

# THE OFFICIAL MAGAZINE OF THE BRITISH CLUB BANGKOK



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# WELCOME NEW MEMBERS

Each month we like to introduce some of the New Members who have recently joined the Culb. These are some of the Members who joined during the last few months



Matthew, Nop-Anong and



Greg, Rung and Natchariya Beatty



Daniel, Ashley, Finley and



Hemen and Pallavi Doshi



Karl and Kanyarat



Ron and Jov



Simone, Cecilia and Alessandro



Franziska Steinbuch



Michael and Clare, Marcus, Patrick and



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# OUTPOST

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# Vice Chairman

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BritishClub1903



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# 'QE2' by GOLDIE (MBE):

In celebration of the Queen's Platinum Jubilee, Aurum Gallery is launching a limited-edition print by Goldie (MBE).

# **This Month**

We welcome another 9 new members, our chairman introduces our new facilities and upgrades, The Fry Group return to the club, the GM has his say, we re-visit the year 1949, Jack displays pictures of Bangkok before the digital age, reciprocal club Reform London gets reviewed, our sports sections get their say.





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- Golf club
- Pilates and Well-being

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Opinions expressed do not necessarily represent those of the Club. All events, dates and times are correct at the time of press. Outpost welcomes contributions from Members, email outpost@britishclubbangkok.org

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**REPORTINGS** 

# Brian Brook



▲ Jubilee Bar quiz Night

# **Queens Platinum Jubilee** Street Party – 4th and 5th June

I am looking forward to two days of 'celebrations' at The first time you are logged on you will be requested the Club. The British Ambassador has agreed to join us on the Saturday evening, when there will be a musical reminder of some of the key UK events over the last 70 years.

# Jubilee Bar

With Phase 2 of the poolside development completed in the same year as the platinum jubilee of the reign of Her Majesty Queen Elizabeth II, the General Committee meeting on 24th April decided, in recognition of these two great events, to name the amazing new sports bar. known as Lookout bar during the development, as the JUBILEE BAR.

To encourage Members to try this space, there is a special promotion on Wednesday evenings of Buy One Get One on local beers, prosecco, house wine and selected spirits.

The Jubilee Bar is also the new venue for the monthly Quiz.

# **Booking App**

A booking system has been developed for Members to make bookings for tennis and squash courts, cricket nets, multi-purpose courts, coaching, massage, events, Veranda restaurant, and to pre-register Guests. The booking system can be downloaded from the Club website or by requesting the QR code via the Club's Line Official account.

to enter your First and Family names and Club No. The system will validate your entry against the Membership database, as the system is for Members only. You will also be asked to enter an email address to receive confirmations. The system will follow booking criteria for each activity, for example for tennis bookings will be open seven days in advance and a maximum per Member.

This system will replace telephone calls, although you may go to the Sports Desk or Reception (for events, Veranda, and guests) in person and ask the staff to enter bookings for you.



# **REPORTINGS**

# **Member Survey**

The Club is preparing a survey seeking member views on various aspects of the Club. The purpose is to find out what is doing well and what is doing not so well. what Members would like more of and what they would like less of. The intention is to do a further survey in about six months.

As I write, in mid-May, it is expected that the survey will be launched around mid-June. It will be accessed by scanning a QR code, and takes only a few minutes to

Many thanks to GC Member Kathryn Gavin for a lot of work on this.

# Covid

In the second week of May, I had close contact (outside the Club) with someone who subsequently tested positive for covid. I stayed away from the Club for five days and took ATK tests every other day, fortunately staying negative. It was like going back to 'lock-down', sitting at

Fortunately, a combination of the less harmful variants, protection from the vaccines, and medicines prescribed is making covid more of an inconvenience and less of a serious threat. As concern reduces, Member usage of the Club is slowly increasing, but we are still missing the big events and functions.

# Membership

As at the end of April 2022 the Club has a record 1,280 Memberships:

- By category: 9 Honorary, 363 Ordinary, 280 Country, 418 Associate, 120 Annual Ordinary and 90 Annual Associate.
- By type: 322 Single and 958 Family
- There are 933 spouses and 740 children under 21.
- Total Associate membership of 508 is close to the limit of 537 (42% of the total membership),
- · The limit for a single nationality within Associate membership is one third of the total number of Associates, which results in membership for Thais currently being full.
- · The Club has Members from 53 different nation-

The Club's Yearbook 2021, available from Reception if you don't already have a copy, contains an article on Club membership and usage over the last five years.

# Bangkok Pat video

The British Club gets a good report in a new interesting and informative youtube video, which also features many changes in the Silom area over the last 100 years and more. The url is https://www.youtube.com/ watch?v=5hjY5cBolcs

# Club's Birthday

I had the honour of cutting the cake at the Club's 119th anniversary at the end of April, although I was reluctant to slice up the splendid replication of the Clubhouse by our kitchen team. Next year a big one, let me know if you have any ideas on how to commemorate the 'Double Diamond'



# Did you know? - Service charge

The Club introduced a service charge on all food and beverage sales in 1991, and it has been at a rate of 10% since 2007. The service charge revenue is shared equally amongst all employees except senior management. With the current levels of F&B revenue and with some 80 eligible employees, this works out at about Baht 3,000 / month / employee. Unfortunately, this is lower than is common in the hospitality industry, making it difficult to recruit staff, in particular service staff - an on-going theme this year.

Incidentally, the service charge and VAT are included in the Club's menu prices, whereas many bars and restaurants add service and VAT to the menu price when issuing bills. This can make comparison of Club prices with other institutions confusing.



# An Evening with The Fry Group

## Speakers:

Martin Wright (Host)
Senior Financial Planner, The Fry Group
Max White

Director, Schroders Wealth Management Asia

### Date

Thursday 21 July 2022 6.30pm - 8.30pm

# Location:

The British Club Bangkok Suriwongse Room 189 Surawong Road Bangrak, Bangkok 1050

**RSVP:** 

events@thefrygroup.sg

Join us for an evening with Martin Wright, Senior Financial Planner at The Fry Group Singapore. Martin will be joined by guest speaker, Max White, Director at Schroders Wealth Management Asia.

# This event will focus on:

- · Seeking Income/Growth
- Investment Holding Methods
- Investment Market Update

# What can I learn from this webinar?

- How to generate income in the current climate
- The main differences of the numerous investment holding methods available
- What is happening in the investment markets and some possible scenarios for the next phase.

This presentation will include a Q&A session and an opportunity to chat informally with our guest speakers over a complimentary British Club dinner and drinks.



In what can be a confusing (sometimes treacherous) landscape, this article outlines some of the options for British expats looking for non-cash investment.

There are several options and the main ones are:

### STOCKBROKING ACCOUNT

Stockbroking is typically offered by well-established companies advertising their services in print and online. Most countries have options although there are some major global providers who will allow accounts to be opened without some of the frequent country specific problems.

This option is a cost-efficient approach to investment, usually allowing access to any listed investment instruments on the main exchanges worldwide. The standard service provides accounts on an execution only basis, so no advice is offered, and you can only have access to an account to purchase investments through.

# GENERAL INVESTMENT ACCOUNT

A general investment account offers access to investment funds, and some direct securities (this is company specific). Typically, this is a common method of individual investing in the UK

Some international providers allow accounts to be established by Thailand residents (on a case-by-case basis). A limited number of UK account providers will allow this. It's a competitive marketplace currently so these accounts are generally cost efficient with the standard annual product charge typically less than 0.25% per annum.

As they are mostly used by advisory companies general investment accounts aren't frequently employed for execution only investment.

### OFFSHORE LIFE ASSURANCE INVESTMENT BOND

This method is used regularly by "offshore" advisers normally allowing investment in the main currencies and listed investments through most dealing exchanges.

For non-UK residents the more complicated taxation structure isn't applicable. However, for UK residents they are a tax deferral vehicle, but may have a tax liability after a certain period of time of withdrawing value, or at specific events.

Whilst this approach can offer flexibility, the range of charges can be prohibitive, with significant surrender penalties if you choose to close early.

They can be useful for estate planning as a few providers have their own trust companies providing off-the-shelf arrangements with little or no cost. As corporate trustees there's also a higher likelihood they'll remain in place for the life of the arrangement.

### **DISCRETIONARY PORTFOLIO MANAGEMENT**

Historically these options are used by institutional investors, high net worth individuals or charities. Whilst most larger global asset management companies still have high minimum investment levels (\$1 million typically) there are some that offer lower levels, from \$500,000.

Discretionary management means the portfolio is controlled without consulting you on investment decisions, with changes based on factors agreed with you at the outset. They're usually cost efficient and available in most of the main currencies, although some have country specific criteria.

Choosing the right investment approach is important in what can be a confusing landscape. Seeking professional advice is vital to help ensure that you make the right choice for your personal circumstances.



Martin Wright Senior Financial Planner The Fry Group (Singapore)

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The information in this article aims to provide information. However, this is not intended to form professional advice no should it be relied upon as such and before taking any particular action, specific and personal advice should be obtained. A levels and basis of, and relief from taxation illustrated here are subject to change. The Fry Group (Singapore) Pte Ltd authorised to act as a financial adviser by the Monetary Authority of Singapore - licence number FA100057.

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# REPORTINGS

# GM Spot ...

Tim Vongswang - The General Manager



With the Phase 2 now fully operational I would like to thank all the Members who have been supporting the venues, in particular the new Jubilee Bar showing all the major sporting events. Opening times are 3pm to midnight (weekdays) and 11am to midnight (weekends). The general consensus has been very positive with the cool relaxing ambiance and exceptional views of the club. Be on the lookout for promotional nights!

The British Club Bangkok is often known as "an oasis in the heart of Bangkok" - where members come to spend some well-deserved R&R time without having to travel too far. So to assist you with more 'down time' options we will be offering a whole new range of spa treatments including Swedish massage Aloe Vera massage and Herbal ball compress facial massage which I, for one, cannot wait to try! Of course, this new service is in addition to our wonderful Traditional Thai Massage duo of Khun Champen and Khun Saiphon who continue to deliver exceptional stress relieving experiences.

We are very excited to be working on Her Majesty the Queen's platinum Jubilee Parties on the 4th and 5th

June, as I'm sure you have already seen the details, I do hope that you will be able to join the garden party festivities which I'm sure will be so much fun for everyone ... remember to pre-book!

During the school holidays in July, we will be holding a weeklong 'sports camp' for children, daily sports activities will keep your children occupied all day for one week, so if you have to work and don't want the kids to spend all day in front of the screen, sign up for the camp.

This month I would like to highlight our amazing engineering team who keeps the club running. Out of sight they may be but definitely not out of our minds as they do so much work behind the scenes from fixing our refrigeration units, air-conditioning units, plumbing, electrical faults, general maintenance and so much more. It truly is amazing how much the club saves by having these guys on site and how much better they make our club look, so thank you to Khun Santi and his team.

Tim









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Top boy's or co-ed school in London by The Sunday Times 2017 - 2021

OUTPOST OUTPOST



# ~~~PAST PARTICIPLE~~~ Auspicium Melioris Ævi

We continue the story of the British Club Bangkok ... 1949

# Management

Since 1947, no Club member had agreed to become the Honorary Secretary, so minutes were taken by the Chairman, Charles S.I. Mabbatt, and the Club employed a Paid Secretary, who, in 1949, was Mrs. Segueria. This left the day to day running of the Club with the Butler. Mr. Cheng Kim Lee (see Past Participle, March 2022).

The General Committee had noted In the April, it was agreed that the Past Participle, May 2022), and encouraged by the growth of activity within the Club, decided to employ a full-time Permanent Assistant Secretary to act as manager and thus reduce the workload of the Honorary Secretary. A Mr. Abdul Majid Yacoob Nana was appointed as the Club's first Permanent Assistant Secretary after an interview on 25th January and started work A.J. Thorogood was elected to the again for a run from 1981 to 1988. committee and subsequently elected as Honorary Secretary following the AGM

Once Mr. Nana's probation period was over, the Paid Secretary, Mrs. Segueria was asked to leave on 31st March ... but she did not go! It was not until the General Committee made enquiries of Mr. Nana in June, that it was found that Mrs. Sequeria was still turning up for work, doing the same role, and getting

paid. The General Committee decided finally gave her formal notice.



▲ The First Permanent Assistant Secretary

# Sport

the problems with the Butler (see 'No. 2 Boy' (second barman) would act as marker for Members playing billiards as long as there were not more than ten Members in the Clubhouse otherwise he must be on bar duty. To encourage more snooker to be played as well as billiards, the Chairman, Charles S.I. Mabbatt, had donated a Cup for the Singles Snooker Championship ... appropriately called the Mabbatt Cup. It was played annually unon 1st February. Subsequently, Mr. til 1969, revived once in 1978, and



Mabbatt Cup ... not played

Also in April, The Bangkok Bowling Club requested permission to rent Tennis Courts 7 & 8 (where the Silom Wing is now) to erect their own bowling alley and bar. After much General Committee discussion this was not progressed.

In May, the Club received a new Tennis trophy ... 'The Streatfeild Cup' from William & Ursula Streatfeild -William had been Chairman from 1938 to 1941 (see Past Participle, February 2022). This was to be an inter-firm men's doubles competition and given prior to his departure for the United Kingdom.

In the same month the Turner Bowl, a competition for married couples. donated in 1915 by Mr. Justice Skinner Turner, and his wife Millicent. was 'returned' to the Club (see Past Participle, October 2021).

All eight tennis courts were flooded from October to December. This was because a small Khlong ran from Khlong Silom along, what we now call Soi 16, to the side of the Tennis Courts and was used for drainage and irrigation and the authorities had removed the sluice gate. Repeated requests for its restoration to the Amphur Bangrak office went ignored so the Club thus went out to tender for a local contractor to provide 'Bunding' along the Club's boundaries to prevent such flooding.



▲ The Streatfeild Cup

# Service

As mentioned above, Charles Mabbatt served again as Chairman and Mr. A.J. Thorogood as Honorary Secretary and again no Vice-Chairman was appointed.

The most well-known of those who stood was Peter Kirrage, the local manager for the Bombay Burmah Company. During WWII, he saw service with the 12th Battalion, Frontier Force Regiment, British Indian Army, rising to the rank of Lieutenant Colonel, prior to the Japanese Surrender. A member since 1946, at the 1948 Extraordinary General Meeting he was the first member on record to suggest turnswimming pool! Peter served eight constitution of 1947. terms on the General Committee. being Chairman for six months in 1950 before going on leave, and then replacing Chales Mabbatt as chairman in 1954 when the latter went on leave. His last GC term was 1958-59.

The Honorary Treasurer was Mr. R.E.S Price served for two terms. J. Chambers also served two terms as did W.A. Hamilton. Landry and Orme were mentioned last month, but nothing else is known of Chambers or Hamilton.

VICE-CHAIRMAN: (not appointed)
HONORARY SECRETARY: A.J. Thorogood
HONORARY TREASURER: R.E.S. Price

CHAIRMAN: Charles S.I. Mabbatt

W.A. Hamilton Peter Kirrage Joseph Edward Landray C.E. Orme

▲ General Committee 1949-50

# Ship Ahov

The Officers and ratings of HMS Alert (K647), a Bay-class frigate. enjoyed tiffin at the British Club Bangkok, with half the company attending each of two lunchtimes. This was the second of nine known visits by HMS Alert to the Club but sadly, we lost the ship's plaque. which was a deer on a yellow background!

# In Other News

The British Ambassador, Geoffrey H. Thompson CMG, was promoted to Knight Commander of the Most Distinguished Order of Saint Michael and Saint George.

The final 'piece' of the agreed World War II rehabilitations, included games equipment, crockery, cutlery, and cooking utensils, were noted as received in March.

In the March a new permanent Siamese constitution was proclaimed ing some of the Tennis Courts to a as replacement of the provisional

On 11th May, Siam again changed its name to Thailand (see Past Participle, February 2022).

On 3rd December, Bangkok Christian Hospital opened adjacent to one of the footbridges over Khlong Silom, adjacent to a banana placation owned by a certain Mr. Luang Patpongpanich (see Past Participle, July 2022).

The Annual Christmas Dance was held on December 17th but nothing else about it was reported - one assumes it went well.

Last War rehabilitations

# Next month ... Water, water, everywhere!

Paul Cheesman **Honorary Secretary** 

For Members interested in our Club's history, the Club Timeline has been updated with 1900 entries and pictures over 171 pages and can be found on the Website under 'The Club -History'.



HMS Alert

OUTPOST OUTPOST

# Jack Dunford

# **Photo** Memories



▲ Narai Hotel under Construction Nov 1967

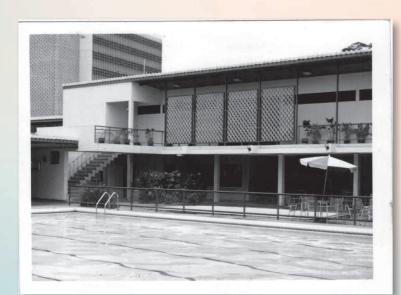
As many of you know I love old photos of the Club and lighted the other week when David Fisher invited me Bangkok and have shared lots of my own and of oth- to his home to look through his family collection. David er members over the years. Photos before the digital age are quite scarce because many people didn't even have cameras and film processing was quite expensive. So any pictures from the 70s and earlier are quite precious, whatever their quality.

I often ask older Members if they have any old photos lying forgotten somewhere in a shoe box and was de-

joined the Club in 1965.

He has a trunkful of old pictures from his travels all over the world and we spent a happy three hours browsing through hundreds taken in Thailand.

Typically most were of his family, friends, dogs, and gardens, but hidden in the pile we spotted seven pictures from the 60s showcased here.



▲ Poolside c1966



David Fisher c1966



▲ Borneo Co Bungalow Hua Hin c1966



▲ The Clubhouse c1966

The gem was one of the Narai Hotel which is about to be demolished, as it neared completion in November 1967. Two others show the poolside soon after it opened in 1966 and a couple are of the Clubhouse in the 60s, one with a youthful David Fisher.

There were also two from Hua Hin showing the instantly recognisable Railway Hotel (Centara Grand) and the Borneo Company's beach 'bungalow' both also from the 60s.

Thank you David for sharing your pictures and your many wonderful tales of the past. If any other member has old pictures of their times in Bangkok I would happily help sift through them and make scans for posterity. Please let me



A Railway Hotel Hua Hin c1966

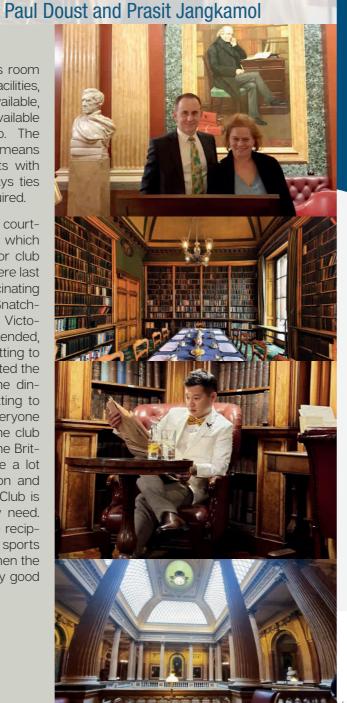


Poolside and Squash Court #1 March 1967



The Reform Club, founded in 1836, other. Apart from a billiards room is a beautiful private member's club the club has no sports facilities. in central London. Originally it was but accommodation is available, men only, but in line with it's liber- and meeting rooms are available al-minded character, in 1981 it was for hire in the basement too. The the first traditional gentleman's club dress code is 'smart' which means in London to allow women to be- that men must wear jackets with come members on equal terms. collared shirts, but these days ties The club is famous in literature are encouraged but not required. for being the place where Phileas Fogg started and ended his journey around the world in 80 days. The club's main rooms are arranged around a grand internal courtyard, and on the ground floor include a bar and a restaurant. As is common in London's gentleman's clubs, the restaurant is called the Coffee Room, but its wine list is much more extensive and better value that the wine lists in some of the other clubs that I've visited. A curious feature of the restaurant is that when the menus arrive, the quest's menus don't show the prices and the club member is given a pad to take the order of his or her quests. The large leafy garden outside the restaurant is owned by the Crown Estate, but recently the club was given permission to use it so that in good weather members can sit and eat outside, hence reducing the risk of catching Covid from each

On the upper floor above the courtyard there's a large library which is often used as a venue for club events. I went to an event there last October, which was a fascinating talk titled "Baghdad 2003 - Snatching Defeat from the Jaws of Victory". The event was well attended. and before the talk I got chatting to a club member who had visited the British Club Bangkok. At the dinner after the talk I got chatting to other club members too. Everyone made me feel welcome. The club member who had been to the British Club knew that we have a lot of reciprocal clubs in London and suggested that the Reform Club is the only club that we really need. If we were only allowed one reciprocal club in London, and if sports facilities were not required, then the Reform Club would be a very good



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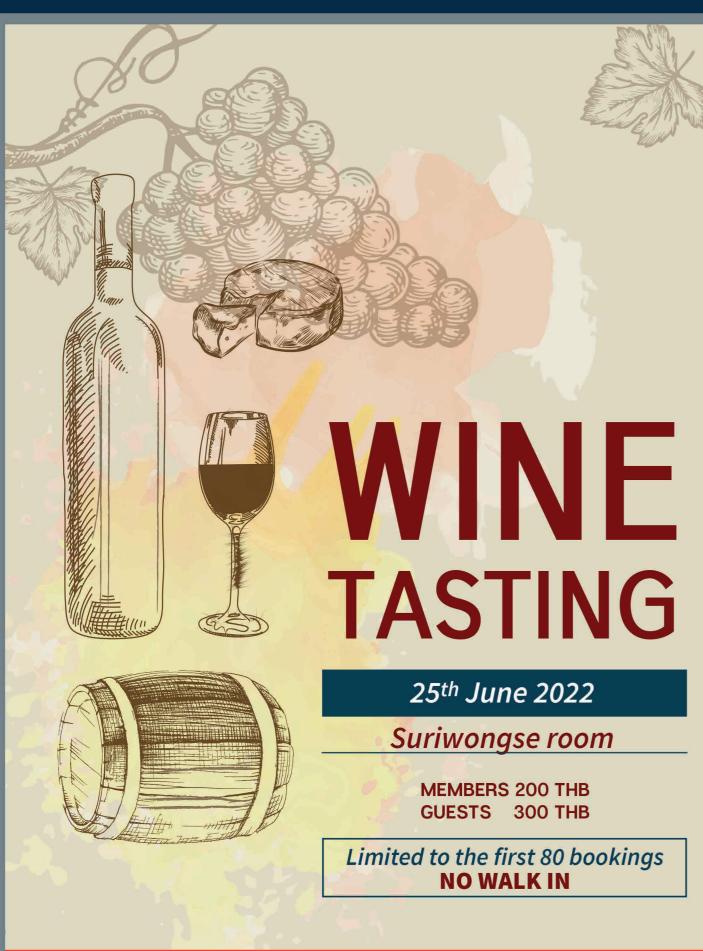
























# An Intimate Wine Night Exploring AUSTRALIA 13/05/22

The Intimate Wine Night team guided a select group of members through the history of Wynns vineyard Australia, then tasted a selection of their wines paired together perfectly with a tapas menu from our executive chef.





# 'QE2' by GOLDIE (MBE): 13/05/22

The In celebration of the Queen's Platinum Jubilee, Aurum Gallery is launching a limited-edition print by Goldie (MBE).

Taken from a privately commissioned original painting of the Queen, the second such piece that Goldie has created in his artistic lifetime.

The print, entitled 'QE2', will be a limited edition of 70 prints, marking the 70 years of her maiesty's service to the people of the United Kingdom, the Realms and the Commonwealth.

The print drop date is set to coincide with the start of the Platinum Jubilee weekend on Friday 3rd June 2022 and will be available to purchase on both days 4th & 5th June at The British Club's Jubilee weekend events.

# **AURUM GALLERY**

# 'QE2' by Goldie (MBE)

2022

Giclée print on Innova Soft Textured 315g acid free archival paper.

Edition of 70

88x70cm

For more information and pre-orders, please contact Aurum Gallery at:

E: info@aurum.gallery

**T:** +66 2 102 1785

# Aurum Gallery

Warehouse 30, Charoen Krung 30, Bangkok, Thailand



# **Aurum Gallery:**

ban and street art gallery based in Bangkok, Thailand. Conceived and curated by internationally acclaimed (MBE) aka 'Goldie'.

Aurum Gallery is located at Warehouse 30, a trendy Having opened in July 2020, and during the backcommunity project of restored World War 2 warehouses in the creative district of Charoen Krung.

Housed in a 500sqm open space, Aurum Gallery showcases some of the world's biggest artists in contemporary, urban and street art including Belin, Ben Eine, Bio, Bisco Smith, Ces, Crash, Goldie, Helio Bray, James Bullough, Mad C, Mikael B, Mr Cenz, Nick Walker, Simon Berger, Vhils, Voyder and more.

Displayed alongside international heavyweights from the art world, Aurum Gallery is also celebrating a growing and exciting pool of local talent such as 2Choey, Benzilla, Jecks, P7 and Wal Chirachasakul to name a

At the heart of the gallery, is a one-of-a-kind permanent installation, a full-size gold leaf and graffitied New York Subway Car that symbolises a cohesion of cultures, acknowledging the golden age of graffiti art and drawing inspiration from traditional Thai fine art techniques. The intention for this is to be an ever-changing canvas by inviting artists to re-paint it from time to time.

Aurum Gallery is an independent contemporary, ur- Incorporated into the gallery is a live workshop space that can showcase artists in action and provide master classes and events allowing art enthusiasts and aspir-British DJ, musician, actor and artist, Clifford Price ing talent to be completely immersed in the process of creation.

> drop of the Covid-19 pandemic, Aurum Gallery has already established itself as one of the best art galleries in Southeast Asia and a 'must see destination' that is spear-heading contemporary art in Thailand.



Goldie (Aurum Gallery Owner):

Goldie was appointed a 'Member of the Order of the British Empire' (MBE) by the Queen in the 2016 New Year Honours awards, for services to music, the arts, and young people.



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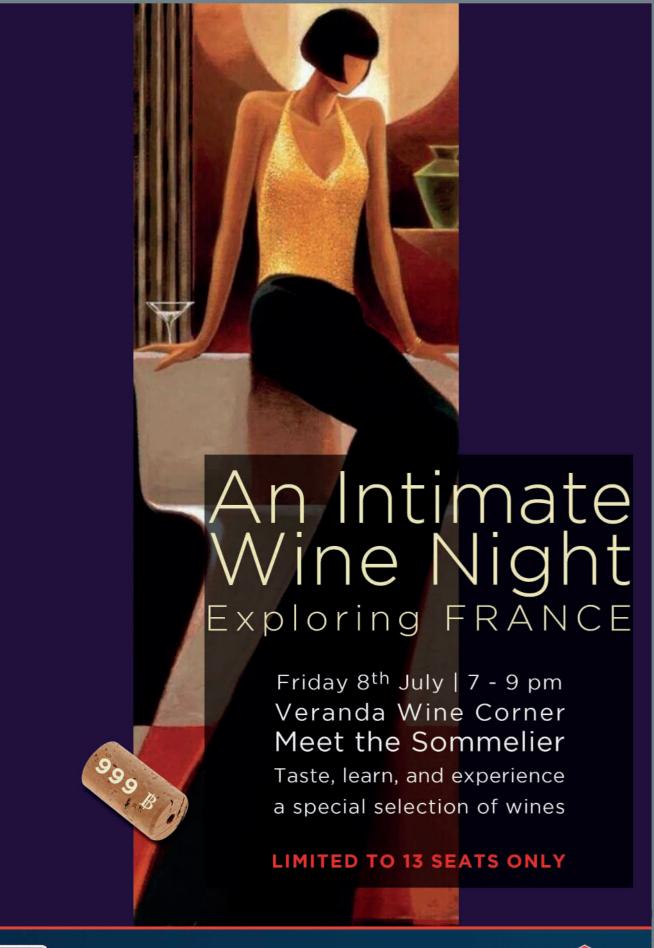














Add LINE ID @britishclubbkk





# **JUNE 2022**

						3011	
	SUN	MON	TUE	WED	THU	FRI	SAT
THE BRITISH CLUB				Squash Mix-in 4.30pm - 8.15pm Balut 6.00pm - 8.00pm Tennis mixed-In 6.00pm - 10.00pm	2 Swimming Lesson Tony 7.00am - 8.00am Pilates (Intermediate) 10.30am - 11.30am Cricket team practice 6.30pm - 8.00pm	Junior tennis 4.00pm - 5.00pm Tennis mixed-in 6.00pm - 10.00pm	Kids Activities 12.00pm - 4.00pm Squash Mixed-in 1.30pm - 6.45pm Cricket Team Pratice 2.30pm - 6.00pm The Queen's Platinum Jubilee- Street Party 5.30pm - 11.00pm
THE BRITISH CLUB  GOLF SECTION	Tennis Men Doubles Team practice 9.00am - 1.00pm Sunday Brunch 10.30am - 3.00pm Kids Activities 11.00am - 3.00pm Tennis Mix-in 4.00pm - 7.00pm The Queen's Platinum Jubilee- Family Party 11.00am - 4.00pm	Tennis Mixed Doubles Team practice 7.00pm - 10.00pm	7 Pilates (All levels) 10.30am - 11.30am Football 7.00pm - 9.00pm Quiz Night 7.15pm - 9.00pm	8 Squash Mix-in 4.30pm - 8.15pm Balut 6.00pm - 8.00pm Tennis mixed-In 6.00pm - 10.00pm	Swimming Lesson Tony 7.00am - 8.00am Pilates (Intermediate) 10.30am - 11.30am Cricket team practice 6.30pm - 8.00pm	Yoga for Beginners 4.00pm - 5.00pm Junior tennis 4.00pm - 5.00pm Junior Cricket 5.00pm - 6.00pm Senior Cricket 6.00pm - 7.00pm Tennis mixed-in 6.00pm - 10.00pm	Kids Activities 12.00pm - 4.00pm Squash Mixed-in 1.30pm - 6.45pm Cricket Team Pratice 2.30pm - 6.00pm
1903 THE BRITISH CLUB BANGKOK CRICKET SECTION	Tennis Men Doubles Team practice 9.00am - 1.00pm Sunday Brunch 10.30am - 3.00pm Kids Activities 11.00am - 3.00pm Tennis Mix-in 4.00pm - 7.00pm	Tennis Mixed Doubles Team practice 7.00pm - 10.00pm	Pilates (All levels) 10.30am - 11.30am Football 7.00pm - 9.00pm	15 Squash Mix-in 4.30pm - 8.15pm Balut 6.00pm - 8.00pm Tennis mixed-In 6.00pm - 10.00pm	Swimming Lesson Tony 7.00am - 8.00am Pilates (Intermediate) 10.30am - 11.30am Cricket team practice 6.30pm - 8.00pm	Yoga for Beginners 4.00pm - 5.00pm Junior tennis 4.00pm - 5.00pm Junior Cricket 5.00pm - 6.00pm Senior Cricket 6.00pm - 7.00pm Tennis mixed-in 6.00pm - 10.00pm	Kids Activities 12.00pm - 4.00pm Squash Mixed-in 1.30pm - 6.45pm Cricket Team Pratice 2.30pm - 6.00pm
BRITISH CLUB RUNNING TEAM	Tennis Men Doubles Team practice 9.00am - 1.00pm Sunday Brunch 10.30am - 3.00pm Kids Activities 11.00am - 3.00pm Tennis Mix-in 4.00pm - 7.00pm	Tennis Mixed Doubles Team practice 7.00pm - 10.00pm	Pilates (All levels) 10.30am - 11.30am Football 7.00pm - 9.00pm	22 Squash Mix-in 4.30pm - 8.15pm Balut 6.00pm - 8.00pm Tennis mixed-In 6.00pm - 10.00pm	Swimming Lesson Tony 7.00am - 8.00am Pilates (Intermediate) 10.30am - 11.30am Cricket team practice 6.30pm - 8.00pm	Yoga for Beginners 4.00pm - 5.00pm Junior tennis 4.00pm - 5.00pm Junior Cricket 5.00pm - 6.00pm Senior Cricket 6.00pm - 7.00pm Tennis mixed-in 6.00pm - 10.00pm	25 Kids Activities 12.00pm - 4.00pm Squash Mixed-in 1.30pm - 6.45pm Cricket Team Pratice 2.30pm - 6.00pm Wine Tasting 6.00pm - 9.00pm
	Tennis Men Doubles Team practice 9.00am - 1.00pm Sunday Brunch 10.30am - 3.00pm Kids Activities 11.00am - 3.00pm Tennis Mix-in 4.00pm - 7.00pm	Tennis Mixed Doubles Team practice 7.00pm - 10.00pm	28 Football 7.00pm - 9.00pm	29 Squash Mix-in 4.30pm - 8.15pm Balut 6.00pm - 8.00pm Tennis mixed-In 6.00pm - 10.00pm	Swimming Lesson Tony 7.00am - 8.00am Cricket team practice 6.30pm - 8.00pm		

4 April 2022 April 2022

OUTPOST OUTPOST **SPORTS** 

# **Dear Acers & Breakers**

The British Club Bangkok Tennis Sections Championships may be in the rear mirror, but the tennis just keeps on coming.

This month we celebrate the return of the British Club Bangkok Singles League brought to you by Head-2-Toe Salon, catch up the ever-active British Club Ladies Teams, and keep an eye on some member successes away from

# British Club Bangkok Singles League

Graham Johnston

is back with a record-high of 44 players across 8 divisions for the 2022 Series 1 and we have already seen some fantastic matches. Really great to see some new faces in the league. Thanks to Anjelica, Koji and Enrique for organizing and for the continued sponsorship of Raguel and Head-2-Toe!



New Faces!



▲ Joy V Jay

The BKK Ladies Team

Tennis Series 1 2022 by **Between** The Lines came to a close with

the British finishing their series of

matches with a 3-3 draw with Team Cheers resulting in us just missing

out on 2nd place overall. After the match, players from all teams came

together to enjoy each other's com-

pany and celebrate the series in the







▲ The British Club V The Nichadames



▲ First Timers!



# **SPORTS**



do it again soon. Thanks to Anjelica and Karoline for organizing. It's wonderful to be able to put on these kinds of friendly matches again and especially with the club looking so fantastic. Let's do it again soon!



In the Trophies

Finally, congratulations to Coach Akkasit for winning the Men's 90+ Doubles at SINGHA TATP SENIORS TOUR 1/2022 and Greta Sport Club Pattaya and to Ace winner of the Junior 10s Series. Excellent work!







▲ Eric

# On Tour

Congratulations also to our member Eric Padgham who came through several qualifying rounds to make it the main draw of an ITF World Tennis Tour event in Egypt recently – a milestone for Eric and we all wish him well on tour!



# Fair ye well!

We were very lucky to have member Chris O'Mara at the club over the last month or so. Chris was, until recently, a regular on the ITF Seniors tour with many Tournament wins all over the world and a career high senior ranking of world number 4 in singles and number 1 in doubles. He is also a super tennis coach and a 'bloody good chap' as they say. He has now returned to his coaching job in Hong Kong and we wish him all the best and hope to see him again at the club before too long. All the best O'Mara!

# **SPORTS**

# SQUASHY BITS

One of the most prestigious and popular annual squash competitions held at the British Club is the Don Johnston Cup which is also known as the Club Championships. The trophy was generously donated by Donald Sydney Johnston in 1966 and has been played for ever since. Over time, however, the history surrounding the Don Johnston Cup had unfortunately been lost, yet the Squash Section was keen to rediscover the details, and after some investigation we were very fortunate to be put in touch with the family of Mr. Johnston who has kindly added much more clarity.

Sadly, we came to know that Don passed away in 2016 and is survived by his wife Eileen and three daughters. The details of Don's life are based on his wife's memories and notes she made some years ago. Don himself seldom talked about his past, but just before he died one of his daughters happened to ask about a trophy that he had donated to a squash club in Bangkok. According to the Internet it was still being played for and Don was delighted to hear about it; smiling and exhibiting the boyish charm he had even in old age.



▲ The Original Cup



# **Tribute to Donald Sydney Johnston**





▲ Don Johnston in Thailand in the 60's.

Don always had a keen interest in rectified, however. sports. He rowed for his school at the Henley Regatta and played rugby along with the scars to prove it! While in Bangkok from 1961 to 1966 he focused on squash and started to play at the Royal Bangkok Sports Club. As a matter of fact, the first squash court at the British Club had not yet been completed, but in order to encourage squash, Don had taken the opportunity to donate the Cup before leaving Thailand. There is perhaps an amusing tale to tell in that the Club had provided the contractor with the full measurements of the squash court and when it was built it was found to be a little strange. On checking, it was found that the contractor had built the court according to the American dimensions. Eventually this was duly

After leaving Bangkok to work in London, Don continued to play squash as a member of a small club in Wadhurst, East Sussex, until knee problems in his forties forced him to stop. However, this did not dampen his interest in competitive sports choosing to read the reports and results on the back pages of the newspapers regularly, as he said he liked to learn of other people's successes. He would never have called himself an athlete and was just as enthusiastic about spectating county cricket at the cricket grounds during the summer in Tunbridge

As a marine cargo surveyor and loss adjuster, Don travelled the world extensively, calculating that



Donald Sydney Johnston (1932 - † 2016)

he had in his career visited 126 dif- ing and unpretentious. On hearing ferent countries and he still kept in touch with the friends he had described him as a "true gentlemade in Thailand for a long time after leaving. Two of Don's daughters tryside for his retirement and died were born in Bangkok and have Thai Godparents. Thailand continues to hold a special place in the hearts of the family members as it reminds them of happy moments and unique experiences. The family still even keeps his old squash racket from his Bangkok days.



▲ 56 years later... Steven Bussev 2022 Cup Winner

of his death, one of his associates man". He chose the English counpeacefully in 2016 at the age of 84 in one of the Cinque Ports on the East Sussex Coast.

One point of clarity which had been lost in history is the spelling of Don's surname. For some reason, it has often been misspelled Johnson instead of 'JohnsTon'. The BCB Don was a quiet man; unassum- Squash Section will certainly get the 'T' back in place. The irony is that while the 'T' is an important aspect in the game of squash, we omitted it this time. We will fondly remember Don for his early ambitions, participation and activeness at the Club.

To gather all if this information (which did in fact take considerable time and investigatory efforts) we would like to thank Jack Dunford, David Fisher and Bart Weaver-Berthet for their invaluable support and input.

Finally, our heartfelt thanks must go out to Don's family who have helped tremendously, even letting us publish some old family photographs. We wish them all health and hap-

The Club magazine will be duly forwarded to the family with this fully published article and a photo of the squash section members which we hope they will keep for prosperity.

From all of us at the Squash Section of the British Club Bangkok

**Squash Section Committee** 

# **Donald Sydney Johnston** February 1932 – August 2016

February, born in London 1951 Left Bedford Modern School

National Service

Commissioned: First Lieutenant, Bedfordshire and Hertfordshire Regiment. Posted to the

Canal Zone: Kabrit. Tel-el-Kebir. Mauritius. Mombasa. Aden.

End of National Service

1954-1957 British American Tobacco, Liverpool, and Globe Insurance Company, London

1958-1960 Prescot Ltd, Gibraltar

June, married Eileen (3 daughters)

1961-1966 Borneo Company Bangkok

1966 October, left Bangkok. Lived in Burwash, UK until 1974 and then in Tunbridge Wells, UK.

1967-1969 Salvage Association, London

Toplis and Harding Insurance Loss Adjusters, London 1973 Partner, Toplis and Harding; Director of Marine Department 1987 Continued work as Marine Loss Adjuster 1969

1992 Retired

1993 December, moved to the south coast of England

2016 August, died.

# **SPORTS**

# HARD BALLS



**These** are heady days for the cricket section's band of devoted followers (both of them). Hot on the heels of winning promotion to the Bangkok league's A division, Ben Eastwell's men defied scorching weather, a slow start and sleep deprivation (self-inflicted) to scoop the Plate trophy in the inaugural RBSC Local Sixes tournament.

It was a weekend of ups and downs, with three defeats on the Saturday followed by three wins on the Sunday. But it ended with silverware thanks to excellent batting by Ben, masterful bowling by Harshit and Sunish and a wonderful all-round performance by Pramodh.

The fact the result was achieved without several regular players is an encouraging sign of the team's strength in depth as we prepare to step up to the higher division.

# RBSC Sixes, day one, April 23 at RBSC Polo Ground

Tamil Nadu CC (75-1) beat BC (72-1) by five wickets.

Dale and Pramodh got BC off to a flyer, clubbing 33 off the first two overs to set up what looked like a strong total. But despite the Tamil Nadu opener bagging a third-ball



Dale turns one to lea



▲ Played three, won three - on the Sunday at least!

duck, we struggled to control the rate - not helped by dropping a clutch of catches and giving away lost comfortably.

# Bangkok CC (64 all out) beat BC (58-4) by six runs

As tyres melted in the car park and the occasional passing jogger spontaneously combusted, Ben won the toss, put Bangkok in to bat and was rewarded with an opening over of 17 from your correspondent. Better was to follow with Harshit bowling a tight line and picking up his first two wickets for the club.

More big hitting from Dale seemed to have BC on course for a win until a burst of three wickets in four balls sank the chase, leaving us six short at the end of the five overs.

Southerners CC (50-2) beat BC (49-4) by four wickets



Sunish proved too tricky for Siam in

BC's comeback victory over the Southerners in the league semi-finals (see previous Outpost) had left 25 runs in wides and no balls – and our old friends thirsty for revenge. Their opening bowlers came racing out of the blocks, dismissing Dale first ball and sending Pramodh to join him in the second over.

> A quickfire 17 from the captain brought the total close to respectability but the Southerners gave nothing away and BC fell just short of the 50 mark. This was always going to be hard to defend and sure enough, the Southerners' big hitters saw them home comfortably.

> Ice-baths and intense rehydration (ie a bin full of ice and Singhas) followed for the BC bovs, before a trip to the club for debriefing and technical analysis. Particular credit to wicket-keeper Carl for his exemplary enthusiasm for the warm-down ("I'm trolleyed," he declared at 6pm).



Pramodh hits out

# **SPORTS**

# RBSC Sixes, day two, April 24 at RBSC main ground

# British Club (84-0) beat CDA Superboys (63-2) by 21 runs

If Saturday had been a lesson in the need to bowl tight and make batsmen work for their runs, Sunday was a day that rewarded aggression with the bat and innovation with the bowling tactics.

With a fine breeze blowing, Ben and Pramodh thumped the ball around the glorious open spaces of the RBSC main ground, both retiring on 32 before Talal pushed the total up to 84, one of the highest of the whole tournament.

Harshit and Sunish began what was to prove a deadly opening attack for BC, pinning the Superboys down to just 15-1 off two overs. They made a valiant effort but a rate of more than 23 an over was just too much and we had our first victory!

# Plate semi-final: British Club (57-2) beat RBSC (55-2) by four wickets

Saturday's defeats had put us out of the Cup but the Plate was still up for grabs. But we faced a stern test against the hosts, who boasted a dangerous batting line-up.

A solid first over from Harshit was



Carl was awarded most fielding points for the weekend

followed by six balls of magic from With Bacon and the skipper grow-Sunish. who toyed with RBSC's power-hitting opener before luring him out for Carl to pull off a superb

The home side reached 55, but the total looked light on a pitch offering little for the bowlers, and Ben successfully helmed the chase, backed up by brisk cameos from Carl and Pramodh.

# Plate final: British Club (60-0) beat May 1. British Club Siam Parrots CC (56-2) by six wickets

Siam Parrots came into the final after an ill-tempered semi against Tamil Nadu, who had a batsman given out obstructing the field. Perhaps as a result of this bruising encounter, Siam struggled to impose themselves on the final.

The Harshit-Sunish opening combo worked its magic for BC again. pinning the Siam openers down. Under scoreboard pressure they tried to steal a guick run, but our thirsty stick-minder Carl threw down the stumps at the bowler's end, sending the bemused opener on his way. After a late flurry, Siam finished on 56.



Post-Fireball warm-down with the Selangor guys.ifif



▲ Plate winners!

ing in form and confidence as the weekend wore on, the chase looked on for BC, and so it proved. Classical straight hitting from Ben and bullish inventiveness from Pramodh took BC to 36 off two overs, and with six balls to spare the captain sealed the trophy with a four through extra

# Royal Selangor Club.

Plans to play Selangor in a T20 at the RBSC ground sank beneath a downpour, so instead we hosted them for a Fireball tournament back at the club. The intricacies of the format may have been a mystery to the tourists but they enjoyed their visit and gave a fine account of themselves in the post-match Boat Race in the new Jubilee bar.

Unfortunately this was the occasion for a regrettable lapse by Mr Jon Fudge, whose limpid prose has graced these pages of late. Incapable of completing his leg of the race, he condemned BC to defeat. His teammates wish him well on his move to Hong Kong and hope his swallow improves.

# Many thanks as always to Jack Dunford for his support and excellent photographic skills



Pramodh and Ben stride out to bat in

# BRITISH CLUB GOLF





Winners from Monthly Medal



David Burton



▲ Long drive over water at Rancho

Over the holiday weekend we went to Rancho Charnvee in Koh Yai National Park to play our 2 Day Eclectic competition. This is where the best score on each hole taken to calculate the winner.

The hotel and facilities are fantastic, and several members brought family to enjoy the National Park. The course was testing with several long tee shots over water and seemingly hundreds of bunkers. All of which were visited by Varghese Rose over the 2 days.

On Saturday evening we dined at the clubhouse and the woes of the day were discussed over a beer or 2 late into the night.

David Burton followed closely by Rick Apichairuk led overnight with fine sub-par scores.

The 8.00am tee on Sunday morning came far too early for many players however the cooler conditions and faster greens suited some members.

With only the last group to come in, the leader was Mark Adderley with a net 64 over the 2 days. However, Suzie Standen had her best round for many years, scoring 43 stableford points, and giving her a net 63 to take the Eclectic trophy. This was a very popular result

# **SPORTS**





▲ Winners from Eclectic weekend

▲ Suzie Standen – Eclectic Winner

and ,as can be seen, Suzie was delighted.

We had our Monthly Medal at Subhapruek earlier in the month. David Burton warmed up by practicing hitting balls into the water, a skill he and many members regularly put into practice. This was not a problem however for Stephen Taylor, who won by 10 Mark Adderley shots with a season's best of net 64. This has also catapulted him into the lead in several of our annual events

We have had 2 new members this month so If you would like to join any of our events please just message us at bcgs.bangkok@gmail.com - new members are always warmly welcomed





# **SPORTS**

# **PILATES AND WELL-BEING**



# Create a strong core with just 5 minutes of 5 exercises!

With the continuing redevelopment of the club it is great that we can now use the upstairs previous gym as a Pilates and Yoga studio, it is a lovely environment. We have some additional classes now to really take advantage of this newly available space, I hope to see you in one of the classes soon.

Pilates All Levels Tuesdays 10:30-11:30am Pilates Intermediate Level Thursdays 9:30-10:30am Yoga for beginners Friday 4-5pm

Whilst we are enjoying a regular schedule of classes at the club during this summer term the summer holiday period is rapidly approaching which means our time and schedules may be changing again with travel or kids at With your hands supporting your head (they do not pull home to work around, along with some re-emerging business travel. So, this month I am sharing a quick if you cannot make a regular class. Something you can it whilst watching TV during the adverts). Even with just reaching right leg long away from you. these 5 exercises done regularly you will feel the results of firming and strengthening your core muscles:

# 1. Single leg stretch

Flex up with head, neck and shoulders pull the left leg into the chest whilst reaching the right leg away from you, look towards the right big toe. Inhale as you start to switch the legs over and exhale as you now reach the left leg long, look towards the left big toe and hug the right knee into the chest.



# 2. Obliques twists

on your head) and elbows wide, flex up with legs at table top. Inhale prepare, exhale twist up and over with your classic Pilates series of 5 exercises to keep you going left shoulder towards the right knee and extend the left leg away from you. Inhale back to start position and exeasily squeeze into your day when you have 5 mins (try hale right shoulder up and over towards left knee whilst



# **SPORTS**

# 3. Double leg stretch

Exhale, circle your arms down and round, bend knees legs back up to the start position. and come back to start position with hands beside knees.



# 4. Scissors

Flex up with your upper body and bring both legs up as straight as you can pointing toes towards the ceiling. Inhale prepare, exhale reach your left leg away from you for a count of 2 and pull your right leg towards your chest with your hands. Inhale bring both legs back together, . toes pointing to the ceiling, exhale reach right leg away from you for a count of 2 and pull left leg towards your



# 5. Lower and lift

Bring both legs up, toes pointing towards the ceiling, flex up and hover arms long by the side of the body. Slowly lower your legs down towards the mat, going as low as you can maintain your lower back staying gently pressed

Flex up, legs table top hands positioned on the side of the to the floor. Squeezing your legs together helps activate knees. Inhale reach your arms overhead and legs long. the muscles to move slowly with control. Then lift the



Repeat each exercise 10-12 times, then repeat the whole set again if you have time!

# Hints and tips:

- For all the exercises feel your lower back gently pressing into the mat.
- Generally the lower you take your legs as you extend them out the more challenging it is so, if you start to fatigue or feel strain in the lower back reach your legs more towards the ceiling than the floor as you extend them out.
- If you feel your neck straining, keep your head, neck and shoulders on the mat, this works for all exercise except no. 2.
- Follow up with a relaxing child's pose.

Make a habit of taking a few minutes to do these 5 exercises regularly and reap the benefits of strong core muscles this summer!

# Karen x



# MEMBERSHIP DEPARTMENT

# **MEMBERSHIP PARTNERS**

**GET MORE INFORMATIONS SCAN HERE** 





### Hello Members!

This month Her Majesty Queen Elizabteh II will become the first British Monarch to celebrate a Platinum Jubilee after 70 years of service. We are excited to be hosting our biggest social events of the year over the weekend of June 4th & 5th June and would love you to join us. There will be two big parties and we expect about 1,000 people to join in the celebrations. Thank you for supporting us.

The name Lookout bar has also been changed to the Jubilee Bar to commemorate the event and since last month we now have a new Wednesday night special wine promotion for your enjoyment.

With so many holidays, April is usually a quiet month at the Club, and so we were delighted to welcome 12 new members. Please meet these two new families!



Daniel, Christy and Marcus

# Member Review:

Thanks to the British Club, Marcus is now taking swimming lesson and making new friends at the pool. Our brand here in Bangkok, check us out! www.heydayfamily also enjoy the food at the club very much, espe- healthclub.com!), so we love having tennis courts, gym, cially the pizza!



▲ Alexander and Jam

# Member Review:

Our son Marcus is too energetic to be kept at home. We joined the British Club because we're both very sporty (in fact we've just launched a protein powder squash and table tennis all in one place, just 15 minutes

> Alex is also quite the pie connoisseur and never thought he'd find any in Thailand that taste as good as back home, but boy did the chefs here prove him wrong (he is a big fan of the Shepherd's Pie in particular!).

> Finally, we joined to meet fellow expats and make new friends and connections. The BC's regular social events, such as the monthly wine tasting, are a great way to get to know other members."



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