

SEPTEMBER 2026



THE BRITISH CLUB

THE OFFICIAL MAGAZINE OF THE BRITISH CLUB BANGKOK

OUTPOST

www.britishclubbangkok.org

BACK 2 SCHOOL





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BANGKOK



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& food).



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meds, and treatment
in transit).



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1903
THE BRITISH CLUB
BANGKOK

OUTPOST

Contents

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BritishClub1903



Front Cover

Back 2 School

This Month

As summer comes to an end and the children head back to school, we are delighted to welcome everyone back to the Club. This month also sees the return of two popular events, the Back 2 Skool Challenge and Intimate Wine Night, followed by a special event at the end of the month, An Evening with Sherlock Holmes.

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progeny

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Opinions expressed do not necessarily represent those of the Club. All events, dates and times are correct at the time of press.

Outpost welcomes contributions from Members, email outpost@britishclubbangkok.org

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The British Club Bangkok is a registered Association in accordance with the Thai Civil & Commercial Code

*Dean Thompson*

Chairman's Message

Hi everyone,

I hope you all managed to have a wonderful summer break, whether you were globe-trotting to exotic places, stayed a little more local in Asia, as I did, or indeed remained in beautiful Thailand, with everything this wonderful country has to offer.

By the time you read this, the schools will be back and all the teenagers awaiting their exam results will have been put out of their misery! If you have an exam student in the family, I hope they got the results they were hoping for and are now all set for the next chapter of their journey.



With the schools finally back, I wanted to thank Khun Natt and the Operations team for hosting some fantastic summer camps at the Club. The response from children and parents alike was absolutely terrific. More children joined as the weeks went on, making this our most successful summer camp programme yet.

We don't measure the success of our kids' camps in financial terms – we measure it in laughter. And by that measure, this year was undoubtedly our greatest success yet!





As we know, at the Club we try to provide something for everyone. There is one perhaps less well-known offering that I particularly want to promote because I really don't think you will be disappointed: the wonderful Wordsworth Room on the top floor of the Clubhouse.

It's a lovely place for quiet reflection, a drink, some reading, high tea with friends or, frankly, however you choose to enjoy it. But the room really comes into its own when it is booked for a private dining function. Dressed with crisp white tablecloths, our best crockery and glassware, and with the staff in their finest uniforms, it looks fantastic.

If you want to host a private lunch or dinner – whether for business or pleasure – for around 8–20 people, it really is a marvellous setting. You can even talk to Chef Tarb about creating something special for the occasion, and he can personally talk your guests through the dinner choices.

Please ask at Reception about booking the room for a memorable lunch or dinner. I think you might be surprised by just how special it can be.

For the eagle-eyed among you, you will also have noticed the work taking place on top of the Surawong Sala. The Sunset Lounge is making good progress and

we hope to have it ready for use from 1st October.

I think this will offer one of the best views of the Club at night and will be a marvellous place to relax with a cold Prosecco, a G&T, or whatever your preferred tippie might be. We also intend to have some live music from time to time – what better way to spend a relaxed evening under the stars?

Credit must go to our Vice Chairman, Chris Watt, who came up with the idea in the first place.

Finally, for those of you who know me, I am a man of simple pleasures, and I now get a little bit of joy every time I order my pot of tea at the Club. Our very smart, branded tea sets are now available for fellow tea enthusiasts in the Veranda and Jubilee bars – and I swear they make the tea taste better!

Well, they do to me anyway. I told you I was a simple man!

See you around the Club soon – and remember to go and check out the Wordsworth Room!

Dean Thompson

Chairman

MEMBERSHIP PARTNERS

GET MORE INFORMATIONS SCAN HERE:



- Exclusive 20% discount for Pro Shop merchandise.
- Exclusive 15% discount for the Worry-Free Golf Package (From normal price)



Special privileges:

- 20% discount on inpatient rooms
- 10% discount on medicines, labs & x-ray
- 10% discount on dental care



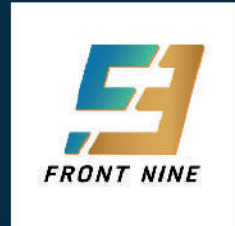
ASCOTT AND SOMERSET GROUP :
Exclusive rates for accommodations of their properties in Bangkok and Pattaya



Exclusive offers for members



Special Member Offer: Net Rate with Breakfast Included



Special rate THB 500 NET per hours



Special offer



Exclusive offers for members



- Special Rates from THB 3,800 net/night
- Daily breakfast & complimentary afternoon refreshments
- One- and Two-Bedroom Suites with city views



- Exclusive offers for members
- 40 days complimentary storage in Thailand on international move
 - Special insurance rate at 3% instead of 3.5% for international move



Exclusive offers for members



Exclusive offers for members



Premium Nanny Teacher Academy
Special offer



• 20% Exclusive Discount



Exclusive offers for members at
• Suvarnabhumi Airport (Bangkok)
• Other Airports
Fast Track Service must be booked at least 24 hours prior to the travel date



Exclusive 30% discount for British Club's members



Exclusive for the British Club Members
One Car Class Upgrade



Exclusive 20% off on all FBT's Products (Sportswear and Sport Equipment).



Exclusive offers for members



Exclusive offers for members



Exclusive offers for members



Exclusive offers for members



Exclusive offers for members



Exclusive Offer for Members

EXCLUSIVE OFFERS FROM OUR PARTNERS

SUMMER COMPETITION

BRITISH CLUB



Around the World!



*Where will your adventures
take you this summer?*

Whether you're exploring the pyramids of Egypt, sailing the Andaman Sea, heading to the World Cup, or simply enjoying a family holiday, show us how you're flying the British Club flag around the world.



**WIN A MEAL
FOR 4**

AT THE VERANDA RESTAURANT
with a bottle of wine and
personal service.



EXTRA POINTS
for best photo!

- Wearing Club apparel
- Carrying a copy of Outpost
- Including the Club logo



**SEND
PHOTOS TO**

**Metawee@
britishclubbangkok.org**

QuizNight

8 September 2026 | 7:15pm @Churchill Bar

TEAMS OF 6 OR LESS

Members 150 Baht Guests 200 Baht

Which of the following
has four, eight and
one nine?

A. 88889

B. 4819

C. 888819

D. 489



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Metawee (Natt)

Operations Unknown

Sunset Lounge Project

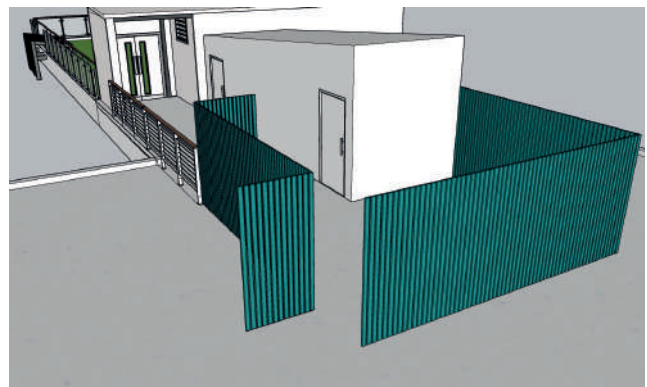
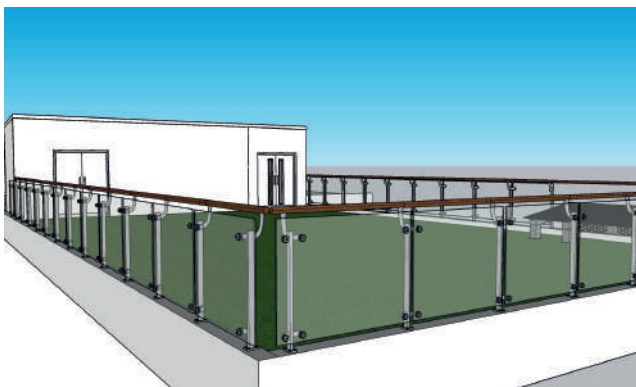
The Club is currently developing the rooftop above the Jubilee Bar into a new Sunset Lounge. This additional outlet will provide members with a relaxed outdoor setting in which to enjoy panoramic views across Bangkok, beautiful sunsets and the pleasant evening breeze during the cooler season.

The new space is being designed as a comfortable place for members to unwind, meet friends and enjoy drinks and light refreshments, while making the most of the rooftop's unique views over the Clubhouse and surrounding city skyline.

Construction has been under way for the past month and is progressing well, with completion expected within the next month or two. We look forward to



sharing further updates and welcoming members to this exciting new addition to the Club.



Investment Methods

In what can be a confusing (and sometimes treacherous) landscape, Martin Wright, Senior Financial Planner at Progeny outlines investment options for British expats.

Banks - Offshore

There are still many deposit takers providing offshore bank accounts, including the overseas arms of major UK financial institutions. Certain locations use the UK bank clearing system meaning there is a UK sort code which include Jersey, Isle of Man, Guernsey, Gibraltar and Malta. Each location has its own financial services compensation schemes offering various degrees of financial protection in the event of bank insolvency.

Sourcing systems such as the offshore tab of the moneyfacts.co.uk website can be useful to source competitive interest rates. Given the apparent reducing interest rate environment bank interest rates are likely to reduce from the highs of the last few years. Interest from offshore bank accounts is often paid gross without any tax deduction at source.

Banks - Onshore (Thailand)

Some major global banking institutions have closed their Thailand operations in recent years although there still remains UOB and CIMB banks. There are also well-established local banks like Siam Commercial Bank, Bangkok Bank and Kasikorn Bank.

Local interest rates tend to be lower than those in GBP and USD. Interest received from local banks is subject to withholding tax at a flat rate of 15% although Individuals may choose to exclude interest income from other income and pay tax according to the Thailand Personal Income Tax rates instead.

Directly held investment funds

This includes Mutual funds, Unit Trusts and OEICs. Mutual funds are investments made from pooled money from investors and can include bonds and equities as well as other asset classes. A unit trust differs from a mutual fund in that a unit trust is established under a trust deed, and the investor is effectively the beneficiary.

Two of the most common types of funds in the UK and parts of Europe are unit trusts and open-ended investment companies (OEICs). They share many traits in that the price of a fund always reflects the value of its holdings. They are more widely used even though some are more expensive than the Investment Trust alternatives.

The great advantages of open-ended funds are their flexibility to make more units, as well as the fact there are more funds available. This differs from a closed-ended fund, which issues a fixed number of non-redeemable shares like an Investment Trust. Over the last few decades most new fund launches in the UK were OEICs.

Stockbroking accounts

Stockbroking is typically offered by well-established companies advertising their services in print and online. Most countries have options although there are some major global providers who will allow accounts to be opened without some of the frequent country specific problems.

This option is a cost-efficient approach to investment, usually allowing access to any listed investment instruments on the main exchanges worldwide. The standard service provides accounts on an execution only basis, so no advice is offered, and you just have access to an account to purchase investments through based on your own choice.

General investment accounts

A General Investment Account (GIA) offers access to investment funds, and some direct securities (this is company specific). This is a common UK method of personal investment

Some international providers allow accounts to be established by Thailand residents (on a case-by-case basis). A limited number of UK account providers will allow this. It's a competitive marketplace currently so these accounts are generally cost efficient with the standard annual product charge in the region of 0.25% per annum. As they are mostly used by advisory companies GIAs aren't frequently used for personal execution only investment.

Offshore life assurance investment bonds

This method is used regularly by offshore advisers. This product allows investment in the main currencies and listed investments through most dealing exchanges. For non-UK residents the more complicated UK taxation structure does not apply. For UK residents they are a tax deferral vehicle which is likely to have a UK tax liability after a certain period of time of withdrawals or at specific events. Whilst this approach can offer flexibility, the wide charging menu offered by most Offshore Bond providers can lead to an expensive product, upfront, ongoing and high surrender penalties in the early years.

They can be useful for estate planning as a few providers have their own trust companies providing off-the-shelf low-cost arrangements. As corporate trustees there's also a higher likelihood they will remain in place for the life of the arrangement.

Discretionary portfolio management

Historically these options are used by institutional investors, high net worth individuals, or charities. Most global asset management companies have high minimum investment levels and \$1 million is common, although a handful offer lower-level access, from \$500,000 upwards.

Discretionary Portfolios are managed without consulting you on investment decisions, with changes based on factors agreed at outset. They're usually cost efficient and available in most of the main currencies, although some have country specific criteria. They offer long term consistency and professional well-funded researched solutions.

Thailand tax information

Assessable income in Thailand includes the following categories:

Capital gains

Most types of capital gains are taxable as ordinary income. There are exemptions including the sale of shares in local listed companies and ASEAN member country stock exchanges. Capital gains and investment income earned by a resident from sources outside Thailand are currently not taxable unless remitted to Thailand and capital losses may not be offset against gains.

Dividend income

Dividends received from a company incorporated in Thailand are subject to withholding tax (WHT) at a flat rate of 10%. Offshore dividends are currently only taxable in Thailand if the value is remitted.

Interest income

Interest received from local bank deposits, as mentioned, is subject to withholding tax at a flat rate of 15%. Any offshore interest remitted into Thailand is liable to Thailand Tax at the prevailing rates with the possibility of a Tax Credit for any overseas tax paid.

With the changing Thailand tax landscape, it is essential you seek professional local tax advice from an appropriate locally listed and regulated organisation. Choosing the right investment approach for you is also highly important.

Martin Wright
Senior Financial Planner



The information in this article aims to provide information. However, this is not intended to form professional advice nor should it be relied upon as such and before taking any particular action, specific and personal advice should be obtained. All levels and basis of, and relief from taxation illustrated here are subject to change.

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NOT JUST ABOUT HAVING FUN BUT IN PLAY,
CHILDREN DISCOVER HOW TO LEARN

Back 2 Skool

Challenge



DATE/TIME:

Sunday 13th September 2026
1:00pm - 5:00pm

CAPACITY:

Limited to the first 30 bookings only!

AGE:

Age from 6-11 years old

REQUIREMENT:

Kids must be able to join the activities without supervision.

PRIZES:

Special prizes will be awarded to the Top 3 winners!



MEMBERS
฿1,000

GUEST & NON-MEMBERS
฿1,500



Bookings & Info Via: The British Club Line Official
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BC Bee Kid's Club!

BC Bee Kids' Club Is Back

After the summer break, BC Bee Kids' Club returns this month with more fun weekend activities. Sessions will run from 12.30 to 3.00 pm, with the programme adjusted depending on the number of children attending.

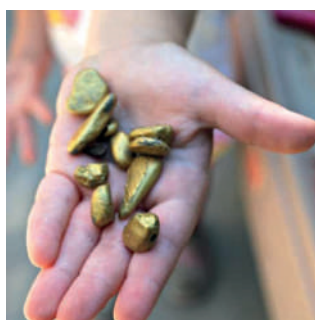


Metawee (Natt)

Our six favourite themes are back. Mini Picasso encourages little artists to paint, draw and use their imaginations, while Mini Chef invites children to put on their chef's hats and prepare delicious sweet treats together.

Little Bob the Builder and Little Mad Scientist are always popular, with slime making and aeroplane crafts planned to mark Battle of Britain Day this month. Young Sherlock Holmes will take the children on a search for hidden gold rocks, with tasty cookies as prizes.

When the weather is fine, Junior Athlete will get everyone moving as the children make their own frisbees and test them out on the Front Lawn. We look forward to welcoming our young members back for another month of creativity, discovery and fun.



Coming Events

September 2026

(more details on the website)

- Back 2 Skool Challenge
- Quiz Night
- Fireside Meeting
- An Intimate Wine Night
- Winston Cup Pool Competition

October 2026

(more details on the website)

- Quiz Night
- Winston Cup Pool Competition
- Halloween Kid Party
- Witches & Wine on the Lawn
- Half Term Camp

November 2026

(more details on the website)

- Remembrance Day
- Quiz Night
- Guy Fawkes Night
- Ploenchit Fair
- Loy Kratong Day
- Annual Wine on the Lawn

Event & Activities 2026 August Highlights



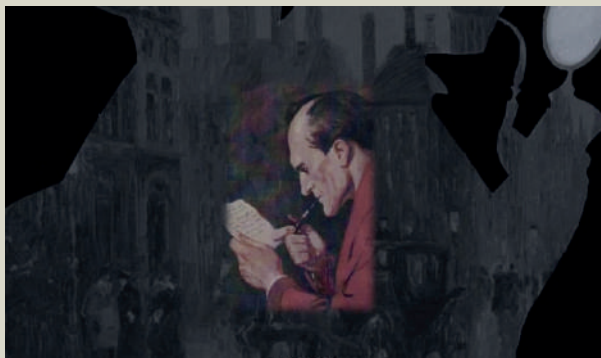
Back 2 Skool Challenge

The Back 2 Skool Challenge welcomes children back to school with four favourite activities: Little Bob the Builder, Mini Picasso, Mini Chef and Little Doctor. Taking place on Sunday afternoon from 1.00 to 5.00 pm, the event promises plenty of fun while giving children the chance to learn, create and explore.



Intimate Wine Night

This month marks the return of Intimate Wine Night, featuring the fresh and vibrant flavours of New Zealand. Members can look forward to an enjoyable evening of carefully selected wines, with a brand ambassador guiding them through each one, delicious pairings prepared by our chefs and relaxed networking in an intimate setting.



An Evening with Sherlock Holmes

Join us on Saturday 26th September for an entertaining evening with Sherlock Holmes and Dr Watson. Enjoy a captivating performance filled with mystery, humour and clever deductions as the famous detective's adventures are brought to life at the Club.



An Intimate Wine Night

Exploring NEW ZEALAND

Friday 18th September | 7 - 9 pm
Veranda Wine Corner
Meet the Sommelier
Taste, learn, and experience
6 wines paired with 5 Dishes

LIMITED TO 13 SEATS ONLY



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FIRESIDE MEETING

WITH THE CHAIRMAN AND GC MEMBERS

LET'S HEAR WHAT
YOU THINK
ABOUT THE CLUB!

WHAT CAN WE DO BETTER?

SHARE IDEAS,
HEAR FROM OTHERS.

ENJOY A RELAXED CONVERSATION,
LET EVERYONE BE HEARD

6pm-9pm

17th September

THURSDAY
17TH
SEPTEMBER 2026

6.00 Drinks
7.30 Guest Speaker
9.00 Close

**SURAWONGSE
ROOM**

ALL MEMBERS
ALL AGES
WELCOME

FREE BEER
AND WINE
from 6-9pm

PRE-REGISTRATION IS REQUIRED



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The Winston Cup Pool Competition

The Winston Cup Competition took place at the beginning of the month following the Pool Section AGM. The competition featured a strong line up of talented players, with the final coming down to two of the Section's best, Tom and previous winner Bimal. After an exciting match, Tom took the victory. Congratulations to Tom and well done to everyone who took part!







Summer Camp 2026





Quiz Night

Quiz Night took place on the evening before Thai Mother's Day. Although we had a smaller number of teams, the evening was still full of fun and friendly competition. Scumbag College took first place, followed by the Spoofing Team. Congratulations to the winners and thank you to everyone who joined us!



Team Name	Round 1	Round 2	Round 3	Round 4	Round 5	Handout	Joker	Total
Scumbag College	7	7	10	5.5	8	7.5	10	55
Spoofers	7	6.5	9	6.5	7	8	9	55



THE WINSTON CUP POOL COMPETITION

Saturday 19 September Starts 6:00pm



Straight Knock out 16 players
Every Player gets 1 free drink and Free to Enter
All levels welcome

REGISTER NOW



Bookings & Info Via: The British Club Line Official
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JOIN THE BRITISH CLUB

Become A Full Member Now



information/contact Tel: 02 234 0247 or
membership@britishclubbangkok.org



The British Club Line Official
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Thailand Mother's Day Brunch

Our Thai Mother's Day Brunch at the Veranda featured a special selection of Thai dishes and welcomed a full house of families celebrating together. Every mum received a jasmine plant, a symbol of a mother's pure love in Thailand. It was a wonderful afternoon filled with smiles and special family moments.



MON

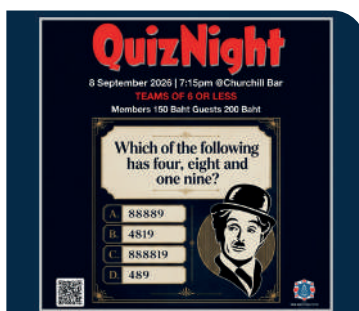
TUE

WED



1 Football
6.30pm - 8.30pm

2 **Squash Mix-in**
4.00pm - 7.45pm
Balut
6.00pm - 8.00pm
Tennis mixed-In
6.00pm - 10.00pm



7 **Squash Mix-in**
4.00pm - 7.45pm

8 **Football**
6.30pm - 8.30pm
Quiz Night
7.15pm - 9.30pm

9 **Squash Mix-in**
4.00pm - 7.45pm
Balat
6.00pm - 8.00pm
Tennis mixed-In
6.00pm - 10.00pm



14 **Squash Mix-in**
4.00pm - 7.45pm

15 Football
6.30pm - 8.30pm

16 **Squash Mix-in**
4.00pm - 7.45pm
Balut
6.00pm - 8.00pm
Tennis mixed-In
6.00pm - 10.00pm



21 **Squash Mix-in**
4.00pm - 7.45pm

22 Football
6.30pm - 8.30pm

23 **Squash Mix-in**
4.00pm - 7.45pm
Balut
6.00pm - 8.00pm
Tennis mixed-In
6.00pm - 10.00pm



28 **Squash Mix-in**
4.00pm - 7.45pm

29 Football
6.30pm - 8.30pm

30 **Squash Mix-in**
4.00pm - 7.45pm
Balut
6.00pm - 8.00pm
Circuit Training
6.00pm - 6.45pm
Tennis mixed-In
6.00pm - 10.00pm

SEPTEMBER 2026

THU

3

Yoga
6.00pm - 7.00pm
Cricket team practice
6.30pm - 8.00pm

FRI

4

Pilates
8.00 am - 9.00 am
Tennis mixed-in
8.00am - 11.00am
Tennis mixed-in
6.00pm - 10.00pm

SAT

5

Squash Kids Academy
10.00am - 12.15pm
Squash Mixed-in
1.00pm - 4.45pm
Cricket Team Practice
2.30pm - 6.00pm

SUN

6

Tennis Men Doubles Team practice
10.00am - 1.00pm
Sunday Brunch
11.00am - 4.00pm
Tennis Mix-in
4.00pm - 7.00pm

10

Yoga
6.00pm - 7.00pm
Cricket team practice
6.30pm - 8.00pm

11

Pilates
8.00 am - 9.00 am
Tennis mixed-in
8.00am - 11.00am
Tennis mixed-in
6.00pm - 10.00pm

12

Squash Kids Academy
10.00am - 12.15pm
Squash Mixed-in
1.00pm - 4.45pm
Cricket Team Practice
2.30pm - 6.00pm

13

Tennis Men Doubles Team practice
10.00am - 1.00pm
Sunday Brunch
11.00am - 4.00pm
Back 2 Skool Challenge
1.00pm - 5.00pm
Tennis Mix-in
4.00pm - 7.00pm

17

Yoga
6.00pm - 7.00pm
Fireside Meeting
6.00pm - 9.00pm
Cricket team practice
6.30pm - 8.00pm

18

Pilates
8.00 am - 9.00 am
Tennis mixed-in
8.00am - 11.00am
Tennis mixed-in
6.00pm - 10.00pm
Intimate Wine
7.00pm - 9.00pm

19

Squash Kids Academy
10.00am - 12.15pm
Squash Mixed-in
1.00pm - 4.45pm
Cricket Team Practice
2.30pm - 6.00pm
The Winston Cup Pool Competition
6.00pm - 9.00pm

20

Tennis Men Doubles Team practice
10.00am - 1.00pm
Sunday Brunch
11.00am - 4.00pm
Tennis Mix-in
4.00pm - 7.00pm

24

Yoga
6.00pm - 7.00pm
Cricket team practice
6.30pm - 8.00pm

25

Pilates
8.00 am - 9.00 am
Tennis mixed-in
8.00am - 11.00am
Tennis mixed-in
6.00pm - 10.00pm

26

Squash Kids Academy
10.00am - 12.15pm
Squash Mixed-in
1.00pm - 4.45pm
Cricket Team Practice
2.30pm - 6.00pm

27

Tennis Men Doubles Team practice
10.00am - 1.00pm
Sunday Brunch
11.00am - 4.00pm
Tennis Mix-in
4.00pm - 7.00pm



Terry Adams



BRITISH CLUB
ACTIVE LIVING SECTION

Active Living Section

SECTION UPDATE:

Active Living Section Membership is open to ALL Club Members and their Spouses/ Partners. Come along to your first Active Living Section event: we are confident that having done so, you will then be attending others.

We continue working to provide events each month, with events already at various stages of progression and finalisation through to December 2026, now including our "Ageing in Thailand" series.



Click here:

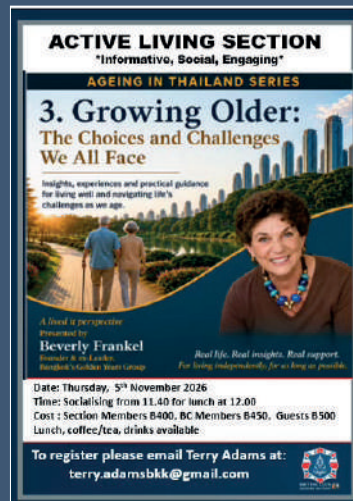
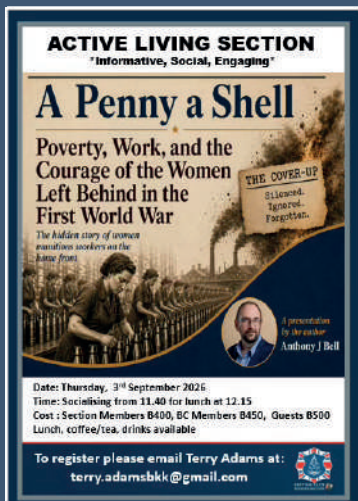
- For information on the Section and our previous Events
- To join the Section by completing your application.

Or visit the Active Living Section website at:

www.britishclubbangkok.org/active-living-section/

(Just keep clicking on the posters to delve deeper for information, photographs, and more)

Future Events:



EVENT REPORT:

Ageing in Thailand Series 2: Healthcare Options When You Can't Afford Medical Insurance

A record attendance of 53 Members and guests joined us on 6th August for the second event in our Ageing in Thailand Series, and judging by the level of engagement and the many questions that followed, we certainly chose a subject that is exercising the minds of many of us as we grow older in Thailand.

Our guest was Dr Donna Robinson, a UK-trained doctor and one of only a few foreign doctors to hold a Thai medical licence. Donna has practiced medicine internationally for more than 35 years, including the past 25 years in Thailand. Joining her "In Conversation" was Barbara Meynert, who is curating and moderating our Ageing in Thailand Series.

Rather than attempt a conventional presentation, Barbara and Donna introduced us to a mythical 72-year-old expat called “John”. John was reasonably healthy, retired and living in Thailand without medical insurance. We then followed him through the years as his healthcare needs became progressively more complicated.

It proved an excellent way of exploring the choices available.

If John wakes one morning with a cough, does he visit his local pharmacy, a clinic, a government or university hospital, or immediately head for one of Bangkok’s top private hospitals? Donna explained that all four are possibilities, but with enormously different costs.

From this relatively simple starting point, John unfortunately began to age rather rapidly! We followed him through chronic medical conditions, osteoporosis and osteoarthritis, cancer, a stroke and rehabilitation, before eventually considering palliative care. His wife then developed Alzheimer’s, allowing the conversation also to explore dementia and the options for caring for somebody at home.

One encouraging theme was just how many healthcare options Thailand offers. Routine medicines, laboratory tests and consultations can often be obtained relatively inexpensively, while excellent specialist expertise is available within both the private and government hospital systems. Donna also stressed the potential advantages of home care following a stroke or during later life.

The difficult question, of course, is what happens when something catastrophic occurs.

Donna felt that this is where insurance, if affordable, can become particularly important. She had seen hospital bills exceeding one or two million baht, while some sophisticated cancer treatments can also become extremely expensive. Her broad message was that relatively routine



healthcare can often be self-funded in Thailand, but everyone needs to think very carefully about how they would fund a major medical emergency.

This prompted a particularly lively Q&A.

Members raised questions about IPD versus OPD insurance, large deductibles to reduce premiums, pre-existing conditions, travel insurance, the point at which increasingly expensive medical insurance should perhaps give way to self-insurance, and what happens if somebody without insurance is knocked unconscious in a road accident.

Another fascinating discussion confirmed that there isn't any truly independent way of calculating that elusive "tipping point" between continuing to pay ever-increasing premiums, or putting the money aside to self-fund future healthcare, or recognition of the financial reality that such coverage was just unaffordable despite the potential consequences.

At the end, Active Living Section Chair Terry asked how many people present had suffered a fall or accident during the previous five years. A surprisingly large number of hands went up. He explained that he is undertaking some private research into whether an accident-only medical policy, offering substantial medical cover but excluding illness altogether, might be feasible in Thailand. The show of hands indicating potential interest was sufficiently encouraging for him to continue that research.

The evident success of this event was exactly what the Active Living Section Committee had hoped that the Ageing in Thailand Series would achieve: not simply talking about growing older, but openly discussing some of the difficult practical decisions that increasingly face all of us who have chosen to make Thailand our home.

Our sincere thanks to Donna and Barbara for such an informative, practical and thought-provoking conversation, and to everyone who contributed to an exceptionally lively Q&A.



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SQUASHY BITS

Farewell Rob!



He came from Canada circa 2017. The Squashies aren't too bright and none had heard of it nor cared to. Employed by an exotic, foreign bank, he was rich or about to be. A man of sterling character and a Peter Sampras lookalike from certain angles - the hair being the main one. His name was Rob and he played squash.

As an equal opportunities section, the Squashies bade him welcome to its pack of largely misfits, weirdos, the homeless, the poor, the ugly, the disliked, and particularly the extremely thick. Rob fell into none of those categories, however, proving to be classically good looking, if that's your type, very likeable from the off and a very good player - even becoming the best we had as a BCB Squash Champion!

Far more startling than that, he turned out to be intelligent. Very! Some said he'd been to university. Most had never heard this word before, so we opened an old book full of words to discover it was a place of learning for the wealthy, the lucky, or the



extremely bright. It was an indescribable joy to be blessed with an individual of such standing. Kind and diligent, too, for within a few minutes of arriving, he joined the Squashies' committee and later the GC, citing an urgent obligation to contribute. If only others could

follow this selfless example, but sadly they don't. Tours, competitions, mix-ins, leagues, parties and gatherings he was always there making that contribution enthusiastically, willingly, lovingly, year after year. What a lovely fella. A Squashy superhero? It seemed

so. And we delighted such quality amongst us. We loved him and he loved us. ❤️❤️❤️

But then the bombshell. He said he was leaving. Just like that. Out of the blue. WHAT? Leaving for where? Another squash club? How dare he? Traitor! Judas! Block him on all platforms. Never speak to him again.

No, no, no, I'm leaving for work, he pleaded. I am being sent to Jakarta to do banking there.

Oh, well why didn't you say? That's certainly a shame, but if you've got to go at least let us throw a farewell bash to say goodbye to another memorable Squashy. Because sadly they come and go, don't they? And so we did in Pattaya, in Samui, and in Bangkok, over and over for weeks and weeks; the longest goodbye swamped with soppy tributes and outpourings of infantile emotion:



"Rob, don't leave us," **wepted Wally Evans**

"Life without you will be like a broken pencil - pointless!"
sobbed Barty

"We are going to miss you so much" **cried Marcy**

"You've made such an enduring impact." **wailed Shazza**

"You're one of the nicest people I've ever played against,"
dribbled Stevie Bus

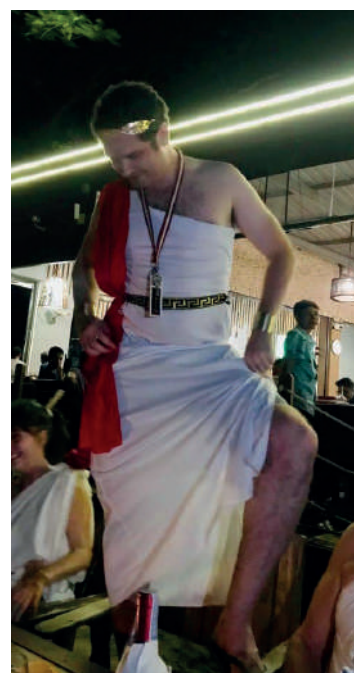
"You're one of the nicest Squashies we've ever had" **Deano croaked**

"You're one of the nicest people I've ever met," **screamed Keylick**

"You're the nicest person ever to have lived,"
Khun Ja 🙏

"Got any stuff to give away before you move? I could do with a coffee machine," **begged Madge**

And off he went. Farewell Rob. Thanks for all you did and for all the amazing memories.
Please come back soon.





Chris Watt

TENNIS

Tennis Ladder

Finally after many years of trying to bring back the Singles Ladder, it is returning thanks to Scott Ferguson and Philip Mock using the Tennistrungs App, and a very big thanks to Scott who has sponsored the first year of the App. As I am writing this, we have 22 currently signed up excluding me as I am only in it to see how it's going! With the use of this App, it is extremely simple and easy to run.

WE ARE PROUD TO ANNOUNCE

THE INTRODUCTION OF A TENNIS LADDER

THE LADDER IS APP BASED & SUPER SIMPLE!

FOR ALL PLAYERS (MEN AND WOMEN) AT THE CLUB!

EVERYONE!!!!

From Beginner to Advanced players,

TEST YOUR GAME & MAKE NEW FRIENDS!

THE LADDER IS SIMPLE TO PLAY, SO JUST SEND YOUR NAME, EMAIL AND PHONE TO:

scottf2008@gmail.com

AND WE WILL GET YOU LISTED, SEND YOU ALL THE INFORMATION NEEDED TO MAKE CHALLENGES AND MAKE NEW FRIENDS!

The fine print:
The first ladder will run until the end of March, with prizes for the winner, most improved (climbed the highest), and other fun categories. When you enter we will assign you your initial position! There is a 370 baht cost per year that is used to cover the software costs that will eventually be charged to your account

Rules

- You may issue 1 challenge(s) at a time.
- You can only be challenged by one player/team at any given time. This prevents outstanding challenges from accumulating against you.
- You may challenge up to 4 spots.
- If the challenge is successful, you will take the spot of the person you challenge, and your opponent will be bumped down 1 spot.
- If you hold a wildcard, you may challenge anyone above you.
- An additional wildcard will be granted after 99 matches have been played.
- If challenged, you will have 3 days to "Accept" or "Deny" the challenge or the challenge will be considered a "forfeit" and the challenger will be granted the win.
- By accepting a challenge, you agree to play the challenge within 10 days after the date of acceptance.
- If you cannot play within 10 days, simply "Deny" the challenge and the challenger will be rewarded with the win and can move on.
- If a challenge is accepted and not played within 10 days, it will expire and the challenge will be deleted from the system and will have to be re-issued. Of course, since rankings continually change, a re-challenge may not be possible.
- Your ladder admin is Scott Ferguson and can be emailed at scottf2008@gmail.com if you have any questions.

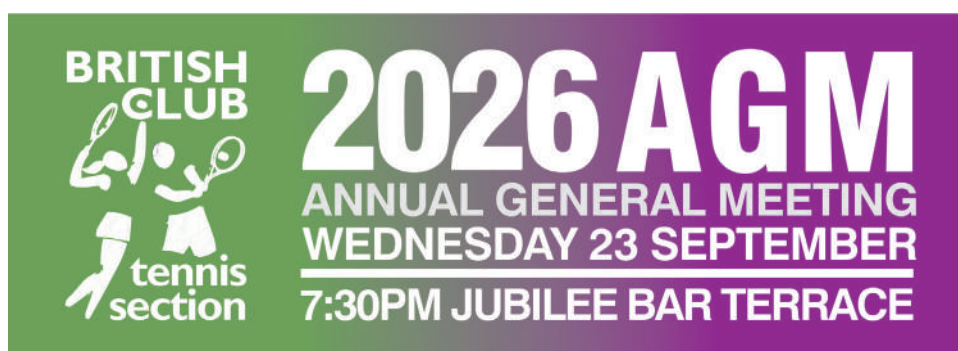
AGM

On Wednesday 23 September, the Tennis Section will be holding their Annual General Meeting on the balcony of the Jubilee Bar to elect the committee members for the 2026 – 2027 year. Up for nomination will be the Chairperson, Secretary, Treasurer and at least two other committee members.

For those of you who are unaware of what the largest section of the club does for its members behind the scenes and most probably have never really thought about let alone appreciate the work of the committee.

Each year the biggest event and the most challenging is the Annual Championships which starts with the draw in early January and culminates with the Finals Day midway through March which includes the Cup and the Plate. Getting to the Final's Day is always a challenge to get matches played on time and keeping the results updated on a regular basis. Then there are the sponsors to be signed up for the prizes and support not to mention the prize giving dinner.

During the year we also have at least a half dozen visiting reciprocal clubs who play friendly matches against us which is always followed by a buffet dinner and social time which requires planning to make sure we have enough players signed up and the planning of the buffet. This can be very challenging,



especially in the wet season. Other fun events such as the Womble Cup, Bruce Gordon Cup and The Great Wide Open are also arranged during the year and played during the mix-ins require the same effort chasing up players. Unfortunately, this year the Bruce Gordon Cup was cancelled due to a lack of interest and dispute between several emails, Facebook and WhatsApp posts.

The Mix-ins which are held 6-9pm Wednesdays, Fridays and 4-7pm Sundays pretty much run themselves but there is always the need to check that the system is being followed by players.

The Inter Clubs for Ladies Doubles, Men's Doubles and Mixed Doubles, which are held each year, also require a lot of effort attending committee meetings with the organizers, contacting and encouraging players to join, and then assembling a team for each event. *Just on a side note, the section has very few Ladies, and we need more to join, especially for the Ladies Inter Club on Saturday 05 September.*

On top of all the above there are the articles for each month for the Outpost magazine which need to be prepared and submitted with photos and the relevant artwork etc.

For all the above to continue we need members to stand for the committee and assist with spreading the load.

Upcoming Fun Events



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