

APRIL 2026



1903
THE BRITISH CLUB
BANGKOK

THE OFFICIAL MAGAZINE OF THE BRITISH CLUB BANGKOK

OUTPOST

www.britishclubbangkok.org

26TH ANNUAL
LIVING
IN BANGKOK 2026
Sunday 26th April
12:00PM-6:00PM

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Newsweek

Safety
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Outcome
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2023





1903
THE BRITISH CLUB
BANGKOK

OUTPOST

Contents

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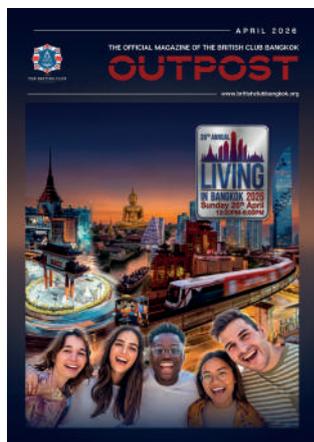
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 BritishClub1903



Front Cover

Living in Bangkok & Club Birthday 123 years

This Month

This month brings exciting celebrations at the Club. We will mark the 123rd Club Birthday together with our annual Living in Bangkok event. Members can also enjoy the Wet & Wild Songkran Pool Party before Songkran and the much-loved Egg Hunt on the 5th, always a highlight for the children.

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progeny

OUTPOST is the monthly magazine of THE BRITISH CLUB BANGKOK, the social sports and cultural centre for the English-speaking community in Bangkok. A full version of the magazine is also available online at www.britishclubbangkok.org. Designed & Published by the British Club Bangkok. Opinions expressed do not necessarily represent those of the Club. All events, dates and times are correct at the time of press. Outpost welcomes contributions from Members, email outpost@britishclubbangkok.org. No part of this publication may be reproduced without the permission of the Publisher.

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- 20% discount on inpatient rooms
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Special rate THB 500 NET per hours



Special offer



Exclusive offers for members



- Special Rates from THB 3,800 net/night
- Daily breakfast & complimentary afternoon refreshments
- One- and Two-Bedroom Suites with city views



Exclusive offers for members

- 40 days complimentary storage in Thailand on international move
- Special insurance rate at 3% instead of 3.5% for international move



Exclusive offers for members



Exclusive offers for members



Special offer



• 20% Exclusive Discount



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- Suvarnabhumi Airport (Bangkok)
- Other Airports

Fast Track Service must be booked at least 24 hours prior to the travel date



Exclusive 30% discount for British Club's members



Exclusive for the British Club Members One Car Class Upgrade



Exclusive 20% off on all FBT's Products (Sportswear and Sport Equipment).



Exclusive offers for members



Exclusive offers for members

EXCLUSIVE OFFERS FROM OUR PARTNERS

Chairman's Message

The Thai New Year, known as Songkran, is celebrated annually from the 13th – 15th of April traditionally marking the end of the dry season and I wish everyone Sawasdee Pee Mai krup which is the Thai greeting for Happy New Year.

We start the month of April with a new General Committee (GC) following the Annual General Meeting held on the 24th March, 2026. The last GC year in March with a record number of 1,642 members, a strong balance sheet reflecting positive financials and free cash of THB27.5 million which places



Simon P. Davies



The British Club Bangkok in a very healthy position for future developments. I would like to say once again, a big thank you to the previous GC and wishing the recently elected new GC all the very best for the year ahead.

The current Thai management team led by Khun Matawee (Natt) has performed extremely well since June last year following the resignation of The General Manager and along with her team is implementing several new functions and events for members to enjoy. Due to printing deadlines for the Outpost publication there is always a time lag on reports on past events. In particular, during the weekend of 14th – 15th February, 2026, a couple of events that highlighted the excellence in catering and services offered by the British Club was the catering for the annual Bangkok Rugby Tens Tournament at Pattana School and a wedding for 600

guests on the back lawn of the Club. Well done to all concerned.

This year the 7th Annual Pink Ribbon Charity and Tennis event that supports the Queen Sirikit Center for Breast Cancer Foundation, was held on the 7th March, 2026. A fun filled day of tennis followed by dinner under the stars on the front lawn with live entertainment which was enjoyed by over one hundred and fifty participants.

Review of the proposed Padel and badminton court project continues with concept drawings being prepared for having these new facilities above the buildings that currently accommodate the kids stop and squash courts. There will be a further town hall meeting to present the prementioned plans in due course.

**Cheers
Simon**



Metawee (Natt)

Operations Unknown

Enhancing Mosquito Control Around the Club

As many members may have noticed, the recent weather in Bangkok has brought an increase in mosquito activity across the city. To help ensure that everyone can continue enjoying the Club's outdoor spaces comfortably, we have recently enhanced our mosquito control measures around the Club.

Working closely with our professional pest control supplier, the Club has increased the frequency of mosquito spraying across key areas of the Club. This includes gardens, walkways, and outdoor recreational spaces where mosquito activity is more common during warmer and wetter periods.

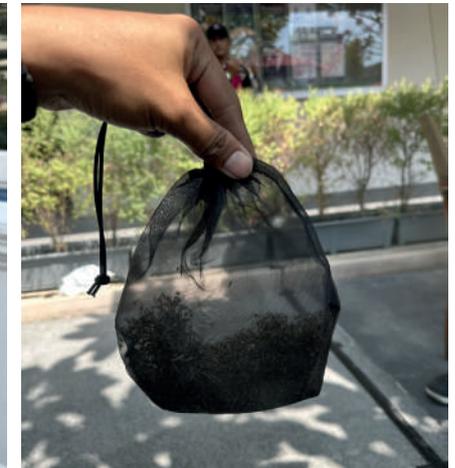
In addition, the Club has installed Mosquito Traps in several main areas around the Club. These traps attract mosquitoes by mimicking human presence, using carbon dioxide and light. Once mosquitoes approach, a

built-in fan draws them into a capture chamber where they are trapped. By targeting female mosquitoes, the ones that bite. The traps help reduce the mosquito population and limit breeding over time.

The traps are placed strategically around the Club and are monitored regularly. Our pest control technicians visit the Club frequently to inspect the machines, clean the units, and ensure they are operating in good condition. This regular maintenance helps keep the system working effectively and supports our overall mosquito management efforts.

By combining increased spraying, modern trapping technology, and routine professional monitoring, the Club continues to take proactive steps to manage mosquito activity while maintaining a pleasant environment for members, families, and guests.





Investment Methods

In what can be a confusing (and sometimes treacherous) landscape, Martin Wright, Senior Financial Planner at Progeny outlines investment options for British expats.

Banks - Offshore

There are still many deposit takers providing offshore bank accounts, including the overseas arms of major UK financial institutions. Certain locations use the UK bank clearing system meaning there is a UK sort code which include Jersey, Isle of Man, Guernsey, Gibraltar and Malta. Each location has its own financial services compensation schemes offering various degrees of financial protection in the event of bank insolvency.

Sourcing systems such as the offshore tab of the moneyfacts.co.uk website can be useful to source competitive interest rates. Given the apparent reducing interest rate environment bank interest rates are likely to reduce from the highs of the last few years. Interest from offshore bank accounts is often paid gross without any tax deduction at source.

Banks - Onshore (Thailand)

Some major global banking institutions have closed their Thailand operations in recent years although there still remains UOB and CIMB banks. There are also well-established local banks like Siam Commercial Bank, Bangkok Bank and Kasikorn Bank.

Local interest rates tend to be lower than those in GBP and USD. Interest received from local banks is subject to withholding tax at a flat rate of 15% although Individuals may choose to exclude interest income from other income and pay tax according to the Thailand Personal Income Tax rates instead.

Directly held investment funds

This includes Mutual funds, Unit Trusts and OEICs. Mutual funds are investments made from pooled money from investors and can include bonds and equities as well as other asset classes. A unit trust differs from a mutual fund in that a unit trust is established under a trust deed, and the investor is effectively the beneficiary.

Two of the most common types of funds in the UK and parts of Europe are unit trusts and open-ended investment companies (OEICs). They share many traits in that the price of a fund always reflects the value of its holdings. They are more widely used even though some are more expensive than the Investment Trust alternatives.

The great advantages of open-ended funds are their flexibility to make more units, as well as the fact there are more funds available. This differs from a closed-ended fund, which issues a fixed number of non-redeemable shares like an Investment Trust. Over the last few decades most new fund launches in the UK were OEICs.

Stockbroking accounts

Stockbroking is typically offered by well-established companies advertising their services in print and online. Most countries have options although there are some major global providers who will allow accounts to be opened without some of the frequent country specific problems.

This option is a cost-efficient approach to investment, usually allowing access to any listed investment instruments on the main exchanges worldwide. The standard service provides accounts on an execution only basis, so no advice is offered, and you just have access to an account to purchase investments through based on your own choice.

General investment accounts

A General Investment Account (GIA) offers access to investment funds, and some direct securities (this is company specific). This is a common UK method of personal investment

Some international providers allow accounts to be established by Thailand residents (on a case-by-case basis). A limited number of UK account providers will allow this. It's a competitive marketplace currently so these accounts are generally cost efficient with the standard annual product charge in the region of 0.25% per annum. As they are mostly used by advisory companies GIAs aren't frequently used for personal execution only investment.

Offshore life assurance investment bonds

This method is used regularly by offshore advisers. This product allows investment in the main currencies and listed investments through most dealing exchanges. For non-UK residents the more complicated UK taxation structure does not apply. For UK residents they are a tax deferral vehicle which is likely to have a UK tax liability after a certain period of time of withdrawals or at specific events. Whilst this approach can offer flexibility, the wide charging menu offered by most Offshore Bond providers can lead to an expensive product, upfront, ongoing and high surrender penalties in the early years.

They can be useful for estate planning as a few providers have their own trust companies providing off-the-shelf low-cost arrangements. As corporate trustees there's also a higher likelihood they will remain in place for the life of the arrangement.

Discretionary portfolio management

Historically these options are used by institutional investors, high net worth individuals, or charities. Most global asset management companies have high minimum investment levels and \$1 million is common, although a handful offer lower-level access, from \$500,000 upwards.

Discretionary Portfolios are managed without consulting you on investment decisions, with changes based on factors agreed at outset. They're usually cost efficient and available in most of the main currencies, although some have country specific criteria. They offer long term consistency and professional well-funded researched solutions.

Thailand tax information

Assessable income in Thailand includes the following categories:

Capital gains

Most types of capital gains are taxable as ordinary income. There are exemptions including the sale of shares in local listed companies and ASEAN member country stock exchanges. Capital gains and investment income earned by a resident from sources outside Thailand are currently not taxable unless remitted to Thailand and capital losses may not be offset against gains.

Dividend income

Dividends received from a company incorporated in Thailand are subject to withholding tax (WHT) at a flat rate of 10%. Offshore dividends are currently only taxable in Thailand if the value is remitted.

Interest income

Interest received from local bank deposits, as mentioned, is subject to withholding tax at a flat rate of 15%. Any offshore interest remitted into Thailand is liable to Thailand Tax at the prevailing rates with the possibility of a Tax Credit for any overseas tax paid.

With the changing Thailand tax landscape, it is essential you seek professional local tax advice from an appropriate locally listed and regulated organisation. Choosing the right investment approach for you is also highly important.

Martin Wright
Senior Financial Planner



The information in this article aims to provide information. However, this is not intended to form professional advice nor should it be relied upon as such and before taking any particular action, specific and personal advice should be obtained. All levels and basis of, and relief from taxation illustrated here are subject to change.

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HAPPY EASTER

- GODNESS TO YOU -

5th April 2026 | Back Lawn | 10:00am onward

ACTIVITIES:

**Easter Egg Hunt
Arts & Crafts
Mini & Giant Bouncy Castles
Magic Show**

**Spoon Racing
Tug of War
Face Painting
Easter Lunch Buffet**

**Member: Adult 400 B. | Kid 550 B.
Guest: Adult 500 B. | Kid 650 B.**



Bookings & Info Via: The British Club Line Official
Add LINE ID @britishclubbkk
by attending you agree to the Club P.D.P.A



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Easter Camp

Tuesday 7th – Friday 10th April



MINI CHEF

Kids will learn fun cooking skills from professional chefs from several hotels in Bangkok at the Mini Chef activity



SPORTS

Kids will enjoy fun sports activities including swimming and tennis, learning new skills while staying active



MINI PICASSO

Young campers will explore their creativity through painting, crafting, and hands-on art activities

Limited to 25 children per camp

Mini Camp (5–7 years old)

Time: 9:30 am – 2:30 pm

Daily Fee: THB 1,500 per day

Full Camp Fee: THB 5,500

Junior Camp (8–11 years old)

Time: 9:30 am – 3:00 pm

Daily Fee: THB 2,000 per day

Full Camp Fee: THB 7,500

Field Trip: Additional THB 500



Bookings & Info Via: The British Club Line Official

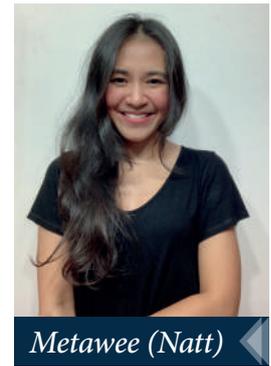
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BANGKOK

BC Bee Kid's Club!



Metawee (Natt)

April Fun

April is set to be an exciting and vibrant month for our little bees, filled with creativity, culture, and celebration!

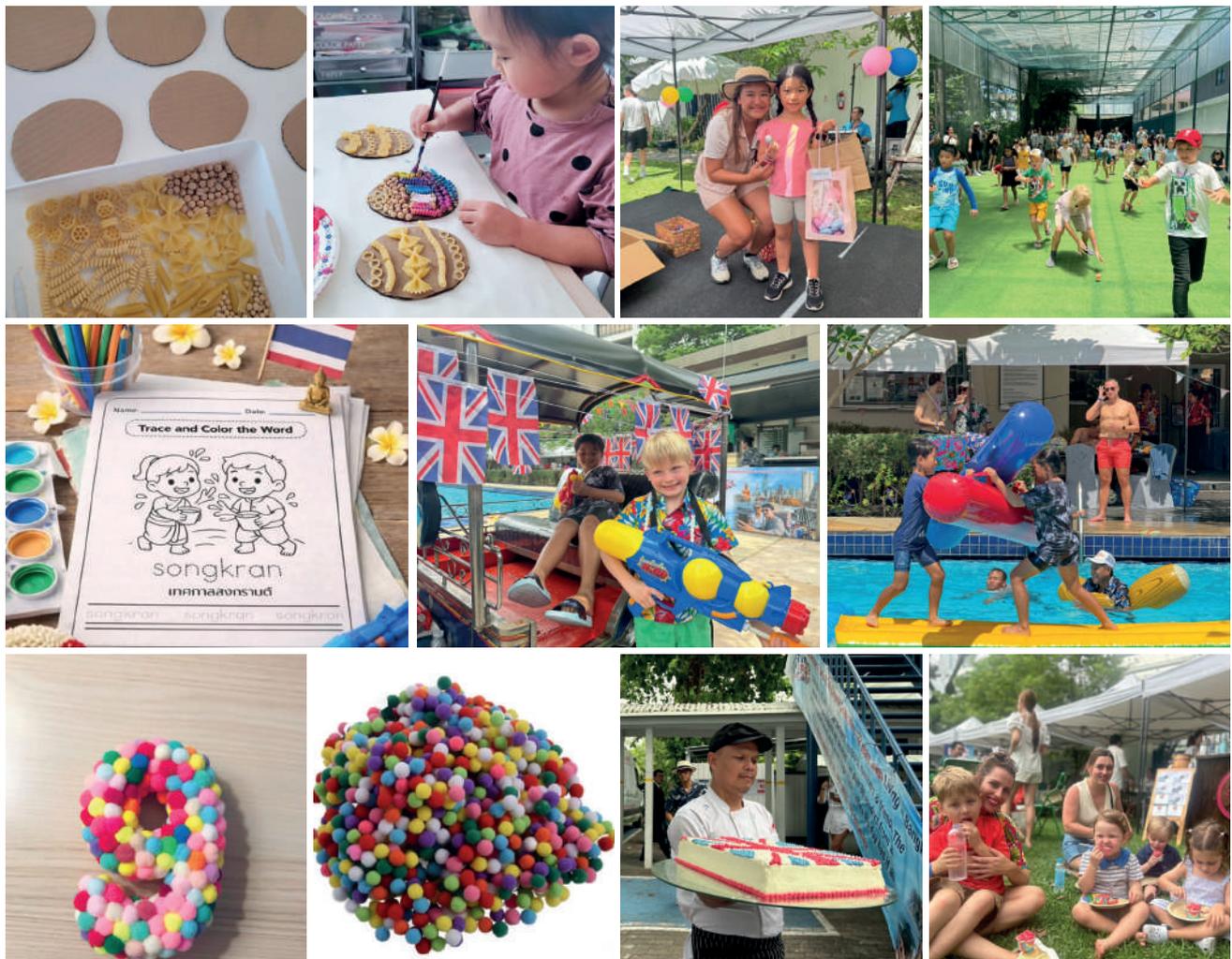
We kick off the month with a joyful Easter theme, starting with our "Little Bob the Builder" session, where kids will get hands-on creating their very own pasta Easter eggs. The fun continues at our special Easter Event on Sunday, 5th April, where children can look forward to a fun-filled day of games and activities. Don't miss the highlight of the day, Egg Hunt and Spoon Racing Fun!

It's the perfect mix of creativity and play, bringing smiles and festive cheer to everyone.

The following week, we embrace the beauty of Thai

culture as we celebrate Songkran, Thailand's traditional New Year. Our young members will learn about the meaning and traditions behind this important festival, followed by lots of laughter at our Wet & Wild Songkran Pool Party. Get ready for splashes, games, and a refreshing way to celebrate together!

We wrap up the month by celebrating The British Club Bangkok's 123rd Birthday. As part of our BC Bee tradition, children will create colorful pom-pom numbers to display on our BC Bee Memories Board, marking this special milestone together.



Coming Events

April 2026

(more details on the website)

- Easter Day
- Quiz Night
- Wet & Wild Songkarn Pool Party
- Winston Cup & Table Tennis Tournament
- Intimate Wine Night
- Living In Bangkok 2026 & Club's Birthday 123 years

May 2026

(more details on the website)

- Quiz Night
- Sip & Social Night
- Winston Cup & Table Tennis Tournament
- Wine on the Lawn

June 2026

(more details on the website)

- Quiz Night
- FIFA World Cup
- UK King's Birthday Brunch
- Whisky Night
- Winston Cup & Table Tennis Tournament
- Summer Camp

Event & Activities 2026 April Highlights



Easter Day

Easter Day at the Club is always a special event that many families look forward to. The Egg Hunt is the highlight, with children excitedly searching for eggs and hoping to find the Golden Egg and win the big prize. The day is filled with fun games and activities, making it a happy and memorable time for families at the Club.



Wet & Wild Songkran Pool Party

A super fun Wet & Wild Songkran Pool Party at the Club with exciting pool activities for families and children. Our traditional Gladiator Battle was once again a highlight, bringing laughter and friendly competition as we celebrated the Thai New Year together.



Living in Bangkok 2026 & Club's 123 years

The Club celebrated its 123rd Birthday with the annual Living in Bangkok. Exhibitors from five industries showcased their products and services to members and the wider community. The lively day also featured horse riding, go-karting, and live music, creating a fun atmosphere for families and visitors at the Club.

LEARN FROM OUR EARTH

Our Outdoor Classroom became a living laboratory for Year 5 students as they observed, questioned and dug deeper into understanding life cycles. Students discovered that the best lessons come from nature.



Read more about
our Outdoor Classroom

Dig deeper into a
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Wine on the Lawn

27/02/26

The first Wine on the Lawn of 2026 was a wonderful evening enjoyed by members and guests. With lively music from Jamie and a special showcase of wines, UK beer, and cider from our suppliers, it was the perfect way to begin the year's gatherings on the Lawn.





Pink Ribbon

07/03/26

A wonderful day of Pink Ribbon Charity Tennis at the Club, where players took to the courts for a friendly tournament in support of the Queen Sirikit Centre for Breast Cancer Foundation. The event brought together great tennis, community spirit, and generosity for a meaningful cause. Guests also enjoyed inspiring speeches from Dr. Chris and Khun Ying Finola, along with lively entertainment from Thai celebrities led by Ann Sirium.





OUTPOST



St David Day
09/03/2026

This year, the St. David's Society of Bangkok hosted St David's Day at the Club with a great turnout of attendees. Guests enjoyed a traditional Welsh menu and a wonderful performance from the Bangkok Welsh Male Choir, making it a truly memorable celebration of Welsh culture.





Quiz Night 10/03/2026

A fun and competitive Quiz Night this month with six teams in the mix. Congratulations to Scumbag College for taking 1st place, followed by Spin Doctors in 2nd place. The Jackpot was won by Drowning Not Waving. Thank you to everyone who joined for a great evening of trivia and friendly competition.





UK Mother's Day
15/03/2026

A special themed brunch was held at the Veranda to celebrate UK Mother's Day, bringing families together for a lovely afternoon. Each mum received a flower, and a photo frame station helped capture special memories from the day. A wonderful time spent celebrating mums with family at the Club.





PREParing For Life

Open Day

Pre-Nursery to Sixth Form

Saturday 28 February 2026 9:00 AM to 12:00 PM



Embark on
your journey with us





The Winston Cup

21/03/26

While numbers were lighter this month, the spirit of the event remained as enjoyable as ever. Congratulations to Graham on winning the Winston Cup. Martin delivered a strong performance to secure second place, keeping the competition engaging right to the end.





OUTPOST

Table Tennis Tournament

21/03/26

On the same day, we also held a Table Tennis Tournament at the club, adding to the fun atmosphere. Dawa took the win after playing well throughout the matches. It was great to see some new faces joining and taking part. There was a nice mix of friendly play and competition, making it an enjoyable event for everyone.





Swimming Gala

22/03/26

The Swimming Gala is back, marking the first event of the year and the start of what will now become a quarterly highlight on the club calendar. It was a wonderful morning filled with energy and smiles in the pool, creating a fun and welcoming atmosphere for all. Thank you to everyone who joined us, and well done to all participants and every swimmer received a medal, making it a truly special and inclusive event. A special mention to our little kickboard stars.





AGM

24/03/26

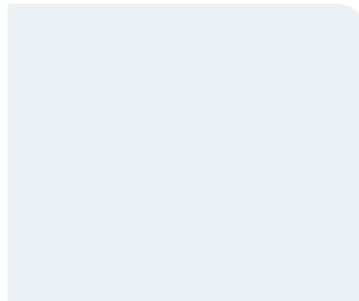
The Club's Annual General Meeting was recently held, bringing members together for an engaging evening to reflect on the past year and look ahead. A key highlight was the election of the 2026 Committee, voted by our Full-Ordinary, and Country Members. We are delighted to welcome the newly elected Committee and look forward to the year ahead under their leadership. Thank you to all members who joined and took part, and to the outgoing Committee for their dedication and contribution to the Club.



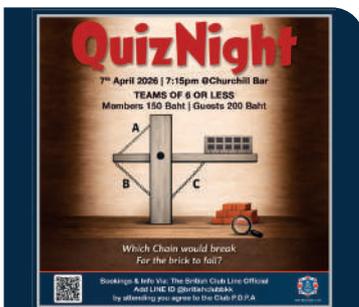
MON

TUE

WED



1 **Squash Mix-in**
4.00pm - 7.45pm
Balut
6.00pm - 8.00pm
Circuit Training
6.00pm - 6.45pm
Tennis mixed-In
6.00pm - 10.00pm



6 **Squash Mix-in**
4.00pm - 7.45pm

7 **Football**
6.30pm - 8.30pm
Quiz Night
7.15pm - 9.30pm

8 **Squash Mix-in**
4.00pm - 7.45pm
Balut
6.00pm - 8.00pm
Circuit Training
6.00pm - 6.45pm
Tennis mixed-In
6.00pm - 10.00pm



13 **Squash Mix-in**
4.00pm - 7.45pm

14 **Football**
6.30pm - 8.30pm

15 **Squash Mix-in**
4.00pm - 7.45pm
Balut
6.00pm - 8.00pm
Tennis mixed-In
6.00pm - 10.00pm



20 **Squash Mix-in**
4.00pm - 7.45pm

21 **Football**
6.30pm - 8.30pm

22 **Squash Mix-in**
4.00pm - 7.45pm
Balut
6.00pm - 8.00pm
Circuit Training
6.00pm - 6.45pm
Tennis mixed-In
6.00pm - 10.00pm



27 **Squash Mix-in**
4.00pm - 7.45pm

28 **Football**
6.30pm - 8.30pm

29 **Squash Mix-in**
4.00pm - 7.45pm
Balut
6.00pm - 8.00pm
Circuit Training
6.00pm - 6.45pm
Tennis mixed-In
6.00pm - 10.00pm

APRIL 2026

THU

2

Yoga
6.00pm - 7.00pm
Cricket team practice
6.30pm - 8.00pm

FRI

3

Pilates
8.00 am - 9.00 am
Tennis mixed-in
8.00am - 11.00am
Junior tennis coaching
4.00 pm - 5.00 pm
Friday Junior cricket
5.30pm - 7.00pm
Tennis mixed-in
6.00pm - 10.00pm

SAT

4

Squash Kids Academy
10.00am - 12.15pm
Squash Mixed-in
1.00pm - 4.45pm
Cricket Team Practice
2.30pm - 6.00pm

SUN

5

Tennis Men Doubles Team practice
10.00am - 1.00pm
Easter Day
10.00am onward
Sunday Brunch
11.00am - 4.00pm
Tennis Mix-in
4.00pm - 7.00pm

9

Yoga
6.00pm - 7.00pm
Cricket team practice
6.30pm - 8.00pm

10

Pilates
8.00 am - 9.00 am
Tennis mixed-in
8.00am - 11.00am
Friday Junior cricket
5.30pm - 7.00pm
Tennis mixed-in
6.00pm - 10.00pm

11

Squash Kids Academy
10.00am - 12.15pm
Squash Mixed-in
1.00pm - 4.45pm
Cricket Team Practice
2.30pm - 6.00pm

12

Tennis Men Doubles Team practice
10.00am - 1.00pm
Sunday Brunch
11.00am - 4.00pm
Songkran Wet & Wild Pool Party
12.00am - 4.00pm
Tennis Mix-in
4.00pm - 7.00pm

16

Cricket team practice
6.30pm - 8.00pm

17

Pilates
8.00 am - 9.00 am
Tennis mixed-in
8.00am - 11.00am
Friday Junior cricket
5.30pm - 7.00pm
Tennis mixed-in
6.00pm - 10.00pm

18

Squash Kids Academy
10.00am - 12.15pm
Squash Mixed-in
1.00pm - 4.45pm
Cricket Team Practice
2.30pm - 6.00pm

19

Tennis Men Doubles Team practice
10.00am - 1.00pm
Sunday Brunch
11.00am - 4.00pm
Tennis Mix-in
4.00pm - 7.00pm

23

Yoga
6.00pm - 7.00pm
Cricket team practice
6.30pm - 8.00pm

24

Pilates
8.00 am - 9.00 am
Tennis mixed-in
8.00am - 11.00am
Junior tennis coaching
4.00 pm - 5.00 pm
Friday Junior cricket
5.30pm - 7.00pm
Tennis mixed-in
6.00pm - 10.00pm

25

Squash Kids Academy
10.00am - 12.15pm
Squash Mixed-in
1.00pm - 4.45pm
Table Tennis Tournament
12.30pm - 5.00pm
Cricket Team Practice
2.30pm - 6.00pm
Winston Cup
6.00pm - 9.30pm

26

Tennis Men Doubles Team practice
10.00am - 1.00pm
Sunday Brunch
11.00am - 4.00pm
LIB 2026 & Club Birthday 123 years
12.00am - 6.00pm
Tennis Mix-in
4.00pm - 7.00pm

30

Yoga
6.00pm - 7.00pm
Cricket team practice
6.30pm - 8.00pm



BRITISH CLUB
ACTIVE LIVING SECTION

Active Living Section



Terry Adams

SECTION UPDATE:

Active Living Section Membership is open to ALL Club Members and their Spouses/ Partners. Come along to your first Active Living Section event: we are confident that having done so, you will then be attending others.

We continue working to provide events each month, with events already at various stages of progression and finalisation into May 2026.



Click here:

- For information on the Section and our previous Events
- To join the Section by completing your application.

Or visit the Active Living Section website at:

www.britishclubbangkok.org/active-living-section/

(Just keep clicking on the posters to delve deeper for information, photographs, and more)

Future Events:

ACTIVE LIVING SECTION

WHO SPEAKS FOR YOU WHEN YOU CAN'T
Why a Living Will & Healthcare Directive Should Come First:
The Realities you need to know

Your Family deserves clarity not burdens

Date: Thursday, 9th April 2026
Time: Socialising from 11.40 for lunch at 12.15
Cost : Section Members B400, BC Members B450,
Guests B500, two course lunch with coffee/tea

To register please email Terry Adams at:
terry.adamsbkk@gmail.com

ACTIVE LIVING SECTION

When Things Go Wrong Abroad:
The Work of a Consul

An Interview with The British Consul

Date: Thursday, 7th May 2026
Time: Socialising from 11.40 for lunch at 12.15
Cost : Section Members B400, BC Members B450,
Guests B500, two course lunch with coffee/tea

To register please email Terry Adams at:
terry.adamsbkk@gmail.com

EVENT REPORT:

“Staying Strong and Sharp after 60: The new science of healthy aging”: 19th February 2026.

Our February lunch welcomed back two outstanding specialists from Bangkok Hospital, Soi Soonvijai, who delivered a practical, reassuring and highly relevant double presentation on staying mobile and mentally well as we age.

Staying Mobile for Your Health: Dr Phonthakorn Panichkul (Paul): Our first speaker, Dr Paul, is widely recognised as a pioneer in Thailand and across Asia of the Direct Anterior Approach for hip replacement, a minimally invasive technique designed to deliver precision, faster recovery and superior outcomes. He is also a specialist in VELYS robotic assisted knee replacement, reflecting his commitment to advanced surgical innovation and improved patient results.

His presentation focused not on surgery alone, but on the wider message of why joint health matters so much in ageing well.

He explained clearly what happens to hips and knees after 60. Cartilage gradually thins, joint surfaces stiffen, muscle strength reduces and balance can deteriorate. None of this is dramatic at first, but together these changes can limit mobility, reduce confidence and, if ignored, lead to a downward spiral of inactivity.

Encouragingly, he emphasised that everyday habits play a decisive role in protecting our joints. Regular low impact exercise, maintaining healthy weight, strengthening the muscles around hips and knees, and addressing minor symptoms early can significantly delay deterioration. Movement, he reminded us, is medicine.

A key message was not to “wait until it is too late.” Many people endure pain unnecessarily, assuming it is simply part of ageing. Early consultation allows for non-surgical management, physiotherapy, medication or lifestyle modification long before joint replacement becomes necessary. When surgery is required, modern techniques now allow far quicker recovery and return to active life than many imagine.

Staying Mentally Well and Confident: Dr Anothai Soonsawat: Our second speaker making a second but different presentation to us after last year’s had proved to be so interesting, Dr Anothai, a distinguished Geriatric Psychiatrist, built seamlessly on the theme of active ageing by addressing mental wellness and cognitive health.

He reminded us that mental wellbeing is not separate from physical health. It is an integral part of healthy active living. Mood, memory, confidence and social engagement are closely connected to how physically

active we remain.

Drawing on current research and his clinical experience, he explained how movement protects the brain. Regular physical activity improves blood flow, supports neuroplasticity and reduces the risk of depression and cognitive decline. Even moderate exercise such as brisk walking can have measurable benefits for brain health.

He also spoke about emotional wellbeing and ageing with confidence. Changes in later life, whether retirement, health challenges or loss of routine, can affect identity and mood. Maintaining structure, purpose, social contact and meaningful activity is crucial. He encouraged members not to dismiss persistent low mood, anxiety or memory concerns as inevitable. Early assessment and intervention can make a significant difference.

Both doctors reinforced a shared theme: ageing well is not about avoiding years, but about preserving quality of life, independence and confidence.



EVENT REPORT:

“Secret Allies: Thailand’s Hidden War in WWII: The quiet alliance that shaped Thailand’s future”: 12th March 2026

Members and guests were treated to a fascinating journey into one of the lesser known chapters of Thailand’s wartime history when medical doctor John Luckit, presented the story of the Free Thai or Seri Thai resistance movement during the Second World War.

John began by explaining that his interest in the subject started with an unexpected discovery during a visit with his wife Fran to a small village in Northamptonshire in England. There they came across a wartime connection that immediately captured their curiosity. What began as a simple question gradually developed into several months of research which uncovered a remarkable and little known chapter of Thailand’s Second World War history.

The story begins in December 1941 when Japanese forces entered Thailand. Under considerable pressure the Thai government later declared war on Britain and the United States. However, the political situation inside Thailand was far more complex than it appeared. Many senior Thai leaders and officials quietly opposed the alliance with Japan and began organising resistance activities.

At the centre of these efforts was Pridi Banomyong, who used his position as Regent to the young King Ananda Mahidol to coordinate an underground resistance network. At the same time Thai diplomats and students overseas were also working to support the Allied cause. In Washington the Thai ambassador Seni Pramoj refused to deliver Thailand’s declaration of war to the United States government and instead began organising support for a Free Thai movement abroad.

John then explained how the major Allied intelligence

organisations became involved in supporting these activities. Britain had created the Special Operations Executive to coordinate resistance movements across occupied territories, while the United States formed the Office of Strategic Services to conduct espionage and intelligence work behind enemy lines. In Southeast Asia British operations were carried out through Force 136.

Through these networks Thai volunteers received training in communications, intelligence gathering and guerrilla warfare. Some were students who volunteered overseas while others were trained in India or China before returning secretly to Thailand to actively participate in the resistance movement.

By the closing stages of the war the Free Thai network had grown into a substantial movement that proved crucial to Thailand’s future. When Japan surrendered, the existence of an organised Thai resistance working with Allied intelligence became an important factor in the negotiations that followed. Britain initially sought significant reparations, including large deliveries of rice to feed populations across its empire that were suffering severe shortages after the war. However, the United States strongly supported Thailand’s case that many Thais had actively resisted Japanese control. As a result, the post war settlement took a far more moderate form than might otherwise have occurred. Thailand avoided being treated as a defeated nation, retained its sovereignty and was able to rebuild its international relationships. As John observed, the actions of the Free Thai movement helped shape Thailand’s position in the post war world and contributed significantly to the independence and stability the country has maintained ever since. The presentation was warmly received by an almost record attendance of members and guests and sparked a lively discussion afterwards.



Songkorn Wet & Wild



PARTY

SUNDAY 12TH APRIL 2026 | 12.00 PM - 4:00 PM
POOLSIDE

Live DJ Music
Giant Inflatable Pool Float with Slide Set
Real Tuk Tuk for awesome selfie pictures
Traditional Thai Buffet
Gladiator Battles
Prizes & Fun

Members: Adult 500 B. | Kid 350 B.
Guests & Non-Members: Adult 600 B. | Kid 450 B.



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1903
THE BRITISH CLUB
BANGKOK



Chris Watt

TENNIS

On Tour with the Tennis Section

Vientiane

Finally after 3 years, we did it, it happened! On Friday afternoon 27 February we headed off to Laos with our first stop being Vientiane. On Friday evening we gather at a local restaurant food dinner and drinks to get the weekend off to a good start.

Saturday morning a few of us took a stroll alongside the river to find a nice place for a morning coffee before heading back for a new lunch at a French restaurant close to our hotel.

Later in the afternoon we headed over to the Anothai Sporting Club Vientiane where Axel our host, met us. With four courts covered it meant we were not interrupted by the heavy rain later in the afternoon. All 15 of our players got to hit the courts playing doubles Ladies, Men's doubles and Mixed Doubles. Our Ladies played extremely well, winning all their matches and saving the day meaning we were able to pull off a draw against Anothai.





Following the tennis matches we were treated to a sit-down BBQ dinner where the drinking continued! This was followed by karaoke which added to the fun of the evening before we headed back to our hotels.

Sunday morning, we made our way to the station where we boarded the train to Luang Prabang. A pleasant two-hour journey on a highspeed train through the countryside of Laos.



Lung Prabang



▲ *Governor of Luang Prabang*

After travelling to our hotel and settling in and headed off for a leisurely sunset cruise along the Mekong River while enjoying beer Lao!

Monday morning, we scrolled around the old town of Luang Prabang where we all met up for a coffee. Then for some exercise we walked up Mount Phousi 100 meter high, a sacred hill which is famous for its 300+ steps!

In the afternoon we headed over to the Anothai Sporting Club Luang Prabang where we were once again met by Axel, our host who had invited the Governor of Luang Prabang to play against us.



The same format was played as in Vientiane and once again it was our Ladies who saved us and gave us a win this time.

Once again, it was more than just tennis with an atmosphere of fun and friendship. Following our dinner where karaoke took centre stage following the dinner where we had a sing off BC vs Anothai. Despite our best efforts we had to admit that Anothai were better when it came to singing even with some of our Ladies performing extremely well sing. Despite this lost we once again managed to drink them out of beer Lao as we had done in Vientiane.

Tuesday was much quieter with a slow start to the day. A few of us decided to take a trip out to the Kuang Si Waterfall 29 km out of town along a very bumpy road before heading out to the airport for our trip home. A very big thanks to Stanley who organised the whole trip.





Peter Gale



BRITISH CLUB GOLF

Annual 3 Clubs and a Putter

The first event this month was one of our more challenging competitions, the 3 Clubs and a Putter trophy. As the name suggests competitors need to select only three clubs alongside their putter to use during the round.

One of the interesting parts of the competition is looking at the different approaches golfers take, most golfers selected a 3 wood, a club they can use not only off the tee but also for longer shots off the fairway. While a select few decide to stick with their driver and hope to gain extra distance off the tee so there is less need to use a fairway wood.

The other big decision is at the other end of the scale – which wedge or high iron to take. Forgoing a sand wedge or other wedge can make escaping any bunkers much more challenging. As it was most players struggled with the one part of the game where we were all on an equal footing – putting. The greens at Rachakram Golf Course, which have many big slopes and multiple tiers, were playing particularly hard on the day. This is our collective excuse for the relatively low scoring...



▲ Winner of 3 Clubs and a Putter -Kotoku Nakauchi

During my round I had an interesting occurrence where a wayward shot struck a tree, rebounded sideways and somehow ended up sitting on the floor of a playing partners golf cart. Unfortunately, despite my polite requests, they refused to drive up to the green and let the ball roll out and forced me to take a drop where the cart was parked – very unsporting in my opinion.

On the day the person who best overcame these challenges was Kotoku Nakauchi who scored 32 points, beating Varghese Rose on countback. 3rd place went to Alan Ainsworth

March Medal

Our second event of the month was our March monthly medal played at Subhapruek Golf Course, contested by a strong field of 19 golfers on Sunday 8th March. It looked a bit worrying beforehand with a splash of unseasonable rain but fortunately it was fine during the round.

Maybe the threat of rain put off other golfers as we were able to complete the round in under 4 hours, which is rare for weekends at this time of year. We were very happy to welcome back ex-captain Jon Standen, returning member Rod MacMillan and two new members, Phil Bodie and Biren Parikh as well as a guest, Franz Jaobitsch.

With the good speed of play we had a few good scores in flight A with Varghese winning with an 83 (net 70) , making up for his countback loss in the 3 Clubs and a Putter. In 2nd place was Captain Peter Clark with a net 72 followed by Frank Fawkes with a 75.

Neil Davis also shot underhandicap with a net 71 to win flight B by a wide margin from John Virtue and Lynn Munday



▲ March Monthly Medal Winners Varghese and Neil

Annual Matchplay

After the March monthly medal we had the excitement of the draw for the annual matchplay competition, this year we have 16 players competing to take the title from last years winner John Virtue.

The draw was as follows:

Neil Davis v Bally Gudail

John Virtue v Earnie Wark

Terry Davies v Lynn Munday

Martin Finn v Danny

Ian Brewis v Peter Clark

Doug Angus v Peter Gale

Paul Carnell v Gareth Knight

Monty Finn v Varghese Rose

The first round needs to be played by 31st May – good luck to all the players!

Coming up in March we have our match v The Londoners on 14th March, followed our first away weekend on 28th/29th March for the 2 Day Eclectic event, our first major event. This year it will again be played at Royal Ratchaburi, a very nice country course, and is always a fun social weekend.



▲ Flight A Annual Eclectic Winner Terry



▲ Flight B Annual Eclectic Winner Gareth



Michael Flowers

HARD BALLS

BANGKOK CRICKET LEAGUE

A Division • February – March 2026

21 February • British Club (A Div) vs Bangkok Blues CC • BCA Ground

AN EPIC TO REMEMBER

British Club Edge Bangkok Blues in a Last-Over Classic

With playoff places firmly in the balance, the clash between British Club and Bangkok Blues CC was always going to matter. What nobody could have predicted was quite how memorable it would become. Openers Mak Khan (42) and Tyrone Bond (55) shared a commanding century partnership before Ajay Tak's brilliant 3 for 16 ripped through the middle order and left BC wobbling at 140/5. Up stepped Prash Alphonsus – 24 off 13 balls, two momentous sixes off Blues Captain Kamlesh Singh, a strike rate of 184.62 when the innings needed it most. A selfless run out off the final ball denied skipper Pramodh Kamalakannan, but 190 all out was on the board – and every one of Prash's runs would prove decisive.

The Blues came agonisingly close. Irfan Shaukat's magnificent 69 off 55 balls and Mayur Parmar's composed half-century had them right in it – despite losing Irfan from the bowling of Ben Eastwell (caught at long on by Prash) the Blues needed just 24 from the final four overs with 5 wickets in hand.

Outstanding death bowling from Pramodh, Sagar Puthran (including the huge scalp of Mayur, stumped for 51 off 42) and Prash then left the equation entering the last over: 12 required from 6 balls, 4 wickets remaining. Everything to play for. Then some Puthran Magic happened – it was was Sagar's birthday and somewhere in the background, the unmistakable war

cry of his young son Raeynit – “Go BC, Go Dada, Go BC, Go Dada!” – rang louder than ever creating an infectious, palpable energy.

Following a double off the first ball of the over, Chan Chhabra took a stunning low catch at midwicket to dismiss Mohnish Devadiga, Aditya Saxena was snapped up behind the stumps by Michael Flowers, and then following a couple of dot balls, the last ball was bowled – Flowers whipped off the bails. Stumped. Bangkok Blues 181 all out. Five wickets for 19, three in that final over under the most crushing of pressure. A birthday performance for the ages!

Result: British Club won by 9 runs

Man of the Match: Sagar Puthran (4-0-19-5)



▲ Ryu rushes to join BC in celebrating Sagar's Birthday heroics!

22 February • British Club (A Div) vs Chennai Kings CC • RBSC Polo (Turf)

POLO GROUND DEMOLITION

British Club Bowl Out Chennai Kings at RBSC Polo Ground

On a brutally testing surface at the RBSC Polo Ground, British Club were simply too disciplined for the winless Chennai Kings CC. Pramodh set the tone by claiming two wickets in the first over, and the Kings never recovered. Dinakaran Palani fought gamely for his 26, but Tyrone miserly spell, a Sunish Shah breakthrough, and Ravi Anandani's two late wickets sealed the Kings' fate at 81 all out. The chase was straightforward in theory but awkward in practice – six wickets fell before the finishing line, but Ben Eastwell's steady 23 and a composed partnership between Flowers and Tyrone got BC home with 4 wickets in hand.

Result: British Club won by 4 wickets

Man of the Match: Pramodh Kamalakannan (3-0-5-2)

28 February • British Club vs AIT • AIT Ground

TYRONE'S BOSS MASTERCLASS

British Club Win at AIT Ground Despite a Spirited Home Challenge

Out at the AIT, Tyrone produced exactly the kind of innings that wins matches – 78 not out from 62 balls, calmly dismantling the opposition attack while wickets tumbled around him. Prash (27) and a blistering late cameo from Sagar (30 off 18) helped push BC to 194/6, despite a superb 4 for 33 from Neermal Pandit. The winless AIT's reply was spirited – Pandit answered with a gutsy 50 and Hanik Lakhe made 53 – but the required rate climbed beyond reach. Pramodh (3 wickets), Talal Sanoon (2 wickets), and Ravi Anandani (1 wicket) kept the pressure on as AIT finished on 172/7, 22 runs short.

Result: British Club won by 22 runs

Man of the Match: Tyrone Bond (78* off 62 balls & 5-0-25-0)

7 March • A Division • British Club vs Thailand Cricket Club#2 • AIT Ground

A MORNING AMONG MEN OF DUBIOUS PREPARATION

by David Barratt – Guest Correspondent

Bangkok at 8am is not too hot to play cricket, but hot enough to build a sweat on the brow of an athlete of distinction. Such athletes were not conspicuously present among the British Club XI this morning, who appeared to accept the situation with the same philosophical equanimity with which Thailand accepts most things. The Thailand Cricket Club were already warming up when the British Club van arrived, that noble vessel laden with beer and good intentions in roughly equal measure. The young Thais stretched, jogged and threw to one another with the easy grace of youth and sobriety. The British Club's pre-match preparations involved cigarettes and the contemplative sipping of Singha, which is, one supposes, a kind of warm-up, if not precisely the kind recommended by any coaching manual yet published.

Pramodh lost the toss. One of Pramodh's great skills is losing tosses. He vehemently denies it, but rumour has it he has now lost five in a row, suggesting either misfortune with spinning objects or some profound karmic debt being steadily repaid. The British Club would field.



▲ Captain and Man of the Match looks on as BC claim edgy win over Chennai Kings

The opening overs were, let us say, tidy. The captain and Patty bowled with purpose, and only one chance was spilled, which by the standards of this side constitutes an almost supernatural display of reliability. Then came a moment of such unpretentious beauty that even the birds in the surrounding trees might have paused to observe it, had they any interest in cricket. The opening batsman attempted, beyond his better judgment, a drive fractionally early and lobbed the ball gently towards mid-off, where Avi received it with the unhurried composure of a man gathering wildflowers on a Sunday afternoon in Shropshire. It was a catch taken with such serene confidence that one felt the ball had always been destined for his hands, the batsman merely its unwitting postman.

After five overs: twenty-five for one. A run was attempted, comfortable, or so the batsman believed, until Tyrone's throw arrived at the stumps with the velocity of a man who had murder in his heart. The umpire, exercising that sovereign and unchallengeable authority which is cricket's great gift to human dignity, declared the batsman not out.

Prash entered the attack in the sixth over. His first ball was of the rapid persuasion and was dispatched over the cover boundary with the casual disdain of a man declining an hors d'oeuvre he considers beneath him. Only when Prash began introducing his more devilish variations; subtle alterations of pace and angle that constitute the bowler's equivalent of chamber music, did the true chess match of bat and ball begin.

Patty, meanwhile, was constructing a bowling performance of quiet devastation. His second wicket came from a lazy swish outside off stump, the sort of stroke played when a batsman's concentration has briefly absented itself to consider something more pleasant. Our keeper, Mr Flowers, accepted the gift like a man who has genuinely misplaced the capacity for anxiety. Patty's third wicket came from what can only be described, even in polite society, as a shitty full toss on off stump: a delivery that insults both bowler and batsman simultaneously. The batsman had already mentally deposited it beyond the boundary before discovering, to his considerable embarrassment, that he had missed it entirely and was walking back to reconsider his life choices. Patty's fourth and final wicket came from a ball he rarely bowls: a decent-length delivery actually on the stumps.

Tyrone and Sagar arrived in the twelfth over, and it became apparent the Thai batsmen were rather more comfortable against spin than pace. Sagar addressed this with the kind of cunning that separates the merely clever cricketer from the genuinely dangerous one. After several teasing short, slow deliveries, he suddenly produced a yorker of brutal pace and accuracy that would not have disgraced a far higher arena. The Thai



▲ *Bangkok Boss Tyrone is having a Lekker season with two outstanding recent performances.*

youngsters, many of whom appeared to have been born after several members of the British Club had stopped playing cricket seriously, reached the halfway point of their innings at seventy-six for five.

Then came one of those moments that justify the entire enterprise of cricket. A short ball from Ravi was struck with such violent optimism that it disappeared into the Bangkok sky at an angle suggesting the batsman had confused cricket with experimental aeronautics. The ball hung there like a small white satellite while below the ever-reliable Prash settled beneath it with the calm of a man who has decided, against all meteorological evidence, that it is not going to rain. While the ball continued its negotiations with the upper atmosphere, Prash may have conducted several financial transactions, composed a social media post, and arrived at several conclusions about the inevitable nature of existence itself.

Eventually gravity prevailed. He caught it. Of course he caught it. That's how the inevitable nature of existence works.

The Thai total concluded at one hundred and fifty nine. A gettable target. A very gettable target. Cricket has a word for what happened next. Several words, in fact, few printable.



▲ *British Club has had a fantastic support crew all season, still smiling after going down narrowly to Thailand Cricket Club.*

The interval between innings presented two contrasting pictures of preparation. The young Thais consumed energy drinks with the purposeful efficiency of machines refuelling. They stretched, ran, and demonstrated in every gesture their irritating commitment to athleticism. The British Club prepared with cigarettes, alcohol, and jokes whose precise nature this correspondent will decline to record.

Thailand opened the bowling with pace, which troubled Avi and Mak not at all. Avi batted with the authority of a man who regards boundaries as a natural human right. Three sixes departed from his bat. Two bullied over midwicket, one behind square and after nine overs the openers had accumulated fifty-four without interruption. Avi's departure came through over-ambition. Attempting another six to square leg, he found instead a fielder, leaving the British Club sixty-nine for one after eleven overs.

Mr Flowers arrived at the crease. To describe his batting technique is to attempt the verbal equivalent of painting the Devil's Soul. It calls to mind Steve Smith, if Steve Smith had consumed three pints of strong coffee and a quantity of Adderall sufficient to animate a small gymnasium. Arms, legs, head and hips negotiated independently with the laws of physics and yet, miraculously, every ball found the middle of his bat. Biomechanics experts would weep. The scorebook smiled.

Mak, meanwhile, scored steadily with the authority of a man who overestimates his value. His running between wickets suggested a gentleman who had called a taxi for a meeting he was reluctant to attend. He reached twenty-six before being caught on the boundary. Ninety-three for two after fifteen.

Mr Tyrone Bond entered, and shortly afterwards Mr Flowers departed, adjudged LBW to a quicker ball in the manner of a man surprised by a bus he had been assured was running late. Tyrone was joined by Ben, whom I have known for more than a dozen years and who appears to keep a portrait in his attic doing the aging on his behalf. He arrived looking exactly as he did when Donald Trump was merely a peculiar television personality rather than a recurring feature of the geopolitical weather. The years have passed around Ben rather than through him. The pair added runs steadily, taking the score to one hundred and nine for three after nineteen overs.

At this point Tyrone accelerated decisively. Three back-foot fours through the offside recalled Richie Richardson at the height of his powers. Both men looked comfortable. Cricket specialises in the destruction of comfort. A short ball clipped Tyrone's glove and suddenly the arithmetic became urgent: twenty-five required from nineteen balls.

Dale arrived and played the same shot to his first five deliveries that he has played his entire career, connecting with none of them. This commitment to a single theory of batting was, in its own way, admirable. His sixth produced one scrambled run, the universe apparently deciding he had earned at least that much. Ben then smashed a six over extra cover worthy of Harry Brook before being run out attempting a second run where only a single had ever existed. Fifteen needed from seven. Pramodh ran himself out pursuing another of the impossible run, bringing Ravi to the wicket. A ball struck Ravi on the shoulder. What followed was a performance of such theatrical intensity that the umpire, moved perhaps by its ambition if not its plausibility, awarded a no-ball. Ravi wore the bruise with dignity.

The remaining balls yielded fewer runs than hope required, and the British Club fell eight short. The younger, fitter side had won. The older, wiser side had competed with enough distinction to ensure they would return older and, one assumes, no wiser, but willing, which in club cricket amounts to very nearly the same thing.

By now the Bangkok morning had become properly scorching. The game receded into memory as all games do. And somewhere in that place we all shall visit one day, Sir Nicholas White was smiling.

Result: Thailand Cricket Club won by 8 runs

Man of the Match: Weerachai Maneerat (3-0-28-2 & 22 off 24 balls)

8 March • A Division • British Club vs Bangkok CC • BCA Ground

SHRI LIGHTS UP SUNDAY MORNING

British Club Win by 104 Runs as Maheshwari Blitz Decimates Bangkok CC

There are innings you remember for a week, and innings you remember for a lifetime. Shriyansh Maheshwari's 72 off 26 balls against Bangkok CC – nine sixes, two fours, a strike rate of 276.92 – belongs firmly in the second category. It was an assault of barely believable ferocity. But the foundations that made it possible deserve equal credit: Mak's composed 50 from 48 balls provided the anchor the innings needed, and Tyrone's 44 from 39 kept the scoreboard ticking with authority. Sagar (18 off 8) added late fireworks, and British Club posted 236/8 from their 25 overs – a total that was always going to demand something exceptional from Bangkok CC.

What followed was a commendable effort from Bangkok CC, but ultimately a one-man show. Ali Hassan

batted with genuine class, reaching 81 from 61 balls with eight fours and three sixes, dragging his side to 100 for 5 before the chase finally slipped beyond all realistic hope. Around him, wickets fell with uncomfortable regularity: Chan was the pick of the early bowlers, taking 2 for 34 including a maiden, while Tyrone (2 for 25) and Sagar (3 for 8) did the damage in the middle and closing overs. Avneesh Chopra's two wickets in a single over in the 22nd effectively ended the contest. Once Ali Hassan was finally caught by Chand off Sagar for 81, the last three wickets folded for a single run. Bangkok CC all out for 132. British Club won by 104 runs.

The result carries real weight in the standings. Win the final two matches and British Club will finish second in the A Division – second out of ten teams – and qualify directly into the BCL's IPL-style finals format. That means a second bite at the cherry; lose a final and you still have another chance. The prize is in sight. The squad knows it. Now they have to go and get it.

Result: British Club won by 104 runs

Man of the Match: Shriyansh Maheshwari (72 off 26 balls)



▲ Shri's remarkable 72 off 26 balls made for an easy MoM decision

RBSC INVITATIONAL T20

February 2026 · RBSC Polo Ground (Turf)

14 February · RBSC Invitational T20 · BC Pavilionaires vs Trailblazers CC

TRAILBLAZERS PROVE THEIR CLASS

Table-Toppers Ease Home as BC Pavilionaires Collapse to 76

On paper it was a rematch. In practice it was a reminder. The Trailblazers arrived as the tournament's dominant force and left having confirmed exactly why. BC Pavilionaires started brightly enough – James Moss clattered 16 off 9 balls and Rahul Gupte anchored with 27 – but a brutal double-wicket over from Kanchan Shashtri, removing Gupte and the incoming Rob Gray without scoring, sent the innings into freefall. Archib Parab then ran through the lower order with three wickets for six runs as the Pavilionaires skidded from 57/1 to 76 all out in the 16th over, a total that was always going to be insufficient against this calibre of opposition.

The reply was almost as one-sided. Kanchan Shashtri, fresh from his double-wicket over, showed he could bat just as well, slamming 40* to guide the Trailblazers home with five wickets and half of overs in hand. Sunish Shah took two wickets to offer some resistance but the result was never seriously in doubt. Trailblazers won by 5 wickets.

Result: Trailblazers CC won by 5 wickets

Man of the Match: Kanchan Shashtri (3-1-7-2 & 40* off 20 balls)

15 February · RBSC Invitational T20 · BC Pavilionaires vs RBSC

REVENGE ON THE TURF

BC Pavilionaires Turn the Tables on RBSC to Win by 21 Runs

Twenty-four hours after the Trailblazers disappointment, and facing an RBSC side that had already beaten them earlier in the tournament, the Pavilionaires found a different gear entirely. Tyrone led the way with a characteristically composed 41 before forced retirement, and Rahul Gupte contributed a busy 29 from 24 balls. Avneesh Chopra chipped in with 28, capped by a six, before Kaviraaj Singh removed him and Shriyansh in successive balls. Chandan's punchy 26* from 18 in the closing overs gave BC Pavilionaires a total of 151/5 that had real substance to it.

RBSC made a decent fist of the chase. Kaviraaj Singh, who had earlier taken three wickets, and Abhininder Singh – batting with real intent for his 29, including two sixes – kept the equation alive into the final overs. But Dilip Mishra's two early breakthroughs, Rahul Gupte's miserly 4 overs for 12 runs and two wickets, and a composed spell from Sunish Shah kept the Pavilionaires firmly in control. Needing 24 off the final over, RBSC managed just 2. BC Pavilionaires won by 21 runs, leaving the squad with three wins, three losses and a tie – sitting comfortably midtable as the tournament enters its closing stages.

Result: BC Pavilionaires won by 21 runs

Man of the Match: Tyrone Bond (41* off 33 & 4-0-20-0)



▲ Sweet Revenge for the Pavs over RBSC

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