



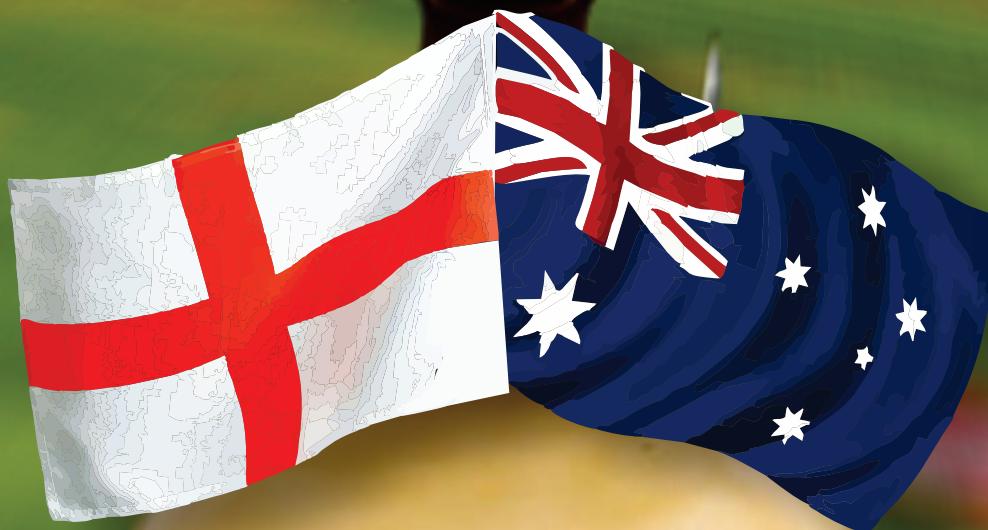
1903  
THE BRITISH CLUB  
BANGKOK

# Outpost

THE OFFICIAL MAGAZINE OF THE BRITISH CLUB BANGKOK



The Ashes  
2019



August 2019

21<sup>ST</sup> ANNUAL

# LIVING IN BANGKOK

2019 | SATURDAY 5<sup>TH</sup> OCTOBER

HEALTH • LIFESTYLE • KIDS



A community event for Bangkok's international residents.  
Explore all the possibilities for a fun and healthy lifestyle.

### Free admission

11 am to 6 pm, At The British Club Bangkok  
Entrance via Silom Soi 18

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[www.britishclubbangkok.org](http://www.britishclubbangkok.org) | Tel: 02-234-0247



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AUG 30 – SEP 1, 2019

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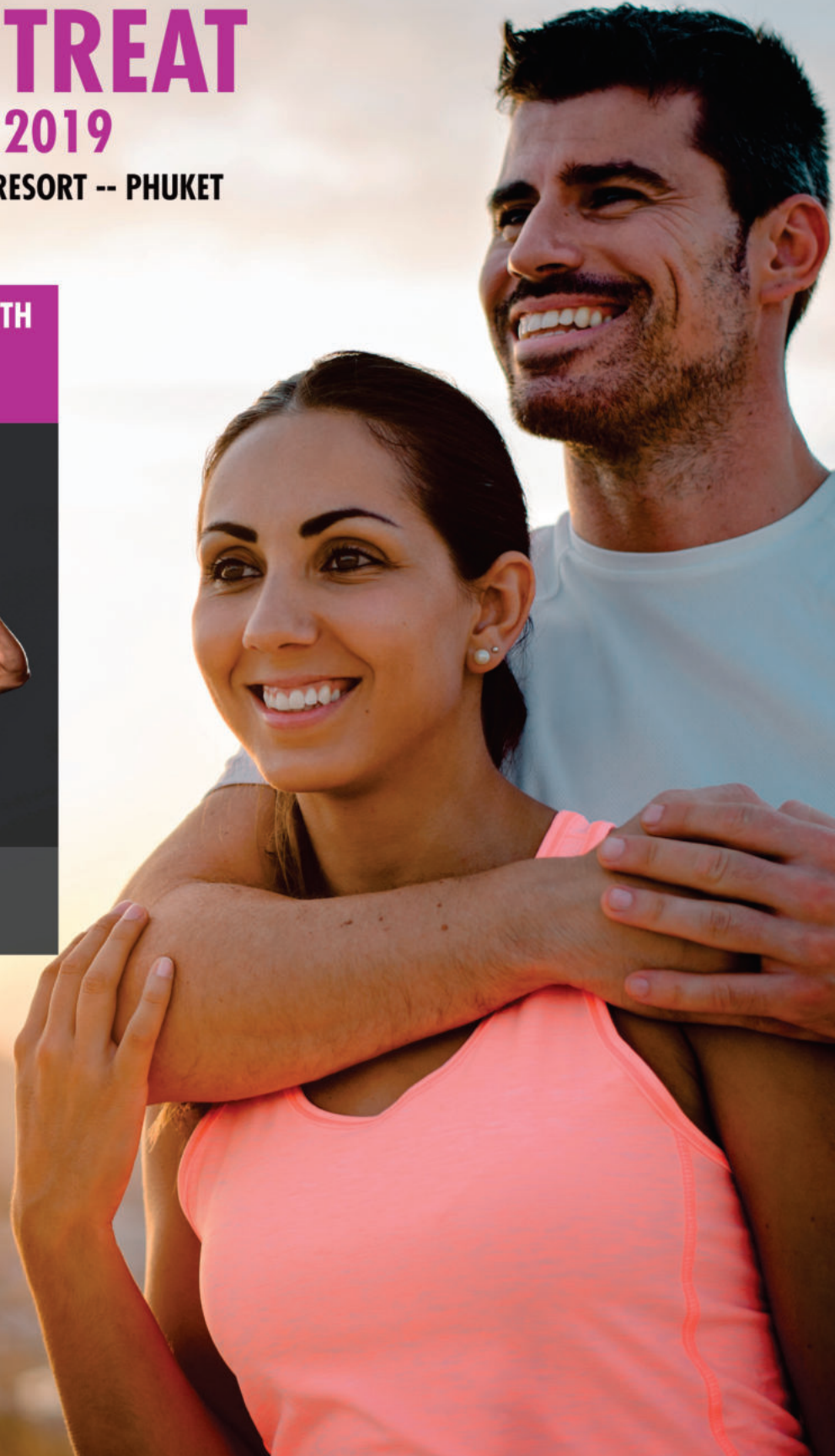
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*inspiring individuals*



## KIS International School congratulates the class of 2019!

The graduating class, consisting of 39 students, received 96 offers from 63 universities in 12 countries.

We wish our graduates the best of luck studying in their chosen fields which include: Business, Communication, Dentistry, Design, Education, Engineering, Fashion, Finance, Hospitality, Journalism, Languages, Law, Liberal Arts, Medicine, Music, Sciences and Technology.

Some of the universities they have been accepted to include: University of Melbourne, Monash University (Australia); Modul University of Vienna (Austria); University of British Columbia (Canada); Hong Kong University of Science and Technology, Hong Kong Polytechnic University, Chinese University of Hong Kong (Hong Kong); University College Cork School of Medicine (Ireland); Rotterdam University of Applied Sciences (Netherlands); Les Roches Global Hospitality Education, Glion Institute of Higher Education, École hôtelière

de Lausanne (Switzerland); University of Warwick, University of Leeds, University of Exeter, University of Brighton, University of Bath, King's College London, University of Nottingham, University of Edinburgh Medicine, Newcastle University, Cardiff University, Brighton and Sussex Medical School (United Kingdom); University of Michigan Ann Arbor, University of Illinois Urbana-Champaign, University of North Carolina Chapel Hill, Penn State University, University of Michigan, Worcester Polytechnic University (United States).

We are extremely proud of them and wish them all the best for their bright futures!

If you would like to be a part of KIS' success stories, please contact [admissions@kis.ac.th](mailto:admissions@kis.ac.th)



Tel: +66 (0) 2274 3444 | [www.kis.ac.th](http://www.kis.ac.th)

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International School  
Knowledge Inspiration Spirit



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BANGKOK

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gc@britishclubbangkok.org

**SENIOR MANAGEMENT**

**General Manager**

Premrudee Tanyaluck  
gm@britishclubbangkok.org

**Deputy General Manager**

Tee Bale  
tee@britishclubbangkok.org

**Duty Manager**

Bhudhist Kongrattakul  
bcbbhudhist@outlook.com

**Membership Sales Manager**

Aphinya Toonim  
aphinya@britishclubbangkok.org

**Services & Functions Manager**

Somboon Chaiyapom  
somboom@britishclubbangkok.org

**Executive Chef**

Kornnisara Nongku  
wilailuck@britishclubbangkok.org

**Sports Manager**

Amnat Saklebpradu  
amnat@britishclubbangkok.org

**THE BRITISH CLUB BANGKOK**

189 Suriwongse Road, Bangkok 10500  
Entrance via Silom Soi 18  
Tel: +66 (0) 2234 0247  
Fax: +66 (0) 2235 1560  
info@britishclubbangkok.org  
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## Front Cover

This month see The Ashes where England will take on Australia at home. Will they be able to win again.

## From the Editor

This time of the year tends to be a quieter around the Club with many members away but there is still plenty happening as you will see when reading this edition.

It's hard to believe this is my 12th edition as editor and layout designer. Also, I would like to thank those for the positive feedback they have given me.

Cheers



**The Fry Group**  
since 1898  
Preferred Partner

**OUTPOST** is the monthly magazine of **THE BRITISH CLUB BANGKOK**, the social sports and cultural centre for the English-speaking community in Bangkok. A full version of the magazine is also available online at [www.britishclubbangkok.org](http://www.britishclubbangkok.org) **Design & Layout** - CJW Design Studio **Editor** - Chris Watt [cjwatt@loxinfo.co.th](mailto:cjwatt@loxinfo.co.th) Opinions expressed do not necessarily represent those of the Club. All events, dates and times are correct at the time of press.

Outpost welcomes contributions from Members, email [outpost@britishclubbangkok.org](mailto:outpost@britishclubbangkok.org)

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# MESSAGE FROM THE CHAIRMAN



Jack Dunford

**Celebrations:** This will be short as I am only slowly recovering from the Cricket World Cup Final last night. What a night! After six exhausting weeks of non-stop matches and six more hours of tense cricket, England came from behind against New Zealand to breathlessly tie the match. Ties don't happen very often in cricket, never before in an international tournament, and so they then had to play a 'Super Over' to determine the winner (the equivalent of football's penalty shootout). But even that couldn't separate the teams. The match was tied again, and England awarded the World Cup on the basis of an arbitrary boundary count.

We staggered into the night, intoxicated by the cricket, helped not a little by Khun Charoen's tequila shots, and back home a Nation celebrated. New Zealand was desperately unlucky and wonderfully dignified in defeat, but please allow us this brief moment of glory. England is usually so hopeless on these big occasions and amongst so many disappointments I have been lucky enough to have watched their only wins in the Football World Cup (1966), the Rugby World Cup (2003) and now this ... surely the most exciting of all.

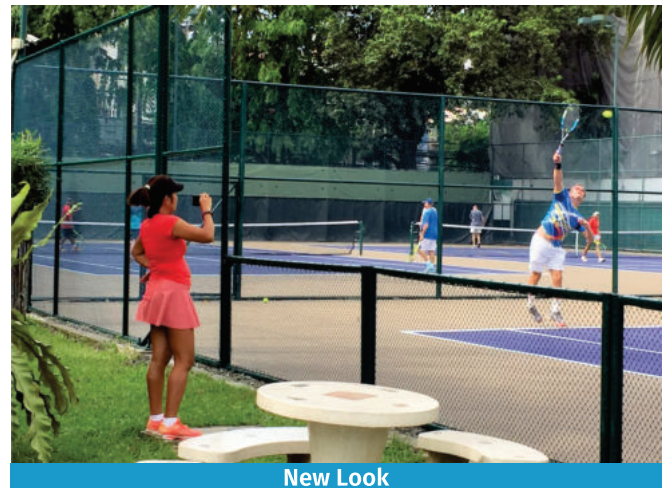
Spare a thought for Lewis Hamilton who won the British Grand Prix for a record 6th time and barely got a mention in the Press. And for once, even that other



World Cup Fever

English showpiece, Wimbledon, was upstaged, although our Tennis players also massed for the Djokovic/ Federer marathon/ thriller. More thick heads this morning I suspect!

**Projects:** Last year it never seemed to stop raining but luckily this year the rainy season has been 'normal' and all of our projects are more or less on schedule.



New Look

In fact, the tennis courts opened ahead of schedule and were fittingly available for the Tennis Section Wombles tournament on Wimbledon finals day yesterday. (I think the reds tied with the blues, but no one was making sense when I asked after the cricket!). The courts look resplendent with their classy new sand and blue colour scheme and the tennis players all seem unanimous in their praise for the new 'Teflon' playing surface. Well done SEARA!

Work on the new Pool Deck is also ahead of schedule and I think everyone is going to be surprised how much more spacious the grounds will look when it is finished. New greenery to complement the Front Lawn Redevelopment will be added by early August. The plan is to provide temporary cover over the Pool Deck if and when Members approve Phase 2, so as to give more



Poolside Deck takes shape

sheltered seating whilst the Surawongse Sala is closed during construction. Provision is therefore being made in the construction design to plant five largish trees in the deck, when the Phase 2 work is complete.



Leaving the Embassy



Arriving at the Club

As everyone will have observed, the entire Front Lawn has been excavated, a new gutter laid around it and a new terrace and turtle pond constructed. I spent a fascinating day at the Embassy on 9th June watching the dismantling of the War Memorial in preparation for its journey to the Club and by the time you read this it should be proudly on display in its new permanent location. The demolition and reconstruction of the monument is being overseen by an experienced British mason, the trickiest challenge being the move of the main pillar which it turns was a mere four and half tons rather than six as earlier rumoured.

By early August the new greenery will have been planted and the turf relayed with all-new sub-drainage and irrigation. All work will be finished by the time families return for the new international school year, all in good time for Living in Bangkok in October, the Remembrance Day Service in November and our next high season.

I hope to have news on our proposed Poolside Redevelopment Phase 2 Members' Forum next month.



## An Evening with The Fry Group

### SPEAKERS

- Martin Wright  
Senior Financial Planner, The Fry Group
- Max White  
Director, Schroders Wealth Management

### WHEN

Thursday, 8 August 2019  
6.30pm Evening Session

### WHERE

The British Club Bangkok  
Suriwongse Room  
189 Surawong Road  
Bangrak Bangkok 1050

### RSVP

[events@thefrygroup.sg](mailto:events@thefrygroup.sg)

Join us for an informative evening hosted by Martin Wright, Senior Financial Planner at The Fry Group Singapore. Martin will be joined by guest speaker Max White who is Director at Schroders Wealth Management.

This educational session will focus on:

- Inheritance Tax
- UK State pension and National Insurance Contributions
- Investment Market Update

This complimentary evening will be followed by an interactive Q&A session and an opportunity to chat informally with both speakers over a glass of wine and some finger food.

### The Fry Group (Singapore)

6 Battery Road #16-04/05  
Singapore 049909

For more information please  
contact **(65) 6225 0825**  
or [advice@thefrygroup.sg](mailto:advice@thefrygroup.sg)



# Lasting Powers of Attorney

By Martin Wright, The Fry Group

How can you exert control over your affairs if for any reason you become unable to manage them? Giving someone you trust the power to act on your behalf is a good idea, but a carelessly drafted document can lead to expensive financial and administrative problems – the opposite of what you want to achieve.

A lasting power of attorney (LPA) is a legal document that enables you (the 'donor') to appoint one or more people (or 'attorneys') to help you make decisions or to make decisions on your behalf, giving you more control over what happens if you have a serious accident or an incapacitating illness.

To make an LPA you must be 18 or over and have mental capacity (the ability to make your own decisions); you do not need to live in the UK or be a British citizen for it to apply in the UK – but to create an effective LPA in outside of the UK, it's best to seek advice about local best practice.

There are two different kinds of LPA: you can use both and choose more than one attorney for each.

## Health and welfare LPA

This can only be used when you become unable to make your own decisions. Use it to give an attorney the power to make decisions about things like:

- your daily routine, for example washing, dressing, eating
- medical care
- moving into a care home
- life-sustaining treatment

## Property and financial affairs LPA

Use this to enable an attorney to make decisions about money and property for you. For example:

- managing a bank or building society account
- paying bills
- collecting benefits or a pension
- selling your home

With your permission this LPA can be used as soon as it is registered.

Each document can specify exactly what your chosen attorneys may do and limit their actions.

You can also ask your attorney to act for you as a matter of convenience - for example so that you don't have to visit your bank personally.

## What happens when you die?

The LPA immediately ceases and your attorneys are no longer authorised to carry out any transactions. They then need to send the LPA document and any certified copies of it to the Office of the Public Guardian (OPG) together with a copy of the death certificate.

## What happens if an attorney dies?

If you only appointed one attorney with no replacement named, you will need to make a new LPA, if you have the mental capacity to do so. If this isn't the case, an application will need to be made to the OPG to appoint a deputy.

Where your LPA names more than one attorney, the remaining attorney(s) can step in and continue to act. If you named a replacement attorney, they will take the place of the original single attorney, or of an attorney who was acting jointly and severally. Finally, where attorneys were acting jointly, the replacement will replace all previous attorneys – that is, the deceased attorney and any others named with them.

## Using an expert

Having a Power of Attorney document professionally drafted is well worth the expense. A document containing errors ambiguity could be contested or be declared invalid, resulting in your affairs not being handled in line with your wishes.

When it comes to ensuring that your family's wellbeing is safeguarded and your assets protected in situations where you're unable to do it yourself, well-executed LPAs can give you peace of mind that your intentions will continue to be honoured – so getting it right is important.



**Martin Wright**  
Senior Financial Planner  
The Fry Group (Singapore)

# TEE TALK WORDS FROM THE DGM



We are pleased to announce the appointment of our new pastry chef Khun Kob, she brings a fantastic boost to the kitchen, adding her signature cakes and pastries to our menu over the coming months. We have recently updated our main bakery ovens to help increase the standard of all our bakery items, we are sure you will soon taste the difference, even if it doesn't help your waist line.

Last month saw some amazing sporting action at the Club, the cricket world cup gave us so much entertainment and England were just unstoppable winning the final against New Zealand, thanks to everyone that supported all the matches. The tennis section also enjoyed a special month of tennis on the TV with Wimbledon right through to the final, a big thanks to graham and all involved hosting another good Womble cup, which officially launched the new tennis courts resurfacing, good times had by all.

The club has seen many changes over the last few months and the development on the front lawn and poolside has been one of them, an amazing new look as you enter Club and something we hope you all we be proud of as a member as we are as management, we look forward to the first ever Remembrance Day at the club this year in November, we as management

feel it's a great honour to have the privilege to adopt this very important day of the year to the Club.

Looking forward to this month and beyond, you have some great new events to attend and enjoy, starting with stand-up comedy from the comedy club Bangkok, taking to the stage the Irish comedian .... Saturday 10th August at the Silom Wing, other events on the way include 'Bodega Volcanes De Chile' Wine Master Class Saturday 31st August, Living in Bangkok trade fair Saturday 5th October and a very special 'Fawlty Towers' comedy dinner, exclusive to The club as they are not performing anywhere else in Thailand, two shows will take place, one Saturday 2nd November and the second Sunday afternoon 3rd November, get your tickets booked asap.

We are also happy to have launched our brand-new Kids Clubs running every Saturday and Sunday in the Silom Wing, Khun Diary has re-joined us to make your kids weekend experience a fun and educational one every time they visit. All age groups are catered for and some very interesting activities are being lined up. We haven't forgot the adults at the weekend, come and try our all new Great British Brunch with free flow options, guaranteed to hit the sport on a Sunday afternoon.



Reportings

# F&B MORSELS *by our* EXECUTIVE CHEF



Chef Laak

**W**e would like to thank all our members for the continued support of our food promotions we ran in July, our new 'Rustic Pizzas' have been a great success, along with the 'Bad Boy Burger' range continuing to sell huge numbers.

August brings a new range of items for you to try and we hope you will enjoy them all, please check the menus for all the information.



Khun Janpen Chaiyo (nick name Kob) has joined our kitchen family in the position of pastry chef and has already created some tasty new offerings which have been added to the menu, they include tiramisu, orange cake, fruit cheese cake, giant cookies. We also now have freshly baked

bread including crispy French sticks available for you to purchase and take home, this needs ordering one

day in advance and order forms can be found at the poolside or reception. For the Kids and adults, Khun Kob has also created a giant cookie range, featuring 'M&M Cookies', 'Mars Bar Cookies' and 'Maltesers Cookies', perfect for a treat or just to have with a coffee, go on give them a try.

We are always looking to improve and give you better culinary offerings, so we have just launched our brand new brunch, 'The Great British Brunch', we now have full English breakfast options with live egg counter along with full carvery options and home-made desserts to try, featuring all your favourite dishes for a perfect Sunday morning/afternoon, we didn't stop there, we also have now created a free flow package to add to your food, you can now enjoy the full brunch and a free flow of red & white wine plus local bottle beers, Sundays just can't get any better.

**Happy Eating!**



THE COMEDY CLUB BANGKOK AND CLUBHOUSE COMEDY PRESENT

# LIVE STAND-UP COMEDY WITH **SEAN FINNERTY**

“One of the funniest comedians to come out of Ireland!”  
**JIMMY FALLON**

**SATURDAY AUGUST 10TH**  
**7.30PM**

with special  
guests!

AS SEEN ON



amazonPrime

fringe The Edinburgh Festival  
02 - 26 August 2019



CENTRAL COMEDY



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GRANDE SUKHUMVIT  
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**ADVANCE** ฿500 **ON THE DOOR** ฿700. W/ FREE BEER OR WINE 6PM-7PM @ POOLSIDE  
MEMBERS ONLY! SHOW AT THE SILOM WING, BOOK AT RECEPTION / [EVENTS@BRITISHCLUB.ORG](mailto:EVENTS@BRITISHCLUB.ORG)

Reportings

# HEALTH

## INNER ENGINEERING for YOUR wellbeing. Exercise Solutions for a Busy Lifestyle



Sandy Remiens

Personal Trainer, Wellness Coach  
Accredited Rehab Master Trainer

*“Wellbeing can only happen from within you because human experience is created from within. Inner Engineering.” Sadhguru*

“Last month I wrote about "Exercise Solutions for a Busy Lifestyle" and that you need to 'Find your thing'. In other words, find a type of workout that works for you. I also said that I would give you some opportunities in the following months to try out a few things that may give you the chance to FIND YOUR THING.

Here is the first opportunity to try out a free Bootcamp type class and see if it may work as part of your wellbeing routine. Places are limited so book your place now at the Fitness Centre or email me for more info. Decide on your own wellbeing. Its in your hands.

BOOK YOUR PLACE NOW at the British Club Fitness Centre

SPACES LIMITED

**FREE BOOT CAMP TRIAL CLASS**

WEDNESDAY AUG 7<sup>th</sup>  
6pm

BOOTCAMP TRIAL

COME & FIND YOUR THING!

NO EXPERIENCE NECESSARY

ONE DAY ONLY – COME AND HAVE A GO AT SOMETHING NEW  
INDIVIDUAL ABILITIES AND FITNESS LEVELS CATERED TO  
IN ONE CLASS

COME AND HAVE A PLAY AND SEE IF THIS TYPE OF GROUP FITNESS  
WORKOUT  
CAN WORK FOR YOU

- REGISTER AT THE FITNESS CENTRE
- WRITE DOWN THE DATE: WED AUG 7th
- QUESTIONS? JUST ASK
- COME AND SEE US AT THE FITNESS CENTRE
- OR EMAIL [sandy@bangkokstormtraining.com](mailto:sandy@bangkokstormtraining.com)



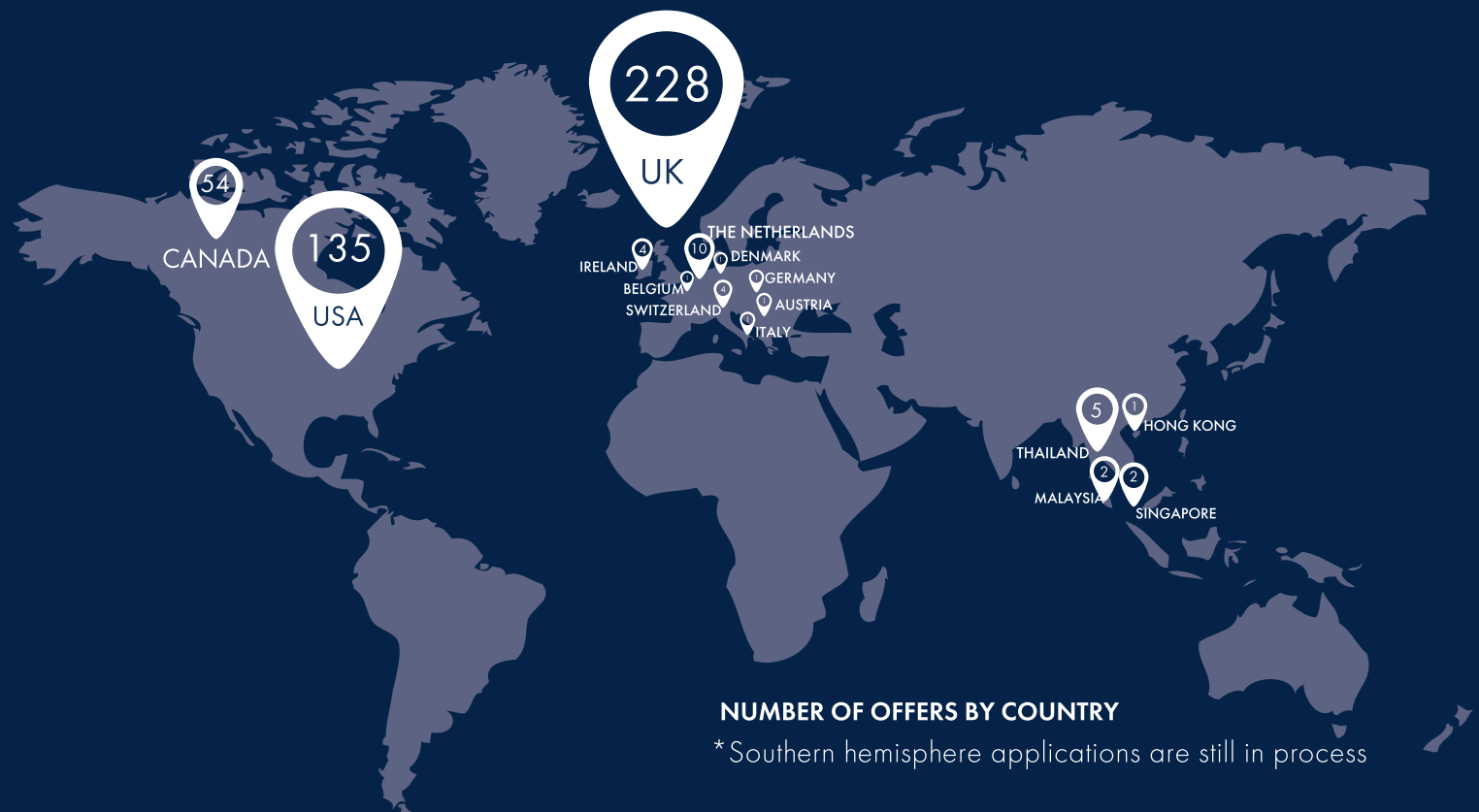
SANDY REMIENS

Personal Trainer  
Accredited Rehab Trainer



# A WORLD OF OPPORTUNITY

Congratulations to the Class of 2019 who paired their excellent IB results with offers from top universities around the globe.



With three perfect IB scores, it is no wonder that this cohort have received offers from academically renowned universities such as Oxford and Cambridge and from programmes such as the prestigious Mountview Academy of Theatre Arts, Berklee College of Music and an NCAA Division 1 golf scholarship.

**# *BalancedAndFulfilled***



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Full list of university offers:

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[admissions@patana.ac.th](mailto:admissions@patana.ac.th)  
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*The British International School in Thailand*  
Established 1957

Bangkok Patana is a not-for-profit IB World School, accredited by CIS.

# B O D E G A VOLCANES

D E C H I L E

## MASTER CLASS

SATURDAY 31<sup>ST</sup> AUGUST 2019

6PM TILL 9PM , LAST FREE FLOW 8.30PM  
@ THE VERANDAH

A delightfully delicious evening of wines, cheeses,  
Parma hams and live music.

Flying in direct from the vineyards of Chile BEN GORDON  
- Managing Director of Bodega Volcanes wines will host  
a master class tasting, with options to purchase  
on the night at special discounted prices.

The night will be accompanied with Zaino showcasing their Italian  
cheeses and Parma hams, both to sample and purchase.

The atmosphere will be set with a live acoustic solo artist  
making it the perfect place to be on a Saturday.

*BEN GORDON*

Book at the Reception or by email:  
[events@britishclubbangkok.org](mailto:events@britishclubbangkok.org)

899 THB  
per person

including free flow red & white  
wine & canapes



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### Professional Coaching & Psychotherapy (Bangkok)



**Dr Scott Berry**  
Professional Coach & Psychotherapist  
PhD, MBA, DipCouns UK



**Miss Intara Berry**  
Office Manager / Trainee Coach  
Bachelor of International Business, Bangkok University



**Mr Nikorn Chimkong**  
Program Manager  
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Ramkamhaeng University



**Mr Wichai Lahoi**  
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**Scott Berry & Associates**  
281/19-23, 5th Floor, Room 509  
Silom Rd, Silom, Bangrak Bangkok 10500  
T: 02-0385098 or 064-939-0222  
W: [www.scottberryconsulting.com](http://www.scottberryconsulting.com)

We are a family run business in Bangkok - a short walk from the British Club. We serve expats in Thailand, individuals and companies across the Asia Pacific. Here are some of the services we provide:

#### **Life Coaching and Counselling**

Deepen your sense of happiness and self-confidence. Get practical help for depression and anxiety, anger, culture shock, addictions, life change and more.

#### **Employee Assistance Programs**

Online and face-to-face services to create and sustain health, wellness and effectiveness in your staff and teams.

#### **Couples Coaching and Counselling**

Rebuild and repair the love between you. Get tools to grow trust in each other, anticipate each other and talk through the hard stuff. We are LGBT friendly.

#### **Leadership Coaching**

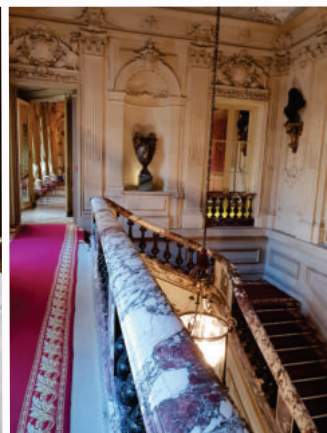
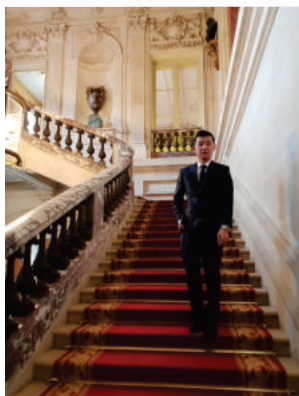
Identify your gifts and deploy them more often. Identify the areas you need to strengthen in yourself and others, build the skills to anticipate yourself and others.



# RECIPROCAL CLUBS

## *Cercle de l'Union Interalliee, Paris. End of January 2019*

**F**ounded about 100 years ago, it's a private member's club with very grand rooms decorated in a classical style. The facilities include a bar and a fine dining restaurant with a beautiful view over their gardens. A large gym area with a swimming pool has been built underneath the gardens, but reciprocal members get charged for gym use. When I arrived with my letter of introduction, I had to go to get a temporary membership card from one of the administrators, which is valid for 14 visits. We tried to book lunch on a Tuesday by phoning the club a few hours beforehand, and were surprised to learn that the restaurant was already fully booked. Jacket and tie required.



*The British Club Bangkok is delighted to have a network of 413 the world's most prestigious Members' Club, spread across 57 countries worldwide. Please ask Reception for a Letter of Introduction ahead of any visit with the dates of your intended visit.*

11.00AM TO 2.00PM

# BUSINESS LUNCHEONS

## 5<sup>TH</sup> AUGUST TO 9<sup>TH</sup> AUGUST

### Starters: 65 Baht

- Coconut galangal soup
- Classic chicken salad

### Main courses: 160 Baht

- Herb crusted Dory fish with lemon butter, roasted veg
- Grilled Chicken with Peperonata.
- Spaghetti Meatball
- Kai Phud Prik Khing, Phad Eee Eww Chicken, stuffed cucumber soup

## 12<sup>TH</sup> AUGUST TO 16<sup>TH</sup> AUGUST

### Starters: 65 Baht

- Spicy pepper & tomato soup with cucumber yoghurt
- Watermelon and Nachos

### Main courses: 160 Baht

- Grilled Chicken with creamy seeded mustard sauce
- Phad Krapow quesadilla
- Chili sausage Lasagna
- Stir fried Morning glory, fried pork patty, Tom Yum Chicken

## 19<sup>TH</sup> AUGUST TO 23<sup>RD</sup> AUGUST

### Starters: 65 Baht

- Pea and mint soup
- Garlic prawns on toast

### Main courses: 160 Baht

- Grilled pork tenderloin Kebobs with coconut rice
- Cuban mojo chicken with rice
- Penne pesto sausage
- Son in law egg, stir fried vegetable, braise pork soup with Chinese herb

## 26<sup>TH</sup> AUGUST TO 30<sup>TH</sup> AUGUST

### Starters: 65 Baht

- Chicken, potatoes, tomatoes soup
- Chilly potatoes with lemon basil dip

### Main courses: 160 Baht

- Spinach mushroom quiche
- Ukrainian crispy chicken.
- Sloppy pulled pork waffle
- Stir fired basil, seaweed soup, fried egg.



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THE BRITISH CLUB  
BANGKOK



# MEMBERSHIP PLUS



- 15% discount for cash payments; 10% discount for credit card payments
  - 15% discount on dental treatment (excluding orthodontics).
  - Discount is applicable towards inpatient rooms, medications, Certain laboratory fee, certain medical supply fees, and x-ray Excludes doctor's fees, chemotherapy, mammograms, MRIs, and CT Scans
  - Discount applies only to corporate partner employees and corporate partner Employees family members (spouse, children, and parents)
  - If using insurance, benefits are only applicable towards cost exceeding coverage.
- Discount cannot be used in conjunction with other discount, vouchers, promotion, or packages  
Simply present one of the following: Employee ID Card, Corporate Member Card, Group Insurance Card



- 10% discount on medication
  - 15% discount on the ward room
  - Dental scaling cleaning 1,290 THB
  - Skin check-up 3,200 THB
  - Eye Glaucoma check-up 4,000 THB
  - Flu vaccine 700 THB
- In order to profit from discount prices, please present this flyer to the BNH department staff upon arrival.  
For more information please contact :  
International Patient Coordinator Team  
Email: IPC@bnh.co.th  
Tel: 02-022-0700 Ext: IPC



- Free eye check up for BC Members
  - 50% off all lenses and frames
  - Money back guarantee if not satisfied
- For more information : Tel: 02 635 7405  
Location : Corner Silom/Decho



ELEMIS Spa at the St. Regis Bangkok  
Facial 60 min 2999++ from regular price 5200++  
Massage 60 min 2999++ from regular price 4500++  
free access to relaxation zone, normal charge 1500++/day  
For more information : +66 (0) 2207 7778-9 or www.elemisspabangkok.com  
Remark: Relaxation Zone, where you can use before or after the treatment.



- Accommodation: 20% off Best Available Rate
  - Quan Spa : 20% discount on selected spa treatments
  - F&B : 15% off Food and Beverage at:  
- Praya Kitchen – All Day Dining Restaurant  
- The Lobby Lounge - Yao Rooftop Bar
- For more information : Tel: 02 088 5666



- 15% discount with no minimum purchasing amount at all Asia Book (Except shop in Airports and in B2S)
  - \* Only foreign book and international magazine
- Please show your membership card at cashier



สมาคมสโมสรราชวรุณในพระบรมราชูปถัมภ์  
ROYAL VARUNA YACHT CLUB

Offers specially discounted Room rates for Members of the British Club Bangkok. Rooms sleep up to a family of four  
Contact Office: 038-250116 or Baz: 089-7779197 for further details



- 15% Discount for A la carte food and beverage order exclusive for BC Members
  - Limited to one voucher per table •No cash alternative available
  - Not be used in conjunction with any other offers, promotions, discounts or set menus
  - For dine-in only and valid at Jamie's Italian Siam Discovery only
- For more information: Tel 02-255-5222 (Please show your membership card at server to claim offer)



- 20% Exclusive Discount for The British Club Member
  - For more information : Tel: 0 2234 9341
- (Please show your membership card at server to claim offer)



- Superior (26 Sqm) THB 2,000.-/room/night, complimentary drink for 2 pax
  - Deluxe (32 Sqm) THB 2,500.-/room/night, complimentary drink for 2 pax
  - 25% Discount for A la carte food and beverage.
  - The buffet is not applicable to any discount.
- For more information : Tel: +66 (0) 2 206 9225  
Please present the member card upon arrival



- 10 % Discount for Massage on each bill
  - 15 % Discount for food at The Rock.
- For more information :  
Tel: 02-261-0265, ext. 8



Kamala Beach Estate Phuket  
British Club Members receive a 20% Discount off advertised rates, price includes ABF plus 15% discount on lunch.  
For more information :  
Tel: 076-279-756, ext. 9



20% Exclusive Discount for BCB members  
At Chatrium Riverside Branch and Silom Branch  
For more information :  
Tel: 0 2235 3055



- THB 200 per person off the regular rate for every bicycle tour
  - Children under 12 get a full 25% off our regular price.
- For more information : Tel: 02 639 7351

EXCLUSIVE OFFERS FROM OUR PARTNERS

# AUGUST



1903  
THE BRITISH CLUB  
BANGKOK

## SUN

**GREAT BRITISH BRUNCH**

11.30AM - 3.00PM @ VERANDAH EVERY SUNDAY  
FAMILIES WELCOME

FULL ENGLISH BREAKFAST OPTIONS WITH LIVE EGGS STATION PLUS TRADITIONAL COUNTRY ROAST WITH ALL THE TRIMMINGS, HOME MADE DESSERTS AND MUCH MORE.

595.- ADULT FOOD ONLY	350.- KIDS FOOD ONLY (11 - 15 YRS)	999.- FOOD + FREE FLOW RED & WHITE WINE AND LOCAL BEER
-----------------------------	---	---

## MON

**MASSAGE THERAPY**

OFFERED BY OUR BLIND PROFESSIONALS.  
LOOK FOR THE SIGN NEAR SILOM ROAD GATE

FRIDAY - WEDNESDAY | 10AM - 6PM

## TUE

**WINE TASTING**

AUG 23, 2019  
6PM-9PM

Members: 200  
Guests: 300

Dress Code: Smart

**TABLE TENNIS TOURNAMENT**

Sunday 25<sup>th</sup> August 2019

**04** Kids Cricket 8am-11am *Book first!*

Swimming Lessons 9am-12pm

Sunday Brunch 11.30am-3pm

Open Bridge 2pm Silom Room

**05** BWG Mahjong 10am-1pm

Tennis Mixed Doubles Team Practice 7pm-9pm

**06** Bangkok Gentlemen Spoofers 8pm

Football 7pm-9pm

**QUIZ NIGHT**

WITH MONTHLY JACKPOT

TUESDAY 13TH AUGUST 2019  
THE VERANDAH, 7.15PM

Members 150 Baht / Guests 200 Baht / team of 6 or less

**11** Kids Cricket 8am-11am *Book first!*

Swimming Lessons 9am-12pm

Sunday Brunch 11.30am-3pm

Open Bridge 2pm Silom Room

Tennis Mix-In 4pm-7pm

**12** BWG Mahjong 10am-1pm

Tennis Mixed Doubles Team Practice 7pm-9pm

**13** Bangkok Gentlemen Spoofers 8pm

Football 7pm-9pm

Quiz Night 7.15pm The Verandah

LIVE STAND-UP COMEDY WITH **SEAN FINNERTY**

"One of the funniest comedians to come out of Ireland!"

JIMMY FALLON with special guests!

SATURDAY AUGUST 10<sup>TH</sup> 7.30PM

AS SEEN IN THE TONIGHT SHOW JIMMY FALLON

amazon prime fringe

**18** Kids Cricket 8am-11am *Book first!*

Swimming Lessons 9am-12pm

Sunday Brunch 11.30am-3pm

Open Bridge 2pm Silom Room

Tennis Mix-In 4pm - 7pm

**19** BWG Mahjong 10am-1pm

Tennis Mixed Doubles Team Practice 7pm-9pm

**20** Bangkok Gentlemen Spoofers 8pm

Football 7pm-9pm

**BODEGA VOLCANES DE CHILE MASTER CLASS**

SATURDAY 31<sup>ST</sup> AUGUST 2019  
6PM TILL 9PM, LAST FREE FLOW 8.30PM @ THE VERANDAH

BEN GORDON

899 THB per person

**25** Kids Cricket 8am-11am *Book first!*

Swimming Lessons 9am-12pm

Sunday Brunch 11.30am-3pm

Open Bridge 2pm Silom Room

Tennis Mix-In 4pm-7pm

**26** BWG Mahjong 10am-1pm

Tennis Mixed Doubles Team Practice 7pm-9pm

**27** Bangkok Gentlemen Spoofers 8pm

Football 7pm-9pm

# HAPPENINGS

## WED



## THU


## FRI

## SAT

**07** **Ladies Tennis Coaching**   
9.30am-10.30am  
**Tennis Mix-In**   
6pm-10pm  
**Balut**   
6-8pm  
**Paella**   
Dinner Only

**01** **BAMBI**  
9.30-11.30am  
**Squash Mix-In**   
4.30pm-7.30pm  
**Fry Group Evening**  
6.30pm

**02** **Junior Tennis**   
4pm-6pm  
**Kid's Movie Night**   
6pm  
**Tennis Mix-In**   
6pm-10pm

**03** **Swimming Lessons**   
9am-12pm  
**Squash Mix-In**   
2.15pm-6pm  
**Squash Coaching**   
with K Ruegrit


**14** **Ladies Tennis Coaching**   
9.30am-10.30am  
**Tennis Mix-In**   
6pm-10pm  
**Balut**   
6pm-8pm  
**Paella**   
Dinner Only

**08** **BAMBI**  
9.30-11.30am  
**Squash Mix-In**   
4.30pm-7.30pm  
**Fry Group Evening**  
6.30pm



**09** **Junior Tennis**   
4pm-6pm  
**Kid's Movie Night**   
6pm  
**Tennis Mix-In**   
6pm-10pm

**10** **Swimming Lessons**   
9am-12pm  
**Squash Mix-In**   
2.15pm-6pm  
**Squash Coaching**   
with K Ruegrit

**21** **Ladies Tennis Coaching**   
9.30am-10.30am  
**Tennis Mix-In**   
6pm-10pm  
**Balut**   
6pm-8pm  
**Paella**   
Dinner Only

**15** **BAMBI**  
9.30-11.30am  
**Squash Mix-In**   
4.30pm-7.30pm

**16** **Junior Tennis**   
4pm-6pm  
**Kid's Movie Night**   
6pm  
**Tennis Mix-In**   
6pm-10pm

**17** **Swimming Lessons**   
9am-12pm  
**Squash Mix-In**   
2.15pm-6pm  
**Squash Coaching**   
with K Ruegrit

**28** **Ladies Tennis Coaching**   
9.30am-10.30am  
**Tennis Mix-In**   
6pm-10pm  
**Balut**   
6pm-8pm  
**Paella**   
Dinner Only

**22** **BAMBI**  
9.30-11.30am  
**Squash Mix-In**   
4.30pm-7.30pm

**23** **Kid's Movie Night**   
6pm  
**Tennis Mix-In**   
6pm-10pm  
**Wine Tasting**   
6pm-9pm

**24** **Swimming Lessons**   
9am-12pm  
**Squash Mix-In**   
2.15pm-6pm  
**Squash Coaching**   
with K Ruegrit  
**Volcanes Wine**   
Master Class  
6pm-9pm

# WINNING OVER CANCER *with Proper Nutrition*



Wednesday the 3rd of July was a momentous day for us at Akesis Life. We are grateful to British Club Bangkok for allowing us to share our knowledge with regards to how things we consume and also how lifestyle can make a huge impact on one's life. This is especially so for someone who is directly affected by Cancer. The bad weather and traffic did not deter our members and guest from coming to attend the event.

Dr. Sitt Tienthiti, our keynote speaker shared much valuable information. He spoke about how cancer can be managed with a healthy lifestyle and eating the right types of food. Sedentary lifestyle was one of the key points of concern that was brought up during the talk. A lot of people acquired primary and secondary health issues without being aware of the consequence that such a lifestyle can have. He also touched on integrative medicine for cancer management which many of our guests found highly informative.

Khun Nattakarn Srisawat was our second speaker, also widely known as Chef O' (O'ganic Concept Restaurant) in the organic scene here in Bangkok. She shared her concerns about the authenticity of the organic product made available at supermarkets and how she had to create her own organic farm to provide freshly delivered product direct to her restaurant in Asoke. Chef O' also emphasize how eating healthy food can make a difference to everyone.

A well balanced lifestyle and healthy food have both long and short term benefits. Like the saying goes, "prevention is better than cure". In the long run, preventive care in the form of regular exercises and maintaining a healthy weight would reduce the risk of diseases like cancer, heart diseases, diabetes and many more.

In short, the immediate effects will make struggling to look and feel good a thing of the past. So, why wait when you can start making a difference now?

Your Journey To Health  
Akesis Life







# MASSAGE THERAPY

OFFERED BY OUR BLIND PROFESSIONALS,  
LOOK FOR THE SIGN NEAR SILOM ROAD GATE

FRIDAY - WEDNESDAY | 10AM - 6PM  
THB 350/HOURS

BOOK AT THE FITNESS CENTRE ON +66 (0) 2234 0247 EXT.26  
OR BY EMAIL: [SPORT@BRITISHCLUBBANGKOK.ORG](mailto:SPORT@BRITISHCLUBBANGKOK.ORG)



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# CO-WORKING SPACE

2<sup>ND</sup> FLOOR @ SILOM WING - AVAILABLE TO USE & FOR BOOKINGS



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THE BRITISH CLUB  
BANGKOK

# QUIZ NIGHT



WITH MONTHLY JACKPOT

TUESDAY 13TH AUGUST 2019  
THE VERANDAH, 7.15PM

Members 150 Baht / Guests 200 Baht / team of 6 or less  
Book at the Reception or by email:  
[events@britishclubbangkok.org](mailto:events@britishclubbangkok.org)



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# WINE TASTING

AUG 23, 2019  
6PM-9PM

Members:  
**200**  
Guests:  
**300**



Dress Code:  
Smart



Book at the Receptions or by email:  
[events@britishclubbangkok.org](mailto:events@britishclubbangkok.org)



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THE BRITISH CLUB  
BANGKOK



Happenings



# WINE TASTING

## Morambro Creek Shiraz 2012

Family Owned  
Estate Grown  
Hand Crafted Wines



After missing several of the last wine tasting evenings, I managed to attend last month's. This was mainly because tennis was rained off and I was pleasantly surprised with the great range of wines.

There were two red wines in particular that took my fancy. The 2012 Cabernet and the 2012 Shiraz both from the same vineyard, Morambro Creek. This is a family vineyard located in the picturesque and historic Padthaway valley, 300 km south of Adelaide in South Australia.

It didn't take me that long to choose the 2012 Shiraz as my pick. The lovely deep inky black and purple in colour you see as it is poured out. This surprised me as the Shiraz wines I know are not so dark. The nose is perfumed with hints of mint, blueberry, vanilla and spice with a touch liquorice in the background. Taking that first sip you are aware of the smooth lush ripe blue-black fruits and the nicely balanced oak giving a concentrated long finish. Such a lovely drop and I am not the only who thinks so. It received Silver Medals in 2014 at the San Francisco International Wine Competition, the International Wine and Spirits

Competition and the New Zealand Wine Show. Try it you won't be disappointed.

*Now for the technical info.*

Origin: South Australia  
 Growing Region: Pathaway  
 Vintage: 2012  
 Grape: 100% Shiraz  
 Alcohol Content: 14.5%  
 Acidity: 6.29 g/L  
 pH: 3.54

Available through [www.cornerstonethailand.com](http://www.cornerstonethailand.com)

**Cheers**





**JULY AND AUGUST**

# Sports Camp

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9.30 - 10.00	Admin				
10.00 - 11.00	Tennis	Ice skating	Tennis	Ice skating	Tennis
11.00 - 11.15	Snack		Snack		Snack
11.15 - 12.15	Football		Football		Football
12.15 - 1.00	Lunch				
1.00 - 2.30	Basketball	Bowling	Squash/cooking	Bowling	Basketball
2.30 - 3.30	Swimming		Swimming		Swimming

**5-9 August (4,999 B/Week) | 13-16 August (4,049 B/Week)**

**For more information or booking please contact: [sport@britishclubbangkok.org](mailto:sport@britishclubbangkok.org)**

- Children should be 7+.
- This is not an elitist camp, the emphasis is on joining in, trying out new sports, having fun and making friends.
- A five child minimum is required to run each day so please sign up.
- As travel arrangements need to be made for Thursday activities please sign up 48hrs in advance

- A no show booking will still be charged the full amount. Cancellations up to 24hrs before will be charged 50%.
- Whilst the British Club and its staff will provide the highest level of care possible for your children, sports/activities camp participants take part at their own risk and the Club accepts no liability for injuries caused during activities on or offsite or travel to or from the Club.

Happenings

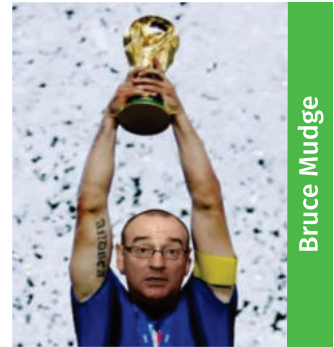
# Wine Tasting *the Event*



See what  
You are  
missing



# BCB FANTASY FOOTBALL FANTASIZING!



Most of us fantasize. Some call them dreams, others refer to them as ambitions or hopes and wishes. For most they are harmless daydreams, but for some they are the product of a perverted imagination and involve their wife's best



friend or the neighbour's daughter, which is disgusting! For expat WAGS they usually include their tennis coach or the waiter at the local, upmarket restaurant where they do lunch daily while their husband is hard at work fantasizing over his much

younger, slimmer and more attractive secretary who he will eventually have an affair and illegitimate child with. That's when unrestrained fantasies can cause harm to society.

Fantasizing is obviously then not exclusive to men as women demonstrate this natural habit too along with children of all ages. However, it has been discovered that not only humans fantasize. According to research, the ability to dream is common to all living creatures. Indeed, studies have shown that certain animal species regularly fantasize or at least indulge in some



form of dreaming. Through face to face interviews, the researchers revealed that most animals who do fantasize base their daydreams on revenge. That is to say, revenge on humans for the centuries of cruelty inflicted upon them. For example, all of the whales sampled wished to be able to climb ashore, stroll into any Japanese town and smash the place up. Circus





tigers dream of forcing dumb gypsies to play with stupid balls while jumping around on ridiculous podiums in front of a bunch of giggling retards inside a hot tent. This would be followed by mauling them to death, again, in front of the giggling retards. This particular fantasy was most cited among the tigers surveyed. Freshwater fish, the likes of carp and perch, report their greatest wish is to be left the hell alone. However, as that seems impossible in this cruel and unjust world, most of their fantasies involve approaching a room full of humans engaged in a typical and mundane social activity such as eating. They observe for a while before slinging in an unsuspecting and harmless sausage roll or chocolate éclair which the seemingly unaware and greedy diners grab at immediately only to find themselves impaled on a sharp hook hidden within the delicious treat. The fish then take great delight in dragging the kicking, screaming human from the safety of the dining room into a pool of water where they are weighed and photographed as they slowly drown. After the fish have had their pleasure they casually chuck the human back into the room and light up a fag to celebrate their incredible achievement.

Sometimes it's useful to look at it from their point of view for a change and this kind of research into animal dreams provides that revealing insight.

Anyway, that has sod all to do with football but there were two pages to fill so something had to be dreamed up! Haaaaa!

Right, it's our turn to fantasize as we are running the BCB Fantasy Premier League once again starting early August.

If you are a BCB member and have played Fantasy Football before, you know what to do and are more than welcome to join the BCB Fantasy League for the 2019/20 season. It is open to all BCB members and their families and is called simply BCB League. The web link for the game is

<http://fantasy.premierleague.com>

For existing managers, when you enter this season's team you will automatically be entered into the BCB League, but if you are new, select 'leagues' then 'private classic leagues' and use the exclusive code which is 3kgnw9. Any problems email [bruceanthonymadge@hotmail.com](mailto:bruceanthonymadge@hotmail.com). Remember – BCB members and family members only please.

If you have not played before, go to the website and set up a team. It's all very simple and well explained.

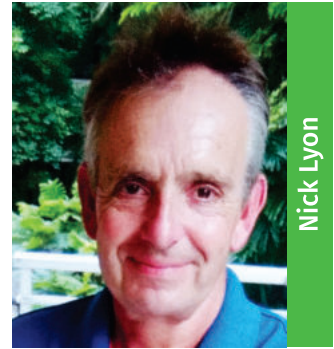
Enjoy then your fantasy team as you dream of being the best which is a lofty ambition unlikely to be fulfilled, but at least it should distract you from leeching over the neighbour's daughter (or son) who is barely 18. Disgusting!

**Good luck!**

*Until the animals get their revenge.....*

# TENNIS

## Section July Update



Nick Lyon

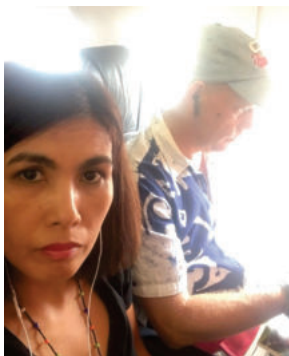
The courts at the club were being resurfaced. We needed to find somewhere else to play during the hiatus. Organised by Angie, the BCTS troupe headed to Penang for a weekend of tennis and fun.



### The Place: Penang Sports Club



Anjie, Racquel, Aaron “Mr Groovy” Frankel, Nick, Gill, Nattaya, Chris, Frank, Jasmine, Mark plus our excellent hosts.



#### The Journey Out

Raquel discovers she is sitting next to Mr Groovy on the plane and she thought she was going to chill and catch up on some much needed sleep after spending the last evening booking holiday flights for the family!



Dinner and more strategic drinking!



#### The Team Strategy Meeting

The all important evening before the big match and of course pre-dinner drinks. Not a words about the big match the next day except to say... just get ball over the net!



#### The Match

PSC serving it up to Chris. His only claim to fame for the day was his three aces but no wins.

Sports

The Action



Gill "Bambi" Lyon in action

Pole Dance Trainee



Who else but Mr Groovy providing off court entertainment and how to crack a couple of ribs!

The After Match



The Speech



Our Excellent Captain's Oration... Well said Anjie.

Preparing for the Journey Home



Water Melon Juice (with some form of additive) – added to the jollity! Then at the airport... Not sure what's happening here!

Resurfaced Courts Opening Event

We were so excited after courts 2 and 3 were finished that we held an opening event at the end of June. Chairman Graham cut the ribbon and the bubbly flowed.



Court Resurfacing

There has obviously been a bit of disruption to tennis activity during the resurfacing of the courts but well worth it for the excellent results.

Resurfacing of Centre court and No 1 court was finished on 12th July just in time for the Womble Cup on 14th July – full details of our annual homage to SW19 next month.



# MINI SPORTS CAMP

5, 7, 9 August (1,699 Baht/Week)

14, 16 August (1,049 Baht/Week)

TIME	ACTIVITIES
10:00-10:15	Admin
10:15-11:00	Games
11:00-11:15	Snack
11:15-12:15	Mini Tennis
12:15-1:00	Lunch
1:00-1:45	Play time/ Cooking/ Art and Crafts
1:45-2:30	Water fun

**650 BAHT PER DAY**

Book at the Fitness Centre 02-234-0247 ext.26  
[sport@britishclubbangkok.org](mailto:sport@britishclubbangkok.org)

- Children must be between the ages of 4 and 6 years.
- The children must be capable of feeding themselves, changing their clothes and using the bathroom unsupervised.
- In the interests of safety and quality for your children there is a maximum number of 8 children per day so please sign up to avoid disappointment. A five child minimum is required to run each day.
- A no show booking will still be charged the full amount. Cancellations up to 24 hrs before will be charged 50%.

Whilst the British Club and its staff will provide the highest level of care possible for your children, sports/activity camp participants take part at their own risk and the Club accepts no liability for injuries caused during activities on or offside or travel



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## SWIMMING LESSONS

EVERY SATURDAY AND SUNDAY

4,000 BAHT/PER 10 LESSONS  
9.00AM TO 12.00PM

MORE INFORMATION AND BOOKING AT THE FITNESS CENTRE  
02-234-0247 EXT.26 OR BY EMAIL :  
sport@britishclubbangkok.org



1903 THE BRITISH CLUB BANGKOK



## TABLE TENNIS TOURNAMENT

Sunday 25<sup>th</sup> August 2019

@ Silom Wing, Games Room | Starts 1 pm

Information / Booking  
Email: sport@britishclubbangkok.org | Tel: 02 234 0247 ext 26



1903 THE BRITISH CLUB BANGKOK

## LADIES TENNIS COACHING



9.00AM-10.30AM

EVERY WEDNESDAY

750 BAHT PER CLASS

BOOKINGS AND MORE INFORMATION AVAILABLE AT THE FITNESS CENTRE  
02-234-0247 EXT.26 OR BY EMAIL : sport@britishclubbangkok.org



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NEW

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BLUE, RED, WHITE, BLACK (S, M, L, XL, 2XL)

1903 THE BRITISH CLUB BANGKOK

# HARDBALLS

## Ho Chi Minh Tour

**M**onths of planning and anticipation built up to the overseas tour mid June. This year the BC found themselves regrouping in the heart of Ho Chi Minh City where 2 fixtures had been arranged through the English Cricket Club Saigon (ECCS). 13 tourists made the voyage, in what turned out to be a memorable weekend. The chairman did point out that the 2 sides had in fact met once before in the early 1900s but for most it was a fresh encounter.



Taking it easy first night

Friday afternoon, an unassuming rooftop 4 stories up a steep set of stairs in a typically Vietnamese shophouse played host to the first outing of the international excursion. The first round of beers were devoured as most of the squad had turned up donning the infamous tour attire, just in time for England's first ball to the West Indies in the daily world cup match. As some rain began to fall - BC's experienced tour organiser, Ian, led into the night, and despite one minor hiccup misguided by one of the less experienced tourists who interrupted a friend's quiet gathering with a rabble of boisterous sportsmen, he kept things expertly under control and absent of any misbehaviour. While welcome rays of sunshine awoke an

undoubtedly well-rested team, an 11am start stood ahead of breakfast for the first clash of the weekend against ECCS and following a short drive to the HCMC venue BC were faced with an artificial track and less than perfect outfield for the 25 over game, a setting the hopefuls were by no means unaccustomed with. Following introductions, the opposition captain suggested BC were better off batting first as he didn't think his side were good for 80 runs which looked to be a great tactic as even with a very lenient umpire, the touring wickets tumbled early; Sunil, Mossy, Ben and Dale all scoring single figures as Denzyl's (15) words of encouragement went seemingly unnoticed from the other end. However, along with an honourable 41 extras gifted by the hosts, Sid (27), Chan (29\*) and Dilip (14) fired up the back end to help BC on to 151 - 8 at the innings break.

A solid bowling performance from the tourists followed in the second innings which was eventually cut short to 20 overs because the local footballers had booked the pitch. Denzyl (3 overs, 2 - 8) and Pramodh (3 overs, 1-10) strangled the top order with help from some sharp keeping from Sunil to set up equally tight overs from Dilip (2 overs, 1-14), Ian (3 overs, 1-8) and Sid (2 overs, 0-3) on debut before Dale (2 overs, 2-17) took the danger man in the last as BC wrapped up a convincing win. The rain came down just as the last beer was finished post game before a drive across town to celebrate and all claim individual responsibility for the win. ECCS hosted a great BBQ and exchanging of



Ben Eastwell

Sports

gifts and beverages where Jack enviously decided his title should be changed to 'president' in line with Saigon's regulations. Look out for the glorious trophy awarded to BC around the club.

Following a blurry fines session and whatever else followed, the second day on tour was a sight to behold, stiff legs and tired eyes as breakfast refueled for the concluding match of the weekend whilst everyone continued to pass blame for who dropped their guts on the bus on the way back the night before. The local league final set the scene prior to the showdown against the President's XI, which saw the Sri Lankans pumping out some terrible music long after their victorious Indian counterparts.

From remaining padded up and with his game face on from the day before, TC opened proceedings for the day with a spectacular golden duck which set up a similar batting performance from Saturday - a few made starts but nobody got going and BC were left to defend an under par 122 from 20 overs.

Now, due to the fact that the BC 'president' had been awarded with umpiring duties - the record of score was somewhat inconsistent and the opposition had snuck in a few ringers to substitute some of their hungover men. As a result, some light chaos did ensue in the following innings but one thing was for sure - the bowling attack ripped through the top order.

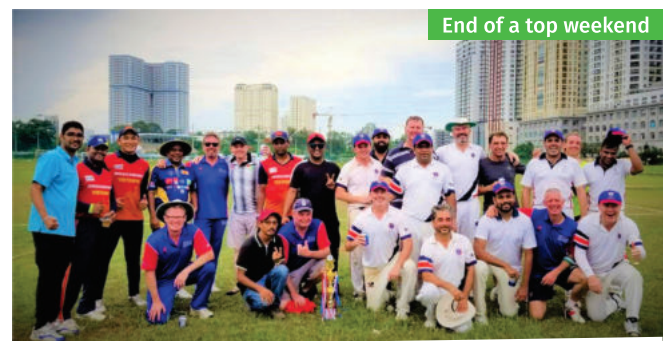


Umpire losing the plot

Dilip took an impressive 5 - 29 from his 4 overs, assisted by a couple of difficult catches in the deep from TC and Denzyl. Pramodh (2-27) bowled a fantastic maiden as the momentum put BC on top but despite Sid's maiden wicket for BC and featuring in 1 of 2 sharp runouts, the President's XI captain knuckled down and scored a match winning 50 to put a stop to BC's valiant efforts. Special thanks to Ian Brewis for pulling everything together, and for everyone who came along for the weekend - certainly another one on the map for the future.



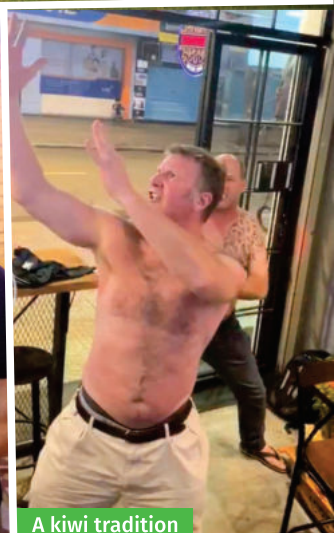
Celebrations all round



End of a top weekend



Presidents



A kiwi tradition

# BCGS GOLFING NEWS

## *Back to the Eighties* *June 2019 Medal*

**B**ack to the eighties conjures up images of Spacehoppers, Ford Capris, neon spandex and David Hasselhoff liberating Eastern Europe, but for me - David Burton - it was finally having a golf score that did not require NASA to calculate it. A pain free golf round and being off the crutches (plus convivial company) helped me to score a net 66 with a first medal win and a bottle of wine. The mercury was touching 40 before tee off and although the skies broke halfway through the round the rain stayed a comfortable drizzle before the afternoon thundery downpour after we had all finished and were safely in the club house to discuss the day's events.

Martin Weber managed a clean sweep of June competitions by winning the Division 1 medal on countback.

There was also a matchplay game with Vargese "Mr T" Rose (Div 1 runner-up) against Nick "The Face" Lyon. But only one player bought their A Team game. On the short par 3 13th hole Nick hit an iron to within 6 feet of the hole to win a golf ball for closest to the pin for the day. Unfortunately he had already lost 8 of the previous 12 holes and shaken hands with Vargese on the previous green (lost 7 & 6).

Elsewhere around the course the spirit of the forties were in evidence with Peter Bond doing a Barnes Wallis style bouncing ball trick across the water, not just once but twice!

We also welcome Rikki Ferguson, a Bangkok Wanderer regular, who has seen the light and now also joined the BCGS. Look forward to seeing you at future games Rikki.

There are still places for the next games and all are welcome.



Pretty in Pink



Vargese & Nick



Welcome Rikki Ferguson

# June Stableford

The June Stableford was played at Lam Lukka on 9th June.

The course has 36 holes, played as A-B and C-D. The A-B 18 is longer but supposedly wider and more forgiving than the C-D 18, but one would not know it from this scribe's poor performance. Longer maybe. Wider, not so obvious.

After months of dry weather the rain returned. Welcome, but due to some slow play (no names mentioned Mr Captain) 12 of the 16 players who competed got caught out, but after delay of about 10 minutes managed to continue and complete the round.

**The honours on the day went to:**

**3rd place** – Varghese Rose 31 points

**2nd place** – Peter Clark – 34 points

**1st place** and the trophy (bottle of wine) Martin Weber on 35 points.

**Congrats to all.**

Not surprisingly given his good play, in their matchplay championship first round game, Martin beat the Captain 7 and 6. Sweet revenge for last year's match when Neil edged out Martin on the (literal) 19th hole at Subaphruek.

At the game we welcomed two new members of the Golf Section and two guests joining us from the Wanderers.

Our new members are Richard Mills and Glenn Plummer. Great to have you join us and looking forward to seeing you at future games.

And the guests were Robyn Tait and Jonathan Tait. Two great golfers and all round nice people. You are welcome any time and hopefully will return.

Why not join us ? We welcome players of all abilities, from enthusiastic hackers to semi-pros. If you're interested, do visit our website

<http://www.bcgsthailand.org/>

for details of upcoming events and the contact details of our Captain.



Martin wins the Flight A June Medal



David Burton wins the June Medal



Martin wins the Stableford



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# Outpost Classifieds

Classified is a way for members to move new and used merchandise and to advertise various services to other members. The cost is THB800 for 55x40cm, 9 lines, approx. 50 words. Text is required to be emailed by the 10th of the month for inclusion in the following month of Outpost. For further details contact Membership Sales Manager aphinya@britishclubbangkok.org

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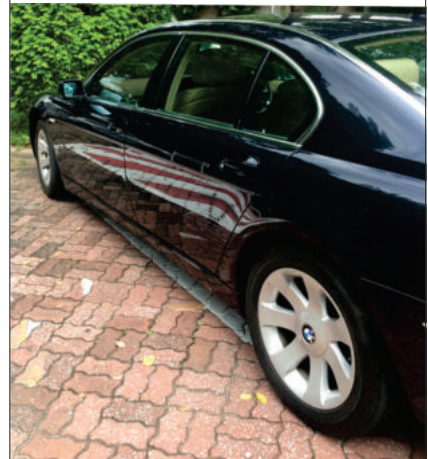
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Games Room		10am - 10pm Mon-Thu, Fri-Sun and Public Holidays 6am - 11pm		
Interactive Room		10am - 10pm Mon-Thu, Fri-Sun and Public Holidays 6am - 11pm		
The Verandah		11am - 2pm, 5pm - 10pm Mon-Thu, Fri-Sun and Public Holidays 11am - 10pm		
Churchill Bar		10am - Midnight Mon-Wed & Thu-Sun to 2am*	<b>Fitness Centre</b> 6am - 10pm Mon-Fri	
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\* If members are present at 11.30pm, otherwise it will close at midnight

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**ROYAL VARUNA YACHT CLUB**  
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# Running

*Sailors' remark: 'Where's the damn breeze? Relax- put your drink down and go with the wind!'*

Of course 'Running' is a sailing term meaning sailing with the wind directly behind; however, we see it as more than this. Beyond its spectacular location, stunning clubhouse, excellent restaurant, bar and accommodation facilities and internationally recognized instructors, Royal Varuna Club membership offers more...more intangible benefits like watching the children running and frolicking at waters edge, or perhaps running through absolutely nothing in your mind as you release the clutches of the city far behind.

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