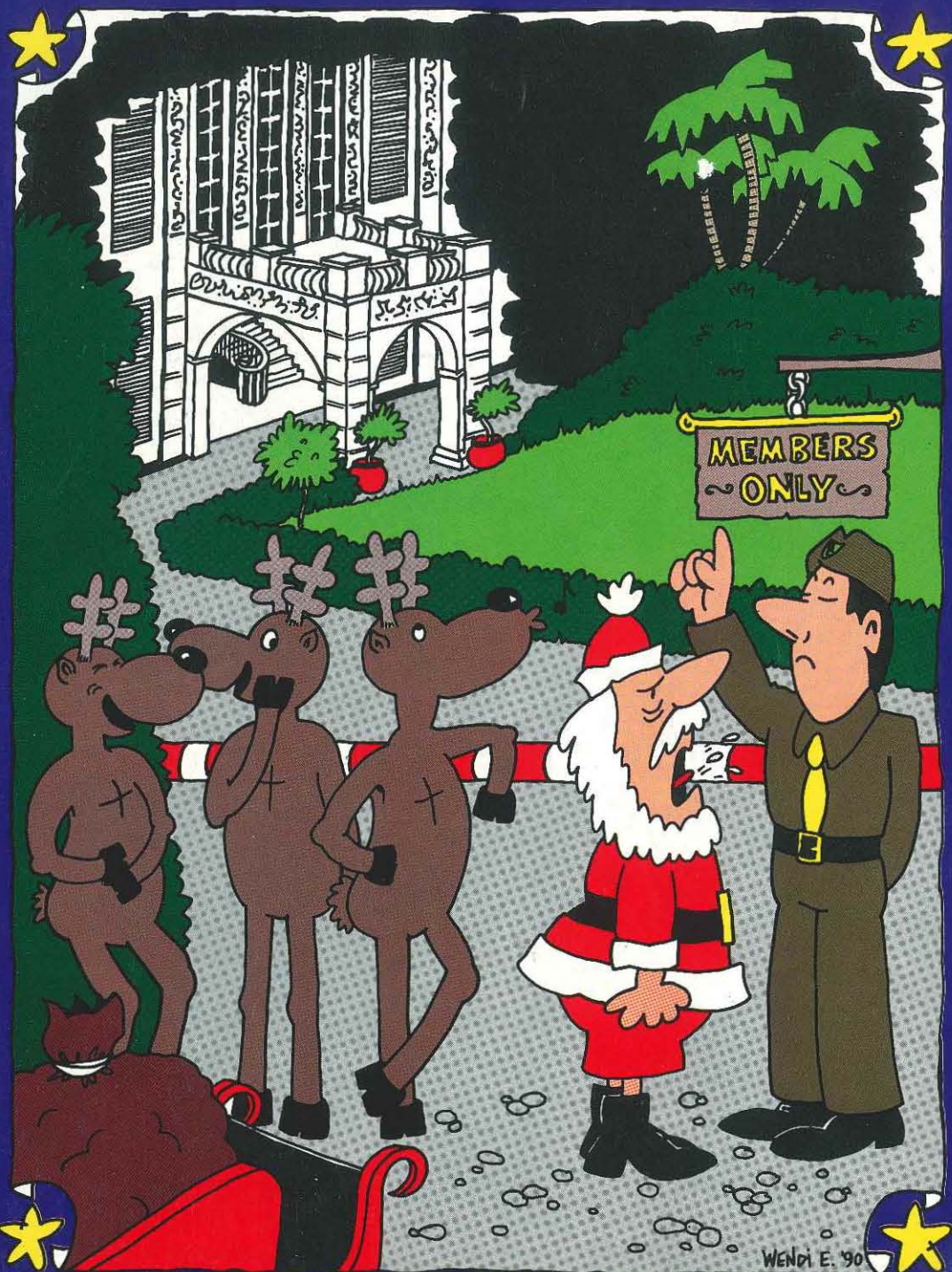


OUTPOST

MONTHLY MAGAZINE OF THE BRITISH CLUB

DECEMBER 1990





Sun Alliance Insurance (Thailand) Ltd.

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4th Floor Thaniya Building 62 Silom Road, Bangkok 10500 Thailand.

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Our Popular and Versatile Marketing Executive..... Khun Santapas, will again be visiting Bangkok during the early hours of Dec 25th 1990. Letters to Khun Santapas will reach him at the above address in time to ensure the safe delivery of the personalised Corporate Packages for the new year.....

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THE BRITISH CLUB

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FROM THE CLUB MANAGER

LOCKERS are now available for use in the ladies' and gents' changing rooms. Keys are kept in the Admin Office and a Baht 50 rental will be charged per month together with a Baht 200 refundable deposit.

Towels have been disappearing at an alarming rate recently, which has meant introducing a Baht 200 refundable deposit. This is very much regretted but necessary to ensure that towels adorn the Club property and nowhere else.

The Security Company are under instructions to stop any vehicle from entering the compound which does not display a BC badge or sticker. Unaccompanied guests will have to identify themselves and the Members before gaining access. These precautions are necessary to ensure the privacy and security of Members and Club property.

For your listening pleasure, every Friday night from 9 p.m. to 12 midnight in the Churchill Bar Mr. Erick Rosser on the keyboard.

Eric is a concert piano player, composer and teacher. Well worth dropping in, you could win the accumulator prize.

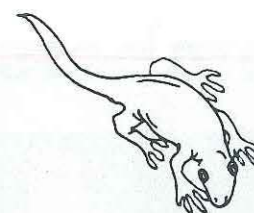
DATES FOR YOUR DIARY IN DECEMBER:

Weds.	12th	—	Fashion Show BBQ Dance	7.30 p.m. (front lawn)
Sat.	15th	—	Kid's Camp Out	
Mon.	17th	—	Under 5's Xmas Party	3.00 p.m.
Tues.	18th	—	6-10 yrs. Xmas Party	3.00 p.m.
Weds.	19th	—	Teenagers Party Disco	7.00 p.m.
Thurs.	20th	—	Carols By Candlelight	7.00 p.m. (front lawn)
Sat.	22nd	—	Xmas Ball (back lawn)	
Mon.	31st	—	New Year's Eve River Cruise Party	

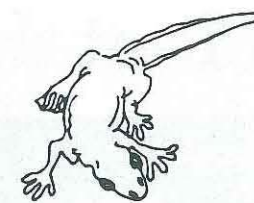
*Wishing you all a happy tropical
Christmas and a prosperous 1991,
with many thanks for
all your contributions in 1990.*

Maren

(Editor)



Ching-Chok



1. ENTERTAINMENT

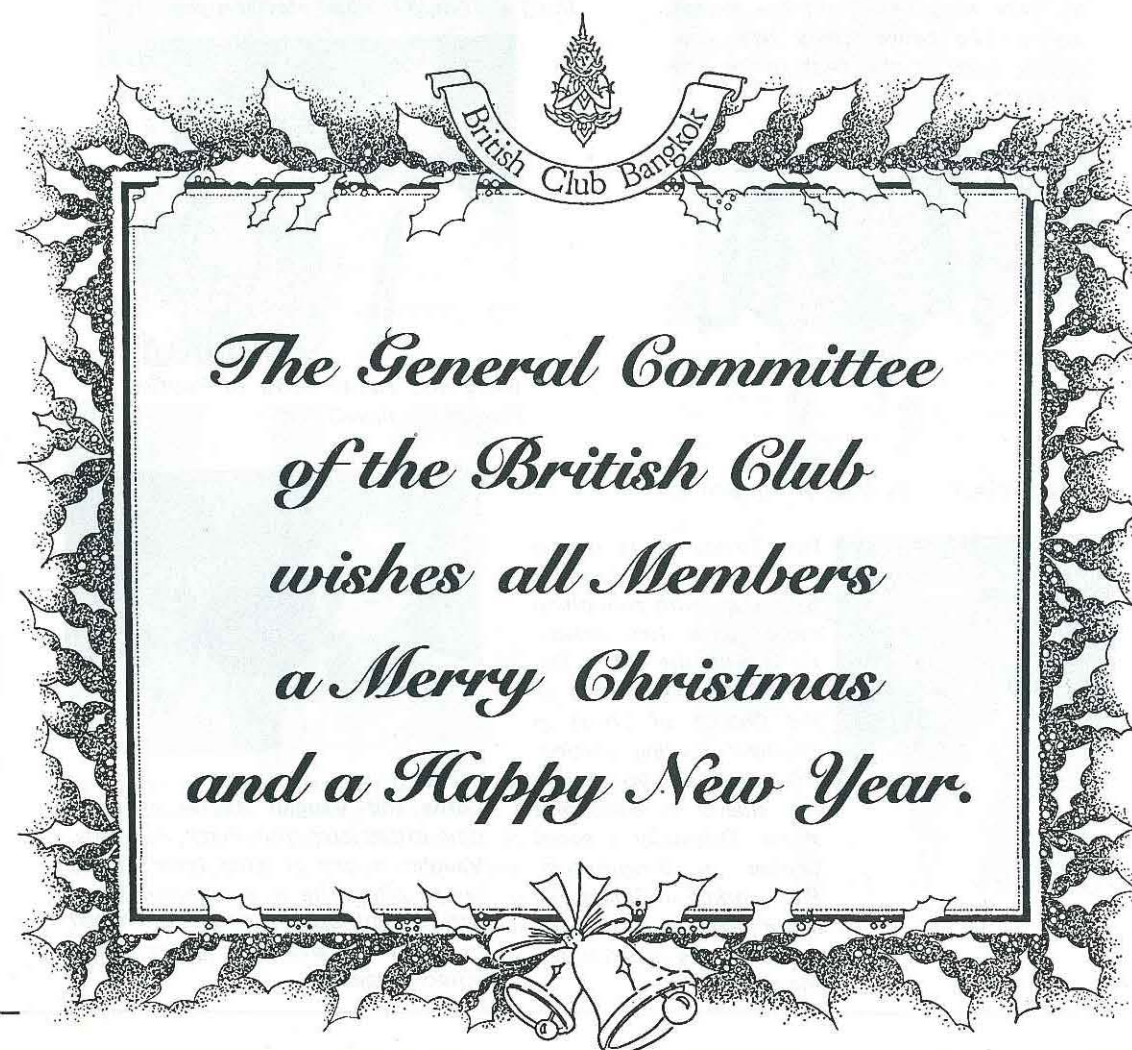
There are a lot of events coming up over the Christmas period. Please check the notice boards and in reception for details. Book early to avoid disappointment, particularly for the Christmas Ball.

2. RESTAURANT

Continuing to improve standards in the Lords Restaurant is a priority for the Club. Two new chefs and a new maitre d' have been recruited. A revised menu has been introduced.

3. MAINTENANCE

The Churchill Bar and the Suriwong Room are being repainted.



Meet the New Members



Marvyn Lewis is a rugby playing Welshman here with his wife Pat and their two children. A marine engineer with Christiani & Nielsen working on the new Trihdos Marina, he also aims to make a comeback on the squash courts. The Lewis family have previously lived in the West Indies and Malaysia.



David Pollard is the M.D. of Kin Sun.



Paul Taylor would love to play rugby but thought he'd start with something more gentle like squash. He is with the Urban Development Department of the Church of Christ in Thailand dealing particularly with the young and the elderly in Bangkok's slums. Originally a social worker in Birmingham, Paul worked in Chiang Rai and Bangkok with VSO for six years. He is a Wandering cricketer.



David Pellatt (left) performs at Christchurch on Sundays but the rest of the week he is with the Mission to Seamen looking after the increasing number of merchant seamen who work in Thailand's ports. David spent five years in Bahrain looking after sailors during the Iraq-Iran war. His work leaves little time for other interests but he's happy to have a bash at anything and has in the past played rugby.



Barry and Judith Shaw of Pacific Plastics (Thailand) Ltd.



Lorna and Vaughn Rayner are first time expatriates from Perth, Australia. Vaughn is one of Thai Inter's three farang pilots; he is a tennisman and antiques enthusiast. Lorna is interested in craftwork and back home was a school helper.



Marilyn and Paul Dreyer of Florida are enjoying their first taste of life in the Far East; they have previously lived in Latin America. Paul is an environmental engineer dealing with waste water. He refuses to join Marilyn at bridge, is a football referee and they both play tennis.



James and Polly Russell-Stracey are with BZW Securities.



Ratsamee and Keith Goodburn have spent the last two years in Hong Kong. Keith is a mainframe software consultant for Amdahl. Ratsamee is from Khon Kaen. Running is a major pastime for both of them and Keith also likes swimming, music, musing and reading.



Raymond Beadell is here with Ital Thai Marine.



Maggie and Rick Harrison were luckily on home leave from Kuwait when Saddam struck. Irish Maggie, with a six week old daughter, aims to swim her way to fitness and wants to learn Thai; Rick is a quantity surveyor with Kin Sun and is into rugby and tennis.



Mark and Jane Street of James Capel.



Sven and Naila Alkalaj (left and right) are from Yugoslavia. They've been here for two and a half years and have also lived in Indonesia and Malaysia. Sven is MD of one of his country's largest export companies and plays tennis and cards. Naila is a Museum Volunteer, likes classical music and reading.



Charlene and Ken Johnson arrived a couple of months ago from the US. Ken is Pastor of the International Church in Soi 19. They're hoping to spend their spare time exploring the city and surrounding countryside as well as learning Thai. Ken has also decided to try his hand at squash and Charlene wants to get involved in some kind of social work, maybe prison visiting. Their last overseas posting was Cairo.

Julie and Peter Martin from Melbourne are with Shell where Peter is an information planner (informative eh!). They like racket sports, badminton and tennis respectively and are great outdoors people.



David Hedge is Director of Manufacturing with Pacific Plastics.



David Vaughn is a regional manager for ICI process plant services helping to design, open and run chemical plants. He's from Newcastle, did engineering at Cambridge, has lived in Germany and plays golf, football, rugby, squash and tennis.



Richard and Michelle Davies are Welsh. Michelle is an aerobics teacher and certified wine trader. Richard manages Simon Pacific which makes box making machines and he windsurfs. They have previously lived in Canada for a year.



Gwendolyn and David Fall lived here from 1973-77. David, Deputy Head of Mission at the British Embassy is an actor, cartoonist, hack golfer, plays tennis and generally likes to "pay taew". Gwendoline is a teacher, also plays tennis and is interested in fabrics particularly silk.



Andrew Liveris works for Dow Chemical Thailand Ltd.



Anne (left) and Terry (lost him) Hall are used to foreign parts having come from Bangladesh. Terry is a sanitary engineer with the World Bank (wanted to be a plumber) covering the whole region; he's a busy man with no time for hobbies. Anne's interests include art and handicrafts. Their 28 year old son is also here researching into rhizobium bacteria.



David Barber gives away money through the Technical and Economic Cooperation Programme currently for the Thai-Laotian bridge; he's with the Australian Embassy, plays squash, soccer, tennis and golf. In his previous life he was a carpet bagger.

British Club Bangkok

CHRISTMAS BALL 1990

Saturday 22nd of December

When all friends and family gather together to celebrate what will be a marvellous night of wining, dining and dancing under the stars.

Cocktails will be on the front lawn from 7.30 p.m. to 8.15 p.m.

Dinner will be served at the back lawn approx. 8.30 p.m.

Bookings and tickets are available at Reception.

Price: Baht 700 (Members are advised that once tickets are sold no cancellations can be accepted)

Dress: Red Sea Rig or Aussie formal – i.e. dinner suit without jacket

BRITISH AIRWAYS have kindly donated a return ticket to London, and many other prizes await you on the night.

Taxis can be arranged on the night so please leave your car at home and give the driver the night off.

LETTERS

31/1 Rasd-Uthis Road, A. Muang, Chiang Mai 50000, Thailand.

Mailing address : P.O. Box 122, Chiang Mai 50000, Thailand.

Telephone : (053) 24 1802 : FAX (053) 24 5806

10 October 1990

Dear Madam,

Your October 1990 issue carries, on pages 21-25, an anonymous cricket article about a match in June 1967 between a team called "Mr Fletcher's Particulars" and another captained by the Reverend Richard Fotheringay.

This admirable and amusing piece was of particular interest to me, because the late Professor Iain (not "Ian") Fletcher and I were at school together and used to meet frequently in the years before World War II. The Army ensured that we did not see each other more than a couple of times after that. Our last meeting was in Cairo, as I recall; and our paths never crossed again.

I enjoyed the article very much, and I hope your anonymous correspondent will not mind if I comment that, in my opinion, he did less than justice to Iain's quite remarkable literary talents, eventually rewarded with a Ph.D. degree. Perhaps a rehearsal of his abilities would have been out of place in what was essentially a light hearted piece of writing. However, in case your anonymous correspondent is in fact unaware of this aspect of the remarkable captain of "Mr Fletcher's Particulars", I enclose copies of an obituary and a comment on it which appeared in "The Independent" on 7 and 9 November 1988. Professor Fletcher is survived by his widow, Lorraine, and two daughters.

I wonder if I might trouble you, please, to forward this letter and its enclosures to your anonymous contributor? If he cared to unmask himself, he would be welcome here at any time.

Yours sincerely,

Donald Gibson






Donald Gibson
U.C. 2

Ian Fletcher, poet, critic and scholar, born 15 August 1920, author of *Orisons*, *Picaresque* and *Metaphysical* 1947, *Motels* 1962, *W.B. Yeats and his contemporaries* 1987, married 1965 Lorraine Hollyman (two daughters), died Birmingham 2 November 1988.

Ed: The obituary is on the clubhouse notice board for any interested folks.

For further information see Activities Page for contact names and telephone numbers. If you would like to announce any B.C. related events in the *OUTPOST* Calendar, please contact Marc White on 258-1481. The deadline is the 10th of the preceding month.

DECEMBER CALENDAR

	SAT	SUN	MON	TUE	WED	THU	FRI
	1 Flicks for Kids - 6 p.m.	2 Flicks for Kids - 5 p.m. Family Buffet from 6 p.m.	3 Aerobics - 9 a.m. BWG Mahjong* - 9 a.m. New Member's Night/ Happy Hour - 5.30-9 p.m. Chess Club - 7 p.m. Men's Tennis Mix-In 6-8 p.m.	4 Duplicate Bridge - 7.30 p.m. Patana Parents Ball	5 Ladies' Golf - 7 a.m. Aerobics - 9 a.m. Tennis and Squash Club Night from 6 p.m.	6 Ladies' Tennis - 8-11 a.m. Ladies' Squash - 9-12 noon Darts - 8 p.m.	7 Aerobics - 9 a.m. Accumulator Night - 8 p.m.
	8 Flicks for Kids - 6 p.m.	9 Flicks for Kids - 5 p.m. Family Buffet from 6 p.m.	10 Aerobics - 9 a.m. BWG Mahjong* - 9 a.m. Happy Hour - 5.30-9 p.m. Chess Club - 7 p.m. Men's Tennis Mix-In 6-8 p.m.	11 Duplicate Bridge - 7.30 p.m.	12 Ladies' Golf - 7 a.m. Aerobics - 9 a.m. Tennis and Squash Club Night from 6 p.m. Fashion Show BBQ Dance	13 Ladies' Tennis - 8-11 a.m. Ladies' Squash - 9-12 noon Bambi Meeting Darts - 8 p.m.	14 Aerobics - 9 a.m. Accumulator Night - 8 p.m.
	15 Flicks for Kids - 6 p.m. Camp out	16 Flicks for Kids - 5 p.m. Family Buffet from 6 p.m.	17 Aerobics - 9 a.m. BWG Mahjong* - 9 a.m. Under 5's Christmas Party Happy Hour - 5.30-9 p.m. Chess Club - 7 p.m. Men's Tennis Mix-In 6-8 p.m.	18 Christmas Party 6-9's Stamp Collecting* - 7.15 p.m. Duplicate Bridge - 7.30 p.m.	19 Ladies' Golf - 7 a.m. Aerobics - 9 a.m. Tennis and Squash Club Night from 6 p.m. Christmas Party 10-14's	20 Ladies' Tennis - 8-11 a.m. Ladies' Squash - 9-12 noon Carols by Candlelight Darts - 8 p.m.	21 Aerobics - 9 a.m. Accumulator Night - 8 p.m.
	22 Flicks for Kids - 6 p.m. Christmas Ball	23 Flicks for Kids - 5 p.m. Family Buffet from 6 p.m.	24 Aerobics - 9 a.m. BWG Mahjong* - 9 a.m. Happy Hour - 5.30-9 p.m. Chess Club - 7 p.m. Men's Tennis Mix-In 6-8 p.m.	25 CHRISTMAS DAY	26 Ladies' Golf - 7 a.m. Aerobics - 9 a.m. Tennis and Squash Club Night from 6 p.m.	27 Ladies' Tennis - 8-11 a.m. Ladies' Squash - 9-12 noon Darts - 8 p.m.	28 Aerobics - 9 a.m. Accumulator Night - 8 p.m.
	29 Flicks for Kids - 6 p.m.	30 Flicks for Kids - 5 p.m. Family Buffet from 6 p.m.	31 Aerobics - 9 a.m. BWG Mahjong* - 9 a.m. Happy Hour - 5.30-9 p.m. Chess Club - 7 p.m. Men's Tennis Mix-In 6-8 p.m. New Year's Eve Boat				



For some, being overseas can be a lot more rewarding.

If Sir Walter had been able to benefit from the Lloyds Bank Overseas Club he would not only have made a personal fortune out of his American trips but been able to keep a better eye on what was happening back home.

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Please send me details of the Lloyds Bank Overseas Club.

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The Merchant of Tennis

tennis players eat. I pride myself on the brilliant discovery made many years ago when I first began to play tennis. My theory was that as long as food looked good, most players didn't really think about how it affected their tennis or their health. And then suddenly the whole world was talking about natural foods and people began to change their eating patterns. I did not need to be a health nut to care about and to be based on sound nutrition.

Proper nutrition and regular exercise are as vital components of healthful living as the game itself. I am convinced that most tennis players are unaware of the importance of exercise. All doubtful of the benefits of regular long-term studies have proven that exercise will prevent heart attacks and build endurance. Endurance-building exercise — that is, your resting heart rate for about 15 minutes at least four times a week — influences high blood pressure, high cholesterol, obesity, high blood sugar, and stress. The fewer these risk factors, the healthier you are and the less likely you are to have a heart attack.

One of what is known today about nutrition is that the "Basic Four" concept of nutrition was articulated in World War II, but it was not until a great deal of exciting research in the few years into the role of nutrition in particular pertaining to tennis players on the court, and also as it affects match per-

formance, the storage form of carbohydrate. An interesting phenomenon is that an athlete who is well-trained uses proportionately more fat and less glycogen during exercise than one who is not well trained. After a fatty meal, fat will be burned by the muscles. But it is not an efficient way to produce energy. A high-fat low-carbohydrate diet, which results in an almost exclusive use of fat as fuel, inhibits both performance and endurance. But if the carbohydrate content of the diet is markedly increased for several days before competition, endurance is much greater. Tennis players should not be tempted by the current fad of low-carbohydrate reducing diets. Active athletes need carbohydrates.

To sum up: generally speaking, high-glycogen stores produce a better performance; thus, a high-carbohydrate diet on a regular basis makes more sense for an active tennis player than a high-fat or high-protein diet. This does not mean a high-sugar diet. Rather, it means a high proportion of foods rich in natural carbohydrates such as fruits, vegetables, bread, legumes, pasta, potatoes, cereals, and other whole-grain products.

When I am in California I have a regular Thursday morning game that has been going on for years at the Malibu Racquet Club, apart from inter-club and weekend play. These are some of our favourite recipes.

HELEN BLUSTEEN'S SIX LOVE MACARONI SALAD

Ingredients:

1 lb macaroni — 3 tablespoons olive oil —

cool. Add paprika, French dressing, peas, red peppers cut in strips, and sliced olives. Put in refrigerator for 2 hours. Serves 16.

LADY MELBA LANGMAN'S CREME DE LA CREME CHILLED FRUIT COMPOTE

Ingredients:

½ cup sugar — 1 cup orange juice — 2 tablespoons lemon juice — 2 sticks cinnamon

12 cardamom pods — 1 cup water — 2 small watermelons

2 melons — 4 lbs grapes — 2 pineapples (or another fruit of your choice)

To prepare:

Combine sugar, fruit juice, spices and water in a pot and bring to the boil. Simmer for about 5 minutes. Chill. Scoop balls from watermelons and melons. Wash grapes and remove from stems. Peel, then cut pineapples into small pieces. Remove spices from syrup and combine with fruit. Chill for 2 hours. Serves 16.

Ninki Mallet Maslansky

DON'T FORGET STAMP COLLECTORS MEETING
3rd TUESDAY OF EACH MONTH IN THE
WORDSWORTH ROOM 7.15 P.M.



WELL WORTH READING

Baa Baa Black Sheep

by Col. "Pappy" Boyington

IN the late 1970's, a short-lived TV series was built around the legendary exploits of Col. Pappy Boyington, a World War II ace fighter pilot. The series, "Baa Baa Black Sheep", was named for his famous 214 squadron which operated in the New Hebrides in 1943; a turning point in the American effort to roll back the imperial Japanese military advances. The book, of the same title is an unusual biography for a number of reasons.

First, the grammar and syntax ranges from bad to almost unintelligible, as if it were written without the help of an editor. However, this uncut writing style lends a particular earthy and realistic touch to the story. Secondly the book contains some unique first hand descriptions of a fighter pilot's job. At one point he defines it as hours and hours of boredom with occasional minutes of excitement. The book chronicles how Boyington filled in time between fights and flights.

He was a disconsolate, rebellious, cantankerous and objectionable man. A slave to drink. It is a triumph of his perseverance, and the gung ho attitude of the USMC, that he was allowed to fly at all, let alone to form and lead his distinguished motley young crew to distinction.

The book begins when he signed up to join the American volunteers group, which was a private airforce operating in Asia. It had barely come into being when the Japanese exploded throughout the Pacific and Asia at the end of 1941. This first part of the book describes his exploits in Burma and China at the start of the war, and includes an interesting description of a raid on a Japanese airfield in Chiang Mai.

The second part of the book covers his time in the Solomon Islands, and it is there that Boyington's fighting spirit is most evident. Choosing enemies was not a problem for him. It was the Japanese, and anyone else who did not agree with his point of view or his unprincipled living style. His response to the former was to kill as many as possible and to the latter to make

their lives as difficult as possible. He mentions in passing his contacts with some other legends of that era; Joe Bauer (for whom the airport in port Vila is named); and Admiral Halsey.

The third part records his life as a prisoner after being shot down bagging his 26th enemy aircraft to break the record of America's most famous ace, Richenberger. It includes a vivid description of how it was to be at the receiving end of a carrier based air raid on Japan-held Truk during the famous Truk Turkey Shoot of early 1944. While describing his internment in Japan, he becomes reflective in his observations of the behavior and attitudes of his captors, and his relationships with several civilians with whom he came in contact.

I don't know what has happened to Boyington since this book was written (in 1957) but the last chapters record a tale of the misfit trying to find contentment in civilian life after the glory of being a war hero had faded.

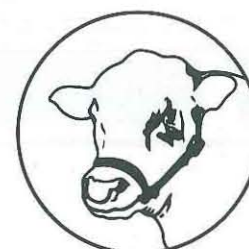
There is a recurrent note of apology, and admission of gross immaturity throughout, which is used to explain but not excuse Boyington's antisocial behaviour. However, the many negative references to those in authority betray a certain bitterness which suggest the antisocial streak never quite left this most unlikely war hero.

There are also some prescient comments about the (then) future of Japan.

If, like the bookworm you have an admiration for the struggle of the US Marine Corps through the islands of the Pacific you will enjoy this one man's view from the inside. It's in the biography section at the Nielsen Hays Library.

Bookworm

The Bookworm prefers to haunt the Neilson Hays Library's old stock, as opposed to bookshops' expensive new stock, and will be an irregular contributor to OUTPOST. Comments are welcomed.



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WELL WORTH WATCHING

Beetle Juice

THE lure of the supernatural is a curious thing. Ghosts, devils, witches, demons ... however frightening or far-fetched, they always pull the crowds. Just why do we like to be scared?

To the movie moghuls, this perverse fascination must have come as manna from heaven. Over the last ten years, in particular, it has inspired an endless succession of films: Nightmares on Elm Street, Fridays the Thirteenth, Hallowe'ens and the like, each one bursting to outdo its rivals with gruesome special effects. These days, even The Exorcist looks distinctly passé.

So, cue for a new look at horror. Instead of screaming, we now laugh. First on the screen was Ghostbusters, an unexpected smash success. And then, two years ago, came Beetle Juice, a spoof on the spooks, a ghost's eye view on life.

It takes the Maitlands quite some time to realise that they are ghosts. They remember driving back to their Connecticut home one sunny day when their car swerved over a bridge. But how they then came to be standing in front of a fire, bedraggled and cold, is a mystery. More baffling still is their sudden acquisition of a Handbook for the Recently Deceased. Are they in heaven? If they were, Barbara snaps, there wouldn't be dust on everything.

And the biggest shock is yet to come: the Dietzes. New York property developer Charles has bought the Maitlands' ideal home as a cosy retreat from the rat race. But Delia, his flakey sculptress wife, loathes it on sight. Determined to rip out its sturdy country craftsmanship, she plans to transform it into a more appropriate setting for her creations. Helpless and invisible, Barbara and Adam can only look on aghast. "What's the good of being a ghost if you can't

frighten people away?"

In desperation, they consult their handbook and open a door onto the baffling bureaucracy of the dead. "You just split the big one two months ago and you want help!" taunts the underworld receptionist. "You're going to use up all your vouchers." One look at her slit wrists and at the queue of shrivelled heads, dismembered bodies and cigarette smoking cadavers in the waiting room ahead of them is enough to convince Barbara and Adam that they should think again.

Which leaves them just one option: Betelgeuse, the "afterlife's leading bio-exorcist". This repulsive and lewd human-buster is frantic to break out of the exile to which he has been banished. "Having trouble with the living? I'll do anything to get your business. Hell, I'll even possess myself!"

The Maitlands' attempts to become better ghosts and thereby rid themselves of the horrendous Dietzes are fraught with comic pitfalls. For a start, only Lydia, the obsessively miserable daughter, can actually see them - and, like any teenager reared on a diet of films such as Night of the Living Dead, she is far from afraid. When her father learns that his house is haunted, he plans to turn it into a tourist attraction. And Delia will tolerate anything which does not embarrass her in front of her "hip" friends.

Just how the ghoulish dilemma is resolved is best told by this bizarre film. Fans of calypso music will find the ending uplifting and the humorous and imaginative special effects will definitely not disappoint. Michael Keaton, now more famous as Batman, is unrecognisable in the guise of Betelgeuse, while Geena Davis, no stranger to kooky roles herself, partners Alec Baldwin as the lovey-dovey human-ridden ghosts.

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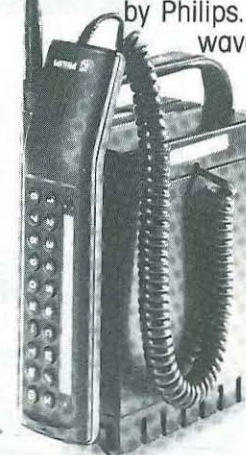
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Halloween

SOME OF THE FANTASTIC FANCY DRESS SEEN ON THAT DAY.



"Got a stiff neck dear?"



"Give us a fruit gum Mum."



"I bumped into a door."



"Not Whiskas again."



"Oh for a decent glass of milk."



"Hubble-bubble, my name's Trouble."



"Oyl give it foive."



"I keep telling you wicked fairies don't like chips."



"'Ere 'oo put the eyes in the wrong place?"



"I can speak without moving my lips."



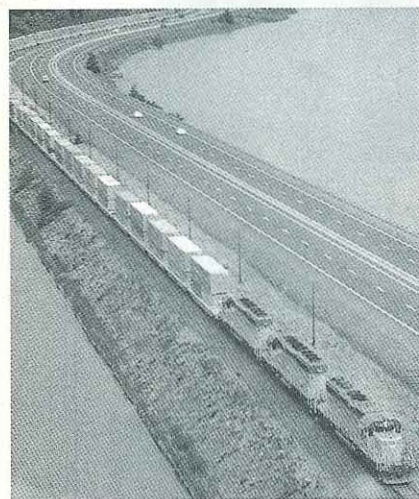
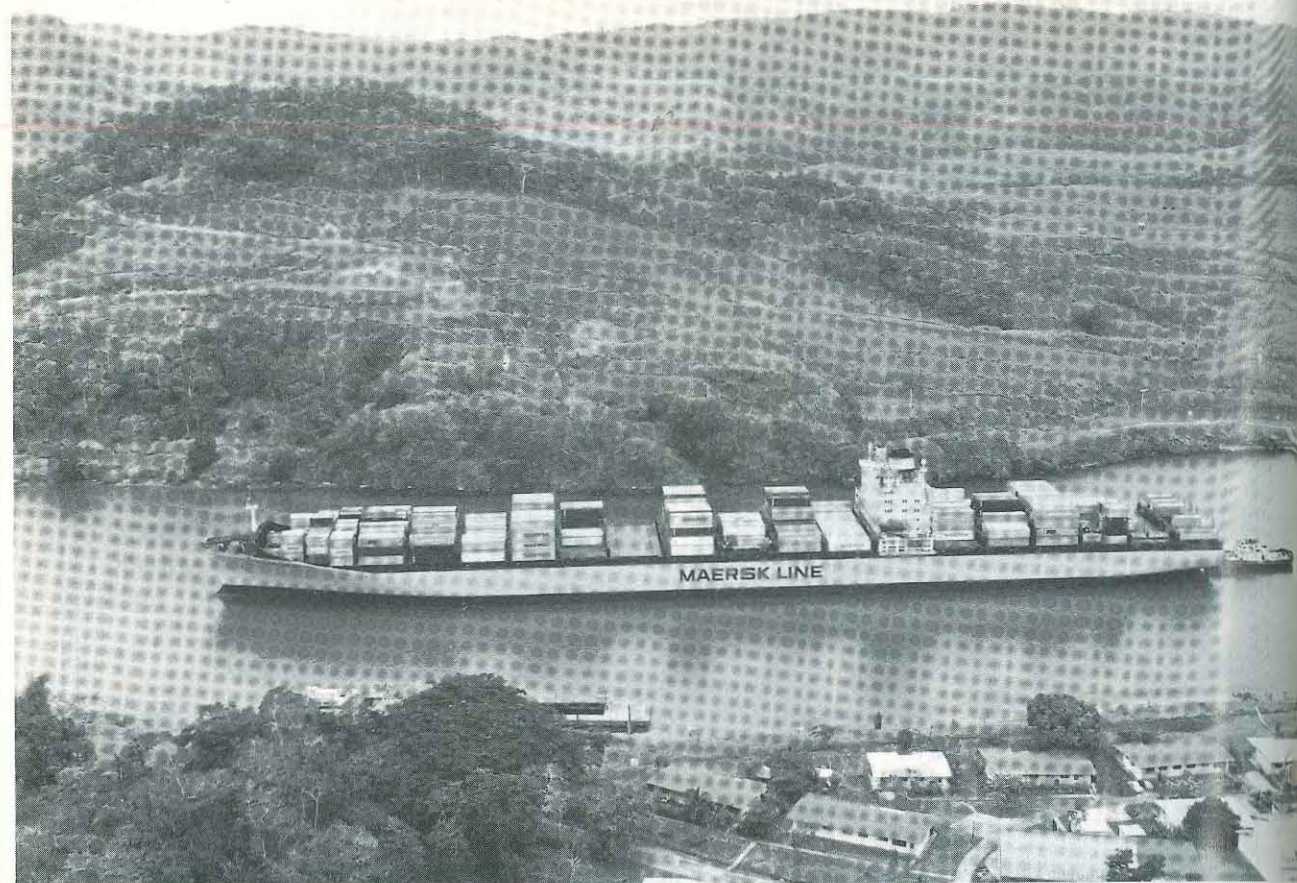
"Oh yummy!"



"Down with Maggie."



"Who pinched my cauldron?"



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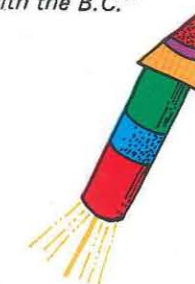
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'Bonfire Night'

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"Up with the B.C."



"Here we go again."



"Yes, they're Dad's best squash shoes."



"Come on girls,"



Last Night of the Proms



"Delius, was a great lover of strawberry jam."



"Yes, you're right, we're drunk."



"I refuse to enjoy myself."



"Rule Brittania."



The Lord Mayor of London 1982.



"Diya like my pink boa folks?"



One man



"You can see now where David gets it from can't you. And it's not me!" (The Lambs Snr.)

And his feet



"Extraordinary lot the English."



"More wine waiter please."

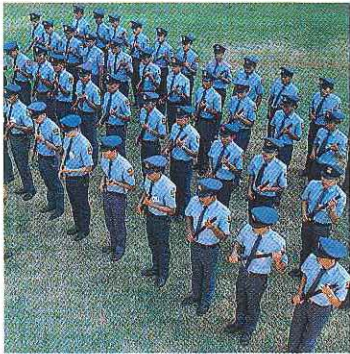


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"I can play Beethoven's fifth too!"

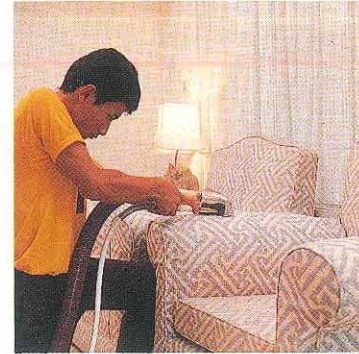
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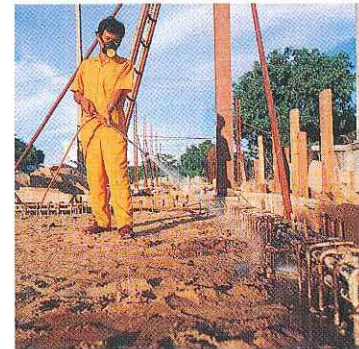
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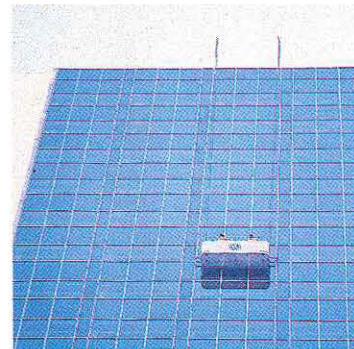
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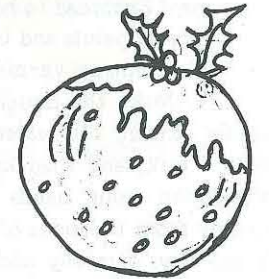


With over 22 years' experience

CHILDREN'S CORNER



Christmas



Astonish your Friends and Amaze your Parents with these Extraordinary Christmas Facts!!

DID you know that - Christmas, the Mass or Church Service for Christ, used to be celebrated on January 6th? The date of Christmas was changed to December 25th in the fourth century, because December 25th was then the shortest day of the year, and had always been a special holiday called the Winter Solstice. (The shortest day of the year is now December 21st because we use a different calendar.)

Did you know that - when we lazily write Xmas, the X stands for the Greek letter which is the first letter of Christ's name and is often used as a holy symbol in Greece?

Did you know that - the mistletoe we hang up at Christmas is an emblem of love? And it's all because of an old northern legend about Balder, the sun god. The other gods promised never to hurt him, and they placed spells on everything in the world, so that nothing else could harm him either. But they forgot to put a spell on the mistletoe, and when the evil god, Loki, discovered this, he made a sharp arrow from a mistletoe branch and persuaded the blind god Hoder to throw it. He guided Hoder's hand so that the arrow struck and killed Balder. Fortunately, the other gods were able to bring Balder back to life, and the mistletoe promised never to hurt anyone again - and so mistletoe became the emblem of love.

And did you know that we've only been sending each other Christmas cards for about a hundred years? The first ones were rather like birthday cards, with flowers and animal pictures on them, but after 1900 cards from Germany

with pictures of holly and snow, or nativity scenes became popular.

Lastly, did you know that Boxing Day is really St. Stephen's Day? St. Stephen was the first person to be killed for preaching about Jesus, and so he was given the honour of having his Saint's day immediately after Jesus' birthday. We call it Boxing Day because it used to be the day when church poor boxes were opened, and the money in them given to the poor.

You could also astonish your friends and amaze your parents by getting a mention in the Guinness Book of Records next year! Here are some Christmas records to beat:

1. The largest cracker - this monster was 45 feet (13.71 m.) long and 8 feet (2.43 m.) in diameter, and was made for the B.B.C. T.V. Christmas Record Breakers' Show in December 1974.

2. The greatest number of personal Christmas cards ever sent out - Mr. Werner Erhard of San Francisco, California posted off 62,824 in December 1975.

3. The tallest cut Christmas tree - this was a 221 foot (63.36 m) Douglas Fir which was put up in the Northgate Shopping centre in Seattle, Washington in December 1950.

If getting into the Guinness Book of Records is too difficult, here's something easier to do.

How to make Christmas tree decorations.

You will need

1 teacup plain flour

1 tablespoonful of salt

½ teacup of cold water

rolling pin

baking tray

mixing bowl

fork

card or thread to hang the decorations

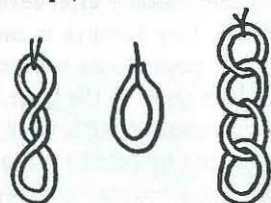
poster paints and brushes, or felt tip pens

clear enamel varnish

1. Make the dough in a mixing bowl, gradually stirring the water into the flour and salt with a fork, and then kneading the dough together with your hands. It should come away cleanly from the sides of the bowl. If the dough is too dry, carefully add a little more water. If the dough is too sticky you need more flour.

2. Squeeze and knead the dough for five minutes and then roll it out on a piece of foil or a Formica surface, to biscuit thickness. It is important to make sure there is no air trapped inside.

3. You can now cut the dough into almost any shape you fancy. To begin with, try small simple shapes like stars, or 'snakes' of dough twisted into loops, like this:



but don't make them too thick and heavy: if they are more than 1 cm. thick they won't bake properly and anyway they'll be too heavy for the tree. If you want to be more ambitious, you could make a card template of a Christmas tree or a snowman, lay it on the rolled out dough and cut around the template with a knife. (Be careful!). Remember to make a small slit at one edge of the decoration for the hanging card.

4. Slip a knife under the shapes and lift them onto a baking tray. Bake in a moderate oven at 130°C (250°F) mark ½ until light brown and completely dry on both sides, which will take roughly 40 minutes.

5. When they are cool, paint the shapes with poster paints or colour them with felt tip pens. When the paint is dry, apply a coat of clear enamel varnish to the front and sides of the decoration, allow it to dry overnight and then varnish the back. If the decoration is well sealed it should last for years.

And finally, Astonish your Friends and Amaze your Parents with these dreadful jokes:

What do you get if you cross a snowball with a shark?

Frostbite.

Why do birds fly south in winter?

It's too far to walk.

Where do snowmen dance?

At the snow ball.

SPORTS ROUNDUP

Bridge



Bridge

Tue 9 October	(5½ Tables)	: 18 Boards	: Howell Movement)
	1st	Carin & Cess	68%
	2nd	Vera & Barry	58%
	3rd	Sandi & Lavita	54%

Tue 16 October	(3 Tables)	: 25 Boards	: Howell Movement)
	1st	Kishore & Anurat	70%
	2nd	Lapar & Kasai	61%

Tue 23 October — Chulalongkorn Day

Tue 30 October	(4 Tables)	: 21 Boards	: Howell Movement)
	1st	Anurat & Siriwan	63%
	2nd	Kishore & Pat	60%
	3rd	Kasai & Pimpraphai	57%

Dealer : South

Vulnerable : E-W

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The above board was played five times recently with the following results:

Contract	Dealer	Making	Score	Match Points
6S	S	7	1010	4
3S	S	7	260	0
4S	S	6	480	1
6C	N	6	920	2.5
6C	N	6	920	2.5

How would you bid this hand?

One of the most interesting aspects of Duplicate Bridge is seeing how other people have bid and played the same cards as yourself.

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Elaine & Darryl Hennig

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CRICKET



CRICKET

NOVEMBER and the season of fond illusions is with us once again. Flannels are brought out and given a coat of whitewash. Boots are retrieved from the cat-litter in the outhouse. Boxes are dubbed. Balls are lovingly rubbed. Stances are perfected in front of the bedroom mirror. And another cricket season is about to get under way.

The AGM, some time ago now, was well-attended as usual, by those who were there, that is. Former captain Bob Lanham, once holder of the best-bowling-in-an-innings record for BC, has returned to Bangkok and was immediately appointed treasurer, but the other faces around the committee table are much as before, Nick White as chairman, Brian Lewis as captain, David Hall as vice-captain and statistician, Jack Dunford and Frank Hough as TCL representatives, Keith Welsh as social secretary, Andre Tissera as telecommunication specialist, and Ben Piper as Overseas Visitor to the Annual Dinner.

The first net of the season took place on the day after Guy Fawkes. By tradition, Nicky Dunne bowls the first ball and misses the net, but as he only played with us for two seasons and went back to England two years ago, this is not really one of your hoary old traditions, though traditional old hoaries do have their moments as the season progresses.

On this occasion, Bob Radford, winner of the supporter of the year award for the last three years (therefore getting to keep the mounted jock-strap trophy), bowled the ceremonial opening ball before ceremonially clutching at his shoulder and reverting to spectator role.

Before too long, Frank Hough had hit the stumps twice and was telling all who would listen (Harriet White) that he was Thailand's leading wicket-taker this season.

Some of the team, of course, forgot to turn up, while others, mentioning no names but people with acute accents in their first names spring immediately to mind, turned up after the net was finished claiming to think that 4.30 was the advertised starting-time.

The season got under way in earnest on 17 & 18 November, when the TCL Sixes were played for the *Bangkok Post* trophy. Both British teams had a mixed first day, being eliminated from the main competition but finishing third in their groups and so going directly into the semi-finals of the plate competition. On the second day, at the Polo ground, both disposed fairly efficiently of their semi-final opponents to set up an all-BC final. Pavilionaires, batting first, made a mammoth 78 for 2, courtesy of a lot of wide-bowling and some hard hitting from the opening pair, the fishier of which took his score for the tournament to an impressive 130+ with an unbeaten knock of 32. BC lost wickets quickly, and despite recovering a little in mid-innings, never looked like reaching the required total, finishing on 62 for 4.

In the main competition, RBSC beat the Thais in a very close final.

Fixtures for December include the Chiang Mai tour (7th-10th), 35 overs vs AIT at AIT (15th), and 35 overs vs Pavilionaires at the Polo ground (16th).

David Hall



DARTS DARTS

THE Lions have maintained their improved form with nine wins and only one loss in the Johnnie Walker League and Knockout competitions since mid August. The Unicorns have not yet achieved success in the League, but they have had several high scoring games and with Bernie "The Bolt" Adams hitting plenty of tons and doubles they are sure to be back on the winning track soon.

The Lions and Unicorns met in a League match at the BC on 1st November, the Unicorns put up a fine performance but they were unable to prevent the Lions winning by 12-5.

The Lions played West Ham in the semi-final of the Knockout on 8th November and overcame a 2 point deficit after the doubles games to win by 9-7 which was mainly due to the relaxing effects of Kloster and Middy Campbell's

excellent coaching. The Lions now meet Nong Mai in the final at Domino on 1st December.

The knockout final is the last fixture of the season and we will be arranging the Castrol Cup and Ladies' Cup competitions shortly, please check the notice board for details.

The darts section AGM and dinner is planned for 13th December and we hope all team members will attend to assist in unburdening the section of the vast piles of cash collected in fines.

There will be a number of friendly matches both in the Churchill Bar and at various interesting venues during the cool season if you have any interest in playing or helping to empty green bottles please come along on Thursday evenings.

Anne Douglas

GOLF GOLF

Date	Course	Time	Event
Saturday 8th Dec	Hua Hin	9.30 a.m.	Ambassador's Trophy
Sunday 9th Dec	Hua Hin	9.30 a.m.	Ambassador's Trophy
Monday 10th Dec	Hua Hin	8.00 a.m.	Ambassador's Trophy
Sunday 23rd Dec	Rose Garden	12.30 p.m.	Club
Sunday 6th Jan	Railway	To be advised	
Sunday 20th Jan	Ekachai	To be advised	Club Championship I
Sunday 3rd Feb	Rose Garden	To be advised	Club Championship II
Sunday 17th Feb	Thai C.C.	8.30 a.m.	Dunlop Cup I
Saturday 23rd Feb	Hua Hin	7.30 a.m.	Intersocieties
Sunday 24th Feb	Hua Hin	7.30 a.m.	Intersocieties



Cathay's Conrad Clifford & Winners — Nakon Nayok.



Bryan and Roy — Ekachai.



David Stewart — obviously very surprised to win! Nakon Nayok.

Hua Hin — King's Birthday Weekend — 8/9/10 December

Elite Travel Service has organised 20 rooms for section members from Friday 7th December to Sunday 10th at Royal Garden Resort — a notice has been forwarded to each member — dig it out and send it in if you have not already done so.

EARLY NOTICE — INTERSOCIETIES WEEKEND 23/24TH FEBRUARY

The Intersocieties weekend for 1990 will be held on a non-holiday weekend due to lack of availability of the course in Hua Hin.

Individual society convenors will be in touch with their members shortly to advise them of accommodation arrangements etc.

RECENT RESULTS

Nakorn Nayok Weekend — 13/14 October

Thirty members journeyed to N.N. during October for what was, again, a very enjoyable weekend outing. If the noise and empty bottles are any indication, the group dinner on the Saturday evening was a roaring success.

Cathay Pacific and Foremost were the sponsors of the respective days and Conrad Clifford and Jim Gray were both present to hand out a myriad of trophies to the winners. The events were on the "versus par" format and the winners were:

Day 1:

A Grade			B Grade		
1st	Richard Green	+ 4		Patrick Windeler	- 4
R/Up	Dennis Farmer	- 2		Trevor Whalley	- 6
5th	Lloyd Houghton	- 2	6th	Keith Collins	- 3
7th	Sandie Brice	- 6	8th	David Lamb	- 6

Long Drives: Gents — Keith Collins, Ladies — Sandie Brice

Day 2:

A Grade			B Grade		
1st	Richard Green	+ 1		Judy Farmer	+ 1
R/Up	Lloyd Houghton	square		Sriwan Forrest	- 2
5th	Dave Stewart	- 1	6th	Les Vize	- 1
7th	Patrick Windeler	- 2	8th	Cheryl Lamb	- 2

Long Drives: Gents — Dave Stewart, Ladies — Cheryl Lamb

Overall Winners : Two Day Aggregate Total :

Richard Green	-	+ 5
Lloyd Houghton	-	- 2
Patrick Windeler	-	- 6
Judy Farmer	-	- 7

Rose Garden — Sunday 28th October

A Grade			B Grade		
1st	Les Vize	38 pts		Patrick Windeler	37 pts
R/Up	Dave Stewart	37 "		Bernie Adams	33 "
5th	Dugal Forrest	31 "		Bob Merry	31 "
6th	Sandie Brice	31 "		Nigel Davies	31 "

Long Drives: Gents — Bob Merry, Ladies — Sandie Brice

Quotable Quotes —

- The guy who chokes least wins the most — Hubert Green.
- It is a law of nature that everybody plays a hole badly when playing through — Bernard Darwin.
- You don't know what pressure is until you play for five bucks with only two in your pocket — Lee Trevino.

Did you know? — (Rules of Golf)

Section I : Definitions : Out of Bounds :

When out of bounds is defined by reference to stakes or a fence ... the out of bounds line is determined by the nearest inside points of the stakes or fence posts...

- rulings on this over the years say that if any portion of your ball is in bounds, then it is playable.

- rulings also allow you to stand out of bounds to hit the ball.

Section II : Definitions : Addressing the Ball :

A player has "Addressed the Ball" when he has taken his stance and has also grounded his club.

HAPPY GOLFING

LADIES' GOLF LADIES' GOLF

THE Club Championships were held on the 13th & 14th November and our 21st Anniversary on the 28th, so we missed the deadline for this month's OUTPOST. The results and photos will be in the January Issue.

However we have our joint Annual Round Up with FLOGG on the 13th December at Bangphra to look forward to and Captain's Day (positively my last) on the 19th December.

It has been a very busy and eventful golfing year and our move to MUANG-AKE Golf Course has so far proved very successful (touch wood). From all of us "golfing ladies" may we wish you a very

It has been a very busy and eventful golfing year and our move to MUANG-AKE Golf Course has so far proved very successful (touch wood). From all of us "golfing ladies" may we wish you a very Happy Christmas and prosperous New Year.

Penny Whalley
(Captain)

COMPETITION RESULTS

10th OCTOBER — T's & F's

Winner	:	Anne Kwong	(13)	38½
Joint R/Up	:	Penny Whalley	(33)	39
		Debbie Arbogast	(22)	39

17th OCTOBER — RAINED OFF

14 players turned up but the rain won the day. However, two ladies (who shall remain nameless) decided that they didn't want to waste their early start and went to Pancake House for breakfast!

24th OCTOBER — STROKE PLAY

Flight A Winner	:	Nena Reid	(14)	69 Nett
R/Up	:	Anne Kwong	(15)	76 "
Flight B Winner	:	Ruth Kennedy	(24)	74 Nett
R/Up	:	Kanda Phillips	(27)	79 "

31st OCTOBER — L.G.U. MEDAL

Silver Division

Winner :	Judy Farmer	(17)	64	Nett
Runner-Up :	Anne Kwong	(12)	73	"

Bronze Division I

Winner :	Ruth Kennedy	(19)	72	Nett
Runner-Up :	Kanda Phillips	(23)	75	"

Bronze Division II

Winner :	Gill Hough	(36)	80	Nett
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7th NOVEMBER — STABLEFORD

Flight A Winner :	Ruth Kennedy	(24)	39	Pts
R/Up :	Judy Farmer	(17)	31	"
Flight B Winner :	Kanda Phillips	(28)	36	Pts
R/Up :	Hank Simon	(29)	30	"

RUGBY RUGBY

GOOD DAY RUGBY FANS!!

BEFORE details of the recent games there are one or two announcements to make. First of all the rugby section are delighted to have had proposed the services of Des Thornton as the team manager. An avid fan, Des will be organising match duties as well as contributing to the team selections (a large Kloster is just the job). We would like to thank Des for his recent and continued support and for his wealth of advice on Patpong establishments. Secondly, as mentioned last month there are still games to be played and the numbers at training have been excellent — long may this continue. In the words of Gestapo Von-Pearson "we're starting to look like a team who has been training together". Supporters have been increasing in numbers and we hope this will also continue. It is inspiring.

British Club V's the Hong Kong Old Boys — 27th October 1990

This was the second time this year that the HK Old Eoys had played the B.C.. They came

over in February and as their captain remarked, "don't worry about coming to play us in Hong Kong — we'll keep coming here" — it must be our hospitality or something. As usual they fielded a swarthy bunch of buccaneers which provided a moderately paced, pleasantly relaxing game reminiscent of a country walk. It was a pleasure to come up against forwards as mature and graceful (slothful) as ourselves and the conditions at the R.B.S.C. were as usual good. The lads had been out on the town the night before with their old buddy from Hong Kong Nigel Pearson who had apparently entertained them admirably, along with some perfectly innocent tourists, by breakdancing and vomiting simultaneously — good luck in the 1991 Disco Championships Nigel we're sure your act will be a great success! A mark of the respect that Nigel commands in Hong Kong was shown on the H.K. team T-shirts which read "My name is Nigel Pearson" on the back — what chance did he have? The game was played in excellent "spirits" (no pun intended) and some people suspected of being from the opposition, were asking when the referee would blow up for full time as early as 20 minutes into

the 2nd half. Colin Hastings, an athlete of some repute, scored two tries and Ricky Harrison got the other one. The leviathan Jimmy "rat-catcher" Howard converted a try from five metres out — the ball was recovered somewhere on Rama IV. Final score 16-6 for the B.C.. The Hong Kong 1st team then went on to beat the R.B.S.C. and it should be noted that 3 of the B.C.'s players namely Grunwell, Meggison and Pearson fielded for the Sports Club also and were hugely instrumental in their defeat! R.B.S.C. laid on a superb spread for the teams afterwards "the man of the match", unfortunately Colin had left a few minutes earlier to go to his flower arranging class. However, Quasimodo was at the game and accepted the prize for Colin — fortunately no one was any the wiser.

British Club V's Diss (where?) — 28th October 1990

Diss is somewhere around the Norfolk-Suffolk border (no letters from disgruntled past residents please) and they were touring the Far East. They fielded a youthful gaggle of high spirited players — 16 to be precise including their own referee. Who brings their own referee I hear you say — Diss do! Despite the Diss team being as aggressive in their play as the ref. was with his whistle the British Club took the lead 12 minutes into the game with a try from Richard Crooks. Diss returned with a vengeance and after several penalties against the B.C. for being in front of the ball at kick off's — the ref. had a Micrometer as well as a whistle — they replied with a well deserved try which was converted. Score 6-4 against the B.C. The forward clash with the Diss farming stock who proved to be deceptively

strong continued. Seven minutes from half time, after some loose tackling by the B.C. Diss scored again and missed the conversion. Half time score 10-4 against the British Club.

As well as youth and the ref. Diss also fielded an interesting array of haircuts, one strapping lad had something resembling a well worn toilet brush on his head — it wasn't until later we discovered he had suffered a full frontal, back and side lobotomy — I'd rather have a full bottle in front of me than a full frontal lobotomy anyway! Anyway, "One flew over the cuckoo's nest" tried a quick line out throw and all credit to his opportunism. However he was unaware that MEGABYTE had locked in his "silly haircut" targetting device and was at that moment heading irreversibly towards him at MACH 2. What sounded like a full set of bagpipes being crushed by an anvil was the result of one of the best rugby tackles seen on Earth and an example to lead by. The B.C. lost Joe "Captain Courageous" Grunwell 20 minutes into the 2nd half with a ruptured incontinence bag and a short while later there was a ghastly crack as Glyn "the Oven" Breeze-Block sprung his ribs. Appearing to be in some discomfort he had to be cut out of his bra — grimacing with pain his only comment was "its my best Marks & Spencer double D". The B.C.'s bad luck was rewarded by a penalty kicked by Geon "ze Bubbles" Frenchman one of the Clubs more talented backs. Score 10-7 against the B.C.. With 14 minutes to go Diss were awarded a penalty in front of the posts through the British Club's lack of discipline — someone burped and Diss took full advantage. Final score Diss 13, B.C. 7. There the game ended and the banter began and Diss proved to be as entertaining after the game as during.

SOCCER SOCCER

HI Gang,

As the year winds inexorably to its close and once more we are recovering from the St. Andrew's Ball and 'drying out' for the Christmas festivities to follow we have the last article of 1990. Another historical note of life's meanderings. But enough of this philosophical rambling and on to the action.

MATCH REPORT

A longer than usual rainy season has curtailed fixtures for this month and meant that it has largely been dominated by "THE TOUR". The B.C. tour to end all tours, namely, Chiang-mai '90!. For the fifth year in succession, and the

second with two teams, the football section made its mass exodus to Chiang-mai. Steve 'Moses' Casteldine lead his first team squad with Kieth 'Churchill' Pearson, 'Officer IC the Casuals', and Andy Maynard plus Peter Downs taking care of the Logistics (and handling it excellently). A total touring party of 56 in all.

Fifty people boarded the train in Bangkok with Mr. Swift showing the origins of his name by racing the train down the platform to board it some distance out of Hua Lumphong. It just goes to show you can be two minutes late and still make it. Vince's boarding act was to be repeated later than evening around Crutch's mythical Nakon Nowhere when he decided to partake of a perambulation purely to take in the cool clear night air during a train stop only to find the train leaving without him. Unfortunately for the rest of us he succeeded in getting on. The journey was, apart from that, fairly uneventful. A few of Mrs. Forbes' famous corned beef sandwiches, an early evening cocktail or two and a game of 'Find the Lady' before retiring. At least that's what the script said. New characters were beginning to emerge non less than Andrew 'Bubble' Anastasi our Cockney of Greek Cypriot descent who consumed voluminous quantities of neat Singha from the metal bucket strategically placed by his bedside. I am lead to believe temptation to use the bucket for other purposes was resisted. Another character was Jos 'Cloggie' Brant who wearing a shirt resembling a hippy's bad dream proceeded to dispense champagne to all the ladies present.

Moses Casteldine had gone on ahead by plane (showing his wisdom) and was there to meet his followers with transportation to our base, the River View Lodge Hotel. This hotel is in an ideal spot nestling on the Ping River but only five minutes walk from the Night Market. The rooms were large and clean but the hotel was not as welcoming as some we have stayed at in past years although better than worst. The one vital ingredient missing, bearing in mind the large number of juvenile tourists (and that doesn't include 'Dinky David Hall'), was a swimming pool. A late night bar and eatery may also have been an asset but all in all it was very comfortable.

The Gymkhana Club pitch was in immaculate condition and this augured well for the tournament although not perhaps for the Casuals as

they are not too familiar with playing on surfaces with a lot of grass. Firstly, however, I must repeat on the preliminary match played in Bangkok the week before between the big team and the Casuals. Regular readers will know that the Chiang-mai Tournament is a Quadrangular 'Round-robin' event with each team playing the other on a League basis for the Chiang-mai Elephant whilst, in a side contest to maintain tradition, the First Team and the Gymkhana Club also play for a separate shield. The week preceding the Tournament saw the BC play the BC Casuals and the Gymkhana Club playing the Chiang-mai university Staff Union (CMU). Late rains caused a postponement of the Bangkok game and a hasty rearrangement of the pitch meant both teams had to alter selections. We must thank Brian Lewis and the Coca Cola Company for obtaining the arena adjacent to the National Stadium for our game and the auspicious surroundings seemed to inspire the Casuals. The First Team totally dominated the first twenty five minutes but failed to score due to some poor finishing plus some good goalkeeping from Colin Hastings and from then on the Casuals just grew in confidence. Long before the end it was apparent it was going to be 'one of those days' and despite the big team playing some great football the Casuals goal was never seriously threatened in the latter quarter of the game. Indeed the best chance during this period fell to PJ and DJ (Paul Marriot) who was clean through on a defensive slip but shot from too far out. The score finished nil all with the Casuals heroes being Brian McFeely (who was to miss the main tour) plus central defenders Jos Brant and Steve Martin. Steve Casteldine played a real Captain's role for the first team.

On then to Chiang-mai and the first game of the tour was what many people felt would be the final namely the BC versus CMU who had earlier in the week convincingly defeated the Gymkhana Club 2-0. To say the day was hot was an understatement. By the two thirty kick off time the temperature must have been around 500 degrees and there wasn't much shade. To aging bodies already dehydrated from the previous nights cocktail(s) this was obviously going to prove a trial. We started off like world beaters however and playing some champagne soccer took the lead after ten minutes or so when a long speculative ball from Alan Mays found Frank



B.C. First Team — Chiang Mai.



The latest recruit.

Hough who controlled it well and sent a blistering shot past a despairing CMU keeper from the right hand edge of the box. The football continued to flow from both sides in a very high standard match with both teams playing to feet on the excellent surface instead of using the long ball. Unfortunately however CMU scored next when a player from mid field was not closed down and sent a beautiful shot from twenty five yards past our goalkeeper Roy. Roy did very well to get his fingertips to it despite seeing it late but it was not enough. 1-1 and two vintage goals.

The second half unfortunately did not match the first and degenerated into a bad-tempered affair mainly due to some deplorable refereeing. We again took the lead when a Ritchie Crooks shot was handled on the line with the goalkeeper nowhere and Captain Casteldine scored from the resultant penalty. The lead was short lived as the referee awarded the CMU a penalty also when a rifled shot which was going way off target struck Alan Mays' upper arm from point blank range. It was also questionable whether he was in the area but the penalty stood and CMU were back on level terms. The match finished 2-2.

The next match was undoubtedly Game of the Tournament. The Casuals primed by comments from the League squad along the lines of free beer for the rest of the Tour if you hold out for a draw against the CMU, had agreed to a defence in depth policy. What's the expression about the best laid plans of Casuals and men. The half time score line read 6-1 to the CMU but our goal was one of sheer quality from Peter Rogers that was worth at least six of theirs. All in all a technical draw with the second half to

come. In an action packed extravaganza of soccer thrills and spills the final score evolved at 9-5 with the defences definitely on top (in the last two minutes). A feature of the scoring was the Casuals first ever hat trick from Ireland's own Francis Macevor, the Milky Bar Kid. The fifth goal was sheer quality from Welshman Ray Hughes running from deep. The scores being proverbial Englishman, Irishman and Welshman — there must be a joke in there somewhere. We even had the luxury of missing a penalty in winning the second half 4-3. For sheer entertainment this game really would be hard to surpass and everyone in the Casuals side can draw great credit from the second half performance.

CMU were therefore winners of the tournament but there was still a Trophy at stake for the Gymkhana Club/First Team match. This was another good game considering that we were hit with a torrential downpour which resulted in the pitch flooding in places. The Gymkhana Club shocked themselves as well as our supporters by opening the scoring before eventually wilting to our pressure and affording Jim Boyd the opportunity to equalise with his head. The second half really was a lottery however due to the pitch flooding which was a great leveller and for the second year running the outcome was a draw. The final table was therefore bleak reading for us with the CMU university on top, the Gymkhana Club second with three points and a 5-4 goal difference and our League squad third with a 3-3 goal difference. It is slim consolation to be undefeated over the three games. Again considering the opposition the Casuals did well to finish with a point and a higher number of goals scored than the big team.

The Monday saw a friendly between a combined CMU/Gymkhana side and the BC/Casuals select which resulted in yet another fun filled match on a sticky pitch. We wanted to give the opportunity to as many players as possible who had not had two full matches to play and this was partially to explain our 4-3 defeat. The match was played in a good spirit and we had defenders as attackers and vice versa. Good goals were to be scored by Jim Boyd, Ritchie Crooks and Peter Rogers – Jim Howard claims the latter was as a result of him selling his boots to Peter although since the Rat-catcher has not scored in the last eighty years I find this a trifle hard to swallow.

Touring is not just about matches however but about camaraderie and team building off the field and on these counts the tour was a roaring success. Despite what could have been considered unmanageable numbers the squad really did stick together over the four days of the tour and in the process made Chapati, the owner of the Al Shriaz Restaurant in Chiang-mai a very busy man as his excellent Indian Food-house was unofficial evening headquarters of the tour. His passing trade in the ensuing week may have taken a knock however unless the other clientele who were unfortunate enough to happen upon this harem of hospitality were into boisterousness and borderline blasphemy.

One other match in the month was almost an all BC affair with a Casuals team comprising a fair smattering of the League side facing up to the Kumagai team also with their share of BC players. In a fine match the final score ended 4-4 despite some brilliant goalkeeping by a young debutante goalkeeper (modesty forbids I disclose his name). The BC goals were scored by Brian Quikley, a brilliant goal, Hugh Salmon, Steve Casteldine off an excellent weaving run and cut back by Jos Brant and finally (again!) the Peter Rogers/Jim Howards' boots combination. In the history of BC/Kumagai matches there have now been four which have all ended in draws.

POST SCRIPTS:

By the time this hits the street the Farang League will have started and we will have returned from the Manila sixes so there is much to report on in the debut edition for 1991.

One really sad point I need to report on is the resignation of Casuals Captain Keith Pearson. Keith has done a great job in the short time he has been at the helm but felt that the demands of the job were such that he could not do justice to it and still enjoy his game on the field. The Kumagai game was his swansong as skipper but we hope not as a player. The job when done well, as Keith did it, is an extremely arduous one and not many people fully comprehend the full extent of this. Anyway the Committee is anxiously reviewing the options on replacements as the show must keep rolling.

Once again a note of thanks to former Casuals Captain Peter Downs and Chairman Andy Maynard for organising an excellent Chiang-mai tour. Watch this space for 1991.

Anyway there was this chap on holiday in Scotland and he was fishing at a beat on the River Dee. All of a sudden he was in luck and he reeled in this rather large salmon. He was just about to bludgeon it to death when a voice said "Please don't kill me." Stopped in his tracks he looked around wondering who had spoken. Seeing nobody the club was again raised ready to beat the poor pisces into the next world. Again the voice cried out in a pleading tone "Please don't kill me." Amazed the angler realised it was the fish talking. "It's you," he said "You can speak. This is amazing." "In all my years I have not heard a fish speak". The fish replied that he was "Au Fait" with the English language. "That's incredible" the angler went on. "What is your name?" "Oh! people call me Rusty on account of my brown speckled skin".

"Well Rusty," said angler, "I cannot kill you so I will set you free of this hook and throw you back". This he did wishing the amazing creature "Bon voyage".

As chance would have it the angler returned to that same beat a year later and lo and behold he reeled in a big salmon. Remembering his experience he gave the fish more than his customary cursory glance. "Don't I know you" said the fisherman. "As a matter of fact you do." said the fish. "It's me, Rusty. We met here last year". "Hi! Rusty" said the amazed angler barely believing the coincidence, "What have you been up to since I let you go". "Well!" said Rusty. "I've been swimming around here and there, being something of a playfish but then I took this really interesting package tour for fish to the

North Atlantic. We went all around the ocean but the thing that really left an impression on me was an excursion to the wreck of the Titanic. I was really moved at seeing such an historic sight. The grand ballroom, engine room, restaurant, the bridge – it was awesome. In fact so moved was I that I even wrote some poems about each of these places. A total of four tomes.

"This is amazing" said the fisherman. "Not only you can speak but you can write as well".

"It's more than that" said the fish. "I sent the poems to a publisher and they have issued it as a book".

"Incredible" said the man. "I must obtain copy. What name have they given to this book?"

"Oh!" said the fish, "They've titled it "Salmon Rusty's Titanic Verses".

SWIMMING SWIMMING



IT would appear that hurricane Jina, sister to the catastrophic hurricane Ira of the previous week, had gone into low gear, run out of steam or had changed direction, whatever the reason, the foretold storm for Sunday, 14th October just didn't happen and we had a lovely day for our first gala of the season. Our sponsors, Milo, were present bright and early and were dispensing free Milo drinks from their unmistakable green stall. The drinks were apparently enjoyed or the supplier underestimated the turnout, as we drank them dry before the end of the gala. Children and parents of the little ones were keen to register for the various races and we soon had 22 girls and 28 boys raring to go. Paul Myers, a glutton for punishment, and coach, Gill Hough decided that, in addition to the usual races in breaststroke, freestyle and individual medley, we would also include a series of backstroke races and a special "fast" race for experienced swimmers.

That's it for this year. A very Happy Christmas to you from all in the Football Section. We'll be back in the New Year with news of the League Campaign. Arra best.

Scoop!

Stop Press: B.C. reach the quarter finals of the Plate in Manila. Vince Swift scores British Club draw nil/nil.

Go out in the early rounds of the A-Gogo dancing contest due to lack of "Pasties". Read full report in the next edition of OUTPOST.

For the first time, we had a raffle during afternoon. The three prizes of vouchers worth Bht. 1,000 each were generously donated by Reebok. Proceeds from the raffle will go towards Swimming Section funds for future use. A special thanks goes to Stephen Forbes who spent his whole afternoon, when not actually swimming, selling raffle tickets.

The programme started with the girls of 5 and under followed by the boys of the same age group. They soon showed us that they were no "babies" when it came to swimming! There is lots of potential talent and competitiveness among this young crowd. They were so enthusiastic that, not content with swimming two races, they demanded a chance to show off their prowess at backstroke, too. Well done you little ones, under-7's you're going to have to watch your step when their birthdays come around and they move up a group.

A valiant effort was shown by Angela McLaren who, having no competitors in the under-7's girls group, had to compete with the boys, but was consoled by getting two first badges. There were some very fast times for freestyle among the under-7's boys, with Eoin Smith. Alasdair Burgess and Darren Rayner swimming 25m in well under 25sec.

The children in the next two age groups had to swim a 4 x 25m individual medley in addition to races for breaststroke, backstroke and freestyle and understandably some of them found this a bit too much and dropped out of the medley. Congratulations to all of you who finished the event and particularly to Harriet White and Alex Stamp who completed the medley in just under 2 minutes. Again we were rather short of female competitors in the under-11 group, but the boys made up for it by entering 9 competitors. There were some very exciting races swum by these boys and some very close finishes.

The pace was stepped up even further when it came to the under-13's and "fast" swimmers' races. It was excitement and cheering all the way. Well done to Scott Boyd who won all the races he entered.

The programme was rounded off by a fun relay between six scratch teams. It was Gill

Hough's unenviable task to sort out six fairly equal teams from all the competitors, which she did very efficiently, though not quite as fast as Mr Myers would have wished! It was great fun and thoroughly enjoyed by all. Thank you swimmers for a very entertaining afternoon, we must do it again soon. Thanks also to our sponsors, Milo, and to all who helped in the gala in any way to make it such a success.

Congratulations to the three raffle prize winners and thanks to all who supported us and helped to raise 2,450 Bht, and thanks again to Reebok for the prizes.

The swimming times of all the races can be found in the accompanying table.

I hope to have the results of the Sponsored Distance Swim ready for the next issue.

RESULTS OF THE SWIMMING GALA held on Sunday, 14th October, 1990

		Breast	Free	Backstr.	I.M.*
5 and under Girls	Cassandra Clark	40.28	43.88	56.15	
	Hayley Crooks	1.08.00	1.04.47	—	
	Laura Hughes	38.74	41.71	44.77	
	Alexandra Liveris	—	—	1.14.31	
	Elizabeth Page	—	1.27.88	1.24.08	
Boys	Jonathan Meggison	40.70	35.04	1.02.21	
	Richard McLaren	35.39	34.44	—	
	Robert Page	—	42.88	—	
	Joseph Thornton	53.38	47.16	1.10.85	
- 7 Girls	Angela McLaren	40.06	35.59	—	
Boys	Alasdair Burgess	30.33	23.13	30.76	
	Matthew Dean	32.59	32.27	30.68	
	Charlie Klausmeier	—	36.38	—	
	Nicholas Liveris	—	—	38.75	
	Frederick Marshall	—	31.59	43.90	
	James Meggison	31.19	26.16	33.71	
	Darren Rayner	31.44	24.33	29.54	
	Eoin Smith	42.33	23.34	36.31	
	Michael Thornton	39.20	26.75	41.22	
- 9 Girls	Claire Bowers	1.18.42	58.88	—	
	Amy Burgess	54.79	41.07	50.68	
	Louise Coutts	1.22.84	1.08.03	1.20.21	3.01.52

	Anna Freeman	1.10.04	50.99	—	—
	Louisa Marion	56.45	44.88	56.89	2.00.03
	Katrina Rogers	1.01.91	47.10	—	—
	Kate Shepherd	1.13.69	47.95	1.08.34	2.29.91
	Harriet White	55.46	46.87	1.06.22	1.58.17
Boys	Michael Coutts	1.09.42	59.80	1.14.04	2.52.77
	Robert Meggison	1.02.95	49.77	1.09.69	2.17.52
	Sam Miller	1.12.89	55.42	1.21.90	—
	Alex Stamp	57.56	42.00	56.00	1.55.56
	William Thornton	1.09.81	50.81	1.11.94	2.21.70
- 11 Girls	Petra Glattbach	1.04.03	48.77	1.09.72	2.22.01
	Rachel Elias	1.12.88	58.31	1.17.52	—
Boys	Torkey Atkinson	57.69	46.49	57.02	2.12.16
	Gordon Boyd	50.84	37.88	49.15	1.45.16
	Tom Grunwald	1.12.30	53.20	—	—
	Guy Marion	59.56	44.92	57.00	2.02.62
	Ben Quarmby	51.26	37.74	53.70	1.51.13
	Michael Rayner	1.01.93	46.60	1.04.43	—
	David Yates	1.00.00	41.10	56.75	2.05.31
- 13 Girls	Sian Daniels	2.13.14	—	56.69	2.01.34
	Maria Elias	2.00.81	1.53.31	57.78	2.02.69
	Nadia Hall	—	1.45.80	54.02	—
	Jessica Klausmeier	—	1.29.27	59.15	—
	Shireen Pearson	1.51.45	1.42.22	54.13	1.57.25
Boys	Scott Boyd	1.55.30	1.23.02	47.03	1.32.75
	Stephen Forbes	2.14.19	1.33.00	48.72	1.53.25
	James Yates	2.02.56	1.37.98	56.31	2.03.48
- 15 Girls	Sally Dunford	—	—	—	1.35.45
FAST RACE	Sally Dunford		1.27.78		
	Scott Boyd		1.20.47		
	Gordon Boyd		1.30.80		
	Ben Quarmby		1.32.46		
	James Yates		1.49.48		

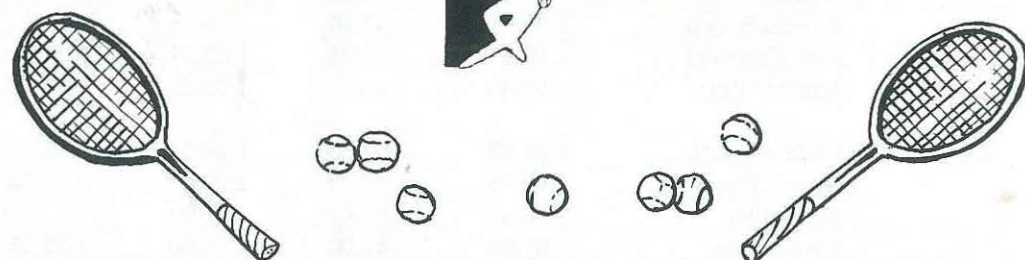
The races consisted of 1 length each of breaststroke, freestyle and backstroke for the Under-7 and 5 and under groups. The Under-9 and Under-11 groups swam 2 lengths each of breaststroke, freestyle and backstroke also the I.M.*. The Under-13 group swam 4 lengths each of breaststroke and freestyle plus 2 lengths backstroke also the I.M.*

*I.M. consisted of 1 length each of butterfly, backstroke, breaststroke and freestyle in that order.

FAST RACE consisted of 4 lengths freestyle.

Angela Coutts

TENNIS TENNIS



BC LADIES V JAPANESE LADIES

ON Saturday morning, October 6th, nine enthusiastic players teamed up against ten Japanese ladies at the Club. It was a most enjoyable morning with plenty of hard fought sets, though always friendly; unfortunately for us the opposition were victorious. We played two rounds of matches and were well and truly beaten 6-0 in the first but rallied well to halve the second three all. Over refreshments it was suggested that this become a monthly event.

Thanks and "well played" go to Anita Hughes, Sandra Thornton, Phyl Xumsai, Terry Merry, Caroline Garnett, Maureen Denner, Julia Freeman, Joan Eaton and Sandie Brice.

Better luck next time!

At the October Round Robin, an attempt was made to play a "short tennis" tournament, which failed outright because of the British "aversion to change". With only two courts available and 24 players it seemed a good way to ensure quick games and not have people sitting around for too long. However it seemed that more people were interested in just "blasting the ball off court". Fortunately the rain came and took us all out of our misery and the afternoon was cancelled. No further attempts will be made to deviate from the old routines.

It is not only the committee members who are allowed to organise the monthly round robins; any willing player can run the show if they feel like something different. They are usually held on the first Sunday of every month and are intended as fun events so that all standards feel welcome.

A QUESTION OF TENNIS

A can of tennis balls will be given to the person giving a correct to the following three questions. In the event of more than one correct entry a draw will be made.

1. In serving in a singles game played on a doubled court with doubles posts and singles sticks, the ball hits a singles stick and then hits the ground within the lines of the correct service court. Is this a fault or a let?

2. A ball going out of court hits a net post or singles stick and falls within the lines of the opponents court. Is the stroke good?

3. A player claims that his reutrn shot was good after a linesman has called "out". May the umpire overrule the linesman?

Answers to last month's questions:-

1. The server loses the point because his racket touched the net whilst the ball was in play.

2. Yes, the server's partner or receiver's partner may take any position on his side of the net in or out of the court that he wishes.

3. If the error is discovered before the ball is put to play for the second point, the first point shall count but the error shall be corrected immediately. If the error is discovered after the ball is put in play for the second point the game shall continue as a tie break game.

Answers to the questions above, in an envelope marked "A question of tennis" should be handed to reception by the end of the month.

Boris

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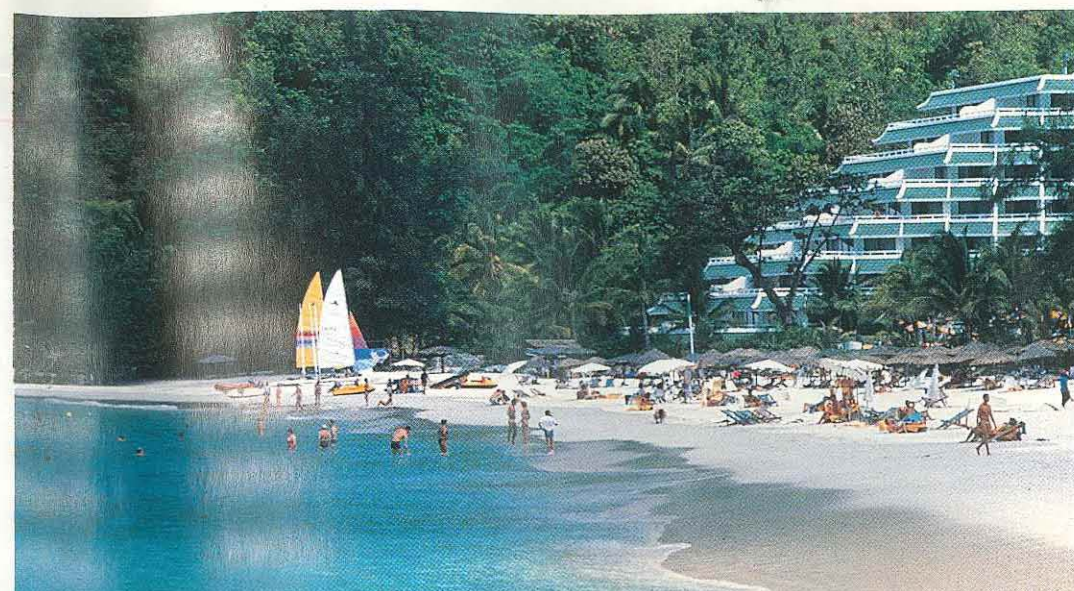


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ACTIVITIES

ANYONE WHO IS INTERESTED IN PARTICIPATING IN ANY ASPECT OF THE FOLLOWING ACTIVITIES SHOULD CONTACT :

AEROBICS	- ASHA WIJEYEKOON	213-2134
BILLARDS/SNOOKER	- RON ARMSTRONG	390-2445
BRIDGE	- ELAINE & DARRYL HENNIG	331-5983
CHESS	- JAMES NICHOLS	236-8834
CRICKET	- BRIAN LEWIS	253-0557
DARTS	- ANNE DOUGLAS	311-1324
GOLF	- LLOYD HOUGHTON	252-0435
LADIES' GOLF	- PENNY WHALLEY	258-9415
OUTPOST	- MAREN WHITE	258-1481
RUGBY	- PETER SNELL	236-7879
SCUBA DIVING	- CHRISTIAN BOUTEILLIER	279-5373
SOCCER	- ALEX FORBES	260-1950
SQUASH	- TONY AUSTIN	278-1557
STAMP COLLECTING	- PATRICK WINDELER	391-8691
SWIMMING	- ERIKA MAJER PAUL MYERS	252-7492 381-0147
TENNIS	- JULIA FREEMAN	287-1268



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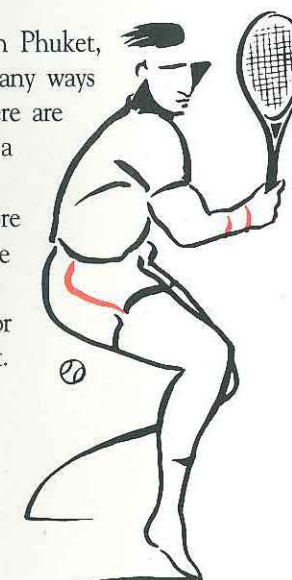
The sun sets behind the swaying palms as you sip long cool drinks on your private balcony overlooking the sea.

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Tel : (076) 321480-5 Tlx : 69542 MERIHK TH, 69543 RELAX TH Fax : (076) 321479

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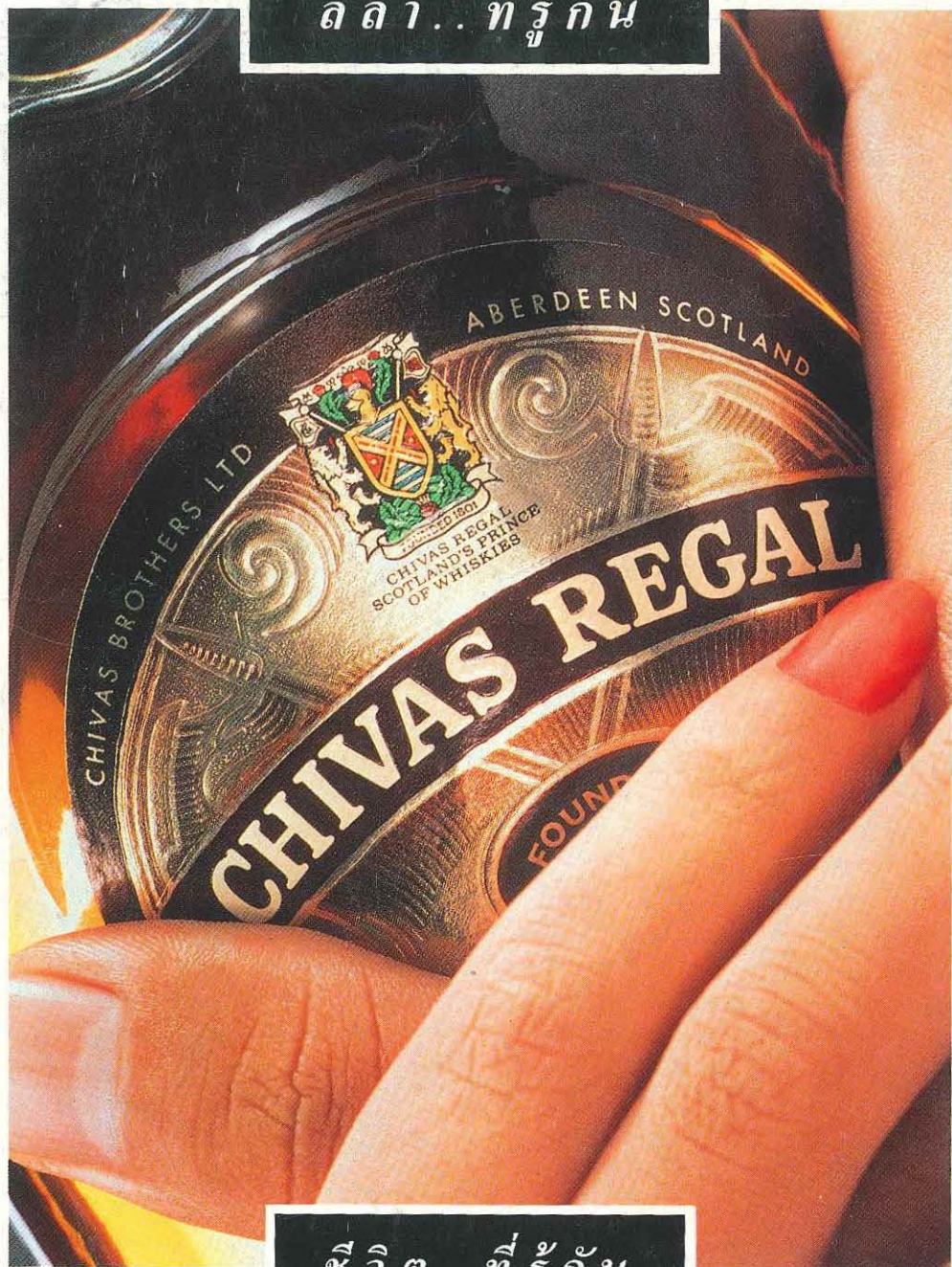
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ชีวิต... ที่รู้จักกัน