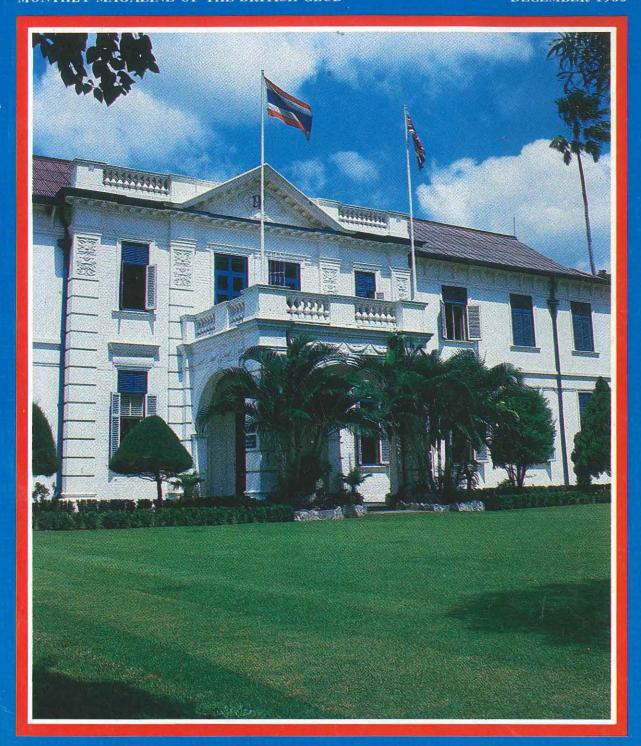
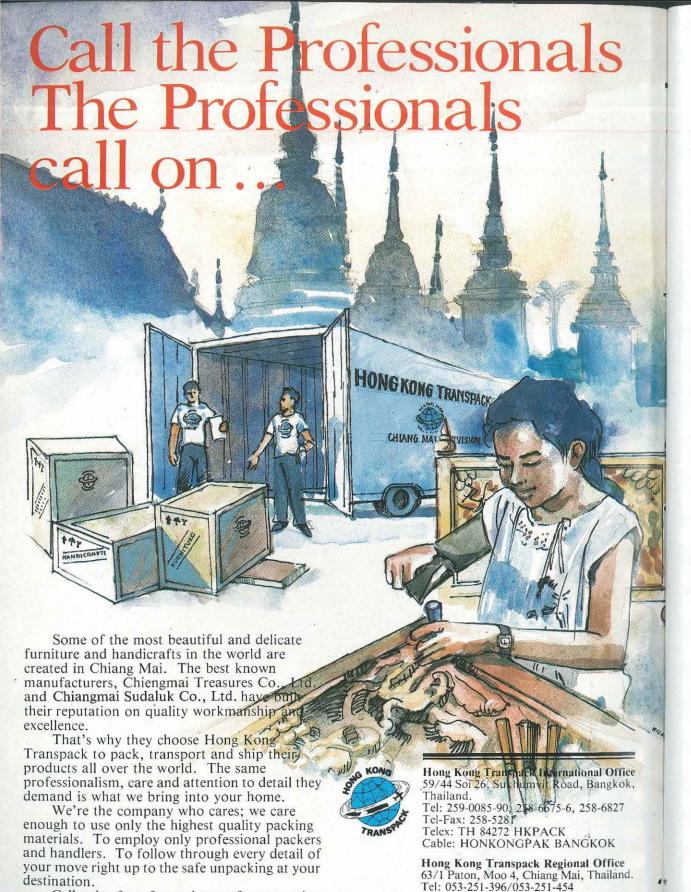
# OUTPOST

MONTHLY MAGAZINE OF THE BRITISH CLUB

DECEMBER 1986





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CHILDREN'S CORNER Christmas

CROSSWORD

SPORTS ROUNDUP

COMMITTEE

ACTIVITIES



DEC	EMBE	R Digital Annual	The state of the s
Mon		British Women's Group Mahjong, Wordsworth Room Ladies' Tennis New Members' Night/Happy Hour	9.00am 3.00-5.00pm 5.30-9.00pm
Tue	2	Ladies' Golf. Tel: Mo Harris 258-5603 Yoga Football Training at British Club British Club E.G.M. Bridge	8.30-10.00am 6.30pm 7.00pm 7.30pm
Wed	3	British Women's Group Bridge, Wordsworth Room Cricket Practice Tennis & Squash Club Night	9.00am 4.45pm from 6.00pm
Thu	4	Ladies' Tennis Football Training at British Club	8.30-10.30am 6.30pm
Fri	5	Yoga Holiday: H.M. King's Birthday	8.30-10.00am
Sat	6	Cricket Practice Dinner Video	2.00pm 6.00&8.00pm
Sun	7	Cricket Practice Buffet Supper	2.00pm from 6.00pm
Mon	8	British Women's Group Mahjong, Wordsworth Room Ladies' Tennis Happy Hour	9.00am 3.00-5.00pm 5.30-9.00pm
Tues	9	Ladies' Golf. Tel: Mo Harris 258-5603 Yoga Bridge Opening of Art Exhibition at Neilson Hays Library To continue until January 6th	8.30-10.00am 7.30pm 5.30-7.30pm
Wed	10	British Women's Group Bridge, Wordsworth Room Cricket Practice Tennis & Squash Club Night Football at I.S.B. Y.T.S.A. v British Club	9.00am 4.45pm from 6.00pm 9.30pm
Thu	11	Ladies' Tennis B.A.M.B.I. Meeting	8.30-10.30am 9.00-11.00am
Fri	12	Yoga Bangkok Community Theatre Christmas Party, USIS, Sathorn Rd.	8.30-10.00am 7.30pm
Sat	13	Hilltribe Sale International School Soi 15 Children's Hour at Neilson Hays Library with Father Christmas Cricket Practice Dinner Video	9,30-12.00am 10.00-11.00am 2.00pm 6.00&8.00pm
Sun	14	Cricket Practice Buffet Supper	10.00am from 6.00pm
Mon	15	British Women's Group Mahjong, Wordsworth Room British Women's Group Outing to KLM Kitchens. Tel. Pat Garvey 251-6555	9.00am

	Under 5's Christmas Party	3.00-5.00pm 3.00-5.00pm
	Ladies' Tennis Committee Meeting	5.30-9.00pm
	Happy Hour	3.30-9.00pm
ue 16	Ladies' Golf. Tel: Mo Harris 258-5603 Yoga 6-9 yr old's Christmas Party Football Training at British Club	8.30-10.00am 3.00-5.00pm 6.30pm 7.30pm
/ed 17	Bridge  British Women's Group Bridge Wordsworth Room  Cricket Practice  Squash & Tennis Club Night	9.00am 4.45pm from 6.00pm
Thu 18	Ladies' Tennis British Women's Group Lunch at Regent Hotel.	8.30-10.30am 11.00am
	Tel: Barbara Noon 251-5440 10-14 yr old's Christmas Party Football Training at British Club	5.00-7.00pm 6.30pm
Fri 19	Yoga British Club Christmas Ball	8.30-10.00am 7.00pm
Sat 20	Cricket Practice Dinner Video Football Match. Indians v British Club at I.S.B.	2.00pm 6.00&8.00pm 9.30am
Sun 21	Cricket Practice Round Robin Tennis Tournament Buffet Supper	10.00am 2.00pm from 6.00pm
Mon 22	British Women's Group Children's Christmas Party at Hilton. Tel: Pat Garvey 251-6555, Jean Punott 258-0680 Happy Hour	3.00-5.00pm 5.30-9.00pm
Tue 23	Ladies' Golf. Tel: Mo Harris 258-5603 Yoga Bridge	8.30-10.00am 7.30pm
Wed 24 Christmas E	Tennis & Squash Club Night	from 6.00pm
Thur 25	HAPPY CHRISTMAS EVERYONE!	
Fri 26	Boxing Day — if you don't know why it's called this, please see "Children's Corner"	
Sat 27	Cricket Practice Dinner Video	2.00pm 6.00&8.00pm
Sun 28	Cricket Practice Buffet Supper	10.00am from 6.00pm
Mon 29	Happy Hour	5.30-9.00pm
Tue 30	Ladies' Golf. Tel: Mo Harris 258-5603 Yoga Bridge	8.30-10.00an 7.30pm
Wed 31	NEW YEAR'S EVE BABY BOOMERS' DISCO	

NOTE: Non-club events are in italics

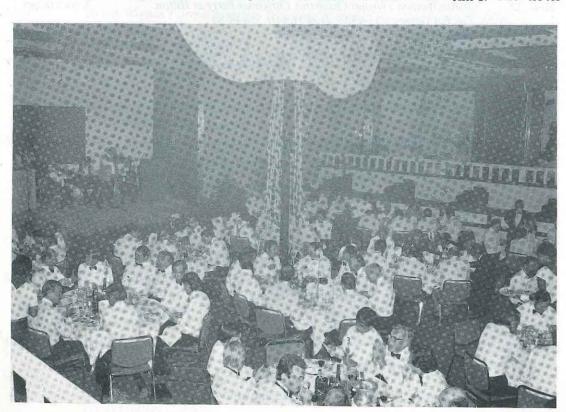
## GLUB ROUNDUP

## Trafalgar Night Lord Nelson 2 Hilton Hotel 3

**B** LACK tie dinners usually lose most of their colour and atmosphere when the ladies are not invited, but the Hilton Hotel gave us both in good measure on Trafalgar Night. (Really?! Ed.)

Rum was meted out by Captain Organ Morgan on arrival by waiters correctly described as very able seamen, and after customary photographs with the evening's "Napoleon," Barrington Rogers standing astride somebody's cannon and holding somebody's balls, we trooped across the gangplank into a dining room which was surrounded by bulwarks (I think that's the correct spelling!) and bedecked with rigging, flags and fighting Men O'War.

There was even a smoke machine and sounds of battle so you couldn't confuse it with Lord Jim's! The hotel





also made a big effort with the food which was not your typical navy rations, being borne in to the dining room shoulder high in a candle light (tapers really!) procession.

After a toast to King George, the sovereign of the day, which H.M. Consul Peter Warden told us had to be made sitting down, the ship's company settled down to listen to the speeches.

Barrington Rogers, looking very much the part in his Napoleon's uniform, fired the first Salvo with some witty insights into Napoleon's background in the "Franglais" style of Punch Magazine. (That's the one you can read in the British Club bar or the waiting room of the British Dispensary.) I digress. Napoleon cast a few broadsides at Nelson which pleased that other Frenchman Jean Paul Menardi no end, and then Frank Rowland responded with the British

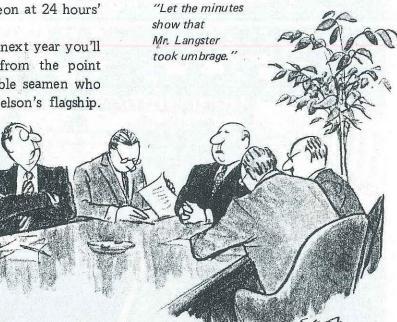
View. Frank was his usual eloquent self and managed to keep everyone informed and entertained without repeating too much of what he said last year.

After the toast to "The Immortal Memory", Frank resumed his seat and joined the rest of us drinking, singing and listening to jokes in a variety of accents, not all understandable. The idea of putting the songsheet up on the screen would have been a good one had the words all been up the right way, and if the "chorus" had stood to one side so we could see them!

Predictably, most of the diners repaired to the 99 Club in the early hours. I left at half past two and the party was still going strong! Summing up the evening, the St. George's Society need to "choreograph" the singing/entertainment part of the evening a little more closely, but the Hilton Hotel got it all

right! And special thanks to Barry Rogers who stepped in as Napoleon at 24 hours' notice!

Rumour has it that next year you'll hear about the battle from the point of view of one of the able seamen who saw all the action on Nelson's flagship. Pass the rum, lads!



The EGM: A Survivor's Plea

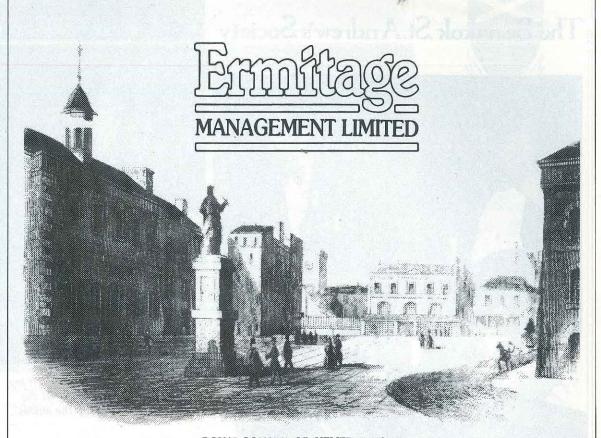
To the Extraordinary Meeting of October twenty-first Came members with diverse opinions and common thirst. Each one was free to do his share of bleating And drinking grog (or even surreptitious eating).

With apt analogies and polished turns of phrase,
One bleats superbly well in all he says.
Another waffles on more than he ought,
With incoherent clause expressing ill-formed thought.
No matter: both individuals can have their say,
And neither harms the audience in any way.

Some drink but little, others cannot stop; One drinks whisky and soda, another pop. No matter: both can enjoy their merry slurp, Offending in nought beyond the stifled burp.

But oh (and here I am no longer joking)
What about the blighters who insist on smoking?
Their joy our pain, in Dante's terms we were no
Happier than the lost souls in the Inferno!
Kind smokers, pray for two or three hours refrain
From asserting your rights — to other members' bane.

Philologus.



ROYAL SQUARE, ST. HELIER, JERSEY

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## The Bangkok St. Andrew's Society



The second lady places her left leg behind the chandelier whilst the first man takes her by the ankles...





Andrew Kefford seen sucking on a cork after his wine ran out.



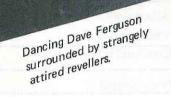
Mrs. Fancy trying hard to focus later in the evening.





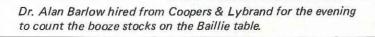


OK who was it?



So that's what's under

a kilt!



## Guy Fawkes Celebration



Wow!! .....



## BUCKET AND WATER RELAY

9 years and over Damian McDonald Amith Jhangiani Nigel Howard Danny Jhangiani Ali Fancy Mark Kunzmann 6 to 8 years
Nina Fancy
Maia McAlister
Fraser Currie
James Rennie
Seung Lyn Lee

MUSICAL CHAIRS (under 5 years) Georgina Powell OBSTACLE RACE
6 to 8 years
Justin Stewart
Adam Horey
Jamie Andrews
Nina Fancy
Maia McAlister
Damian Anwar
AND

Chris Kunzmann Renee McDonald Rebecca Butler Sara-Jane Townend Rebecca White Anthony Parkinson

9 years and over Amith Jhangiani Ali Fancy Nigel Howard Jeffrey Harder Danny Jhangiani Mark Kunzmann

HOCKEY STICK RACE

9 years and over Zoe O'Connor Sarah Freeman Damian McDonald Robert Brittain Chris Kunzmann

6 to 8 years
Adam Horey
Matthew Townend
James Garvey
Justin Stewart
Ben Harder
Jeffrey Harder



New recruits for the dining room?

LIME AND SPOON RACE Under 5 years Saartje Van Walbeck Jemma Jenkinson James Harder

BACKWARDS RACE Under 5 years James Harder Guy Pointer Hannah Kelly Under 5's
Harriet White
Katrina Rogers
Georgina Power
Robert Rennie
Hannah Kelly
Saartje Van Walbeck

Roll in the next committee.



#### WAITER RELAY RACE

### 6 to 8 years

Nina Fancy

Maia McAlister

Sara-Jane Townend

Jeffrey Harder

Justin Stewart

James Rennie

Richard Cramp

Soo-San Yin

#### 9 years and over

Nigel Howard

Ali Fancy

Danny Jhangiani

Amith Jhangiani

Mark Kunzmann

Chris Kunzmann

#### RUNNING RELAY

#### Under 5 years

- 1. James Harder
- 2. Harriet White
- 3. Saartje Van Walbeck

#### 6 to 7 years

- 1. James Rennie
- 2. Sara-Jane Townend
- 3. Jo Harris

### 8 to 9 years Boys

- 1. Jeffrey Harder
- 2. Justin Stewart
- 3. Robert Brittain

#### Girls

- 1. Sara Rennie
- 2. Nina Fancy
- 3. Michelle Howard

### 10 years and over Girls

- 1. Kate Power
- 2. Kristen Schrever/ Eilidh Currie
- 3. Kristin Tallman

#### Boys

- 1. Adam Lawson
- 2. George Dunford
- 3. Mark Kunzmann

### FIREWORK GUESSING COMPETITION

- 1. Simon Timmons (766)
- 2. Peter McCullen
- (765)



Oh, the agony .....



The winners!

3. Becky Butler

### (760)

**GUY FAWKES QUIZ** 

- 1. Sara Rennie
- 2. Simon Johnston
- 3. George Dunford

#### WINNING GUYS (GALS)

- 1. Jemma Jenkinson and Matthew Corcoran (Thanks, Mum)
- 2. Mark Kunzmann
- 3. Christian Andreasen

He didn't see me as he stole away. The crowds were watching the firework display

He took the sparkler into the dark And lit it carefully, just like Mark

As the others were watching the blaze He was remembering childhood days

In that moment he was just a lad - My Dad!

Phoebe Mercer

A great day was had by all as seen from the photographs.

Many thanks to Rita Dunford for getting it all together, to Jim Howard for keeping it all together and all the mums and dads who helped.

## ETTERS

## Barry Binns...

On behalf of Barry himself, and all involved in darts I would like to thank all those who contributed so generously to the appeal in October's Outpost.

Peter Stokes and his wife Wawa, who run "Simonoff (Thailand) Co., Ltd," the weighing scales servicing company, have worked tirelessly to sort out Barry's problems after he had both legs amputated. A final accounting reconciliation is not yet available of the settlement of the B167,000 hospital bill, and the contributions raised, and this will be provided later. However, at this stage, British Club members have donated B21,250 including a cheque I still have to pick up as we go to press, and together with a sum of B46.454 raised by the Bangkok Darts fraternity from special darts tournaments we are well on the way to settling accounts.

More important is that Barry Binns is in good heart and receiving proper care. He flew to the UK on October 5th and was admitted immediately to hospital. A dietician was allocated to him and in his last letter he says he has already been fitted for artificial legs and will soon be going to live with his elderly parents who have moved out of the old people's home so they can all look after one another. In his letter Barry says "I'd better be careful who I pick a fight with as I'm now only five feet tall!" This kind of comment is typical of the man and sets a very good example to all people who have special problems and special needs.

I would like to place on record sincere thanks from everyone involved to the following: -

> the Doctors and Staff of Prommitr Hospital who charged very low or zero

fees for medical attention when Barry had all his treatment and operations;

- Mike Evans of British Airways who arranged special seating arrangements and treatment for Barry and his son on the 5th October flight - and at extremely low cost;
- Dr. Paddy Dixon who, at short notice, examined Barry and pronounced him fit to fly;
- Ian Bishop and Peter Warden of the Embassy's consular section for all their assistance, which eventually resulted in the Embassy paying the repatriation cost;
- Peter and Wawa Stokes who spent so much time helping Barry that their own business suffered;
- Bernard Trink, Entertainment Editor of the Bangkok World, who provided extra publicity for the appeal;
- the darts fraternity of Bangkok;

and members of the British Club who have responded so generously.

When I have copies of Barry's letters I will have excerpts published in Outpost together with a final reconciliation of expenses and contributions. Many people have said that if we need more, I should call them. Thank you all.

> Bryan Baldwin B12 Castrol (T) Ltd. 304 Suapah Road Bangkok 10500 Tel. 221-1895

9 November 1986

To: - The Editor, Outpost Magazine. British Club.

Dear Sir.

I would be very interested to know if there are other members who would be interested in forming a micro-computer users group section within the Club. With the increased use of computer in home & business it is very useful for users to be able to get together and exchange ideas and help one another. I have no idea how many members use computers as part of their business or at home, but I would be interested to know if it would be possible to form such a section and how much interest there would be in it.

Comments via Outpost most welcome. Just out of interest I use an Apricot Computer with an Olympia Daisy wheel printer & Canon DM printer. Programmes used include Wordcraft, SuperCalc, plus some home-brew ones. I have a lot of public domain utilities & games which are available for anyone interested (all on Apricot disks though).

Weli D Giller

Robin D.T. Griffiths (UC.5)

Ong Sit, Naasuan, Srisawat. Kanchanaburi, 71230 THAILAND.

Bangkok 1st December

Dear Mother:

Well, we've been here a week now, though it seems a lot longer. I'm already missing my new friends at the Tennis Club - it was such a shame we had to leave home just when we'd become members after so long. Ken says we'll soon be members of the British Club here, but if it's so easy and quick to join, I'm not sure that they'll be our kind of people.

The firm has put us up in a nice hotel by the river - quite smart but not as good as that lovely place we all stayed at in Marbella last year. The man at the desk recognises Ken already and has our key ready when we come in - very clever, but I suppose it's because they like to have important business people

staying and Ken has now been promoted to Sales Manager for the firm here -Borisat Siam, I expect we'll meet Mr and Mrs Borisat soon.

The hotel has an old part (with rooms named after places like Somerset and Tennessee) and a new wing. Luckily we've got a room in the new bit - it must be damp down by the river.

Last night we went to the home of a man Ken is working with. Everybody took their shoes off when they went into the house! I'm not having that, I thought. It took me days to find my red court shoes and the floors can't be clean, so I kept mine on.

The food here is very hot - like that Indian restaurant Ken used to take me to in the High Street. You can't tell what the meat is, and there are all sorts of strange vegetables floating around in it. So I'm sticking to chicken and chips

until I have a kitchen of my own and can make us that coq au vin Ken likes so much. You should see the fruit, too: there are sort of hairy cherries and some with purple peel half an inch thick - I long for a Golden Delicious.

It's all a bit strange still, but Ken seems to be settling in well and working long hours. It looks as though he's taking

up sports too, he muttered something about ping pong when he came in late

I must close now - Ken's just come rushing in to say there's been some mistake about the hotel and we should be at a different one - a better one, I expect.

Love to all, Mandy

## A SPORTS FANATIC'S FATE

I knew it when I married him, he was a sports fanatic. If it moves I knew that he would hit it with his racquet. Golf, Rugby, Tennis, Squash, the seasons moved so fast, And I at home, midst maids and kids think on this roll I'm cast.

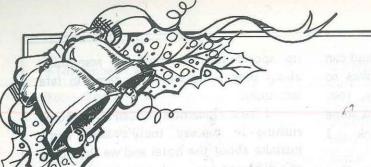
In England now the weather's bad, so husbands more we see (But pubs are good, and mates abound, there's Saturday T.V.)

Nigeria now, right in the bush, there wasn't much to do, I thought at last apart from work my husband more I'd see. WRONG, restless, twitching, swatting flies, My husband out he strides, They built a golf course on the hill, fairways, browns, and drives.

Now in the Middle East I thought, its really much too hot, For Tennis, Golf, for anything, but - something I'd forgot, The Coral Reef, the golden sands, blue water stretching lower Whilst I sat pregnant on the shore, husband dived for hours.

It's Bangkok now, oh no I thought, a really sporty "wicket" The British Club has everything, including Pool and Cricket. I can't complain, not any more, my husband more I see -With age related injuries he's often home with me.

Elaine Kelly



## British Club 1986 Christmas Ball

WHEN?

It's on Friday 19th December

### WHERE?

We'll start the fun on the front lawn of the Club with free cocktails from 7.00-8.00 pm. Ruam Rudee School and the Ankalung Band will entertain you with Christmas Carols from 8.15-8.45 pm on the back lawn followed by dinner at 9.00 pm approx. After dinner you can dance the night away till 2.00 am when soup, sandwiches and maybe some impromptu Christmas carols will be served in the Churchill Bar.

#### HOW MUCH?

Price of tickets is \$600 per head. There will be no corkage charge and special wines will be on sale at supermarket prices.

### MUSIC?

This will be provided by the superb Chulalongkorn University Band. This is the real big band sound with 30 musicians and 8 vocalists. Traditional or disco the C.U. Band plays it all.

This is a blue chip Christmas Dinner right down to the last morsel of Christmas Pudding. A word of thanks is due here to the efforts of British Airways in obtaining some of these festive

Fabulous door prizes including 2 return tickets to the U.K. courtesy of British Airways as well as some special spot prizes.

### **BOOKING**

The booking sheets are available now in reception together with a table plan. Numbers are restricted to 350, so make your reservations now to avoid disappointment.

#### DRESS

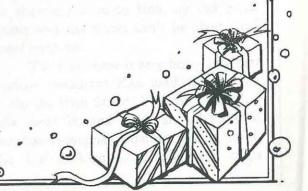
Red Sea Rig.

For those of you who have not spent time at sea that means dinner suit minus the jacket.

### PARKING

Free parking will be available at the Narai Hotel Car Park. If you really want to enjoy yourself however, why not come in a taxi?

It's the best Christmas Ball in town so be sure you don't miss it!



## RAVEL LOG

## Letter from India A big stone in a little field

NE of the many conditions laid down by Rita before giving me permission to come on this four week trip was that I would write something for Insight/Outlook. I am writing this deep in the heart of Andhra Pradesh. India's Telagu speaking state, nearing the end of this part of my journey.

We came to look at rural development programmes to gain experiences which might help us in our own work in Thai villages, and after nine days of travelling down from Calcutta my mind is a confusion of impressions and ideas. We have visited the work of three Agencies (all funded by Christian Aid in England) and have visited about 15 tribal and Harijan villages (the "untouchable" landless caste).



Still some problems to straighten

It will be some time before I can sort out my thoughts into any useful sense of order but I would like to share with you a few random reflections.

I have visited India twice before as a tourist and the first impressions of seemingly boundless poverty and decay came as no surprise. The second main impression I have from our visits to the villages, however, is one I least expected - one of a great sense of hope and achievement and of rapid progress amongst these poorest of the peasant classes. Each of the Agencies we have visited have been active for less than six years and in the villages they took us to they have been working for as little as six months. In Thailand we are used to painfully slow progress but here the progress is rapid. There must be many reasons for this.

The key to progress in these villages seems to be



BRITISH AIRWAYS



Banks giving 40% of loans to rural poor.



the apparent ready acceptance by the Harijans (and Tribals) to form community associations, Songhams, and to work together, but no less important is the way the Agencies are encouraging and helping the Songhams to take advantage of some enlightened Government policies. We work in many villages in Thailand and are constantly depressed to

find villagers getting deeper into debt, paying extortionate interest rates at a norm of 10% per month to informal money lenders. Official banks are inaccessible to the mass of rural people who have no securities to put up against loans. Few are even aware of the banking system

The Indian Government however has a policy that

it's Nationalised Banks (the majority) give 40% of their loans to the rural poor. Loans of up to 5,000 rupees (10,000 baht) can be given villagers for any purpose and with no security. Interest rates can be as low as 4% per annum and usually less than 12% per annum. There is a policy to have bank branches available to every 18,000 people and within 5 kilometres of every community. The effect of such a policy of course depends on the ability and inclination of uneducated people to avail themselves of the facilities offered and the Agencies we visited are facilitating this to the full. Through their Songhams, the Harijans are taking loans for a multitude of income raising projects. We have seen these downtrodden people taking loans to start sewing projects, dairy projects, leather tanning, chicken raising, rickshaws, housing, irrigation, in fact, almost anything and everything. In a short period of time old debts are being erased and income levels dramatically improved.

There are of course still many problems, widespread alcoholism and gambling being foremost, and life is still poor and



Joy amidst poverty-life in a slum.

harsh — but progress is immediately apparent. In one village we visited, the villagers living in small thatched mud huts are still mostly in debt to their landowner in whose fields they work as labourers. The interest rate here is 10% per month. They have

no land themselves and earn around 20 baht a day when work is available. Only a few children go to school; the others earn 20 baht a month looking after the landlord's water buffalo. Many of the villagers make rough baskets which they give to the landlord to pay off their debts at about 1.50 baht a piece. He sells them in town for 4 baht. The market is good, he will take any amount! The Songham has been established only six months but the villagers have been introduced to the banking system. Within a short time they can buy out their debt to the landlord and they will soon be selling their baskets communally direct to the market at 4 baht each. In a period of months the oppression of debt at crippling interest rates will be thrown off and their incomes more than doubled. They have already started a government assisted housing project and latrines will follow (a much needed innovation!). They are buying water buffalo to sell milk. This is a staggering rate of progress compared to



USA one step away.

British Airways can fly you non-stop to London, then on to 15 destinations in the States.







Endless sensations!

our experience in Thailand.

We find it so difficult to get people to really work together and we find it even more difficult to help the poorest, landless people - our programmes seem to help the "middlepoor" most. So why the difference?

One reason is that these Harijans have never before had assistance (most of our villages are quite experienced at holding out their hands!). They have been abused and downtrodden for centuries. Now they grasp these undreamt of opportunities. Another reason is that they live together, easily identifiable. They live as out-castes on the edges of villages in humble, crowded settlements, away from the "superior" landowning

classes. In Thailand, the poor are mixed haphazardly with the better-off and do not form the same readily defined target group. But probably the biggest reason is that the Harijans are only poor because of the Caste system. In Thailand the scattered, poorest members of rural communities will include the least capable and least industrious, as well as the least fortunate. But amongst the Harijans there are capable leaders and teachers, and industrious workers, shackled only by their social oppression. It is moving to see their emerging confidence.

Their belief in their Songhams is reinforced by everyday experiences. Last night we sat for several hours with villagers crowded into the

middle of a Harijan village. They had many questions of us and of Thailand, as did we of them and afterwards they produced musical instruments purchased, with a bank loan, for 12,000 baht with which they can earn a living playing at funerals, weddings and other ceremonies. A trombone, a trumpet, a clarinet, a coronet, a trumpet coronet and three sizes of drums let blast a cacophony of sound from all of five feet in front of where we were sitting! They got us up dancing and the place rocked to what must have sounded like an out-ofcontrol jazz concert. The spirit, and warmth and confidence was overwhelming! And then the music stopped. A sad young man of about 30 walked in on crutches. There was silence. It was explained that he used to play in the band but four days ago had been stricken with a kind of paralysis. It was curable, but the incredible sum (for him) of 4,000 baht was needed for hospital treatment. The Songham President addressed his people. They must help. The youth promised to pay 20 baht each. We made a

community hut in the



Home from home (Calcutta on wet day).

hastily negotiated donation. We left secure in the knowledge that the Songham would help him. A downtrodden community was now able to solve its own problems.

There are so many other experiences I could recall including the shock of leaving our comfortable Jumbo seats where we had just been served coffee and Toblerone chocolates. to find ourselves in the dead of night in crumbling Calcutta with the street pavements lined with row upon row of corpse-like bodies, oblivious for a few

short hours of the harsh realities of another hopeless dawn soon to break. How can there be such inequity!

Then there has been the warmth of the welcome we have received everywhere, some stunning scenery, beautiful birds, interesting food (!), unusual accommodations. ancient steam railway engines, endless sounds and sensations. But I will finish with just one more story.

The other night we were again sitting in a Harijan village talking with the villagers and trying to

drink tea which seemed to taste mostly of the smoke of the buffalo dung it was cooked over. As a last question we asked "What would they do if the Government one day suddenly gave them 5,000 rupees each?" The answer in many of our villages would surely be a TV, or a refrigerator, or a radio. or a motorcycle. But here? No. The answers were sensible in the sublime. One man said he wouldn't want it - money was trouble! Another wanted to repair her hut, another to buy a buffalo. The last



Hop on us to SYD, MEL, ADL.

Every Thursday British Airways to Sydney, Melbourne on the only direct flight to Adelaide.

BRITISH AIRWAYS



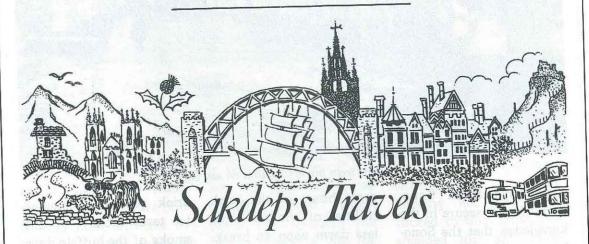
was an old lady. She explained that in her small field there was a big rock. She would use the money to break it up and get rid of it.

I've thought a lot about that little old lady. Her answer seems to symbolise all that we have seen. That rock is there, always in her mind. It's her burden. At the first chance it will be removed. For the Harijans we saw at least, the burden is indeed being thrown off.

On Tuesday I fly to rest

for a couple of days with my mother in England and next week I will be in the US of A for the first time. What impressions there, I wonder!

..... Jack Dunford.



## Holiday in Britain

R IGHT, the above mentioned topic just sounds normal to those who are from there but it is really meaningful to me having a great impression of leisure during my seventy-day period of staying in the U.K. I would be delighted if this could possibly be published in Outpost to write about things I experienced.

With a smooth and excellent flight I arrived at Heathrow Airport on schedule by seven o'clock in the morning. After there was slight trouble of a very long queue up that took me about ninety minutes to go through immigration formality. I straight away went to the exit where I was already awaited by relatives. A very cheerful feeling came to my heart when we met again.

We drove into city centre seeing the sights of London briefly. At my first sight things I saw were old buildings built in characteristics of British

architecture that looked very magnificent and remained unchanged. Even in this century of modern lives I agreed that their good condition must be carefully looked after by a group of conservative people.

We turned to Buckingham Palace road whereabouts on road-sides were beautifully put up with flags and colourfully decorated preparing for the royal wedding. Not too long when traffic became heavier during rush hours in the morning we had to leave the city and passed the Wesminster Abbey where a number of bells with beautiful sounds were being rang loudly.

We took the northern Al route bounding for home in Tynemouth. Here came my first glimpse of picturesque road-side farmyards and villages that gave pleasant views en route. We could once again have fresh clean air being away from cities' pollutions. Though I felt very tired the scenery of very green and hilly wooded lands of countryside awakened me from being asleep on our way home.

It was notable that roads were energetically designed, in particular they were constructed to be secure and sturdy for prolonged use. To be convenient to vehicle users the roads were constructed into a spiderweb-like plan cutting through farmlands throughout the country which shortened distances and saved time. And yet the tunnel crossing under a river was one of many technologically advanced constructions to be expressed.

After a long journey we finally arrived home with our completely exhausted bodies. It took me a few days to get into the swing of things here especially weather which was chilly cold even though it was summer time! And the sun seemed unusual to me that set by night time.

My trip to England was so successful and very enjoyable and that I am sure it will not be possible if without a generous sponsorship from relatives and very kind support of the British Club Committee and the Manager for granting me an extended leave. I hope that this publishing conveys my grateful thanks to all of them and those who concerned. Hopefully, I will in future have an opportunity to visit it again.

Next month I visit Tynemouth.
... Sakdep S.



## N DEPTH

## For some, the season of sharing is year-round

HRISTMAS is coming," say the ads. Decorations are up and that special undercurrent of excitement charges the air. Children the world around are voicing their dreams of holiday gifts—stereos and dancing dolls, fuzzy puppies and even a new car. The New Year is coming, too, bringing with it festivities galore. Everyone celebrates the season of giving and sharing. Yet perhaps not everyone. For thousands of children, the holidays will be no different than other days. Orphans already know quite a lot about sharing.

One reads of these children the world around, how they suffer from lack of adequate affection or supplies, or both. One is moved by stories of homeless babies, torn from their parents' arms in times of war or famine, others abandoned by families unable or unwilling to care for their children. Each tale is a tragedy in terms of human resources. For the children themselves, each tale is a daily reality.

For the two hundred children at the government-run Rangsit Home For Babies, some kilometres beyond Bangkok's Don Muang Airport, the reality is the orphanage. Wake, wash, eat, laugh, cry, sleep — day in, day out, within

the perimeters of the institution. No Sundays at the zoo, no Magic Land rewards for good behaviour. In the orphanage, regimentalised routine is the order of the day. There can be little room for the individual; yet those are hundreds of tiny individuals who fill the halls. Each has needs and hopes, and hungers for love even if love is often an unknown entity. Ward assistants do their utmost to stimulate minds and soothe souls but, because of numbers and resources, it is never enough.

At the Rangsit Home there is fresh air and flowers grow in the garden. Efforts are made to create a pleasing environment with whatever is available. In the recreation-cum-schoolroom, where two teachers look after the older children, precious toys are neatly arranged and wall hangings are bright and lively. It is obvious that the staff is determined to do its best for the children. And yet, as with orphans worldwide, there is still so much more that needs to be done.

The best thing of course would be to find homes for all of them. After all, nothing can substitute for a family environment. But for most of them, regardless of how appealing, intelligent or loving they might be, the chances of

finding a home are slim. It is impossible for the children themselves to search for a family — and how many people search for a child?

Thus, most of them will know the orphanage as their only home - until it is time to move on to the next institution, a pattern followed until early adulthood. At the Rangsit Home there are about 200 children between the ages of two and five. Christmas or not, these children already know what it means to share for they share the common lot - nappies, food and the affection of 20 staff members: 10 during the day, 10 at night. They also share the same sicknesses, for just as it is difficult to prevent contagion amongst any children, so at the Rangsit Home it is especially problematic. Funds do not permit the construction of an infirmary. Children who are sick, whether with hepatitis or flu, are moved

to one side of the dormitory; lack of space allows no further separation. Inevitably, when one child falls ill, the Domino Principle goes into effect.

"Compassion fatigue" has become a popular expression. But can compassion ever really know fatigue? Perhaps it only becomes blanketed by the realisation that some miseries endure. Perhaps, if but for a moment, one actually tastes the anguish of these children who, through no fault of their own, are suspended from society for the space of their childhood, compassion might return, awakened. Perhaps this is the season to remember that there are still some miseries which can be relieved.

Please contact 251-4714, the office of World Concern, or Project Life at 392-0203-4 if you are interested in helping the children of Rangsit.



"My horoscope says I'm to beware of an unexpected love affair."

## NEW HORIZONS

## Bangkok Book Group

TTTE like to meet once a month at each others' homes to discuss a good book. The meetings are held in the evening and are very informal. The idea is that one member selects a book that she has enjoyed and/or feels merits a good discussion. She starts off the evening with a brief account of why she has chosen the book and her thoughts about it, and then hopefully the others join in with comments on writing, style, characterisation, plot and its development, any themes or ideas the author is trying to con-

vey etc. It is often interesting to talk about any other work by the same author, his or her background etc.

Obviously our choice of books is limited to availability in Bangkok but this has not restricted the variety of books we have read and discussed. The Booker Prize short list often provides a few good books for us but we also enjoy a good classic from time to time. One of our most successful meetings this year was on Thomas Hardy's "Jude the Obthe following month we read a Booker Prize runner-up in 1985, "The Good Terrorist" by Doris Lessing, two very different choices.

We all have different taste in books and it is not usual for every member to have loved each month's book. However, we are all enthusiastic to discover new authors through recommendations by others and this is easily done through the Book Group.

If you are interested in joining please phone

MELANIE POMFRET 391-8896 ANGELA McCARTHY 253-0496

### BRIDGE

The British Women's Bridge Group have found a new home in the Wordsworth room at the British Club every Wednesday morning — starting at 9.30 promptly playing Chicago Bridge.

We are intending to play Duplicate on the last Wednesday of each month (thanks to Pete Schoenmakers for all his help in organising duplicate boards). We now have no excuse!

Our mornings aim to be friendly and relaxed and hopefully to improve the standard of our bridge. New members are welcome. To book ring Jean Parrot, 258-0680.

## WELL WORTH WATCHING

### NEW ADDITIONS TO THE VIDEO LIBRARY

- 44. New series Auf Wiedersehen Pet Parts 1, 2 and 3 Plus 30 mins. Skating Championship
- 45. New series Auf Wiedersehen Pet Parts 4, 5 and 6
- 46. New series Auf Wiedersehen Pet Parts 7, 8 and 9
- 47. A) New series Auf Wiedersehen Pet Parts 10, 11 and 12
  - B) Plus Manaco Grand Prix 1986
- 48. A) New series Auf Wiedersehen Pet Part 13
  - B) 2 x Naked Video Comedy Shows
  - C) 1986 Wimbledon Men's Final (Third Set)
- 49. Wimbledon 1986 Ladies' Final Men's Final (First Two Sets)
- 50. A) 2 Shows "Alias Smith and Jones"
  - B) 2 Shows "The Two Ronnies"
- 51. A) 1986 World Cup Final
  - B) Red Arrows Classic Manoeuvers
- 52. A) 1986 Cup Final Liverpool vs Everton
  - B) 1986 Derby
- A) Charlie Chaplin in "The Goldrush" and "The Circus"
  - B) 1986 Hungarian Grand Prix
- 54. A) Hancock's Half Hour three shows
  - 1. The Lawyer
  - 2. The Cold
  - 3. Radio Ham
  - B) Whatever happened to the Likely Lads?
  - C) British Grand Prix 1986 German Grand Prix 1986
- 55. A) The Two Ronnies three shows
  - B) Till Death Us Do Part Do
    - Do Par
- 56. A) Rugby Union

- Wales vs Scotland 1986 Highlights: France vs Ireland 1986
- B) European Skating Championships 1986
- C) Documentary on Douglas Bader
- 57. A) Spitting Images 5 shows
  - B) Yes Prime Minister 2 shows
- 58. Five Classic "Hancock's Half Hours"
  - 1. The Blood Donor
  - 2. The Missing Page
  - 3. Twelve Angry Men
  - 4. The Ladies' Man
  - Lord Byron Lived Here
- 59. A) Round Britain's Coast
  - B) Caddie Australian Drama 1925
- 60/61/62. A sporting documentary about the now infamous "Bodyline Cricket Series" between England and Australia.
- 1986 British Golf Open First two days' highlights
- 64. A) Boxing: Bruno vs Witherspoon
  - B) 1986 British Golf Open
- 65. "The Kingdom of the Ice Bear" (thriller) Parts 1 and 2
- 66. Tender is the Night Parts 1, 2 and 3
- 67. Tender is the Night Parts 4, 5 and 6
- 68. A) Time after Time (Play)
  - B) Hotel du Lac (Play)
- 69. A) Silas Marner
  - B) The Browning Version
- 70. The Living Planet 3 Programmes
- 71. The Edge of Darkness Parts 1, 2 and 3
- 72. The Edge of Darkness Parts, 4, 5 and 6
- 73. Rugby Union 1986
  England vs Wales
  Scotland vs France highlights

## TALKING POINT

## Castles in the air

PRIVING up to Sukhumvit on the new soi 16 and seeing that amazing city skyline across the lake, you may have thought that Thai architects have a common purpose, that their only aims are to build as high as possible and as spectacularly as possible. However, at a meeting of the Foreign Correspondents' Club recently I learned that a controversy rages about the way forward for Thai architecture: which style will prevail as the overtired, overused "International style" palls on client companies and institutions.

Three alternative styles were proposed: the first sees a need for a "Thai identity" of construction. Next, there is a movement based on Graeco-Roman tradition: this involves lots of marble columns and copying. Thus we have the Parthenon, floating amid the clouds over soi Lang Suan. The third movement is based on one man's earnest desire to force Thai archiecture into the 21st century and to go beyond the High Tech style (e.g., Centre Pompidou, Heathrow Terminal 4 - in a word: exposed piping) and to leap forward to "Post High Tech". The example we have of this is the Robot on Sathorn, defended fiercely by its architect: "Children like it," he says "and children are the future. If you don't like it you're getting old and senile." This man sees both the Graeco-Roman style and the International style as the work of colonising nations imposed upon a too-compliant Third World. He believes that man's environment is now the machine and makes this explicit in his Robot. (Had you noticed the caterpillar tracking at the sides, so it may be moved — once someone finds the ignition switch...). Seen from the back (a view most citizens are, dare I say it, spared) there is a central processing unit above the "legs". Also, the eyes wink at night.

The softly spoken, laid-back architect of the Jareemart, on the other hand, who proudly introduced himself as "the architect of some of Bangkok's most hated buildings," showed slides of his marble floor outside the Toshiba showroom in the Mahboonkrong Centre. He murmured "That's from the Acropolis ... I think ... I've copied so much I don't always remember where it's from."

I couldn't help wondering if the cityscape in which we all have to live and which we have to look at, shouldn't be in the more responsible hands of town planners. But maybe someone up there on the 20th floor is already at work approving building permits on aesthetic grounds and even more controversial buildings have already been proposed, only to be denied a piece of the sky: the B.M.A. housed in a giant tap? The Transport Authority in a pyramid of old buses? Perhaps the Jareemart and the Robot are but the tip of the iceberg.

The other proposal, mentioned above, involves the creation of a Thai identity: corridors open to the weather and Thai-style roofs seem to be the most easily recognised elements of this; the use of Thai materials is a minimum requirement. That this is feasible is robustly denied by the Post High Tech man, who points out that computers and calculators need air-conditioning, which entails the enclosure of buildings. As for Thai roofs, they look silly 20 floors up, and teak, well, it's very expensive.

In Bangkok, the individual's home is

by no means his castle: his neighbours can assail him with noises, smells and sights with impunity. Nevertheless, we may pose the following questions: do the two buildings singled out here enrich the Bangkok cityscape? Is the Robot a bit of fun on a monumental scale, an eyesore or a bold new departure? Is the Jareemart a genuine oppotunity for us to enjoy the beauties of Athens?

Finally, which would you rather see multiplied across your horizon?

Jacqueline Piper

0

## GHILDREN'S CORNER



## Christmas



Astonish your Friends and Amaze your Parents with these Extraordinary Christmas Facts!!

D ID you know that — Christmas, the Mass or Church Service for Christ, used to be celebrated on January 6th? The date of Christmas was changed to December 25th in the fourth century, because December 25th was then the shortest day of the year, and had always been a special holiday called the Winter Solstice. (The shortest day of the year is now December 21st because we use a different calendar.)

Did you know that — when we lazily write Xmas, the X stands for the Greek letter which is the first letter of Christ's name and is often used as a holy symbol in Greece?

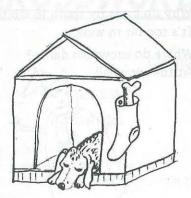
Did you know that — the mistletoe we hang up at Christmas is an emblem of love? And it's all because of an old northern legend about Balder, the sun god. The other gods promised never to hurt him, and they placed spells on everything in the world, so that nothing else could harm him either. But they forgot to put a spell on the mistletoe,

and when the evil god, Loki, discovered this, he made a sharp arrow from a mistletoe branch and persuaded the blind god Höder to throw it. He guided Höder's hand so that the arrow struck and killed Balder. Fortunately, the other gods were able to bring Balder back to life, and the mistletoe promised never to hurt anyone again — and so mistletoe became the emblem of love.

And did you know that we've only been sending each other Christmas cards for about a hundred years? The first ones were rather like birthday cards, with flowers and animal pictures on them, but after 1900 cards from Germany with pictures of holly and snow, or nativity scenes became popular.

Lastly, did you know that Boxing Day is really St. Stephen's Day? St. Stephen was the first person to be killed for preaching about Jesus, and so he was given the honour of having his Saint's day immediately after Jesus' birthday. We call it Boxing Day because it used to be

the day when church poor boxes were opened, and the money in them given to the poor.



You could also astonish your friends and amaze your parents by getting a mention in the Guinness Book of Records next year! Here are some Christmas records to beat:

1. The largest cracker — this monster was 45 feet (13.71 m.) long and 8 feet (2.43 m.) in diameter, and was made for the B.B.C. T.V. Christmas Record Breakers' Show in December 1974.

2. The greatest number of personal Christmas cards ever sent out — Mr. Werner Erhard of San Francisco, California posted off 62,824 in December 1975.

3. The tallest cut Christmas tree — this was a 221 foot (63.36 m) Douglas Fir which was put up in the Northgate Shopping centre in Seattle, Washington in December 1950.

If getting into the Guinness Book of Records is too difficult, here's something easier to do.

How to make Christmas tree decorations.

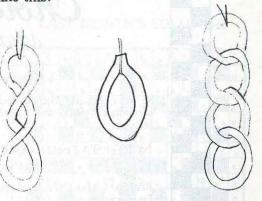
You will need
1 teacup plain flour
1 tablespoonful of salt
½ teacup of cold water
rolling pin

baking tray
mixing bowl
fork
card or thread to hang the decorations
poster paints and brushes, or felt tip
pens
clear enamel varnish

1. Make the dough in a mixing bowl, gradually stirring the water into the flour and salt with a fork, and then kneading the dough together with your hands. It should come away cleanly from the sides of the bowl. If the dough is too dry, carefully add a little more water. If the dough is too sticky you need more flour.

2. Squeeze and knead the dough for five minutes and then roll it out on a piece of foil or a Formica surface, to biscuit thickness. It is important to make sure there is no air trapped inside.

3. You can now cut the dough into almost any shape you fancy. To begin with, try small simple shapes like stars, or 'snakes' of dough twisted into loops, like this:



but don't make them too thick and heavy: if they are more than 1 cm. thick they won't bake properly and anyway they'll be too heavy for the tree. If you want to be more ambitious, you could make a card template of a Christmas tree

or a snowman, lay it on the rolled out dough and cut around the template with a knife. (Be careful!). Remember to make a small slit at one edge of the decoration for the hanging card.

4. Slip a knife under the shapes and lift them onto a baking tray. Bake in a moderate oven at 130°C (250°F) mark ½ until light brown and completely dry on both sides, which will take roughly 40 minutes.

5. When they are cool, paint the shapes with poster paints or colour them with felt tip pens. When the paint is dry, apply a coat of clear enamel varnish to the front and sides of the decoration, allow it to dry overnight and then varnish the back. If the decoration is well sealed it should last for years.

And finally, Astonish your Friends and Amaze your Parents with these dreadful jokes:

What do you get if you cross a snowball with a shark?

Frostbite.

Why do birds fly south in winter? It's too far to walk.

Where do snowmen dance? At the snowball.



Next month, the children's pages will be all about pets, so if you have a story, joke, photograph or drawing of your pet, give it to the Clubhouse Receptionist by 10th December. Meanwhile, Happy Christmas. See you next month!!



## CROSSWORD

## CHRISTMAS CROSSWORD

### CLUES

#### **ACROSS**

- 1. Xmas situation? . . . . . .
- 3. .... and what might come out of it.
- Not hear? Turn around, and you'll get one more.
- 10. It describes the Stable.
- No fresh title for what we celebrate and may be sing – on 8 down. (Three words)
- Nasty with the middle note and it's not enough.
- 15. One backward little man embraced another and they made a noise in the night.
- 17. Have hopes that at least one of 3 across will be. (Two words)
- 20. Just adored.
- 21. Existing in a high degree.
- Not gentle but God Rest Ye, Robin's band. (Two words)
- 23. An American boy's skills?

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#### DOWN

- 1. Stars must if they want to shine.
- 2. Might be found in the ring.
- 3. Not the easiest to find.
- If nobody had 15 across we would have these carols! (Two words)
- You might greet it with resolution. (Two words)
- 7. Porkers' pads.
- 8. This card May's sent round makes the time to celebrate.
- Strides East for the lady in charge of the press.
- 14. An apprentice swain? Yes, everywhere! (Two words)
- 16. Has a limit.
- 18. Next to the bull's eye.
- 19. Jack Horner's prize on 8 down.

## LAST MONTH'S SOLUTION

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28 L	E	A	т	н	E	R		29 C	E	L	L	1	N	1
A		L		0		E		U		E		N		R
30 Y	ε	L	L	0	w	s	U	В	м	A	R	1	N	E



## MAXWELL SHIELD MATCH

HE annual Brits vs Aussies was recently contested in muddy conditions at Railway Golf Course. Obviously those down-under players are used to these conditions as they outclassed their Brit counterparts 593 pts to 520 pts.

The sponsorships from Qantas and British Airways provided a fine array of prizes and Hyatt Central Plaza Hotel offered a superb luncheon buffet.

"A" Group "B" Group	<ul> <li>1st</li> <li>2nd</li> <li>1st Nine</li> <li>2nd Nine</li> <li>Bradman Trophy</li> <li>1st</li> <li>2nd</li> <li>1st Nine</li> <li>2nd Nine</li> </ul>	<ul> <li>Dolores Aaron</li> <li>Bob Merry</li> <li>Ron Armstrong</li> <li>Des Smith</li> <li>D. Brittain</li> <li>Koi Armstrong</li> <li>D. Humphreys</li> <li>L. Kentwell</li> </ul>	32 pt 31 pt 17 pt 18 pt 18 pt 33 pts 32 pts 16 pts
Callaway Winners  Long Drives	Bradman Trophy  Ist 2nd Bradman Trophy  Men	<ul> <li>N. Hardy</li> <li>Wynn Frazer</li> <li>Decho</li> <li>P. Neck</li> <li>D. Whalen</li> </ul>	16 pts 9 pts 34 pts 34 pts 13 pts
	Ladies Nearest the Pin  eted and over seven	<ul> <li>S. Bolton</li> <li>Wendy Morris</li> <li>D. Humphreys</li> <li>J. Addis</li> <li>W. Morris</li> </ul>	

peted and over seventy persons enjoyed the spread of tasty food and prize-giving after the match.

## B.C. GOLF SECTION vs JAPANESE ASSOCIATION

This bi-annual match was held at Ekachai Golf Course. For the first time in two years the British Club came out winners by 752-762 strokes. The course took its toll on straying drives causing much frustration for some whose games were going right early

Results were:

"A" Group	- 1st 2nd 3rd 4th	<ul> <li>H. Satoh</li> <li>E. Jurgens</li> <li>R. Armstrong</li> <li>D. Cadwallader</li> </ul>	72 72 73 73	net net net
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	5th 6th Low Gross	7.1.1	D. Smith I. McLean Ono	73 74 78	net net net
"B" Group —	1st 2nd 3rd 4th 5th 6th 7th		D. Humphreys D. Williamson J. Addis M. Majer A. Rider B. Decozier K. Armstrong	3000	pts pts pts pts pts pts pts pts
"A" Group —	1st Nine 2nd Nine		Fujimoto D. Frost	33½ 36½	CONTROL OF THE PROPERTY OF THE
"B" Group —	lst Nine 2nd Nine Long Drives "A" "B"		Mrs. Tanaka Mrs. Takahashi D. Humphreys Herbert (which Herbert? Ed	15 (?E	
	Closest the Pin	<del>-</del>	B. Jordan Decho D. Frost Y. Fukuda		

### **FUTURE PROGRAMME - 1987**

1. Annual General Meeting will be held on January 6, 1987 at 6 pm in the Suriwongse Room at the British Club.

There will be "free" dinner and some good golf tapes to be seen and the usual short meeting. The annual presentation of trophies will also take place.

All golf section members please note this important evening.

- 2. The first outing of 1987 will be held at Lard Pet (new air force) course. Tee-off time - 7.30 am - January 11th.
- The second outing will be held January 25th at 8.00 am at Thai Country Club. The course should be dry according to our weatherman.



"... No car, no perks, no holiday for the first year, and the spittoon's down there somewhere."



## LADIES'GOLF LADIES'GOLF

BY the time this goes to print the rains will be over and we can look forward to a good long dry spell. Just watch those handicaps come down! Delighted to see such good turnouts since you all have been back from leave. Many thanks to Wendy and Dolores for keeping you all going in my absence and to all the girls involved in prize buying.

### **NEW MEMBERS**

We welcome three new members this part of the season, Gai Pitre, Margaret Currie and Terry Merry. Delighted to have you with us girls and hope you will enjoy your Tuesday outings with us.

### FAREWELL

We wish a fond farewell this month to Maureen Hyde who leaves for "downunder". Sorry to see you go — you've been one of our staunch supporters. Good luck and all best wishes in your new life.

## SINGAPORE OPEN

We had two members, Joan and Dolores' playing in the Singapore Open in September representing the TALGA flag. Both did well and thoroughly enjoyed their trip. Joan won a prize for a daily low nett score. Well done girls.

October 7th -	Stableford	1			
	Winner R/Up Winner	Margaret Ross Prue Pointer Kanda Phillips	( 8) (20)	34 pts 30 pts	
	R/Up	Maureen Hyde	(28) (31)	29 pts 25 pts	
Flight C	R/Up	Sriwan Forrest Joyce Cadwallader	(33) (38)	21 pts c/b 21 pts	
Near Pin	No. 8 No. 13	Gai Pitre Margaret Ross			
October 14th -	Bisque B	ogey			
Flight A	Winner R/Up	Margaret McEwan Wendy Morris	(20) (21)	+3 +3	
Flight B	Winner R/Up	Wendy Binns Penny Whalley	(25) (30)	+6 +5	
Flight C	Winner R/Up	Joyce Cadwallader Sriwan Forrest	(38) (33)	+7 +5	

Near Pin N N		Margaret Margaret	Ross : McEwan				
Low Putts -	3.4.3.4.45.45					Œ	
October 21st - B	ogey						
Flight A V		Wendy E Joan Jur	的技艺与图10 x 产品 * 几次可以		(25) (17)	0 -2	
Flight B V R		Anne He Penny W			(28) (30)	0 -2	
Flight C V R		Joyce Ca Diana W	adwallader ingfield		(38) (33)	+1 0	
Near Pin No	o. 13	Joan Jur	gens				
Under Par	e al company	Joyce Ca	adwallader		(71)	F <sub>all</sub>	
October 28th - L	.G.U. Med	al					
Silver Divisi	S SECTION TO THE		Pat Dodsworth Joan Jurgens		(18) (12)	nett 71	nett
Bronze I Di	THE RESERVE THE PARTY OF THE PA	TO A SECURE OF THE PARTY OF THE	Wendy Morris Anne Hendrie		(19) (26)	ACTOR AND ADDRESS.	nett nett
Bronze II D			Sriwan Forrest Joan Guthrie	A SECTION AND ASSESSMENT	(33) (30)		nett nett
Near Pin N		Sriwan F Wendy M					
Long Drive	No. 18	Dolores	Aaron				
Under Par		Pat Dod	sworth		(71)		
November 4th - 5	Stableford						
Flight A W		Wendy B Joan Jur			(24) (17)	39 35	
Flight B W R		Kanda P Joan Gu			(28) (32)	40 36	
Flight C Wir R		Joyce Ca Margaret	adwallader Currie		(37) (40)	39 30	
Near Pins:		Joan Jur	gens, Gai Pitre				

### **ECLECTIC TOURNAMENT**

This was organised by Wendy Morris - for which many thanks. It was run over the four Tuesdays in October under very soggy conditions. However, the scores were pretty good and five contented winners emerged successfully. Blue and white pottery prizes were presented to the following: -

## Using 3/4 h'cap on USGA:

/4 11 Ca	0 01	LOD	OII.			
1st		-	Wendy Morris	(21)	681/4	nett
2nd		-	Wendy Binns	(24)	69	nett
3rd	1.1	-	Margaret Ross	(8)	70	nett
4th		-	Sriwan Forrest	(32)	70	nett
5th		-	Kanda Phillips	(28)	71	nett

Well done Wendy - you won it for the second time. Dare I mention you organising a third one!!

## FORTHCOMING COMPETITIONS

December 2nd

 CAPTAIN'S DAY (Flag competition + lunch at Mo's). - Bogey

December 9th December 16th

- ROUND-UP: Stableford

This will be our last game of the season so please let's have a full turn-out. Our prospective starting date for 1987 will be Tuesday, January 13th.

## KITCHEN SINK 1987

All being well, this will be played at the ROSE GARDEN with the men on February 28th (Saturday) at 8.00 am. Make a note of this in your diaries and details will be posted at the British Club together with the Tuesday outings in the New Year.

May I take this opportunity of wishing you a very Happy Christmas and a prosperous New Year - good eating, drinking and merry-making. Look forward to seeing all of you out in force in January under our new Captain. Details of our new committee and final December results will be posted in the January Outpost. Very many thanks so far to my Committee this year - you've done a great job! IT'S BEEN A GREAT SEASON - thanks to all of you girls.



"For heaven's sake, all I asked is which do you want, a hamburger or a lamb chop!"

## SQUASH SQUASH



AST month's report didn't make it into the Outpost, so we will bring you up to date on the events over the past couple of

Three notable events took place:

- 1. The Milo 60th Squash League
- 2. The British Club Open Championship (Rod Carter Cup)
  - 3. The Challenge Match between Singapore Cricket Club and B.C.B.

## The Milo 60th Squash League

11 Divisions played in this rather special competition which marked the 60th Squash League successfully run at the Club.

The League was generously sponsored by MILO through the kind auspices of Jim Johnston. The Participants were more than appreciative of the MILO T-Shirts and the handsome trophies. Jim - our sincere thanks.

A few surprises crept into the winners' circle on this occasion and it seems that there will be many ups and downs on the challenge ladder in the near future.

Congratulations go to each and every winner and they were:

Division 1 Mervyn Rattray

Division 2 John Morgan

Division 3 Les Kentwell

Division 4 Rudi Sirr

Division 5 Ben Piper

Division 6 Mike Geary

Division 7 Geoff Hill

Division 8 Rob McEwan

Division 9 David Hornby

Division 10 Maren White

Division 11 Fiona Richmond

Jim Johnston presented the trophies to the winners together with a can of Milo to boost their energy.

## British Club Open Championship

Vying for the Rod Carter Cup 38 competitors entered the British Club Championship.

Unfortunately many competitors were destined to forfeit matches by non-attendance or turning up to play their match far too late. The first round saw a 40% no show rate therefore many players advanced to the next round and even further without opposition.

Hardly a test of squash.

Colin Reid had every right to look sternly over his spectacles and wonder why he put so much effort into organising the draw.

It was at least gratifying to see our own club players, who probably didn't expect to be finalists, turn out at their appointed times. Even John Morgan, with a hangover, gave 11 minutes of his Saturday morning to uphold the Club's traditions and my opponent was seen to break out in a sweat, but then, it was very humid that morning.

There seems to be a very good case for charging an entrance fee to enter our open competitions. At least there is a better chance of people turning up.

Miraculously we finally saw 4 players ready to do battle in the semi-finals.

The first semi to be played between Ian Newth and Peeraphon. The second semi between Mervyn Rattray and Kamonsin.

The packed gallery were proud to see the British Club ably represented in the semi finals and expecting quality squash were not disappointed.

Colin "NO LET" Reid officiated for both matches and called them well.

Although Ian and Mery were eventually worn down all those present appreciated the fine display of power squash.

The following day saw the final between Peeraphon and Kamonsin. The tenacity displayed by both Thais kept the gallery on the edge of their seats. Court coverage was amazing and unbeatable winners were retrieved to prolong the rallies. Some rallies I am sure lasted longer than some games I have witnessed.

The eventual winner in 3 straight was Peeraphon.

Our congratulations to Peeraphon for again winning this event and congratulations to Kamonsin for a great effort.

## Singapore Cricket Club Vs B.C.B.

One would think that the very name of the Club these visitors were representing would give some indication of the sport they would normally pursue and therefore the 20 members who requested a squash match with the B.C.B. would be looking forward to a gentle little knock around the court.

Being a little sneaky, we thought we may field a team just strong enough to make it interesting BUT without too much embarrassment strong enough to emerge on top.

Well — the best laid plans and all that stuff  $\dots$ 

We give a cheer for Fiona Casbon and Rudi Sirr as the only B.C.B. victors and a well done to Sriwan Forrest who stopped her opponent in the third round.

To the rest - OMIGOSH - OH GEE - LOVE 3!!! O.K. a couple of 1-3 and 2-3, but everyone seemed to come second!

Not to worry we will be ready for them next time and anyway a good night of squash was had by all.

The Bar was then invaded and the embarrassing results were again mentioned as tokens of friendship were presented by both clubs.

Riding high on their evening's triumph the S.C.C. challenged B.C. to a boat race. It should be pointed out that our local squash team do not have the same training regimen as the Rugby section and therefore we lost the preliminary round.

The honour of the Club was now at hand as the Championship round was being topped up.

The tension mounted as the team prepared itself for the ultimate taste.

The race begins and B.C.B. are like a well oiled machine ... To gaze at the grace and symmetry as the golden liquid glides down the gaping gullets — and hardly a drop is spilt. If only this moment could be captured in slow motion for posterity. B.C.B. wins!!

S.C.C. retired gracefully and after a few more convivials they retired to other venues.

We enjoyed hosting the touring side from S.C.C. and look forward to similar events in the future.

Congratulations to Phil Chester and his wife Anne on the birth of their first baby. Their son and heir will no doubt become another squash member.

Phil's disparaging remarks about his visiting in-laws, which are obviously all good fun, will probably lessen now that they have brought him two squash racquets from Hong Kong. Only hope he learns how to use them (GOTCHA!)

Latest news of departures concerns Ray Walsh who is off to New York end of November Our good wishes go with you.

The Annual General Meeting of the British Club Squash Section will be held in January. Further information will be posted as soon as possible.

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Tel: 234-0247, 234-2592

## SOCCER SOCCER

FIRST LEAGUE GAME: B.C. vs DAIMLER BENZ: 2-2

"Those that do, didn't; those that normally don't, did." \* (Confused? You should have seen the game.)

The Soccer Section stuttered, faltered and eventually gathered a bit of momentum. Yes, the first match of the season against the new old enemy Mercedes Benz. The omens were not good at the start: a full team, two to spare, kit and two balls with more than 15 minutes before the K.O. This proved to be the only time the team really got it together, without being fired up by Benz scoring a goal.

And indeed Benz did take the lead twice, both in the second half. The first was from a well-planned free-kick when Benz's Poison Dwarf slipped Dave "Marks 'em tight as a jockstrap" Wallace. The second was when their captain crossed, despite the tardy efforts of Razor Swift, and bounced the ball off the Poison Dwarf's nut and past the clutch of Fingers Rennie.

Benz's scoring had the beneficial effect of temporarily stopping the "Bunny of the Year" competition, open to all BC players, but currently dominated by Allan "Justice" Morton and Saint James Taylor. As soon as the verbals had abated, we managed a few touches of football and scored twice through Cushie Castledine (a long-range dipper) and Blaster Barlow (deadly short-range wallop) from Taylor's perfect throughball.

Not a great start to the season, but not a disaster. Improved results will come when we play it simpler, strangle the bunny and trim the guts. Training, of course, would help. The schedule and fixtures are in the Diary.

Explanation for the title: those that normally score, didn't; those that normally don't score, did.



"Did I kiss you hello yet?"

## **SWIMMING**



THE end of October saw the completion of this year's first swimming course here at the British Club, Swimmers at all levels (sixty-six in all) from Grade I Beginners to Grade 5 Seniors have undergone eight weeks' swimming training here at the BC pool. On November 1st, the following swimmers were successful in passing their proficiency tests and were awarded badges as follows:

Jemma Jenkinson	- James Savage
– Adam Yasui	– Hannah Kelly
Grade II	
- Nadia Hudson	- Nicky de Boer
– Judith Rutter	Mark McAlister
- Peter Rutter	- Clare Morgan
Grade III	
- Rosalind Poole	- Nicholas Cave
— Paul Morgan	- William Thorpe
Grade V	
Maaike Coates	

Congratulations are due to all the swimmers, including those named above, for their hard work in developing their swimming skills.

In addition to the structured swimming lessons, November 2nd saw a swimming gala at the club. Participation was open to all swimmers in the British Club and twentyone children entered the contest. Of note, seven children who had not participated in the galas before were included this time. They were:

Under 5 Years of Age:	Under 7 Years of Age:
– Jemma Jenkinson	Mark McAlister
- Harriet White	
- Robert Rennie	Under 9 Years of Age:
– Adam Yasui	— Adam Horey
· 人工学员的现在分词是一个人的一个人的一个人的一个人的一个人的一个人的一个人的一个人的一个人的一个人的	

A special welcome to these new gala participants. A complete list of times for all swimmers follows this report. Please note that the gala is open to all as a fun way of improving swimming skills. We would like to encourage all swimmers, regardless of whether they participate in swimming lessons or not, to join in the fun of the galas. They are designed as fun events, and the more participants, the more fun they become. In passing, special thanks to Judith Strange, Wendy Binns, Deirdre Johnston and Jim Johnston for acting as time keepers for the races. We really appreciate the help in running the events. Since without such assistance the races cannot be run, we would encourage anyone who has a few moments during these galas to volunteer to help out - it makes a tremendous difference.

In terms of future events, please note that our second set of lessons has now started (it's not too late to join if your child is not yet enrolled). In addition, we have contacted several swimming clubs around the city (including ISB and the Thai-Japanese swimming club) with the idea of hosting a swimming gala early in the new year. In order to carry this out, we will need to know how many children are interested in participating, their ages, and events they would like to enter. If parents could pass this information on to Erika Majer in the next few weeks, we can start planning the event in earnest.

We are in the process of drawing up our "Long Distance Swimming Board" for those of you who wish to participate in the British Club 10 Km Swimmer Group. Details will be posted beside the distance tracking board. We would encourage those of you who can swim more than four lengths a day to join this health/fun oriented activity.

That's about it for this month. If you have any ideas for improving the swimming section's programme, please feel free to mention them to either Erika Majer or Mike Miles. In the meantime, enjoy the water.

#### SWIMMING GALA 2 NOVEMBER 1986

- C Comparison with previous best time X No previous recorded time O Equals best time - An improvement in seconds

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ge	Sex	NAME	Time	C	Time	C	Time	C		
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5.8	Girls	Jemma Jenkinson	54.0	х	ec 0(b)	1	Da Wo		dis	
Under		Robert Rennie	43.0	х	100		1974			
Un	Boys	Adam Yasui	47.8	х	21	27	10 1		0 1	
		BCB RECORD	20.4		24.6	-11	1.10.0			
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2.7	Gir	Hannah Kelly	41.0	-5	and (b	115	4. W		-5(1)	
Under	10	BCB RECORD	19.6	18	24.8	ñi.	59.5	Ent	moun.	
n	Boys	Mark McAlister	26.7	x	32.4	х	1.14.1	Х		
TO S	941	BCB RECORD	_40.7		48.4		1.45.9			
	10	Zoe Binns		x	1.00.7	-2	2.23.0	х	-2(1)	
	Girls	Maia McAlister	53.6	-9	1.06.0	-3	2.22.0	-6	-18(3	
	61	Rebecca White	58.0	х	1.02.0	x	2.44.2	x	dia	
9.8		BCB RECORD	38.5		47.8	100	1.42.0		inne	
H	8	Timothy Johnston	48.1	x	1.05.6	-16	2.20.4	X	-16(1	
Juder		James Rennie	51.6	x	1.13.0	0	2.21.0	-4	-4(1)	
D	92	Paul Morgan	52.9	х	1.08.0	X	2.36.8	X		
	Boys	Timothy Strange	53.1	-5	1.05.0	-3	-	-	-8(2	
		Fraser Currie	57.7	x	1.15.0	X	2.46.8	Х		
	1	Adam Hosey	J24-		1.18.2	×	2.48.8	Х		
un .	17 -	BCB RECORD	35.0		41.4	1	1.30.5			
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	Gir	Kristen Hormann	44.2	-2		10	2.06.0	-3	-5(2	
	diffe t	BCB RECORD	1.12.0		1.24.1	1	-			
13's	eq.	Kate Power	1.26.3	+2	2.05.1	+5	1.50.0	X	+7(2	
Under 1	Girls	Jessica Johnson	1.43.0	х	-				1 50	
	6	Sarah Freeman	1.43.7	-4	2.13.8	+4	1.58.2	х	_	

## TENNIS TENNIS

I F members were reading the Bangkok Post on Monday, October 27th, they will know about the Club Round Robin held on Sunday, October 27th. The Bangkok Post had a reporter present for the entire tournament and he gave a very glowing account of the organisation and tennis playing prowess of the participants.

Eight men and nine ladies played seven matches each. Steve Chappel and Michael Cave shared the best man prize, winning 26 games each, and Barbara Noon and Jackie Gramond were first and second in the women's section with 21 and 20 games respectively.

On October 30th a group of Japanese ladies were scheduled to play against the British Club ladies but illness overtook the British Club team and even with substitutes the squad could only win one match. However a return match was scheduled for the following week, November 6th, and honour was restored to the British Club ladies when they were able to tie the mornings games: Japanese ladies 4, British Club ladies 4. Similar mornings with the Japanese ladies visiting the Club are in the pipeline.

Saturday, November 8th, the British Embassy played the British Club. Julia Freeman, Jackie Gramond and her husband J.J. volunteered to join the British Embassy team since they had a shortage of players and a very convivial morning was had by all. Although the British Club went into an early lead the British Embassy team, led by British Ambassador Derek Tonkin and Peter Vereker, were not daunted and put up some very strong performances to end the morning with seven wins to the British Club's ten. The group retired to the Wordsworth Lounge for a curry lunch. Thanks to all helpers and supporters for making the morning such a success.

Monday's tennis for ladies, 4 pm-6pm and for the men from 6 pm onwards, the Wednesday mixed club night and the Thursday morning ladies' tennis are all flourishing. However, we still need your support even though Christmas is coming and the party season is underway.

Saturday, November 15th, match against ESCAP. Detailed results will be included in the January *Outpost*.

Sunday, November 23rd. Friendly Round Robin. Results will be included in the next issue.





## SALUTE TO THE MOON

(Chandra Namaskar)

RECENTLY I gave you the "Salute to the Sun" for home practice. Now, for variety, try this "Salute to the Moon". You will be refreshed and energised after doing this 2 or 3 times — preferably in the morning.

Hold each posture several seconds before going into the next one. Don't rush - ENJOY!

- Standing with feet together and hands in prayer position, breathe in and take the arms back overhead, body arched, arms each side of head.
- Breathing out, bend forward placing hands flat on floor by the feet, and bring head to knees.









- Breathing in, take the left leg back with instep resting on floor, knee straight and off the floor, finger tips resting each side of right foot. (Right foot flat, weight forward and body erect.)
- 4. Roll left foot on to curled toes, lower left knee to the floor, keeping weight forward over the right foot. Breathing out, bend back with arms overhead.
- 5. Breathing out, coming forward, return hands to floor on each side of right foot and slide back on to heels into a crouched kneeling position with extended arms, head between arms. (Note: The hands do not move, and the toes remain curled under.) Breathe in.

4



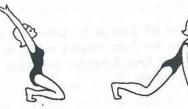


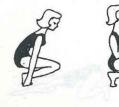






- 10. With breath still out, return hands to floor on each side of left foot, bring the left foot alongside the right and drop into cuckoo position. Retain curled toes.
- 11. Breathing in, knees to floor slide back on to heels in crouched kneeling position with extended arms (hands do not move), head between arms.









- 6. Leaving feet and hands in the same position, come forward lowering chest and chin to floor, elbows bent. The breath is in.
- 7. Breathing out, glide forward and drop into cuckoo position, weight on curled toes and hands. (For advanced students the knees should be held off floor)
- 8. Breathing in, bring left foot forward between hands (heel on floor), right foot resting on instep, finger tips each side of left footweight forward and body erect.
- Breathing out, roll the foot on to curled toes and, with the weight forward and knee on floor, bend back with arms overhead.



- Breathing out, raise arms up and back overhead, arching the back.
- 13. Breath still out, place hands on floor forward of the knees and bunny hop the toes between the hands.
- 14. Bring hands to prayer position, back erect.
- 15. Breathing in, stand up with hands still in prayer position, and lower heels to floor.

Yours in Yoga, Joan C. French

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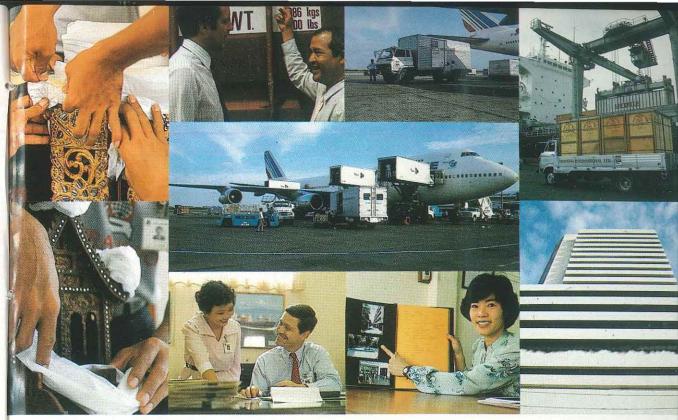


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