

OUTPOST

MONTHLY MAGAZINE OF THE BRITISH CLUB

NOVEMBER 1991



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Tennis: *The motley crew.*



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FROM THE EDITOR

HAVING happily settled back into the hot-seat last month, I'm afraid that I'm leaving it again because of lack of time due to other commitments. After four and a half years of being the OUT-POST Editor, this November issue will be my last. I am handing the magazine over to Fiona Mulligan who did such a good job for me in the summer. It is not without some sadness that I pass the monster on to Fiona; the job has been an enjoyable one and through it I have come to know a great many people as writers, advertisers, poets, advisers, experts, critics, helpers and above all friends. It has always been very heart-warming to hear from those who have enjoyed the magazine and taken the trouble to say so. My thanks go to the many Committee Members who have come and gone during my term of office; to managers, past and present; and to all those who have supported and helped me over the years. I hope that you will give as much support and more to Fiona as the new Editor. A special thanks goes to Louis Printing, particularly Khun Alex who has cheerfully endured (maybe suffered is a better word) my chaos since 1987.

One great advantage of becoming a reader is that the magazine will actually be a surprise every month and I will only have to read it once rather than the two or three times required for its production. I am looking forward to that. In addition I might actually get around to writing some articles again, which is where I started back in 1986.

Happy reading

Maren

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DETAILS FROM
THE EDITOR



Meet the New Members



Paul Tuffy is here from Sydney with Lynda and their two children; it is their first expatriate post. Paul is Kimberley Clark's GM for SE Asia. The rest of the time he's a bit of a keep fit freak, running, swimming, working out in the gym, and playing squash and tennis. Lynda, a physiotherapist by trade, is busy learning Thai, doing water aerobics and attending a photography course. Paul posing with Phil Jackson.



Gabby Hoontrakul came to Bangkok from England 18 years ago. She's a scuba diving and fitness fanatic, likes her white wine and is an ace Scottish dancer. Her four children keep her busy the rest of the time. Gabby centre with Paul Tuffy, Terry Dockerty and Phil Jackson.



Bob Dixon (centre) got fed-up commuting around England and thought Bangkok seemed like a good idea; didn't realise that though the distances here are shorter, it takes as long. He works for Balfour Beatty and has previously spent six odd years in Hong Kong. Bob likes all sorts of things the only printable one being beer; but he's determined to get into sports as well — maybe golf and tennis. Left, Andy Simonds and right Wayne Crawley.



Clifton Panyaritya is a part of the greater Dixon clan. He's been 23 years in Sydney and Perth and has returned to the fold for family and future prospect. Single, he's a rugby player and also enjoys squash, windsurfing and chess.

Julie and Ian Williams are Northamptoners, experiencing expatriotism for the first time. Ian is with Lever Bros on the ice cream side. They both enjoy disco dancing, reading and each other. But they are obviously not into photography as we didn't get a picture of them.



Eugene and Maura Lane-Spollen are from Dublin, here with Coca Cola. They've lived in Denmark, the Philippines, HK, the USA and Ireland of course. They have four children. Eugene likes the odd bit of squash and Maura is into bridge and golf in a big way.



Michael and Sara Jackson have popped over after the wedding just to be here. They are from Bristol, first time out, and have come to help with all the building. Sara aims to improve her tennis, has joined Bambi and wants to get into whatever else is going on. Michael likes watching and playing sports particularly squash, tennis and rugby, though on that front he feels his playing days are over. Andy Simonds on the left.



Christian Moller has spent the last two years in Saigon and loved it; finds Bangkok an interesting change. He's works for East Asiatic in shipping, is single and looking. Christian plays football and golf. Bob Dixon on the left.



Frederick Smith is here to develop and promote rubber wood products. His wife Sandy is arriving soon leaving their daughter and son in Vancouver. They both play golf, and Frederick also likes snorkelling, walking and women. He's a big fan of the female of the species. Jack Dunford on the right.



Barry Game and Kristine Nicol met apple picking in Kanchanaburi and have very vivid imaginations. Barry is an engineer working for Norstar (Polaris), and likes rugby, racing and beer. Kristine is into computers and tennis. They come from New Zealand.



Wayne Crawley, Joe Grunwell and Bob Dixon who love having their picture taken.



Chairman Bryan being welcomed back by Dugal Forrest and Eugene Lane-Spollen.



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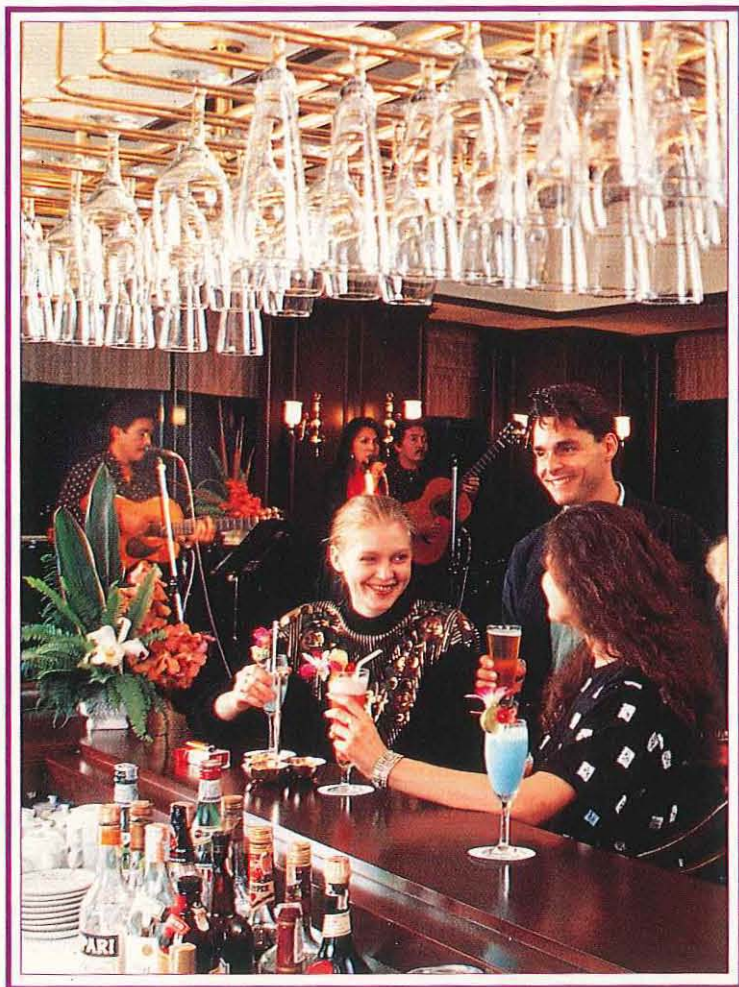
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FROM THE CLUB MANAGER

MAY I please bring to the Members attention the Club's Policy on booking for events. Members who book through reception and cancel less than 3 days before the event will be charged the full amount. No Show on the night will also be charged the full amount.

External outings organised by the Club involving tours, or any other activity where by the club has to pay advance fees, members will be debited 50% of the total cost immediately and this will be non-refundable in cases of cancellation.

Calender of Events

One additional event will be held on November 10th (Sunday) on the front lawn at around 5.00 p.m. to 5.30 p.m.

Mr. Phillip Holcomb together with his Brass Ensemble will be playing for your listening pleasure, from trad jazz to the good old golden oldies. Afternoon teas & a B.B.Q. will be served so please pen this in your Diary.

Lord's Dining Room A/C

Finally we have cracked the problem of the air-conditioning now you don't need your fur coats or heavy sweaters.

By the time you read this OUTPOST your Christmas and New Year festivities will need planning. Please remember that we cannot always oblige Member's wishes at the drop of a hat. Members wishing to use the catering facilities to entertain at the Club or their homes are requested to call Khun Pera, F & B Manager who will try to oblige on a first-come-first-serve basis.

Video Library

The Library has been injected with 250 x 3 hr. long — best of British TV popular programmes. Plus 50 x 3 hr. long — best of British sports videos. All to be found at the reception desk.

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CLUB ROUNDUP



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4 happy well fed people.



Khun Pera and Ladies where's "Boon".



Who's the lady Gerry?



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Eyes down look in.



Here mate that's not your wife.

The S.K.I.P. evening raised just under 100,000 baht net. The money will be used for much needed educational equipment for the children. Thanks must also go to Mr. Joe Grunwell, Chairman of the BC Rugby Section who donated 10,000 baht on their behalf.

Britain-beans

Baked beans, communion wafers "lack therapeutic properties"

LONDON (AFP) — Britain's National Health Service has just added baked beans and communion wafers to its list of products that are either dangerous or have no special therapeutic properties, despite being recommended by doctors.

"When I first learned that some GPs (general practioners) had prescribed baked beans and communion wafers, I was amazed. It may seem incredible, but it is true," said Junior Minister for Health Virginia Bottomley.

About 50 other items were added to the list, which now runs to about 2,000. Among them were: royal jelly capsules, sage and onion stuffing mix, date and walnut cake, toiletries and pesticides.



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WHOLE IN ONE

SCIENTISTS are giving us plenty of food for thought these days, as they unlock the secrets of the nutrients that can keep us feeling healthy and looking young. Even though much remains to be learned, you can begin right now to reap the benefits of this research by choosing foods packed with power-house nutrients. Make this your anti-aging shopping list.

By neutralising potentially harmful chemicals in the body, these nutrients seem to be a key to combating a vast spectrum of age-related disorders — cancer, heart disease, cataracts, skin damage — even the very aging process itself. Beta carotene, vitamin C and vitamin E have shown striking results. People who eat a diet rich in these substances have a lower incidence of certain chronic diseases. Best bets for beta carotene are spinach — 3 oz. equals 6.5 mg and carrots — 3 oz. equals 6 mg. Of the fruits, cantaloupe has 1.6 mg for each 3 oz. Recommended 6 mg daily. Best bets for Vitamin C are sweet red peppers which contain 121 mg; 1 cup of broccoli 97 mg and asparagus (also one cup) 49 mg. One cup of fresh orange juice has 124 mg, and 1 cup of papaya has 92 mg. These also help your body absorb iron. Peanut butter, brown rice and oatmeal are all recommended as a source of Vitamin E, which also may be especially good for the skin. Vitamin C RDA 60 mg and Vitamin E 30 mg.

Women need to get enough calcium all their lives if they hope to reduce the risk of osteoporosis, the bone-wasting disease that strikes mostly after menopause, when estrogen is reduced. You must consume plenty in the bone-building years, before twenty-five, and maintain intake afterward to keep bone loss to a minimum. Because they're worried about weight gain, many women don't get even half what they need. But low-fat sources now abound. Minimum per day 1,000 mg.

Vitamin D boosts absorption of calcium. Your skin produces the vitamin when exposed

to sunlight, but ability to do so decreases with age; thus dietary intake becomes more important. A good place to get calcium and vitamin D together is in certain dairy products.

Low-fat dairy products should be chosen as often as you can. 1 cup of yoghurt contains 415 mg of calcium, a cup of milk 300 mg and one oz of cheddar cheese 204 mg. Sardines with the bones have 371 mg and the vegetarians answer to meat, tofu, contains 250 mg of calcium in each 1/2 cup. Canned salmon, bones in, contains 167 mg in 3 oz. Extra benefits are to heart and muscle function.

Fish and seafoods in general are good sources for Vitamin D. 3 oz of cooked salmon equal 425 IU (international units), milk has 102 IU in just one cup, fortified cereal contains 50 to 100 IU in a cup, and a teaspoon of margarine has 15 IU. The minimum daily recommendation for vitamin D is 400 IU.

Vitamin B6 and Vitamin B12 are essential for normal function of the brain and nerve cells. Deficiencies, especially in older people, can cause confusion and memory loss.

Best bets for Vitamin B6 are beans, lentils, rice bran and white rice. 1/2 cup of kidney beans contains 1 mg — minimum daily requirement is 2 mg. B12 can be found in clams, oysters, mackerel, tuna, crab and lobster. 3 oz of lean beef, cooked, contains 3 mcg (micrograms). Recommended daily allowance is 6 mcg.

A daily dietary guideline in a nutshell would be:

Vegetables: 3 to 5 servings (e.g. 1 cup raw leafy greens or 1/2 cup others);

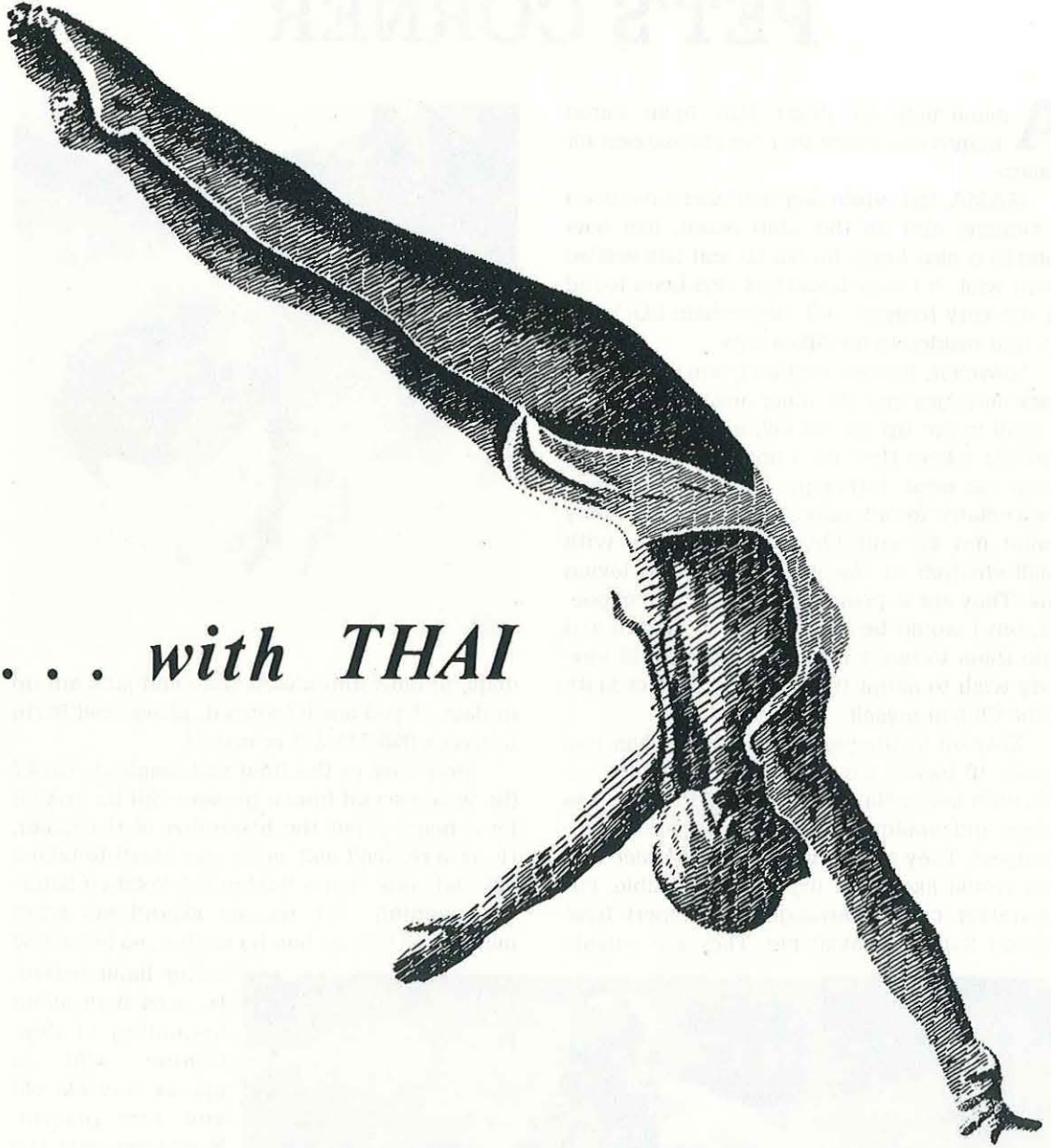
Fruits: 2 to 4 servings (e.g. 1 whole medium fruit, 1/2 cup chopped fruit, 3/4 cup juice);

Grains: 6 to 11 servings (e.g. 1 slice bread, 1 oz dry cereal, 1/2 cup cooked cereal rice, pasta);

Dairy: 2 to 3 servings (e.g. 1 cup milk, 1/2 oz cheese);

Meat (includes poultry, fish, beans, peas,

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PET'S CORNER

A small note on those that have found homes and those that are still looking for homes.

MAMA, the white dog that was advertised in Contact and on the Club board, has now gone to a nice home on Soi 55 and has settled down well. A lovely home has also been found for the very friendly and affectionate black kitten that resided in the Silom Sala.

However, his two brothers, one white with black smudges and the other mostly black with a small white tip on his tail, are still living in the Sala where they do a good job in keeping down the mice. Either (or both) of these cats are available for adoption, but please note they would not be suitable for households with small children as the young cats need loving care. They are at present a little nervous of people, but I would be happy to take them in and train them to use a litter box etc., should anybody wish to adopt them. Kindly contact Keith at the Club or myself.

Now on to doggies! Tricia Lewis has two female 10 month old sisters who presently reside with her in Nakhon Suwan. Tricia now has 4 dogs and would like to find homes for the two youngest. They are called Yindi and Malee and they would like to go together if possible, but separately can be arranged. Transport from Nakhon Suwan is available. They are outside



dogs, friendly and affectionate and jabs are up to date. If you are interested, please call Brian Lewis on 056-341-271 or myself.

And now to the final and smallest. GARY (he was rescued from a garage) will be looking for a home about the beginning of December. He was rescued just as he was about to take a suicidal walk across Sukhumvit Road on Saturday evening. The garage attendants were unanimous that he had no mother, so he is now

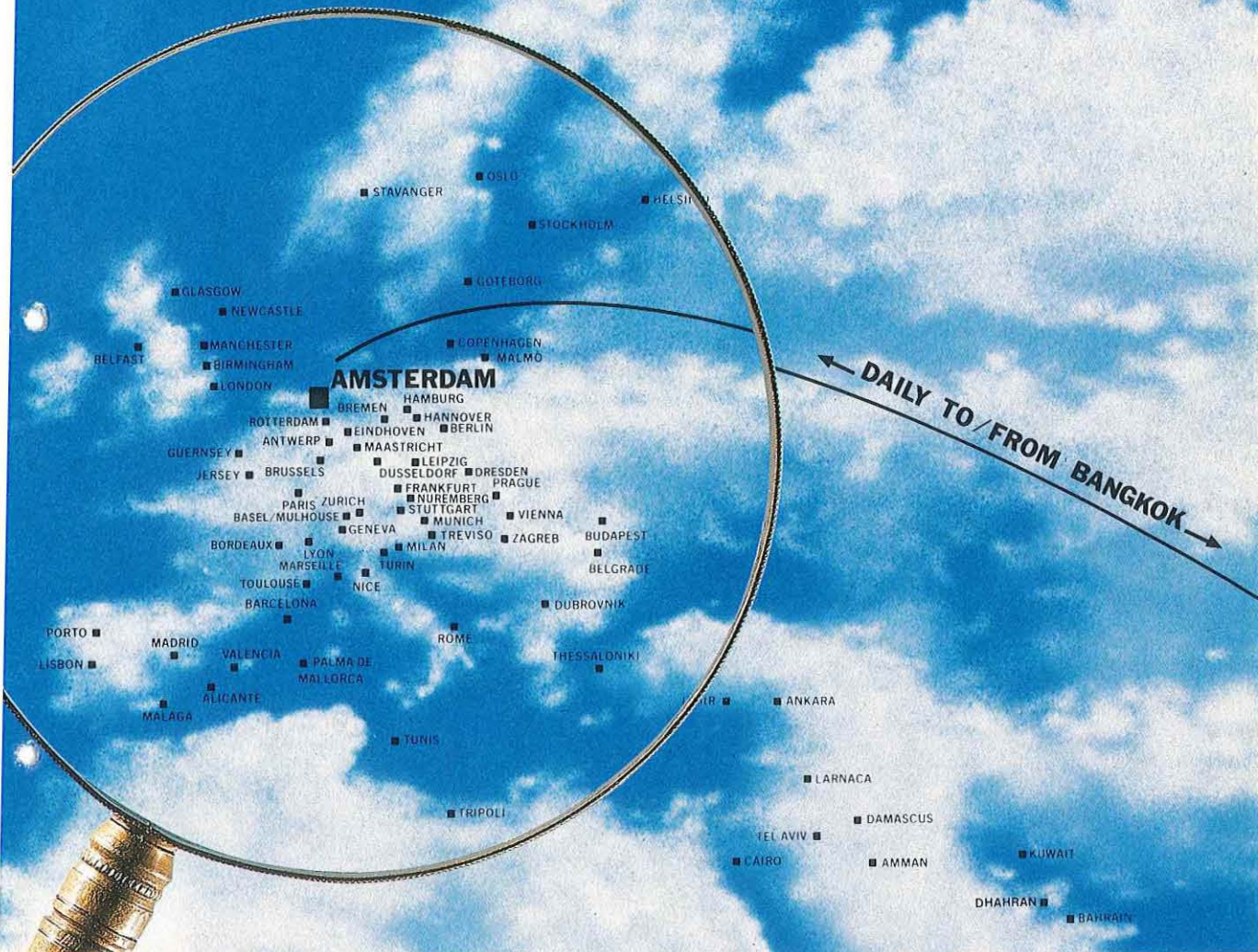
being hand reared. He was born about beginning of September and is approx. 5 weeks old and very playful. Would anybody like a 3 month old, very pretty ginger male cat at the beginning of December, though he could go a couple of weeks earlier. If so, please contact me.



Yindi dark tan, Malee light tan.

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BANGKOK	MON	TUE	WED	THU	FRI	SAT	SUN
• CHECK-IN							
• DEPARTURE	(TUE) 00.30	23.35	(THU) 01.25	23.35	23.35	07.15	23.35
AMSTERDAM a.	07.30	06.35	08.25	06.35	06.35	14.10	06.35
	TUE	WED	THU	FRI	SAT	SAT	MON
AMSTERDAM d.	18.55	19.55	18.55	18.55	14.05	18.55	18.55
BANGKOK a.	11.10	12.10	11.10	11.10	06.20	11.10	19.55
	TUE	WED	THU	FRI	FRI	SAT	MON

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WELL WORTH WATCHING

AWAKENINGS

AFTER years as a Hollywood recluse, during which he rationed cinema audiences to rare glimpses of his acting talent, Robert de Niro has suddenly decided to step up the pace. Over the last twenty months, he has starred in four major films, with two more about to hit the screen. This sudden change of heart has both puzzled and delighted his fans, but, since quality has not been sacrificed for quantity, no-one is complaining.

In his most recent pictures, *Awakenings* and *Guilty by Suspicion*, de Niro has deliberately distanced himself from the bad guys he once loved to play and, in so doing, touched on controversial issues. Both films are based on true stories, to a greater or lesser degree, and both leave you wondering quite what is fair.

Awakenings tells the moving tale of a living statue, of an intelligent man trapped inside a catatonic body. Unable to persuade his limbs to respond in any way, Leonard Lowe (de Niro) has existed in an institution since childhood. And, it seems, he is not the only one. Other patients in the same Bronx hospital have been in suspended animation for up to forty three years — and would have continued thus, were it not for an odd-ball medical researcher (Robin Williams) who resolves to unlock their prison door.

He does so by experimenting on Lowe, pumping him full of enormous doses of a recognised drug, in the hope that it will release his petrified body. As if this shot-in-the-dark technique did not pose enough of an ethical teaser, he — and Lowe — have to confront even thornier issues: how to help the catatonics come to terms with the lives they have missed and the prospect that their reprieve may only be temporary.

Awakenings is based on a book by the British physician, Dr Oliver Sachs, author of *The Man Who Mistook His Wife For a Hat*. It evokes some of the anti-establishment feeling which was so powerful in *One Flew Over the*

Cuckoo's Nest and jerks some of the same tears. De Niro was nominated for an Oscar for his compelling performance as Leonard Lowe, but, unlike Dustin Hoffmann and Daniel Day Lewis, who were honoured for their portrayals of the severely handicapped, was pipped at the post. Perhaps Hollywood had had enough of pathos for a while.

Guilty By Suspicion tackles a subject much closer to the heart of the movie industry, that of the witch hunts of the McCarthy era and the crippling effect they had on the lives of so many creative souls. Once again de Niro plays the lead, as the hot-shot director David Merrill, who refuses to denounce his friends before the House Un-American Activities Committee — and thereby risks sacrificing all that he holds most dear.

A chilling exposure, *Guilty by Suspicion* has the air of a film which had to be made. Watching it, I couldn't help wondering if it weren't an attempt to expunge some of the guilt which might still linger about the systematic destruction of the weak and the perversion of truth in the face of fear which characterised the early 1950's in America, much as some of the war movies of the last decade have sought to ease consciences after the ignominious defeat in Vietnam. De Niro's riveting contribution brought the tragedy very much to life.

Asked to explain his sudden decision to take on these and other recent roles, de Niro told one interviewer "I love making films. They have more impact, reach more people, last longer than the theatre. Once a play's over, it's over, but a film's like writing a novel, it's always there. That's why I'm making three films a year instead of one every eighteen months. At my age you get this feeling that you've so much to do, so many parts to play, and somehow you've got to pack them all in before it's too late." Let's hope he doesn't change his mind again!

CHILDREN'S CORNER

SNOWSCAPE

- Abandon
- Alaska
- Alps
- Antarctic
- Arctic
- Bleak
- Blinding
- Blizzard
- Buried
- Chilling
- Christmas
- Cold
- Cover
- Cut off
- Deep
- Drift
- Eskimo
- Fall
- Flake
- Flurry
- Freeze
- Frosty
- Frozen
- Glacier
- Gloves
- Greenland
- Grit laying
- Hail
- Ice






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Solution on page 16

NOVEMBER CALENDAR

For further information see Activities Page for contact names and telephone numbers. If you would like to announce any B.C. related events in the OUTPOST Calendar, please contact Fiona Mulligan — 286-5385. The deadline is the 10th of the preceding month. *Indicates "to be held in the Wordsworth Room," + "Silom Room, and # "Suriwongse Room."

	SAT	SUN	MON	TUE	WED	THU	FRI
	30 Children's Ballet from 10.30 am Children's Painting Lessons 1-3 pm Flicks for Kids — 6 pm St. Andrews Breakfast						1 Aerobics — 9 am Accumulator Night — 8 pm Trafalgar Night Eric Rossor on Piano
	2 Children's Ballet from 10.30 am Children's Painting Lessons 1-3 pm Flicks for Kids — 6 pm Hallowe'en Party	3 Flicks for Kids — 5 pm Tennis Afternoon — 3-6 pm Family Buffet from 5 pm Swimming Gala Golf Section Outing Bangpakong 11.25 am	4 Aerobics — 9 am BWG Mahjong* — 9 am Happy Hour — 5.30-9 pm Men's Tennis Mix-In 6-8 pm Melbourne Cup St. Andrew's Ball Practice — 7.30 pm	5 Ladies' Golf — 7 am Adult Ballet 9.30 am Bridget — 8 pm	6 Aerobics — 9 am Tennis & Squash Club Night from 6 pm New Members' Night	7 Ladies' Tennis — 8-11 am Ladies' Squash — 9-12 noon Bambi Meeting Darts — 8 pm	8 Football Trip to Chiang Mai Aerobics — 9 am Accumulator Night — 8 pm St. Patrick's Ceilidh Eric Rossor on Piano
	9 Children's Ballet from 10.30 am Children's Painting Lessons 1-3 pm Flicks for Kids — 6 pm Bonfire Night, Rick Scott Show	10 Flicks for Kids — 5 pm Tennis Afternoon — 3-6 pm Family Buffet from 5 pm Brass Ensemble Front Lawn 5 pm	11 Aerobics — 9 am BWG Mahjong* — 9 am Happy Hour — 5.30-9 pm Men's Tennis Mix-In 6-8 pm St. Andrew's Ball Practice — 7.30 pm.	12 Ladies' Golf — 7 am Adult Ballet 9.30 am Stamp Collecting* — 7.30 pm Bridget — 8 pm	13 Aerobics — 9 am Tennis & Squash Club Night from 6 pm	14 Ladies' Tennis — 8-11 am Ladies' Squash — 9-12 noon Darts — 8 pm B.C.T. Music Hall	15 Aerobics — 9 am Accumulator Night — 8 pm B.C.T. Music Hall Surin Elephant Round-Up Eric Rossor on Piano
	16 Children's Ballet from 10.30 am Children's Painting Lessons 1-3 pm Flicks for Kids — 6 pm B.C.T. Music Hall Surin Elephant Round-Up	17 Flicks for Kids — 5 pm Tennis Afternoon — 3-6 pm Family Buffet from 5 pm Surin Elephant Round-Up Golf Section Outing Bangpakong 11.30 am	18 Aerobics — 9 am BWG Mahjong* — 9 am Happy Hour — 5.30-9 pm Men's Tennis Mix-In 6-8 pm P.J. Bar Quiz — 7 pm St. Andrew's Ball Practice — 7.30 pm	19 Ladies' Golf — 7 am Adult Ballet 9.30 am Bridget — 8 pm P.J. Marriot Quiz Night	20 Aerobics — 9 am Tennis & Squash Club Night from 6 pm	21 Ladies' Tennis — 8-11 am Ladies' Squash — 9-12 noon Darts — 8 pm Loy Kratong	22 Aerobics — 9 am Accumulator Night — 8 pm Eric Rossor on Piano
	23 Children's Ballet from 10.30 am Children's Painting Lessons 1-3 pm Flicks for Kids — 6 pm Ploenchit Fair	24 Flicks for Kids — 5 pm Tennis Afternoon — 3-6 pm Family Buffet from 5 pm Golf Section Outing v British Embassy Muang Ake 10.30 a.m.	25 Aerobics — 9 am BWG Mahjong* — 9 am Happy Hour — 5.30-9 pm Men's Tennis Mix-In 6-8 pm St. Andrew's Ball Practice — 7.30 pm	26 Ladies' Golf — 7 am Adult Ballet 9.30 am Bridget — 8 pm	27 Aerobics — 9 am Tennis & Squash Club Night from 6 pm	28 Ladies' Tennis — 8-11 am Ladies' Squash — 9-12 noon Darts — 8 pm	29 Aerobics — 9 am Accumulator Night — 8 pm St. Andrew's Ball Eric Rossor on Piano

DARTS DARTS

WAY back in March the Lions and the Unicorns started playing in the Airborne Express League. After seven long months of Tuesday nights the league has finished.

The Lions more than held their own ending the season a creditable 5th place out of 18 teams with 26 wins from 34 matches. This was primarily due to an excellent start to the campaign, but then mid-way through the season they lost the rhythm when a couple of players left and others went on their summer hols. However, the Lions still maintained a high standard of darts and team spirit, and came home strongly winning 6-1 against arch BC rivals the Unicorns, to finish 5th in the League.

Mainstays in the team throughout the whole season were Ott, Frank and Middy who between them missed only a handful of games and amassed 145 tons. Newcomer Jim also performed excellently as did our top supporter Cath when occasionally called upon to throw at the last minute. Paul, Peter B. and Nee also pitched in with some useful performances.

AIRBORNE EXPRESS LEAGUE BRITISH CLUB LIONS 1991 SEASON STATISTICS

	APPEARANCES (OUT OF 34)	GAMES PLAYED				TONS (180)	FINISHES	FINES (SCORE 7 OR LESS)
		DOUBLES	SINGLES	TEAM	TOTAL			
FRANK	30	20	28	27	75	80	54	5
OTT	32	18	26	25	69	11	29	16
MIDDY	26	26	26	23	75	54(3)	51	14
PAUL	16	11	14	9	34	15	11	11
PETER B.	19	16	8	14	38	—	8	2
JIM	11	9	10	9	28	11	18	8
CATH	3	1	—	3	4	—	—	—
NEE	4	1	1	3	5	—	—	—

The Unicorns, whilst spending most of the season in the lower end of the league table enjoyed the more social game of darts and usually lost games trying to check out.

The Johnnie Walker Thursday night league started in early October giving players no break at all between finishing one league and starting another, unlike our "friends" from the soccer and cricket sections who have a nice off season rest — it's a tough life the ochee.

The Lions are presently top of the 3rd Division with four wins out of five. In the 4th Division, the Unicorns have yet to register a win, but Orin assures us that they are not throwing in the towel just yet.

Poor old Bryan of the Unicorns is currently out of action with a broken leg but he has been spotted secretly practising with the aid of a modified Zimmer frame. Apparently he's had it specially engineered by cantilever consultants so that he can lean further forward on the ochee; I'm not sure if this is allowed under the Thailand Darts Association rules! Anyway Bryan, good luck and speedy return to the game.

The Johnnie Walker League continues every Thursday night right up until the middle of April next year. Both the Lions and the Unicorns are in need of players, so if you're interested please contact either Frank — the Lions (231-0852) or Orin — the Unicorns (399-4582).

Frank



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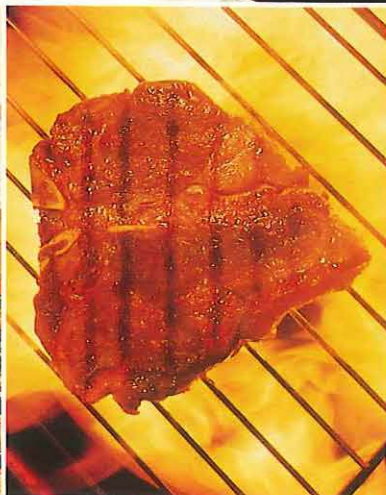
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GOLF GOLF

FORTHCOMING events:—

Date	Course	Time	Event
Sunday 13 October	Hua-Hin	09.30 a.m.	Unofficial
Monday 14 October	Hua-Hin	09.30 a.m.	Section Outing
Sunday 20 October	Muang Ake	10.30 a.m.	Medal/Veterans RndI
Sunday 3 November	Bangpakong	11.28 a.m.	Veterans Semi-Final
Sunday 17 November	Bangpakong	11.30 a.m.	Veterans Final
Sunday 24 November	Muang Ake	10.30 a.m.	VS British Embassy

Recent Results:—

Rose Garden — Sunday 22 Sept — The Volvo Cup — VS The Scandinavians

Who said the days of the four-hour round of golf in Bangkok are long past? Rose Garden, with its excellent starter management and maximum four ball play, made it possible on Sunday, and set us all off to a most enjoyable battle against the Scandahooligans. I walked into the club house having graciously lost my match 4 and 2 with the teams level at 4 1/2 points each, fully confident of our teams impending victory. Unfortunately, we never made another point, and the Vikings went home — trophy in hand.

The magnificent cup denoted by Swedish Motors Corp. Ltd. was presented to the Scandinavian captain Alf Hasselqvist by Khun Bussakorn. While having missed the trophy, our team made up for it by winning the top four prizes, and face was restored.

Decho Suripatra	—	Sriwan Forrest	net 61
Peter Ingram	—	Cheryl Lamb	net 63
John Lenehan	—	Chris Branston	net 64
Keith Collins	—	Lloyd Houghton	net 64
G. Thoresen	—	A. Petterson	net 64
S. Premfors	—	M. Schnverien	net 64
A. Hasselqvist	—	J. Osthes	net 65
N. Persson	—	P. Reiter	net 65

We must make mention of the Les Vize — Philip Jackson partnership which also won its match 5 and 4 and managed a net 65.

The dynamic duo, Dennis and Judy Farmer, were unlucky to lose 3 and 2 especially as it was their last (at least on the present expatriation!) game together for the BCGS: they have been sentenced to an indefinite stretch down-under, and we all wish them great success, and wonderful golf; you will be missed a great deal.

For a full run-down on the Captain's Trophy, see the BCGWC report below.

Eagles nest

The committee has agreed to a change to the rules:

Winners of the eagles nest will be those (member) players who hit their second shot to within a metal shaft length (grip length excluded) of a standard putter. In the case of two or more players achieving this, the accumulated golf balls will be shared equally amongst them.

Brian Hughes

LADIES' GOLF



LADIES' GOLF

WE have had a very busy month and although it has been wet, oh so very wet, we haven't missed a Tuesday morning of golf. I daresay October will be quite different. There are many rumours circulating of a storm that will soon hit Bangkok and leave it at a standstill — I thought the traffic did that already!

I am off (yes again!) on 10th October to the UK for three weeks to see my handsome sons who will be off school. Hank and Kanda have very kindly agreed to be the starters for October.

Forthcoming competitions:

- | | |
|------------------|--|
| November 5th | Matchplay — depending on numbers |
| November 12/13th | Club Championships — this year we have been very fortunate to receive so many donations — everyone should receive a prize. Watch this spot for the names of our generous supporters. |
| November 19th | Starters choice |
| November 26th | Strokeplay — LGU Medal No. 15 |

New Committee Member

Sharon is doing such a wonderful job so we decided to let her continue with Gill now into another job, Handicap Secretary. As you know, Wil is away so it is very good of Gill to help takeover, thank you Gill.

This month we have included the results of the Dundee Cup even though it took place in October. The next newsletter will go out only two more letters to come from me before we elect a new Captain and committee on 17th December, how lucky can you get! Those of you that have been playing during the last few weeks already know that we are looking for 1992's Captain and committee. It would be good to see new blood, please do not hesitate if you can help in any way. WE NEED YOU.

DUNDEE CUP - presented by SHIRLEY STEWART

Firstly a big THANK YOU to our sponsors:
SGS STEWART PROJECT MANAGEMENT SERVICES LIMITED

without whom we couldn't have had such a wonderful day. It turned out to be one of the finest days we have had recently, the weather couldn't have been more perfect and the reason, I am told, is that it was HANK'S BIRTHDAY! She didn't look a day over twenty one and managed to blow out all the candles — a sign of fitness!

There was a very good turnout of 22 girls, thanks to all of you that came out to support this event — I know some of you made a few changes in your diaries in order to be there; for this, I am sincerely grateful.

The Trophy, and what a beautiful trophy it is, and the prizes were happily received by the winners. Thank you David Stewart for being very generous.

BCLG vs RBSC

The Ladies Captain of the Royal Bangkok Sports Club has agreed in principle to a competition which will take place at our home course, Muang Ake on either Tuesday 3rd December. Next year RBSC will be the hosts and the event will be held on their home course. The best news is that we have a very generous sponsor who has agreed to purchase the Trophy and the prizes — watch this spot to find out WHO?

HANDICAP CHANGES

Congratulations Gill Hough 34 to 33.

NEW MEMBERS

Welcome Lynda Hunt, Supranee Stewart, Rita Crawford and Margaret Bayliss and we still have room for many more!

FAREWELLS

I believe our dear friend, photographer, good golfer, Anna-lisa is leaving us soon. We will miss you and truly hope we get a chance to see you before you leave us for some American town called New York!

I am glad to say that Lis Johanssen has decided to stay until the end of her son's school year — end June 1992, even though her handsome husband leaves soon for Los Angeles, but he will be visiting frequently.

Narelle is leaving us very shortly but is too busy buying up Bangkok — she hopes to come out one more time if her money doesn't run out — there are too many souvenirs out there that she would like, who can blame her!

Djuana has finally left Bangkok but firstly for two weeks in Melbourne and then back to the UK via Italy. She thanks all those who helped her in her time of need.

Finally, if you have managed to read this far, remind me to buy you a drink when next we meet!

Competition Results

Tuesday 3rd September 1991 — Muang Ake — Stableford

Winners — Penny and Sharon Rs'up — Inge and Anna

Near Pin 6, Nena — Near Pin 12 — Penny

Sunday 8th September 1991 — Bang Prakong — Captains Cup

The Captain, Lloyd Houghton and the Committee of the British Club Men's Golf Section organised a superb day out. The cruise, food and drink (even though some of us missed our wine) was splendid. To complete the day, your Captain won the cup! Those of you that took part know that it was a mixed competition with names taken from a hat. The winning team won by seven points only — it was close! Thank you again, all of you that helped me win this beautiful cup which now adorns the Trophy showcase at the British Club. THANK YOU CATHAY PACIFIC for sponsoring this competition.

Tuesday 10th September 1991 — Muang Ake — Bogey

Silver Division Winner — Wil R'up — Lavita

Bronze Division Winner — Gill R'up — Sharon

Near Pin 6 — Lavita, Near Pin 17 — Debbie

Tuesday 17th September 1991 — Railway Course — Stableford

Winner — Inge R'up — Gill, Lavita, Dixie!

Near Pin 8 — Lynda

Not a day to be repeated! The course was so very wet and the caddies were so unpleasant, need I say what sort of morning it was!

Tuesday 24th September 1991 — Muang Ake — Medal No. 12 and L.G.U. Pendant

Silver Division Winner — Lavita R'up — Nena

Bronze Division Winner — Sue c/b (Well done! Her first medal)
R'up — Sharon

Near Pin 12 — Nena

Long Drive Silver Division — Lavita (for a change Nena wasn't in top form, thank you Nena)

Long Drive Bronze Division — Eileen — Well done!

The LGU Pendant won by the lowest nett overall — Lavita Net 75.

Tuesday 1st October — DUNDEE CUP — sponsored by Shirley Stewart. Strokeplay no flights.

Overall Winner — Debbie Arbogast net 69

2nd Judy Farmer net 74 c/b

3rd Anne-Marie net 74

4th Eileen Marion net 75

5th Lavita Hughes net 78

6th Lis Johanssen net 80

NP 6 — Lavita, NP 8 — Diana, NP 12 — Lynda, NP 17 — Lynda

Long Drive Silver — Lynda, Long Drive Bronze — Diana

Thank you once again, SGS STEWART PROJECT MANAGEMENT SERVICES LIMITED for sponsoring this competition and for the beautiful Trophy and prizes.

Cheers, Lavita

LADIES WIN THE CAPTAINS CUP !



*Conrad Clifford presenting the Cathay Cup to the Ladies' Captain. Thank you Cathay Pacific for sponsoring the competition.
17.9.91 — LGU Medal + Pendant Day*



Winners.



Dundee Cup winner — Debbie — Being presented the cup by Shirley Stewart — 1.10.91.

... and then it was Hank's birthday.



Winners of some prizes. Dundee Cup. Thank you David Stewart for sponsoring this competition.

Welcome new member to the ladies' golf section — Peter Ingram!



RUGBY



RUGBY

DEAR Rugby Fans and Sufferers,

By now we should have had the Rugby Dinner Dance over and done with. I hope it will have been a success and I'm sure it will be. But at the time of writing I'm still having nightmares about boisterous rugby players and ladies in ball gowns and the Oriental management forgetting the date and the band only singing in Thai. Our house looks like a store-room now with prizes everywhere and computer print-outs with deadlines on it as wallpaper. People are now avoiding me because whoever I see will be asked: Can you do any sponsoring for the ball. Friends are left on the sidelines for now, we will make it up to them on the night!!!

Rugby is going ok although recent reports in the paper do need some clarification. One game was described in the Nation as being a violent clash between the two sides. From what I have heard from our own players it was a hard game, played on an extremely wet field, with a wet and slippery ball that caused mistakes to be made on both sides. One of our players Andie Davies, more commonly known as Quiet Andy was given an extremely bad write up. We were all surprised to see a very rude four letter word printed in the paper especially because it was never said. Of course sometimes players get carried away and say things they would not say in front of their children, but this time the referees comments were un-called for.

At a recent barbecue for SKIP we finally managed to donate B10,000 to this charity. We are sorry it was so late, but as payment for advertisement from the Hong Kong magazine had not been received we had to wait until we had sufficient funds to cover the donation. But anyway, better late than never.

I thought this time (to fill space) I'll give you a special treat, a preview of our "Overheard in the bar" column in the Newsletter. Telephone Conversation one lady phones another one, the phone is answered by an extremely Thai sounding man. "Could I speak to madam please". Foreign man answers: "Madam cannot come, madam on the bed now".

Wife: He works for Unilever. He is a Master

Baker. Other wife replies: "He is a what?"

Mother to daughter: "Can you remind me tomorrow to telephone the school please?"
Daughter: "Mummy, you know how much I hate to rewind you."

For anyone genuinely interested in Rugby here follows a Match Report.

1. Wed 26 Sept. '91 — BC vs Navy

The first game in the Chindara Cup turned out to be a dour affair which was won by a Navy side who turned chances into points. The first quarter of the match was dominated by a BC pack who, marshalled by skipper Pearson, threatened to take control but unfortunately were unable to convert territorial pressure into points. Richie grazed the post paintwork with two early penalties but as the game wore on it was clear that this was not BC's night. Towards half-time the Navy began to compete in the forwards and territorial advantage was reversed. Mistakes crept into the BC game and a frustrated hand was penalised which enabled the Navy to take a 3-0 half time lead. The second half began as the first until an unfortunate refereeing mistake changed the course of the game. A missed knock-on allowed the Navy to break from their own line and only a desperate tackle by Kirkwood avoided a second Navy score. The next 20 minutes was dominated by the Navy who spun the ball at every chance and were awarded a try when the fly-half chipped through for the winger to score in the corner. The conversion was added to make it 9-0. A short revival by the BC was stemmed when scrum half Hunt was sent for an early bath. His octopus like tackle was penalised strongly by the referee when his second tentacle caught the Navy No. 8 broadside, quickly followed by his 3rd, 4th, 5th and 6th tentacle. A penalty in the dying minutes saw the Navy run out winners 12-0.

General comment from me, "The first 20 minutes was great Adolf, but the old men still lack fitness. You have to get points on the board mate. My man of the match was the Joddrell, Jonathan Kirkwood is it?, nice to see somebody under the age of 30.

Regards,

M.Y. Opic

SOCCKER SOCCER

HI gang,

It's hard to believe November is upon us but upon us it is. Soon we'll be up to our necks in St. Andrew's Ball, Christmas shopping and the party circuit and we can look forward to a feast of Farang League football plus the Manila Tour. The past month has been a fairly quiet one but significant, in that we managed to make our debut appearance at the Bangkok Patana School pitch which is in excellent condition although very tight. Our thanks go to all the people at Patana who have made this possible and hopefully this is the beginning of a longer term relationship that would benefit both the School and the British Club.

MATCH REPORT

Only three games at time of press. The first two were more in the series against various Kasetsart Teams and honours finished even with one win apiece. Match one saw us win three-two on a pitch more suited to water polo than football. Tom Keenan opened the scoring with a quicksilver dart through the middle and Frank Hough scored a great second with a pile driver. The students then fought back to two-two before Peter Rogers scored what could end up as the goal of the season. Brian Lewis controlled the ball well in mid-field, turned slicker than an Exxon Valdiz spill and passed to new player Emile who timed his release to perfection to send Peter majestically glided past two defenders and unleashed a thunderbolt past a despairing Kasetsart keeper to make in 3-2. This is a goal that Peter's grand-children will surely hear about. Considering the conditions, both teams played well and it was nice to see old goalkeeper Alex Kondras turn out for one last time during his vacation even though he didn't relish playing in the deep end.

The following week the flood had turned to a mud bath when we had the rematch. The quagmire really made conditions farcical and the football never hit the heights of the first match. Kasetsart took a two goal lead with the

help of an own goal from Andy Manard before Steve Casteldine scored a great individual goal running from deep to crash a long range shot in. In truth however the game was not as enjoyable and the large squad of players we had, made for a lot of chopping and changing and a staccato, disjointed performance.

The last game at time of print was our first major fixture at Patana and was the opening game in our annual Chieng-mai Quadrangular Tournament. Unfortunately the copy date means we have to report on this tournament over two issues as while the Ed is editing this edition we will be playing on the green fields of Thailand. Regular readers will know the Tournament is a round-robin with the two British Club teams, the Chieng-mai Gymkhana Club and Chieng-mai University Staff Team. In the week before we tour the two Chieng-mai teams play up these while the two BC teams meet in Bangkok and this is where we usually shoot ourselves in the foot by drawing the match which makes it hard for one or other to win the tournament.

The Patana pitch was in great condition and this rubbed off on the standard of play from both sides which was very good. Frank Hough opened the scoring for the 'firsts' with a rasping drive past stand-in goalie, yours truly. Steve Casteldine then slotted home a penalty to make it two-nil before John Cochrane pulled one back for the second team with a strong run and shot. The 'firsts' took command early in the second half and in a 'purple patch' scored another two. Steve Casteldine completed his brace with a close in drive and Andy Maynard made it number four after a defensive mix-up between Ray Hughes and the novice goalie. Things looked bleak for the 'seconds' but as they say in baseball circles "the games not over 'til the fat lady sings". The wee team got stuck in and a fine strike by Brian McFeely from 30 yards beat the other stand-in goalie Tommy 'Barnes Wallace' Keenan (or did he beat himself) to make the score 4-2. This gave further heart to the Casuals and five minutes later the firsts gave away a penalty which Andy

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Anastasi converted easily to make it 4-3. In a frantic end to end finish the first team held on to win. It was a very enjoyable game to play in and stars abounded on both sides. Man of the match however was our Frank Hough who as he celebrates another birthday is playing some excellent football and looking fitter than ever.

POST SCRIPTS

By the time you read this Chieng-mai will be a memory and we will be preparing for the Manila Sixes. The former will be reported in full next month.

In the meantime congratulations to goal-keeper Paul Barber who celebrated the big 'four oh' birthday last month and he don't look it. Congratulations also to Frank Hough and Ray Hughes who also had birthdays and they do look it. Tommy Keenan and the lovely Nong tie the knot for a second time this month in a Thai wedding ceremony to complement their earlier UK one and our best wishes go out to them.

Mention should be made here of the Bangkok Soccer League. Many club members sons are playing in this league and the football section is heavily involved in providing coaches including Ron Aston, Jim Boyd, Brian McFeely, Roger Daniel, Alex Forbes, Steve Martin, Paul and Pat Barber and Andy Anastasi. Keith Bell and Brian Lewis also help out as referees. This is where we all act out our fantasies of being the next 'Cloughie', Venables or even Alex Ferguson. For anyone who enjoys football a trip to ISB or Patana between 8 and 3 on a Saturday is a worthwhile experience as these kids really have a ball and are a treat to watch. It's also a close call as to who gets a bigger 'kick', the kids or the aforementioned coaches.

Before we close, congratulations to the rugby boys on organising a mega-dinner dance last month. It was interesting to note from their article in last month's OUTPOST that they have a female Social Convener in the shape of Bee Grunwell. This follows football's example as we have our own vivacious Pat Barber in that role. Both ladies appear to be doing excellent jobs.

Believe it or not some readers actually skim the above to get to this next bit.

A man with a newt on his shoulder walked into a pub.

'What do you call him?' asked the barman.

'Tiny,' said the man.

'Why do you call him "Tiny"?'

'Because he's my newt!'

In the same vein:

A doctor was reaching the end of a long and tiring day. He'd been lancing boils, cutting out ingrowing toenails and sticking needles into people's bums for hours, and he was looking forward to knocking off and going home.

And then a toad came hopping into his surgery and jumped up on his desk.

'You've got to help me, doc,' says the toad. 'I've got this terrible problem.'

'Oh, hell!' says the doctor, 'I don't usually treat amphibians, but just this once I'll do what I can. What seems to be the trouble?'

'Have a Captain Cook at this,' says the toad, rolling over on his back and exposing his private portions.

'Good grief! I've never seen anything like that!' exclaims the doctor. 'It's bright yellow!'

'Don't I know it,' the toad complains. 'The wicked witch did it, and now none of me girlfriends want to know me. They just call me unflattering names. Can you help me, doc? Please?'

'Well, I'm sorry, I really am,' says the doctor, 'but this sort of thing is right outside my area of expertise. The only thing I can suggest is that you 'op off and see the Wizard of Oz.'

'Hey, great idea!' says the toad. 'He'll fix me up, that's for sure! And I know just where to find him, too!'

And with a friendly wave and a smile of gratitude, the toad hops off to see the Wizard of Oz.

The doctor is just about to pack it in for the night when he door flies open and in bounces a frog.

'Doc, doc, you gotta help me!' says the frog. 'Look what the wicked witch has done to me!'

And the frog rolls over on his back to expose his private portions, and he's got these bright blue balls.

'Oh, good grief!' exclaims the doctor. 'Look, there's nothing I can do for you. All I can

suggest is that you go and have a word with the Wizard of Oz."

"The Wizard of Oz?" asks the frog. "And where the hell do expect me to find him?"

And the doctor says: "Follow the yellow prick toad, follow the yellow prick toad"

* * * * *

What kind of spook can you hold on the tip of your finger?

A bogey!

* * * * *

Finally — especially for Tommy Keenan.

When the bluebottles and the earwigs were playing football, the bluebottles were leading 3-0 at half-time. The earwig's manager decided to put Joe on as a substitute, and by the final whistle he had scored ten goals. No wonder the crowd were shouting, 'Earwig Joe! Earwig Joe! Earwig Joe! Earwig Joe!'



* "Now will you believe those replacement door people are a bunch of cowboys?"

Bye for now.

'Scoop

SQUASH SQUASH

Singapore Tour

IN September a team of Squashies made a trip to Singapore and played against the Singapore Cricket Club & the British Club. Sadly, we lost against both teams 7-1 & 6-0 respectively but everyone had a great time, especially Tony Austin who let a charming lady from the SCC, by the name of Grace Ching, get on top of him too soon. By the end of the match Tony came off feeling thoroughly SQUASHED!! Several snaps of our members were taken but at the time of writing we have not seen them. Rumour has it that they may not be suitable for the magazine, — the mind boggles!!!!. The BSC have threatened us with a visit in November but this time we will be ready.

Mike O'Connor

SQUASH NEWS

MEL's absence in Geneva provides unbridled opportunity for a LAY-protagonist to present this month's squash news.

To more pressing matters. It is obvious that the males of this club are far too chauvanistic ... Have I got your undivided attention? Here is the relevant gripe courtesy of Alexis Walsh;

By the time you read this the November league will have already started. Our winners in September were:

- | | | |
|--------|-----|----------------|
| League | 1. | Peter Corney. |
| | 2. | Tom Olsen. |
| | 3. | Sam Zappia. |
| | 4. | David Barber. |
| | 5. | Marvyn Lewis. |
| | 6. | Sian Turner. |
| | 7. | Paul Tuffy. |
| | 8. | Jack Dunford. |
| | 9. | Mike O'Conner. |
| | 10. | Joe Grunwell. |
| | 11. | Peter Smith. |
| | 12. | Roger White. |
| | 13. | Julis Freeman. |

Unfortunately, once again many players have not been completing their matches and in a number of cases not even starting!!!!

We would again ask that you make every possible effort to play your matches. Also please try to avoid last minute cancellations as this is extremely frustrating for your opponents. If you have entered and then find you cannot play please withdraw at the earliest opportunity in fairness to everyone else.

Sorry for the moan but we are getting complaints. So enjoy this month's league.

Thank-you Alexis. I'm sorry for the players who were keen to play and had numerous difficulties arranging matches due to the incompetence and lack of consideration of their opponents. Get your act together please people.

The Ladies' morning saw a cosy foursome so we all had plenty of exercise and good squash. This is more than I can say for the few tennis players miserably sitting in the sala drinking tea and trying to forget their wet weather blues. We of course could accommodate many more players so blow the dust off those rackets and join in the logical sport for the Bangkok climate ladies.

Legendary Leaps In The League.

Two leaps from B to A flight — George Dunford defeated dear old Dad, Phil Rowntree defeated Ed Batchelor.

Next league we will be interested to follow the movements of Paul Tuffy- known to be flexing his muscles 0615 in the gym and perhaps Mike Rickard might regain some rungs before he slips into oblivion on the B ladder.

David Barber is the quiet achiever moving, slowly, slowly.

Unfortunately the ladder bade farewell to Bernie, slipped discs you know.

Cheerie,
Sian

TENNIS TENNIS

A TRIP TO SINGAPORE

AFTER a lot of friendly persuasion and cajoling, the B.C. tennis section, with a little help from the "squashies", took a tennis team on tour to the planet known as, "Singapore". This planet is located just south of the traffic queue at the end of Sukhumvit Road and is recognisable by its conformity to order, and atmosphere suitable for breathing. It also contains a number of shops that sell goods of the useful variety at prices that most husbands can afford. However, it was noted that a certain number of wallets were suffering from acute cases of malnutrition by the end of the weekend.

Back to the tennis or the build-up to the first match. True to form the B.C. tennisites started training in earnest at the airport, prior to the departure of the space shuttle to planet Singapore. The training consisted of many services of Singha, hard volleys of vodka and lobs of vast proportions in wine bottles.

This serious training continued until touch-down, although it must be said that some tennisites were still flying. We were met at the airport by three buses who were contracted to escort us to the Cockpit Hotel where we were met by the Manager who, having very quickly assessed the nature of the arriving party, invited everybody to his new disco to complete their training. This we did, but unfortunately, the majority of the team peaked (or was it piqued) at about 3.00 a.m. Notwithstanding this temporary set back to the well being of



The Motley Crew.

body trained, honed and fine tuned physiques, to a level of fitness and incompetence hard to match in any other travelled athlete, Saturday morning continued with an early triste at the shops.

Most people went their separate ways, but close encounters were had and the days goodies compared. Now, as the B.C. is renowned for its cosmopolitan composition, which on this occasion included a Frenchman, this story of purchasing must be told which, in retrospect, could partly explained the performance at Agincourt some few years earlier. The Frenchman bought new tennis shoes for the matches to follow. Nothing remarkable in this you might think, but on discovering blinding pain in the left foot, after a series of searching runs to collect the numerous balls that had been successfully rocketed past his ailing defence, he discovered that the gauche shoe was at a smaller size than the one on the other side. ZEUT ALORS.



A picture of stunning beauty and composition!

The first match was scheduled against the Singapore Cricket Club on Saturday afternoon and it was soon noted that the pre-match training was totally inadequate to compensate for the ability of the players put against us in this "friendly" interport. At the conclusion of the match we maintained some dignity but still lost 16 sets to 4.

After the match we were invited to eat and drink with our hosts. At this match we fared a lot better. During a quick break between mouthfuls, presentations were made and received, invitations were extended to Singapore to visit the smog at a time to be agreed. As far as we were concerned the match was still in progress and, when it was considered that our fine hosts should be allowed to retire, the B.C. still had a full complement of players winning the second phase of the match 24 to 2. This gives an overall match score of US 28 THEM 18. WELL DONE THE B.C.

Still not tired the B.C. players trouped off to visit the new Raffles. What a nice building and the new bar sells just the same "slings" as they did before. But for a small misunderstanding with a short round a good time was had by all until we went to leave. THERE ARE NO TAXIS OUTSIDE RAFFLES HOTEL!!!!!!

A new day and a new match, this time against the B.C. of Singapore. Just after dawn on the Sunday morning when all fine athletes should be sleeping it off, a bus arrived to take everybody to the venue of the next match. Unfortunately the bus driver did not know the way to the B.C. Singapore. Undaunted by this prospect of being lost on a strange planet we set off into the unknown to boldly go

We arrived at the club and were beamed up to the reception areas where we received a fine reception, one each. Introductions were made and we soon were regretting the early start to the day, being on the receiving end of yet another hiding. However as the sun came up our spirits lifted (or evaporated) and we made a small modicum of success, not enough to win but enough to make the score respectable. We lost 9 sets to 6. A magnificent effort considering the self-inflicted wounds of the night before.

After the match the B.C. Singapore entertained us to jugs of fine ale and a buffet lunch. They were very adept at the jugs game and proved worthy adversaries and well worth the invitation to the "Land of miles of traffic queues" in the not too distant future.

After the lunch it was a return to the hotel to collect our remnants bags and pride and head for the airport. Thanks must be extended to Bone Adams who, in conjunction with Elita Travel, organised the hotel and travelling arrangements.

Bernie Adams



The beautiful people.

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ACTIVITIES

ANYONE WHO IS INTERESTED IN PARTICIPATING IN ANY ASPECT OF THE FOLLOWING ACTIVITIES SHOULD CONTACT :

AEROBICS	-	ASHA WIJEYEKOON	213-2134
BILLARDS/SNOOKER	-	RON ARMSTRONG	390-2445
BRIDGE	-	ELAINE & DARRYL HENNIG	331-5983
CHESS	-	JAMES NICHOLS	236-8834
CRICKET	-	BRIAN LEWIS	253-0557
DARTS	-	FRANK HOUGH (LIONS)	231-0852
		ORIN BALDWIN (UNICORNS)	399-4582
GOLF	-	LLOYD HOUGHTON	252-0435
LADIES' GOLF	-	LAVITA HUGHES	391-2688
OUTPOST	-	MAREN WHITE	258-1481
RUGBY	-	JOE GRUNWELL	541-1970
SCUBA DIVING	-	CHRISTIAN BOUTEILLIER	279-5373
SOCCER	-	ALEX FORBES	260-1950
SQUASH	-	SUZANNE OLSEN	249-1998
STAMP COLLECTING	-	JACK DUNFORD	236-0211
SWIMMING	-	SEE NOTICE-BOARD	
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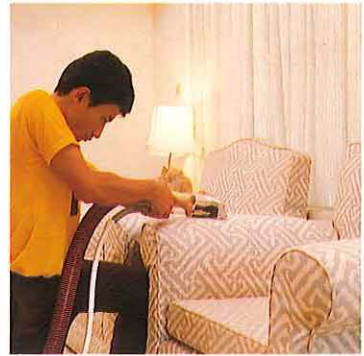
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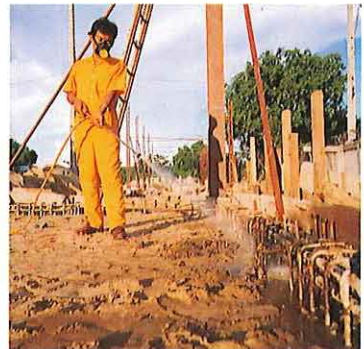
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