

FEBRUARY 2022



1903
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THE OFFICIAL MAGAZINE OF THE BRITISH CLUB BANGKOK

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WELCOME NEW MEMBERS

Each month we like to introduce some of the New Members who have recently joined the Culb. These are some of the Members who joined during the last few months



▲ Paul, Proudphicha and Luke, Alice Barry



▲ Laura, Nicholas and Rex Charlwood



▲ Michelle, David and Emily Clement



▲ Julie Higgins, Gregory and Elsie, Edie Pigott



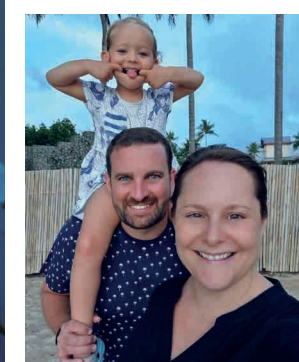
▲ Kerry, Marin and Kitson Maeve Kiely



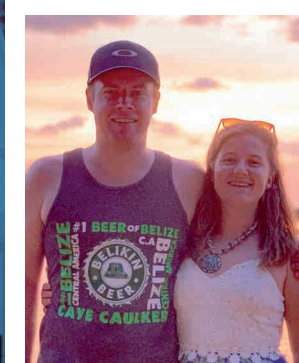
▲ Robert, Emma and Eliza, Eric, Monty Millar



▲ David, Karen and Oliver, Elizabeth, Amelia Raper



▲ Christopher, Emily and Ella Redman



▲ Lucy Stuchfield and John Allen



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BritishClub1903



Front Cover

The month of love has arrived, and we have some very special cuisines for love at first bite.

This Month

An introduction to the club's new general manager, AGM preparations begin, more membership partners added, Phase 2 finishing is in sight, we visit 1939, New Zealand reciprocal clubs get reviewed, the second intimate wine night date announced, reviews from our sections.



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Opinions expressed do not necessarily represent those of the Club. All events, dates and times are correct at the time of press.

Outpost welcomes contributions from Members, email outpost@britishclubbangkok.org

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James Crossley-Smith

A very warm welcome to Tim Vongswang. Tim has joined us as General Manager as we thank and say our appreciations to Khun Prem who, during her 9 year term, since 2012, as GM, has created a very solid basis for the Club. Khun Prem will continue to provide great continuity as she supports Tim in his role.



▲ Tim Vongswang

As we move through 2022, I believe the Club, with the addition of the Phase 2 facilities, can look forward to providing a truly impressive variety of options and experiences for its Members. The British Club in Bangkok is a unique experience in the city, a city that also continues to develop its facilities and options. At the Club I believe we are both retaining our traditional appeal and competing very well for the attention of Members and potential Members

Chairman's Message



▲ The Club is confident to compete with the attractions of Bangkok

as they look to enjoy their lives in Bangkok.

Not only are we investing in facilities, we continue to invest in and develop the strength of our staff, appreciating that our experiences as Members at the Club are dependent to a large extent on the staff. Tim will provide fantastic leadership and management for the team, and as much as ever, we will appreciate what the staff do for us as we enjoy our time at the Club.

Please do say hello to Tim and reach out for his support in your enjoyment and use of the Club.

Phase 2

With Christmas behind us I was really looking forward to launching the Phase 2 facilities towards the end of January, but it seems that will have to wait. Finishing off projects is often not as quick as you expect but we are at least in the final stages. We continue to have great support from our contractor.



▲ Phase 2 moving to the finishing stages



▲ Ice and Snow on the Pennines at the start of 2022

Covid-19

Many countries are now looking to treat COVID-19 as an endemic issue. It is very hard to believe a country such as Thailand could have an endemic flu virus as we sweat buckets in the "high season", but lets hope we reach that strange status soon. We all know in Thailand we can catch short term flu or sniffles when the seasons change and hopefully Covid-19 will turn into a not too serious extension of that. In January I returned to Thailand after a quick two weeks with some ice and snow in the UK over New Year and a rather slow 7 day quarantine in Bangkok. I brought back a typical heavy cold and chesty cough, but no Covid-19. It is amazing how quickly these infections clear up once back in the warmth of Thailand.

It does appear as I write this article that we will see an Omicron-based rise in infections and I do urge, but will not pester too much here, our members to follow the precautions and work to reduce risks for yourselves and others.

Unfortunately we have again seen our service hours affected, but there is nothing more we can do. We are certified as SHA + and therefore can provide the best we are allowed in Bangkok in terms of service and licensing hours.

Lastly on this topic we have almost completed the boosting of all our staff's immune systems. Well done to the team for organizing this and helping to keep the workplace as safe as possible.

AGM

Soon we will be sending out papers to prepare for the AGM in March and I do hope to see a good turnout from our Ordinary Members. Last year we were outside on the hard court under "canvas". We may have to, or decide to, do that again as it did not distract from the Agenda.

If you are interested in joining the Committee, please do get in contact with our Honorary Secretary Paul Cheesman. As you can see at the Club, there is a lot going on and it is important to have a well-balanced general committee to keep the Clubs agenda moving forward sensibly. We will also be including some Constitutional motions, which I believe are mostly "housekeeping", so please look through the papers circulated.

Of course, the AGM ends my term as Chairman and I will be taking the opportunity to talk up my term in the next issue! A new Chairman will be elected by the General Committee to be chosen in the March AGM.

Tim's start comes at a quiet time for the Club and gives him a good opportunity to get his feet under the table. Soon we will have Phase 2 construction and Covid behind us and I looked forward to seeing the full benefit of the changes and investments we have made. We can look forward to a very interesting year ahead.



▲ The Club's AGM will be held in March



Webinar: UK State Pension, investment holding methods and market update

SPEAKERS

Martin Wright (Host)
Senior Financial Planner, The Fry Group

Max White
Director, Schroders Wealth Management

DATE

Thursday 3rd March 2022
6.30pm – 7.30pm

RSVP

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Join us for a Webinar, hosted by Martin Wright, Senior Financial Planner at the Fry Group Singapore with guest speaker, Max White, Director at Schroders Wealth Management Asia.

This webinar will focus on key topics including:

- UK State Pension
- Investment Holding Methods
- Investment market update

What you can expect to learn from this webinar:

- What UK State Pension you can expect to receive, increasing your entitlement, and current features
- The main differences of the numerous investment holding methods available
- What is happening in the investment markets and some possible scenarios for the next phase

There will be plenty of opportunities for Q&A. RSVP to events@thefrygroup.co.uk to receive the link to join the webinar.



Investment Holding Methods

By Martin Wright, The Fry Group

In what can be a confusing (and sometimes treacherous) landscape, Martin Wright, Senior Financial Planner at The Fry Group outlines investment options for British expats looking outside cash.

STOCKBROKING ACCOUNT

Stockbroking is typically offered by well-established companies advertising their services in print and online. Most countries have options although there are some major global providers who allow accounts to be opened without some of the frequent country-specific problems.

This option is a cost-efficient approach to investment, usually allowing access to any listed investment instruments on the main exchanges worldwide. The standard service provides accounts on an execution only basis, so no advice is offered, and you only have access to an account to purchase investments through.

GENERAL INVESTMENT ACCOUNT

A general investment account offers access to investment funds, and some direct securities (this is company specific). Typically, this is a common method of individual investing in the UK.

Some international providers allow accounts to be established by Thailand residents (on a case-by-case basis). A limited number of UK account providers also allow this. It's a competitive marketplace currently, so these accounts are generally cost efficient with the standard annual product charge typically less than 0.5% per annum.

As they are mostly used by advisory companies general investment accounts aren't frequently employed for execution only investment.

OFFSHORE LIFE ASSURANCE INVESTMENT BOND

This method is used regularly by "offshore" advisers, normally allowing investment in the main currencies and listed investments through most dealing exchanges.

For non-UK residents the more complicated taxation structure isn't applicable. However, for UK residents they are a tax deferral vehicle, but may have a tax liability after a certain period of time of withdrawing value, or at specific events.

Whilst this approach can offer flexibility, the range of charges can be prohibitive, with significant surrender penalties if you choose to close early.

They can be useful for estate planning as a few providers have their own trust companies providing off-the-shelf arrangements with little or no cost. As corporate trustees there's also a higher likelihood they'll remain in place for the life of the arrangement.

DISCRETIONARY PORTFOLIO MANAGEMENT

Historically these options are used by institutional investors, high-net worth individuals or charities. Whilst most larger global asset management companies still have high minimum investment levels (\$1 million typically) there are some that offer lower levels, from \$500,000.

Discretionary management means the portfolio is controlled without consulting you on investment decisions, with changes based on factors agreed with you at the outset. They're usually cost efficient and available in most of the main currencies, although some have country specific criteria.

Choosing the right investment approach is important in what can be a confusing landscape. Seeking professional advice is vital to help ensure that you make the right choice for your personal circumstances.



Martin Wright
Senior Financial Planner
The Fry Group (Singapore)

Letter From

Tim Vongswang - The General Manager

My name is Tim Vongswang and as I write this, I am two weeks away from becoming the new General Manager of the Club. I am so excited to join, be a part of your iconic institution and to join the amazing management team and all the great people you have there already.

You may have noticed by my family name that my father is Thai, and my mother is British and as such I have had the opportunity to experience life and work in both countries. During my early educational years in Bangkok, I went to Saint John's (which sadly closed in 2017) and Saint Dominic's school. Then, in 1969 some exciting world events took place like the moon landing and equally as exciting, we moved



I have worked in hospitality all my career mostly in hotels and restaurants. I have also worked in the fitness industry for six years. I moved back to Thailand in 1992, and I have lived half of the time since in Phuket working mostly for Le Meridien hotels. The last ten years I have opened and managed two boutique hotels in Bangkok called Riva Surya and Riva Arun and like a proud father seeing them both grow into successful business in their own right has been very satisfying.

My wife is called Nuch and I have two daughters, Kataria and Emily who I am also very proud of, Kat works for the Airline industry and

Amy has just finished university with first class honours.

I am very much looking forward to working with the forementioned amazing management team of Khun Prem, Khun Tee, Khun Aof and, of course, with the rest of the great team that are already there ensuring the continued legacy of the British Club and moving forward into an exciting year to be heralded by the opening of phase two.

See you around the Club,

Tim



to the UK. As an 8-year-old moving to a new country seemed to me as strange as the surface of the moon was to Neil Armstrong ... but I eventually got used to everything including "old money" and, of course, the cold!



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Phase 2: Poolside Redevelopment Project Update

by Jack Dunford MBE



▲ The Gym ▼ Gents Locker Room ▼ Not much longer to wait



▲ Poolside Reception and Walkway



▲ Poolside Sala with glass for Sports Bar

Back in the 1980s we used to have a twenty-piece dance band and an hour of ballroom dancing to kick off the Christmas Ball. I always used to enjoy a bit of foxtrot ... slow, slow, quick, quick, slow ... more or less the rhythm of the P2 contractors these days!

As everything ground to a halt over the holidays we began to worry that we might still have builders around in March or even April, but suddenly there has been another burst of energy and with 55 workers on site jostling for space yesterday all things are again possible. There is even talk of finishing in January, but to be more realistic we should now be good for February.

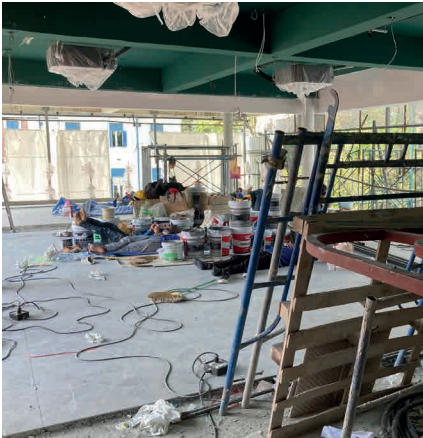
My pictures are from yesterday (12th Jan) which is a shame because there will be a lot of progress in the

coming few days and I won't be able to update them because I am having cataract surgery this afternoon. The joys of getting old!

One immediate impact will be the removal of the temporary awning over the Pool Deck, replaced with five mature trees that will set-off Chapman Taylor's stunning architecture when the hoardings come down next month

Equipment is being installed in the kitchen, the feature windows are about to be lifted into the Sports Bar and Gym, and the toilets, showers and locker rooms are at last being fitted out.

Still a lot to do ... but we are nearly there.



▲ Sports Bar



▲ Pool Deck Planter



▲ The Kitchen



Paul Cheesman

~~~PAST PARTICIPLE~~~ *Auspicium Melioris Ævi*

We continue the story of the British Club Bangkok from 1939 to 1945

1939 ... It started well

On 24th January, the British Club Open Tennis Tournament ended up with a British wipe-out by the Siamese team. In attendance and giving out the prizes was Sir Josiah Crosby KCMG KBE CIE, H.B.M. Minister.

On 19th February, the Conference of the Eight District of Rotary International was held at the Club over two days, and was opened by H.E. Chao Phya Sridharmadhibes, Siamese Minister of Foreign Affairs. One of the guests of honour was Kao Ling-po, Chinese Consul General to Singapore.

On March 11th & 12th, HMS Kent (54), a County-class heavy cruiser, flying the flag of Vice-Admiral Sir Percy Noble KCB CVO, Commander-in-Chief, Royal Navy China Station, and HMS Falmouth (L34), a Shoreham-class sloop, visited Siam for the second time. The Club provided Tiffin for over two lunchtimes for the crews, and a Cocktail Dance was held on the Sunday evening for the officers.

On 23rd June, Siam was renamed Thailand for the first time.



▲ HMS Kent

War! (well in Europe)

On 3rd September 1939, the United Kingdom, together with its crown colonies, protectorates, and the Indian Empire, declared War on Hitler's Nazi Germany and was joined over the next few days by the independent Dominions of Australia, Canada, South Africa, and New Zealand. Many younger members of the British Club Bangkok returned home and enlisted, and many 'on leave' were unable to return to Bangkok.

The British Legation informed the British in Thailand that they render better service for the time representing Imperial interests in Thailand than by offering their services in the homeland. Members of the British Association of Thailand were given free use of the British Club Bangkok until further notice.



▲ Imperial interests in Thailand

Prelude to War in Asia

After the Nazi invasion of Denmark in April 1940, the Club gave 'Visiting Membership' to citizens from all 'friendly' European countries.

On 10th October 1941, the British Minister, Sir Josiah Crosby KCMG KBE CIE, decried a Japanese Report that he was engaged in a "new diplomatic offense" with British demands to use Thai railways and harbours to jointly defend the Thai-Malay border ... *"This report can only be a deliberate invention and there is no truth in it whatever"* he was quoted as saying.

On 17th October 1941, the Danish community played a revue at the Club, which over two evenings made a profit of over 5,000 Ticals, which were given to various 'War Charities'

As late as December 3rd, 1941, the British Legation issued a notice advising British women and children

and non-essential male residents to leave but they could not go to Malaya or Burma except in transit.

This forced the Bangkok St Andrew's Society's Show, and a Charity Bazaar, both planned for December 13th, to be brought forward to 6th December and it was held in the afternoon at the Club. The same evening, the Club hosted a grand party attended by the British Minister Sir Josiah Crosby KCMG KBE CIE.

At this party Sir Josiah was informed that the RAF had seen a large Japanese Fleet off the coast of Siam and Malaya. Sources say, he did not immediately share this information with the Thai authorities but waited until 7pm the following evening, December 7th, when he visited H.E. Direk Jayanama, the Thai Minister of Foreign Affairs. Japan, on this day, had now attempted a landing on the coast of Malaya and bombed Singapore, Hong Kong and, of course, Pearl Harbour, and had declared War on both the USA and the British Empire. Unfortunately due to time difference, the British Declaration of War with Japan did not arrive in Bangkok until the early hours of the December 8th



▲ Not a single word of truth

The War comes to Siam

At dawn on December 8th, the Japanese Army invaded southern Thailand and Samut Prakarn. At noon, a ceasefire was announced, and the Japanese Army agreed not to enter Bangkok until formal

negotiations were concluded. Over the next few hours, Thailand entered into a 'free movement' treaty with Japan.

At 2pm, Sir Josiah Crosby KCMG KBE CIE, the British Minister, again visited H.E. Direk Jayanama, the Thai Minister of Foreign Affairs to discuss the treaty. The British Minister called a meeting for 6pm at the Club but at that meeting advised that people stay put as Thailand was not at war with Britain.

Despite this statement, it is reported that the Club Committee burned the entire Club Records to stop it getting into Japanese hands although other sources say they were hidden in Christ Church in Convent Road.

By mid-evening, Japanese troops entered Bangkok welcomed by local Japanese residents. The British Legation was surrounded, and the Club grounds commandeered by the Japanese Army. Most members were interned although it is recorded that 26 British citizens did escape captivity.

The British Club Bangkok was no more.

The following day, the Royal Thai Government declared a 'State of War' throughout the country to maintain order. The Imperial Japanese Army took over British Banks and The Swiss Consulate became formally responsible for British Citizens in Thailand. Finally on 25th January 1942 the Thai government declared war on the United States and the British Empire.



▲ War

Club Service

At the point the Club closed, there had only been three committees over this period, and again the *Directory for Bangkok & Siam* missed recording one of them, this time the 1939-40 committee. The two listed committees saw service by 14 Gentlemen, five of whom had done service before. Interestingly two people who served in this pre-WWII period also served post War!

Richard Hempson tells much of his story of his coming to Bangkok in 1933 to work for the Anglo-Thai Corporation in his article in Outpost May 1986, available on the website. He served on the Committee four times, including in 1938-40 as Honorary Secretary. He was imprisoned during the war and for his services to POWs was made an Officer of The Most Excellent Order of the British Empire in 1947, and an Officer of The Order of Orange-Nassau from H.M. Queen Juliana of the Netherlands in 1950. He left the Club in 2002 when aged 96, presumably our then eldest member. The author had the honour to meet him.

William Streatfeild served on the Committee seven times and Chairman four times, although directly after being re-elected Chairman for 1939-1940, it was announced he was leaving Siam for Europe on the Rawalpindi steamer. **A.J. Williams**, a Committee four-timer, of whom we know nothing else, was elected Chairman for the rest of that year. Mr. Streatfeild was the son of The Right Reverend William Champion Streatfeild, the suffragan Bishop of Lewes and younger brother of prolific novelist Noel Streatfeild ... her first work from 1936, Ballet Shoes, was made into a BBC series in 1975 and a TV film in 2007, starring Emma Watson, Gemma Jones, and Richard Griffiths.

The name **Charles Sebastian In-sull Mabbatt** was a stalwart of Club history, having seen service on the Committee both sides of WWII but his story will be featured

in *Past Participle* in April's Outpost. **Robert W. Fothergill** also saw service both sides of the war and served as Honorary Secretary in the term immediately prior to the Club's closure and was one of those responsible in 1946 for its rebirth. In total he served six times between 1937 and 1958.



▲ Ursula & Bill Streatfeild

The Great Exchange

On 4th August 1942, British Minister Sir Josiah Crosby KCMG KBE CIE, and Consul & First Secretary Richard Whittington (who had been Honorary Secretary 1935-1936) were amongst 101 British and Allied diplomats who leave Bangkok on the Exchange Boat 'Tatua Maru.' This was part of a wider Far East exchange scheme. 182 British Nationals remained detained.

This boat arrived in Mozambique on 27th August, where some 1,800 British and Allied nationals from the Far East were exchanged for 1,800 Japanese and Thai nationals from the British Empire, at Lourenço Marques.

1945

In the January, Lieutenant Colonel Victor Jacques OBE MC & Bar, pre-war lawyer with Tilleke & Gibbon, working for the Special Operations Executive under code-name "Hector", flew into Bangkok to aid the Free Thai Movement. Victor Jacques played a prominent role restoring the Club in 1946 (see *Past Participle*, March 2022).

In May, Nazi Germany surrendered, and the War in Europe ceased although war in the Asia theatre continued.

The US dropped two atomic bombs over the Japanese

cities of Hiroshima and Nagasaki on 6th and 9th August 1945, respectively. On 15th August, the surrender of Japan was announced on National Radio by Japanese Emperor Hirohito.

There was a story told by Charles Mabbatt, see above, who became Chairman in 1947 (see *Past Participle*, April 2022), about the following day: "I arrived at the empty Club one morning, and whilst inspecting the upstairs was accosted by a Japanese Officer with sword drawn, who wanted to know what I was doing on Japanese property. I explained my mission and he said: 'I must accompany him to see his Commander'. I was taken to Nares Road where I was told to wait, shortly afterwards the Officer accompanied by another came out into the middle of the road and formally presented me with the 'front door key' of the Club. We bowed ourselves apart".

The Japanese surrender was formally signed on 2nd September, and Operation Bibber came into action. This was the Allied plan for the liberation of Thailand developed by the Joint Planning Staff of Admiral the Lord Louis Mountbatten's South-East Asia Command. Advance elements of Operation Bibber arrived in Bangkok on 3rd September, and Major General Geoffrey Evans CBE DSO & Two Bars was named General Officer Commanding Allied Land Forces in Thailand

Thailand was once again named Siam, and the newly renamed Royal Siamese Government allocated the British Club Bangkok premises, in part, to the reconstituted YMCA of Bangkok and in part to the HQALFS (the Headquarters of Allied Land Forces in Siam) based at Chulalongkorn University.



▲ Peace

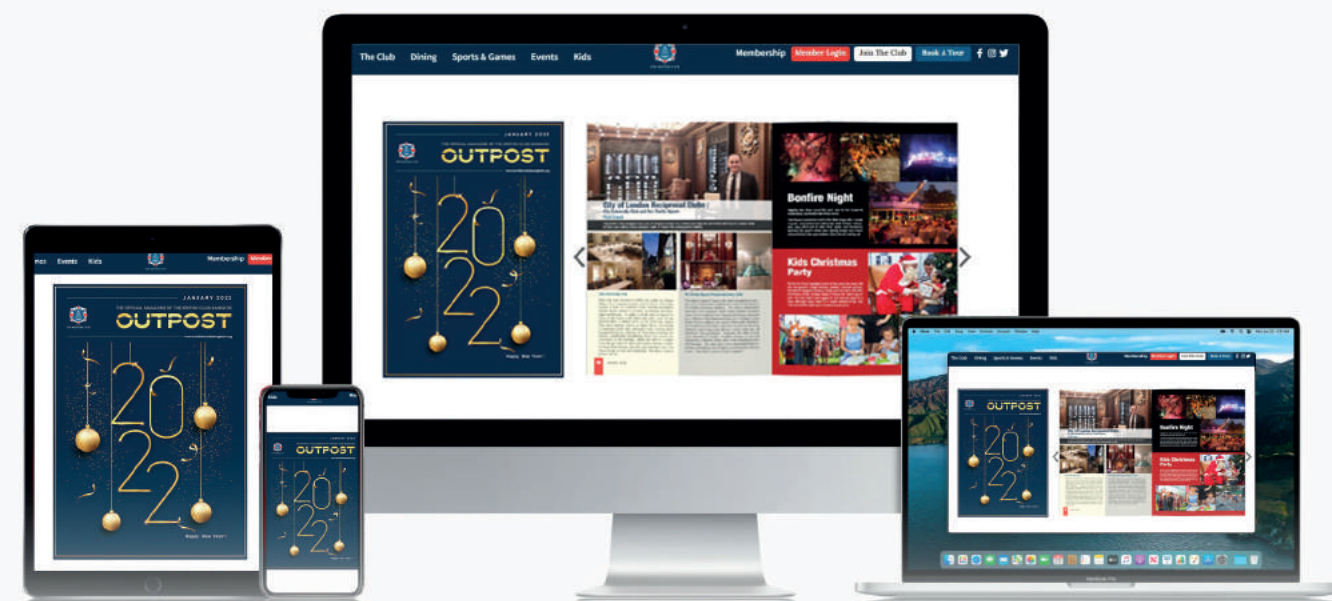
Next month ...

A New Beginning

Paul Cheesman
Honorary Secretary

For Members interested in our Club's history, the Club Timeline has been updated with 1,860 entries over 166 pages and can be found on the Website under 'The Club - History'.

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Reciprocal clubs in Christchurch New Zealand

Visited by Paul Doust and Prasit Jangkamol in November 2019.

Paul Doust and Prasit Jangkamol



▲ the Christchurch Club

Just before Covid struck we were in Christchurch New Zealand. There are two reciprocal clubs in Christchurch, namely the Christchurch Club and the Canterbury Club, and they're very much rivals. We had time to visit both of them, and both are well worth a visit when travel to New Zealand becomes possible again.

The Christchurch Club was founded in 1856 by the land-owners in the region, and then in 1872 the Canterbury Club was founded by the city's professionals as a break-away club from the Christchurch Club. On Thursdays the Canterbury Club has an informal event called "Thirsty Thursdays" where the club's younger members are encouraged to get together for drinks in the club after work. We went along to the event, and during the evening the host explained to us that the original distinction between the two clubs still exists. "You could say that they own the city," he explained, "but we run it!". Indeed, at the event we met a couple of the city's councillors, plus some accountants and lawyers.

Around twelve years ago there were a few earthquakes in the region, but by far the most serious occurred on 22-



the Canterbury Club ▲

Feb-2011 when 185 people were killed with widespread damage across Christchurch. As a result, the Christchurch Club was closed for over 5 years, but the Canterbury Club was able to reopen after only 18 months because it had recently strengthened its building to protect against earthquakes. Although it was closed for a long time, the renovation that occurred at the Christchurch Club has created a club with a very modern and elegant feel, whereas parts of the Canterbury club feel slightly dated. Of particular note in the Christchurch Club is the room with the bar, because there is no counter for the staff to stand behind. Instead there is a huge marble worktop in the middle of the room which is surrounded by chairs, and there are shelves and cupboards along two of the walls where the drinks and glasses are kept.

Both clubs have some gym facilities, but the Christchurch Club also has a tennis court. The dress code at the two clubs is much the same, so men should wear jackets, but ties were not required. Both clubs have accommodation.



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MEMBERSHIP DEPARTMENT



Hello Members!

Welcome back after the New Year. I hope you had a good time with your families. We have had lots of fun in January including the Polar Swim, a Wine tasting and the Intimate Wine night, our first new event for this year. The Club is getting a lot busier but with the new Omicron Covid variant spreading in Thailand we all need to be careful. Please help keep the Club safe by wearing a mask, using sanitizer, and having your temperature checked before entering.

We are delighted this month to have Khun Tim Wongsawang join us as the new British Club General Manager. Please be sure to give him a warm welcome to our home when you see him around.

Please stay safe and take care of yourself.

I would like to introduce two family members to you this month.



▲ Julie Hingpins, Gregory and Elsie, Edie Pigott

Member Review:

We joined the British Club at the beginning of November and are really enjoying being part of this community. We have already enjoyed some great events and our girls love the swimming pools and the children's activities. Greg has been enjoying the cricket nets and we are looking forward to



▲ David, Karen and Oliver, Elizabeth, Amelia Raper

Member Review:

"We have been members of the club for 5 weeks now and always enjoy our time there with our 3 children. We really enjoy the events that are organised particularly the Fireworks night. The entertainment, food and fireworks were great!! We try to get up to the club every weekend, definitely for Sunday lunch. We are also looking forward to Christmas Lunch this year."

MEMBERSHIP PARTNERS

GET MORE INFORMATIONS SCAN HERE:



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Special offer

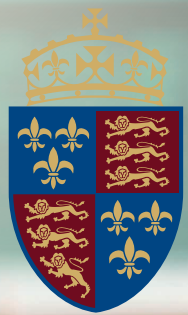


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THE BALUT CUP

▲ the players masks removed ahead of taking picture



▲ The Winner ... Mrs Orange!!

The British Club Baluters decided to celebrate the end the 'third Covid lockdown' period by staging a return of the once annual Balut Cup ... jovially renamed by DQ as the "Omicron Cup"! First played in 2008, the baluter has to gain the highest score over five round of Balut "under tournament conditions" (that is not drinking too much) and rotating players on a table each round (must easier when sober).

Sadly, the mad rush to set the date to secure the use of the Suriwongse Room caused a number of clashes with several other events but nevertheless, thirteen players turned up to greeted and directed by 'Mr. C' the Tuxedo wearing Master of Ceremonies, and with spot prizes for each round donated by Jones Lang Lasalle, Lindy & Scouser Boy, the Dark Horse, a few with no nicknames yet and, of course, the Club.

They say Balut is luck not skill, so Mrs Orange used her skill to be lucky for four of the five round leading almost from the start and securing the Balut Cup. Many congratulations to her and we look forward to the Balut Cup 22 ... the π Cup?

Paul Cheesman
Tournament co-director

BCB Balut Cup 2021, Sat 18-Dec-2021 10 Highest Individual Scores - All Games

Team	Player Name	Total
BCB-0398	0135 Mrs. Muntana Merrigan	529
BCB-0398	0412 Mr. Clive Butcher	509
BCB-0398	1591 Mr Gareth Winter	498
BCB-0398	0599 Ms. Sulindy Collacott	495
BCB-0398	0133 Mr. Bob Merrigan	492
BCB-0398	0791 Mr Andy Williams	490
BCB-0398	1604 Hr. Oliver Müller	486
BCB-0398	1622 Mr. Tawan Winter	462
BCB-0398	0625 Mr. Paul Williams	453
BCB-0398	1605 Dhr. Willem TP Pentermann	427

▲ The Top Final Scores

WINE TASTING

26th February 2022

MEMBERS 200 THB
GUESTS 300 THB



Bookings & Info Via: The British Club Line Official

Add LINE ID @britishclubbkk



The British Club *Pancake Day*

Sunday 6th March | 3:00 pm onward | Back Lawn



FREE ENTRANCE

Live Pancake stations with seasonal fruits
and ice cream

Get ready for the Pancake Races



Bookings & Info Via: The British Club Line Official
Add LINE ID @britishclubbkk

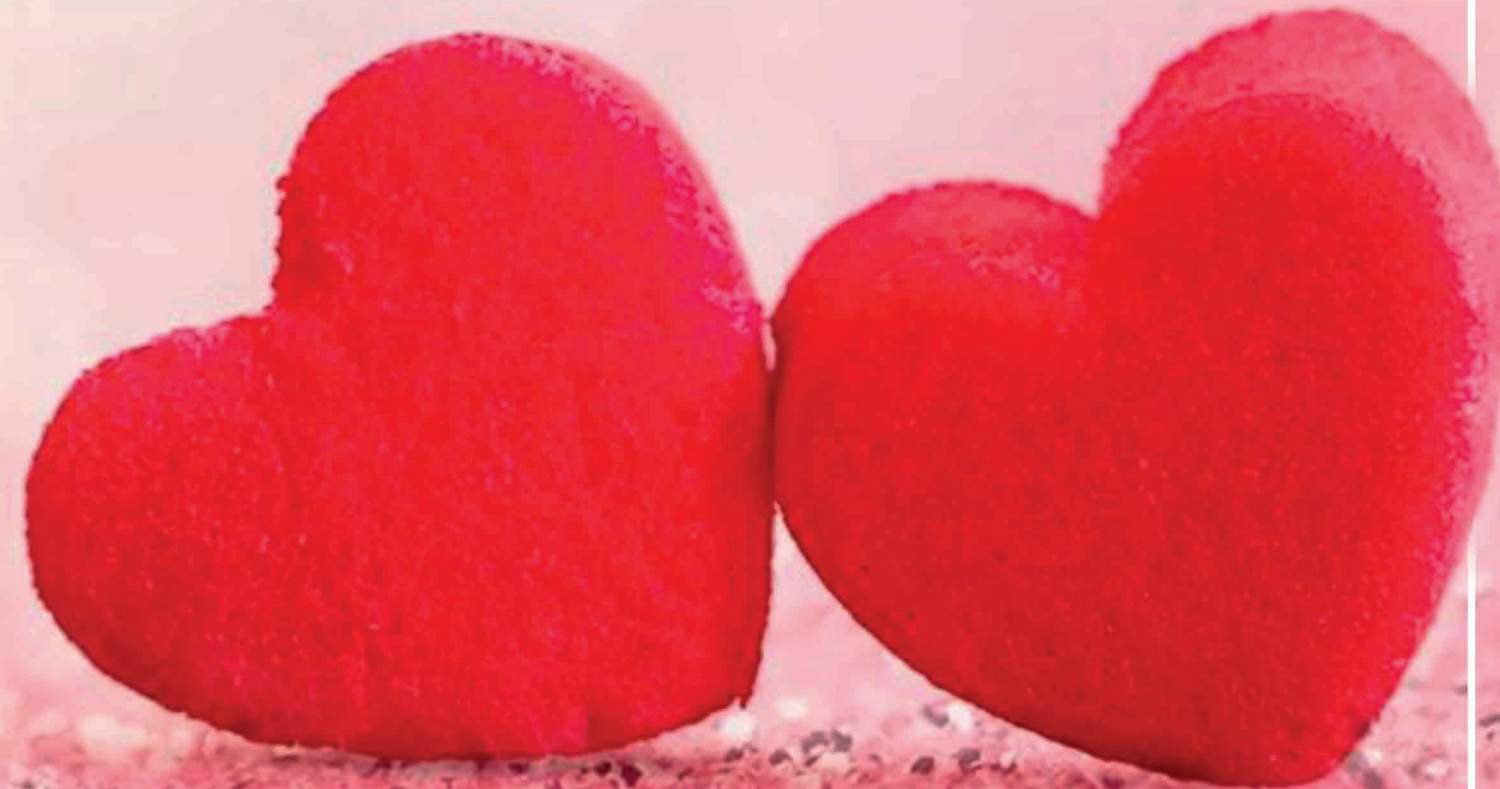


Valentine's Day

Monday 14th February | 6:00pm - 9:00pm

Love At First Bite

3 course menu with
welcome rose and chocolate
Price 1,299 bath per person



Bookings & Info Via: The British Club Line Official
Add LINE ID @britishclubbkk



An Intimate Wine Night

Exploring ARGENTINA

Friday 11th March | 7 - 9 pm
Veranda Wine Corner
Meet the Sommelier
Taste, learn, and experience
a special selection of wines

LIMITED TO 13 SEATS ONLY



Bookings & Info Via: The British Club Line Official
Add LINE ID @britishclubbkk



An Intimate Wine Night

Exploring ITALY

14/01/22







Polar Swim

01/01/22



FEBRUARY 2022

	SUN	MON	TUE	WED	THU	FRI	SAT
 1903 THE BRITISH CLUB BANGKOK			1 Pilates 10.30am - 11.30am Football 7.00pm - 9.00pm	2 Squash Mix-in 4.30pm - 8.15pm Balut 6.00pm - 8.00pm Tennis mixed-In 6.00pm - 10.00pm	3 Swimming Lesson Tony 7.00am - 8.00am Cricket team practice 6.30pm - 8.00pm	4 Junior tennis 4.15pm - 6.00pm Senior Cricket 6.00pm - 7.00pm Tennis mixed-in 6.00pm - 10.00pm	5 Junior Squash 10.30am - 12.00pm Squash Mixed-in 1.30pm - 6.45pm Cricket Team Praticce 2.30pm - 6.00pm
 1903 THE BRITISH CLUB BANGKOK GOLF SECTION	6 Junior Cricket 9.00am - 10.00am Tennis Men Doubles Team practice 9.00am - 1.00pm Sunday Brunch 11.30am - 3.00pm Kids Activities 12.00pm - 4.00pm Tennis Mix-in 4.00pm - 7.00pm	7 Tennis Mixed Doubles Team practice 7.00pm - 10.00pm	8 Pilates 10.30am - 11.30am Football 7.00pm - 9.00pm Quiz Night 7.15pm - 9.00pm	9 Squash Mix-in 4.30pm - 8.15pm Balut 6.00pm - 8.00pm Tennis mixed-In 6.00pm - 10.00pm	10 Swimming Lesson Tony 7.00am - 8.00am Cricket team practice 6.30pm - 8.00pm	11 Junior tennis 4.15pm - 6.00pm Senior Cricket 6.00pm - 7.00pm Tennis mixed-in 6.00pm - 10.00pm	12 Junior Squash 10.30am - 12.00pm Squash Mixed-in 1.30pm - 6.45pm Cricket Team Praticce 2.30pm - 6.00pm
 1903 THE BRITISH CLUB BANGKOK CRICKET SECTION	13 Junior Cricket 9.00am - 10.00am Tennis Men Doubles Team practice 9.00am - 1.00pm Sunday Brunch 11.30am - 3.00pm Kids Activities 12.00pm - 4.00pm Tennis Mix-in 4.00pm - 7.00pm	14 Tennis Mixed Doubles Team practice 7.00pm - 10.00pm	15 Pilates 10.30am - 11.30am Football 7.00pm - 9.00pm	16 Squash Mix-in 4.30pm - 8.15pm Balut 6.00pm - 8.00pm Tennis mixed-In 6.00pm - 10.00pm	17 Swimming Lesson Tony 7.00am - 8.00am Cricket team practice 6.30pm - 8.00pm	18 Junior tennis 4.15pm - 6.00pm Senior Cricket 6.00pm - 7.00pm Tennis mixed-in 6.00pm - 10.00pm	19 Junior Squash 10.30am - 12.00pm Squash Mixed-in 1.30pm - 6.45pm Cricket Team Praticce 2.30pm - 6.00pm
 BRITISH CLUB RUNNING TEAM	20 Junior Cricket 9.00am - 10.00am Tennis Men Doubles Team practice 9.00am - 1.00pm Sunday Brunch 11.30am - 3.00pm Kids Activities 12.00pm - 4.00pm Tennis Mix-in 4.00pm - 7.00pm	21 Tennis Mixed Doubles Team practice 7.00pm - 10.00pm	22 Football 7.00pm - 9.00pm	23 Squash Mix-in 4.30pm - 8.15pm Balut 6.00pm - 8.00pm Tennis mixed-In 6.00pm - 10.00pm	24 Swimming Lesson Tony 7.00am - 8.00am Cricket team practice 6.30pm - 8.00pm	25 Senior Cricket 6.00pm - 7.00pm Tennis mixed-in 6.00pm - 10.00pm	26 Junior Squash 10.30am - 12.00pm Squash Mixed-in 1.30pm - 6.45pm Cricket Team Praticce 2.30pm - 6.00pm Wine Tasting 6.00pm - 10.00pm
	27 Junior Cricket 9.00am - 10.00am Tennis Men Doubles Team practice 9.00am - 1.00pm Sunday Brunch 11.30am - 3.00pm Kids Activities 12.00pm - 4.00pm Tennis Mix-in 4.00pm - 7.00pm	28 Tennis Mixed Doubles Team practice 7.00pm - 10.00pm					

TENNIS



Graham Johnston

Dear Kickers & Spinners

In this month's edition we look forward to the start of our 2022 British Club Tennis Section Championships (YO!) and congratulate those who took the honours in the one and only British Club Tennis Section 2021 League Series sponsored by Head2Toe Salon.



▲ Andrei 2021

2022 British Club Tennis Section Championships

Singles

After skipping the singles last year (one to birth a child the other to birth a business), Pierre and Cheer return to Singles action in 2022 and many will be hoping for another encounter between these two following epic clashes in 2019 & 2020 (1 win each). I'm definitely up for part III on March 26th.

However, defending champion Andrei Ivanov and last year's runner-up Christian Roland will be attempting to upset the applecarts. While Magnus and a certain young man by the name of Teerin will also quietly fancy their chances.

Who can stop Mooky's charge to another singles title? Rhea has been honing her game and is eager for another shot at the champ on finals day.



▲ Rhea



▲ It's my trophy. You can try if you want to.



▲ Pierre 2020



▲ Cheer 2019



▲ Going for the 3-peat



▲ I'll get you a shirt just like mine partner



▲ We did it again!

Doubles

With the gracious uncoupling of Raquel & Mooky following 4 straight years of success, the Ladies Doubles suddenly becomes a much more interesting proposition. It's nice to see new partnerships spring up but where is your money going? Mooky & Pin? Rhea & Aom? Raquers & Nat? How about a punt on Mai & Pui?

On the Men's sides, Cheer & Nueng are going for the 3-peat but Pam & Andrey K will fancy another crack at the title if they can get past Andrey & Magnus in a repeat of last year's finalist. Pierre & Frank will as always be 'in the mix'.



▲ Youth V Experience!



▲ Winning Smiles

Mixed

Mooky & Cheer have ruled this event in recent years though Raquel & Pam pushed them in the 2nd set last year. Rhea & Dan will feel they are ready to step up while Neung & Aom will have the support of little Miu and his entourage to inspire their run.

See you all on Finals Day – Saturday 26th March!

British Club Tennis Section 2021 League Series 1 sponsored by Head2Toe Salon

Well done to all who took part & congratulations to the winners!

Your vouchers await collection

- Division 1 - Christian Roland
- Division 2 - Rhea Poonevala
- Division 3 - Nattaya Theangtruong
- Division 4 - Alain Missorten
- Division 5a - Eunju Sagurton
- Division 5b - Willem Adolfs

Graham Johnston
British Club Tennis Section
Chairman

HARD BALLS



Jonathan Fudge



▲ Christmas Day at the Club

So, it's by unpopular demand that I have been roped into writing my second article for Outpost. Not sure if it is down to the success of the first one or our Captain's supreme delegation skills. It has been a quiet month on the playing front with only one league game, however after 18 months in the post our social secretary surpassed himself with his first 3 events in the space of 3 weeks...admittedly two were organised by the Club and he piggy backed onto them and passed them off as his own!

BCL League game vs Siam CC:

On Saturday 11th December, BC once again ventured down to Chonburi to play at the excellent Pattana Sports Resort Ground. This time to play our locals rivals from Bangkok, Siam CC, more commonly known as the Parrots. Always an excellent game played in the right spirit between two well matched teams. In a break from tradition Captain Ben called correctly at the pre match toss and in hot conditions, we did point out it gets warmer later when we would be fielding, decided to bat. The British Club got off to a superb start with Denzyl and Rahul putting on 68 runs for the first wicket. Denzyl, in fantastic form recently, went on to set a new club record individual score with 87 from 73 balls.

Mossy, the previous record holder, was overheard bribing umpires at the drinks break to give dubious LBW decisions to preserve his record. But fortunately, the umpires were not available to be bought with promises of investments and the latest gold price! After the opening stand there was a steady fall of wickets until Captain Marvel himself Ben, made a highly entertaining 31 from 22 balls. This with the addition of a generous 37 extras (not as generous as to come!) took BC to a very competitive 209 from their 25 overs.

In reply the Parrots got off to a fast start taking the score to 128 without loss, both openers eventually being dismissed for 64 and 63 respectively. This made the task of defending 209 a difficult one for BC but the bowlers kept running in with enthusiasm. Wickets were shared around with Dilip, Paddy, Denzyl and Sunish all picking up 1 a piece. It should be noted that Paddy also contributed two excellent catches in the outfield. There was one disastrous piece of cricket where the keeper, who was that idiot again, missed a routine take behind the stumps with the ball cannoning off a helmet costing 5 penalty runs. Although Silom CC batted very well and in particular the openers, this alongside with the concession of 47 extras was ultimately the difference. Therefore, we finished 2021 on a losing note. Overall 2021 was a positive year and we look forward to league success in 2022.



▲ Early stages of the Christmas Ball

Social Events over the Christmas period:

As highlighted previously our social secretary excelled himself over the festive period with 3 fantastic events coordinated. The hastily arranged, but highly enjoyable Christmas Ball, Christmas Day itself at the club and a New Years Eve party hosted by the Mossy and his ever tolerant wife Bang. Indeed these social events sparked a landmark moment for one of our popular members. Pramodh has been claiming for a longtime that he has been dating, but we all believed

she was a work of fiction. It was at these events that she was finally introduced to the section and an excellent addition she made too. The Christmas Ball was extremely well attended by the Cricket section, with us taking the crown from the Tennis section of the most supported section at the event...well done social sec. There were claims of creative accountancy on the part of the Cricket Section, but all was taken in good humour with the Cricket section finishing the evening with a giant (giant because we had the most) Conga around the Cricket and Tennis section tables. On the



▲ Social Secretary enjoying his secret santa gift

claims of creative accountancy, I believe our social secretary works in finance and banking, so we couldn't possibly question the maths, they're a trustworthy bunch!!!

Christmas day was likewise fantastically well supported by the Cricket Section with 22 members sharing lunch together in the corner of the back lawn. At first, I wasn't sure why we were placed there, but as the noise levels from our table rose throughout the afternoon I began to gain a better understanding. The cricket sections own Secret Santa was a highlight of the day, with participants buying a range of both highly practical and highly embarrassing gifts...I believe our section chairman is still putting his gift to good use.

Finally NYE came and went in a blurred concoction of alcohol and fireworks with Mossy hosting a party. I say Mossy, although I'm fairly confident it was his good wife who did most of the preparation.

We look forward to successful and enjoyable 2022 full of lots of cricket and laughs.



▲ NYE at the Moss's

BRITISH CLUB GOLF



▲ Neil Davies welcoming new member Clive Bucknall and explaining the new 2022 rules to guest Tim Dixon



▲ medal winner Stefano Kim

December 2021 Monthly Medal

The final event of the 2021 calendar took place on a beautiful December afternoon. After a second disrupted year of British Club Golf Section events the treasurer was overcome with seasonal goodwill and waived the customary match fee. The Captain followed suit by giving out extra finisher prizes in the form of 5 bottles of wine and 11 British Club Golf Balls.

The convivial atmosphere encouraged a good spirited and close competition. Stefano Kim prevailed in the overall spot by virtue of countback beating Peter Lucas's net 71 with a better last nine holes. Peter was consoled with the Division A prize overcoming Robert Gray by a single shot. The Division B was won by Bally with a creditable net 73 from Stephen Taylor as runner up in the second tier.

This competition saw the last use of the CONGU handicap system and the forgiving World Handicap System will be introduced in 2022. We expect that this will result in some more unfamiliar faces getting the opportunity to summit the winners podium. BCGS is one of the more inclusive golf societies and we hope to continue to bring in new members of all shapes and sizes in the New Year. Do feel free to contact us if you are interested in joining.



▲ medal runner up Peter Lucas



▲ 3C + P winner Frank Fawkes

Jan 2022 - 3 Clubs and a Putter

For reasons not now known the first BCGS competition of the year involves each player discarding over 70% of the clubs they could use under the laws of golf and choose their favourite, most useful and likely most lucky three.

A select field gathered at Bangpakong Riverside Golf Club with their implements in hand and did battle at the 31 year old Chacheongsao province golf course.

Perhaps because of the reduction in club choice and the skillful invention required, a number of players actually

performed better with 4 clubs than they had all year with 14. The winner was a frankly amazing 44 points from Frank Fawkes. Armed with no woods and nothing more potent than a 5 iron he shredded the course with a magnificent 82. He beat David Burton with his 42 points into second place and the 3 club specialist and 2020 champion Alan Ainsworth in 3rd who had 37 points. This competition was not a handicap qualifier for the new system but it will begin in earnest for the end of January as well as online match booking. The 21st century has finally arrived for BCGS. All the best and happy New Year.



▲ Bangpakong Riverside Country Club

PILATES AND WELL-BEING



Karen Dawber

Get motivated and stay motivated!

Why is it that some people manage to stay motivated and can maintain an exercise routine whilst for others it seems to be an unachievable goal, even with the best intentions exercise can feel like an impossible task for many to maintain. What is it that the motivated do to stay motivated?

Really there is no big secret and motivation doesn't really last any longer for one person than another but what does last longer are habits and strategies individuals put in place to maintain their exercise or movement routine.

So how do you set yourself up for success with exercise? Here are my top 5 tips for staying on track for a healthy lifestyle.

1. Find your why and write it down.

Firstly, we need to set our mindset right around exercise. Our mind has a powerful influence over us, what we tell ourselves and our internal dialogue really does matter. If you see exercise as a punishment, something you must do because the Dr or other people tell you to do it, exercise is not going to be appealing, it will have a negative feel to it before you even start. No one wants to do something which they feel forced to do! We need to peel back our thoughts and get to the root reason of why we want to do exercise, for ourselves, get specific about your reasons and then phrase it in a positive way such as: "I exercise to be the healthiest version of myself", "I move, to keep fit and agile, so I can play with my kids/grandkids", "I exercise because I know I will mentally feel better afterwards", "I want to live a healthy independent life in my older years". We can then start to influence how we think about exercise more positively. Try writing out your why, repeat it to yourself daily and make it your mantra. Try it and see for yourself how the power of your thoughts, the power of your internal dialogue and the power of what you tell yourself influences the actions you take or don't take.

2. Set a realistic goal.

Big unrealistic goals are not going to be motivating as

you will most likely fail. However, setting bite sized achievable goals, where you can measure your efforts and feel a sense of achievement can be a great motivator. Especially ones that start to ingrain a habit so that they become a lifestyle; then you no longer have to think about doing it, you just do it, this is a key to success! Choose something simple to start with such as just 10 mins of daily exercise. The positive feedback of achieving the goal will then hopefully motivate you to at least continue or even increase your goal to match your new increased fitness level.

3. Surround yourself with support.

Set up a support system, the practicalities will vary for everyone but it could be making a commitment to a class for a term, arranging some 1:1 classes, booking a babysitter to give you time or teaming up with a friend

Sometimes you just
need to show up.
Mood follows
action.



PITSTOP for BALANCE
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or family member to commit to an activity. Others can then encourage you and making a commitment that involves not letting another person down is much harder to back out of. Making an arrangement in advance to go to a class or meet that friend to walk really can make the difference between sticking with your goals or giving up.



4. Make it fun!

What is fun is different for all of us so try different things out, it doesn't matter what you do but find something you enjoy and challenge yourself to keep moving. Try finding something that excites you about working out, it might have nothing to do with the actual exercise, it might be that you like the view from your walking route, it might be that you like the new trainers you get to wear or the new mat you get to use, it might be singing up for a certain challenge with friends (5km, triathlon etc.), or it might be reminding yourself of the sense of achievement you know you will feel afterwards.

"Not only is health a
normal condition,
but it is our duty not
only to attain it but
maintain it"

Joseph Pilates



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5. Just do it...

We are probably all familiar with this as Nike's slogan but sometimes we do have to just be honest with ourselves, stop the excuses and simply make ourselves do the exercise. Now I'm not condoning guilt or shame around exercising, that is never a good mindset, we still need to show compassion to ourselves when our body really needs the rest or we are unwell. But recognising in advance that you will not always feel like exercising and that it is normal to feel like that, can also be empowering. Recognise the struggle but make a deal with yourself to at least move in some way even when you don't feel like it, motivation wanes and you need to be ready for that with a little of the just do it attitude. Remember the workout does not need to be perfect every time. Every bit of exercise you do is like putting credit in your bank account of health that your body can then draw from.

These are all tips I use to maintain motivation with my own exercise routine, I hope that you will find them effective too. My Grandmother used to tell us as kids "Procrastination is the thief of time". This is true for so many things in life and it is true for exercise too, so don't put off your exercise goal for today, get up and move now before it gets too late!

Exercising can be framed as a privilege to do, not necessarily to create big muscles or to drop clothing sizes but simply to maintain our health. Exercising is like a gift to ourselves.

Lastly, re-read your why.


Karen x

A WORLD OF OPPORTUNITY

From Bangkok Patana's Tumbling Tigers to international competitions, Roisin's drive to compete as a gymnast is sourced from three main values: balance, strength and inspiration, and she aspires to demonstrate these same values to younger athletes.

**Read about Roisin Sehmar's
inspiring journey**



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