

MAY 2026



1903
THE BRITISH CLUB
BANGKOK

THE OFFICIAL MAGAZINE OF THE BRITISH CLUB BANGKOK

OUTPOST

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BANGKOK

OUTPOST

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 BritishClub1903



Front Cover

123 Years and still Proud

This Month

Following last month's Songkran celebrations, the Club returns to a more relaxed pace. This month features an Intimate Wine Night exploring Italy, alongside the return of the popular "Wine on the Lawn" for an enjoyable evening of wine and company.

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progeny

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Outpost welcomes contributions from Members, email outpost@britishclubbangkok.org

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Special rate THB 500 NET per hours



Special offer



Exclusive offers for members



- Special Rates from THB 3,800 net/night
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Exclusive offers for members



Exclusive offers for members



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Exclusive 30% discount for British Club's members



Exclusive for the British Club Members
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Exclusive 20% off on all FBT's Products (Sportswear and Sport Equipment).



Exclusive offers for members



Exclusive offers for members



Exclusive offers for members



Exclusive offers for members



Exclusive offers for members

EXCLUSIVE OFFERS FROM OUR PARTNERS

Chairman's Message



Dean Thompson

It is a great honour to write to you for the first time as Chairman of The British Club Bangkok. I take on this role with both pride and a strong sense of responsibility. Reflecting on the distinguished individuals who have held this position before me, I am committed to serving the Club with diligence and care.

Following the recent AGM, I would like to thank all Members who participated in the process. The strength of our Club has always been rooted in an engaged membership, and it is this collective spirit that continues to shape our future.

The General Committee has already met to begin planning for the year ahead. We are aligned in our commitment to act in the best interests of the Club as a whole, representing Members with integrity, respect, and transparency.

The British Club Bangkok holds a unique position—rich in history, yet full of opportunity. Our responsibility is to preserve what makes the Club special, while ensuring it continues to evolve in a way that remains relevant, vibrant, and welcoming for all generations of Members.

In the months ahead, our focus will be on three key areas:

Enhancing the Member experience, particularly in service quality, facilities, and overall enjoyment of the Club. A key step in this journey is the enhancement of our F&B offering, launching in May. I encourage Members to explore the new menu and share feedback as we continue to refine and improve.

Thoughtful development of our sports and leisure offering, including bringing forward updated options

for padel and badminton facilities. We aim to progress these plans towards detailed proposals for Member consideration at a future EGM.

Strengthening communication and engagement, ensuring Members feel informed, heard, and actively involved in shaping the Club's direction.

We will approach all decisions with care, discipline, and openness—recognising that the Club belongs to its Members, and that major steps forward should reflect their views. To support this, sub-committees are being established to gather input and develop recommendations across key areas, and I warmly encourage Member involvement.

I would also like to thank the Club's management and staff, whose daily efforts are fundamental to the experience we all value. We will continue to look at ways to support and engage our people, ensuring the Club remains a rewarding place to work as well as a place Members are proud to belong.

Finally, I look forward to meeting many of you personally in the weeks ahead. I would love to get your feedback in coming weeks on what you like about the Club and of course the areas you feel could be enhanced. There is as ever a fantastic set of events in the Club calendar, with the Living in Bangkok event on 26th April so I hope to see many of you there!

Thank you for your support.

Dean Thompson
Chairman
The British Club Bangkok



Metawee (Natt)

Operations Unknown

A Growing Partnership with HCTC

The Club's relationship with the Hospitality and Catering Training Center (HCTC) continues to develop positively. The school provides vocational training in hospitality, equipping young people from underserved communities in Mae Sot and the surrounding border areas with the skills and experience needed to enter the industry.



In early April, led by Khun Natt, Khun Udom and Khun Aow from the Service team, together with Khun Mint from the Kitchen, the team travelled to Mae Sot to visit graduating students at HCTC. The visit provided an excellent opportunity to reconnect with the school, meet students preparing to enter the workforce, and introduce career opportunities at the Club.

During the visit, the team presented an overview of the Club, highlighting career opportunities and the working environment. Interviews were conducted with a number of students and we are pleased to confirm that 10 candidates have been selected. They will be joining our kitchen and outlet operations from May, supporting operations across the Club.

At present, the Club proudly employs 12 students from the Foundation School. Among them is Khun Aow, one of our earliest recruits, who continues to set a strong example for new joiners.

The team also attended the graduation ceremony, where they met with Khun Tip Ruchaitrakul, the founder of the Tak Border Child Assistance Foundation and exchanged feedback on students currently working at the Club. It was a constructive discussion that reflects our shared commitment to developing opportunities for young people.

This partnership remains an important part of our operations, and we look forward to welcoming the new intake in the months ahead.



Returning to the UK?

Helping you to plan ahead and understand the key considerations which may affect you



Increasing healthcare costs, circumstance change and redundancy are all some of the reasons that people consider moving back to the UK.

The years of UK political turbulence since the 2016 UK referendum vote, and the last few years of changing leaders and political parties, seem insufficient to keep the homebirds away.

For whatever reason you are thinking about a move back it is crucial to plan-ahead and understand the key considerations which may affect you. This will help lessen the chance of exposing yourself to a significant and perhaps unnecessary tax burden.

Planning your return to the UK

Because of the complex UK tax system relocating is highly important and careful planning is essential. In general, the more notice the better and if possible 6-12 months is normally an ideal timescale to begin the process.

The luxury of time may not be an option for all. Either way you need to understand the consequences of a return when planning as it needs to be right for your personal circumstances both now and into the future.

If you come back to the UK after living abroad, you will usually be classed as UK resident again. This means you pay UK tax on: your UK income and gains, as well as any foreign income and gains. This may not be the case if your permanent home (domicile) remains outside the UK.

You would have remained UK resident anyway if you were abroad less than a full tax year (6 April to 5 April the following year). This means you will usually pay UK tax on foreign income for the entire time you were away.

When to return

There is no ideal time but understanding the UK statutory residency laws is a good start. This will make sure you know when you are likely to become UK tax resident as it is sometimes not as straightforward as it may seem.

If you return mid tax year and you have been receiving overseas income, obtaining UK split-tax year treatment is going to be important.

Split Tax Year

You will be resident in the UK for the whole of a tax year, but that year may be split into a UK and an overseas part. This means that when returning to the UK you may be able to split the tax year into one part when you are UK resident, and one when you are not.

There are 8 sets of circumstances when an individual might meet the criteria for split year treatment for a particular tax year. Three cover situations when an individual might go overseas part way through the tax year, which are cases 1-3. Five cover situations where an individual might come to the UK part way through a tax year, which are cases 4-8.

If, in a year in which you are UK resident, there is an actual or deemed departure from the UK, then you will need to consider whether any of the split year cases 4-8 apply.

You must consider all cases of split year that might apply to you. Each has its own set of conditions, and you need to meet all those conditions for the case to apply. If more than one case applies to you the priority ordering rules show which case of split year will apply and what date the year will be split from.

For more information, please refer to the HMRC RDRM12000 guidance on Residence, available on the official UK government website.

If you return to the UK within 5 years

You may have to pay tax on certain income or gains made while you were non-resident. This doesn't include wages or other employment income. These rules (called temporary non-residence) apply if you return to the UK within 5 years of moving abroad (or 5 full tax years if you left the UK before 6 April 2013) and you were a UK resident in at least 4 of the 7 tax years before you moved.

Chapter 6 of HMRC's guidance note to the Statutory Residence Test is where you can find more information.

Do I need to tell HMRC when I return?

Informing HMRC that you are returning to the UK is very important. And it can be done personally, or by a tax representative/adviser. It is always recommended that pre-return tax advice is sought, which could be part of an overall package of a pre-and post UK tax advice service.

Considerations for a UK return

There are many and the following are some of the main ones:

- **Seek UK tax advice from a professional qualified UK Tax Adviser.** This is arguably the most important to make sure you understand when you may become UK tax resident.
- **Seek tax advice in Thailand** to make sure that you leave without any tax liability remaining.
- **UK Bank account** – do you still have one? If not speak to your previous UK bank first as in the absence of any recent credit history it may be awkward to open a new account with a bank where you have no history.
- **Understand foreign pension provision** – clarify if it be withdrawn prior to a return and prior to becoming UK tax resident, and in particular, can benefits be taken as a lump sum.

- **Review currency exchange rates** – if transferring significant amounts find an economical way as there are many options available these days.
- **Review investment funds** – they could be Reporting or Non-Reporting which are taxed differently in the UK. The former liable to Capital Gains Tax (CGT), the latter Income Tax (IT). At time of writing UK CGT rates are lower than UK IT rates so this can be important.
- **UK property** – give tenants the correct notice and refer to the current landlord responsibility rules that apply in the UK as part of the 2023/2024 Renters' Reform Bill changes.
- **Healthcare in the UK** - NHS Hospital treatment is free for those ordinarily resident in the UK on a lawful and properly settled basis, it applies immediately for someone returning permanently.
- **Schools** – research what schools are available, children must be physically present to enroll.
- **Insurance** - consider all your insurance, general (motor, home), and personal (private medical insurance, life assurance, and critical illness). Personal insurance is normally cheaper in the UK as there is a wide and competitive marketplace.
- **Driving license/eligibility** – check your UK License is still valid if your UK absence has been more than a few years.

This is a complex matter, and mistakes can be costly. Returning to the UK is a big step so plan ahead both personally and financially. Progeny have helped many people relocate to the UK so please contact us if you would like to discuss your position.

Martin Wright
Senior Financial Planner



The information in this article aims to provide information. However, this is not intended to form professional advice nor should it be relied upon as such and before taking any particular action, specific and personal advice should be obtained. All levels and basis of, and relief from taxation illustrated here are subject to change.

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Quiz Night

12th May 2026 | 7:15pm @Churchill Bar

TEAMS OF 6 OR LESS

Members 150 Baht | Guests 200 Baht

Which cup will get filled first?



Bookings & Info Via: The British Club Line Official
Add LINE ID @britishclubbkk
by attending you agree to the Club P.D.P.A



BC Bee Kid's Club!

This May, BC Kids invites our young members to step into a world of imagination, creativity, and hands-on discovery. From art and crafting to culinary fun and playful science experiments, each activity is thoughtfully designed to inspire curiosity while encouraging teamwork, confidence, and joyful learning in a relaxed and engaging environment.

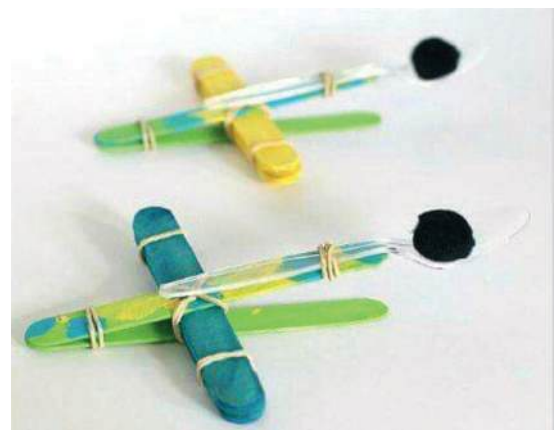
Some of the activities on offer include Mini Picasso, Little Bob the Builder, Mini Chef, and Little Mad Scientist, each bringing a unique and enriching experience to the programme.



Our Mini Picasso will celebrates both nature and creativity through a charming leaf rubbing collage activity. Children will collect and explore a variety of leaf shapes and textures, using crayons and paper to create detailed rubbings. The activity encourages observation, creativity, and an appreciation for the finer details found in nature.



In Little Bob the Builder, simple materials are transformed into imaginative paper animal creations. Children will explore cutting, folding, and assembling techniques to bring their favourite animals to life using colourful and accessible craft materials. This session supports the development of fine motor skills while encouraging creativity and storytelling.



Little Mad Scientist, where children will build their very own popsicle stick catapults. Through this engaging activity, they will be introduced to basic concepts of force, motion, and simple mechanics. Once constructed, the catapults can be tested in a fun and interactive way, bringing scientific principles to life through play.

Altogether, the May programme offers a delightful balance of discovery, creativity, and hands-on adventure where learning becomes play, and every child is given the opportunity to explore, create, and shine.



Coming Events

May 2026

(more details on the website)

- Back 2 Skool Challenge
- Quiz Night
- Whisky Night
- An Intimate Wine Night
- Wine on the Lawn

June 2026

(more details on the website)

- Quiz Night
- UK King's Birthday Brunch
- Gin Night
- Winston Cup & Table Tennis Tournament
- Summer Camp Start

July 2026

(more details on the website)

- Summer Camp till 30th
- Networking Night
- Quiz Night
- An Intimate Wine Night
- Winston Cup & Table Tennis Tournament
- Intimate Wine Night
- Wine Night

Event & Activities 2026 May Highlights



Whisky Night

Whisky Night returns in partnership with Pernod Ricard, inviting members to enjoy an evening featuring a curated selection from their distinguished whisky portfolio, offering a relaxed opportunity to taste, discover, and appreciate a range of fine whiskies in good company at the Club.



Back 2 Skool Challenge

After the Easter and Songkran break, we're delighted to welcome our little members back with the Back to Skool Challenge, a fun-filled series of activities including Mini Picasso creativity, Little Bob the Builder, Little Mad Scientist discoveries, and Little Chef, designed to inspire imagination, learning, and plenty of hands-on fun as we kick off the new term.



Intimate Wine Night

Intimate Wine Night this month invites members to an evening of discovery, exploring the rich flavours of Italy with a special selection from Zonin, presenting a range of labels from their portfolio, thoughtfully paired with crafted food selections, and offering a wonderful opportunity for relaxed networking and conversation in an intimate Club setting.

LEARN FROM OUR EARTH

Our Outdoor Classroom became a living laboratory for Year 5 students as they observed, questioned and dug deeper into understanding life cycles. Students discovered that the best lessons come from nature.



Read more about
our Outdoor Classroom

Dig deeper into a
**A WORLD OF
OPPORTUNITY**

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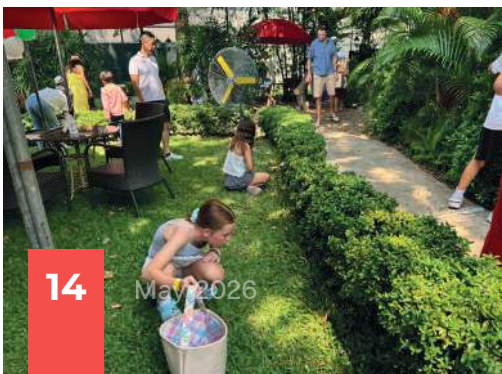
Bangkok Patana School
The British International School in Thailand
Established 1957

Bangkok Patana is a not-for-profit IB World School, accredited by CIS



Easter Day 2026

Easter Day at the Club was a highlight for our younger members, with the Easter Egg Hunt once again a firm favourite. The excitement began with children searching for gold and silver eggs for a chance to win special prizes, followed by a full day of activities including games, fairground fun, arts and crafts, and spoon racing. The popular bunny duo, Rit and Amnat, added to the fun during the tug of war, before the day ended with a surprise magic show, bringing a perfect close to a joyful Easter celebration.





Great British Festival 2026

The Great British Festival 2026 once again brought members and guests together for an enjoyable day at the Club. The day featured a lively line-up of music, opening with Jonas, followed by The Grumps, building up to a standout performance by the Bangkok Beatles, and closing on a high with a Rolling Stones tribute. Alongside the music, a dedicated fairground for children added to the festive atmosphere, creating a well-balanced and enjoyable day for all.



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Créateurs de convivialité

WHISKY NIGHT

ROYAL SALUT

◆ FRIDAY 15TH MAY 2026, 7-9PM



SHOWCASING
**3 ROYAL SALUTE
LABELS**

PAIRED WITH 3 COURSES



INSIGHTS INTO
EACH EXPRESSION
WITH THE BRAND
AMBASSADOR



AT THE BRITISH CLUB
**WORDSWORTH
LOUNGE**



MEMBERS 1,299 ฿
GUEST 1,499 ฿

LIMITED TO 20



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by attending you agree to the Club P.D.P.A



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BANGKOK



PREParing For Life

Open Day

Pre-Nursery to Sixth Form

Saturday 28 February 2026 9:00 AM to 12:00 PM



Embark on
your journey with us





Songkran Pool Party 2026

The Wet & Wild Songkran Pool Party brought members and guests together on Sunday for a lively poolside celebration, featuring an inflatable slide and obstacle course, games including the traditional gladiator battle, alongside upbeat DJ music that kept the energy high. With a great turnout and plenty of fun and laughter, it was a fantastic way to celebrate Songkran.



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MOTHER AND CHILD



PREVENTION AND WELLNESS



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The Winston Cup

The Winston Cup pool competition brought together a committed group of players for a relaxed and enjoyable event at the Club. The matches were played in good spirit, with a mix of friendly competition and closely contested games that added to the evening.

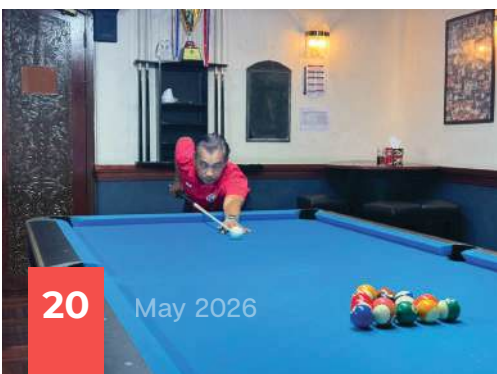




Table Tennis Tournament

The Table Tennis Tournament welcomed a group of keen players for an enjoyable event at the Club. The competition was played in good spirit, with a number of close and competitive matches throughout.





An Intimate Wine Night

Exploring Italy

Friday 22nd May | 7 - 9 pm
Veranda Wine Corner
Meet the Sommelier
Taste, learn, and experience
6 wines paired with 5 Dishes

LIMITED TO 13 SEATS ONLY



Bookings & Info Via: The British Club Line Official
Add LINE ID @britishclubbkk
by attending you agree to the Club P.D.P.A



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Easter Camp

In April, the Club held its very first Easter Camp from 7th to 10th April. The camp was designed as a short Easter break and took place at the Club, with a full day of activities for the children.

Each day was filled with fun and engaging sessions organised by the team, keeping the children active and entertained throughout.

We were also pleased to have support from our partners. DoubleTree by Hilton Bangkok Ploenchit

brought their chef to run a “Mini Chef” activity, where the children learned to bake cookies. Samitivej Hospital also joined us with their “Little Doctor” session, teaching basic first aid and CPR in a simple and practical way.

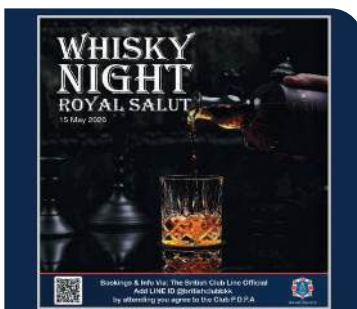
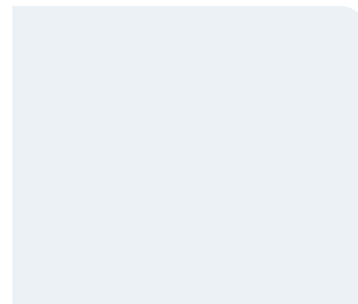
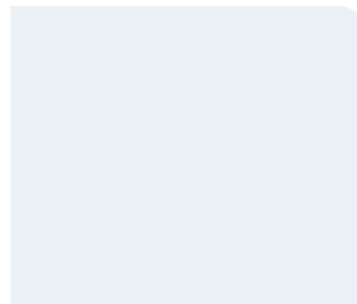
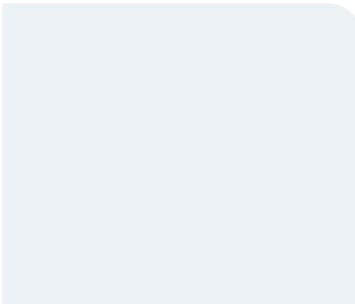
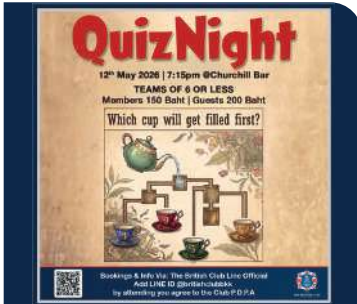
The Easter Camp was very well received and marked a positive step in expanding the Club’s family-focused activities. We look forward to developing this further in the years ahead.



MON

TUE

WED



4 **Squash Mix-in**
4.00pm - 7.45pm

5 **Football**
6.30pm - 8.30pm

6 **Squash Mix-in**
4.00pm - 7.45pm
Balut
6.00pm - 8.00pm
Circuit Training
6.00pm - 6.45pm
Tennis mixed-In
6.00pm - 10.00pm



11 **Squash Mix-in**
4.00pm - 7.45pm

12 **Football**
6.30pm - 8.30pm
Quiz Night
7.15pm - 9.30pm

13 **Squash Mix-in**
4.00pm - 7.45pm
Balut
6.00pm - 8.00pm
Tennis mixed-In
6.00pm - 10.00pm



18 **Squash Mix-in**
4.00pm - 7.45pm

19 **Football**
6.30pm - 8.30pm

20 **Squash Mix-in**
4.00pm - 7.45pm
Balut
6.00pm - 8.00pm
Circuit Training
6.00pm - 6.45pm
Tennis mixed-In
6.00pm - 10.00pm



25 **Squash Mix-in**
4.00pm - 7.45pm

26 **Football**
6.30pm - 8.30pm

27 **Squash Mix-in**
4.00pm - 7.45pm
Balut
6.00pm - 8.00pm
Circuit Training
6.00pm - 6.45pm
Tennis mixed-In
6.00pm - 10.00pm

MAY 2026

THU

FRI

SAT

SUN

1 Pilates
8.00 am - 9.00 am
Tennis mixed-in
8.00am - 11.00am
Junior tennis coaching
4.00 pm - 5.00 pm
Friday Junior cricket
5.30pm - 7.00pm
Tennis mixed-in
6.00pm - 10.00pm

2 Squash Kids Academy
10.00am - 12.15pm
Squash Mixed-in
1.00pm - 4.45pm
Cricket Team Practice
2.30pm - 6.00pm

3 Tennis Men Doubles
Team practice
10.00am - 1.00pm
Sunday Brunch
11.00am - 4.00pm
Tennis Mix-in
4.00pm - 7.00pm

7 Yoga
6.00pm - 7.00pm
Cricket team practice
6.30pm - 8.00pm

8 Pilates
8.00 am - 9.00 am
Tennis mixed-in
8.00am - 11.00am
Friday Junior cricket
5.30pm - 7.00pm
Tennis mixed-in
6.00pm - 10.00pm

9 Squash Kids Academy
10.00am - 12.15pm
Squash Mixed-in
1.00pm - 4.45pm
Cricket Team Practice
2.30pm - 6.00pm

10 Tennis Men Doubles
Team practice
10.00am - 1.00pm
Sunday Brunch
11.00am - 4.00pm
Tennis Mix-in
4.00pm - 7.00pm

14 Cricket team practice
6.30pm - 8.00pm

15 Pilates
8.00 am - 9.00 am
Tennis mixed-in
8.00am - 11.00am
Friday Junior cricket
5.30pm - 7.00pm
Tennis mixed-in
6.00pm - 10.00pm
Whisky Night
6.00pm - 10.00pm

16 Squash Kids Academy
10.00am - 12.15pm
Squash Mixed-in
1.00pm - 4.45pm
Cricket Team Practice
2.30pm - 6.00pm

17 Tennis Men Doubles
Team practice
10.00am - 1.00pm
Sunday Brunch
11.00am - 4.00pm
Tennis Mix-in
4.00pm - 7.00pm

21 Yoga
6.00pm - 7.00pm
Cricket team practice
6.30pm - 8.00pm

22 Pilates
8.00 am - 9.00 am
Tennis mixed-in
8.00am - 11.00am
Junior tennis coaching
4.00 pm - 5.00 pm
Friday Junior cricket
5.30pm - 7.00pm
Tennis mixed-in
6.00pm - 10.00pm
An Intimate Wine Night
7.00pm - 9.00pm

23 Squash Kids Academy
10.00am - 12.15pm
Squash Mixed-in
1.00pm - 4.45pm
Cricket Team Practice
2.30pm - 6.00pm

24 Tennis Men Doubles
Team practice
10.00am - 1.00pm
Sunday Brunch
11.00am - 4.00pm
Tennis Mix-in
4.00pm - 7.00pm

28 Yoga
6.00pm - 7.00pm
Cricket team practice
6.30pm - 8.00pm

29 Pilates
8.00 am - 9.00 am
Tennis mixed-in
8.00am - 11.00am
Junior tennis coaching
4.00 pm - 5.00 pm
Friday Junior cricket
5.30pm - 7.00pm
Tennis mixed-in
6.00pm - 10.00pm

30 Squash Kids Academy
10.00am - 12.15pm
Squash Mixed-in
1.00pm - 4.45pm
Cricket Team Practice
2.30pm - 6.00pm

31 Tennis Men Doubles
Team practice
10.00am - 1.00pm
Sunday Brunch
11.00am - 4.00pm
Tennis Mix-in
4.00pm - 7.00pm



Paul Doust

Reciprocal Clubs Review

A visit to London clubland in April 2026

“Can I pay for the drinks by credit card?” I ask the barman in the [Cavalry and Guards Club](#), “I’m a reciprocal member, so I don’t have an account here.”

The barman nods, but before either of us can say another word, a gentleman seated alone at the bar joins in. “I’m a reciprocal member as well,” he says in a crisp public-school accent, glass of champagne in hand, “[Guards Polo Club](#). And you?”

“The British Club Bangkok ...”

“Ah, really? I know someone there,” he replies, giving me a name. “You wouldn’t happen to know him?”

“Errr yes 😊,” I say, “I’ve exchanged a few words with him. He must be well over 90 years old.”

“He has suggested I visit him,” the gentleman continues. “I haven’t yet made it to Bangkok, though I do occasionally pop over to Phuket when I’m in Ceylon.”

It turns out that he’s a barrister, and we fall into easy conversation at the bar, taking turns to buy one another a drink.

“I’m rather keen on bridge,” he says, changing the subject, “though the chairman at my club dismisses it as a pastime for elderly ladies. Some of our members are interested in playing poker, but our committee is not sure whether it would be legal.”

“I was on my club’s committee until recently,” I reply, “But at the last AGM too few of my supporters turned up to vote for me, so I’m not on the committee anymore.”

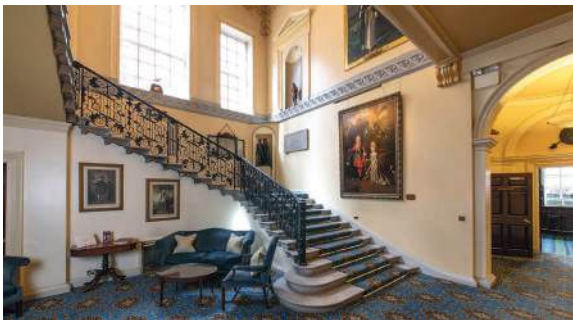
“Club politics can be savage,” he laughs, and he tells me a bit about his failed attempt to join his club’s committee. “Are you here on your own?” he continues.

“I’m with some friends. We had lunch at the [Caledonian Club](#) and were thinking of going on to [The Savile](#), but this club was on the way.”

“Ah, [The Savile](#) 😊,” he says approvingly, “That club has the best food.”

“And also the cheapest,” I add, “from a Michelin-starred chef too!”

“Actually, one of my friends here is a keen bridge player 😊,” I continue.



“Would you mind introducing us?” he asks. “It’s always useful to know other bridge players in case we need a fourth.”

We walk through to the conservatory where my friends are seated, and make introductions. Conversation flows easily, especially between the gentleman and my bridge-playing friend. Then, suddenly, the gentleman remembers something.

“We really ought to continue on to [the Savile](#),” he says. “I know some people who play bridge there once a week, which means they should be there today.”

We settle the bill and outside the club, we all pile into a taxi for the short ride to the [Savile Club](#). We find seats on the terrace outside the bar where the gentleman recognises a female friend. She tells him that the people he knows are playing bridge in the basement. Since they’re in a private room, we decide not to intrude and end up sharing a bottle of Club Chablis instead.

“I think it should be legal for your club to arrange poker,” I tell the gentleman with a smile on my face, “for two reasons 😊”.

“And those are?”

“Well, firstly, just now I asked ChatGPT which suggests that gambling in a private members’ club is categorised as ‘Exempt Gaming’. And secondly, I spotted this poster about poker on the club noticeboard here!”



“Most helpful,” he says. “Though I think I should go the Law Society library myself, just to be certain that the advice remains current.”

I always enjoy striking up conversations with people from completely different walks of life, which is one of the reasons why I enjoy visiting reciprocal clubs. Private members’ clubs, in London in particular, are especially good places for meeting such people 👍



Reviews of the 3 clubs mentioned in this article were all written by paul@pauldoust.com and published in Outpost as follows: Savile Club March 2022; Caledonian Club May 2024; Cavalry and Guards Club February 2025.”



Active Living Section



Terry Adams

BRITISH CLUB
ACTIVE LIVING SECTION

SECTION UPDATE:

Active Living Section Membership is open to ALL Club Members and their Spouses/ Partners. Come along to your first Active Living Section event: we are confident that having done so, you will then be attending others.

We continue working to provide events each month, with events already at various stages of progression and finalisation into November 2026.



Click here:

- For information on the Section and our previous Events
- To join the Section by completing your application.

Or visit the Active Living Section website at:

www.britishclubbangkok.org/active-living-section/

(Just keep clicking on the posters to delve deeper for information, photographs, and more)

Section Future Events:

ACTIVE LIVING SECTION

When Things Go Wrong Abroad:
The Work of a Consul

An Interview with
The British Consul

Date: Thursday, 7th May 2026
Time: Socialising from 11.40 for lunch at 12.15
Cost : Section Members B400, BC Members B450,
Guests B500, Lunch, coffee/tea, drinks menu available

To register please email Terry Adams at:
terry.adamsbkk@gmail.com

ACTIVE LIVING SECTION
Informative, Social, Engaging

USING ONLINE BANKING & QR PAYMENTS WITH CONFIDENCE

A practical, hands-on workshop
(Bring your phone)

Learn at your own pace
✓ Practical tips for everyday use
✓ No pressure to take part
✓ Or simply watch and learn

Date: Thursday, 4th June 2026
Time: Socialising from 11.40 for lunch at 12.15
Cost : Section Members B400, BC Members B450,
Guests B500
Lunch, coffee/tea, drinks available

To register please email Terry Adams at:
terry.adamsbkk@gmail.com

ACTIVE LIVING SECTION
Informative, Social, Engaging

AGEING IN THAILAND SERIES

1. The Future of Healthcare in an Ageing Thailand

A practical view from inside the profession

In conversation with
Barbara Meynert

Dr Choussak Benjamin
Youngsily
Medical Director
Bangkok Christian Hospital

Date: Thursday, 18th June 2026
Time: Socialising from 11.40 for lunch at 12.15
Cost : Section Members B400, BC Members B450, Guests B500
Lunch, coffee/tea, drinks available

To register please email Terry Adams at:
terry.adamsbkk@gmail.com

EVENT REPORT:

“Who Speaks For You When you can’t: Why a Living Will and Healthcare Directive should come first”

The Active Living Section’s April presentation tackled a subject that many of us know we should address, but too often postpone: how our medical wishes will be handled if we can no longer speak for ourselves. In a clear, practical and at times sobering session, Greg Beatty guided Members and guests through the realities of Healthcare Directives and Living Wills in Thailand .

The starting point was simple but important. A Will deals with what happens after death. A Healthcare Directive operates while we are still alive but unable to communicate, setting out who speaks for us and what treatment we do or do not want. As highlighted early in the presentation, Thailand’s National Health Act (Section 12) recognises this right, giving legal backing

to written advance directives and protecting medical professionals who act in accordance with them.

Greg then moved from principle to practicalities. Central to any directive is the appointment of a trusted proxy. This is not a ceremonial role. The proxy must act in good faith, follow your stated wishes, and often make difficult decisions under pressure. Choosing the right person—most commonly a spouse or long-term partner, but sometimes an adult child or trusted friend—and ensuring they understand both your wishes and the financial realities of care, is critical.

Equally valuable was the discussion on what should actually be included. From resuscitation and mechanical ventilation to artificial nutrition, dialysis and, importantly, palliative care, the message was clear: specificity matters. If you do not decide, others will decide for you, and not always in line with your preferences.

For many in the room, the most useful guidance came in making a directive work in real life. A bilingual (Thai and English) version greatly improves acceptance. At least two independent witnesses are recommended, and while notarisation is not strictly required, it can reduce hesitation. Advance discussions with hospitals, multiple certified copies, and early distribution to family, proxies and medical providers were all strongly advised. The emerging digital e-living will option was also noted as a helpful complement.

There were many questions asked of and answered by Greg, but the session reinforced a simple conclusion. This is not just paperwork. It is about control, dignity, and reducing uncertainty for those around us. Not a light topic but an essential one.





BRIDGE SECTION

Welcome to the Bridge Section!

Our Bridge players regularly meet on a Sunday afternoon, with the game starting at 2pm sharp. Registration is essential before each game. We are an international group with most participants playing to an intermediate standard. We welcome new players to join our group. Please contact our Bridge organizers to arrange to play and for further information.

In March we were delighted to welcome Polish visitors Anna and Marciej! They were on vacation in Thailand traveling from Polan, and we were fortunate that their busy schedule allowed them a free Sunday in Bangkok to join us for Bridge. We all very much enjoyed getting to know them and hearing of their very active Bridge community in Wielun, a town nearby the city of Poznan. Thank you for joining us and bringing souvenirs for our Bridge group. Your company and kindness was very much appreciated. We look forward to welcoming you and any fellow travelers from your group in the future.



Regular British Club Bridge players are looking forward to our biannual London Bridge tournament in April. Always a delightful afternoon for Bangkok Bridge players with some international travelers joining. After Bridge, we will all enjoy a delicious buffet meal with the Club's signature roast beef and mini fish & chips. All's fair in Love and Bridge, well most of the time! An event not to be missed.

TENNIS

2026 Tennis Section Championships



Chris Watt

This year's Championships had 82 members signing up to play, which was slightly down on previous years with some of the well-known players not taking part. Nevertheless, there were some great matches leading up to the finals despite some players pulling out due to injuries. It is always a challenge to get the matches played before the finals with semi-finals matches being played the night before!

Finals day started at 8am with the Ladies Singles with a rematch of 2024 with Nattaya versus Raquel as it turned out the result was opposite from their last match up with Raquel defeating Nattaya. While this match was being played Philip and Till were facing off with the Senior Men's Singles Plate which was won by Philip.

Next up was the Men's Singles with Enrique coming up against Pierre after beating Dawa in an epic three setter earlier in the week. Unfortunately, Enrique was no match for Pierre who won convincingly despite Enrique's trying everything. During this match Jim and Frank Sutherland played the Senior Men's Singles on Court 1 with Jim chasing down everything Frank threw at him to finally beat Frank. Over on Court 3 an epic was unfolding in the Plate Singles between a new member Teddy and Vincent while the French connection watched on. After over three hours in the blazing heat of the day Vincent retired with sever cramps and had to be carried off handing the win to Teddy.



▲ French Connection

The Ladies Doubles starting at the hottest time of the day was a marathon between Nattaya and Laila versus Ann and Raquel. With both winning a set each a three set was played and that ended up six all meaning a tiebreaker had to be played. Finally, after 3 hours and 15 minutes Nattaya and Laila prevailed by winning the tiebreaker 7:5 and winning the match. Meanwhile over on Court 1, Ash and William battled it out with Ian and Till in the Senior Men's Double Plate as the set was tied yet another tiebreaker was played with Ash and William rapping it up 7:4 to take the match.

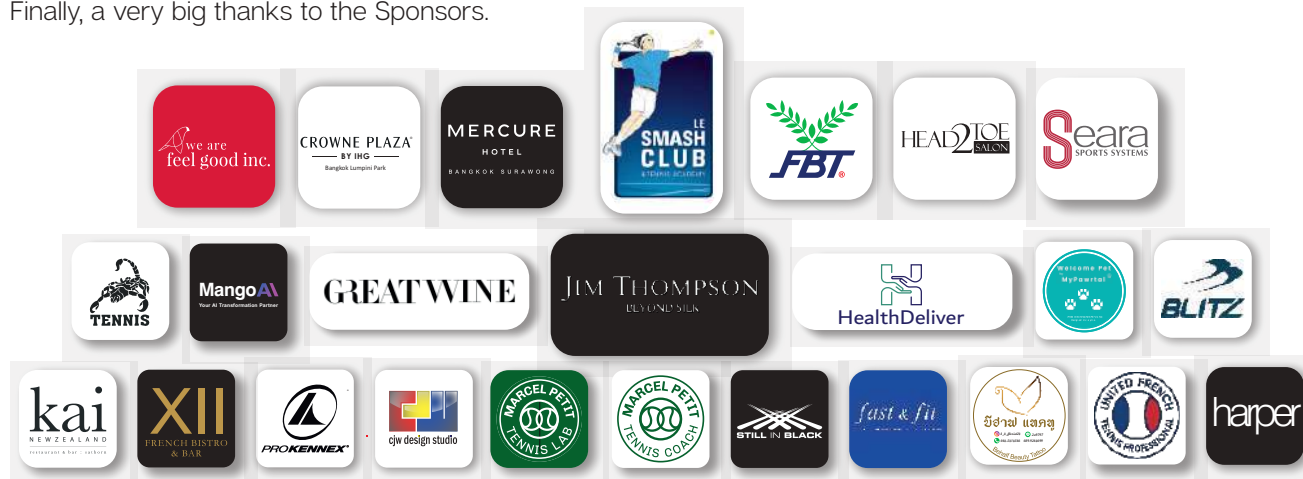
Later in the afternoon came the upset of the day with Joe and Pierre going down to Dawa and Daniel in another existing three setters in the Men's Doubles. In the Senior Men's Frank Sutherland and Jim took on Phairoj and Suang. With both Frank and Jim having played a little earlier they still managed to pull out a win. Over on Court 2 the Men's Doubles Plate was being played, Alain and Alexander versus Sauthier and Brice with Alain and Alexander eventually serving it out to take a win.

With there being a couple of long matches during the day the Mixed Doubles was a late start getting underway on Court 1 and then moving to Centre Court for the final set with Nattaya and Daniil beating Aom and Nueng in straight sets after a protracted first set of 7:5 and 6:2 in the final. The Mixed Doubles Plate was played with Ann and Arin against Tic and Shin over the back on Court 3 with Ann and Arin as the winners.

Both the Senior Mixed Doubles and Ladies Singles Plate were played prior to the finals day with Nu and Michael beating Sasaluck and Suang while Veronica won against Nichapat.

After a great day of exciting tennis, the evening began with dinner on the front lawn followed by the prize giving and after that the fun really began with a live band cranking out the tunes which had many up dancing.

Finally, a very big thanks to the Sponsors.





Tennis Section CHAMPIONSHIPS



Ladies Singles Winner



Raquel



Ladies Singles Runner-up



Nattaya



Men's Singles Winner



Pierre



Men's Singles Runner-up



Enrique



Men's Senior Singles Winner



Jim



Men's Senior Singles Runner-up



Frank S



Ladies Doubles Winner



Laila & Nattaya



Ladies Doubles Runner Up



Ann & Raquel



Men's Doubles Winners



Dawa & Daniel



Men's Doubles Runners-up



Joe & Pierre



Senior Men's Doubles Winners



Frank S & Jim



Senior Men's Doubles Runners-up



Phairoj & Suang



Mixed Doubles Winners



Nattaya & Daniil



Mixed Doubles Runners-up



Aom & Neung



PLATE

Senior Men's Singles Winner



Philip

Senior Men's Singles Runner-up



Till

Men's Singles Winner



Teddy

Men's Singles Runner-up



Vincent

Men's Doubles Winners



Alain & Alexander

Men's Doubles Runners-up



Brice & Sauthier

Men's Seniors Doubles Winners



Ash & William

Seniors Men's Doubles Runners-up



Ian & Till



Michael Flowers

HARD BALLS

BANGKOK CRICKET LEAGUE

A Division • March – April 2026

14th March 2026 • British Club (A Div) vs Southerners Cricket Club • RBSC Polo Ground

MARVELOUS MAK STEERS BC TO VITAL WIN OVER THE SOUTHERNERS

British Club hold their nerve on treacherous Polo Ground Turf

With playoffs and a top-two finish – and the extra life that brings in the finals – firmly on the line, this was a match BC simply could not afford to lose. The Polo Ground turf provided a severe examination: variable bounce and prodigious turn on a surface that the Southerners, electing to bowl, clearly fancied. What followed from Mak Khan was widely regarded as one of the innings of the season. His 65 off 60 balls – six fours and a six – was a masterclass in difficult conditions, combining iron concentration with well-timed aggression on a pitch where survival alone was an achievement. He anchored the BC innings through the early overs and shifted gears at precisely the right moments. When he was finally caught behind off Daniel Burgess in the 21st over, BC had 121 on the board and a total to defend.

The Southerners included a significant wildcard in Burgess – a Samoan international who recently played alongside Ross Taylor. Burgess was the pick of their attack with four wickets, and his devastating final over – the last of the innings – in which he removed Sagar Puthran, Jonathan George and Rob Gray in quick succession put a firm lid on BC's total. Michael Flowers contributed a useful 21 off 23 balls in the middle order, and the tail wagged just enough to push BC to 137 for 9 after 25 Overs.

In the chase, Vaughan McClear – the Southerners' captain – was run out for 10 at a key moment, and Burgess, threatening with the bat, was smartly caught at mid-on off Tyrone Bond for 30 off 27 balls before he could take the game away.

BC captain Pramodh Kamalakannan bowled with authority to claim three wickets, and Bond chipped in with two more. A late flurry from Jirapol Jirapatananukul (21 off 17 balls) created some nerves down the stretch, but Pramodh held firm, removing both Jirapol and Sarthak Agarwal in the 24th over. The Southerners were bowled out for 122 in the final over giving BC the 15 run win – a hard-fought victory that kept their playoff ambitions very much alive.

Result: British Club won by 15 runs
Man of the Match: Mak Kahn 65 (60 Balls)



▲ *Mighty Mak, Man of the Match vs Southos*

29th March 2026 · British Club (A Div) vs Kerala Strikers · AIT Ground

SO CLOSE, YET SO FAR: BC FALL 0.0658 SHORT ON NET RUN RATE

A season of promise ends in agonizing near-miss at AIT

The stakes going into BC's final A-Div regular season match could scarcely have been higher. A blistering run of four consecutive big wins from the Bangkok Blues, combined with a significant Net Run Rate (NRR) surge from Thailand Cricket Club, had transformed the picture dramatically. A win over the Strikers could still see BC finish second with a life in the finals – yet a heavy defeat would see them fall to 5th and out of the finals entirely. The margin for error was razor-thin, and everyone in the BC camp knew it going into the match.

The Kerala Strikers are a disciplined, high-quality bowling side, and full credit goes to their opening attack for keeping things tight. But BC's top order was too cautious in response – playing not to get out rather than to win – and the first seven overs while not yielding a wicket, produced just 31 runs. It made posting a challenging total harder than it needed to be. Wickets then fell in clusters: Chopra (17 off 26) and Shriyansh Maheshwari for (1 off 8) both fell to Aju John, and when opener Mak Khan was bowled by Rahul Singh for 16 off 33, BC were 59 for 3 after 14 Overs and badly needing someone to step up and quickly.

BC's top run scorer, Tyrone Bond provided exactly that. Batting with composure and authority that belied the pressure, he constructed a superb 57 from 48 balls – eight fours – anchoring the innings and giving the lower order something to build on. Sagar Puthran blazed 14 off 8 balls, but it was Prash Alphonsus who produced the impetus when BC really needed it. Coming in at 104 for 5, Prash launched an audacious assault: 37 not out from just 21 balls, including four consecutive fours off Rahul Singh in the 23rd over, implementing the sweep and ramp shots with balance and poise. It was the innings that pushed BC to 163 for 6 – a competitive total that at least gave the bowlers something to work with.

The Strikers' chase was underpinned by a formidable opening partnership. The left hander, Mohit Upreti set the tone immediately – two fours off Pramodh's first over – and never allowed the required rate to become a concern. The captain at the other end, Shanaz Shajahan was the ideal partner, composed and smart, rotating the strike and punishing the loose ball while managing the intensity that BC had brought onto the field. The two built steadily through the middle overs as

BC's bowlers struggled to find a breakthrough. By the time Pramodh finally bowled Shanaz for 42 in the 15th over, and Puthran removed Mohit Upreti for 67 off 48 balls shortly after, Kerala needed just 35 from 9 overs. There was no real way to win as BC resorted to Plan B to keep the Strikers at the crease for 22 Overs to sneak into the finals on NRR.

Naveen Vargees sealed the win with a six in the 21st over as the Strikers won by 6 wickets.

The consequences were devastating as BC finished level on 12 points with the Bangkok Blues and Thailand Cricket Club, missing the playoffs by just 0.0658 on NRR. As it turned out, a win would have meant second place and a life in the finals.

Alas, with losses to 3 of the top 4 sides – 5th place is an honest reflection of where BC are: not quite good enough yet, but considerably closer than most would have predicted at the start of the campaign with 6 wins and 3 losses for the season.

What this season has produced above all is a bond – an extraordinary team unit forged through tight finishes, after match debriefs and genuine belief in each other. That will not dissolve easily. The hurt of 0.0658 has lit a fire that will burn through the off-season. The A Division playoffs are not a question of if for this British Club side. They are a question of when.

Result: Kerala Strikers won by 6 Wickets
Man of the Match: Mohit Upreti 67 (48 Balls)



▲ A tough day watching on at AIT for our biggest supporters Cristina and Ryu vs the Strikers

RBSC INVITATIONAL T20

March – April 2026 · RBSC Polo Ground (Turf)

15th March 2026 · British Club Pavilionaires vs Southerners CC · RBSC Polo Ground

SOUTHERNERS LEVEL SERIES AS PAVILIONAIRES FALL SHORT

Thai Pace duo tears through Pavs top order in dominant victory

BC were a little the worse for wear after a late night of team building the evening before – karaoke and pool table dancing featuring prominently in the festivities. In contrast, the Southerners arrived with a potent opening attack and used it to devastating effect after the Pavs opted to bat first.

The Jirapatananukul brothers – Jirapol and Pattarapol – two of the most exciting young Thai cricketers in the Bangkok circuit, tore through the Pavilionaires' top order from the very first over. Jirapol was particularly devastating, finishing with three wickets as the innings fell apart: Mayank Jain bowled for a duck, Avneesh Chopra cleaned up for 5, and Michael Flowers gone

LBW for 1, leaving the Pavs in serious trouble at 21 for 4 inside five overs.

Shriyansh Maheshwari (28 off 22 balls, four fours) and Prash Alphonsus (24 off 30) offered the only real resistance although the Southerners Premier League Captain, Brett Wells fifth over briefly gave the home side cause for optimism – wides, no-balls, and two fours contributed to 20 runs off the over, an over that seemed to take almost as long to complete as it did to score. Regardless, the Pavilionaires were bundled out for 96 – well below par on any surface.

The chase was clinical from the outset. Wells arrived at the crease and immediately redeemed himself, launching a breathtaking assault: 40 off just 19 balls, including three fours and three sixes, before his forced retirement with the match long since won. Teddy Andrews was the model of calm throughout, finishing unbeaten on 42* and sealing victory with two boundaries in the 12th over.

The Southerners won by 8 wickets with 8.2 overs to spare – leapfrogging the Pavs in the RBSC table in the process. The result also levels up the McClear Dunford Cup series at 1-1 (with a tie). A fourth and deciding match for the Cup is on the table but not yet scheduled.

Result: Southerners won by 8 Wickets
Man of the Match: Jirapol Jirapatananukul (3-1-8-3)



▲ The Southerners Level the McClear Dunford Cup Series with RBSC T20 win over the Pavs



▲ Ed and Mak Kahn share a light moment with Rob Gray before battle with the Kings

4th April 2026 • British Club Pavillionaires vs Chennai Kings CC •
RBC Polo Ground

SAGAR'S STING LEAVES PAVS IN WOODEN SPOON DANGER

BC Team-mate haunts BC as Chennai Kings claim a vital narrow victory

A second straight defeat left the Pavillionaires in a precarious spot – the Chennai Kings' win sends them leapfrogging above BC in the table, leaving the Pavs only above the Siam Parrots. A winner-takes-all rematch on 26th April will decide everything: win and it is a Plate Final against the Southerners; lose and it is the wooden spoon match against the Parrots.

The Pavillionaires' innings of 123 for 7 was a frustrating affair. After winning the toss and batting first, Michael Flowers at #4 top-scored with a well-made 34 off 31 balls, but did himself no favours with the selection committee, running out both captain Rahul Gupte (6 off 12) and vice captain Dilip Mishra (0 off 6) in the process. Key wickets fell early and in clusters, and the back end of the batting never accelerated sufficiently to post a genuinely challenging total. Ben Eastwell (17 off 19) and

Ed Khan (15* off 22) provided some impetus, but BC were left feeling they had left runs on the field. A generous 20 wides from the Kings' bowlers helped pad the score considerably.

BC's bowling attack gave them a real chance. Mishra removed the dangerous Prabhakaran Babu for 23 off 15 balls – two sixes included – before he could take the game away, and two wickets in quick succession after the 10-over drinks break from Eastwell reduced the Kings to 79 for 6. A big comeback win looked very much on the cards before Puthran took over. The regular BC player – helping out his old team at the Kings, compiled a calm and assured 31 off 28 balls to anchor the chase at exactly the moment BC needed a wicket. Sarath Kumar (16* off 18) gave him excellent support, as the Kings reached the finish line in 18.3 overs.

BC put down a few key chances in the final few overs that might have changed the outcome and the 26th April rematch with Sagar and the Kings cannot come soon enough!

Result: Kings won by 4 Wickets
Man of the Match: Sagar Puthran (4-0-7-2 & 31 Runs off 28 Balls)

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