

NOVEMBER 2013



THE BRITISH CLUB
BANGKOK

OUTPOST

www.britishclubbangkok.org

THE OFFICIAL MAGAZINE OF THE BRITISH CLUB BANGKOK



1910 - *the* Balcony

1910 Balcony
New Members Night
Trafalgar Dinner
Health & Well-being
Sports
Nov/Dec events



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BANGKOK PATANA SCHOOL CELEBRATES IB AND (I)GCSE ACHIEVEMENTS



Congratulations to the Class of 2013 on your IB results:

- **93% pass rate** against a world average (WA) of 78%
- **One student gained a perfect 45 point score**
- **Two students achieved 44 points**
- **A mean grade of 5.3** in individual subjects (WA = 4.7)
- **Average points score of candidates who passed is 33.0** (WA 29.8) (with a non-selective admissions policy)

We wish the Class of 2013 the best of luck in their future endeavours.

Last year 226 of our students sat (I)GCSE exams:

- **25.98%** of grades awarded were **A*** (WA = 19.73%)
- **51.43%** of grades awarded were **A*- A** (WA = 39.99%)
- **90.13%** of grades awarded were **A*- C** (WA = 62.45%)
- **12 candidates**, who sat **AS Maths** a year early, **achieved the top A grade**
- **21 students** were awarded **eight or more A*s**

Many congratulations to all our (I)GCSE students and we wish them the very best as they progress in their academic studies.



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FRONT COVER

That the Club was built with a balcony stretching the full length of the building only accentuates its validity and purpose. Ideal for individuals or groups of Members, it's wired for wifi, plugged for laptops and tablets, serves afternoon teas, cocktails, snacks, with a beautiful view in a comfortable surrounding. Have a seat!



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OUTPOST IS PUBLISHED ON BEHALF OF THE BRITISH CLUB BY VERITAS GRAPHICS.

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OUTPOST

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LETTER FROM THE GM



Dear Members,

October has been an excellent month at the Club, with some lively events and Members' activities that were greatly enjoyed by all who participated. I'd like to thank all of you who joined us for the New Members' Night, combined with the Grand Opening of the 1910 Balcony. After our Chairman, Khun Phil, had formally opened the refurbished Wordsworth Lounge and the 1910 Balcony, everyone enjoyed complimentary cocktails, mixed specially by Khun Kasem. These 4 new cocktails and an exclusive snack menu are served from 3pm until 11pm, as well as Afternoon Tea from 3pm until 5pm daily. I am sure that Members will love the new Balcony. If you haven't seen it yet, please go and take a look and enjoy its lovely views and peaceful atmosphere.

The busiest period at the Club starts in November. As part of the continuing upgrading of the Club's grounds, we intend to renovate the Turtle Pond and install a new waterfall. However, this should cause very little disruption to Members. We will also install new lighting on the landscaped area of the Back Lawn.

Please don't forget the events we will offer over the next few months, starting with an early Guy Fawkes on November 2nd. We also have Loy Krathong (17th November), Christmas Wine Tasting (22nd November), an evening with Christmas Carols (4th December), Christmas Lunch & Dinner (25th December) and the New Year's Eve Cruise (31st December). More details of all these events are in Khun Jeremy's report and on posters throughout this issue.

On the 29th/30th November, the Club is hosting the Chivas Regal 33rd STC Interport Balut Competition. Over 100 players from around the Asia-Pacific region will take part in 2 days of activities, including several teams from the British Club Balut Section. I would like to extend a warm welcome to all our guests and wish all competitors the best of luck and I hope our teams win the Trophy!

Since the monsoons should be stopping soon, we plan to fill November with sporting activities for adults and children, with bike rides, volleyball and football tournaments, swimming galas and much more. Please speak to Khun Mike for more details.

The Club's management team is here to help and serve all Members and we encourage all new Members in particular to say hello to us as we wander around the Club on our daily routines, so that we can get to know you more and hear your ideas for the British Club.

See you around the Club soon.

Best regards,

Premrudee Tanyaluck
General Manager

OFFICIAL OPENING TIMES

The Verandah	11am - 2pm, 5pm - 10pm (Mon-Thurs) 11am - 10pm (Fri-Sun and Public Holidays)		
Accounts Office	9am - 6pm (Mon-Fri), Closed (Sat-Sun)		
Neilson Hays Coffee Shop	9am - 6pm	Fitness Centre	6am - 10pm (Mon-Fri)
Churchill Bar	10am - 11pm	Fitness Centre	6am - 9pm (Sat-Sun)
Poolside Bar	6:15am - 11pm Last food orders 9:30pm	Thai Massage	9am - 5pm (Tues-Sun)



SCHOLARSHIPS (aged 16+)

The school is proud to announce a scholarship programme for students' entry to Year 12* (aged 16+) in August 2014 with outstanding achievements according to the Academic criterion.

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Visit our website www.varuna.org for more information and contact details. We will be happy to organise a visit so you can experience the flavour of the Club facilities and the sport of sailing.

HAPPENINGS



Dear Members

The clocks are about to go back, so autumn is here. Did you see that great photo of the 4 royal generations together, on the Beeb and in the UK newspapers? Didn't the Queen look radiant?

It's been a good month, and we've enjoyed the mumblings and hair-tearing of Quiz Night, the busy New Members Night followed by the opening of the wonderful 1910 Balcony, a harmonic and thoroughly impressive duo recital for violin and viola, a terrific Kids Halloween Party, and a popular wine-tasting with many unfamiliar wine suppliers and unfamiliar canapés too (which were yummy I hasten to add). Topping them all was the Trafalgar Dinner, which filled the Suriwongse Room physically and gastronomically, to which we welcomed the British Ambassador and his wife and a guest speaker from the Royal Navy's HQIADS in Butterworth. It was a great evening and we look forward to next year's dinner.

The 1910 Balcony is a brilliant rediscovery - it affords an alternative venue for Members who want tranquility or space without (much) disturbance. There are plugs for laptops, there's wi-fi, excellent cocktails and special snacks, and it's the perfect place to meet friends for afternoon tea. I still ask myself who stood there and decided to turn it into cupboards!

November brings some major events: Guy Fawkes with its fantabulous fireworks will have been and gone by the time you read this. On Saturday 16th the Club is hosting a wonderful family day "Operation Smile" which is on Universal Children's Day and will raise much needed funds for charity, so please come along and enjoy the fun. Sunday 17th is Loy Krathong, and as last year, we are arranging people to go on dinner cruises up the Chaopraya or alternatively coming to the Club to make krathongs, have a buffet, and float the krathongs in the swimming pool. My favourite Thai festival, it carries a lovely sentiment and with candles and floating krathongs it is a beautiful festival to observe too. The largest British Fair in SE Asia shows its annual face on Saturday 23rd - the Ploenchit Fair has raised over 50 million baht for charities over the last few decades and it will be held at Bangkok Patana School. Don't miss the last major wine-tasting before Christmas which will be on Friday 22nd November here at the Club, time to stock up! Then the last weekend of November sees the Club hosting the 33rd Chivas Regal Interport with players flying in from many SE Asian Members Clubs. Scheduled to be held in Manila this year, when the hosts pulled out a couple of months ago, all feared it would not take place, so the British Club jumped in and offered to host it, which has meant frantic arrangements getting everything prepared and ready to roll.

December is drawing near, along with the end of the year, and the marvellous celebrations that go together under the umbrella of Christmas. We have an evening of Christmas Carols on 4th December with the choirs of St Andrews Int'l School coming to perform on the Back Lawn, a cherubic setting with mulled wine and mince pies. There will be a special edition of Quiz Night on Tuesday 10th December, with a special prize as well, so mark that down and bring friends to make up a team. Our Kids Christmas Party with a visit from Santa and fun and games galore is on Sunday 22nd December, and then 3 days later it's Christmas Day, when Khun Laak pulls out all the stops for a luncheon or dinner buffet beyond belief! It's far easier to drop in here than try and create such an abundance of food in your kitchen, so book soon to avoid missing out on the best buffet in Bangkok on Christmas Day.

The Annual Ball is on the Back Lawn under the stars on Saturday 14th December - amazing raffle prizes, a cocktail reception, a full dinner catered by the Club, half a bottle of wine free, an excellent band has been booked this year, it's a great evening so ensure your place is written down so you get to share that special evening.

With all this happening, you may need more information or help booking or even clarification! To make it easy, just email events@britishclubbangkok.org and we'll be happy to respond as best we can. Let's all have an amazing Christmas season this year, goodwill is free!

No more space, so details of 3D movies, the App, Club brand items and New Year's Eve will be in next month's Outpost or by mailing during November. And start thinking of what Christmas Food you need to order from the Club - last year, we nearly ran out of some items, and Boxing Day really deserves lots of mulled wine and mince pies, like every December day...!

Best wishes

Jeremy de Sausmarez
Events & Marketing Manager

BUSINESS LUNCHEONS

4th November - 8th November 2013

Starters - 55 baht

Carrot, Raisin and Apple Coleslaw

or

Chef's Soup of the Day

Main Courses - 140 baht

Chicken Maryland with Pineapple, Banana, Sweet Corn, Bacon and Home-fried Potatoes

or

Pan-fried Dory Fish in Orange and Butter Sauce

Served with French Beans, Carrot and Mashed Potatoes

or

B.B.Q. Pork Neck

Served with Mixed Salad and Baked Potatoes

or

Tom Kha Gai

(A Refreshing Coconut Milk Soup with Chicken and Herbs)

Phad Kraprao Moo Sab

(Stir-fried Minced Pork with Hot Basil and Chilli)

Phad Tua Ngok Tao Hoo

(Stir-fried Bean Sprouts with Bean Curd and Oyster Sauce)

11th November - 15th November 2013

Starters - 55 baht

Smoked Fish Salad with Lime and Chilli dressing

or

Chef's Soup of the Day

Main Courses - 140 baht

Mixed Sausage with Mashed Potatoes and Fried Onions

or

Turkey and Mushroom Pie with Mixed Vegetables and Home-fried Potatoes

or

Grilled Seabass

Served with Spinach Risotto

or

Tom Yam Goong

(Spicy Lemon Grass Soup with Prawns and Mushrooms)

Gai Phad Khing

(Stir-fried Chicken with Ginger, Onion and Fungus Mushrooms)

Tod Mun Pla

(Deep-fried Fishcakes)

18th November - 22nd November 2013

Starters - 55 baht

Chicken and Cranberry Salad with Balsamic Dressing

or

Chef's Soup of the Day

Main Courses - 140 baht

Pan-fried Dory Fish with Caper Butter Sauce

Served with Broccoli, Carrot and Garlic Mashed Potatoes

B.B.Q. Ham

Served with Sautéed Cabbage, Bacon and Potatoes Salad with Parsley Cream Sauce

or

Baked Chicken Breast in Tomatoes and Cheese Sauce

Served with Roast Vegetables

or

Gaeng Kiew Wan Look Chin Pla

(Fish Balls in Green Curry Sauce)

Kai Jiew Moo Sub

(Thai Style Minced Pork Omelette)

Phad Kana Nam Man Hoy

(Stir-fried Kale with Oyster Sauce)

25th November - 29th November 2013

Starters - 55 baht

Tuna Salad

Tuna, Tomatoes, Lemongrass, lime and Spicy Dressing

or

Chef's Soup of the Day

Main Courses - 140 baht

Turkey Chilli Con Carne

Served with Rice

or

Fillet of Pork in Pepper Sauce

Served with Mixed Vegetables and Lyonnaise Potatoes

or

Pan-fried Dory Fish in Spicy Herbs

Served with Mixed Salad and Boiled Potatoes

or

Gaeng Som Goong Phak Ruam

(Sour Soup with Mixed Vegetables and Prawns)

Moo Tod Kratium Prik Thai

(Stir-fried Pork Fillet with Garlic and Pepper)

Tod Mun Pla

(Deep-fried Fishcakes)

Dessert of the Day - 55 baht

or

Choose from our à la carte Dessert 10% off



THE BRITISH CLUB
BANGKOK

F&B MORSELS



Dear Members,

Everything is back in full swing in the kitchens. The new menus seem to be popular, the dishes I recommend are being ordered often, and now we have the exclusive snack menu available for those Members on the 1910 Balcony! I have also started a different range of canapés for wine-tastings which have got very good feedback. The Poolside Barbecue Buffets on Saturday evenings are very popular so we will keep those going this month.

This month there will be 2 Saturdays when we do not have a Saturday Buffet. The 2nd November is Guy Fawkes Day here at the Club and the Back Lawn will be full; likewise, on 16th November we are having the Operation Smile Day, so there will be no buffets in The Verandah on either of those days. The last weekend of November is the Interport Balut competition, with a reception, big lunch and big dinner for over a hundred guests and free-flow drinks, so that will be a busy weekend!

We have just had this year's Trafalgar Dinner which was a great success and much busier than last year. I'm disappointed that the plates and food were not as warm as they should be, but the food was all eaten so at least that was good and we will make sure that the temperature problem does not occur again.

November sees the reintroduction of weekly Healthy Menus with nutritional information from BNH Hospital so you know what you are eating is good, and soon we will be sending out the order forms for Christmas Food which must be completed and sent back in good time to let us get it all into stock and prepared for your special festive meals.

Happy Eating!

Khun Laak
Executive Chef

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Afternoon Tea

3pm - 5pm

Sausage rolls (2)

Scones (3)

(with cream and jam)

Sandwiches (2)

Mini apple crumble (2)

Cakes (3)

Pot of tea for 2



1910 - the Balcony



THE BRITISH CLUB
BANGKOK

IN WITH THE NEW... and welcome back from the past!

New Members' Night and the 1910 Balcony

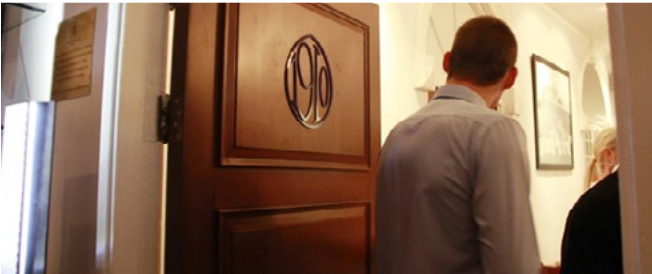


The Suriwongse Room was in the spotlight on Tuesday 15th October as it was an evening for new Members to get together and meet not only each other but also members of the General Committee, Section Heads, and some members of the Club management. With free drinks and delicious canapés, it was a jovial and convivial moment with a guitarist playing melodic toons and singing old favourites.

But then the moment metamorphised into the grand opening of the restored 1910 Balcony, as Members were led by GC Chairman Phil Alexander first into the renovated Wordsworth Lounge which is almost complete (the 3D TV and home theatre system in place courtesy of LG Electronics), and then onto the 1910 Balcony itself, sporting a wonderful selection of pertinent photographs snapped circa 1910, and even highlighting the Japanese bolt-hole which leads to a hidden mezzanine half-height floor between the up and downstairs. There were free cocktails, more eats, and a great deal of chatter and it turned into an even more enjoyable evening!

The 1910 Balcony opens at 3pm and sells specially created cocktails or regular drinks as well as Afternoon Teas and a special range of snacks. It has comfortable seating, offers views out over the Back Lawn, and provides Members with a location where they can meet friends, have business discussions, surf the Internet, get stuck into a book, or just ponder and reflect on circumstances. It's a completely original part of the Club, lost for over half a century, and now back for Members' use and enjoyment.

A proud piece of the Club and its history from the beginning, 1910 is **the** Balcony.



PLOENCHIT FAIR AT BANGKOK PATANA SCHOOL



SATURDAY 23rd NOVEMBER 2013

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ENGLAND EXPECTS....

By Secret Squirrel

The 2013 Trafalgar Dinner

Towards mid October a sudden rise in business in dressmakers and tailors shops throughout the Silom area forewarned that the British community would soon to be gathering to commemorate the 1805 Battle of Trafalgar in traditional fashion.

Those of us who couldn't restrain ourselves and wait for the appointed hour gathered first in the Churchill bar to gossip and be impressed by each others attire, before being marshalled upstairs to be greeted by a very welcome glass of bubbly, and (what was for many) a first look at both the new 1910 Balcony bar, and the equally new pink walls of the recently refurbished Suriwongse Room. The room had been decorated with bunting and pictures relating to the battle, the tables looked enticing, and the stage backdrop had flags in the correct order of the famous signal flown by Nelson before fighting began.

Once again, we were honoured to be joined for the evening's dinner by the British Ambassador HE Mark Kent, who led the royal and loyal toasts to His Majesty the King of Thailand, and to Her Majesty Queen Elizabeth II, before yielding the floor to an excellent meal created by Khun Laak and her team.

A very personal post dinner speech was delivered by Lt Commander Robert Hawkins, whom we welcomed to the Club for the first time, and who it would seem had gone to some lengths to investigate our own historic connection to the events of the period through one of the Club's staff! Or perhaps more specifically his illustrious forebear. Somehow it brought those distant days just a tad more within reach of reality.

Whilst some of us struggled with the concept of merely sipping port rather than sinking it (pun intended), others of us struggled to leave and found ourselves still chatting with new chums until the small hours.

A traditional evening it may have been, but it was also an evening of the new...new suits, new bar, new walls and most importantly new friends.







THE BRITISH CLUB
BANGKOK

เอทิฮัด
ETIHAD
AIRWAYS



*The British Club cordially invites you to attend Bangkok's Original
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ANNUAL CHRISTMAS BALL

- ▶ 1/2 hour cocktail reception on the Front Lawn with drinks and deluxe canapés
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- ▶ Special bar and wine menu
- ▶ Strings, live music, dance-floor
- ▶ Breakfast at 2 am

14.12.2013
from 7pm until the early hours

Tickets Bt 2,200 per person
Tables of 10 at Bt 20,000
Non-member supplement Bt 250

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THE BRITISH CLUB
BANGKOK

CHRISTMAS DAY

Luncheon & Dinner

Wednesday 25th December 2013

Enjoy the warmth and goodness of Christmas in The Verandah Restaurant,
The Suriwongse Room and The Churchill Bar

. Full seasonal buffet and desserts . Excellent range of vegetarian dishes

Bt 995 per person, children under 12 years bt 550

Seating is limited, so please register online or with Reception

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THE BRITISH CLUB
BANGKOK



Celebrate Loy Kratong

Sunday 17th November 2013

in the way that suits you best

**DINNER
RIVER CRUISE**

candle-light international buffet on the Chaopraya
and a fantastic view of the fireworks display
Coach leaves the Club at 6:30pm and
brings you back around 11pm
Adults Bt 3,100
Kids under 12 yrs Bt 2,100

Tickets include transport, dinner, soft drinks and Krathong

or

POOLSIDE

A chance to partake in this beautiful festival
with traditional Krathong-making
Festival buffet from 7pm
Floating your Krathong in the pool when you're ready!
Adults Bt 450
Kids under 12 yrs Bt 225
Price includes buffet and Krathong-making session
Kids activities, games and the Bouncy Castle!



THE BRITISH CLUB
BANGKOK

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THE BRITISH CLUB
BANGKOK

PAST PARTICIPLE

Auspiciam Melioris Ævi

By Paul Chesman



We look at the history of our Club in 1992 ...

1 As with the previous year the General Committee took the view that the unprecedented interest in joining “the British Club” should be further capitalised upon following that year’s 67% increase in Joining Fees (see October Outpost). At the Annual General Meeting it was proposed that Family Members would now have to pay 35,000 Baht (an increase of 40%) and Single Members would have to pay 30,000 Baht (a 50% increase). This was “to provide funds” for replacing the pool, computerising the accounts, upgrading the Clubhouse, building a multi-storey car park and as a priority creating a field sports facility, the latter of which was a source of debate both at and after the meeting. Despite many objections, and after a long deliberation the motion, was carried by 43 votes to 38.

2 After the Great Tax Affair of 1989 (see August Outpost) it had been found that the Revenue Department was instructing the Royal Bangkok Sports Club to add VAT (Value Added Tax) to all their subscriptions. In readiness for “the call” from said Revenue Department, VAT was added to all subscriptions from May 1992. Strangely no such call was ever received but at the year-end our auditors instructed us that having started to collect the VAT, we must now pay it, so we did. this ruling.

3 The “Big Story” of the year was the establishment of the now infamous ‘Playing Field Fund’. Unhappy with the seeming lack of urgency shown after the AGM concerning the undefined “field sports facility”, an Extraordinary General Meeting was called by seven Members (as was the rule in those days) to add a further 5,000 Baht to each joining fee and to keep this money in a fund to rent/buy a playing field for the use of the Club’s Cricket, Rugby and Soccer Sections. The key arguments of the debate pivoted on non-members ... those

against the fund argued that the Cricket, Rugby and Soccer Sections contained differing numbers of non-members so why should Members pay for a playing field, whilst the supporters pointed out that because the Cricket, Rugby and Soccer Sections were nomads with no ‘home’ playing field they could not attract sufficient players to join the Club! The motion was eventually passed by 58 votes to 49.

4 The Suggestions Books, one held at each of the Clubhouse and the poolside, are interesting phenomena. Usually used for complaints more than suggestions, they are traditionally read at the General Committee meeting with replies from management and any subsequent action needed taken by the GC. 1992 was no exception ...as well as the literally dozens of complaints (during that year) on F&B there were complaints that a TV was brought into the bar, that non-members were using the Club, that the dress code was not being adhered to, that hair-dryers were not “fast enough”, that there was a mouse in the bar (see insert) and finally, a Member’s request for GC plans for when a comet was due to hit the Earth in 2112 ... the response was to defer this to a future GC, presumably a far future GC.

5 The year ended with record membership of 916 but this had been mainly from recruitment in the first few months of the year ... political unrest in May coupled with severe flooding in June deflated new Members in Quarter 2. Then the new joining fees and playing field fund fee kicked in (40,000 Baht to join in June 1992 compared to 15,000 Baht in February 1991) and recruitment began to fall away such that the number of Members was to fall almost every year after until the end of the decade! future and put a ban on mobile phones being used in the Churchill Bar and the Lords Dining Room.

<u>Suggestions Books</u>	
Numerous suggestions were recorded. They were:-:	
<u>Suggestion</u>	<u>Reply</u>
Mouse in Bar	Now dead

“Banning the future!”

The author is Honorary Secretary of the Club

BC CALENDAR - NOVEMBER 2013

MONDAY

BWG Mahjong

10am - 1pm



4

Tennis Mix-In

6pm - 10pm



Monday Night Media

7pm, Silom Room
Yes Minister & Spitting Image



BWG Mahjong

10am - 1pm



11

Tennis Mix-In

6pm - 10pm



Monday Night Media

7pm, Silom Room
Life on Mars



BWG Mahjong

10am - 1pm



18

Tennis Mix-In

6pm - 10pm



Monday Night Media

7pm, Silom Room
New Tricks



BWG Mahjong

10am - 1pm



25

Tennis Mix-In

6pm - 10pm



Monday Night Media

7pm, Silom Room
Spooks



TUESDAY

Morning Mix-In

8am - 11am



5

Squash Mix-In

5pm - 7pm



Scottish Dancing

7pm, Silom Sala



Bangkok Gentlemen

Spoofers

8:30 pm



Morning Mix-In

8am - 11am



12

Squash Mix-In

5pm - 7pm



Quiz Night

The Verandah, 7:15pm



Bangkok Gentlemen

Spoofers

8:30 pm



Morning Mix-In

8am - 11am



19

Squash Mix-In

5pm - 7pm



Bangkok Gentlemen

Spoofers

8:30 pm



Morning Mix-In

8am - 11am



26

Squash Mix-In

5pm - 7pm



Bangkok Gentlemen

Spoofers

8:30 pm



WEDNESDAY

Artists @ British Club

9am-1pm



6

Ladies Tennis Coaching

9am - 10:30am



Tennis Mix-In

6pm-10pm



Balut

7pm, Wordsworth Lounge



Artists @ British Club

9am-1pm



13

Ladies Tennis Coaching

9am - 10:30am



Tennis Mix-In

6pm-10pm



Artists @ British Club

9am-1pm



20

Ladies Tennis Coaching

9am - 10:30am



Tennis Mix-In

6pm-10pm



Balut

7pm, Wordsworth Lounge



Artists @ British Club

9am-1pm



27

Ladies Tennis Coaching

9am - 10:30am



Tennis Mix-In

6pm-10pm



THURSDAY

Ladies Mix-In

8 am



Squash Mix-In

5pm-7pm



Ladies Mix-In

8 am



Squash Mix-In

5pm-7pm



Ladies Mix-In

8 am



Squash Mix-In

5pm-7pm



Ladies Mix-In

8 am



Squash Mix-In

5pm-7pm



THURSDAY

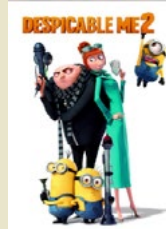
FRIDAY

Tennis Mix-In
6pm - 10pm



1

Children's Cinema
6pm, Silom Sala
Despicable Me 2



Kids Cricket
8am - 11am



Guy Fawkes Night
Back Lawn
4:30 pm



Barbecue Buffet
5pm



F1 Abu Dhabi Grand Prix Qualifying
8 pm



Swimming Lessons
9:30am - 10:30am



3

Kids Cricket
8am - 11am



Sunday Brunch
11:30am - 3pm

Open Pairs Bridge
Surawongse Room
2pm



Tennis Mix-In
4pm - 7pm



F1 Abu Dhabi Grand Prix
8pm



7

Tennis Mix-In
6pm - 10pm



8

Children's Cinema
6pm, Silom Sala
Ice Age 3



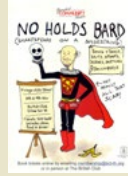
BCT - No Holds Bards
6:30pm
Suriwongse Room

French Buffet Lunch & Dinner
The Verandah
11:30am - 3pm
5pm - 9pm



Barbecue Buffet
5pm

BCT - No Holds Bards
6:30pm
Suriwongse Room



9

Swimming Lessons
9:30am - 10:30am



10

Kids Cricket
8am - 11am



Sunday Brunch
11:30am - 3pm

Open Pairs Bridge
Surawongse Room
2pm



Tennis Mix-In
4pm - 7pm



14

Tennis Mix-In
6pm - 10pm



15

Children's Cinema
6pm, Silom Sala
Monsters University



Kids Cricket
8am - 11am



Operation Smile
11am - 5pm

Barbecue Buffet
5pm



16

Swimming Lessons
9:30am - 10:30am



17

Kids Cricket
8am - 11am



Sunday Brunch
11:30am - 3pm

Open Pairs Bridge
Surawongse Room
2pm



Yoga
2:30pm - 3:30pm



Tennis Mix-In
4pm - 7pm



Loy Kratong
6:30-11pm



21

Wine Tasting
Surawongse Room
6pm - 9pm

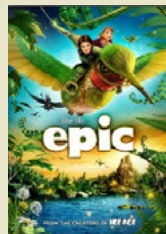


22

Tennis Mix-In
6pm - 10pm



Children's Cinema
6pm, Silom Sala
Epic



Kids Cricket
8am - 11am



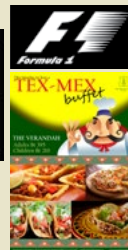
Ploenchit Fair
10am - 8pm

Tex-Mex Buffet Lunch & Dinner
The Verandah
11:30am - 3pm
5pm - 9pm



Barbecue Buffet
5pm

F1 Brazilian Grand Prix Qualifying
11pm



23

Swimming Lessons
9:30am - 10:30am



24

Kids Cricket
8am - 11am



Sunday Brunch
11:30am - 3pm

Tennis Mix-In
4pm - 7pm



F1 Brazilian Grand Prix
11pm



28

Tennis Mix-In
6pm - 10pm



29

Children's Cinema
6pm, Silom Sala
Bambi



33rd STC Interport
7pm
Front Lawn

33rd STC Interport
All Day
Suriwongse Room

Curry Buffet Lunch & Dinner
The Verandah
11:30am - 3pm
5pm - 9pm

Barbecue Buffet
5pm

St. Andrews Ball
6:30pm



30



HEALTH & WELL-BEING

By Mike Wagstaff



10 Exercise Sins!

1. Too Much, Too Soon – Train to Train!

It takes 72 hours to complete 1 metabolic cycle, during this time the body repairs and heals the tissue which was torn during a workout. Training the same muscle group everyday means that the muscle does not get enough time to recover, thus slowing progress and leaving yourself susceptible to injury. Beginners are better off to have a full body workout 2/3 times a week. Once you can do this relatively pain free you can focus on individual muscle groups such as back, legs, arms etc but don't forget to alternate between days to allow time for recovery.

2. Exercising Cold – Warm Up!

Think of a cold, unchewed stick of chewing gum . . . pull it at each end . . . what happens? It snaps! Now chew it, warm it up . . . pull it at each end . . . what happens? It stretches! Your muscles and joints work in a very similar way. By warming up you;

1. Increase body, blood and muscle temperature.
2. Produce thin synovial fluid which lubricates the joints.
3. Dilate blood vessels – resulting in increased blood flow, decreased blood pressure and therefore less strain on the heart.
4. Activate body cooling and prevent overheating (sweating etc).
5. Improve range of motion.
6. Activate hormonal changes – increase the body's production of various hormones responsible for energy production thus making more carbohydrates and fatty acids available for breakdown during workout.
7. Prepare mentally for what you are about to do.

3. Not enough/irregular sleep – Consistency is the key!

During the 3rd/4th hour of sleep, the body starts it's repair/renew cycle whereby growth hormone is released and the body repairs damage. Not sleeping at a regular time will disrupt the circadian rhythm of the body and thus the body will find it much more difficult to repair itself after exercise.

4. Starving yourself – Eat well!

Not eating enough throughout the day causes the body to enter starvation mode – thus making it more difficult to lose weight. When you exercise intensely your metabolism increases for up to 46 hours after however if your body does not have sufficient fuel for intense exercise then this cannot happen.

5. Relying On Gravity – Lower the weight!

Allowing the weight to simply fall back into place after a concentric contraction has been made not only increases your chance of injury but also halves the gains generated by the exercise itself. The eccentric (lowering) component is equally as important as the concentric component and it is suggested that this is done at half the speed of the initial contraction.

6. Not Understanding Your Exercises – Achieve YOUR goal!

How many times have you seen somebody doing an exercise and thought, that looks good, I'll give it a try. The key is understanding what your goal is and what you need to do in order to achieve it. Copying exercises in the gym may not be relevant and could actually be detrimental to your goals. You can hire a personal trainer who may be able to guide you towards your targets and goals.

7. Stuck In A Rut – Mix it up!

When you do a particular exercise you train particular fibres within the muscle. In order to reach all of the fibres within a particular muscle, it is important to vary your exercise/movement pattern/angles/grips. Mixing up your workout will also prevent boredom and encourage you to attend sessions more often.

8. Swinging Weights – ABC (Always Be in Control)!

It is important during exercise to be in control of the movements which you are making. Swinging the hips, back and shoulders into a bicep curl is of absolutely no benefit whatsoever and will only result in injury and embarrassment. Keep your lower back tight and make sure that the only joints moving are those related to the exercise you're doing. Slow down and think about what muscles you are using throughout the movement.

9. Dehydration – H2O YEH!

Water is the source of life and is the single most abundant chemical compound in the human body. Without it we quite simply wouldn't exist. Everything we do uses water, especially exercise. Therefore do not underestimate how much you require in a typical day and during a workout day.

10. All or Nothing – One is better than zero!

Often people enter a new exercise regime with a huge initial surge of activity, healthy eating and hours spent in the gym . . . but then life happens. Just because your schedule becomes busier and you cannot spend hours each week exercising, do not take this as an opportunity to do nothing at all.

BC FOOTBALL TOURNAMENT

By Mike Wagstaff



Saturday 12th October saw 6 teams come together to battle it out for beer and trophies. If you haven't noticed already, football was the chosen sport however some would question whether or not certain teams were playing "football" on the day. I personally suffered a bad back for about 4 days after taking a huge blow to the lower back from what can only be described as a rugby tackle. . . Who was the referee for that one?

The day ran smoothly with the introduction of a new method for officiating games. All of the teams chipped in and helped to referee throughout the day. This gave the tournament a feeling of togetherness and in turn took some of the refereeing responsibility/abuse off me.

Many thanks go out to our sponsors for the event Chang who provided us with beer and bottles of water.

The 6 teams were as follows (in no particular order): BC Staff, Assumption College, Royal Orchid Sheraton, Bangkok Pattana, Big Chilli A and Big Chilli B (The Reserves). We decided to have a round robin type tournament with each team playing each other and the two teams with the most points at the end of the day playing in a final. There were some very closely-fought games, some absolute walkovers (mainly against the staff team) and quite a few 0-0 draws (good defense or rubbish attack??).

The most consistent team on the day was Royal Orchid Sheraton, playing in lime green Barcelona strips with Messi up top, Xavi and Iniesta in the middle, Puyol at the back and Victor Valdes protecting the net, who could possibly beat this powerhouse? . . . Well Big Chilli A did, but they were the only ones (in the group stage). Sheraton finished the group, played 5, won 3, drew 1, lost 1, scored only 4, however conceded just the 1, very consistent, 10 points.



Assumption and Big Chilli A finished the group stage having played 5, won 2, drew 2 and lost 1, giving them both 8 points sitting joint second. Assumption however scored the most goals of the competition (5) and conceded only 1. Big Chilli A on the other hand scored 3 and conceded 3, sending Assumption through to the final on goal difference to compete against Sheraton for the all-important trophy and tower of beer.

How about the other teams . . . well Big Chilli B didn't do too bad, playing 5, winning 1, drawing 3 and losing 1, scoring 4 and conceding 3 managing to bag themselves 6 points leaving them two points short of qualifying.

That leaves two teams, Bangkok Pattana and Staff. Well . . . Bangkok Pattana played 5, won 1 and drew 4, scored 4 and conceded only 1. How can they manage 4 draws after scoring 4 and conceding only 1 you ask . . . Well 3 of those 4 came against the staff team who played 5, lost 5, scored 1 and conceded 10. This really does not reflect how well the staff team played, as we were let down only by Michael Taylor who was personally responsible for conceding 7 penalties and insisted he went in goal for all of them and then saved none of them! You can believe that if you like . . . it certainly makes it all a little more interesting.

Ok we went off on a little tangent there, back to reality . . . THE FINAL! Sheraton vs Assumption! Sheraton went 1-0 up early on and then nothing else really happened, few shots, a lot of passing and a fair amount of chasing after loose balls and the final was shaping up to be a bit of an anti-climax. That was until Assumption banged one in 20 seconds from time sending the game into extra time of course. Extra time produced no goals so it was on to penalties.

Assumption	O	O	O	X	O
Sheraton	X	X	O	O	-

ASSUMPTION WINS ON PENALTIES!

Next Tournament Saturday 14th December @ 1pm!

SQUASH vs TENNIS

By Mike Wagstaff



In early September it was proposed that as has been done previously, the Squash Section would take on the Tennis Section in a range of sports once more. We decided that these sports would be squash, tennis, table tennis and table football. We started at 1pm, although some of the participants it seems got confused by 1pm and 1.30pm, naming no names... Michael T and Bruce. Not to worry, we started without them, the Tennis Section were all warmed up hitting balls on the court whilst the Squash Section were discussing ways to cheat in the Sala. Chris Watt and Tony Moore took on Ricky Thompson and Neil Evans. It was the first to 1 set and despite some close fought games the tennis players won as expected . . . no wait a minute . . . they didn't! The squash players won! Just to reiterate, the squash players beat the tennis players AT TENNIS.

Meanwhile on the other court Bruce Madge and Khun Ritt took on Khun Kittti and Khun Pattana. It was an absolute whitewash, this time however it was the tennis players who won at their own sport, levelling the scores to 6-6. So there was 1 more game to go, singles, Haroon vs Michael Taylor. Michael being a very experienced tennis player and Haroon very rarely playing this one was over before it even started . . . but no! Once more there was a surprise, Haroon was winning, everybody stayed to watch, but what was this that Michael Taylor was complaining of? It appears that Haroon the cheat had given Michael a dead leg before the match had started. I can personally vouch for this as I saw it happen, I was not aware however of the impact that this would have on Michael's game. Haroon wins and squash go 9-6 up, now it's on to squash, surely this contest is over!

We had 1.5 hours on the squash court and because the tennis had gone over this had whittled down to a mere 40 minutes, 40 minutes for 5 games! I was worried that this couldn't be done, I was proved wrong. To be completely honest the squash matches turned into coaching sessions. The tennis guys were issued with racquets, they were shown to the courts and had explained the rules, after a quick Q&A session it was on with the game. Not a lot to report, squash won all 5 games. "Tony Moore, you still owe me a Saturday BBQ!" The score stands at 24-6 . . . shameful!

Table Tennis . . . now this was interesting. No squash player managed to win a game. Taking the scores from 24-6 to 24-18. With 3 table football matches still to go this was still anyone's. The Squash Section were looking nervous, the Tennis Section were looking confident. After all the rain we have had over recent weeks, the Tennis Section has been forced from the courts and into the Sala. Despite their confidence the Squash Section took the first game from the Tennis Section. Scores stand at 30-18. With two games remaining, could the Tennis Section grab them both to salvage a draw? Well they certainly won the next one, score stands at 30-24. The final game of the competition saw Ricky and Neil take on Michael and Tony for the cup/tower of beer. SQUASH WIN . . . Final score 36-24, a very close fought contest of the highest calibre. The Squash Section celebrated by having a few beers in the Sala before sprucing themselves up and moving over to the Churchill where they watched the evening's football and . . . fell asleep (Bruce). The Tennis Section on the other hand booked tennis courts and got practicing after having their pride stripped away.

CONGRATULATIONS TO THE SQUASH SECTION!





**THE BANGKOK ST. ANDREWS SOCIETY
ANNUAL CELEBRATION BALL**



SATURDAY 30th NOVEMBER 2013

AMARI WATERGATE HOTEL

BANGKOK

An evening of colourful entertainment

Reception, Drinks and Canapés

Lavish 5 Course Dinner

Traditional Haggis

Wine, Whisky and Beer

Live music from

The Graham Geddes Band

The British Club Pipe Band

Plus a Unique Special Performance

6:30PM UNTIL THE WEE HOURS

Dress code: National Dress or Black Tie

Prices, B2,900 for members, B3,200 for non members

No corkage if you bring your own tittle

For further information please visit our website at

Bangkokscot.com

Or contact us at treasurer@bangkokscot.com



Principle Sponsor

FANTASY FOOTBALL

By Mike Wagstaff



Let's take a look at the BCB Fantasy League once more.

As of week 8 (when this was written) Peter Gale is currently sitting top 15 points clear of Monkey Madge (whoever that is). Monkey's nightmare week (32 points) has seen him drop only 1 place which just goes to show how lucky he has been in previous weeks. Last season's champion top cat (rumoured to be the Chairman of the Club) is slowly dropping down the table and by the time this is published will probably be around mid-table, he was quoted as saying that RVP will be in his squad from start to finish . . . will top cat keep to his word? Ali Adam, Bob and James Dark, JCS, Lawrence Fay, Neil&Ryan ("can I have") Evans and Ricky Thompson are within close contention with only 9 points separating the lot. They are closely followed by myself, who made a right fool of myself in week 7, making huge predictions and voicing them to all the wrong people then going on to score a pitiful 32 points.

My namesake is rumored to have withdrawn from the league, I can confirm that he has not in fact withdrawn and those of you who cannot see him are simply not looking far enough down the table. You can normally find him hovering around the 25-30 area with Carlos the Jackal, Dale Lamb and Paul Williams (that's both position on the table and points each week). So that's a little bit about some of the managers in the Fantasy League but how about the real league. Sunderland still haven't managed to win a game yet and have conceded 20 goals already after just 8 games. Southampton currently in 6th place have only conceded 3 goals on 8 games 3 times less than 1st place Arsenal who have won 6 of their games losing only to Villa in week 1. Man City lying in 4th place have scored the most goals so far this season (20) with 6 of those coming from Ageuro. How about Manchester Utd, absolutely brilliant, what a great team, played 8, won 3, drew 1 and lost 3, scoring 10 and conceding 11, I have never enjoyed watching Manchester Utd as much as I do now, there is little else that gives me as much satisfaction as watching Manchester Utd lose!

It will be interesting to see how many kids we see sporting a Southampton shirt next season should they finish in the top 5 . . . who am I kidding, it will still be zero.

That will do for now, there's a mosquito in the room that needs swatting.

Don't forget to come down to the Churchill Bar and join in the banter on match day!

#	TEAM	MANAGER	GW	TOT
1	Wanchai Warriors	Peter Gale	63	445
2	FMGAN!	Monkey Madge	32	430
3	Bangkok Celts	RAYMOND MAGUIRE	48	427
4	Bangkok Flyers	paul cantwell	72	427
5	suckingflow	David Brennan	68	423
6	Olletram Dragons	top cat	48	413
7	Thai darkevaders	bob and james darke	47	408
8	Baht'at	James Crossley-Smith	50	407
9	Klongtoey United	Ali Adam	69	406
10	O'Reillys Manager	Lawrence Fay	49	404
11	Team Hell No!	Neil&Ryan Evans	64	400
12	Norfolk"N"Good	Ricky Thompson	72	399
13	Stroke Titty	Michael Wagstaff	58	391
14	Real One	Tim Real	67	390
15	Mahjong United	Sharon Moore	46	390
16	Artois5.2	haroon Rashid	57	389
17	PUP	Kevin Carden	16	387
18	Gingerdevils	Dave Mills	57	385
19	We know what we are	Graham Murell	48	380
20	PimmelKoffFC	Debra Thompson	50	373
21	Pattaya Panthers	James Howard	54	368
22	El Salvador Thistle	Paul Williams	52	367
23	Team Aloha	Clause Petersen	53	362
24	The Comrades	michael taylor	56	361
25	BKKALLSTARTS	Dale Lamb	54	359
26	Scunny Warriios	Neil Robertson	48	358
27	Spanish Armada	carlos the jackal	46	357
28	Boing	Gareth Sampson	58	350
29	FC Thorny	Ian Thornhill	30	345
30	IcheckInn	Marc Sayer	42	339
31	Bangkok Titans	Andrea Omar	53	329
32	Real	Jonathon Real	31	255
33	Daggers	Ryan Oosthuysen	17	25

SQUASHY BITS

By Bruce Madge

Sunway Lagoon, Squash vs Tennis, and the Hulk



We'll get to that lot in a mo', but there have been more complaints and here they are:-

- "Worst Bits article ever!" Haroon Rashid
- "Rubbish!" Bob Van Es
- "Totally boring!" Ryan Bebbington
- "Crap!" Marvyn Lewis
- "Waste of paper!" Ricky Thompson
- "Very disappointing!" A short, fat manager
- "Last time I read the Outpost!" An Outpost reader
- "I'm cancelling my subscription!" Neil Wally Evans
- "I'm cancelling my membership!" A member



(And there are 54 more, yet we haven't the room to print them all. See www.squashybits/complaints.com for the remaining whines.)

All the above was immediate reaction to last month's 'toned down' Bits. Thus, Bits is being toned back up since the dull, serious, 'let's-watch-what-we-write-in case-we-upset-one-or-two-prudes' approach clearly doesn't work. So we're back to where we were, and if you don't like it, don't read it!

And it starts with a cat. See the pic. This cat is a special, honorary club member who lives up a tree on the back lawn. He sneaks in the kitchen after hours to gorge on his favourite beans on toast and pints of Guinness which he has learnt to make and pour himself. He's very clever. His name is Alan.



Moving on: yesterday afternoon, we had the delightful pleasure of hosting a smashing team from the lovely Sunway Lagoon Club of the marvelous city of Kuala Lumpur who were on a fabulous tour of vibrant Bangkok. They thrashed us 5-1, but gave us a rather tasteful, glass plaque to say cheers for giving them a match so we forgave them. Very reasonable chaps who brought their own banner, didn't drink much, didn't want any grub, and left rather sharpish citing 'plans for the evening' as an excuse to get away. Anyway, they all seem to have made it safely back to KL as we received an email thanking us again and an invitation to go visit them. Now isn't that nice? Bloody lovely!

Then we did this: A special match between the Tennisers and the Squashies on an over Saturday when we sort of competed at tennis, squash and ping pong and we almost made it to the table football, but there was an incident. There's a report on this event somewhere else in this mag. Chavstaff (that tall young Michael bloke from the gym who looks like Action Man) wrote it and it's packed with lies, half-truths and utter tripe. So let Bits fill you in on what really happened: the tennis players lost all the tennis matches because they didn't turn up as Chavy had forgotten to inform any of 'em that the event was on! So we Squashies played bleedin' tennis against each other for four and half flippin' hours while Chavo made frantic phone calls to the missing Teenesters. By the time they arrived to play squash we were all so knackered that we passed on this discipline in order to drink lots of beer. While we drank lots of beer, the Teenesters had a go at the squash against each other and managed to lose all their matches against each other. How they did this can, and will, never be explained.

BCB	vs	SLC
CHRIS 3	- 1	Shukur
RIT 0	- 3	Vincent
JOHN 0	- 3	Teh.
KEN 0	- 3	Sim
MARV 1	- 3	Paul
LEONG 1	- 3	Leong.

Thrashed!



Cheers!



Went over Chavvy's head!

So now on to the ping pong with Squashies of Al Shabab (Haroon), Captain Wally Evans, Ricky T, Rit the Rat, and Monkey Madge against tennis captain for the day, Kitty the body builder (he weighs about 60kgs!), Wally Watt (Another wally? Yes!), Pattana, Comrade Michael Taylor and Scottish Tony. Five v five and the mood was heating up with the Tennersteres livid with Chavstaff as he'd left them in the dark while the Squashies, particularly Al Shabby, Wally Evans, Ricky and Madge roaring drunk and gloating over the fact that they'd won the tennis and would still have won it even if the Teenystyles had played, and had also effectively won the squash despite not even competing it and were now so far ahead victory seemed inevitable. They were lapping it up with Kitty, the most serious of the tennis mob, being on the receiving end of 99% of the ridicule. Squash court three for the ping pong then and what a surprise as the teenniisseerrss proceeded to lose all the ping pong pairings without winning even one point. The Squashies were delirious and the abuse they flung at their opponents is even too blue for this column with poor Kitty again being singled out for special derision. At this pint, or point, probably pint as we'd just ordered more beers, Pattana, for three very good reasons, decided to very sensibly defect to the Squashies team: firstly, the tenisters were useless, secondly, he didn't want to get any of the stick Kitty was receiving, and thirdly, he too wanted to drink lots of beer.

This defection lead to an exodus as over came Tony, Watt and Comrade leaving Captain Kitty as the solo Tennis Section representative to compete the table football. And what a poor and defenceless, lost and lonely sheep he looked, his bottom lip quivering, just about to cry with the sheer frustration of it all when all of a sudden Kitty snapped: his neck twisting and writhing in anguish, his face going pale and deadly, his eyes turning a strange yellow and a deep growl growing from the pit of his stomach. Then, before our very eyes his skin began to turn green, a deep green colour, while his whole body started to expand - massive, bulging muscles burst out of his tennis kit as he grew and grew, bigger and bigger, taller and taller until he had metamorphosed into this huge, green monster; a HULK no less! Had we not all been so plastered we'd probably have been terrified to witness this monstrous, seething giant roaring violently before us, but as it was we were more amazed than anything and that amazement quickly turned to amusement as Kitty/the Hulk spun around and with a terrific roar picked up the ping pong table with just one giant, green hand, raised it oh so high, and brought it crashing down on Chavstaff's head. He then turned to face us drunkards and while flexing his huge, green frame he let out another tremendous roar before smashing through the wall and bounding off down Silom Road. Awesome! Simply brilliant! You just couldn't make it up.

Until Chavstaff gets out of hospital



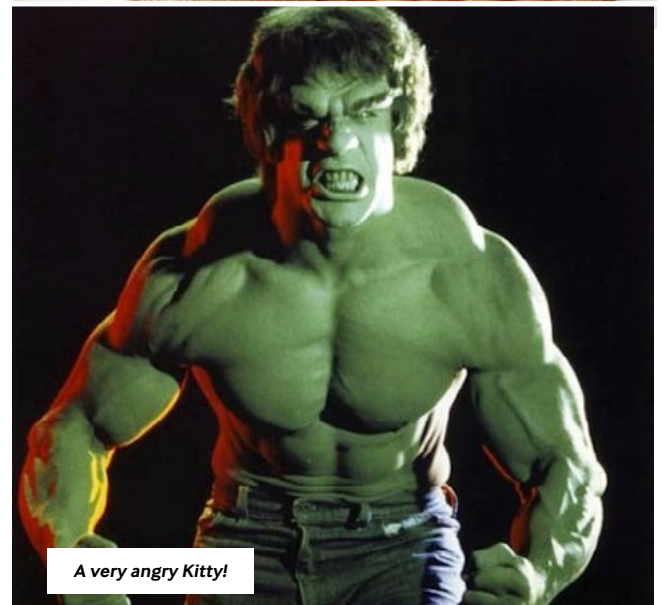
Perfectly poured by Alan!



Alan's favourite!



On tour!



A very angry Kitty!

HARD BALLS

By Jack Dunford



A new season, a new start and a new look! In accordance with a new General Committee directive, all Outpost articles must henceforth be written so as not to offend our sensitive and diverse readership. All jokes from now on will be vetted by the Proper Language and Dress Code Sub-Committee. My lawyers have therefore advised me to no longer write under dodgy pseudonyms but to use my real name. This will solve a mystery for Corin who didn't know that Squire Legge and DeepeshMiddon were in fact famous cricketers playing alongside Lars Man, Id Deball, Evvie Roller, Ray Tannbatt, SaedSkrine, Alby W, Gul Lee, FienneLegge (the Squire's grandson), T Laedis, Paddy Dupp, Anne Orfe-Brake, and Honor Length ... geddit Col?

Well, apart from a few nets there hasn't been much cricket at the BC since DeepeshMiddon filed his final missive in June. However, by the time this plops through your letterbox and KhunUan lays it beside your morning croissant, the BC cricketers will have started the new season with a bang with weekend tour to Phuket. All looks good for another exciting chapter in BC's cricket annals, our 5th season back after 15 years in the wilderness.



The Chairman's birthday



View from the nets



Pre-season nets

Lots of excuses were made including the odd reasonable one like the teams we play against are usually a lot better than us, but the fact is we are a lot better than that and if players practised a bit more we could win a lot more games.

So promises were made. We will practice more. We will bowl fewer wides and improve our catching, and we will answer Jack's emails and we will not pull out at the last minute (censors please note, that is a cricketing term).

As usual there was stiff competition for Committee positions and the following were elected to serve for 2013/14:

Chairman: Jack Dunford

Captain: Dale Lamb

Vice-captain, Nets Coordinator and Hon Head Chef: Rahul Gupte

Treasurer: James Crossley-Smith

Statistics and Media: Adrian Sarg Salter

Fines Master: Nick White

Oz: Vaughan McClear (well we have to have one don't we!)

Hon Music Maestro: Richard Harvey

So what's new this year? Well most exciting is the availability this season of the refurbished multi-purpose court on the Back Lawn. Our plan is to run a 6 or 8 a-side League with other Bangkok Clubs on Thursday nights. This is a unique and fabulous venue, located in our beautifully landscaped gardens with good viewing areas and Club F&B facilities immediately at hand. Perfect for social cricket and as word gets around we hope visiting touring teams might also be keen to book a night with us at the Club. There are all sorts of other fun possibilities as well such as inter-section tournaments, family cricket, single-wicket competitions etc..

Date	Ground	Opponents	Status
26/27 October	ACG Phuket	Phuket	Confirmed
2 November	Polo	RBSC	Confirmed
9/10 November	Polo	RBSC T10	November Dates to be confirmed
18 January	BCB	Family beach cricket and annual awards BBQ	
24 January	Harrow	Perth Swans	Confirmed
25/26 January	Harrow	Southerners Sixes	Confirmed
1/ 2 February	Gymkhana	Chiang Mai CC	Confirmed
		Pattaya CC x3	December/ February/ April?
		HuaHin x 2	??
		RBSC	Return match at RBSC
		Southerners	Harrow School?
		Siam Parrots	Harrow School?

We also have some new blood on the committee and new ideas. Sarg Salter is working on a new Section website linked to Facebook, Twitter etc and we hope to have this live for the start of the season.

The regular Fixtures List will be similar to last year with following dates already planned/ confirmed:

BC cricket is for Members only. We play social cricket and welcome cricketers of all standards. The norm for new BC cricketers is to roll up at nets claiming not to have played for 20 years, since school etc.. So if you are interested ... just roll up ... no need to worry about clothing or equipment ... we have a full practice kit (just make sure you wear something you can slip a box in and do not wear spikes), and shorts are fine (although we do wear whites and BC shirts for matches)

Nets are planned normally for Wednesday evenings at 7.00pm, Saturdays at 3.00pm and Sundays at 11.00am, but this can change. For more information the notice board prestigiously located next to the gents toilet is updated every now and then, but the website will have up-to-date details. If you want to receive regular emails let me know.



Jem to Anil

Cap'n shoulders up

Coaching

Rahul to Manish

Dilip is ready

BCGS GOLFING NEWS

By Peter Gale

Bunters
Foods
023287840

CROWN
RELOCATIONS



Karen collects the Hapag Lloyd Cup



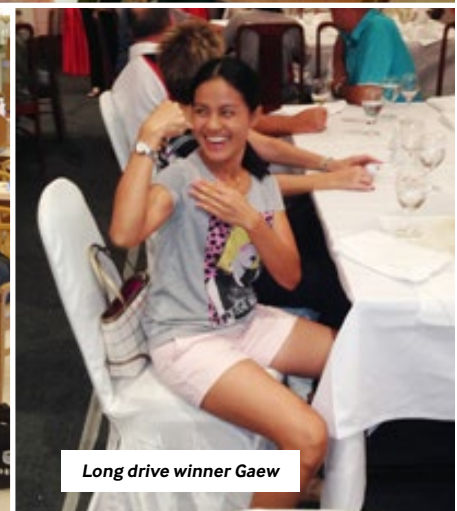
October Stableford winner Simon



Karen wins another Medal!



October Flight A winner Jack



Long drive winner Gaew

October has been another busy month on the golfing front with the regular medal and Stableford events, as well as the annual Hapag Lloyd Cup played against the Londoner golf club. Fortunately after suffering defeats earlier in the year against The Wanderers and The Japanese society we were finally able to lift a trophy.

Monthly Medal – 29th September

As we get into the wettest conditions of the year scoring is becoming a tougher challenge on many golf courses. While we offer play 'Lift Clean and Place', giving golfers the opportunity to at least ensure their golf ball is not covered in mud when they play a shot, any slight mishit that catches the ground first invariably ends up with the ball failing to make much progress. It also usually means that the golfer gets covered in flying bits of mud and grass.

Anyway that is our excuse this month for the fact that only Jack' O Flynn and Art Carlson managed to match par on the day. Jack won Flight A with a very commendable net 70 followed by Art with a 72. Paul Rogers took 3rd place with a net 73

In Flight B, Captain Karen Carter continued her impressive form with yet another Medal win with a Net 76, 3 shots clear of Chris Brader who took 2nd place ahead of Peter Bond.

Hapag Lloyd Cup v Londoners – 6th October

Our annual match against the Londoners was played at Subhapruek Golf Course and as always it proved to be a really fun and competitive match. There were 20 people in each team and the format was standard 4-ball better ball match-play. While there was plenty of rain in the vicinity, and just getting to the course required driving through a number of small lakes, we were fortunate that we were only interrupted once and then only for 15 minutes or so.

Again the conditions and our opponents were challenging but, at last, the British Club was able to break our 2013 duck and claim a close fought victory 6 to 4. Leading the way were husband and wife team, Chris and Vicky Brader, who won their match 5 & 4.

The day was concluded by everyone heading back to the British Club to celebrate the victory with lots of wine and a delicious carvery. Big thanks to Paul Wyatt and his Londoners team for the making it a very enjoyable days golf.

Monthly Stableford – 20th October

A hardy group of BCGS golfers headed off to a course we haven't played for many a year, Chuen Chuen, to contest the October Stableford. As ever the golf was competitive and the winner on the day was Simon Fisher with a very respectable 34 points followed by, as expected, Karen Carter with 31 points.

Club Championships

November will bring the highlight of the British Club Golf Section calendar with the playing of the Club Championships. This year's competition will be contested in Hua Hin at Black Mountain and the Banyan courses over the 2nd and 3rd November. To qualify for the main competition you will need to have played at least 6 times with the British Club since the 2012 Club Championship held last November. There will be separate competitions for men and ladies playing for the lowest gross score and the lowest net score over the two days. There will be lots of other prizes for runners up and day prizes. For players who do not qualify for the main competition we will have a separate competition with prizes.

For anyone interested in joining us for a very friendly and slightly competitive golf please send an email to: bcgs2002@yahoo.co.uk



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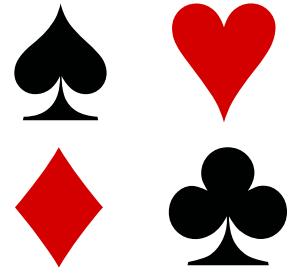
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BRIDGE

By Winlock Hsu



Bridge Results for August & September 2013

EVENT	RANK	NAME (PAIR)	SCORE%
Sunday 4th August (14 pairs)	1 st	Prarop & Somchai T.	63.46%
	2 nd	Dr. Prasart & Prasert	60.90%
Sunday 11th August (12 pairs)	1 st	Helmer & Michael Winckless	70.00%
	2 nd	Judy Hunt & Daksha	62.27%
Sunday 18th August (15 pairs)	1 st	Charlene & Supote	64.24%
	2 nd	Dr. Apithai & Boa	61.74%
Sunday 1st September (19 pairs)	N/S 1 st	Supote & Winlock	61.34%
	E/W 1 st	Rochelle & Bert	63.02%
Sunday 15th September (13 pairs)	1 st	Dr. Prasart & Prasert	60.83%
	2 nd	Regina & Helmer	60.00%
Sunday 15th September (13 pairs)	1 st	Dr. Apithai & Boa	61.67%
	2 nd	Manthane & Sujinda	59.17%

A breathtaking panoramic view of Sunday Bridge in the repainted Silom Room:



And to think we wouldn't be able to fit 7 tables into the Silom Room....just goes to show that Bridge players are a lot slimmer than popular beliefs.

Bad Bridge Hand 2: A Comedy of Errors (by Jeff Tang)

Act 1. A Fool's Folly.

Playing on BBO with a pick-up partner, I picked up the following cards at red on white IMPs:

♠5
♥J982
♦Q53
♣KJT9

The bidding proceeded as follows:

LHO	Partner	RHO	Me
		Pass	Pass
1♥	DbI	1NT	2♣
Pass	2NT	All Pass	

I made a foolish bid of 2♣, particularly at unfavorable IMPs. With so many soft values and only 4 clubs, I must have had my dunce cap on. Partner's 2NT, however, surprised me. What could he have? Not 15-18 otherwise he'd have overcalled 1NT. 19-20? He'd probably rebid 3NT, and the opponents' hands plus mine equate to roughly 27 HCP already, anyway, making that range impossible. 13-14? Then why wouldn't he just pass 2♣?

I was enlightened upon becoming dummy: (hands rotated for convenience)

Dir: West	Me (dummy)	
Vul: E-W	♠J5	
	♥J982	
West	♦Q53	East
♠A62	♣KJT9	♠T843
♥7		♥AQT43
♦98762	Partner	♦K
♣6432	♠KQ97	♣AQ8
	♥K65	
	♦AJT4	
	♣75	

Act 2. The Fool's Anguish.

Aaaaaaagh! Partner doubled with only two clubs. He then tried to escape to no-trumps. I had thrown a 2♣ banana peel on the ground and he leapt at the chance to slip on it. Both 2♣ and 2NT have a chance, actually, but after seeing the way partner bid, a queasy sensation arose in my stomach.

Note also West's 4-HCP 1NT bid. The finals of the Reisinger Championships, this was not.

Act 3. To the Gallows.

West led the ♦9...low, king, ace. Very helpful! Obviously there are now 4 diamond tricks to be had.

Partner next led the ♠7 out of his hand. West played the two, partner put up the jack from dummy, and East contributed the ♠4.

Now, there are several ways of making the hand from here, including leading clubs out of dummy (!), but partner chose to lead the ♠5. East completed an echo with the ♠3, and partner put up the king. Here, he could have trusted East's echo and finessed for the ♠T, given that East denied as many as four spades with his 1NT bid, and West denied five spades with his 1♥ bid. The finessing odds were likely to be 4:3.

Instead, West took the ♠A and returned a diamond, which partner won with the Q in ♦dummy. East discarded a heart. The hand were now:

Dir: West	Me (dummy)	
Vul: E-W	♠--	
	♥J982	
West	♦5	East
♠6	♣KJT9	♠T8
♥7		♥AQT3
♦762	Partner	♦--
♣6432	♠Q9	♣AQ8
	♥K65	
	♦JT	
	♣75	

Act 4. The Fools's Funeral.

OK, partner needs 6 more tricks. An analysis of endplays might be in order here, but what do you think you are reading, The Bridge World?

Partner led a heart toward the king, winning, followed by a low heart toward dummy. East gratefully took three heart tricks, the ♣A, and exited with the ♠8. Partner, having reduced himself to his spade tenace and two diamonds, naturally took the ♠Q and had to concede the ♠T later for down 2.

Ah, Bridge...always good for a laugh, if you don't cry first instead.



QUIZ NIGHT

WITH THE MONTHLY JACKPOT

THE VERANDAH, 7:15 pm

TUESDAY 12TH NOVEMBER 2013

TEAMS OF 6 OR LESS

MEMBERS Bt 100, GUESTS Bt 150

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MONDAY NIGHT MEDIA

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NOVEMBER: Mondays, 7pm, Silom Room. Full F&B service available.

4th November

YES MINISTER & SPITTING IMAGE

Yes Minister: "Doing the Honours"
Hacker plans to withhold honours for civil servants who do not reduce their budgets.

Yes Minister: "The Death List"

The Minister is forced to re-appraise his views on bugging and phone tapping after a death threat.

Spitting Image

The next episode from this highly acclaimed and humorous rubber puppet show parodying well-known global public figures, originally broadcast in 1986.



18th November

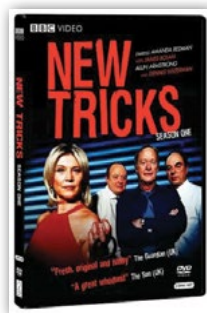
NEW TRICKS

"Episode 3.1"

The car driven by a teacher who died in a crash is returned to the victim's husband, Stephen Murray. Sandra, who worked on the original case, is certain the husband is the guilty culprit....

"Episode 3.2"

Joe Walsh's body was found in the Thames in 1975. Walsh was General Secretary of the Crane Driver's Union, suspected of financial improprieties at the time of his death.



11th November

LIFE ON MARS

"Episode 2.3"

The team investigates the abduction of the wife and daughter of a school teacher. At the same time, Sam thinks he has accidentally been given an overdose. Sam collapses into a deeper coma, leaving his colleagues to tackle the mystery on their own.



"Episode 2.4"

TAs heroin hits the streets of Manchester for the first time, DCI Hunt wants culprits. Annie is kidnapped by the smugglers. As Sam tries to get to the source of this deadly drug, he finds himself intractably drawn to a beautiful young woman who was witness to a heroin-related shooting...

25th September

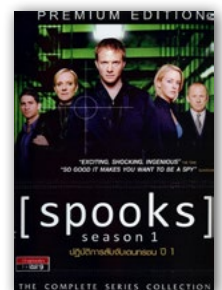
A British television series originally shown in 2002 which has run to 10 series, and follows the work of a group of MI5 officers in their highly secure suite of offices in London. It is a fast-paced spy intrigue action series with high production values and good use of many popular guest actors.

One Last Dance

Zoe is sent on a standard bugging operation at the Turkish Consulate, but when the consulate is raided by Kurdish rebels, it gets awkward.

Traitor's Gate

The imminent arrival of the President of the United States brings out many emotions, and the loyalties of officers may not be quite what they seem.



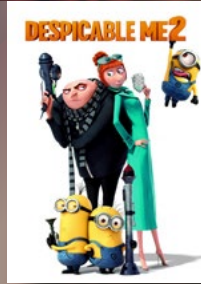


THE BRITISH CLUB
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KIDS MOVIES NOVEMBER

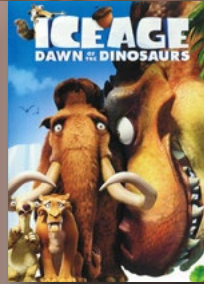
Fridays, Silom Sala 6 pm

1st Nov



Despicable me 2

8th Nov



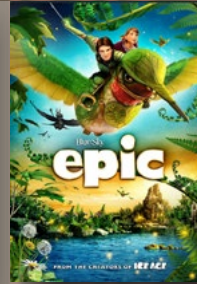
Ice age 3

15th Nov



Monsters University

22nd Nov



Epic

29th Nov



Bambi



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Wednesday 4th December 2013

6:00 pm to 9.30 pm

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Join us on the Back Lawn. Mince pies and mulled wine will be available.

Sign up online, with Reception, or by email : events@britishclubbangkok.org

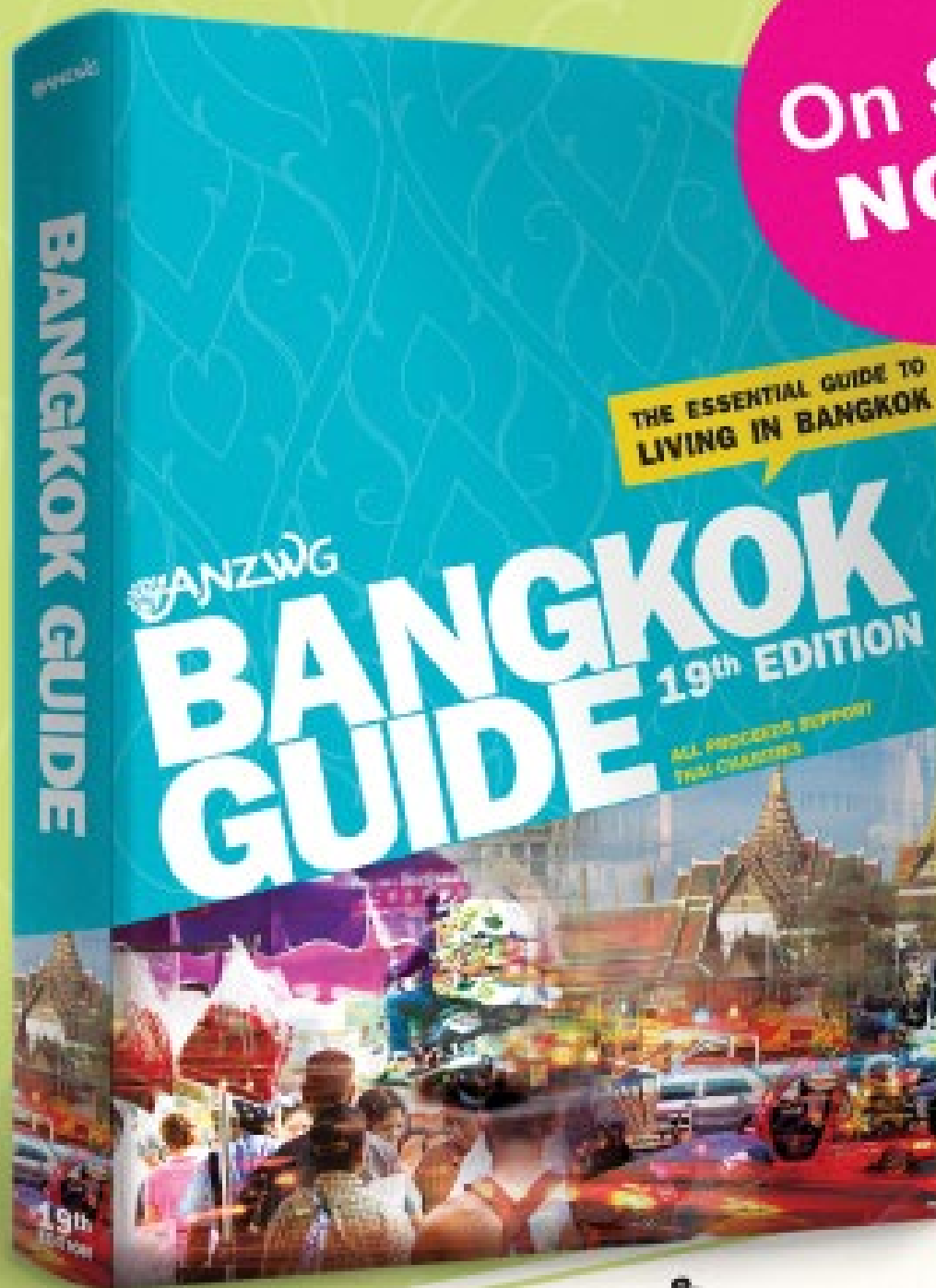


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