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1903  
THE BRITISH CLUB  
BANGKOK

THE OFFICIAL MAGAZINE OF THE BRITISH CLUB BANGKOK

# OUTPOST

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# THE BRITISH CLUB BIRTHDAY

121<sup>st</sup>





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THE BRITISH CLUB  
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## OUTPOST

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BritishClub1903

# Contents



## Front Cover

The Club turns 121

## This Month

Thailand Travel Advice, a new Committee, a nearly new Wordsworth, "1971 - not a good year", lots of reports & sports and let's not forget we are 121 years old!!!

## REPORTINGS

- 04 Update from British Embassy
- 06 Chairman's Message
- 10 GM's Bulletin
- 12 Operations Unknow
- 34 Seniors Section
- 46 Membership Department

## HAPPENINGS

- 14 Past Participle
- 18 Review Reciprocal Clubs
- 20 Events
- 32 Calendar

## SPORTS

- 37 Tennis
- 40 Golf club
- 42 Hard Balls



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**OUTPOST** is the monthly magazine of THE BRITISH CLUB BANGKOK, the social sports and cultural centre for the English-speaking community in Bangkok. A full version of the magazine is also available online at [www.britishclubbangkok.org](http://www.britishclubbangkok.org). Design & Published - The British Club Bangkok. Opinions expressed do not necessarily represent those of the Club. All events, dates and times are correct at the time of press.

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## THE CONSULAR SECTION OF THE BRITISH EMBASSY

### Greetings once again and welcome back to April edition!

It's the hottest month of the year so it's time for Songkran - Thailand's famous water festival. This marks the Thai New Year and it is celebrated across the country by splashing water on each other. While it's a time of joy, it's also essential to protect your passport and other valuables from water damage to fully enjoy the festival without having to worry.

I would like to take this opportunity to remind you how important it is to stay updated with the latest updates from Thailand Travel Advice on GOV.UK. The page contains information that can help you stay up to date to ensure your safety in Thailand.

#### Here is what you will find on Thailand Travel Advice:

- 1. Warnings and Insurance:** The FCDO advises against all but essential travel to certain parts of Thailand. It's vital to check these areas and understand the implications for travel insurance and consular support.
- 2. Entry Requirements:** Information is available on passport validity, visa requirements, and customs rules. For example, British passport holders can enter Thailand without a visa for 30 days for tourism purposes, but longer stays require a visa.
- 3. Safety and Security:** Tips on avoiding petty thefts, and understanding local laws, including drug regulations and the strict *lèse-majesté* laws. It also covers advice for tourists, like being cautious with scams.
- 4. Health:** This section advises the importance of having appropriate travel insurance that covers medical treatment.
- 5. Emergency support:** In case of emergencies, there is information about how you can get help including contact numbers for ambulance, fire, and police, and British Embassy in Thailand.

Signing up for email alerts on Thailand Travel Advice ensures that you have the most up to date information and that you can enjoy your time in Thailand safely.

See you next edition and enjoy Songkran!

*Joanne Finnamore-Crokin*

**HM Consul, British Embassy, Thailand**











Simon P. Davies

# Chairman's Message



**To be** or not to be, as stated in Hamlet's speech, was about mortality and whether it is better to live or die? Fortunately the position of Chairman of The British Club is not a matter of life or death, well certainly not in the current climate, although whether I write "As Chairman or not as Chairman" will have been decided by the new General Committee following the AGM held in March. Therefore apologies for any errors and omissions in the heading Chairmans Message !!



March was another busy month that saw a wide range of activities at the Club with The Great British Festival featuring a superb line up of live music that included a set by the visiting Hong Kong Welsh Male Voice Choir whose harmonies were something out of this world. The Tennis sectioned organized a full day of fun tennis activities, concluded with night time buffet, in aid of The Queen Sirikit Breast Cancer Foundation(QSBCF). It was

a great honour to receive Khunying Finola from the QS-BCF who presented to the Club a limited edition book titled "Sanctuary" which is dedicated to Queen Sirikit.

The 24th annual "Living in Bangkok" event was held on the 24th March which included horse riding on the front lawn, Aston Martin cars on display and various attractions on the back lawn. A big thank you to all Sponsors that gave support as your involvement was much appreciated contributed to a most enjoyable day.

Progress is advancing well on the new staff quarters and I am very pleased to announce that work will soon commence on improving the existing changing rooms at poolside thereby giving a more spacious environment in which to get ready for activities or shower/cool down after same.

During March the renovation and furnishings were completed in The Wordsworth room which now offers a dedicated quiet area in a classical environment in which to read, work or simply relax. I do recommend you take a look inside and while in the Club House why not pop into The Games Room and hit a few balls on the world class pool tables.

In signing off I take this opportunity to wish the new General Committee all the best for another successful and enjoyable tenure whilst serving the Club.

**Cheers  
Simon**





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# British Domicile and UK Inheritance Tax

By Martin Wright, The Fry Group

## HOW DO WE GET OUR DOMICILE?

A domicile of origin is acquired at birth and is generally that of the child's father (where the parents were married), and of the child's mother (where the parents were not). Then at the age of 16, in England and Wales, a child can choose another domicile if they wish.

For non-British nationals, it was not always that simple, for women born before 1 January 1974 they generally took their husband's domicile, after that date they kept their own domicile.

## DOMICILE

When it comes to working with British expatriates, a major consideration is their domicile status, since it drives the extent of their UK Inheritance Tax (IHT) liabilities. Determining this and developing advice around this is hugely important. Many people are unsure if UK IHT rules apply to them. The key to understanding whether you are liable to IHT is the concept of domicile. If you are domiciled in England, Wales, Scotland or Northern Ireland, UK IHT applies to your global assets. If you are domiciled elsewhere, UK IHT is only charged on assets held in the UK.

It is important to note that long-term UK absence does not mean a domicile of choice has been acquired somewhere else, i.e. other than the UK. This is a common misconception, as severing connections with the UK and making it clear you plan to not live in the UK again together with a commitment to reside in your new country of choice permanently and indefinitely is what HMRC are looking to see.

By example, we often meet individuals who have lived and worked in numerous locations around the world, perhaps being outside of the UK for over 25 years, and who have now settled in Thailand. The previous periods of non-UK residency may be broadly irrelevant, it is the "life" in the current location which is all important.

There is no distinct timeline of how long one must be in a location where they wish to remain permanently, to determine whether a domicile of choice has possibly been acquired or not. It is more how serious the intent is and what steps have been taken to show it. This may, with the right steps, be a relatively short period of time, if all the significant logical and viable steps have been taken.

In the past, it was possible to make an application to HMRC to change one's domicile, but this is no longer the case. The main way to understand one's domicile position now is to have a professional review carried out by a sufficiently experienced and authorised individual. This will only provide an opinion and while it is not to be relied upon, it may strengthen the case of an individual's position.

## UK IHT

Introduced in 1986, UK IHT is based on the transfer of value from your Estate, when the Legal & Beneficial Ownership passes to another.

With IHT on death charged at 40% over the current Nil Rate Band (£325,000) it is important to understand the position for the next generation as there could be an unpleasant tax bill on the Estate of the individual who passes away.

The Main Residence Allowance per person at the time of writing remains at £175,000 for April 2023/2024 UK tax year and is currently planned to be fixed at this level until 2027-2028, with consumer price index increases applied thereafter.

The unused allowance is transferable to a surviving spouse for total allowances of £1 million and is tapered for Estates above £2 million. There are certain conditions for the Main Residence Nil Rate band such as the Estate must contain the current/former main home or be the proceeds of downsizing. And the current/former main home must pass to children or direct lineal descendants.



For IHT purposes and in relation to a British couple transferring assets between them on death there is no UK IHT. For a married couple with different domiciles (UK to a non-UK domiciled spouse) the amount is restricted to the normal £325,000 Nil Rate Band, plus a further £325,000 (a maximum of £650,000) that can currently be passed UK IHT free.

It can be possible to overcome this with an election in lifetime, or on the death of the UK domiciled spouse for the non-UK spouse to adopt a UK domicile. However, care is needed to understand if this will be most effective in overall UK IHT planning as it does bring the non-British spouse into the UK IHT regime with the Estate value for a minimum period.

To achieve this for a split domicile marriage, the election must be made within two years of the death of the deceased, or for a longer period if an officer of HMRC allows it. If the spouse then returns to the overseas home country, the UK domicile election will lapse after four further tax years. Overall, this would mean a UK IHT-free transfer of assets after completion of the election.

There are a number of UK IHT planning methods such as:

- Planning for a domicile of choice overseas
- Electing for a domicile of choice in the UK (Non-British spouses)
- Gifting to individuals
- Gifting capital to certain Trusts
  - Gift & Loan Trust (IHT-free future investment growth)
  - Discounted Gift Trust (an immediate partial IHT liability reduction)
  - Excluded Property Trust (for non-domiciled individuals going to live in the UK)
- Short-term (two year) IHT planning method examples:
- Furnished holiday lettings (strict criteria to qualify for Business Property Relief – BPR)
- Woodlands/farmland investments (Agricultural Property Relief – APR)
- AIM structured portfolios (Business Property Relief – BPR)
- Alternative investments which also achieve BPR/APR
- Life assurance policies written in Trust.

With careful planning, serious tax savings can result. Every situation is different and a blend of solutions at the right time is usually most sensible (although domicile planning is normally the first step).

There is a UK budget on 6 March 2024 with murmurs related to possible changes to UK IHT. We will have to wait and see what happens, but at the time of writing, this article covers the current main IHT HMRC rules and regulations.

Unless there is a complete removal of UK IHT, it remains sensible to seek professional advice and review your circumstances and plan ahead as best.



**Martin Wright**  
Senior Financial Planner



#### Disclaimer

The information in this article aims to provide information. However, this is not intended to form professional advice nor should it be relied upon as such and before taking any particular action, specific and personal advice should be obtained. All levels and basis of, and relief from taxation illustrated here are subject to change. The Fry Group (Singapore) Pte Ltd is authorised to act as a financial adviser by the Monetary Authority of Singapore - licence number FA100057.

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Tim Vongswang

# GM's Bulletin

**The past** couple of months have been filled with anticipation and I am excited to advise of some new features and enhancements to our beloved club.

We welcome members to bask in the sun on our newly rebuilt pool deck, built with great quality materials the deck should last for quite a while. Get ready for a literary feast as the Wordsworth Lounge is gearing up to open, a fresh feel with a classic look. I kindly urge all members to consider donating any good quality books especially hardback editions, to enrich our library collection and provided an inviting space for reading enthusiasts.

There have been some issues with the water pressure in Phase 2 wing which as caused the water going cold to hot and back again, rest assured that we have identified the root cause and are committed to rectifying the issues as soon as possible. A bright addition to our club is the installation of new LED lights for the tennis courts scheduled towards the end of March, making nighttime tennis more enjoyable and accessible for all members. As a worthy note, we have not just changed the lights 'like for like' as a lot of thought has gone into the brightness, casting of shadows, wiring using the existing lamp posts and of course cost savings.

We have also introduced a boxing punchbag in the fitness center for those seeking an invigorating workout, although boxing gloves are available to use, for hygiene purposes I would recommend bringing your own gloves if you don't have any, they can be purchased at our sports desk. A reminder that cigars are available from the Churchill bar with a refreshing drink of choice, enjoy an aromatic smoke amidst the serene ambience of our newly landscaped back gardens as everyone needs a few moments of tranquility and rejuvenation which can be found in our little oasis in Bangkok.



▲ Before - Wordsworth Lounge



▲ After - Wordsworth Lounge



Tempt your taste buds with our new Smokehouse menu featuring our signature smoked brisket and short ribs, along with the mouthwatering tomahawk steaks designed for sharing or any of our fabulous steaks displayed in the Veranda. To compliment the sizzling steaks, Chef Laak has designed an 'all you can eat' delectable array of side dishes for a perfect culinary experience.

In February's town hall meeting, our management and team members had once again come together for an open forum discussion. It was a great way to address any questions or queries, fostering a collaborative environment. Moreover, we took the opportunity to celebrate the birthdays of 34 of our staff members who were born in November to February, wishing them a very happy birthday and to express our appreciation of their hard work and commitment.

The whole team and I are dedicated to enhancing your club experience and creating unforgettable memories for all our members. Stay tuned for more updates and exciting developments with the full support of our hard-working General Committee.



▲ Cigars Training



▲ Staff BD



▲ Town Hall Meeting





# THE BRITISH CLUB BIRTHDAY

121<sup>st</sup>



*Come & Celebrate the Clubs  
121<sup>st</sup> Birthday*

*Sunday 21<sup>st</sup> April 2024*

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Paul Cheesman

# ~ ~ ~ PAST PARTICIPLE ~ ~ ~ *Auspiciam Melioris Ævi*

*We continue the story of  
the British Club Bangkok ... 1971*

## “Tuberculosis!”

One of the most drastic events in 1971 was the decision to demolish the staff house, this was situated where the rear car park is now. Regular readers will recall the previous year’s problems of overnight guests, well this year started out with a serious outbreak of Tuberculosis affecting five staff who lived there, one extremely seriously. All other staff were clear upon being x-rayed. It was thus agreed in April to shut the place, all staff being offered a financial incentive to move and when they had all moved out it was bulldozed to the ground!

In the August, the adjacent Bowling Alley was demolished after a write out to all Members garnered no support for its continued use. It was replaced by a small Staff Restroom thus freeing up much of the lawn



▲ *Bowling Alley {Picture courtesy of Dr. Paddy Dickson}*

## Our Naval Year

There was again a single visitor in this year: in the February, the Club extended to the crew of HMAS Perth (D38), a Perth-class guided missile destroyer, use of the Club facilities during their visit.



▲ *Fight And Flourish*

## Sporting Matters

January 22nd was to see the grand opening of the original Squash Court No.2, in the poolside buildings demolished in 2017 to build the current two courts. The opening was performed by the chairman Godfrey A. Sommerfield, and a series of exhibition matches were played.

Although nearly two years in the making the court lasted less than two months before serious repairs (under warranty) were needed. These repairs were complete, however, in time for a Squash Exhibition Day when international player Aftab Jawaid visited the Club for a day, gave lessons and played a few exhibition matches. Aftab went onto to become Head Coach for the Pakistan Squash Federation, the de facto National Coach.

The Club accepted an invitation from Khun Burapha Attakorn, of the Royal Bangkok Sports Club, who proposed an Annual Thai team/British Club squash fixture. Air Chief Marshall Dawee Chullasapya, head of the 1970 Asian Games committee, donated the Cup.

The inaugural annual Swimming Competition for the Club against the Bangkok Aquatic Club was held in the November, playing for a cup donated by Lady de la Mare, wife of the British Ambassador, H.E. Sir Arthur de la Mare KCMG KCVO.





▲ *The Dawee Cup*

## Mr. Gilmore calls

The most significant event of 1971 should have been the visit to the Club of a Mr. W.M. Gilmore on the 4th of January: Mr Gilmore had been a Club Member from 1908 to 1932 and was, in fact, Honorary Secretary from 1920 to 1922. During that time, he had been seconded from Barrow, Brown & Co to the Siamese Military Survey Department

Sadly, only a few members were around but for those who were, Mr. Gilmore spent the whole evening telling of life in the Club before the present Clubhouse, and how it developed through the tens, twenties, and early thirties. Mr. Gilmore promised to make a written record for the Club but, so far, a search of the archives cannot trace a copy of it – hopefully, some reader can enlighten us?

7 (i) Mr. Greenwood advised the committee that Mr. W.M. Gilmore, a member from 1908-1932 had called on them last Monday, January 4th, but only few members were present, Mr. Gilmore had been an Hon. Secretary for two years in the "200s" and a very interesting conversation developed in the bar with Mr. Gilmore holding everybody's attention with anecdotes regarding the very first days of the Club, before the present building had been built. 1

▲ *Mr. Gilmore calls*

## Service

1971 saw elected one of the most "fluid" of committees ... Godfrey A. Sommerfield was again Chairman (see *Past Participle, February 2023*) and Mike Greenwood was Vice-Chairman (see *Past Participle, December 2023*), although he left in the June and was replaced by Chris R. Thomas (see *Past Participle, March 2024*),

Michael P. Cadiz, of the Borneo Company, was Honorary Secretary in his only term of service. The Honorary Treasurer was initially Mr. I. Brown, of the Chartered Bank, in the first of two terms of service but he went on the Absent List in the December and was replaced by the co-option of Mr. A.M. Fletcher, also of the Chartered Bank, in his first of two terms of service!

Exactly half of the committee elected were members who would serve this term only: Mr. W.D. Mitchell of Anglo-Thai Motors, Mr. John A.G. MacDermott of May & Baker, Mr. Derek H. Roy of Loxley, Mr. C.L. Thomas of Lloyds International and Mr. M.S. Reid of the Shell Company, who went on the Absent List in the October. Strangely, the two co-options were members who would serve this and the next term only ... Mr. M. Ross Clark, of Squibb Far East, and Mr. Anthony K.D. Townsend of the Hongkong & Shanghai Bank.

### 1971-72

**CHAIRMAN:** Godfrey A. Sommerfield  
**VICE-CHAIRMAN:** Mike Greenwood (resigned 14.06.1971)  
 Chris R. Thomas (from 28.06.1971)  
**HONORARY SECRETARY:** Michael P. Cadiz  
**HONORARY TREASURER:** I. Brown (went Absent 08.12.1971)  
 A.M. Fletcher (co-opted 15.11.1971)  
**MEMBERS:**  
 M. Ross Clark (co-opted 18.10.1971)  
 W.D. Mitchell  
 John A.G. MacDermott  
 M.S. Reid (went Absent 31.10.1971)  
 Derek H. Roy  
 C.L. Thomas  
 Chris R. Thomas (to Vice-Chairman 28.06.1971)  
 Anthony K.D. Townsend (co-opted 14.06.1971)

▲ *General Committee 1971-72*



**Club News**

The Silom Gate had always been a problem for the Club as it was frequently used as a short cut by non-members – to the point where on several days Committee Members staffed the gate to check all who entered! It was finally agreed to keep the gate closed and locked – opening only at 9am, and then closing at 9.30pm after which the Suriwongse Road became a two-way street!

In the March, the land external to the Suriwongse wall, i.e. the footpath on Suriwongse Road, was surrendered to Amphur Bangrak.

In the April, upon the resignation of the two Night Watchmen, it was decided that they would be replaced by uniform guards from an external security company. Manpower won the contract at 2,100 Baht per month

In the August, the Club manager, Mr. Traugott, reported that finally, in conjunction with the Land Department, all boundary markers were now in place. The Club had had incursions, or attempted incursions, onto its land over several years from the Narai Hotel, a resident in Soi Prachum, and the Neilson Hays Library!

The previous year had seen the Billiards Room relocate upstairs, so the ground was set to air-condition the old Billiards Room and establish it as a restaurant – thus on 22nd November, at a cost of 250,000 Baht, ‘The Dining Room’ opened. This was located where the current Churchill Bar is.

1) House & Grounds  
 The major item this year has been the provision of an air-conditioned dining facility in the main club-house. A budget of 400,000 Baht was set for this project and the job was completed for Bht.250,000.

▲ *Under Budget!*

**In Other News**

On 15th February, the UK moved to decimal currency, replacing 240 ‘old’ pennies with 100 ‘new’ pennies for each £1!

During the year, the New Zealand Embassy moved to the Anglo-Thai Building at 64 Silom Road, which was already home to the Australian Embassy.

The Reverend P. D. Kingston became Vicar of Christ Church, and an Honorary member of the Club.

In the July, the English-language newspaper later known as “The Nation” was founded. It became digital only in 2019.

In the December, the Royal Thai Government merged the changwats [provinces] of Phra Nakhon and Thonburi to form “Krung Thep and Thon Buri Metropolis”. The administration was now handled by the “Metropolitan City Municipality”, but Amphur Bangrak remained the local administrative unit for the Club.

**On the 21st December 1971, National Executive Council Order Number 24 was proclaimed which merged Krung Thep province and Thon Buri province into a single province called the “Krung Thep and Thon Buri Metropolis.”**

▲ *From the BMA official history*

**Next month ...**

**“Financial crisis!”**

**Paul Cheesman  
 Honorary Secretary**

*For Members interested in our Club’s history, the timeline “120 Years in the Making” can be found on the Website under ‘The Club – History’.*





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# Kobe Club, Kobe, JAPAN

*Visited in January 2024 by Paul Doust and Prasit Jangkamol (a.k.a. Jack)*



From the early 17th century, Japan was almost completely closed to foreigners. However, when Japan began opening up again in the mid-19th century, the port of Kobe was opened for foreign trade. Shortly afterwards in 1869, twenty-seven foreign gentlemen established the Kobe Club. It was originally called The English Club, and was the first English-speaking club for foreigners in Western Japan.





During an air raid during World War II, the club was gutted by fire. After that the land was sold and the proceeds used to buy the secluded wooded grounds, slightly uphill from the centre of Kobe, which is where the club is still located today. After the devastating 1995 earthquake in Kobe, the club was temporary home to 200 people left homeless by the disaster. These days the club has around 200 members from more than 30 different countries, drawn from diplomatic and government services, from academic and medical institutions, and from the private sector.

The club has a bar, a dining room, an outside terrace, and several function rooms including a ballroom. Additionally there's a library, a gym, a sauna and an outdoor swimming pool, but the club has no accommodation. The dress code in the bar and dining room is "smart casual" so shirts with collars are required, but jackets and ties are not. A more relaxed version of the dress code is applicable in the warmer months from May to September.

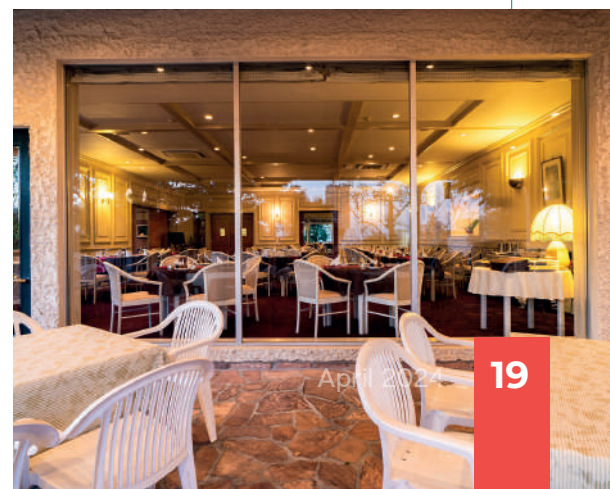
On a winter's break in January, we booked dinner at the [Kobe Club](#) for our first night in Japan. Arriving at the club, we found piano music playing quietly in the background in all the main areas. True to its English speaking origins, all the club's notices that we saw were in English, and there were copies of two English language newspapers on the bar. Kobe Beef is world famous, so I asked whether it was on the club's menu. I was told that true Kobe Beef refers to Tajima beef from the Hyōgo Prefecture, and with lots of other conditions as well the supply

is very limited. They said that Tajima beef from elsewhere (in Japan or overseas) is not Kobe Beef, and that most of the Kobe Beef advertised in Kobe, in Japan, and all over the world is not actually Kobe Beef. So in spite of the club's location, Kobe Beef is not on the menu and the club's dining room only serves Western food.

The main reception desk at the top of the stairs on the left hand side was closed when we arrived, but there was a notice telling us to register at the bar. The barman had a copy of my letter of introduction that had been sent, but there was a form for me to fill in, and he needed to see my British Club Bangkok membership card.

Apart from one other couple in the bar, and people attending a 60th wedding anniversary celebration in one of the function rooms, the only other people in the club were the staff. However, a very peaceful venue for dinner was ideal for our first night in Japan because we'd had a difficult day with tiresome taxi drivers. The dining room menu was reasonably priced and included a bi-weekly specials menu, so we had a nice enough meal. The couple who had been in the bar on our arrival had dinner on the adjacent table in the dining room, and they wished us a pleasant evening in English on their way out.

The barman was in charge of taking payment for our dinner, and offered us two payment methods, namely cash or credit card. We paid in cash, because the credit card option was 5% more expensive. Overall, the [Kobe Club](#) was very welcoming, so the club is a good place to escape from the hustle and bustle of downtown Kobe.







## Friday Night Curry Night

01/03/24

A big thank you to everyone that supported the 3 weeks of Friday Night Curry Night with the Rang Mahal Restaurant, they delivered their authentic Indian signature dishes with class







# UK Mothers Day

09/03/24

A wonderful day at Veranda restaurant making sure all Mums felt special for the day







**Great British Festival 2024**  
**09/03/24**

Rocking the Back Lawn on a Sunday afternoon. The Male Welsh Choir, The Grumps, Bangkok Beatles, and the Angel Band. Look out for the next one in October.







# Quiz Night

12/03/24

Well well well, two new teams enter the fold of the Quiz Night, Under Par team taking 1st place and The Brothers taking 2nd place.







# Pool Match with Sport Corner & Chill Out

26/02 & 11/03/24

The British Club Pool Team has entered the BKK league and where we lose most matches, we certainly make it up in being the most social team in the league. Fingers crossed it's a game of two half in the second part of the season.







# An Intimate Wine Night - Exploring ITALY

15/03/24  
A stunning journey through the vineyards of Italy, exploring a selection of boutique.







**The Winston Cup  
Pool Competition  
Mar 2024**

**16/03/24**

Congratulations to Tom for coming 1st and to Don for 2nd place in the March Winston Cup. Make sure you get ready to play in April's competition.







# St Patricks

17/03/24

Live music together with a selection of Irish beverage made the Jubilee bar the place to be on St Patricks Day.







**AGM 2024**  
**19/03/24**

Congratulations to the new General Committee that was elected at the 2024 AGM.





# Coming Events

# Event & Activities 2024

## APRIL Highlights

### April 2024

- 9th Tue Quiz Night
- 13th Sat Songkran Wet & Wild Pool Party
- 21st Sun Club 121st Birthday
- 27th Sat Wine on the Lawn



### Songkran Wet & Wild Pool Party

- Saturday 13<sup>th</sup> April

Get ready to get wet and wild with our Epic Songkran Pool Party, dance splash and enjoy.

### May 2024

- 7th Tue Quiz Night
- 17th Fri An Intimate Wine Night
- 26th Sat Wine on the Lawn



### Club 121st Birthday - Sunday 21<sup>st</sup> April

Celebrate the Club turning 121, activities and promotions all day in all outlets.

### June 2023

- 11th Tue Quiz Night
- 16th Sun UK Father Day
- 23th Sat Wine on the Lawn



### Wine on the Lawn - Saturday 27<sup>th</sup> April

Possibly the last wine on the lawn for the summer break, make sure not to miss it.



# WINE on The Lawn

Saturday, April 27<sup>th</sup>  
6:00 pm | Front Lawn

MEMBERS 400 ฿ | GUESTS 500 ฿

4 wine suppliers 1 craft beer supplier.  
includes two featured glasses of wine  
Tapas Buffet

Live Music from Angel Band



Bookings & Info Via: The British Club Line Official  
**Add LINE ID @britishclubbkk**  
by attending you agree to the Club P.D.P.A



1903  
THE BRITISH CLUB  
BANGKOK





OUTPOST

# LIVING IN BANGKOK 2024

24/03/24

A sunny Sunday afternoon saw the return of Living in Bangkok 2024, a fun packed day showcasing the best of Bangkok's exhibitors and activities.





MON

TUE

WED

1

**Tennis Mixed Doubles  
Team practice**  
7.00pm - 10.00pm  
**Squash Mix-in**  
5.15pm - 7.30pm

2

3

**Squash Mix-in**  
5.15pm - 7.30pm  
**Balut**  
6.00pm - 8.00pm  
**Circuit Training**  
6.00pm - 6.45pm  
**Tennis mixed-In**  
6.00pm - 10.00pm

8

**Tennis Mixed Doubles  
Team practice**  
7.00pm - 10.00pm  
**Squash Mix-in**  
5.15pm - 7.30pm

9

**Quiz Night**  
7.15pm - 9.30pm

10

**Squash Mix-in**  
5.15pm - 7.30pm  
**Balut**  
6.00pm - 8.00pm  
**Circuit Training**  
6.00pm - 6.45pm  
**Tennis mixed-In**  
6.00pm - 10.00pm

15

**Tennis Mixed Doubles  
Team practice**  
7.00pm - 10.00pm  
**Squash Mix-in**  
5.15pm - 7.30pm

16

17

**Squash Mix-in**  
5.15pm - 7.30pm  
**Balut**  
6.00pm - 8.00pm  
**Circuit Training**  
6.00pm - 6.45pm  
**Tennis mixed-In**  
6.00pm - 10.00pm

22

**Tennis Mixed Doubles  
Team practice**  
7.00pm - 10.00pm  
**Squash Mix-in**  
5.15pm - 7.30pm

23

24

**Squash Mix-in**  
5.15pm - 7.30pm  
**Balut**  
6.00pm - 8.00pm  
**Circuit Training**  
6.00pm - 6.45pm  
**Tennis mixed-In**  
6.00pm - 10.00pm

29

**Tennis Mixed Doubles  
Team practice**  
7.00pm - 10.00pm  
**Squash Mix-in**  
5.15pm - 7.30pm

30





# APRIL 2024

THU

FRI

SAT

SUN

**4** Yoga  
6.00pm - 7.00pm  
**Cricket team practice**  
6.30pm - 8.00pm

**5** Tennis mixed-in  
8.00am - 11.00am  
**Junior Tennis Coaching**  
4.00pm - 5.00pm  
**Junior Cricket Coaching**  
5.30pm - 7.00pm  
Tennis mixed-in  
6.00pm - 10.00pm

**6** Yoga  
11.00am - 12.00pm  
**Kids Activities**  
12.00pm - 4.00pm  
**Squash Mixed-in**  
12.45pm - 4.30pm

**7** **Football Academy**  
9.00pm - 10.30pm  
**Tennis Men Doubles**  
**Team practice**  
10.00am - 1.00pm  
**Sunday Brunch**  
11.30am - 3.00pm  
**Kids Activities**  
11.00am - 3.00pm  
**Tennis Mix-in**  
4.00pm - 7.00pm

**11** Yoga  
6.00pm - 7.00pm  
**Cricket team practice**  
6.30pm - 8.00pm

**12** Tennis mixed-in  
8.00am - 11.00am  
**Junior Cricket Coaching**  
5.30pm - 7.00pm  
Tennis mixed-in  
6.00pm - 10.00pm

**13** Yoga  
11.00am - 12.00pm  
**Songkran Pool Party**  
12.00pm - 4.00pm  
**Squash Mixed-in**  
12.45pm - 4.30pm

**14** **Football Academy**  
9.00pm - 10.30pm  
**Tennis Men Doubles**  
**Team practice**  
10.00am - 1.00pm  
**Sunday Brunch**  
11.30am - 3.00pm  
**Kids Activities**  
11.00am - 3.00pm  
**Tennis Mix-in**  
4.00pm - 7.00pm

**18** Yoga  
6.00pm - 7.00pm  
**Cricket team practice**  
6.30pm - 8.00pm

**19** Tennis mixed-in  
8.00am - 11.00am  
**Junior Cricket Coaching**  
5.30pm - 7.00pm  
Tennis mixed-in  
6.00pm - 10.00pm

**20** Kids Activities  
12.00pm - 4.00pm  
**Squash Mixed-in**  
1.30pm - 6.45pm  
**Cricket Team Practice**  
2.30pm - 6.00pm

**21** **Clubs 121st Birthday**  
ALL DAY  
**Football Academy**  
9.00pm - 10.30pm  
**Tennis Men Doubles**  
**Team practice**  
10.00am - 1.00pm  
**Sunday Brunch**  
11.30am - 3.00pm  
**Tennis Mix-in**  
4.00pm - 7.00pm

**25** Yoga  
6.00pm - 7.00pm  
**Cricket team practice**  
6.30pm - 8.00pm

**26** Tennis mixed-in  
8.00am - 11.00am  
**Junior Tennis Coaching**  
4.00pm - 5.00pm  
**Junior Cricket Coaching**  
5.30pm - 7.00pm  
Tennis mixed-in  
6.00pm - 10.00pm

**27** Yoga  
11.00am - 12.00pm  
**Kids Activities**  
12.00pm - 4.00pm  
**Squash Mixed-in**  
12.45pm - 4.30pm  
**Wine on the Lawn**  
6.00pm - 9.00pm

**28** **Football Academy**  
9.00pm - 10.30pm  
**Tennis Men Doubles**  
**Team practice**  
10.00am - 1.00pm  
**Sunday Brunch**  
11.30am - 3.00pm  
**Kids Activities**  
11.00am - 3.00pm  
**Tennis Mix-in**  
4.00pm - 7.00pm





Terry Adams



BRITISH CLUB  
SENIORS SECTION

# Seniors Section

## SECTION UPDATE:

**Seniors Section** Membership is open to ALL Club Members and their Spouses/ Partners irrespective of age. The Section's objectives are to engender continuous learning, mild activity, and most certainly good socializing. So, come along to your first Seniors Section event: we are confident that having done so, you will then be attending others.

We continue working to provide two events each month, with events already at various stages of progression and finalization to June 2024.

Interested to become a **SECTION MEMBER** or just wanting to discuss or make enquiry, or to suggest a possible Section event please call **Terry Adams** on 081 750 1087 or email him at: [terry.adamsbkk@gmail.com](mailto:terry.adamsbkk@gmail.com)

Visit the Seniors Section website at: [www.britishclubbangkok.org/seniors-section/](http://www.britishclubbangkok.org/seniors-section/) for information on the Section and our Events. Just keep clicking on the posters to delve deeper for information, photographs, and much more.

## April Events:

**FINGER ON THE PULSE OF THAILAND**  
A conversation with **Colin Hastings** on his Journey in Thailand  
Journalist, publisher of "Big Chilli", long term Thailand resident, and BC Member

Date: Thursday, 4<sup>th</sup> April 2024  
Time: 12.00 pm  
Venue: Suriwongse Room  
Charges: Section Members Baht 400  
Club Members Baht 450  
Guests Baht 500

Open to: Seniors Section Members, Club Members, Guests

Pre-order your choices of any 2 of the 3 courses options from the day's Business Lunch Menu (water, tea or coffee provided)

To register please phone Terry Adams on 081 750 1087 or email to [terry.adamsbkk@gmail.com](mailto:terry.adamsbkk@gmail.com)  
Seniors Section Website: [britishclubbangkok.org/seniors-section/](http://britishclubbangkok.org/seniors-section/)

**From BITCOINS to HEALTHCARE to BANKING and beyond!**  
**BLOCKCHAINS: Already transforming our World**  
Hear from Financial Technology Expert **Eetu Kuneinin**

Date: Thursday, 25<sup>th</sup> April 2024  
Time: 12.00 pm  
Venue: Suriwongse Room  
Charges: Section Members Baht 400  
Club Members Baht 450  
Guests Baht 500

Open to: Seniors Section Members, Club Members, Guests

Pre-order your choices of any 2 of the 3 courses options from the day's Business Lunch Menu (water, tea or coffee provided)

To register please phone Terry Adams on 081 750 1087 or email to [terry.adamsbkk@gmail.com](mailto:terry.adamsbkk@gmail.com)  
Seniors Section Website: [britishclubbangkok.org/seniors-section/](http://britishclubbangkok.org/seniors-section/)



## EVENT REPORT:

### Day Trip to Ang Thong and Ayutthaya: Wednesday, 21st February 2024

Trialing the use of 2 VIP 9-passenger vans rather than the usual 22-seater luxury minibus, 12 Section Members set off from the BC for the 75-minute journey to the Maharat Buddhist Park near the Ayutthaya/Ang Thong border. There we found an excellent OTOP Market, already well open even at 9.45am. Walking through the market, surrounded by lakes, brought us to the entrance to the gigantic golden statue of Luang Pu Thuat (a famous Buddhist monk) that was flanked by ponds full of beautiful lotus flowers. After the customary photos, the vans were boarded and we travelled the few Km inside the Park to the newly opened monuments to King Naresuan along with other 'attractions' such as statues of buffalos, numerous chickens, and, as you will see in one of the photos below, a rather naughty one!



Then on to the nearby Wat Muang Ang Thong and the massive statue of Buddha standing 92m high and 63m wide, the tallest statue in Thailand, the second tallest statue in Southeast Asia, and the ninth-tallest in the world. Wat Muang is an ancient temple originally built in the late Ayutthaya era. At that time, Ang Thong was an outpost city famous for religion, art and sculpture. During the fall of Ayutthaya in 1767, Ang Thong and the temple were also burnt down and eventually both were rebuilt.

The temple's ordination hall is decorated with millions of pieces of mirror called "Wiharn Kaew", said to be displaying the 'image of heaven'. The outside of the hall is surrounded by big lotus petals. Walking outside from the mirror hall, we saw the 'court of statues' teaching about karma as taught in Buddhism – some of which portrayed somewhat gruesome sights.

From there we travelled into Ayutthaya City for a su-

perb riverside lunch at the De Riva Ayothaya Restaurant before taking the short journey to the "Arts of the Kingdom Museum" which we found to be a very new and modern building, more an exhibition hall than a museum. The contents were all stunning, but there are no photographs as the taking of such was strictly forbidden and strictly policed. The use of multi-language hand speakers allowed detailed explanations of just about all of the marvelous exhibits. The Exhibition proved to be a real testament to the dedication and brilliant workmanship of the artisans at the Queen Sirikit Institute, mostly from deprived hill-tribe areas of Thailand, who had very painstakingly hand made all the exhibits many over considerable periods of time.

Gathering together in the excellent coffeeshop to relax and wind-down, we then entered the vans to undertake the return journey to the BC. As an aside, a subsequent quizz of our travellers revealed a general preference for the single 22 seater minibus rather than the 2 VIP Vans!





EVENT REPORT:

***“Looking at Old Thai Wat Murals”:  
Wednesday, 6th March 2024.***



Held in the recently renovated Wordsworth Lounge, we enjoyed a really interesting, very well-presented, and fascinating talk following a nice BC lunch by the acclaimed historian Dr Chris Baker, a resident of Thailand for very many years. He was accompanied by his wife Prof Dr Pasuk Phongpaichit, herself described as being a “Crusading Scholar” – they really do make an incredibly talented, dedicated, erudite, and a so well-respected team who have together won numerous awards as well as international recognition!

Focusing his attention on ancient temples located in the massive flat delta formed by the Chao Phraya River and its tributary Tha Chin River, down to where they both flow into the Gulf of Thailand, Chris highlighted examples of murals at a number of temples where these murals fell into the categories of the Traiphum Cosmology (of heavens and hells), the Life of Buddha, and the Jataka Tales (that told of the various previous lives of Buddha). He described and showed both wide angle and close up photographs of massive murals that covered whole interiors of temple halls that are all different and with no standard layout. He moved on to show similar examples of murals that depict scenes of real everyday life in those ancient times, usually in divided

panels rather than a whole wall. Some of the depicted scenes set out vistas of what these days would not be allowed, including some of a lewd nature. Other scenes set out whole panoramas of village life; others even included depictions of ‘foreign’ visitors to Ayutthaya in its heyday such as Turkish riders on horses. All in all, a fascinating presentation that opened many eyes as to the real wonders that reside on these temple walls. Regrettably, time and pollution are having their toll as these masterpieces are often found to be suffering from fading and erosion, and where there are no preventative or restorative measures in place to preserve these ancient murals.

We were so lucky to have Chris to dazzle us with his insights into what might at first reading, seem to be a somewhat dull topic. However, under his tuition this proved to be anything but, and was of real interest to all attendees. This writer to name but one, now has a far better understanding of what to look for and what to really enjoy during future Temple visits!

We very much intend to seek return visits by Chris and his esteemed wife Prof Dr Pasuk Phongpaichit the renowned Economist dubbed “The Crusading Scholar”.



# TENNIS

## Forethoughts



Sunil Mehra

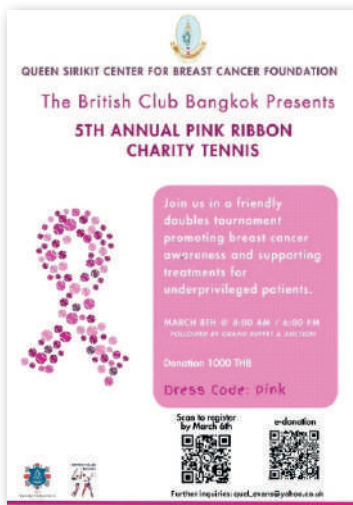
We, at the British Club, or at the Tennis Section at least, are sometimes ahead of the 'times'. Those 'Afterthoughts' from 16 February in the last Outpost clearly had sent silent reverberations across the seas; so much so that on 28th February, BBC published, *Why Julius Caesar's Year of Confusion was the longest year in history* and I quote, "To tame a hopelessly disorganised Roman calendar, Julius Caesar added months, took them away, and invented leap years. But the whole grand project was almost thwarted by a basic counting mistake."<sup>1</sup> More on this later.

The second forethought is less of a Roman babble but of current interest – what is healthy aging and what makes the not-so-young adults even better human beings (that's my addition). I know many of you are thinking – ah, that is not for me but, hang on, as you will find out later, there are many things we acquire or inculcate at an earlier time that have long-lasting results; so think early and act earlier would be valuable suggestions to those looking forward to a healthy and fruitful long-life...more to come in the next few issues.

Now to the main purpose of our existence in no particular celestial order of merit – tennis, love of humanity, charity of spirit and much more on the art of giving. Foremost in order of significance: **The Pink Tournament.**

*The Pink Tennis for Breast Cancer Tournament that also Celebrated International Women's Day was held on 8th March 2024, at 8am & 6pm*

AND what a pink turnout it really was that kept the tennis courts, the Sala, the Club abuzz with colour the entire day with kindness, fun and the power from joy of giving for a good cause; everyone did *Join IN, Pitch IN (over 80 players), and Give IN* – with total contributions to change the world for the better for others less fortunate – reaching over 170,000 Baht. It is fair to say the **Pink Tennis for Breast Cancer tournaments** held morning and evening were a great success as two fun-filled American style charity tournaments. All proceeds have gone to *Queen Sirikit Breast Cancer Foundation (QSB-CF)*. These funds will go towards the QSCBCF Slum Project which provides breast cancer screening, rehabilitation and hospice care for underprivileged patients in Thailand.



*Some of the Pink in Action*

<sup>1</sup> <https://www.bbc.com/future/article/20240227-how-julius-caesar-made-the-longest-year-in-history-and-brought-us-leap-years>



*Special thanks*

*By Raymond Lemieux*

“I would like to express my gratitude to everyone who participated in the tournament. Special thanks to the tennis committee, especially Raquel Evans, for their invaluable help in making this event possible. I also extend my thanks to all the players and sponsors, donors and players; without your support, we wouldn't have raised an impressive amount of **Baht 171,590** for QSCBC. I want to emphasize that this money will greatly benefit underprivileged individuals, providing them with access to mammograms and treatments. Again, a huge thanks to everyone involved.”

From the tennis family a very special thanks to Raymonde for always providing the inspiration to support a good cause; and all the tennis folks including Nattaya, Vicky, the official whistleblower, and all the players who played with that warm and generous spirit. There were a few winners from the tournaments, but in this context this was less important. The real winners are the selfless workers helping others in need.

**Farewell Dear Friend.....**

This is a story of love, happiness and joy shared by so many for many years at the British Club, so they gathered together in their dozens to convey their respect to a ‘great gentleman of tennis’ departing for greener pastures after 35 years in Thailand, and after contributing so much to the health and well-being of players and watchers of Morning Group of tea drinkers. There are great tennis players and occasionally there are great human beings who are great at playing tennis – that, as you know, has spurred for years the GOAT debates of our times; in the British Club we do have consensus among the Morning Group players – “a real gentleman”, as someone said;



▲ *Hemant & Rupa wishing you the best in your new life*



▲ *Catch a falling star and put it in your pocket, Never let it fade away..*

with the ability to inspire and encourage many towards better tennis and better social well-being. We are referring to **Hemant Desai** who blessed many lives during his many years at the British Club with his generous smile and sleight of deft hand at the net; aptly captured by the ever-mischievous Khun Jesada (may be a sheep) at the farewell: “Friends are special treasures we all want in life. There are some friends in our lives who become more than friends for us and with whom we share every possible experience of our lives, take advice, make fun and spend good times with them.....let our friendship be that kind of friendship that transcends geography and time.....” *Time is a continuing theme of our article this week!*

**Healthy Aging Part One**

As promised, a bit more about what we have learnt about healthy aging from one of the biggest and recurring surveys among older adults in Japan. This has a lot to links to the previous story from the Morning Group. So, let's look at a few interesting factors that helped both with longevity and also healthy aging - the first of few teaser learnings that I have deduced from Sasaki sensei's presentation recently at the National Institute of Public Health in Japan, at an international course that I was also involved in teaching:

- Clinical assessments alone provide limited understanding of factors that contribute to healthy ageing; so, we need to explore other factors including social determinants through longitudinal studies.



- Named as “research of the secret of longevity”, Japan has highest life expectancy and also ‘healthy life expectancy’. But the gap between the two is significant – about 8.75 years for men and 12 years for women.
- Current ‘Biological/Medical model emphasises Lifestyle Choices such as diet, smoking, alcohol and exercise, or lack of, that impact on susceptibility to Lifestyle Diseases or Conditions including hypertension and stroke, and these contribute to ill health with implied causal link to lower life spans. Within this model success is mixed; because of reluctance to change life styles or the willpower to sustain life style change. Most people are aware of these linkages but the behaviour change is a challenge for many.
- At the same time there has been some rethinking because of evidence on social/psychological factors has revealed another important dimension.

#### *Understanding the Social+Psychological+Biological model*

This is also called the *Social Epidemiological model* that means spending more time understanding human lives, human interactions and connections and not just biological/clinical factors. The big data/survey<sup>2</sup> mentioned above reveals that those lifestyle choices and diseases usually have psychological background of factors such as stress or depression which are often caused by income or disparity and lack of social or mutual support. So let us look at some, (three to begin with) of the evidence and analysis. Some you will say, seem obvious, but others may be a bit startling.

1. A four-fold lower income leads to about 12-fold increase in the possibility of suffering from depression (leading to lifestyle choices and diseases) among 65–69 year olds.
2. For both women and men, unhappy marriage (w33.6%, m27%) is greater cause of depression than not being married (w 13.6%, m17.3%) or widowed or divorced (w8.5%, m13.9%. *And finally, even more revealing and linked to British Club Moring Group active for 25 years, or possibly other groups such as squash and cricket:*
3. People who do not participate in sports group but exercise once a week alone are ‘1.29’ times more likely to require long-term care (implying need institutional support) when compared to people who participate in a sports group for once a week or more. More later...

#### ***Back to the beginning of time....***

Finally, we have just enough space and time to go back to the beginning of time....so let’s go through some of quotes from the BBC. The revision of calendar by Julius Caesar about 2070 years ago was not the earliest nor the first major reform of time during early Rome times. This time it was instigated by the frustration that the harvest festival was arriving in the middle of Spring. I better quote in the interest of humour rather than historical significance. According to BBC:



“On Sosigenes’ (an astronomer from Alexandria) advice, Caesar added another two never-before-seen months to the year 46 BC, one of 33 days and one 34, to bring the calendar in line with the Sun. The additions made the year the longest in history at 445 days long, with 15 months.”

More idiosyncratically because ...the Roman method of counting at the time:

“They look at the years and they count, one, two, three, four,” says Helen Parish (from University of Reading) and then they start counting again at four – so they count four, five, six, seven. Then they start at seven – so seven, eight, nine, 10. So they’re double-counting one of those years each time.”

Just remember that it took another 1500 years for the Gregorian calendar to descend into the real world.

I hope by now you are full of confidence in our history of time as determined by the wise and powerful in ancient Rome or you have been tempted to explore why the Gregorian calendar is so out of sync with the Thai calendar, by 543 years and with a starting year about 500 years before Julius Caesar; as it is based on the year Lord Buddha attained Parinirvana. True? Who can convince us of the accuracy of time ....next time we will descend to earth again from the celestial meanderings. In meantime, enjoy every day as it isn’t coming back.

<sup>2</sup> *Exploring Inequalities in Health: A large scale survey for long-term care prevention in Japan. Based on JAGES Surveys 2010, 2013 and 2016/17, in which 17 Universities and Institutions were involved with 30 municipalities. 200,000 persons responded, a 69.5% response rate (this is very high compared to any marketing survey which range from 10-30%)*





# BRITISH CLUB GOLF

**On Sunday** 11th February the British Club Golf Society played their monthly Medal at Subhapruek and this was followed by the AGM in the Surawongse Room at the British Club. This was a super evening of celebration and prize-giving combined with a hearty and delicious Sunday Lunch buffet.

The trophies that were awarded throughout the evening were:

- |  |   |
|--|---|
| <p>Juniors Champion<br/>Seniors Champion<br/>Dunlop Plate<br/>Dunlop Cup<br/>Eclectic Low Gross<br/>Eclectic Cup<br/>Ladies Lowest Net Champion<br/>Men's Lowest Net Champion<br/>Ladies Lowest Gross Champion<br/>Men's Lowest Gross Champion<br/>Flight A Medal Eclectic Winner<br/>Flight B Medal Eclectic Winner<br/>Best Net Average<br/>Best Handicap Improvement<br/>Most Long Drives Men<br/>Most Long Drives Women<br/>Most Near Pins<br/>Most Long Putts<br/>Golfer of the year<br/>Matchplay Champion</p> | <p>Angkana Nilkumnerd<br/>Andrew Stray<br/>Neil Davis and John Sargison<br/>Peter and Barbara Frank<br/>Brian Dodd<br/>Andrew Stray<br/>Becky Adderley<br/>Martin Finn<br/>Yurachatr Brook<br/>Peter Clark<br/>Mark Adderley<br/>Becky Adderley<br/>Mark Adderley<br/>Angkana Nilkumnerd<br/>Andrew Stray<br/>Yurachatr Brook<br/>Mark Adderley<br/>Frank Fawkes<br/>Mark Adderley<br/>Paul Carnell</p> |
|--|---|

Mark Adderley won overall in the medal competition. Jamie Angus won Flight A and Yurachatr Brook won Flight B



▲ Pictured left to right: Mark Adderley, Varghese Rose, Jamie Angus and Yurachatr Brook



▲ Pictured left to right: Penny Booth, Paul Carnell and Varghese Rose





▲ Pictured left to right: Varghese Rose and Mark Adderley



▲ Pictured left to right: Frank Fawkes and Varghese Rose



▲ Pictured left to right: Varghese Rose and Yurachatr Brook

The annual '3 clubs and a putter' Stableford event was held on Sunday 25th February at Ratchakram Golf Club. This event is always a lot of fun regardless of the end result, and there is always a lot of discussion and deliberation beforehand about which 3 clubs to pick. Its not an easy choice! There was a good turn out and we welcomed two returning members – Carole-Ann Eastgate and Tim Stray. The course was in very good condition with tricky and speedy greens.

**Congratulations to the winners of the technical prizes** (moments of excellence) winning a golf ball each.

**Near pins** – Alice Khaye, Doug Angus, Chris Brader, Andrew Stray, Steven Brader and Tim Stray

**Long Drive Men** – Tim Stray

**Long Drive Women** – Angkana Nilkumnerd

**Long Putts** – Jamie Angus

**Most Birdies** – Chris Brader

**Most improved back 9 to front 9** – Paweena Baothong

In third place for Flight A was Peter Clark. In second place winning a sleeve of golf balls was Doug Angus and in first place with 37 points winning a bottle of wine was Andrew Stray.

In third place for Flight B was Alan Ainsworth. In second place winning a sleeve of golf balls was Gareth Knight and in first place with 40 points winning a bottle of wine was Steven Brader.

The overall winner of the competition with an amazing 44 points and winning a bottle of wine was Pete Gale. He stated that he has found the secret to golf – just play with 3 clubs! Many congratulations to Pete on his super victory.



▲ Pictured left to right: Steven Brader, Pete Gale, Varghese Rose (Captain) and Andrew Stray

**The next event is the March monthly medal on Sunday 10th March at Subhapruek Golf Course.**

**On Sunday 24th March the British Club Golf Society is playing the March Stableford at a new venue for us - Floraville Golf Course.**





Ben Eastwell

# HARD BALLS

## Records broken

The **A Division** has taken centre stage over the past month or so, with the British Club currently sitting mid-table, seeking a spot in the top 4 to reach the league finals. Khun Big, BC's resident van driver has been putting in some serious Kilometres for a trio of 25 over matches that have produced a mixed bag of results, all down at the Horseshoe Point arena.

Multiple records were shattered against Bangkok Cricket Club; BC's all time team total high score was beaten, largely thanks to a colossal partnership between Avi (96\*), and Sunil who also broke the individual total league record with an incredible 175\*. The remaining 3 must win fixtures will all be played at Asian Institute of Technology ahead of finals scheduled early May.

#	TEAM	MAT	WON	LOST	N/R	TIE	PTS	WIN %	NET RR	FOR	AGAINST
1	ASIAN STARS CC	7	6	1	0	0	12	85.71%	2.6937	1341/156.0	1029/174.2
2	BANGKOK BLUES CC (A DIV)	6	6	0	0	0	12	100.00%	1.3885	1088/143.3	929/150.0
3	PATTAYA CC	5	3	2	0	0	6	60.00%	1.0178	900/115.3	831/122.4
4	BRITISH CLUB (A DIV)	5	2	3	0	0	4	40.00%	0.9301	1058/125.0	889/118.0
5	ASIAN INSTITUTE OF TECHNOLOGY	3	2	1	0	0	4	66.67%	-0.3669	442/71.5	489/75.0
6	Y TSA	6	1	5	0	0	2	16.67%	-0.4865	981/150.0	972/138.2
7	BANGKOK CC (A DIV)	6	1	5	0	0	2	16.67%	-3.6019	765/149.5	1206/138.3
8	MARINA CC	3	0	3	0	0	0	0.00%	-2.6985	471/75.0	627/69.5
9	KERALA STRIKERS CC (A DIV)	1	0	1	0	0	0	0.00%	-2.9600	171/25.0	245/25.0

▲ BCL A Division Table - 16.03.2024



**BRITISH CLUB (A DIV)**

Over 15 (30 Runs)

Avneesh C	44 (36)
Sunil K	77 (41)
Nakul S	2.0-0-43-0

**British Club (A Div)**  
**135/2**      Run Rate : 9.00

- 14.6 Nakul S to Avneesh C, 0 run
- 14.5 Nakul S to Sunil K, 1 run
- 14.4 Nakul S to Sunil K, 6 runs SIX
- 14.3 Nakul S to Sunil K, 6 runs SIX
- 14.2 Nakul S to Sunil K, 6 runs SIX
- 14.1 Nakul S to Sunil K, 6 runs SIX
- 14.1 Nakul S to Sunil K, 5 runs FOUR NO BALL

Nakul Sehgal, comes into the attack.

▲ Avi and Sunil celebrate a record partnership April 2024

▲ Monster over from Sunil V BCC



## British Club V Pattaya CC BCL A Division 25th February 2024

Following a forgettable defeat against Pattaya in the Dunford Phillbrook Cup earlier in the season, BC head into the fixture with a point to prove. Fueled up from a productive fruit stop, Pramodh won the toss and unsurprisingly elected to bat first - laying a platform for Mak who targeted the short cover boundary early on to exploit some fairly tight bowling, eventually going on to score a stylish personal best of 80. Flare from Kartik, Dale, and positivity in the rear guard from Pramodh and Sunil kept the foot on the gas to bump the score up to 180. This was arguably a par score for the venue, but perhaps not enough against Pattaya's strong batting line up.

Pramodh scalped the prize wicket of Wez early, who ironically was yet to be dismissed by BC in any game up until the aforementioned heavy defeat when the two teams last met. Talal's tight bowling at the opposite end was also rewarded with a valuable wicket - Dave, inspired by the watermelon on ice at the sidelines, plucked a screamer in the slips which looked to bring BC back in the game. But Pattaya wheeled out another new warrior - Mike Gerits, who pummelled a punishing 70 from 47 after an early drop catch. A strong fightback after another strike from the skipper before drinks kept BC's foot in the door, but PCC held on to edge over the line with 7 balls and a couple of wickets to spare.

*British Club 180/5 (Mak 80) lost to Pattaya CC 182/8 (Pramodh 2-22) by 2 wickets*

## British Club V Bangkok Cricket Club BCL A Division 2nd March 2024



▲ BC v BCC



▲ Sunil 175 not out

Another successful toss from Pramodh soon saw both his openers back in the shed for 27 runs which marked the start of Sunil and Avi's demolition. Sunil contributed 14 sixes and 13 fours in the 77 balls he faced, stealing the limelight from Avi who had also maintained a healthy strike rate of 160 in their 262 run partnership. Another record unlikely to be broken for a while.

Defending 289 was made even more comfortable after Pramodh drew a fortunate duck from one of the opposition players who was capable of taking the team close to the target, and wickets were shared throughout the rest of the attack. All 8 bowlers ticked off a wicket, except Mak who was denied upgrading his maiden after being dropped off his first ball by the captain. Unbelievable.

*British Club 289/2 (Sunil 175\*, Avi 96\*) beat BCC 136/9 (Pramodh 3-14) by 163 runs*





▲ Steve and Koh Chang CC in Dharamshala



▲ Fried egg to the captain\_s specification

## British Club V Asian Stars BCL A Division 9th March 2024

In what was the last group game scheduled down in Pattaya, Pramodh was asked to chase for the first time in the competition, and again found himself in the wickets early, removing 2 of a very capable top order. However, a heavy partnership piled up for the third wicket amongst a series of drops - only to be broken when the secret weapon Dilip was brought into the attack, armed with his hypnotic LBW appeal. Ravi contributed with a couple of wickets in the closing overs as BC pulled a runaway score back into more comfortable territory - with the Asian Stars eventually finishing up on 216.

Tyrone and Sunil were both stopped short after promising starts and with the top 5 only scoring 61 between them, it was on Karthik and Ravi to manufacture a recovery. Both connected well when it was needed and brought the chase back in contention, reaching personal milestones in a crucial 83 run partnership. But another surge of wickets put matters into the captain's hand - Pramodh found himself at the crease with 26 runs needed from 20 balls, struck a ball which found its way into the hands of the long on fielder, just inches away from a maximum. BC eventually wound up on the wrong side of a close match but as the saying goes: "Catches win matches".



▲ Dilip secures match refreshments

*British Club 206/8 (Kartik 56, Ravi 50) lost to Asian stars 216/8 (Dilip 3-40) by 10 runs*



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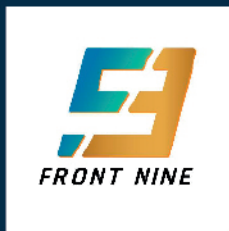


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Exclusive 20% off on all FBT's Products (Sportswear and Sport Equipment).



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*Kannikar J.*



▲ *Thomas*

### Member Review:

I'm a native New Yorker who is enjoying his recent retirement in Bangkok. The Club has been a perfect fit for me—and not just because it's a five-minute walk from my condo. I'm an active racquet-sports player, and I've already enjoyed some sweaty tennis and even tried the new pickleball court. Hoping to reactivate my long-dormant squash playing next. But more importantly, I really appreciate the sense of community and camaraderie here. And the food is really, really good!



▲ *David*

### Member Review:

A friendly experience at the club with great facilities and some very good Restaurant's. We primarily enjoy playing tennis, but also enjoy the gym and pool as well. Thank you for the welcome!



▲ *Paul*

### Member Review:

Tan & Paul - we joined the club as we live nearby and wanted to use the sports facilities and meet new friends and court buddies. We use the courts, pool and gym regularly at the club but also enjoy snow and wind sports. Hoping the sports bar will be showing the F1 season. Easy going people who always seek adventurous and fun times.



▲ *Timothy*

### Member Review:

I had been to the Club several times over the past 10 years as a guest and always had a great experience. We now have friends who are members and wanted a place to spend time with our child in a fun, safe, and sporty environment.





▲ Alex

**Member Review:**

It is a great pleasure for our family to be accepted to the British Club.

Yann and I grew up in Hong Kong and we moved to Bangkok in 2008. Before coming to Thailand we also spent a few years living in Shanghai. We always love a few pints of beer, pub food and English culture (we name our youngest daughter "Agatha" after my decades of following Agatha Christie's mysteries!)

Believe it or not, before we joined I was unaware of the presence of such a great club and British community even though our office (Bangrak) and home (Yen Akart) are very nearby. The vibe of the Club and the friendly people here also surprised us.



▲ Marc



▲ Raymond



▲ Mark

**Member Review:**

Amanda and I travel globally for work and spend between 5-6 months a year in Bangkok. Whilst we're here we're looking to frequent the British Club, meet interesting people and attend events (including any baby groups).

We're all excited to be members of The British Club

**Member Review:**

I moved to Bangkok in 2023 after nearly 30 years of visiting Thailand regularly on business from a European base. I had known the British Club for some time as a non-member, and joining after my move seemed a natural step. The tasteful informality of the club was a welcome contrast to the stuffiness of some London clubs, and I was also impressed by the spaciousness of the main public areas and the quality of the sports facilities, including the swimming pool. I have not yet tried the library next door, but look forward to doing that.

**Member Review:**

We found the Club, Staff, and Members very friendly and welcoming. We believe it will be the perfect place to relax and recharge, away from the hustle and bustle that is Bangkok.



# REASONS TO JOIN US

THERE IS NO PLACE QUITE LIKE IT

Modern poolside and classic clubhouse set in spacious lawns.

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- ★ Best of British, Thai and international cuisine.
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## JOIN NOW!

information/contact Tel: 0 2234 0247 or  
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