of the great tradition of Thai food are not overlooked. Only the dyed-in-the-wool conservatives would insist on taking their guests exclusively to restaurants which offer *Tom Yam Kung* of a thermal capacity sufficient to heat the Chao Phaya.

Thai records

Finally, don't forget to show your visitors some examples of an activity in

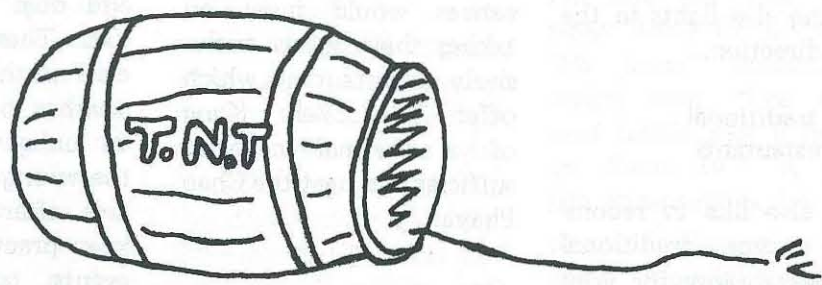
which Thailand competes with the world: getting into the Guinness Book of Records. In view of certain natural physical advantages it is perhaps surprising that "Record number of people in a phone box" is not a popular category, but then, public phone boxes can be perilous places here. Instead, the favourite categories seem to be: "Record load on a sam-lor" and "Record number of people on a motor-bike" — it seems you get extra credits for toddlers and dogs on the handlebars. There's also a subclass to this one: "Record number of policemen on an unlighted bike riding the wrong way on the bus lane after dark". To see keen practice for all these events, travel down any major thoroughfare in the rush hour.

J.M. Piper

CHILDREN'S CORNER

Guy Fawkes Day

PLEASE TO REMEMBER THE FIFTH OF NOVEMBER,
GUNPOWDER, TREASON AND PLOT.

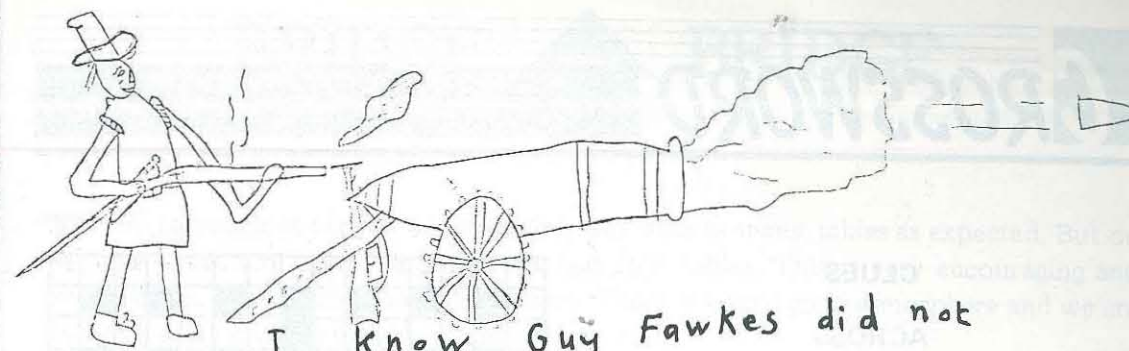


The gunpowder was to blow up the Houses of Parliament, on November 5th, 1605. It was treason, because the Catholic conspirators who planned it hoped to kill the king, James I, who would be visiting Parliament that day. James had ordered that Catholics should be heavily fined so they hated him.

Led by a rich gentleman called Robert Catesby, the plotters swore to keep the plan a secret. They asked a soldier, Guy Fawkes, to help them. He had been fighting with the Spanish army in the Netherlands, and knew how to use gunpowder. Catesby rented a cellar under

the Houses of Parliament and, working secretly by night, the plotters smuggled barrels of gunpowder into the cellar, until almost two tons of it was stored there. Guy Fawkes was left to guard the cellar. He laid a long fuse, which would take half-an-hour to burn so that he would have time to light it and escape before the explosion.

One of the conspirators, a man called Francis Tresham, was very worried because he knew many of his friends would be in Parliament on November 5th, so he wrote an anonymous letter to one of them, saying;



I know Guy Fawkes did not
have a canon but I wanted to draw one

'I advise you to devise some excuse not to attend this Parliament, for they shall receive a terrible blow and yet not see who hurts them!'

Because of Tresham's warning, soldiers searched the cellars and late at night on November 4th, Guy Fawkes was taken prisoner and the gunpowder discovered. Guy Fawkes refused to name the other conspirators, but Francis Tresham told the king all he knew and the conspirators were soon captured. All were hanged, including Guy Fawkes. Francis Tresham died mysteriously shortly afterwards – some say he was poisoned.

If you want to be a conspirator, here's how to do invisible writing. You need: a lemon or an onion

small bowl
knife
pen
paper

1. Squeeze the juice of the lemon or onion into a bowl.
2. Using the juice as ink, with a clean nib. Write a message on a piece of paper. Leave it to dry. As it dries, message will disappear.
3. To make the message reappear, heat the paper (you may need adult help for this).

How did Little Bo Peep lose her sheep?

She had a crook with her.

Where do you find the youngest soldiers?

In the infantry.

Doctor, doctor my little boy's swallowed a bullet. What shall I do?

Well, for a start, don't point him at me.

What 4 letters frighten robbers?

O I C U.



Next month the Children's Pages will be all about Christmas. If you have any Christmas jokes, puzzles or pictures, or ideas for making presents please hand them in to the Clubhouse receptionist by November 8th.

See you next month!!

CROSSWORD

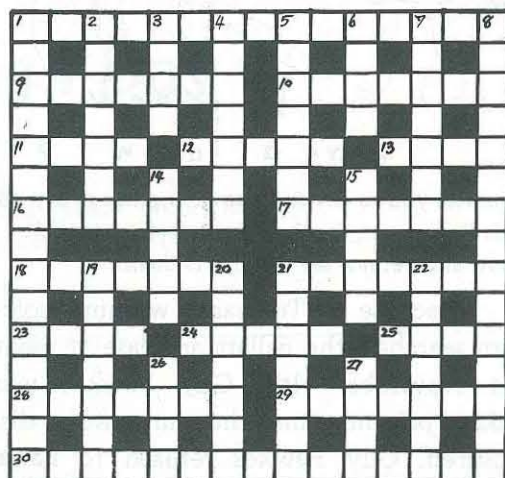
CLUES

ACROSS

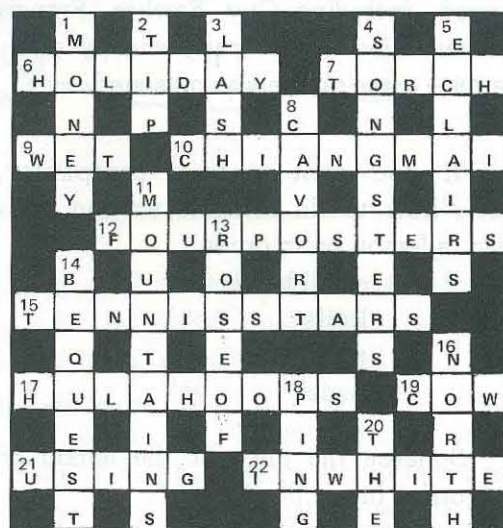
- 1 Please to remember it! (3 words)
- 9 They'll go up at 1 down.
- 10 Santa's helper in North America.
- 11 Hang about for a carol singer.
- 12 Night Watch.
- 13 Happy, short girl.
- 16 Ring nun in confusion but on the move.
- 17 Reach out for a spell in stir?
- 18 Dispossess a crazy VIP ruminant quadruped.
- 21 Where Archimedes said "Eureka!"
- 23 Place that sounds a spectacle.
- 24 Harvests — arranged for a weapon.
- 25 It's just the husks.
- 28 Hide the real confusion!
- 29 An Italian artist.
- 30 We all live in one, they used to sing. (2 words)

DOWN

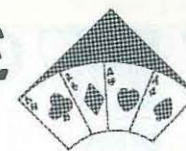
- 1 At the British Club, 8th November 1986 (2 words)
- 2 It's not a fact.
- 3 He, and little Edward, take notice.
- 4 Off ones food.
- 5 Exotic Thai beauties.
- 6 Close around to deserve.
- 7 Old Testament Bible makes a valuable little trinket.
- 8 Gather here for 1 down on 1 across. (3 words)
- 14 Fabulous little man!
- 15 They say it's found at the bottom of a well.
- 19 Tumble under a mine and find a snag.
- 20 They might have been British and Holy Roman.
- 21 Mrs. Bruin's baby. (2 words)
- 22 Kings Cross and Hualampong.
- 26 Go away!
- 27 Small circus performer.



LAST MONTH'S SOLUTION



BRIDGE



BRIDGE

THE tournament started as scheduled, not with as many tables as expected. But on the third and fourth evenings, we had four tables. This is very encouraging and we hope and expect that this will increase. There is a very good atmosphere and we are glad that again some new players joined us.

After four sessions, the first five placings are as follows:

1.	Genevieve & Sacha Levitan	—	59.75%	(2 sessions)
2.	Harry Kurd & Pieter Schoenmakers	—	58.28%	(4 sessions)
3.	Paula & Leonard Chinitz	—	53.64%	(4 sessions)
4.	Judy & Gerry Altman	—	52.78%	(1 session)
5.	Nelly & Cees Dubbeldam	—	49.31%	(3 sessions)

The percentage given is the average over the sessions played. As you can see it is still too early to say what is going to happen because we still have eight more evenings to go and the best out of 12 are counted.

The placings of the last two evenings were as follows:

September 30	1st	—	Paula & Leonard	63.19%
	2nd	—	Mervin & Collin	59.03%
October 7	1st	—	Harry & Pieter	67.36%
	2nd	—	Nelly & Cees	59.72%

Hope to see you all Tuesday night at 7.30 pm in the British Club.

Pieter Schoenmakers



"I'm thinking of leaving his body to science."

CRICKET CRICKET

ELEVEN members of the cricket section attended the annual general meeting held on Friday 10th October, with four apologies for absence. So once again the British Club seems set fair for an enthusiastic start to the season. It seems that the format for the season will be much the same as it has been for the past two seasons, with 40- and 50-over leagues, the Nations Trophy as a sixes event, and the International sixes in the first week of April. (This last event is reported to have already attracted a large number of would-be overseas participants.)

Officers elected for the season were as follows: Chairman and Social Events Organiser, Mike Binns (nothing to do, of course, with his generous offer to sponsor the team with the provision of a crate of XXXX beer each match);

Captain, Jack Dunford; Vice-Captain, Terry Adams; Fines Adjudicator, Nick White to be aided and abetted by Alistair Rider; Treasurer, Terry Adams; TCL Representative, Jack Dunford; and Outpost Scribe, David Hall.

Nets will start, weather permitting, on the first weekend in November. Times for nets are: Saturdays, 2 p.m.; Sundays, 10 a.m.; and Wednesdays, 4.30 p.m. We will have our first attempt at 8-a-side cricket in the second week in November. And the Chiangmai trip, a family affair, will be a three-day weekend 5th-7th December.

Now — what you have all been waiting for: the continuation of the complete and comprehensive records of the British Club Cricket Section.

"MOMENTOUS MOMENTS OF CRICKET TRIVIA"

Career Records:

Most appearances:	68 Jack Dunford	1979-present
Nearest rivals:	Terry Adams 43; David Hall 4; Craig Price 37; Geoff Thompson 35; Jeff Parry 35	
Most runs:	1269 Craig Price	1982-present
Nearest rivals:	Terry Adams 677; Jack Dunford 637; John Coghill 521; Ben Piper 496; Jeff Parry 425; Nick White 423	
Most wickets:	48 Jeff Parry	1982-85
Nearest rivals:	Nick White 39; Jack Dunford 30; Mac Sayer 27; John Coghill 26; Steve Castledine 25	
Most catches:	17 Jack Dunford	1979-present
	17 Brian Thompson	1982-1986
Nearest rivals:	Burles 15; Price 13; Adams 12; Parry 11, River 11	
Stumping dismissals:	6 Alistair Rider	1984-present
Nearest rivals:	Burles 3, B. Thompson 2	

Best and Worst Scores in Limited Overs:

25 overs:				
Best	for	129 for 5	vs Pakistanis	11th Feb 1984
	against:	132 for 4	vs Pakistanis	11th Feb 1984
Worst	for:	40	vs RBSC	14th Apr 1984
	against:	75	vs Allied	21st Feb 1981
30 overs:				
Best	for:	165 for 6	vs Wanderers	19th Apr 1986
	against:	222 for 6	Wanderers	19th Apr 1986
Worst	for:	54	vs CMGC	8th Dec 1985
	against:	86	Indians	11th Jan 1986

40 overs:

Best	for:	197 for 5	vs Allied/AIT	1st Mar 1986
	against:	256 for 7	CMGC	7th Apr 1986
Worst	for:	61	vs CMGC	7th Apr 1986
	against:	78	Allied	15th Jan 1986

50 overs:

Best	for:	281 for 7	vs Post	9th Feb 1986
	against:	327 for 5	RBSC	7th May 1986
Worst	for:	60	vs Pakistanis	16th Dec 1986
	against:	67	Post	9th Dec 1986

Best and Worst Scores Against Individual Sides:

Allied/Post:		Won 7	Lost 4	
Best	for:	281-7		9th Feb 1986
	against:	158-8		7th Mar 1982
Worst	for:	88		14th Feb 1982
	against:	67		9th Dec 1984
A.I.T.:		Won 3	Lost 5	
Best	for:	269-8		9th Mar 1986
	against:	272-6		9th Mar 1986
Worst	for:	54		11th Apr 1982
	against:	95		Jan 1981
Chiangmai Gymkhana Club:		Won 2	Lost 14	
Best	for:	180 for 8		6th Apr 1985
	against:	261 for 8		6th Apr 1985
Worst	for:	54		8th Dec 1985
	against:	88		8th Dec 1985
Indian C.C./Nakhon Sawan:		Won 6	Lost 5	
Best	for:	161 for 9		3rd May 1982
	against:	204 for 9		29th Jan 1983
Worst	for:	105 for 5 (innings closed)		7th Jan 1984
	against:	107		29th Jan 1983
	against:	40		31st Jan 1981
Royal Bangkok Sports Club:		Won 2	Lost 16	
Best	for:	185 for 9		27th Mar 1983
	against:	327 for 5		7th May 1983
Worst	for:	40		14th Apr 1984
	against:	112 for 7 (innings closed)		25th Apr 1982
	against:	130		29th Mar 1981, 7th May 1982
Thai C.C.:		Won 4	Lost 0	
Best	for:	158 for 6		13th Jan 1985
	against:	116 for 7		13th Jan 1985
Worst	for:	119 for 8 (innings closed)		26th Mar 1983
Wanderers		94		12th Apr 1986
Wanderers:		Won 1	Lost 2	
Best	for:	165 for 6		19th Apr 1986
	against:	222 for 6		19th Apr 1986
Worst	for:	153		16th Mar 1986
	against:	41		21st Mar 1981
Others:		Pakistanis Won 1 Lost 3; Colts Won 1; Combined Won 2		
Best	for:	197-5	vs Combined	1st Mar 1981
	against:	135	Combined	1st Mar 1981
Worst	for:	60	vs Pakistanis	16th Dec 1984
	against:	99 Pakistanis		16th Dec 1984

GOLF GOLF

THIRTY-three enthusiastic golfers played a sluggish, soggy course at Thai Country Club where King's Pewter and Robert de Cozier sponsored some great prizes.

The two new annual trophies presented by Bill Gardiner for King's Pewter went to Bob McEwan and Steve Bolton.

Results were:

"A" Group	1st	- R. McEwan	38	pts
	2nd	- M. Ross	31	pts
	1st nine	- D. Smith	18	pts
	2nd nine	- S. Chappell	17	pts
"B" Group	1st	- S. Bolton	37	pts
	2nd	- B. Mancell	36	pts
	1st nine	- D. Humphreys	20	pts
Closest the Pin		- M. Ross		
		- M. Cave		
		- R. Armstrong		
Longest Drive	Ladies	- M. Ross		
	Men	- J. Miller-Stirling		

In the Dunlop Cup competition the finalists for the trophy are:

Koi Armstrong - Ian McLean
against Barry Hyde - Bob McEwan

This final will be played at the next outing.

Thirty-eight golfers played at Ekachai Golf Course in a competition sponsored by the White Group. The day was hot and the layout claimed many balls. Scores were also good.

Results were:

"A" Group	1st	- B. McEwan	39	pts
	2nd	- D. Cohen	38	pts
	1st nine	- E. Jurgens	21	pts
	2nd nine	- D. Smith	17	pts
"B" Group	1st	- D. Humphreys	39	pts
	2nd	- R. Schramm	39	pts
	1st nine	- R. Barrett	22	pts
	2nd nine	- K. Armstrong	20	pts
Long Drives	Men	- Alistair Rider		
	Ladies	- Wendy Morris		
Closest the Pin		- D. Smith		
		- H. Auger		
		- J. Auger		
		- J. Garvey		

SNOOKER SNOOKER

FOUR competitions were played recently - The Fothergill Cup (Volunteer Snooker Doubles), Leslie Collings Memorial Trophy (Straight Snooker Doubles), Outpost Trophy (Snooker Singles - Handicap) and the Donofield Trophy (Snooker Singles - Handicap)

1. In the Fothergill Cup six pairs competed and a surprised pair - Alistair Rider & Andrew Pickup were repeat winners.

Results were:

Williamson/McDowell	BT	Street/Down
Guy/Watson	BT	K/R. Armstrong
Williamson/McDowell	Lost to	Rider/Pickup
Guy/Watson	BT	Ross/O'Connor
Finals:		
Rider/Pickup	BT	Guy/Watson

2. Leslie Collings event saw three teams play a Round Robin with the top two teams meeting in the final.

Results were:

Smith/Armstrong	BT	Elliott/Hall
		38-26, 40-17
Smith/Armstrong	BT	O'Connor/Guy
		55-25, 36-44, 46-41
O'Connor/Guy	Lost to	Elliott/Hall
		32-48, 4-59
Finals:		
D. Smith/R. Armstrong	BT	Elliott/Hall
		38-46, 52-18, 51-29, 63-24

3. Two events were played off on October 1st - the Outpost and Fothergill Trophies. Four interested players competed for the honours.

Results were:

Koi Armstrong	Lost to	Ron Armstrong 2-1
D. Hall	BT	D. Guy 2-0
Finals - Outpost Trophy:		
R. Armstrong	BT	D. Hall
		54-56, 61-29, 67-32, 65-53
Finals - Donofield Trophy:		
D. Guy	BT	Koi Armstrong
		44-40, 41-44, 49-36, 40-29

All interested players are invited to join in these competitions, most are handicap and you can get an instant handicap and play immediately. We have great facilities now - a newly renovated room, newly covered tables and lots of good food and drinks to spend an enjoyable evening.

Watch the bulletin board for future events.

COME AND ENJOY.

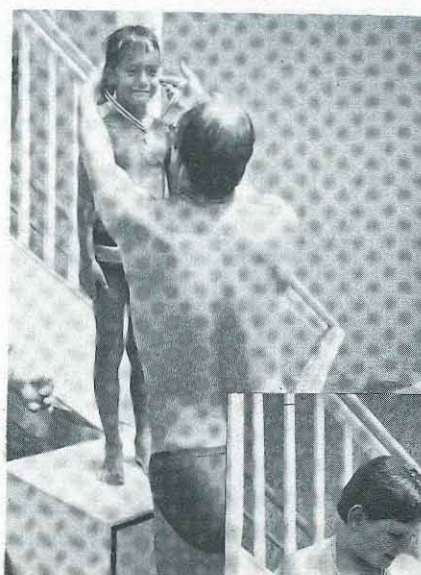
SWIMMING



SWIMMING

BRITISH CLUB SWIMMING GALA

21 SEPTEMBER 1986



Under 7 champ,
Peter Miles.

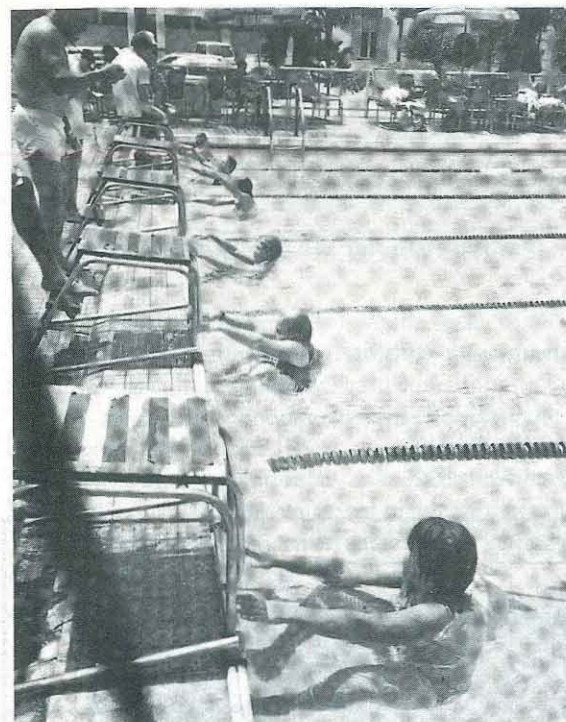


Winners of the
boys under 11
breaststroke:
1. Nicholas Baillie
2. Keith Dawes
3. Damian
McDonald

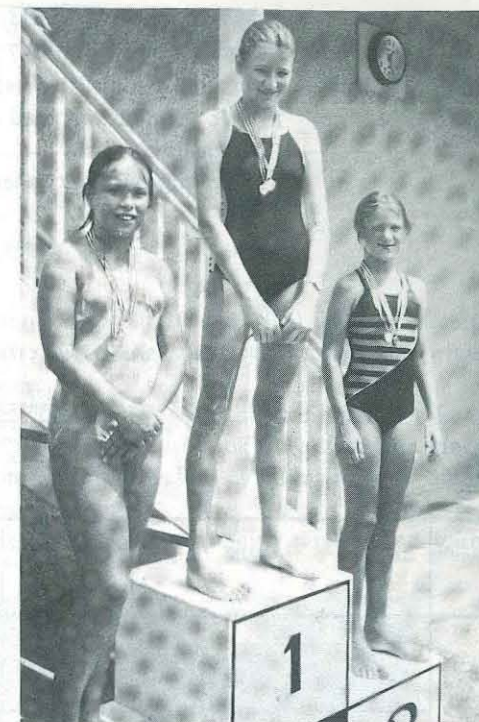
IT was good to see an excellent turnout of some 20-30 swimmers plus Mums and Dads and friends around the pool, proving that everyone (or nearly everyone) had returned from home leave. (As one of the few farangs who remained in Bangkok through the summer, and having got used to the 'deserted' look at the Club, this was most welcome!).

As usual this event was organised by Erica Majer, ably assisted by David Baillie on the microphone on the day, and our thanks go to them both for making it the thoroughly enjoyable time that it was for all.

Few people could have been disappointed as, owing to the age and sex distribution, most participants got at least one medal. We were so glad



On your marks, get set



Winners of the girls backstroke:
1. Kate Power, 2. Sarah Freeman, 3. Sarah Buhler

to see even the little ones stand up on the rostrum to receive their medals — after all, they worked as hard as anyone (if not harder!) to get their first, second and third places. By all means give ALL participants in that race some 'sweet' encouragement, but let's continue to give them medals for their hard endeavours.

For us, the only irony was in the Mothers and Daughters race which the organisers had decided to make a little different by using the arms of the Mum and the legs of the daughter.

My daughter felt she had a good chance of



The triumphant mums.

getting her first gold, but only with a strong swimmer for her 'Mum': with seconds to go before the start, a Mum was needed to partner a Mumless daughter. I reluctantly volunteered only to win

by a fingertip! It must have been the kick from behind that made the difference! Never mind Sarah, there's always next year!

Well done anyway to all who took part.

FAMILY SWIMMING GALA 21 SEPTEMBER 1986

- * Freestyle for Under 7's
- C Comparison with previous best time
- X No previous recorded time
- O Equals best time
- An improvement in seconds

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Age	Sex	NAME	FREE		BACK		BREAST		BUTTERFLY*		I.M.		TOTAL
			Time	C	Time	C	Time	C	Time	C	Time	C	
Under 7	Girls	BCB RECORD Anchellie Miles	20.4 1.25.0	x	24.6 -		27.2 -		20.4 -		1.10.0 -		-
	Boys	BCB RECORD Peter Miles Adrian Harris	19.6 34.0 1.11.0		24.8 37.7 -	-3	24.8 -		19.6 -		59.5 -		-3(1) -
Under 9	Girls	BCB RECORD Elizabeth Buhler Zoe Binns	40.7 58.5 -	-2	48.4 1.11.0 1.03.0	-5	50.6 58.5 59.7	-1	46.4 1.11.0 1.15.0	-6	1.45.9 2.26.5 -	0	-14(4) -
	Boys	BCB RECORD C.J. Kefford Timothy Strange Mark Freeman Timothy Johnston Joe Harris	38.5 47.0 57.0 56.1 - 1.11.0	+1 x -42	47.8 58.0 1.08.0 1.09.0 -	0 0 -8	51.0 57.5 1.09.0 1.09.0 1.05.0 1.41.5	-3 x 0 0 0	48.2 1.02.0 1.13.0 -	-2 x x x	1.42.0 2.06.0 -	+6 0	-5(2) -56(2) -
Under 11	Girls	BCB RECORD Zoe O'Connor Sophie Majer Lynley Strange Sarah Power Julia Coates	35.0 44.0 44.5 50.1 1.26.0 -	-3 -1 +1 x	41.4 1.03.0 58.4 1.10.0 -	x -8 -2	43.9 54.7 1.02.0 59.0 1.09.0 1.09.0	-7 0 -4 +1 x x	39.8 58.2 1.02.0 1.13.0 -	-10 -4 +2	1.30.5 2.02.0 2.10.0 2.27.0 -	-12 +3 +10	-32(4) -13(3) -2(1) -
	Boys	BCB RECORD Nicholas Baillie Damian McDonald Keith Dawes	35.5 47.7 56.0 -	+4 +1	41.2 1.05.0 1.09.0 -	+4 -4	48.2 57.8 1.10.0 59.0	-1 -2 x	41.2 1.03.0 1.12.0 -	+3 -6	1.30.5 2.16.0 2.27.0 -	+10 -2	-1(1) -14(4) -
Under 13	Girls	BCB RECORD Kate Power Sarah Buhler Sarah Freeman Maaike Coates	1.12.0 1.24.0 1.42.0 1.48.0 -	x x x	1.24.1 2.00.0 2.15.0 2.09.0 -	x x x	1.31.3 1.56.0 1.56.0 2.20.0 2.28.0	x x -4 x	1.20.5 47.9 51.9 51.7 -	x x x	2.54.0 4.01.0 4.19.0 4.30.0 -	x x x	- -4(1) -

SPORTS ROUNDUP

TENNIS TENNIS

GERMAN TENNIS TEAM DRAW BRITISH CLUB

A strong sixteen-member tennis team of the Tennisbezirk Darmstadt (TD) of West Germany had to settle for a draw with the British Club (BC) in the inaugural competition between these two clubs held on the BC hard courts on 8th October.

In a closely fought match which saw the lead fluctuate between the two teams, at the end of the women's doubles the score was three matches all. The British Club took a slight lead by winning three of the five men's doubles matches, and went on to increase this lead by taking three of the first four of the mixed doubles matches making the score 9 to 6.

However, the German team came fighting back and took the remaining three mixed doubles matches to even the contest at 9 matches all.



Darmstadt, West Germany and British Club combined ladies' teams.



Watching the closing matches from the Club sala. Sitting left-right: Kristeen Chapell, Julia Freeman, Helen Benham, Pru Pointer, Elaine Kelly, Mal Chessman.

Detailed results of this competition are as follows (BC players listed first):

Women's Doubles:

Pru Pointer and Mal Chessman beat Uta Tscheppe and Monika Hosang 6-4.
Terry Merry and Helen Bentham beat Hella Singer and Elsa Messerschmidt 6-4.
Julia Freeman and Elaine Kelly lost to Astrid Gerst and Lucy Cappel 2-6.
Kristeen Chappell and Duang Wray beat Helga Wissman and Ingeborg Baehre 6-0.
Julia and Elaine lost to Monika and Helga 2-6.

Men's Doubles:

John Kelly and Dick Chessman lost to Ludwig Ruhl and Dirk Mroczek 5-6 (3:7).
Bruce Pointer and Peter Vereker beat Dietmar Singer and Wolfgang Conrad 6-5 (7:3).
Sucharit Rungsimuntoran and Kasem Narkprasert beat Hermann Hahn and Paul Baehre 6-5 (7:1).
Dave Ferguson and Steve Chappell beat Peter Trautmann and Heinz Gerst 6-3.
Barry Hyde and Gordon Martin lost to Wolfgang and Dietmar 3-6.

Mixed Doubles:

Kristeen and Peter beat Hella and Paul 6-5 (7:5).
Mayurin Fordham and Kasem beat Helga and Peter 5-0.
Duang and Sucharit lost to Elsa and Hermann 4-5 (2:7).
Mal and Dick beat Monika and Dirk 5-4 (8:6).
Prue and Bruce lost to Uta and Ludwig 3-5.
Helen and John lost to Elsa and Wolfgang 3-5.
Elaine and Barry lost to Monika and Hermann 1-5.

At the conclusion of the matches, a buffet dinner was held in the BC's Wordsworth Room during which time mementoes were exchanged. The Darmstadt Tennisbezirk invited the BC Tennis Section to send a team to play in Darmstadt where the team will be offered lodging in private homes. The Darmstadt team left for Singapore where they will play against the Singapore Cricket Club and then go on to Penang where they will play against the Penang Sports Club.



Buffet dinner in Wordsworth Room.

JAPANESE SWAMP BRITISH

A strong twelve-member tennis team of the Japanese Association of Thailand (JAT) downed a struggling British Club (B.C.) team by a score of 10 matches to 3 in the B.C. hard courts on Sunday morning, 5th October.

In this the inaugural tie between these two clubs, the Japanese ladies gave the JAT an early lead as they took all three of their doubles matches. Followed by a win in the first men's doubles, it looked as if the JAT would completely rout the British Club.

However, the B.C. won the next three men's doubles matches to almost achieve parity and thus keep their hopes alive for victory. It was not to be as the Japanese stormed back to sweep the remaining six mixed doubles matches.

Detailed results of the matches are as follows (B.C. players listed first):

Women's Doubles

Terry Merry and Duang Wray lost to Setsuko Itoi and Yukie Hino 0-6.
Pru Pointer and Mal Chessman lost to Kumiko Kizawa and Fumio Kawai 5-6 (3:7).
Wendy Binns and Diana Wingfield lost to Michiko Ohnishi and Fumiyo Sakuma 1-6.

Men's Doubles

Dick Chessman and Gordon Martin lost to Hayao Kambayashi and Kaiji Kizawa 3-6.
Derek Tonkin and Michael McAlister beat Haruyasu Masunari and Masataka Yanai 6-5 (7:2).
Bruce Pointer and Bob Merry beat Kenichi Ohnishi and Yutaka Ono 6-5 (7:1).
Chris Wray and Gordon Martin beat Yanai and Yoshimasa Nakamura 6-3.

Mixed Doubles

Mal and Dick Chessman lost to Y. Hino and H. Kambayashi 1-6.
Pru and Bruce Pointer lost to S. Itoi and H. Masunari 4-6.
Terry and Bob Merry lost to F. Kawai and Y. Ono 2-6.
Wendy Binns and M. McAlister lost to Kumiko and Keiji Kizawa 0-6.
D. Wingfield and D. Tonkin lost to Michiko and Kenichi Ohnishi 3-6.
Duang and Chris Wray lost to F. Sakuma and Y. Namamura 1-6.

Upon completion of the tie, the two clubs' players joined together in a buffet lunch held in the B.C.'s Wordsworth Room at which time informal discussions were held on the possibility of inaugurating a series of regularly scheduled fixtures between the two clubs.

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TENNIS CLUB ROUND ROBIN TOURNAMENT

THE tournament held on Sunday September 28th attracted a lot of keen players. The bookings closed on Wednesday the 25th with 24 names on the list, the maximum amount of players possible with one court out of action (a little wet after the week's rain.)

But even at the last minute, players were arriving, wanting to play in the match and hoping for a cancellation.

The tournament started off promptly at 3.00 pm. Mixed doubles, a draw for partners which resulted in some interesting combinations.

Nigel as a lady, and Peter impersonating his own daughter were an interesting couple, unhandicapped of course. The pairings were as follows:

Mal Chessman	— Ed Bittenbender
Barbara Noon	— Tony Strange
Julia Freeman	— Michael Cave
Celeste Cave	— Kasem Narkprasert
Bev Power	— Peter Vereker
Maureen Hyde	— Dick Chessman
Elaine Kelly	— Mike Power
Susie Vereker	— Ron Armstrong
Machiko McAlister	— John Kelly
Nigel Nicholson	— Fritz Kunzmann
Peter/Jane Noon	— Paul Buckland
Judith Strange	— Barry Hyde

There were some very good sets of tennis, and a lot of fun. It was arranged and organised by John Kelly — many thanks John for a very good afternoon's tennis. Three cheers to those who played after the Ball was over!!!

The winners were Mal Chessman even with her handicap (no not her partner) Peter Vereker, Ed Bittenbender and Julia Freeman.

Well done, nice to see some new tennis stars.

Thanks to all who participated and for the miscellaneous prizes they brought.

Thanks again John. When is the next tourney??

TWENTY-FOURTH TIME LUCKY?

The 23rd encounter between the Royal Bangkok Sports Club tennis section and the British Club tennis section was held on Sunday 21st of September 1986.

The matches were held at the British Club and were played on the hard courts.

They were continuing a friendly rivalry between the two clubs which first began in 1941.

The RBSC team of six men and seven women were captained by Danai Chulajata, a very competent team who treated us all to a display of very exciting tennis.

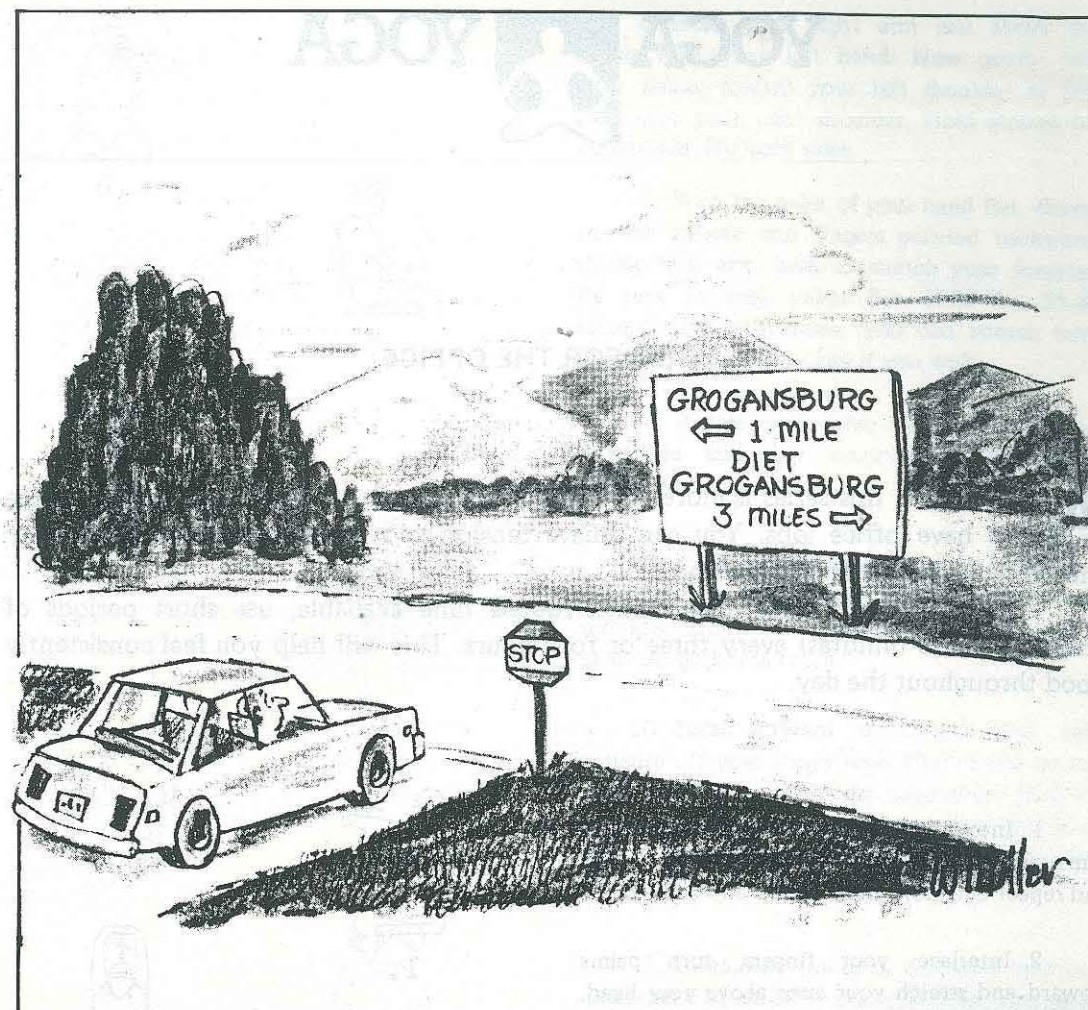
The competition results are as follows:

Women's Doubles

Mal Chessman and Kristeen Chappell (B.C.) lost to Kongsri Thanunmanee, and Maneeporn Duangmanee (RBSC) 2-6.

Barbara Noon and Duang Wray (B.C.) beat Molrudee Mahattanakul and Sirilux Bohren (RBSC) 6-2.

Elaine Kelly and Wendy Binns (B.C.) lost to Kannikar Duangmanee and Pudpong Ujjin (RBSC) 4-6.



Men's Doubles

John Kelly and Mervyn Rattray (B.C.) beat Kasem Narkprasert and Sucharit Rungsimuntoran (RBSC) 6-2.

Dick Chessman and Gordon Martin, (B.C.) beat Danai Chulajata, and Thamnoon Duangmanee (RBSC) 6-5 (tie breaker @ 7-2).

Steve Chappell and Dick Chessman (B.C.) lost to Danai and Thamnoon 0-6.

Mixed Doubles

Mal Chessman and John Kelly lost to Molrudee and Sudhiraphun Koralak 2-6.

Barbara Noon and Mervyn Rattray beat Pudpong and Sucharit 6-4.

Wendy Binns and John Kelly lost to Kannikar and Thanakorn 3-6.

Elaine Kelly and Steve Chappell lost to Sirilux and Kasem 0-6.

Duang Wray and Gordon Martin lost to Chareeya Rattkul and Danai 4-6.

Mal Chessman and Gordon Martin lost to Sudhiraphun and Pudpong 4-6.

Kristeen Chappell and Dick Chessman lost to Kongsri and Danai 4-6.

It really was a very pleasant morning's tennis and we must thank Gordon Martin for arranging it for us and our very noble competitors who all rose at the crack of dawn to play in the competition. — and who can tell, we might just win the 24th challenge!!!

YOGA YOGA

YOGA FOR THE OFFICE

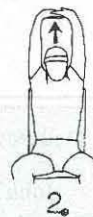
ACTUALLY, this series is more stretching than yoga, but is good exercise for people who have office jobs. You can relieve tension and energize parts of your body that have become stiff from sitting.

If you don't have much uninterrupted time available, use short periods of stretching (five minutes) every three or four hours. This will help you feel consistently good throughout the day.

1. Interlace your fingers and stretch your arms out in front of you. Hold for 20 seconds and repeat one more time.



2. Interlace your fingers, turn palms upward and stretch your arms above your head. Relax your shoulders and keep the stretch in the arms. Do three times and hold for 10 seconds.



3. Keeping your elbows straight, clasp hands and stretch to one side — then to the other. Feel the entire shoulder and side areas of the body stretch. Hold for 15 seconds. Do both sides.



4. Hold your right elbow with your left hand, then gently pull elbow behind head until an easy stretch is felt. Do both arms and hold for 30 seconds.



5. Sit straight, interlace your fingers behind your head — elbows out to the side — attempt to pull your shoulder blades together. Create a feeling of tightness and hold for 8 to 10 seconds, then relax. Do this several times.



6. Hold your right arm just above the elbow with your left hand. Now gently pull your elbow toward your left shoulder as you look over your right shoulder. Hold stretch for 10 seconds. Do both sides.

7. With the palm of your hand flat, thumb to the outside and fingers pointed backward, slowly lean arm back to stretch your forearm. Be sure to keep palms flat. Hold for 35-40 seconds. Do both sides. You can stretch both forearms at the same time if you wish.

8. Rotate one ankle while sitting. First clockwise and then counter-clockwise 20-30 revolutions.

9. Bend your knee and pull leg toward chest and in the direction of the opposite shoulder. Hold for 30 seconds and stretch with ease. Do both legs twice.

10. Lean forward to stretch and take pressure off your lower back. Even if you do not feel a stretch, it is good for circulation. Hold for 45-50 seconds. To come up, put your hands on your thighs to help push your body to an upright position. Breathe normally.

11. Stretching the neck not only relieves a great deal of tension, but will help you sit or stand with better posture when you find you are slouching.

12. This stretch may cause people around you to think you're a little strange (if they see you), but we often have — and show — a lot of tension in our faces. Relaxing the facial muscles will make you smile — so try these movements.

Raise your eyebrows and open your eyes as wide as possible. At the same time, open your mouth to stretch the muscles around your nose and chin and also stick out your tongue — way out! Hold this stretch 5-10 seconds.

Yours in yoga,
Joan C. French
November, 1986

MEMBERSHIP MATTERS

NEW MEMBERS

The following were elected to Membership of the British Club in September/October 1986

ORDINARY

Mr. G.E. Booth	TNT Skypak International (Thailand) Co., Ltd.
Mr. B.J. Bidston	BP Petroleum Development Ltd.
Mr. N.C. Grocock	Shangri-La Hotel
Mr. J. O'Leary	BP Petroleum Development (Thailand)
Mr. B.W. Pope	c/o Sir Alexander Gibb & Partners
Mr. R.D. Sirt	c/o Thai Nasco Re Co., Ltd.
Mr. G. Towson	SSC & B Lintas Bangkok
Mr. S.A. Udy	Upjohn Company Ltd. (Thailand)
Mr. W. Watters	BP Aviation Service Ltd.
Mr. T.H. Walters	c/o Thai Shell Exploration And Production Co., Ltd.
Mr. D.T. Yasui	Canadian Embassy
Mr. D.J. Quinn	Office of the Committee for the Management of Road Traffic
Mr. M.M. Power	c/o Snowy Mountain Engineering Corporation
Mr. S.C. Harrison	Ericsson Telephone Corp Far East A.B.

NON-VOTING

Mr. I.D.B. Aldridge	Coopers & Lybrand Associate Co., Ltd.
Mr. S.J. Andrews	Ministry of Foreign Affairs

LADIES PRIVILEGE

Miss. S.M. Bramley	Thailand Tourist Service
Miss. F.C. Casbon	Minister Agriculture Ltd.
Miss. F. McGenn	Bangkok Patana School

ASSOCIATE

Mr. S. Grimm	Institute of Technology and Vocational Education
Mr. R.T. Finneran	American Embassy
Mr. Tri Kanchanadul	Manufacturers Hanovers Trust Co.
Mr. Meechai Vatanasuk	Thai Takenaka International Ltd.
Mr. Taweesak Eyotragul	TA & T System Co., Ltd.
Mr. H. Hebener	Diethelm & Co., Ltd.
Mr. E. Hallin	Rose Garden Country Resort
Miss. M. Jansen	Ministry of Foreign Affairs
Mr. R.F. Kornell	Louis Berger International
Mr. Somnuk Kyavatanakij	Tong Hua Dailynews
Mr. D.A. Lowell	c/o New Hampshire Ins. Co.
Mr. Apichat Natasilpa	Chase Manhattan Bank
Mr. B. Perronnet	Banque Indosuez
Mr. Nithat Tansantikul	Louis T. Leonowens (T) Ltd.
Mr. Kosol Tangtrakarn	Sunrise Travel Ltd.
Mr. J. Toft	Danish Embassy

CURRENT MEMBERSHIP STATUS

Honorary	10
Ordinary	344
Non-Voting	10
* Associate	77
Ladies Privileges	35
Up-Country	22
Candidate	9
* Total	507
Absent	859
Grand Total	1,366

* This figure excludes 12 approved Associate Members awaiting completion of membership procedures.

COMMITTEE



JACK DUNFORD
(Chairman)
Office: 236-0211
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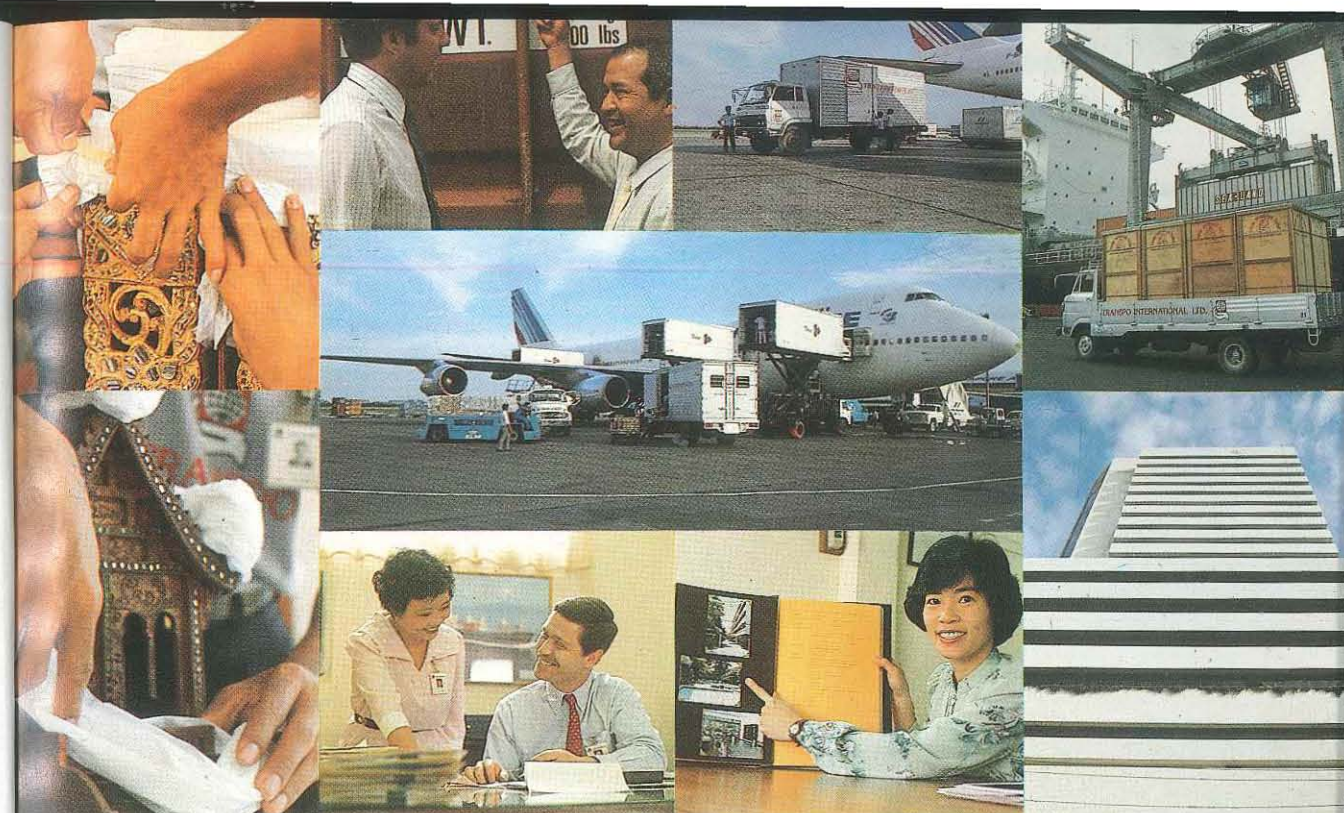


ADISAK KAMKHANTI
(Asst. Manager)
Office: 234-0247, 234-2592

ACTIVITIES

ANYONE WHO IS INTERESTED IN PARTICIPATING IN ANY ASPECT OF THE FOLLOWING ACTIVITIES SHOULD CONTACT:

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DARTS	—	MIKE MAJER	513-1970
GOLF	—	JOHN AUGER	249-0491
LADIES' GOLF	—	MRS. M. HARRIS	258-5603
OUTPOST	—	MRS. A. STUART	253-7362
RUGBY	—	GARY CRIST	250-0870-3
SOCCER	—	CRAIG RENNIE	236-0205 236-4281
SQUASH	—	LESLIE CURRIE MIKE KELLY	314-7434 253-0191 x 220
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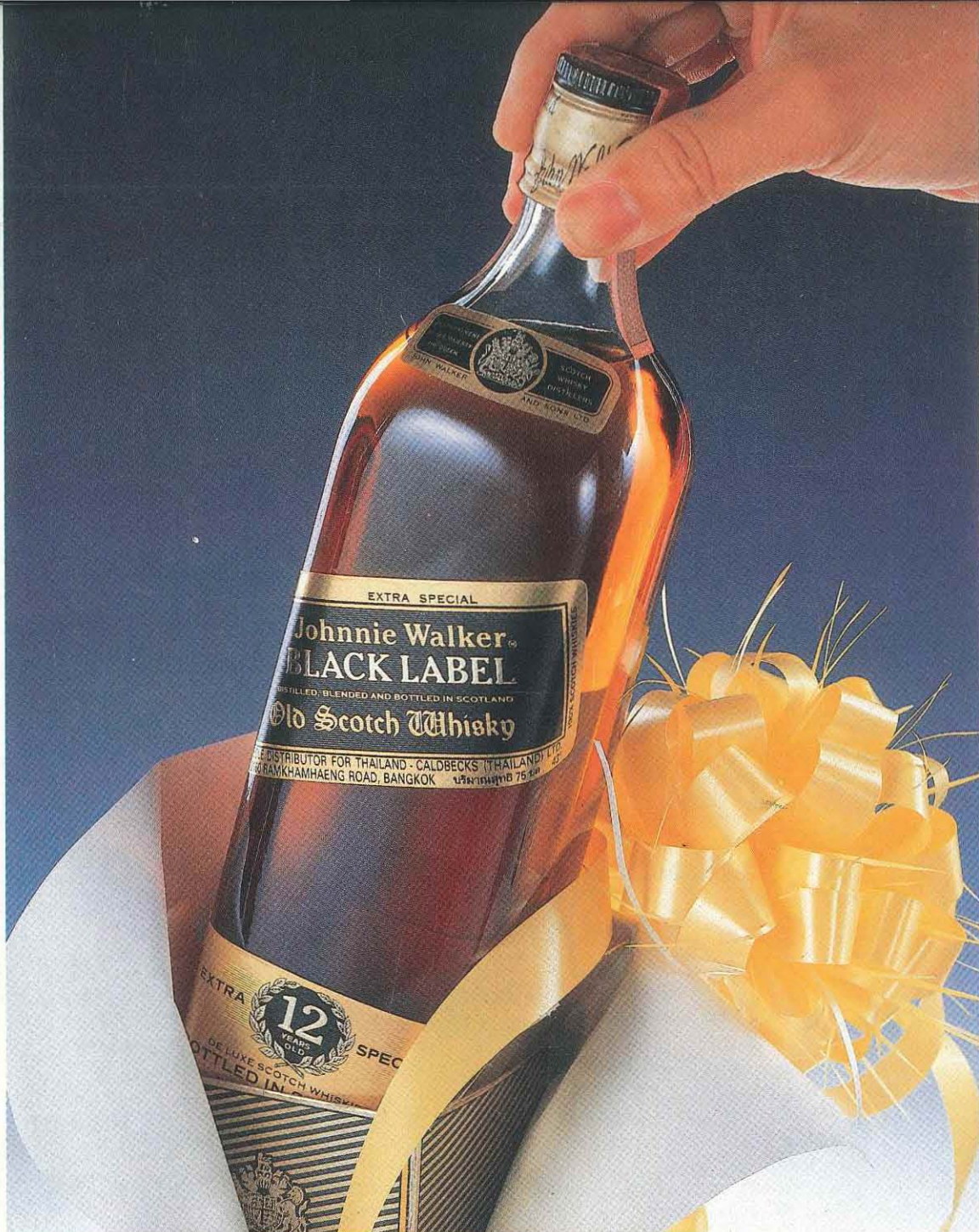
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